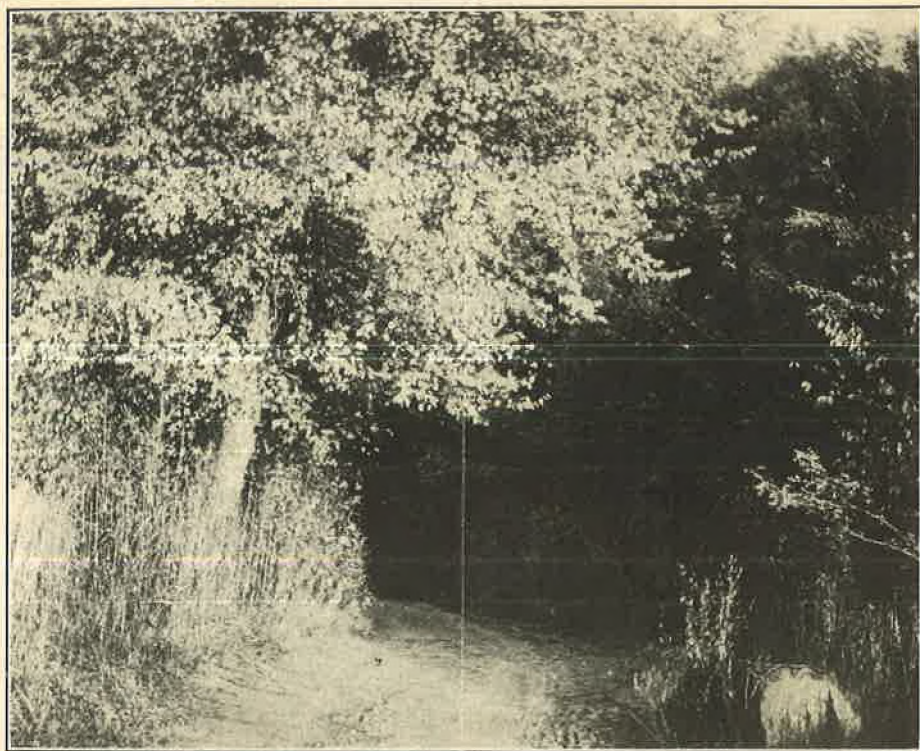


NOVEMBER, 1928    Price 10c

# Weltmer's

## M A G A Z I N E



THE ROAD TO AUTUMN —Photo by Ernest Weltmer

# Psychology~Healing~Prosperity



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VOLUME 12

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NUMBER 10

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Edited by Ernest Weltmer. Published by The Weltmer Institute of Suggestive Therapeutics Company, Nevada, Missouri. Subscription price \$1.00 per year in the United States; \$1.20 per year in Canada; \$1.50 in foreign countries; single copies 10 cents each.

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# Ozarks Pictures

By Ernest Weltmer

## SUMMER

Green woods to the far blue hills,  
Bright flowers along the way,  
Clear crystal, the singing rills  
Where silvery minnows play.

Fine shawls of black eyed Susies  
Bedeck the nearer hills  
And on their robes of daisies  
The mint its perfume spills.

In sheltered, open valleys  
Sweet mounds of roses bloom,  
In deeply channeled gulches  
Clear springs relieve the gloom.

\* \* \* \*

We follow the winding crests  
On roads that call us on  
And thrill us with deepening zests,  
Till the flying miles are gone.



## AUTUMN

Scarlet streamers of the sumach,  
Where the Asters' blue-eyed gaze  
Sees the blood of dying summer  
Brighten autumn's fading days;  
Elms and sycamores and hickories  
Don their homespun yellow robes  
And the milk-weeds in the fence rows  
Fluff their shining, silken globes;  
Black jacks in the hilltop thickets  
Darken to their deepest green,  
Then, in flaming browns and scarlets  
Glow with colors rarely seen:  
Woodbine like the red lobelia  
Twines the snags with living flame  
Azure mornings, hazy evenings  
For the pictures make a frame.





**YOU  
CAN  
HAVE  
HEALTH**



**YOU  
CAN  
HAVE  
WEALTH**

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# WELTMER'S MAGAZINE

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There is no Incurable Disease. There are no Hopeless Cases.

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## THE CHRIST AS SAVIOR

S. A. Weltmer

The value of the acceptance of the Christ as our Savior depends upon what Christ means to us. We may make the mistake of identifying Jesus with the Christ and of limiting Christhood to Jesus which is equivalent to taking Jesus as our Savior or we may understand the Christ as Jesus did and then undertake to emulate his example and strive to attain to Christhood.

Let us see what Jesus' viewpoint was. He said to his disciples, "You are my brothers" and further he said, "God is our Father." He taught that "The Kingdom of God is within you" and, referring to the Christ, the eternal manifestation of God in man, he said, "I am with you always, even unto the end of the world."

We learn in Sunday School that man is made in the image and likeness of God who is all and in all. And that God is threefold, the Father, the Son, and the Holy Spirit.

Man also, being in the image and likeness of God is threefold in nature, being of the nature of the Father, the Son, and the Holy Spirit.

From the Father man gets his power

to embody himself in the materials of the earth. He makes a physical body and endows it with life. He perpetuates and renews that body. He lives in the world, clothed in the qualities of the world.

From the Son he gets the interest in himself and love of his fellowmen as members of a great family, the power to know, to do, and to be, the ambitions and hopes that lead him on to greater things; the recognition of his relation to God as that of Child to Father.

From the Holy Spirit he receives the consciousness of eternal life and of power over all the things of the earth and of time. The Holy Spirit is conscious in the absolute, conscious of principle, cause, law, Being.

The Christ is the anointed, the illuminated, the Son who knows his relation to the Father and the Holy Ghost and realizes the oneness of his divine nature.

Christhood is possible to every man, possible to you. You can learn to know your relation to God, your oneness with the Father, the Son, and the Holy

(Continued on Page 25)



# Paying For Life Insurance With Smiles

Last summer a traffic cop was shot, while on duty at one of the downtown crossings in Kansas City, by fleeing bank robbers. The murdered man was no common traffic cop. He was a man who, in the discharge of his duty, had been so unfailingly courteous and so pleasant in his dealings with the public that

he had endeared himself to the whole city. He was called "Happy" Smith. The following quotation from a letter by John Thomas Harding a prominent lawyer of Kansas City tells how "Happy" Smith's courtesy paid premiums on life insurance for the benefit of his bereaved family.

## "HAPPY" SMITH

John Thomas Harding

I have known young Smith since he was a boy. For several years he was elevator boy in our building. Even then he manifested those delightful traits that afterwards brought him into favorable notice.

His life demonstrates that the public is quick to appreciate courteous treat-

well-known, familiar smile was not affected; it was perfectly natural. It was not an empty gesture for self-promotion; it was the philosophy of his life. To put it another way, he did not smile for the sake of popularity, but because he was mentally a happy man.

Three thousand years ago a wise man wrote, "As a man thinketh in his heart, so is he." "Happy" Smith knew this and turned it to his profit. He knew that one cannot secretly harbor hate and be happy, for sooner or later it will manifest itself outwardly. He knew that one cannot secretly harbor dishonest thoughts and remain happy, for sooner or later they will manifest themselves outwardly. He knew that one cannot harbor a secret fear of poverty, or sickness, or approaching age and remain happy, for sooner or later these thoughts will manifest themselves outwardly. He knew that if wrong thinking hurts, right thinking benefits, and he profited by it.

He was a persistent hunter for good and always found it. He found it in people and in things. It is a great sport—this hunt for ever present good, and in his search for it, he found happiness and manifested it to the multitudes that passed by every day.

I think that most of us in the end are forced to admit that the richest and most durable wealth in the world is happiness and contentment. If we are right in this thought, then Smith was wealthy beyond appraisal. Morgan and Ford and Rockefeller are beggars in

(Continued on Page 28)



"Happy Smith" on Duty

ment whether it emanates from those in high places or from those in the humble walks of life.

Young Smith was a courteous elevator boy before he was a courteous police officer. He was not only a courteous officer; he was a happy man. He stood on duty at Eleventh and Walnut for a long time. He was good natured and patient while standing in the snow and sleet, and he was good natured and patient in the dust and heat. He was good natured while dealing with the crowds and jaywalking public and he was good natured in private life. His



# Expressing Heaven From Within

Edward B. Stone

The more one studies causes and effects and observes the reactions in individuals the lesson is gathered that there is but one unfailing law, which is the Law of Spirit, or the Christ within.

The substance of all teachings may be summed up as efforts to arrive at the least complex understanding of life, its mission and destiny. There is no severing line between the right principles of psychology, philosophy and religion. Each has its basis and intent to clarify and make more simple the path of progression for the soul. It is futile for the person teaching anyone of those subjects to disregard the possible good contained in others. Life is a continuous sequence of experience; we are as babes needing to be fed with the spirit of truth.

The very air in which we live is vibrant with the music of aspiring souls yearning to be taught the deeper lesson of life, to know more of its mysteries and how best they can understand and conform to the law of Jesus' Kingdom.

The value of experience is shown in many ways, forcefully realized in the contest for Presidency of the United States. How different would be the contest were the background of the parties and their adherents illumined by deeds of forbearance, humility and love! Experience teaches that there is but one right road to travel—the road of true compassion and love. We have gathered much from experience and have come to realize that the greatest hall-mark an individual can carry is that of a character having the virtues of integrity, honesty, reverence for the good and love for his neighbor.

True nobility is expressed by the student manifesting an open mind and being willing to be guided into avenues that ever call the radiant nature of himself into increased and greater expression.

The student having realized the call to live his life in accord with spiritual

ideas and determined to do his best day by day need not have any grave doubts as to his rating and progression. The important thing is to become conscious of the need and to live in accord with spiritual ideas. The fact of his awakening to the need and resolving to be obedient to God's law, as he understands it, is significant in that he immediately receives an inpouring of spiritual strength and is conscious of a new power.

The path of sin is real, yes, and more easily followed than that of the path of righteousness. Just so is the path of righteousness real and though sometimes difficult to follow, yet, is the more real and conducive to the life of the individual. To the beginner aspiring to live in harmony with the laws of righteousness, at first the living of the life may seem hard. Yet day by day as he continues steadfast in the efforts, the path becomes less hard and he is conscious of an increasing power of resistance to overcome the many temptations.

Each victory gained over the temptor makes it so much easier to meet and overcome other temptations; you are growing in spiritual understanding and expression, your concept of things has changed, you are gradually manifesting a new consciousness in which error and sin have no place, but the light of God's truth and the power of His love are personalized through you, constituting a bulwark of strength, resistance, discernment and inspiration.

The more you aspire and live in accord with your perception of truth and righteousness, the more receptive and responsive you are to an increasing influx of spiritual light. One is judged not so much for what is done as he is from what he knows and fails to do when he should. The life of the Christian is ever progressive, there are degrees of light, degrees of knowledge and

(Continued on Page 17)

# DAILY HELPS

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Every life has its key note, every day some variation of the same note. Usually we allow circumstances, the suggestions of our associates, or the conditions of the endocrine glands, the nervous system, and digestive system to determine our key note. We can choose our own key note whether for our whole lives or for a moment when we know that we can and constantly assert our authority over our own lives.

The best of all life keynotes is the one suggested by Jesus of Nazareth, "The Kingdom of God is within you." Translated as you think of your own life, it will be something like this: "The Kingdom of God, the power to achieve my own high destiny, the ability to meet and overcome all the difficulties of my life is within me," or in the terms of the master affirmation, "I am Man, child of the Infinite Father, whose nature I inherit and express."

We print each month a series of affirmations for each day of the month of issue. These affirmations will be variations of the master affirmation. Practice making the master af-

firmation and the daily affirmations the keynotes of your life and every day of your life. Learn to meet all difficulties with the affirmation of power. Learn to think of yourself in the cosmic sense and as a source of forces and powers which create conditions and overcome obstacles to the realization of the conditions you create. You may put either form of the master affirmation in the place of the daily affirmation and you must always make the master affirmation its background.

Each night as you go to sleep think of the affirmation for the next day, and each morning when you first wake, think again of this affirmation and start your day's activity with it fresh in your mind. During the day when any situation arises in which you are called upon to consider your relation to the conditions with which you deal, think again of the day's affirmation and the master affirmation and make your adjustment on the basis of the resulting consciousness. The consistent use of these affirmations will give you an increasing consciousness of power and ultimately will result in mastery.

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## NOVEMBER, 1928

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### Thursday, 1

**I am master of all the things of my life, for, the Kingdom of God is within me.**

### Friday, 2

**I work confidently toward the realization of my hopes, for, the voice of God speaks to me through the longings of my heart.**

### Saturday, 3

**I pray believing, for, I know my Father in heaven will not disappoint me, His child.**

### Sunday, 4

**I am strong to overcome, for, my Father is Omnipotent God.**

### Monday, 5

**I love all men and things, for, my infinite Father has planted love in my heart for all His children.**

### Tuesday, 6

**I claim perfect health for myself, for, the life I live is the life of God manifesting in me and God's life is perfect life.**

### Wednesday, 7

**I claim prosperity and abundance, for, it is the Father's good pleasure to give me all good things.**

### Thursday, 8

**I overcome all weaknesses in myself, for, my spirit is of God and my power is of Omnipotence and my divine nature overcomes all weaknesses which are of the earth.**

### Friday, 9

**I rejoice in the abundance of life, for, the consciousness of God as my Father makes me rejoice with a happy heart.**



**Saturday, 10**

I love my enemies, for, they too, are children of the same Father; they only appear to be against me and I have no room in my heart for anything but love.

**Sunday, 11**

I seek the good in all men, for, the abundant good of the Father's nature manifests in all His children.

**Monday, 12**

I feel the thrill of overflowing life, for, my life is the life of God's manifesting purpose, plan, and power.

**Tuesday, 13**

I build with confidence in the future, for, the purpose that inspires me and the power with which I accomplish my purposes are of God.

**Wednesday, 14**

I am manifesting increasing health, for, I am becoming increasingly conscious of the Indwelling presence of God the Father.

**Thursday, 15**

I must prosper in all my affairs, for, in God there is no lack and in God's manifestation there is complete abundance.

**Friday, 16**

I rejoice in the abundant good of life, for, through the love and consciousness of God I see the fullness and completeness of life.

**Saturday, 17**

I am daily growing stronger, for, I am constantly growing in my consciousness of God the Omnipotent Father.

**Sunday, 18**

I rejoice in the success of others, for, in the successes of others I find added proof of the limitless power of God in human life, my life.

**Monday, 19**

I am being healed, for, my body, mind, and spirit are subject to the Father's will that all His children shall be healthy.

**Tuesday, 20**

I fear nothing, I meet life with confidence, for, I walk with the Father in glory and in conscious power.

**Wednesday, 21**

My life is filled with the joy of achievement, for, in the consciousness of the divine life which fills me overcome all things, I rise upon obstacles.

**Thursday, 22**

I rejoice in the successes of others, for, conscious of oneness with them through the Omnipresent Father, I share life with them.

**Friday, 23**

This is the day of new birth for me, for, in the complete circle of divine manifestation every function of life is a new beginning.

**Saturday, 24**

I think only pleasant, hopeful thoughts today, for, I realize the comforting, joyous presence of God the Infinite Father.

**Sunday, 25**

I speak only kindly words today, for, I know myself a mouthpiece of divine love and I speak for the Father Indwelling.

**Monday, 26**

I meet the problems of this day gladly, for, I know the wisdom of God, the Infinite Father sets my problems because I can solve them and thus grow strong in my manifestation of His purpose and power.

**Tuesday, 27**

I look for the good and the perfect in this day, for, I find this day filled to overflowing with the demonstration of God's purpose, plan and power.

**Wednesday, 28**

I meet all men with friendliness, for, in the universal fatherhood of God I find myself brother to all men.

**Thursday, 29**

I am thankful for the abundance of life, for, God the Father achieves divine purpose through the abundant life He has given me, I achieve increasing expression.

**Friday, 30**

I rejoice in the good of this day, for, God's love has taught my lips to smile, my heart to sing, my soul to lift my eyes to heaven in great rejoicing.

# Easy Lessons in Experimental Metapsychology

## An Experiment With "Magnetism."

### Lesson VI.

One night at a class in Seattle, one of my students presented a very striking, and for a time puzzling, experiment for the demonstration of "Magnetism." I will describe the experiment and before you finish the article try it on

downward pressure. Repeat the stroking several times at regularly spaced intervals about one second apart. After stroking in this way about half a dozen times make the motion as if you were going to stroke again but instead of doing so stop your hand about three inches above your subject's hand. His hand will jerk up toward yours with irresistible force.



Figure 1. Stroke the hand with a vigorous downward pressure.

someone. If you do not get the full effect the first time, try again until you learn just how to do it to get the full effect as described. Then read the rest of the article unless you are able to make check experiments of your own which will disclose the true nature of the phenomenon.

Have some one stand holding the right hand horizontally with the palm upward. Tell your subject to hold his hand as still as possible. Stroke his hand briskly and with considerable



Figure 2. When the operator's hand is stopped above the subject's hand her hand will jerk upwards as if drawn toward the operator's hand by some force.

My student presented this experiment as a proof of magnetism. His explanation was that by the stroking of the subject's hand the magnetism was generated which caused the subject's hand to be pulled up toward his. It certainly feels like something draws the subjects hand as you can easily discover if you



allow the subject to try the experiment on you.

Try the experiment on yourself. Stroke your left hand with your right and see what the result will be. You will discover that you can't get the effect on your own hand. This apparently is another reason for believing that the phenomenon is due to magnetism.

If you have not got the desired result something is wrong with the way you have performed the experiment. Let us define more closely some of the conditions of success: The subject must hold his hand horizontally with the elbow bent and the forearm and hand straight out from the elbow. He must hold his hand as still as possible while he makes the strokes. The strokes must be made with considerable downward pressure and evenly timed. It is best for the subject to watch what you are doing but not always necessary. You must make the false stroke in the same time as the true strokes and just as if you were going to stroke his hand again except that you stop just above his hand about three inches. It will be observed that his hand does not jump up at the moment you stop your hand but instead at the time that you would begin making the stroke. You have already discovered that you cannot get the effect with stroking your own hand.

As I suggested above see if you can discover the real meaning of this experiment before you read further. If necessary devise experiments which will check the results and prove conclusively whether they are due to magnetism. After you have checked up the experiment as far as you can, read the rest of this article and see if you reach the same conclusions and whether the methods you employ to reach your conclusions are the same as those I used in my class that night in Seattle.

\* \* \* \*

Recalling an experiment conducted in one of my classes in physiology I asked the most "sensitive" subject to lay his

hand on a table with perfectly relaxed arm and let us see what result we would get there. We stroked his hand just as before with the same stop and waited for his hand to jump up, but the reaction did not occur. We repeated this experiment a number of times with different persons until we were satisfied that we could not "magnetize" the sub-



Figure 3. When the subject's hand is stroked while it rests on a support it does not jerk upwards toward the operator's hand.

ject's hand when it was supported by something besides the strength of his own muscles. We then had the true explanation of the results of the first experiment.

When the subject stands and holds the hand steady while it is being stroked he has to resist the downward pressure of your stroke by tightening of the biceps muscle of the arm. After the stroking has been repeated, a few times he gets in the habit of making a preparatory resistance so as to be ready

(Continued on Page 24)

# THE WORLDS WE LIVE IN

E. C. W.

We live in three worlds:—First, the world of relations; a world of living and dead things, men and their works, and the ideas and purposes of others.

Second, the world of personal life; a world of the body with its organs, its warmth, its hungers, gratifications and satisfactions, pains and intimate necessities; the world of our conscious experiences, feelings, desires, hopes, fears, plans, memories, loves and hatreds; the world of "I" which is aware of its relation to the outer world.

Third, a world of the absolute:—the little known world of eternal, ageless Being; the occasionally glimpsed absolute knowledge of the relations and conditions of existence, the divine nature, the Kingdom of God within.

We live in the first two worlds as if they were the whole of our habitation, as if the causes and effects of life were in them. There is no cause in either the outside or the personal worlds. All cause is in the world of Being. All knowledge comes from the absolute consciousness and in the absolute all is known.

All power comes from the absolute self and in the absolute there is all power. The personal man stands midway between the absolute and the relative. In him the realm of principle, cause, purpose, and creation unites with the realm of effect, the physical world of dynamic interacting things.

In the prehuman ancestors of man, through countless ages, the realm of cause developed the physical organism and means for discovering its relations to the outside world and organs for the achievement of its purposes in expression. In man the brain development allows the consciousness of environment to be supplemented with self consciousness and in exceptional men, with the consciousness of the third realm, the realm of the absolute.

The eternally unfolding purpose of the Infinite is becoming conscious of it-

self in man. Through countless ages Life was striving for a consciousness of its relations to its surroundings. No doubt an occasional creature was more or less conscious of the world it lived in through age after age before even the highest types of living things became generally conscious of that world.

Through age after age an occasional man has been conscious of himself as a person in a world of things and while mankind generally is now self-conscious, there are still some men who are only slightly conscious of their personal lives.

We are now in that stage of development in which only an occasional man becomes conscious of the realm of cause, "The Kingdom of God." The time will come when mankind will be as generally conscious of the realm of cause as he is now conscious of the realm of his personal life and experience.

Life becomes conscious of the surrounding world through the sense-organs which respond to the energies and the conditions of that world. He looks outside to discover the world in which he lives.

He becomes conscious of himself by turning these same sense-organs upon himself and by considering the experiences that develop upon these sensations. He even discovers a flow from the unknown inner self into the self-conscious personal self. He looks within to find himself.

Those who have found the Kingdom of God, the realm of cause, have found it because they were able to look into the most profound depths of their inner selves.

There are many ways by which the innermost kingdom may be approached. Some appear to be born with a slight degree of consciousness of it in their native self-confidence, their assumption of power to do what they desire to do. If they are fortunate in having parents,

(Continued on Page 23)



# The Art of Receiving Graciously

Julia Hewes Cattron

"Tis not what we give; 'tis what we  
share;  
The gift without the giver is bare.

\* \* \* \*

"He who feeds another feeds three:  
himself, his hungry neighbor and ME."

All gifts are from the Father, they have their incipency in divine mind—or in the very heart of God. There is but One Source; there is but One Substance from which all is made that is made. So, in the last analysis, or in the Absolute, every gift comes from God, it is God-Substance, manifesting.

The Scriptures tell us "that every good and perfect gift cometh from the father." The truth of this has been borne in, or impressed upon the writer's mind many times in the past few weeks. Dwelling in the receiving consciousness has brought many sweet gifts, and while meditating upon the Law back of these demonstrations, or answers to prayer, the thought comes that it is very important where and how, and in what order we give thanks for gifts. So with this in mind, comes the following: —

First, give thanks upon the receipt of a gift, to the source. Swiftly, silently, flies the thought to "Our Father" in grateful thanks, realizing there is no Degree of giving in Divine Mind, for God gives all, so lift the heart in grateful praise, e'er voice has spoken a single word. The face will glow, and eyes will shine, at the thought "All that the Father hath is mine."

Then turn with smiling eyes to the friend "at hand," and with gracious acknowledgement give in words that fall from a heart o'er-full with love to all. The donor kind, is but an avenue through which the Father is blessing you. Oh, do not give belated thanks. Let them bubble forth from the heart that is full. Is the friend, the donor, far away? a letter will reach him. So



do not delay but pen your thanks, and send it forth. 'Twill cheer him to know he has given this pleasure to one who receives in the spirit of graciousness.

Third, praise and bless the Substance received. 'Twill open the channel wider still; and other gifts, perhaps of greater worth, will flow through the avenue that has opened for you. Belated thanks, or chatter to others, may dissipate your good and the next gift will go to those who have learned the practice of conservation of Substance that is sensitive to vibration. Some one else may reap of the rich ideas; for nothing is lost. Not even a word; it bears the fruit that the lips create; some one reaps, early or late.

Divine Substance is everywhere at hand; that is the Kingdom at hand; Heaven at hand; harmony at hand; precious Substance, waiting for us to mould into multifarious form. The power of praise and blessing can do much toward multiplying our goodly supply, so the last step, blessing the substance, or the gift itself is not as inconsequential as, at first glance, it might seem.

A practitioner once had a student who told her of an old tree that encumbered the ground, and she had made up

(Concluded on Page 28)

# THE WILL TO EXCEL



The most common fault and the greatest tragedy of life is the perversion of the urge to live into the will to excel. Every person comes into the world divinely commissioned to accomplish some part of the infinitely varied detail of the cosmic plan. This manifests as the urge to achieve the longings and dreams of our hearts and it should dominate our lives and make each one of us able to live the satisfactory, efficient life possible only to those who are rightly placed in life and successful in their undertakings.

Parents, teachers, friends, and the world-at-large seem united in a conspiracy to make us accept life-purposes of their designing in the place of those which spring spontaneously into being in our own hearts. Very early in life we are taught to compete with others in every undertaking. At work and at play, in business and in morals we learn to form our standards, choose our goals and judge our successes by comparison with others. The urge to live and express oneself is perverted into the desire to beat everybody in our lines.

This universal perversion of Divine Will is the basis of most of our troubles and it reaches its climax when it produces Marathon races, dances, swims, eating contests, and finally, worst of all, Marathon speakers. We read in the current newspapers about a German speaker who set out to capture the world's record for the longest speech. He probably captured it alright but what has he got besides a lot of publicity? Will his speech last as long and reach as many readers as Lincoln's Gettysburg address?

When you set yourself to beat others, volume rather than quality counts. Be yourself! Remember, "The Kingdom of God is within you," then you need not worry whether you can talk longer, swim farther, dance longer, or run faster, than anyone else. You need not ask yourself if you are better than anyone else. It will be enough if you are you and that you are doing the best you can.





# FORGET IT

J. O. Crone

We develop diseases by thinking about them. We develop diseases by talking about them. We cure diseases by forgetting about them.

I was trying to teach a woman how to relax her neck. She couldn't understand what I meant for quite awhile. Finally she said "you mean to forget it."

"Yes," I replied.

"Oh," she exclaimed, and relaxed perfectly.

Too many people get too much interested in their diseases. That is the reason they can't forget them.

Usually when you hand a man a letter to mail, he will put it in his pocket and forget to mail it. Why? Because he did not think when you handed it to him. If he had been interested and thought "I will mail this as soon as I get to the office," he would have remembered it.

Many people forget a person's name when they are introduced, because they don't think. They are too lazy to think.

You must get interested in anything you undertake then you won't forget.

Many people talk too much about their troubles in place of forgetting them. They are like the parrot in a story you have all heard:—A farmer was the owner of a dog and a parrot. When his chickens got in his front yard he would call his dog and say "sic him Tige" and the dog would run the chickens out. Polly on the front porch, heard and learned to imitate the farmer's voice.

One day she jumped down on the ground and called "Sic him Tige." When

the dog came running Polly wasn't quite quick enough to jump on the porch. The dog caught her and gave her a good "wooling." When she got away she jumped on the porch, shook herself, and said, "Polly talks too d—— much."

\* \* \* \*

No one can achieve success in a business that is distasteful to him. Discontent is the worst thing on earth. Be contented with what you have and do, but don't stand still. Learn something new every day and above all, help someone else by having a cheerful, hopeful word for everyone.

\* \* \* \*

If you can't tell a person something good, something that will make him feel better, don't say a word to him. If you want to help the human race you must quit unloading your troubles on other people.

\* \* \* \*

It isn't work that kills, it's worry. A person can over-tax his nervous system through hard work but there are not many people who like to work well enough for that.

\* \* \* \*

Stick to one thing. To mix your work won't pay. Don't do like a patient who told me that when he got one more diploma, which would make him eight, he would try to heal some one.

We use the Healing Hand and give verbal suggestion and stick to it, we win by sticking to the one method.

A boy had a pet pup. His father and the pup got in a fight. The boy shouted to his father, "Stick to it dad, it'll just be the making of the pup."



J. O. Crone, D. S. T.

# JOHNNY STRONG

By Pierre Weltmer





# SOME ASPECTS OF INDIA

To the casual visitor and those who know that country through travelers' stories and pictures India is a land of religious fanaticism, mysticism, marvelous temples, unwholesome conditions of living, and filthy beggars.

The American traveler who attempts to form an opinion of India on the basis of such

by a humanitarian belief it would quickly lead to general reform and a state of common felicity.

Before Americans renounce the beliefs and practices which have made this a prosperous, generally wholesome place to live in, they would do well to consider some of the results of those religious beliefs and attitudes which have produced the fanatics of India.

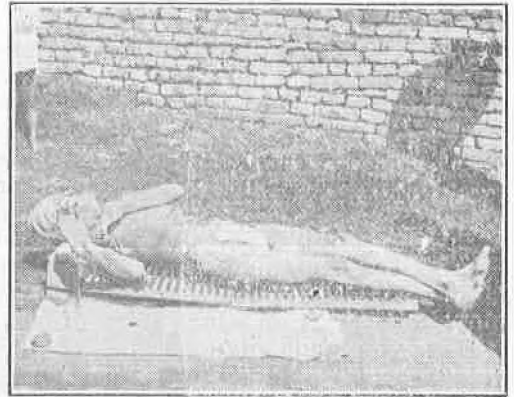


**Beggars and Street Fakirs in the Streets of Bombay, India.**

observations or information no doubt is as unjust to that country as the Indian traveler who comes to this country seeking his fortune, only to find that the average American likes to feel he is getting value received for his money.

That sort of fanaticism which leads a devotee to do penance on a bed of spikes or to hold an arm in one position until it is paralyzed and atrophied or to torture himself with various ingenious cruelties, is too impractical in its very foundations to concern itself much with the health, sanity, and happiness of the people in general. It is certain that such a religious attitude will be excuse enough for the weak and incompetent to become parasites and beggars in the name of a devotion they can only imitate.

If such religious fervor could be awakened



**An Indian devotee lying on a bed of spikes to win favor with his God.**

After all we are living in this world in which, and to which, Jesus taught us to pray "God's will be done, God's Kingdom come."

\* \* \* \*

The power that gives us life lives in us as the essence of life itself. We hear the whisper of divine purpose in all our hopes, our longings, our aspirations; the desire for health and strength and the ability to live worthily are the promise that the Father Indwelling will give us these things for which we long. Believe in your hopes and prove your belief by holding steadfastly to the thoughts of the things you desire. Remember that every thought you think gives direction to so much of creative power. Think right, trust in God, and health and the blessings of robust, vigorous life are certain to be yours.

From a "Home Treatment" Letter.

# The Telepathy Department

Ernest Weltmer *Director*

Did you see the offer in the September-October number of Weltmer's Magazine of two prizes for the best letters telling what you have got out of the telepathy experiment. I know you have received a great deal of benefit. Surely it is not so very much trouble to write a letter telling about it. Let us hear from you. Address your letters to The Telepathy Contest Department, and state in the beginning of the letter that this is entered for the prize offer. We want to hear from some more of you.

Have you made any experiments with your friends? Have you tried sending telepaths to other members of your family? Try it. Send them thoughts of actions you wish them to perform so that there can be no doubt in their minds as to having received the telepaths when they do what you suggest. Be sure that you give them such suggestions as they can carry out without your having to say anything about it and your having to ask questions that might give suggestions.

When you send a telepath see the subject doing the thing you wish him to do. Think this thought clearly and with the feeling that he will do just what you wish. Be careful that you do not merely think that you are thinking it. Get a vivid picture in your mind and hold it.

The messages sent out for September 6th to October 18th are as follows:—September 6th, "This is the Day of My Blessing." September 13th, "The Kingdom of God is within you." September 20th, "All power is yours." September 27th, "My Father gives me abundant Life." October 4th, "God's will be

done; God's Kingdom come. October 11th, "In the Shelter of Divine Love, I rest." October 18th, "You are well and strong."

Each Thursday night when you relax for the message make a written record of the messages you receive. Keep this record and when you get your Magazine later on compare it and let us know how many times you receive the messages correctly.

Many of you are now becoming sensitive enough to receive the messages regularly and I hope we will have many good reports from now on.

If there is anything you do not understand about telepathy and receiving please write and ask us and we will answer your questions in this department.

\* \* \* \*

**Caucasian Progress**—Dinah—"Misse what do folks mean with all this talk about compassionit ma'iage?"

Mistress—"Well Dinah it is pretty hard to explain but— Oh well! it is something like this:—folk just sort of get married and sort of don't get married, and they live together for awhile, and if they think they can make a go of it then they really do get married. If they don't think they are going to be happy together then they just quit and there is no bother about divorce or anything."

Dinah—"Haw, haw, haw, if that don't beat the land. You white folks is gettin' more like us culled folks every day."

\* \* \* \*

**Time to Practice Relaxation**—When making a close connection across town in a taxicab.

## EXPRESSING HEAVEN FROM WITHIN

(Concluded from Page 5)

degrees of wisdom. The light is increased in proportion as the aspirant continues boldly in well-doing. Knowledge is gained through being receptive to greater degrees of truth; wisdom is purchased through the sacrifice you will make in extolling the virtues, grace, and power of God.

The power in spiritual life is realized not as one conforms and adheres to the beliefs of his parents, to this or that creed, church or other organizations, but primarily and fundamentally upon one's abhorrence of sin, shutting it out for all time from one's life, knowing that there is but one sovereign power—God.

In thus concentrating your powers of perception and expression there takes place within you a spiritual baptism, the old concepts of materialism pass away and new concepts of God and the Heavenly Kingdom manifest in consciousness for you. You are achieving God's purpose and have realized your oneness in unity. God demands of His children that they shall be perfected through obedience to His will and law.

The life of the teacher and healer should be expressive and incorporate all of the Christian virtues. It should be looked upon by the community in which you live as being exemplary and worthy of the high calling to which you have dedicated yourself in service. Those who live nearer the Father's heart are channels through which the power of God can more readily minister to the sick. A like sphere of activity that Jesus rendered in the healing of the sick and afflicted is possible only in proportion as the right life is lived, right belief in God is manifested and right faith is expressed.

Good is accomplished by telling your patients that the kingdom of heaven is within, but a much greater good is realized from teaching the principal virtues and requirements of God's

Kingdom. He should be quickened with the power of God's word knowing that the destiny of life is perfection and that as the spirit is eternal, indestructible in nature, so is it in conformity with God's will and purpose to teach the continuity of eternal life.

\* \* \* \*

### Comfortably Stylish.

Mary: "What are you doing to your new dress?"

Sally: "Shortening it."

Mary: "Is it really too long?"

Sally: "I'll say it is; I can't have it flopping around my knees."

\* \* \* \*

## WELTMER INSTITUTE PUBLICATIONS

Weltmer Foundation Book Store has a very complete list of the Weltmer Institute publications now in print. The books in the following list need no special recommendation to Weltmers Magazine readers. These books will be delivered postpaid in the United States at the following prices. Send your orders to the Weltmer Foundation, Nevada, Missouri.

Regeneration, by S. A. Weltmer,	
(Leatherette Cover).....	1.50
Regeneration, by S. A. Weltmer,	
(Leather Cover).....	2.50
The Healing Hand, by S. A. Weltmer.....	2.00
Day Dreams, by S. A. Weltmer.....	1.00
Eternal Now, by S. A. Weltmer.....	.50
Self Protection, by S. A. Weltmer.....	.25
Undying Character of Thought, by S. A. Weltmer.....	.25
Weltmerism's or Pointed Paragraphs, by S. A. Weltmer.....	.25
The Law of Success, by J. Kelley.....	1.00
Life Lessons, by Grace M. Brown.....	1.00
Magnetic Healing, by H. C. Murphy.....	.50
Telepathy, by S. H. Mellott.....	.25
Manual of Suggestive Therapeutics, by Ernest C. Weltmer .....	15.00
Realization, by Ernest C. Weltmer .....	2.00
Heirs of the King, by Ernest C. Weltmer.....	.50
Intuition, by S. A. Weltmer .....	1.10
Brief Course in Practical Psychology, by S. A. & Ernest C. Weltmer .....	2.00



# THE WELTMER METHOD

of

## Thinking, Healing, Teaching, Living

The Weltmer method covers much more than methods of healing by psychological, spiritual and manipulative measures. The Weltmer Method is fundamentally an attitude toward life and a method of living. It is based on

the teachings of Jesus that the Kingdom of God is within.

The Weltmer method teaches self-reliance, independence. It teaches you to find yourself, become acquainted with yourself and to express yourself.

**LEARN TO THINK  
RIGHT**

**LEARN TO HEAL THE  
SICK.**

**LEARN TO TEACH  
EFFECTIVELY.**

**LEARN TO LIVE  
ABUNDANTLY.**



**RIGHT THINKING WILL  
MAKE YOU HAPPY.**

**HEALING WILL ENABLE  
YOU TO BLESS OTHERS.**

**TEACHING HELPS OTH-  
ERS TO LIVE.**

**ABUNDANT LIVING  
FULFILLS GOD'S PLAN.**

### To Whom It May Concern:

I have taken correspondence courses, as well as a resident course in a St. Louis College but none gave me the faith and confidence that the Weltmer courses and the Clinical Classes did.

I have taken the Weltmer Correspondence Course, the Clinical Course in Suggestion Therapy, and courses in Massage and Magnetic Healing. They have brought me much

joy and happiness.

To all those who are going here and there, looking and seeking for something they cannot find, I say, go to the Weltmer Institute and there they shall find that for which they are seeking.

Yours in Truth,

Ruth Travis,  
230 S. 18th St.,  
Belleville, Illinois.

The Weltmer method teaches you to make peace with God and with life. It teaches you to love your neighbor as yourself. It teaches you to love yourself so you can love your neighbor. It teaches you to believe in yourself. The Weltmer method teaches you to live one hundred per cent efficient,

Study the Weltmer Method. Take the course that you need for the solution of your problems. Write today telling us what you want in life and why you have not been getting it and we will advise you what course to study under the Weltmer method for the happy solution of your problem. Address, Weltmer Institute, Nevada, Mo.

# THE DEPARTMENT OF CHRISTIAN HEALING

Christian Healing employs the power of the indwelling creative life, the living Christ, for the healing of the sick. Its therapeutic methods may be classed under two heads, personal treatment and "absent", or home treatment.

Personal treatment may be given in many different ways, for instance, by therapeutic thinking, therapeutic suggestions, some manipulations, and by the laying on of hands. Home treatment or "absent treatment" as it is usually called, depends upon bringing the mind of the patient and healer into harmony with the purpose of expressing the divine plan in the patient's life and in a correspondence service of instructions by the healer and reports by the patient, with careful training of the patient in the practice of the rules of hygiene.

Our practice of Christian Healing has convinced us that to the Christ power there is no such thing as an incurable disease or hopeless case. When any case is not cured, no matter what the disease, it is because the Christ

power was not awakened to adequate action. No accumulated statistics of failures can warrant a belief in any limitation of the healing power of the Christ spirit or doubt of the possibility of recovery of any sufferer, no matter what the disease. It is our purpose to present in this department every month, healing lessons and the testimonials of those who have been healed for the purpose of awakening and stimulating the faith of those who doubt. We wish to help you to believe that if you ask you shall receive, if you seek you shall find, if you knock it shall be opened to you.

Please observe that Jesus placed no limitations upon what you may ask for. We hope by the presentation of these lessons and the testimonials of the healings that have been done, to convince you that there is no limit to what you may ask for. You may have health, prosperity, and happiness. It is God's will that you have these conditions of life, learn to pray "God's will be done."

Christian Healing does not depend upon the time and place nor the special rites and ceremonies of some certain ritual. Christian Healing is not a matter of method. It is a matter of consciousness. Anyone who speaks the healing word with faith that there is a power which will come into action for the demonstration desired, practices Christian Healing.

Dr. Frances Hagel of Craig, Missouri came into the Magazine Office this morning to talk over the work in which we are all interested. She told us these stories that we are passing on to you.

"When I was here taking the Course I told you about a friend who had epileptic fits and you told me to tell her to relax for the healing thought every day at 12:00 o'clock and to keep the colon clean. I wrote to her and got her started on that regimen and since then she has never had a hard spell. No matter what happens, every day at 12:00 she goes into the silence. She watches eagerly for every copy of the Magazine and her whole interest and dependence is centered upon the Weltmer Institute."

"A neighbor, Mrs. Matilda Carr, had had milk leg with a running sore for over 40 years. Before coming to Nevada, I told her to relax

at 12:00 every day for the healing thought and then, after coming to the Institute and learning about the 9:00 o'clock Spiritual Unfoldment class, I asked her to relax at 9:00 a. m. as well.

"Upon my return home I found that the sore had healed. That was in the fall of 1926 and there has never been any recurrence of the trouble. Neighbors who have known of Mrs. Carr's affliction for 40 years can hardly believe that the healing thought alone could effect such a cure and Mrs. Carr frequently has to prove to them that she is healed."

\* \* \* \*

Many of you could tell equally good stories proving the healing power. Why don't you write them out and send them in? Don't hesitate because you think you are not a writer. Send us the facts and we will put them into literary form for you. Where it is possible without hurting someone's feelings, send the names and sign your own name so that others who read them will know that the stories are authentic.

When you read the stories Mrs. Hagel gave me this morning you will find that your faith courage, and hope are increased. These stories will help you to get well and to get more out

of life. You can tell some stories that will help others to get well and to get more out of life. DO IT NOW.

\* \* \* \*

Possibly I have not been giving our patients credit for the good work they have already done in reporting their cures. Possibly I have been equally remiss in not printing the stories that our healers send us. I find in my Magazine drawer a letter from a former patient which should have been printed almost a year ago. I am giving it to you now and I wish to introduce this letter with the exhortation that every reader of Weltmer's Magazine will read it at least twice. Read it until you catch the spirit of determination, the spirit of this woman who refuses to get old.

\* \* \* \*

Jan. 16, 1928

Santa Paula, Calif.,

Dear Professor Weltmer and  
Dr. Ernest Weltmer:

I really feel that I owe you a testimony and will now try to give it. I never was a real strong woman and after my fourth child was born, I had no more good health, and after my sixth and last child was born, I broke down entirely. For more than forty years I was a great sufferer. I had female trouble of almost every kind and then I had a spell of typhoid fever. In the convalescent state, neuritis of the nervous system commenced on me and the agony I suffered for many years, my poor tongue can never express. In these years of suffering I was treated by thirteen different physicians in four different states.

The last doctor that treated me was a Dr. \_\_\_\_\_ in Woodward, Okla. He treated my with medicine, Chiropractic, Osteopathy and electric treatments. He did me more good than all the other doctors combined that treated me. He treated my limbs and got me so I could sit up and walk, but still I was left suffering a great deal.

He told me he had done all he could for me, (bless him) and advised me to take treatments from Professor Weltmer: I at once wrote Professor Welt-

## BE A MASTER

You can be a master when you learn to control the marvelous powers of your own being.

The Weltmer Mastery Course with personality analysis and carefully directed study, will make you easily master of the marvelous powers of your life.

## SEND NO MONEY

Merely write today saying that you are interested in the study of the Weltmer Mastery Course and you would like to inspect a copy of the text-book used in this study, or fill out and send in the blank below. We will send you for free inspection a copy of the Weltmer Brief Course of Practical Psychology, a personality questionnaire, and a prospectus of the study. You are under no obligations to enroll.

Free Inspection Request.

Weltmer Institute,

Nevada, Mo.

Gentlemen:

I am interested in the Weltmer Mastery Course and I would like to examine your text-book and the plan of instruction. Please send me a copy of the text-book. If after 5 days of examination I do not wish to keep it I will return it to you. If I wish to keep it I will remit \$2.00 which will apply as the first payment on The Mastery Course, if I wish to take that instruction.

Yours truly,

Name .....

Address .....

City .....

State .....



mer and not being financially able to go to the Institute for treatments, he advised me to take the home treatments, which I did at once. This was in the fall of 1923 and I treated faithfully as I could under the circumstances, for I had to nurse my husband for two years. He was a helpless paralytic, so I had no good chance to care for myself as I should. But I struggled on, for I saw I was getting some better, but not improving as I should when Dr. Ernest Weltmer wrote me a letter that opened my eyes to what I was doing, or rather what I was not doing. I had been all this time trying to do just the way that I believed Professor Weltmer was teaching me to do to get healed, but I was not wholly relying upon my inner powers to heal me, and would get weaker in faith at times. When I would get a good letter from either the Professor or Dr. Ernest, it strengthened my faith—gave me courage. I would improve more.

The letter that I speak of that gave so much light on what they wanted me to do for myself ran about this way. "You suffer from double mindedness and that is a condition of inharmony of the mind and causes the inharmony of the body. There never was but one disease and the name of that is 'inharmony.' Do not think about inharmony or the cause of it. What we thing fastens itself upon our minds and eventually on our bodies. Just deny inharmony and hold firmly to the truth of your being—that you are a child of God. In your true self you are whole and perfect. There are no incurable diseases, but you will have to repent. You will have to turn and go the other way, the way you have gone has not been pleasant and you are going to turn around and find ways of pleasantness and paths of peace. Try what I am telling you here. Just kindly and gently but quite firmly go to work and **prove** you are free. 'Lo! I am with you always.' You will be given help in your renewed efforts."

I had just been worried and tired out

waiting on my husband and had lain down to try to rest and was suffering great pain all over me too, when someone handed me this letter. I eagerly read it, as I always do the Weltmer's letters, but I was stumped—beat—I didn't know what to think. Did Dr. Ernest think I was able to work? I read and studied the letter over and over. Then I took a hearty laugh. All at once I saw through his meaning. He wanted me to play like I was getting well—just simply trust and do what I could and keep my mind in a peaceful and trusting attitude, allow nothing to give me much worry and I would soon begin to see myself get stronger and better.

That hour I made up my mind to do just like he told me in this letter and I did so. From that time on, I began to grow stronger and better. I changed all my environments, except caring for husband, and I kept doing all I possibly could for him, while he lived several months longer. I still got many good encouraging letters from my best friends, the Weltmers, which were a great deal of help to me. I got this letter that I speak of in April 1924. I was thin and weak but patiently kept on following the instructions in that letter. I kept my mind off my pain and on everything pleasant and useful. I did all the work I could and still they kept up their part of the treatment with me, and I kept faithfully on too. In the last years 1926 and 1927 I got three pretty bad falls that hurt me considerably, but I just used the Weltmer method of healing and soon recovered.

Now in the year just past, 1927, I call myself a fairly well woman and do considerable work for my age. I will be seventy-nine years old in April but I don't feel old and seldom think of my age. I like younger company and enjoy life. I try to do all the good I can in this world and to make others happy. I attribute all my good health and happiness to the Weltmer method of healing and I am keeping myself well in

# Learn to Relax

Insure Health, Success, and Happiness.  
Ernest Weltmer's latest and  
best Book,

## RELAXATION, HEALTH AND HAPPINESS,

teaches how to overcome tension, how  
to free yourself from habits of worry,  
from constipation and from sleepless-  
ness

### SEND NO MONEY

Sign the blank and send it in and you  
will receive a copy of this fine book for  
three days free examination. If you do  
not wish to keep it after you have ex-  
amined it, return it.

You will want to keep it after you  
have seen it and you will never part  
with it after you have read it and have  
begun to use its lessons. Send in the  
blank today. Start at once on THE  
ROAD TO HEALTH, SUCCESS, AND  
HAPPINESS.

.....  
Inspection Request Blank.

Ernest Weltmer,  
Box 253  
Nevada, Missouri,

Dear Sir:

Please send me post-paid a copy of your  
book, RELAXATION, Health and Happiness,  
for three days free inspection. If, after in-  
spection, I desire to keep this book, I will  
remit the price, \$1.50. If I do not wish to  
keep it I will return it promptly in good  
order.

Name .....

Address .....

City .....

State .....

this way.

This is my program: I awake at  
4:00 A. M. I go through a series of  
forty-six muscular exercises in one  
hour. I rest fifteen minutes, relax and  
think my old treatments over. I then  
get up and light a fire, take a friction  
all over with a brush, then take a tepid  
sponge bath from chin to toes, dress,  
cook and eat three hearty meals each  
day. Take a walk in the sunshine, take  
some deep breaths and before breakfast  
I drink a pint of boiled warm water,  
eat six to eight large cooked prunes and  
for supper I eat a handfull of all bran  
in milk, and now I have no trouble with  
constipation which I suffered with for  
over forty years and with gastritis too.

Now if I have eaten something that  
gives me uneasiness about the stomach  
or heart, I just do a bit of diaphrag-  
matic or abdominal breathing for awhile  
and soon I am all right. I eat what I  
like to eat. I sleep good, I eat good and  
I eliminate good, and have pretty good  
circulation. I have very little pain and  
seldom have a cold. I have taken very  
little medicine for the past three years,  
since the Weltmers began to treat me  
and I now weigh 125 pounds and do  
considerable work. I truly thank my  
dear Infinite Father and Professor and  
Dr. Ernest Weltmer.

With love to all the Foundation, I re-  
main

Ever your friend,

Mrs. G. W. Hedrick.

\* \* \* \*

It is God's will that all His children, of  
which you are one of His well-beloved,  
should have health and strength and ability  
to do the tasks for the accomplishment of  
which he has given you life. Learn to  
realize that this is God's will and learn to  
think of yourself as truly able to have  
these blessings of life. Practice thinking  
of yourself as well and strong and success-  
ful until you can realize that this picture  
of you is really you.

From A "Home Treatment" Letter.

## THE WORLDS WE LIVE IN

(Concluded from Page 10)

teachers, and friends, and in being so situated, that circumstances do not rob them of this realization, they may go through life blessed by the power that such realization gives.

Others by study and training may achieve some degree of realization.

The third way is open to a few more. By shutting themselves away from the world and its claims upon their attention and then transcending their interest in themselves, they may become conscious of the realm of cause and principle and more or less capable of dealing with all things and events from this basis.

These states of abstraction from the surrounding world and the personal self with awakening consciousness of the realm of principle, are familiarly known as "trance."

Some persons spontaneously enter the trance states but some method of induction must be used with most persons to whom trance is possible. There are many methods for inducing trance but all have essentially the same object:—The induction of a bodily sleep with the awakening of the powers of inner vision which are just dawning in the human consciousness, while maintaining the conscious use of the brain speech centers and motor apparatus.

When deep trance is attained one is conscious in the realm of principle, cause, and divine purpose. If religious longing, desire and aspiration have supplied the motive for the induction of trance and the mind is free from dominating prepossessions of creedal superstition, the wisdom of divine purpose then becomes known and the neophyte is for the time a conscious dweller in the Kingdom of God.

## MAY I HELP YOU IN SOME OF YOUR PROBLEMS

The idea has often occurred to offer to help the friends and students of the Weltmer Institute and of The Weltmer Foundation with the problems that confront them.

It is the earnest, sincere and rightly intentioned person whom I would rather help. It is only persons of that nature who have the real and deeper beliefs and problems of life confront them. This bureau of directivity is mainly intended to be of service in the spiritual realm, to help as far as possible to create and engender a greater love for God, to foster the fellowship of Jesus, to express love for our neighbor and to contribute to the brotherhood of man.

Address your inquiries to Edward B. Stone, Secretary Weltmer Foundation. Box 238, Nevada, Missouri.

\* \* \* \*

## HELP A STUDENT

Emilio Gilmore, 1834 Montana Street, San Antonio, Texas, is a young man who is going to school, working for his living, and saving money to take a Weltmer course and become a healer. He is working and studying hard but finds himself handicapped by lack of books. Any reader of Weltmer's Magazine who has some of the Weltmer books which he no longer needs or other books dealing with the same subjects, will help Emilio to work out his problem by sending them to him. Pass on to this young man the books you are through with and help him to grow in the understanding and realization that will make him the great healer he wishes to become.

\* \* \* \*

Get a Shoe Horn—Barnum—"Too bad about that lion tamer, isn't it?"

Bailey—"How's that?"

Barnum—"He's so swelled up over his press notices that he can't get his head in the lion's mouth.—College Humor.

\* \* \* \*

What's in a Name—Indianapolis has nothing to do with either Indians or apples.



## THE GREAT DISCOVERY

The future will record that in the closing years of the nineteenth century Sidney A. Weltmer, an American, made one of the great discoveries of his time:—He discovered the healing power of the hand used as a means for conveying therapeutic suggestion and the healing power of the body and spirit of the healer.

Great discoveries are usually estimated at their true value only after years have passed. This is especially true of discoveries in the mental and spiritual realms. Men have to grow into a realization of the values of mental and spiritual things.

They can easily realize the value of the discovery of a continent to which they can emigrate. They can see the value of a mechanical, and sometimes of a chemical discovery that can be turned into immediate profit, but countries are often discovered many years before they are settled, chemical discoveries are made many years and even generations before they are put to any use, and discoveries of new spiritual and mental realms may pass unnoticed for ages.

Mendel's discoveries of the laws of heredity were lost for many years before their value was determined. Yet, these laws are now the keystone of the arch of the biology of the family and inheritance. Gland therapy was discovered many years before it became popular and it will still be many years before it comes into regular and general use. Weltmer's great discovery of the healing power of the hand probably will not come into general use for some years to come.

However, all who have the wit to profit by it now can enjoy the benefits of his discoveries in the realm of therapeutics. The students of the Weltmer Method are healing the sick all over the world. Those who have the freedom of mind to accept a new idea and those

who are so desperate that they will undertake anything, are receiving the blessings of this great discovery and are being returned to health.

There is healing power in the hand for all who can accept it.

\* \* \* \*

## EASY LESSONS IN EXPERIMENTAL METAPSYCHOLOGY

(Continued from Page 9)

when the pressure comes. When he sees your hand coming back for another stroke he makes this preparation and when the pressure does not come he meets no downward pressure and therefore his hand jumps up, apparently pulled up because your hand is stopped above his.

Another check on this conclusion may be made by having the subject look away or close his eyes and then make the experiment as at first except that, instead of stopping your hand above his, you merely finish the last stroke you make and put your hand behind you. The subject's hand will jerk up at the time that you have been making the stroke, even though your hand is nowhere near his.

Another experiment that will show this very nicely is to take three small boxes all just alike. Fill two of them with shot or some other heavy substance and leave the third empty. Tell the subject that you are going to test his ability to judge the weight of an object.

Have him to hold his hand as if for the experiment. Place one of the boxes, which should weigh about a pound if possible, on his hand and let him heft it. Take that off and place the other heavy box on his hand. As soon as he has hefted that, take it off and place the light box on his hand and you will find that he will throw the light box over his shoulder because of the upward jerk of the arm which was prepared to receive a heavy weight.

These simple experiments show us the importance of checking up on our conclusions and the results of careless, untested thinking.

## THE CHRIST AS SAVIOR

(Concluded from page 3)

Ghost. In you the Son can know the Father and the Father's Holy Spirit and when you do all power in Heaven and earth will be yours to use.

Jesus said that he would teach us to know the truth and knowing the truth would make us free. To know the whole truth of our nature is to have achieved Christhood and the freedom that Christhood gives.

Everyone who strives after knowledge, everyone who wishes to know something more of truth, is striving to achieve Christhood. He may, however, fail of the full vision of what he may know and so make no more than a start, though he live and labor through many years. He must know that the human mind can know all truth, the truth about the things around us, the self within us, and the Father from whom we come.

The beginning of knowledge and wisdom is belief in the possibility of knowing. If we would be well through the power that the knowledge of the spiritual laws of health gives us, we must believe that we can be well.

Belief opens the door, but that is all it does; it only opens the door. We must have the faith that will follow belief with works, with the effort to act on that faith.

If we would achieve the highest degree of health and the perfect manifestation of life we must not only believe that we can be well but we must believe that the power which heals us is the power of God.

If we would do great works in healing others, we must believe that the Christhood is possible for us and then exercise that faith which sets us to undertake the achievement of Christhood. We must learn to live in the consciousness of our relation to God as that of child to Father.

The Christ, the Savior, is the power of the Son to know that he is the Son. It is our power to know truth and to save ourselves from the sins, sorrows and weaknesses of ignorance. In the consciousness of our power to know all truth and our oneness with God we find the saving Christ who takes away the sin of the world.

\* \* \* \*

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The Weltmer Foundation carries a full line of choice books on Healing, Liberal Religion, Mysticism, Occultism, Metaphysics, Psychology, Psychoanalysis, and Self Help, in addition to the Weltmer Publications.

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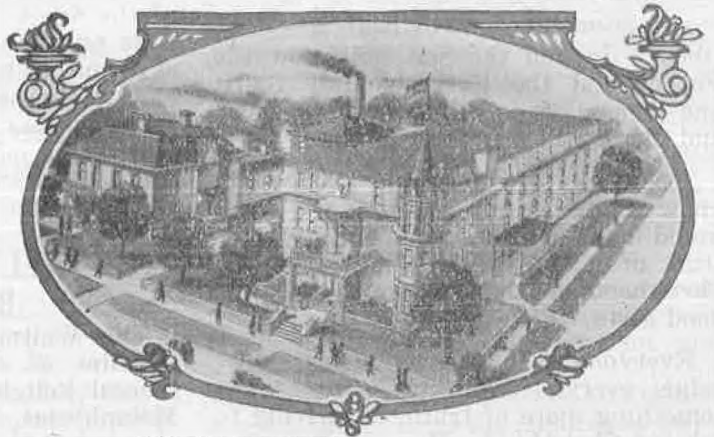
There is a way to health for every one. It leads some over a long and difficult road; for others the road is direct and short.

There is a way to health for you. It may be the short road; it may be the long road; the important point is that there is for you a road that leads to health.

We have collected and bound into a beautiful booklet a number of brilliant articles by Ernest Weltmer telling how the sick may find the way to health. These articles are illustrated by life stories of many who have found healing at the Weltmer Institute during the past thirty years.

There is healing in this booklet. There is wise philosophy in its teaching. There is courage and inspiration in it for you. Get a copy and read it through. You will re-read it if you do. Write for your free copy today.

Address, Weltmer Institute, Nevada, Missouri, Department WM.



The Weltmer Institute, Nevada, Missouri

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It was found that an operation was necessary for the child's cure, and that she must go to the hospital. Her mother promised that if she were very brave she should have the very finest kitten to be found.

As Mary was recovering from the influence of the anesthetic, the nurse heard her muttering:

"It's a rotten way to get a kitten."—Tit-Bits (London).

\* \* \* \*

Popular superstitions claim that some persons have a magic hypnotic power which they can exert over others. This superstitious belief endows the charlatan with fictitious power and gives weaklings an excuse for yielding to their absurd fears.

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# MAGNETIC HEALING

---

The original teaching and practice of the Weltmer Institute was called Magnetic Healing. Although, through the years both the teaching and practice have progressed to include much more than Magnetic Healing, this method still remains an important part of the instruction and of the therapeutic practice.

Magnetic Healing employs that emanation of the body which has been known from the time of Anton Mesmer as "animal magnetism." Before and after his time other observers have called it by other names and finally we have named it maneffluvium.

Maneffluvium, or animal magnetism, becomes a remedy of great power when it is administered by the hands of those who are trained in the right consciousness and the right use of their hands. It is used in all treatments which employ the hand, but in Christian Healing and Suggestion Therapy it is an auxiliary and a vehicle for the conveyance of healing power. In Magnetic Healing it is the chief remedy.

Beginning December 3rd and finishing December 21st, we will teach a course in Magnetic Healing, the original method of treatment upon which more than thirty years of marvelous success in the healing of the hopelessly ill was founded. This will be a very practical easily-mastered course that will teach you to heal as I healed in the beginning of my career. The price is only \$50.00.

This course of Instruction presents to you the greatest opportunity of your life. No account of description can tell

you what it is worth. In order to be a Magnetic Healer you must have the consciousness, the understanding of the laws of mind, and a mastery of the technic of living which will bless your life in anything you do. Even though you do not wish to be a healer you will find this course a wonderful investment that will pay enormous dividends in health, prosperity, and happiness.

This course is tried and tested and the product of a life-time of experience. Beginning with a cash capital of \$3.65 February 19th, 1897 we have done

business running into millions and we have extended the influence of our Institution over the whole civilized world. We have healed thousands after they had been given up to die; we have taught thousands of students who have healed other thousands of desperately ill. We have taught thousands of men and women how to be prosperous, healthy, and happy. What we have done, what thousands of our students have done, you can do when you learn what we can teach you.



S. A. Weltmer

Take up the study of Magnetic Healing. Come to the Weltmer Institute now and you can receive instruction from S. A. Weltmer personally. He is the originator of the Weltmer method of Magnetic Healing which has healed its thousands and has made a permanent impression upon the healing thought of the world. Write at once and let us know that you are coming. Weltmer Institute, Nevada, Mo.

## RECEIVING GRACIOUSLY

(Concluded from Page 11)

her mind to have it removed as it had been barren for several seasons. The practitioner suggested that she use the law of praise and blessing upon the tree, and so give it encouragement. She wisely explained to the student that all things are made of the one Substance; that all are therefore related; and that the spoken word does act upon unmanifest substance and call it into activity according to the faith in the word.

So the lady told her little son and together they entered happily into the plan, and daily praised and blessed the unmanifest buds, and blossoms and visioned the fruit in abundance; and even planned to give some of the overplus to neighbors. They held to the truth that "Ye shall decree a thing and it shall come to pass," and the tree bore richly of leaf and bud and bloom and fruit. It was even necessary to prop up the limbs. So there was "great joy" in that house. Friends and neighbors shared in the joy; and partook of the Substance.

Does it pay to praise and bless? Just try it. Another practitioner had some plants that grew slowly, and seemed not very vigorous. She blessed them and praised their unmanifest beauty and abundance. In three or four days the plants had blossomed. They had not grown, however, so she realized that she had neglected to pray that the fulfilling be in Divine Order. It is the part of wisdom to bless and praise, and claim that the fulfilling is in Divine Order; under grace, and in the perfect way.

\* \* \* \*

**An Unhappy Man**—A taxi driver on a motor trip with his backseat-driving wife.

\* \* \* \*

**Self-Revelation**—We see in others and condemn most earnestly those faults which we unsuccessfully try to deny in ourselves.

## PAYING WITH SMILES

(Continued from Page 4)

comparison:

This humble policeman seemed to have the spirit of which Paul wrote, "As poor, yet making many rich; as having nothing, and yet possessing all things."

His entire fortune was invested in right thinking and it yielded him rich dividends in the way of friends and fortune. It was the only insurance policy which he carried.

You remember he was killed by highwayman while standing on duty, and the news of his death went from lip to lip and crowd to crowd, and it was but a short time until the whole city was in mental mourning over the loss of this fine character. I now remember no public officer here whose loss has excited greater sympathy and regret. His fame rests sacredly in the hearts of the people and his name is chiseled in hard and enduring granite as one of our fallen heroes.

What rich dividends have come on his investment of right thinking! What quick returns have come on his courteous conduct! What a fine insurance it was! His grave is still piled high with flowers and the people have showered upon his widow and children, not only their prayers, but twenty-five thousand dollars in cash, plus a lovely home.

Finding good in people is more profitable than finding gold in the mountains. It makes rich mentally as well as materially. The people liked "Happy" Smith because "Happy" Smith liked the people. The multitudes were courteous to him because he was courteous to the multitudes. Men saw good in him because he saw good in men.

"Whatsoever a man soweth, that shall he also reap," is more than rhetoric.

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"I have been cured of rheumatism and heart trouble and nervousness and weak eyes, and sometime ago I was cured of the bloody flux when other doctors had given me up."

"I am quite well and sleep better than I have for several years."

There is no charge for the healing service. Love-offerings are accepted for the extension of the service to others.

For those who need personal, psychological, or hygienic instructions and weekly letters of advice, there is maintained a Home Treatment Correspondence Service at the nominal cost of \$5.00 per month.

"I did not think it possible that I would ever feel as strong and well, but the best of all is the spiritual control I am getting over myself. I seem filled with joy all the time because of the understanding which is coming to me through your letters."

"Your letters have always been such a help I could not get discouraged."

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Promising my hearty co-operation, I remain.

Yours sincerely,

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# SUGGESTOTHERAPISTS DIRECTORY

A four line professional card of any graduate of the Weltmer Institute, in good standing will be printed in the Magazine for one year for \$1.00.

The purpose of this column is to show sick people in different parts of the country where they can get competent Suggestotherapy treatment near their homes.

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## The Practical, Scientific Application of the Modern Knowledge of Psychology To Real Life

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Good health, a good education, even wealth may fail to bring success and happiness because of failure properly to apply the laws of Psychology to the solution of life's daily problems. Poor health often can be changed for good health; a poor education may be prevented from becoming a serious handicap; and poverty can be changed for wealth by a proper application of the laws of psychology to the problems of everyday life.

The magic wand of the old time fairy stories has been excelled by the magic of modern psychology. Fairy story magic gave the fruits of desire with one hand while with the other it took away the greater joy of achieving. Modern mental magic enables the fortunate beneficiary to build in solid stone the castles of his dreams and gives, with possession, the everlasting joy of consciousness of achievement.

There have always been some men, apparently favorites of fortune, who, without education, favor, or wealth, could have what they wanted at the hands of Fate. Usually we accounted for their good fortune by calling it luck while they accounted for it by claiming the common virtues of honesty and hard work, practiced by the larger percentage of those who failed to win the successes and honors they achieved.

We have at last discovered the true source of their good fortune and now we are able to teach the average man how he may win to places of honor, to positions of power, and to that radiant happiness that formerly was possible to only the fortunate few.

The answer to all of these questions has been found in the practical application of the laws of psychology to real life.

First understand yourself and your

relation to other men and the universe. After you have acquired a good working knowledge of life and your relation to it, you have but to establish yourself in the habits and modes of action which will enable you to claim the things you desire.

The Weltmer Institute lessons in practical psychology, the philosophy of life, healing, and Suggestion Therapy, teach you to understand yourself and train you in the best practical methods for achieving great success in your chosen fields in life.

The proper use of your spare time for a few months will give you such a sense of power through the knowledge that brings mastery that you will find every working hour multiplied in its efficiency and earning power; you will find your capacity for creative and constructive thinking increased and growing; you will find yourself richer in every phase of life.

When one becomes master of the deeper powers of life and conscious of his power over himself and others, he is better able to succeed in any undertaking. When he achieves this consciousness of mastery he finds himself not only able to achieve greater things in the realms of the ordinary activities of life but he is able to learn to heal by the silent thought, the spoken word, and the ministering hand.

The study of the Weltmer Correspondence Course prepares you to be successful, healthy and happy in any walk of life. It teaches you to heal the sick, whether your own loved ones or your patients in professional practice. Fill out the blank on the next page and send it in at once. The price at present is only \$50.00 cash or \$65.00 on easy payments. This price is subject to increase without notice.



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Each issue of Weltmer's Magazine brings to its readers an affirmation for each day of the month of its issue. These affirmations are built upon the teaching of Jesus that the Kingdom of God is within you. They are building up the self confidence, courage, and capacity for achievement in all the readers of Weltmer's Magazine who are using them. These affirmations have almost magic power and with the instructions given for their use, anyone can learn to make good use of them.

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# CONSECRATED HANDS

For years it has been the custom of the Weltmer School to publicly consecrate the hands of its graduating students who have arrived at the spiritual realization of such consecration.

The ceremony of the consecration of the hands is a very beautiful and impressive one. Coming as it does at the end of the study and the beginning of his ministry to the sick and sorrowing, it is a fitting climax and milestone in the healer's life. Some healers come back to the Institute when they achieve a new realization or when the buffets of life have dimmed a bit the clarity of their vision of consecration, to have their hands consecrated anew.

The ceremony of the consecration of the hands of the students of the Weltmer Method establishes a succession which, through these students who shall consecrate the hands of their students in turn, will perpetuate through the years to come the healing by the laying on of hands as originated by S. A. Weltmer, the founder of the Weltmer method. This succession will become more important as the years go by and the world recognizes more and more the value of S. A. Weltmer's contribution to human welfare. The students of the Weltmer Method realize this and feel themselves entrusted with an important and sacred gift for the future.

On Thursday, August 15th, 1929, the fourth day of the A. S. T. A. Convention at Nevada, Mo., there will be a special service for the consecration of the hands by the Weltmers, father and son, of all practitioners and visitors who feel prepared for this ceremony. All of those who feel that spiritually they have consecrated their hands to the service of God in the healing of the sick will be welcomed at the altar on that day and their hands will be publicly consecrated to this service.

Sometimes the student finds difficulty in understanding just what is meant by consecration. To consecrate is to devote, dedicate, to make sacred to some purpose or, in the language of the dictionary, "to make or declare to be sacred; to appropriate to sacred uses; to set apart, dedicate, or devote, to the service or worship of God."

Consecration must first be in the heart, the inner life of the individual. The ceremony of consecration can do no more than bear witness to and recognize this inner, spiritual consecration.

Sometimes consecration comes from some outstanding, illuminating experience. Sometimes it comes from a slowly developing consciousness of the increasing power of the hand as an agent of healing. The ceremony of consecration of the hands at the Weltmer school grew out of an experience of Ernest Weltmer's boyhood.

One day in mid-August a telephone call came to the Institute for S. A. Weltmer to treat a man who was supposed to be dying of gallstones and typhoid. It was impossible for the healer to go at that time. He called his eldest son Ernest, and sent him to treat the dying man. He told the boy to go and lay his hands on the sick man and that he would get well.

When that boy felt the parched, hot skin of the sufferer turn cool and moist under his hand and heard his labored, moaning breathing change to the easy quiet breathing of restful sleep, his hands became something more than merely the means for expressing his boyish will; they became to him agents of Divine Purpose and Love.

Not every healer has this experience in such clear-cut form that it becomes a distinct experience of consecration. The ceremony of the consecration of the hands brings together the experiences of the old practitioner, the hopes, the training, and the crystalized purposes of the student and definitely interprets these experiences, hopes, and purposes, so that forever after the neophyte's hands will be, to him, definitely consecrated to the purposes of God in healing.

The ceremony of the consecration of the hands on the fourth day of the 1929 A. S. T. A. Convention will be one of the most important features of that meeting. The Weltmers plan to make this an occasion of the deepest, spiritual significance to all who take part in it.

Write to either of the Weltmers as soon as you definitely decide that you would like to participate in this ceremony of sacred devotion and let them know that you will be present for the consecration of your hands, and if you have any difficulty in preparing yourself for this event, let them know the nature of your problem and they will be glad to advise you.