

Weltmer's Magazine

"Right Thinking Is the Price of Happiness"

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Weltmer Institute of Suggestive Therapeutics

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Editorials

THE LAST FALL CLASS.

The last Fall Class is enrolled, over fifty, interested, intelligent, active students. The president of the Class is H. C. Ruhmkorff of LaFayette, Indiana and a fine president he is proving himself to be. The Class is doing wonderfully fine work in every study. We could not have wished for a better group of students for our last 12 weeks Class.

THE NEW COURSES OF COMPANY We must work in every age with the INSTRUCTION.

We really meant it when we said we were going to stop teaching the 12 weeks course. This is the last one.

The next professional course will be the four years course. We are now working out the program for that course. It will soon be announced.

The four years course will prepare our students to pass state boards of examination according to the laws of many of the states and when we shall have enough of these students we will easily get laws in all states governing our practice.

This is a long step in advance. When these plans are carried out we will be able quickly to place Suggestion Therapy by the side of medicine and osteopathy as recognized methods of treatment and our practitioners will no longer be subject to persecution under laws that properly cannot apply to them.

When we shall have gained legal recognition for the Weltmer method of Suggestion Therapy and we shall have hundreds of thoroughly qualified practitioners licensed under these laws, we will then have only made another step toward our ultimate goal of applying fully the Christian method of healing and realizing completely the ideals that we believe Jesus would follow if he were on earth today.

We must work in every age with the people and the conditions of that age. We must work now with the imperfectly civilized man of this age. But those who carry on in the future will have very different material to work with; they will have a much more highly developed philosophy to live by and even the legal recognition which we are now seeking will seem a very primitive and early step toward the attainment of the ultimate goals that they will then be living for.

After this 12 weeks Class is finished and before the four year class starts we will be teaching our continuous Selfrealization course which can be entered at any time. This is a course of wonderful value to the student who wishes to develop his own inner resources of mental and spiritual power and it is of equal value to the sick who wish to bring into expression those powers of life which enable them to prove themselves master of their own bodies and their own lives.

There will be four classes every day: Physical Culture.

Spiritual Unfoldment.

Weltmer Practical Philosophy of Life. Practical Psychology. Let us hear what classes you are interested in and how we can make our school best serve you. We are building for a great future and for a coming age, but we are serving this age and the present, now, while we do it. Let us serve you.

The 1926 Convention September 13 to 17.

The Convention is over. In some ways we are all glad. In other ways we are all sorry. We are glad because the tension of constant meetings, lectures, consultations and conversations has given place to a comfortable reaction in routine work; we are sorry because we can enjoy it now only in retrospect.

This was in many ways the best Convention we have ever had. There were not as many in attendance as we expected, but everybody that was here was 100 percent interested and everyone did his part to make the Convention a success. A great deal of important work was accomplished.

Some of the visitors expressed the belief that we would have had a larger attendance if everybody had known sooner just when the Convention would meet. On this account it was decided to set the date for the 1927 Convention at this meeting. The date decided upon for next year is the third week in August which will be August 15th to 20th inclusive. By having the date determined a year in advance we can all make our plans so that our vacation time will agree with the Convention date.

Begin making plans for the 1927 Convention. This is really the most important event of the Suggestion Therapist's year and every sincere, enthusiastic Suggestion Therapist should attend the Convention. Suggestion Therapy is a growing work and those who attend the yearly Conventions of the Association are helping to direct its growth. For instance, this year a committee was appointed at the suggestion of John R.

Thornburg, of Anderson, Indiana, for devising ways and means for promoting the Weltmer Foundation. The work of this committee soon resolved itself into plans for first getting up a big subscription at the Convention and then devising means for spreading the work through the world. The result of their efforts was to raise over \$4,000 in cash and pledges for supporting the Foundation and they devised a plan for the organ_r ization of chapters in any city where a sufficient interest is developed, for supporting the Weltmer Foundation and its work.

The work of organizing local chapters will be done by teachers wherever they have classes and arouse sufficient interest to organize a chapter. All of the local organizations together will be known as "The Weltmer Foundation School of Life." With a sufficient number of such local chapters of the Weltmer Foundation School of Life organized over the country we can be sure of big attendances at the Conventions and of places to lecture when father or I or other accredited lecturers wish to go out teaching.

This is the biggest thing that has been started for the Foundation or for the cause of the Weltmer Service for many years. I believe it is organized in such a manner that it will go over, and I know that this committee, headed by Dr. Mary I. Billett, of Orange, New Jersey, will push it through and see that everything is done that can possibly be done for its promotion.

Convention speeches were unusually

good this year, expressing as they did the fine enthusiasm of the visitors. There is no need for me to remind you who were here and it would be cruel for me to say any more about what you missed who were not here, so I shall pass these speeches without further comment. See that you are all here to enjoy them next year.

I have great hopes for the Magazine during the coming year because of the good responses I got to the request for letters and testimonials from Practitioners. I hope we will be able to fill the Magazine with good testimonials during the coming year. There have been more calls from our readers for more testimonials than for any other one sort of article. In this article I wish to ask all Practitioners to send in the best testimonials you can get. People like to read about the successes of the healers and especially do they like to read about how others get well because this gives them hope to think they too can get well.

The following is a copy of the Convention register. This is the honor roll for Suggestion Therapy for 1926, the names of those who took part in this history-making Convention. Next year I expect this list to contain 500 names. Be sure yours is one of them.

American Suggestive Therapeutical Convention, Sept. 13, 14, 15, 16, 17 and 18, 1926.

Joseph Bator, Washington, D. C.

Henry Decker, Denver, Colo.

A. Frances Decker, Denver, Colo.

Alida B. Neige, Upper Darby, Philadelphia, Pa.

H. J. Metropoulos, Winter Haven, Florida.

Nellie Nelson, New Richland, Minn.

Edna Bradfield, Pensacolo, Florida.

C. F. McCardell, St. Petersburg, Florida.

C. C. Earp, Nevada, Missouri.

H. J. Morgan, Miami, Florida.

Mrs. J. S. Daugherty, Houston, Texas. Juliette D. Kendall, Houston, Texas.

Flora M. Rowell, Kearney, Nebr.

Mr. and Mrs. H. W. Bennett, Conemaugh, Pa.

Elsie R. Norwood, San Francisco, Calif.

Mrs. C. H. Hoagland and Grace Hoagland, Ottawa, Kansas.

Mrs. S. L. Kitch, Decatur, Illinois.

Mrs. W. W. Royer, Decatur, Illinois.

Mrs. J. O. Davidson, Decatur, Illinois. Mr. and Mrs. H. C. Ruhmkorff, La-

Fayette, Indiana.

Lois A. Fox, Goodland, Kansas.

Miss Ida M. Guthrie, Carthage, Illinois.

Edna L. Gleason, Boston, Mass.

Eva Bartlett, Broken Bow, Nebr.

Emma Mueller, Guttenberg, Iowa.

Louise A. Dechow, Cassville, Wisconsin.

A. E. Morehouse, LaFayette, Indiana. Mrs. A. E. Morehouse, LaFayette, Indiana.

Lena, Janet, and Ernest Morehouse, La-Fayette, Indiana.

Dr. J. R. Thornburg, Anderson, Indiana.

Mrs. J. R. Thornburg, Anderson, Indiana.

Hazel M. Pressman, Frostburg, Md. Eula Swarens, Rich Hill, Mo.

M. Dodson, Shawnee, Okla.

Mrs. M. Dodson, Shawnee, Okla.

Mrs. S. J. Eddie, Maud, Okla.

Mr. Eugene Ensign, Decatur, Ill.

Mrs. Eugene Ensign, Decatur, Ill.

Mary A. Bartlett, Broken Bow, Nebr. Benton Jones, Redding Calif.

Mrs. Minnie Boothe, Columbia, Mo.

Mrs. Josephine W. McKenzie, Itasca,

Illinois.

Dr. S. E. Wickham, Chicago, Illinois. John B. Myers, Sr., St. Louis, Mo.

Mme. M. Dawson Bales, Fresno, Calif. Mrs. Chas. C. Schilling, ElDorado Springs, Mo.

Mrs. L. J. Clements, LaFayette, Indiana.

Miss Anne Wilson, Toledo, Ohio.

Miss Phoebe B. Jones, Maplewood, N. J.

Edward B. Stone, Weltmer Institute, Nevada, Mo.

Louis E. Schaeffer, Happy, Texas.

Eleanor Gildersleeve, LaFayette, Indiana.

Alma W. Peterson, St. Louis, Mo.

M. I. Billet, East Orange. N. J.

Matilda Hildenbrand, LaFayette, Indiana.

Mr. and Mrs. R. G. Phillips, LaFayette. Indiana.

Mrs. Iva H. Virden, Mt. Pleasant, Iowa.

Miss A. Walton, Philadelphia, Pa. R. A. Huebner, Springfield, Ohio. J. W. Thompson, Indianapolis, Indiana Willie Mae Woods, Pomona, Calif. Mr. and Mrs. J. J. Couch, St. Joseph, Mo. Emma R. Ellis, Mangum, Okla. C. S. Merydith, Topeka, Kansas. Mrs. B. L. Young, Westphalia, Kansas

Mrs. Maggie Pugh, Soldier, Kansas. Mrs. B. F. Berry, Nevada, Mo. S. J. Medlin, Morrill, Nebr.

E. B. Keeley, Virginia.

Mr. and Mrs. Glenn Turnipseed, La-Fayette, Indiana.

Ernest Weltmer, Nevada, Mo. H. R. Butcher, Ft. Worth, Texas.

Lillian Foster, Nevada, Mo.

Mrs. Catherine Rhoades, Marion, Ohio Mrs. Rachel Roley, Andrews, Nebr.

Mr. Francis LaHue, Nevada, Mo.

Mrs. Frances Hagel, Craig, Mo.

Mrs. Ora Leeper, Craig, Mo.

Lillian Newberry, Claude, Texas.

Mr. and Mrs. T. C. Kirby, Columbia, Mo.

Minnie Frances Kirby, Columbia, Mo. Lucy Frances Booth, Columbia, Mo. Mrs. C. W. Sehrt, Columbia, Mo. Chas. W. Sehrt, Columbia, Mo. Mr. and Mrs. J. A. Oler, Boone, Iowa. A. O. Nethercutt, Logansport, Indiana.

Annie Lehmkuhl, Garland, Kansas. Caroline Lehmkuhl, Garland, Kansas. Nina N. Louder, Nevada, Mo. Henry C. Blandford, Memphis, Tenn. Sam W. Miller, Kalona, Iowa. Mrs. Sam W. Miller, Kalona, Iowa. Miss Mary S. Miller, Kalona, Iowa. Miss Amy S. Miller, Kalona, Iowa. Mr. Daniel Miller, Kalona, Iowa. Mrs. Ingrie M. Quigley, Decatur, Iowa A. E. Lupton, St. Petersburg, Florida. T. B. Tracy, Houston, Texas. Mary R. Myers, St. Louis, Mo.

The Weltmer Sanitarium

Nevada, Mo., U. S. A.

The Weltmer Sanitarium has been established for almost twenty-nine years and during that time it has extended the influence of Suggestion Therapy to all parts of the world. This indicates that there is unmeasured merit and momentum stored in the movement our Institution has started, and our work from day to day is continually under the pressure of the ever increasing consciousness that all mankind needs to know and be able to live in harmony with, and in the consciousness of, the teachings of Suggestion Therapy. Patients who are cured by our treatment and Sanitarium care, are not only CURED patients, but they might also be called GRADUATE patients. We fully instruct our patients so that when they leave us, they will not lose any part of the gain made while under our care, but will be conscious masters of their thoughts and physical

functions and able to maintain normal mental and physical efficiency from that time forward.

Our Sanitarium, and our lives as well, are dedicated to this accomplishment for our less fortunate fellow creatures. Rich. poor, high and low, we are sincerely interested in serving those who come to us for Healing or Instruction, and will give our best and most conscientious service and Instruction. Our regular rates range from \$28.00 to \$50.00 per week, depending upon the character of accommodation desired. Rooms with private bath are more expensive than rooms with only hot and cold running water. The same service is rendered the patient in a \$30.00 room as is rendered the patient in the \$40.00 room. Our regular weekly rates include entrance examination and diagnosis, daily treatment by experienced members of our Staff, under the direction of the Sanitarum Physician,

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room and meals, privilege of attending the daily inspirational lectures and healing services. The Weltmer Sanitarium is under the supervision of Professor S. A. Weltmer and his son, Dr. Ernest Weltmer. They are available any time, for consultation, but can only personally treat a limited number of cases. If personal treatments are desired from them, the weekly rate is \$12.50 additional to the published rate.

Under regular daily treatment and Sanitarium care, we are prepared to keep the healing processes active twenty-four hours of every day until our patients are able to control their health without further help from us. Our Sanitarium is not over-grown, consequently each case receives proper individual care under the direction of the members of the entire Staff, who consult whenever necessary and advisable, regarding each individual case. We have all necessary equipment and can give Suggestion Therapy with the same Sanitarium service that is to be had in Medical Sanitariums, but we give it at a much lower cost to our patrons, and we cure in a few weeks, in many instances, people who have been repeatedly disappointed elsewhere. In the treatment of the sick and afflicted, Suggestion Therapy has given complete relief and lasting benefits to thousands who considered themselves practically incurable. Many have tried Suggestion Therapy as a last resort; to satisfy their curiosity; and, in some instances, to please their friends and relatives. Even in such cases, splendid results have been obtained. The Weltmer Sanitarium numbers among its correspondents and pleased patrons, thousands and thousands of persons, among whom are to be found some of the most prominent men and women in the United States and throughout the entire world. Suggestion Therapy is accomplishing its measure of the world's work with remarkable definiteness.

Suggestion Therapy is a system of healing based upon the philosophical and biological considerations that the tendency of all creation is toward perfection; that mental and physical efficiency is normal; that disease and discord are abnormal; that the human body can and does manufacture in its own laboratories the only serums and secretions that can safely be utilized for its repair and growth; that the inherent intelligence of the human being which made the body and each day performs "miracles" in its repair, when directed properly and given a chance, can and will meet any emergency that can be met. The technique is based upon these psychological facts: Through the thoughts it forms, the mind controls (heals) the body.

We realize of course, that there are cases in which enforced exposure to various disease-producing agencies and various injuries by accident, et cetera, have caused diseases to become established in the body, and in these cases Suggestion Therapy includes: first, the re-adjustment by any expedient method of the mechanical structures of the body to normal relations, Next, the re-establishment of normal function by any expedient method.

The ultimate purpose of all methods required to give relief is to bring the mind and body into a state of harmony that will restore normal relations and PLACE THE MIND IN CONTROL OF THE BODY so that THE PATIENT WILL BECOME THE CONSCIOUS MASTER OF HIS THOUGHTS AND PHYSICAL FUNCTIONS and, thereby, be enabled to MAINTAIN MENTAL AND PHYSICAL EFFICIENCY THROUGH HIS OWN CONSCIOUS THOUGHTS AND ACTS.

Growing out of the study of the histologic structures of the human body and the vaso-motor nervous system, all manner of electrical, magnetic, vibratory, heat, light, cold, and massage treatments have been devised to produce local hyperemia and to change nerve stress in localized affections of the bodily tissues. All of these treatments have met with varying degrees of success, showing that they were all working on the correct theory, but from the fact that all methods were different and none entirely successful, the technique in no one single method has been proven to be ideal. (All of these methods are good and effective in their place and the Weltmer Sanitarium uses them as expedients). The soothing effect of the human hand is not equalled by any of man's inventions. The human hands, intelligently applied to the surface of the body, affect the cutaneous endings of the nerves, cause cerebrospino-sympathetic reflex reactions, relieve sensory and vaso-motor nerve stress, cause relaxation and hyperemia, with no bad effects whatever, and with remarkable regularity, and produce these effects more satisfactorily than any of the contrivances of man.

The members of our Staff have been trained by many years of study and experience to reach their own and the patient's deeper powers of the realm of the spirit.

We have seen patients healed of illness in which death seemed certain. We have even seen them healed after they have been pronounced dead by the attending physician. We have become convinced by our experience and observation that nothing is impossible to the healing power of God when the way is made straight for its manifestation. Not only do they give to the patient all the healing powers that they can impart and for which they can serve as channels, but they also awaken in the patient all the healing powers of his own nature.

There is in every person ample power for the healing of the body. It requires only that this power be awakened. It is this power upon which all medicine, all manipulations and all other forms of treatment depend for their good results. The healing power is in the patient, the only healing power in all the world, the creative, life-power of the individiual.

Our experience of many years con-

vinces us that when the natural healing powers of the patient can be awakened sufficiently any condition of body or mind can be healed. Furthermore, our experience, both as healers and observers, convinces us that this same healing power that enables us to heal our own bodies can be expressed to others by means of the hands and the healing thought. Many persons, especially nurses and physicians, learn unconsciously to express this healing power to those they serve. Our Staff practitioners are trained to express it consciously.

Our principal modes of treating our patients with suggestion are through healing words and the laying on of hands. Our trained staff understands how to awaken the healing power resident in each patient, and when this is done, secure not only perfect, but permanent healing.

Suggestion Therapy enables the patient to live according to the strength of his highest desires, rather than according to the weakness of his doubts and fears and the diseases of various kinds that afflict him.

Our method of treatment brings an individual to a state of conscious selfmastery that enables him to overcome his fears and belief in limitations, which leaves his mind and spirit free and untrammeled and joyous, to work on the things which are important in accomplishing his share of the world's work and discharging his full duty to himself, his family and community.

Our many years of experience are at your disposal. Write us for a diagnisis blank so that you can properly describe your condition to us and we will advise you frankly the best course to pursue in your particular case in order to regain your health on a firm and lasting basis.

"Going Into the Silence"

"Going into the Silence" means first, going away from the turmoil and stress and noise of the world. It does not mean a physical going away, but a mental going away, a spiritual going away.

There are two ways of getting away from things. One is to leave their physical whereabouts, and the other is to turn the attention away from them.

We have a good illustration of that, but sort of turned around, in the radio. We are everyone of us, right now, in the midst of a turmoil of radio waves. There are radio waves from many different directions passing through this space, at this moment. A sensitive receiver might pick up a dozen different sets of radio waves, but you and I, not tuned to them, are entirely unconscious of them, insensible to them; they don't affect us in the least. We are physically in the midst of them, but so far as our experience is concerned, they do not exist.

The philosopher of every age, has sought to make himself immune from the turmoil and stress and worries and troubles of his environment of life, his own life and the lives of those around him. If he has succeeded in attaining this attitude, he has left all the turmoil and stress of the world.

The hermit tries the other method, that of running from things. And many a time he finds that when he has reached his quiet cave, he has taken into that cave, most of the turmoil, because he has taken it along in his thoughts.

When we quiet our own minds, our own conscious minds, we have not very much difficulty in getting away from the turmoil of environment.

When things in our environment bother us, usually it is because something in ourselves is already bothering us.

When we are serene, calm, undisturbed inside, what goes on outside, does not matter much, but when we are disturbed and in great turmoil and stress inside, then it takes very little outside to disturb us a great deal.

Therefore, "going into the silence" is largely a matter of quieting ourselves. It will help a bit, if we can be in a quiet situation, but when we have attained to some degree of skill, when we have mastered ourselves in this discipline, we will be able to go into the silence on a railroad train, a crowded street car, or any other place, no matter what the noise and hurry, bustle and turmoil around us may be, for these things affect us only in degree that they find something in us to respond to them.

Many of us are so turbulent in consciousness that we find nothing with which to respond to the serene stillness of a deep forest; and occasionally, one is so calm and serene in consciousness that he finds nothing with which to respond to the turmoil of the most turbulent environment.

No matter where we are, or with what concerned in life; no matter what we do, we are, ourselves, the most important factors in our lives.

We are the sensitive receivers that tune in to things of environment, or we are sensitive to only certain wave lengths as we might say, and so respond to only certain things.

Going into the silence is a matter of selecting our own wave lengths and of being able to tune out everything we do not wish to affect us. And it is even more than this, it is being able to tune out all wave lengths, being able to tune out every disturbance or activity of environment and to make ourselves sensitive to what comes from within ourselves alone.

Let us learn to quiet the turmoil of our minds, to go into the inner, secret place; let us make ourselves so quiet inside that no disturbance outside can affect us. In order to give our efforts point and objective, let us repeat the Master Affirmation and then meditate upon it in a very calm, serene, quiet way, so that in this very impressionable time of the silence, we will have a right thought impressing itself upon our mind.

Today is a day of realization. Today we get a firmer grasp of life, of the eternal verities that give point and objective to life. This day is a day of achievement, success, increasing health and strength.

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Foundation Notes.

Edw. B. Stone.

The Convention of 1926 will live long in the memory of those whose privilege it was to be present. One said, "This is the greatest Convention I ever attended; every minute is filled with business of interesting and vital import." Another said, "I always look forward to the Annual Convention because from it I get so much that helps in my every day activity. It is worth coming many miles to attend and I consider that every dollar spent in order to bask in the sunshine of the Weltmer Institute brings me abundant return in health and happiness."

The incoming students of the Fall Clinical Class and the delegates to the Annual Convention assembled in mass made an inspiring picture. The climax of it all was reached on Friday afternoon when Dr. Mary I. Billet made an appeal on behalf of the Weltmer Foundation. I have never seen an audience so ably managed and so responsive, the result being that \$654.60 was given in cash and \$3,470 was pledged to the Foundation Fund. Every friend of the Weltmers will rejoice in the boost The Weltmer Foundation received.

Too much cannot be said in loving thanks for the kind and courteous manner in which every one worked for the success of the Convention. The visit of Dr. Mary I. Billet is indelibly written upon the memory of each soul. Words are inadequate to sufficiently express the extent of her message, the genius of ability and the strength of her convincing appeal. Even though she had other calls for service which meant a fitting remuneration, she put off these requests and came to Nevada at great expense because she had made a promise to speak at the Annual Conven-Knowing her wholeness of purtion. pose, and realizing in part, the depth of character and her ideal of true service, lifts our thoughts in thanks and reverence to our Father for the unswerving devotion of such a soul. Thank God for

the blessings of purity, truth, love and justice. May the benediction of Spirit crown her work and abundantly multiply the seeds sown on her world Lecture Tour.

A new auxiliary to the Foundation was formed which is to be known as the Weltmer Foundation School of Life. The idea is to form chapters of this organization in other cities which shall serve as adjuncts of The Weltmer Foundation. The intention is to have a speaker's bureau and for qualified lecturers to organize chapters in the cities they visit. There will be appeals made for the purpose of sustaining and increasing the activities of The Weltmer Foundation. I firmly, believe that out of this will come the impetus and the funds which will perpetuate the Foundation.

The Foundation is now well established, it has passed beyond the period of formation. It is now a stable organization and is destined in the not distant future to assume a magnitude of service that will affect the world.

One of the objects of the Foundation is to establish and maintain a University which shall be the perfect expression of the Weltmer service. In which the workers will be trained to give a service that shall express in magnitude the work of the minister, physician, the surgeon, the scientist.

The Executives of the Weltmer Foundation, Prof. S. A. Weltmer and Dr. Ernest Weltmer, have behind them thirty years of active work in this field of service. They give to the Foundation the results of their thirty years of experience. The University will be the expression of their unselfish devotion.

There now stands between us and the erection of the University the need of one million dollars. Only seventy five thousand dollars is the approximate amount that remains to be cleared before the Foundation assumes the Institute business and its activities. It seems a large sum but when we realize the large number of students and pa-

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tients who have received benefits as the result of this service, and when we also realize what can be raised as the result of collective effort and individual giving, then we say that by united effort the consummation of the ideal of The Weltmer Foundation Executive is very small.

The immediate success of the project depends upon the liberality with which each student, Practitioner, patient and friend gives to that service. This ideal my friend is worthy of every sacrifice. No gift is too large or too small; every single dollar will swell the fund and enable the Executives to press on with zeal, renewed inspiration and with a determination that the University with its Chapel, Hospital, Training School Clinic and Auditorium shall be an accomplished fact within the next few years.

A list of the names and the amounts subscribed by each member of **The** Weltmer Foundation will be inserted in the November issue of the Magazine.

"Music"==The Soul Harmonizer

Sophia A. Rhein.

"Music as the soul-harmonizer is one of the greatest powers for good in the universe."

"Many who play beautifully do not know what music is. It is generally thought that music is a language of the emotions. However, that is not correct."

A happy definition of music is that of Alfonzo de-Zelaya, the son of a former president of Nicaragua. Zelaya is a pianist and a musician of high standing. His definition of music is as follows: "Music is the cause and foundation of Creation. Nothing can exist, nothing can be without harmony. Music is harmony."

"You cannot see music with your eyes. You cannot touch music with your hands. It must be felt just as life must be felt. Feeling is the imagemaker. When we express harmony, we objectify God, which is service, and we are free to serve, and through service we find God, and when we objectify God we have harmony, joy, health and wealth."

Our thoughts must work in harmony with the thoughts of God, in harmony with harmony, and when in harmony then one is successful, for "To be successful one must chord success. There is a great limitless supply of every good waiting for us. Let us come forth in harmony and we can have all things good that are here for us."

"Good music is constructive, for it is the expression of beautiful thoughts." The composers of the past, the great masters, Sebastian Bach, Handel, Mozart, Haydn, Beethoven, Mendelssohn, Schubert, Schumann and many others, also those of today, such as our American composers, Edward MacDowell, Arthur Foote, George Chadwick, Mrs. H. H. A. Beach, Charles Wakefield Cadman, and such foreign musicians of the present, Wieniawski, Dvorak, Moszkowski, Rachmaninoff-all of these thought and are thinking beautiful thoughts. envisioning noble ideals, and through these, creating inspiring and constructive music.

By constructive music I mean enduring music, and such music based on Principle lasts through Time and Eternity. Enduring music has form modelled after a pattern, just as material things are constructed in order to give them form.

"Popular music, jazz music, can hardly endure because it is largely composed of human emotions" and lacks the intellectual element which enters into all enduring art, be it a great painting, an impressive pile of noble architecture, or a dignified stirring Wagnerian opera, or a simple ballad based on form. The Italian composer Mascagni, says regarding jazz music: "The effects of jazz music are so pernicious that jazz ought to be stamped out, just as the use of opiates is. I believe that jazz in all its different forms and developments should be stopped. The governments of the world should stop it in the same way that they are stopping opium smoking and the use of cocaine. For this so-called music is to the spirit, what opium and cocaine are to the body."

Again Zelaya says, "You cannot understand music unless you know that music is in everything and everywhere." And it was Robert Schumann, 1810-1856 the exponent of a new form in piano composition who told us that if we would listen we could hear music issuing forth from the wheels of a moving train, and from th babbling brook; hear music in the waterfall or the rustling leaves, in the rhythm of the pounding sledge and the clink-clank from the blacksmith's shop. Does not the message of such a master inspire one to delve into the realm of harmonic vibrations and seek a larger understanding for our soul's progress-a divine gift that is ours for the asking?

The world fairly vibrates with music. So filled is the ether with rhythmic vibrations touching us every second of the day and night, if we would only be still and listen. What a gift to mankind is this wonderful art-"Music." But how deadened are we to its vibrations because of our restless, earthly strivings. What will we not be able to discern when our human, material ears are attuned to these "noises" as we call them; "noises" which are really only slowed down vibrations, offering us a beautiful orchestra of harmony if our minds would be receptive to their blendings. Who has not heard one of Nature's perfect symphonic compositions while listening to a storm as the strong breezes played through the trees or, as on a cold night, the whistling wind sent its beautiful flute tones around the corners or down the chimney? As I was writing this paper it rained. The showers beat against the window panes and I heard music in their rap-rap-tap-tappings. **From** the water-spout came the melodious sound of each drop as it driptdript-dript, dript, dript,-some sounding like "C", some like "E" and groups

of them together almost like a chord.

Not only does music afford recreation and relaxation but a new field of research is being opened to us in the recognition of the therapeutic value 01 healing power of music. True, this is not a modern discovery, for authoritative writers of ancient Egypt, Greece and Rome cite definite instances of the healing power of music. Papyri. as early as 1400 B. C. relate of its employment by the Egyptians for the healing of many ailments through the various form of incantations, and Dr. Agnes Saville, in her interesting book, "Music, Health and Character" further quotes Hecker who found references in Pliny to the beneficial effects of soft flute melodies for sciatica, while Democritus. Theophrastus and later Plutarch each bear witness to the use of music for the alleviation of pain. Records of experiments in this field are also found in the manuscripts of the Middle Ages. An intensified interest in this subject has been aroused during recent years and investigation will prove to you that practical men of science are acceeting the therapeutic value of music.

To students of Suggestion Therapy, I cannot recommend too strongly for your reading and study, such interesting books as Dr. Agnes Saville's work, already mentioned and "What Music Can Do For You" by Harriet A Seymour, which can doubtless be obtained at any library. These writers will inspire the Suggestion Therapist to greater usefulness and a broader field through the use of music as an aid to healing. Through the employment of the piano. the radio, and the phonograph, one can supplement hand healing with the wonderful therapeutic power of music and through harmony of sound awaken the calls to life giving healing. For this purpose one finds a well arranged list of records in one of the books previously referred to. In time, one's own experience can be depended on for choice of new records in individual cases.

There is sufficient of the right kind of music to heal anyone if he will place himself "In Tune with the Infinite" in tune with harmony, through harmonious thoughts. Take into your consciousness the beautiful strains from every musical number and see what effect these will have on you by placing yourself in a relaxed harmonious condition, so that these vibrations can reach you.

Just because one is not endowed with a talent for exquisite playing on some musical instrument or because one has not been given a singing voice for concert or operatic performance is not an excuse for the lack of interest, the lack of knowledge or understanding to be acquired in a general investigation of such an important art as music. We should be open-minded and should desire to know something of music as a science. We should read the literature of this divine art, study the composers of the past and present and learn how they were inspired how they lived or do live, what they have created and are creating that makes the history of music such an inexhaustible storehouse of healing for mankind.

The Weltmer Foundation School of Life

The Weltmer Foundation School of Life which was formed at the Convention is to be an auxiliary society of The Weltmer Foundation.

It was formed by the Foundation committee of Ways and Means. The Executive Board of the organization is comprised of the following members, Dr. Mary I. Billet, President. Dr. H. C. Ruhmkorff. Dr. J. R. Thornburg. Dr. H. J. Metropoulos. Dr. M. Dodson. Mrs. S. L. Kitch. Mrs. J. B. Myers.

The Executive committee has drawn up the necessary Constitution and Bylaws for the organization and conduction of Chapters.

The following are the Objects of The Weltmer Foundation School Of Life:

1. To raise funds in order to perpetuate The Weltmer Foundation Work and Teachings.

2. To build and support a University for teaching the Weltmer principles of healing,

3. To further perpetuate a hospital and clinic where the Weltmer principles must be practiced.

4. To install and support a library in which the Weltmer books and literature and kindred books, approved by the National Board of Directors, shall be kept on hand for sale and study.

Now follows the Principles which

each Lecturer and Teacher, who shall work as a representative of The Weltmer Foundation School Of Life, must sign.

1. Every Field-Lecturer and Teacher automatically becomes a member of the International Speaker's Bureau.

2. Teachers in the field who represent The Weltmer Foundation School Of Life and Officers of each local organization, shall stand firmly on the principles of the Weltmer Teachings and shall be of good moral character.

3. Teachers in the field for The Weltmer Foundation School Of Life shall have a local reputable representative to handle all contributions for The Weltmer Foundation.

3A. When a Lecturer in the field receives any contribution for The Weltmer Foundation it shall be sent in direct to The Weltmer Foundation Headquarters, Nevada, Mo.

4. Weltmer Graduates shall receive preference as Field Workers.

5. Each Field Worker must furnish three references as to character, ability and standing in the community.

6. Each Field Lecturer must pay his or her own personal expenses.

7. All monies that are raised by the Field Worker for The Weltmer Foundation School Of Life shall be handled according to the Constitution and Bylaws of the Association.

8. Each Field Worker and each Officer of the Local Chapter of The Weltmer Foundation School Of Life shall sign a Declaration of the above principles which have been passed upon by the Weltmer Foundation National Board of Directors.

The above is a brief outline of some of the work of the committee. A hearty invitation is given to Teachers and Lecturers to link your efforts with the efforts of the committee, actively unite with them in the great endeavor. Copies of the Constitution and By-laws will be printed, they will be ready for the use of Local Chapters. Three live wires in the persons of Dr. Mary I. Billet, Dr. Henry C. Blandford and Henry Decker have signed the principles. Very shortly these three Field Lecturers will have a convincing report of their drives for The Weltmer Foundation.

Get busy, see that there is a Local Chapter in your community. Teachers and Lecturers read carefully the eight principles of qualification and should they meet your approval, write immediately to the National Headquarters, Nevada, Mo.

Address communications to Edw. B. Stone, Sec.-Treas. The Weltmer Foundation School of Life. Nevada. Missouri.

The Weltmer Foundation State Honor Roll

It is with decided pleasure that again there is presented to you the Honor Roll of the standing of States. While Indiana still maintains the lead it is very evident that Missouri is making a decided effort to secure first place, there now being only the difference of \$162.00 between them.

Another notable feature this month is shown in the ascension of the State of New Jersey from the 23rd position to that of 3rd. Too much cannot be said in appreciation of the dear souls who so ardently give, with the intent that The Weltmer Foundation shall become a great working factor for the perpetuation of the Weltmer teachings and to minister in Christ's name to God's children.

This month we have included the gifts by preferred Stock Certificates to The Weltmer Foundation, we have added the amounts thus given to the State total and the result shows a distinct change of position on the Honor Roll. The love gift of Dr. Mary I. Billet of \$1,000 in preferred stock and \$100.00 paid in cash, has brought the State of New Jersey to the 3rd position. The timely gift of \$500.00 in cash by Mrs. J. B. Myers put Missouri from that of 5th to 2nd place. The Federated Malay States, represented by our good friend Mr. Chong Goon Choong, is also gradually ascending the ladder.

Great changes will take place in the very near future and I know that as the result of the Convention, which has just been held, there will be a steady stream of support coming to the Foundation. Never before has there been such an interest shown in the Foundation. Those who were present say that this service shall become the greatest healing service in the world.

Why should we not work diligently and persistently? Have we not been blessed a thousand fold? Are there not many thousands who can testify to the healing efficacy of the Weltmer service? Thousands of people have been put upon the right road to health, happiness and abundance through the service originated and promulgated by the Founder, Sidney A. Weltmer and his efficient and faithful son Dr. Ernest Weltmer. Who can judge of the extent of this service? Who can estimate the extent of the service yet to be given?

Now follows the list of States. The amounts opposite each name represents the loyalty and industry of the faithful. It is only representative of the faithful few, because there are many thousands who have been blessed by this service but up to date either their interest has not been awakened or they manifest a state of apathy regarding the work of the Foundation. We cannot receive blessings unless we give, it is the Law.

Glance carefully the list of States and observe the position your State holds. Are you satisfied with that position or does it not appear that it is in your power by personal work or otherwise of increasing the amount opposite its name?

	sing the amount opposite its	name:
1.	Indiana\$	1295.00
2.	Missouri	1133.81
3.	New Jersey	1100.00
4.	California	
5.	Michigan	. 862.00
6.	Florida	745.00
7.	Illinois Texas	709.00
8.	Texas	665.00
9.	Iowa	557.00
10.	Kansas	545.68
11.	Nebraska	540.00
12.	Canada	400.00
13.	Pennsylvania	357.00
14.	Washington	315.00
15.	North Carolina	392.00
16.	Ohio	275.00
17.	Minnesota Oklahoma Massachusetts	235.00
18.	Oklahoma	230.00
19.	Massachusetts	. 221.00
:20.	New York	. 211.00
21.	New York	135.00
22.	Colorado	120.00
23.	Federated Malay States	77.29
24.	Wisconsin	69.00
25.	West Virginia	47.33
:26.	Australia	
27.	Arkansas	= 20.00
28.	Mississippi	20.00
:29.	TItah	20 00
.30.	Alabama	15.00
31.	Vermont	. 14.00
.32.	Alabama Vermont Louisana India	. 11.00
33.	India	10.86
-34.	Idaho	10.00
-35.	Oregon	10.00
-36.	Oregon Virgiana	10.00

37.	Wyoming	10.00
38.	Central America	8.50
39.	Montana	6.00
40.	Georgia	5.00
41.	Kentucky	5.00
42.	West Indies	2.00
43.	Maryland	.50

AN OPEN LETTER.

Dear Friend and Co-Workers:

Certainly you are glad to know that the Weltmer Principles of Healing are to be perpetuated!

During the Convention many loyal students and friends heeded the call of an appeal, made by the President of the National Executive Committee, and accordingly pledged over \$4,000.00.

Since the Convention, The Committee has been hard at work organizing The Weltmer Foundation School of Life which is to have Chapters in every town and city with the objects as outlined in the Secretary's report.

It is hoped that every graduate of the Weltmer School and every person interested in progress will interest patients and friends in organizing a Chapter. When YOU need an organizer write Home and tell us about it.

For the present Nevada, Missouri, will be home, but know that Nevada, Missouri, did not make the Weltmer Principles but the Weltmer Principles made Nevada what it is to us, and, in return, the people here are blind to their blessings and privileges. Therefore it was decided, after due consideration, to build The Weltmer University, and other buildings among people who will appreciate and aid such a project in their Community.

There is an urgent call to California, Florida, Indiana, Texas, and St. Louis. However, no decision, about location, will be made until we have enough money in our treasury to invite other bids and propositions.

Help us organize Chapters in your Community and get subscriptions for our Building and Sustaining Fund.

The National Executive Committee is composed of people who have temporarily put aside their own interest to help this noble effort to serve all. We need YOU with us. Let us pull together to crown the LIFE WORK of the Weltmers with success.

Your help will give life to the exten-

sion of a greater service.

Yours for abundance, National Executive Committee. M. I. Billet, President.

Thinking and Expression.

By Edward B. Stone.

"The old thoughts never die. Immortal dreams outlive their dreamers, and are ours for aye: No thought once formed and uttered can expire." We can not over estimate the value of thought and expression to the individual. Generally speaking we are not aware of the power generated through the process of thought.

Do you as an individual realize you are endowed with all powers as a creator? Do you moreover realize that it is in your power through the processes of thought, of thinking and expression, to make of your body and mind whatsoever you would have them to be? I am inclined to be positive and assertive in my statements. There is a reason for it because my observation of people and my understanding of the psychology of thought brings me to the realization that to help people that they in turn may help themselves is to point out to them how they by the processes of their own thinking and expression make conditions and determine bodily and mental reactions.

You are by thought a creator and reap as a result of your own thinking and expression a condition be it good or be it bad. In our field of practice here a large percentage of the cases need to be reached through the process of right mental dirction. Generally speaking individuals are prone to the thought vibrations of disease. The fact that so and so is sick lends a proneness to our analyzing ourselves to see if we do not have the same feelings and the same reactions as the sick person. That is what I term living in the sick consciousness. It is a mis-direction of the use of the creative faculty of thought.

For the purpose of clearness and in

order to help you so that you may help yourself, I will put thought in two categories, namely Positive Thinking and Passivity. The strength of individuals is generally noticed by their manner of axpression. The Passive individual is one who manifests non-resistance. He is the type of person that drifts with the wind and susceptible to adverse tendencies, thoughts and ideas. The individual who manifests the positive attitude is decidely different from the Passive man. The positive man exercises great care in his thinking and expression, he does not drift with the crowd and is not prone in reacting to thoughts other than those he knows are conducive to his good and wellbeing. This type of man manifests a state of mental activity ' that safe-guards him from the diseased states of consciousnss.

I could not do better in this article than to impress the idea of the of thinking and expression value it pertains to the life of the as individual. In my expression to you now I am using the positive attitude of mind. My purpose is to awaken you to a realization of the power there is in creative thinking. I would exhort that you so understand yourself and your power as an individual through the process of thought that you would henceforth be methodical in your thinking and expression. Cease looking to other individuals as the standard upon which you base your mental reactions. Recognize yourself and the power you have and do not entertain for one moment an idea or thought that will be adverse to your best interests. Understand that you are a creator in thought and that through the right use of thinking and expression you can create and generate right bodily functions and mental reactions.

Be observant, watch the people generally who exist in nervous and run down conditions and you will find by mental analysis that they are the type of people largely who are influenced by disased states of consciousness. On the other hand observe the individual who is healthy and you will find that in the main they are the people who have a strong purposeful manner and the determination to resist that which is not conducive to their good and wellbeing.

The work of the healer resolves itself largely to understanding the mental reactions of his patients. After he understands the proclivities of the patient he then seeks to remove the ideas from the mind of the patient that are of an adverse nature and impart in their place new thoughts, new ideas and new view points such as will have the right bearing upon the case.

Thus my friend the intention with which I have applied myself in this article is to endeavor to get you to understand yourself and to rightly use your mental faculties. Think upon these words "I am a creator endowed with limitless power through thought to bring into expression all that I need." Realize your unlimited power and express yourself in the consciousness of that realization. Determine henceforth that you will so live your life and so govern your mental and physical reactions as to make of your body and mind a perfect replica of the God idea. Let us do our best to express the fullness of that image, mould a character and make a personality in harmony with divine purpose and love.

Chapel of Silent Service

Conducted by Ernest Weltmer.

The thought by which you "tune in" for receiving the helpful, healing message broadcasted hourly by the senders of The Weltmer Foundation Telepathy Class from January 15th to February 15th, 1926, is

"I trust God's plan of Life"

Think this "tuning in" thought until you feel you are in harmony with all other men, while you relax, then listen for the words of the hourly message. Use the same method when you relax for your treatment if you are one of the Home Treatment patients.

SILENT CHAPEL.

Every morning at 9:00 we have a healing service in the Psychology Laboratory. After we are seated we shut the dark windows and turn out the lights.

Shutting out the light is symbolic of shutting out the claims of the world and of conscious life. In the soft gloom of the laboratory we relax comfortably. We turn our thoughts away from life and its worries, the outside world and its noise, and direct our attention inwardly to our place of power.

When we go into the silence we find always a new strength with which to go back to the problems of the world. All find daily benefit in this exercise, many find the consciousness of mastery or healing for their bodies.

The thoughts we think while relaxed in the healing service are very important. They profoundly influence our lives, not only during that time but also for some time to follow.

It was at these morning spiritual unfoldment classes and healing services that I gave the lectures which we are now distributing under the name of "Spiritual Unfoldment Lessons" and some day will probably print under the name "Out of the Silence," as suggested by Mrs. Agnes T. Christian, of Chicago.

For the last few days the key note of the healing service has been the idea of the creative and mastering power of the divine man. We have been studying the great truth that man is made in God's image and likeness and that he partakes of the nature of God, sharing with his father, creative power in his own life.

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We apply the principle by means of an affirmation which we speak together in unison. Our first affirmation is this: —"I am divine in my body." Then we take part by part, organ by organ of the whole body as "I am divine in my eyes," "ears," etc.

When we make these affirmations we put into the statement, "I am divine in my body," etc., the consciousness of power to create and recreate; build and rebuild the body. We "speak the word" with power, all the power that our consciousness enables us to put into it.

"I am divine in my body," means "I

am creative power;" "I am mastering power;" "I am the power to make my body divinely perfect and beautiful and strong and healthy."

When we do this in the right way, we can, during the short period of silence that follows the statement, feel a strong, warm glow of health in the organ in question.

Try this. See what great good it will bring you. Practice this while you are taking your home treatment and when you unite yourself to the creative principle your healing will be easy.

A Lesson in Loving

The Story up to Date.

Jeremy Jones, enjoying poor health without finding any relief from Doctors and patent medicines, finally, to please the widow Pease, with whom he was in love, went to Weltmers' and was cured. On his return he married the widow and then undertook to convert his old family doctor, Amos Soma, to Weltmerism. The doctor went to Weltmers' as a retired business man, suffering from sciatica. He was so benefited by the treatment and impressed with the teaching that he took the course. He even made an effort to convert his old schoolmate Dr. Alfred Breite, whom he met in Kansas City one day for a renewal of their friendship. Dr. Breite was not interested.

Upon his return home Dr. Soma was surprised to find very little genuine curiosity as to where he had been, but instead, a pretended interest and curiosity which obviously veiled secret thoughts. He was greatly puzzled by this attitude on the part of the home folk. He had known most of these people all of their lives, he had ushered a large proportion of them into the world and they were usually to him like one big family, but now he felt that there was some barrier of misunderstanding between them.

One of his old friends finally gave him a hint of the nature of the trouble. He came in to consult Dr. Soma about his "game" knee.

"Looky, here Amos," he said "I want you to look at this knee of mine again and see if you can figure out something that can help me, but I want you to promise you wont hypnotize me nor anything like that."

"What are you talking about Uncle ' Joe"? The doctor required, "How did you get the idea that I might try to hypnotize you?"

"Ah! well, I guess you needn't play so innocent Doc," said Joe, teasingly. "We all know where you've been and a lot of the boys say they wouldn't dare call you any more because they're afraid you might use hypnotism or some kind of psychology on 'em."

Dr. Amos was almost stunned. He had been very careful to tell no one where he was going and he felt sure no one knew where he had been or what he had been doing: At first he thought possibly Jeremy Jones had told but Jeremy denied having mentioned it to a soul.

"Why Doc" he said with an injured air, "I promised I wouldn't tell and I didn't. I never once mentioned you and of course nobody suspected I knew anything about where you'd been, but I've been hearin' a lot of this gossip lately. Everybody has been talking about it and I've certainly given a bunch of 'em an ear full when they said anything to me. I've always pretended I didn't know anything about where you was but I told 'em what Weltmers' had done for me and what I knew about them down there. I told them too, that there wasn't no hypnotism about it and that they didn't know anything about hypnotism anyway. But somebody has been putting out this talk in a way that I don't like and I think it's somebody that's been trying to hurt you."

Dr. Amos was too kind hearted to easily admit that somebody was spreading these tales to hurt him. He had to admit that whether intentional or not the whispers which continued to circulate about him were ruining his practice and turning a great many of his former friends against him.

One by one, some of his best friends came back to him and when they found that he was glad to talk to them about the rumors that were going around the town, they willingly told him all they knew.

Most of them accepted the doctor's new view-points at last, to the degree that they no longer condemned him, even though they could not agree with him that the Weltmer teaching was as wonderful as he thought and they readily enlisted to help him trace the rumors to their source.

In spite of their most diligent efforts however, they could find no one who had heard any of the tales the first time. Most people had heard them from a number of sources and no one could be found who felt that his informant was the source of the stories.

The doctor had a fine opportunity to put to the test one of the central principles of the Weltmer Teaching. The Weltmers had taught that the golden rule was to be applied under all conditions, that no matter what "the other fellow" did, one who was practicing the Kingdom should meet all the world with love and do to others as he wished them to do to him. He must never allow his enemies to set the pace for him. He should never let them be his guide. He must always choose his own way and gait.

He met his old friends as if nothing were wrong. No matter how they joked or sneered at him in veiled allusions,

he met them with the same old friendliness he had always felt for them. But he was some what surprised that he really did feel toward them as he **al**ways had felt. He found that when he controlled his attitude of mind as expressed in actions he controlled his feelings also.

It was only then that he discovered the real meaning of the Weltmer teaching that love is never bought even with love, and that when one loves only his friends and those who love, him he misses the finest fruits of loving. One profits most by the love he gives to those who try to be his enemies. Not only does he prevent them from really injuring him but he brings into expression the finest elements of his divine nature and acquires a freedom and independence that the mere exchange of love can never give.

The doctor found that this experience with his whispering enemy was a blessing in disguise. Often in his thoughts he blessed his unknown enemy who was trying to injure him by telling lies.

One day when talking to Uncle Joe, who had become his staunch supporter and thoroughly converted to the Weltmer teaching, Dr. Soma summed up the whole matter:

"I tell you, Uncle Joe," he said, "whoever is out gunning for me has injured my business pretty badly but he certainly has done me a big favor. You know when I heard the teachers at Weltmers talking about the practical value of loving your enemies and the necessity of learning to love without thought of whether that love would be returned, I thought that they were just talking because that sounded good and fitted in with the Bible. But I have found out there is a lot more to it than that. Why there isn't a man in this town that can make me have hard feelings toward him and there are very few of them who haven't tried. I don't believe there's a man in the world that could really make me mad. Yet, before this happened I remember I was getting mad at somebody a good part of the time and there were a lot of folk around here I didn't have any use for."

"Ah! Come off," Uncle Joe interrupted. "You're being too hard on yourself now. You know you always did like everybody."

"Not like I do now, Uncle Joe," Dr. Soma insisted. "I have the warmest kinds of feelings for everyone now, even when I know they are trying to injure me.

"A woman came in here the other day and tried to get me to hypnotize her boy and cure him, and she wouldn't take "no" for an answer. She swore I could do it, but I just didn't want to. And do you know I never once got mad at that woman! I just felt sorry for her and I tried to help her figure out some way to help that boy. And I think we are going to straighten him out too.

"Why if I knew who was at the bottom of all of this pack of lies, I'd like to shake his hand and thank him and tell him what a good friend he has proved himself. And I wouldn't be putting it on, either, that's the good part of it. Do you know, Uncle Joe, one of these days I'm going to teach a class in the Weltmer Philosophy?"

"That's a good idea, Doc" Uncle Joe interrupted, "Start it up right away. I have a bunch of folks I'm going to bring. If I can just get my wife to come to your class——"

"Hold on a minute Uncle Joe! Hold on a minute!" the Doctor interrupted, laughing. "Not so fast. I'm not going to start right away. I'm going to wait until some of this talk dies down and I'm going to get a few more of the boys to see I'm not entirely crazy before I tackle that situation, but when the time comes I'm going to teach a lot of these people to get some of the good things that I got at Weltmers'. I wouldn't take a million dollars for my ability to meet this trouble in such a way that instead of hurting me it is really helping me. I'm learning Uncle Joe, that the biggest thing in the world is love and that when we have love we have everything else that counts."

Mr. Ernest Weltmer Dear Sir:

After spending nineteen months in bed, the services of fifteen or twenty physicians, the Miracle happened.

Your father gave me six treatments, I got up and sat in a chair, I regret very much to give him up but he says he must be going home.

Please send me instructions how to begin the correspondence course and the necessary lessons. The Professor says I am strong enough with nothing else to do to complete it in about sixty days which I am very anxious to do for more reasons than one.

With a grateful heart I write this letter for I consider the coming of the Professor an answer to my prayer, a demonstration long prayed for.

On receipt of the course I will mail you a check.

Cordially yours, Paul C. M.



Ernest Weltmer's Page

July 16, 1926

I am writing this on a Canadian National train from Halifax to Yarmouth, "Nova Scotia By the Sea", according to the Rail Road folder. That is a very good way to describe this Province unless we changed it to "Nova Scotia in the Sea." The map shows Nova Scotia practically surrounded by the waters of the Atlantic. It is almost pinched off from the mainland by the Bay of Funday and the Gulf of St. Lawrence.

That map is not entirely trustworthy, however. It gives the impression that there is only room enough for the Canadian National Rail Road on the land bridge that connects the Nova Scotian peninsula with the main land and entirely overlooks the fine ranges of wooded hills, the broad marshes and winding rivers that make the country so interesting from Moncton to Truro. Then again it fails to give any hint of the countless lakes and streams that make the whole of Nova Scotia a land of endless beauty.

We have stopped again—a fixed habit with this train—and, as usual, at the head of a bay that is surrounded by wooded shores and dotted with islands. The villages are at the heads of deep bays, each one more beautiful than the last. I was moved to wish I had a summer home on one of these bays, when I saw the first half dozen of them, but I have about given up the thought of it now, for I believe I'd never be able to decide on a choice if I really came to the point of doing it. It seems to me I'd wish to live on one of the islands —but which one?

We have stopped again and out there lies a land-locked bay. I know it is a bay, because I see marks of the tide on the shore. There are so many islands, some of them high hills, that they entirely shut off all view of the open sea.

There is a fine motor road, this railroad, and abundance of water to sail boats on. For some reason not apparent to me, no one seems to be using the water for that purpose, however.

We have just passed Mahone Bay. Mahone Bay City has a Chamber of Commerce which has erected a sign board setting forth the advantages of that city. Among other attractive features they claim 365 islands. I am prepared to accept those figures in spite of their source.

The lakes are so numerous and so crowded in the valleys that some of them crowd the ocean. I have seen several that were separated from the sea only by a narrow dike of rocky beach.

There are many swift rivers of clear, brown water, giving an abundance of fishing places and water power in every valley. There are not many farms, but where there are farm buildings they are usually very substantial and well kept.

I have never seen a land with more flowers. There is not a wide variety in bloom at this particular time, of course. but there is a very great abundance of such as are blooming now. The fields and glades are bright with great white daisies, buttercups, violets and a yellow and brown flower I do not recognize. The swamps and river banks are purple with sheep-laurel. Every pond and ditch is bordered by blue iris and down here toward the southern end of Nova Scotia we see spireas and a beautiful purple. thistle-like flower. There are great beds of wonderfully fragerant, deep pink wild roses and yellow, artist's paint brush glows among the daisies where the buttercups are lacking. The ferns, of many varieties, grow everywhere, the most and the finest I have ever seen. To complete the picture, a setting for the lakes. a back ground for the ferns and flowers, and in themselves as charming and beautiful as these other lovely things, are the trees:- young spruces, cedars, pines, firs and birches, with here and there a clump of older trees and rarely a bit of primitive forest that has escaped the woodsman's axe.

Altogether, Nova Scotia is a wonderful land for the summer visitor and tourist and if I may judge by the appearance of the dwellers therein, it must be an even more satisfactory place to live the year round.

My time did not allow a stop at Yarmouth, so here I am right out in the middle of the ocean, or Lake Michigan if I am to believe my eyes. But then if I were to believe my eyes I would think there is nothing anywhere but water under a blue bowl of sky, the sun, a pair of gulls coasting in the air-wake of our ship and this ship. The Nova Scotia hills and lakes are a memory-why not a dream, a fancy?---and the Massachusetts coast and Boston that lie ahead are but hopes-why should Ι trust them?

Here before my eyes are the vivid realities, the solid things of the man who believes what he sees and only what he sees, and denies everything else. I have never gone across this part of the ocean to find Boston at the end of my journey. Why then, should I believe that such a port is there. My eyes tell me that we are making a great fuss of stirring up the water, but that we are, for all that, merely swishing the water around in the bottom of a wide shallow saucer of more water. It is quite apparent that if we were not standing still here or going about in a circle of this great dish of water, we would come to the edge and fall out of it. And how can there be any mistake about it? I see these things and "seeing is believing".

I wonder if I am not just as foolishly limited in my understandings of many phases of life as I would be in my understanding of the world if I said that the physical world is as I see it this morning. I know many of my opponents make that mistake. Because they have not travelled all the roads of experience I have travelled, they say such roads do not exist; because they have not seen what I have seen they deny the accuracy of my maps.

And now! I've been to Boston! I'm on the train going away. On to Niagara Falls and then to St. Catherines, Ontario.

I had another illusion shattered in Boston. Boston-Culture; Culture-Boston! And then I walked miles—at least so it seemed—and asked people, and finally had to take a taxi to find a book store. Boston will never again seem the same to me. I was so tired by the time I found a book-store that I had no heart for sight-seeing, so I went to two movies, hoping to hear some good music. They were good pictures—at both places.

* * * *

I am back in St. Catherines, Ontario, a beautiful little city in the "garden of Canada." This is a city of big elms and brilliant roses. The streets 'are smoothly paved, leafy tunnels, bordered by well-kept yards and flower beds. There is an air of substantial security and established position about the city and its inhabitants.

The country round about well deserves its title of "garden". It is one of the most cultivated areas I have ever seen on this continent. The whole of the Niagara penninsula and north to Toronto is solidly planted and cultivated. And it is cultivated. The thousands of acres of orchards and vinyards are well cultivated and free from weeds. The grapes are carefully tied up on their trellisses and the fruit trees properly pruned. I have yet to see a neglected orchard in this region.

On my way to Nova Scotia I passed through the provinces of Quebec and New Brunswick. Each province has its peculiar interest and charm. The first part of the journey was along the St. Lawrence River and through the Laurentian Mountains, said to be the oldest in the world.

In Quebec the population is chiefly French. Each village, even the smallest, has a fine church. The houses are on the whole quite substantially built. The farms are fenced with straight pole and stone fences. Probably the most striking feature of the landscape was the appearance of these fences as one looked off over the valleys. The fields are so narrow and the fences, consequently, so numerous that as one looked accross them either ahead or back along the railroad one saw nothing but the fences. The green of the fields was entirely lost.

The whole of the region through which I passed is covered with boulders of every size, apparently left by the melting ice cap that once covered all this country and which apparently largely formed its geography. These stones have been picked off most of the fields. In some places they are used to make fences, but in many fields of Quebec they are collected into scattered, flat heaps where they take up a great deal of room. I was told, (I do not know how truthfully) that these heaps of stones were for the purpose of "attracting" the sun and hastening the melting of the snow.

New Brunswick seemed to be the wildest part I saw. In one field there I saw two wild deer, running from the train. But even that province is entirely unlike the Canada of the movies. It is a charming, well-ordered country of farms and towns, beautiful lakes, rivers and young forests. It has fine motor roads and tourist "accomodations". It's trains run on time.

I am looking forward to the time when I can loaf through Eastern Canada via automobile. I am quite charmed by our northern neighbor.

A Pre-Publication of the Healing Thought

Every day from eleven thirty to twelve noon (with the exception of Sundays) a lecture is given by one of the facutly. Precisely as the clock strikes twelve the speaker and the entire audience join their united forcs in silent concentration upon the selected thought. The thought is carefully selected by the speaker for the benefit of the many who look this way for help.

Keep each copy of the Magazine so as to have the consecutive healing thoughts.

Make yourself receptive, each day as the clock strikes twelve and receive the benefit of the United Healing Thought as it is broadcasted from the main center in Nevada.

By memorizing these healing thoughts and meditating upon them you will have a ready vocabulary of constructive and positive thought as will mean for you a changed consciousness which will result in health.

Sep. 18-20 "The past is consciously buried, I live in the beauty of the promised future."

Sep. 20 "I feel the touch of God's hand and it stirs my soul with renewed hope."

Sep. 21 "Health, happiness and peace in abundance are manifest to me, now."

Sep. 22 "I am transformed by the quickening power of God's love.

Sep. 23 "I will trust and not be afraid."

Sep. 24 "Every fibre of my being responds to the thought vibrations of health."

Sep. 25-27 "I resolve to henceforth express in the positive attitude of health."

Sep. 27 "My body is cleansed and purified by the Holy Spirit that glorifies my life."

Sep. 28 "My body is the temple of the living spirit, I express in the consciousness of this realization."

Sep. 29 "I am filled with joyous, active life and every thought praises God for the blessings of His ministration."

Sep. 30 "The quickening power of God's love heals me, now."

Oct. 1 "There is within me a perfect power, I will trust this power to heal me."

Oct. 2-4 "I am man, child of the Infinite Father whose nature I inherit and express."

Oct. 4 "My eyes behold the glory of

the Lord."

Oct. 5 "I can and I will get well."

Oct. 6 "I am healed in the realization of my oneness with Infinite Love."

Oct. 7 "Today is a new day, it is the beginning of a new era, I list to the call of the Spirit and will do its bidding."

Oct. 8 "All my thoughts are constructive and expressive of perfect health."

Oct. 9-11 "I thank God for His Infinite blessings."

Oct. 11 "I am sustained and strengthened by the quickening power of God's love."

Oct. 12 "I realize the glory of my divine soul."

Oct. 13 "I fill every organ of my nature with healing life."

Oct. 14 "I am master over every negative condition of body and affairs."

Oct. 15 "Praise God, my Father, for the mighty power that is mine."

Oct. 16-18 "My soul's highest aspirations are quickened and awakened by the Holy Spirit."

Oct. 18 "Christ in me the hope of glory."

Oct. 19 "Every succeeding moment I am conscious of being healed."

Thought.

"Ah, messenger, art thou the king, or I? Thou dalliest outside the palace gate

Till on thine idle armour lie the late And heavy dews. The morn's bright

- scornful eye
- Reminds thee: then in subtle mockery, Thou smilest at the window pane where I wait,
 - Who bade thee ride for life. In empty state
- My days go on, while false hours prophesy,

Thy quick return; at last, in sad despair,

- I cease to bid thee, leave thee free as air:
 - When lo, thou stand'st before me glad and fleet,
 - And lay'st undreamed of treasures at my feet.

Ah, messenger, thy royal blood to buy I am too poor. Thou art the king, not I." Oct. 20 "I think only those thoughts that are conducive to the good and health of body and mind."

Oct. 21 "Every cell of my body and mind is intelligent and responds to the perfect thought of health."

Oct. 22 "I am a creator endowed with limitless power to express my divine heritage."

Oct. 23-25 "My mind dwells only on those thoughts that I wish to have expression in mind and body."

Oct. 25 "I am eternally young, and I manifest eternal youth and vigor."

Oct. 26 "I feel within myself a ceaseless desire to press forward to greater things."

Oct. 27 "I will become acquainted with, and live in harmony with, the laws of my being."

Oct. 28 "The purpose of my life is to grow in knowledge and to serve faithfully."

Oct. 29 "With enlightened desire and faithful industry I will be a co-oworker with the Father."

Oct. 30-31 "I will accomplish that for which I was sent into the world."

LIFE Is What?

A squirming, seething stirring;

A restless, eager striving;

A groping, fearful seeking;

A hating, yielding loving;

A constant getting, giving;

A ceaseless moving, changing;

A spirit waking, knowing;

This is:— Life.

Prof. S. A. Weltmer. Dear Sir:

I am sending you a \$1.00 to renew the Weltmer's Magazine Catalogue as I can't get along without it for we sure like to read it.

Wishing you success in all your undertakings, we are yours,

Mr. and Mrs. J. E. I.

SPECIAL OFFER YOUR OPPORTUNITY For a Limited Time Only

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The new edition of "Regeneration" is out, a very fine piece of printing and binding, and the book, of course, has all its original superlative value in teaching men to find the Kingdom and to harness the Creative powers for their spiritual and physical regeneration.

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Do it now-we will sell ONE THOUSAND copies at the reduced price of \$1.00.

Mail your order at once-get in on the offer before they are cleared out.

The Weltmer Foundation, Nevada, Missouri.

Enclosed find one dollar for which please mail me the book, "Regeneration." Mr., Mrs., Miss



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The "Healing Hand" is still carrying its message of hope and healing to new homes. It is constantly spreading the glad tidings of the teaching that all men are free and endowed by natural heritage with divine power.

This book should be read and reread by every person in the country. It is especially valuable to those who are sick or unsuccessful or unhappy.

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In order to put the HEALING HAND into more homes, we are going to sell 500 copies at the special price of \$1.00. Put in your order before this edition is sold out.

The Weltmer Foundation Nevada. Missouri. Enclosed is one dollar for which please send me the book, "Healing Hand," Mr., Mrs., or Miss.....

Have You Pledged Your Support?

The Weltmer Foundation is assured that it will acquire all the assets and holdings of the Weltmer Institute that it may conduct this Work upon a non-profitsharing basis.

Thus we are sure of these properties as a starting point.

We are now planning to improve these properties and erect new buildings which will be a credit to the Weltmer teachings and a credit to you as a member of this Foundation.

We need a Convention Hall which will seat 1500 people. We need to build a Hall which will arouse the admiration of every person who comes to Nevada, one they will talk about when they leave here.

We need a modern building for our Hospital, with new and up-to-date equipment. We should have here one of the finest Hospitals in the country so the Staff of The Weltmer Foundation can give the very best service to every patient who comes here—and at the lowest possible cost.

We need a Resident Clinical School Building, one that will favorably compare with the buildings of any University. The Weltmer teachings are more vital to the great human family than many of the Universities. Our knowledge of the worth of this great teaching makes us want to erect a School building that will be in keeping with the harmony, dignity and value of this Work.

A Work that is as important as this Work is, needs to prove through its buildings as much as through its printed words and marvelous healings that it is successful in its ways. We are following the words of Jesus. We are healing the sick and afflicted. Therefore our buildings should be as beautiful and as enduring as any church in the world.

With the good roads that are being built through the State of Missouri, there are hundreds of tourists driving through Nevada. Mank of these people will become boosters for The Weltmer Foundation when they can see with their own eyes that this Foundation has the kind of buildings one would expect from this Work.

From this time on we will only erect buildings that are worthy of this glorious truth! The Weltmer teachings stand for progress, beauty, harmony and durability. Our buildings must express these qualities.

This is the program we have laid out for this Work.

This is a program that is worthy of what Sidney A. Weltmer and Ernest C. Weltmer have stood for, these twenty-seven years.

To do this we need your help.

We want you to become a member of The Weltmer Foundation and to feel that this Foundation belongs to you as one of its members.

We want you to pledge your financial support to this Work. We need a thousand members who will pledge themselves to give one hundred dollars to this Foundation.

Will you pledge yourself for this sum?

Remember that the Weltmers are giving their interests and holdings in the Weltmer Institute to the Foundation. They are giving their all that this Work may belong to humanity and may be perpetuated for all time.

Will you give in the same measure?

We are not asking for a dollar or for ten dollars. We are asking you to pledge yourself for one hundred dollars. You may pay this amount at the rate of five or ten dollars a month, or you may send the full amount to the Foundation with your pledge.

Remember that a contribution now is a corner stone in this Foundation which is so needed by suffering humanity. Your contribution will bring to hundreds the teachings of the Weltmer philosophy, a new hope of a broader life, and the healing that so many need!

Remember that when you contribute to the Foundation, you are contributing to the happiness and health of your fellow man. Will you help him?

There is a pledge below for your use.

Sidney A. Weltmer Ernest C. Weltmer Mary G. Weltmer Edward B. Stone E. M. Riley

Trustees of The Weltmer Foundation, Nevada, Missouri.

I hereby pledge myself to contribute one hundred dollars to The Weltmer Foundation that the blessings of the Weltmer teachings may be given to the thousands who need this healing truth.

I agree to mail you the sum of \$......on the......of every month until the full sum of one hundred dollars has been contributed by me to the Foundation.

Here enclosed is \$....., which is the first payment on this pledge.

Mr., Mrs., Miss

Address

We are counting on this magazine for the first hundred thousand dollars in pledges and contributions for the Foundation.

Those who do not read these two pages and who therefore do not respond to this call will receive a personal letter from Professor Welimer.

We feel that it is our duty to ask each person who has been helped and healed through the Weltmer teachings and method to contribute at this time.

Your fellow man needs your help now. You can help him through helping The Weltmer Foundation.

An Opportunity of a Life Time.

FOR A LIMITED TIME ONLY WE ARE OFFERING THE COMPLETE CORRESPONDENCE COURSE AT JUST ONE-HALF THE REGULAR COST.

In order to reach the greatest number of people and to enroll them in the Complete Correspondence Course in Suggestive Therapeutics and Applied Psychology, for a limited time only, we will accept enrollment at just one-half the regular price. The regular price of this Course is One Hundred (\$100) Dollars.

Now you may have the Course for only Fifty (\$50) Dollars,

This is indeed the greatest opportunity you will ever have to get a home-study Course which will train you to heal the sick and afflicted. Even though you may not intend to practice Suggestive Therapeutics, you need this Course for the sake of your own health and that of your family. Our students will tell you that the Course is worth many times its cost in the saving of doctor bills.

We are making this exceptional offer now to get our Message of Truth and Healing to a greater number of earnest and sincere men and women. The world needs more practitioners of the Weltmer Method—and we are doing our part in making it easier for all to enroll.

Therefore, for a limited time only, we will accept enrollments for the Complete Correspondence Course for only Fifty (\$50) Dollars cash. At this low price we will not include the Manual, "The Practice of Suggestive Therapeutics."

On the inside back cover of this issue is an enrollment blank for your use. Right now, if you act at once, you can secure this Complete Correspondence Course for only \$50 cash.

Do not allow yourself to delay making your decision. You are interested in this Course. You need it and you want it. Therefore sign and return the enrollment blank at once if you expect to secure one of these Courses. For this reduction price is for a limited time only; it is subject to change without notice— and only those who act quickly will be the fortunate ones.

Do not wait. One of these Courses is here now waiting for you. You can complete your study in three or four month's time. Upon the satisfactory answering of the questions we will issue to you a Certificate of Graduation.

Prove your mastery over your own life by enrolling now for this Course.

THIS COURSE TEACHES YOU THE MASTERY OF THE SCIENCE OF HEALING.



Here is one of the Sections of the Course. There are 45 of these Sections, in all.

This Complete Correspondence Course teaches you just how to heal the sick.

It teaches you right living, so you will know how and be able to tell others how to think, exercise, work, rest. eat, drink, breathe and eliminate, so there will always be normal function in mind and body with a surplux of energy and vitality, unimpaired by internal dissension.

This Course teaches you to know yourself, and to Master self. And from Mastery of self it is but a short step to the Mastery of all other things.

This Course is right up to date. IT IS STANDARD It is made possible by the experience of our Staff of skilled experts and specialists, and their cures during the past 28 years.

We do not tell you to experiment—we tell you WHAT TO DO. You are taught how to control the nerve supply, to stimulate the nerves and relax the tissues, how to anslyze the mental state, diagnose the physical condition, readjust the mental processes so that the great controlling power—the mind—may respond by manufacturing chemicals and secretions within the laboratories of the body to dissolve and excrete the obstructions and maintain a state of normal health.

In addition, this Course teaches you how to learn, and how to teach others what you have learned. How to understand the thoughts that cause other people to do the things they do, and how to teach them to change their thoughts so they will do the things they ought to do.

This particular training is invaluable and you can use it in many ways, in developing and unfolding a child's mind, or leading a child or an adult away from the bondage of various bad habits, including fear and vice. It is valuable in selling one's services to the sick—or to sell merchandise. In fact, wherever success depends upon your sollity to cause people to respond, this training will be of the greatest service to you.

OVER 50.000 MEN AND WOMEN HAVE STUDIED THE WELTMER COURSES.

You will find that each section of this 45 section Course deals with something that has entered into your own life, many times. You will find the Texts written in plain, simple, understandable language and therefore easy to understand.

This is true because the Course was first written in 1899, as a very short mail Course, and sold to over 40,000 students. In 1908 Professor Weltmer began the revision of this short Course, using each new section as he wrote it in the Resident Classes, explaining the text, in his daily lectures. All questions asked by the students were answered, and the proceedings recorded.

These lectures were again elaborated by the citation of hundreds of actual cases treated in the Weltmer Sanitarlum, as well as by those of his graduates in the field who had put the Principles of his teachings into actual practice.

This process was repeated many times until there were forty-five complete sections. And we are safe in saying that this careful checking up and constant revision has resulted in a Course which thoroughly covers the whole system of Suggestive Therapeutics in the most practical manner.

The result is that we are able to offer you this thoroughly refined and complete Text in Psychology, General Philosophy, Suggestive Therapeutics and Right Living-the most systematically written Course ever published--at a very nominal price.

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Attached to each of the 45 sections of the Course is a list of questions that each student answers and sends in on blanks furnished with the Course. These questions papers are corrected by inserting the corrections in red lak. In addition, any and all explanations and coaching which the student requires is carefully and thoroughly given to bim. Thus your corrected question papers constitute a complete set of brief notes for future reference.

The life time service of our Correspondence Department is given to each student.

All students of this Course have the privilege of attending, for six weeks, absolutely free, the Self Realization Course,

To those who wish to take the full Self Realization Course, the sum you have paid for your Correspondence Course is deducted from its cost. Thus you receive full credit for the amount you have paid for your Correspondence Course.

However, it is well to remember that many successful Suggestotherapists have had nothing but our Correspondence Course instructions, and you need not avail yourself of the Resident Classes unless you wish to.

This is our MASTER COURSE, by correspondencethe Course all students interested in this field ultimately enroll for and study. It is complete, in every detail.

Its value to you cannot be estimated. And it will 'ncrease in value to you, year by year.

So if you are truly ambitious to succeed in life, if you want to choose a profession which will enable you to heal the sick, as well as prosper in a material way, then this Complete Finishing Course is the Course you should enroll for

THE COMPLETE CORRESPONDENCE COURSE AT A BARGAIN

The Weltmer Complete Correspondence Course was reprinted in a special edition several years ago to meet immediate demands. Gradually, we have been replacing the temporary edition with the permanent form, printed on fine book paper, and very beautifully bound in heavy artistic cover paper.

In order to clear our shelves of all of the copies of this special edition and thus the sooner to be able to put this wonderful Correspondence Course in its beautiful permanent form, we are continuing our offer of the Complete Correspondence Course in the present edition at the price of \$50 cash or \$65 at \$10 down and \$5 monthly.

By enrolling for the Complete Correspond-

ence Course now, you will receive the full benefit of its teachings, all of the correspondence privileges, a number of the sections in permanent form and eventually, when the charge to the permanent form has been completed, you will be sent all of the lessons in this fine binding.

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WELTMER INSTITUTE OF SUGGESTIVE THERAPEUTICS, NEVADA, MISSOURI.: ENROLL ME for your Complete Finishing Course in Suggestive Therapeutics and Applied Psychology by correspondence, and send me in the proper order the forty-five (45) sections,



Your Diploma, Free

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3. The service of the School for life, upon receiving the Certificate of Graduation.

4. A special credit of the amount paid for this Course, to apply upon personal instruction, in the event that I attend the Resident Classes of the Parent School at Nevada. Missouri.

I understand that I am to complete the Course within the regular term of 30 weeks, but the School hereby agrees to grant me any reasonable extension of time in the event of illness or other misfortune. Upon payment of my tuition in full, as called for herein, the School agrees to issue to me, upon request a NON-FORFEIT ARLE RECEIPT granting me the privilege of finishing my studies at any time within two years from date hereof. I hereby send Fifty (\$50) Dollars, cash in full payment for the Complete Correspondence Course. The article me to full introduce and all privileges.

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Mr., Mrs.	or Miss
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Remarks:	

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