# MAGAZINE

Sept.-Oct., 1929 - - 10c



A MEMORY OF SUMMER-Photo by Ernest Weltmer

# Psychology-Healing-Prosperity

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# Weltmer's

Magazine

#### **VOLUME 13**

#### SEPTEMBER-OCTOBER, 1929

#### NUMBER 7

Devoted to the teaching of practical methods of demonstrating, in everyday life, the Kingdom of God within.

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# A WORD FROM THE EDITOR

We are making this number of Weltmer's Magazine a double number in its editorial contents. By cutting down the advertising to the minimum we are gaining space for a double offering of instructive and inspiring reading. This enables us to combine the September and October numbers and thus adjust our issuance date again. All subscribers will receive, however, the full number of issues, the termination of their subscriptions being set forward one month.

Watch for important announcements in the next number. We have been preparing for the readers of Weltmer's Magazine, friends of the Weltmer Institute and Weltmer Foundation the best news that many years have been able to bring you. We feel certain that we will be able to make this announcement by the time the next number reaches you.



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#### M. F. McMULLIN

Author of "Life," beginning on the following page. (Mr. McMullin, a deep thinker and gifted writer, has promised a series of articles for Weltmer's Magazine.)



There are no Hopeless Cases.

There is no Incurable Disease.

# LIFE

## By M. F. McMullin

A lecturer once called it "that great puzzle which for want of a better name men call Life." It might be well to remember that the puzzle exists in the human mind, not in Life itself. Surely, if we judge by its handiwork, man and sea and sky and stars, that great Something which is Life has no puzzles impossible of solution to It. But, in the sense that humans appear to be unable to conceive of the form, size, quality or factors of that Life, it is indeed a puzzle.

Some few things, however, are clear to us. All about us from the great suns and stars to the tiniest creatures visible we see the handiwork of that great power, Life, and the greatest thing it has produced-mind-would appear to be the nearest like its own image. From the results we find in this universe it is clearly evident that there must have been and there must be, behind it all, that power or force or energy or spirit which actualized in apparent form that which is in some manner resident in its own being. In this connection we find the human family existing as individual persons. In individuality and personality, distinctly and sharply setting one person apart from the other, continuously and cohešively maintaining in each his own separate and distinct selfness, we have the most wonderful, most marvelous production on our planet—mind personalized, human personality. Since it would appear logical that nothing unlike the parent could evolve from the parent principle, it follows naturally that personalized mind must have existed in that pre-existent principle, Life.

It may be puzzling and, indeed, beyond human comprehension how that first principle, Life, came to be at all in the cosmic universe. It may be that we as human creatures, who seem to be born and to die, are unable to conceive of anything in the entire universe that has existed eternally. It seems to be beyond our scope to think of any-thing that always was. A moment's reflection, however, makes it perfectly clear, that since we do have a universe and a world and beings and creatures of which we are clearly aware, there must have been some sort of energy, force, power, mind, at least potential, in the cosmic universe always and ever; else we should have a thing still more inconceivable to our human minds, the evolution, development, unfoldment and

growth of something wonderful, tremendous and rational at some point remotely in the dim past emerging from absolutely nothing at all.

It is no wonder, therefore, that some of those great thinkers, perhaps wrongly styled atheists, have admitted that they could not find a way to evolve consciousness in this universe without having first postulated consciousness previous to its manifestation in human visibility. It is surely no puzzle that needs extended explanation and proof that life and consciousness do actually exist in this universe in distinctly personalized and individualized beings. At this point we are not touching the matter of whether the personalized and individualized beings we find here are to be continued as such after this present earthly span has ended. It is a simple, self evident fact that consciousness does exist in multitudes of beings as we are here and now constituted and, as it does so exist, that it must have existed in some sort of potentiality always. We may not be able to have any clear or coherent idea of where or how the very first manifestations of material existence came on the scene of action, but we do know from the very facts of life which are evident about us, that, as surely as we exist in human form here and now, we do date back through the complexities and puzzles of human evolution to that first faint flutter of human manifestation on this planet. We are, in effect, the continuation of the very first fluttering heart-beats set in motion by the direct action of that great Something Which Always Was, which "for want of a better name men call Life."

There are those eminent men who take the position that man is a machine and nothing else and who, therefore, must take the position that mind, the existence of which they of course cannot deny, is but a by-product of the body. Mind, according to them, is but a by-product of chemical action. If, however, it can be granted that the manifestations which we observe as very

real and practical facts in the world in which we are now functioning, must have existed in some inexplicable manner in that invisible principle which pre-existed our visible manifestation, then Mind must have existed previous to the creation of the present visible body. That Something, which was not body as we know our human bodies, must have contained the principle, force, energy, power and mind which it afterwards manifested in the forms and mentalities we find about us.

We have asserted that that great Something, which we will call Pre-existent Principle, must have contained within itself, as Principle, the factors of force and energy. This is clearly evident when we realize that, from this Principle, force and energy were required to emerge and operate, as shown by the unfoldment, growth and development of a human being or a flower. It requires the operation of energy for tissue to grow, for a heart to beat, for blood to circulate, for a bud to open forth. We know that energy and force are somehow, somewhere there in the structure of the bud, albeit should we tear this apart and hunt for energy with the most powerful of microscopes, we should be unable to detect it by our material senses. Power must be there exerting itself in the rose bud, because it actually moves and opens its physical petals, the Pre-existent Principle must have embodied mind. Is not intelligent and purposeful action everywhere evident in the world about us? As one thinker has said: "We find the universe to be just as we should expect it to be, if it had been thought through by mind." The evidence for the existence of mind in that Pre-existent Principle is just as positive as that for power, energy and force.

That the energy and force were and are intelligently and purposefully directed by mind is everywhere evident. Life has spread a table in the fields and orchards which corresponds with definiteness and purpose to the needs

(Concluded on Page 27)

# AN EDITORIAL DIGEST

#### Of The Chief Addresses To The A. S. T. A. Convention,

#### By Miriam Edwards.

Miriam Edwards is a famous newspaper woman and Magazine writer of Tyler, Texas. She is also a friend of the Weltmer Institute. We were very fortunate to secure her ready consent to take notes of the high spots of the addresses to the Convention. The following are a few of the thoughts that especially impressed her.

The principal speakers were:

Dr. Will J. Erwood, of Rochester, N. Y., who wishes especially to be remembered as one who always plucked a doubt and planted a hope where he thought a hope would grow.

Francis J. Gable, Kansas City, Mo., who especially emphasizes man's Divine right to the full abundance of life.

Ernest Wilson, Kansas City, Mo., who teaches the gospel of Eternal Youth at every age and now.

Alexander J. McIvor-Tyndall, of Syracuse, N. Y., who is especially insistent upon the newness of the time in which we live.

Ernest Weltmer, who teaches always the gospel of the Kingdom of God within.

There were other speakers, some of whose thoughts Miss Edwards caught for you. On the whole, the editor feels that this digest is a collection of priceless jewels of thought, a collection of treasures that should be preserved and used as a basis for meditation.

# An Editorial Digest

#### By Miriam Edwards.

The new day is upon us.

We are awaking to the realization of our power.

We are all new; this is the first time we have ever lived, this time.

Every suggestion will have its effect upon every intelligent cell of your body. Make yourself know that every power of your life is yours right now. What men have done you can do. The great show you what you can do.

We are proving survival now.

Life is your most precious and neglected possession. Life is your Godgiven right. Life is the simplest thing in all the world, yet we try to make it the most complex. We must learn to live simply. The life of man is the gift of the living God.

The Father and I are one.

I am endowed with limitless power to express my divine heritage.

Are you limiting yourself

You must speak in terms of your limitless possibilities.

Every thought should be clothed with omnipresent love.

We must stop manifesting as limited souls.

Where God is, there is liberty.

Our most precious heritage is the Christ mind.

All we get from a teacher is the acorn; we are responsible for its Growth.

Of myself I can do nothing. My Father who is in me He doeth the works. I am a child of the King.

#### WELTMER'S MAGAZINE

Behold, how good and how pleasant it is for brothers to dwell together in unity.

That which I find in the other man that is like me is the only way I may know him as a person.

We are children of God and we are all right-gloriously all right!

Everything that amounts to anything originates in the consciousness.

The important thing in suggestion is to realize its power.

God helps those who help themselves. In the end, you will react to the

thought you yourself have formulated. God calls upon you each successive moment of your life to express in terms of His relationship with you.

There is healing for you.

I am filled with life and joy and health.

We feel the Master Hand.

According to our faith we make ourselves whole.

The idea of destruction is only ignorance; good is real and permanent.

'Stop worrying about when the law will work. Leave the results to the Eternal Being.

A word is a token of a mighty power.

If we speak the same language we are not strangers.

As soon as a man is ready he is prepared.

We can' go out and contact God when we have been trained to think.

God means all-comprehension, all-inclusiveness.

Get a perfect image of what you want and the thing is yours.

The mind behind the eyes does the work.

Life is an unfolding rose bud.

Let go and let God work in us.

I am renewed and re-created by Divine Power.

We are all-sufficient.

Stop sympathizing with yourself. Stop sending out the negation going with sympathy.

Most of us are standing on ourselves. Standing on our own necks so we can't climb. Abraham Lincoln said he hoped that when he has passed on it might be said of him that he plucked a thistle and planted a rose where he thought a rose would grow. I hope I may paraphrase that and say, "I plucked a doubt and planted a hope where I thought a hope would grow."

The most dangerous thing, if you expect to make dreams come true, is to say you are too old.

There is not a particle of God that is not in you.

That divine spark in you was there in the beginning.

I believe in humanity.

The average man leaves his mind at home.

Your dreams are never produced unless they are vivid.

Awake your senses that you may better judge. Until we learn to read larger meanings in little things we will never get anywhere.

You do not see with your eyes, you see with your mind.

Train your mind.

You are marvelously equipped. Learn to use every sense of your equipment.

You have seven mouths through which to feed the mind; one to feed the body.

The youthful person is the one who believes in today.

This is a youthful age.

God is the youth of the universe.

Because God is, we are.

This life is yours to use—not to hoard, not to squander.

You cannot grow mentally by thinking about thinking.

It shall be unto us as we believe.

Beyond and transcending what seems to be is that which is.

The spirit of youth is the spirit of Christianity.

You transfer God's universe into your self through your mind.

Mix mind with your exercises.

You are makers of dreams. Develop a mind-saturated body.

We pledge allegiance to the dominance of Spirit. Divine life fills my mind and body. God permeates me always.

You can't keep a determined man down.

Right now is the "dawn of a new day."

Never bring into today the unpleasantness of yesterday.

Unless you can tell a thing you do not know it.

We are in the midst of Diety, a sea of energy, a sea of all-power, all-wisdom, all-presence.

Mother is the soul of the world.

'The consciousness of being is completeness is all there is.

We are dependent on God, whether we acknowledge it or not.

When we talk to God we cannot but receive good.

There is no after life; there is just eternal life.

There is but one presence in this room, in our lives, there is but one power in this room, in our lives—God, the Good.

Pass an inspiration along.

There are so many Gods, so many creeds,

So many roads that wind and wind, While the art of simply being kind Is all this old world needs.

The truth of Christ reveals great joy.

Praise always has an uplifting effect.

God is in you, in what you do, in the fruits of you and your work.

No man dealing with material alone has ever created life.

Life is the choicest thing God has given his children.

Your right is that you have life and have it abundantly.

Healing is not dependent on any outer thing.

How many of us realize that it is the Spirit that giveth life?

The very food we eat was once an idea in the mind of God.

We have to glorify our bodies. They

are the channels through which God expresses.

We live in the consciousness of the eternal youth now.

When man has found the knowledge that enables man to heal himself and others he has come into the standard of truth.

Be passive to the healing power of your Father-God.

We are standing with the mighty forces of God—all working for our good.

You want to be better than ever you've been?

The time to be better is now.

You want to be ready, you want to begin?

The time to be ready is now.

- You'll never be better by waiting too long.
  - You'll never sing sweeter by holding the song,
- You'll never be nobler by starting some day,
  - Now is the time to begin—right away.

You are youthful when you dare to step out from old thoughts and dare to think new thoughts.

Today we are coming into the vision of the fulfillment of good things at hand. We achieve our hopes by persistently following our spiritual leadings.

While we are sons of God, if we believe we are other things, it will be done unto us according as we believe.

We grow spiritually by living in the consciousness of the Christ Spirit within us.

The fountain of youth is the opportunity to lose ourselves in the doing of something worth while.

#### Supervised Fun

Modern Mother—"Did you have a good time at the playground this afternoon, darling?"

Modern Child—"No, Mother, the new supervisor was trying to instill a spirit of gaiety."—Our Children. DAILY HELPS WHO ARE YOU?

- At every door of life where you may knock,
- The keeper always asks you "Who are you?"
- Your answer puts you in the common flock,
- Or sets you out among the favored few.
- If you should answer "Pauper" when he asks
- He calls the guards and takes your little store.

And sets you at life's bootless tasks

And gives what you may earn to him with more.

But if, heart sure, a "Prince" you

claim to be,

He calls an escort, brings a royal gown, Makes "Paupers" bow their heads to royalty.

And on your brow he fits a kingly crown.

Life puts you into any place you claim, Then claim the good that God has given you.

The world at large will know you by your name

Then name yourself a Prince and make it true.

-Ernest Weltmer.

## SEPTEMBER, 1929

#### Sunday, 1.

I believe I have a place in God's universe, for, I am man, child of the Infinite Father, whose nature I inherit and express.

#### Monday, 2.

I trust the future and work confidently in the present, for, all time and all circumstance belong to God, the Infinite Father.

#### Tuesday, 3.

I expect to succeed in my under takings, for, I work at a task that has been set for me by the Infinite Father, and I employ his wisdom and his power.

#### Wednesday, 4.

I believe in my fellowman and in their essential good, for, I recognize all men as children of God, the Infinite Father.

#### Thursday, 5.

I am prospered in my undertakings, by my faith and my determined purpose, for I draw my inspiration and my power from the wisdom and power of God, the Infinite Father.

#### Friday, 6.

I think of health and of success in my undertakings, for, I recognize the life I live is the life of God in me.

#### Saturday, 7.

I free all men from my thoughts and my purposes, for, I know that they are equally with me children of God and directly subject to the Divine purpose and Divine law.

#### Sunday, 8.

I trust and I am not afraid and I relax, for, I know that God's purpose moves me, God's love gives meaning and God's law rules the universe.

#### Monday, 9.

I meet this new day thankful that it will bring to me problems through which I can develop my strength, for, I know that the Infinite Father will set for me only such problems as I can profitably endeavor to solve.

#### Tuesday, 10.

I think of the things that I desire, for, I know that my thoughts express creative power, the power of God in manifestation, and I think of such things as are divinely right.

#### Wednesday, 11.

I will think about the things I desire in my life, for, I know that my mind inherits creative power from Divine mind and I create the things I think about.

#### Thursday, 12,.

I seek the good in every experience, for, I know that there is some quality of good or usefulness in every element of God's universe.

#### Friday, 13.

I trust my body in the hands of its Maker and wait for its full restoration, for, I know that the power that created me is within me, the kingdom of God within and it will restore me when I trust it.

#### Saturday, 14.

I use all my strength in the tasks of today, for, I know that the Infinite Father will replenish my supply with more than I use.

#### Sunday, 15.

I turn my thoughts to the contemplation of Divine realities, for, I know that everything and every experience is a window that I may open to glimpse divinity beyond.

#### Monday, 16.

I think about the things I desire to bring into my life, for, I know that the thoughts I think are the units of the structure which I call my personality.

#### Tuesday, 17.

I undertake great things, I expect to achieve high goals, for, I know the purpose and power with which I dream and strive is the purpose and power of God, my Father.

#### Wednesday, 18.

I strive for what I desire, and keep on striving and never give up, for, I know that faithful effort will not be disappointed by the Father who rewards me through his law.

#### Thursday, 19.

I do what I do with all of my heart and all of my mind and all of my spirit, for, I know that my undertakings are worthy because they express the Father's purpose and power through me.

#### Friday, 20.

I am strong and I will not limit any of my efforts by thoughts of weakness, for, I am man, child of the Infinite Father, whose nature I inherit and express.

#### Saturday, 21.

I am growing in consciousness of

strength and power and the right to be master, for, I am daily cultivating thoughts in keeping with my Divine origin and heritage.

#### Sunday, 22.

I attune my mind to good thoughts and my heart to love, for, I am a part of God's Infinite harmony.

#### Monday, 23.

I attune myself to the good and the strong in all things that touch my life, for, all things are from God and must be good and their good belongs to me, a child of God.

#### Tuesday, 24.

I open my being to the outflowing of Omnipotence, for, I am a channel through which Omnipotence achieves divine purpose.

#### Wednesday, 25.

I believe I can get well and be strong, for, I inherit my life and my strength and my health from God the Infinite Father.

#### Thursday, 36.

I will be master of all circumstance of my life, for, I am child of God who is Creator and Law Giver for all things and I inherit and express the nature of my Father.

#### Friday, 27.

I accept the Christ message as personal to me, for, I too am a child of the Infinite Father and what my Father gives to any of his children he gives to me.

#### Saturday, 28.

All fears are disappearing from my life, consciousness of safety and increasing power grows up within me, for, I dwell in the thought that God is my Father and I constantly draw nearer to him.

#### Sunday, 29.

I am at peace with all the world and I am at peace with myself, for, I am becoming increasingly conscious of my relation to God.

#### Monday, 30.

I finish this month only to begin another, for, I am in the everflowing stream of eternity and God's purpose never falters in its action through me.

## OCTOBER 1929

#### Tuesday, 1.

I begin life's journey through another month of time, confident that I can find in each day something of good and in each experience an opportunity for development and growth, for, I am a child of God and I live in God's universe constantly subject to His guidance and care.

#### Wednesday, 2.

I meet other men as my brothers and every thought of them recognizes their Divine right to be prosperous, healthy and happy, for, God is Father of all men and he has given to his children a heritage of abundance in all things.

Thursday, 3.

I turn my thoughts from the present and give my whole attention to the needs and opportunities of the present, for, God, my Father has given me the eternal now in which to live.

Friday, 4.

I free others from my demands and give my whole attention to the task of making my life worth while, for, the Kingdom of God is in me, for me and for other men the Kingdom of God is in them.

#### Saturday, 5.

I meet life cheerfully and as happily as I may, for, God has given me my life and given to me the world in which I live, and it is good.

#### Sunday, 6.

I recognize my life as Divine life and I employ it in a way worthy of its Divinity, for, all life is of God the Infinite Father.

#### Monday, 7.

I meet this new week's duties and opportunities with a new breath of power and determination, for God the Infinite Father eternally renews me with every new moment of life.

Tuesday, 8.

I bless all men in my thoughts of them, in my thoughts I give them health and happiness, for God is the Father of all men and their natural heritage is health and strength and happiness.

#### Wednesday, 9.

I claim all good as my Divine right,

for, my Father is the Infinite Father and I inherit from my Father the wealth and the joy and the fullness of life.

#### Thursday, 10.

I speak words of high purpose and strong courage and I think thoughts of achievement, for, God is my Father and I draw my power from his omnipotence and all things are possible to his children.

#### Friday, 11.

I believe that I can be well and strong and successful in my undertakings, for, I am man, child of the Infinte Father whose nature I inherit and express.

#### Saturday, 12.

I let the dead past, bury its dead and give my whole thoughts to the living present, for, I live with God now.

#### Sunday, 13.

I turn my thoughts away from the world of sense and seeming and seek in the inner-chamber of my own temple to raise an altar to the good and holy, for, the Kingdom of God is within me and I am the temple of God and in this inner-chamber I find myself in the presence of God.

#### Monday, 14.

I take up again the week-day round of work, strong for the undertaking of its tasks, for, I recognize myself as a child of God, inheriting my nature from my Infinite Father.

#### Tuesday, 15.

I undertake all the tasks life sets for me, for, I know my Infinite Father would not give me any tasks that I cannot perform.

#### Wednesday, 16.

I grant to all men every blessing of life that I claim for myself and abundance for all man's needs, for, I am a child of the Infinite Father who knows no stinting and no with-holding.

#### Thursday, 17.

I give my thoughts to those things that I desire to have in my life, for, I have inherited from my Infinite Father the power to create with my thoughts and I create only what I desire.

#### Friday, 18.

In each new day I recognize new opportunities to live up to my best, for, God eternally renews me in the flowing stream of time.

#### Saturday, 19.

I trust and I am not afraid and I waste no time in vain regrets, for, I know myself to be a child of Infinite love and perfect law and I am safe.

#### Sunday, 20.

I am learning to pray "Thy will be done" and learning to make my way agree with the way of God's perfect law, for, I know my Infinite Father with perfect wisdom has given me a perfect nature and ordained for my control and guidance a perfect law.

#### Monday, 21.

The Future holds no threat for me, the present is filled with opportunity, for, all of time is filled with God's boundless love for me his child.

#### Tuesday, 22.

Today I add to the purposes of yesterday my persistent effort to achieve my desires, for I know that through the laws of God's Infinite universe every effort I make will have its appropriate result.

#### Wednesday, 23.

I work in faith and wait in trust, for, I know that the power God gives me is ample for all my needs.

#### Thursday, 24.

I am strong and I will employ my strength without fear, for, I know that I am supplied and renewed from the Infinite store of God's omnipotence.

#### Friday, 25.

I persistently think of the thing I desire and work for it with every effort, for, I know that it is God's law that I shall become the thing I persistently think.

#### Saturday, 26.

I am looking for increasing health and all my interest is directed to the discovery of signs of increasing health and strength, for, I know that my Infinite Father from whom is all life and strength and health is giving me

unstintingly an abundance of these things.

#### Sunday, 27.

I open my mind and my heart and my hand to the outflowing of Divine life, for, I know that I am the temple of the living God and His temple is within me and that I am one of the channels through which Divine love finds expression into the world.

#### Monday, 28.

I take up again my daily work with a happy sense of adventure, for I, know I walk with God in power and in the consciousness of the certainity of my success my heart is filled with joy.

#### Tuesday, 29.

I do my best and trust and I am not afraid, for, God my Infinite Father is always with me, my unfailing source of supply.

#### Wednesday, 30.

I love all men without regard to their attitude toward me, for, I see in all men the expression of the purpose and power and nature of God the Infinite Father.

#### Thursday, 31.

I press on with courage and with mounting hopes, for, I know that my life is not lived in what the past has given or withheld but in my efforts in the present to demonstrate the manifesting purpose of God the Father.

#### JESUS SAID. "THE

#### KINGDOM OF GOD IS WITHIN YOU"

The realization of this truth makes you master over all the conditions of your body and all of the affairs of your life. Repeated readings of Ernest Weltmer's prose-poem

#### "HEIRS OF THE KING"

develops the consciousness of the Kingdom of God within. Quit striving, quit fighting with yourself, let this magic-working book awake you to the consciousness of your power, open for you the gates of the Kingdom.

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# **RELATIVE VALUES**

## ERNEST WELTMER

Daylight shows the earthly scene in clearest detail, and, to see the world around us with clear vision and in the full light of day is good.

Night hides beneath its sable cloak the details of our earthly surroundings. But it reveals the planets and gives us a larger view of the earth; it enables us to lift our eyes to cosmic horizons and to see distant suns, the starry mist of the Milky Way and the nebulous clouds of other universes like ours. To lose the earth and find the universe is good.

But—to see the earthly scene in which we live and to which we must adapt ourselves, knowing it as a part of the cosmic plan, to see back of its finite detail the Infinite reaches of cosmic space is best.

Sense-born consciousness reveals the world of the flesh, the feelings, the perceptions and ideas that belong to this world of which our bodies are a part. To know this intimate world in which we live in immediate experience and to be able to enjoy deeply and to make the best of its possibilities and opportunities is good.

The dim twilight world of meditation hides from us the values of the world of the flesh but it reveals to us the timeless, spaceless realm of cause, the realm of principle, the realm of ultimate source. To find the far horizons of intellectual unfoldment, to understand the cosmic meanings and relations of life is good.

But—to see with clear vision the finite realities of the world of the flesh with a background of understanding of the Infinite realities of the realm of cause and to deal with finite problems with the power of Infinite Wisdom is best.

\* \* \*

Self interest blinds us to the needs and the claims of others but gives us a clear view of our own needs and the claims of our own life. To be able to see our own problems clearly and to be able to meet them with unclouded judgment is good.

When we close our eyes to the immediate demands of self and in that twilight hush of love that makes us see the broader human values we lose our dominant interest in the self and may even sacrifice all self interest for the sake of the broader needs of humanity at large. To be able to forget ourselves in our love for other men and to find our hearts beating with the heart of humanity is good.

But—to be able to live in the present moment of earthly life clearly seeing our own need and our place in the universe but mindful of our cosmic relations, realizing that in our own hearts and the hearts of all men we find but the love that the heart of God holds for us is best.

# **KINDNESS**

## By PROF. J. O. CRONE

There are two sorts of kindness; kindness for animals and kindness for human beings. You can be kind to animals of all kinds, and you can have them to do most anything that you wish them to do by being kind to them and speaking low.

I have a friend I visit once in a while. We were down in the woods pasture one Sunday evening and the first thing I knew a large hog was rubbing up

against my leg and in a few minutes I went on a little further and a large white-faced cow walked up behind me and licked me on the neck. Later a young mule came up and put his head on my shoulder. The owner of these animals had never been unkind or talked loud to them. He was always kind and gentle Those aniwith them, mals had no fear of men.

But you cannot always do this with people. You have to use harsh means sometimes. It is necessary to tell them to think right and do right at times.

Peter Kirkwright, a circuit minister of Illin-

ois, stopped in a certain town to take charge of a church where there was a blacksmith who would hunt up and whip every minister that came to town. Kirkwright was posted so he rode to town on his horse and went to the blacksmith's shop to have his horse shod. After the man was through shoeing the horse and Kirkwright had paid his bill the blacksmith said, "You are the new minister, are you not?"

"Yes."

The blacksmith said, "Well, Mister-Minister, I am in the habit of whipping every new minister that comes to town."

"All right," Kirkwright said, and took off his soat, "Come ahead."

The blacksmith rushed at the minister. Kirkwright knocked him down jumped on him, and went to beating him with all his might. The blacksmith yelled, "enough" two or three times.

> F i n a l l y, Kirkwright said, "If you will promise me one thing I will let you up."

> "I will promise you anything."

"All right. Next Sunday morning you bring your family and come to hear me preach. If you will promise that I will let you up."

"I promise." And the man was at church the next Sunday and became a changed man.

It takes harsh means sometimes. It looks bad, but being unkind to this man made a Christian out of him and a father and a husband worth liv-

J. O. CRONE take ing with.

> Lots of people criticize Billy Sunday but he reaches people that no one else can reach. He is doing a world of good, getting people to see and to do right.

> You know Jesus drove people out of the temple with his whip. He wasn't always kind. He was doing good. It makes people stop and think. Get busy doing good, if you have to lick them into it. Teach them how to think, the right way to think.

> > (Concluded on Page 29)

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The Modern Love of Beauty

One who is interested in the study of human progress would find a comparison of the advertising pages of our periodicals of a few years ago with those of today a most instructive example of change. There might be some question as to whether this change is a progressive or a retrogressive one. It appears to the writer that only a rabid pessimist could fail to see proof of human progress and promise of future good.

Possibly the first impression would be that the chief difference between the past and the present is that young and beautiful women as scantly clad as possible are used now wherever there can be the slightest pretex, as the subjects for the illustration of both stories and advertising, especially advertising. A further examination, however, will show in many other ways the modern advertiser is much more interested in beauty than was the case only a few years ago. Ornamental type, borders, and other decorations with or without the bathing girls, and color displays are much finer today. It is difficult to see how they could be made more beautiful than they are.

Some have suggested that the bathing girl's vogue depends upon sex appeal to the male reader and a sort of vicarious expression of her desire to be desirable, for the female reader. These of course, might be factors in the choice of the bathing girl for indiscriminate use in our advertising pages, but evidently it is not of major importance for the models for these pictures are invariably beautiful rather than well developed. They suggest youth, innocence, freshness, the sexless age rather than fully developed, passionate womanhood. Any ad that showed a tendency to depart from this convention would

prove a boomerang for the advertiser if indeed it ever passed the censorship of the advertising editor.

Any reader who sees in the free use of bathing beauties in the advertising pages of our modern high class periodicals nothing but pornographic suggestiveness must supply these elements from his own mind for they are certainly not inherent in the pictures themselves. On the whole, the ubiquity of the bathing girl is a sign of a developing appreciation of beauty and of an increasing and wholesome regard for perfection in the human form. We see other signs of the same increasing regard for beauty in the expensive and tasteful ornamentation and designing of modern factories, public buildings, office buildings, and homes. We are developing a new sense of esthetic appreciation; we are entering an age of artistic growth.

The automobile filling station is an outstanding example of the commercial value of beauty. A very simple shelter with tanks and pumps would serve the public need quite as well as the ornamental and often really beautiful stations that bead every highway. A large proportion of the money spent on these stations is spent in an effort to achieve beauty. Some of them strive for garish, bizarre effects but those which are most successful are those which are mose beautiful.

Automobile models are constantly being changed in the effort to make more beautiful cars in order that the makers may profit thereby. They find they can sell beautiful cars more easily than merely servicable cars. We are becoming beauty-conscious. The world is progressing and the finer aspects of man's nature are coming into manifestation.

# As you do unto the least of these - -

When I condemn, despise and hate myself, in pride or in genuine regret, I condemn, despise, and hate one of the Infinite Father's children and in measure condemn, despise and hate all others of his children.

If I realized that I am a child of the Infinite Father and "The Infinite Father" means anything divine to me, then I could not condemn, despise and hate myself. It is only because I think of myself as of the world, separate from the Kingdom of God that I can take such an attitude toward myself. I must learn to realize that I am one of God's children and that whatever I think or say about myself I am thinking and saying about a child of God.

Furthermore, every thought I think expresses a certain amount of life power. The life power of my thoughts and expressed through them is the very stuff of life. When I am thinking of undersirable things I am using life power to bring those things into my life. When I am thinking of good and desirable things I am using my life power to bring those things into my life.

If I were building a wall of bricks I would know that I could not raise my wall higher by piling bricks on a trash heap. I could easily see that no matter what good intentions I might have, to throw bricks on the trash heap it would be to lose them from my wall and to build up the pile of trash.

I should be able to see that the same rule holds good in my life. If I am trying to create good in my life, I can do it only by cultivating good. If I am trying to build up a wall of good bricks I must lay good bricks on my wall.

Regrets and all other forms of condemnation pile bricks on the trash heaps of life and they never add one iota to the good walls of our temples. We build the walls of our life temples by attention to and interest in the good. Every thought of good a thought is good only when it can be and is acted upon with good results—is a brick added to the walls of our temples. By good thoughts and actions alone can the temple walls be built.

Are you building a beautiful temple, a temple for the living God with the thoughts, hopes, and interests you cultivate or are you raising a trash heap of regrets, sorrows, condemnations, fears, worries and emnities.

We live by the thoughts we act upon and according to their kind. Think of yourself only such thoughts as you can think of a child of God.

# NO CRIMINAL TYPE

We like to believe that criminals are born criminal, for so long as we are unconvicted of crime, this belief pleases our Pharisaical pretension that we are fundamentally better than those who have been caught and convicted.

Moral snobbishness is the most common and the most despicable of sins. It is the product of a fundamentally faulty psychology. It rests upon the assumption that personal virtue and worth can be determined by comparisons with others.

Your life justifies itself by standards derived from your own powers and possibilities which have nothing to do with anyone else in the whole world, or it is not justified. Your virtue and worth depend upon your motives and actions not upon how they compare with the motives and actions of others.

Very few accept Jesus' dictum that "The Kingdom of God is within." Most persons look for the Kingdom of God in some creed, theory, savior or other outside authority and all of these are bound to find some comfort and, therefore to believe if possible, that the branded criminal is fundamentally different from themselves.

Any honest student of human nature must realize that he is himself capable of any crime or any virtue. The strong man can practice some virtues more easily than the weak man; it is easier for the weak man than for the strong man to be virtuous in some ways: the conditions under which one lives make some virtues easy or difficult to achieve, but human nature is so nearly standarized that under ordinary conditions of life men really choose whether they shall be "good" or "bad."

It is said that a Supreme Court Justice of New York has stated that any man is a born criminal who has as many as four of the following characteristics: "receding chin, protruding jaw, wide unwinking stare, droop in the left eyelid, low brow, bumpy brow, thick hair, and ears set at right angles to the head."

Lewis E. Lawes, Warden of Sing Sing Prison, in August "The World's Work" condensed in "The Reader's Digest" makes the statement that "A half-dozen well-known men, have at least five of these eight characteristics, including the president of a leading American University, a great English preacher, a French general, a Russian statesman, a leading Spanish writer, and one of the world's greatest inventors."

From his own experience as Warden of the prison in which he has handled more than 10,000 of the so-called most hardened criminals of the world, Mr. Lawes decides that the "gunman-murderer, in most instances, proves to be tender-hearted; the bold robber, timid; the thief, honest."

A criminal is in general a product of laws, public opinion, childhood training, physical and mental health, and circumstances of life. It is well for us, when we too easily condemn some one who has been caught and convicted, to remember Bishop Wilberforce's remark when he saw a condemned man pass by on his way to the gallows:—"But for the grace of God that might be "I".

\* \*

In our Father's universe there is unlimited power, more than enough for all our needs. Its expression is governed by exact law and we can harmonize ourselves with this law. When we live in harmony with the law God's purpose of perfect manifestation in our lives can be realized. No matter what mistakes we have made in the past we can always return to obedience and when we become obedient the law serves us, giving us health and strength.

From a "Home Treatment" Letter.

# EVEN AS YOU AND I

By Dortch Campbell

#### (Reprinted from the Clarksdale (Miss.) Register.)

And he said:

"You are always talking about bad habits. I attend church, am pretty fair to my family; I am honorable in my dealing with others; I neither smoke nor chew, and I try to keep the commandments. You do not know what you are talking about!"

It may be so!

I have in mind a man who had no bad habits except those which convention sanctions; he did not reach for a lucky instead of a sweet; he did not chew; he drank no alcoholics; he was morally pure, but he died from sclerosis —hardening of the arteries, premature old age, I believe physicians, said, at less than 50 years!

Evidently something was wrong. For men do not sicken and suffer and die except from bad habits.

The trouble with this man was that he had the bad habit of being too good and true and loyal!

The man tried and did everything except that which his own heart cried out for him to do!

Oh yes, I presume he did have his gall-bladder drained and his teeth extracted!

As for his father, he died at 50, and this tender, sweet-souled man said he felt that he would go at about that age, since it ran in the family!

The man belonged to the First church, North, because tradition was that they all had been on the Northern side of the religious question!

The good man always voted the republican ticket and even against Wilson when the world needed him, because his father fought under Grant!

The man was of a most loving nature —he would have made an ideal lover, husband and father; but he suppressed every emotion, wrote a scornful letter to his sweetheart when it nearly broke his heart, all because he knew he ought to support his widowed mother and two spinster sisters.

Although mother and sisters ruled him he preferred to suffer rather than hurt their feelings!

The man tried to find peace in a study of metaphysics and psychology—his pastor said that the old-time religion was good enough for him.

He tried to learn a few fundamentals in dietetics so that he could eliminate the poisons from his body and prevent its hardening—his physicians said the best plan is to eat "good, nourishing food as those things are made up by quacks."

He wished to go fishing, or hunting, or boating, and to play—his mother said he might get killed, anyway it was not, dignified for a leading business man to act like a boy!

He felt that he would like to learn to dance—his sisters squelched him because they feared he might get married!

Oh, no, this man had no bad habits they were supplied for him ready-made!

Degenerating influences and habits are born and nuptured by monotonous environment.

Physical, mental and spiritual salvation often depends on deserting father and mother and brethren and sisters.

Mind never does expand as it should until family influences are sloughed off!

No wonder there are so many Weary Rivers!

If a man is not pugnacious for his soul rights; if he has not the fighting spirit, convention will smother him, or sap his life-blood.

To eat—to gossip—even to pray and worship—just like our fathers are bad habits!

(Concluded on Page 27)

# WOULD YOU BE HAPPY?

## By J. L. DODGE

Everyone is seeking happiness, desiring it to the exclusion of all else. But what would be happiness to one, would be misery to another. What, then is real happiness? Can it be attained, and how?

When one loses happiness and becomes miserable, the first thing he does is to cry out: "What shall I do, oh, what shall I do." Then, without the slightest self-analysis, he puts the blame on someone or something else and indulges in self-pity. Rarely does it occur to him that the solution to the whole problem lies within himself and that nothing nor anyone outside of himself can help him.

Everyone is a magnet and draws to himself everything that comes to him be it of greater or lesser importance. Nothing just happens without a cause, for everything that we see, hear, taste, smell or feel, is only an effect. If we diligently search, or seek out, or trace back to the foundation of the things we see, hear, taste, smell or feel, we shall find the cause. And here it is that we must look for the very foundation of our happiness or unhappiness. Then with an intelligent differentiation of the causes, laying aside those that have unpleasant effects and cultivating those that have pleasant ones, we can eliminate the undesirable things in our lives and draw to ourselves the happiness, joy and success we desire.

Every seed brings forth after its kind and "by their fruits ye shall know them." What would you think of a farmer who said: "I'm going to raise a field of corn," and then went out and planted potatoes on the ground? You would say the man must be either very foolish or even crazy. Then why do you expect to get happiness, joy, success, when you plant in your mind thoughts of inharmony, failure, or self-pity because certain desires have or have not been fulfilled? Does that not seem foolish and crazy too?

6

When a desire arises in us, usually at once we start to fulfill that desire without analyzing what the fulfillment of it may mean. Many times it means unhappiness. It is then that repulsion arises in our desire-nature and the results are unpleasant, whether these results, or effects, be house, automobile, husband, wife, baby-carriage, or something else.

We must realize that we are getting deeper and deeper into the desire-world and as we progress our desires become more numerous and the temptation greater to appease them. However, no sooner do we satisfy or have a desire unsatisfied, than another arises to make us either happy or unhappy. And so we go on and on, running to and fro, grasping after this and that, until we finally come to a halt, and glancing back over the path we have travelled, we see nothing has been accomplished worth while and that we have nothing to our credit but mistakes, crosses in love, unsuccessful finances and failure in almost every endeavor.

It is usually at this period of life that the average man makes a decision. Some take a new hold upon things, with a greater determination to control their desires, to master themselves, to bend the will in the right direction, so that the results will be different. But others give up and end it all, not realizing that they are not only causing more trouble for themselves, but also delaying their progress in the scheme of life for eons and eons of time.

This brief class in the school of life does not end it all. By quitting the class, nothing is gained but much is lost, among other things the education necessary to take the next step. As education in the public schools depends upon our ability to master reading, writing and arithmetic, so our education in the school of life depends upon our con-

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# THE WELTMER FOUNDATION

#### EDWARD STONE

Every practitioner and friend of Professor S. A. Weltmer, Dr. Ernest Weltmer and of the Weltmer service looks and hopes for the day to come when the Weltmers, father and son, will come into their own. That thought was wonderfully evident during the Convention of the A. S. T. A. Each soul present echoed time and again their belief and trust in the Professor and the intense desire to have him realize his highest ambition and ideal, Indeed one of the outstanding thoughts of the convention was to do just that which would build toward the ideals Professor S. A. Weltmer and Dr. Ernest Weltmer have in mind.

When the time arrived for giving the report of the Weltmer Foundation it did not look previously as though there would be any active demonstration toward a further expression of the members in contributing their gifts to the Foundation. The members however were not to be satisfied unless they could again have the opportunity of expressing their belief in the Weltmer Foundation Service by again contributing their gifts to it. It was a magnificent occasion, one which warmed our hearts and made us truly thankful to be united in service and stalwart in unfailing fidelity to the Weltmers and to The Weltmer Foundation. In the words of two members present, and which proves a greater incentive to others, we rejoice. The words were "We came with the express intention of giving to The Weltmer Foundation, we expect to do so and we will do it." Those are the urges that make us increasingly feel the joy of service, the wonderful privilege in daily meeting peoples of many nations. Truly it is a world-wide service, the scope realized as one is daily in constant correspondence with those hungry in mind, body and soul for the truth of the Weltmer Service.

The Weltmer Foundation has just passed its fifth anniversary. It was a glorious time. The members who came to the A .S. T. A. convention would not let the occasion pass without expressing their love and loyalty to the Foundation. The Foundation is the richer by \$1240.00 as the result of the generous action of the members present. \$1000.00 of the above is the gift of Preferred Stock Certificates by Mrs. Maggie Pugh. That makes Mrs. Pugh the largest single contributor to The Weltmer Foundation. She has given \$675.00 in cash and \$1000.00 in Stock Certificates.

At the A. S. T. A. convention the key note was expressed that The Weltmer Foundation was organized chiefly through the delegates to the A. S. T. A. convention of 1924. Thus the delegates of the A. S. T. A. claim The Weltmer Foundation as their child—Parent and Offspring—a wonderful combination —The Weltmer Foundation and the American Suggestive Therapeutical Association.

Did every friend of the service feel in their heart like love and reverence for the work of the Foundation as does that dear soul, Mrs. Maggie Fugh, then it would be but a short while before we would make radiantly happy the good Professor and Dr. Ernest. Indeed those two minds being relieved of the burden of financial responsibilities would then be free to use their powers in bringing into being the buildings and University essential for the great World Service. Another example of how great a soul can be of service to humanity is illustrated by a good colored lady in Pennsylvania, who completed a pledge of \$100.00 to The Weltmer Foundation and has since given \$94.00 in tithes of \$1.00 each. How beautiful it is to have the spirit of giving, to ask oneself "How much can I give?" We must learn to give in order that we may receive, it is the law.

The Weltmer Foundation through its Officers and Membership seeks to exemplify in the broad sense the mission of Jesus in ministering to the needs of humanity, high or low, great or small, rich or poor. Its purpose is that service shall be given to the sick in mind, body or soul without thought of compensation other than that of restoring the individual to normal consciousness and health. Truly no greater service can be given to mankind than that of demonstrating the love of God, the fellowship of Jesus and the communion of the Holy Spirit. In that realization there is joy working cojointly with the Founders and members of the Service.

The World Service that shall be in keeping with the demand must have as its complement all of the phases so wonderfully portrayed by the lowly Nazarene. The fact of there

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# CHILDREN'S PAGE



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# A LETTER TO GRANDAD

Dear Granddaddy: Betty and I would like to come to see you, but the only way we can come is by mail, so:



# **RELIGIOUS LIVING**

## By E. A. BARRON

As I listened to a sermon by Rev. Warne of the Chritian Church last Sunday evening I thought of how applicable to Christian Healing was one thought of his discourse that sank so deeply into my consciousness: he said, "Religion is a thing to be achieved and

Immediately I thought of the active, dynamic, living principle dominating the Christian Healer's life which keeps him healing the sick, uplifting the weak, influencing the thought of his day, and forever unfolding the deeps of his own nature, achieving his dreams of what it means to be "Man, child of the Infinite Father, whose nature he inherits and expresses."

Te be truly religious is to be well and strong and happy, an active, living example of Christian faith in its manifold expressions, a healing presence that inspires, uplifts, strengthens, and loves, and whose love is as the law of the Father.

"All creatures are in the keeping of the Father's law. As long as the terms of the Law are complied with they are healthy, successful in the efforts that are natural to their lives, and they are happy. This is true of the lowest plant and the highest man and of everything between. Sickness and suffering are always due to disobedience to some law of life. It does not matter whose fault, the important part is to become obedient again and you may be sure when you have become again adjusted to the Divine Law you can be Divinely healthy, successful and happy."

And so the process of achieving, the process of living truly religiously goes on in man as a constant unfolding process of development.

"It is easy to yield to discouragement and to allow despair to sweep you away. It is hard to hold steadfast to your faith when everything goes wrong. But it is worth while to make the effort that will keep you in harmonious adjustment with God's perfect law and give you the health and peace of mind that adjustment can give. No matter how discouraging things may seem remember that Divine Law rules God's universe and that God's love never fails his children."

"Health is just as necessary to life as life itself. When there is a deficiency of life there is a lack of health. Enough life, abundant life, means health. It is God's will that you be well and strong and happy. It is easy, it is natural to be well. You must learn to think of life as the means for expressing health and success and the beauties of the Infinite Father's nature. It is your chance to express your part of God's nature, your understanding of the Infinite Father's heart, your understanding of what life means to you, what God means to you. By such expression you enlarge your concept of God and enrich your life."

Remember to keep your thoughts centered along the lines of achievement, pointing toward the goal of your dreams, for your throughts color and give background to the whole of your painted picture.

"What do you want in life? Work for that. Think of it. Breathe for it. Eat for it. Sleep for it. Wake for it. You are working for the thing you think about. Don't think about the thing you don't want. Think about the thing you do want. Don't get sorry for yourself but instead find the Source of the power that makes you able to win through to the goal of your heart's desires. God speaks to you in your hopes. Believe in them and work for them."

Welcome, then, the conflict, and become a living example of those who carry on to the end."

# A.S.T.A. NEWS

In this department is given each month news of the labors and achievements of the members of the American Suggestive Therapeutical Association.

H. J. METROPOULOS, President 211½ South Main St. Wichita, Kansas

J. Burton Farber, Secretary 1905 South Main St. Wichita, Kansas

REMEMBER THE 1929 CONVENTION, August 12th to 16th

# THE SECRETARY'S LETTER

By J. Burton Farber, Secretary.

The convention this year was the best ever and plans now call for work that will be of great interest to all persons who believe in a drugless method of healing and especially those who are now or may be students of SUGGES-TION THERAPY as a means of helping their fellowman.

One of the outstanding actions taken this year was the election of Honorary Vice Presidents in the various States and in other countries. The duties of the Vice Presidents will be to organize WEL/TMER Centers in their districts and to form societies of Suggestion Therapists along the lines of the A. S. T. A. resulting in a closer contact with all who believe in the Weltmer teachings.

I am interested at this time in obtaining the names and addresses of all former graduates of the Weltmer Institute and the year of their graduation and a list of other schools that they have attended and the degrees conferred so that I may have a complete record of all practitioners and be able to answer the inquiries of the many people who are asking for someone in their city to help them with the problems that confront them.

The membership committee this year suggested that the dues be raised to \$3.00 per year and the Convention adopted the suggestion. Now the Association will be able to carry on the work in a larger way and will reach persons that will need the influence we have to offer. I am asking that each and lines to do all in your power to help us get a membership of at least 5,000 this year.

Next year we should have a Convention with an excess of 1,000 in attendance. I am sure that you will all help in any way that you can to make this possible as this will also help you, the Weltmer Institute and School and the Association as well.

The Convention also adopted a membership certificate which will be issued to you as you pay your dues. This certificate is ten by twelve inches and may be framed and hung in your office and will tend to add to any room it may be in, as a beautiful piece of work. I am proud to have one in my place. We will begin sending out these certificates next week as soon as some more supplies are sent from the printers. Send in your membership application and dues at once.

## THE CONVENTION

#### By ERNEST WELTMER.

The 1929 Convention of the American Suggestive Therapeutical Association, August 12th to 16th was very well attended and was a complete success in every way. The speakers were of high quality and without exception their messages received ready response. There was a fine spirit of harmony and unity throughout the meeting. Some visitors who had attended other Conventions expressed surprise that so many persons of so many minds could work together so harmoniously. Very fine work was

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# SUGGESTOTHERAPISTS DIRECTORY A four line professional card of any graduate of the Weltmer Institute, in good standing will

be printed in the Magazine for one year for \$1.00. The purpose of this column is to show sick people in different parts of the country where

they can get competent Suggestotherapy treatment near their homes.

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- F. L. Ribble, S. T., C. H. Practitioner of the Weltmer
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- Mrs. Emma Mueller, S. T. Practitioner of Suggestive Therapeutics Box 264, Guttenberg, Iowa
- Mrs. Grace M. Fall, S. T. Christian Healer 804 Douglas Ave. Ames, Iowa Phone 1419W

#### KANSAS

Prof. C. S. Merydith Suggesto Therapist and Massage Treatment Soldier, Kansas

Mrs. Maggie Pugh Suggesto Therapist and Massage Treatment Soldier, Kansas

# A Busy Healer's Letter

Mishawaka, Ind., Feb. 19, 1929.

Weltmer Institute, Neveda, Mo.

To the Dear Faculty, of Weltmer Institute:

It is a pleasure to write at this time to the Weltmer Institute. I have been wanting to do so for a long time but have been very busy since I started practicing healing and have been very successful. I have had many patients that other methods have had to give up.

One little woman I had, remarked, "The only thing I could see ahead of me was the open grave." After taking eight treatments from me she went back to work and is in fine shape. Medical Science gave her absolutely no hope.

I have been treating a woman after she had been sent to the hospital where she suffered all the tortures of the place. Two medical doctors and a specialist gave her up and now after fourteen treatments she is dressed and up around the house. She is not entirely well but is improving every day.

Among some of the cases I have had are, Kidney stones, Gall stones, Insan-ity, Tuberculosis, Tumor and many others, almost all kinds of chronic sickness and ailments. In my treating I use a few aids such as vapor baths, sun ray light and violet ray preparing the body for the suggestive treatment. For most people you have to do something, they want attention and demand it. When I lay on the Healing Hand and give the suggestive treatment I know I am putting one of God's laws into action and it never fails whether the patient believes it or not, I know the Christ in me is calling the Christ in them into action and to their surprise the pain is soon gone and then they begin to believe and get results. Of course I have worked out my own methods of getting the patient ready for the suggestive treatment.

One little lady was given up to die, was getting ready to go to the Tuberculosis camp. I treated her three months and now she has a fine baby girl the finest of her kiddies. Of course I did not do that but helped to get her in good health so she could go thru it. Have had several cases of insanity, now they are well in both mind and body.

I did not have any trouble in getting my State license. They said my diploma covered the largest field of healing of any sent in.

You will find enclosed \$2.00 for the magazine and a business card to be placed in the magazine.

I could just keep right on telling you more of the wonderful experiences I have had thru this wonderful method such as helping men to stop drinking and smoking and finding lost boys and bringing happiness to many homes, in other words I have been hitting the "ball."

I would love to meet you all again and often long for the quiet and peace that was there at the Institute when I at, tended. How I would love to attend the mid-year convention this year but am unable to do so. Hoping to be with you at some future date.

Will say this have been very successful in treating my own family. We have not had any out side doctor since I learned this method of healing.

Sincerely yours for, HEALTH, HAPPINESS AND SUCCESS, Dr. Minnie Bonnell.

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#### LIFE

#### (Concluded from Page 4)

and appetites with which it has endowed sentient creatures. Truly do the heavens declare the glory of this eternal Mind and the firmament showeth its handiwork! When we consider only a few of the known products of this great eternal Life, earth and sea and man, mind and air and ether, sun, moon and stars, each factor fitting into the scheme with all the others, harmonizing, contributing, sustaining, as the sun warms the earth and as the companionship of man with his friend is mutually sustaining, one might say with John Burroughs that, "If chance produced all this, then chance is a veritable Deus."

Whether this universe as we find it today is the outgrowth of a gradual and painful evolution and unfoldment from meagre beginnings or whether it was flung into space inhabited by people and with all its present laws completely in operation on the first moment of its swing through the cosmic sea, surely under any circumstances we who have been endowed by that same great power with the inexplicable ability to look out on this universe and be aware of something of its grandeur may safely murmer: "In the beginning Life; in the beginning Mind: in the beginning Love: in the beginning Force, Energy, Power; in the beginning Infinity, Eternity; in the beginning Spirit, Wisdom, Goodness, Truth, Reality; in the beginning God!"

#### EVEN AS YOU AND I

(Concluded from Page 17)

of clearing the atmosphere.

It is a bad habit to label one's self. Who ever heard of a Protestant lily or a Catholic rose?

Dig up your emotional cemeteries that flowers may grow there!

We take tradition too seriously. I myself plead guilty that I can not pass a church without an old and long-forgotten impulse to bow the head in reverence! Nor can I hear the band play Dixie, with shrill tune of fife and bugle and tramp, tramp of Confederate feet, and keep back the tears!

Why look back?

Is not the song today that thrills from throat of lark, or mockingbird, or lover, or woman glorified by her first-born, far more eloquent?

#### YOU CAN GET WELL, SUCCEED AND BE HAPPY WHEN YOU LEARN TO RELAX

Tension robs you of energy and defeats your efforts to get well, undermines your efforts to succeed, and dooms you to the misery of

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teaches you how. You must have it now. "RELAXATION, HEALTH, AND HAPPI-

#### NESS" WILL TEACH YOU

-to relax under all circumstances.

-how to save your energy. -how to overcome fear.

-how to overcome destructive emotions.

-to have a good disposition.

-to overcome a feeling of guilt.

-to overcome nervous irritation.

-to overcome pain.

-to harness energy to purpose.

-to overcome worry.

-to relax by breathing.

-to relax the diaphragm. -to relax the solar plexus.

-how to visualize.

-to overcome constipation.

-to go to sleep.

-to overcome unconscious fars.

-to understand dreams.

-how to relax through laughter.

-how to play.

-how to let off tension.

-how to trust.

-to overcome self pity.

-affirmations of Mastery. -affirmations of Abundance.

-affirmations of Courage.

-affirmations of Love.

-affirmations of Peace. -affirmations of Cosmic Consciousness.

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#### A. S. T. A. NEWS

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done by the Convention and the coming year undoubtedly will see great growth and expansion.

In addition to the information that Mr. Farber, the Secretary, has given in his letter printed above, the following may be of interest to our readers. The new officers are: Dr. H. J. Metropoulos, D. S. T. President, Wichita, Kansas; Professor S. A. Weltmer, Vice-President, Nevada, Mo.; Dr. T. Elliott Ostlund, 2nd Vice President, Seattle, Washington; Dr. Ralph B. Graber, 3rd Vice-President, Minneapolis, Minn.; Dr. J. F. Lee, 4th Vice-President, Tipton, Oklahoma; Dr. J. Burton Farber, Secretary, Wichita, Kansas; E. B. Stone, D. S. T. Treasurer, Nevada, Mo. Directors: Dr. Will E. Erwood, lecturer, teacher, author, Rochester, N. Y ..... Dr. Alexander J. McIvor-Tyndall, distinguished scientist, editor, London, England; Dr. E. H. L. Page, chairman Associated Christian Assemblies of Eustis, Fla.; Ernest C. Weltmer, D. S. T., S. P. Lecturer, teacher, author, Nevada, Missouri.

The program was carried out substantially as printed in the August number of Weltmer's Magazine. I wish we had room to print the speeches of our visitors. Dr. Will J. Erwood of Rochester, Dr. Alexander J. McIvor-Tyndall of Syracuse, Mr. Ernest Wilson and Francis J. Gable of Kansas City made wonderful addresses. They brought vision and inspiration. They have the faculty of infecting others with their consciousness. An article in this number of Weltmer's Magazine is an editorial digest by Miss Miriam Edwards, a famous newspaper woman of Tyler, Texas, of the principal addresses. She made no attempt to get these addresses entire or even to represent the speaker's thought. She tries to pass on to you the best thoughts she got from these lectures. You will find in this article some of the finest thought of modern times.

Begin preparing now to attend the 1930 Convention at Nevada, Missouri, next June.

#### KINDNESS (Concluded From Page 13)

Kindness won't always work with a man.

A friend of mine was the City Marshall of our little town. One Sunday night about 10 o'clock I saw him standing holding to a telephone post. He was intoxicated so he could hardly stand up. Knowing if people found out he was drinking he would be locked up and lose his place, I put my hand on his shoulder and spoke to him, saying, "Will, come on and let's go home."

He turned around, feeling for his gun. I picked him up and threw him in the gutter. As he got up he took his pistol out of the scabbard and said, "If you don't let me alone I will shoot you."

Instead of talking to him I caught the gun, jerked is away from him, slapped him in the face and took him home, shoved him in the door, went off and left him. The next morning he came and shook hands with me and thanked me for what I had done.

A negro preacher made the statement one Sunday evening at 9 o'clock as he finished his sermon, that he was going to prove to his congregation that he could live the life of Christ for one week, until next Sunday night at 9 o'clock.

"I don't care what you do to me I am not going to lose my temper, or get mad. I want to show you that I can live the Christ life for a whole week."

When he started out of the church someone tripped him. As he stepped out of the door they knocked his hat off in the mud. Monday morning going down the street a fellow spat in his face. Such as this went on continuously during the week every day.

Sunday night he came to the church and was tripped twice going up the aisle before he reached his pulpit. He was preaching his sermon about half way through when a fellow threw a rotten apple, hit him on his white shirt. He smiled, wiped it off with his handkerchief, and said.

"All right, brother."

Finally someone threw an egg and hit his vest. He said "All right. It is just five minutes till 9 o'clock and I have proved to you that I have lived the life of Christ for one week. Now, when that five minutes is up you will see the biggest fight you ever saw."

# THE HAPPY WAY TO HEALTH

If you are tired of operations, unpleasant medicines, wearisome diets, nagging pains, dragging sickness, weakness, and the other unpleasant symptoms of disease, you should come to the Weltmer Institute where we make people comfortable and happy while they are getting well. We have discovered that happiness is one of the best of all remedies. Pleasure is a sort of good health. When the body becomes a source of pleasure it is getting well. When the mental states are happy they promote health. When spiritual exaltation lifts one up to a new realization of the meaning of the finer things of life he is living more abundantly and health follows.

The Weltmer Institute is a pleasant place to live. Patients who have never been able to stay any place like to stay here. They may be homesick when they first come but when they go back home again they are always homesick for the Institute. There is a spirit of hopefulness and love that soothes the nerves like the gentle breeze of a June day.

Bring your tired nerves to the Weltmer Institute where they can get a real rest.

Bring your bruised soul to the Weltmer Institute where understanding hearts will administer constructive sympathy and teach you the way of peace.

The Weltmer Institute offers you the benefit of over 30 years of illuminated consecrated experience in solving problms of sick humanity. Come to the Weltmer Institute. Take the happy way to health.

For information address The Weltmer Institute, Nevada, Missouri.

#### WELTMER'S MAGAZINE



#### J. John Gilbert

## **TO ORGANIZE AUTHORS TOUR**

J. John Gilbert, of Ohio, author of "The Invisible Fulcrum" and student of the Weltner System has been appointed organizer of a tour of Europe and the Holy Land for writers, publishers, and students next summer.

The itinerary of this tour will include many points of entrancing interest to writers and In Jerusalem you will visit the students. In Jerusalem you will visit the Garden of Gethsemane, the Via Dolorosa and the Holy Sepulchre; the room of the Last Supper, etc. From Damascus you will descend to the Sea of Galilee, call at Capernaum and spend the night at Tiberias.—Nazareth will be visited, Jordon, Jericho, Bethlehem, Cairo; an ancient caravan route replete with Biblical lore will be followed over the desert where one night will be spent in camp. The pyramids will be visited, and very likely the base of the great Pyramid will be penetrated and you will be able to witness where the ancient Magi performed their as ancient and mystic rites centuries ago. Many other points of intense interest will also make up the itinerary of this delightful tour.

The tourist company is offering special rates to those making up this party and anyone who would like to journey to Europe with a most congenial company of students at rates well within the reach of the most limited purse, should not fail to get in touch with Mr. Gilbert at 1204 Salem Avenue, Dayton, Ohio, and request particulars.

#### WOULD YOU BE HAPPY?

(Concluded From Page 18)

trol of our desire nature. As there is a principle underlying reading, writing and arithmetic which must be learned before we can master them, so there is a principle behind the control of the desires which must be mastered before harmony and happiness can result.

These principles are Intellect, Will and Mind. The intellect should be brought to bear upon the desire by the mind analyzing the motive, if it be selfish or unselfish, and then the will should be put into action to cast out the desire if it is selfish so that the desire will remain unmanifested. Otherwise the result will be inharmonious, disastrous, and unhappy. On the other hand, if the desire is found to be unselfish, then the intellect should hold the will and mind on the job until the desire is brought into manifestation. It is then, that the results are constructive and harmonious to oneself and others.

So, can you not see, it is the desire that comes into manifestation in a haphazard way, without being analyzed by an intelligent, conscious mind, that brings us all the unhappiness, the very things we do not want.

Happiness depends upon the intellect casting out of desire all that is selfish and permitting only those to come into manifestation that are unselfish. As desire is an incentive to every action, it behooves us to watch desire closely for the effects of the fulfilled desires constitute all our happiness or unhappiness.

#### THE WELTMER FOUNDATION (Continued From Page 19)

being strife, envyings, malice, jealousies, discords, sickness, etc., is the indicator that no service has yet manifested all of the phases that go to the fuller beautifying the life of mankind. Wondrous strides of progress however are in manifest, evidences of which are seen in the loftier thought planes of consciousness expressed by nations and individuals. The mind of man is expressing greater degrees of understanding and in its higher evolutionary unfoldment expects greater degrees of perfection. It is the silent voice of God working in the mind and heart of His children establishing with increasing rapidity the Kingdom of God on earth.

Are you engaged in service? Have you really felt the call to service? Does it mean anything to you to know of people who need help and to also know that unless you do something those people will not be helped? Do you realize that there is a place in the World's Service for you? Sometimes we are not awakened to the call, we have not felt that there was any demand made upon us; we go on day by day seemingly resting, contented, shall we say, that there is an army of people working for the world's uplifment and betterment, but that there is no call for us. The call is my friend to awaken into the greater responsibilities of life, to realize that even the least that you can do will be abundantly magnified in love as you give it in true service and helpfulness for blessing and enriching the life of mankind.

The Weltmer Foundation and friends of the Service express their tender regard and sense of bereavement in the passing to the higher life these last few months of two of its members, Mr. Benjamin Jones and Miss Eleanor Koran. We all unite in a silent benediction of peace and blessing upon those two Arisen Souls. The light of eternal truth will rekindle and make happy their radiant and onward way.

Our good friend, Miss Eleanor Koran, always loyal and faithful to the Weltmer Service, expressed her regard and belief in The Weltmer Foundation by leaving it a legacy of \$100.00. That is the first legacy The Weltmer Foundation has received, truly our hearts are touched with the high sense of blessing and responsibility she has placed on us. So the good work goes on, each succeeding day brings its increased blessings and promises fulfilling the dream so long cherished in consciousness by the loved Professor.

Will you, dear friend, help in the service? The Weltmer Foundation is sustained through the voluntary gifts. The Foundation is your Foundation, your gift no matter how large or small makes you a partner in the service. Address donations, inquiries, etc., to Edward B. Stone, Secretary, The Weltmer Foundation, Nevada, Mo., U. S. A.

#### to The Weltmer Foundation

To the best of my ability I will contribute or tithe—regularly to the service and support of The Weltmer Foundation, I count it a privilege to be united with the Weltmers in their world service and wish them to know of my resolution to rightly work with them to the consumation of their ideal.

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The Practical, Scientific Application

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#### Modern Knowledge of Psychology To Real Life

Good health, a good education, even wealth may fail to bring success and happiness because of failure properly to apply the laws of Psychology to the solution of life's daily problems. Poor health often can be changed for good health; a poor education may be prevented from becoming a serious handicap; and poverty can be changed for wealth by a proper application of the laws of psychology to the problems of everyday life.

The magic wand of the old time fairy stories has been excelled by the magic of modern psychology. Fairy story magic gave the fruits of desire with one hand while with the other it took away the greater joy of achieving. Modern mental magic enables the fortunate beneficiary to build in solid stone the castles of his dreams and gives, with possession, the everlasting joy of consciousness of achievement.

There have always been some men, apparently favorites of fortune, who, without education, favor, or wealth, could have what they wanted at the hands of fate. Usually we accounted for their good fortune by calling it luck while they accounted for it by claiming the common virtues of honesty and hard work, practiced by the larger percentage of those who failed to win the successes and honors they achieved.

We have at last discovered the true source of their good fortune and now we are able to teach the average man how he may win to places of honor, to positions of power, and to that radiant happiness that formerly was possible to only the fortunate few.

The answer to all of these questions has been found in the practical application of the laws of psychology to real life.

First understand yourself and your

relation to other men and the universe. After you have acquired a good working knowledge of life and your relation to it, you have but to establish yourself in the habits and modes of action which will enable you to claim the things you desire.

The Weltmer Institute lessons in practical psychology, the philosophy of life, healing, and Suggestion Therapy, teach you to understand yourself and train you in the best practical methods for achieving great success in your chosen fields in life.

The proper use of your spare time for a few months will give you such a sense of power through the knowledge that brings mastery that you will find every working hour multiplied in its efficiency and earning power; you will find your capacity for creative and constructive thinking increased and growing; you will find yourself richer in every phase of life.

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The study of the Weltmer Correspondence Course prepares you to be successful, healthy and happy in any walk of life. It teaches you to heal the sick, whether your own loved ones or your patients in professional practice. Fill out the blank on the next page and send it in at once. The price at present is only \$50.00 cash or \$65.00 on easy payments. This price is subject to increase without notice.

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(Cross out the plan you do not use.)

Enclosed find check or money order for \$50.00, payment in full.	Enclosed find \$10.00, first payment. I promise to pay \$5.00 each month for eleven months, making \$65.00 total price on deferred payment plan.
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# Life

(Is like the winds of a summer's day.)

The wind blows fitfully, uncertainly at dawn; It murmurs through the trees and wanders o'er the lawn It wavers, totters, falls and rises, falls again; It makes a flowing pathway through the fields of grain: It whispers hopes and promises of midday power, And then it dies, or stronger grows with every hour.

The wind at midday rests in lazy, drowsy ease, Or flows with steady current through the trees, And sings a song of triumph through the wires, With lusty youth and power that never tires; The wind at midday loafs and dreams and dies, Or in its strength it sweeps the very skies,

The evening wind, now weary grown, lies down to rest Or, dog-like, seeks its master in the darkening west; Its race is run, its tasks are done and peace is near; The hopes of dawn, the midday strife in faith and fear Are in the past, it leaves to other winds the flight, And sinks to rest, lost in the mother-arms of Night.

-Ernest Weltmer.