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AN EXPONENT OF THE SPIRITUAL PHILOSOPHY; ITS SCIENCE, AND ALLIED SUBJECTS.

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THE SPIRIT WORLD

WHAT, AND WHERE IS IT?

Synopsis of a Lecture Delivered by W. F. Peck.

Although the belief in immortality and a future life is almost universal among mankind, yet there are few questions upon which men have differed so widely as they have upon the character, conditions and location of the spirit world.

It must be evident that these differences have resulted from a lack of reliable information upon the subject. Men always differ most about the things of which they know the least, and differ least about the things of which they know the most.

The chemist never quarrels with his brother chemist as to the proportion of oxygen and hydrogen contained in water, nor as to the chemical elements of common salt. But when man begins to speculate upon those things for which he has little or no scientific data the way is opened for a vast diversity of opinions.

BELIEVE IN IMMORTALITY.

While the majority of mankind believe in immortality there is a large and respectable minority who doubt and even disbelieve it. It must be admitted that the skeptics are, for the most part, among the most intelligent of the race. To convince such will require the presentation of the soundest logic backed by scientific facts. To that class we wish particularly to appeal.

The difficulty of conceiving of a realm or state fitted for the existence of the disembodied spirit after it has done with earth has always been a stumbling block in the way of the thinker. Hence the question they have always propounded to the priest has been: "If there is a spirit world, where is it located? Where is heaven? where is hell?" Before the birth of science that was not a difficult question. Judging by appearances the universe was a sort of three story affair. The sky was solid, the ceiling of the earth, the floor of heaven. God and the angels dwelt there. While hell was immediately beneath the surface of the earth, heaven was above because the sunshine, the rain and all blessings came from there. Hell was beneath as proved by earthquakes, hot springs, volcanoes. But when science was born those theories were dissipated. Astronomy, with her telescope swept away the solid sky and found no heaven. Geology delved the earth with pick and spade and found no lake of fire, and so the question still demands an answer.

WHERE DOES SPIRIT GO.

Some have surmised that at death the spirit goes to inhabit other planets, or as believed by millions, the sun. But iconoclastic science has dissipated that possibility by showing that the sun and planets are constituted of practically the same elements as the earth and so are no better fitted for the abode of spirits than this world.

Some metaphysicians maintain that the spirit world is subjective and not an objective reality. That heaven and hell are merely conditions, states of consciousness. This, in a sense, is true, but these states of consciousness must exist in space, somewhere, hence they must have locality, but where?

SOME STARTLING FACTS.

Before attempting to locate the spirit world let me call your attention to a few startling facts.

In the opinion of scientific authorities the trend of events, past and present, point to the final extinction of life in the visible universe, not by fire but by cold. The sun and planets are constantly cooling off, their motion is growing less rapid, the celestial clock work is running down. In the course of time—too great for figures to measure—the entire visible universe of suns and worlds will be cold, barred, dead, even as the moon is supposed to be

today. But will that be the end of conscious existence? Will Nature conclude her marvelous work by such a miscarriage as that? I cannot believe it.

The conservation of energy is no longer a theory, it is a demonstrated fact. As matter is indestructible, so is force. Force may change its method or mode of motion but it cannot be destroyed. Where then, have these wonderful forces gone that manifested themselves in a thousand ways in the living universe? There is no empty space in all the universe. Science is universally agreed upon that. Filling all the space between the suns and worlds and all the interstices between the atoms, pervading and permeating the universe to its remotest bounds, is a subtle form of matter or substance apparently independent of the laws which govern all other forms of matter. For want of a more specific term it is demonstrated "ether." All scientists agree that it exists. In no other way can they account for the phenomena of light, electricity, gravity, etc., but none of them can tell what it is. May I venture to supply the information? What the scientists call "ether" we call spirit, or spirit matter; it is the universal substance of which all forms of visible matter are temporary expressions. It is the substance of which the spirit world is composed.

NOT BARREN WASTE.

Can anyone believe that this mighty, limitless matter is a lifeless, barren waste? And that brings us back to the question: What have become of the mighty forces which have escaped from the dead worlds? I answer: Back into the mighty field of space, the source from whence they were derived. Out into that mighty expanse filled with spirit substance developing and revealing a living universe so immense in extent, so wondrous in beauty and grandeur that it eclipses all that mortal eyes have ever beheld.

Andrew Jackson Davis, the wonderful seer, and other clairvoyants have seen and described scenes of surpassing beauty spread throughout space, landscapes, mountains, rivers, lakes, forests and plains fairer than a poet's dream.

There are many who will sneer and say "moonshine," and declare all this impossible. Softly, my skeptical friend. A noted scientist has said that he would not venture to pronounce anything impossible outside the realm of mathematics.

CONDITIONS RELATIVE.

Remember that all conditions are relative. If you had never seen a fish living beneath the water or a bird flying in the air you would pronounce both impossible because you could do neither. You think the ether of space to fragile and attenuated to allow such things. Let me give you the latest word of science upon that matter.

Prof. Stanley Jevons, one of the greatest authorities on physical science, tell us that the ether of space "is infinitely more solid and elastic than steel."

EXERTS GREAT PRESSURE.

Another scientist estimates that this invisible substance exerts a pressure upon the earth of "seventeen billion pounds per square inch." "Yet," says Prof. Jevons, "we live and move without appreciable resistance, through this medium infinitely harder and more elastic than adamant." Think of that. No story that any Spiritualist ever told, no event that ever took place in the seance room was a thousandth part as difficult to comprehend as this statement of the world's greatest scientists.

With the mighty expanse of space filled with this wonderful substance, with the active forces of light, heat, electricity, magnetism and many other forms, what logical reason have we for denying that the spirit world is in the depths of space? No narrow and contracted "city of gold" can contain the emancipated

souls of men and women. That idea of heaven was formed before science had demonstrated that this little world was only one of countless millions of worlds, doubtless, populated as densely at least as ours.

Nothing less than the whole expanse of space will suffice, and that is where it is. The infinite fields of space, inhabited by beings of immortal loveliness, lighted, warmed and unified by the breath of the Divine Spirit, our Eternal Father.

VERONA PARK CAMPMEEETING.

The annual campmeeting of the Penobscot Spiritual Association will be held this season from August 12th to 26th.

The list of speakers contains names that have become household words in the various camps throughout the east and west, and every effort has been made by the management to secure the best talent obtainable.

Mr. J. S. Scarlett, of New Bedford, Mass., will be present from August 12th to 19th.

Edgar W. Emerson, of Manchester, N. H., will arrive August 18th, taking part in all the exercises until close of the meetings.

Good vocal and instrumental music at the Sunday services.

PROGRAM

Sunday, August 12, 10:30 a. m., Opening services. 2:00 p. m., Lecture by J. S. Scarlett. 7:30 p. m., Social meeting.

Sunday, August 19, 10:30 a. m., Lecture by Edgar W. Emerson. 2:00 p. m., Lecture by E. W. Emerson. 7:30 p. m., Social meeting.

Meetings will be held every Tuesday, Thursday and Friday afternoon, conducted by the speakers who may be on the grounds.

Sunday, August 26, 10:30 a. m., Lecture by E. W. Emerson. 2:00 p. m., Lecture by E. W. Emerson.

Tuesday, August 21, will be observed as Memorial Day.

ENTERTAINMENTS

Wednesday August 15, by the Ladies' Auxiliary in the Pavilion. Wednesday, August 22, by the Camp Association.

A Grange field day and picnic with clam bake will be held on the grounds, Wednesday, August 22.

ANNUAL MEETING

The annual meeting of the association will be held on Friday, August 24, at 3:00 p. m., in the pavilion, for the election of officers and the transaction of any other business that may legally come before the meeting.

You can reach Verona Park by Eastern Steamship Co.'s, boats or Maine Central Railroad to Bucksport, where carriages are always in waiting to convey passengers to the Park.

Steamer Tremont, Capt. B. R. Arey, leaves Bar Harbor wharf, Bangor, every day, (except Sunday) at 2:30 p. m., for Verona Park, returning next day. Round trip tickets at less than regular fare, good any trip, may be purchased of A. F. Smith, Haymarket Square.

Steamer Rockland, of the Bucksport and Camden line, touches at Verona Park when signalled.

Steamer Bristol, B. R. Arey, manager, will leave Bangor nearly every day, Sundays included, for Verona Park at 7:30 a. m., returning at night.

The Park Hotel, under the management of Mrs. N. W. Ladd, of Bangor, as usual will offer good accommodations to all who may favor it with their patronage.

Admission to the park on Sundays, 10 cents.

Know well, my son, God's hand controls

Whate'er thou fearest:
'Round Him in calmest music rolls
Whate'er thou hearest.

You have done well, brother. You have stood your ground in the midst of adversity. Now take courage, for the One who has helped you thus far, will help you to the end.

SPIRIT LIFE.

Ann E. Underhill's Experience in Going to a Higher Sphere Given to Her Husband.

Alfred, I am so glad to again get a chance to talk with you. I am going to give you the experience I had in going to a higher sphere above the one I first entered when I left you in earth life.

I was met by my angel guide and was told that he would conduct me to a higher realm, which I had earned by the good deeds I had done to teach the angels in the first sphere the way to reach their beloved ones in earth life; also for the kind attention I gave to a dying stranger, bending over her death bed and making the conditions so peaceful, that she awoke in spirit life peaceful and so happy. She was astonished at the beautiful landscape that she saw spread out before her view, and that she had the power to return to earth and view her form as it lay in theasket surrounded with such an array of beautiful flowers.

My guide came to me in the circle you were having in your home. I never can forget that evening. The angel guide appeared to be there in such a beautiful and shining robe that I was almost blinded by its brightness. He said "I have come to take you to a higher realm, where you will be a teacher to those that are below and they want to learn from you." For a moment I was unable to control my feelings, for I felt I was leaving you never to return, and I saw the sorrowful expression on your face. The guide saw it, and said "No! No! You can still meet him here."

Then my angel friends in earth's sphere gathered around me and said, "Go, for we want you to learn of that sphere and come back and tell us what you have seen."

Then a beautiful archway of the most exquisite and beautiful flowers appeared and they gently pushed me thru the arch, and before I realized any change my eyes beheld a large band of happy and smiling angels, clothed in such rich and shining robes, and before I was aware I was adorned with such a beautiful, white and shining robe covered with golden ornaments; then I heard such inspiring and sweet strains of music floating on the air; then I was waited by angel hands to a beautiful home which words cannot express or eye picture.

You now see that I can come back to you and bring with me old friends that I found there who want to come and talk with you.

Mrs. Fairbanks was in that angel band and was the first to express the thought that she would like to talk with you, and she was so pleased to see you take the words she gave you. I am here again!

This is a beautiful home and a beautiful and charming landscape which to you would seem impossible in your present environments, everything is so grand, so exalted above the sphere I left.

Here I will learn all the attributes of soul culture in their perfection. Here I will hear and see all that is grand and noble. Here I will meet with teachers that will impress upon my soul all that art and language can portray. Here I will roam in Elysian fields of poetry. Here I shall revel in scenery so grand and beautiful that it would annihilate the denizens of earth on account of the increased vibration attained.

Each one in this realm gravitate to the condition they are fitted for and the natural desire of their souls.

Immense buildings with stately columns and such grand and beautiful carving, surmounted by lofty domes that glisten in the golden light. Inside these massive structures everything is created to draw the attention of the students to all that is noble and that will increase the powers of their soul.

Then for recreation we have beautiful landscapes with flowery fields and rolling hills, and beautiful lakes and rivers, and occasionally a mountain covered with trees and foliage in all the colors that soul can express. Again its rivers and lakes are bedecked with beautiful gondolas in all sizes and colors that art can furnish.

Think! you denizens of earth life, what is created for you to receive, if you will turn your attention to your soul's culture and leave the narrow ways of selfishness and greed.

ALL WERE CANNIBALS ONCE.

The Oldest of Ancestral Rites Recalled in a Study of "Diet Delusions."

Some diet delusions are of our most modern date, like the fad which is now devastating our breakfast while others are of most respectable antiquity. Among the latter is that very ancient survival, the notion that particular foods are "good" for particular things or effects. This is an almost honest direct descendant of the notion, held with greater or less unanimity by nearly all savage and barbarous tribes, that the flesh or viscera of birds and animals possessing particular qualities will be likely to produce the same qualities in those who eat them. Thus Nero used to banquet on nightingale's tongues in hopes of improving his voice, and the Ojibwa cut out and devoured the heart of the bear, the liver of a buffalo, etc., believing that the strength and courage of these animals would thereby be transferred to himself. It is probable that the most ghoulish of ancestral rites—cannibalism—was largely due to the same belief, although, of course, in Neanderthal days primitive man would have no more hesitancy about eating his enemy after he had killed him than he would in devouring a bear or a deer. In fact, the early converts of the missionaries in the South Sea Islands referred to their favorite dish as "long pig." Every known race has at some time been cannibal.

There certainly was a childlike logicity and naivete about the conception of the Maori warrior who rounded and completed his conquest of his enemy by eating him afterwards and thus acquiring all the vigor and energy which had went to oppose him. The story told of the old Maori chief who, upon his deathbed, when urged by the missionary and his favorite wife to a death-bed repentance, and told that in order to do so he must first forgive his enemies, he proudly lifted his dying head and exclaimed, "I have no enemies; I have eaten them all," appeals to a slumbering chord in us even yet. While certain most intelligent people today would indignantly resent the accusation of reverting to such days and ideas, they will vigorously denounce the eating of pork as an unwholesome thing, on the ground that "he who eats pork thinks pork," and the more orthodox of them will even declare that while Scripture records that the devils entered into swine, we have no assurance that they ever came out of them.—Woods Hutchinson, A. M. M. D., in the April McClure's.

To Sister.

Seek ye not the troubled waters
Of the earth-life's overflow—
Turn thy gaze towards the uplands,
See thy vague ideals grow
Into being. Strength and beauty
Bending in the Graces three—
Walking in the path of duty—
Guided by the Trinity.

Seek ye not the idle dreamers—
Seek ye honor truth and justice
As did Christ at Gethsemane;
Follow out the wondrous visions
Given in the holy hours,
When you are in close communion,
Harken to the Higher Powers.

L. B. THRU THE HAND OF M. B.

Subscribe to THE SUNFLOWER.

LILY DALE NEWS.

NOTICE.

The Sunflower Office will be closed Monday, August 6, to enable its employees to visit the Chautauqua Assembly Grounds with the Chautauqua Excursion. The SUNFLOWER will be mailed Tuesday instead of Monday.

The second week has gone with its experiences. It has been a most successful one in every way. There has been a few more tickets sold at the gate each day than there was the corresponding day last year, while the sale of season tickets have exceeded any year for some time. Nearly every cottage on the grounds is occupied, and an air of quiet activity pervades everything.

Thirty-nine children at the first session of the Lyceum indicates a number of children on the grounds, and this number is constantly increasing and Mrs. Peterson and her assistants are congratulating themselves on the prospects for a successful season. The children are made to feel that they are a part of the institution. One day last week they were entertained on the pavilion on the lake front. Exercises of a pleasing nature were indulged in, then the children were all treated to ice cream and cake, and the time went all too quickly.

It is surprising how these children answer the questions, many of them being of a nature that might cause grown-ups to think a moment, shows the value of this training. Since her arrival Mrs. Cadwallader has taken quite an interest in the children's work.

Friday morning, headed by the band, they form in line at Library Hall and march to the Auditorium, there they have their exercises. This week the little ones rather beat the older members in their pieces and responses, and if the larger members of the Lyceum do not look to their laurels the little ones will get the greater credit.

The names of Mrs. Dr. Caird and Mrs. Mamie Helyett should be added to the list of platform test mediums engaged by the Association.

P. L. O. A. Keeler writes that he will arrive Wednesday, August 1, and will occupy his cottage near the Auditorium during the balance of the season.

Mrs. S. E. Pemberton, trumpet medium, will arrive early in August and will have rooms at Miss Olmstead's, near Library Hall.

Dr. A. D. Haines and wife will arrive August 3.

Mrs. Duff, Mr. Cherry, Madam Septima, are among the mediums at work on the grounds not mentioned last week.

Dr. and Mrs. Lockwood have arrived and his first lecture was given in the Auditorium Friday evening last. The class lectures by J. Clegg Wright will close August 6th and Dr. Lockwood's will then continue till the close of the season. These two series of lectures are exceedingly valuable and should not be missed.

The Forest Temple is attracting much attention this season. Interesting meetings are held three times daily and much good results therefrom.

Hon. Chas. R. Schirm and family have arrived and are domiciled at the Sunflower cottage on Melrose Park. Mr. Schirm is the author of the series of articles entitled "Spiritualism and the Law," now running in the Spiritualist papers. Every Spiritualist should paste them in a scrap-book and have them ready as ammunition, as we do not know how soon they may be needed. If an attorney of Mr. Schirm's ability had to be paid for preparing this series of articles which he is giving freely to the Spiritualists because he thinks it needed, the cost would amount into the thousands. Let us show him that we appreciate his labor.

A Thot Exchange has been arranged to be held at Library Hall every Wednesday and Saturday evening—Dance nights—with Dr. Warne as chairman. The seances held there by the different mediums under the charge of Mrs. A. J. Pettengill attract a goodly number each evening. They begin at 7 o'clock, and last one hour. That permits those who wish to attend these seances and get away in time to attend other seances or meetings if they wish. In fact, all

the meetings are so arranged this season.

With the change mentioned last week, the program has been carried out about as arranged. Of course, minor changes are always expected and unavoidable. J. Clegg Wright has continued his morning class lectures with increasing interest. A very interesting and instructive conference meeting was held Monday afternoon in the Auditorium, many taking part and much wisdom shown. A physical culture class has been arranged which meets in Library Hall every morning at 9.30, under the directorship of Miss Alice E. Bennett. Rev. Wilson Fritch and Dr. Leland have been the new speakers this week and they have both added to their laurels. Dr. Fritch discoursed on "The Soul," and "The Metaphysical Aspects of Spiritualism," ending his engagement Saturday with a very able address on "Self Realization." He also gave an evening entertainment in the Auditorium, readings from "Ulysses."

Dr. Leland in his lecture on "World Making," gave many ideas that were new to his hearers.

Monday evening the Ladies' Auxiliary held what must be considered the gala evening of the season, not even excepting the Woman's Day dance. It was a reception tendered to our Lake Helen friends. They were between fifty and sixty in number, and the evening was devoted to a "Lake Helen Dance." This, it must be explained, is an old-fashioned dance. Many of the old reels, cotillions, etc., were indulged in, and from the peals of laughter we knew that the biggest kind of a time was being had, even could we not have seen the happy faces. Nice badges made of yellow ribbon inscribed "Lake Helen, Fla." were worn by the Lake Helen people, and every one was sorry when the strains of "Home Sweet Home," told them the evening was over. It was a decided success.

CHAUTAUQUA DAY.

A Chautauqua Day is being arranged. It is proposed to have as many as will, including the band, Schubert Quartette, executive staff, speakers, and visitors, in a special train and go to Chautauqua for a day, and in return invite them to visit us on Woman's Day, when Miss Marie C. Brehm, a leading lady of the W.C.T.U. of Illinois will be at Lily Dale.

The special cars will be attached to the train leaving Lily Dale at 8.41 a. m., Monday, August 6, transferring to the trolley, arriving at 10.45 a. m., leaving at 3.55 p. m., and arriving at Lily Dale at 6.28, Eastern time. Tickets for the round trip, including admission to the Assembly Grounds, \$1.10. Join the band and have a day at the Chautauqua grounds to add to your beautiful summer outing at Lily Dale. All arrangements will be made so that any who wish to come from Buffalo, or intervening points and join the party at Lily Dale can secure tickets on the train.

THE LADIES SCHUBERT QUARTETTE has arrived and rendered their first selections Sunday. To listen to them is a treat that everybody certainly enjoyed. One beauty of their repertoire is that they have a great many of truly Spiritualistic songs, and if they sing every day of the session, they will not be obliged to repeat a song unless it is done by request. No words are necessary. We only say, come and hear them. The Quartette consists of Mattie A. Magoun, first soprano; Jennie B. Worster, second soprano; Izetta B. Holway, alto; Anna L. Whitcombe, contralto. The Ladies Schubert Quartette of Boston, is certainly one of the leading attractions at Lily Dale this summer.

The opening dance of the season was held at Shady Side Park Pavilion, Friday evening, last. There was a good attendance and an enjoyable time. Music was furnished by Monroe's Orchestra of Dunkirk.

If we could view our globe from space it would probably seem somewhat unreal or gross compared to its parent, ether; and, we might wonder why man was made to battle for perfection amidst such shadowy substance as matter, so-called, when a more refined element would have answered as well. But may not the original have been purer, and the "Fall" but a lowering—a condensation of it, which now makes life as hard to bear as it has been materialized?

ARTHUR F. MILTON.

PASSED OVER.

BERIAH GREEN WILLIAMS

passed to spirit life, July 14, at the age of 42. Beriah Green Williams, son of David and the late Ruth Ann Williams. He was a grandson of Rev. Beriah Green, the famous abolitionist. He was born in Utica July 12, 1864. He is survived by his father and one brother, Eugene D. Williams, both of Utica. Funeral services by Rev. John Sayles, Universalist.

DAVID WILLIAMS.

A Warrior's Ideal.

Marshal Oyama says: "My idea of happiness is to dispose of everything I possess that belongs to the practice of arms and go far into the country with big boxes of books to read for the rest of my days; books that tell of happiness and progress, and not of the terrible deeds of war. And I would gather about me my best friends and little children. Then in the sunny days all would be happiness."—Fellowship.

HEAVEN DISCOVERED.

America is part of heaven. Heaven of the ancients includes all America. This part of the earth was the important part of heaven.

Any more I tell you is evidence that we trace our heaven idea to Egyptians along the Nile in Egypt. Heaven to those people was a place, a country upon this earth, where the sun was at sunset to people in Egypt, near the Nile.

Egyptians divided time and the world into twenty-four parts. Twelve hours of the sun was the world to Egyptians in Egypt, and the other twelve hours of the sun and twelve parts of space was heaven. The first hour of the sun in heaven includes Boston in America.

A. B. HILL,

Boston, Mass.

For a Sea Shore Vacation

at a very low cost go on the D. A. V. & P. R. R., excursion to Atlantic City, etc., August 2. Very low rates. Tickets good 15 days. Inquire of agents.

An ad in the SUNFLOWER brings good returns.

Meals and Lunches.

Mrs. Crampton and Miss Maitland will serve table board, lunches, hot coffee, etc., at the Greenamyer cottage, No. 7 Buffalo street.

PRICES REASONABLE.

FOR SALE OR RENT.

Mrs. Greenamyer's cottage, 7 Buffalo street, 10 rooms, well furnished. Will be sold cheap. Address Mrs. GREENAMYER, Lily Dale, N. Y.

Campbell Bros. Cottage for Rent.

The Finest Cottage on the Camp Grounds at the entrance of the grounds, next to the channel. Furnished complete. For particulars address CAMPBELL, Care Sunflower Office, Lily Dale, N. Y.

COTTAGES AND ROOMS FOR RENT.

If you want to rent a room, or buy or sell a cottage at Lily Dale, address with stamp for reply, Mrs. Nellie Warren, Lily Dale, N. Y.

FOR RENT.

Rooms, next to Auditorium.

Mrs. J. H. Turner, Lily Dale, N. Y.

TWO COTTAGES FOR SALE

5 Buffalo street and 11 North street. Low price. For particulars address S. E. Latta, Friendship, N. Y.

ALEX CAIRD, M. D. Healer.

Mrs. Dr. Caird Clairvoyant and Automatic Writing Medium.

MRS. MAMIE HELYETT TRANCE MEDIUM.

Will occupy cottage No. 6 Second St. for the season.

DR. CAIRD will be pleased to see patients requiring VITAL TREATMENT, and explain his methods. Will also give treatment and advice for the development of latent Psychic Power. Consultation free. Treatment \$1.00 each, or course of fifteen for \$10.00. Office 6 Second street.

Excursions Every Sunday Lake Shore R.R.

The new Sunday train service inaugurated over the D. A. V. & P. R. R., agent, Dunkirk 42 cents, Fredonia 32 cents.

Go on Niagara Falls excursion over the D. A. V. & P. R. R., July such service at a very small cost; 19th. Tickets at very low rates. rates being extremely low and the time of trains afford very convenient service. For particulars see hand bills or inquire of local ticket agent. The SUNFLOWER, \$1.00 per year.

THE LEOLYN.



A fine summer home on the bank of one of the Cassadaga Lakes. The lake on the west side, the primitive forests on the east, and beautiful parks on the north and south. Good boating, fishing and magnificent drives. Delicious home cooking. Table supplied with the best of everything. Fresh fruit, vegetables and berries furnished by the farmers every morning. Imperial mineral water free to guests.

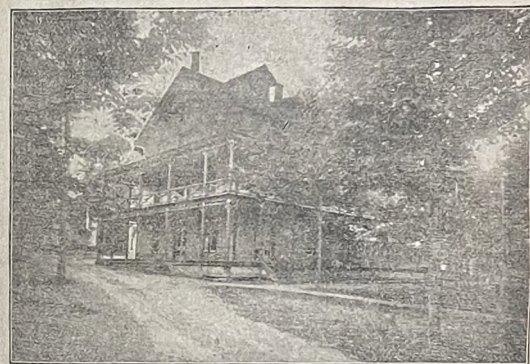
Write for illustrated booklet.

Rates \$2.00 to \$2.50 per day. Special rates by the week.

F. E. EUSTAPHIEVE, Manager,

Lily Dale, N. Y.

THE MAPLEWOOD.



The Association Hotel has been leased by S. J. Richardson, and will be conducted on a liberal plan at \$1.25 to \$2.00 per day, with special rates by the week.

The best of service will be maintained, and it will be the aim of the management to cater to the comfort and convenience of the guests. Special attention will be given to serving delicious home cooking. Table supplied with fresh fruits and vegetables by the farmers, daily.

For rates, reservation of rooms, and other information, address,

DAYTON & HALL, Proprietors.
S. J. RICHARDSON, Manager.

YOU MAKE NO MISTAKE if you go to the

Jackson Cottage FOR YOUR MEALS.

Licensed by the Assembly. No blanks. A square meal every time for 25 cents. Try us and be satisfied.

Plates at the kitchen door, 5 cents and up, as usual.

Thankful for past favors, we are ready to again give everybody a cordial welcome. Send stamp for program and particulars.



The White Restaurant and Bakery.

DAYTON & HALL, Props.

WILL SERVE

Regular Meals at Reasonable Rates. Lunches at all Hours.

All kinds of Baked Goods from our own ovens, fresh every day.

Ice Cream, Ice Cream Soda, Grape Juice, Summer Drinks, Candy and Cigars.

Good Meals, Cool Dining Room, Prompt Service.

The South Park House

J. H. CHAMPLIN, Prop.
Near the Auditorium.

American and European Plan.

Meals and Lunches at all hours in a new, large and cool dining room.

RATES:—\$1.00 to \$1.50; 21 Meal Tickets, \$5; 7 Dinner Tickets, \$2; Single Meals 25 to 35c.



HE AND SHE.

"She is dead!" they said to him.
"Come away."
Kiss her and leave her, thy love is
clay!"

They smoothed her tresses of dark
brown hair;
On her forehead of stone they laid
it fair;

Over her eyes, which gazed to much,
They drew the lids with a gentle
touch:

With a tender touch they closed
up well

The sweet, thin lips that had secrets
to tell;

About her brows and beautiful face
They tied her veil and her marriage
lace.

And drew on her white feet her
white silk shoes;
Which were the whitest no eye could
choose;

And over her bosom they crossed
her hands—
"Come away," they said, "God
understands!"

But there was a silence and nothing
there
But silence, and the scents of eleg-
antare,

And jessamine and roses, and rose-
mary,
And they said, "As a lady lies, lies
she."

And they held their breath as they
left the room
With a shudder, to glance at its still-
ness and gloom.

But he who loved her too well to
dread
The sweet, the stately, and beauti-
ful dead,

He lit his lamp and took the key
And turned it. Alone again—he and
she.

He and she; yet she would not
speak,
Though he kissed, in the old place,
the quiet cheek.

He and she; yet they would not
smile,
Though he called her the name she
loved erewhile.

He and she; still she did not move
To any one passionate whisper of
love.

Then he said: "Cold lips, and breast
without breath!
Is there no voice no language of
death?"

"Dumb to the ear and still to the
sense,
"But to heart and soul distinct, in-
tense!"

"See now; I will listen with soul, and
not ear;
What was the secret of dying, dear?"

"Was it the infinite wonder of all
That you ever could let life's flower
fall?"

"Or was it a greater marvel to feel
The perfect calm o'er the agony
steal?"

"Was the miracle deeper to find how
deep,
Beyond all dreams, sank downward
that sleep?"

"Did life roll back its record, dear
And show, as they say it does, past
things clear?"

"O perfect dead! O dead most dear,
I hold the breath of my soul to hear.
"I listen as deep as to horrible hell,
As high as to heaven and you do not
tell!"

"There must be a pleasure in dying,
sweet,
To make you so placid from head to
feet!"

"I would tell you, darling, if I were
dead,
And 'twere your hot tears on my
brow shed;

"I would say, though the angel of
death had laid
His sword on my lips to keep it un-
said."

"You should not ask vainly, with
streaming eyes,
Which of all death's was the chief
surprise!"

"The very strangest and suddenest
thing,
Of all the surprises that dying must
bring."

Ah, foolish world! O most kind
dead!

Though he told me, who will believe
it was said?

Who will believe what he heard her
say,
With a sweet, soft voice, in the dear
old way?

"The utmost wonder is this—I hear,
And see you, and love you, and kiss
you, dear."

"And am your angel, who was your
bride,
And know that, though dead, I have
never died."

EDWIN ARNOLD.

Jottings by the Wayside

BY D. FEAST.

A home without children is like a
cage without the bird.

A man's success in life should not
be measured by his bank account.

Sorrow and trouble is the lot of
all; so take your dose like men and
thank God it is no worse. It is for
a wise purpose and eternity will
reveal the necessity of it.

We all need to be pupils in the
school of experience—some learn
faster than others, and some appar-
ently never learn.

Let's live in the sunlight, keep
out of the shadow, and life will be a
perpetual halo of peace and happi-
ness.

Our friends—who are they? "On
again"—"Off again"—"Gone again."

The word of blame, how well men
know

"Twill change according to its use,
'Tis criticism 'gainst a foe;
Against ourselves it is abuse.

The laugh cure is becoming fash-
ionable in Paris. It is especially
good for dyspeptics, and the doctor
who put it in operation has a sani-
tarium devoted to its culture. The
treatment is simple. The patients
sit around the room and smile at
each other. Continued smiles de-
velop into grins, and these into
peals and whoops of laughter. It
is said that a two hours' giggle
every day for two weeks will cure
the worst case of dyspepsia. Natu-
rally the fee is very large.

A young lady in a neighboring
town who was to be married soon,
received a present from a young
man accompanied by the following
note: "My Dear Girl—You will
find in the box a thingamajig which
has something to do with eating
grub off the table. I don't know
what it is. It looks like a cross be-
tween a harpoon and a hayfork. It
may be for spearing pickles or
may be for tackling chopped
cabbage. I am so old-fashioned
that I don't know; you'll be
so happy you won't care."

Industry is the mother of good
luck.

Jailbirds are always anxious to
quit the nest.

Many people are rich or happy,
but few are both.

The way of the transgressor often
leads to another's pocket.

The wise man accepts just praise,
but he draws the line at flattery.

He who is afraid of soiling his
garments never accomplishes much.

It is impossible for the average
man to account for his neighbor's
success.

A long list of what has been ac-
complished by men over 60 years of
age, published in the Brooklyn
Eagle, conveys the impression that
instead of chloroforming people at
that age the chloroform should be
used on any man who tried to do
anything more than preparatory
and experimental work at an earlier
age.

Some Brief Epitaphs.

The following are among the brief
and curious epitaphs seen in Euro-
pean cemeteries: At Worcester,
England, the slab erected over a
departed auctioneer is inscribed
with a single word, "Gone." In
Sussex the initials and date of the
death of the deceased are followed
by two words, "He was." On the
monument of Charles the Great of
Germany the brief inscription is
"Carolo Magno." The most re-
markable is at Cane Hill cemetery,
Belfast, where the inscription says,
"Left till called for."

Are you really looking for the
silver lining to your clouds? If you
look you will surely find it.

For when the power of imparting
joy

Is equal to the will, the human soul
Requires no other heaven.—Shelly.

Indications of Longevity.

In the medical world it is a gen-
eral accepted fact that every per-
son bears physical indications of his
prospects of long life. A long lived
person may be distinguished from a
short lived person at sight. In
many instances a physician may
look at the hand of a patient and
tell whether he will live or die.

The primary conditions of long-
evity are that the heart, lungs and
digestive organs as well as the
brain, should be large. If these
organs are large the trunk will be
long and the limbs comparatively
short. The person will appear tall
in sitting and short in standing.
The hand will have a long and
some what heavy palm and short
fingers.

The brain will be deeply seated,
as shown by the orifice of the ear
being low. The blue hazel or brown
hazel eye, as showing an intermis-
sion of temperament, is a favor-
able indication. The nostrils if
large, open and free indicate large
lungs. A pinched and half closed
nostril indicates small or weak
lungs.

These are general points of dis-
tinction, but, of course, subject to
the usual individual exceptions.

There is no defeat except from
within. There is really no insur-
mountable barrier save your own
inherent weakness of purpose.—
Emerson.

Sunday Excursions. Low Rates, Lake Shore Ry.

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R. R., sells excursion tickets at
greatly reduced rates. It will pay
you to ask the ticket agent about
the rates and train service. A fine
opportunity for spending Sunday
with your relatives or friends in
other cities or in the country.

Still evermore lift up your eyes
Above what we have won,
To higher needs and finer deeds
That we have left undone.

FIGHTING BEER AND WINE.

Immense Development of the Ger-
man Temperance Movement.

Germany is apparently trying to live
down a bad reputation—the land of
beer and Rhine wine is actively in-
teresting itself in the total abstinence
propaganda. This is the statement made
in a recent issue of the Christliche
Welt of Marburg, the writer, Otto de
Serra, expressing himself most enthu-
siastically as to the present results and
future prospects of the temperance
movement. Herr de Serra says that
"the number of those who are joining
the total abstinence ranks is constan-
tly increasing. From 1902 to 1905
the number has increased from 30,000
to 60,000. However, these figures do
not give an exact picture of the victorious
march of the movement, since, in ad-
dition to the temperance associations,
there are a large number of temper-
ance people who do not belong to any
organized society—but the fact is that
in Germany there is great improve-
ment today compared to the old days.
The temptation to drink, particularly
among the upper classes, is not so
powerful and unchecked as a few
years ago."

The German writer says that 1905 of-
fered an unusual opportunity to judge
of the whole movement. "First, we
were shown by the Evangelical-Social
congress in Hanover how today there
is hardly a chapter of social life, of the
social movement, which can be handled
without bringing in the devastating
question of alcohol. Then, from the
22d to the 24th of July the German
grand lodge of Good Templars had its
meeting in Dantzig, a lodge which
numbers 20,000 adults and 6,000 mi-
nors, and each of these assemblies pre-
sented the most positive evidence of
the tireless zeal of the members, of
the ruling spirit of practical charity, of
the joy in unselfish labor. We would
mention particularly the opening night
of the Dantzig meeting, when some 1,500
representatives from all portions of
Germany were present.

"Only a short rest was given the
temperance people. The 9th of Sep-
tember Dresden welcomed the Ger-
man Temperance Central union, and
at this meeting the fact was clearly
brought out that the movement has at-
tained immense development. Today
the temperance movement in Germany
is a power which is respected more
and more, even in those circles which
a short time ago considered it merely
a passing and entirely purposeless ef-
fort. However, if the Dresden move-
ment was impressive, the tenth inter-
national congress against alcoholism in
Budapest was far more so. Here the
attendance was not only very large,
but it was evident that the movement
has made immense advances both
among the people at large and among
the highly educated upper classes.
And lastly we must mention the meet-
ing at Munster the 17th and 19th of
October of the German union against
the abuse of alcohol."—Public Opinion.

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Write reports with typewriter or plainly with pen and ink. Never use a pencil or write on both sides of the paper.

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Suggestions for the improvement of the paper are invited.

THE SUNFLOWER PUBL. CO., LILY DALE, N. Y.

The circulars for Lake Helen are ready and can be had from the Secretary, Mary McGarvey, Lake Helen, Fla., or from W. F. Whitaker, Lily Dale, N. Y. A complete notice of the coming winter's camp will be given in an early number of the SUNFLOWER.

Mrs. M. T. Allen writes that the address of the Medium's Home School was left out of the recent article regarding it. We think this was an oversight of the author of the article. It is located at 651 S. Grant st., Springfield, Mo.

Oscar A. Edgerly is at Grand Lodge, Mich.

D. A. Herrick and wife spent a week at Lily Dale then going to Island Lake, Mich., and from there to Freeville, N. Y., to fill engagements. They did some very satisfactory work while at Lily Dale.

J. M. White is doing successful work in Kansas and Oklahoma.

Frank Ripley is at Wonewoc, Wis., camp.

J. H. Pratt, who has been well known for a number of years as the promoter of the work at Spring Hill, Kans., passed away July 13th, after a long illness. It was at his home that the Aber seances at which the manuscript of "Rending the Vail," and "Beyond the Vail" were received.

Rev. Alice Baker can be addressed at her permanent address, 449 Live Oak street, Dallas, Texas. She has been very successful in her work in the South and should be kept busy the coming season.

Oklahoma Spiritualists contemplate holding a campmeeting at Mount Park, Okla., beginning August 23rd. Among the workers are Rev. Alice Baker, John W. Ring, T. W. Woodrow and R. G. Lee.

J. M. Carter writes: I am glad to see the stand you take on the question of mediums and mediumship. I have investigated every phase of phenomena, carefully, and while I have found a few frauds, I have found a large proportion of the alleged fraud a misunderstanding of laws and conditions on part of those who patronize mediums. I say to them: keep your own counsel, don't give the names of your dead friends, go to them with love in your soul, and the spirit world will give you better things. If we go to a sensitive medium with a lie on our lips, or to get some material benefit, we must expect to see our reflection in the mirror we present.

E. Armbrugg requests us to state that he is open for engagements for the coming season. The South preferred. Address until September 1, Lily Dale, N. Y.

OUR DUTY TO SPIRITUALISM.

BY MRS. ADDIE COOPER.

We, as Spiritualists, have more real duties to perform than any other denomination in the world. To be a Spiritualist, is to be so permeated with spirituality that none of the annoyances, in everyday life can reach us.

To rise above all scandal-mongers, to stand firm and to live so no one will believe anything that may be said against us.

When we feel like getting even with anyone, to remember that there is an Infinite Power somewhere that will settle all the affairs of life. We shall receive full measure, heaped up and running over for every unkind thought or otherwise. All the rough

places we have to pass through only serves to put a little more polish on. Let us stand up and give three cheers for Spiritualism, and bless all the powers, that we have even found the light.

Let us take Truth for our watchword, and never be ashamed of the cause we represent. Who has stood beside a casket and gazed at the form of our loved one and would blush if some one said "their spirit has been set free." Let us reach out and part the veil that divides the material and the spiritual. Let us send the doubting Thomas adrift and accept with a thankful heart all the help we can from our spirit friends. There are many young girls, and young men, too, who might be saved if they knew that the spirit mother was close beside them.

Let us come closer together and bind our hearts with love and treat all as brother or sister. Keep pressing on and as we go into the other world we will be waiting for each other, filled full of Divine Power.

Lyceum Normal at Chesterfield Camp.

Apparent misfortune—sickness of a dear friend—permitted me to be in the vicinity of Chesterfield, Ind., and I spent almost three days most delightfully there. While Rev. B. F. Austin and Prof. W. F. Peck were instructive in their discourses, Mrs. Murtha, of Toronto, seemingly correct in her messages, and the other workers and the management extremely kind in their marked attention to me, I found my special delight in Mrs. Anna L. Gillespie and her band of Lyceum workers.

How eagerly those little folks, and larger folks as well, waited for an opportunity to welcome their teacher, and how full of soul is Mrs. Gillespie in her endeavors to furnish fitting and proper food for the unfolding individuals. It is Mrs. Gillespie's intention to make the several weeks of her Lyceum work at Chesterfield a Lyceum Normal Course, so that those attending can return home with ideas sufficient to conduct a Lyceum, that the "liberal and harmonious education," brought from the Summerland by the venerable Andrew Jackson Davis, may be carefully promulgated. This is an excellent opportunity and I hope that many will avail themselves of so promising a time and inform themselves along this very important line—Lyceum Work.

Mrs. Gillespie also hopes to form a "team" for demonstration of her special work at the National Convention, to be held in Chicago during October, when an entire evening will be devoted to Lyceum work. Lyceum, Lyceum, March, March ahead,

Never dead. File ahead,
Come, come, COME.

JOHN W. RING,
National Superintendent of Lyceum Work, Green Mountain Falls, Colo.

Postponed Happiness.

"It isn't so much that we can't be happy, as that we think we haven't time to be," said Aunt Hannah, reflectively. "We just will not let ourselves be glad, because we have so many fears and worries that we think we must get out of the way first! We treat our joys as one of my neighbors did her choice currants.

"Let's have a pie," said the children, when the new bushes began to bear; but the mother wouldn't hear of using such fine fruit green; it must ripen. When the currents were ripe the children begged them for the table, but the mother had decided to save them for jelly. When jelly-making was proposed, she wanted to wait until other work was out of the way and she could 'do it as it ought to be done.' And so, when she was fully ready, the sun, the birds, and an unexpected storm had all been before her, and there was little fruit left on the bushes.

That's the way we do with our blessings and gladness—the mercies that are 'new every morning.' We say, 'Oh, how I could enjoy this if'—and then we let the trial, foreboding or tangle, crowd it out of place. Some day we expect to be ready to really enjoy our health, our home, our friends; but who can promise us that the fruit will still be on the bushes?"

—Cheer Up.

There will be another excursion to Niagara Falls over the D. A. V. & P. R. R. August 10th. Tickets at very low rates. See agents or hand bills.

THE ORACLE.

By J. C. F. Grumble.

Under this Head Answers to Questions from our Correspondents will be given from time to time.

Question:—Are there two classes in Spiritualism.

It is rather strange that at this late day Spiritualists should seek to divide themselves into two classes, or failing to understand Spiritualism itself should advocate it as an abnormality. A phenomenal and spiritual Spiritualist differs only in the class to which he belongs or the emphasis he puts upon what spirit is or what it does. A Spiritualist is a phenomenal Spiritualist and often becomes a spiritual Spiritualist when he sees and understands that spirits are what they are and do what they do because of spirit. One who has become a Spiritualist because of the phenomena of Spiritualism through mediums often lingers in and prefers the phenomena to the philosophy seeking through the forms with which he communicates that spiritual communion which should be spiritual and in spirit. This follows, first because it is easier and second because a Spiritualist thinks he can depend upon such representative and vicarious communication more than on his own psychic powers or the more interior spiritual method. Should it be said that any form of vicarious communication is less reliable, because abnormal through mediumship the Spiritualist must not understand me as decrying the phenomena or alleging it is fraudulent, on the contrary, while materialization is a fact, startling in its demonstration, and so extraordinary as to appear incredible, yet it is only a fact and as a fact it was never intended to be used, either as a worship or a source of guidance and for the simple reason that intelligence can be reached best directly from and by spirit incarnate without an appeal to the form or matter. A good deal of the insane ravings of cranks in the ranks of Spiritualists about their Indian bands and what they can do and do which has cast odium upon the cause comes from such as see and hear overmuch at materializing seances. A good liar will get more lies from the spirit world and Indians, who, as a rule, are not given to lying than an honest man can take care of in a lifetime.

Spirit forms are lovely as etherizations, but not so beautiful as materializations, because "made up of a mixed element," a sort of adulteration of matter as all Spiritualists know. And again, unless the conditions, under which the phenomena occur are test, that is so scientific as to exclude fraud, they are valueless, whatever faith the sitter may repose in the medium or whatever experiences the sitter may have had at a previous seance. It is assumed that even such appearances are genuine until proven otherwise. But as data upon which to rest the spiritual hypothesis they are ruled out of court. Any fairminded Spiritualist will agree with this statement.

It has been said that the more intelligence you get into phenomena the less phenomena there will be. This means that the more spiritual we grow the less we shall care for the phenomena and the less will the beloved spirit friends care to manifest through them, not that such communication is prohibitory, but rather limited and limiting and only by and through the purified intelligence can spirits realize the sweetest and the best in their communion.

HOW?

For thirty years he worked to gain
A place above the common throng;
With aching limbs and weary brain
He plodded patiently along.
And step by step he rose, and when,
At last his name was widely known
And honor by his fellow men
For what he had achieved was shown,
He had a chance to steal, one day
When no one watched him, as he thot;
'Twas little, but he turned away.
Half crouching, guilty—and was caught!
How shall we know that men are great,
Tho they assume superior airs
And loom above the crowds, if fate
Has never led them to the snares?
S. D. Kiser.

Nature's Vibration.

Vibration accompanies every human thot, impulse or deed. The first may be expressed in language that deceives the mind, but if the hearer's heart is not beclouded or blunted by a like desire or habit to deceive, it senses the "true inwardness" of the thot and puts itself on guard accordingly. Impulse, coming mostly from the heart goes thence and arouses like feelings and exemplifies its motives in these feelings—whether good or bad. Deeds speak for themselves on the surface, tho a knock at the door in the dark must be judged by the sensations engendered, and, are, to some full of meaning and by some readily interpreted.

Thot and act are one in nature, and her vibration is cognized as inspiration or love. Those who live nearest to her are her best interpreters.

ARTHUR F. MILTON.

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But as sensualism or carnality (the antithesis of love) makes the will impotent—weakens his moral nature and subjects him to the wishes or rule of others.

But as the majority belongs to the latter class, perhaps matter is but a condition, created for the punishment of fallen souls, and moral life but a self-reflection of that which is believed to be the hell of the future.

If correct, then we are the "spirits in prison," and our immortal parole may depend on mental and moral perfection attained here—whether we shall be free or not—continue to dwell in light or darkness; to rule or be ruled—remain in heaven or return to hell.

ARTHUR F. MILTON.

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