

The True Light

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PSYCHIC DEVELOPMENT
SPIRITUAL FREEDOM
SPIRIT COMMUNICATION



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THE LAW OF GOD

THOU SHALT HAVE NO OTHER GODS BEFORE ME.

II.
THOU SHALT NOT MAKE UNTO THEE ANY GRAVEN IMAGE, OR ANY LIKENESS OF ANYTHING THAT IS IN HEAVEN ABOVE, OR THAT IS IN THE EARTH BENEATH, OR THAT IS IN THE WATER UNDER THE EARTH. THOU SHALT NOT BOW DOWN THYSELF TO THEM NOR SERVE THEM: FOR I THE LORD THY GOD AM A JEALOUS GOD VISITING THE INIQUITY OF THE FATHERS UPON THE CHILDREN UNTO THE THIRD AND FOURTH GENERATION OF THEM THAT HATE ME AND SHOWING MERCY UNTO THOUSANDS OF THEM THAT LOVE ME AND KEEP MY COMMANDMENTS.

III.
THOU SHALT NOT TAKE THE NAME OF THE LORD THY GOD IN VAIN FOR THE LORD WILL NOT HOLD HIM GUILTLESS THAT TAKETH HIS NAME IN VAIN.

IV.
REMEMBER THE SABBATH DAY TO KEEP IT HOLY. SIX DAYS SHALT THOU LABOR AND DO ALL THY WORK: BUT THE SEVENTH DAY IS THE SABBATH OF THE LORD THY GOD: IN IT THOU SHALT NOT DO ANY WORK, THOU, NOR THY SON, NOR THY DAUGHTER, THY MAN-SERVANT, NOR THY MAID-SERVANT, NOR THY CATTLE, NOR THY STRANGER THAT IS WITHIN THY GATES: FOR IN SIX DAYS THE LORD MADE HEAVEN AND EARTH, THE SEA AND ALL THAT IN THEM IS, AND RESTED THE SEVENTH DAY: WHEREFORE THE LORD BLESSED THE SABBATH DAY AND HALLOWED IT.

V.
HONOR THY FATHER AND THY MOTHER, THAT THY DAYS MAY BE LONG UPON THE LAND WHICH THE LORD THY GOD GIVETH THEE.

VI.
THOU SHALT NOT KILL.

VII.
THOU SHALT NOT COMMIT ADULTERY.

VIII.
THOU SHALT NOT STEAL.

IX.
THOU SHALT NOT BEAR FALSE WITNESS AGAINST THY NEIGHBOR.

X.
THOU SHALT NOT COVET THY NEIGHBOR'S HOUSE, THOU SHALT NOT COVET THY NEIGHBOR'S WIFE, NOR HIS MAN-SERVANT, NOR HIS MAID-SERVANT, NOR HIS OX, NOR HIS ASS, NOR ANYTHING THAT IS THY NEIGHBOR'S.



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The True Light

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

THE PATHWAY OF THE OBEDIENT

Brought Forth by Rev. M. E. Claas

(An Abstract)



SO I DRAW NIGH to the earth plane again and out of the depths of my spirit I want to bring to humanity the most important point that most of you are lacking understanding about. You will say, why or how is it that I lack such a condition. I want to bring it to you that you will understand what is meant by traveling on the right path and what is at the ending of such a path. We will reach out to something far more beautiful than the human mind can picture.

And so today I would call to you about the Law of God. Are you on the right pathway, are you following that law which was given so many thousands of years ago, are you continuing on that pathway? Many will say they are trying to go that way. Well for those who try to do their utmost in following after the Supreme Being. So I will dwell upon the very first commandment that the Creator had given out thousands of years back. It has proved wonderful throughout the ages, still, to most of humanity it is not understood.

When we look over the commands of the Creator, the law itself, it relates we must have no other gods beside Him, we should make no other god no matter what it may be. A god can be made of most anything in this material earth plane. It can be made out of your children, it can be of your mate, or it can be of fine dresses, clothing, jewelry, money or whatever else you want to make it of.

We say, individually, I must get this certain thing. I want that, and I do not care under what condition I get it. I am going to have it. So it is that one makes a god of the small things that in the end, no matter how valuable they seemed to be in this material earth plane, all will have to remain when the spirit goes over the border. What is material cannot take part in that Supreme House of God.

When I say the House of God It is the spheres I speak of. It is of those beautiful places, one more beautiful than the other, that we might reach to and can reach if we will but get on the right path that leads to that Higher Force. So it is we should not make gods of anything, for God the Father does not want that the children of men make unto themselves other gods, for in each child of man is that Supreme Force, that small atom of that God. Therefore we all must follow it as closely and as nearly as we can.

It is a great problem, yet it is simple. We have to reach out and it is ours for the reaching. We have but to be on the right path and we will be where we want to, closer and closer to that Supreme Power. Many will say, Oh, if I might see signs from the heavens, if I might come in touch with those who have gone before, then I might be able to reach out.

You will find those conditions will come and you will be able to reach out, and you will be able to see those loved ones who have gone before, and you will be able to get in close touch and communicate with them. These points, my dear brothers and sisters, are important and we should think about them.

We should have no other gods beside the Supreme Force, God. Why make images? Such sort of things draw you away from that high Power. Rather let all these things be destroyed. Be the child of God as He wanted you to be.

As we draw nearer and nearer to those high planes, how beautiful does it appear to the eye. You will see those wonderful mansions that the Elder Brother brought forth to humanity and those disciples in His time.

We must not make unto ourselves other gods save the One Living Father of all. Follow the law as it is given to us, one point after another, and we will find how more happiness will come to us. We will be more content. We will throw away that fear when we find that one or another is going over the border and the house that had encircled such a spirit is now useless, and can be put into mother earth again or can be destroyed in some other manner.

I see those who make for themselves gods and who bow down to statues that they cherish. These things amount to nothing. For the time being they seem to bring us a sort of happiness, but in the next moment it is all gone, and we stand forlorn, waiting and hungering for something, we know not what. We must not make ourselves gods of anything, no matter what it may be. I call to those that love finery, good times and fine homes and everything that is beautiful in this earth plane, take part of it, enjoy that part, but make not gods that it rules you. Rather you rule it.

We must become more acquainted with ourselves, our very beings. We will find that we can go on a more righteous pathway. The very being within is the very Spark that prompts us every time we want to do something that is not right. It will call, "Do not do it, follow the right path and follow the Law of God." You who are in this material plane, you follow the law of your city and your state, yet it is only a law that is made by man. Man to man, yet the most important law by which to abide, the Law of God, we care nothing about it. We look it over and we agree it is right and we would try to do what we can to uphold it, suddenly it seems lost to us, for we forget so easily that the living God sent us forth.

We forget to follow on that pathway and the time comes when we stand there a spirit about to leave its earthly house and we lament and call, if only we had another hour or two we could make amends for certain shortcomings. Many go over the border and stand there weeping and lamenting and will not understand whereof they shall go.

It is worth while to follow the Law of God and not to make unto ourselves images or likenesses to which we bow or crave for. Have one God and obey His law and reap the reward. I bring this to you, my dear brothers and sisters, and I will return again and again to bring more wisdom that you all might become enlightened and then we can all reach out to a higher and better goal.

May God, that Supreme Force, help each one on their way, not that we follow other gods. AMEN.

APPOLIOS OF TREON.

Many of our readers are acquainted with the spiritual messages that our brother in spirit has given and which have appeared before the one above. The fact that there is an Instrument or Mediumship through which his thoughts can be revealed and related is one of the Wonders of God that we can be thankful for.

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

COSMIC CONCEPTION

By Rev. Milicent Hubbard



JUST why do we say, "God created," instead of, "God conceived"? The latter is much more correct and nearer the truth; for God did CONCEIVE, and brought forth the human family and all the SPIRITUAL PROGENY of man, simply by applying the law of COSMIC GESTATION; and by coordination and classification, He was able to produce all kinds of physical phenomena, which in turn developed into a higher state of being, until it eventually reached the spiritual and intellectual degree of consciousness.

To actually create, one must make something from nothing, and that is simply impossible, for from nothing something cannot be made. The great CENTRAL SPIRIT, whom we call GOD, and of whom we know so little outside the Force that is called life, and for which we have no adequate explanation—that substance that lacks substance—that something that eludes the most skillful physician and which cannot be recalled once it had flown; is the nearest conscious interpretation we have for the DIVINE SOURCE of LIFE. Yet it is safe to say that we could not endure life were it not for the comforting thought that we are watched over and cared for by a power of which we know practically nothing, but in which rests our physical, mental, and spiritual security.

It is due to our lack of concrete knowledge of God that we have accepted the analogism of creation, adopted by certain sects of religions, and adopted the terms applied to the cause that projected human beings, and all of the vegetable, mineral, and animal life from a central point to the various degrees of distance represented by nature's phenomena. Man had always tried to explain every cause in such a way that he could reasonably accept his own version of CAUSE, whether logical or scientific, made little difference, so long as he could get an audience to accept his version, or to adopt his analogy. In this manner, many so-called explanations were believed by religious sects, for, lacking scientific proof, man always turned to his imagination to supply him with data otherwise lacking. Many of the bible stories relating to the beginning of the human race, and all of the physical phenomena of the earth were merely allegories, for, lacking scientific proof of the CAUSE, symbols were needed to give incentive to the human family, in lieu of more authentic knowledge, and gradually they were incorporated into the records as actually having taken place. So, we have God creating everything but the human race, and then, being dissatisfied with His creation, He added man, made from the humblest material; and, finding that a companion was necessary to complete the man's physical happiness, He then created woman, taking a rib from man in order to produce his helpmate.

It is purely the creation, if I may borrow the term, of the masculine imagination, that God had to take from man in order to make woman, for by doing so He created woman subservient to man, and, therefore, she must be subject to his will and pleasure, and it was her actual duty to reproduce her kind, since hers was a secondary position. For many centuries, in fact running into thousands of years, this idea was held to be true by fundamentalist religions, and even yet there are millions of people who really believe that God employed mud in the manufacture of the first man and that it was necessary to take from Adam a rib to perfect Eve, his helpmate. They never stop to think how unreasonable it would be for a GREAT FORCE like GOD to begin creation without complete knowl-

edge as to what and how He would accomplish each and everything to appear at His direction.

Naturally, when God determined to CONCEIVE the human race by the NATURAL LAW of COSMIC GESTATION, His plans were complete from the very beginning, and He injected SPIRIT into every atom that was to be used in this new form of being. That there were spiritual beings of a perfect and regular order is true, but the lesser degree of life, to be known as humanity, we might almost say, was in the form of an experiment, for was it not to develop up to that higher and more perfect state of being, and, in order to develop, it must start with a rather crude and very imperfect beginning.

While I do not like the term "experiment" in connection with God, yet it clears up a point in a manner that is more easily understood, and I trust the absurdity will be excused, for God does not have to experiment in order to learn through and by experiment the ultimate to which a thing will grow. It is known from the beginning how every phase will be developed and under what condition it can most easily be perfected. And, in order to make a strong spirit, the soul cannot be allowed too little effort, but must gain its foothold by hard struggles and abstain from everything that will scar it or in any degree destroy any portion of it that is necessary to the full and complete development of the ego.

Other planets were populated according to the climate and general requirements, and it is not unusual for souls that have lived upon one planet to become resident upon another planet following death. Reincarnation, as it is taught, does not take into consideration that in populating the earth God did not exhaust His supply, but that His plans include other heavenly bodies of as great and even greater importance than this one small sphere called the earth. Had He put upon earth all of His creatures, then why are there so many other and larger bodies? It was in October, on a Sunday evening in the year 1920, that a teacher spoke through my vocal organs and described the planet Jupiter as being enveloped in a blueish vapor, and explained that the people upon that planet appeared blue in consequence. He also described them as being of short but strong stature, and afterward gave me a mental picture of the type of beings they are. A rather hardy group, to judge from appearance. He explained that within a decade scientists would discover the blue vapor, and they did.

It is man's way to limit the LIMITLESS CONCEPTION in order to try to explain it. But he only succeeds in destroying the beauty of God's greatness, instead, for those who allow their opinions to be influenced by such ruinous classification of God's power. It is by spirit that man lives, and not because of any analysis of his, and life is a substance of which doctors know even less than do others, because they are so engrossed in the physical body, that the soul and spirit which furnish the motor power have to be left out of the reckoning they think, and proceed to forget them as much as possible.

Now let us remember that GOD CONCEIVED man, but did not create him as a last resort to look after vegetation and the animals, and then, dissatisfied with His work, He proceeded to make woman on a lesser scale to be a companion to man and provide for his comfort. Woman was God's greatest achievement by admission of these same biographers, if woman was made in the order claimed, for she was more necessary than man, since she was to serve the purpose of mortal conception by ordination of the GREAT CAUSE.

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

PROVE ALL THINGS

By Wm. J. Bryan, M.D.

THE student of advanced thought who investigates the claims of divine science (or Spiritualism), carries three test conditions.

1. Intelligence. 2. Reason. 3. Logic.

On one side of the balance scales he finds one or more of the phenomena of spirit-return, and on the other side he uses his intellect and his reason to become logically convinced that spirits can and do return to us with their messages, and with other demonstrations.

The object of this is to prove to us mortals that there is active life after death of the physical body. Such proof is so satisfying, elevating and consoling that we readily accept the truthful expressions of spirit-return.

And, when we apply the philosophy and the teachings of righteous spirits in our daily life, we become Spiritualists, giving praise to Supreme Intelligence.

Destiny confronts us to a full sense of realization, so that we may be enabled to forswear and abjure the cravings and the desires that, while not abnormal, can be urged to the point of utter distraction from high ethical ideality.

What avails it if we cast aside the pearls of high virtue and claim the debased counterfeit in this mortal life?

So I say to all who are still clinging—knowingly or ignorantly—to low ideals or inferior standards of conduct, to awaken and to harken to the calling of the “inner voice” or inner promptings of conscience, so that you may prepare yourselves, in a measure, for the brightness of the future existence—which is a continuance of this life—and there not to be utterly blinded by the overwhelming splendor and lavish perfections of the details to be found in the blessed land or spheres of spirits.

Now, my friends, the plain fact of spirit existence need not alarm any one who stops to think how wonderful it is that one never entirely loses his own personal identity.

You are your own self now; and John Smith will always continue to be John Smith.

Fate, therefore, is no respecter of individuals, but all are treated alike, and all work out their own salvation of purpose, here, and in the glorious hereafter of progression and continuity.

The fates decide nothing for you that you cannot satisfactorily dispose of yourself by your own personal efforts.

These are the essential conditions in life for all, in a general way, and modifications will not alter the main fundamentals of existence of mortals, nor of immortals.

Dedicated to the holy influence of spiritual teachings, I come to say to all who are willing to abide by what is universally recognized as inspired knowledge, that it is greatly to one's credit to proclaim the fact of spirit-return.

Because one rejects the truth, others need not follow that misguided person, for the truths of spirituality and the higher criticism are inviolably correct, and hence trustworthy. Let us reason, and all may be safely trusted to result favorably and successfully along these lines of thought. The sun never sets without the accompanying incident of progress for humanity.

A genius is born with the happy faculty of perceiving intuitively what seems to be beyond the reach of ordinary mortals; but if honor be paid where honor is due, spirit-power and spirit-influence has much to do with successful performance by those whom the world recognizes as geniuses. And this is not so strange, when one considers that guardian angels and other spirits, more or less advanced, stand near and ready to help us by their power to impress our brains. This is the way they

can and do continually help us, whether we believe it or not, for it is a fact that is repeatedly being demonstrated to inquirers daily.

Just think how easy it is to unfold one's latent possibilities and thus make headway for new thought and achievement.

These ethical teachings are simple and practical; and they are briefly stated, to the point, and easily understood. All you have to do on your part is to apply them in your everyday life, and you will reap abundant reward. Blessed inspiration! Helpful counsel, loving advice, sweet consolation!

IMMORTALITY

By Louisa Riemvis

IN THE spirit spheres where the light shines brightest, a little ray of light filters through to earth; and on that ray of light is carried a tender burden weighted with love and unselfishness. This ray of light is known today as Spiritualism, and may all its powerful rays light up the world of sorrows.

In loving service, we of the spirit spheres come to bring comfort to the hearts of those that mourn; to uplift those who are weighted with earth's troubles and tribulations; to point the way to a higher unfoldment to those who understand our loving ministry; for God shall send His angels of mercy to watch over all of you who shall ask humbly for guidance. And so we, as ministers of God, light the way to life and immortality.

There is no death, and so death has no meaning as far as your souls are concerned. Death means disintegration, and that pertains to the earth, earthy. Death was not spoken of in relation to the spirit; spirit is deathless, immortal; life is eternal.

Ye are a part of the Infinite immortal Spirit of God, and God is life in it's most perfect form. Being a part of God, created in His perfect image, ye are inheritors of immortal life, joint heirs in the glory of God.

All of God's creation, whether it be man or His perfect handiwork, is created on two planes of expression; the spiritual and the material. The material will some day disintegrate and die; the spiritual counterpart will manifest forever and become more perfect through the aeons of Time that compose eternity. Thus you see nothing is ever lost or counted as naught; for the material life on earth is the first step that leads into the sanctum of the spirit; the doorway to the soul. One is as a stepping-stone to the other.

As the sun is above the earth (or so it seems to many), shedding it's brilliant light and heat over the earth, so is Spirit paramount in light of understanding and knowledge, ever ready to send enlightening rays into the hearts and souls of mortals.

As ye become responsive to spiritual attunement, ye grow in understanding and advance in knowledge. Know ye that the world of spirit is everywhere around ye, ever breathing it's life-giving elixir into your souls. Not every soul is ready for this advanced teaching. Some of the seeds of Truth will fall upon barren ground and will bear no fruit, but some WILL take firm root and grow and blossom into the tree of life, underneath which the soul will find peace and rest after the turmoils and stress of life.

And so we bid you farewell for a time; for once again we of the immortal planes of life will come among you to bring happiness and joy to your souls.

May the great banner of Spiritual Truth unfurl it's triumphant folds and may the glory of God shine upon you.

All ye who have eyes to read, read with understanding; all ye who have ears to listen, hark ye! for messengers of God hold high the torch of True Light.

SUMMERLAND

A Page of Instruction for the Young Truthseekers. It is suggested that instructors extend every point made and to regularly review and emphasize them. Supplemental points should follow in due time. The lectures shown in the beginning of each issue are the guides.



LESSON XLII—BLESSED ARE THE POOR IN SPIRIT: FOR THEIRS IS THE KINGDOM OF HEAVEN. BLESSED ARE THEY THAT MOURN, FOR THEY SHALL BE COMFORTED. The spirit dwelleth within every child of man, and it is that inner self that would lead the outer or fleshly part. They who are led by the spirit know it is well to do as the Father would have His children go on. It is with divine love.

The poor are not haughty as they understandingly make their journey here. They have overcome pride and vanity. They are calm and patient against those who would do them bodily harm. Free of malice, envy and jealousies, they become the targets for word-abuse that hurts not the flesh nor spirit. These virtues bring them out of the environs of the lowly and material conditions and uplift themselves to the higher vibrations that are from beyond the portals of man.

They who are mindful of those who have passed from this earth plane and who no longer are encloded in man-made form, are they who send the thoughts to those spirit loved ones—gone but not forgotten. Gone bodily but not in spirit, for it, the life, goes on forever. The comfort is in knowing that they progress and advance according to righteous doings and thoughts. It is the thought sent out to them who have passed into another form, that both gives and brings comfort. They manifest their presence in many ways such as to inspire and impress and make the so-called mourners feel that they know they do exist after the so-called death. It is this that makes them think of those loved ones, to hold them in remembrance, to commune with them or otherwise know they are not dead and that therefore they should be right one with another. It is the comfort of the "Holy Ghost" that the ancients understood and which has ever been thus but not taken into consideration by those who would forget the ones gone before.

LESSON XLIII—BLESSED ARE THE MEEK FOR THEY SHALL INHERIT THE EARTH. BLESSED ARE THEY WHICH DO HUNGER AND THIRST AFTER RIGHTEOUSNESS: FOR THEY SHALL BE FILLED. The meek would not offend and by letting the spirit master the material, are not yielding to the offender but send in return only kindest thoughts. They go about doing good, see only the good in others and so in everything about this earth plane is more wondrous and beautiful and more blessed. The so-called meek receive protection of spirit and which they can well understand. They are guided and follow rightly into those ways that make for a more happy journey, both here and hereafter. Inheriting the blessings of this earthly journey brings blessings for the spiritual journey.

Hungering and thirsting for spiritual knowledge, wisdom and understanding brings its rewards if done rightly. All good comes from God who is Love and it is to Him we call and from Him we receive according to our worth. Righteousness is the spiritual yearning that comes from within and is reflected in the outer being. It is Light and with it is Power.

To be filled with confidence in the Father drives out all fear and doubt. Obedience to the Will of the Father comes after hungering for the spiritual nourishment that is everlasting. The ways of the Father are better known, the so-called mysteries better understood and that which lies before us and to what we must reach are then seen and known.

All of these things and more are forthcoming from that Higher Source. The spiritual gifts thus given must therefore not be misused nor abused, for it all must be accounted for as to whether we did right by what was given us as our fill.

LESSON XLIV—BLESSED ARE THE MERCIFUL FOR THEY SHALL OBTAIN MERCY. BLESSED ARE THE PURE IN HEART: FOR THEY SHALL SEE GOD. We call to the Father to be merciful unto us and so we should do as does the Father, be as Him—merciful. We are in His image and that God-part within should make the travel as the Father has commanded we must. That is being in oneness or at-one-ness or in fellowship or in communion, with the Supreme Spirit, God.

The merciful look not back to one's shortcomings. It provides no spiritual comfort to review one's failures so that by looking ever to that which is Life, Light, Love, Truth, we soon receive what we are looking for.

The pure in heart try to live their utmost as would bring them closer to God and His Kingdom. In thought, word and deed they live not alone for self but for others. With others they then can understandingly say, with God, for "how can you love God whom you have not seen, if you do not love your fellow man whom you do see." The God-part is within all, no matter what color the skin. We look beyond the outer or man-made form and see the inner or spiritual part. Purity of heart is symbolical of pureness of mortal senses and casts out impurities, uncleanness and immoralities. This condition must be brought about by self and not for us to depend upon any other to do for us. Each one must again become pure same as when first sent forth by the Creator. All evils must be purged out before we can again combine with the Father from whom we came and whose spirit we are and to whom we again must one day return, then to see Him. It is the manner in which we let our light shine that we attain the highest goal where is All-purity.

LESSON XLV—BLESSED ARE THE PEACEMAKERS FOR THEY SHALL BE CALLED THE CHILDREN OF GOD. BLESSED ARE THEY WHICH ARE PERSECUTED FOR RIGHTEOUSNESS SAKE: FOR THEIRS IS THE KINGDOM OF GOD. In our material journey we should be at peace one with another. Should not kill, covet, steal, lie, and dishonor another. Good will should be everywhere, charity and love practiced and we should otherwise conduct ourselves as will bring no regrets upon The Father nor any of His children—our brothers and sisters in spiritual ties one with another and all with God.

One who is peaceful and who in serving one Master would help others to become so, oftentimes is scoffed at and mocked and such persecution is against the Father. Any child who will stand firm for God is not unseen and is not without spiritual reward. This spiritual reward is not of man nor of mammon but is spiritual, of God, everlasting, and we carry it with us as we continue on our return home through the realms. Anyone who because they have not full understanding or who may be wandering in the dark and who trespass against us must not be trespassed against by us. Let us as did our Elder Brother call, "Father, forgive them, they know not what they do."

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

OUR CONSCIOUS AND UNCONSCIOUS LIFE EXPRESSION

By Geraldine Wood



NLY the higher forms of life enjoy a conscious existence. The more lowly forms of life are unconscious of their own existence because they lack the five physical senses which are the avenues of consciousness to the outer, or physical, world.

But as all life is evolutionary, as we ascend in the scale, we can trace faint beginnings of consciousness. Even the plant has an awareness corresponding to its own life level. All plants respond to light and shadow, and some few species will close their leaves if handled, showing a sensitiveness to touch. It is only the higher forms of life which have five physical senses such as man has, and only man has an appreciation of the wonder and beauty of his natural environment. Without the use of these senses of ours we would be plunged into the darkness and silence of the lower life forms, without taste, feel, or smell.

We are spirits now, and as spirits we have five senses which are operative on the spirit plane. These five senses are our avenues of consciousness there, for by them we are made aware of our heavenly surroundings, but, like the plant, we are unconscious of these heavenly surroundings.

Some are able to use these spirit senses only in trance, in hypnosis, or in dreams. In this state we are "in the spirit," being totally unconscious of earth, but fully conscious on the spirit plane. In this state we can both see and hear. We can walk about with great ease and comfort. We go long distances quickly and without apparent fatigue. We note that life there is similar to life here. People have homes and inhabit them, have societies, schools, and carry on business efforts. In the dream state we renew old acquaintances and make new ones. We are apt to do and say ridiculous things, things which at the time of doing seemed logical and consistent. This is because of our own personal undevelopment. We have not yet found ourselves upon this new plane of life. Upon awakening, we at once become unconscious of all this life which, but an instant before, was all about us and of which we were a part.

This place where we have just been—what is it? It is our heavenly home, the first beyond earth. And, as there are heavens innumerable, some psychics have been able to visit other planes far removed from earth and to tell us of their experiences there. Spirits returning through mediums tell us of life as it is lived on these higher planes. Undeveloped spirits functioning on these higher planes of life find themselves weak and wandering of purpose, which may explain some of the inconsequential messages purporting to come from these realms. As the will power lies back of every conscious effort, so its continued use in governing not only the acts, but the thought processes of our every-day lives will greatly aid us in soul development, giving to us that self-mastery without which no worth-while effort can be accomplished. If we master self we master all, for destiny lies within us.

While we are human we remain embryos upon the spirit side of life, and, for the most part, unconscious of that life. Our unconscious existence there gives us time for proper rest and growth. Death is nature's way for release into these realms. Forced and unnatural development of this spirit self is never wise. Earth has some, called sensitives, whose premature development has carried them into heavenly places before due time. Souls passed on into the higher life care for these sensitive ones through whom they can transmit messages of love.

The functioning of the mind on these higher planes of life

is called by some the functioning of the subconscious, or, if you prefer the term, the subliminal mind. This subconscious mind has been called the seat of genius, and is indeed such, for in it lie all the undeveloped capabilities of every soul. It is of the embryonic soul within us, and is consequently undeveloped and correspondingly weak. Its development means our very soul's unfoldment. To fully unfold then is to work out our own destiny and purpose. A really successful man is one who develops to his utmost capacity all the talents with which nature endowed him. He can do no more than that. To repress the natural and rightful tendencies which pertain to the working out of a life lops the tendrils of the soul which seek expression in effort. Study faces and read the tale of repressions turned inward into bitterness and regret. Study your children.

To Eastern civilization spiritual life often meant a withdrawal into the divine by the process of absorption. To put away earthly desire and aim of achievement, and secure a state of contemplation in which the individual was lost and the soul became a part of God. This was the cessation of many lives.

But to the Western mind other aims and ideals seem more fitting. We desire to live to completion. The power within us is the power of achievement. We desire to evolve, to push ahead, to work out our plans, to learn all things, that we may be the better fitted for lives of service. We like the thought of active, pulsating, creative effort, of life reaching through and expending itself. This is the way we learn our lessons of usefulness, this is the way we learn to accept responsibility, this is the way we learn to know the needs of others and what to do for them. We believe that earth has invaluable lessons for us, and that we should not draw back from learning them, lest we find ourselves unfitted to cope with greater difficulties later on. Instead of drawing back, let us push forward as conquerors.

Becoming spirit instead of mortal, we have before us lives of endless endeavor among other blessed ones of like nature, who, instead of trying to save themselves, are always busy helping others, and so indirectly saving themselves. As we go on let us add all things fitting to the completion of great life work, which means health to body and soul.

SPIRTUGRAMS—No. 12

Each sentence is taken from one of the inspired Songs of David. Do you know which ones? See answer in next issue.

1. The Lord is nigh unto all them that call upon Him, to all that call upon Him in truth.
2. I call to remembrance my song in the night: I commune with mine own heart: and my spirit made diligent search.
3. Harken unto the voice of my cry, my King, and my God: for unto thee will I pray.
4. Evening and morning, and at noon, will I pray, and cry aloud: and He shall hear my voice.
5. The Lord hath heard my supplication; the Lord will receive my prayer.
6. Lord, thou hast heard the desire of the humble: thou wilt prepare their heart, thou wilt cause thine ear to hear.
7. Great is our Lord, and of great power: His understanding is infinite.
8. And blessed be His glorious name forever: and let the whole earth be filled with His glory; Amen, and Amen.
9. The Lord hath prepared His throne in the heavens; and His Kingdom ruleth over all.
10. The counsel of the Lord standeth for ever, the thoughts of His heart to all generations.

The answer to SPIRTUGRAM No. 11 follows: Psalms 75:1, 77:14, 108:5, 5:4, 44:1, 19:1, 22:27, 137:4, 102:18 and 24:1, respectively.

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

THE TRUE LIGHT

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EDITORIALS**Volume One**

WITH this issue, numbered twelve, we complete the first volume. During the past year we have received many expressions of good will from those who have received it. In our first issue we stated that glory and praise would not be our desire, but that we would strive hard for spiritual upliftment. We hope you have felt satisfied with our efforts.

No radical change is contemplated for the next volume. Even greater effort will be placed behind the message that this publication is trying to get before the multitudes whom we feel should be reached. To this end we ask the co-operation of our readers. Anyone who is or may become interested in TRUTH should be not only a reader, but can help us find the others.

At the present time we have about fifteen complete sets of this volume which we will gladly send to the first requisitions we receive, accompanied with the full subscription price. These have been deliberately held out in anticipation that they may be wanted by those who only recently learned of us and who are desirous of keeping intact the wealth of spiritual knowledge imparted throughout its pages.

We are grateful for the splendid support and assistance given us. Any confidence that may have been established we hope shall be firmly maintained. In harmony and with courage let us continue to do our best, and ever give thanks to God for our opportunities and privileges.

Unanswered Questions

MORE and more our daily newspapers print questions of a spiritual nature as received from their readers who are desirous of knowing the opinions of others. The longing heart is asking for spiritual light, and what far-reaching influence the newspapers can lend to many troubled minds if they would treat this matter seriously.

Questions pertaining to psychic phenomena are discussed, for naturally the subject is interesting to all, and most important as well, for what can appeal more to man than the life beyond, of which he has been taught nothing above what the untrained mind received? Ye truth seekers and truth finders, here is the wonderful opportunity to let your light shine before men. Read these questions which are sincere and give the benefit of your experiences and knowledge to those brothers and sisters who are seeking. Invest a few cents each day and peruse the daily press for the opportunity to help another. The fact that folks write to our newspapers for light on spiritual things shows that they have not been able to obtain it in regular places of worship.

Men are thinking these days in an independent and sensible manner. Unless we can offer them what appears as reasonable and stands their personal conviction they will not accept it. So, friends, use the daily press as a great instrument for good. Interest yourselves, ye teachers and masters, and bring light that will cast out doubt from minds filled with wonder and questions.

Ofttimes a psychic demonstration about which the reader has inquired will be similar to one of your own and affords the privilege of answering the question intelligently. Friends, write and answer these questions, and the seed which you sow will bear fruit in due season.

Renewal Subscriptions

WE DESIRE to remind our readers that this issue of THE TRUE LIGHT completes the first year for our magazine. Many pleasant contacts were formed and new friends found, so we look forward with great hopes of more usefulness to humanity as we face the future.

For the convenience of our subscribers whose subscriptions will expire this month we enclose a new subscription blank to be signed by them and to be forwarded with payment to The Forerunner Printing and Publishing Co., Inc.

By continuing your subscription you will assist us in accomplishing "a bigger and better year."

Not Aesop's Fable

MR. BROWN had mortgages on most everything in town, excepting his own life. His word was law with all his subordinates; even children feared to trespass his orchards and fields. Mr. Brown passed over the border a few weeks ago. He left plenty of money, but few friends.

Old Gus, the master of odd jobs, worked about Mr. Brown's property. Gus had no money, but was thankful for meals and shelter. He made dolls for the girls and boats and things for the boys during his spare moments. Poor Gus passed over the border and all he left was an army of friends.

Book Recommendations

MR. LLEWELLYN GEORGE, editor of the Astrological Bulletin magazine, has just completed the second edition of his book, "Health and Attainment Through Cosmic Vibrations." This book is intended to bring one into a more joyous, healthy, prosperous and progressive condition. Its readers should attain that confidence so helpful on the journey along life's path.

Write direct to the author at 8921 National Blvd., Los Angeles, Calif., for this interesting book. He is the author of numerous other works on educational Astrology.

Links of Chain

WE ARE all links in the great chain of life, and the whole cannot be strong with one weak link; so it seems that one can always help the other with constructive thoughts and ideas and that is as was meant to be. But mortals are weak very often and fall by the wayside, so we should always give a brother a helping hand, if that brother cannot help himself. In that way we make the weak link strong and a fitting link that will connect the whole.

MY DAILY CREED

LET me be a little kinder,
Let me be a little blinder
To the faults of those about me.
Let me praise a little more,
Let me be, when I am weary,
Just a little bit more cheery.
Let me serve a little better
Those that I am striving for.
Let me strive a little more,
To be all that I should be.
Let me be a little meeker,
With the brother that is weaker.
Let me think more of my neighbor
AND A LITTLE LESS OF ME.

EDWARD COYSH

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

VICTORY!

YES, I had won full many a goal;
The victor's crown,
Wealth and renown;
Yet, oh, how void and vacant was the soul.

I searched and found in reckoning with fame
The victor's crown;
Wealth and renown
Had robbed the soul and left an empty name.

I turned about and cast my lot with Christ.
The victor's crown,
Wealth and renown
Were counted dross; a soul regained in Him
sufficed.

AMOS.

JOURNEYING

THERE is a little light just dawning,
As on the way we go;
There is a larger light ahead,
If we will only reach to it.

There the joy will ever be,
All the sorrows washed away;
Then earth's weary troubles
Are all left behind.

Then the flowers bloom forever,
And the brook runs on the same,
While the birds sing ever merrily
As we go traveling on.

When on our journey here,
About this world of wisdom,
Let us ask God for guidance,
And try to keep His laws.

W. E.

E PLURIBUS UNUM

EVERY poet has a secret;
Why should I not tell mine?
All the wonder in the secret
Is that the world is mine.

Every poet has an idol;
Why should I not show mine?
All the essence in the idol
Is that its love is mine.

Every poet has a longing;
Why should I not give mine?
All the beauty in the longing
Is that its truth is mine.

Every poet has a mission;
Why should I not lend mine?
All the greatness in the mission
Is that your God is mine.

By GENE HOMER.

THE FAVORITE

ONCE I knew a little boy
Had most every kind of toy—
Racing auto, painted red;
Bicycle and coasting sled,
Million mibs and choicest shooters,
Finest of the fastest scooters.
Yet the one he loved the best,
More than these and all the rest,
You might never guess at all—
No, not even bat and ball,
Nor his gun and fancy butt—
Just a little yellow mut.

By UNCLE AMOS.

TODAY

TODAY I shall strive to do better
Than ever I have done before;
Today shall I loose every fetter
That holds me beside the grim door.

Of thoughts not uplifting, inspiring,
Of deeds that incline to the low:
Today I shall start in admiring
The beautiful things here below.

Today I shall seek Love and Beauty,
In everyone that I may meet;
Today I shall look to each duty,
And find in its work something sweet;

For life, without labor, is dying,
And faith without deeds is not true,
So today I shall set right in trying
To make life worth living, for you.

Then follow me onward, dear brother
And sister, come, walk in my way,
For we only live for each other,
And we only live for today;

Don't wait for the darkness to swallow
The things you have done in the past,
But come, where I lead you, and follow
Today, for today is the last.

By REV. RICHARD WARD.

THE FLOWERS

PLANTS render a great service to man and animals by purifying the air for them to breathe. At every breath, animals take in some of the oxygen in the air and change it into carbonic acid, which gas is formed when the oxygen combines with the carbon in the blood. This gas, also known as carbon dioxide, is breathed out into the air in place of the oxygen drawn in. Now, plants need the carbon, as it makes a very large portion of their food, and so they constantly take the carbonic acid from the air, decompose it in their leaves during sunshine, keep the carbon, and give back the oxygen pure. It is interesting to note that there is no power in the plant itself strong enough to do this. To be sure, the leaves are flat and thin, so that they can drink in as much sunlight as possible, but it is the power of the sun that helps the green stuff to split up the carbonic acid gas.

The individual traveling this earth-plane has latent powers within himself, which, if exercised righteously, might accomplish much good for himself and others. But just as the plant needs the help of the tremendous power of the sun, so each pilgrim stands daily in need of the helpful strength and guidance from the Source of all power and wisdom. A fervent, confident supplication to the Creator will not fail to bring that which is needed. So that with the power within himself linked to that from on High, the truthseeker can drive away

doubt and fear and attract to himself pure and uplifting conditions. In this way, we, like the plants, can purify the atmosphere in our surroundings and point the way that others might throw away thoughts of malice, bitterness and hatred and help to remove the poison that humanity is continually breathing in.

If we fully realized the personal responsibility attached to influences emanating from our lives, we would cultivate and develop a serene condition of mind, wherein good and helpful thoughts would abound to such an extent that there would be little room, if any, for harmful ones to find a lodgement. Then we would see life in true perspective and even our neighbor, groping around, might come to sense these goodwill thought vibrations. For we cannot know how to help our fellow man over his rough road until we have learned how to cleanse our own pathways.

We love to see plants in any room, especially in a sick room, where their beauty brings cheer to the surroundings. It is well to have them there, not only for the effect on the sick one, but because in the daytime they do ventilate the room and keep the air replenished with fresh oxygen.

As we have seen that plants have a way of keeping what they need for themselves and giving back to the air that which is essentially beneficial, so at the so-called death transition, when the last breath expires, the body must give up the life, the spirit or God-part, to Him who first sent it forth. The body or earthly cloak, worn out and of no further use to the spirit, goes back to Mother Earth, from whence it came. The spirit, once released, must take with it its conscience, its thoughts and the deeds done in the body. But as it came forth pure from the Great Spirit, it must again return in the same manner. No matter how long it takes, it must reunite with that Father. So in the realms beyond, the spirit labors patiently, step by step, to cover up the shortcomings with good deeds and finally, having purified itself of all earthly conditions, stands ready to enter the City of Zion.

A. M. W.

Opportunity—Privilege

OPPORTUNITY is representative of convenient time or occasion, whereas Privilege is the inherent right that has no time limits. When applied to the practice of Truth, then Privilege fully asserts its sovereignty.

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

FOLLOWERS OF LIGHT

Brought Forth by Rev. M. E. Claas

(An Abstract)

HAPPY am I again to return and bring to humanity helpful points that lead farther beyond. I call to each and everyone that we must understand first how we should go about this earth plane ourselves before we look to someone else who may be traveling in no better way than we.

Are you traveling on a righteous pathway—are you going about in a manner that you might be known by your good deeds? Are you known by those about you as one who is upright, one who is righteous in thought, yes in spirit, in all your every day doings while traveling here? These are points to know about. If we are following a righteous pathway we need never fear for we can then reach out to our destination when the so-called death approaches us. Then our good deeds will bring us up and on a high plane where there will be no darkness, but everlasting light. The light will be there guiding us on.

As we look about us and see what good deeds our brothers and neighbors are doing, there are those who would throw stones at them. Nearly two thousand years ago, when our Elder Brother was here in body, He told us of righteousness and goodness, and the deeds He did were grand indeed. When He told the people of that time, "Let your light shine before men," they cast stones at Him. They did not care to have righteousness come forth. It is the same today in most cases.

Humanity is striving to gather in much materially. They care little or nothing of what becomes of their brothers and neighbors. They care not if others have a small portion to get along with or whether they have not anything at all. So they gather in and accumulate as long as they can have what they call their rights here in this earth plane. They want their amusements and think not of those less fortunate with material needs. To those who would so accumulate I would call, be not so foolish, know that all you accumulate here must remain in this earth plane. You cannot take it with you. It will weigh you down as chains. It will hold you from going upward to the higher spheres.

Humanity wants its amusements and pleasures at any cost. They think not what it means to their brother or neighbor. Did not the Nazarene say that we should be in brotherhood? Did He not show the way for all to go?

It is far better to build for yourselves mansions, riches, in the spheres, to reach out to those high planes when you go over the border. You can have plenty here and plenty there if you do rightly and do justly, if you do as you should while here in this earth plane. Most of humanity is reaching out to a great goal, but that goal will lead into destruction. They come over the border and lament and weep. They call, "Only let not those whom I have left behind come to such condition as I have come to." So I say it is worth while to reach out spiritually to a higher pathway, the pathway our Elder Brother showed so long ago.

Most of humanity care not whether they tell the truth and live the truth or whether they will bring forth lies. He is wise who is truthful, for truthfulness will carry you through the earth plane and on through to the everlasting Kingdom of God. The prophets of old brought it that those who liked to bring the untruth will not enter into the Kingdom of God. If your tongue wants to belie you, cast such thoughts from you and

allow the better self to become the master, and say, "When I am righteous I must be truthful and then I will find conditions in my every day journey more uplifting."

Upliftment will come to those who strive for it. Your spirit will lift up higher and higher to that great Zion when you have grasped what it really means to be righteous and truthful. You will find your very selves in brotherhood one with another. That is what the Nazarene wanted to bring about—that brotherhood. He wanted everyone to feel equal one with another and not try to destroy each other. He is still trying to bring it forth. It seems humanity will not listen, do not hear.

Sow your seeds of righteousness and truthfulness and brotherly love and you will find how they will grow up and you will reap the rewards, if not here, then over the border. There are many who want to reach out, but then a cloud comes before them in and about their surroundings, and alas, that which has been so fine and beautiful is cast away, and they again wander on that downward path.

That is why the Elder Brother returns to the earth plane, takes on form and enters the open doorway—the borrowed clay—and brings what is most fitting. It would be well for humanity to throw out the best of thoughts to those who have passed over the border. They return and pave the path and enliven your path even more than those still in body and traveling the earth plane can do. Think of all your colleges and schools, yet humanity does not reach out to the right point.

I return that you might come to the right point, that you reach out to something more cheerful while still in flesh and blood. It is well, for are you not all spark of that Supreme Force, God? The God within wants you to do right, but then the flesh comes in and foolishly we follow that which is not right. Harken to the inner voice, listen to it and you will soon reach out to a higher goal.

A great many are called on this earth plane to bring about truth. Are not the signs coming? Are not different points approaching and which prophecy had been brought these many years since gone? Great trembles are felt and great roarings through the earth plane are had. In those years gone since there were many smart children of men who then said it could not be. It is here. It is being brought you and still more will be brought of what lies before. It is time that humanity got on an upward pathway and reached to the very God that is within us.

Follow the Law of God, the ten commandments, and abide by it. Then you will be known as a Follower of the Great Light. AMEN.

JOHN.

This is our brother "Johnny" of whom we have previously read in other issues. He passed out of body not many years ago while still a young boy. His spiritual progress in the realms has been steady and has brought many points it would be well for us to follow, if we would want to make such spiritual progress as has his spirit self. His most recent returns are in the name of John, and we join with him in giving thanks to the Father whose wondrous works have enabled his and other spirit loved ones to reveal for righteousness sake that which is for upliftment of the spirit.

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

SPIRIT'S INDIVIDUALITY AND PERSONALITY

By Alcinous B. Jamison, M.D., F.A.C.P.
New York City, N. Y.

MIND is a psychophysical autonomic organism and its form is called God, Father, or Spirit. A mind organism is a self-conscious, self-sustaining, self-directing, self-designing and self-creating entity, an uncreated eternal being innately possessing in *potentia* the eternal natural laws of being, one of the integral parts that constitute the inorganic universe.

A mind organism, not susceptible of divisibility, possesses at all times its identity and definite continuous existence as a being on whatever plane of manifestation it may be. The immutable and inexorable eternal natural laws of God or being are ever made manifest by the mind's created phenomena called individuality and personality.

Cause and effect are the result of the operation of the natural laws of mental action, individualizing and personalizing the causator. The causator, the noumenon, the spirit, being an autonomic being in nature and autonomically governed, with nominal subordination to other beings, has an independent identity and a definite conscious destiny to evolve alone. A being intrinsically possessing the essence and attributes of a creator is divinely responsible as it is the only creator of its phenomena called individuality and personality.

Every psychophysical autonomic organism in nature, in an incarnate or discarnate state of manifestation, is a God of its own psychophysical microcosm, the causator of all the phenomena of cause and effect in the domain of its little world of one inhabitant.

Individualism is the created phenomena of a being intrinsically possessing the eternal immutable and inexorable laws common to all beings or causators. Hence the personalizing of all incarnate and discarnate manifestations of living things in Nature. All beings are innately co-equal comrades of the unchangeable, universal, eternal, natural laws that are indwelling in all beings, who are at liberty to comply with the laws of their being or not. A being that should ever be gaining intelligence and understanding is liable to err and thereby create abnormally or to transgress the unchangeable laws of being; but the causator that creates in error has also the creative potency to efface or transform its abnormal individuality and personality into a normal oneness with the divine law of his being. No two beings ever felt, thought, or willed alike, therefore no two are individualized and personalized alike. Hence the infinite heterogeneous manifestations of life in Nature.

Search the forests, deserts, mountains, fertile lands and gardens, and the lakes, rivers, bays and oceans, all teaming with the phenomena of life, yet no two manifestations of life are exactly alike. The seer views the more ethereal earth's zones and beholds a heterogeneous world of creators or embryo gods, and the created individuality and personality of each as can be observed on the mundane plane of evolution. As we view the human race in groups, we find savages, semi-savages and domesticated humans, varying in size and intelligence as indicated by their individuality and personality.

To a logical mind, such a definite, distinct, individualized and personalized character or nature predicates an embryo God in the process of evolution.

During eons of time of creative effort of beings, followed by repeated birth, struggle for mortal existence and death, they

so fashioned the earth as to sustain a greater and greater evolution of a group of the earth's creators. In due time a wild, crude, savage animal group of beings was sufficiently evolved to incarnate in their involved or germinal design or form, and they were called men. The divine potential eternal purpose and plan of being must continue to evolve its embryo Godself. As the number of primitive humans increased, necessity forced them to form into various groups who spread over the surface of the uncultured earth's surface for sustenance and increased comfort, necessitating increased creative resourceful efforts to meet the changing conditions due to increased intelligence of the various groups and their increased numbers. All the groups, out of necessity, were kept busy transforming their environment and social affairs as intelligence advanced. More or less continuous warfare of neighboring groups, increasing their creative resourcefulness for protection, has continued to the present time. Thus from a crude animal state of existence, man, out of necessity, gradually evolved our social fabric, with numerous cities, towns and homes dotting the surface of the earth.

Wonderful created means of transportation by land, water and air have been evolved through the creative ability of man. Astonishing mechanical labor-saving devices have been created, lessening the psychophysical burdens of man and giving him more time to think of his spiritual unfoldment. The marvellous transformation of the earth's surface demonstrates logically that the same creative force innate in all entities created the earth as well as transformed it as we find it today, and in doing so evolved their own God creative power as manifested at the present time.

It is very patent why the embryo Gods should create the earth as well as all previous conditions that led up to its formation and to making it habitable, as the experience, knowledge and wisdom gained in doing so were essential for their further potential evolution. So far, in the evolution of a large group of beings human in form, they have reached a state of mind where they are yet dependent upon animalistic senses for information. Their immured minds and senses cause them to be deaf and blind to a more ethereal world and its inhabitants that environ them. Naturally, they have belief, faith and hope, which forecast their future creative unfoldment. Why should an embryo God cease its potential urge to creative efforts and become a cringing vassal to a fancied intangible power of being?

Spirits possessing innately the essence of designers and creators, it is patent that they are uncreated and eternal.

OBSERVATIONS

A WRITER to a dealy newspaper desires ten words that the readers of the column would broadcast, assuming that the broadcast would continue forever and thus, presumably, be continually reaching new hearers. The ten words are not to be a prayer, but rather a message.

The observer noted that one suggestion contained ten words upon which certain creeds had been established, but since creeds in general have their limits of usefulness, we would not favor the suggestion as a means to uplift humanity. From personal experience and observations, we are fully convinced that the following ten words, if broadcast indefinitely, would produce more spiritual results than all the creeds combined:

St. Matthew 19:17—"But if thou will enter into life, keep the commandments."

PLEASE, GOD, GIVE ME LIGHT; HAVE MERCY ON MY SOUL

PSYCHIC DEVELOPMENT

By Rev. Milicent Hubbard

LESSON VI

PAST lessons have led easily and gradually up to this our sixth lesson in psychic development, and I trust that our class has followed us step by step, losing nothing that can in any way contribute to the most satisfactory results. The greatest difficulty I find with beginners is their haste to develop too rapidly and out of proportion to the time devoted to unfolding the sixth sense. They expect as much phenomena at their first, second, or third sitting as an experienced psychic receives after years of spiritual contacts. This is a mistake, for all growth that is steady and substantial must be slow and result from devotion to the underlying principles, if it is to be healthy; so psychic growth must result from application of principle.

Many who demonstrate psychical phenomena of the material order may contradict me; they may even point to their own demonstrations to prove the statement an error, but I, on the other hand, will, if allowed opportunity, prove my assertion to be founded on facts. Too much superficial, subconscious data is presented under the title of "spirit phenomena" which, if appearing to be directed to the sitter, results from previous knowledge, or is born of a desire on the part of the sitter for that particular manifestation. Avoid such mistakes by always emptying the mind of personal interests. If two form a class, it is helpful, or more may join their interests so that tests may be made to determine the quality of the manifestations. How many have observed the light, or aurora, that surrounds all objects, and especially the human body?

There is no greater proof of UNIVERSAL SPIRIT than the light which emanates from the body of an individual; for in every instance the light represents the mental attitude of the person at the moment that you observe it, and denotes exactly their mental, physical, and spiritual poise, or lack of poise. It is the VITAL LIFE FORCE, or GOD SPIRIT, that permeates every phase of objective life, and which baffles material science in its search for CAUSE that results in ACTIVE LIFE. No man has found the source, for it is beyond the understanding of man, yet the effect of SPIRIT FORCE upon human life in particular manifests itself in an emanation of light. The following are all favorable: Golden light, blue light, light rose color, green, purple, and especially, the white light of spirit. But none of these should be dark, or dense, but clear and radiant. Tonight you will sit before a mirror, with a tiny candle placed at the side, all other lights extinguished, and, sitting erect as usual, you will look comfortably into the mirror and observe your own elusive, spiritual light, and also the changing expression of your face, which will reveal to you some pleasant and some unpleasant characteristics. This part of the lesson should not last for more than ten minutes at the most. May God bless you, my unseen children.

Close in usual form.

SPIRITUAL FREEDOM

REAL battle of life is for freedom. It has been raging since earliest times and will continue until the last barrier has been removed, when men will walk as gods, conquerors of their lower natures. Peace is not in sight, for there can be no armistice or treaty concluded to end the strife. Therefore, the hostilities

will continue to spread their doleful influence throughout the earth-plane and the lower spirit spheres. Let the fight continue, for it is the battle of light against darkness and freedom against slavery. The armies of ignorance are massed with all their shadowy conditions to contest every progressive movement of progressive souls, but justice patiently waits for the victory of right.

The first virtue necessary for spiritual freedom is patience. Nothing is to be gained by haste, so if at times we feel faint and discouraged, think of the patience of God. Bear in mind that when we speak of spiritual freedom we mean a state of spiritual development that one has reached on the road to perfection and a mastership one has acquired by having evolved step by step over his own mistakes and restitution of those mistakes, until he can at his present point of development exercise his innate divinity over any problem of life. In other words, he has reached a lofty perception from which he beholds the outline of his journey's end, and in wisdom he would not repeat the failures of his past. It is possible to fall from this high estate, but not probable, for the master is conscious of his sins committed when he was bound to material conditions and the difficulty which he experienced as he made good his shortcomings.

God's law of justice, the rule of perfection, applies to men and angels, worlds visible and invisible, and there is no exception to this perfect law. Therefore let it be understood that those whom we knew and loved and who have shed their earthly cloaks are not immune from the law just because they were associated with us by ties of blood or friendship. They have earned their reward, nothing more, and if they have accumulated sins of omission or commission which they cannot make right while in spirit, they must necessarily return to earth life and they will continue to so return until somewhere, sometime, they shall have learned to live in accordance with the law. God is no respecter of persons, and, while the human ties are usually sacred to mortals, it is due to our inability as yet to free ourselves from the narrow limits of selfishness. A broader view is necessary before we are spiritually free, and, unless we enjoy that vision of equality as Jesus of Nazareth taught it, our spiritual progress will be slow.

If we cannot be just we cannot claim freedom. If we refuse to accept the law by which we are compelled to work off our debts, we are still in bondage, without light and understanding. We know that we must pay the penalty for violating man's law. Is it surprising that God, being just, requires justice from his children? Is it just to believe that any creed can be of influence to excuse us from justice? It can be generally stated that any human being who cannot see the light has so much stored-up shortcomings from his former and present lives that his sense of justice is shadowed. In his enslaved state he considers spiritual freedom as nonsense, and, not being just himself, prefers the unjust schemes of men. In this environment he cannot be helped, and, while it is sad, repetition of earth life is the only teacher to open his spiritual eyes.

Spiritual freedom as we are trying to outline it will therefore only appeal to those children of God who have nearly expiated their mistakes and can see the light. They are dispelling from their minds the superstitions which no longer appeal as just and have begun to attract just thoughts, just deeds and just hopes. Their desires for spiritual freedom will be met as surely as their ignorant wants were formerly supplied. As they had attracted to themselves the environment of spiritual darkness, they can now rise from an undeveloped state, for they have desired to think their way out of bondage, realizing

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that as one sows he also reaps. The whole aspect of life changes at this point, for aid that is offered to help to freedom is accepted instead of being rejected.

If we could read the records of our previous lives we could find a reason for everything that has crossed our present journey. The law would be seen operating as perfectly through the channels of human conduct as it does through the solar systems. Injustice is the cry of undeveloped mortals, but injustice does not rule the world. As we climb the heights of spiritual freedom we see that injustice is only apparent, not real. Throwing off our fetters of man's limits, we assert our divinity and approach God.

Man gives us plausible explanations for the sadness and sorrows of life, those seeming injustices which we claim oft-times pursue the righteous but which the sinner escapes. Do not be weak and blame it on God the Father, or perhaps sink lower with your inquiry as to whether there is a God. Where is that spark of the Supreme Force which you say is immortal? Do not call it luck, chance or coincidence, nor label it fate. Remember, free will is justice, and we were sent forth free.

The law operates without stops, balancing our daily deeds, but always providing justice. Thus we see that the average life of approximately thirty-five years is far too short for any human being to make full restitution, and even if three score years and ten were allotted to each of us, there would be many debts unpaid to society during one earth life. An opinion might be expressed that if one could not make restitution during his earthly life, could he not make amends when disrobed from body and avoid the necessity of returning to earth. Yes, he could, but the problem is more difficult when one has passed over the border. There, without physical body, he can only contact the earth by inspiration, and, since this is not often admitted to be possible by mortals, the inspirations when received are seldom acknowledged. It is true that vile suggestions also register in the human mind and were sent forth by undeveloped spirits, and, while these inspirations are frequently put into deeds, this is due to the ignorance of the mortal, who would emphatically deny spirit communication, although he acts upon it. But we had in mind particularly the contrite spirit, realizing its earthly shortcomings and desirous of elevating its existence, puts forth the earnest effort to make amends and often finds this is only possible by returning to earth life, for the earthly ties are too strong to do otherwise. The contrite spirit will incarnate at a suitable time and either live on a higher plane of earthly life than formerly, or, lured again by the attractions of the earthly, sink to a low condition, with more stored-up debts to pay. Being more desirous for spiritual freedom than anything else, it will however be attracted to a family where ample opportunity is offered to concentrate on the higher things of life, which are, of course, spiritual.

We create every situation in which we find ourselves here and hereafter. If men knew this to be a fact they would work with the law, not against it. Optimism would replace pessimism as the sun shines through the clouds. Men would be just as God commands and they will be when they have learned that it pays to be just. The despondent on the brink of suicide is not just to himself, his Creator, or to society. All who claim adversity and misfortune as excuses do not know the fruits of their own lives. We are vibrating in the gloom because we found our level and for no other reason. Like disobedient children of earthly parents, we only learn our lessons by experience and know thereby whether our creations are just or unjust. As we continue to make similar mistakes, do we not fear the word justice? It is because we are undeveloped and fearing justice, refuse to believe in it. It is more comforting to

behold what we think is injustice about us, as the sinner seems favored and the righteous sacrifices for naught. This is but the narrow view of the ignorant mind, and the broader view follows as men ask God for justice. Justice will be required, whether man asks for it or not, but when mercy and love rule the heart, what man could be unjust. He is willing to pass through the trials and tribulations without complaint, for he knows his just Father rules the universe. By accepting the conditions one has almost passed his period of restitution and longs to be perfectly just. With this understanding every effort will be made to avoid piling up additional sins or shortcomings. The way to spiritual freedom is nearing its end. Finally we can rise upon our past mistakes to the spiritual estates, for we have mastered every material obstacle. Until we are able to do this, we are not spiritual. May we accept graciously our rewards for things done and undone and henceforth abide by the law.

T. R. W.

SPIRIT COMMUNICATION

By George Fuchs

A PILLAR of power and of strength upon which rests TRUTH is that of spirit communication. It is not anything that is new, for spirit communication is as old as creation. The only new thing about it is that the understanding is now broadening where formerly it was not considered as something worth knowing much more of.

The first evidence of spirit communication is the communication of life from that Supreme Force and Spirit, God. It is that spark or spirit or life that was first sent forth from the spirit realms to enter into a material contact. Its origin is spiritual and not man-made nor material. This spirit or part-God thus sent forth ever has the spiritual bond that permits of the divine power of communion between itself and its source. By this same divine power every spark has communion with each other no matter whether it again made its return back to the realms, or whether still traveling in body about the earthly realm.

We do not generally accept and appreciate the wisdom of Paul as written in the Epistles such as, "We have the mind of the Spirit." "Ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you." "The Spirit itself beareth witness with our spirit, that we are the children of God." "We have received not the spirit of the world, but the Spirit which is of God; that we might know the things that are freely given to us of God." "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?" "Know ye not that your body is the temple of the Holy Ghost, which ye have of God?" "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him. But God hath revealed them unto us by His Spirit; for the spirit searcheth all things, yea, the deep things of God." "We know not what we should pray for as we ought; but the Spirit itself maketh intercession for us with groanings which cannot be uttered."

One's loss of understanding and lack of confidence in the power of communion has resulted in seeking an intermediary or other form of mediumship by which and through which one would try to commune in "spirit and in truth." Thousands upon thousands who would thus communicate with the Father do so "through thy Son, Jesus Christ." There are many more who place their dependence upon other instrumentalities; upon the saints, the virgins and angels.

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Spirit communication is one of the many blessings given by the Father to His children, and it is for all, young or old, here and hereafter, and since it is universal, it is TRUTH. The sad part is that so few reap its fullest benefits simply because most will not look upon it as the works of God, but brand it as the work of the devil. True, many have abused the privilege of communion and in doing so have denied its uplifting influences. There are other forms of communicating beside communicating with the All-Highest, and there is perhaps less understanding of these forms, still it would seem that there is however greater abuse and misuse of its provisions.

Before proceeding with what some of these lower forms of spirit communion may be, we would sound the warning of the consequences that may befall one who would violate the trust reposed in that one. The injury done to another comes back upon the wrongdoer and the harm so done either deliberately or ignorantly must be made right manyfold. Much rather communicate with the Supreme Spirit direct than with or for other spirit loved ones.

Perhaps next to communicating with the Father we have the privilege of receiving the inspirations from beyond the border. These are pure in the degree of their source. Those coming from the higher realms should be much more welcome than those from the lower realms. The way to best determine their influence is according to their spiritual or material import. The higher the source the more spiritual the vibrations become. Those from the realms closer to this earth plane bring more inspiring influences of material conditions, and which are less spiritual and therefore not of lasting qualities. Our return form of communion is the thought we send forth or the word we express to the one with whom we would commune. If we would receive their help and their good wish then we should give them our help and our good wishes. Let us not do to them what we would not want them to do for us when it comes to things harmful, ever remembering both they and we must make our way onward and upward, and so must not interfere with each other's progress, but must ASSIST each other, if we would be true to the Love of the Father.

Another form in which we may have direct communion with those who are on the other shores, and which may come when our powers of receiving inspirations are less developed, is in visions and again in dreams. That which may be communicated in a vision oftentimes is symbolical and needs interpretation. Dreams (not the kind coming as a result of physical conditions) are more realistic and seem to be more in detail. In either case, much care must be given that not wrong understanding is taken. Here again may it be said, the best way to judge its meaning is according to its spiritual and not material interpretation. Anything that is based upon the Law of God is good, and let it be the guide for such interpretations. It may help to clearly understand this when we say that imagination is based upon mortal mind and its limited knowledge. It too can be of good intent, but we are considering communication with another, not with self.

Spirit writing is also a means of conveying a message we can indulge in safely if we do it rightly. Unlike what may be seen in a vision or in a dream, the writing is by our own hand with spirit control or guidance. Actuated by good motive, we write as the hand is moved to do.

Now all of these conditions can be through another one in body and in turn conveyed to us. This may be so whether we are developed to receive ourselves or not. Many will go to another and there find an inspiring thought, or be told of the vision or dream that concerns ourselves, or be given a written message that came through another but intended for us. In

any event, we should welcome only what is right and good and reject that which is not right. That is what those in spirit realms would do and who know the benefits of doing good KNOWINGLY. This spiritual knowledge is called LIGHT, and we can always reach to more.

We are dependent wholly on another in body for a message from the spirit side through trance conditions. This is where one gone over manifests his presence through another's body, borrowed as one would say. There are different trance conditions. Some are in greater trance than others, and the more one is in trance, the less that one knows about what has been brought forth for another. Where the trance message is understood by the medium, it seems to be because it was heard like an echo.

There are other forms of spirit communication and which are of a kind not generally recommended. These are trumpet speaking and spirit rappings. The trumpet message is both audible and understandable but difficult for a spirit loved one to endure. The spirit rappings of one whose presence is acknowledged will sometimes carry on a communication under a code, the different number of rappings meaning different things. Letters of the English alphabet are given in rappings, such as one rap or knock meaning the letter A, two meaning the letter B and so on until a sentence has been spelled out.

It is not for man to dictate how spirit communication shall be carried on. It is only that he share in the spiritual advantages thus created. It would seem that before one would say we cannot talk with the living, that he thoroughly investigate its many demonstrations of facts. One must not only follow in the lower stages of spirit communion, but keep going to the higher and better developments. Great good can be had from proper communion. Those who have gone before and who have reached a high destination can advise us how we should make our spiritual journey. They can explain many things man is unable to tell us about and which explanation is for the uplifting of the spirit.

We who are making our journey on this earth plane and who may be following spiritual guidance may in turn send forth the kind thoughts to such spirit loved ones who may be traveling in the dark. Their iniquities we can help to cover over with good deeds, and while we do this we cleanse our own conditions. Our forebears as well as those who may follow us and with whom we have earthly relationship especially share in the exchange of thoughts or messages much more so than those with whom we had no earthly ties. It is only after one tries to commune with its own and is not acknowledged that it will pass along to another, probably a stranger in earth life, but who will open the door and give a welcome.

All who would commune should do so for spiritual advantages and not for material gain. Every communication should be an improvement over any previous message, no matter in what form given. Whether the message is through prophet, artist, poet or composer, let us seek higher than materialistic levels. Then and only then can we continue and know how to carry on communion even after we ourselves are over the boundary.

THE SANDMAN

EVER see the sandman coming with his bag of golden hue?
Ever see the children running as he steals across the dew?
Watch him as he gently stretches forth his hand to scatter sand.
Watch them as their eyes it catches and they start for slumberland.
See him quickly look for others as he jumps the garden wall.
See them curl up under covers as they heed his bedtime call.

By UNCLE AMOS.

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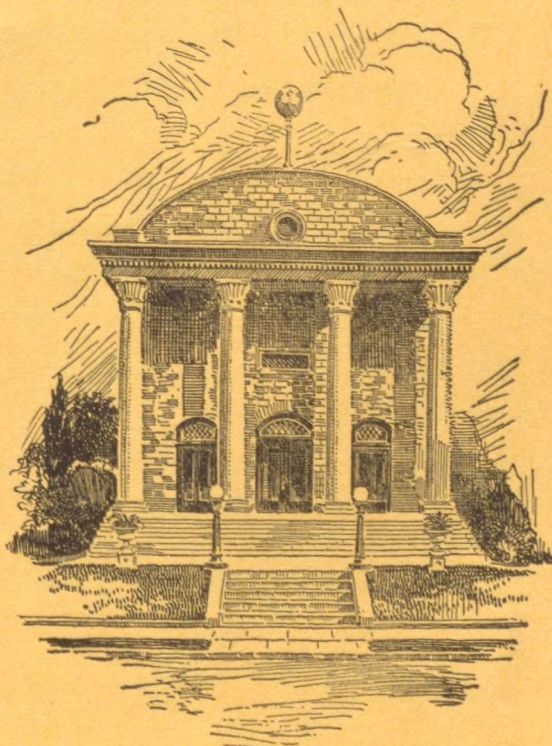
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The True Light

A MAGAZINE FOR SPIRITUAL UPLIFTMENT



THIS PUBLICATION is devoted to truth and stands in defense of God and His laws. We welcome all truth-seekers and want the army of truth-finders to grow into a real brotherhood of man.

The organization that comes forth with this periodical does so not for name nor for material gain. The great struggle to overcome doubt and fear requires the generous support of all who will join hands with us.

We quote below some of the statements which have appeared in our previous editorial department:

"We do not believe in capital punishment. The law of God commands us not to take another's life."

"The Board of Editors stands for TRUTH and RIGHTEOUSNES and in BROTHERHOOD. They pledge themselves individually to try and give of their very best efforts."

"Communication with those spirit loved ones who have given up their earthly bodies is an established fact."

"You cannot destroy life. It lives on forever. Life or spirit is eternal."

"The high and the lowly, the strong and the weak, white or colored, believer and non-believer, all need the service and gospel of Him who sent us forth."

"God is love, and most certainly is not to be feared."

"There is always good within us, and it is good our loved ones inspire us to bring out that goodness."

As we continue with each succeeding issue, our every endeavor will be to come openly with those convictions that will make for more happier and harmonious relationships between race, religion and revelation. We are in sympathy with those organizations and individuals whose aims are for a higher life hereafter. Their co-operation and correspondence is invited.

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