



Volume 12.

Published by
The Sunflower Publishing Company.

LILY DALE, N. Y., FEBRUARY 20, 1904.

Issued Every Saturday at
One Dollar a Year.

Number 151

WHAT IS THE GOOD OF SPIRITUALISM?

In order to find the good in Spiritualism, one must be acquainted with the subject of Spiritualism. What is Spiritualism? What is Spirituality? For the two are so blended together that it is utterly impossible to separate them without detriment to both. Spiritualism according to some writers is a thing to be entirely repudiated. Something uncanny. Something that had its origin in the brains of silly and deluded people. I say some writers, those especially who are so creed-bound that they can't look beyond their own "Vine and fig-tree," who think that their views are the only ones in existence. But to those who know (experimentally) that Spiritualism is the one thing needful and essential in this 20th century of free-thought and investigation. Some people are not aware that we are living in a progressive age, that the views held in the 18th century are totally unfit for this the 20th century of progressive thought.

Spiritualism; that mighty factor in this 20th century needs no apology at my hands. It can stand its ground. It has stood it for untold centuries and will stand in all its glory when we, its exponents and defenders, shall have long since parted with this robe of flesh and passed to the great beyond.

Ask the great scientist what he thinks of Spiritualism. If he were in the flesh he would tell you. Ask many who were noted in their day as men of letters, as men of science what they thought of Spiritualism. They would tell you in no unmeasured terms what they thought of it. Men of learning, men who were not disposed to accept anything on hearsay, but were accustomed to weigh everything in the scales of common sense and justice and when men of that type were disposed to come out in favor of Spiritualism, it is time for the empty-headed blattants of this 20th century to keep quiet until they have examined critically the claims of modern Spiritualism. When the geologist, the physician, the lawyer, the metaphysician all pay homage to the truth of Spiritualism it behooves the "know-alls" to hide their heads in the lap of ignorance and prejudice.

Ask the broken-hearted mother as she stands beside the coffin of one whom she is about to consign to the tomb—what she thinks of Spiritualism and she will tell you that it is her only solace in time of affliction, she knows that death, so-called, does not end all. She knows that her darling child is safe home, that the grave has no terrors for her. She knows that she can signal the one who has gone beyond "That only a thin veil intervenes" and that she can, under proper conditions, communicate with that loved one. That to her is a fact, and one fact is worth more than ten thousand theories. That enables her to bear her loss bravely. To her Spiritualism is the guiding star that will lead her on to her darling whose earthly body she consigned to the tomb.

But some will say what good is Spiritualism. Ah! It is the "Balm of Gilead" to the mourner. It is the hope born within him, and enables him to meet life's battles bravely—to face a frowning world—to know that "if a man die he shall live again." We as Spiritualists know that Spiritualism is all good. It is good in the time of trouble. It teaches us that the mortal life is short, that we are conscientious,

that sooner or later we shall be ushered into that life beyond—that summerland of hope that haven of rest, where the wicked cease from troubling and the weary be at rest.

What is the good of Spiritualism? What is the good of any thing that has a Spiritual tendency.

It is good for the soul. It enables us to fight life's battles manfully. It is the acme of goodness. I would that Spiritualism were engraven on the tablets of our hearts, that it would be so thoroughly incorporated into our very being that we would know nothing but Spiritualism or Spirituality, then we would be better citizens, better fathers and better friends' animosity and uncharity would be strangers in our midst. We would recognize "the world as our country and to do good our religion." Spiritualism makes men and women of us in the true sense of the word. From our hearts we would tear all that has a degrading tendency. Our light would shine to all the world. People would see that there is some good in Spiritualism and would begin to investigate the claims of that which is so unpopular, and why, because many, very many prostitute it, drag its folds in the dust of sensuality. Use it to further their own interest. They are after the "loves and fishes." What care they for the teachings of Spiritualism. It is the almighty dollar that they are after. Moral character is of secondary consideration. Thus it is that the philosophy of Spiritualism is made a by-word, because of those who claim to be Spiritualists and are not. Ask the generality of so-called mediums, what is the good of Spiritualism and they will answer "What I can make out of it." "How many dollars it will cause to flow into my pocket." "How many 'tests' I can give." The good of Spiritualism!—they know not the meaning of the word, moral character has no standing in their vocabulary.

If you transpose the questions and ask them how many dollars are in Spiritualism they can give you a ready answer.

O! hasten the day when Spiritualism shall have gotten rid of such. Ah! my friends the day is not far distant when at last Spiritualism shall have gotten rid of the barnacles that impede her progress and out on the sea of freethought the old ship of Spiritualism will move, grandly along. Then and not until then will we realize the full import of the words. "What is the good of Spiritualism." A few moments ago I spoke of the effects of moral character. Are you not aware of the fact that unless we cultivate the good that is within us we will retrograde! There is no standstill. We either advance or go backward. Now Spiritualism or the good of Spiritualism has a reformatory character attached. When we begin to advance we begin to improve in moral character—That is, we cease to do those things which are unspiritual in character and do those things which bring us in close rapport with the spiritual world, which as you know is all around us.

In order to find out the good in Spiritualism, suppose we begin with ourselves as individuals. Never mind what somebody else is. Never mind what other people do. That is no concern of ours. With us the question should be, what are we doing? What good is Spiritualism to us? Is it making us better Spiritually? Are we better men and women to day than we were yesterday? Has the heaven of Spiritualism been incorporated into our Spiritual nature that we can truthfully say, "Yes I am better, Spirit-

ualism is good to me it makes me a better man and a better woman. It is good to me. I recognize the claims of my fellow man. It has rid me of selfishness. My heart goes out in sympathy for all men and all conditions of life. "Then you are progressing; then Spiritualism is of some good to you; then you may say, "I glory in Spiritualism. It is my beacon light of hope it has made me what I am" and when anyone asks you what is the good of Spiritualism you will be ready with your answer.

I tell you my friend we need a thorough overhauling. Let us be less censorious. Let us first begin at home. Let us first clean before our own door then we will readily see the good in Spiritualism, not in somebody else but in us as individuals. Thus we shall have begun a movement that has a moral tendency attached.

Again our orthodox friends will say, what is the good of Spiritualism any how? Along educational and progressive lines it leads the way. It makes a man think for himself. It makes him use his reasoning power. Instead of others doing his thinking for him, he does it himself. He has happily drifted away from his early erroneous teachings and is now launched on the wide sea of investigation. It expands his intellect, makes him a free man indeed. He knows the good in Spiritualism, because it has freed him from the errors of orthodoxy; makes him his own judge, makes him to stand before the tribunal of his own conscience—for the deeds done in the body. He is put on his honor as it were and has no desire to make the lowly Nazarene the scape-goat for sins.

Some of our Spiritualist friends and lecturers are wont to call sins "Undeveloped Good" or "arrested development." I call it plain matter of fact. Sin is sin I care not how much you sugar-coat it. When we do wrong, we know it and if we deliberately sin—we sin and that is all of it and for all deeds done in the body there is a penalty attached. "Be not deceived, that which you sow, that also shall ye reap." So remember that sin is sin and not undeveloped good. So Spiritualism has a tendency to put a man on the right path that leads to peace and happiness. That is the good of Spiritualism. That is the acme of our hopes.

By and by you and I shall have gotten rid of the body. We shall have been denizens of the Spiritual plane. Then our past life will come before us, undeveloped good altogether, but all of our life our selfishness with our generosity. Our bad with our good and as we have lived here so shall we live in the Great Beyond. So let us develop the good that is within us that when we are ready to depart we then can see the good in Spiritualism. We can see that it has been good to us, because we have followed out its teachings. We have lived Spiritualism pure and simple. We lived honest and upright lives and Spiritualism has been our religion—our mainstay in the time of trouble. So it has been all good.

What it has been to others will concern us not in the least.

For a while let us go back to 1848, and the home of the Fox Sisters and the tiny raps which were destined to shake the world to its very foundation. See what mighty results from so small a cause. What was the good of these raps? What good have they done? Why they have set the world thinking. Men of science, men of brains, men of free thought, men who were born

RADIUM vs. SPIRITUALISM

BY HUDSON TUTTLE.

Several inquiries accompanied with the following clipping have been received, with a desire for information as to its truth:

"Radium is puzzling and disturbing the Spiritualists. They are issuing serious warnings against meddling in any way with this marvel of nature. Prof. Ramsay the high priest of radium, told a Morning Leader representative yesterday that almost every day his post-bag contains letters on the subject—letters of the most amazing kind—hinting that radium is an active agent of the supernatural. 'It is perfectly amazing how many lunatics there are at large in the world,' said the professor, with a smile. 'Whenever any new discovery crops up these absurd people come out with their theories and their prophecies. There seems to be no end to them. The radium craze has brought out Spiritualists more than anybody. Day after day I receive letters from these people warning me—most solemnly warning me—to leave radium absolutely alone, and assuring me that such a potent force of nature must not be tampered with. There is no doubt that many Spiritualists and occultists believe that radium is one of the mysterious components of the other world, and that they are genuinely anxious about how ordinary mortals are going to deal with it. They are biding their time for psychic revelations concerning it.'

There is little doubt but Prof. Ramsay gave his opinions to reporters after this bombastic style, yet it is almost unbelievable that a man claiming to be a scientist, in fact, a man claiming ordinary intelligence and sanity, could thus expose his utter disregard of truth in airing his vanity. Cranks and visionaries may have written him, but we challenge him to give the name of a single Spiritualist who has thus approached him.

Spiritualists may be interested in radium, as they are in all new discoveries, but why is it any more to them than the X-ray or the manufacture of aluminum? The Spiritual press which quickly responds to the thoughts of its readers, has scarcely had a paragraph in reference to the subject. Once Prof. Ramsay has been quoted and a few mentions been made, but it has never been suggested that Spiritualism had anything to expect from radium more than from lead.

Prof. Ramsay could not have received letters from a well known Spiritualist "warning him" for such Spiritualists know about the substance. They are sane people and think for themselves.

For some purpose, not discernable on the surface, there has been an effort to exploit the discovery, and throw a marvelousness and mystery over it, which has no cause for being. A thousand things are said of it which are not true—which in the nature of things cannot be true. It at first was said that it overturned all theories hitherto entertained of the constitution of matter. It was the exception, and proved the possibility of a perpetual motion. It exerted force, an awful, horrible force without the least loss. It blazed with the glory of the sun, and diminished not. It would melt its weight of ice, and then melt its weight again, and not lose a fraction of a degree of its own temperature.

Prof. Ramsay "discovered" that he could convert radium into helium, and as he failed to catch the helium, concluded he had resolved it back

into force or nothing! The high atomic weight of radium shows that it is a compound, according to this scientist, and gold being yet higher is more complex and ought to be converted to silver by being let down. Then comes the problem of bringing base metals up to the gold standard, and a revival of the old charlatan business of converting the cheaper metals into gold.

Spiritualists have not "gone daffy" over this matter, but the Scientists surely have. The scientific doctors have preparations of "radium water," and are employing it to cure many diseases. They seized the X-ray in the same manner. There is no miraculous curative proven in either, except they are new and catchy. There is bottled electricity advertised as a wonderful cure-all; altho it is well-known that electricity cannot be condensed or confined in such manner! We don't know if the ignorance and credulity on all hands is more to be pitied than the arrogance and pretensions to be condemned on the other.

When radium is relieved from the sensational reports, and the facts arrived at, it will be quite another substance from the thing Prof. Ramsay exploits. It will not be found an exceptional element, more than the X-rays are an exceptional form of light.

What confidence can be placed in Prof. Ramsay's "scientific" claims, when his vanity tickled by a pen-line reporter leads him so far away from the truth? Why should an occultist or Spiritualist regard "radium as one of the mysterious components of the other world"? Is not radium as material as iron, and does not Spiritualism teach that spirit forms and spirit spheres are so attenuated that although matter, this matter receives the distinctive name of substance?

Not a Spiritualist in the world expects "psychic revelations" from radium any more than from pig iron. As for the danger of "tampering" with it, until something more than an ounce of it gets collected, and some source found that will yield more than a few grains to tons of rubbish, the danger is not imminent.

By the way this furnishes a good illustration of the present knowledge of radium, and Prof. Ramsay's knowledge of Spiritualism; a few grains to tons of misrepresentation and ignorance.

The Crystal-Reader and The Detectives.

Interviewed by a press representative, 'Alma,' a distinguished 'Society' crystal reader, who usually gets £20 a night, tho "I am always considered a guest and the cheque is sent to my secretary," recently told the following story:—

"The other day two men came in. They were detectives. 'Gentlemen,' I said, 'I cannot read your hands.'"

"But I thought you were a palmist!"

"I am." I bowed politely.

"And you cannot read our hands?"

"I cannot. Good-day."

"At the door they turned with remonstrance. I said: "When you come to have your hand read that is a different matter; I am not here to give information to detectives."

"How did you know we were detectives?" was the inquiry.

"How did I know? That is my profession; again good day." They went out that time.

How often has this event been anticipated by mediums. We could give many authentic cases of precisely similar clear vision. 'Alma' is evidently a clairvoyant.



LILY DALE NOTES.

To Maggie with Congratulations. So, Maggie, this is Leap-year. And you have heard the call.— We expected it, but never fear, Altho you've lost your Gaule; We wish you joy and happiness, And hope 'tis for the best, But trust you'll come to Lily Dale And give us all a "test."

The fishing season at Lily Dale is not productive of very good results so far. The water is roily and the fish cannot be seen. A few small ones are taken out but up to the present they do not amount to much.

Mrs. Rannie started for Vancouver, B. C., Saturday morning where she will join her husband. Her mother, Mrs. Robertson, went as far Buffalo with her.

Mrs. Ada Davis went to Buffalo last Monday, January 8, to have an operation performed. Word received from the hospital says she stood the operation well and she expects to be able to write to her friends soon. Her daughter, Florence, who has been here for several weeks taking care of her mother, has been stopping at the home of Mr. and Mrs. H. Smith since her mother went to Buffalo. She is now going to Moons to remain with another daughter until Mrs. Davis is able to come home, which she thinks will be in a week or two.

Mrs. Lottie Gens is still confined to her bed with practically no change in her condition.

Dr. Lafayette Todd spent a day with his parents last week.

Miss Lila Allen, of Fredonia, came up Friday evening to attend the masquerade ball at Cassadaga. Several went from here and report having a good time.

Mrs. Julius Payne has been quite sick. She was confined to the bed and had to have the Doctor. She is up and around the house again and on the rapid road to recovery.

The sun shone all of one day last week and part of two more. This makes us feel quite encouraged in spite of the fact that the thermometer went to zero five nights.

A pretty wedding was solemnized yesterday afternoon at 3 o'clock at the home of Mrs. Anna M. Carter, 51 Fairmont Avenue, when her daughter Miss Georgiana Carter was married to Samuel Lundquist, of this city. Rev. H. E. V. Porter, of the Jamestown Business College, performed the ceremony in the presence of the members of the two families. Immediately after the wedding a dinner was served and last evening Mr. and Mrs. Lundquist left for a wedding tour which will include, New York, Boston and other cities in the East.

Mr. Lundquist is senior member of the wholesale produce firm of Lundquist & Johnson and is a prosperous business man. His bride is a recent graduate of the Business College and both have many friends who will join in wishing them no end of wedded bliss.—Jamestown Post.

Buffalo Notes

N. H. EDDY, Correspondent. Sunday morning, February 7, Mr. George H. Brooks of Wheaton, Ill., commenced his service with the First Society of Spiritualists, at the Temple. The morning meeting opened with singing followed by reading of a poem, invocation and preliminary remarks. Then questions and subjects were handed in from the audience. The topic selected was, "Tell what advancement Spiritualism has made during the past fifty years." Mr. Brooks spoke of the phenomena and philosophy of Spiritualism and stated that it was thru the expression of the phenomena that the philosophy and truths of spirit return were established, and that for the best advancement the two should go together. He spoke of the ideals of life and said that all were in some way seeking for the higher attainments. He said that Spiritualism has a superior thought over all other ideals of attainments, because for its basic principle it demonstrates the facts of a continued life; also that it gives a knowledge of spirit return. Thought is a power and goes out

into the world and will be felt. Obstacles have to be overcome but thru the overcoming of difficulties, strength and growth is gained. Spiritualism and its philosophy is built up on the phenomena and is constantly growing, opening the eyes of mortals to the realities of life, both in this and the eternal spheres of existence.

Sunday evening, February 7th, the meeting at the Temple opened as usual with singing, followed by reading of a poem and invocation. The discourse of the evening by Mr. Brooks was on the subject from the audience, "Our Duty to Man." The subject was handled very intelligently and interestingly by Mr. Brooks. The first duty is to understand life from the soul-plane, for every man is a living soul and should have the opportunity to unfold and develop, and express the possibilities of itself. Our duty to humanity is to give sympathy, to give a kind word and a kind thought, thereby enriching our own souls, thus helping humanity to become better. The lecture was full of earnestness and quite instructive. After the singing of a hymn, Mr. Brooks gave several very fine readings which were acknowledged as correct.

Friday evening, February, 5th, the Harmony Circle Society, C. S. Hulbert, president, held their second annual ball and social, in Sterling Hall, 374 Connecticut street, near 14th. A very genial party was present and most excellent music was furnished which was much enjoyed by all. Most of the party took part in the dancing while some enjoyed themselves in a social game of cards and converse. Much amusement was created by the disposal of a "guess cake." Refreshments were furnished in the dining room adjoining the hall. The spirit of sociability was present and all seemed alert to the enjoyment of the evening, and a good time was the result.

The Wednesday evening services at the Temple was conducted by Geo. H. Brooks, who gave some very satisfactory readings. Mrs. Tillie Reynolds being present, lent a helping influence to interest those present.

Mr. Brooks has a little different method of reading psychometrically. Most mediums do it by taking articles. He simply by touching the hand, portrays the signification of the influence received therefrom. Mr. Brooks puts a good deal of earnestness into his work and impresses his audience with sincerity in his efforts to please them.

Dr. F. O. Matthews, 341 Hudson street, is kept quite busy with private readings and advice to those seeking consolation. His meetings at the Allen street Church are well kept up with a goodly attendance—both Wednesday and Sunday evenings. Aside from his regular work he is called now and then to private residences to hold circles.

Wednesday evening, Feb. 10th, the second of a series of three seances, held for the benefit of the Morris Pratt Institute fund was given at the home of John Train, 131 Forest avenue. Twenty people and two or three children were present, two-thirds of whom had never before witnessed any phenomena of this kind, which were materializations, etherialization and impersonation. The seance was quite remarkable in manifestation of spirit power; especially so, when it is understood that Mrs. Margaret J. Kliffel of 7 Cottage street, the medium, had been sick abed all day until nearly 7 p. m., when by aid of the Spiritual forces she was enabled to get up and go a distance of 1 1/2 to 2 miles and hold the seance. A committee of ladies satisfied themselves that Mrs. Kliffel had no white garments on her person; thus she entered the cabinet dressed in an entire suit of black. The cabinet was a black curtain across one corner of the room, and contained a chair, pitcher and glass of water. The medium was soon entranced after she entered the cabinet. The first two called to the cabinet were two children who sat down in front and the cabinet control wove a long gauze white veil which was thrown over the children. The forms that afterwards opened the curtains, some of whom came outside of the cabinet, were dressed in full white garments. There was quite a difference in the size of the forms and the spirits stood outside of the cabinet and threw a long veiling over the heads of the sitters, covering the two first rows, and examined by nearly all in the seance. There were several etherialized forms seen during the seance and twice the cabinet control requested that two

gentlemen pull the curtains of the cabinet apart, and there sat the medium in the chair and a form beside her. There were quite a number of spirit guides and friends of the sitters that manifested, aside from the members of the medium's band and cabinet guides.

OPENING DAY AT THE SOUTHERN CASSADAGA. Temperature 82--Muslin, Grenadines and Other Thin Gownes Were Very Much in Evidence. W. J. Colville the Speaker of the Day.

February 7th, the opening day of Cassadaga camp has been an ideal one. With the thermometer at 82 of course it was warm but no one seemed to mind it very much.

The Auditorium was very beautifully decorated, as has been the dancing pavilion, under the direction of Mrs. E. H. Thompson of Lily Dale. A profusion of flowers adorned the platform. Roses that would have been very dear in the north, were given by some who do not claim to be Spiritualists, while another purchased dozens of them, because she wanted to help make the place beautiful. Palms and ferns were freely used, while of the long, twining stems, full of yellow bell-like blossoms of the jasmine there was no stint. The flags of all countries, invited the visitors to study them, and "Old Glory" served as draperies at the rear of the platform. The hard cement floor is covered in the aisles by heavy carpeting, and had it not been for two circumstances there would have been no shadows o'er our heart, save for those who have been promoted from our numbers to the higher life.

We were all disappointed that brother Homer Altemus who has served the society faithfully for two years could not be with us on account of serious illness. Mr. Altemus has many friends here who will miss him, and who pray that he may be restored to health.

Another we missed was our sweet singer Miss Grace Hastin, the niece of Prof. W. F. Peck who is detained at home by the serious illness of her mother. We wish she could bring her mother into this balmy air; it seems as though it would bring to her a healing power that would banish disease. We send best wishes to Mrs. Grace. In her absence Miss Whitney and Miss Salinas, both of Brooklyn, assisted by Prof. Peck, gave very good music.

"The Isles of the By and Bye," sung as a solo by Mr. Peck, in which the ladies joined in the chorus, was particularly beautiful. The ladies expect to give some concerts before they return to the north.

President Bond made the opening speech of the morning, and then introduced Prof. Peck, who was followed by the writer; Vice President Hilligross followed, and W. J. Colville was the last speaker of the morning, and closed with an inspirational poem.

Mr. Colville is not a stranger here, for he was here nine years ago—the year of the great freeze. He then gave as a subject for a poem, "Our Frozen Orange Trees;" it was given again today, and he changed from the sad strains of that time to the hopeful thought of the present. Mr. Colville's subject of the afternoon was, "The Science of being and the harmony of existence." Speaking in reference to the "Psychological Crime," he said there was also "Psychological Virtue." Mr. Colville, as well as his guides, are optimistic and see good in everything. Mr. Colville will give classes every week day and at 10 a. m. for the benefit of the Association.

To let you see we are busy people, I will give you the program for the week: Monday afternoon, conference; Monday evening, card party; Tuesday afternoon, lecture by Prof. Peck. In the evening there will be a dance in the pavilion. Every Wednesday afternoon and evening is devoted to the Ladies Auxiliary. This week Wednesday Mrs. Bartholomew will be the medium for afternoon seances, and in the evening there will be an entertainment in the Auditorium. Prof. Peck and Mrs. Carrigue, Vice-President of the Ladies Auxiliary, have charge of evening entertainments. Thursday afternoon the writer will speak, and in the evening there will be a "Dixie Ginger Bread Social" at the pavilion. Friday afternoon, conference, and dance in the evening. Saturday, lecture by Prof. Peck.

There is still room in the hotel and Brigham hall for people who desire rooms upon the grounds, and plenty of good food at the dining room and at Mrs. Spencer's. Be-

cause of some unthought of changes there are still rooms in the apartment house and a few in cottages.

Thanks to those who have remembered the bazaar, Vermont, Michigan, New York, Pennsylvania and Ohio have been heard from. I was wondering if every one who reads of the Southern Cassadaga at Lake Helen, should send us ten cents, how much we would get. I know it would cost 12 cents and a little paper, but how it would help this "winter child" of the south that we want made more and more beautiful, and also desire to have placed upon a firm financial basis.

Mrs. Sarah C. Brigham of Fitchburg, Mass., is in her cottage again, she was kept at home for some time by a very violent illness.

The writer has had pictures sent from her home at Westfield, N. Y., where the snow drifts are eight feet high, completely covering the dining room windows. We hear they set the table in the kitchen now.

CARRIE E. S. TWING.

SELF-DECEPTION.

We inspire in others the same feelings, emotions, impulses, and secret intentions with the desire to enact them, that we carry within. It is Nature's mode of punishing or blessing humanity according to her

constitution, and be a man ever so artful he cannot deceive everybody, or anybody, beyond a certain limit.

His own vibrations finally betray him for "truth will prevail," and whatever he has deprived others of through jealousy or selfishness, will be held back in like proportion by someone else who has been disagreeably affected by his vibrations. Deceiving others proves the greatest self-deception in the end.

To give up all one's possessions to become happy is undoubtedly an unreasonable interpretation. To give up the selfish use of them was perhaps meant.

Common Sense Advocate Discontinued.

Notice is received from the editor of Common Sense Advocate, Eugene Del Mar of New York City, formerly of Denver, Col., that his paper will be discontinued because other fields of activity require his entire time. The Common Sense Advocate was an excellent New Thought publication and we regret that it is leaving the field.

"When squirming under the fire of truth a vital spot has been touched." "Fanaticism, like the life of a tree is not killed by hewing at its branches."

AN EXQUISITE HOLIDAY GIFT. "ASPHODEL BLOOMS." Poems of Life and Death, by Emma Rood Tuttle. Attractively Bound, Price, Postpaid \$1.50 a Year. Send for Sample. Address, HUDSON TUTTLE, PUBLISHER, Berlin Heights, O. AUSTIN PUB. CO., Toronto, Can.

"GOLDEN GILPIN" By far the richest gold bearing territory in the known world. Sixteen times richer than the African gold fields. THE LITTLE KINGDOM MINING CO. WORK IN OUR MINES NEVER CEASES. The Opportunity is a Golden One. LITTLE KINGDOM MINING COMPANY, P. O. Box 405, Denver Colorado.

W. H. BACH'S BOOKS. BIG BIBLE STORIES. BY W. H. BACH. THE 10 COMMANDMENTS ANALYZED. Mediumship and How to Mesmerize to Assist Development. Grandpa and The Boys. HISTORY OF CASSADAGA CAMP. PUBLISHED AND FOR SALE BY The Sunflower Pub. Co., Lily Dale, N. Y.

METAPHYSICAL.

Conducted by EVIE P. BACH.

DON'T WORRY.

More than one-half of the troubles of life are imaginary and are caused by that habit of worrying which some people have such a propensity to indulge. These worries are a pest to any family, any organization or community. They conjure up more evil in one day than could be consummated in a month, and the worst of it is they seem to glory in it and think they are performing good service in the world.

There's no need of but little, if any worrying, as it is productive of evil, and is the offspring of much unhappiness. Let each day bring its own comforts. If we can succeed in abolishing envy and covetousness we will have learned the great lesson of life. Fretting is another name for weakness. It takes courage to be a man or woman in a small place; but remember that the bee extracts honey from the thistle as well as from the rose.

These people who cannot see any good in anything, who are constantly predicting hard times and everything going to ruin, need to wake up and endeavor to look on the bright side. There is a vast sight more of good in the world than there is of evil, because the evil gets more publicity than good and is flaunted continually in the face and the eyes of the public in all of its revolting details, while the elements of goodness pursue their course quietly and efficaciously, scattering hope and sunshine along life's pathway ever ready to respond to the call of duty with a power which is uplifting and ennobling in its effect. —Gloucester Daily Times.

CAN BE MADE A SUCCESS.

Life can be made a success. It is not a question of climbing above poverty; it is a question of understanding life. So many of us have been lured away and fascinated by what turns out to be phantoms and false gods! We have had to wheel back and begin over again and fight along against tremendous odds, and yet with all that life can be made a success; for success consists in doing right, in doing the best you can with what you have, of years of experience, of sorrow, of chances, of joys and of hope. Fight until the end. —Gloucester Daily Times.

A LESSON IN VITAL ENERGY.

Wherever you direct your attention there you send your force. In vitalizing the body, then, the first great essential is to learn to direct and hold the attention within. As it is difficult at first to concentrate upon the body unless the thoughts is expressed in action, it is well to begin in the following manner:

Exercise 1.—Lying flat upon the back, endeavor to express strength and power throughout the body by making tense each muscle. First, make rigid the toes, then the feet, ankles, lower limbs, upper limbs, muscles of the abdomen, waist, chest and neck. Now raising the arms slowly over the head, stiffen the muscles of the upper arm, fore-arm, wrists and fingers. Stretch evenly from toe-tips to finger-tips. Then slowly relax, beginning with the fingers. Repeat not less than five times, putting a little more force into it each time.

After relaxing, yield to the inclination to breath deeply a few times then become quiet; so quiet that not a muscle moves, and note the effect upon the body.

This exercise equalizes the circulation, helps to gain control over the muscles, and trains the mind and body to obey the will.

Exercise 2.—With the muscles still relaxed keep the attention within and take the thought restfully and quietly thru the entire body, beginning at the toes as in Exercise 1, slowly move up into the feet, ankles, lower and upper limbs, holding for a moment in the abdominal organs (keeping always a picture of perfect health,) then in the stomach, solar plexus, lungs and throat. Now take the thought over the head, holding a moment at nerve center at back of head, then move slowly down the spine, back of limbs down

again to toes. Repeat until every nerve is relaxed and quiet.

This exercise, if practiced faithfully each day, will give you the mental control which will enable you to turn your attention promptly from the useless things that waste your energy and center it upon that only which you wish realized in your life.

While the mind is in this quiet condition ask yourself whether or not you are in the habit of breathing deeply. If not, begin right now and practice diligently.

Exercise 3.—Place the hands on the sides just above the waist; expel all of the air from the lungs, allowing the sides to collapse. Now inhale deeply, pushing out firmly against the hands. Watch the breath carefully, keeping it steady and regular. This form of breathing (usually neglected) is of the utmost importance in increasing vitality and should become habitual.

These few introductory exercises in the "Vital Energy System of Health Culture," if practiced carefully and with a quiet, steady determination to take control of your own instrument, will be helpful in bringing you into a fuller realization of your own power to express "A Healthy Mind Thru a Healthy Body."—Mae Marie Wilson, 809 Carnegie Hall, New York.

KEEP PEACE WITH THE WORLD.

A great while ago we heard a farmer say that when you have bees you must be careful not to get to fighting with the bees. If a bee stings you, pay no attention. If a bee crawls over your nose, let him alone. For if you pick up a fuss with one bee you will soon have the whole swarm at you, then you are sure to get the worst of it.

We remembered this advice as applying to bees. But it took a good many years to learn that this advice applies to the treatment of people. In dealing with the world we should be careful not to get to fighting with any one, or have misunderstandings with any one, or get into any personal contention with any one. Just as surely as we do we will find that the one will become two, then four, then eight, then sixteen, and so on until the whole world is opposed to us.

The only way to keep at peace with the world is to keep at peace with every one in the world. If a person offers you an insult or a slight do not notice it. If you resent it, two or three will come to the assistance of the first one and so the plot will thicken, and trouble widen until you find yourself involved in a multitude of details, out of which it will be very difficult to find your way. If differences arise ignore them entirely or get them adjusted amicably.

No one can afford to get into a contention with the whole world, or any part of it. It spoils a day to have a squabble. It destroys a week to have a misunderstanding, and sometimes a whole month goes for naught because of a foolish feud.

The old farmer was right. When you attempt to have bees, ignore the conduct of a single bee for the sake of the swarm. When dealing with men the same advice applies. Humanity is too great, and good, and interesting, to be disfigured or defamed by any special human being. —Medical Talk For The Home.

CONVERSION.

We may feel sorry for him whose flesh is sensitized to a low vibration and whether due to pre-natal conditions or indiscretion. There are many such who have moral aspiration, but hampered by unfavorable physical conditions. But there are also many who have risen out of it by resisting its temptations and thereby purifying the flesh in conformity with the desire, wish and will of the soul.

What one can do all can. Faith (yielding self-sufficiency to the adjustment of reason) and retrospection (studying the motive of every thought generated) are the principles for conversion.

Liberty of doing evil gave doing good a grace. —Browning.

COMMENT.

While reading the January number of the Spiritual Reformer and Humanitarian, I came across this paragraph under the heading: "Spiritual Paragraphs:"

"When the human mind becomes divested of the superstition that evil discarnate spirits walk the earth seeking some mortal organism thro which to express and enjoy their evil nature, a great barrier will be removed to the moral and spiritual progress of humanity, and an impenetrable wall will be erected against all such fancied intrusions."

If good spirits walk the earth seeking to lift humanity to a higher plane, why may not bad spirits be here trying to deprave? Spirits or souls cannot change their nature in the twinkling of an eye. The evil spirit recently having lost his mortal body must linger for a time in connection with his associations.

If there is no hell, (and of course the writer of the paragraph referred to must be a Spiritualist and thus a disbeliever in a hell,) where do evil spirits go to? Gods laws are eternal. If good spirits walk the earth, bad ones must do the same. Surely there have been enough cases of evil obsession reported to convince any person of open mind.

"C. W. Leadbeater, the London Theosophist, after a visit to the Chicago stock yards, declared that, instead of smoke darkening the city, it is the ghost life of the millions of animals slaughtered every year in the abattoirs."—Boston Globe.

I hardly think the atmosphere could be visibly darkened in the manner mentioned above, but any one who has ever visited the abattoirs or read a full account of them, will agree that there might exist a depressing condition of the atmosphere, caused by the astral forms of the murdered animals, which might be sensed by a clairvoyant or psychometrically gifted person. It is truly horrible, this wholesale destruction of animals. And still we say: "The Heathen Chinese." The Chinese are largely eaters of rice and occasionally some meat, but no such scenes take place in China as occur every day at the Chicago abattoirs.

"A young woman near St. Quentin France, suddenly awoke after a continuous sleep of 20 years, dying next day."—Chicago Tribune.

If this person had been a male he would have been heralded as a modern Rip Van Winkle. Such cases as the above are rare, but we learn of one occasionally. The Spiritualist reader will doubtless recall the case of Mollie Fancher, the Brooklyn enigma. I have personally seen a case in which the person slept some weeks, waking up every three or four days and partaking of light nourishment, and then going to sleep again. The periods of continuous sleep lasted sometimes but three or four days, sometimes she would sleep longer without waking. She finally recovered under medical treatment. Such cases will often receive great help from the judicious use of hypnotism.

LIFE.

(A. T. Schumann in Literary World.)
A little longer and the toil is done,
A little farther on the road to go,
A little stress of shifting, drifting snow
A little journey thro shade and sun,
A little rest where quiet waters run,
A little parleying with friend and foe,
A little oasis where blossoms grow,
A little darkness ere the light is won.
A little sin that leaves a little stain,
A little sorrow and a little joy,
A little mending of a broken toy,
A little pleasure and a little pain,
A little thot of when I was a boy,
A little fear that I have lived in vain.

The individual is prone to become selfish if not watchful of his conduct toward others. He is often quick to see the faults of others, while blind to his own imperfections.

"The study of mankind is man." It is only by close contact with all grades of life that the moral philosopher or reformer becomes competent to make a correct judgment or render a correct opinion regarding character.

The tongue is often easily inclined to slander and vulgarity. We should all guard against corrupting speech in the interest of others as well as ourselves.

The sight can be educated and exercised just as truly as the hearing, the sense of touch, or even the leg and arm muscles can; and the work, which can be easily converted into play should be begun very early in life.—Youths Companion.

LEWIS R. HILLIER.

A GLORIOUS FACT.

Do I believe that I will never again behold the dear little ones beside whose dying beds I stood with tearful eyes and aching heart; that I will nevermore see those who when I tenderly and reluctantly laid their bodies deep down in the earth, I felt as if I could not live without? The Church taught me that they were gifts from God, and that only He could take them away. But when they were departing I doubted that greatly. I could not see how God, if He gave them to brighten my home and fill my heart with joy, could take them from me so soon, causing sorrow to take the place of joy, and make my home so cheerless that, when they were gone, I had sometimes to leave it. 'Why should they be taken from me?' I asked myself. 'To teach me humility, and to make me worship Him more than I did?' The Church said so, but I could not believe that either. I was as humble as anyone else, and God I felt sure, did not want me to worship Him more than time and circumstances permitted.

And where have my loved ones gone? Are they far beyond the sky and, as angels, fluttering round the throne of God, singing His praises where the Church says they are and what they are doing? That God is a person and has anyone singing His praises continually it is preposterous to think. How could anyone with loved ones on earth mourning his or her absence, and conscious of the fact, sing at all? No, I don't believe that my children are where the Church says they are, nor that they are both rejoicing and sorrowing—rejoicing at being with God, and sorrowing over their absence from me. The thing is too absurd to believe. All others may believe the Church if they like, but I cannot. Spiritualism, tho not altogether what it represents itself to be (it may be all that it says it is for aught I know), has proved to me that the Church is wrong. Spiritualism has given me glimpses of realms which the Church never spoke of, and about which it probably knows nothing. It has proved to me that there is no death; that what is called death is merely a change from one state to another; that heaven is not far away; that it and the earth plane are in touch with one another, and that my beloved ones are often, if not always with me. How consoling it is even to think that

Though one's in heaven and one's on earth,
They are together still!

Were it not for Spiritualism this world would be an exceedingly dreary place to me. But bright as Spiritualism has made it, it will be brighter yet. I am confident that it will. It is far brighter to others, and Spiritualism itself declares emphatically that those who investigate it properly will not be disappointed. I am investigating it as well as I can, and since the investigations of others resulted in complete gratification, mine is bound to do the same. It may take years to do so, but I will not weary. Inspiring thoughts, bright hopes, and peeps into the spirit world will, I am sure, be given me occasionally by the unseen friends whom I have felt with me ever since I became associated with Spiritualism.

Were I about to undergo the change called death just now, my only fear would be that my wife and little boys and girls would not fare as well without me physically as with me, and my only sorrow would be on account of my uncertainty as to whether I could be able to help them materially, if such help they ever needed. That death would not remove me from them I am as sure as I am that I am with them at present; and they, I am just as sure, would soon realize the continuity of my life and presence.

Yes, I will behold my so-called dead darlings again; if not while I am in flesh, I will as soon as I leave it. What a glorious fact, considering which alone it is no wonder that I revere Spiritualism.—J. Robertson in The Two Worlds.

From all life's grapes I press sweet wine.—Henry Herbert Brown.

"Toil becomes a pastime where contentment abides. Love lightens labor."

Soul inherits all that soul can dare. —Emerson.

In The World Celestial.

BY T. A. BLAND, M. D.

Is a wonderful book, being a record of the actual experiences of a well-known literary man, who, while in a hypnotic trance, spent ten days in the realms where dwell the so-called dead, and with his dead sweetheart as his guide, made a tour of the heavens and hells.

In Best Cloth Bindings With Gold Title, Price \$1.00.

SEND ME NO MONEY. But a statement from the publisher of "The Sunflower" that you have deposited with them the sum of \$5, to be forwarded to me when the author is removed, or returned to you if it is not, and I will send you, postpaid, my formula, which is palatable and has NEVER failed. Edw. E. GORR, Lawrence, Kan.

DEATH Its Meaning and Result.

DO YOU, as a Spiritualist, Free Thinker, or seker after light and truth, desire to know why there is not a reliable and proficient telegraphic line of communication existing between earth and the spirit world? Do you wish to know who are blocking the way of this possibility and for what purpose? Do you wish to know under whose censorship all mediums are, which service so limits their possibilities? Who it is that blocks the way of the grandest discovery of any age, becoming common knowledge, to gratify a jealous propensity and serve a selfish desire? If so, then read the greatest book of modern times.

"Death: The Meaning and Result," by JOHN K. WILSON, a member of the Pennsylvania Bar. 560 Pages, Illustrated. Cloth, \$1.25, Postpaid.

If coming to Buffalo, stop at No. 174 North Pearl St., and enjoy a

DRY HOT AIR BATH

besides good board and a good bed. Bath \$1.00, 12 for \$10.00. Board and room \$1.00 a day. 148-121.

DR. C. HAGAN, Prop.

I HAVE HAD SIXTEEN YEARS' EXPERIENCE IN TAKING SPIRIT PHOTOGRAPHS BY MAIL,

during which time I have secured some remarkable results for my many patrons. If you are interested in the subject send for my circular.

FRANK N. FOSTER,
GRAND RAPIDS, MICH.
81 S. Diamond Street. 131-132



"A Perfect Chapter," says Mrs. Rorer. Write for book book by Rollman and Food Chapter No. 11. At your dealer's, 50c. By mail for express fee. Your MONEY BACK if not satisfactory. ROLLMAN PFG. CO., 140 Penn Ave., Room 207, Pa.

THE SPEAKING DIAL.

A WONDERFUL SPIRITUAL INVENTION. Gives names, dates and circumstances. Speaks in various languages; answers mental questions, convincing the most skeptical. Has come to prove immortality and spirit communion. Develops all phases of magnetism. Magnetized by a powerful spirit, based on the late Hon. Ignatius Donnelly, former governor of Minnesota. Philadelphia, Pa., March 8, 1898.

P. J. Dempsey, Dear Sir:—I brought my copy of your Speaking Dial with me here and it has made a great sensation. I would like to get a few copies for presentation to my friends. Please send four Dials to the names below. Very respectfully yours, DONATIUS DONNELLY. Dials now \$1.50. Beware of imitations. Send for circular and testimonials. P. J. DEMPSEY, Inventor, 2817 Columbus Ave., Minneapolis, Minn.

Wisdom of the Ages.

This great work by Dr. George A. Fuller is inspiring, interesting and instructive. Filled with profound philosophy, fascinating mysticisms, transcendental spiritualism, lofty occultism and supreme idealism. A partial list of subjects with which it deals are as follows: Angels, Archangels and Spirits; Character, the Flower of the Soul; Causation; Death; Divine Unity; Freedom and Self-Government; Healing; Influence of Mental States; Karma; Law; Language of Spirit; Matter a State of the Substantial; Moral Code of the New Religion; Nature of Religion; Observation; Omnipotence, Omnipresence, Pre-existence; Reason; Sublimation; Spirit the Source of all Power; What is Right? Many other interesting topics are ably treated. Cloth, 12mo, 216 pp. \$1.00.

Scientific Basis of Spiritualism. By Eben Sargent, author of "Phantasies, or the Despair of Science." "The proof Positive of Immortality," etc. This is a large (12mo) of 472 pages, with an appendix of 25 pages, and the whole containing a great amount of matter, of which the table of contents, condensed as it is, gives no idea. The author takes the ground that since natural science is concerned with the knowledge of real phenomena, appealing to our sense-perceptions, and which are not only historically imparted, but are directly presented in the irrefragable form of daily demonstration to any faithful investigator, therefore Spiritualism is a natural science, and all opposition to it, under the ignorant pretense that it is outside of nature, is unscientific and unphilosophical. All this is clearly shown. Cloth, 12mo, pp. 366, reduced from \$1.50 to 75c. Postage 10c.

A REMARKABLE SEANCE

MRS. M. WHITE.

I want to tell you, of a medium, one of our Indiana mediums. I often wonder at his not visiting Lily Dale—Mr. W. C. Jessup, of Chesterfield, Ind. A family residing in our town had heard of him and sent him a letter urging him to come to Kouts. He came, I heard, he had given two seances and that was all I did hear until I met the roadmaster. He told me he had a private seance with Mr. Jessup and had held a long conversation with his father who had been in spirit life 30 years. Mr. Caswell urged me to call on Mr. Jessup and have a sitting with him. I did so. Remember, Mr. Jessup was a stranger to everyone in our locality.

His seance room was a bedroom with one window. The room was only large enough for a bed and two chairs. The room was made perfectly dark, daylight being excluded. Mr. Jessup carried a lighted lamp, and when we reached the little room he placed the lamp on the floor beside him and asked me if I would feel timid if he extinguished the light. I replied in the negative. Our chairs were close to the bed and on this lay two tin trumpets—one, two feet long, the other a full yard.

Immediately after he extinguished the light a voice said: "Is this Martha White?" I said yes. "Is this Martha Wood-White?" Yes. "Then you are my sister." (Mr. Jessup held both of my hands in his.) I asked, "Who are you?" The answer came: "I am your brother, Benjamin Wood, and oh, hasn't it been a long time since I left you, Mattie? You know I used to call you Mattie." I said, "There was another name by which you called me. 'Oh, yes—Sis.'" Then he spoke of our home life in Delaware county, N. Y. He left earth life when he was but 15 years of age—two years my senior.

This seance occurred three years ago last September and now the frosts of 80 years are on my locks. His voice was as loud as when in earth life. He told me that all my nearest loved ones in spirit life were coming to talk with me, and they did, each one announcing their name when they came.

One, in our family was getting up a Family Tree of the Woods' and was troubled over the given name of our great grandfather Wood. I thought, now I will try to find grandfather's name when I have a sitting with Mr. Jessup; so I asked Brother Benjamin what our ancestor's name was. He said: "Cornelius; he is coming to see you. You know you wanted to see him; and now before I leave you I will caress you so you will know it is my hands." And I felt his hands and even his fingers distinctly; and when he left he kissed me good bye.

Another brother came, announced his name and talked with me for over an hour by the clock. He told me of Spirit Land, but more of the untruths taught from pulpits and rostrums. He told me that there was not one word of truth in any of the Bible stories, and all there was for us to do was to be kind to all and aid and assist such as needed help all we could—simply live to do good to all.

This brother had been gone from us at this time, about seven years. When living here he was a devoted member of the Methodist Church. Four different members of the family as they came gave the same name for our great grandfather. He came and said: "Well, my girl, they tell me you want to see your old grandfather." "And so I do." I replied, "Will you please give me your given name?" "My name is Cornelius. I always went by the name of Corneel, tho, and, my girl, you will soon see me yourself."

I since asked my nephew if they had found that name in the family and he informs me they have. Three sisters came, each one telling who they were and each calling my name or pet name "Sis," this being the one mostly used. The voices of all who have passed on within a few years past were perfectly natural.

These dear ones talked to me thru the smallest trumpet for two hours and forty-five minutes by the clock. I wish every person could have been listeners to their conversation. They told me they listened to our conversation when they visited us and even repeated what they had heard me say. During the sitting the blind to the one window in the room was thrown open and light admitted. I

saw the small trumpet a little above my head and in front of me, the small end distant. It moved slowly over to the bed and fell there. Mr. Jessup was indignant. He thought some person had opened the blind. His wife and a lady of the household said no living person had been there. They both saw the blind open. Mr. Jessup said some of my friends did it. I suppose to let me see where they held the trumpet.

If I told all they said to me at that time it would fill a good sized book. I have seen materialized people, talked with them, even cut a lock of hair from the head of a lady, also a piece from her veil which she unveiled and assisted me in cutting.

I consider Mr. W. C. Jessup one of the very best trumpet mediums living. I think he could be induced to visit Lily Dale another season.

That visit with the loved ones, has robbed what we were taught to call Death, of everything unpleasant connected with it, and to look upon the change as a happy reunion.

35 E. Erie st., Valparaiso, Ind.

Lyceum Work and Home Influence.

MRS. MAY A. PRICE.
I see in your paper of January 9th, a little article copied from the Progressive Lyceum, with my name signed to it, and seeing it there, gives me courage to ask to speak further thru your paper.

Progression is the motto of every seeker after truth. Higher light is what is demanded of mediumistic conditions and medium-teachers. The world is looking to us for aid to understand the laws by which they can reach up out of past darkness, and unfold to themselves the proof of immortal life. If they, by our teaching, are led to lay aside the old belief and find nothing better, are we shedding the light Christ tried to, into the homes?

He taught, that Moses and Elias were already come. That "Blessed were the meek, for they should inherit the earth," not a mansion in the sky. He also taught "Blessed are they that do hunger and thirst after righteousness," and that "Blessed are they that are pure in heart for they shall see God." Jesus the great medium-teacher should be an example to us, in this, our God-given responsibility. Mediumship is God-given, a gift thru the laws of nature. These laws every medium should study, to make the fullest powers theirs, should know why, and how they are mediums, should be able to explain the laws of life, of nature, in its complex conditions, and reach into the home life of every man and woman, or child their life touches with an influence, and give an upward growth of righteousness of living, right understanding of God's laws, physically, and mentally, morally and spiritually, and a conformity of life with these laws.

Many seek only the phenomena, but we should give, not only the phenomena of spirit, as representing the departed mortal, and explain its laws of demonstration, and the conditions for the best results, but we are here to teach all phenomena of spirit demonstrated in physical conditions of life and growth and its best development. We seek God, let us find him in the highest expression of ourselves.

Let us with pure hearts, pure thoughts, see God's wonderful revelations of Himself in all creative oracles, and devote a little of our time, to study with others the best way to teach home influence, in a way to bring the highest and best results in the lives of each member of the universe.

The children growing up in the homes need to be taught by the precept and example the true relations of life, to bring harmony, health, happiness, to the mortal condition and peace and joy to the life hereafter. We can not hope to see Spiritualism popular, to see our Lyceums filled till we can bring its beneficent influence into home life.

I am holding once each month a mothers' meeting in my home. We study Nature, its laws, and spiritualize all that we recognize as power of unfoldment in the physical, and mental, as well as the psychic powers of child, or mortal life in any way. I give tests and messages from spirit life, to prove the truth of that line of phenomena, and we study to learn higher truths from spirit intelligences, and lift our lives to a higher plane of spirit life while we are still in the body.

The mothers must be reached with a knowledge of purity and good for the child, before they will make the needed effort to bring or send

them to the Lyceum. We must reach the heart's need, and give something of value, to satisfy the soul craving, bring blessings as a Society into separate lives as well as family circles. Bring the highest moral philosophy of cause and effort.

Can we not afford to give a little of our time, free to build up a better condition for the societies, for the Lyceum, for the good in the home influence, for the better instruction of the children of today, the future men and women of the nation, and the unfoldment of the best to be transmitted to the children of coming generations? If any one will enclose a stamp I will gladly write a helpful letter along this line of work.

61 D St., N. E., Washington, D. C.

WASHINGTON CROSSING THE DELAWARE.

Dark and gloomy was the hour,
And freedom's fires burn'd low;
For twenty days had Washington
Retreated from the foe.
And his weary soldiers' feet were bare
As he fled across the Delaware.

Hearts were fainting thro' the land,
And patriot blood run cold;
The stricken army scarce retained
Two thousand men, all told,
While British arms gleamed everywhere
From the Hudson to the Delaware.

Cold and stormy came the night;
The great chief roused his men;
"Now, up, brave comrades, up and strike
For freedom once again;
For the lion sleepeth in his lair,
On the left bank of the Delaware."

By the darkling river's side,
Beneath a wintry sky,
From that weak band, forlorn and few,
Went up the patriot cry—
"O land of freedom, ne'er despair,
We'll die or cross the Delaware."

How the strong oars dash the ice,
Amid the tempest's roar!
And how the trumpet voice of Knox
Still cheers them to the shore!
Thus in the freezing midnight air
Those brave hearts crossed the Delaware.

In the morning gray and dim,
The shout of battle rose;
The chief led back his valiant men
With a thousand captive foes,
While Trenton shook with the cannon's
blare,
That told the news o'er the Delaware.
—SEBA SMITH.

The above song, in sheet music form, has been in our family more than half a century. The pages are yellow and spotted with age, and the paper worn and torn, but the music, dark and mute as it is in notes, is wild in its grandeur and simplicity. The movement is stately, and is but a fitting expression of the words. We have never seen the words in print except in this old copy, and have never heard the music except as given by members of our family. We wish the music could also be placed before the readers of THE SUNFLOWER, but we send the words, feeling sure they will be enjoyed and appreciated.

Yours truly,
JESSIE S. PETTIT SMITH,
Corvallis, Benton Co., Oregon.

TO THE SUNFLOWER.

In the bright cheers days, we have many sweet flowers,
But they must have sunshine and pattering showers.
When cold winter comes they do not stay
To brighten our homes and our sorrows allay.

Naught but the SUNFLOWER so faithful and true
Remains, and gives thoughts for us to imbue.
It gives light and hope to the great and the small
As it proves there is life in the future for all.

Its bright scintillations go fearlessly forth,
To convince the mortal of life's true worth.
Then pluck it and carry it into your home,
Its bloom is perpetual, now it is full grown.

The SUNFLOWER as the sunbeam, sheds light everywhere;
No rare exotics with it can compare;
Into many homes it would comfort instil,
Hence long may it live and its true mission fill.

If within its leaves we but seek the true light,
It will make this old earth seem fair and bright—
It will cheer and make happy many a sad hour—
May great numbers cherish the faithful SUNFLOWER.
—From one of its Readers.

THE LAWS OF NATURE

Governing the Acquisitions of Health
Wealth and Happiness.
BY DR. C. HAAGEN.

Mailed in sealed envelope to any address upon receipt of fifty cents. You cannot afford to be without it. A brief sketch of the history of Dr. Haagen is mailed with it as a convincing proof of the efficacy of his teachings, and everybody who knows him acknowledges that he is "a living example of his teaching." For sale at this office.

Your Fortune Told Free.

I reveal your entire life, when and whom you marry, your business success, your future, love affairs, etc. I have astonished thousands with my readings of their past and future. Send birth-date and 3 stamps. 144-B SHAGRE, BOX 5122F, SAN FRANCISCO, CAL.

A Golden Investment and Fine CHRISTMAS GIFT

for every owner of a Gas or Gasoline Motor, is the Bougie Herz Spark Plug. No PORCELAIN; INDESTRUCTIBLE STONE. NEEDS NEVER TO BE CLEANED. WORKS AS WELL IN OIL. Price \$2.50 postpaid.

HERZ & CO., 55 Grand St., New York

50 YEARS' EXPERIENCE

PATENTS

TRADE MARKS, DESIGNS, COPYRIGHTS & C.

Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is probably patentable. Communications strictly confidential. HANDBOOK on Patents sent free. Oldest agency for securing patents. Patents taken through Mason & Co. receive special notice, without charge, in the

Scientific American.

A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, \$3 a year; four months, \$1. Sold by all newsdealers.

MUNN & Co. 361 Broadway, New York
Branch Office, 625 F St., Washington, D. C.



Do you want an agency for the finest novelty ever invented?
We Have It.

Everybody Uses Postage Stamps.

Everybody is bothered with them sticking together and being destroyed.

The Uncle Sam Stamp Box

enables you to carry twenty in your pocket, and they cannot possibly stick together or to anything else, nor be destroyed. If you want one or more stamps they are delivered by a simple movement of the thumb, without disturbing what are left in the box.

A One-Handed Person Can Use It.

Retail Price: Aluminum, satin lined, 25 cents; Sterling Silver, \$1.25.

Liberal Discount in Quantities.

Agencies arranged now. Goods ready for delivery in March.

Uncle Sam Novelty Co., Lily Dale, N. Y.

COSMOPOLITAN,
Twentieth Century Home,
THE SUNFLOWER,
ALL FOR \$2

OR WITH
Captains of Industry, PRICE \$3

\$3.25

READ AND ACT!!!

No words from us are necessary concerning **THE COSMOPOLITAN.**

Its well-known excellence speaks far louder than we can.

THE TWENTIETH CENTURY HOME

is a magazine devoted to the home. It contains departments devoted to Physical Culture, Practical Training for Women, Problems in the Lives of Wives, Husbands and Daughters, The Harmonizing of Colors, The Women Who Achieve, The Fairland of Science, Home Building and Home Furnishing, The Kitchen Laboratory, The Entertainment and Recreations of a Family, and articles on home topics by some of the most distinguished writers of the day. It is published by The Cosmopolitan Co., and is beautifully illustrated.

CAPTAINS OF INDUSTRY

is a very handsome book of 500 pages, bound in half-leather, giving the early lives, growth, achievements and successes of the men who are now the leaders in the Financial, Mercantile, Manufacturing and Transportation world, making a very interesting and instructive work.

OUR PROPOSITION.

We have arranged with THE COSMOPOLITAN for a limited number of copies for our patrons as follows:

| | |
|---------------------------------------|---------------|
| THE COSMOPOLITAN, one year, | \$1.00 |
| THE TWENTIETH CENTURY HOME, one year, | 1.00 |
| THE SUNFLOWER, one year, | 1.00 |
| Total, | \$3.00 |

Sent to any address in U. S. or Canada for \$2.00

OR

| | |
|---------------------------------------|---------------|
| THE COSMOPOLITAN, one year, | \$1.00 |
| THE TWENTIETH CENTURY HOME, one year, | 1.00 |
| THE SUNFLOWER, one year, | 1.00 |
| CAPTAINS OF INDUSTRY, | 3.00 |
| Total, | \$6.00 |

Sent to any address in U. S. or Canada for \$3.25

THE SUNFLOWER PUB. CO., LILY DALE, N. Y.

FROM SAN FRAN- CISCO TO SYDNEY.

Life For Three Weeks on Board the Ocean Greyhound.

On December 10th I boarded the steamer "Ventura" at San Francisco. I found the cabins small but clean, those on the upper deck have plenty of fresh air and a fine view of the ocean. Life on an ocean steamer is one of idleness, you spend your time eating, reading, sleeping and chatting.

At 7 in the morning delicious fresh fruit is brought to each cabin sharpening your appetite for breakfast. A delightful tepid salt water bath is then prepared. At 8 o'clock a cornet solo warns you that you have but half an hour for dressing, and at 8.30 another tune means that breakfast is ready.

The purser assigns a place for each guest at the table. The food is well prepared and of as good a quality and variety as found in first hotels in America. After breakfast the passengers repair to the upper or promenade deck, each have their own steamer chair which is secured by paying a nominal sum and after a walk on the deck, reading or visiting is indulged in. At 11 o'clock the deck steward refreshes the passengers with hot buillion and toasted crackers or fruit as you may fancy. Lunch is served at 10 o'clock after which a siesta is indulged in.

At 4 o'clock tea and cake is served in the dining-room. You enjoy another cornet solo at 6, which is repeated at 6.30, the latter meaning that dinner is ready. At 10 o'clock you can have light refreshments and tea if desired and if any passenger ratiere hungry it is certainly not the fault of the steamship Co. Among the favorite pastimes are games such as quoits, cricket and progressive euchre, with occasional diversion of a concert or literary entertainment. A favorite sport with the gentlemen is to get up a pool of the run of the ship every day. The numbers are sold and drawn. At noon the captain sends in a report of the number of miles the steamer has run for the past 24 hours, and the one holding the correct number is from 50 to 75c ahead according to the size of the pool. The daily run was from 378 to 400 miles. On Sunday morning religious services were held in the Social Hall on the upper deck and in the evening in the second cabin.

Among the prominent fellow passengers were Sir Tatton Sykes and Madame Louise, the Countess De Lichterwolde of London. Honorable N. Barnard, a Member of Parliament from Victoria, Canada, with his wife. Honorable W. A. Armstrong another M. P. from Brisbane, Queensland. Mrs. J. H. Allen whose grandfather, father and brother have all served in Parliament from Sydney. She and her husband were on their wedding trip. There were over one hundred first cabin passengers and about an equal number in the second cabins and steerage. I have never in all my experience in traveling found greater efforts made to please the passengers than on the "Venture."

From the Captain to the cabin-steward all were doing their utmost to serve our comfort and add to our pleasure. I found that a large number of the cabin passengers were round-the-world travelers, having made the journey two or three times before. You have little idea of what it means to equip a ship like the Ventura for such a long journey. This splendid steamer is one of three sister ships of the Oceanic Steamship Co. It is a twin screw steamer of 6,200 gross tonnage, with 100 cabins and three bridal chambers. It takes 140 tons of coal a day to feed it, and 160 men compose officers and crew. When it is understood that nearly all the provisions needed to feed passengers and crew for three weeks are shipped from San Francisco, you will understand that it takes tons of meat, fish, vegetables, fruit, butter and milk. Each of these are stored separately in huge refrigerators. In addition it carries all the fresh water needed for drinking, cooking, and toilet purposes, in huge tanks. The ship manufactures its own ice and electric lights. It carries the American and English mail to the Australian colonies keeping two mail clerks busy on board sorting the same, and 1500 bags alone were left at

Auckland, New Zealand, the balance taken to Sydney.

The meals are cooked and served and the cabin cleaned by men. Three stewardesses attend the ladies who may be indisposed* and serve their meals in their cabin. The work on board is regulated by "bells." At half past twelve one bell strikes, at one 2 bells, 3 bells at half past one, and so on at each half hour until 8 bells strike at four, at eight and at twelve, when the crews change. The passengers soon fall into the habit of going by the bells instead of consulting their watches.

Seven days after leaving San-Francisco we landed at Honolulu. On nearing the Island you see a range of mountains stretching several miles into the ocean. These are really extinct volcanoes and barren. Honolulu is the Capital and principal port of entry of the Hawaiian Islands, justly called the "Paradise of the Pacific" and remarkable for their scenic attractions and the presence of the world-famed volcano of Kilauea.

Honolulu has a population of about 40,000 people and is enhanced by tropical beauty and splendor which meets the eye everywhere. It has a fine electric car system and beautiful drives for miles around. The cottages are very artistic buried in gardens of floral beauty. Coconuts, bananas and other tropical fruit were ripe and tasted fresh from the trees, are quite different from what we get in Chicago. On leaving Honolulu I felt as if I had made a visit to Fairyland. This marks the entrance into tropical clime and on taking breakfast the following morning on the ship I found that many of the passengers and all of the officers and crew were dressed in white from cap to shoes, giving a dainty pleasing appearance. The warm weather continued and we crossed the Equator on Sunday, December 20th at 9 p. m. Contrary to our expectations, however, the day was not excessively warm.

On Wednesday, December 23rd, we stopped for a few hours at Pago, one of the Samoan Islands. Robert Louis Stevenson lived on this enchanted Isle and is buried there. We found the natives of fine appearance and well-developed. The men were better looking than the women. Their dress consists of a tappa cloth made from cocoa, which is bound around their loins, while their ornaments consisted chiefly in shell necklaces. These kind-hearted natives seemed very hospitable and everywhere you heard "talofa" their greeting, meaning "love to you." At five p. m. we steamed towards New Zealand. I had the novel experience of spending

CHRISTMAS ON THE PACIFIC OCEAN.

Christmas Eve the passengers decided to spend the time by playing progressive euchre. As my experience is decidedly limited I preferred not to inflict myself on any unsuspecting partners, but as a lady was needed to fill out a tenth table I joined them. Have you ever played progressive euchre and won a prize, if so you no doubt remember it with great pleasure.

I won the booby prize, but not all the briny waters of the Pacific can wash out the memory of the agonies of that night. Should I write a history of how I won that prize it would be a succession of chapters of agonies. I simply could not win. If I had a "lone" hand the bell would ring before I could finish it. Three times there was an even number of points on each side and the ladies were to cut, the highest card winning. Each time I cut the lowest card. I began to grow cold, from my head the chills crept down my spine. My marrow stiffened and my blood jellied, while the hair seemed to rise on my head. Things grew black before my eyes, the jacks danced with the queens while the spots left their accustomed places and danced all over the cards which assumed all the hues of the rainbow except the right one, for if my partner called hearts or diamonds there was not one in my hand and if by accident I had the right or left bower I was so anxious to use it that I played it to win my partner's trick. Of course I couldn't expect to win under such conditions, and when the game was over and I won my prize I was so weak I could hardly speak. The prize consisted in a bottle of worcestershire sauce. I used to like it but now I could not look a bottle calmly in the face, much less enjoy its contents, nor will I till I can learn to forget the misery I went

thru Christmas Eve while winning the booby prize.

Christmas day dawned beautiful the weather was ideal and the sea calm. A bountiful breakfast made everybody feel in good humor and while no doubt the majority were very homesick, the feeling was repressed and everybody tried to be cheerful. The dining room was beautifully decorated with hangings and ornaments in red, white and blue, also a number of flags, conspicuous among these the stars and stripes. The American flag never looked so beautiful as it will when you get away from home amongst strangers. At dinner the electric lights in colored globes added beauty and brilliancy, favors were placed at each plate, a sumptuous dinner was served and general merry-making was the order. At the close several toasts were given to the "Officers" the "Ladies" and so forth, and as we were all away from home and "all in the same boat" each did their best to help make this a happy Yuletide.

On Saturday the 26th the boat passed the 180th meridian and 24 hours has been lost in time from San Francisco. Until 12 o'clock noon, it was Saturday, but the afternoon was called Sunday afternoon. The following day Monday December 28th we arrived in Auckland N. Z. where the ship loaded and unloaded over 700 tons of freight. They carry mostly oranges, apples, onions, canned fruit and vegetables, machinery and bicycles for Australian ports returning with skins, mostly rabbits, sheep pelts, hides, glue stock and hardwood lumber from Sydney and flax fibre from New Zealand. Auckland is a frontier town and does not impress you as favorably as expected. Little attention is paid to style or beauty. The people walk all over the street as well as on the sidewalk. I found lovely domestic fruit ranging from 20 to 40c higher in price than our own while one dollar was asked for California oranges per dozen. On Tuesday morning we started for Sydney, the journey was very pleasant and on January 1st I landed about 2.30 in the afternoon in Sydney. The passengers were allowed to land and your baggage is next examined by the custom officials. I arrived on the first day of the New Year in this new country having sailed 7210 miles without feeling sea-sick or losing a meal.

SYDNEY.

I could fill pages describing Sydney, it has one of the most magnificent harbors in the world. It contains about one half million inhabitants with the largest and finest Town Hall in the Southern Hemisphere seating 5000 people and containing one of the largest and finest toned organs made. Free organ recitals are given here twice a week. It has the cleanest streets and finest public parks I have ever seen. They cover about 800 acres.

I have never seen finer scenery in connection with any city; it seems that everything has been done which nature and man could do to elevate the tone of the people and still I found more saloons filled with people, waited upon by barmaids, who were some of the most modern and best dressed women I saw. Sydney is a fine, enterprising city, with all about 20 years behind our times. The people have little artistic taste. The gentleman all wear "store clothes" and the ladies are decked out in laces, fringe, and furbelows which look as if it was from Siegel & Cooper's left over from 4 seasons back. They "do" their hair in most unbecoming wads and wear nets. The trim shirt-waist is an unknown article, but fancy "blouses" take its place. It is midsummer here but the weather is very pleasant. I lectured on Sunday Evening in Leigh Hall under the auspices of the Psychic Society of New South Wales. Mr. Adams is the President. This Society has a flourishing Lyceum under the direction of M. Hughes. The Hall was crowded to the utmost and finely decorated, the audience enthusiastic in welcoming the stranger. They listened with closest attention and were in perfect rapport with the speaker. I have never had a more cordial reception nor found a more delightful audience to address than the hospitable people in the beautiful City of Sydney. On January 10th and 17th I speak in the Bijou Theatre in Melbourne and have just received a wire from Mr. W. H. Terry there informing me that he

has arranged for a reception and tea at his home on the evening of the 9th. But I must close for the Ventura is returning and I wish it to bear my "Talofa" to the Spiritualists in America.

LAURA G. FIXEN.

"A man's true credentials are only revealed by association." "Inspiration is a substitute for physical enjoyment."

A GENEROUS OFFER, AND A CALL TO SPIRITUALISTS

TO THE SPIRITUALISTS AT LARGE.

A generous offer has been made by a prominent Spiritualist to give One Thousand Dollars to the Medical Relief Fund of the N. S. A. for the benefit of Aged and Needy Members, provided the Spiritualists at large will contribute another thousand dollars to the same relief fund, by the first of June. The N. S. A. is now paying out a large sum monthly in pensions to worthy members; the calls for aid increase and the fund is constantly being depleted. Let every generous soul, who has not already done all it could for this object, kindly send contributions, large or small to the following address; each will be acknowledged with thanks.

MARY T. LONGLEY, N. S. A. Secretary, 600 Penn Ave. E. E., Washington D. C.

The New Life.

BY LEROY BERRIER.

Author of "Cultivation of Personal Magnetism."

The New Life is an expression of the New Thought, which is so rapidly making its way in thousands of minds.

We have learned of the power of thought, and that by right thinking our lives and surroundings will be all that we can desire. This book presents in a simple and clear style the fundamental principles, an understanding of which enables us to realize the new life.

In this book the writer deals with the principles which constitute the very basis of the successful married and home life. Handsomely bound in cloth, Price, One dollar.

Books on Sale at the N. S. A. Office.

The following valuable books are on sale at the N. S. A. Office. These books have been contributed by the authors to the National Association to aid it in its good work, with permission to sell them at the reduced prices quoted. Each book has peculiar merits of its own, and all should be in every home.

- Oculta Physician, Medical Mrs. Matherson \$1.00
Ladies' Fiction, Mrs. C. E. S. Twing . 50
God's Smiles, Fiction, Maggie Olive Jordan . 1.00
Wedding Chimes, For Wedding Ceremonies, D. P. Hughes 50
Lanterns of Truth, Kate E. Twing 50
Winther the Wind Blows, Verner 50
Violets, Poems, Straub 10
Three Jubilee Lectures, Poehlein 25
Longfellow's Beautiful Songs, words and music, two volumes in one cover 15
A fine picture card of N. S. A. Headquarters 10

Any of the above is a rare bargain at the price and will be sent postpaid. M. T. LONGLEY, Sec. 600 Penn ave., Washington, D. C.

BOOKS AND PAMPHLETS

-BY-

Moses and Mattie E. Hull.

WHITEWATER, WIS.

The Hull-Jamieson Debate.

The Greatest Debate ever held on Spiritualism. Between Moses Hull, President Morris Pratt Institute, Whitewater, Wis., and W. F. Jamieson, Secretary of the National Liberal Party, Cincinnati, O. Portraits and brief auto-biographies of the disputants, 412 pages. This debate, held at Lily Dale, N. Y., July 10-20, 1901, contains 12 speeches of from 30 to 40 minutes each, in length. It contains the greatest store of facts and arguments on every side of the great question of Spiritualism that can be found in any one volume in the world. It is a high-toned Potemic discussion, and in no sense of the word, a fight or quarrel. Price, post paid, \$1.00.

Two in One.

A volume of nearly 800 pages, with excellent portrait of the author. There is more Spiritual, Scientific and Historic argument for Spiritualism in this book than any other Moses Hull ever wrote. It contains stores of argument which cannot be gained. Price, post paid, \$1.00.

Our Bible; Who Wrote it? When-Where-How? Is it Infallible?

A Voice from the Higher Criticism. The latest of Moses Hull's books, with portrait, 412 pages. While this book furnishes a more definite specific knowledge of the Bible and its contents, how and when it was made, and how it is to be interpreted than any other book in the line of Liberal Literature, it also gives a look into the history of the Church, and of other Bibles and religions. Everyone needs to have a hand book of definite knowledge of Bibles—their origin and contents. Price, post-paid, \$1.00. A small edition has been printed on thinner paper, which will be sent post-paid for 75 cts.

The Christs of the Past and Present;

or, A Comparison of the Christ Work or Mediocrity or Biblical Messiahs, and the Conditions they required, with Similar Manifestations in Modern Spiritualism. A review and explanation of the Christ and the Messiah. A careful comparison of the Christ and the Messiah of the Bible with that of today. By Moses Hull. An irrefragable argument, proving that Jesus was only a medium, subject to all the conditions of modern mediums. It also shows that all the manifestations throughout the Old and New Testaments were under the same conditions that mediums require today; and that the coming of Christ is the return of mediocrity to the world. Price 15 cents. A few bound in cloth, 25 cents.

Encyclopedia of Biblical Spiritualism, With Portrait of the Author.

This is one of the most interesting books that ever came from the pen of Moses Hull. It contains references to several hundred places in the Bible where Spiritualism is proved or implied, and exhibits the Bible in a new light. Besides this, it contains a brief sketch of what is known of the origin of the books of the Bible. Ministers, doctors, lawyers, judges, congressmen and senators read and grow enthusiastic over this book. This Encyclopedia will work a revolution in Bible interpretation. Price, post-paid, \$1.50.

The Spiritual Alps and How We Ascend Them;

or, A few thoughts on how to reach that altitude where the spirit is supreme and all things are a subject to it. With portrait. By Moses Hull. Just the work to teach you that you are a spiritual being, and to show you how to educate your spiritual faculties. Second edition just published. Price, bound in cloth, 35 cts.; in paper covers, 25 cents.

Joan, The Medium;

or, The Inspired Heroine of Orleans. By Moses Hull. This is at once the most truthful history of Joan of Arc and one of the most convincing arguments on Spiritualism ever written. Victor Hugo said: "Joan of Arc was the only person who ever had control of an army at the age of 15 years, and the only general who never made a mistake." No other of many things in her interesting, no history more true than this pamphlet. Price, cloth covers, 25 cents, paper 15 cents.

Talmagean Inanities, Incongruities, Inconsistencies and Blasphemies.

A review of Rev. T. DeWitt and Rev. Frank DeWitt Talmage's oft repeated attacks on Spiritualism. This is a book of argument, logical and witty. It is filled with just such arguments as are needed to meet the stock arguments that are used every day to kill Spiritualism. Moses Hull shows that every one of the Talmagean arguments has a sharper edge to be used against themselves than the one they use against Spiritualism. 48 well printed pages. Price, 15 cents.

The Spiritual Birth; or, Death and its Tomorrow.

The Spiritual Idea of Death, Heaven and Hell. By Moses Hull. This pamphlet besties giving the spiritualistic interpretation of many things in the Bible never before given, explains the heaven and the hell believed in by Spiritualists. Price, 10 cents.

Wayside Jottings,

Gathered from the Highways, Byways and Hedges of Life. By Mattie E. Hull. This is a marvellously neat book of selections from Mrs. Hull's best poems, sermons and essays, and contains a splendid portrait of the author; also, a portrait of Moses Hull. Price, neatly bound in English cloth, 75 cents.

Spirit Echoes.

A collection of Mrs. Hull's latest and best poems, neatly printed and bound in bevelled board. Especially fine to read from in opening meetings and on formal occasions. It has Mrs. Hull's latest portrait. Price, 15 cents.

Spiritual Songster.

By Mattie E. Hull. Fifty-eight of Mrs. Hull's sweetest songs, adapted to popular music, for the use of churches, circles and families. Price, 15 cents, or \$5.00 per hundred.

The Old and the New;

or, The World's Progress in Religious Thought. In this pamphlet Moses Hull shows the advancement of the world from its infancy to the present maturity. Price, 10 cents.

All About Devils;

or, An Inquiry as to whether Modern Spiritualism and other Great Reformers came from His Satanic Majesty and His Subordinates in the Kingdom of Darkness. By Moses Hull. 60 pages. Price 15 cents.

The Real Issue.

By Moses Hull. (Only a few left and not to be reprinted.) A compound of two pamphlets, "The Irrepressible Conflict," and "Your Answer or Your Life," with important additions making a book of 100 pages. This book contains statistics, facts and documents on the tendency of the times. Every one should have it. Price, 10 cents.

Swept Away.

A sermon by Moses Hull on some of the sins of our nation, in which the "Refuge of Lies" heaped up as reasons for sinful legislation has been "Swept Away." This pamphlet should be read by every one interested in the condition of our country and how to improve it. 36 pages. Only a few left and not to be reprinted. Price reduced to 5 cents.

The Devil and the Adventists.

A scathing reply to recent attacks on Spiritualism made by the Adventists. In this 40 page pamphlet both the Devil and the Adventists got their dues. Price reduced to 5 cents.

Education is a Present Day Necessity. MORRIS PRATT INSTITUTE. The - Morris - Pratt - Institute. Is the ONLY SPIRITUALISTIC SCHOOL IN AMERICA that is prepared to receive and accommodate pupils, old or young. Is prepared to take pupils of any age and arrange a curriculum to suit. Has a large and commodious building, thoroughly heated, and with modern conveniences. A HOME SCHOOL WITH HOME INFLUENCES. For Particulars and Terms Address The Morris Pratt Institute Association, Whitewater, Wis.

LIGHT FROM EVERYWHERE



This department is conducted to enable Spiritualists and Public Workers to keep in touch with each other and with the work.

Write reports with typewriter or plainly with pen and ink. Never use a pencil or write on both sides of the paper.

Make items short and to the point. We will adjust them to suit the space we have to use.

Always sign your full name and address to every communication; not necessarily for publication, but as a guarantee of good faith.

Manuscripts will not be returned unless stamps are enclosed for return postage.

Suggestions for the improvement of the paper are invited.

THE SUNFLOWER PUBL. CO., LILY DALE, N. Y.

Y.: "Will you kindly allow me a little space in your valuable paper to let the public know that the Society in Niagara Falls is still alive, and progressing nicely, thanks to the untiring zeal of our pastor, Mrs. A. G. Atcheson, who is also the president of this society.

Louise E. Zimmerman writes from Elmira, N. Y.: "The interest here continues to increase and we are enjoying a feast from the spirit thru the mediumship of Rev. Oscar A. Edgerly, who was greeted on his first appearance in our city by large and appreciative audiences, and thru whom we know there are many feasts to come, judging from those already enjoyed.

Mrs. Tillie U. Reynolds, Second Vice-President N. Y. S. A. and State Missionary.

The people, unimformed regarding the spread of Spiritualism, may say, "It is dying out," but could they step into any of the meetings, held under the auspices of the State Association, to assist local societies, methinks the verdict would be, "The hearts of humanity are hungering after spiritual truths, and anxious to know something regarding the spirit world and the condition of their loved ones."

On the evening of January 20th, the night of a fierce blizzard, the writer and Mrs. Atcheson of Buffalo, went to Akron, N. Y. Mr. Stearns had engaged the opera house, and we anticipated, because of the storm, not over a dozen people; instead, one hundred and twenty-five people came out.

On Thursday, Jan. 28th, under the auspices of the N. Y. S. A. a meeting was held at Niagara Falls to assist the society there over which Mrs. Atcheson has presided for 19 months. The meeting was called to order and presided over by the Second Vice-President.

The morning services were participated in by all. The afternoon meeting an inspirational poem was asked for through the mediumship of Bro. Lyman C. Howe, the subject given by the audience. The poem was grandly given and gave great satisfaction to all. The lecture and messages were given by the writer. The ladies served refreshments during the day. The evening services were thoroughly enjoyed. The hall was filled. The principal speech of the evening was by Bro. Howe, altho Mr. H. W. Richardson, President of the State Association, who arrived in time for the evening meeting, gave a 20-minute address which gave the audience much food for thought, in that it gave them some truths regarding the work of the State Association, its aims and objects.

It was not alone the veterans who were participators in the meeting and contributors to the enjoyment of them. Master Roy Oxham a lit-

tle lad of 4 years, gave a recitation in a clear, loud voice which brought down the house. Little Miss Florence Bailey recited 10th afternoon and evening in a very pleasing way. Little Miss Gladys Stearns sang both afternoon and evening very sweetly. Many thanks for the children's work. Miss G. Holden rendered the instrumental music finely and Mr. George Jones of Akron, sang four or five songs in a fine voice, adding much to the interest and success of the meeting. All united in saying the meetings were a decided success. So the work goes on and Spiritualism is not dying out.

Now, just a word for a small society in East Aurora. When we say small, in one sense it is great; for meetings are held sacredly every Sunday morning. There are earnest workers there and fine home talent. Mrs. Little has a paper every Sunday written under inspiration of her spirit guides, and several others are clairvoyant, while Bro. Richardson at the helm will not have anything but success attending the meetings. Several times during January, and at the present writing, I am serving the society. Mr. F. Corden White on his return from the Buffalo Mass Meeting, stopped here and gave the people evidences of spirit return. Spiritualism is felt here truly and is doing a wonderful work.

Mrs. Tillie U. Reynolds,

Margaret Gaule Married. Miss Margaret Gaule and Mr. Auguste Riedinger were married in New York City, Wednesday evening, February 3rd, Rev. Minot J. Savage officiating, assisted by Mrs. Helen Temple Brigham. "Maggie" is well known to the Spiritualists and Mr. Riedinger is a Stock Broker of New York.

Progress in Indiana.

EDITOR SUNFLOWER.—Extra papers received. Thanks! I am placing them where they will do the most good. I took several copies to the editor of the Sunday Times, a local paper of this city. He was surprised, delighted and interested; never having seen anything of the kind. He took numerous extracts, especially from my writings for the Times' pages. I told our Psychological Society on last Sunday that at our next meeting I would read an article from THE SUNFLOWER entitled "On the Wabash." I met a prominent Baptist minister the other day; he asked me, "What are you Spiritualists going to do?" I said, "We are going to reform the world." Then I mentioned three ministers in New York City who taught Spiritualism from their pulpits and one in our own city. He asked me, "Do you claim Jesus Christ as a Spiritualist?" "Yes!" I said, "and medium. All that he did do is done now, and greater works are done now than he did!" The minister held his tongue.

The most prominent M. E. pastor of this city, a cultured, refined, educated gentleman, teaches spirit return and communion right along from his pulpit. One day I said to him, "The Bible is full of Spiritualism." "Yes," he said, "it is."

We are looking forward eagerly for our State Convention, Indiana is not only the geographical center and the center of population of the United States but she is just now the spiritual storm center and battle ground of modern thought.

I remember once, after or during a great battle, an Indiana regiment was all cut to pieces. The colonel of the regiment shouted, "Don't whine or beg! Don't whine or beg! Stand your ground and die! The combat deepens! On ye brave!"

Our society has rented the Universalist Church for permanent and exclusive use. The Spiritualists are all Universalists, so Universalism as well as Spiritualism will be taught. Strange to say, some of the physical mediums objected to renting a hall. They seem to be opposed to the dissemination of moral, spiritual and scientific truths. They oppose education. They oppose teaching the science and philosophy of Spiritualism. They are afraid it will injure their opportunities of money making.

If physical phenomena and manifestations don't lead to higher life and better thought, better not have any. Instead of allowing the devils to control us we should control the devils; that is, evil spirits, embodied or disembodied. It is a psychological crime to be controlled by evil thoughts or evil spirits.

O. L. HARVEY. West Lafayette, Ind.

N. H. EDDY, ASTROLOGER, And Character Reader, 171 Prospect Avenue, Buffalo, N. Y.

Life Readings by mail, \$1.50 and upwards. Trial readings 25 cents and 2 two cent stamps. Send sex, time, place, and if possible hour of birth.

Circulars, with full explanation of different prices, or Detail Readings Sent Free Upon Application.

The Wonder Wheel. An Astrological Game. Anyone can give a perfect reading after a few hours practice. An instructive and amusing device for an evening party or to mystery your friends.

Tabula Magus. A pocket chart that tells you the best hours of the day to begin any venture. You should try to collect money when the money planet rules. Learn the pleasure when Venus complete work, \$1.00, abridged work, 50 cents.

Astrology in a Nut Shell. A book of 150 pages, filled to overflowing with plain, logical, instructive information. Tells how to read your own horoscope, and how to tell the favorable times in each year. 27 pages questions and answers. Price, postpaid, \$1.50.

COMPLETE WORKS OF ANDREW JACKSON DAVIS

Comprising 29 Volumes, all Neatly Bound in Cloth. Price of Davis' Complete Works \$20.

Answers to Ever-Recurring Questions from the People. (A Sequel to "Arabula.") This volume is alive with new ideas and suggestions. The author covers a wide range of subjects, embracing points of peculiar interest connected with the Spiritual Philosophy and Practical Reform.

Approaching Crisis; or, Truth vs. Theology. This is a close and searching criticism of Dr. Bushnell's Sermons on the Bible, Nature, Religion, Skepticism, and the Supernatural. The errors and absurd teachings of orthodox clergymen are overthrown by arguments that are pronounced perfectly unassailable.

Arabula; or, The Divine Guest. To some extent a continuation of the author's autobiography, but chiefly a record of deeply interesting experiences, having relations of faith and skepticism, lights and shades, heaven and hell, joy and sorrow.

Beyond the Valley. A Sequel to the "Magic Staff," an Auto-biography of Andrew Jackson Davis. His beautiful illustrations picture what the eye has seen. "Beyond the Valley" is a companion volume to the "Magic Staff," and resembles it in style of workmanship, its pages and cover-work being alike, containing six beautiful and original illustrations. Reduced from \$1.50 to \$1.00. Full gilt, reduced from \$2.50 to \$1.50.

Children's Progressive Lyceum. A Manual, with Illustrations for the Organization and management of Sunday Schools, adapted to the Bodies and Minds of the Young, and containing Rules, Methods, Exercises, Marches, Lessons, questions and Answers, Invitations, Silver-Chain Recitations, Hymns and Songs. Every Lyceum should be well supplied with these little books, so that all can unite in singing the songs and join as one family in the Silver-Chain Recitations. The abridged edition is no longer in print, but the full edition is still available for the greater benefit of the Lyceums of the original complete Manual. We offer for the latest edition at the following reduced prices: New unabridged edition, single copy, reduced from 50 cents to 25 cents. Twelve copies, reduced from \$5.00 to \$4.00. Fifty copies, reduced from \$20.00 to \$10.00. One hundred copies, reduced from \$35.00 to \$18.00.

Memoranda of Persons, Places and Events. Embracing Authentic Facts, Visions, Impressions, Discoveries in Magnetism, Clairvoyance and Spiritualism. Also quotations from the Opposition. With an Appendix containing "The Great Storm of 1876," vividly portraying the difference between the Ordinary State and that of Clairvoyance. Readers will find a great variety of fresh and feeling "impressions" of the inspired heart, carefully set down by his own hand for a period of over 22 years. Reduced from \$1.50 to \$1.00. Postage 10c.

Diakka, and their Earthly Victims. Being an explanation of much that is false and repulsive in Spiritualism, embracing a most important and recent interview with James Victor W. and other recent converts to the "Summer Land." Cloth, reduced from 50c. to 35c.

Fountain, With Jets of New Meanings. Illustrated with 142 Engravings. The contents of two chapters (viz. XII and XIV) in this book brought down upon Mr. Davis the storming charge of "Recantation." But while the criticisms on the errors and extremes of many in the ranks of Spiritualism, the author had "gone back" on the spiritual facts and principles he sets without foundation. It covers a wide range of topics, including such modern lessons upon the treatment of "Fountain's" "Autobiography," the Essential Conditions of Human Progress, of Advancing Civilization, Claims and Rights of Labor, of Women, of Indians, of Children, and of the Unfortunate and Victious. Cloth, reduced from \$1.50 to 75c. Postage 5c.

Genesis and Ethics of Conjugal Love. This book is of peculiar interest to all men and women. It treats of the delicate and important questions involved in Conjugal Love, in straightforward, unambiguously emphatic, and perfectly explicit and plain in every particular. Reduced from 75c. to 50c. Full gilt, reduced from \$1.25 to \$1.00. Full gilt, reduced from \$1.75 to \$1.25. Postage free.

Great Harmonies. Being a Philosophical Revelation of the Natural, Spiritual and Celestial Universes. In five volumes, in which the principles of the Harmonical Philosophy are more fully elaborated and illustrated.

Vol. I. THE PHYSICIAN. In this volume is contained the Origin and Nature of Man, the Philosophy of Health, of Disease, of Health, of Psychology and of Healing. Reduced from \$1.50 to \$1.00.

Vol. II. THE TEACHER. In this volume is presented "Spirit and its Culture," the "Education of God," My Early Experiences, My Frustrations and His Church, and Social Culture, the Mission of Woman, the True Marriage, Moral Freedom, Philosophy of Immortality, the Spirit's Justice, Concerning the Deity. Reduced from \$1.50 to \$1.00.

Vol. III. THE REE. This volume is composed of 27 Lectures on Magnetism and Clairvoyance in the past and present. Psychology, Clairvoyance and Inspiration are examined in detail, and the conclusions obtained are here set forth in connection with the principles of Nature, and are the author's personal experience. Reduced from \$1.50 to \$1.00.

Vol. IV. THE REFORMER. This volume treats on "Physiological Views and Ethics, and the New Phenomena of Marriage," the laws of the conjugal principle, which tend directly either to demoralize or to uplift man's moral and physical nature; views of marriage and parturition; woman's rights and wrongs; laws of attraction and marriage; the rights and wrongs of divorce, etc. Reduced from \$1.50 to \$1.00.

Vol. V. THE THINKER. Part First is a description of the Trueful Thinker, and an analysis of the Pastors and Preachers of the World. Part Second, the Pastors and Preachers, comprising psychological definitions of Egyptian, Chinese, Persian, Greek, Pagan, Jew, Christian, Roman and Protestant characters. Part Third, the Philosophy of Life and the Law of Immortality. Reduced from \$1.50 to \$1.00. Postage 10c, each.

Philosophy of Spiritual Intercourse. Contents: Guardianship of Spirits; Disincarnation of Spirits; Invented Mysteries; Doctrine of Evil Spirits; Origin of Spirit Worlds; Concerning Sympathetic Spirits; Formation of Orbs; Resurrection of the Dead; It treats of the Rights of the Profane, of the Law of the Living and of the Law of the Dead. This work has been translated into the French and German. It contains an account of the very wonderful spiritual developments at the home of Rev. Dr. Phelps, Bangor, Me., and other similar cases in all parts of the country. Cloth, reduced from \$1.50 to 80c. Postage 10c.

Philosophy of Special Providences. The author's "vision" of the harmonious works of the Creator is given. He illustrates by a series of clairvoyant visions, and by an "Argument" the chain of special providences which marked all the steps of direct action in the life. Cloth, reduced from 50c. to 35c. Postage 5c.

Principles of Nature, Her Divine Revelations, and a Voice to Mankind. (In Three Parts.) Thirty-Fourth Edition, with a Disposal of the author, and containing a family record for marriage, births and deaths. This is the first and best comprehensive volume of Mr. Davis's writings. It treats of the origin of the profane, of the laws of great importance to the human race. Its interest is undoubtedly of the most startling character, and its profound disclosures, with the phenomena attending them, are in some respects, unique in all history. This work has been translated into the French and German. Revised edition, cloth binding, reduced from 75c. to 50c. Postage 5c.

Stellar Key to the Summer-Land. Illustrated with Diagrams and Engravings of Celestial scenery. The teachings of this book are original, and direct the mind and thought into channels hitherto unexplored. It contains a full and complete philosophical explanation of the existence of an inhabitable sphere of some extent above the earth and planets of the Solar System, and the phenomena attending them, and in some respects, unique in all history. This work has been translated into the French and German. Revised edition, cloth binding, reduced from 75c. to 50c. Postage 5c.

Tale of a Physician, or, the Needs and Fruits of Crime. In Three Parts. Complete in one volume. Part I.—Flooding the Needs of Crime. Part II.—Flooding the Fruits of Crime. Society is deceived. Individual interests, and the great crimes, caused by circumstance, are brought to light. In this volume the reader is introduced to distinguished names and noted women in New Orleans, Cuba, Paris and New York. The startling trials and tragical events of their lives are truthfully recorded. This book explains the production of their murder, suicide, forgery, infanticide, and other criminal acts which afflict society and alarm all the friends of humanity. Cloth, reduced from \$1.50 to 80c. Postage 10c.

Tempic; Or Diseases of the Brain and Nerves. Describing the Origin and Philosophy of Mania, Insanity and Crime, with Diagnosis and Prescriptions for their Treatment and Cure. This volume treats the question of Insanity and Crime from a spiritual and psychological standpoint. It treats of the origin, development and cure of the various forms of insanity, and the philosophy of mania, dementia, epilepsy and other mental diseases. It presents the reader with numerous case studies and medical cases. The subject appears to be new and of great interest to the general public. A "Library" giving the diagnosis and prescription of all kinds of mania, is printed at the end of the volume. An easy system with the "Tempic" is given. It is a full and complete treatise on the subject of insanity. Cloth, reduced from \$1.50 to \$1.00. Postage 10c.

Views of Our Heavenly Home. A Sequel to "Stellar Key." Illustrated. This work is not merely descriptive of what the author calls the "Summer Land," but is an illustration with diagrams, and contains a full and complete philosophical explanation of the existence of an inhabitable sphere of some extent above the earth and planets of the Solar System, and the phenomena attending them, and in some respects, unique in all history. This work has been translated into the French and German. Revised edition, cloth binding, reduced from 75c. to 50c. Postage 5c.

WHAT IS THE GOOD OF SPIRITUALISM?

(Continued from Page 1.)

leaders, have investigated those simple knocks and with what results? Simply to astonish the world, they listened to those tiny knocks. They saw good in them and today the Rochester knockings of 1848, is still knocking at the hearts of your reason, asking you to investigate the claims of modern Spiritualism. What good is there in Spiritualism? They say that from little things great things grow. From the tiny raps at Hydesville has developed a religion that is destined in time to take its place among the religions of the day. It will be the religion of the day, and yet you ask what is the good of Spiritualism? That question would do for 1848, but it is entirely out of place now. We all know what the good of Spiritualism is. We know that it brings us in rapport with the other world. We know that the flowers bloom brighter; the stars shine more clearly; the river flows more grandly, and the mountain peaks appear loftier, since we realize the truth that they are the products of nature—that the same source that evolved them has evolved us; that we are a part of nature and that to nature alone we need look for the expression of Deific power and spirits.

Spiritualism means to us that we are immortal beings just as truly today as after the change called death—that change makes no difference in the fact of our immortality. It simply emphasises it and brings us into a closer relation to the spiritual forces of nature. It simply sets us free from environments which were necessary to our growth as physical and psychic entities and leaves us to grow. Spiritualism means to us that we are here in this world of energy and being, not because we desired it but as the consequence of a law of nature. No other law could have placed us here in an earthly form and we are no different in outward appearance from our fellow beings. It means to us also, before we were born, our fathers and mothers stamped us with their loves, hates, good and evil, and we are what we are because of those pre-natal conditions. It means to us that we owe certain duties to our fellow beings and to ourselves. We owe it to ourselves to cultivate the best physical in order to furnish a suitable dwelling place for the spiritual and to live in peace and harmony with ourselves.

To me Spiritualism in its highest sense means perfect selfhood and knowledge. It means all science, all religion, anything and everything that will make man grander, nobler and purer in his thoughts, words and acts. Anything that will bring man to the knowledge of his responsibilities as a father, woman as a mother, and do it in a truly tender and ennobling way, is Spiritualism to me. It means that my father, my mother, brother, sister, all whom I hold dear, are not dead but living, and if mine can communicate to me across the sea of death, so called, so can yours. It means that peace shall come to my soul instead of strife—health instead of sickness.

Spiritualism means, then, all life, all hope, the all of being; and yet, many will say, What is the good of Spiritualism? They who seriously ask that question, know not what they say. They know nothing of themselves; know nothing of that grand almighty truth which is destined, ere long, to shake the very foundations of Materialism, Agnosticism and Creedalism.

What is the good of Spiritualism? Ask any one who lives up to its teachings, who follow its precepts, who live according to the dictates of their better self, who render not evil for evil, who abound in charity, justice and truth; ask them what is the good of Spiritualism. They can answer you, possibly, not in choice language or grammar, but in a correct, honest life; doing unto others as they would that others do unto them.

Could the Fox Sisters come among us bodily as in days of old, and talk to us face to face, they could tell us what they thought of Spiritualism: how from the tiny raps came the stupendous results that we see. Little did they think what a mighty work they were doing for future generations. So with us. We do not know what an influence we may

exert by a single act for good or evil. Let us be careful of our conduct. Let us as Spiritualists so live that our friends will see that there is some good in Spiritualism. Let us not bring reproach on a cause which should be near and dear to our hearts. Do nothing that will cause the skeptic to refuse to investigate or recognize our claims. By living an upright, honorable life we may bring the world to see that some "good can come out of Nazareth."

The doctrine (if it can be called such) is all right. Spiritualism is good; but the trouble lies with the so called Spiritualists. They are not good as a general thing. Live according to the teachings of the angel world and you will not go far away from the truth. Then, and not until then, will we know the value of Spiritualism. The matter rests with ourselves.

The angel world is ready to meet us half way. They desire to help us to attain to things spiritual, and if we will only give them the encouragement necessary, they from the spirit side of life will be only too glad to help us. They see the good of Spiritualism. Could you see the mighty host from the spirit world and ask them of the good of Spiritualism they would answer you that it is all good, all truth. They of the spirit world are working for a cause that is pre-destined to make men better—to fit him for brighter and grander spheres—and can only do it with the help of mortals who desire to raise themselves spiritually.

What is Spiritualism doing for humanity? It is the beacon light that is leading men out of the darkness of superstition and bigotry into the clear sea of free thought. It is silently using its forces to make men and women better—to make them obey the "Golden Rule." By and by when we shall have passed beyond the cares of the mortal life, we shall have seen what the good of Spiritualism has been to us; what it has been to the world, although unrecognized, and in our hearts we shall have been glad that we were led to investigate the claims of Modern Spiritualism. Let us do our duty while here, letting the future take care of itself, knowing well in our hearts that it is the comforting messenger from the other shore.

What is the good of Spiritualism? Anything that has for its object the ennobling of mankind is good. Spiritualism comes as a messenger of peace; comes to prove the continuity of life; comes to whisper in our ears that there is life beyond the grave; comes to us with its cheering knowledge when our cup of sorrow seems full; comes to the mortal who is weary of life and whispers in his ear that

"It is not all of life to live,
Nor all of death to die."

The dark shadows may seem to darken our pathway; our friends may all desert us; we may seem to be alone, and yet could we see thru the seeming clouds we would see a host of shining ones clustering around us ready to give us their aid, knowing full well that we need their comfort and advice.

Could we look beyond this veil of tears, could we see our friends who have laid off the mortal, and ask them what they think of the good of Spiritualism, they with one voice would say to us, that it robbed the grave of its terrors, made them better men and women, taught them that God is in everything—in the flowers that bloom; in the stars that shine, and in the rainbow in the heavens. It gave them a grander conception of a loving God, one who careth for his children. To the aged it is the anchor of their soul. It is the all in all—all life, all hope, all charity.

Let us strive to emulate the example of those brave ones who dared to espouse the cause that enabled them to bear the reproaches of the world. Let us live lives of rectitude, doing unto others as we would have others do unto us. Then we will know the good of Spiritualism and not only we but all the world will see that there is some good in Spiritualism and will cease to hold the cause in derision and contempt; will cease to ask silly questions, will be constrained to investigate and see for themselves the value of a good cause.

We want thinking minds to investigate our cause, not glide merely over the surface; not merely to get a few tests, not to think that running after every so-called medium constitute to good of Spiritualism. Examine into the philosophy of the

cause; see what it teaches; accept the good or that which brings you in rapport with the good and wise of the other sphere. Heed their teachings and their admonitions.

Your true spirit friends will rarely lead you astray. Act on their advice and if it comports with common sense and reason, accept it. "Try the spirits." Listen only to good and wise ones—those who were good whilst in the body; those who have progressed; those who would do you good. Then the cause will become a religion to you. It will enable you to rise above the petty animosities and annoyances of this life; will make your life happier and grander for having a knowledge of the good of Spiritualism. When you shall have rounded out your earth experience then you will feel that it has been well with your soul, that you have been a blessing to a cause which has been dear to your heart and your influence shall have been felt, long after your body has been consigned to the tomb.

Now, in conclusion, let me say that if we will live up to the dictates of nature, we, and not only we, but all mankind will see that the good in Spiritualism is beyond comprehension and that a good life is the best exponent of a good cause.

DILLWYR FEAST.

ANECDOTE OF PREMONITION.

I was much interested in your "Sheaf of Ghost Stories" which appear in this week's paper. As an instance of premonition I may mention the following circumstance which happened in my own family, for the truth of which I can vouch. In the early forties an aunt of mine Mrs. G. whose husband was a Sheffield manufacturer, resided in that town. As Mr. G. showed symptoms of weakness of the lungs, acting under medical advice he went for a sojourn of several months to Maderia. In order to mitigate the loneliness, she invited her sister Harriet, who was a young widow, to live with her during her husband's absence. They occupied the same room, and one night the sister was aroused by Mrs. G. sobbing loudly. On asking the cause of her grief, she replied, 'Oh, I had such a dreadful dream. I saw my husband lying dead in the spare room of our brother John's house in York. You and I entered the room together just when I awoke.' Now, strange to say that nearly a year after this, this very thing happened. Mr. G. returned in a dying condition and went straight to his brother-in-law's house in the city of York, because he feared the shock his appearance would give his wife. He went at once to bed in the spare room, and Mrs. G. and her sister were communicated with, but he died before they arrived, and the two sisters entered the death-chamber together, exactly as foretold in the dream. I do not know whether this is of sufficient interest to insert in your very interesting periodical, but I am able to guarantee its authenticity.—T. P. Weekly.

Indiana State Spiritualists Convention.

The Spiritualists of Indiana, will hold their State Convention in the Spiritualist Temple at Anderson, Ind., Feb. 26th, 27 and 28th, 1904, at which time a State Spiritualist Association will be organized.

There will be three sessions daily. Friday and Saturday morning and afternoon sessions will be devoted to the business of the Convention.

The evening sessions of Friday and Saturday and the three Sunday sessions will be devoted to entertainment consisting of music, recitations, lectures, spirit messages, tests, etc.

The best of talent has been engaged. Programs will be issued later.

The public is cordially invited to attend all of these meetings. Let there be a grand rally from all parts of the state, thereby making this, which is one of the most important meetings ever held in the state, one of the most successful.

E. W. SPRAGUE & WIFE,
N. S. A. Missionaries.

Address: Rochester, Ind.

We form ideals and they re-act and form us.—Joseph LeConte.

IF YOU ARE suffering from nervous debility, hysteria, sleeplessness, gloomy thoughts, melancholia, hallucinations, mania, paralysis or insanity, send \$1.00 to Nervo Med. Co., box 83, Georgetown, Mass., for a bottle of concentrated medicine in tablet form that will cure you. 148-150*



C. Walter Lynn,
THE EMINENT
Healer
AND
GIFTED PSYCHIC.

Address, 855 Grove Street, Oakland, Cal.

BANGS SISTERS

654 West Adams Street,
CHICAGO.
Telephone 1912 Ashland.

Phenomenal Mediums

SPIRIT PORTRAITS

A SPECIALTY.

Independent Slate and Paper Writing

AT THEIR HOME.

Independent Letter Writing by Mail

Parties desiring independent written communications from their departed friends can receive instructions for same by writing us, enclosing stamp for reply.
134-186

DR. JACOB SWANSON For Over Thirty Years

ONE OF THE

Most Successful Healers.

Still treats all diseases by the aid of his spirit guides.
For Particulars address
1728 Clinton Ave., Minneapolis, Minn.

MRS. L. EVELYN BARR, TRANCE MEDIUM,

407 Porter Avenue. Buffalo, N. Y.

SEALED LETTER

Readings By Mail : : : \$1.00

Letter Seals Unbroken. Results guaranteed, or 137-11 Money Refunded.

Do You Need Spectacles?

If so try Poole's Perfected Mitted Pebble Lens and his Clairvoyant method of fitting the eyes. Please write for illustrated circulars, showing styles and prices, also full instruction how to obtain a perfect fit by mail.

Address,
B. F. POOLE.

43 Evanston Ave., Chicago Ill.

SPIRIT ARTISTS.

Photograph Portraits.

Send your own photograph, or lock of hair; and two dollars, and receive three finished pictures of some loved ones, that have passed to the beyond and are anxious to reach you. Send three stamps for a proof. River Falls Wis., March 5th, 1903.

Mr. and Mrs. A. Norman.— Spirit Artists.—I received my spirit photographs yesterday and to me I must say this is a revelation. I fully recognize all five faces upon them as my nearest and dearest friends in spirit, and such evidence reveals to me beyond a doubt our future existence.

T. H. BARRETT,
Independent slate-writing, tablet-writing and readings by mail, sealed questions answered. For particulars address with stamp.

Mr. and Mrs. A. Norman.
2721 Elliot Ave. So. Minneapolis Minn.
Magnetized Slates for Sale. 75c

FREE! Three months' subscription to a splendid eight-page Occult Journal and sample copies of 150 leading magazines and newspapers sent FREE on receipt of ONE DIME to pay postage.
International Subscription Agency, Lawrence, Kans.

Beautiful Songs

A Choice Collection of 76 Songs, Words and Music, by

C. PAYSON LONGLEY

Duets, Quartettes, and Congregational Singing. These songs are truly Spiritualistic and should be in the hands of every Spiritualist who wishes to hear appropriate music in our meetings.
Price, Board Covers, 40c. Cloth, 60c

PERSONAL MAGNETISM.

Learn to develop this wonderful power and thus become influential and prosperous.

Cultivation of Personal Magnetism.

A new book by Leroy Berrier, which tells exactly how to cultivate and retain Personal Magnetism. It is the most popular book of its kind published. It gives as much information as courses which sell for \$5 to \$50.
Money refunded if book is not satisfactory.

PRICE, PAPER 50c; CLOTH \$1.

Health and Strength Restored

—BY—

Nature's Methods

FOR THE CURE OF

MENTAL AND PHYSICAL AILMENTS

OBSESSION CURED

For Free Diagnosis of Disease

send five two-cent stamps, age, name sex and own handwriting.

Readings and Business Advice
By Mail, \$1.00 and two Stamps.

"I have never known a more competent, reliable and truthful medium for the Spirit World, than Chas. Walter Lynn."
JOS. ROBES BUCHANAN.

Address, 855 Grove Street, Oakland, Cal.

DR. J. S. LOUCKS

Is the oldest and most successful Spiritual Physician now in practice. His cures are

THE MOST MARVELOUS

of this age. His examinations are correctly made, and free to all who send him name, age, sex and lock of hair, and six cents in stamps. He doesn't ask for any leading symptom. A clairvoyant doesn't need any. He positively cures weak men. Address.

J. S. LOUCKS, M. D.

Stoneham, Mass.

PROF. A. C. C. PFUHL,

Astrologer,

Auto-Phrenologist.

Writes Horoscope of Future, \$5.00; or, Horoscope of Past and Future in Detail, \$10.00.
Send Age, Sex and Place of Birth. Address

Prof. A. C. C. Pfuhl,

152-5 GREAT FALLS, MINN.

F. Corden White,

Trance, Test and
Business Medium.

Readings by Mail, \$1 and 3 Stamps.
Permanent Address, Lily Dale, N. Y.

Mrs. A. A. Cawcroft,

MAGNETIC HEALER.

Also Magnetized Paper

Sent By Mail.

333 E. Second St., Jamestown, N. Y.

Self-Hypnotic Healing!

I have made a late discovery which enables all to induce the hypnotic sleep in themselves instantly at first trial, awaken at any desired time and thereby cure all known diseases and bad habits, control your "dream self," become a true somnambulist, pass into a wonderful clairvoyant sleep, see in visions things which are going on all over the world, travel in spirit to visit any home and see just what is transpiring, trace up lost and stolen articles, find buried or hidden treasures, unravel the secrets of criminals, read the minds of friends and enemies, locate minerals and valuable mines, make finds and discoveries of untold value, read the very thoughts, life, history and character of any person from the cradle to the grave, tell past, present and future events, solve hard questions and problems in this sleep and remember all when awake, produce the great telepathic function of the soul in a normal state, and develop your Psychic Faculties. This so-called Mental Vision Lesson will be sent Absolutely Free to every body Positively Guaranteed to enable you to do the above before any charge whatever.
Prof. B. E. DUBOIS,
147-48. Lincoln, Neb.

An Astonishing Offer.

Send three two-cent stamps, lock of hair, age, name and the leading symptom, and your disease will be diagnosed free by spirit power.

MRS. DR. DOBSON-BARKER,
Box 132, San Jose, Cal.

DOCTOR FELLOWS

THE WELL-KNOWN PHYSICIAN
Cures Where Others Fail.
FOR PROOF READ HIS BOOK.



These Afflicted with Early Decay, Loss of Blood, Wasting Disease, Various Ailments, Mental and Physical Debility and who are desirous of being cured, a booklet will be sent to their address for ten cents, sealed in a plain envelope, giving causes and symptoms of the complaints, and a description of the Doctor's important medical discovery—an Outstanding Application—a positive cure—The only remedy of the kind in existence—with evidence of success. Address, **DR. R. P. FELLOWS,** Bay where you saw this advert. Vincennes, N. J.

***** Dr. Fellows has cured so many advanced and difficult cases of a private nature which were looked upon as incurable that he is now considered, far and near, as the most reliable and trustworthy physician in his specialty.—Editor American Journal of Health.

DR. FELLOWS is one of our distinguished progressive physicians in whom the afflicted should place their confidence. Those treated by the doctor have only words of praise for him.—BARKER OF LIGHT.