

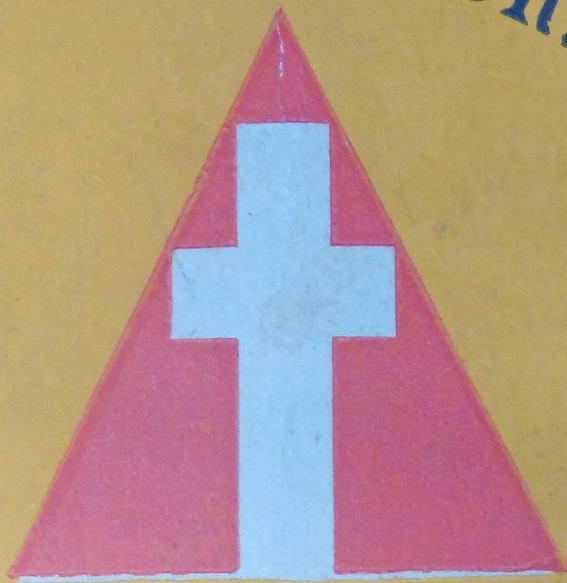
PRICE, \$1.50 PER YEAR.

No. 62.

MAY, 1891.

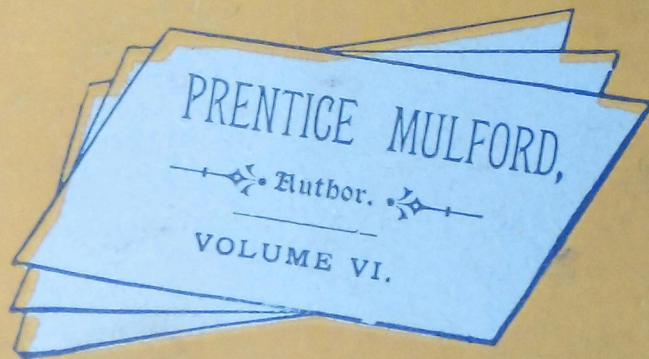
15 Cents.

# WHITE CROSS LIBRARY.



## *Woman's Real Power.*

COPYRIGHT, 1891, BY F. J. NEEDHAM.



F. J. NEEDHAM, Publisher.

White Cross Library, New York, U. S. A.

*Entered as second-class matter at the New York, N.Y., Post Office, Aug. 15, 1888.*



# THE WHITE CROSS LIBRARY

Is a **MONTHLY** system of publication, showing how results may be obtained in all business and art, through the force of thought and silent power of mind.

**SUBSCRIPTION RATES: \$1.50 PER YEAR; SINGLE COPIES, 15 CENTS.**

## VOLUME I.

- No. 1—*You travel when you sleep.*  
 “ 2—*Where you travel when you sleep.*  
 “ 3—*The process of re-embodiment.*  
 “ 4—*Re-embodiment universal in nature.*  
 “ 5—*The art of forgetting.*  
 “ 6—*How thoughts are born.*  
 “ 7—*The law of success.*  
 “ 8—*How to keep your strength.*  
 “ 9—*Consider the lilies.*  
 “ 10—*Art of study.*  
 “ 11—*Profit and loss in associates.*  
 “ 12—*The slavery of fear.*  
 “ 13—*What are spiritual gifts.*

## VOLUME II.

- No. 14—*Some laws of health and beauty.*  
 “ 15—*Mental intemperance.*  
 “ 16—*Law of marriage.*  
 “ 17—*The God in yourself.*  
 “ 18—*Force, and how to get it.*  
 “ 19—*The doctor within.*  
 “ 20—*Co-operation of thought.*  
 “ 21—*The religion of dress.*  
 “ 22—*The necessity of riches.*  
 “ 23—*Use your riches.*  
 “ 24—*The healing and renewing force of spring.*  
 “ 25—*Positive and negative thought.*

## VOLUME III.

- No. 26.—*The practical use of reverie.*  
 “ 27.—*Your two memories.*  
 “ 28.—*Self teaching; or, the art of learning how to learn.*  
 “ 29—*How to push your business.*  
 “ 30.—*The religion of the drama.*  
 “ 31.—*The uses of sickness.*  
 “ 32.—*Who are our relations?*  
 “ 33.—*The use of a room.*  
 “ 34.—*Man and wife.*  
 “ 35.—*Cure for alcoholic intemperance.*  
 “ 36.—*The church of silent demand.*  
 “ 37.—*The mystery of sleep, or our double existence.*

**“Your Forces and How to Use Them,” 1st, 2d, 3d and 4th VOLUMES, BOUND.**

Each Volume containing one year's issue of the *White Cross Library*. **Price, \$2.00 each.**

THE “**SWAMP ANGEL**” (by Prentice Mulford,) - - - - - **1.25.**

Prentice Mulford's Story, (36 Chapters—300 pages,) - - - - - **1.50.**

This list embraces all numbers issued to May, 1889.

Copies of all Numbers issued can be obtained.

**Address, F. J. NEEDHAM,**

*Publisher White Cross Library,*

**52 WEST 14th STREET, NEW YORK CITY, U. S. A.**



# THE WHITE CROSS LIBRARY

---

## VOLUME IV.

NUMBERS ISSUED FROM MAY, 1889, TO MAY, 1890.

38. The Use of Sunday.
  39. The Drawing Power of Mind.
  40. Grace Before Meat; or, Science of Eating.
  41. The Source of Your Strength.
  42. What We Need Strength For.
  43. One Way to Cultivate Courage.
  44. The Material Mind vs. the Spiritual Mind.
  45. Marriage and Resurrection.
  46. Immortality in the Flesh.
  47. Faith; or, Being Led of the Spirit.
  48. Some Practical Mental Recipes.
  49. The Use and Necessity of Recreation.
- 

**FOURTH BOUND VOLUME of "Your Forces,  
and How to Use Them." Price, \$2.00.**

---

## VOLUME V.

NUMBERS ISSUED FROM MAY, 1890 TO MAY, 1891.

50. Mental Tyranny.
  51. Spells; or, The Law of Change.
  52. Look Forward.
  53. Thought Currents.
  54. Healthy and Unhealthy Spirit Communion.
  55. Uses of Diversion.
  56. Regeneration; or, Being Born Again.
  57. Lies Breed Disease; Truths bring Health.
  58. God's Commands are Man's Demands.
  59. About Economizing our Forces.
  60. God in the Trees, or the Infinite Mind in Nature.
  61. What is Justice?
- 

**FIFTH BOUND VOLUME of "Your Forces,  
and How to Use Them." Price, \$2.00.**

---

### RATES IN ENGLISH MONEY.

Subscription, - 6s. 6d. Single Copies, - - 7d.  
Bound Volumes, - 8s. 2d. Remit by Postal Order.

---

**F. J. NEEDHAM,**

52 WEST 14th STREET,

NEW YORK CITY, U. S. A.



Marion Skidmore Library,  
Lily Dale, N. Y.

GOD.

---

A Supreme Power and Wisdom governs the Universe. The Supreme Mind is measureless, and pervades endless space. The Supreme Wisdom, Power and Intelligence is in everything that exists from the atom to the planet.

The Supreme Power and Wisdom is more than *in* everything. The Supreme Mind *is* everything. The Supreme Mind is every atom of the mountain, the sea, the tree, the bird, the animal, the man, the woman. The Supreme Wisdom cannot be understood by man or by beings superior to man. But man will gladly receive the Supreme thought and wisdom, and let it work for happiness through him, caring not to fathom its mystery.

The Supreme Power has us in its charge, as it has the suns and endless systems of worlds in space. As we grow more to recognize this sublime and exhaustless wisdom, we shall learn more and more to demand that wisdom draw it to ourselves, make it a part of ourselves, and thereby be ever making ourselves newer and newer. This means ever perfecting health, greater and greater power to enjoy all that exists, gradual transition into a higher



state of being and the development of powers we do not now realize as belonging to us.

We are the limited yet ever growing parts and expressions of the Supreme Never Ending Whole. It is the destiny of all in time to see their relation to the Supreme and also to see that the straight and narrow path to ever-increasing happiness is a perfect trust and dependence on the Supreme for the all round symmetrical wisdom and idea which we individually cannot originate. Let us then daily demand faith, for faith is power to believe and power to see that all things are parts of the Infinite Spirit of God, that all things have good or God in them, and that all things when recognized by us as parts of God must work for our good.



# WOMAN'S REAL POWER.

---

Copyright 1891, by F. J. NEEDHAM.

---

This book deals exclusively with the spiritual relations of the sexes and the use of the two orders of thought or spirit which flow between them.

There are two grand divisions in the domain of thought (which is really the endless domain of universe). These divisions are the masculine and feminine.

The masculine and feminine thought exists and is blended in every possible form of life, be it man, animal, vegetable or mineral, and also in many forms of life not now realized by our physical senses.

The more perfect the blending between these two elements the more perfected the marriage. The principle of marriage exists in all forms of element.

In man and woman is this marriage capable of the highest perfection. Through the man and woman created for each other by the Supreme as their spiritual elements blend, a power between them will be more and more thoroughly organized, and this man and woman will be able to create more and more happiness for themselves first and others afterwards.

The aim and ultimate of marriage is a constantly

---

Thought is Force.



our race goes by the name of "intuition." It has been spoken of as the inward teaching or knowledge of events beyond reach of the physical senses coming from within. But such knowledge comes from without. The feminine thought ranges and reaches out. It traverses distances ; material solidity is no obstacle to it. It senses an event by means and power not capable of explanation. It feels the acts or motive or character of persons. It feels a coming good or a coming ill. It brings its apprehension of things for good or ill back to the domain of its physical senses. Its power for reaching out and into the realm of the unseen or spiritual side of life is a power as literal as that by which you lift a heavy weight, and this power of woman's mind is stronger than with man.

The masculine thought has similar powers, but lesser in degree.

Let us repeat that all things good or evil are acted out in the world of spirit before being acted out in the physical world. A man who steals or lies or murders does so in mind long before he commits the physical act. He "has it in his heart," to use a common expression. Woman's mind seeing farther and clearer than man's into the spiritual life, sees or rather feels such tendencies in that man very quickly when brought into external contact with him. Her impressions are unfavorable regarding him. These impressions are not based on what we call "reason." "Do you know anything of that man? Have you any evidence that he is a bad man?" may be asked of her. "No." She has

---

Thought is Force.



not. Simply she does not like him. Mentally he gives her a disagreeable sensation. Man is prone to call this "the woman's whim."

It is the natural belonging of the feminine mind so to see clearer than man, exactly as in physical eyesight one person may see clearly at a much greater distance than another.

What we call "reason," or "common sense" is based entirely on cause and result as we think we see cause and result worked out in the physical world. But when we enter the spiritual world, we meet an entirely new system of cause and result underlying the physical, and the feminine thought has more perception in this world than has man's.

Women are more inclined to religious devotion than man in all denominations, because their farther sensing thought feels vaguely that great truths and realities do underlie all forms of religion, although their truths are often distorted, perverted and misrepresented.

Women bear trouble with more equanimity than men, because of their greater capacity to draw a strength from the Supreme Power. Man in trouble is more prone to make a woman his confidant and unload his burthen on her. It is this same spiritual power which makes her the best nurse in sickness.

In the Infinite Mind the masculine and feminine element is equally blended. The Supreme Power is not all masculine nor all feminine.

Our whole religious system is to-day based on a masculine Deity as the exclusive ruling force in the Universe, and women are taught directly and in-



directly to look up to such a God and humble themselves before it, when theirs the feminine principle is the other and equal half of the Supreme Power.

Man, ages ago, inferring from his greater physical strength, and unconscious that for such strength he was largely dependent on the spiritual force given him by the feminine mind, made Deity exclusively masculine. He inferred that because the masculine element asserted the most physical power, the masculine must be the leading and creative force in Nature. He inferred that man drew all his strength out of himself, and that beyond giving him birth, the feminine element had nothing to do with the perpetuation of either the strength of his body or the clearness and power of his mind.

Hence man has styled himself "Lord of Creation," as if in "creation" the feminine element was not as indispensable as his own. He has largely arrogated to himself governmental powers as ruler and legislator. He has interpreted, expounded and judged entirely through his masculine eye, and has derided the idea that a balanced judgment and a rightful interpretation could never be found until the feminine mind was called in as the indispensable factor in finding the happiest way of life.

But the current of feminine thought flowing ever toward him, is a vital part of his daily life. It is not seen, nor heard, nor felt in the physical sense, yet it is as necessary to his life and health as is the presence of the feminine element in vegetation to insure healthy productiveness, and this in the veget-

---

Thought is Force.



able kingdom is as much a spiritual power as in our race.

The spiritual force of the feminine is the other half of the moving force in all Nature.

This force is blended and indispensable in all things and in all movements, civil, religious, political and commercial.

The force and effect of woman's thought is not now, nor was it ever stamped out by masculine assumption. Man succeeds only in checking it on the plane of physical activities. This is not checking it at all. No man can tell of the direction which may be given his thought, or how he may be influenced by the half hour passed in conversation with a woman. He may absorb from her a thought not spoken at all, and that thought may alter the destiny of his whole life for good or ill. If the woman cannot be President, she may influence the President's mind, though both may be unconscious of the action and result of these spiritual forces on each other.

Designing, crafty woman in courts and senates, have set floods of mischief afloat through their silent force of thought. France has been ruled by kings' mistresses more than she ever was by her kings.

So much for woman's power for evil when she has not demanded of the Supreme for wisdom in the use and direction of her thought or force.

Every woman who in her hours of solitude deprecates in human affairs what she cannot prevent, who regrets the folly and waste of war, who turns

---

Thought is Force.



yearningly to some more gentle and loving management of affairs, who wishes that man's turbulent and headstrong spirit could be swayed by softer impulses, is putting out that strong unseen subtle force which is working quietly its result. And such current of thought coming from her as she has drawn it from the Supreme, meets that of other feminine minds thinking as she does, and so meeting goes on ever increasing in volume and power. This is unconscious "prayer without ceasing." It is the spiritual element which is refining the world. It is not physically seen or heard. But it is felt. It is a literal power, but it works outside the domain of physical cause and result. It is the Supreme Power working for good through the finer feminine instrument, and working first through her in this way as it always has and always will work first.

If the feminine mind and sympathy were withdrawn from every man in any great city—if we should assume for sake of illustration that the whole feminine mind in that city should be placed exclusively on business, and man by them was regarded as if he did not exist, there would within a few years be a very inferior race of men physically and mentally in that city. Because in such case a spiritual force would be withdrawn, which gives men strength and vigor.

That force is as necessary to the man in his maturer years as the sustenance which the mother gave him when an infant. The sustenance given by the mother to the infant is a physical means for carrying her love to the child. The greater her love so



carried the more vigorous will be the child. For real love—love in its highest sense is a life and force to give and perpetuate health and strength far greater than bread and meat.

The feminine thought element is as necessary to man in his maturer years as it is in infancy. Man does not realize this. He absorbs it unconsciously.

Men who in their households or places of business are much in the atmosphere of women, draw from them a spiritual force, which gives them life, energy and capacity for business. Women give it unconsciously, and men receive it unconsciously. Woman will grow more and more alive to the possession and use of her peculiar power. She cannot prevent this power from acting through her no more than we can prevent ourselves from thinking. But she can, when demanding guidance of the Supreme, direct its use and flow so that there shall result the highest happiness to herself. Now as she gives this force to man, it is often used by him without recognition or appreciation and wasted.

When we recognize a truth, and it forms part of our daily thought, its work as an unseen force acting on us and others has begun, and from that time that work goes on increasing and expanding in volume.

The truth then growing on the feminine mind that God, the Endless and Eternal Creative Force, is a blending of the two creative forces, the masculine and feminine, that this blending extends to all nature, that her peculiar power is to see spiritually farther than man, and that in so doing she brings a



power to man, indispensable to him—all this an unseen element flowing to and acting on the masculine mind, not in hostility and anger, but as a gentle and loving demand for justice will change his mental attitude toward woman without his scarcely knowing it.

When a few women realize that feminine love and sympathy keeps men literally alive, gives them health and strength, furnishes them with impetus, energy and plan for business, they will have set in motion a noiseless force, which will change the whole masculine life. It will make men see that woman is a real partner in the business and pleasure of life, and not a partner to be used when convenience requires, and ignored at other times.

But this change is not to come with noise or sensation or be heralded by champions on the platform or attended with argumentation against man's past attitude toward woman.

The Force of the Infinite comes to human hearts "like a thief in the night." The Infinite does not "vanquish" error as the armed gladiator does his opponent. It changes opinion almost imperceptibly. It sends a force gentle in its action but impossible for the more material element to resist. It is as the Sun melting the glacier.

Would the chemist refuse to use some element hitherto rejected and despised, when he found that its use and blending with other material produced we will say a metal more perfect in temper, elasticity and strength, more brilliant in color, and better adapted for a thousand uses, than any before known? No

---

Thought is Force.



more will the masculine mind refuse the help and strength to mind and body which it will receive when it recognizes the feminine force of woman's peculiar spiritual power as indispensable to the coming, greater, broader and happier life.

It is not here to be inferred that the impressions or spiritual far seeing of every woman are of a high order, or to be taken by man as his guide to the highest success. Unless woman demands wisdom of the Supreme Power, she will receive thought and impression from a lower source, and going astray will lead man with her as now she does in numberless cases.

But as the feminine mind, or other half of the masculine has the greater power to sense the things of the spirit, so it follows that when that mind is placed on the Supreme, it draws knowledge and power from the Supreme more readily than man's, and when man sees this, as in time he will, he will be very glad to receive from her what the Infinite has given her a peculiar power to get. There is for him no more inferiority involved in his dependence on her for this spiritual strength than is the hand inferior to the eye. Both have their uses. Both are glad of the aid each can render to the other. Neither can usurp the other's function.

In the endeavor to state this truth man is not condemned nor censured for his ignorance of a law, no more than is the child who comes to school to learn reading and writing, blamed for not knowing the alphabet. The wisest angel is as ignorant to-day as the unlettered child, of things to be



known in the future. Revelation never stops.

This feminine foresight as it comes more and more into play will bring into the world, balanced wisdom. Balanced wisdom comes of harmony between things material and things spiritual. The masculine mind represents the physical world, the feminine the spiritual. This feminine spiritual force is the balance to man's material aggressiveness, which still hold such sway. In all efforts to-day the tendency in man is to draw too heavily on his forces. In science, in politics, in business, in art, he works until he drops from exhaustion. He becomes absorbed and sucked in the thought current of some peculiar avocation. He is often heedless of woman's oft-repeated admonition to rest and recuperate. And at last he loses the ability to rest and recuperate. The physical end is then not far off.

As man is dependent on woman to give him of her peculiar spiritual force, so is woman equally dependent on man for a certain masculine force derived from him. Woman cannot exist without sending this force to man. Her love and sympathy demand something of the other element on which they may be placed. If her mind is not centred on an individual it will be on a masculine ideal.

As woman has a superior power in one direction, man has in another. In the more perfect blending of the masculine and feminine minds, there is no such thing as one having the entire control, leadership, or government of the other. It is a combination of woman's spiritual far-sightedness and man's



strength for working out the result of her superior vision. The peculiar power of one sex is as necessary to the other as in the telegraph the wire is necessary as a conductor of electricity. Without the wire no intelligence could be conveyed ; without the electric fluid, the wire for that purpose would be of no avail. Spiritually the sexes are in an analagous relation. Woman draws a force or spirit from the higher domain of thought. Man, as the wire, can best carry and use it on the more material planes of existence. When in this way in the future, men and women recognize their peculiar spiritual powers and their proper relation and use to each other, far greater results for happiness will be realized.

To-day the tendency is still very strong for the masculine element to assert an entire independence of the feminine in all governmental and controlling movements. Women's peculiar judgment and intuition is still held in contempt, although that contempt is gradually diminishing. Women themselves in many cases, absorbing from man and each other this thought of their inferiority, esteem themselves as inferior, and strengthen man in his inferior estimate of them. Whoever believes themselves inferior will for a time be inferior. But this condition of things cannot last. It cannot last, because the idea is founded in error. Every woman, be she silly and trifling as she may, carries in her spirit the divine germ of her superior intuition or power of seeing truth in the Supreme Mind sooner than man. Her present vision may be imperfect and distorted. Her present judgment in any direction may be of no value,

---

Thought is Force.



but the germ is there. It may be but the faintest spark from the Supreme Light. It cannot be extinguished. Nor can it lessen. It may be covered and buried under the ashes of lower and material thought. But the sacred fire and qualities of truth is in duration eternal, and is ever attracting more of the divine fire to itself. It will shine more and more brightly. It burns away and purges itself of the dross which temporarily covers it.

PRENTICE MULFORD









EAGLE PRESS, BROOKLYN N Y