

MARCH, 1928

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Weltmer's

M A G A Z I N E



THE SUNSHINE OF LIFE—Photo by Ernest Weltmer

Psychology~Healing~Prosperity

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NEVADA, MISSOURI, U. S. A.

PURPOSE

TO PERPETUATE THE
WELTMER TEACHINGS
AND TO BRING ITS
SERVICE TO ALL
PEOPLE.



The Weltmer Foundation was incorporated October 16, 1924 under the laws of the State of Missouri for the purpose of "fostering, promoting, teaching, spreading and perpetuating the Weltmer Philosophy and Practice of Living and the Science of Healing, as expressed in the writings and teachings of Sidney A. Weltmer and Ernest C. Weltmer for the good of Humanity for all time; and for the establishment of schools, chapels and hospitals in aid thereof; and the acquiring of construction of suitable grounds and buildings and equipment for the carrying out of the purposes of this Association, with the right to dispose of any real estate not deemed suitable or needed for the purposes of this Association; and for doing all things that are necessary or germane to these purposes."

It is a non-profit sharing Foundation, governed by Sidney A. Weltmer, Ernest C. Weltmer, or their successors whom they shall appoint, assisted by a board of directors and trustees. It will be impossible for commercialism ever to rule the work of The Weltmer Foundation. It is organized and will forever work solely for the purpose of blessing men through teaching them to know that the Kingdom of God is within them. Its first great work will be the organization of a school in which men will be taught to live more abundantly by putting into practice in everyday affairs the teachings of Jesus. The Weltmer Foundation is supported entirely by voluntary contributions. Its governors invite all who wish to share their wealth with God to become partners with them in this great work.



Do you tithe to the work of God on earth? Do you share your abundance with God? Investigate the Weltmer Foundation and you will see that it is the agency through which your money can do the greatest good.

Send your contributions or write for information, to The Weltmer Foundation, E. B. Stone, Secretary, Nevada, Missouri.

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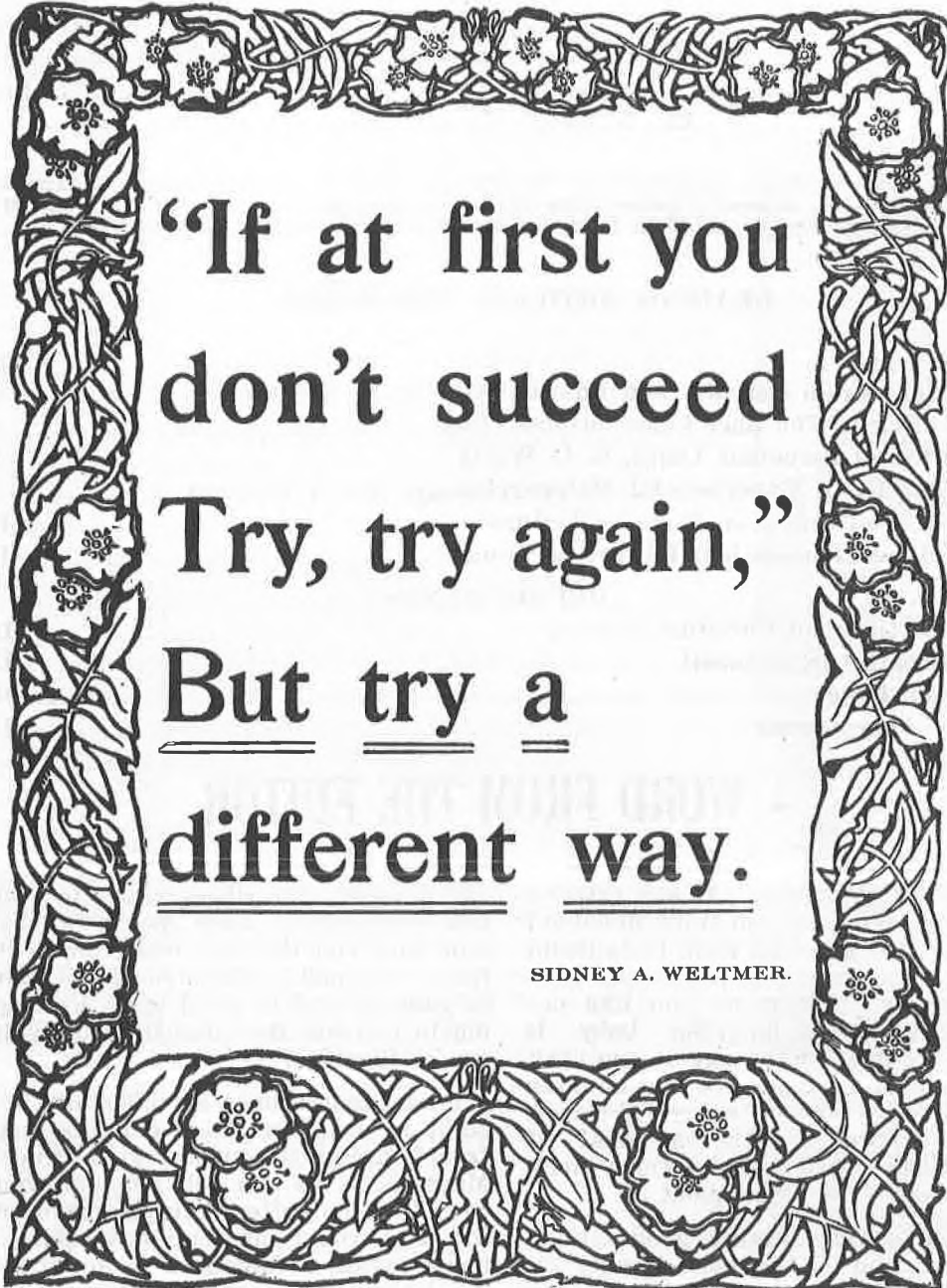
A WORD FROM THE EDITOR

We are giving you a still better Magazine this month. At any rate we think so. What do you think about it? How do you like the first installment of "Easy Lessons in Experimental Metapsychology?" How do you like our cover page? The laughing baby is Pierre Weltmer at the age of one year. The page of cartoons for the children was made by him at the age of eleven. Do the children like the cartoons? If they like them we will give them more. Have them write to us about it.

We have some mighty good articles in preparation for the April number. Be sure that you get yours and be kind enough to your friends to see that they subscribe for Weltmer's Magazine. You should send in at least one new sub-

scription during March. If each one of our present subscribers sends in one new subscription each month we can soon give you the best magazine in its field. Be good to your friends, be good to yourself and be good to us by helping to increase the circulation of Weltmer's Magazine.

Every practitioner should make it a point to see that his patients and friends are all subscribers to Weltmer's Magazine. We can sell you and your work to them better than you can do it, for they would suspect you of self interest while a Magazine is so impersonal that it does not arouse antagonies. Get subscribers to the Magazine and keep a number on hand to give to patients and prospective patients.



‘If at first you
don’t succeed
Try, try again,”
But try a
different way.

SIDNEY A. WELTMER.

**YOU
CAN
HAVE
HEALTH**



**YOU
CAN
HAVE
WEALTH**

WELTMER'S MAGAZINE

There is no Incurable Disease. There are no Hopeless Cases.

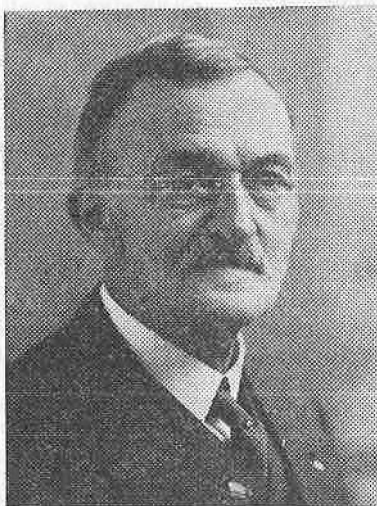
Suggestions From Heredity and Environment

S. A. Weltmer

All suggestions that in any way have an influence upon a human being are supplied from one of two sources, Heredity or Environment. It is a question as to whether or not we can receive suggestion from any source except from our surroundings and the instincts which we have inherited from our parents and the ages before us.

Let me explain suggestion so you will understand what I mean by the use of the term. A suggestion is anything which causes one to believe something. That which we see, hear, taste, smell or feel, that impresses the human mind and causes it to believe something, offers a suggestion.

The school of Nancy held for years the proud position of being the authority along this line, not only for France but for the world. They emphasized the term, suggestion. They believed there was something in the suggestion itself and acting on that principle, fell far short of reaching into the subject



deep enough to grasp all there is in mentality. In fact, they overlooked the effect of suggestion in trying to give suggestion itself a peculiar power. The average thinker regards hypnotism in the same way, if he does not understand it. He regards the hypnotic power as some invincible, dynamic force passing between the operator and the subject. He does not understand that it is the belief of the subject which is changing the vibrations in the subject's body and thus making the arm rigid or lax, forcing the blood into some part of the body or withdrawing it from that part. But the idea is prevalent as the school of Nancy thought, that this power is a power belonging to the operator, being used upon the subject. Through later investigation it has

been determined that there is no dynamic force or hypnotic power such as has been thought to exist; that there is no power which controls the human soul except what that soul believes; that the

belief which relates to your body, after it has entered your mind, becomes your thought and brings about the changes that take place in your body.

Each thought has its own rate of motion just as the apple has its particular flavor. Each thought causes a different kind of movement. Those thoughts which produce sickness and death invariably lower the rate of vibration and every additional impulse causes the movement to become lower and lower until finally there is no longer any vibration, motion is stopped and death is the result.

Suggestion, as we define it, is that influence which makes us believe something. Taking another view of it, suggestion is anything which causes one to think or form an opinion. An opinion is nothing more than a belief or a series of beliefs combined into definite thought. A statement of an opinion is a statement of belief.

Out of the world around us we get impressions which make us think. Out of our dispositions we get certain propensities. Thoughts have been impressed upon us for generations by our parentage in the direct line of ancestry.

At first thought, the investigator who has determined for himself a great many truths, concludes that man is not wholly subject to either his environment or the law of heredity. Environment offers its suggestion. All of the world outside of ourselves is environment. Everything that does not come from within but relates to the forms of being outside of the individual, comes from environment. No one can grasp out of a scene anything which that scene holds which is very far beyond the horizon of the line that marks the limits of his usual experiences. People who have lived in one of the valleys of Switzerland and who have ascended the mountain, find it a difficult matter to believe there is a world beyond those hills. Just as much of our environment as we can comprehend offers us a suggestion. Just as much as we believe we

have inherited from our parents, we allow to influence us.

We are constantly widening the range of our environment by our travel and the study of the world at large. It would be impossible to estimate the full value to the human mind of the suggestions offered by the study of astronomy. Pythagoras had seen the stars and not only was he impressed with a suggestion of immensity and harmony but he was enabled to give to the world a system which he called "The Music of the Spheres". His environment was not confined to the earth. He lived in an environment which was millions of miles in extent and he gathered out of it thoughts that were clear beyond the comprehension of the ordinary individual and even of the scholars of his time.

If the law of heredity would confine man to doing only those things which his parents had done, then we say the law of heredity has not furnished us suggestions out of which the progress of the race has grown. Often when the physician studies his case, instead of taking it as he finds it, he begins to ask the patient about the health of his father or mother, whether or not this disease existed in some member of his family. His purpose is to learn whether or not it can be traced to some hereditary taint. He runs back to get the history of the case. The history that comes from the past has not changed very much since the days when Jesus disposed of it by explaining that people who delved in the past find nothing but dead men's bones.

Out of heredity man can learn what are his rights. Out of his environment, if he can trust himself, he will learn what there is for him to do. His accomplishments, so far, have transcended anything conceived of and have reached out into every field of endeavor. It has not been very many years since a man wrote two volumes outlining "The Conflict Between Religion and Science."

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Contributing To The Race Consciousness

Julia Hewes Cattron

If a committee of representative citizens should "wait" upon you today wishing to "reward you openly" for highly commendable and meritorious "thought-conduct", it would please you and cause your ego to become exalted, would it not?

For example: one instance like this might be cited to your credit "The benign and subtle thought radiated by our esteemed friend and citizen, John-Smyth-Jones has come to our attention through the benefits accruing to various members of our community. One outstanding instance of his good-thought influence is that of the GOOD accruing to Widow White, who recently inherited quite a fortune from her late Aunt, Mrs. Richly. Our friend, knowing the power of thought, gave assistance to Widow White, and spoke the constructive, dynamic word that changed the Aunt's close, grasping thoughts, and transmuted them into warm, radiant love-thoughts for her niece." Does that sound "queer"?

Then how would this appeal to you? "Late reports and psychiatric investigations prove conclusively that some of our respected and highly esteemed citizens have (ignorantly, to be sure! therefore not to be held accountable) contributed to the delinquency and criminal records of weak and irresponsible members of the community through their negative, non-constructive conversations distributed, or broadcasted at a time when many negative minds were open and receptive to suggestion. We are wondering (continues this supposititious questioner) how long these reckless runaway-trains of thought are to be permitted to crash into open mental switches, that are so ready and receptive, wrecking and

tearing to pieces others in their uncontrolled and undisciplined careers?"

That doesn't read just to my liking; oh, here is something different: The friends and admirers of Lindbergh are thrilled and happy to learn that he is a student of higher thought. (No, it is NOT a pun!) And all feel very sure, in fact WE KNOW that every thought and word and prayer sent out for him and about him had its influence in sustaining and upholding him, and contributed largely toward helping him to make his way safely through the pathless areas of space to foreign shores in ABSOLUTE safety.

Who prayed for Lindy? Thousands upon thousands of people; whether The prayer of his mother soared upon the intensity of her great love for him; and the love for all who aspire; and if all who dream dreams of high accomplishment gave added impetus to his thought and to his plane; and the throngs who watched; and waited for reports; and breathlessly asked God to protect and keep him! Ah, they were "one" with him. They were en rapport with his high and noble and aspiring mind.

And Lindy? He was "an open channel," receptive to GOOD ONLY and his consciousness soared with the wings of the morning, and he mounted as on eagles' wings, and eliminated distances. Yes; we like this thought; we are glad to be counted "among those also present." Who would not gladly share in such glory? Who would not be glad to claim that THEIR high and lofty thoughts HELPED the world's hero to SUCCEED?

Ah! how true it is that the race consciousness is made up of MY HIGHEST THOUGHTS and your HIGHEST ASPIRATIONS, of my lowest and basest

(Turn to page 22)

"The Spring of Perpetual Youth"

E. C. Worth

Look into a microscope at a drop of ditch water and you will be sure to see some form of unicellular life. You may see diatoms, slipper animalcules, even amebas, (Fig. 1), or any one of a numerous tribe of single-celled animals and plants. The living things you see there have no dead ancestors. Every one of them is a living branch of the original ancestor of its race. The first ameba was endowed with the ability to drink periodically at the fountain of youth. When it began to grow old and the powers of youth began to flicker and wane, it drank at the fountain and its youth was renewed, its life powers were restored in full strength. Speaking in less metaphorical but no truer terms, I will attempt to describe the processes of reproduction in the ameba and its kind.

As unicellular animals grow larger their growth and motions become slower, and all of their life activities less vigorous. This occurs apparently because the mass of living matter to be supported with food and oxygen have become too great for the powers of the surface layer of the cell to feed it properly. The surface does not increase at the same rate as the mass. The only way in which the surface can recover an efficient proportion to the mass of the cell is by sub-division, (Fig. 2), and this is what happens now. The cell divides into two, resulting in a great increase of the surface through which food and oxygen are taken. The new cells, called daughter-cells, consist of the material of the original cell, called the mother-cell. Where before division the mother-cell grew and moved slowly, the daughter-cells now are very active and grow very rapidly.

The divided mother-cell has renewed its youth in the daughter-cells. The death of a single-celled creature means

the end of life for its line. Life is perpetual in the material of the ancestral body.

In all the unicells the occasional union

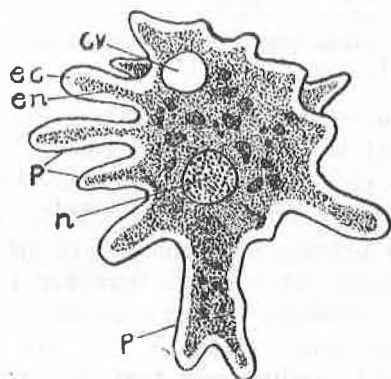


Fig. 1. Ameba, one of the simplest cell types—a complete individual animal whose body consists of a single cell. This animal shows in very primitive form all of the phenomena of life. It is so little differentiated in form that it can use any part of its protoplasm for the expression of many functions. Either of a pseudopodia (P) (false teeth) which appear in the diagram may be used as an organ of locomotion (foot), an organ of prehension (hand), of ingestion (mouth), or of digestion (stomach). The digested food may be absorbed by the surrounding protoplasm and the remainder expelled from the animal's body by the action of this same part. In higher one-celled animals different parts of the cell are given special form for the carrying on of certain functions, and in the many-celled animals different groups of cells are especially developed for the performance of special functions. All cells, however, are fundamentally similar to the ameba, no matter how highly specialized in function and differentiated in form they may become. cv, contractile vesicle; ec, ectoplasm; en, endoplasm; n, nucleus; p, pseudopodia. (Diagram after Shute). (From "The Practice of Suggestive Therapeutics.")

or conjugation of two individuals is necessary for the perpetuation of life and the processes of multiplication. In this process of the conjugation of cells.

we have the beginning of sexual reproduction. The essential feature of cell conjugation is the union of the two cells and the transfer from each to the other

life processes by conjugation takes place even though the conjugating cells are degenerate specimens of their race. The prevention of conjugation inevit-

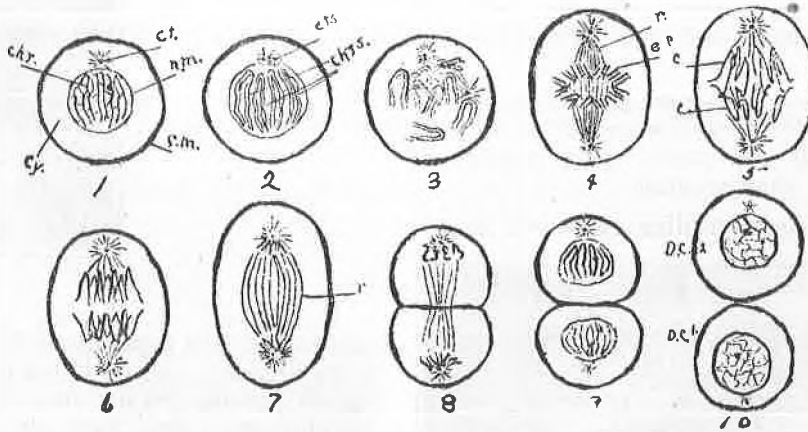


Fig. 2. Diagram illustrating Mitotic Cell-Division, (After Shute).

In the diagrams shown above we have represented in a very diagrammatic manner the stages of cell-division. Starting with No. 1 we have the cell beginning the active, dividing stage when the chromatin material (chr) of the nucleus begins to form into the chromosomes, a process which is complete in No. 2, where we see the chromosomes (chrs) formed into distinct elements which present the closed ends of their open loops to the centrosomes (sp) which have resulted from the subdivision of the original centrosome (ct) appearing in No. 1.

In No. 3 we see the centrosomes separating, the attraction sphere (sp) forming between them and the chromosomes (chr) losing their orderly arrangement under the influence of the forces of the attraction sphere. Observe also at this stage that the nuclear membrane (mn) which appeared in Nos. 1 and 2 is lost.

In No. 4 we find the chromosomes (chrs) ranging themselves between the centrosomes under the influence of the attraction spheres (sp). It will be observed that each chromosome has split into two parts and in No. 5 we find each half of the original chromosomes moving toward an opposite centrosome.

In No. 6 the separation of the halves of the chromosomes has become complete.

In No. 7 we see them grouped around their chosen centrosomes.

In No. 8 we find the cell-body becoming constricted and divided.

In No. 9 the nuclear membrane and nucleoli reappear, the cell subdivides into two and in No. 10 we have the two daughter-cells similar in every way to the original mother cell, No. 1, with which we began.

(From "The Practice of Suggestive Therapeutics.")

of a half of its nucleus. The half nucleus received from the other cell immediately fuses with the half of the nucleus remaining in each cell and then the process of division takes place and all of the life processes are speeded up. This rejuvenation and speeding up of the

ably results in racial degeneration which can be stopped only by allowing conjugation to take place again. The explanation of this miracle of rejuvenation is not yet entirely clear but it appears reasonable that it is due to

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Easy Lessons in Experimental Metapsychology

Ernest Weltmer

Lesson 1 *

Psychology deals with the states of consciousness and the accompanying life activities.

Metapsychology deals with those phenomena of life which appear to be partly mental and partly something more (or less) than mental.

Psychology studies conscious sensa-

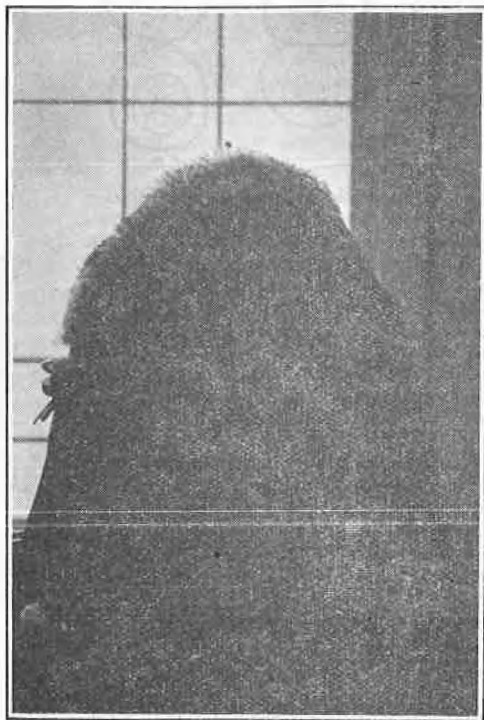


Fig. 1, The Screen

tions, thoughts, and feelings, and the associated bodily activities.

Metapsychology studies maneffluvium, the auras, telepathy, clairvoyance, etc.

* This is the first of a series of lessons in Metapsychology. The next will appear in an early issue of Weltmer's Magazine.



Psychology is of very general, almost universal importance in life. There is no life situation in which the psychological factors are not important. Metapsychology is useful chiefly as a means for demonstrating the extra-ordinary powers of mind which can be drawn upon in emergencies and brought into powerful expression in healing, etc.

Before beginning the study of these lessons cast aside every preconceived notion about metapsychology. Most of what you believe about the different topics of this subject is entirely false. If you try to interpret these lessons in the terms of what you already know about these matters you will probably never understand what I am trying to teach and you will certainly not get the greatest good from the study.

I can make these lessons of great value to you if you will follow my directions and learn what I have to teach you.

Maneffluvium is one of the most easily demonstrated of metapsychical phenomena. Maxwell's experiment demonstrates maneffluvium to about 8 out of 10 observers under proper conditions.

Place a high-backed chair before a window with the back of the chair toward the room. Hang a piece of black

velvet—a black velvet coat—over the back of the chair. This is the screen. See Fig. 1.

Stand facing the back of the chair and the window. Leave the window blinds open so that the light shines in the eyes of the observers. The light should not be too bright; a north light is the best. At night an electric lamp will do if it is not too bright and if it gives a diffused light.

Reach out the arms in front and bring the fingertips of the hands together just in front of the screen and its shadow. See Fig. 2.



The Starting Position

The fingertips of the two hands must be brought into close contact and held so for a few moments while the "current" is started. To start the flow, you endeavor to cause to flow from your right hand into your left hand through the fingertips, the very life force of your body. You have the feel-

ing that you are pumping out through your fingertips the life energy of your arm and hand and after you learn to do this, you can even feel that you draw these energies from other parts of your body.

When you get the feeling that you are sending out the manefluvium, as



What a "Sensitive" Sees. It is rarely as visible as this retouched photo shows it.

we call this emanation, and that it is passing from your right hand into your left, that a "current" has been established, then draw the hands slowly apart while you continue to transmit the "current" across the gap between your fingertips, Fig. 3.

If you have really started the flow and the optical conditions are right, and if you are ordinarily "sensitive", you will see lines as of thin fog connecting the fingertips of the two hands.

Usually this stuff has the appearance of cigarette smoke, grayish, barely

visible. To some observers, however, it appears reddish, flame colored, or purple.

It is very important that the eyes are not strained when looking for maneffluvium. Look at the space between the fingertips with resting eyes without strain and without shading the eyes. The emanation is never very ob-

maneffluvium shrinks midway between the fingertips. Usually, by the time the hands are about 12 inches apart the emanation has been drawn down to a



The Diagonal Displacement of Maneffluvium

vious, but straining the eye to see it will make it only harder to see.

When you have learned to produce visible maneffluvium then you can begin making experiments with it. Make contact again, then draw the hands apart slowly while you watch the form of the emanation. You will note that at first each fingertip is connected with its opposite fellow by a distinct band. As your hands are drawn farther and farther apart the bands become less distinct and the breadth of the area of



The Observer's Position

thread in the center and with a little farther separation, breaks and disappears entirely. This phenomenon varies, however, with different operators.

There is always a suggestion that this whole appearance of maneffluvium may be a result of suggestion and optical illusion. We will study the matter of optical illusion first.

If you will place one hand in front of the screen as for the experiment, and then draw it slowly to one side you will observe a projection of the fingertips. You will readily see, however, that the appearance of this optical projection is entirely different from that of maneffluvium if you have seen the maneffluvium at all. Furthermore, if you

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"The Expectant Gardener"

Mary G. (Mother) Weltmer

With Photos From the Author's Garden, by Ernest Weltmer

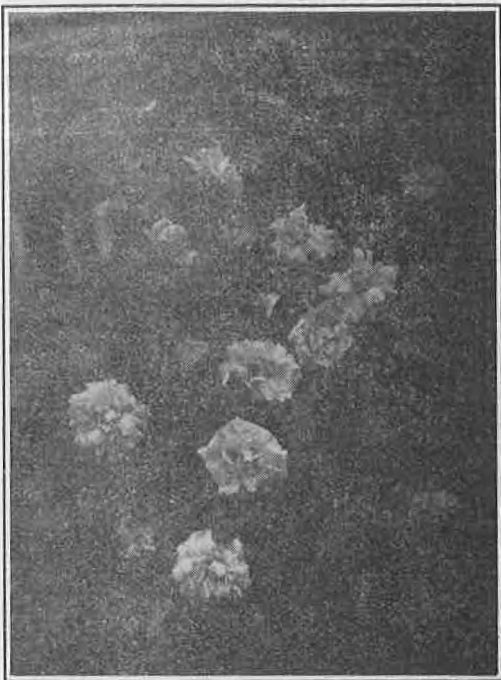
Our garden plans and expectations are as perpetual as many of our garden flowers. Our anticipations of the flowers we are to have give us almost as much pleasure as the blossoms themselves, especially when we have the seed and plant catalogues to stimulate hope and imagination. March is the time to plan in the north, the time to begin cultivating and resetting in the



Petunias, the Old "Stand-by"

south, and between these extremes there is always something of planning or preparation to keep the gardener busy and happy.

The leaves that have blown up on the columbines, the wild flower border and the oriental poppy beds, must be carefully raked off as soon as the frost is out of the ground. These leaf piles must not be removed too soon, however, nor too suddenly, for they will hold the frost in the ground and prevent the dangerous freezing and thawing that



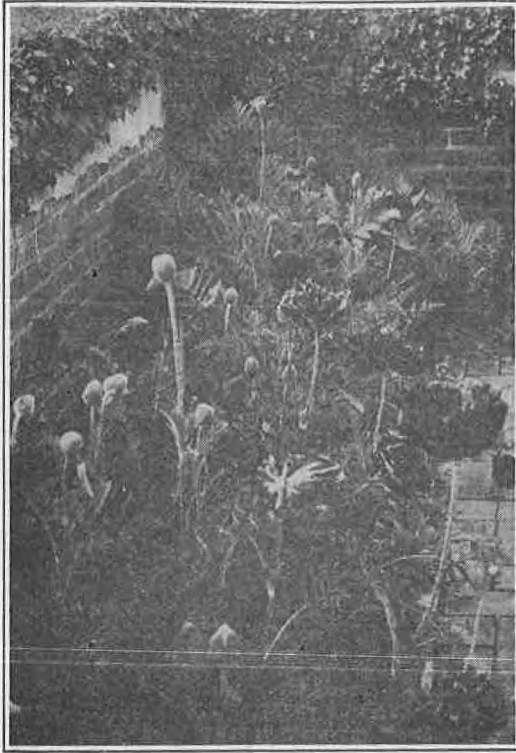
Queen of the Garden

may destroy some of the tender plants and lift some of them out of the ground. The leaves must be off, however, before growth starts.

When the ground freezes every night and thaws out during the day the garden must be watched carefully to see that the longer rooted plants are not left sticking up out of the ground where their exposed roots will be both frozen and dried out and destroyed. Such plants must be carefully pressed down into the earth again and protected against repeated freezing and thawing by a light mulch if possible. More plants are lost from repeated freezing and thawing than from the hardest lasting winter freezes. While your garden is freezing and thawing watch it carefully and protect your plants

against exposure from being lifted out of the ground.

We look in the garden now to see whether the plants we started last fall have come through the winter successfully. When we see that they have weathered the winter's ice and snow we congratulate ourselves that we started



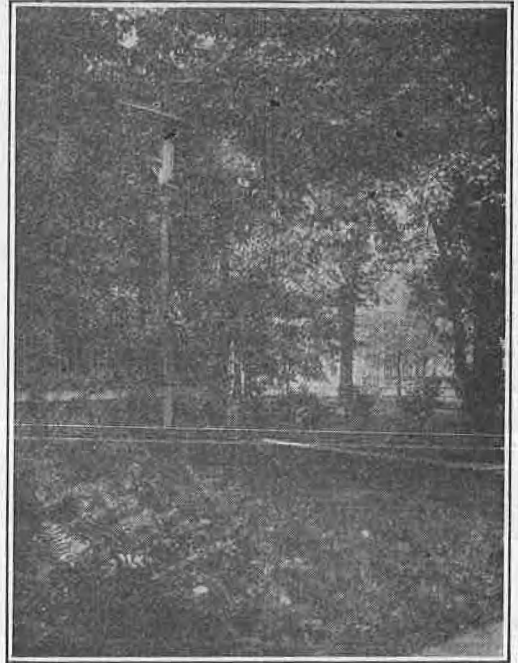
Oriental Poppies and Ferns

the Flanders poppies. These most beautiful of red flowers will grow nicely from seed and bloom the first year, but when they can be started in the fall and carried through the winter they will produce ten blooms to one and are far earlier to unfurl their flaming banners.

We look at the greening beds of field daisies we started last fall and then in fancy picture the great snow-drifts of bloom that they will give us during the coming summer. We examine the oriental poppy beds reset last July and see that their green hearts are all alive.

We remember the luxuriant foliage of their last fall's growth and the great clusters of dead leaves assure us that stored in the fleshy roots of these wonderful perennials is ample food for the making of their great blossoms, the biggest of all in the garden with the possible exception of the mallows. The fern bed just beside the poppies is beginning to break the ground with its uncurling fronds. The buds are swelling on the woodbine that hangs upon the wall.

The fern bed on the north side of the house is not started yet. The shadow of the house will hold it back a week later than the ferns inside the wall.



The Shaded Fern Bed

The shaded fern bed will be the more beautiful through the summer, however, and when the Solomon's seal that is beginning to spread among the ferns, droops its graceful spikes of leaves above their softer green, we will be glad that we had to wait for them in the spring. Lily-of-the-valley will grow wonderfully well in the same situation

as the ferns and the Solomon's seal. They may be grown together for a time but they all spread so much that unless they are frequently reset our combination bed of shade loving plants will become a grim battle-field.

March is a good time to gather new plants for the wild flower boarder. The wild blue phlox often called sweet Williams, is evergreen and it can be easily found in the bottoms. If you

their dead flower heads are still characteristically fragrant. If the tradescantias, spider wert, or snake weed, are getting green and if you are going to plant a very large bed of them, dig them now, as many as you have room for. If you wish to select the different colors you must wait until they bloom. These are one of the best of all the wild flowers to bring to your garden. We have had as many as 25 varieties and shades of color in bloom at the same time.

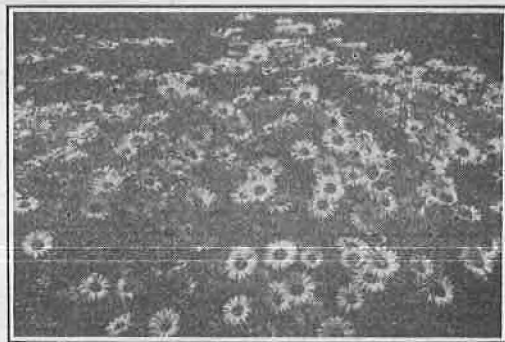
If you live very far north you may prune your roses in March. However, in most parts of our country that has already been done for the roses should be carefully pruned as soon as the buds begin to swell. Remove all of the dead and unproductive wood and pay some attention to the shaping up of the bushes. All of those bunches of small



Selecting Wild "Sweet Williams"

wish to select among the great numbers of varieties that are found among these flowers in a wild state, you must wait until they are in full bloom, but by choosing those with the richest leaves and the most deeply colored stems, you are sure of getting good varieties even where you take them so early in the year.

If you did not set your field daisy bed last fall you can do it now. You can also find the braunerias by last years' stems. You may be able to find some of the blue mints and the orange milk weeds in the same way. The horse mints cannot be mistaken, for



Daisies, Like Little Suns

twigs that grew last fall around the places where blooms had been cut off during the summer, must be removed so that the new growth will start from single stems or canes. Now is the time for your first spray. Be sure that every part of the plant receives attention. Now is the time for transplanting roses. Remember the importance of proper preparation of the soil. Deep

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The 31st Anniversary of The Weltmer Institute

On February 19, 1897, "Professor" S. A. Weltmer and "Joe" H. Kelley arrived at Nevada, Missouri, with \$3.65 in their combined pockets.

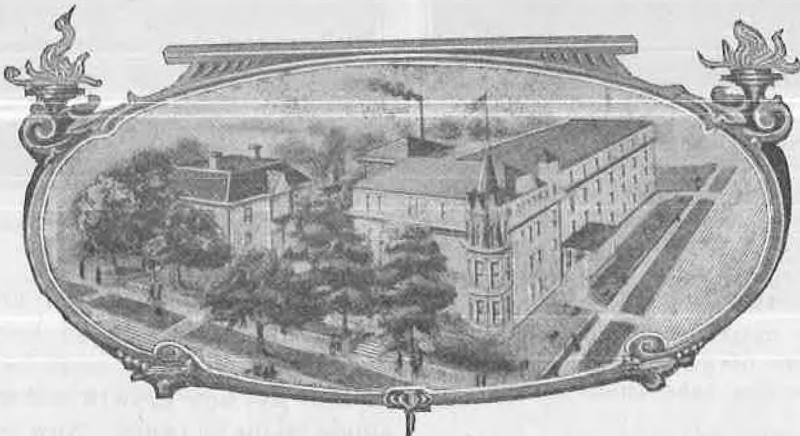
They announced immediately some public lectures and from these lectures organized a class of 25 for which they charged \$25 apiece. This class put them in funds and enabled them to rent rooms in a little cottage on the corner of Cherry and Ash Streets where the healing work of the Weltmer Institute was first begun in Nevada.



the buildings of the Weltmer Institute and Sanitarium.

Through all the years the Weltmer Institute has grown in spite of the onslaughts of numerous enemies of progress. The progress shown by the improvement in its housing is as nothing compared to the progress it has made in the development of its literature and methods of accomplishing its work.

The Weltmer Institute has published a large list of books some of them epoch-making in their influence upon human



The Weltmer Institute Buildings from the Beginning to the Present

We are reproducing herewith an electro-type made in 1908 which shows some of the outward signs of the progress made in the growth of the Weltmer Institute during the intervening period. The next picture, of more recent vintage, shows the present appearance of

progress. Its books include; Regeneration, Self Protection, Real Man, New Voice of Christianity, Hypnotism, Therapeutic Suggestion, Suggestion Simplified, Intuition, Is Prayer Ever

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Let's Put Over The Weltmer Foundation

Edward B. Stone

The Weltmer Foundation is an organization chartered by the State of Missouri for purposes of dispensing the blessings of health and for the giving of instruction that shall qualify all to safeguard against the ravages of sickness and disease. It elicits an inquiry as to its worthiness to be supported as an Institution suited to the life and needs of this age.

Thousands of people would support The Weltmer Foundation did they but know the full extent of its objective. While the Foundation has been in existence for only three and a half years, started by a few delegates who attended the 1924 Convention and subscribed \$1280.00 as a nucleus, and even now is in its infancy; yet that proud beginning was the starting point of a service that is not only in keeping with the age in which we live but is also closely in keeping with the aims and objects of the world Teacher, Jesus.

The question will be asked, "In what sense are the teachings of The Weltmer Foundation in keeping with the teachings of Jesus?" Purely in the sense that they embody all that is implied in the term "service." The instruction is not only of a religious nature but it also requires that the disciple express in thought, word and deed in accord with Jesus' teachings. The disciple is called and exhorted to be in effect and expression a like character to that of Jesus.

It is not enough to just know how to keep oneself well in body, mind and soul; it is imperative to exemplify service. In other words The Weltmer Foundation makes of its followers men and women who are illumined in the consciousness that God is the greatest outstanding fact in the world and that

the call is to worship Him in spirit and in truth.

No longer is it deemed right and satisfying to observe and do homage to the formulas of religion, the times call that the life shall express the tenets involved and understood by the term "Christian." It is the culminative period, the time of expression. The term "Christian" implies that the individual shall not only be the expression of purity in mind, health, word and deed, but shall also be a ministrant, instructor and inspirer to other souls. It is by living the life, creating the light and in being the love that we fulfill the distinct calling of a Christian.

The above points expressed in answer to the question—"In what sense are the teachings of The Weltmer Foundation in keeping with the teachings of Jesus?" present a few instances in which the teachings of The Weltmer Foundation harmonize with the teachings of Jesus. Being free from tradition, no ecclesiastical formulas or rules to observe, no bonds of church or creed to consider, we are in this sense unfettered. Able to give to the world a teaching that shall instruct, inspire and make of its students and followers better men and better women. Disciples not only of the word and spirit but also prepared to go into the world and preach the gospel of good tidings exemplifying the truth of Jesus when he said "These signs shall follow them that believe; in my name shall they cast out devils; they shall speak with new tongues. They shall take up serpents; and if they drink any deadly thing, it shall not hurt them. They shall lay hands on the sick and they shall recover." The gospel is not only that of

(Turn to page 28)

THE DEPARTMENT OF CHRISTIAN HEALING

Christian Healing employs the power of the Indwelling creative life, the living Christ, for the healing of the sick. Its therapeutic methods may be classed under two heads, personal treatment and "absent", or home treatment.

Personal treatment may be given in many different ways, for instance, by therapeutic thinking, therapeutic suggestions, some manipulations, and by the laying on of hands. Home treatment or "absent treatment" as it is usually called, depends upon bringing the mind of the patient and healer into harmony with the purpose of expressing the divine plan in the patient's life and in a correspondence service of instructions by the healer and reports by the patient, with careful training of the patient in the practice of the rules of hygiene.

Our practice of Christian Healing has convinced us that to the Christ power there is no such thing as an incurable disease or hopeless case. When any case is not cured, no matter what the disease, it is because the Christ

power was not awakened to adequate action. No accumulated statistics of failures can warrant a belief in any limitation of the healing power of the Christ spirit or doubt of the possibility of recovery of any sufferer, no matter what the disease. It is our purpose to present in this department every month, healing lessons and the testimonials of those who have been healed for the purpose of awakening and stimulating the faith of those who doubt. We wish to help you to believe that if you ask you shall receive, if you seek you shall find, if you knock it shall be opened to you.

Please observe that Jesus placed no limitations upon what you may ask for. We hope by the presentation of these lessons and the testimonials of the healings that have been done, to convince you that there is no limit to what you may ask for. You may have health, prosperity, and happiness. It is God's will that you have these conditions of life, learn to pray "God's will be done."

HOW TO RELAX FOR TREATMENT

Just relax. Relax realizing that the power manifesting in your life is the creative power to which the universe owes its existence, the manifestation of the power of God to create. Relax realizing that when you relax this power which created you is able to heal you. Be sure that you do not relax thinking about your troubles, your difficulties, or the things you want to get away from. Most persons are either driven by fear or lured by hope. When one is driven by fear his whole being is under tension and stress; when one is lured on by hope every power of the body is stimulated. When we relax, these conditions are especially important. Therefore be sure that you relax with the right attitude of mind. •


Relax for the sake of getting what you want, not for the sake of getting away from what you don't want. Relax, and while you relax, meditate on the power of God in your life, the power of God to bless, strengthen, comfort and heal you. Make your meditation a prayer, a prayer of hope, assurance, faith. Ask and you shall receive,

seek and you shall find, knock and it shall be opened to you. These a statements of eternal law, they are trustworthy statements. You need only to ask, to seek, and to knock to prove that these statements are true and that the law works now as it has always worked.

Throughout the day, the thoughts we think are affecting our lives in all our expressions. Let us guard our thoughts, making certain that no single thought of ours encourages abnormal, perverse, or diseased expressions of life; make every thought a thought of health, a thought of better things in life and learn to acknowledge God in all your thoughts. Think with the feeling that you can have what you think because the power of God expresses through your thought and the law of God fulfills your purpose. This is a day of realization. This day belongs to God and in this day we bring into full manifestation God's will, God's purpose, God's plan and power in our lives.

We are God's children and we are alright. We are gloriously alright!

The Telepathy Department



Ernest Weltmer *Director*

UNIVERSAL TELEPATHY

Telepathy is a fact of very common occurrence. Some of its manifestations are so common indeed that they pass unnoticed. I have just been reading again an article by Mark Twain written in 1878, which points out in a way that has never been improved upon, some of these common manifestations of universal telepathy. I strongly recommend that any one who has access to Mark Twain's "Literary Essays" published by Harper & Brothers, New York and London, should take up volume 22 and turn to page 111.

It is evident that Mark Twain was a very sensitive receiver. One would expect him to be a good receiver for otherwise he could not have got so closely the characteristics, thoughts, and feelings of humanity; he could not have held so true a mirror to the eyes of man.

Some of the telepathic phenomena to which he calls attention are "crossed letters," fore-known meetings, simultaneous inventions and the duplication of ideas in stories, poems, essays, etc.

Mark Twain even undertook to theorize about telepathy and made at least one very fruitful suggestion. He accounted for the difference in the wording of the same thought by different persons who evidently had been in telepathic communion, by suggesting that each person expresses the thought in his own words. This is certainly true and it must be taken into account in the study of the results of all telepathy experiments.

Telepathic transmission as suggested in my article last month is without words. Telepathic transmission and reception is in meanings. I have successfully given suggestions to a receiver who could not understand one word of what I said and who could not speak a word that I could understand. An interpreter was required when we wished to communicate in words, yet he received my suggestions and acted upon them so as to leave no doubt as to the fact that I was communicating my thought to him without words.

At the very beginning of our study of telepathy I wish to emphasize the fact that no one can force another to receive a telepath. You can no more force another to receive a telepath than you can force him to listen at a telephone or open and read a telegram. If you telephone someone and he listens to what you say it is because he wishes to do so. If he wishes to listen to what you have to say it is because he is interested in what you have to say. He may dislike you very much and he may be very angry because you say what you do but he listens or "hangs up" as he chooses and his own interest is what causes him to choose to listen.

No one can force another to receive and act upon a telepath. One may send a telepath but if another receives it, it will be because he is interested and responsive to it.

If you wish to close your mind against the reception of any certain type of language or thought you have

(Turn to page 32)

Johnny Strong



WHERE'S SAM?
I'VE FOUND
HIS BALL.



YOU'RE A SISSY
"FINDERS KEEPERS,
LOSERS WEEPERS"
I KEEP WHAT I
FIND. I'LL TAKE IT
IF YOU DON'T WANT
IT.



BUT IT'S NOT A
MATTER OF
WHAT I WANT.
I WON'T TAKE
ADVANTAGE
OF HIS HARD
LUCK JUST
'CAUSE I CAN.



YOU'RE 'FRAID OF
SAM. GIVE ME
THAT BALL. IT'S
STILL LOST WHILE
YOU'VE GOT IT



NUFF!
NUFF!
I GIVE
UP.
STOP!

OH IT'S LOST IS IT?
WELL YOU HAVEN'T
FOUND IT, NOT THIS
TIME



CUT IT OUT OR I'LL RUN YA IN!
YA CAN'T WHIP JOHNNY, BILLY.
HE'S FIGHTIN' FOR WHAT
HE KNOWS IS WHILE YOU KNOW
YOU'RE WRONG AND THAT WHIPS
YOU!

IT
PAYS
TO BE
SURE
YOU'RE
RIGHT



LET ME
AT HIM
AGAIN!

2/21/27

Proctor
Wetmore

EDITOR'S COZY CORNER

In times not long past the wonder-seeker turned to the metaphysicians, fairy story writers, and the Jules Verne school of novelists for his wonder stories. In modern times the imaginative writers and the metaphysicians are unable to compete with the scientific explorers of the universe.

Some 25 years ago I figured out a scheme for transmitting pictures by wire and now they are doing it on essentially the same plan by radio. Jules Verne imagined men traveling under the sea in his fanciful submarine but the submarine he imagined was a simple toy compared with the modern reality. In a former issue of Weltmer's I published some ideas about the city of the future. I expect to live to see those ideas realized in some degree.

We are coming to see more and more that men can achieve what men can conceive and that the greatest limitations on human achievement are not found outside but inside of man's life. When man learns to think more he can do more. Most of his limitation is mental.

I have a copy of the March Popular Science Monthly. I imagine that Jules Verne would have found this Magazine unbelievably visionary. The scientific wonders which are treated in these pages as common fact would have seemed to the author of "Twenty Thousand Leagues under the Sea" beyond the limits of even the novelist's license. There are submarines, airplanes, search lights with one and a quarter billions candle power, the new Ford, movie marvels, radio, battle ship guns with a range of 30 miles mounted on railroad cars, the guidance of ships through the fog by radio signals, the making of medicine, dyes, fertilizer, from coal, the capture of helium from the air, the erection of houses in three hours, and a hundred other mechanical marvels that Verne could not have understood.

I have long preached against giving children fairy stories to read. I am

usually met with the argument that fairy stories stimulate the imagination. If one is looking for something with which to stimulate the imagination of either child or grown-up, he has only to pick up one of the present day Popular Science Magazines or any one of a hundred odd books dealing in a scientific way with the natural and mechanical marvels of the actual world in which man lives. The following quotation from page 65 of the March number of Popular Science Monthly suggests the speculations of a metapsychician. As a matter of fact it is modern science.

* * * *

"DO RADIO WAVES NEVER DIE?"

"That the voices of famous present day men, transferred into radio waves, are now wandering around the earth and may be picked up a century hence is the startling contention of engineers of the Marconi Company, London. Such waves, they say, never die out completely; with sensitive enough receivers they might be heard in 2028! Already they have heard programs that have circled the world three times.

"Commenting on the idea, Dr. Lee de Forest, inventor of the vacuum tube, said, 'Theoretically the waves exist forever, as do those of the ocean. The splash made by Noah's ark is still in existence. Radio waves are too weak to be recorded by existing receivers even a few minutes after their emission'."

Scientific research will yet prove that the speculations of ancient philosophers, seers, and metaphysicians were true visions of reality. In the early days of scientific development every step in scientific progress seemed to broaden the gulf between the realm of metaphysics and the realm of fact, but as scientific research nears the goal of the ultimate explanation of its "Facts", it more and more closely approaches the philosophical and metaphysical realms and it is evident that eventually, they will be in perfect agreement.

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Natural, sundried, honeysweet prunes, rich in health-building elements, direct to your table from a California Redwood Empire Ranch. The largest, sweetest, meatiest prunes you ever ate—richer in natural sugars and mineral salts—untainted by the usual artificial processes of drying and curing.

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Giants, larger than 20-30s, 5 lbs., \$1.30; 10 lbs., \$2.50. Prepaid Express.

10 LB. SPECIAL—Luscious Jumbos, Fancy Black Mission Figs, Little Gem Cluster Raisins, and Delicious Seedless Raisins—\$3.25 Prepaid.

TOYON RANCH
Dept W. M. Healdsburg, California

SUGGESTIONS FROM HEREDITY AND ENVIRONMENT

(Continued from page 4)

Today all the real conflict that exists could be written upon the fly leaf of a book and there would be room enough left for the Lord's Prayer. There is no conflict. The scientist is positively proving the existence of a life principle which is universal. The scientists are continually bringing out proof that some of the principles taught by the Nazarine are true.

If a man believes his inheritance extends beyond Adam, he has a wider view and greater reason for hope. Hope is the most beautiful faculty of the human mind. Paul speaks of it as the anchor that reaches into the vale beyond.

There is another phase, the human mind is constantly receiving unconscious suggestions from both heredity

and environment, but we are slow to accept those that suggest change. One of the most sensible things I ever heard was a statement made by a prominent surgeon of Chicago who said, "You cannot change and remain the same." The world has been conservative. We think we will have to give up a truth we have long cherished if we accept a thought that is new. We consider everything we have as having some value and are afraid to investigate or to trust ourselves to even look into that which seems new.

How many have grasped the full truth of the statement, "I find I am entitled to perfect health, happiness and freedom from all things that worry or annoy. I have learned that, and I am going to rest upon it." What does one usually do? The patient says, "Here is my medicine, I think I had better take it along with the treatment, I am afraid to lay it down." That patient is resting in an uncertain attitude. He is like a lady who had a new house built and was puzzled about having it lighted with gas. She had a lamp with which she was very much in love and declared that she could not give up her lamp for any other kind of a light. Her husband told her they would have gas jets put in as they would give more light and it would be cheaper than using lamps but that she might keep her lamp on the table where she had always kept it, and use it too. The only thought in her mind was that she would have to give up that light. After she moved into her new house and tried both lights at the same time she reached this conclusion, "There is just one thing, I must either give up one or the other and as we can get a better supply of light with less expense by gas I will put away my lamp." We find that one method can be laid aside when a better one having the same purpose in view accomplishes a greater amount of good.

In conclusion, I trust I have made myself clear, and these thoughts may remain with you. What suggestions are received from heredity? With the Infi-

nite as his parent-source, man received suggestions of what he is and that to which he is entitled, power, wisdom, health, happiness and eternal life.

What suggestions are received from environment? With the universe as environment, man received suggestions of his opportunities, of what can be done, and this leads him to the belief that "What others have done I can do."

From one or the other of these sources come all suggestions that govern our lives.

The End

* * * *

Better to strive and climb

And never to reach the goal,
Than to drift along with time—

An aimless, worthless soul.

Aye, better to climb and fall

Or sow though the yield be small;
Than to throw away day after day,
And never to strive at all.

* * * *

Damaged Partner—"Have you heard that Mr. Lehmann has had both his legs cut off on the railway?"

"What a shame! He danced so beautifully!"
—Nagels Lustige Welt (Berlin).

* * * *

A SMILE

(Converse Journal)

A smile is quite a funny thing;

It wrinkles up your face,
And when it's gone you never find
It's secret hiding place.

But far more wonderful it is

To see what smiles can do;

You smile at one, he smiles at you,
And so one smile makes two.

He smiles at someone since you smiled,

And then that one smiles back;

And that one smiled until the truth

You fail in keeping track.

Now, since a smile can do great good

By cheering hearts of care,

Let's smile and smile and not forget

That smiles go everywhere!

* * * *

THE KINGDOM WITHIN

Ernest Weltmer

A common fault of little minds,

Is apeing those whom men call great;

Not knowing man true greatness finds

In self; that honors always wait

On him who seek not for applause,

Whose acts express his heart's desires,

Forgets rewards, seeks in a "cause",

The heights to which his soul aspires.

* * * *

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LEARN TO MAKE MONEY

The chief factors in money making are (1) production; (2) selling.

The farmer produces basic foods but often fails to make money because he is unable to sell his products for a good price.

The manufacturer turns out articles which will impoverish him unless he can sell them.

The professional man acquires education and training which will be of no value to himself or to the world unless he can sell them.

Every man has native abilities and acquired skills but unless he sells these products they will do himself and others no good.

You must learn to sell whatever products you may have in order to make money.

Let us teach you how to sell. Let us train you in the art of salesmanship. You learn to sell by selling. Our practical lessons tell you how to do it. Every sale you make brings you money. You pay nothing for lessons; we pay you for your study and application of our lessons in proportion to your success. Fill out the blank and get our plan. Start in now, learning to be master salesman. Learn to make money while you learn.

Weltmer Institute

Nevada, Missouri.

Gentlemen:

Please send me the first lesson of your free course in salesmanship and tell me how I may learn to make money while I learn.

Name

Address

Occupation Age.....

ADVERTISEMENT

Hello Central, Give Me Heaven—

At the spiritualist's.—“So you want to call up the spirit of your late mother-in-law?”

“Yes, it wasn't enough for her to plague the life out of me, but just before her death she hid my pipe.”—Lustige Kolner Zeitung.

CONTRIBUTING TO THE RACE CONSCIOUSNESS

(Continued from page 5)

thoughts and your lowest and basest thoughts. We are all CONTRIBUTORS! We all add our share.

There is only ONE SPIRIT. There is only ONE MIND. There is ONLY ONE INTELLIGENCE; ONE SUBSTANCE, or body; while there are many manifestations or members of the same “body”. There is only ONE SOCIAL BODY and we are all members of that body; if ONE member suffers ALL suffer.

ONE mind with many manifestations or expressions of mind, but ALL affecting ALL. The thoughts we think in our secret “chamber” (mind) are through LAWS of MIND transferred; shouted from the housetops, as it were; broadcasted, if you please, over Life's “Universal” Radio, and any and everyone attuned, or in that state of consciousness, or carrying that “wave length” picks up the message.

Even as the vapors rise and blend with the blue of the ethers and go on and on through change upon change until their own part of the LAW is “fulfilled”, and they return to fructify the earth, so does thought go out to return at sometime with its beneficent or its malefic content, all depending upon its source. But remember! thought is not dependent upon mechanism; upon wires or methods. Oh, no. IT IS SPIRIT SUBSTANCE and so is dependent upon SPIRIT and knows neither time nor space. It goes out on the SUBSTANCE of which the Apostle Paul told us “even as FAITH,” and comes back as the EVIDENCE! It takes form and manifests.

Know then, that the thought we think in the deep, deep heart of us is also actually pictured out in the deepest depths of us; and from the deepest depths of us it speaks; it manifests in word; in deed; in manner; it is pictured in hands and feet; in face and form.

Before we can speak one word, or greet a stranger all that we are has

spoken for us and in unmistakable terms. "Outward and visible signs" either of "inward and spiritual grace" or its opposite!

Every thought carries spirit-substance; mind-substance; but there must be SUBSTANCE to produce substance. Poor impoverished minds produce poor impoverished substance, or thoughts that have no virility to come forth and take root. There must be DEPTH to the soil for there to be depth of root. Each thought brings forth "after its kind." Dynamic, vital, forceful and verile ideas are rich in SUBSTANCE and bring forth richly. This explains the saying "to him that hath shall be added; and to him that hath not shall be taken that he hath."

Yes; we ARE all contributing to the race consciousness; We are all giving, giving, giving! And the LAW governing MIND must be fulfilled. We are either adding to the great harmonies of the Universe and giving substance to be used to benefit all, thus glorifying ALL or we contribute to the non-constructive and destructive thoughts. We do not "gather grapes from thorns, nor figs from thistles". "Each thought creates its kind; and it speeds o'er the track to bring you back whatever went out from your mind."

The End

* * * *

Only a smile! yet it cast
a spell
Over the sky which had been
so gray;
The rain made music wherever
it fell;
The wind sang the song of
the marriage-bell;
And a heart was light and
gay.

Anon

* * * *

Pretty Dicky.—Mistress—"The master was very happy this morning Jane. He went off to the city whistling."

Jane—"Yes, mum, it was my mistake—I made his porridge of birdseed!"—The Passing Show (London).

THE SPRING OF YOUTH

(Concluded from page 7)

selection between the opposing hereditary determinants of all the hereditary characters so that there are at least two sets vying for expression. The stronger wins, with the result that all the weaker characters are eliminated and thus a renewal of the racial nature is effected.

The first methods of race perpetuation were non-sexual and these methods are still in very general use among the plants and lower animals. But when the creator undertakes to improve a race the sexual method is developed and used.

In man, who has been given conscious control of his life, the sexual process is exceedingly complex and fruitful and capable of enriching his life in many ways. But even man must live by the laws of Life.

The ameba gives up its life for its offspring and so finds eternal life. Sex has its beginning in conjugation, a process of union with the blending of one life with another. Sex is always altruistic, never selfish. Love that seeks one's own good is lower than the dawn-life emotions of an ameba, unworthy of the lowest of men.

Love that gives all the lover has to give, even his life if necessary, is true love, true to Life's divine laws, and it is its own reward of supreme living, it is the spring of perpetual youth, the perennial renewal of life.

The End

* * * *

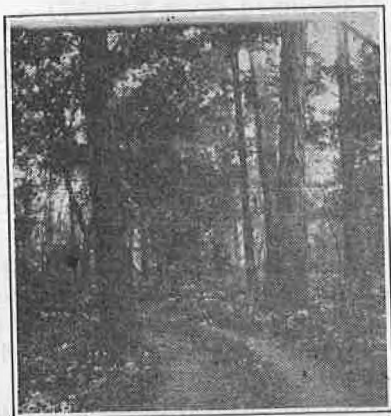
Mental Science—Mrs. Bridley (at I A. M.)—"Oh, Jack, wake up! I can just feel there's a mouse in the room."

Husband (drowsily)—"Well, just feel there's a cat, too, and go to sleep."—Boston Transcript.

* * * *

Condemned.—Terry—"What are you looking so bored and mournful about?"

Jerry—"Some friends of my wife's are planning a pleasant surprize for me to-night."—Life.



A Flowery Forest Road, Near Nevada

SPIRITUAL UNFOLDMENT

Use every ounce of power you have; tax every nerve and muscle; strain brain and heart to the limit and then hold on, refusing to give up, and you will find that if you have faith and determination enough you will suddenly tap an inexhaustible store of power. You have begun to draw upon your spiritual reserves.

The bodily organs would be of little use without the spiritual powers behind them. The real source of our human power, beyond the purely animal energy of the bodily organs, is the spiritual self that manifests through them. The man who knows how to draw steadily upon his spiritual reserves is a man who lives a super-powered life. His power cannot be measured with the tape line and the scales. You cannot reduce his energies to tables of calories and foot pounds.

Wouldn't you like to be able to draw on your own spiritual reserves? Wouldn't you like to be master of the circumstances of life and able to face even its calamities with the smiling confidence of one who knows his power? Ernest Weltmer's Spiritual Unfoldment lessons will teach you how to do this.

There are 84 of these lessons, one for each day for 12 weeks. The study of one lesson each day for 12 weeks will give you a new outlook, a new hold on life, a greater power to master its difficulties, no matter what your occupation. The price of these lessons is \$10. Order them today and begin the unfoldment of your spiritual nature, learn to draw constantly on your spiritual reserves.

Spiritualize your life.

Address Weltmer Institute, Nevada, Missouri.

EXPERIMENTAL METAPHYSIC

(Continued from page 10)

raise and lower the hand you will observe that the projection raises and lowers with it. If you draw the hand farther to the side you will see also that the projection goes along with the hand and does not act as the maneffluvium has been seen to act.

Now place the hands before the screen in the position for the experiment, Fig. 2, but do not start the flow. Draw the hands away as if you were doing the experiment and observe the intervening space just as though the maneffluvium were there and you will see a distinct difference in the appearance of such light as you do see in that space. In this way you can compare the purely optical phenomena with the combined optical and maneffluvial phenomena observed in the first experiment. A few trials will enable you to distinguish the difference.

A still better test for the genuineness of maneffluvium in this experiment is made as follows:—

Take position for the experiment as in Fig. 2. Start the flow. Slowly draw the hands apart until they are separated about six inches and the maneffluvium is quite visible. Now raise one hand while you lower the other and observe the diagonal displacement of the position of the emanation. It will have the appearance shown in Fig. 4. By reversing the position of the hands the line of emanation can be made to change position at will. No optical illusion can account for this. In order to study the affect of suggestion upon the observer it is necessary to have some assistance from others.

When you are sure you know how to produce and demonstrate maneffluvium in this way, prepare the setting and then ask some of your friends to help you make an observation. In order to avoid giving them suggestions as to what they shall see, do not tell them

what to look for or what to expect. Tell them to look for and remember whatever they see.

Have them stand so that they look over your shoulders, Fig. 5. Explain the conditions of observation but do not suggest in any way what they are to see. Tell them to watch the space between your fingertips as you draw your hands apart and not to describe anything they see until after the observation is complete.

At first separate your hands horizontally, repeating the experiment until all of the observers have had a good chance to see the maneffluvium.

After you feel sure that everyone has had a fair chance to see it, ask them to tell what they saw and you will find, if you have done your part well, and the observers have really understood what they have to do and have made an intelligent effort to do it, about 8 out of 10 will report having seen the emanation.

The question of optical illusion will now arise. This is to be answered in the manner above described. Some one will also be certain to suggest that the observations are due to suggestion. If you have performed the experiment according to directions you can point out that no one had received any suggestions as to what was to be seen, yet most of them saw the same thing.

Our next lesson will discuss other methods for demonstrating maneffluvium and for proving that it is not an illusion due to suggestion.

The End

* * * *

Attention, Psychic Researchers.—John Anderson returned to his work on the local N. P. section after a forced lay-off caused by his death.—North Dakota paper.

* * * *

....Not Such a Much.—Jack—"Pa, what are ancestors?"

Father—"Well, I'm one of yours. Your grandpa is another."

Jack—"Oh! then why is it that folks brag about them?"—Boys' Life.

THIRTY-FIRST ANNIVERSARY

(Continued from page 14)

Answered? Who Is a Christian? The Eternal Now, The Undying Character of Thought, Mystery Revealed, Self-Reliance, Telepathy, Complete Clinical Texts on Suggestive Therapeutics and Applied Psychology, Day Dreams, The Healing Hand, Realization, Text-Book of Hypnotism, The Practice of Suggestive Therapeutics, Ernest Weltmer's Man Power Development Lessons, A Brief Course of Lessons in Practical Healing, The Weltmer Course in Practical Psychology, Sex, Love and Life, Spiritual Unfoldment, Introduction to Metapsychology, Massage for Suggestion Therapists, Healing by Thought, Word and Hand, Psychoanalysis and Suggestion Therapy. In addition to these, several fine books and courses are waiting publication, or in course of preparation.

The Weltmer Institute has lived from

(Turn to page 26)

Thru Overnight Service

to

St. Louis

The SUNFLOWER

Lv. Nevada.....10:17 P. M.

Ar. St. Louis.....7:23 A. M.

Drawing Room Sleeper
Dining Lounge Service

Tickets

Reservations at

Missouri Pacific

Stations



"A Service Institution"

(Continued from page 25)

the time when its founder stood almost alone in the world as an exponent of the modern practical application of the teachings of Jesus, to the time when a large proportion of the Christian world accepts more or less the idea that Jesus' teachings are practical and capable of application to the problems of everyday life and especially to the work of healing.

The scientific, mechanical and industrial progress of the western world demonstrate in these realms the value of Jesus' teaching that the Kingdom of God is within and that nothing is impossible to him who believes. The educational world has not kept pace generally with the practical world. The Weltmer Foundation, which ultimately will own and operate the Weltmer Services on a non-profit Sharing basis, is working for the establishment of schools which will apply to practical education, the great precepts of Jesus, the Master.

The Weltmer Institute is one of the guideposts on the way to the high goals of human achievement. In spite of all the storms that blow, in spite of the wear and tear of the years, its height has increased and the directions it gives to wayfarers have become more definite and helpful with every year.

The End

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— ADVERTISEMENT —

THE EXPECTANT GARDENER (Continued from page 13)

loosening and fertilization of the soil will insure fine blooms.

Perennials are the standby of the permanent garden, but there are some of the annuals that deserve a place in every garden and some such tropical affects that can be got by the use of the banana, canna, cleome, pugens and nicotania that these plants always deserve a generous corner.

Bananas and cannas are very easily grown if some care is taken to carry



A Growing Screen

their roots over the winter. Their enormous leaves make a fine background for the groups of smaller plants and they make an excellent screen for hiding unsightly outbuildings, etc.

For constant bloom the single petunias, portulacca, phlox drummondii, the dwarf nasturtiums, zinnias, marygolds, Iceland poppies, and four-o'clocks cannot be excelled. We might almost crown the zinnias king of the garden. The improved varieties with their enormous bright colored flowers, stand cutting well and produce a constant show through-out the late summer. To get the best affect, plant them in beds of a single color.

If you have overlooked mallow marvels start a packet of seed in a box in the house as soon as possible, to be

(Turn to page 28)

GLADIOLUS LOVERS' COLUMN

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SPECIAL—We are making a BIG SPECIAL OFFER to the readers of Weltmers Magazine. FOR \$2.00 we will send 12 PRIDE OF WANAKAH in a range of size from 1-2" to 1 1-4", all will bloom, giving the longest period of bloom, and besides we will give for trial, ANY ONE of the others mentioned. FOR \$5.00 we will send two doz. PRIDE OF WANAKAH, assorted sizes, and ONE EACH OF ALL THESE VARIETIES. This is very special and you must mention this Magazine. We want you to see these stunning Glads blooming in your garden. Next year you will want them in doz. lots. So will your friends.

GLADACRES FLOWER FARM, H. E. Chriswell, Wanakah, Hamburg P. O., N. Y.

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The Weltmer Institute is distributing free a new book entitled "The Way To Health." Every reader of Weltmer's Magazine is entitled to a copy for himself and a copy for each of his friends.

Write in today for yours.

This new book is written especially for the purpose of convincing those who have grown almost hopeless that they too may be well and strong and happy. It proves by illustration, argument, and logic that there are no incurable diseases, no hopeless cases.

If you are growing discouraged and fearful of the future you need this book. It will put new hope in your heart, will give you new courage. It will awaken in you a new consciousness of power.

If you have friends who are growing discouraged and are beginning to take a gloomy outlook on life get copies of this book for them. If not convenient for you to give the book to them yourself just send us their names and we will see that they get copies of this striking book by return mail.

The Weltmer Institute is very proud of this little book, "The Way To Health." It is not only a masterpiece of literature of its kind but it is a beautiful piece of printing. It is printed on enamelled Goldenrod paper, profusely illustrated.

Each sick, disturbed, or unhappy person needs to read this remarkable book, "The Way To Health." Write in today for copies for all the people you know who need it. It is free; as free as the healing power of God in whose service it is published and distributed.

Address, The Weltmer Institute, Nevada, Missouri.

transplanted to the garden as soon as all danger of frost is past, and you will have fine blooming plants before fall. Next year these plants will be great clumps covered with glorious flowers.

It is impossible to mention all of the flowers of the garden and there is no need to do so. If you are a real devotee of the flower garden you are dividing your time during this month of the garden's new awakening about equally between watching for the first sprouts of the perennials and studying the catalogues which show in such pleasant colors the flowers that you will have to wait for months to see.

When you are poring over your pictured flowers don't allow any pessimistic friend to throw cold water on your hopes by suggesting that your flowers didn't look like that last summer. Now is the time for a militant and masterful faith. In your mind, transfer every one of these pictured beauties to your own garden and as you plant and cultivate through the coming spring visualize perfect flowers. At least you will have them beautiful in your mind and I believe that the thoughts we think and the pictures we see will influence the result. However, do not think that merely expecting beautiful flowers will make them. If your expectations make you devoted to the hoe and fertilizing fork and the spray nozzle you will find your visualizing most fruitful.

The End

* * * *

THE WELTMER FOUNDATION

(Continued from page 15)

preaching the word, it also involves the doing of good and charitable things, ministering to the sick, cheering the fallen, feeding the hungry, clothing the naked, worshiping God in spirit, word and deed.

The above is an expression in part of the vision that actuates the Trustees of The Weltmer Foundation. The aim is that the program of service shall increase and expand in keeping with the call of the times. We are ready to launch into greater fields of endeavor as we are permitted through the sup-

port received. The true Christian vision is ever the incentive for higher and nobler purposes. Much progress has been accomplished in the three and a half years since the formation of the Foundation, so much so that the Executives, Prof. S. A. Weltmer and Dr. Ernest Weltmer, now realize that a greater advertising campaign should be put on in order to make a drive for funds that shall increase its efficiency and enable them to adequately present their teachings and freely administer to the sick and hungry.

Many of you interested in The Weltmer Foundation will rejoice in the fact that its purpose is to perpetuate the Weltmer teachings for all time and for all humanity. Quite a few are aware of the altruism, the love, the unselfishness which prompted the birth of the Foundation. Some of you have donated your love gifts to it and manifest distinct loyalty and gratitude to the Weltmers for their unselfish labor of love during the past 31 years, you now hold an honorable Membership Certificate. There are still countless numbers of friends who have been abundantly blest from the labor of the Weltmers, to whom an earnest invitation is now given to help, as you see fit, by your donations to The Weltmer Foundation, and letters of encouragement to Prof. S. A. Weltmer and Dr. Ernest Weltmer. The demand calls for greater assistance from our friends. It is imperative that we pull together with increased interest and greater vim.

We must see to it that this Foundation, actuated as it is with the highest of motives and having for its purpose the sublimation of the spiritual in man, receives an unselfish devotion and such a stream of blessings as will once and for all time insure its perpetuation. In your tithing and making bequests remember The Weltmer Foundation. Write to the Secretary, Edward B. Stone, Nevada, Mo. Your letters will receive most courteous attention and further information will be gladly supplied.

The End

LET US HELP YOU

To Get What You Desire

When you understand yourself and the laws of life, you are master of your life.

So long as you do not understand yourself and the laws of life you are subject to the conditions of your surroundings and other persons may master your life.

Do you wish to be master of your own life? Do you long for the power to decide for yourself what you will make of your life and for the ability to make of it what you have chosen? Do you wish to be master of your own feelings and able to harness your desires? Do you wish to know how to be happy in both the sunshine and shadows of life?

We can tell you what sort of person you are and how to modify such old habits as stand in your way and form such new habits as will give you the things you desire.

How much is it worth to you to get started on the way to success and happiness? Is your future success and happiness worth ten dollars? If it is, answer the following questions; answer them thoughtfully, carefully, and truthfully, send your answers to The Weltmer Institute with ten dollars and Prof. S. A. Weltmer and Ernest Weltmer will study and analyze your personality and send you the thirty lesson Mastery Course in Practical Psychology with instructions in its use for strengthening the weak places in your personality.

Answer these Questions.

1. What seems to you the most important fact you know?
2. Are you satisfied with your life? If not, why not?
3. What do you believe controls human life?
4. What work do you really most wish to do in life?
5. What is your present occupation? Your past occupation?
6. What are your business handicaps and what are your resources?
7. What is your age?
8. Who is dependent upon you?
9. How much time do you give to recreation?
10. What do you think about during idle times and when pursuing your daily routine?
11. How rich would you like to be? Why?
12. What is your opinion of men in a general way?
13. What is your opinion of women in a general way?
14. Why have you not been more successful?
15. Whom do you blame for present social conditions? Why?
16. Do you hate anyone? Why?
17. What schooling have you had?
18. What is the present state of your health?
19. Give a brief history of your health during childhood and up to the present.

Address, Weltmer Institute, Nevada, Mo.

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The Weltmer Complete Correspondence Course teaches you a practical philosophy of life, the practical psychology of successful living, suggestion healing, and successful self-expression. Every person needs it, no matter what his occupation. All who minister to the sick must have this course to complete their education in therapeutics.

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Weltmer Institute, Nevada, Missouri.

UNIVERSAL TELEPATHY

(Concluded from page 17)

only to lose all interest in that thought. Never think that thought yourself, turn your mind to other thoughts and no one can introduce that thought into your mind.

There is only one kind of thought we can be sure will be met with a response and that is a thought that it is to the advantage of the other to receive, a thought that he is already entertaining and acting upon. We cannot send thoughts of ill health or of harm but we can always send thoughts of health and of benefit for everyone is always responsive to these beneficial thoughts. You have nothing to fear from the evil thoughts or intentions of others. Keep your own mind from evil and no evil can come to it from without. Keep your mind free from weakness and no one can suggest weakness to you by telepathy or by any other means. You are master of your own life and telepathy is not a means for invading your life.

We are receiving enrollments for the telepathy experiment and school, daily. Why don't you enroll at once? Why put it off and get in at the end of the experiment when you can begin with the rest at the very beginning? Send in your enrollment today.

Weltmer Institute
Nevada, Missouri.

Gentlemen:

Please enroll me as a student and receiver in your telepathy experiment. I promise to study the lessons and to try every week to apply your instructions for the reception of telepathy messages. I will report faithfully the results of my efforts.

Yours truly,

Name

Address

Remarks

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In order to clear our shelves of all of the copies of this special edition and thus the sooner to be able to put this wonderful Correspondence Course in its beautiful permanent form, we are continuing our offer of the Complete Correspondence Course in the present edition at the price of \$50 cash or \$65 at \$10 down and \$5 monthly.

By enrolling for the Complete Correspond-

ENROLLMENT BLANK

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Course now, you will receive the full benefit of its teachings, all of the correspondence privileges, a number of the sections in permanent form and eventually, when the change to the permanent form has been completed, you will be sent all of the lessons in this fine binding.

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with the forty-five (45) outlines for teachers made from the transcripts of lectures given before personal classes. The first sections are to be mailed to me at once, and the remaining sections as rapidly as I am able to master them.

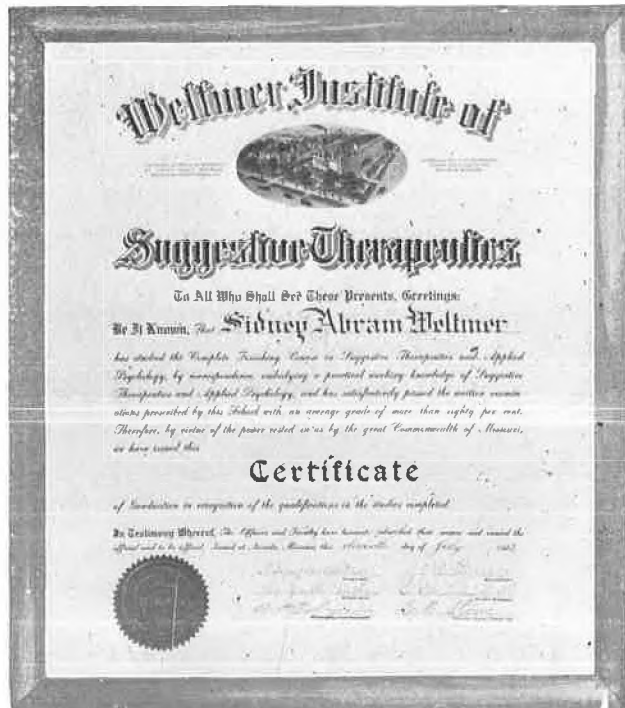
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I understand that I am to complete the Course within the regular term of 30 weeks, but the School hereby agrees to grant me any reasonable extension of time in the event of illness or other misfortune. Upon payment of my tuition in full, as called for herein, the School agrees to issue to me, upon request a NON-FORFEITABLE RECEIPT granting me the privilege of finishing my studies at any time within two years from date hereof.

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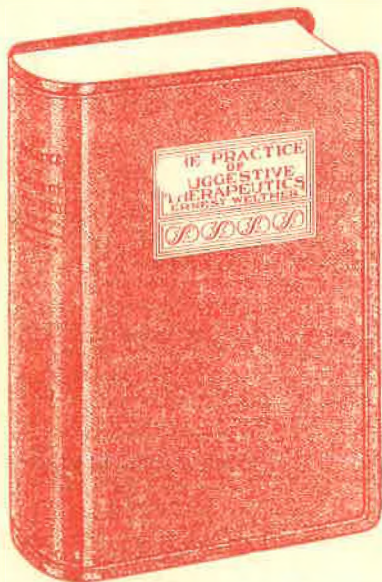
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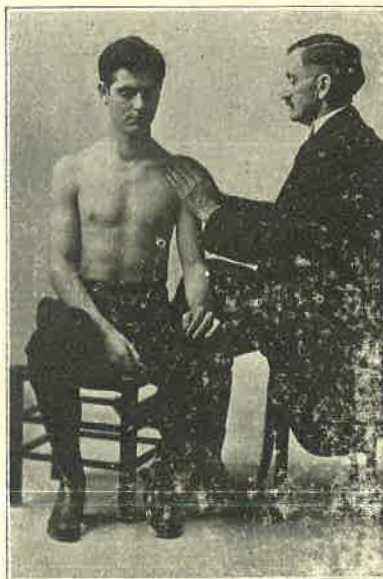


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