

Volume 8.

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# LILY DALE, N. Y., MAY 1, 1902.

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Number 76.

MORRIS PRATT.

# And Officers and Building of The Morris Pratt Institute.

Morris Pratt was born in the town of Eaton, Madison county, New York, on the 13th day of December, 1820; that makes him 81 his last birthday. He was the youngest of the boys; two girls were older and two younger than he. They were the children of Joseph and Clarissa Morris Pratt.

Of these eight, the oldest girl, Mrs. Caroline Spring, 91 years old last July, and Morris, still continue on this side of life. Mrs. Spring still lives in Eaton, not





far from the old homestead. Morris' parents moved west, as it was then called, when he was about 11 years old. The west at that time was in Chautauqua county, N. Y. Here his father took a piece of wild land, in order to make a new farm, five miles from Mayville, the county seat, and the nearest town. To reach this town they had to cut their way through the underbrush and smaller timber.

Here, young Morris took his position with the older boys and men of the family, working every day to clear up logs and brush, plowing, planting and hoeing, chopping, burning the wild roots and weeds until the farm was in condition for crops.

Up to the age of nine years, Morris at-



WM. H. ROGERS. Vice Fresident and Counsel

raise crops and live in comparative com- either afraid nor ashamed to tell the of others to enter into the Spiritualistic given length of time, and could work circumstances. In those early days of ers on this side of life. neighbors could do. Now, though he is more vehemently, and with less knowl- the memory of one who has in every nearing 82 years of age, he steps off as edge, and, if possible, with more vitu- sense of the word blazed the way for briskly, and endures as much hard work peration than it does today. Mr. Pratt those who are to come after him. as many of twenty.

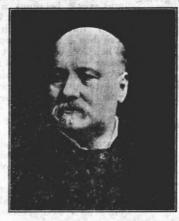
drew out of this partnership arrange- he regarded it as his duty to correct the which we live as mortals, but he has ment, and Morris and the other brother, misstatements of those Spiritualism kill- cleared away the rubbish and broken the Asaph, continued as partners for about ers. He perhaps did not always use the way for spiritual enlightenment.

nomena and philosophy, became convinced of the reality of the one and the truth of the other. Meetings were held in his own house, and he, as opportunity offered, assisted in carrying the truths which had made his heart glad, to his neighbors; especially to those who were bound by creeds to the superstitions of the past.

were made for his individual use, and he never allowed an opportunity to escape unimproved, to use them. He became acquainted with a girl medium, who afterward became Mrs. Hayes. Through her mediumship he received many startling and beautiful manifestation of spirit power and wisdom.

Mr. Pratt was not the man to place his light under a bushel; he never was

regarded it as his duty to be present on He has not only cleared up farms, and



### J. C. BUMP.

fort and ease. It was said of Morris world what he believed; nor to stand up work, after our present workers shall the package would not have been serious Pratt that he could do more work in a and defend that belief under any and all have bid farewell to the work and work-

more hours in a day than any of his Spiritualism the church attacked it much This is surely a fitting monument to

After a few years two of the brothers all such occasions, if possible. Sometimes prepared the soil to raise that upon

her. She is in perfect sympathy with all her husband's wishes, and will gladly co-operate in his benefactions.

On December 13, last, Mr. Pratt celebrated his 81st birthday. He is still a hale and hearty man; there is every reason to hope he will see the college of which he is the founder, and on which he has so long had his mind set, become one of the finest institutions in the land. -Clara L. Stewart in The Psychic Era.

Note:-The failure of these cuts to reach us in time for last issue was in no way caused by the Psychic Era Publishing Co. They had the cuts delivered to the Adams Express Company April The Adams Express does not come 11. to Lily Dale, and they had no business to accept them, as this is an exclusive American point, and the American has an office in Pittsburg. Even accepting



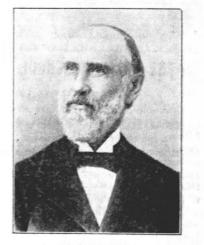
REV. MOSES HULL. Pretilent

had they not retained it in their office until the morning of the 14th. As THE SENFLOWER had to be mailed on the 15th, we could not possibly hold our forms for the first side open later than the morning of the 14th, and had to goto press without them .- ED.

## WHAT IS RELIGION?

#### BY B. F. UNDERWOOD.

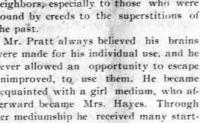
When people say that they do not believe in religion, they mean that they do not believe in certain doctrines which are taught in the name of religion, as





#### THE MORRIS PRATT INSTITUTE.

ten years, after which they settled on softest and most suave language. The Mr. Pratt has occupied rooms in this separate farms each for himself. result was he has been forcibly ejected building since its erection, where he still At the age of thirty Mr. Pratt from churches; and, in one instance, at resides, and where his first with



MRS. MATTIE E. HULL

tended summer school, walking two and a half miles every day to the nearest school house. After that age all the schooling he got was about two months in mid-winter, after the corn was husked and shelled, the chopping and other fail and early winter work was done. This was kept up the most of the winters until he was eighteen years old.

In the autumn of 1840 he migrated from the State of New York to Whitewater, Wis. Here for two years he worked by the day, week or month. When with his three brothers, Asaph, Corydon and Benjamin, he went to Lima, and they three formed a co-partnership. They took up new land, clear. ing and subduing it: making desirable farms and opening the way for others to

ried Miss Mary Jane Austin, a generous least, find for disturbing a religious meet- been an invalid for many years, left her and good woman, beloved by all who ing. Indeed this thing went so far that physical body. On January 21, 1930, she knew her, and known as one of the pi- it was considered a disturbance of a re- was called from the field of earthly labor oneers of Sonthern Wisconsin. They ligious meeting even for him to be pres- to the haven of rest. George H. Brooks lived at Linia and Milton Junction un- ent and talk in their conferences. was invited and delivered the funeral ortil the year 1888, when they moved to Mr. Pratt has lived in Whitewater and ation.

Whitewater, where Mr. Pratt built what vicinity so long that he has lived these On January 30, 1901, Mr. Pratt marhas been known as the "Platt Temple," things down, and it is supposed that ried Mrs. Sulema Plump, of Vicksburg, and where he has since resided. the most of his neighbors are heartily Mich. His present wife is an estimable

In the early years of Spiritualism, Mr. ashamed of the attacks they made upon woman, much respected by all who know Pratt, after having investigated its phe- one whom they were incapable of com-



ALFARATA JAHNKE.

prehending.

About the year 1884, a spirit control of Mrs. Hayes, calling himself a German, located a mine in the famous Gogeobic Range, since known as the Ashland mine. Mr. Pratt was advised to take stock in the mine, which he did. At the same time he made the promise that if this investment proved a success he would build for the use of Spiritualism a Temple. He held the stock about three years, at the end of which time he had realized so handsome a fortune that on the sale of the stock he immediately made preparations for carrying out his promise.

He erected a magnificent and commodious brick building, which he has now dedicated for all time to the propogation of Spiritualism, and to the preparation



CLARA L. STEWART, Secretary.

#### A. J. WEAVER. Superintendent

for instance, the doctrine of the fall of man, the atonement through Christ, the resurrection of the body, everlasting punishment, future conscious existence, a personal God, etc. They cannot dispute that religion is a fact, a fact of the world and of human nature. They cannot dispute that the phenomena of religion are just as real, and, of course, just as natural as the phenomena of the inorganic world. Whatever may be held in regard to religion, the fact of its existence is indisputable. It prevails in all quarters of the globe, and it has existed in all ages of human history. Then, "What is religion?" To answer

(Continued on Page 8.)

THE SUNFLOWER.

the motive of the disturbance," remarked my

friend quickly. I did so and after a few moments of close at-tention, said, "I don't know but it makes me feel good." Then with more humor than serious-ness said: "I feel jolly!"

About this time the cheering had reached our place, accompanied by the trampling of horses and rolling of wheels. We jumped to look out. "A straw ride!" I cried. "Well, isn't that jolly?" asked my companion,

smiling. I had to admit it.

"I see you are developing nicely," remarked the psychic when again seated. "That is interesting" I iterated.

"You will find life worth living before long." "I am already doing so." "But you must not mind the little aches that manifest at times.

"What - is that the penalty?"

"Not exactly, but they often precede higher activities — the birth of new forces emerging from the interior to the exterior; that is, to our moral understanding. But the light which follows is the reward; and every new truth adds to the mental force, which in turn en-genders physical energy. Time loses its burden and work becomes a pleasure. Life sweetens with the latter, for it brings us in nearer rapport with nature, which never rests. Work is worship – the response is love or happiness. with When we reach that state, we feel safe, and know what it means to be guided by faith." "Why man," I said rejoicingly, "You have

"Why man," I said rejoicingly, "You have answered all the questions I had in store for you. Did you also feel my wishes in that respect?"

"No, but I suppose my soul read your longings and responded accordingly. This is what might be termed intuitive reading of causes, and which when expressed in language, has led us to 'speak wiser than we know,' as an ancient revelator termed it."

"But as well as reading a man's longings could not the soul also read his intentions, if they were evil disposed?"

"Certainly and many do, but do not under-stand the philosophy of it. They simply feel ill at ease and are moved by fear to avoid certain persons -- fear being the intuitive warning to avoid danger. An innocent child makes a good barometer to gauge suspicious persons with, if not sensitive enough yourself to feel the inten-tion direct. Men and women lose much of their childishness sensitiveness through worldlyism -living on the exterior, or too much in the brain. Sensuous pleasures, for example, dulls the consciousness of sensing causes.

"A temperate life sharpens them. Arrogance or conceit is exercising the will for a material, or the mind for conventional effect. An erroneous or wrongful use of one's power is a manifestation of the first-named. Educated ignorance or a stubborn belief in one's own knowledge as the only truth is a manifestation of the latter. Forethought and modesty permits the soul's will to exercise its power for you. Lack of sympathy or selfishness per se darkens the soul's intuitive qualities direct and permits no spiritual light or any causal vibration to touch it. Selfishness, therefore, wanders in darkness, and selfish people need all their wits to earn a living. They have no intuitive guidance, no faith to comfort them, feel no love to encourage them. And, as a large portion of humanity wanders in darkness, deception is rampart, against which honest people are struggling for existence. Many are poor because they cannot stoop to low things have an intuitive self-respect, which governs them, and consequently are in the majority, though the minority rules by virtue of their material power. But there can be no help for it. Earth is theirs, and we poor sensitives must comfort ourselves with spiritual riches." "But what of their future?"

"Their future is what it is now - earth. Each soul will find its ideal-its love-passing through the existence it inherited. Those who matter beyond spirit or truth will reap loved what they have sown, suffering as spirits what we suffer as mortals. A spiritually inclined soul in the body is out of its native element, but must submit till ripened for transition. A ma-"Now note your feelings and let us analyze terially inclined spirit is also out of its element,

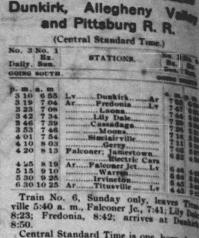
and must submit till ripened for a higher life. The difference, however, is, that the spiritually inclined soul has no more suffering to undergo, while the others feel the burden of time as mortals feel it and think their suffering an eternity, though many require centuries to out-grow their materality on account of the the lacking opportunities to make good their wrong-doings on earth. Aye, it is doubtful whether such as Nero have yet outgrown their selfishshen as vero have yet outgrown their schust-ness. And a throughly heartless man, in any walk in life, is very little better. Sympathy is love — the principle which puts a keen edge on the soul's intuition, and in comparison to this man walks in the light. With love as his motive power, he will deny himself material pleasure and course for it makes him consider. pleasure and power for it makes him consider-ate of others, and in that lies temperance and humility or modesty. Temperance, modesty and sympathy, are thus the trinity of the soul's salvation — the most practical religion extant."

#### THE PROPER TIME TO EAT.

By this time the hour had reached nine and I had not yet been to supper, though I never missed it. My stomach generally manifested hunger at seven.

On this occasion, however, I did not sense the usual craving and frankly admitted my habit and its suspension, at the same time asking my friend for an explanation of the latter. "Taking regular meals," he replied, "is a habit instituted by civilization. It is better however

than nibbling at all times as many would were it not for this method of disciplining their stomach. But the only proper time to eat is when nature calls by genuine hunger. The craving which sets in at certain hours is not hunger proved in your present case. If it were the desire would not be stilled. The soul needs no material food, and when your body is filled with the spirit,' it forgets its habits. When a natural appetite sets in, which is the only healthful one, you will find that a crust of bread and an apple can be relished with as much delight in the eating as a hotel menu upon call of the conventional supper hour. And best of all, it does not generate any material vibrations that dull the senses of the soul prior to digestion. The stomach is the reservoir of physical life and energy, but not the God of existence. The body receives as much vitality from the soul as it does from the food it takes in, as shown under a strain of excitement or combat against impending danger, when superhuman strength is often manifested, not attributable to either food or drink of any kind. If the latter were the principle on which physi-cal power is based, the greatest eaters should be the strongest, which is not the case. It is always the will that constitutes this power, and a man who develops the power of controlling his appetites, is at the same interval generating a soul energy that manifests for material energy. Of course, the physical part of man has its wants, as the plant needs rain, but its chief vitality, is absorbed from nature thro' its life or soul-principle, which stands in direct relation with the same by virtue of the magnetism, which fills all space and connects all conditions of life or soul to its material counterpart. Food is to the body what rain or moisture is to the plant, but too much in either case is material death, initiated by a rotting of the vital parts, which in man is labeled as organic diseases. Moderate eating is not only more wholesome to the organs, but admits more of the soul's vitality, while the reverse shuts it off because interfered with by too much material vibration. A habit for light eating is therefore as readily developed as that which obtains as a rule, and a habit for eating only when actually hungry is another possibility. Abnegation is the means toward this end where passion or weakness for this conventionality exists. It is suffering of course, but it awards itself by the higher attunement reached for sensing causes. It is substitut-ing soul food for animal food. In this higher attainment lies a higher vibration with compatible vital force, good for the body. That is why the intellectual man needs less gross food than the uncultured. Knowledge is power in more ways than one. It increases spiritual vibration, and in time allays the material compatible with the digestion of this knowledge, its practical application, which is synonymous with wisdom. To be Continued.



May 1, 1900

Central Standard Time is one hour slowe than Eastern Standard which is used by the

than Bastern Standard which is used in towns along this line. Visitors to Lily Dale from the east west can make connections with D. A. P. trains at Dunkirk, Falconer Je., W and Irvincton.

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getics," that it will be hard to tell ne leaves off and another begins.

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East St. Louis, IIL

friend The Psychic

BY ARTHUR F. MILTON,

AUTHOR OF

"In Higher Realms," "Psychometric Dictionary," Etc.

"My friend as soon as we 'put our light under a bushel' our own light goes out as well. I tried that for two years, but did not know I was standing still, until I concluded one day to help a friend along by confiding my secret to him. It was a love-act, for which I was immediately

It was a love-act, for which I was infinitediately repaid by a higher light in the same direction. Since then I have been giving freely what nature gives me and reaping a new harvest accordingly. Nature never takes; she only gives or bestows, and those who imitate her never want. The

more selfish or penurious a man is, the worse he will fare in the end. If not on this side of

the spiritual veil, on the other. We can only ex-pect to 'reap as we sow.' It is really a matter

of attraction from nature rather than of giving on her part. Absolutely speaking, we attract as we impart, whatever the donation. Such is

the law. Your own feelings will tell you that. You feel more like going to a generous man than to a penurious one. Man is nature epito-mized. We can understand her laws through

My friend gave me such a flood of light to

consider, that I forgot all about my own troub-les, and so fell into a "brown study" from

which I was suddenly awakened by a noise

CHAPTER IV.

A LESSON IN SOUL-SCIENCE.

"Listen!" replied my friend, the psychic. "I am."

I did so and began to feel agitated. I tioned the fact, to which my friend replied:

give you a practical lesson in soul-science.

became interested. He began;

'That is correct. I shall now endeavor to

"With the physical senses we note effects;

with the soul, causes. But whatever the soul

cognizes is reflected on or through the spirit,

and from thence imparted to the sense-conscious-

ness of the body. By the specific feeling or dis-turbance we can judge the nature of the effect.

Feeling agitated in this instance indicates that

there is agitation in the vibration emanating from the center of the disturbance heard. When people quarrel with hatred in the motive they become agitated. This outside disturbance proves that hate is rampant and thus the

cause. The external sense of hearing betrays hu-

man voices - affects. The soul tells you why

they are talking. Let us investigate as a test." He arose and so did I. We went to the front

window, raised it and looked out. I understood

the situation at once. They were two rival hackmen, who had accidently met under my

window and were settling an old dispute. They

were known to throughly hate each other and

never missed an opportunity to express it. The test was thorough. We resumed our seats

"This is one of the many ways to know truth by your feelings. Hearing a like disturbance and

being overcome with fear or a desire to retreat

implies danger; becoming excited signifies mental agitation only a disturbance without emo-

tion in the vibration, such as a run-a-way horse might occasion. Feeling irritated or provoked

by the disturbance betrays selfishness or willful

meanness in the cause, such as boys may invent

to aggravate someone. On the other hand if an

agreeable sensation accompanies the vibration

Just then a cheer was heard from afar and ap-

"What is that?" I exclaimed.

I looked at him quizzingly. "How?" I asked.

"But with your soul!"

"Note your feelings!"

and my friend continued:

it betokens harmony.'

parently approaching.

our own soul-consciousness - by self-study.

without.

Moses and Mattie E. Hull are already occupying their beautiful cottage on

this shall be the most interesting session of the Training School ever held.

Many of those who have attended the school in the past are to return this been here before, but who intend to take the school lessons this season.

The methods of teaching are to be and from bookish methods. Students the tamp toots and contact the tamp toots and contact the tamp toots and contact the term will read less, and take notes and study last week in September. The last Tuesday in September has been selected as the opening day for the Morris Pratt Institute. It will always thinks he can thus impress his students in June. more than by any other method. Mr. Weaver is an old teacher, and has thoroughly studied all methods of teach- A Monthly Journal devoted to the Occur. ing.

Mr. Hull intends to so blend his lessons on "Comparative Theology," "Higher Criticism," and "Biblical Exe- WASHINGTON,

Mrs. Hull intends to fully rely on her spirit teachers, and to give such lessons as are imparted to her.

Mrs. Jahnke will follow more closely Library street. They are here thus early than ever, her Alma Mater. The more in order to be prepared to receive she reads, studies, and observes, the students and find homes for them as more thoroughly is she convinced that more thoroughly is she convinced that they arrive. They are determined that of all systems of teaching Oratory, Voice Culture and Physical Culture, none equal the Emersonian system.

The school will open as advertised, between 9 and 10 o'clock on Tuesday season; besides that Mr. and Mrs. Hull morning, May 13, and close on Friday, have letters from many who have never July 11. Tuition and board on the same terms as before.

If the Training School cantinues to run after this year, it will either be run somewhat improved. The teachers are to depart more than ever before from books and from bookish methods. Students the camp closes and continue until the

than he has ever done in the past. He close on Friday before the last Tuesday

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## May 1, 1902.

# THE SUNFLOWER.

News at Lily

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IMMORTALITY. BY ELLA WHEELER WILCOX.

irtal life is something to be earned

and patient seeking after higher truths. We cannot follow our own wayward wills, and feed our baser appetites, and give Loose rein to foolish tempers, year on year, and then cry "Lord, forgive me; I believe!" and straightway bathe in glory. Men must

d's system is too grand a thing for that. ark Divine dwells in our souls and we Can fan it to a steady flame of light, ose lustre gilds the pathway to the tomb nes on through eternity; or else Seglect it till it glimmers down to death, leaves us but the darkness of the grave. conquered passion feeds the living flame,

Each well borne sorrow is a step towards God.

Faith cannot rescue, and no blood redeem The soul that will not reason and resolve. on thyself, yet prop thyself with prayer:

(All hope is prayer. Who calls it hope no

sends prayer tootsore forth o'er weary vastes;

while he who calls it hope gives wings to prayer.) And there are spirits, messengers of love,

Who come at call to fortify our strength; Make friends with them, and with thine inner self;

Cast out all envy, bitterness and hate, And keep the mind's fair tabernacle pure. Shake hands with grief, give greeting unto pain

se angels in disguise; and thy glad soul From height to height, from star to shining star.

shall climb and claim blest immortality.

#### THINKING.

"Be still and know that I am God." Emerson says "the hardest thing in the world to do is to think." This may be, and doubtless is true when we try to produce or force thought. The world has so long held the idea that in order to succeed force must be used, that it has lost sight of the great principle that the best development comes only through faith and receptivity. When we underwaves of vibration, when we are willing to remain quiet, self-poised and passive in the great sea of love and goodness that surrounds us on all sides in which we may float, if we will, in perfect and uplifting serenity and sweet content, then will we receive and transmit the best and most helpful thought vibrations.

We think, as it were, by respiration. That is, we absorb or inspire, and send out, or exhale, thought. When a person is in deep meditation on any subject, thought emanates from him and goes out into the universal. Whoever is in a receptive attitude, in the same vibration, receives it, and he can, in this way,

in a circuit of vibration. When going to sleep it is wise to think of something that is uplifting, in order to get into a higher vibration, for then you give out It slow self-conquest, comradeship with and take in that which will help develop your own soul and also the souls of those who receive what you send out. We are constantly throwing off atoms, and these atoms are charged with our thought. They must find lodgment somewhere. The thoughts with which they are charged must affect some soul. In order to fulfill the law and make the world better, we must improve ourselves, The more knowledge the soul possesses, as a whole, the better able the soul in each atom will be to help the progress of the body with which it finds lodgment; for, although when separated from other souls in other atoms, it sleeps, still, as the person who awakes from slumber, he it ever so profound, knows all that he has learned before he slept, so the soul of each atom, when, by con tact with others, in the process of attraction and repulsion, it becomes

> received in other bodies. We cannot control thought. It comes to us and goes out from us. We may guide or direct it. The circulatory system is controlled by the nervous system; the nervous system is the telegraph system of the human body; therefore, if we send thought along a nerve or any the Bennett Building early in May. special faculty we also send the blood to it; in this way we develop and enlarge that faculty.

alive, retains all the development it has

Man's mind is a link in a great movement of thought which makes him the momentary expression of one of its phases. All the thought which we receive and transmit is part of the universal whole. Nothing is ever lost from the great reservoir of thought.

When we are thinking thoughts of health and strength, of kindness and goodness - thoughts that are harmonious - we are building and developing beautiful souls, and naturally, beautiful bodies as well

"For of the soul the body form doth take; For soul is form, and doth the body make."

At the same time these thoughts are stand that thought, like light, moves in going forth from us to unite us with the health-giving, hopeful, courageous thought of the world. The world about us is a great vineyard, and the thoughts we think are the seeds we plant. Every seed will bear fruit after its kind. If we sow the seed of the thorn and thistle. we shall reap thorns and thistles. If we sow seeds of kind thoughts, words and deeds, we shall reap accordingly, for whatsoever a man soweth, that shall he EMILY LARMOUR. also reap.

# BATHING MITTENS.

Noting many points of practical value become the possessor of ideas similar to in your metaphysical department, I venthose held by the first thinker. But they ture to call attention to an article which will amount to nothing for him unless I find of much value in physi-culture, use. Remember, that space is eliminated especially adapted to the purpose, and in the thought world, and the receiver in such manner as to awake the activities

The order to ensure correct and prompt notice of arrivals, departures, improvements, or any items of interest, please write it and hand it in to this office. We want to give our readers all the news of the camp and you can assist us to do so in this way.

The time for the open season is rapidly approaching and inquiries are coming all the time. A word to the prospective visitors will be appropriate.

The camp opens July 11, and closes August 24. The June picnic will be held June 13, 14, 15.

NOTICE Particularly! In writing to people on the grounds for information, never fail to enclose a stamp for reply. They receive many letters and if it is not worth sending a letter and enclosing a stamp for return postage for you to receive the information it certainly is not worth it to any one else to give it to

THE SUNFLOWER will publish all that is given to it in the way of program and general information.

Mediums who will be at camp this summer can have their names placed in the list of mediums by sending the proper information to this office.

If you want information that we can not give, write, enclose stamp for reply, and we will hand your letter to some one who can give you the information. We will not do this with postal cards or letters that do not contain return postage.

#### GROCERY STORES.

Mr. Fuller has begun to put in an extra stock in anticipation of the arrival of our summer residents and Messrs. Whiteman & Waldin, of Jamestown, are Jamestown where she has spent two

#### HOTELS.

The Leolyn House will be open to the public June 1. A. C. White will manage the house for Mrs. Pettengill as usual. The Grand will be conducted by the Association, under charge of a manager who has been engaged but his name is not known to us at the present writing. The South Park will be open May 1, J. H. Champlin proprietor. D. T. Harris has engaged help for his summer hotel and will be ready to receive guests early in May. The Iroquois will open as a Raines Law Hotel, May 1, J. C. Scheu, proprietor. The Jackson cottage under on "How to be Happy" at Mrs. Hyde's the management of A. H. Jackson, and Sunday morning meeting in which she **FOR** the Sage cottage, in charge of Mrs. put forth many strong points that cause Dedrick, will also supply their guests people to think. with home comforts at reasonable rates C. V. Wildrick, will have the White Restaurant and Bakery.

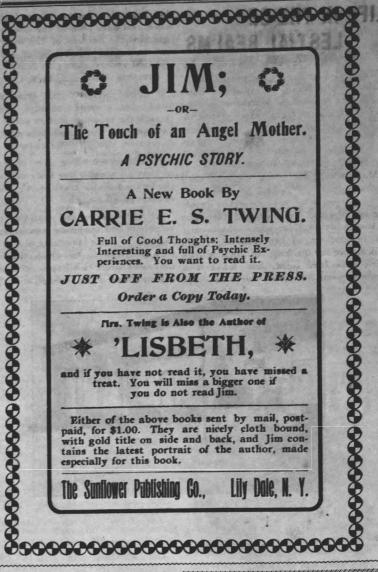
#### THE SUNFLOWER.

will continue to do business at the old stand and will be better prepared than ever to turn out anything from a handbill to a cloth bound book with neatness of Cincinnati, who has been a regular at- Mrs. A. A. Cawcroft, and despatch.

#### ARRIVALS.

Among the arrivals for the season are Mrs. E. F. Baillet, Mrs. B. M. Purple, Mrs. Lou Eustaphieve, Mrs. E. H. Thompson, Mrs. Lathrop, Moses and of his age. He had a stroke of paralysis Mattie Hull, Miss Olmstead, Hannah September 23, but rallied from it and got Walcott and Fern Mathers. COTTAGES.

Mrs. A. M. Bronn has rented J. B. from its start and moved here fourteen years Green's cottage near the Grand Hotel. ago and has made his home here since that Mrs. Robertson of Warren, Pa., will oche is ready to put them into practical viz: bathing mittens, knit from yarn cupy the Robinson Cottage on Third Ave. Mrs. A. E. Reynolds, of Buffalo will occupy Mrs. Todd's cottage, corner of the blood. I find these mittens pref- of Knowlesville, N. Y., has rented the De missed by all visitors to camp. Melrose Park. Mr. Whiteman and family will occupy part of the Schults cottage next to THE SUNFLOWER office. Mr. Waldin has rented two room in the Read cottage, now owned by Dr. Richardson, our local magnetic healer. Mr. Alden and the present C. L. F. A. grounds. McQuellan and family will occupy Mrs. Covell's cottage on First Ave. Mrs. S. Large, of Buffalo, will have Mrs. Bergman's cottage on Buffalo street. Mrs. Wreidt, the trumpet medium, and Prof. and Mrs. Lockwood have engaged the compartments in Miss Olmstead's cottage, that they occupied last year. Stella B. Case and friends are occupying Mrs. doctrines, we believe his father answered the Thomas' cottage on Library street. call. The services were conducted by Mrs. Miss Agnes A. Heaton, of Jamestown, Clara Watson. has opened her dressmaking parlors in ER office.



3

making arrangements to open a store in weeks on account of sickness in her son's family.

A walking and out door athletic club meet every Sunday and after walking to some one of the many beautiful spots in this vicinity participate in health-giving sports which are very beneficial. Everyone is invited, to meet at 2:30 Sunday p. m. and join with the club.

"Auntie Purple" received a handsome large cake from Cleveland from Mrs. Pettengill; the occasion being her 88th birthday April 28th. "Auntie, 88 years," inscribed in purple over the ornamental white frosting was very pretty.

Miss Lottie Cheney gave a short talk

#### **OBITUARY.**

### GONE HOME.

We have to chronicle the transition of three 73tf. campers.

THOMAS P. HUGHES tendant for a number of years, passed away the latter part of March. He has not been well for years.

#### ABRAM BOWERS

passed to spirit life April 16, in the 81 year quite well when a decline set in and he gradually failed until death came to his release. He was a regular attendant at Lily Dale time. He was born in York, Pa. October 16. P. L O. A. KEELER, 1821. The exercises were conducted by Lyman C. Howe, and by request the body

was taken to the Buffalo crematory and in-

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may be on the other side of the globe of the skin, and induce a freer circulation Second Ave. and Cleveland. Mrs. Ross from the one who meditates.

The subject matter may be good or erable to any other simple method I Milt cottage on Third Ave. Bangs Sisbad, the thinker a priest or a criminal; have yet tried. No one should sleep in ters will occupy Mrs. Huff's cottage on the thought, according to the immut- any article of clothing worn during the able law that like attracts like, and will day, and the entire surface of the body find lodgment, either temporary or per- should be exposed to the air for a few manent, in the mind that is in a condi- moments before retiring to sleep, and tion to receive it. before dressing for the day. On arising

Words do not need to be spoken. The each morning, have ready some clear, sentiment or idea is sent out. If not cold water to which add a small quandirected to any special object or place it tity of either lemon or lime juice, good will reach the mind that is in a passive, cider vinegar, salt or soda. I advise the sympathetic attitude. Do not thoughts use of these in alteration from time to come to you, sometimes, waking you time. Dip the hands with the mittens on from sleep, that are entirely foreign to into the water and rub the skin briskly anything you had ever thought? In the and thoroughly two or three times over morning they are gone. The vibrations from head to foot, dry quickly with soft have changed, and the thought has gone towel, and dress. Wash out the mittens on its way. People who are not wise and dip them into a strong brine kept enough to write down or fix in the mind ready for use in a closed dish on the thoughts that come to them in that way toilet stand, and dry for use at night, often recognize the rejected idea in the when the body should again by quickly Dr. Carter's cottage near THE SUNFLOWwork of some genius. Emerson says: rubbed or massaged with the mittens "Tomorrow a stranger will say with dry, before the night clothing is masterly good sense precisely what we donned. Neither of these skin rubbings have thought and felt for some time, need occupy over 3 to 5 minutes. These and we shall be forced to take with mittens can be procured of Mrs. A. L. shame our own opinion from another." Nelson, Lily Dale, N. Y., at 12 cents per When asleep you unconsciously draw pair, which includes postage to any U. to you the thought element, for you are S. address. J. E. HYDE.

### MISCELLANFOUS

Joe Turner spent Sunday at Randolph visiting relatives.

The Misses Boardman are spending a month in the Brooking's cottage. Mrs. Carrie Shaw has returned from

cinerated.

Mr. Bowers' familiar form will be greatly

#### TRUMAN P. ALLEN.

1891. After the death of his wife in 1870, he became interested in Spiritualism and became convinced of its reality and immediately commenced work in its behalf He attended every camp held at Lily Dale, both on the He was married to his second wife in 1874, and since his health failed and he has been slowly walking down the descending pathway of life, she has been a faithful caretaker. SLATE WRITING BY MAIL. His last sickness was of about a week's du-His last sickness was of about a week's du-ration, and he passed quietly away April 25. get Independent Slate Writing by mail. Send He realized the call and told his friends he had sent for his father to come after him as he wanted to go home. According to our

LIGHT OF TRUTH Subscription \$1.10 per Year. Sample Copy, 5 Cents. A 16 page weekly illustrated Spiritual news-paper devoted to reform and regeneration. "Wherever wrong is done to the humblest and weakest 'neath the all beholding sun, that

#### WILLARD J. HULL, Editor.

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N. Front Street, Columbus Chio.

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**F**<sup>OR</sup> information concerning cottages at Lily Dale Camp, for sale or rent, furn-ished or unfurnished, large or small, send for particulars early.

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Welcome dawning of the greater light! Welcome the lifting of shadows from liftment that so surely lets in the floodlight of God's beautiful day.

May the good work go on, until throughout the land, and to earth's remotest bounds, all may note the dawning of perpetual day, meaning the light

lightened the burdens of the weary ones and let in the flood-light of love and spiritual understanding to those walking in darkness, concerning these things.

If thou meetest with cruel rebuffs, the hearts of mankind. Welcome the in- quail not, stand calmly, steadfast flux of clearer thought, more widely in though the troubled waters surge at thy telligent perception, and less obtuse feet, and thy words and mein may bring moroseness, and more of the spiritual up- conviction, though thou knowest it not.

> as that all should love their neighbor in the light of divine truth, recognizing the oneness of all mankind.

Seeing the faults and frailities of thy of divine love within, which shall unite neighbors and conjuring concerning them all in one grand brotherhood. We in then do ye place stumbling blocks in thy this higher life do long to baptize you own pathway, over which thy brother with this love light, and make it a may also wreck his hopes or ideals, for guide to your feet and a shield in every thy neighbor is thy brother, and thy act



Interior of Assembly Hall, Morris Pratt Institute

time of trouble, ave a very fount of every spreads not its fury on him but rebounds blessing from which you may ever draw to thine own detriment. yet find it ever flowing with blessing for Thou shouldst weigh well thy control-

haustable fount, and freely partake that as one who speaketh wisdom. all mankind may be lifted up and the If thou cans't perceive whereby thou in the heavenly spheres.

Sectarianism must give way and the ed until all shall understand that love of wherein their duty lieth.

all. We wish you to know of this inex- ing thought, ere thou givest to another

material life beautified, while soul growth hast been lifted up, speak to thine Dear Mr. Editor and Friends: takes grand strides toward perfection, brethren concerning it, that perchance

philosophy of life as given by inspiration deeds thou mayst do even without osten- stands. At last report we announced

God, hence to mankind, shall he the Not alone to those who pose as teach-

thereby swelling the anthems of rejoicing some other may climb by the same route.

from the angel hosts must be disseminat- tation, that none may fail to perceive that since the offer of two true hearted

watchword and guide whereby all may ers shall the award be given, but to all

the heavenly treasure yours to enjoy ing each of the other, "Are these things when you have cheered the disconsolate, true?" and can we today receive direct inspiration as in the olden times? Can our loved ones tell us of the life they are experiencing since they left us and what is heaven like? Let us counsel together and seek some solution of these problems, and anon unto them will come incontrovertible evidence concerning these things. No longer is it necessary to travel far

THE SUNFLOWER.

to find some wise man to hand out solu-Tis not so much aye, aye, or yea, yea, tions of difficult problems, for many are so far advanced in development of the receptive faculties as to be able to catch the vibrations from the realms of soul and prove that telepathic communication between the seen and unseen or the material and the spiritual world is an established fact. Grasp and utilize this thought and prepare the world for greater revealments yet to be made when the mass of humanity is advanced sufficiently to make use of the knowledge.

There are many exalted ones, waiting for the proper development of the human family to give of their knowledge yet deeper truths concerning life in all its phases.

Through the ages past from time to time have greater lessons been given than could be understood, in the time in which it was given. In many instances exposing the medium to vituperation and often death, while many times the truths given were lost to the world, or so perverted that they were well nigh lost and sometimes led to grevious blunders hence the reserve in unfolding more

But we can tell you of many experiences and will gladly lead you into the paths of peace and love wherein flows the pure waters of wisdom and truth. MRS. F. A. PROSSER.

### N. S. A. Secretary's Statement.

April 18th has arrived, and we wish to give yourself and readers, an idea how So many, are the helpful words and the matter of the Medium's Home now Spiritualists to give each seven hundred and fifty dollars to the Mediums' Home, thereby making fifteen hundred dollars for repairs and equipment, if the Spiritualists of the country would raise among them \$500 for opening and getting some of our mediums housed there, the amount to be gathered by May 1st, we had secured the sum of \$204.25. Now, since that report we have to mention the sum of \$77 as follows: G. W. Beesley, \$5; M. E. Arnold, \$1; Mr. and Mrs. George Vauhauer, \$5; H. C. Hermsmeyer, \$2; Alfred Joslin, \$1; Mrs. S. Merrill, \$1; "Dick," \$25; J. Guiwitt, \$1; Cleveland receipts of anniversary entertainment. per J. C. Hemmeter, \$27.16; J. F. Bassett, \$2; Mrs. England, \$2; Mrs. A. M. Morrill, \$2. We have not yet counted in the two Columbian half dollars before mentioned. We are thankful to all these friends who have contributed to the fund, and we appreciate their good work. We also have pledges from those who we know are reliable to contribute in sums \* sufficient to make up perhaps two hun- \* dred more, including the receipts of the \* splendid benefit given by the Illinois State Association.

But time is passing and the first of May is at hand, the prospect seems to be, that we shall be handicapped and that the Home will not be opened as we had hoped, and yet Spiritualists have not turn aside from the spiritually others too, may quaff at the nectar of mediums' homes, and the world at large dwarfed? Do ye not understand that a the gods.

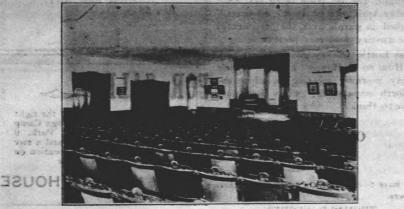


May 1, 199



### EXPENSES.

BIBLE SPIRITUALISM and Higher Criticism, Tuition for the term of eight weeks #3 Moses Hull. For any part of term, where whole



1019 H Interior of Temple Hall, Morris Pratt Institute. steer their harques into the promised those who do good for the love of truth land. By no other gift may be reap the and right. treasures of peace and joy. These heavenly blessings may be the

We do not bring you words of feviling that you do not these things, which will add blessings to all, method do we

hurl enthems of fittere punishment, yours to endure, bat we do desire to so lead you that your own life may he bright and your spiritual unfoldment progresmore God-like. A FT & MERICA

mission of love is required of thee? Th

common blessings to all." Why then dehar, thyself by unworthy thought or deed. 'Tis better far to walk in the path of light and love than to haunt the dens of vice and quaff the waters of Lethe.

Waves of divine inspiration roll like a mighty avalanche over the receptive sive, that life here and hereafter may be minds in earth life, filling them with wisdom and love, and the desire to give

than can be comprehended.



#### Harrison D. Barrett, tool is used such President, N. S. A. Alonzo Thompson

Trustee, N. S. A. C. L. Stevens, Trustee, N. S. A. And Trustees of The Morris Pratt Institute College.

must visit the weak and lowly with thy others fail to give voice to them, fearing greater intelligence, and kindly strive the derision of men. Vet here and there with gentle words, and loving ministry are valiant workers for good who pause to banish ignorance, sin and vice, and not at whatever barriers man in his lift those weaker ones on to better ignorance may erect to over-throw them ground, and plant the light of hope and these in time shall be replenished by within, that by its rays they may per- added numbers, until a host of workers ceive wherein they have erred and turn shall answer the increasing demand for into the brighter path of well doing teachers of the philosophy of life and and thus gain the greater inheritance in the coming inheritance of mankind. At no distant day shall these predicthe life to come.

My friends the accumulation of earthly tions meet with fulfillment for already streasure is as rubbish, compared with the leaven is working and men are ask-

no public benchciary institution.

Once more, we ask the friends who have not contributed to this good work, to do so at once, and to help make the sick and homeless mediums of the cause, glad that they have a home for their declining days. This is all we ask, and it is surely among the best of works. Already we have one of the best of platform mediums and speakers-one well known in the west at least, in the Sanitarium of Dr. Spinney at Reed City, where she is having the best of care; her case is hopeless, though she may live some months. The N. S. A. is paying her expense at the Sanitarium, and Dr. Spinney is showing his humanitarianism by giving us terms nearly a third less than the regular price for such a case. This shows the good work that can be done, and for which we ask your aid. MARY T. LONGLEY.

# 57

time with



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# INTERVIEWS WITH SPIRITS.

#### By Spirit Samuel Bowles.

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Mr. Bowles had a happy faculty while on earth, for writing pen patures of events. In this work he shows the same skill in present-ing pen sketches of life in the spheres. He visits over sixty spirits in eight differ-ent spheres describes their house their bound

ent spheres, describes their homes, their occu-pations, their mode of life; he converses with pations, their mode of life; he converses with them and reports these conversations in a colloquial and dramatic style which is very **3 Standard Books on D** rescinating.

term can not be taken, per week 18 Board and Lodging on the Grounds, per week, \$3.00 to \$4.0 Cottages or Rooms for self-beering

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# THE SUNFLOWER.

### & W. Sprague's Work in the Missionary Field for the Month of March.

Our work in the missionary field for the month of March has been very sucmaful and encouraging. During the month we visited six of the societies that at organized last year, added fifty new members to them, and organized three pew ones.

We are glad to report that all of these is old societies are doing splendid work; one of them however has met with rethough it has held regular meetings throughout the entire year. We trust it will rise above every obstacle and continue to teach our gospel to the miritually famished people who have been living under the teachings of the old dispensaion with all its errors and mistaken assumptions.

At Frankfort we found the society in a healthy state. We remained with them but one night, held a parlor meeting and arranged to return April 24, for a course of five lectures. The reason why we did not remain there for more lectures at this time was because they could not get a hall in which to hold our meetings.

We will make a further report of the Franklin society after we visit them again.

We found our society at Sheridan, Ind. in a healthy state. The Spiritualists of this place have been having something of a battle with bigotry, but have won a great victory.

When we went to Sheridan last year we found a few local Spiritualists who were waiting for an oportunity to do something for our cause; they took right hold with us and we organized the first Spiritualist society ever organized in that village. It is composed of twenty members, all good and true. This society has met with considerable opposition on the part of the churches, which has been an inspiration to its members and a help to the Cause.

We were informed that the Rev. Mr. Parsons, pastor of the Methodist church of Sheridan, decided that the heresy of Spiritualism must be wiped out, so he employed a presiding elder of his church, the Rev. C. U. Wade of the Muncie district, 1 believe, to do the work.

This "Man of God" like many others of his class, does not seem to preach or practice the teachings of his "Master" who said, "Love your enemies," "Bless them that curse you," etc., but stoops to low and vulgar practice of a sixth rate sleight of hand performer; and all for the purpose of obstructing the way of home est people who are trying to learn if there is another or a continued life, Some people have become doubtful of a driven to this through the dogmatic was demanding their attention, rol rol teachings of the Christian Church of the Spiritualism has won the hearts of has taught the doctrine of another life, some of the best people in this place and for centuries, but always without prov-ing it or attempting to do so and at Our enthusiasm does not subside; we

is life after the change called death? The Rev. Mr. Parsons was evidently" The First Spiritual Mission Church of disappointed in his expectations, for this

etic story which illustrates briefly the value of our beloved Spiritualism:

"When my daughter was on her death hed she said, 'Papa I thought I saw Eddie last night.' (Eddie was her spirit brother) 'Maybe I did not; I might have been dreaming?' She looked at me as if expecting me to reply. What could I say? The only thing I could say was, 'Darling I do not know.' It was hard to say even that, but I did not know." After a moment's pause he said, "I would shall soon be home. have given anything if I could have said to her what I can truly say today, it would have given her much courage and consolation in her terrible trial and would have been consoling indeed to me for I can now say I know that Eddie can come to us, that she has met him. Oh! sky of blue that greets me, This is such a consolation to me I can never tell how much comfort it has

brought me." The Sheridan Society has added several new members since it was organized, it has held regular meetings in a private parlor. It has held some public meetings with foreign talent and Spiritualism is becoming better understood in this busy little town.

At Anderson, Indiana, we served the society that we organized last year, we held an all-day anniversary meeting of three sessions. The morning meeting was devoted largely to the Lyceum, and the little ones, as well as the large ones, did their part beautifully. All enjoyed this meeting very much.

The afternoon services consisted of an was followed with spirit messages and tests

In the evening Mr. Smith, a member of this society who is an excellent speaker, And my heart has opened to the touch occupied the rostrum with the writer and Mrs. Sprague closed the services with messages and tests. The choir was composed of fourteen singers led by Prof. Bolander. Their music was excellent and was thoroughly appreciated.

This society owns a fine large temple and on this Sunday evening it was full of people a large proportion of whom A soul attuned to the music were happy in the knowledge of the truths of Spiritualism. It was a glad A close, sweet sense of the angel world, and happy day, a day of rejoicing. We added twenty-five new members to this society during our stay among them.

Our next place of labor was at Mechanicsburg, Ind. We found the society we organized last year, doing nicely. Here too, the Spiritualists have been hold-

ing regular meetings throughout the year. They have a developing class and practicing the truths that Spiritualism tenches. We had splendid audiences 23rd. though we were there for week-day even. Her ings only, and it was at a time when the people were very busy, as this is a

for centuries, but always without plant ing it, or attempting to do so, and at the same time threatening all people sured that all that is needed is practical future. With with sternal burning who did not believe and persistent work to make our organit. Why should any minister of the and persistent work to make our organization all that we could wish it to be. gospel of Christianity attempt to des-troy the only possible evidence that there

# Chicago.

superior officer of his church, proved to The 54th Anniversary of Modern Spirit-be a very inferior sleight of hand perform- ualism was fitly remembered here, with be a very inferior sleight of hand perform-er and exposer of Spiritualism. In this a beantiful address by our pastor, Rev. performance Rev. Wade exposed nothing Mrs. L. J. Vaughn, as to the benefits 142 Prospect Ave..

While conversing with this good Camp this coming summer, so I have brother he told us the following path- just been informed by Mr. Gaston, in answer to my letter to him asking whether I was to serve and if not why? I am now open for engagements with camps, and would like to hold some grove meetings this summer. It is late I know to make any arrangements, but I could not let any one know before, and will write again just as soon as I can. I send my love to one and all, and shall be glad to hear from my friends at any time. Send to my home address, as I

Yours in the truth, G. H. BROOKS, 114 President St., Wheaton, Ill.

# WHAT I FOUND AT LAKE HELEN.

Oh! touch of balmy air,

The song of bird and hum of bee

Through the yellow jasmine fair. The dear "Bob White," that comes to me, From just across the way, Reminds me of northern wheat fields, At the close of a summer day.

To float on the soft, brown water, Each wavelet tipped with gold, To watch through the incense breathing pines

The sunset glories gold; The day merged into the night time,

And the glorious rising moon holding six meetings. Sunday March 25, Makes a gleaming pathway over the lake, Where the white magnolias bloom.

And I cannot forget the roses

Plucked by affection's hand, Bathed in the dew of the morning,

Their message 1 understand,

And the tender wild flowers blossom Close to my very feet,

Anniversary address by the writer and And the fragrance wafted from orange grove, Be borne by the zephyrs sweet.

I have found the dearest mother-love,

It will never know an end,

Of sister, comrade, friend,

And the dark background of sorrow,

Of my life has passed away,

Like mists in the morning sunshine,

In the glow of a sweet, new day,

And now for the last and dearest, Most wonderful thing of all,

The awakening of a spirit,

In response to the Master's call.

Of harmony divine;

For ever and ever mine.

M. H. C. Lake Helen, April 6, 1902.

Report of the First Progressive Spiritual Soclety of Watertown, N. Y.

I wish to inform the readers of THE SUNFLOWER that Mrs. Mary E. Clark of Syracuse completed a five weeks engagereading circle, and are studying and ment with The First Progressive Spirit- dom of Darkness. By Moses Hull. 60 pages. ual Society, of Watertown, N. Y. March Talmagean Inanities, Incongruities, Incon-

Her teachings of the philosophy of Spiritualism has benefited many, as she teaches a religion of love, truth and prohe beyond the grave. They have been farming community and the spring work gression. Her readings and test work were most satisfactory.

Her pleasant manners and agreeable disposition have won her many friends in this City... She carries with her the best wishes of every member and all extend a hearty wish for her return in the

With best thoughts and wishes for the future prosperity of THE SUNFLOWER. MRS. W. C. BOWKER.

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excepting his own ignorance of the subupon, and the great extremity to which the Church is obliged to resort in the hope of saving its erroneous teachings from destruction. Such efforts as this kick in the death struggle of old orthodox Christian Theology, and always rang, returning to smite the church it was intended to build up.

This hostile show of the narrowness of good,"

We are told by Mr. S. W. Moore that We are told by Mr. S. W. Moore that Address her at 3265 Rhodes Ave. when we came to Sheridan last year Mr. Chicago, fil. Beverlin, the vice-president of that society invited him to attend our meetings: Said he,"Less than eleven months ago I would not go to hear a Spiritualist lecture, and today I am a confirmed Spirit- G. H. Brooks Writes From Newport, Ky. of its truth. Though Mr. Moore was To My Many Friends of Lily Dale: our Cause.

accruing to humanity through our most ject he sought to bring disaster and ruin beautiful philosophy of life, here and here- Harbinger of Health. after.

Mrs. Vaughn has been with us only a short time in our present church work but has won many friends and admirers one of the Rev. C. U. Wade is the last for her beautiful inspirational mediumship and also as a test medium. Program: Recitation by Mrs. R. C.

proves, as it did in this case, a boome- Clark. Lecture was followed by messages and tests, given by the pastor and others

This hostile show of the narrowness of We consider Mrs. Vaughn as good its projectors, did much good for the an all-round medium as can be found cause of Spiritualism in Sheridan. It among the spiritual workers of today, seems that "all things work together for and as such she is' open for camp engagements for the season of 1902.

> Yours Truly, CARRIE T. R. WHEATON

> > Secretary.

thoroughly opposed to Spiritnalism at Dear friends, one and all, I have but that time, he is the very active and ef- a moment to spare, hence cannot write ficient president of the Sheridan society much of a letter this time, but will write today, and is an enthusiastic worker for more fully later. I am not to be engaged to serve as the chairman of the

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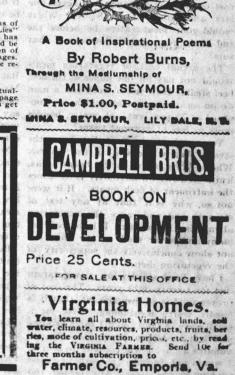
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### MAY 1, 1902.

#### THE WILL QUESTION.

The N. S. A. has made a series of defenses of wills during the last year that redound greatly to its credit. A question has arisen in the minds of a number of our people as to why they do not take up some case that is decided against them and carry it to the U.S. Supreme court, thus securing a case to which we can always point and save the legislation that has and will result so long as no decision is given.

The majority of cases of which we have any knowledge have been decided against Spiritualism on the grounds that a person who believes in it is necessarily of unsound mind. Now we do not know it all, neither do we know more than the people who have charge of the matters; but it occurs to us that if the printers were to have their wills cancelled on the ground that a printer could not be sane, we would soon find a way out of it.

We throw this out in hopes that it may gather moss and result in something substantial. The N. S. A. has People in sedentary pursuits, who are made a gallant fight and should be sus- not active, do not have the call upon tained in all its works. If you do not their systems and may live on a limited approve of all it does, join some society connected with it, go to the next convention, in Boston, and help to right it. The superior wisdom of its critics might have been the means of making it more powerful than it now is had the owners of these brains not denied the use of them to the N. S. A.

#### IN RE FORCED VEGETARIANISM.

remarks in the last SUNELOWER headed died at an exceedingly old age who "Forced Vegetarianism," in which you drank and used tobacco ever since he claim that a great hindrance to people was a small boy. There is no knowing adopting the vegetarian diet was its the age of some of the savage nations extra cost over and above that of a meat who live almost entirely on meat diet. diet, when in fact the vegetarian diet Some of the negro race have lived to an does not cost over one-fifth as much as estimated age of 120 to 130 years, and the meat.

Mr. Bernard McFadden has started a can get it. They also have wonderful

THE SUNFLOWER.

lazy to work ten minutes a day ought conscientious in his advocacy of vegetarto starve.

variety of nuts has a little over 55 per to it. cent of oil and three times the nutrition There is no more certain fact than

of any kind of flesh meats.

of the city and raise his own food, I will lease from it we run against an item of sell him land enough to raise it on for expense that was prohibitory. If our one week's labor. If anyone wishes to good brother will release us from that,

here, its conditions, healthfulness, etc., I am ready to answer any questions. A. H. FRANK.

Red House, N. Y.

REPLY.

We are always pleased to have one of our patrons call in question any editorial statement we have made. it shows that the editorials are considered worth reading - and that pampers our vanity. It shows that people think of what they read - and that is a benefit to them.

We have always taken the stand that people would practice vegetarianism Are thinking it is time to wake, more if they could do so consistently. We still maintain that position. With most of us the greatest question of life is the financial one. Deny it as we may, the financial question is the one that is always facing us, no matter if we are paupers or a lineal descendant of Crœ- The milk-white starry blood-root,

We have been accustomed to the quanity of food required under the flesh diet. As 72 per cent. of water is the amount estimated to be in beef, it naturally requires quite a little in quantity to build up our systems.

As man is now constituted, he requires this supply of food. So far as we know of him and his antecedents, he has always required it. It is true that some people claim to live on a very small quantity of food daily, but the majority of people and especially those who are in active life could not exist on it. quantity of food, but in such cases, taking a less quantity than sufficient to replace the waste tissue is always detri- and is cheap at that price. We will be mental in the end, even though it may seem at the time to be all sufficient.

The fact that an occasional vegetarian lives to an extreme old age does not prove anything. Some of the oldest people who have ever lived have been subject to habits of life that are now considered as causing early death. Only a I was not a little amused to read your short time ago we read of a man who that race are heavy meat eaters if they

restaurant in New York and furnishes powers of resistance. meals at a penny a meal, two meals a day, But the question of expense is the ob- How The Stars Rule People. (which is enough for any one) and the ject of brother Frank's friendly criticism. cost of food for a year is but seven dol- If no reply was made, there would not cost of food for a year is but seven dol-lars and thirty cents (\$7.30). Where be much adverse comment on the previ-would your meat eaters be before the ous editorial, as the idea of \$7.30 per end of the year on an allowance of that sum? The actual cost of vegetarian meals rather limited by the average reader. Astrology has become a world known Sc-ence, and each person should understand and suff: "also parents should understand and "self;" also parents should understand and "self;" also parents should understand and suff: "also parents should understand suff: "also parents should understand and suff: "also parents should understand suff: "also parents should understand and the previ-"self:" also parents should understand and suff: "also parents should understand suff: "also parents should understand and suff: "also parents should understand suff: "also parents should underst

ianism. We therefore make him this I have experimented by eating different proposition: Many people are interested kinds of food. When grains were much in vegetable diet. If he will send us a lower prices than they are now, I have bill of fare, with approximate prices for eaten many meals at a cost of 1/4 of a materials for a family of three or four, cent a meal and felt no lack of strength we will give it a prominent place in THE to perform a good day's hard physical SUNFLOWER and will promise not to labor. I eat some eggs this time of year make any comments on it. We do not and some butter and nut butter. The wish to be misunderstood. We are not best Spanish shelled peanuts can be opposed to vegetarianism. On the conbought for five to six cents a pound in trary, we are quite a little disposed that Buffalo and I have worked many hundred way; but the cost of making the experipounds of them into nut butter. This ment has always acted as a hindrance

that most meat that we eat is diseased. When I eat eggs it costs me between The evidence of the butchers is proof for fifty and sixty cents a week; leaving out that. Probably not one piece of meat the eggs I can get along comfortably on in one hundred is suitable for food if an expense of twenty-five cents a week. we knew all of the facts connected with Any vegetarian who wishes to get out it. But when we attempted to find a reget further information in regard to land we will join him in the vegetarian ranks. [ED.]

.

# THE PASSING OF MARCH.

Old winter now is passing by And balmy spring is near;

With all her buds and blossoms gay, And crystal brooks so clear.

Rough March has gone. Lo, we see Standing in his place; Shy April with the teardrops,

And Smiles upon her face. The flowers beneath their covering

Of soft white ermine snow, Unfold their leaves and grow.

Soon the sweet pale pink arbutus, Shy darling of the spring, Will open wide her blossoms,

And Snowdrop bells will swing.

Their golden hearts will show; And anemones the "wind flower," Will sway when breezes blow.

Then the air will be filled with music For the birds will be back again, From their home in the sunny southland Singing a glad refrain.

Our hearts will be filled with gladness, And hope will come again;

And drive away all sadness, As the sun does the April rain.

MARY A. GREENE.

## A GOOD PROPERTY FOR SALE.

We own one of the most desirable properties there is in Lily Dale. It has cost us just about eight hundred dollars, compelled, on account of our business to leave the Dale. For this we are sorry; and on this account we offer our cottage for sale. We ask seven hundred dollars for it. If we wanted a property we would not hesitate to pay that much for it. We ask no more, and at present will take no less. We do not necessarily need all the cash down. We will take half or two thirds of it in good negotiable notes. When we get the money for this property it will go to sustain the cause to which we are devoting our lives. The purchaser can have possession of the property any time after July 18. The house is furnished ready for housekeeping.

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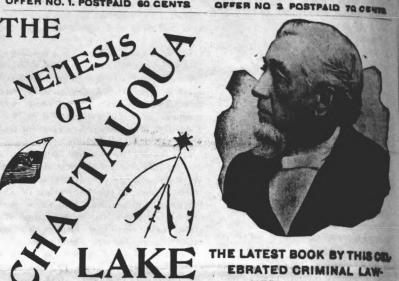
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The Nemesis of Chautauqua Lake lost all by the depredations of a band of Indians. The members of his family were killed or carried away into captivity, his home burned, and he, with only his rifle and amm tion pouches, went out into the wilderness to do all possible good to in neighbors and to avenge himself upon his enemies, the Indians. His head quarters were on what is now the Chautauqua Assembly Grounds and a numbers of skeletons that were dug up a few years ago in making for dations were supposed to be the remains of some of the Indians' who burned his home and killed his family, as the legend says that he followed them until the entire band were exterminated. His name was William Munson and he was killed in what is known as the "Whiskey Rebellion" in Western Pennsylvania. He possessed a strong psychic power which he used for the benefit of his friends and the discomfiture of his enemies.

We have secured a number of these books and while they last we will make special offers to

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more or less of wornout tissue?

You speak of the meat diet being the sum. strong diet whereas it is the reverse. many and never read of one that did never dies in debt to his stomach." not show conclusively the superiority of 'But nuts, nut butter, health biscuit, for the vegetarian diet.

minutes a day, I will consent to starve. would cost at meat resturants. I would not include the gathering and Now we know brother Frank personcooking in the time. Any person too ally and we know him to be honest and

The actual cost of vegetarian meals rather limited by the average reader. would not pay for one ounce of the best But Brother Frank forgot to add that beef steak. How much work can a man Mr. McFadden did not expect his resdo on an ounce of meat which is com- turant to pay for itself and he did not posed of 72 per cent. of water, besides say he would give such meals as a hard-

working man could exist on for that

Now we do not question the statement Wheat, corn, oats, barley, beans, peas, that he has eaten meals that 1/4 cent's lentils and rice all have over three times worth of food provided. But the writer the nutriment of flesh meats. If it were is free to say that he would not care to not so, why is it that at any test of live if he had to live on that kind of strength and endurance the vegetarian meals. There is too much German in always is the winner. I have read of him and everybody knows, "A German

fruits, etc., which would go to make up

I have lived strictly on a vegetarian the average meal, would be much more diet for twenty-eight years. The cost of expensive than the ordinary meat diet. proper food is so insignificant that it is Vegetarian resturants, where the writer hardly worth mentioning. Give me a has attempted to get meals on different small piece of land and if I can't produce occasions, have usually charged him from sufficient food from it by working ten two to three times what a similar meal

#### SCIENTIFIC ASTROLOGER.

Miss E. Marie Prettyman. BOX 71 LILY DALE, N. Y.



The Sunflower has been adopted as the mblem of Spiritualism and is worn by Spirit alists everywhere. The Hydesville Cottage, where the Pos

Girls lived when the rappings first came is also of especial interest. We will send either of these pins by mail for 6 cents or both of them for 10 cents. 25 for \$1.00; 50 for \$1.75; 100 for \$3.00

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May 1, 1902.

MI

# THE SUNFLOWER.

which we were favored with a vocal so- convention voted to hold the State Camp lo by Mrs. Florence Forbes.

EAST

I ST

Mr. A. Campbell of the Campbell Bros.

will visit Lily Dale, N. Y. about May 1st

for a rest. He will be joined later by his

brother. They will remain at the Dale

Mrs. H. Keene writes from Titusville,

Penn .: "Our society has awakened to

husiness this spring and have bought the

Armory Building, holding regular meet-

ings and are progressing in activity at

E. J. Chase writes: "The Buffalo Spir-

itual Church with the Aid of the Woman's

Auxiliary of the Church celebrated the

54th Anniversary of Modern Spiritualism.

The hall was handsomely decorated for

the occasion. The meeting was repre-

sented by the Rev. Moses Hull and wife,

the Rev. Willard J. Hull and wife, of

Columbus, O. Prof. W. V. Nicum and

wife, I. W. Dennis and Chas. F. Hubbard.

As Mr. Chase and his able assistant, his

wife, never do any Spiritual work by

halves, they had a fine entertainment and

supper prepared for the occasion. Mrs.

Chase will be at Lily Dale this summer."

SPECIAL NOTICE

Golden Jubilee, 1852-1902, First Asso-

ciation of Spiritualists of

Philadelphia.

association of Spiritualists in the world

on the occasion of its Golden Jubilee,

May 11, 12, 13, 14, 1902, at the Tem-

nearly all the prominent mediums and

speakers have in the past years minis-

tered to this society it is fitting that

they be represented on this occasion. The

mittee of Arrangements cordially invite

gratulation to this Veteran Association.

in their battle to uphold the validity of

Praternally,

F. J. Keffer, Pres.

F. H. Morrill Sec'y. Address all communication to

Mary Humphries,

A. Green.

reme court.

ple, 12th and Thompson Streets.

addre

for a short time only.

least."

Next in order was the address of wel- ate with the Wonewoc Society in putcome, which, in the absence of Mayor ting on a ten days camp at Wonewoc. things in which to express my love to Rose, was delivered by Att'y Stover of A lyceum board was appointed to you and the dear ones at home. Yes Milwankee. Mr. Stover spoke very cor- boom the Lyceum work in Wisconsin. I am with you constantly in all the dially, and extended a very hearty wel- and Sister Mattie Hull was made chair- lonely hours and do my best to make come to the Delegates and Spiritualists of the state. The response to this ad-dress was made by Clara L. Stewart,

of your engagements or Becretaries of societies reports of their work. Just accompany every ar-President of the W. S. S. A. Moses Hull was then introduced and gave the address of the evening. This was closely listened to and brought CORRESPONDENTS will please remember that THE SUMPLOWER goes to press and is mailed the day it is dated. In order to ensure insertion communications could reach us two days in advance and if of any length, earlier than that.

many favorable comments relative to the lecture. After another song by Mrs. Forbes, Dr. Nellie Mosier, of Kent, Ohio, was called upon to entertain the audience.

Dr. Mosier gave many tests, all of which were recognized by persons in the audi. ence. These messages were eagerly listened to by those present, and the interest created by their recognition was intense.

This concluded the program of this evening, and the meeting was adjourned. WEDNESDAY, APRIL 16.

The morning and afternoon meetings were devoted to the business of the convention: the reports of the secretary and treasurer were submitted and referred to the proper committees, and all committees reported their actions. The business meetings of the convention were harmonious to a marked degree, and consequently all business was rapidly disposed of.

Eight p. m. At this meeting the musical part of the program was again furnished by Prof. Lurvey and Mrs. Forbes. After the opening musical numbers, and an invocation by Nellie Kingsley Baker, of Portage, Wis, the chairman introduced Rev. T. Grafton Owen, of Arcadia as the speaker of the evening. Mr. Owens' address was most scientific, being based upon Cosmic laws, and illustrated with charts. Bro. Owen has been a minister for many years, but has graduated from the old Theology to the new.

Dr. Nellie Mosier was again called upon to act as mediator between the two worlds. This she did to the evident satisfaction of those present. Many messages All local and state associations are invited to send greetings to the oldest were received and all recognized.

THERSDAY, APRIL 17.

This was a busy day for all concerned. The morning meeting brought the completion of business and the election of As this Association has held continuous officers. The election resulted in the fol-meetings for half a century and as lowing being selected to fill the offices tamps to Leda, care of THE SCAPLOWER, Lily nearly all the prominent mediums and for the ensuing rear

President, Clara L. Stewart, of Whitewater, Wis.

First Vice President, Mrs. Catherine officers of the Association, and the Com- McFarlin, Milwaukee.

them to send letters of greeting and con- Milwaukee.

They also ask expression of your support Wis. Treasurer, Dr. C. W., Sanderson, La

the Mellroy will by taking it to Sup- Crosse, Wis. woc; Mrs. Hattie Smith, Milwaukee. A 3 o'clock a meeting for the general and greetings to you and Clemma. M. E. Cadwallader, Vice Pres. public was held. Nellie Kingsley Baker in the chair. A poem, rendered in a mas-M. E. Cadwallader, Chairman, terly way by Mrs. Catherine McFarlin, 1243 N. 13 St., Phila., Pa. took the place of an invocation. A

Committee on Arrangements. B. Warne, of Chicago, followed with Mother and I often meet Grandma ualism and when generally understood

was greatly appreciated; then came an The next convention is to be held in join in love to mamma and papa. invocation by Rev. Moses Hull, after La Crosse, Wis., April, 1903. August Your little boy Albert Wiebens at Waukesha in August, and to co-oper-

the right direction.

Mayor Rose of Milwaukee, to the Unity you and I owe to those dear spirits. Society of that city, to the retiring With love to you and all the dear ones board, and especially to the retiring secretary, Nellie K. Baker of Portage. forth much applause. The writer heard for efficient aid rendered the convention and the State Association. Also to the workers in Milwaukee for assistance, Editor of THE SUNFLOWER: financial and otherwise. To the press throughout the state for courtesies and fair treatment.

organization, the regulation of work, so ualist should read who is interested in as to shut out the fraud, and mountebank, and establish a "more exalted" Spiritualism; and opposed to compulsory facts therein contained. vaccination and all other infringements entitled to, were adopted by the convention.

Spirit Message Department

CONDUCTED BY

WILL I. ERWOOD. Secretary, W. S. S. A.

Your little boy Albert Wiebenson. ANNIE TO WILLIAM SHATTUCK.

My dear husband: Words are idle man of the board. This is a step in life brighter and better for you. Dear little Bright Star and Yellow Blossom A vote of thanks was extended to come with me to the home. How much

I am your loving wife Annie.

# "Death, Its Meaning and Result."

I want to call the attention of your readers to that most remarkable book,

'Death Its Meaning and Result," by J. Resolutions in favor of more thorough K. Wilson. It is one that every Spiritthe promotion of the cause. Every medium should become acquainted with the

Mr Wilson does not attempt to theoof the personal liberties to which we are rize over the results of the wonderful series of phenomenal experiences given, but simply states facts connected with his own experience, leaving the reader to draw his own conclusion.

Some of the statements are so vast and extreme that, had they been given by one less honorable or practicable than we know Mr. Wilson to be, could hardly be credited. Having had some experience in relation to the "warfare in the spirit world" of which he speaks, and the effects of adverse spirit powers in relation to the phenomena of Spiritualism: having lived in the same town and knowing the gentleman by reputation as an honorable and thorough business man of mean reputation, I do not hesitate to believe all the statements included in his wonderful book. I have taken pains to inquire of different mediums concerning their own private experiences in relation to these adverse spirit powers of which invariably each and all have related something in their lives corresponding to the statments made by Mr. Wilson. These facts should be made public. Investigations, should be made of the foes that lurk in the pathway of spirit

fraud connected with Spiritualism, so many contradictions, so many persons of doubtful reputations, so much to regret." Granted, but there is a great truth a fact "that will not down." What shall we do with it? Is it not wise to seek to discover the causes of so many inconsistencies and discrepancies let us learn how

Second Vice President, J. C. Bump, pleasure to be able to reach you in this world as well as with the earthly repremanner, and to assure you that we are sentatives, and place the blame where it Secretary, Will J. Erwood, La Crosse, watching you with loving eyes and guid- belongs and deal with it accordingly. ing all your ways so that peace and It may be difficult to deal with those happiness may abide with you. Brother outside the mortal realm of life. Then Joe and John Richardson are with me, should it be the study of all lovers of Trustees: J. H. Houston, Cambria; F. also Mr. George Simmons, and he says this wondrous truth and the very next G. Bristol, Oakfield; C. G. Porter, Wone- that 'Pedro' is as enjoyable as ever. step to take in its advancement. General George and Cora and others send love knowledge of the fact that we have these invisible focs to meet in all advance movements is half the battle.

I do not write this letter particularly to advertise Mr. Wilson's book although

forceful remarks upon important issues. Fanny Ireland and Aunt Laura and Let. will start the movement on new lines of ization, Independent Slate

Growing in Spirit.

2

The noble heart rises superior to the inconsistencies of human life by its power of forgiveness. Its forgiveness, however, does not right a wrong, but it allays its ardour and often leads to reform - a reversal of the wrong.

What are dominated soul-trials are mostly effects of resisting evil with good - a refusal to reciprocate - thus a compact with self to accept a challenge on the opponents terms or means of defense.

Patience may cease to be a virtue under circumstances and the tried one be declared a coward; but as "a soft answer turneth away wrath," even the witnesses may be converted to a better feeling.

There will be no loss of prestige from those, who like himself, are combating against wrong by his superior attitude, but he may lose it by endeavoring to gain the applause of the opposition; and it is always more exalting to retain the esteem of one friend than to inherit the admiration of a dozen enemies.

The honest, the just, the pure minded. are therefore, the sufferers in the combat for right or justice, but it is that kind of suffering that expands or magnifies the soul - adds to its growth and development.

Self promotion by virtue of sacrifice is thus the noblest and sublimest method - the ways of the gods toward perfection or soul-elevation - and he who can forgive and forbear, return good for evil, takes the lead in spiritual growth.

ARTHUR F. MILTON.

# MATTIE E. HULL'S BOOKS.

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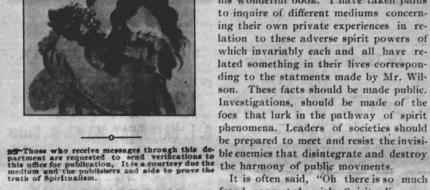
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LEDA.

### ANNIE TO TORRY DETLAFF

My dear brother: It gives me great much of the trouble lies in the spirit

Your loving sister Annie.

#### ADDIE.

Good morning, will you send a mes- I should like to have him sell all that he 2721 9th Ave. S. splendid address by Prof. Rhodes, sage of love to my husband Dr. Frank can for his own sake, but I know that through the organism of Mrs. McFarlin, Glenn of Nashville, Tenn. We are very it contains information that will solve gave much food for thought. Dr. Geo. happy and are all together. Father and many of the vexing problems of Spirit-

**REPORT OF CON-**VENTION OF

Wisconsin State Spiritualist Association to give a few messages. convened in Milwaukee April 15, 16 and The closing session was one of the most Badger State.

kind.

this session consisted chiefly of the appointment of committees, reading of the president's report for the past year; and in outlining the work of the future meet- gave many messages at this session, her You cannot bring all your money with ings.

of the day, and a large audience assem- Beautiful boquets were presented to time. We all love you and mamma.

Both speakers were loudly applauded. number of tests and messages, by Mrs. love to you. Frances Wheeler, of Madison, Wis. These With my blessings to you and our ~ were all recognized, and Mrs. Wheeler children made many friends by her work. After

The second annual convention of the Mrs. Wheeler, the writer was called upon

17, and from start to finish was one of interesting meetings of the series. A the best conventions ever beld in the good audience assembled at this meeting, and the interest was very keen. The opening meeting Tuesday morning After music and invocation, Moses Hull

was devoted to the exchange of greet- delivered the address. Mr. Hull was in ings by the delegates assembled, and no splendid voice, and his sermon had only attempt made to transact business of any to be heard to be appreciated. I wish

At 3 p. m. the delegates were called to port. At the close of his sermon, Mr. order and the work of the convention Hull spoke in favor of the Morris Pratt was started in earnest. The work of Institute School, at Whitewater, Wis ... with such effect that quite a neat sum was pledged in its support.

Dr. Nellie Mosier was announced, and My dear papa and mamma: Why work was frequently applauded, and you and you might help so many boys

itia, also that good old man Dr. Tom discovery and better methods of propa- ical Manifestations in the Light, Inde-The audience was then favored with a Buchanan, and many others who join in ganda. EMMA J. HUPF.

I am your wife Ad die.

#### WILLIAM H. KIMBALL.

My dear wife: What a time you have had to be sure - not with our children but others - never mind dear you have done your duty. We have helped you and intend to continue. Be brave and patient and all will be well. Our mutual friend John M. Gersling is not in the railroad business at present. Willie and Annie are with me and join me in love to all.

Your husband William H. Kimball.

ALBERT WIEBENSON.

all of the preliminary measures necessary was greeted with applause. Dr. Mosier don't you spare a little time for us?



# WHAT IS RELIGION? (Costinued From Page 1.)

is "the meridian of morals."

men who lived centuries ago.

ferentiated from them.

# THE SUNFLOWER.

west is a

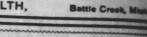


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If you expect to get nothing for some-

religion contain many sad and cruel chapters in the history of human life. At the same time we must recognize these facts as part of the history, and as pertaining to the development of the hu-man mind. Probably Hobbes was not man mind. Probably Hobbes was not very far wrong when he said that re-ligion is superstition in fashion, and su-perstition is religion out of fashion. Most religious conceptions and fancies, closely examined, are without much foundation in fact, and yet some of them have a modicum of truth. Indeed most propositions representing old beliefs have propositions representing old beliefs have an essential basis and soul of truth to redeem them from complete illusion and falsity. In the study of religious phe-nomena we should consider them in the light of evolution, and not merely from the standpoint of critics of the earlier day who saw in religion nothing but the inventions of priests and cunningly de-vised fables. Religion cannot be profit-ably studied from this latter point of view in these modern times. When we see that all systems of thought, all the-ories and doctrines have had an outories and doctrines have had an outgrowth from the human mind as natural as the growth of worlds from pre-existent conditions, we may pursue the study of them in a philosophic spirit and without either the theological or anti-theological bias that belongs to the zealot, but with the impartiality of the man in whom all passion and preju-dice are subordinated to acquisition of truth.

them, a great deal of willful imposition

upon credulous minds, and the records of



