

AN EXPONENT OF THE SPIRITUAL PHILOSOPHY; IT ; SCIENCE, AND ALLIED SUBJECTS.

Number 307

TO THE SPIRITUAL- ISTS OF AMERICA.

**The Hand That Makes the Menu, Not the Hand That Rocks the Cradle,
May in Future Rule the World.**

Vibrations, it is said, like muscles must be put in training to insure good results. Some little time before work is to be undertaken, one

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I asked several of the number if they were subscribers to our Spiritual papers and the replies were about as follows: "Well, no! I used to take the "Thinker," "SUNFLOWER," (or some other spiritualist paper, naming it), but since taking the " " (The new thought magazine referred to) my time of subscription has expired and I have not had to subscribe for it.

These Spiritualists who do not

An Old Thought in New Words.

• ASHBEL G. SMITH.

Disgust begets deceit.

LILY DALE NEWS.

Mr. and Mrs. Linn Nutting and son came up from Dunkirk. Linn has returned but Mrs. Nutting and Harold will remain for a time.

Mrs. Maggie Turner visited her sisters at Jamestown and Lakewood and also attended a funeral at Lamberton, last week.

Mrs. Campbell of Akron, O., has been at the Jackson cottage. She is looking up a cottage for the summer.

Mrs. Evie P. Bach is visiting her brother and family at Jamestown.

Mr. Hastings returned from Denver, Colo., last week where he went in hopes of improving Mrs. Hastings' health. The quest was unsuccessful, however, and she passed away and was buried at Denver, January 31. Mr. Hastings will remain here for a while.

Many of our people have been laid up with la grippe the last few weeks. Mr. and Mrs. Alfred Winchester have been quite sick, Mrs. Carrie Shaw and Mrs. Frank Smith are at present confined to their beds, and a number of others are just "comfortably" sick, being up and down and just "wheezing round."

The cold weather of the past few weeks has slowly made ice until now there is about ten inches of ice of a rather inferior quality; but as it is making all the time, there is a likelihood of quite a few cars being shipped from here as the top slush can be trimmed off before loading, there being a "shaver" attached to the entrance to the carrier which takes the cakes to the cars. Mr. Markham states that if the weather keeps cold so the quality of the ice keeps up to even the present standard he will ship several hundred cases. Cliff Rivers of Buffalo, who has worked for the ice company for a number of years, and Ben Luce, in charge of the field and loading.

William Turner has filled his ice house so there will be a supply of ice on the grounds during the summer, and is filling the Cooper house at Lakewood. George Gens and Ray Richardson filled the Scheuch house and A. A. Waite, our meat market man, has filled his house. So Lily Dale and Cassadaga appear to be well provided for.

TRANSITION OF E. C. ROSE.

We were much shocked to receive a notice of a Cleveland paper and a letter from Mr. Abbott, credit man of the Sterling & Welch Co. of Cleveland, O., announcing the transition of Mr. E. C. Rose which occurred very suddenly at his home, February 2. It appears that Mr. Rose had felt in his usual health during the day, had attended to his duties at the store, gone home and partaken of his dinner, then, seated himself before the grate fire, and told his people around him, telling them that "altho in no particular pain he felt that death was near." Almost immediately he fell forward unconscious and passed away in about an hour.

Mr. Rose was a regular attendant at Lily Dale having occupied rooms in the Turner cottage on Cottage Row for a number of years. He was 70 years of age and was a great favorite in the store where he had been engaged for 37 years. One of his colleagues in the store thus writes us: "Oh, how we miss him! His ever-pleasant face, his hearing that tongue speak, that never spoke quite a wrong of friend or anyone. How the hundreds of friends who gather at your beautiful grounds every summer will miss him. The writer will miss him more than pen can write. He was always the same Ed—at home, in the store or at Lily Dale. Loved by all and loving all."

The sympathies of all friends will go out to Mrs. Rose in her hour of bereavement.

WHIST CLUB.

The Whist club met at Dr. Henderson's last Wednesday evening, it being the middle of the series, at which refreshments were served and prizes awarded. The first ladies prize was won by Mrs. Dr. Henderson, a water pitcher; the second, a flowered plate, by E. P. Bach, S. J. Richardson won the first gentlemen's prize, a fountain pen; and L. Reynolds the second, an aluminum collar button box. Refreshments were served, consisting of beans, sandwiches, dough-

nuts and coffee, and a very enjoyable evening was spent. This week it will be held at Homer Todd's and arrangements will be made to take the members over and back in a bobsleigh.

TROLLEY LINE.

We are again promised a trolley line running from Jamestown to Dunkirk, and if reports are true it merits more attention than the previous efforts that have been made. It is claimed that a syndicate, with which Broadhead of Jamestown, who controls the Jamestown and Chautauqua Lake Trolley lines, is interested, are arranging and that surveys have already been out looking over the ground with the intention of taking in Gerry, Sinclairville, Stockton, Cassadaga, Lily Dale, Laona, Fredonia and Dunkirk. If it really goes thru it will be of great advantage to the grounds.

LITERARY WORLD.

EVERY MAN A KING

REVIEWED BY LIDA BRIGGS BROWN.

A handsome volume in red cloth and gold, 240 pages issued by Thos. Y. Crowell Co., New York, and written by Orison Sweet Marden (editor of "Success") assisted by Ernest Raymond Holmes has reached my desk. The price is \$1.00 net and the title "Every Man a King" or "Might in Mind Mastery."

The author might have added "Every Woman a Queen" to his title as the precepts in the book if carried out faithfully will give each individual self mastery and dominion. In each chapter he shows the importance of character building and how our thoughts are like the sculptor's chisel to make or mar our lives. In various ways this theme is dwelt upon and many illustrations given to show the evil effects of fear, fault finding, criticism, sarcasm, picking flaws in everything and everybody, looking for things to condemn instead of to praise and likens this attitude of mind to a deadly worm which gnaws at the heart of the rosebud or fruit, making one's life goaded, distorted and bitter. He also shows the effect of cheerful thinking and of the value of the sunny soul who scatters gladness and good cheer wherever he goes, and that health, prosperity, happiness, and all good things in life are attracted to us if we make ourselves a magnet to attract them instead of repelling them by morose and fearful thoughts.

The book is well worth reading and using as a text book in character building in self mastery.

To all Members of The N. S. A. and Spiritualists at Large.

As the California State Association of Spiritualists has, by action of its Official Board, withdrawn its invitation to the N. S. A. to hold its next annual Convention in the city of Los Angeles and expressed its willingness for the N. S. A. Trustees to hold said convention of October 1907 wherever it may elect; we, the undersigned herewith announce that the next annual Convention of the National Spiritualists Association of the United States of America will be held in the city of Washington D. C. beginning its sessions October 14th 1907.

Signed:
Harrison D. Barrett, President
George B. Warne, Vice President
Mary T. Longley, Secretary
Theodore J. Mayer, Treasurer
I. C. I. Evans, C. L. Stevens, Thomas Grimshaw, Carrie R. S. Twing, Trustees.

State Spiritualists Association of Minnesota, Mass Meeting.

The State Spiritualists Association of Minnesota will hold the Annual Mid-winter Mass Meeting in St. Paul on February 22, 23, 24, at Odd Fellows hall corner Wabasha and Fifth streets, with an all-day session each day beginning at 10:30 a. m.

Mrs. Catherine McFarlan of La Crosse, Wis., will be the principal speaker at all the meetings.

All the local talent of the Twin Cities will also be present and take part in the exercises. Programs will be mailed to any one on receipt of address.

F. E. IRVING, Secy.,
904 Hastings Ave., St. Paul, Minn.

Buffalo Notes

R. E. BOBY, Correspondent.

The First Spiritual Church of Buffalo, the Temple, corner Jersey street and First Street, 10:45 a. m. and 7:45 p. m. Wednesday 7:45. Children's Lyceum Sunday, 11:30 a. m. and 7:45 p. m. at Keystone Hotel every Sunday evening at 7:45. Chautauque Trolley Exchange meets at 7:45. Hall, 174 Commercial street, Sunday at 7:45.

Sunday, February 23d, Mrs. C. F. Allen of Boston, Mass., began her month's engagement with the First Spiritual society. The weather was cold and inclement, but a fair sized audience greeted her in the evening. She lectured upon subjects given by the audience and made some very interesting points. Mrs. Allen manifests a genuine interest in her work of good to humanity.

The Psychic and Social Club hold their second annual social and dance in the parlors of the Temple, Tuesday evening, February 12. A very enjoyable time to all who attend. Refreshments served.

Liberal Thought Exchange society (meets in Sterling's hall, 374 Commercial St., are holding interesting meetings and have a good attendance.

HARMONY CIRCLE.

A fair sized audience assembled at Keystone hall Sunday, February 23d. The lecture took the form of an epic poem, subject, "The Master." It was a deep and beautiful illustration of modern metaphysics and almost perfect spirit control. Conscience was the master that watched the banner of power over all. The life of conscience was indubitably entwined with our own in every stage of man's conscious existence and his power extended into vast fields of spiritual existence. There was no power to know and understand conscience before hand. It was the master that held all rights to our existence, no matter when awakened or released. It was absolute for all gain or all loss, the sacred depths of the human consciousness was all there was to conscience. Yet conscience was all there was to spiritual power or progression. No pardon could be issued that was not approved of by this master. No power of deity that was not allied with its force. Its character was analogous to every action of life and the beautiful world and warp of external existence ever played upon this conscious state. All means of salvation were based on this existence, and all knowledge of spirit laws and power was based on this master of conscience. The beautiful moral state of existence on which immortality is based, given to this master the power to extend our life to eternity in a conscious state of existence. All heaven and all bliss are based on the truth of conscience. So the master does to all me and to existence.

The master is conscience, true and pure. Sleeping in the silence, yet full of life. Power so strong no age can bend, though all eternity it must endure.

Mrs. Dakin and control (raylight gave the spirit messages in a highly satisfactory manner.

Our pastor officiated at a quiet home wedding Sunday, February 3, when Mrs. D. W. Grant and Mr. Edward E. Denison were united in wedlock at the home of the bride, 135 Prospect avenue, a few near friends only being present. A banquet followed, served by a popular caterer.

Mrs. Denison will still continue her medical work at her former residence.

Lakewood Cottage Seniors Postals

We have received a supply of Lakewood Cottage postals in German. Price 3 cents each. 2 for 5 cents at the office, or if to be sent by mail in this package, 4 cents for each postal, two, 11 cents for 4, and 3 paid \$2.25. If you wish to have them mailed to you, send them to Lily Dale, price will be 5 cents and postage one cent each. If sent by mail, 2 cents each for postage.

Many a man thinks he is getting ahead in his work who only is accumulating worries.

It takes more than a few years' struggle to overcome the self-centered tendency of some churches.

DOCTOR OLIVER

of Philadelphia

Presents to the readers of the world a book entitled "THE SCIENCE OF THE SPIRIT, SOUL AND BODY." It tells you what constitutes man's estate. This clair-scient transmission took four years of his life to obtain. The "Truth" as presented was formulated by exalted intelligences from the earth plain to the Fourth Assumption of progression in the world of spirit, up to the highest and most exalted souls in the Dimensions of the Deity. The book is an educator of all souls incarnate and exanimate suffering in the lower states of servitude in spirit life, and a wonderful presentation of the value and truth of man's future state of existence and progression after the change called death—explaining why there is no death. It is a clear-cut portrayal in all its simplicity of the master of truth.

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Colwyn, Pa.

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55 Hartner St., Brooklyn, N. Y. Private-sittings daily. Seances every Sunday, Tuesday and Friday at 8 p. m. Ladies Matinee Wednesday afternoon 2:30. Take Fulton St. car or Elevated to Nostrand Ave. Telephone 2622 J. Bedford. Readings by mail \$1.00. 267-4f

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I have cured hundreds of as doubtful cases as yours is after all other means had failed. Write for particulars, enclosing self-addressed prepaid envelope.

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Columbus House, Olympia, Wash.

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Kokomo, Ind., Frank D. Blue, Manager.

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Diseases which medicine has failed to reach treated for \$2.00 per month.

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Madam Antoinette Muhlhäuser

116 Walton Ave., Cleveland, O.

Only letters containing \$2.00 and 4 cents in stamps, will be answered or considered for first treatment.

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Faith Clairvoyance, Clairaudience, Psychometry, and Mediumship, to write and speak without limitation. Heal and help to heal your friends thru a knowledge of Divine Law—the source of life being. For literature address: MARY C. VON KAN ZLER, 2710 N. Y., including one dollar for reading psychometrically. 269-91

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Woman's Chief Charm!

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Psyche Complexion Cream Co.,

Lily Dale, N. Y.

If mortals are weak and prone to sin,

While principles hold forever,

Then gather the beauty of principle in.

And use it with Christian endeavor.

F. E. PARKER.

A woman seldom listens to a man's explanation, yet it makes her angry if he refuses to offer one.

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Five questions answered for 50c and one 2-cent stamp. Full life readings \$1.00 and two 2-cent stamps. Mrs. O. W. Grant, 135 Prospect Ave., Buffalo, N. Y. 268-257

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Personality, Character, Talent and Future Read PSYCHICALLY from lock of hair for a dime and 10 stamps.

Prof. E. E. Gove,
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Trumpet and Trance Medium

All readings given in the light.

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MEDIUMS' AND SPEAKERS' DIRECTORY.

Mediums and speakers frequently less engagements because people do not know where to find them. To avoid this have your name and address listed in this directory, under the proper heading. Speakers and public mediums who subscribe for or advertise in the Sunflower by the year, can, upon application, have their names and addresses placed in this column under one heading free of charge. If more than one heading is desired, \$1.00 per year for each heading. Those marked with a star will attend funerals.

TEST MEDIUMS.

Harriet H. Danforth, Lily Dale, N. Y.

Chas. Harding, 633 Dundas St., Woodstock, Ont.

Mrs. B. W. Belcher, 293 Pleasant St., Malboro, Mass.

C. Walter Lynn, 754 8th street, Oakland, Cal.

Mrs. O. W. Grant, 135 Prospect Ave., Buffalo, N. Y.

Mrs. Edith McCrossman, 201 East First Ave., Columbus, O.

Mrs. Elizabeth J. Demorest, 200 Anderson St., Allentown, Pa.

Alla A. McHenry, Excelsior Springs, Mo.

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METAPHYSICAL.

Conducted by EVIE P. BACH.

"LITTLE THINGS."

It's the taking up of the little things,
One by one;
The doing of tasks that each day brings,
Neglecting none;
That brings the feeling of deep content
When the day is done.
It's the doing of work that lies nearest at hand,
Nor shirking seek;
The conning of lessons we can't understand
With patience meek;
That helps us to feel we have made some gain
At end of week.
It's the helping to lighten the burdens hard,
Of other's woes;
It's the giving of pleasant look and word
To friends and foes;
That helps us to feel we have made some gain
At the month's close.
It's the ragged rents and the places frayed
We try to mend;
The encouraging word and cheerful aid
We timely send,
That helps us to feel we are still ahead
At the year's end.
It's the keeping our thots and motives pure
The cares be rife,
That gives us serene and blissful rest
At close of life.
So as days and weeks and months glide by
(On noiseless wing,
If true to the least we'll achieve by and by
To the greater thing;
And life will be filled with an infinite peace;
With joy and content;
Till there comes the release and promotion
That death will bring.
—The Balance.

THE POWER OF LIFE AND LOVE.

Touch a man's heart, and you lay hold of the helm that steers him; you reach a power that is deeper than appearance, and behind reason. Thence proceed the shapings of circumstances, the interpretations of outward existence and the interior scenery of the soul; for "out of the heart are the issues of life."

The bright-minded Lucy A. Malory wrote in the World's Advance "Phot":

"Life is the orderly succession of the infinitesimal; just as time is a succession of seconds. As the hour, the day, the month, the year, the century, are but aggregated seconds of time, so the life of the infinite, the youth and the adult are but aggregated thots, feelings and actions.

"The other day we looked into a kinoscope and saw a team of cars approaching at full speed, with the passengers waving hats and handkerchiefs from the windows of the cars. The whole scene was perfectly lifelike. Now what was the basis of this apparently living picture? Nothing but a succession of photographs that flashed before the eyes at the rate of fifty a second.

"Now all there is of the life of a human being is made up of an aggregation of physical, mental and spiritual impressions. The minute and the insignificant become the stupendous merely by the process of aggregation of growth. The germ is the basis of the universe; the aggregation of germs is its superstructure. The life of the most depraved man is but an aggregation of mental and physical impressions that he has received from his surroundings, and he goes on repeating over and over again these impressions (as in the kinoscope), here and hereafter, until he wills to

change them. If he builds his structure of curses, they will, by the law of growth, continue to breed their own kind, until his being is a hell of torment.

"The operation of the law of growth of both good and evil is very simple, and is thoroughly scientific. No external influence can change it. Only the soul-changing power of Love in the hearts of men and women can transform the dark pictures of the living kinoscope into beauty and harmony."—Magazine of Mysteries.

THE ANCHORS OF THE SOUL.

"There is the crisis of that great story of Paul's voyage and shipwreck. Holding by their anchors and wishing for the day, all thru the dark night, hearing the great waves break with a dull roar upon the vessel's side, and counting the slow hours and wondering if possibly those anchors would hold till day-break. Then he speaks of the 'anchors of the soul,' saying, 'I want you to mark this, that it is the holding fast of the soul that really matters most, even in what we are apt to think of as mere bodily dangers.' To Paul, watching these long night thru, with death howling in the wind, it mattered far more that the anchors of his soul hold firmly than that those other anchors keep the vessel from drifting on the rocks. Later we read: 'And so it is that we need, as we sail the changing seas of life, strong anchors, anchors of thot, of motive, of deep, immovable conviction and faith, that may reach down to the very foundation of things, to that which is the very rock of enduring fact and being, which abides beneath the strain and storm.'

"And first among these anchors, Brooke Herford says: 'I hold love, simply human love. I do not say it is the strongest, or grips the deepest; but it is mostly about the first that holds. It does not matter what the strain is—danger, or pain, or toil, or sin—if you only love some one very dearly, enough to lift you out of thinking of yourself, what an anchor it is, how it helps you to hold on.' And again he says, 'Put out the anchor of love.'

Another anchor, the second, he names as the moral reality, the right of beings, when you reach that, 'what is right,' you are down on the very foundation of the universe; so in great danger or sorrow, we may have a sense of the thing being right, and holding only to that. And a third anchor named is the sense of the spiritual side of the Universe, of the immortal soul and of the eternal God.

"The soul, secure in her existence, smiles
At the drawn dagger and defies its point."

I think that sense of the soul's life, as something that cannot die, is a still greater help in the strain of temptation. And then the culminating sense of the infinite, patient love of God.—Unity.

A CHART OF CONDUCT.

Never be idle.
Make few promises.
Always speak the truth.
Never speak ill of anyone.
Keep good company or none.
Live up to your engagements.
Be just before you are generous.
Earn money before you spend it.
Good character is above all things else.

Keep your own secrets if you have any.
Never play at any kind of games.
Keep your promises if you would be happy.
Make no haste to be rich, if you would prosper.

When you speak to a person, look him in the face.
Save when you are young, to spend when you are old.
Never run in debt unless you see a way to get out again.

When you retire think over what you have done during the day.
—The Business Philosopher.

A Marvelous Medium.

The question of Spiritualism has been revived in Italy, and is being much discussed by the press. Eusebia Paladino, a Neapolitan woman of the lowest class, uneducated, even illiterate, has presented herself as a new medium and has achieved unexpected success. She raises tables from the floor with invisible power, moves chairs from one side of the room to another without touching them, and causes mysterious fires to descend from the ceiling, while her auditors feel the influence of invisible hands laid on their faces, as if by some supernatural power.

The phenomenon among all classes that some of the mediums heretofore have made possible. They invited her to make a demonstration, and she gathered, around a medium sitting in a chair, a large number of people, and she placed in no time a table perfectly level, as a platform for a large number of experiments of magnetism. To the amazement of the skeptics, she placed in a few minutes a condition of the usual medium, and she placed in a few minutes a condition of the usual medium, and she placed in a few minutes a condition of the usual medium.

After this experiment had been repeated under conditions that excluded the possibility of fraud, the medium and the confederate, who had been given to the public as a witness, began in the newspapers, some Cor.

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D. A. V. & P. R. R.

(Central Standard Time.)

One hour slower than Eastern Time.

No. 1 No. 2	IN EFFECT MAY 27, 1906.	No. 3 No. 4
6.10 a. m.	Dunkirk	Ar. 9.15 p. m.
7.30 a. m.	Frederick	Ar. 10.05 p. m.
8.50 a. m.	Louis	Ar. 10.55 p. m.
10.10 a. m.	Lily Dale	Ar. 11.45 p. m.
11.30 a. m.	Cambridge	Ar. 12.35 p. m.
12.50 p. m.	Moore	Ar. 1.25 p. m.
2.10 p. m.	St. Clairsville	Ar. 2.15 p. m.
3.30 p. m.	Gerry	Ar. 3.05 p. m.
4.50 p. m.	Jameson	Ar. 3.45 p. m.
6.10 p. m.	Jameson	Ar. 4.35 p. m.
7.30 p. m.	Palmer Junction	Ar. 5.25 p. m.
8.50 p. m.	Warren	Ar. 6.15 p. m.
10.10 p. m.	Thurville	Ar. 7.05 p. m.

SUNDAY TRAINS.

Leave Thurville 7 a. m., Falconer, 9:15 a. m., Lily Dale, 11:30 a. m., arrive Dunkirk 1:30 p. m.
Leave Dunkirk 6:00 p. m., Lily Dale, 8:30 p. m., arrive Thurville 10:30 p. m.

Central Standard Time is one hour slower than Eastern Standard which is used by the towns along this line. Visitors to Lily Dale from the east and west can make connections with D. A. V. & P. R. R. trains at Dunkirk, Falconer, J. C., Warren and Irvincon. 92-1yr.

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Dear Sisters:
I received your kind letter and contents, and may God bless you both for your kindness to me. I have been taking the medicine since March 28. Before taking it I was in bed over a week, could not stand on my feet, and was so faint from weakness and dizziness that I received two awful falls. I am now up and have been around my room for the last three days, have not had any dizziness or faint spells this week, and I feel so much stronger. The neighbors all mention the great change in me for the past three days and I have told them what did it.

I must now close, with a God bless you both for your kindness to a suffering sister.
MRS. ANNE WARREN,
94 Chestnut street.

Mrs. Dr. Dobson-Barker:
Enclosed find \$1.15 for another month's treatment. Your medicine you sent me last month did me more good than all the medicine I have taken in the four years I have been taking medicine. I sincerely hope you can keep me improving until I am myself again. You have my very best wishes for your success in healing suffering humanity.
MRS. LENA BANKS,
Cache, Okla.

Mrs. Dr. Dobson-Barker:
Please send me four more magnetized papers. The four you sent last month worked wonders for a lady friend of mine. Her feet bled all our physicians, but now all the swelling has gone down and she is so happy and is spreading your wonderful works wherever she goes, knowing that you never failed in all these cases. Mrs. J. Wright of Prattville is now enjoying perfect health, and sends her compliments to you and your daughter. She suffered since 1877. Do you remember treating Mrs. Sarah E. Smith in 1903? She is now one of the healthiest women of her age—married in September 1904 and has a fine baby boy. She was given up by our doctors. In fact, all your patients are in robust health.
E. E. CHAMBERS,
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