

T W E L V E L E S S O N S
on
THE TWELVE CENTERS OF CONSCIOUSNESS,
and
TWELVE CORRESPONDING BREATHES.

To Our Dear Subscribers and Friends: ----

Our year of monthly lessons "HERMETIC CONVERSATIONS", is closed with the April issue. In response to the request of many we have concluded to continue them, under the above heading. From our long experience in teaching the ART OF BREATHING and the applied LAW OF MIND, we feel it is through these combined methods that full expression of the TRUE SELF may be accomplished. The ultimate of all existence is to EXPRESS the God within and this possibility is in the power of every man and woman.

To accomplish this, it is necessary to practice and correlate three methods of training, namely: Mental Gymnastics, Correct and Esoteric Breathing, Physical Culture. One without the other does not bring forth the ENTIRE result. To receive full benefit of such training, we must know how to breathe correctly, at the same time assume the correct physical pose, with the mind concentrated upon a holy thought. The Breath builds up the brain cells, the pose gives the expression and the thought fixes in our mind the God within, which seeks to shine through us. To bring forth this correlation of force there must be a systematic method of training. They who will persistently practice this method, will bring the Divine Will -- the Divine Idea -- the Divine MAN into perfect poise.

We have five physical and seven spiritual senses, corresponding with the seven full and five half notes of the musical scale. There is a breath for each of these.

If you are nervous or uncertain of your strength, lacking in confidence to carry out your plans, feel depressed and worried, small things disturb you, then you need instruction in right breathing and a clearer understanding of the mental law of your being. Thousands are grasping this idea of correlation and reaping a ripe harvest of success and health joy and peace. The secret of life is found in right breathing and control of thought.

If you desire to study this course the lessons will be sent to you monthly, beginning in May, 1901, price \$3.00 per year. Those who can not send the full amount at once, may pay in installments of \$1.00. But all who send \$3.00 will receive as premium, one copy of "Witch of 19th Century" by W. P. Shelton, M. D.

With loving wishes for success, I am,

NANCY McKAY GORDON,

3/o Hermetic Publishing Co.,

6214 Madison Avenue,

Chicago, Ills.

THE CIRCLE OF PROSPERITY, HEALTH AND POWER.

Lesson One.

HERMETIC CONVERSATIONS.

The Firmament !

The Firmament Is !

God made the Firmament !

God called the Firmament Heaven !

The Firmament divides the Waters from the Waters !

What is the Firmament ? It is a condition of understanding resting between "THAT - WHICH - IS" and objectivity.

The genesis of creation is God and His WORD. In the first chapter of Genesis no conditions are spoken of, no opinions expressed, nothing referred to save the absolute science of Truth --- BEING and Existence. That which is made manifest, "IS", before it can be manifested.

When God says: "Let there be something", whatever it may be, that something is God. Nothing can be manifest that is not. Heaven and earth are ONE --- TOTALITY. Light, the Firmament and all that is, exist in this Totality.

The evening and the morning, called the first day, is the first expression of Doing. Why should evening be spoken of first ? Because "That - WHICH - IS" is blended with "That-Which-Is-to-Be". In absolute darkness dwells the light of the Sun; from the invisible comes forth the visible; from the evening each day is born. The morning is the dawn of day. The dawn peeps out through the curtain of night, and lo, the birth of day!

After the establishment of the first day, God said: "Let there be a Firmament", that is, let that which I AM, BE ! Let it divide, let there be action. As the two, evening and morning mean "to Do", so Firmament is expansion of the DOING. It is God's thought expanding into expression, creating, acting, moving. God's thoughts are living things and the Firmament is the firm activity of the God-Thought, established in ME, in YOU, in Eternity. Fixed in Being and Creation, it will forever BE. The beginning is not a thing of time, it is a principle of Eternal birth.

God called the Firmament Heaven. Heaven is Harmony. Harmony is Peace. Peace is poise. Poise brings power. Peace is born out of the experiences of Truth. Experience is but the culmination of effort that all must put forth, in order to be born into the supernal consciousness of GOOD. Poise or peace is expressed through the supreme consciousness of LOVE that IS! The Firmament, which God called Heaven or Harmony, is the essence of the Eternal I AM, coming forth from the ever creative Spirit --- the Is-Is. It is a web in which is closely knitted in threads of rose-color and gold the Spirit of Truth. It conquers and subtly penetrates every solid manifestation of existence. It is the Spirit, the strong Force that determines the quality of expression. It is the magical agent, the essence composing and holding in equilibrium all things. It is the garment of God woven in and through all existence. It is the breath of God crystallized in the WORD.

"Let the Firmament divide the Waters below from the Waters above." "Above" and "below" typify and refer to states of consciousness: There is no high and low. There is but ONE TRUTH and IT IS ! The high and low depends upon our view point of Truth. Water is symbol of soul conditions and possibilities. The waters below the Firmament are the possibilities of what modern scientists call, Universal matter, which is the showing forth of the Divine-Mind in YOU, in ME, in Existence.

The waters above are the Spirit and its everlasting and eternal possibilities. Between the positive and negative must always exist an understanding, a Firmament, the firm-activity of the God-Mind. Understanding proves the uniting force of WILL and Desire, of Knowledge and Wisdom. The Firmament having reference to the Understanding, brings the mind and all things into a settled, poised condition, determining all questions of doubt. Understanding divides the Waters, soul properties into states of consciousness, classifying our beliefs and placing them where they belong. The Firmament is the LIGHT arranged for the action of the Over-Soul as a screen upon which manifestation is pictured.

Where is this Firmament? It is everywhere that God is. Wherever the Universe is, there will we find this subtle force, magnetic, creative. It is within the Self, it is within the home, it is within the solid inner and outer of the earth itself. This firm, active state unites all conscious expression of man.

The basis of all physical condition is soul-consciousness, the I AMNESS! We have no Light, Peace, Life or Power without it. Self or God-Consciousness is firm activity, the basis of Ex-Is-Tence. The Ex-Is, the Is-Is, the Womb-Man, Ex-pressed or pressed out, brings manifestation of the "I", the ONE, the Totality. The "I" manifest, is the world of expression which we must consider as Spirit or BEING. We seem to be separate and apart from creation, but the center and truth of it is, MAN is God!

The Firmament is the Eternal Understanding upon which Man may build his soul's mansion according to his perception of the truth of Being. According to man's understanding and poise, will be the illuminating force of his mentality.

The Firmament is a vast, living ocean of universal fluid. It is the quintessence of vibration, made magnetic by thought. In its subtlety it transcends all conception of the finite mind. It is the transparent curtain upon which all life currents are transmitted. It is the primal principle upon which is written all cause and effect. It is diffused throughout all space and is the mediumistic agent by which the impression of the inner and the outer man becomes universal. We impress our thoughts upon one another by means and use of this neutral condition. It is the great SILENCE, which rests between the Unseen and the Seen world. It drops like a shadowy mist between the so-called dead and the living. It is the GRAND THOUGHT! It is the divine IDEA! It is God mingled with the thought of man, who in sequence must be God manifest!

It is the aura surrounding and penetrating the Universe. It is a most inconceivably beautiful mass of glorious mist, the substance of which seems to be composed of tiny, living geometrical figures of all shapes and colors. Impressions of all thought, action, sound, all disturbances by or through anger or malice is recorded upon this vast store-house of vitalized and magnetic substance.

The Firmament reaches as far as we think. If we think no farther than the finger tips, there is where the potency of our thought ends.

NANCY MCKAY GORDON.

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Lesson Two.

HERMITIC CONVERSATIONS.

And God said:
Let the Water under
The Heavens be gathered together
Unto one place, and let the dry land appear,
And it was so. And God called the dry land Earth.
And the gathering together of the waters he called Seas.

For the first time since the beginning of the description of this wondrous unfolding of spirit into manifested life, form is spoken of. Form appears as the result of Creative Thought. Thought is the infallible agent of all physical expression and the God-mind is the generic Principle of all things manifest. Therefore, thought must be the inevitable cause of action and whatever seems the result of physical law is the God-Mind in expression. Then the "dry land" is form, meaning concentrated energy, finite expression of the all pervading spirit of TRUTH.

When the possibilities of Universal elements, the great Over-Soul, are gathered together in "one place" form appears. Concentration of any elemental condition produces form. In God, in Omnipresence, in Man is all possibility of form. There can be no friction between the Formless and Form; between the Manifestor and the Manifested. No limitation can exist, and to cognize that we are forms of the Formless is to recognize there is no friction between God and His work.

Spirit pervading all manifestation, is through and in ALL. There is no manifestation until the already created --- the IS-IS, is brought into expression by the masterful projection of the I AM! The Spirit of God-Fire, universal Energy, moves upon "the face of the deep", the fire flaming and flaring in the midst of the dark ethers, begets Water --- soul conditions. These two elements then become the vehicle of all further manifestation of form.

The gathering together of the waters in "one place" is the continued decree of the Creator to the Created. The negative, a condition of itself, brings forth continually that which belongs to it. A negative attitude of mind can be concentrated, expressing duality, but not until the Firmament, Understanding, is established between the Manifested and the Unmanifested, body and Spirit. Thus it is through the growth of the soul that conditions are expressed.

God saw the formless, spirit force, taking upon itself more and more dense and solid states of existence, and called it all Good. He called it Good because it was from Himself. All results express their source, are of the same quality, though distinct from it in kind. Form or manifestation is Good because a direct product of God, and is as necessary to God as God is to man.

If God beheld His work and called it good, why can not we call all things Good? The appearance of Good depends upon our own conception of Truth. If we look from the God-like view-point of Oneness with the Father --- Truth, we too with conviction may say, "All is Good!"

Multiplicity results from concentrated energy, that is, from the gathering together in one place of the waters below the Firmament. The waters above the firmament remain forever the same, one LIGHT, Spirit, Wisdom, Changeless!

As spirit, thought, moves upon the "face of the deep" and speaks the WORD, "Let", soul conditions become individualized. Soul is generated by the balancing of the formless elements, the positive and negative, male and female, the Creator and the Created. Once generated the individualized becomes a Law unto itself.

This is the one and only law for the individual. The soul's individuality is Man's strength and character, force and energy, his God power. His apprehension of God, forms his individuality. By obedience to this law, and through its concentrated efforts, the body may be brought into a complete expression of immortality. The body is Immortal NOW! Every atom is a world unto itself and lives forever! Within the center of each burns continually the fire of the Everlasting Spirit of Truth.

The question in the minds of students and thinkers of to-day is how to express Immortality NOW! We must answer: by and through the practice of BEING! BEING NOW whatever we ARE!

True knowledge is knowing that you know, or conscious consciousness. It is magnetic, drawing inevitably the things desired, whether money, friends, power or infinite pleasure. We remain dis-eased and poor only so long as we remain ignorant of Truth. To rid one's self of such unhappy and unprofitable environment a new birth is necessary. Such birth means "letting go" of the physical idea of Creation and entering into the Ideal and spiritual. There is no material neither physical Universe, so far as a separate entity or sphere from God is concerned. The God-mind expresses all things animate in which as Creator, Principle, Power, Life or Being, all consist. It is the "I AM THAT I AM" everywhere manifest, which to recognize means absolute freedom from dis-ease, poverty and death.

Within Man is held all the power there is. There is but One power and man is able to bring forth whatever form he conceives in his own mind. The first thought we have of this one power, is of fullness, not only for Self but for others. Have any of us thought this concerning ourselves? The best practice for breaking down limitation which we have made part of our condition is to insist upon thinking of man exactly as we have been in the habit of estimating God. Insist upon the divinity of the human race NOW, under all circumstances, even those which seem to make the claim a mockery. Let us have the courage of our convictions and prove our knowledge a reality. Let us claim all day long the divine nature of every man and woman we meet, despite the contradictions presenting themselves. Entire belief and faith in man's divine justice, mercy, wisdom and love has never been known to fail in its demonstration.

Our true Being is the only "I". The waters below the Firmament are but the undeveloped soul conditions, restless, active, ever seeking the highest level, in order to gether together in "one place". Concentration is gathering together of force and bringing into poise the positive and negative, masculine and feminine elements. Conserving and uniting this we shall ever be creative and vital. To be Omni-creative implies eternal creative consciousness, which state of mind must surely produce results. The uncertain, unsexed, depolarized mind can manifest only poverty and dis-ease.

The birth of Principle, the Universe of cause and effect, must have had for its parent the ONE GOOD, male and female. For, it takes the two in one to bring forth. Otherwise it is First Cause or Principle and in no sense the effect of cause. Principle embodies all things and this is what we see, terming it the Universe. When considering God in the absolute sense which is eternal and indestructible, we behold only Cause. We are misjudging God and ourselves when we say there is cause and effect or God in expression. Let us rid ourselves of the idea of two powers or of Spirit and its expression, for there is ONE SPIRIT and we and all nature are IT. We are the formless Form!

NANCY McKAY GORDON.

Issued monthly, 25¢ single lesson. \$3.00 per year including a month's treatment, if desired.

THE CIRCLE OF PROSPERITY, HEALTH AND POWER.

Lesson Three.

HERMETIC CONVERSATIONS.

K K K K

And God Said,
Let there be Lights
In the Firmament of Heaven ---
Let them be for signs and seasons.
And God made two great Lights,
The greater Light to rule the day
And the lesser Light to rule the night.

The lights here spoken of are centers of consciousness, becoming individual centers of activity in Unity. Unity is heaven, hence centers of consciousness or lights fixed in the firmament of heaven are creative in their energy. Lights in the Firmament are the many points of individuality established through Divine action, and the only true individuality is based on the principle of divinity.

All activity is semblance of light and CREATIVE IN EXPRESSION. Its complement, darkness, is receptivity. The two expressions, light and darkness, are one. The One Force, the difference in differentiation being the manner of direction. Poised in power, there is as much energy in receptive as positive conditions.

All things noble or ignoble proceed from the ratio of consciousness with which we are individually possessed. Each individual forms an aggregate environment about it. Each individual soul is a part of the soul of that environment; the emanations and radiations from each go to make up the life-giving propensities and qualities of the WHOLE.

Consciousness is BEING. To BE is to Live. To Live is to bring forth Love as the direct expression of LIFE. The degree of individual consciousness, that is, knowledge of the Self, is alone the cause of Divine expression or LOVE manifest. To know the truth of Being is to completely manifest SELF, mastering the law of Creation which is the Law of the Soul. Every possibility of creation is homed in the infinite nature of the soul. As we become God-conscious, our mental potencies are developed, manifesting at WILL the hitherto occult things of Nature, lo, we behold God !

Failure to manifest power of mastery over all things, lies in misconception of the whole truth. If we Will that our center of consciousness be a material light in our firmament of existence, such will proceed to vigorously make itself one of note; if we desire simple pleasure, it is also ours; but the supreme Art of Creation rests in the Immaculate Conception, where Truth, the Christ, is born of Love and WILL, poised in equal desire for health and strength in all that is Good.

The Holy Spirit descends upon us, but we can not conceive because we do not perceive it. Divine impregnation means, full recognition of the Truth; gestation and birth taking place after truthful conception. The exquisite moment of intercourse is, when God enters the mental chalice, we becoming impregnated with the Holy Spirit of Good, the Divine Presence overshadowing us with creative power and energy, we consciously express It. Sweetly we submit to

the enfolding power of truth and allow the mighty force to touch us into the expression of God-images of peace and rest. The subtle and everlasting Good brings the soul to the fulfillment of every desire, acting through us for all time and eternity. Thus we become masters of the Creative Law and of the substance of which all things are made.

It is the nature of Being to express itself and produce after its kind. Light is generated in the Silence, the unseen home of the ~~Soul~~. When God said "Let the earth bring forth"--&c., trees, grass and herbs sprung into expression. Every living, creeping thing brings forth and expresses itself after its own desire. If we desire physical progeny, so will it be; if ideal birth is preferred, our acts and deeds will be after the ideal fashion. These progeny will have no light within themselves, but they will dwell in the light in order to be seen. Whence comes this Light? From the Ego, above the Firmament, which ever bathes the soul in its everlasting light. Earthly conditions can only be lighted up through these lights in the Firmament of Heaven --- Harmony. From the radiations of the Ego, the Light above, the soul evolves the lights that are for "signs and seasons". These lights are the primary faculties of the soul, and are represented by the twelve centers of consciousness. Seven active and five passive, or even objective and five subjective. These have their correspondence in the twelve types of men in the Old Testament; the twelve disciples; the twelve signs of the zodiac, and each center on its plane of vibration has its own power of creative expression and differentiation.

The two great lights are Spiritual Perception and Intuition. By Perception we see through form and get to the truth of things. It is the light shed from the ego. Intuition is the coming into the cognition of a truth. With perfect knowledge concerning the principle of these two great Lights we possess Infinite expression of Creative Law, the measure of which satisfies, and the complete demonstration could confer powers of attraction, mastery and love. The externality of this law should be manifest in the body, the body being as much soul and spirit as the power which produced it and grows more and more expressive of the Good, according to the degree we become God-conscious.

All is One, but we name its expression to suit individual perception of the ONE GREAT FORCE !

He that knows, is potent and creative ! He creates what he chooses because of his superior energy ! When we know how to impregnate others with love and energy, we have risen from the tomb of physical causation to the world of Spirit, Love and Wisdom !

Blessed is the soul that hungers no more for physical exchange, but seeks intercourse of spirit !

Let us keep mentally creative ! Dare and DO ! Think and BE ! Be what ? That which ye are ! If an angel, let the wings of angelhood be seen and known of men; if the other thing, let IT loose and get your lesson therefrom ! Conscious doing is conscious BEING ! BE and DO !

NANCY McKAY GORDON.

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THE CIRCLE OF PROSPERITY, HEALTH AND POWER.

Lesson Four.

---: HERMETIC CONVERSATIONS:---

And God Said:

Let the Waters

Bring forth abundantly

The moving creature that hath life,

And fowl that may fly above the earth

In the open Firmament of Heaven. And God

Saw that it was good and God blessed them.

In speaking of the "moving creatures" we find it the first mention of active life. Heretofore the inorganic or passive life has been spoken of, but now in this instance the law is declared, fulfilled, and all existence brought forth through God's doing.***** The Soul is feminine--the water principle in Nature. Water contains the germ of life without which man, beast nor plant can exist. This germ-seed is the soul of things whence emanate all expression of life. It surrounds, encircles and embraces all existence; it is the "Great Deep of Infinitude" which veil is the substance of things. The Soul--the Water---the Woman, is the bearer and guardian of the mystical chalice, which holds within its sacred darkness the germ atoms of Divinity. The soul becoming impregnated with Spirit ideation, conceives and bears fruit. The vitalizing germ of the seed, (thought), is the WILL. The Will being the primal cause of all manifestation, God must have WILLED before He spoke. Before the spoken WORD, the WILL must be active. WILL and DESIRE are the twain that are ONE! Agreeing with the one WILL we are subject to it, I-e-, ONE with IT! Man becoming thus a living WILL, his spoken WORD is powerful, bringing whatsoever he desires, sustaining him in his WILL-FUL-NESS.

The WORD is creative, manifesting life-force and no matter how demonstrated, is potent to express Life, Light, Health, Opulence, Happiness

and Strength. Being Omnipotent it can have no counteracting agent. As man learns to speak, creation for him begins and those receiving his WORD shall become impregnated with active life (soul force-vitality). It is a well known fact that man becomes the Word he speaks oftenest. In other words, it is the "Word made flesh." If he speaks negatively so is his physical expression, after the manner of poverty, ill health, trouble and sorrow. On the contrary, if he speaks the Word of the "I AMNESS" he conceives, and lo, the child of Health, Life, Vigor, Riches and Truth is born! ** As he thinks Good, projecting such thought through WILL and DESIRE, it becomes the Word and righteous impregnation or the immaculate conception takes place, the Virgin Mary--the Soul--is quickened by such mentality and is made to give forth a child in the reproduction of SELF--God.

Thus the Holy Spirit in the form of LOVE, the Word, impregnates the sacred precincts of the soul, bidding its creative power express itself. Water--soul conditions, being plastic, so soon as its creative power is spoken into activity results must and will follow. The invisible Light becomes visible: the intuition awakes. Intuition belongs to the soul and is an aggregated consciousness of the expression.

"The Waters brought forth abundantly, after their kind and every winged fowl after his kind, etc." As stated in the beginning of this lesson, we have here the first expression of active life. The herbs, grass and trees being passive life. Both are expressions of the ONE LIFE. In the Firmament--the UNDERSTANDING, are the two great Lights--Spiritual Perception and Intuition, with their attendant centers of con-

sciousness; many centers of Divine action, called Individualization. But when looked at from the standpoint of ONENESS or ALLNESS, it is God's own action, the only true individuality there is. These centers live, yes, live NOW and for all time; in God there is no death!

That which belongs to the Water expresses itself in the Water; that which is "winged" flies in the open firmament of Heaven--the Understanding, and have their place in the Eternal consciousness of the subjective world.

In Symbology that which is "winged" signifies Immortality. All emblems and symbols of Immortality are depicted with wings. The artist adds wings to his beautiful idealism, and calls them angels. All that is meant to suggest ideation of everlasting Life is winged. The soul is symbolized in the Winged Globe of the Egyptian, the Cherubim of the Hebrew and the angelic guardian of the inner sanctuary of all ages and religions. The butterfly has been used for centuries as an emblem of Immortality and our own United States has chosen as a figure of greatness the Eagle with its wide spread wings,--expressing in ancient lore--Spiritual Strength.

"God said: be fruitful and multiply." To multiply, a seed must be planted. Each thought contains its own seed and once planted, gestates, grows and produces, after its own kind. The thought or seed we put forth will multiply and never come back singly, but return to us upon the same wire over which it is sent! If we send out Good, Good will return. If we have an appetite for the Good only, we will taste the Good in all things and conditions, and so, find satisfaction sought for by all unsatisfied souls.

Unity is the Law of the Good and there can be no separation in the Good, which is TRUTH. It is written: "The Truth will make you free," and believing this we must in Christ--Truth abide, swerving not to the right nor the left, but serving truth with vigor, demanding liberation from all that seems to hinder the perfect expression of energy and power. Man as Soul, God or Self, is creative in just the measure of his Christ consciousness or individuality.

So far as man expresses the Truth, is he not the Christ? So far as man teaches the Truth is he not the "Way"? So far as man acts the Truth is he not the LIFE? What is life but action, thought, speech, consciousness? Does not life mean that which we are--even God? What art thou, but the GOOD, Truth manifest? What is there to be but God, Life and the Way, the Truth?

Ah, beloved thou art it, I AM IT! Thou art first! Thou dost precede the doing! I AM, therefore I act!

TREATMENT.

I AM that I AM, the Omnipotent and Eternal spirit of Wisdom, happiness, love and power, everywhere manifest as Life, Light!

I AM that I AM--Peace and energy, that irresistible law of Light that pervades everything and is manifest everywhere!

I AM that I AM--Love, I manifest love, just as the sunshine radiates heat and light to all things of earth. I AM that I AM, that diseaseless, deathless principle called God! OM!

Nancy McKay Gordon.

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CIRCLE OF PROSPERITY, HEALTH AND POWER.
"HERMETIC CONVERSATIONS"
Lesson Five.

God said:
Let us make
Man in our image
And after our likeness.
So God created man in his own Image,
In the Image of God created He him;
Male and female created He them

Since the beginning of this first chapter of Genesis, where we are told the Spirit --- Thought --- of God moved upon the face of the deep, there has been a continuous leading up to the sixth day. A continuous "God said." A vibrating Word creating for itself and bringing into expression its own vibratory action. Vibration commenced when God's Spirit moved. Vibration is motion generated from a center. As the vibration is rapid or slow, so will be environment and conditions. It is like the wheel and its hub. If the hub is kept well lubricated the outside rim of the wheel, will run smoothly. If we oil our hub with the oil of Joy and Gladness each morning, we find our vibrations through the day will not only bring us a happy day, but will enliven and make glad all who come within the radius of our thought or vibration.

All things are created and brought into manifestation through vibratory currents. Thought vibrates. People vibrate as far as they think, feel or know the principle of Being. Vibration kindles the vital spark that fires every project. It sets in motion every possible material manifestation of power. When used creatively, no matter whether physical, mental or ideal expression be desired, it is what is called sex-vibration. We establish our center of vibration according to our own conception of truth.

Each day in the round of the seven days of Creation, God brought forth greater and greater expression of force, until the sixth day he unveiled Himself in Man and revealed Himself to the world through Man. When God created Man in his image it was the climax of expression. To be the image or reflection of anything, the whole of it must be represented, so the whole of God or creation was in Man as the Image of the Creator. It was impossible for man to be created until all other vibration had been lifted where the process of the soul's evolvment had been fully accomplished. All the ingredients had to be in sequence before an image could be made. The image is the whole representation and not a part of something. All that had gone before was only a part of the Whole. The image is the reflection, the likeness is the bringing forth the image or ideal into manifestation. The likeness contains not only the image but the full manifestation of it as is seen in Christ Jesus. The whole soul of God, all the attributes of Him were brought into complete expression before the image could be formed.

"Male and female created He them." This refers to the creative power of thought. The duality of Being. Having brought forth both male and female the Creator must have been endowed with both principles. All Nature is the result of the union of these two forces, masculine and feminine, positive and negative.

The duality of sex --- creative power --- is the one supreme law running through the unfoldment of all manifested life. The duality of

the soul when expressed, corresponds to the duality of the body, which is the Temple of the Living God --- the calyx holding the flowering soul. This law of duality --- male and female --- is the vibratory correspondence carried out in the lesser as in the larger world.

Upon contemplation, we find the duality of man's body from the brain down to his feet, where his body forms the link of earthly contact. In the brain we find the two lobes; the sense of sight; hearing and smell each have their own two polarities; the flow of etheric substance through the hands are also balanced to their own use. The heart and lungs are projective and receptive. The lungs represent the one breath in two manners of expression, the respiration, masculine; the inspiration, feminine. Speech even has its dual qualities, of tone and articulation. Language is dually expressed by vowels and consonants.

The soul is focused to two lines of vision. One looks to the objective and its environment; the other perceives the subjective and its inner vibration. So we find the symbolism --- male and female --- throughout the entire sex organism of the Universe.

Spirit is one within itself, but when expressed through the soul is dual --- male and female. The double nature of the soul; the double nature of the mind and of the body, were facts long before the given account of Creation.

The law of the body is generative in its function; the law of the soul, regenerative. Realization of what we are, of what we may become, because of what we are, enables us to generate vibrations of such high potency that the accomplishment of regeneration can be verified and proved.

The Art of Creation is an unfailing, inevitable principle and when fully mastered brings manifestation of life, power and light in all its sexual --- male and female --- fulness. We see this energy of duality, sex force, God-power, manifest everywhere as life, health, and strength. In the measure that we see God, do we see the Creative Life. It is the Omnipotent, Infinite, All-prevailing power that is! The majesty of Creative force doth everywhere exist, its power being great, we should recognize its authority and be passive to its special potency.

Our ultimate purpose in life is Self --- God-expression, the Image and likeness. Thus seeking the beautiful, lovely and good, brings us into manifestation of Love. Love proves an attractive quality and being attractive draws to the soul whatsoever is required to complete the purpose and infinite aim of existence. Love is vital and keeps us forever happy, healthy and prosperous. It paints the color on every cheek, makes lithesome every movement, driving out dis-ease and the idea of old age and death.!

APHORISMS.

Where there is strength, ability and power, there is no FEAR !

Where Truth is known, we have no doubt !

Where Love is, God himself rules !

Where the hot sun of summer shines, there is no frost !

Where knowledge prevails, there is health and all power !

When we see ourselves Good, which we are, no evil can pursue !

Where affirmation is, negation can not be !

There can be no impotency in Omnipotence, no dis-ease in ease !

Wisdom is the Rock of our Salvation, knowledge the power that IS !

GET IT !

NANCY McKAY GORDON,

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CIRCLE OF PROSPERITY, HEALTH AND POWER.

"HERMETIC CONVERSATIONS."

LESSON SIX.

And the Lord God said:

It is not good that the man

Should be alone; and the Lord God

Caused a deep sleep to fall upon Adam ---

And he took one of his ribs --- and the rib

Which the Lord God had taken from man,

Made he a Womb-man.

"And the Lord God said: it is not good that the man be alone."

~~This applies to the whole universe. The masculine element is impotent to express itself or create alone. It is potent, but unable to manifest, neither can it bring forth the fruit of the spirit alone. Man is potential but unable to partake of the Fruit of the Tree of Knowledge without the subtle influence of intuition.~~

The Tree of Knowledge of Good and Evil, is held by the power of active force and can not give forth its fruit --- Experience --- unless beguiled into action or ripened by the sweet seductiveness of the feminine spirit. Without this ripening influence man can not demonstrate his God-potency.

Truth, God, Love are synonymous terms. These conceived and left unexpressed in mankind, profiteth nothing. The Law of Creation is action and desire is a principle of this law. Continual desire for expression is the eternal office of creation or activity. Thus man is never satisfied save in continual activity of desire. Satisfaction is not found in lethargy.

We enter into certain relations, social, financial, etc., hoping and trusting to find satisfaction, but the order of creation being fixed as activity and expression, we no more arrive at certain stages of development than we reach out for more and more vital results. After this manner we cultivate eternal desire and are prospective masters of this creative principle having only to train one current of it into channels most profitable, through the right direction of thought.

The ultimate of all desire is Self-expression or allowing the God within to prevail. Watching the activity of creative force in the Universe, in every phase of existence we find SELF perpetually unfolding. Every living, creeping thing is possessed of the desire to create. This process of creating is active in all life from the lowest organism, to the highest. Through this desire for satisfaction or expression, we grow to live in the consciousness of God, thus entering into communion with the ternal spirit of Truth and Wisdom.

* * * * * In this sacred contact, love-force is generated which causes surplus energy to flow forth. This energy of Love is imparted to that which it touches, warms and vivifies and self-conscious-Love is born and we behold God or our highest conception of life and love, manifest.

This desire is but another way of saying: "Let there be light" and lo, the soul of our consciousness is resurrected appearing as substance through the spirit of the "I AM". Out of this living substance of infinite and eternal potency the whole world of activity springs forth. Every possible expression of life originates in and comes from this immaculate stuff of which we are all a product. Mankind

was created from it, continues to create whatsoever is desired, and the acme of all desire is the knowledge of continued manifestation of such infinite substance.

"A deep sleep fell upon Adam and he slept." In other words, through desire for further expression Adam's divinity became obscured by the desire which possessed him. Through this process of activity, desire, or soul emanation, his subjective, spiritual nature was brought forth objectified. As this power escaped from him, it was transformed into EVE, --- a mirroring forth of his own immaculate soul.

Adam then, desiring to express Self --- Spiritual Consciousness --- fell into this "deep sleep" Concentration. The surplus energy, kindled and generated by communion with spirit and desire for more conscious life, came forth the veiled form of the feminine spirit, & from under his rib, the home of affection and the dwelling place of Love and Desire.

This expression of consciousness was called Womb-man, Adam named her EVE --- the Mother of All-Living. She holds within herself the "Cup of Life" through which must come fulfillment of further desire and in which sleeps the seed-germ for all future manifestation.

Thus, Woman manifesting as the Mother of All-Living must be the beginning of the ages. Representing the true Mother Spirit of the Always-Existent, she holds in her matrix all things seen and unseen, hence must be the Mother of ALL, both Man and God.

She is the sweet, passive spirit of the "I am that I am" ! The lesson we are to find in this expression of Womb-man --- Adam's spiritual Self --- is this, we are to "let" the best of ourselves prevail and come forth. Resting in the surety of our God-nature, contemplating, thinking deeply, and desiring fuller satisfaction, our feminine, Divine Self will come forth, blossom and bear the fruit of the spirit --- Love, Truth and Wisdom --- the essence of well-being and well-doing. Love is the power that must awaken all permanent happiness and creative forcefulness. To be all powerful is to be ever-loving.

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TRUTHFUL SAYINGS !

----ooo----

No power will merge you into the ONE POWER, but Love !

Justice is Love in action and it must be accompanied by Mercy !

Love one another and then the power of Love will manifest in YOU !

Love is the polarity of Truth and Wisdom, and is never unkind or impatient !

Impatience and disgust are arch fiends to health and happiness !

Anger is a loss of Infinite Tone and shows forth in wrinkles and dis-ease !

Perfect Wholeness --- Holiness --- is Health, the direct result of acquired knowledge.

The true way to self-mastery is not through shunning the thing to be overcome nor running away from apparent danger, but by walking up to the apparition, demanding knowledge of its reality and tangibility !

Dare and Do ! Think and BE !

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NANCY MCKAY GORDON.

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CIRCLE OF PROSPERITY, HEALTH AND POWER.

HERMETIC CONVERSATIONS.

Lesson Seven.

"I AM THAT I AM."

--- oOo---

The "I AM" phrase is so pertinent, so full of meaning, so strongly expressed in everything pertaining either to the physical or spiritual, that if we be thinking individuals, we ask: "I AM WHAT?"

The answer to this question comes, "I AM JUST WHAT I AM", that is, I AM just what I express myself to BE ! And in truth we know ourselves as existence and holding all possibility and probability.

Thus, "I AM THAT I AM" is a phrase apprehensive and comprehensive of all there IS. If we do not at once demonstrate all we perceive in this statement, it is because we are not equally rounded or balanced in existence, therefore, are not carried forward along the lines of unfoldment in equally manifested expression. If too negative in the thought of what and who we are, things belonging to us in manifested existence do not come to us; if too positive we leap the bounds and find ourselves stranded by the mighty effort of dominance.

The "I AM" is the center of existence, seen and unseen. From this center we gather all helpful vibration that shall bring into expression any circumstance or undertaking in life. It is the central force of the Universe as the heart is the motor power of the physical body. It is the hub wherein all vibration is generated. The basis of all physical expression is the consciousness of the "I AM THAT I AM". We have no expression of life or light, peace or power without this consciousness, and according to our degree of consciousness is the "I AM" expressed.

I AM THAT I AM --- is the great eternal spirit of Wisdom, Love and Power, beside it there is nought else !

I AM THAT I AM --- is the All-Creative spirit and there is no other Creator !

I AM THAT I AM --- is that which IS, WAS and always shall be !

I AM THAT I AM --- is the Alpha and Omega !

I AM THAT I AM --- is a true and living principle !

I AM THAT I AM --- is deathless Omnipotence !

I AM THAT I AM --- is spaceless Omnipresence !

I AM THAT I AM --- is changeless Omniscience !

Until, having reached that degree of consciousness where we can make the above statements, we are not on very safe ground. For the incipient and inharmonious thought conditions about us can only be broken through the most ~~right~~ rigorous and affirmative statements of truth regarding the I AM consciousness. To know the true spirit of I AM and BE IT as far as we know IT, is the secret of a happy, prosperous life. We must receive a truth before we can give it forth. After receiving it there is no reasonable excuse for not expressing it and so projecting it as to let the light shine for others.

According to the understanding, will be expressed the illuminating force of the "I AM", within all. Our spiritual development is the light, the attracting power !

As we begin to develop the I AM consciousness, we step out of the old beaten tracks of materiality, feeling ourselves but babes, we tread carefully, lest we stumble. And although potentially great, we need not be surprised, dismayed nor discouraged, if we should stumble in learning to walk upright and God-like ! Just as we toppled over when learning to walk across the floor as a baby, and toppling, fell, but struggling to our feet we arose with greater strength to reach our goal than before, until finally we learned to stand firmly alone. So do not feel too greatly injured should you find yourself flattened out once in awhile, through trying to walk in the new light, while still in your infant consciousness of the I AM. The glory is not in never falling, but rising with more strength and determination to reach the perfect light, each time we fall ! Thus we must and will grow to a consciousness of our strength, evolving from our babyish condition into the true conception of the God-life !

We will become wholly conscious that the spirit of the "I AM THAT I AM" is above, around and all about us. If we are but semi-conscious of the truth of it, our vibrations will be weak and negative, and we will wobble as we try to walk in the beautiful PASS leading Godward ! Learning to walk first ourselves, we can then reach out a helping hand to others. When once we get Self steady, poised and free, we can assist in poising others. Only in the measure that we are free and fearless, can we impart freedom and fearlessness. Only in the measure that we are wise through individual experience, can we impart knowledge and power to others. If our own thoughts are righteous we are sure to feel and BE all right ! Keep thine eye steady to Truth and Love and the I AM will image forth vividly to the world !

I AM THAT I AM --- if this be true, it is true always and there can be no "ifs" or "ands" or "becoming" nor any form of compromise ! It is either or not so. The thing to do is to prove our consciousness of such truth. And in this sense of proving we may say, we are "becoming" in that we are overcoming old ideas about Life !

---oOo---

I AM STATEMENTS.

"I AM Light and I shine everywhere !"

"I AM the Truth and speak to every one !"

"I AM Life and I vibrate everywhere !"

"I AM Health and in me there is no sickness !"

"I AM Love and I AM in love with everything !"

---oOo---

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Chicago, Illinois.

6214 Madison Avenue.

April 2nd, 1901.

CIRCLE OF PROSPERITY, HEALTH AND POWER,
HERMETIC CONVERSATIONS.

Lesson Twelve.

S E X V I B R A T I O N .

Sex Vibration is the kindling of the vital spark that fires every project. It sets in motion every possible physical transaction. It is seen between nations as commerce; between living things as intellectual unfoldment in its many degrees of differentiation; in human beings as Love, and its power must be recognized if the success we crave is to be attained.

Should immaculate conception and ideal creation be desired, the physical generative principle must be mastered by choosing the spiritual and demonstrating its potency. This can not be accomplished by ignoring the material presentation, but through physical contact its further value may be ascertained. Take for instance, the Life principle of which man and woman are an embodiment. As each perceive the creative value of this principle they generate a force which is creative even as the principle itself is creative. This force being God-like, is necessarily attractive. It draws them into contact or leads into the exercise of such potency, either in the form of physical exchange or stretching the muscles of the mind into mental gymnastics.

"Sex-ual" has reference to the association of the dual in Nature, the male and female elements.

People vibrate as far as they think, live or know the principle of being. Whether the vibration be used in physical, ideal or mental creation it is sexed and is known as that mysterious force of Nature called LOVE, which nothing resists and is abundantly perceived as male and female power. If the vibration be incipient and undeveloped, it expresses itself in so-called lust; if full and ripe, it is called by the ineffable name of LOVE; if creative it is termed sexual. In other words, the results depends upon the quality of force generated. It may be diffused as gently as the sighing of the south wind over a bed of violets, or conserved and then discharged with the force of a tornado or thunderbolt.

All Nature is expressed through vibration. Love vibrations are the most rapid. When Love is known we vibrate infinitely unto the healing of nations. If dis-ease, inharmony and death are apparent, it is because of the slow vibration of creative force. When lack of enthusiasm and a low tide of feeling exist, we are not normally creative or well sexed. The enthusiasm of the knowledge of Love increases vibratory action. Under this action disease and death disappear as does the cold negative condition of earth under the hot, vibrant sunshine of midsummer. What is called dislike sneaks away under the vibration of Love. Sadness and sorrow are no more, when we allow joy to reign. This law of energy and power, sweeps away everything of a debilitating and inharmonious character. I is the God of Gods manifest !

We are creative and vibrant in just the measure we apprehend the creative principle. Individuality and freedom are resultant of high vibration, concession and weakness the opposite. To be free and prosperous, Love must be comprehended, for it alone dissolves and transforms all negative conditions. As we know Love we express its vibration, they dwelling within its sphere are made whole. Those who do the most in the world are those who love the most.

Love constantly seeks to manifest itself and succeeds, ~~through~~ though not always wisely in the seeming. When manifested heedlessly, its results are disappointing, yet not evil. Because, there is first the joy of expression, then the wisdom gained from the experience.

Love is a refining influence, wherever expressed. On every plane

quickens that subtle something which is in every faculty, thus increasing knowledge. In this way the physical body is transformed, until washed and cleansed by the waters of the soul's experience -- the blood of the cross.

Realization of what we are, of what we may become because of what we are, enables us to generate vibrations of such high potency that the accomplishment of transmutation can be verified and proved.

The Law of Love is generation, but the conscious use of the Law of Love is Re-generation.

Man can not raise himself to the point or place of regeneration of the physical atoms, without Love. Love or the Fire of Love, purifies and regenerates, no matter where it is recognized. It may for the time seem to debase the soul, but some time, some where in the great law of evolution the cleansing must and will be made manifest.

Vibration is the activity of the Omnipotent Spirit of Love and Wisdom, of which to catch a faint glimmer is to create and show forth power. Under the Infinite rays of Love we become pregnant with holy desire, gestation and birth follow, manifesting in vital expression. This sacred desire magnetizes and establishes Omnipotent vibration, resulting in health, life and vigor.

Love is creative by nature. Love is the great Father-Mother principle recognized as the subtle force, called sex energy or sexual vibration. This invisible, indestructible energy and power of the Universe is the vibratory correspondence, existing in the macrocosm as well as in the microcosm. It is the Law of Attraction, the effort of self-adjustment, the bringing together of the two forces --- man and woman, in the operation of the highest law. The point of contact of these two is the creative act. The vibration produced by this contact is the "Spirit of God moving upon the face of the Waters", the spiral entry of the great whirl of spirit into so-called matter.

The sexes are not opposites but complements. Neither is it the nature nor design of the GREAT ARCHITECT, that man and woman be arrayed one against the other. Their relation must be divinely mutual, uplifting and transfiguring. They belong together. Standing alone, one is stranded upon a rock in an ocean of chaotic conditions, merely existing.

God has decreed that all uplifting, all unfolding of the mind and body must be through use, not abuse of sex vibration. It is only through spiritual perception and understanding of what the eternal Creative Act of God is, that new ideas, new thoughts and clear comprehension dawn upon us. We shall be enabled by thus quickening our powers to use the Infinite, creative energy, "seize hold of its strength", or in other words, lay hold of God !

The greatest achievement of the soul is, to perceive the origin and increase the supply of potential life. In order that this may be accomplished, the mind must control the body, not one portion of it, but the whole of it. When the mentality says to any function of the body: "Cease thy activity" or "Renew thy activity", it should respond to the command. Self-discipline will bring Self-mastery !

There can be no perfect union of the sex force without the consciousness of Love. Love is the all-potent, sex-prompting and creative spirit. It is the relative force found in the inorganic world as attraction; in the vegetable as life; in the human as Love and Intelligence. God, the all-creative Mind, desires expression, and as this Mind is known, God is expressed through the physical organism. On the physical plane, --- in the old-time, primitive way, we sought to manifest Self --- God, in flesh blood and bone, by the reproduction of the finite nature; but evolving to the supernal consciousness of the eternal, we behold man as Spirit, manifesting according to his Will the Universal force, Life, Truth and Love.