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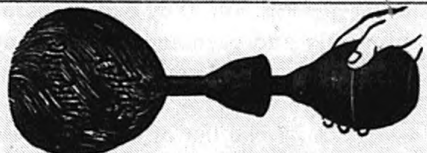
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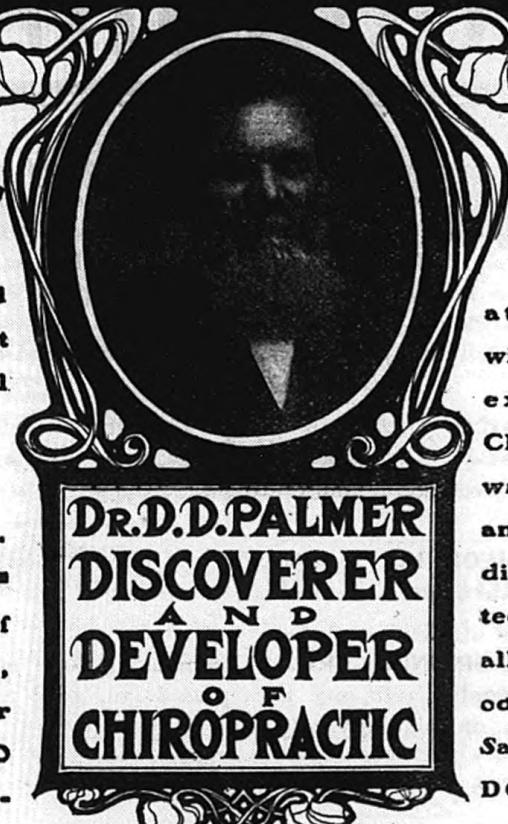
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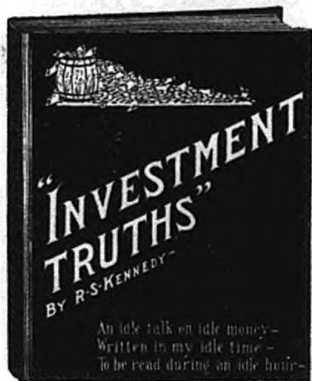
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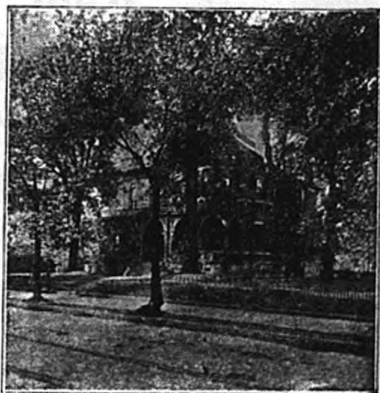
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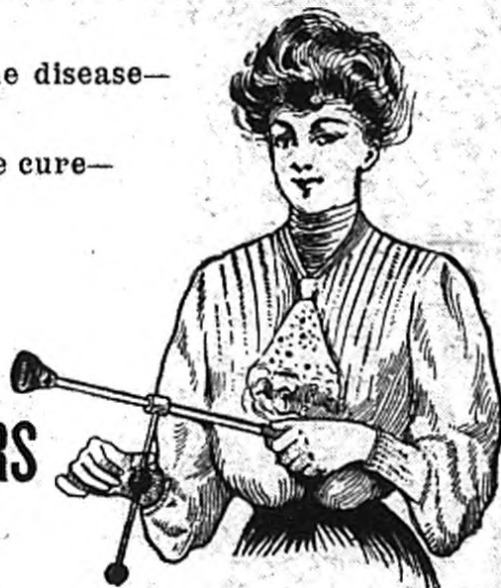
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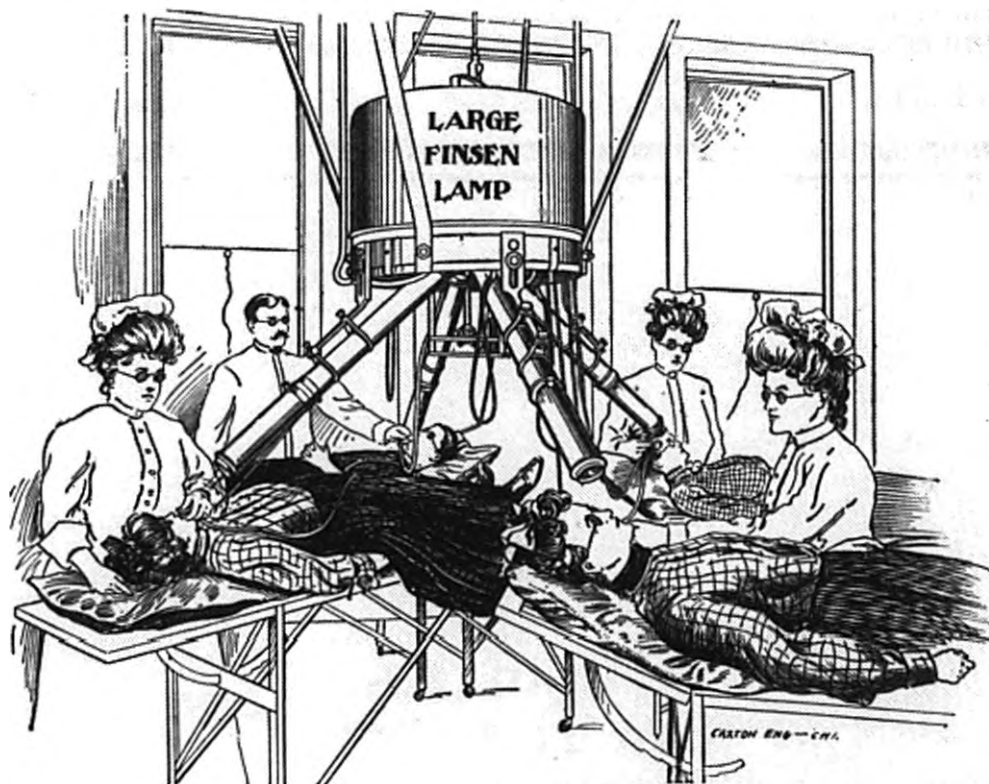
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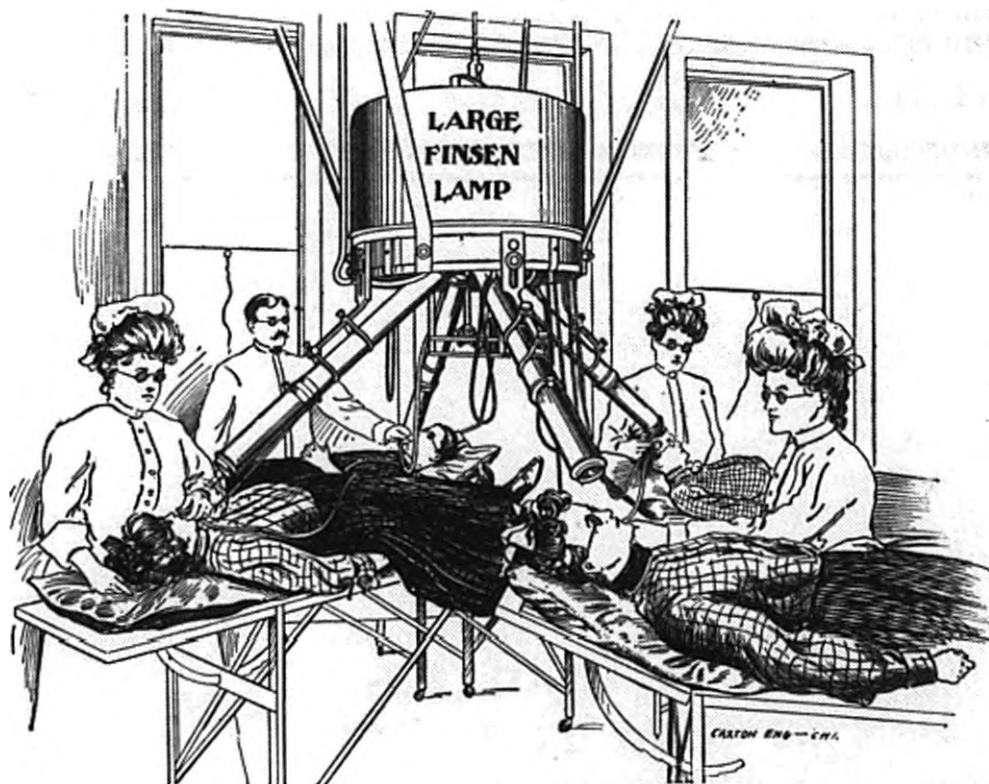
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The Death of Prof. Neils R. Finsen.

Prof. Neils R. Finsen, discoverer of the method of curing lupus or tuberculosis of the skin and other skin diseases with light rays, and director of the Finsen Ray Institute in Copenhagen, is dead. For many years he suffered from a complication of diseases. So intense was his devotion to his work that he neglected himself day and night, to the despair of his friends, hardly sparing time enough from his duties for sleeping and eating. His death is attributed to overwork, aggravating the diseases from which he had suffered all his adult life. Professor Finsen was forty-three years old, and a native of one of the Faroe Islands. The institute of which he had been the head since 1896 is supported through private benefac-

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tions and a Danish government endowment. For all this help, Professor Finsen died poor.

Professor Finsen's great discovery, that sunlight and electric light rays contain properties that can be used to cure skin diseases, was the outgrowth of his experiments begun as a student in Copenhagen University. In a small attic of the old surgical academy building, the investigation started. A fellow student, Sophus Bang, shared Finsen's enthusiasm for a complete reform in therapeutics. When ill health came to both, Bang sought refuge in Switzerland, and since has become one of the foremost anatomists of Europe. Finsen remained at home to carry on his investigations in the foggy and cold climate of Copenhagen.

In 1890 Professor Finsen was graduated from the Copenhagen University, receiving his doctor's degree. Three years later he published in a medical journal an article on "The Influence of Light on the Skin," which aroused general attention because of his assertion that cases of smallpox could be cured by putting red curtains at the windows of the sickroom. This was the beginning of the final triumph. Smallpox became epidemic in 1894 in Copenhagen, and the new method was put to the test. The red-room treatment became popular with both the medical profession and the public, for by it not only was the disease cured, but the red rays prevented suppuration and left the patient unmarked by the dreadful scars.

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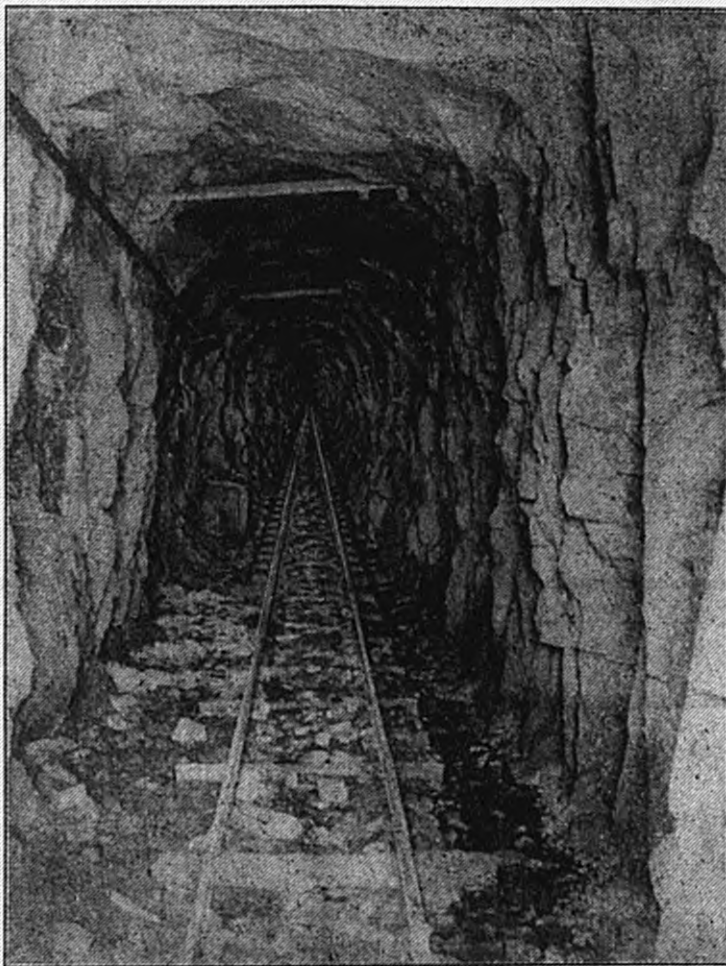
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THE MOTZORONGO COMPANY,
228 Reaper Block, Chicago, Ill.

A Profit-Sharing, Co-operative Society



MR. BAGNALL IN
SUGAR CANE.



GIANT SUGAR
CANE.

FOR two years we have been telling the public about the Motzorongo Plantation Company, a co-operative society, the affairs of which are managed by the shareholders. This society owns 165,000 acres of land in Mexico worth at least \$1,500,000 today, not including a new 750-ton sugar mill and other improvements worth over \$500,000. The association has its own plantation railroad equipped with locomotive and cars, and a government railroad runs through the plantation for thirteen miles, with two stations on our property.

This month we present a number of photographs illustrating incidents in the recent visit to Motzorongo of Mr. Wm. Bagnall, a successful business man of Pittsburg, Pa., one of the readers of this magazine, SUGGESTION.

Direct, positive testimony, especially of the nature of Mr. Bagnall's, is certainly worth careful consideration and Mr. Bagnall has given his testimony briefly but eloquently, although he reiterates only what scores of other visitors to Motzorongo have said.

MR. BAGNALL'S LETTER:

Pittsburg, Pa., May 14, 1905.

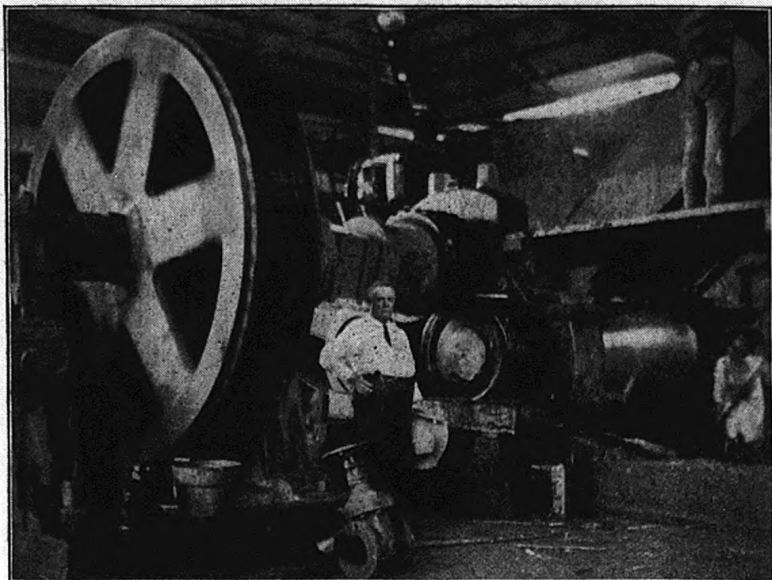
The Motzorongo Co., Chicago:

GENTLEMEN:—I have just returned from a visit to your properties at Motzorongo and am delighted with the new sugar plant and everything I saw there. I found everything fully up to representations. I was the owner of several hundred shares of your stock before visiting the plantation and since I have seen the enterprise for myself I now take pleasure in enclosing a check for an additional 600 shares.

I am telling all my friends about the enterprise and have no doubt they will be sending for several hundred shares. I intend to make up a party among my friends as early as convenient, possibly next fall, to show them the solid, successful



HAULING SUGAR CANE TO PLANTATION RAILROAD FOR TRANSPORTING TO SUGAR MILL.



MR. BAGNALL WATCHING THE 750 TON CANE CRUSHERS EXTRACTING JUICE.

business enterprise with which we are identified. I became interested in Motzorongo Company through your advertisement in Dr. Parkyn's magazine, SUGGESTION, and had the pleasure of seeing the plantation in the company of Dr. Parkyn who does not expect to leave Motzorongo for a week or ten days.

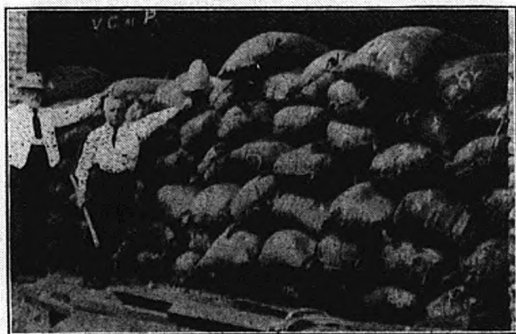
The large new sugar plant is working perfectly, converting the cane into sugar as fast as the cane can be brought to the mill by the two lines of railway.

Yours truly,

WM. BAGNALL.

P. S. In a few days will send you a letter for Bulletin.

Motzorongo is a going, paying enterprise now, but more money is required for the judicious development of its various departments and this is the only reason why the invitation is still extended to you to join in this great co-operative enterprise and to join in the profits.

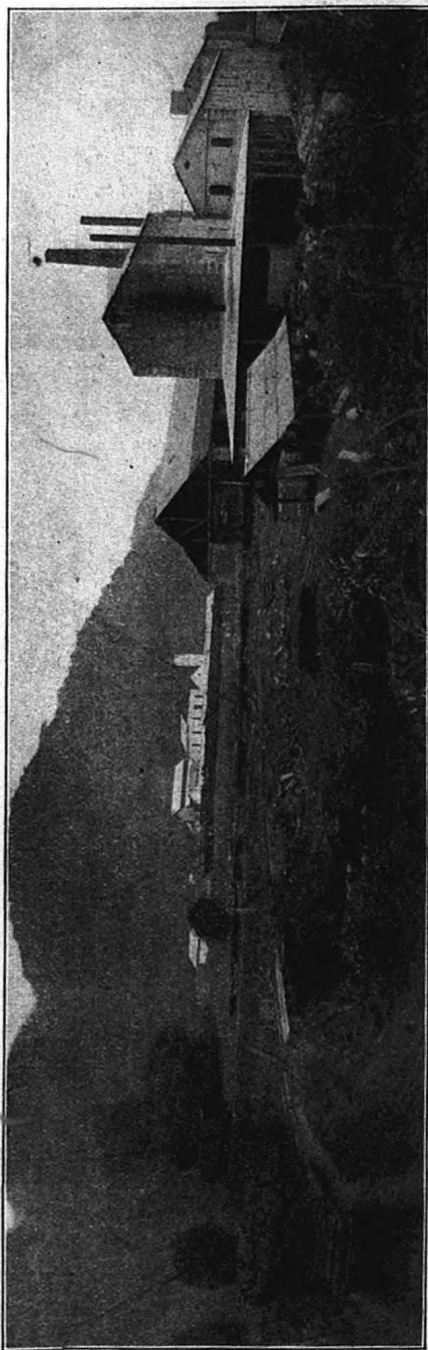


MR. BAGNALL INSPECTING HIS DIVIDENDS. THE SUGAR IS SHIPPED IN SACKS HOLDING 250 LBS. EACH. IN BACKGROUND IS SEEN THE FREIGHT CAR OF THE VERA CRUZ AND PACIFIC RAILWAY.

The company has 1,000 acres planted to sugar cane and will start to harvest this crop by January 1, 1906. This crop alone will yield handsome dividends on the total capital stock of the company—\$1,250,000.

The company has cattle, timber, rubber, coffee, cocoa, corn, rice, tobacco, bananas, oranges, pineapples, lemons, vanilla and real estate. In a few years the profits will be enormous.

Don't keep your money in



BACK VIEW OF MOTZORONGO SUGAR MILL. NOTE THE RAILROAD SWITCH RUNNING INTO THE MILL AND THE FREIGHT TRAIN STANDING IN FRONT OF STORE AND STATION IN THE DISTANCE.

a savings-bank at 3 per cent. when you can put it into a gilt-edged investment like this. This is not a stock-jobbing scheme, but a going, producing and paying investment today.

Things to Remember

This company is a mutual co-operative society constructed for the benefit of all shareholders.

* * *

Every shareholder has a vote in the management of the association.

* * *

No trust companies, millionaires, or large capitalists have anything to do with the management of this society.

* * *

The profits in tropical agriculture are enormous, the United States alone importing over \$1,000,000 worth of tropical products daily.

There are 365 growing and grazing days in the year at Motzorongo.

Motzorongo can be found on every map and railway folder of Mexico.

* * *

Although the Motzorongo Company is the largest and best American plantation company in Mexico, it is capitalized for only \$1,250,000—less than the value of the real estate holdings. It is virtually a co-operative company, and nearly \$300,000 worth of its stock is held by readers of SUGGESTION, whose editor is a director in the company.

The company is highly commended in the last official report of the sugar industry of Mexico.

* * *

If the statements in this announcement were not true the editor of this magazine would not allow them to appear.

* * *

There is no better or safer investment offered to the public today than an interest in the business of this co-operative organization.

* * *

Your investments are guaranteed by 165,000 acres of the finest land in Mexico, which is easily worth from \$10 to \$25 per acre.

* * *

Every shareholder has an undivided interest in every acre of the plantation, which is ample protection for his investment.

* * *

Let us tell you all about Motzorongo in our illustrated booklet on tropical farming—send address today to:

The Motzorongo Co.

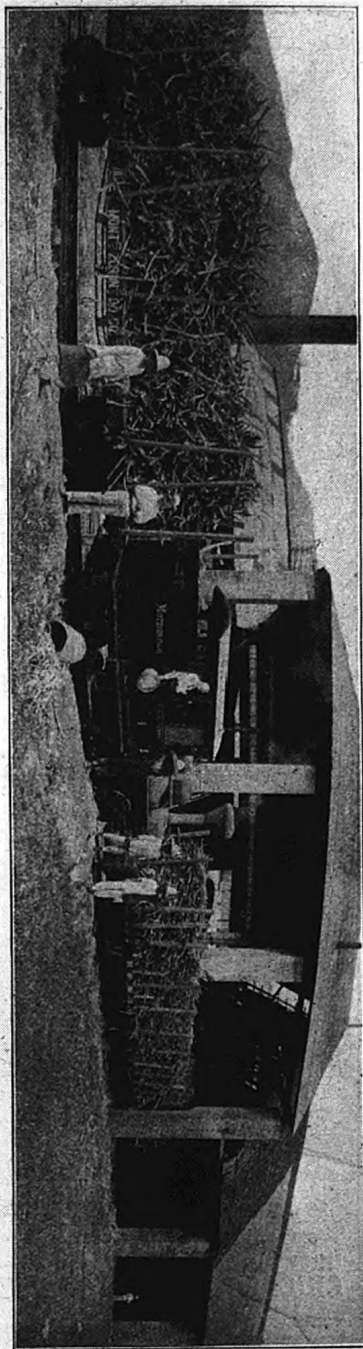
228 Reaper Block


CHICAGO, - - ILL.

(The Editor of this magazine vouches for the truth of the above statements.)

When writing to advertisers please mention SUGGESTION.

MOTZORONGO LOCOMOTIVE BRINGING LOADED CANE CARS TO THE MILL. MR. BAGNALL IS STANDING IN DOORWAY OF ENGINE CAR.





**Who does
your
Thinking?**

New Thought Federation.

[The following report was received too late for the November issue.]

THE convention of the New Thought Federation held in Nevada, Mo., September 25-29, was in many respects the most successful of any meeting ever held by the advocates of this faith.

The Nevada meeting was one of vital importance, for at this meeting were inaugurated new lines of effort, and radical changes were made in the constitution and by-laws for the more expeditious transaction of business.

Perhaps the most important and far-reaching of the acts of the Federation was changing the name from the New Thought Federation to the World New Thought Federation, thus broadening the scope and extending the influence of its thought and work.

Another radical change was the abolishment of fees and dues, substituting therefor free-will offerings. With the increase in membership and the impetus given the work by the large attendance and the practical, helpful and inspiring addresses, it is believed this change in financial management will be most beneficial. The method of election was also changed by the adoption of the referendum system, and the election of officers under the workings of this system at the Nevada meeting proved the wisdom of this change. The following are the officers chosen: President, T. G. Northup, Chicago; vice presidents, Judge H. H. Benson, Kansas City, and Mrs. Grace Brown, Denver; secretary, Ernest Weltmer, Nevada; assistant secretary, A. R. Heath, Chicago; treasurer, Mrs. Chas. H. Besly, Chicago; auditor, Chas. Edgar Prather, Kansas City; board of directors, Henry Harrison Brown, San Francisco; A. P. Barton, Kansas City; C. O. Boring, Chicago; Mrs. Jennie H. Croft, Kansas City; Mrs. Isie Danly Davis, Durango, Col.; Rev. Paul Tyner, Atlanta, Ga., and Prof. S. A. Weltmer, Nevada, Mo.

Hereafter, under the provisions of the revised constitution, the place of holding the annual convention will be decided in open session, instead of being left to the decision of a board of directors. Chicago was decided upon as the place for holding the convention of 1906 and

the date fixed for October 23-26, both inclusive. The Federation officers residing in Chicago were empowered to make all arrangements for this meeting.

Here it may be stated so great was the interest manifested in the Federation and its work by the citizens of Nevada that Col. H. C. Moore, representing the Nevada Commercial Club, and Prof. S. A. Weltmer proffered the Weltmer Institute as permanent meeting place of the Federation. This plan was discussed freely, but the consensus of opinion was opposed to holding the annual meeting in any one place consecutively. Prof. Weltmer thereupon withdrew his offer and Chicago was unanimously chosen for the meeting of 1906.

Secretary Ernest Weltmer is busily engaged in the work of preparing the proceedings of the convention for publication, and it is hoped to have these ready for distribution in the near future. Mr. Weltmer is also preparing a little brochure of information for New Thought people, which will be furnished all the members of the Federation.

This new year in the life of the Federation begins under most favorable and favoring auspices. The infusion of new life into the membership body has given an impetus to more aggressively active work on the part of each. The officers chosen are broadminded men and women, keenly conscious of the far-reaching importance of the work in which they are engaged and, what is of equal, if not greater, import, officers and members work together harmoniously.

Wisdom is oftentimes nearer when we stoop than when we soar.—
Wordsworth.

* * *

Tender handed stroke the nettle and it stings you for your pains;

* * *

Grasp it like a man of mettle and it soft as silk remains.—*A. Hill.*

* * *

Labor to keep alive in your breast that little spark of celestial fire called conscience.—*Washington.*

* * *

Conscience in the soul is the root of all true courage. If a man would learn to be brave let him learn to obey his conscience.—*J. F. Clarke.*

* * *

Knowledge is the hill which few may hope to climb;

DIRECTORY OF Advanced Thought, Hygienic and Reform Publications

In this directory, which will be corrected, amended and published from time to time, will appear a brief description of all papers devoted to advanced thought, new thought, metaphysics, practical psychology, psychic research, occultism, astrology, hygiene, dietetic reform, suggestive-therapeutics and allied subjects.

Additional names of publications will be added as soon as received; editors and friends are requested to send copies of publications devoted to advanced thought and reform; religious, spiritualistic, political, business or purely literary publications or publications on general lines will not be listed. It is desired to make this directory complete and accurate, and the co-operation of all friends of advanced thought is asked for this purpose. There is no charge for this service.

The subscription price of foreign magazines given includes postage; foreign postage on American publications is one-half the subscription price.

Next month it is hoped that this list will be far more complete.

THE THEOSOPHIC GLEANER; Edited by *Rahman P. Wadia*, Bombay, India.

THE LIBERATOR; a monthly magazine devoted (1) to Freedom from Medical Superstition and Tyranny and (2) to Realization of the Ideal; \$1.00 a year. *Lora C. Little*, editor; Minneapolis, Minn.

PRACTICAL IDEAS; a monthly magazine devoted to practical application of the doctrines of the New Thought; \$1.00 per year; *Dr. I. W. Winkley*, editor; 30 Huntington Ave., Boston, Mass.

THE OCCIDENT, devoted "to the study of soul growth through self-development effected by the intelligent application of the higher laws." Monthly; 4 large pages; 50 cents a year; *Miss L. Frances Estes*, Editor; 124 Highland street, Brockton, Mass.

THE BUSINESS PHILOSOPHER; devoted "to the principles determining the evolution of success," showing how thought force may be used in business matters; a psychological publication for business men and women; monthly; \$1.00 per year; The Science Press, Republic Building, Chicago.

THE SCOTTISH HEALTH REFORMER AND ADVOCATE OF RATIONAL LIVING; devoted to nature cure, vegetarianism and reform in all matters relating to health, diet and hygiene; monthly; six shillings per year, postpaid; Paisley, Scotland.

THE NEW CRUSADE; the reformation of dress is one of the most important objects of *The New Crusade*, which is an endeavor to find a cure for the degrading materialism of the present day in a return to that simplicity of life and thought which is characteristic of all primal and national vigor; ———; ——— pp.; ——— per year; 8 Queens Road, Bayswater, West Central, London, England.

PRIMITIVE OCCULT JOURNAL, devoted "to the wonderful possibilities of the Human Family and the Godly powers within all"; monthly; 20 pp.; \$1.00 per year; Editor, *Dr. A. B. Hamel*, Helena, Montana.

THE OCCULT REVIEW, a monthly magazine devoted to the investigation of supernormal phenomena and the study of psychological problems; ———; ——— per year; Editor, *Ralph Shirley*, 164 Aldersgate street, London, E. C., England.

THE MAZDAZNAN, "a magazine of modern thought for Mental and Physical improvement; monthly; \$1.00 per year; Otoman Zar-Adusht-Hanish, Chicago, Ill.

THE OCCIDENTAL MYSTIC, a monthly periodical of advanced thought; devoted to occultism, spiritualism, osteopathy, palmistry, suggestion and new thought; \$1.00 per year; *Arthur S. Howe*, 6 Cottage Row, San Francisco.

Now: the world's new thought journal; a journal of affirmation; devoted to soul culture, art of living, psychometry, inspiration, spiritual healing, mental science and suggestion; its basic affirmation is: Man is spirit here and now, with all the possibilities of divinity within him and he can conscientiously manifest these possibilities HERE and NOW; *Henry Harrison Brown*, editor; \$1.00 per year; 150 Steiner St., San Francisco, Calif.

INGERSOLL MEMORIAL BEACON; monthly; a non-partizan monthly devoted to Science, Free Thought, Rational Right-Doing, and to Good Government of, for and by the People. 50 cents per year: Motto: Let everybody be reasonable. *Ingersoll Beacon Co.*, Chicago.

THE METAPHYSICAL MAGAZINE; quarterly; devoted to science, psychology, philosophy, metaphysics and occult subjects; \$1.00 per year; *Leander Edmund Whipple*, Editor, 500 Fifth Ave., N. Y.

TOMORROW: a monthly handbook of the changing order for progressive people; advocates social, industrial and economic reform through co-operative societies; \$1.00 per year. *Parker H. Sercombe*, Editor, 2238 Calumet Ave., Chicago, Ill.

LUCIFER; a semi-monthly reform magazine of advanced thought; devoted to the emancipation of women; opposes the enslavement of womanhood and motherhood; \$1.00 per year; edited by *Moses Harmon*, 500 Fulton street, Chicago, Ill.

HUMAN CULTURE; discusses phrenology, character reading, laws of conjugal selections, heredity, child culture, and vitality; devoted to human nature, human science, human culture, health, progress, success, and happiness; *Mrs. Emily H. Vaught*, Editor and publisher; monthly; \$1.00 per year; 130 Dearborn street, Chicago.

HUMAN NATURE; a monthly journal devoted to the practical application of phrenological principles to the everyday affairs of life; 50 cents per year. *Professor Allen Haddock*, Editor, 1020 Market street, San Francisco, Calif.

THE ORACLE; exponent of West Gate Philosophy; 50 cents per year; 8 pp.; monthly; *Charles H. Mackay*, Editor; Brighton, Me.

MEDICAL TALK FOR THE HOME; monthly; advocates common sense methods of cure, friendly to all forms of natural and drugless healing, although advocating the use of drugs and proprietary medicines to some extent; opposes medical laws, vaccination, serums, etc. *Dr. C. S. Carr*, Editor; Miss Evelyn Pickens, Ass. Ed., 100 pp.; \$1.00 per year; Columbus, O.

THE ARYA: A monthly magazine and review devoted to Aryan Religion, Science, Philosophy, Literature, and Current Topics; 7 shillings per year; *The Arya Press*, 296 Tambu Chetti St., Madras, India.

THE BALANCE; monthly; 32 pp.; for thinkers and students of advanced thought, and occult sciences; 1700 Wilton St., Denver, Colo.

SOUNDVIEW; devoted to the obstetrics of thought and the philosophy of existence; *Will E. Rader*, Editor; \$1.00 per year; published by the Society of Evergreens, Olalla, Wash.

HERBERT'S MAGAZINE; edited by *Ewing Herbert*; printed for those who live now; fifty cents per year; Hiawatha, Kansas.

FELLOWSHIP; 434 South Hill street, Los Angeles, Calif. The organ of The Los Angeles Fellowship, an association for the encouragement of trustful and unselfish living, of which Benjamin Fay Mills and Mary Russell Mills are the ministers. Fifty cents a year. Single copies, 10 cents.

MIND; a quarterly review of theoretical psychology and philosophy; 12 shillings yearly; edited by *G. F. Stout*, 14 Henrietta St., Covent Garden, London, England.

THE MONIST; a quarterly devoted to the Philosophy of Science; editor, *Dr. Paul Carus*; 160 pages; \$2.00 per year; *Open Court Publishing Co.*, 1322 Wabash Ave., Chicago.

THEOSOPHICAL REVIEW: founded by H. P. Blavatsky in 1887; devoted to Theosophy and allied subjects; edited by *Annie Besant* and *G. R. S. Mead*; Chicago, 26 Van Buren St., London, 161 New Bond St., W.

THE THEOSOPHIST; a magazine of oriental philosophy, art, literature, and occultism; conducted by H. S. Olcott; \$5.00 per year; Adyr P. O., Madras, India.

THOUGHT, a monthly advocate of psycho-therapy; \$1.00 per year; edited by *Dr. Sheldon Leavitt*; published by the Magnum Bonum Co., 4665 Lake Ave., Chicago.

INSPIRATION, a magazine of information, inspiration and exhortation; monthly; 30 pp.; 50 cents per year; Editor, *B. F. Williams*, Des Moines, Ia.

THE ADEPT; devoted to astrology, evolution, monism; monthly; 16 pp.; 50 cents per year; *Frederick White*, editor, Markville, Minn.

THE OPEN ROAD, a magazine for those who believe in out-door life; 32 pp.; 50 cents per year; *Charles Wisner Barrell*, editor, 137 Grant Ave., Jersey City, N. J.

THE LIFE; devoted to Christian Metaphysics; monthly; 48 pp.; \$1.00 per year; *C. J. Barton*, editor, Kansas City, Mo.

VACCINATION; issued monthly for the Anti-Vaccination Society of America; 50 cents per year; *Frank D. Blue*, editor, Kokomo, Indiana.

THE MYSTIC MAGAZINE, published monthly by the Mystic Publishing Company at Framingham, Mass., under the direction of the Eternal and Universal Brotherhood of Mystic; price 10 cents per year; edited by *Ananda*.

THE AMERICAN JOURNAL OF PROGRESSIVE THERAPEUTICS (formerly *The American X-Ray Journal*); this journal has departments for electrical science, X-Ray photography, Electro-therapy, radio-therapy, thermo-therapy, hydro-therapy, mechano-therapy, and psycho-therapy (suggestion).

SUGGESTION, a monthly magazine of the New Psychology for thinkers devoted to Psychic Research, Auto-Suggestion, drugless healing, personal magnetism, advanced thought, health, happiness and success; \$1.00 per year; foreign, 6 shillings; *Herbert A. Parkyn, M. D.*, editor, 4020 Drexel Boulevard, Chicago.

EXPRESSION; a Journal of Mind and Thought; monthly; \$1.58 per year; edited by *Alma Gillen*, 147 High St., Kensington, W., England.

THOUGHTS NEW AND OLD; quarterly; devoted to science and philosophy of life; the law of financial success and modern methods of mental medicine, etc.; 25 cents per year; edited by *Edward H. Cowles, Ps.D.*, Santa Cruz, Calif.

THE NEW THOUGHT JOURNAL AND OCCULT REVIEW; a magazine devoted to practical idealism and the study of nature's finer forces; monthly; 16 pages; \$1.00 per year; edited by *Geo. H. Bratley, F. T. S.* Published by the Talisman Publishing Co., 52b. Station Parade, Harrogate, Yorks, England.

THE HEALTHY HOME; a journal of common sense medicine, Athol, Mass.; monthly; 50 cents per year; *W. H. Brock & Co.*, Publishers, Athol, Mass.

BEAUTY AND HEALTH; a monthly magazine for women, devoted to physical culture, health and dress reform, natural foods and sociological questions, etc.; edited by *Bernarr Macfadden*; 50 cents per year; Spotswood P. O., N. J.

A STUFFED CLUB; a monthly magazine advocating freedom from medical and ecclesiastical rules; devoted to reform in diet and therapeutic methods; advocates a drugless system of cure, based on proper diet. *Dr. H. J. Tilden*, editor; \$1.00 per year; Denver, Colo.

THE PHILISTINE; a periodical of protest and progress; an exponent of reform in thought, religion, education and the ideals of life; for those who are not afraid; edited by *Elbert Hubbard*. Price \$1.00 per year, and worth it; East Aurora, N. Y.

THE CHIROPRACTOR; a monthly journal devoted to the interests of Chiropractic. Published by The Palmer School of Chiropractic, Davenport, Iowa, U.S.A. *Dr. D. D. Palmer*, discoverer and developer of Chiropractic, editor. Subscription, 50 cents a year. (See page "ad" in magazine section.)

GOOD HEALTH CLINIC; monthly; advocates rational hygiene; is opposed to drug medication; official organ of the International Health League; *E. Elmer Keeler, M.D.*, editor; 50 cents per year; Syracuse, N. Y.

THE NEW WAY; a New Thought magazine devoted to the unfolding of the higher life; "it is the purpose of this magazine to give its readers the best expressions of the broadest and most instructive messages of truth upon vital, definite and special theories"; monthly; \$1.00 per year; 1107 E street, Northwest, Washington, D. C.

THE HARBINGER OF LIGHT; monthly; devoted to zoistic science, free-thought, spiritualism and the harmonial philosophy; \$1.50 per year; Melbourne, Australia.

THE VEGETARIAN MAGAZINE; monthly; an illustrated magazine of better living—an authority on foods, their selection and preparation,—discourages the use of flesh, fish, and fowl for food—upholds the right of life for the whole sentient world—advocates justice, humanitarianism, purity, hygiene, temperance, stands for a stronger body, a healthier mentality, a higher morality. Uriel Buchanan, Ph.D., editor; \$1.00 the year; The Vegetarian Co., Chicago.

THE WISE MAN, "a periodical dealing in a sound, thorough, not too profound way with the various subjects of Occult Science that are recognized as of practical value to mankind; monthly; 32 pp.: \$1.00 per year; Editor, *Leander Edmund Whipple*, 500 Fifth Avenue, New York.

THE VEGETARIAN, devoted to vegetarianism and dietetic reform; monthly; organ of the English Vegetarian Federal Union; — pp.: 75 cents per year; 34 Memorial Hall, Tarrington street, East Central, London, England.

HISTORIC MAGAZINE AND NOTES AND QUERIES; devoted to history, folklore, mathematics, literature, science, art, arcane societies, etc., monthly; \$1.00 per year; *S. C. Gould*, Editor, Manchester, N. H.

THE NEW THOUGHT JOURNAL and Occult Review, devoted to practical idealism and the study of nature's finer forces; monthly; 16 pp.; \$1.00 per year; *Geo. H. Bratley*, Editor, Talisman Publishing Co., 52b, Station Parade, Harrogate, Yorks, England.

HEALTH; devoted to physical culture and hygiene; monthly; \$1.00 per year; *Chas. M. Tyrell, M.D.*, Editor, 321 Fifth Avenue, New York.

VIM; a magazine devoted to mental and physical improvement; monthly; 34 pp.; 50 cents per year; *Edgar C. Beall, M.D.*, Editor, 500 Fifth Avenue, New York.

PHYSICAL CULTURE; devoted "to subjects appertaining to health, strength, vitality, muscular development and the general care of the body, and also to all live and current matters of general interest, enlightenment, entertainment and amusement"; monthly; 94 pp.; \$1.00 per year; *Bernarr Macfadden*, Editor, 29 East 19th street, New York City, N. Y.

HEALTH CULTURE; a journal of practical hygiene; monthly; 45 pp.; \$1.00 per year; *W. R. C. Latson, M.D.*, Editor. The Health Culture Co., 151 West 23d street, New York City, N. Y.

NAUTILUS; a New Thought magazine of optimism and success for people who are alive; monthly; 32 pp.; 50 cents per year; Editor, *Elizabeth Towne*. Department 17, Holyoke, Mass.

THE NEW THOUGHT MAGAZINE; an exponent of the practical feature of the New Thought as applied in every-day life; monthly; \$1.00 per year; *William Walker Atkinson*, Editor, Caxton Building, Chicago.

ELKA; a magazine of 20th Century Psychology practically applied to the art of living; monthly; 50 cents per year; edited by *H. C. Wright*; The Wright Publishing Co., Corry, Pa.

THE NATUROPATH AND HERALD OF HEALTH; devoted to natural healing and living methods, on the basis of self-reform and popular hygiene, hydrotherapy (priessnitz, kneipp and just systems), osteopathy, heliotherapy (sun, light and air cure), diet physical and mental culture, to the exclusion of drugs and non-accidental surgery; monthly; 48 pp.; \$1.00 per year; *Benedict Lust*, Editor, 124 East 59th street, New York.

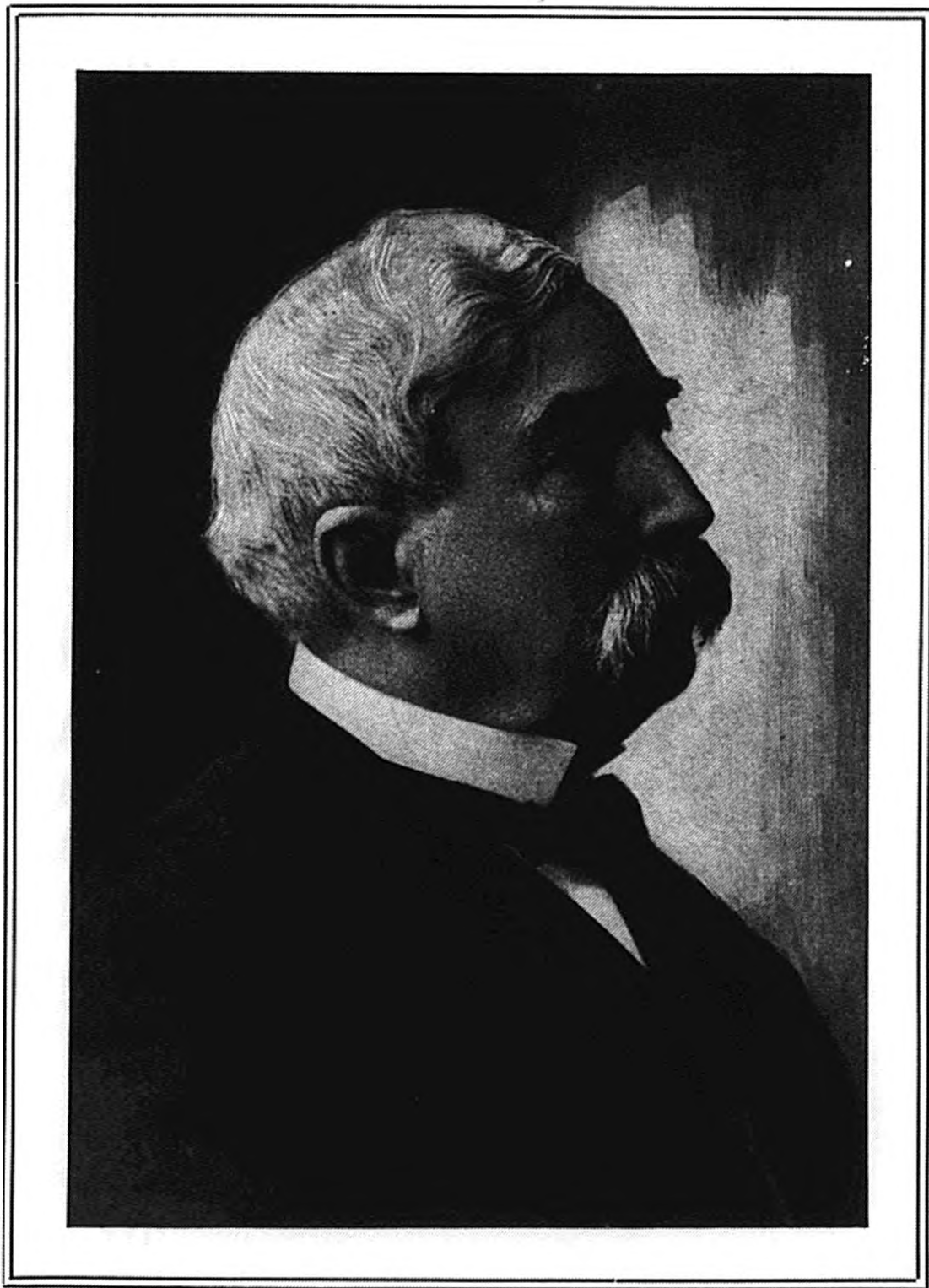
HEALTH WITHOUT DRUGS; a journal of dietetic reform; devoted to the teaching of the properties of foods in daily use rightly combined and proportioned, by means of which the prevention and cure of disease; opposed to vegetarianism; 5 cents per copy; Miss *Sophie Leppel*, editor, 26 Clovelly Mansions, Gray's Inn Road, London, England.

THE ENGLISH MAGAZINE OF MYSTERIES; monthly; \$1.00 per year; Apocalyptic Pub. Co., 15 Tothill St., London, S. W., England.

PSYCHO-THERAPEUTIC JOURNAL; monthly; devoted to the rational consideration of hypnotism, suggestion, mental science, will power, human radiations, drugless healing, and the treatment of disease by psychic and mental processes with due regard to diet, hygiene, and the observance of natural laws of health; \$1.00 per year; edited by *Arthur Hallam*, 3 Bayley St., Bedford Square, London, W. C., England.

THEOSOPHICAL QUARTERLY; published by the Theosophical Society of America, 159 Warren St., Brooklyn, N. Y.

THE THEOSOPHICAL FORUM, Flushing, N. Y.; \$1.00 per year.



Thomson Jay Hudson, LL.D., Ph.D.

Father of the New Psychology

Author of "The Law of Psychic Phenomena," "The Law of Mental Medicine,"
"The Evolution of the Soul," etc., etc.

(From a photograph taken just before his death)

The Remarkable Book of Lulu Hurst,

"THE GEORGIA WONDER." Fourth Edition.

Some years ago **Lulu Hurst's Wonderful Psychic Powers** created a greater excitement all over the continent than a **Presidential Campaign** would have done. She packed Wallack's Theater in New York for a month, and similarly filled the playhouses in every city in America. People often paid \$5.00 a seat to see an exhibition of her powers. For five years she was the Wonder of the World.



Fig. 4. The Attempt of One, Two, Three or More Men to Force a Chair to the Floor while My Hands are Upon It. (An illustration from Lulu Hurst's Book. She uses these illustrations to give her explanations. Copyrighted. All rights reserved.)

If you don't say that this is the most original, the strangest and most entertaining volume you ever read, send it back and get your money. **Price of Book, \$1.00.**

The Psychic Publishing Co., P. O. Box 184, Rome, Ga.

No one explained these powers, and no one could resist them. :: :: ::

She could overcome a dozen athletes as easily as she could a child.

Animate and inanimate things were subject to her powers. :: :: ::

The press everywhere published thousands of columns about her, and they all ascribed her strange powers to a **Supernatural Origin**. On this point she quotes the editors, the scientists, the magazine writers by the score in her book. :: :: :: ::

She made tens of thousands of dollars on the stage, and then gave several years to experimentation and study to find the explanation of her powers. :: ::

She found the explanation, and gives it to the world in her **Remarkable Book** of 280 pages, handsomely illustrated throughout (like cut on this page).

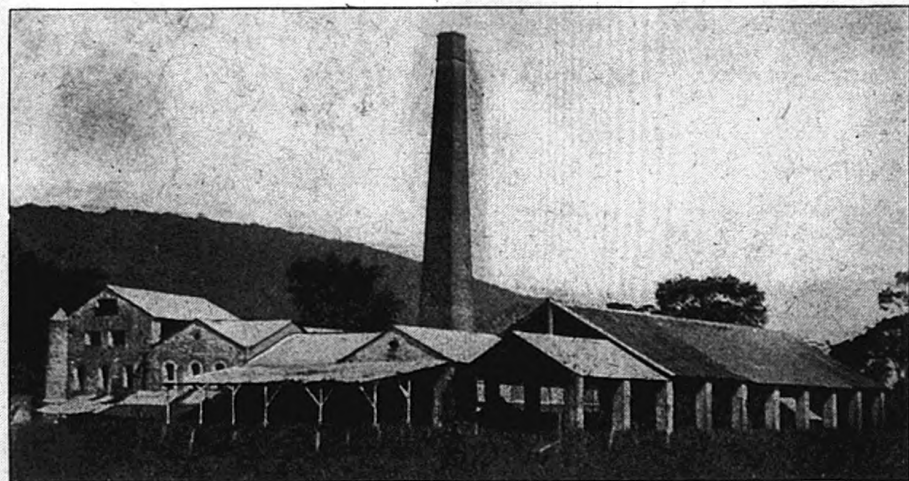
The publisher's guarantee satisfaction, or the price of book refunded.

**Thousands sold—
not one returned.**

THE MOTZORONGO

A CO-OPERATIVE

THE MOTZORONGO COMPANY has a plantation in Mexico consisting of 165,000 acres, which are worth at least \$1,500,000 to-day. On this property are permanent improvements worth over \$500,000, including a new sugar mill, the finest in Mexico. A government railroad runs through the plantation for thirteen miles, and keeps two stations on the property. The Motzorongo has its own narrow-gauge railroad, with locomotive and cars to bring its



MOTZORONGO SUGAR MILL, 1904.
Handled 100 tons of cane per day.

crops to the sugar mill and depots; a village with 125 native houses, three stores, a thirty-room American house, machine shop, blacksmith shop, etc.

The Company has 735 acres of sugar cane this year to turn into sugar, and sugar nets about \$200 per acre. In two years more there will be 3,000 acres planted to sugar cane. Then the Company has cattle, timber, rubber, coffee, cacao, corn, rice, tobacco, bananas, oranges, pineapples, lemons, vanilla, and real estate. There will be a good profit this year, a dividend in July, and the annual profits will be enormous in a few years.

The profits in tropical agriculture are enormous, the United States alone importing over \$1,000,000 worth of tropical products daily.

There are 365 growing and grazing days in the year at Motzorongo.

Motzorongo can be found on every map and railway folder of Mexico.

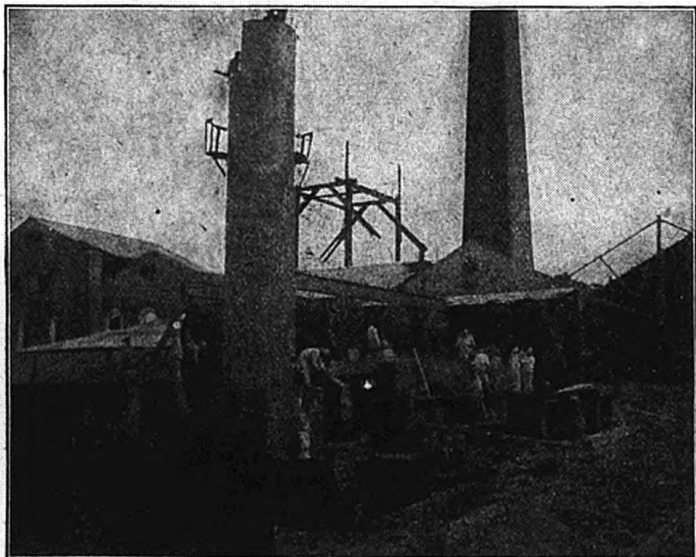
LET US TELL YOU

Address **THE MOTZORONGO**

—228 Reaper Block

PLANTATION CO., SOCIETY

Although the Motzorongo Company is the largest and best American plantation company in Mexico, it is capitalized for only \$1,250,000—less than the value of the real estate holdings. It is virtually a co-operative company, and nearly \$300,000 worth of its stock is held by readers of SUGGESTION, whose editor is a director in the Company.



MOTZORONGO SUGAR MILL. 1905.

Handles 750 tons of cane per day. Photo taken first week in December. Mill now completed.
Finest in Mexico. Worth \$400,000, and all paid for.

There is still some stock for sale, the proceeds of which will be spent in the judicious development of the plantation and purchase of cattle, from which the profits are very large in Mexico.

This is not a stock jobbing proposition. Every stockholder in the Company has paid cash for his stock, and there are only two salaried officers. The Company gives steady employment to over 500 workmen. It is a going, producing, paying investment now. Don't keep your money in a savings bank at 3 per cent, when you can put it into a gilt-edged investment like this. Send postal for handsome booklet about tropical farming—send to-day.

ALL ABOUT IT !!!

PLANTATION COMPANY

CHICAGO, ILL.

of disease. If relief from aches and pains is desired, an antikamnia tablet is as good as anything; and I see no harm in using them in a reasonable manner. True, it is far better to so live that pain will not be in evidence. Drugs are unnatural and not to be generally recommended.

* * *

Certain firms are advertising in SUGGESTION what are known as the "biochemic cell salts," or "tissue remedies," or "physiologic foods." These remedies are not drugs for they produce no symptoms; they do not poison the system. They are the inorganic elements found in the body, ground so finely that it is claimed that they can be assimilated and used by the blood cells in building tissue. I am not prepared to assent to this but I know this: Those cell salts are perfectly harmless; they can be taken by any one, in any state or condition, without danger; many remarkable cures have been reported from those who have used these preparations. It is claimed that these salts are true foods, and are used by the system just as any food is used. So there can be no objection to the advertisements mentioned.

* * *

We do not take advertisements of investment companies unless we are assured that the proposition is fair, the company reliable, and the affairs of the company are honestly administered.

In answering advertisements always mention the magazine containing the same. Sometimes the same firm will have different advertisements in different publications; mention the publication where you saw the advertisement, then the advertiser knows just what you want.

The Editor in Mexico.

Several readers of SUGGESTION, accompanied by our editor, Dr. Parkyn, left Chicago February 25th to visit the Motzorongo plantation, in Mexico, to inspect the new sugar machinery just installed at Motzorongo.

Dr. Parkyn has taken a prominent part in promoting the success of Motzorongo. Knowing the interest he is taking in the enterprise, the readers of SUGGESTION have subscribed for over \$250,000 worth of the stock of the company, and although the management of the company is in excellent hands, Dr. Parkyn takes the greatest interest in watching the progress of every department and his visit to the plan-

tation at this time is to see for himself how things are progressing there so that he can make a personal report to our readers who are interested in the company to assure them that their interests are being carefully handled.

Having lived in the Philippines and Hawaii for several years, I know that great profits are made from tropical farming, especially when good transportation and ready markets are available. Nowhere in the tropics is richer soil to be found than in Mexico and Motzorongo is not only situated in the heart of the most fertile spot in Mexico, but has a railroad and market at its very doors for the Vera Cruz and Pacific Railway runs through the Motzorongo plantation for 13 miles and has two railway stations on the property.

I like the Motzorongo proposition as an investment on account of the transportation situation and the natural advantages of the property. I like it on account of the personnel of its management and the keen interest its officers take in its development. I like it because so many of our readers are interested in it and because Dr. Parkyn is untiring in watching their interests, not only in this country, but in Mexico, at great personal sacrifice. But those of you who know Dr. Parkyn personally, know that he looks carefully before he leaps, and that when he takes hold of a thing he never acts half-heartedly. He has visited the plantation four times in the last two years, spending several weeks at each visit and he told me before he left this time that he had received several inquiries from our readers who would like to visit the plantation a little later in the year with a view to making an investment in the company if they were satisfied with their visit to the plantation. To these he replied that if they or any reader already interested in Motzorongo would make up a party some time in March, he would return to Chicago about the middle of February to arrange a date on which they could all leave for Mexico, and he would accompany them.

March is a fine month in which to visit Motzorongo and the new sugar plant will then be running full blast. If those who contemplate making the trip in March will write to me personally, I will tell you how to make up the party—about the railroads and what points to make connections so you can all go together.

This is an age requiring co-operation for many purposes and I like the spirit of co-operation and fellowship that pervades the Motzorongo proposition. It is a solid proposition in the hands of capable, honest men, and is bound to prove a winner.

It will pay everyone to look into this investment. The com-

pany's real estate holdings are worth more than the total capitalization of the company. This guarantees the safety of the money invested, and it is better to invest money in a solid, going thing like Motzorongo, which will pay big dividends to its stockholders, than to keep it in a bank drawing a paltry 3 per cent. interest so that others may use it to make from ten to twenty per cent.

Some of our subscribers had their money in banks in Iowa, drawing 3 per cent. interest. Forty-eight banks failed in Iowa the year 1904 and some of these people have written to say that they now wish they had put their money into Motzorongo when Dr. Parkyn advised them to.

Write to 228 Reaper Block for Motzorongo literature and let me have the names of those who would like to accompany Dr. Parkyn to the plantation in March.

ELMER ELLSWORTH CAREY.

4020 Drexel Boulevard, Chicago.

Suggestive Therapeutics and the Law of Suggestion.

UNIVERSAL interest is now being manifested in various forms of mental healing—faith cure, mind cure, prayer cure, mental science cure, absent treatment, etc., etc.

* * *

All these forms of healing are embraced under the term "suggestive therapeutics." The basic principle is the law of suggestion, knowingly or unknowingly applied. The law of suggestion is one of the most potent, most subtle, most far reaching of all the laws of human action with which we are acquainted.

* * *

Its effects are seen every day, everywhere, in all forms of human activities. It is the foundation of business success; it controls health and disease; it is the controlling power of intellectual activities; it provides the only method by which the net work of subjective personalities and entities may be reached, and in all forms of psychic research this never failing law may be traced, and its operations noted.

* * *

The physician, healer, investigator, scholar or teacher who does not thoroughly understand the action of the law of suggestion is

only groping in the dark. Did physicians understand the law they would be more successful; did people understand there would be no quacks, no patent medicines, no fakers posing as healers, prophets or apostles. If the reader wants to know more about suggestive therapeutics, and the law of suggestion, send me a stamped envelope and I will put him in possession of the desired information.

ELMER ELLSWORTH CAREY.

4020 Drexel Boulevard, Chicago.

Tropical Agriculture.

A great deal of money is being made from tropical agriculture in Mexico. There are many successful American plantation companies operating in Mexico, but the largest is doubtless the Motzorongo Company, which is virtually a co-operative Company. It owns 165,000 acres of fine, tropical lands in the State of Vera Cruz. It has a new 750-ton sugar mill, and 735 acres of sugar cane ready for the mill this year. Next year there will be 1,200 to 1,500 acres of sugar cane ready for the mill and the following year 2,500 to 3,000 acres.

Besides sugar, there are cattle, timber, and real estate, any one of which will earn a good dividend; also coffee, pineapples, rubber, bananas, etc.—everything that will grow in the tropic, and these all help to swell the yearly profits.

Write to 228 Reaper Block and receive an illustrated booklet which will tell you all about Mexican agriculture and the Motzorongo proposition.

Cancer Cures.

Deaths from cancer are steadily increasing and any one claiming to have a cancer cure awakens interest in many unfortunates.

The Finsen Light has been used successfully in certain forms of cancer; the Finsen Light Institute of America, 78 State street, Chicago, will send information on this matter, and I would recommend that persons suffering with cancer visit this institute if the management so recommends, and if such action is convenient.



**"In One
Ear and**

**Out the
Other"**

Slips of memory often mean the sacrifice of success, happiness — and even life itself.

Slips of memory often mean the sacrifice of success, happiness — and even life itself.

The Secret of Certainty in Recollection.

PLAINLY STATED; SIMPLY TAUGHT.

THOUSANDS of testimonials have been received from pupils all over the world acknowledging the great benefit they have derived from the course of lessons received from the Pelman School of Memory. These testimonials are from men and women in every walk of life.

W. T. STEAD, Editor of the London *Review of Reviews*: "The improvement that can be effected in the memory by taking pains is so immense and so little realized that I consider Mr. Pelman one of the benefactors of the human race."

FREE — Mr. Pelman's book "Memory and What Can Be Done to Improve it" sent absolutely free upon request. Write for one today, and suggest to your friends that they write for one. It is worth reading, and worth asking for.

PELMAN SCHOOL OF MEMORY,

967 Whitehall Building, NEW YORK, N. Y.

LONDON, 4 Bloomsbury St. W. C. PARIS, Ave. de Neuilly 109. NEW YORK, N. Y. MUNICH, Mozart str., 9.

MELBOURNE, G. P. O. Box 402. DUBLIN, Natal, Lynn Bldg. MOZART STR., 9.

MELBOURNE, G. P. O. Box 402. DUBLIN, Natal, Lynn Bldg.

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DOUBLE
DAILY
SERVICE.

OVER NINETEEN HOURS SAVED.

Leave St. Louis 2.21 p. m.
Arrive City of Mexico, 10.50 a. m., third morning.

Mexico is a land that never fails to interest the artist, student, scientist, capitalist and investor, as well as the every-day tourist and pleasure seeker in quest of health and recreation.

The **Iron Mountain Route** is now the shortest and quickest line by many hours, between St. Louis and the City of Mexico. It runs over its own tracks to Texarkana, the **Texas & Pacific Railway** to Longview, Tex., the **International & Great Northern Railroad** to Laredo and the **National Railroad of Mexico** to the City of Mexico. No more delightful trip can be made for a brief vacation at this season of the year. One may go twice the distance east or west and search in vain for such a variety of scenery, such an absolute change of surroundings, such marked differences in the people, their habits and mode of living.

Also, leaving Union Station, St. Louis, at 8.20 p. m. on the Texas and Mexico Special on the Iron Mountain Route, you arrive at Little Rock, Ark., the next morning in time for breakfast. Here a superb dining car is attached to the train. Meals are served *a la carte*, the menu and all appointments being strictly first class. From Little Rock it is less than an hour's run to Benton, Ark., where direct connection is made with the train of the Little Rock & Hot Springs Western Railroad for Hot Springs, the greatest and most popular all-year-round health and pleasure resort in the country. Liberal stop-over privileges are allowed those who desire to visit this great national sanitarium.

The train then continues on its journey through the rich fruit farms and cotton fields of Arkansas to Texarkana, and thence across the Lone Star State to Austin and San Antonio, which has a world-wide reputation as a resort for sufferers from bronchial and pulmonary troubles. It is situated in the center of the "health belt" of the Southwest, blessed with almost perpetual sunshine and an ozone-laden atmosphere, which tends to make the surrounding country a second paradise for those afflicted with catarrh of the head, weakened lungs or similar ailments.

At Laredo, Tex., you cross the Rio Grande River and change flags, money also, if you wish to handle the current coin of the realm, but you do not have to change cars, as the same palatial Pullman in which you left St. Louis is still with you and will continue to be until your train rolls into the capital city of the sister Republic, at 7.30 p. m., third evening.

The first trip through Mexico is a series of revelations to the average tourist. They begin at Nuevo Laredo and reach a climax when the train climbs to the crest of the mountain which overlooks the beautiful Valley of Los Remedios, in the center of which nestle the clustered spires of the City of Mexico.

For descriptive pamphlets and further information, address

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111 Adams St., Chicago, Ill. OR H. C. TOWNSEND,
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MEXICO

The most interesting and fascinating country on the continent.
Perfect climate all the year.
Splendid transportation facilities.

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OVER 500 MILES THE SHORTEST

Effective January 8th, 1905, shortened the time St. Louis, Mo., to Mexico City eleven hours

AND

Offer triple daily train service—the only through Pullman service between the United States and Mexico, running three Pullman cars daily between St. Louis and Mexico City, via

The Iron Mountain Route and Laredo, Texas

AND

The Missouri, Kansas & Texas Ry., and Eagle Pass, Texas

The only lines offering Diverse Routes in Mexico without extra charge

G. R. HACKLEY, General Western Agent

Suite 230 Quincy Building

CHICAGO, ILLINOIS



EDITORIAL



DIED

at
Logansport, Indiana,
February 9th, 1905.
AURA L. PARKYN,
Beloved wife
of
Herbert A. Parkyn

I KNOW our friends will sincerely regret the sad intelligence imported in the notice of the death of the wife of the editor of this magazine, and I feel that every reader of SUGGESTION will deeply sympathize with Dr. Parkyn in his hour of grief.

Owing to unavoidable delays in issuing the March number of SUGGESTION and because of the death of Mrs. Parkyn, it is necessary to abridge this number in order to publish it on time. It is essential that a magazine should be issued monthly, and I know that our readers will pardon the reduced size. Dr. Parkyn has been suddenly called to Mexico for six weeks, and at the earliest opportunity we will increase the magazine to the former size.

ELMER ELLSWORTH CAREY.

We have a few foreign advertisements in SUGGESTION, and subscribers should remember that it requires two cents for a foreign postal card, and five cents for a letter weighing one-half ounce.

The person in a foreign country receiving a letter with insufficient postage is required to pay double postage for the deficit. If you put two cents on a letter to England your correspondent will pay six or sixteen cents, according to the weight of the letter.

And foreign correspondents writing to us or to our advertisers should bear this admonition in mind.

League of Thinkers.

THERE are still quite a number of the 250,000 thinkers in the United States who have not received a copy of this magazine. If you approve of SUGGESTION, do you not think that your friend would like to see a copy? Tell him or her to buy a copy at the news stand. If the news dealer is behind the times and has not a copy, send a postal to 4020 Drexel boulevard, Chicago, and ask us to send a copy. And give us the name of that misguided news dealer, that we may show him the error of his way.

When you are talking with a thinking friend, why not mention SUGGESTION to him? Why not ask him to buy a copy?

One friend writes: "I saw an old copy of SUGGESTION and I hasten to send my subscription; I did not know that there were enough thinkers in the world to support a magazine like SUGGESTION. I am thankful that the world is progressing and that the wings of thought are unfolding. More power to your pen."

Thought tends to take form in action, and if you teach yourself to think, you are in a fair way to command health, happiness and success. It is a true saying that "as a man thinketh in his heart, so is he." Thought to be valuable must be deep, sincere, earnest, continuous.

Spasmodic thinking is of no avail; wishing and longing is not thinking. A thought to be externalized must fill one's whole nature. "As a man thinketh *in his heart*," says the proverb. This means that the thought must be deeply rooted and must abide with the man and direct his actions. It is important to remember this.

It will not do to repeat a lot of affirmations with the lips and then imagine that the mere repetition will change your destiny. Let the living fires of truth be lighted on the altar of your heart.

H. A. P.

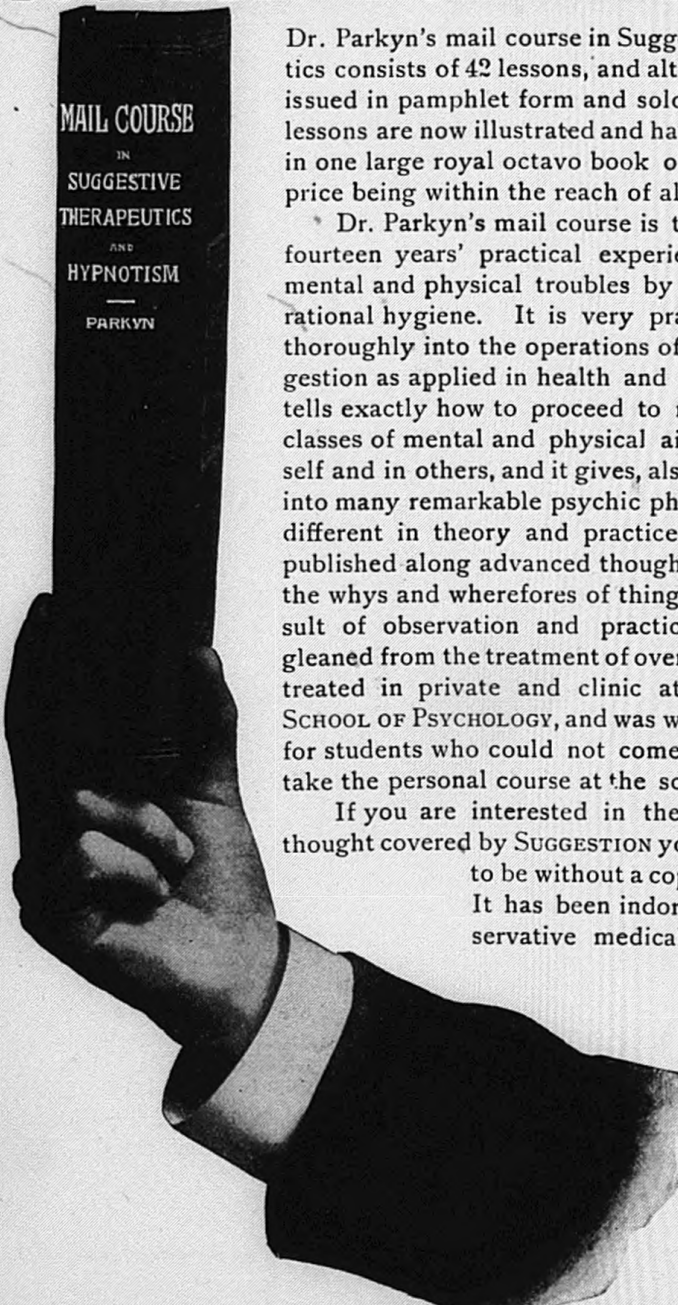
Thinking.

DO you ever think?
Can you think about one subject for five minutes?
Have you had any original thought today?
Where do you get your ideas?

* * *

Did you ever originate an idea?
Do you think, or do you only think you think?
Do you allow any one to think for you?
Is your brain growing?

SUGGESTIVE THERAPEUTICS



MAIL COURSE
IN
SUGGESTIVE
THERAPEUTICS
AND
HYPNOTISM
—
PARKYN

Dr. Parkyn's mail course in Suggestive Therapeutics consists of 42 lessons, and although originally issued in pamphlet form and sold for \$25.00, the lessons are now illustrated and handsomely bound in one large royal octavo book of 400 pages, the price being within the reach of all.

Dr. Parkyn's mail course is the result of his fourteen years' practical experience in treating mental and physical troubles by suggestion and rational hygiene. It is very practical and goes thoroughly into the operations of the law of suggestion as applied in health and to sickness. It tells exactly how to proceed to relieve different classes of mental and physical ailments in one's self and in others, and it gives, also, a clear insight into many remarkable psychic phenomena. It is different in theory and practice from anything published along advanced thought lines and tells the whys and wherefores of things. It is the result of observation and practical experiences, gleaned from the treatment of over 11,000 patients, treated in private and clinic at THE CHICAGO SCHOOL OF PSYCHOLOGY, and was written especially for students who could not come to Chicago to take the personal course at the school.

If you are interested in the field work and thought covered by SUGGESTION you can not afford to be without a copy of this course. It has been indorsed by the conservative medical press and by students, thinkers in every walk of life.

Send postal today for table of contents, description, testimonials, etc.

CHICAGO SCHOOL OF PSYCHOLOGY, 4020 Drexel Blvd., CHICAGO

SUGGESTION

A Magazine of the New Psychology

"Man's whole education is the result of Suggestion"

SUGGESTION PUBLISHING Co., 4020 Drexel Blvd.

VOL. XIV.

CHICAGO, MAY 1, 1905.

No. 5

Thought Takes Form in Action.

By WILLIAM WALKER ATKINSON.

"YES," said the Bowling Fiend, "that South Side chap broke me up completely. Just as I was about to bowl, and saw exactly how I could put the ball in between the 1 and 2 pins, and bring down the whole bunch, that chap spoke up, and, says he: 'Just watch him hit the 4 pin.' That spoiled the whole business for me, for from that moment I was afraid of the 4 pin — couldn't get my mind off of it. I kept on looking where I wanted the ball to go, but my mind was on the 4 pin, and I was so afraid of hitting it that I got rattled, and away went the ball and struck the 4 pin and square, and instead of making a ten strike, I only got a 'split.' That South Sider hoodooed me, sure."

"Well, I don't know," said the Medical Student, "I was riding on the Cottage Grove cable line the other day, and had a seat on the front bench of the grip car. Just about Thirty-fifth street I heard the gripman break into vigorous speech, and, looking ahead, I saw a colored man, on a bicycle, trying to cross the street on the bias, as the girls would say. Just as he was about half-way across, he seemed to get afraid of the car, and, try as he would, he could not keep his wheel from pointing straight at the front of the grip car, and the next moment 'bang!' he went into the car. Ran square into it, just as if he had actually tried to. I am perfectly satisfied that if he had not seen the car, or had not been scared, he could have crossed its path safely, as he had plenty of time, and was away ahead of us when he lost his head. It was the funniest

thing I ever saw—the moment he got scared, the direction of his wheel changed and instead of crossing on the slant, he headed straight toward us with bulging eyes and with skin turned into a sickly gray color. The poor chap escaped injury, but his bike was smashed. Now, what in the world caused that chap to head his machine toward the car?"

"That reminds me of the time when I was learning to ride the wheel," said the Other Fellow. "I was getting along pretty well and could manage to steer half-way straight, although in a somewhat wobbly manner, until I happened to see a telegraph pole. Now, that pole was just a plain, ordinary, everyday affair, but it hypnotized me completely. Try as I would, I could not keep away from that pole. My front wheel seemed to be drawn toward it as a needle toward the magnet, and 'bump!' I went against it. I remounted, and tried it over and over, with the same result. At last, I made up my mind that I would conquer that pole somehow, and proceeded to invent a number of plans to get the better of it. Nothing seemed to work, however. I even mounted the machine with my back toward the pole, but lo! the front wheel described a semi-circle and back to the pole I went. Then I gave it up. Now, was I hypnotized, or what?"

"Oh, pshaw!" said the Boy, "you're making a big fuss over nothing. Every feller knows that you've got to think about a thing if you want to hit it, and if you think about the wrong thing, why, you'll hit the wrong thing. If I fire a stone at a tin can, why, I just look square at the can and think about the can for all I'm worth, and the can's a dead one, sure. If I happen to let my mind wander to the cat what's on the shed over to the left of the can—well, so much the worse for the cat, that's all. To shoot straight, you've got to aim straight; and to aim straight you've got to look straight; and to look straight you've got to think straight. Every kid knows that, or he couldn't even play marbles. If I get my heart set on a beauty marble in the ring, I just want it the worst way, and says I to myself, 'You're my marble.' Then I look at him strong and steady-like and don't think about nothing else in the world but that beauty. Maybe I'm late for school, but I clean forget it. I don't see nothing—nor think nothing—but that there marble what I want. As the piece in my reader says, it's my 'Heart's Desire,' and I don't care whether school keeps or not, just so as I get it. Then I shoot, and the marble's mine. And, at

line, she makes two dots, several inches away from each other. Then she makes us put our pencils on the first dot and look steady at the other and move our pencil towards it. The more you keep thinking about the far-off dot, and the less you think about the starting dot or your hand, the straighter you're going to get your line. Wonst I looked straight at the far-off dot with my eyes, but I kept thinking about a red-headed girl on the other side of the room, and what do you think, the line I was drawing slanted away off in her direction, although I had kept my eyes glued on the far-away dot and never even peeped in the kid's direction. That shows, sure, that it's the thinking as well as the looking. See?"

THOUGHT AND AUTO-SUGGESTION.

"Well," said the Psychologist, "we have touched upon a very interesting subject. Each and every example which has been shown us affords an excellent illustration of the tendency of thought to take form, or manifest itself, in action, as the result of suggestion or auto-suggestion. It is also an illustration of Unconscious Cerebration. It is a well-known fact that, if we think intently of a certain object, we are almost certain to incline in the direction of that object, or, if we are on our feet, to even move toward the object. The moment our attention is fully given, and our ordinary watchfulness temporarily relaxed, we find our involuntary mentality urging us, and taking us, toward the object of our interest. I might cite you many instances of this, if time permitted. An interesting experiment along these lines may be tried by the use of a lady's watch and chain, or similar object (a piece of metal attached to a string will answer equally well). Grasp the end of the chain between the thumb and the forefinger, and allow the watch to swing as a pendulum, on the level of your eyes, the hand being, of course, raised much higher. (Or suspend a ring by a thread in a tumbler by the fingers, resting the elbow on the table.) Fix your eyes and attention fully on the watch, and forget that you have such a thing as an arm or hand. Then will the watch swing forward and backward, to and fro. In a few moments you will notice a tremulous motion of the watch, followed by a slight swing in the indicated direction. The motion will then increase, until the watch is swinging at a lively rate. You can then will that the watch change the direction and swing from right to left; then, later on, swing in a circle. If you have concentrated your attention on the watch, you will not be conscious of having

imparted the motion by means of your arm or hand; in fact, we have seen persons who have insisted that it was the result of Will Power, pure and simple, without the use of their muscles. This phenomenon is caused by what is known as Unconscious Cerebration, which causes the manifestation of Thought, by Involuntary Muscular Motion. It is very simple and easily understood, and fully explains the phenomena mentioned by our several friends this afternoon. There is no mystery, whatsoever, about it."

A FEW QUESTIONS.

"Well, all this is highly interesting," said the Crank, "and we have greatly enjoyed and appreciated the explanation and illustration of our friend, the Psychologist, but I do not agree with him, entirely, when he tells us that it is all so very 'simple and easily understood,' and that there is 'no mystery, whatsoever, about it.' To my mind it is anything else but simple and easily understood, and there still remains considerable mystery, for me at least. Our friend has told us the How, but not the Why of it all—he has ticketed it with a name, but the naming of a thing is far different from explaining it; very far from throwing a light upon the Why-ness of it. This is a very common fault among our scientific men. They dismiss a subject by giving it a name, and think that they have thus fully explained it. To say that a thing is 'merely' Unconscious Cerebration, and then get rid of it, is a very cheap way of disposing of it. Many of us dispose of extremely interesting phenomena and facts, by shrugging our shoulders and saying it is merely Suggestion; and pitying the ignorance of mortals who feel that the matter is still unexplained and unsettled. What is Suggestion, anyway? What is Unconscious Cerebration? What is Involuntary Muscular Action? What is 'a manifestation of Thought,' or 'Thought taking form in Action'? These phrases and terms are all very well, and they help us to express an idea in a few words, but do they really explain the matter? I think not! Our learned friend, the Psychologist, has shown us that, when we forget our arm and hand and concentrate on the watch, we cause the watch to oscillate by the movement of the muscles of our arm and hand, although we are not conscious of the muscular movement, nor do we consciously send forth the mental current which causes the muscles to move. All that we are conscious of is the strong Desire that the watch shall move, and the sub-conscious part of us 'does the rest.' So far as our conscious self is concerned, it is as

if the watch was moving in obedience to our will-force projected through space without traveling along the channel of nerve and muscle. The nerves and muscles do not exist for our conscious self—to all intents and purposes they are illusions, and yet they are the media through which the Sub-conscious manifests the Desire of the Conscious. Is this so very 'simple'? I think not.

"But enough of this for the present," continued the Crank, "it looks to me as if the Boy has turned this phenomenon to better and more practical use than any of us grown-ups. While we are theorizing about it, and relating incidents illustrating the casual use of this force, the child has shown us that he understands its workings and its practical application to the affairs of his little everyday life. It is not the first time that I have gone to the babe for wisdom. The workings of the mind of the child are worthy of the careful and constant study of the sage—that is, so long as the child is kept free from the fears, follies, illusions and delusions of the grown-ups. Although the child has an imagination beyond our comprehension, he is, at the same time, painfully, and even brutally, matter-of-fact. He wants to know the Why of everything, as well as how things are done. He has an abiding faith in the Goodness of things, until we pollute his mind with Fearthoughts and ideas of Evil. He has an abiding belief in Justice and Truth, until he profits by our example and beats us at our own game. He has Confidence and Trust, until we scare it out of him.

WILL AND DESIRE.

"Now, look at the Boy," shouted the Crank. "He knows by intuition or instinct what we find it hard to get by reason. He knows that in order to get things that we want we must first earnestly Desire them; then we must Will that our Desire will be attained; then we must confidently expect the desired result. As he has told us, we must 'want it the worst way,' and not 'care whether school keeps or not,' just so we get the marble; and we must say confidently, as he did, 'You're my marble;' then we must 'look at him strong and steady-like;' and then act, and lo! the 'beauty' glass marble is ours. If we would only put into our daily tasks the interest and attention that the boy puts into his game, we would see quite a difference in things. Of course it's true that the boy finds his 'beauty' marble to be far less attractive in his hand than it appeared when in the ring, but what of that—so do we. The thing is this: While you are in the Great Game, take a boy's in-

terest in it; play with a zest; play your level best and get the marble. Of course, if you are wise, you will know (and so does the boy) that it's all a childish game, and that the joy is in the playing rather than in the possession of the spoils, but that needn't spoil the game. The boy knows enough to enjoy the playing for a few marbles that he could buy for a penny a fistful at the corner store. But what of that—he finds a joy in Living, Acting, Doing; in Expressing his Life; in living it out; in Growing and Outgrowing; in the acquiring of experiences. And is it not true that these things (together with Love) yield about all that we may expect to gain from living? And he has sense enough to know the truth of this, instinctively, while we poor grown-ups vainly imagine that our pleasure will come only in the possession of the trophies of the game—the glass marbles of life—and look upon the playing of the game as drudgery and work imposed upon us as a punishment of the sins of our forefathers. The boy lives in the Now and enjoys every moment of his existence—his winnings, his losings, his victories, his defeats, while we, his elders and superiors in wisdom, groan at the heat of the day and the rigor of the game, and are only reconciled to our task by the thought of how we will enjoy the possession of the marbles—when we get them at the end of the game. The boy sucks his orange and extracts every particle of its sweet contents, while we throw away the juicy meat and aim only to secure the pips. Oh, yes! the boy not only knows how to 'get there,' but he has also a sane philosophy of Life. Many of us grown-ups are now re-learning that which we lost with our youth.

"And then," concluded the Crank, "you will notice that the bowler, the bicyclists and the others, got what they didn't want, because they were afraid of it, and allowed it to distract their thoughts from the object of their Desire. To Fear a thing is akin to Desiring it—in either case you are attracted toward it, or it to you. It's a rule that works both ways. You must think about the Thing you Want—not about the Thing you Don't Want, for the thoughts you are thinking are the ones that are going to 'take form in action,' as our good Psychologist would say. As the Boy said: 'You've got to think about a thing if you want to hit it, and if you think about the wrong thing, why, you're going to hit the wrong thing.' Watch your Ideal, not your Bugbear. Concentrate on your Ideal—fix your thought and gaze upon it, like the boy upon his marble—and don't allow Fearthoughts to sidetrack you. Select the thing you want to be, and then grow steadily into it.

Pick out the thing you want, and then go straight and steadily to it. Replace your old song of 'I Fear' with the New Thought anthem, 'I Can, and Will.' Then you will experience an illustration of our good Psychologist's theory of 'Thought taking form in Action.'"

"Humph," grunted the Psychologist, "that is the way with these transcendentalists. They are always making mysteries, and building up fancy theories about simple things that are readily explained by those of us who understand the first principles of the Science of the Mind."

"What is Mind?" queried the Boy, innocently. "Children should be seen and not heard," retorted the Psychologist, rather testily. "Run away and play marbles, while your elders discuss matters of importance."

And the Boy departed, and with him the Crank. For they were Brothers.

(Reprinted by request from a previous issue of this magazine.)

There is a time in every man's education when he arrives at the conviction that envy is ignorance; that imitation is suicide; that he must take himself for better, for worse, as his portion; that though the wide universe is full of good, no kernel or nourishing corn can come to him but through his toil bestowed on that plot of ground which is given him to till.

—Ralph Waldo Emerson.

* * *

Have faith, then; and let us realize our equality as citizens, our fraternity as men, our liberty in intellectual power. Let us love not only those who love us, but those who love us not. Let us learn to wish to benefit all men. Then everything will be changed; truth will reveal itself; the beautiful will arise; the supreme law will be fulfilled, and the world shall enter upon a perpetual fete day. I say, therefore, have faith.

—Victor Hugo.

* * *

Be brave, O heart, and fear not earthly shame,
 Cringe not to men, but make thyself a name.
 Take up thy cross, and walk erect through life,
 Fight for the truth, however fierce the strife.
 Yield to no folly, crush thy tempting sin,
 And heed no murmur of complaint within."



Business Talks

BY THE MANAGER



The Editor in Mexico.

I have received a number of letters asking about the standing of the Motzorongo Company that is advertising in this magazine. Many people imagine that all corporations selling stock are fraudulent. While it is true that there are many wild-cat concerns advertising, and many Mexican investment companies which exist only on paper, or 100 or 200 miles from a railroad, yet the fact remains that the Motzorongo Company now owns 165,000 acres of land and has a first-class "going" plantation, which this year will pay a substantial cash dividend. I understand that all stock will probably be withdrawn from sale shortly.

The Motzorongo Company is strictly a co-operative society in which every one has a voice in the management and a proportionate share in the profits. I know that Hawaiian sugar plantations pay from 8 to 15 per cent. yearly, and they have enormous expenses for irrigating, fertilizing, labor and freight charges which are unnecessary at Motzorongo; and in my opinion the Motzorongo stock will pay 20 per cent. in a short time.

To give inquirers and others an idea of the conditions as they actually exist at the plantation of the Motzorongo Company, I publish herewith a letter just received from Dr. Herbert A. Parkyn, the editor of "Suggestion," who is one of the principal stockholders in the Motzorongo Company; and I will say for the benefit of new readers that the subscribers of this magazine have paid in cash over \$250,000 for shares in this company. If you want any additional information send me a stamped envelope.

Dr. Parkyn's letter is as follows:

The Motzorongo Company.

MOTZORONGO, STATE OF VERA CRUZ., MEX., March 12, 1905.

DEAR MR. CAREY:

I have now been here ten days and am not yet over the surprise and satisfaction, which I mentioned in my previous letter, at the great work of development that has gone on here since my last visit, nearly one year ago. The two readers of SUGGESTION whom I found here on my arrival are still here, and with the readers who accompanied me make quite a little gathering

of highly pleased, enthusiastic Motzorongo stockholders from the SUGGESTION family.

Everything here looks prosperous and is *prosperous*. In fact the company has "made good." The new sugar plant is larger than I had imagined and is capable of turning out 120,000 pounds (sixty tons) of sugar every twenty-four hours. The new locomotive and freight cars for the plantation railroad have arrived, and yesterday we had the pleasure of riding out over the new, broadened, plantation railroad on the locomotive.

The cane fields are the admiration of everyone who rides through the plantation on the Vera Cruz and Pacific Railway and in a few days this cane will be rushing into the mill at the rate of several hundred tons daily. Besides our own cane at Motzorongo, we have purchased several hundred acres of cane from a planter at Tezenopa, a station four miles down the railroad, and the Vera Cruz and Pacific Railway have placed a locomotive and eighteen freight cars at our disposal to bring this Tezenopa sugar cane to the mill.

Motzorongo has the best site along the V. C. & P. Ry. for a custom sugar mill, and already the plantations in our vicinity are offering to plant thousands of acres in sugar cane if we will agree to handle it. As a matter of fact we can get enough cane planted by others in our vicinity to keep two more mills, the size of our new plant, busy the whole season. These plantations are willing to plant cane if we will take it, as they have not \$350,000 to put up a mill like ours.

It will only be necessary to add a few miles of rails to our present plantation railroad to bring us the sugar cane from 10,000 acres.

The company is going to have a very profitable season. The price of sugar is up and advancing steadily, and we have already placed our first order for sugar sacks to carry 3,000,000 pounds of sugar. This sugar will be sold for cash as soon as loaded into the cars under our sugar shed. If we had 20,000,000 pounds of sugar we could sell it right on the plantation.

So far I have told you only about the sugar department, but the other departments are also being given careful attention. We visited our Josephinas property and the development has been pushed ahead there also. The cattle look fine, and the pastures are being steadily extended. Another year will find several thousand head of cattle grazing there.

The Josephinas Indians gave us a great reception at their villages. The chief of one village having heard we were coming, prepared a warm reception for us. We rode into the village to the accompaniment of yells from the young bucks mingled with fire crackers (Mexican) and sky rockets. They had built an arch of palm leaves and the house in which we slept was fairly lined with green palm leaves. The SUGGESTION readers who made the trip with me will long remember the occasion.

Motzorongo has "made good," brother Carey, as I always knew it would, and I am only sorry that every share of the stock is not owned by SUGGESTION readers. I am glad for the sake of those who are in it and am sorry to see any left out. Don't fail to increase your own holdings of stock at first opportunity and tell everyone you know to get all the stock he can while there is a share to be bought.

Several gentlemen from Michigan and Ohio were here this week to inspect the property. They had visited a dozen other plantations with a view to investing, but after their first visit to Motzorongo they left for the north convinced that Motzorongo was by far the best investment they had seen in Mexico, and have gone home to arrange to purchase its stock and bring in their friends. And so it goes. All that is necessary is to get people to come here to see the plantation for themselves. They then invest everything they can scrape together in Motzorongo stock.

Mr. L. W. Young, an expert examiner of securities and investments for Banks and Trust Companies, has been here during my stay. He came at the instance of clients in the north who are contemplating heavy investments in the company. Although he has made nearly sixty examinations within the past five years, and turned down all but three, I had the satisfaction of hearing him say that Motzorongo for many reasons was the best investment he had come across in his experience. In Chicago he began with an examination of the personnel of the management and an examination of the books, check books, vouchers, etc., so that his examination has been thorough.

I have gone into these details knowing how thoroughly you are inter-

ested in what is going on, but I have much more of interest to tell you when I return.

I found my father here looking hale and hearty, although he has been very busy looking after the business details of so large an enterprise.

I shall leave for Chicago very soon to help with the May SUGGESTION, but will return here if another good party has been made up from the readers of the magazine. A short time more will find all the Motzorongo stock sold that is required for judicious development, and I am anxious that our readers get all that can be obtained.

The SUGGESTION readers here are sending some strong letters for the Motzorongo monthly bulletin.

Cordially yours,

HERBERT A. PARKYN.

A notice from the Liquozone Co. of this city appeared in the April issue of "Suggestion," and some of our friends have been sending us chemical reports regarding the composition of liquozone. I am not in ignorance of these reports and published the results of some last year in "Suggestion," and made the statement that liquozone has no curative qualities whatever. This journal is opposed to the internal administration of drugs as curative remedies.

Nature cures, and all she needs in the way of assistance is air, food, water, sunlight, etc., and a proper mental attitude. The announcement of the liquozone people is not an advertisement but a notice to physicians in which certain statements are made; as far as I know these statements are true. We believe in fair play, and if the makers of Peruna or Hostetter's Bitters or any other concern wishes to make an announcement that is true, and they are willing to pay our regular rates, I will print their announcement.

I have talked with the Liquozone folks and I believe that they differ from the great majority of those who make patent medicine in this: they are sincere and they actually believe that liquozone will cure diseases. While believing them to be sincere, at the same time I believe they are mistaken.

A well known allopathic M. D. told me yesterday that he believes that rational hygiene and suggestion will cure cancer. I mention this to show that possibly we do not yet comprehend the great healing power in suggestion when received in sincerity and great faith. A preparation which raises great faith in the patient will cure; the greater the skill in presenting the medicine, the greater and deeper the faith aroused, and the greater the cure.

A well known minister of this city asserted in his pulpit that the miracles of Christ were performed because Christ knew the almost omnipotent power of the law of suggestion (faith) and knew how to apply that law.

E. E. C.



Business Talks

BY THE MANAGER



50,000 POUNDS OF SUGAR DAILY

As quite a number of the readers of this magazine are interested in the Motzorongo Company, a co-operative society owning large estates in Mexico, I take pleasure in giving the latest news from the plantation. The Motzorongo Company is one of the most promising co-operative organizations in existence, and the mill is now making over 50,000 pounds of sugar daily, which means an income of \$1,500 gold per day. This income will shortly be increased to \$2,500 per day, and there is room in the 165,000 acres of the plantation for a dozen mills. I will be pleased to give any information regarding the plans of this co-operative society if a stamped and addressed envelope is enclosed.

Dr. Parkyn's letter is as follows:

*Motzorongo, Vera Cruz,
Mexico.*

May 2, 1905.

DEAR MR. CAREY: I arrived here one week ago and found the sugar mill running full blast night and day. We are turning out over 50,000 pounds of sugar daily and the output is being steadily increased as things run more smoothly, although for a brand new plant the machinery is doing excellent work.

It is a fine sight to see our train loads of sugar cane coming into one end of the sugar house and the train loads of custom cane from the Vera Cruz & Pacific Ry. coming in at the other end.

I have secured some fine photos of this scene which I herewith enclose.

One of SUGGESTION'S readers, Mr. Wm. Bagnall, from Pittsburg, leaves for home today. He is a large stockholder in the company and says a great many of his friends are only awaiting his report to come into the company. Mr. Bagnall returns to Pittsburg thoroughly satisfied and I had the pleasure of hearing him say he found the sugar mill and the plantation better than he had anticipated.

We shipped eight more carloads of sugar the past week and have several carloads on hand yet, awaiting cars to load it on. The sugar is being turned out as fast as the railroad seems to be able to supply us with cars, and these cars are loaded for shipment under the roof of the mill.

I shall stay here a few more days and will then return to Chicago to take up work in earnest.

Yours cordially,

HERBERT A. PARKYN.

KINESIPATHY

The greatest drugless science the world has ever known. For the cure of all diseases of the human body. It combines **OSTEOPATHY, ELECTROPATHY, MASSAGE**, Physical Culture and Suggestive Therapeutics. Students are making from \$2,000.00 to \$5,000.00 per year. We teach them to turn their knowledge into money quickly. We have taught Mechanics, Merchants, Farmers, Ministers, Medical Men and Nurses.

WHY NOT YOU?

We have over 100 students in actual practice in the United States, Canada and Mexico. Learn a profession and better your condition socially and financially. Join the great army of drugless healers now and lay aside money for old age. Our free booklet explains every detail—a post card will bring it. Send today.



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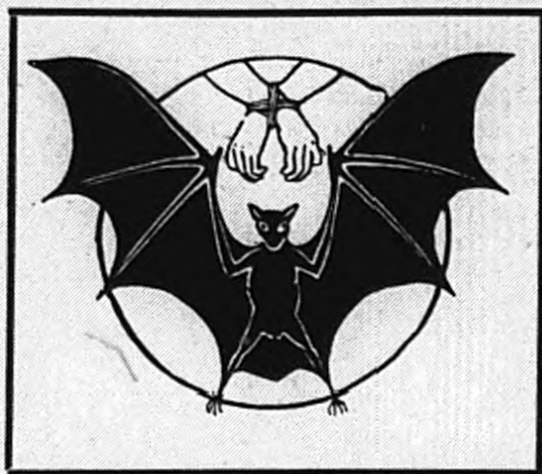
ELMIRA, N. Y.

Incorporated under the Laws of the State of New York.

Established 1900.

Incorporated 1903.

A FAMOUS NOVELIST'S DEPARTURE



HAMLIN GARLAND'S GREAT NEW NOVEL

"THE TYRANNY OF THE DARK"

HAMLIN GARLAND, who has been an investigator of spirit phenomena in connection with the American Psychical Society, of which he served as President for two terms, has just written a new novel, the plot of which is based on the results of his experiences in this field.

The heroine is a western girl possessed by a strange psychic power which she does not understand. In New York she becomes the center of a heated controversy between her followers and men of science. Completely in the power of this strange "Tyranny of the Dark," she is the unwilling medium in startling spirit manifestations which baffle all explanation on the part of her lover and other skeptical investigators.

The unusual and astonishing events here recorded, which make this book a striking departure from current fiction, are within the personal experience of Mr. Garland. It is a strong story in a strange and wonderful setting, and it presents to the public the problems of psychic mysteries in a way that cannot fail to create a profound impression. Illustrated. \$1.50.

HARPER & BROTHERS, NEW YORK

When writing to advertisers please mention SUGGESTION.

A Fine Investment --- An Income For Life

WOULD you like to invest some money in a safe, permanent, agricultural and real-estate, co-operative proposition which will pay good, early dividends and increase the dividends annually till a moderate investment made now will yield a handsome income for life?

THE MOTZORONGO COMPANY,

owners of 165,000 acres of finest tropical lands, with over \$500,000 worth of permanent improvements on them, offers you such an investment.

The company has just installed a new sugar plant, one of the largest in the republic. It will handle 750 tons of sugar cane per day, and is equipped with locomotives, cane cars, etc., to bring the sugar cane from the fields to the mill. This mill is paid for and installed NOW, and in a few weeks will be turning out large quantities of sugar at a big profit.

Some time ago Motzorongo stock was taken off the market, but it has been decided to sell another limited amount of treasury stock to raise money for certain specific requirements. When this block is sold there will be no more stock offered for sale at any price. If you are looking for an investment that will bring you

100 PER CENT. PER MONTH,

or even 1 per cent per week, you will not find it in Motzorongo. But if you are looking for a solid, safe, permanent investment that will shortly be paying fair dividends, which will increase steadily every year, you should learn all about the Motzorongo Company. Its real estate holdings alone (over 250 square miles) are worth more than its total capitalization and the value of these lands is increasing daily. Does this not look pretty good to start with? It is a guarantee that your principal is safe. But besides the real estate, it owns a fine new sugar mill, stores, machine and blacksmith shops, plantation railroad with locomotives and cars, 100 houses, cattle, horses, mules, farm implements, etc., etc. It has nearly 1,000 acres planted to sugar cane, besides such crops as coffee, corn, bananas, pineapples, oranges, lemons, etc. The Vera Cruz & Pacific Railway runs through the plantation for thirteen miles and maintains two stations on Motzorongo property. It is a live proposition NOW.

There is much more to tell you and show you, but we will tell you all about it in our illustrated prospectus, if you will send your name and address to The Motzorongo Company, 228 Reaper Block, Chicago, Ill.

NOTE.—The Editor of SUGGESTION has spent nearly one year on the Motzorongo estate. Write to him for his opinion.



Business Talks

BY THE MANAGER



100 Per Cent. Profit Annually

ONE thing I like about the Motzorongo Company, whose advertisement appears in this number of SUGGESTION, is that it does not promise absurd profits, such as 100 per cent dividends, annually from the start on the "get-rich-quick" order. The company is over three years old, and its development has been carried on so steadily that it will soon be on a fine dividend paying basis. Dr. Parkyn, the editor of SUGGESTION, has been a director in the company since it was first organized and has spent a great deal of time on the plantation. He has always been enthusiastic over the plantation and its prospects and has watched it grow into a solid business enterprise. The first sugar mill could handle only 100 tons of sugar-cane daily, but nearly \$200,000 additional has been spent during the last year in equipping the sugar plant to handle 750 to 800 tons of cane daily. This means turning out 60 tons of sugar daily.

The efforts of the management have been directed to getting the sugar department into good working order, and now that this has been accomplished other resources will be developed and put on a paying basis. The properties abound in forests of the finest cabinet woods and these are now to be given attention as well as the cattle business.

An excursion party will leave Chicago sometime in February and it is to be hoped that readers who are looking for a solid investment will look into the Motzorongo proposition and endeavor to join the excursion party. Full particulars of the investment and a handsome prospectus containing several scores of photographs taken by our worthy editor will be sent for the asking. Address, The Motzorongo Company, 228 Reaper Block, Chicago, Ill.

E. E. C.

The Origin of Christian Science

BY HORATIO W. DRESSER,*

Cambridge, Mass.

Written for SUGGESTION.

IF one were to look about for an illustration of the power of a dominant idea over the human mind it would be difficult to find an array of facts equal in significance to those which gather about the term "Christian Science" and the name of Mrs. Eddy. Hitherto most writers who have referred to this peculiar cult have either assailed it or have undertaken to assimilate its teachings in their own terms. But quite apart from either the absurdity or the truth of the general doctrine there is this other interest, namely, the power of the central idea, with its set of suggestions and the implied system of organized thought. The purpose of the present article is to call attention to this significant interest. I have no desire to interfere with the good which many are deriving from Christian Science. Nor would I say anything that might seem to imply personal animosity. It ought to be possible by this time to distinguish between the help that may spring from a doctrine, or a personality, and the negative characteristics in question when it is viewed in another connection. The time will doubtless come when the mere power of the Christian Science idea will be looked upon as the strangest phenomenon in the whole movement.

The peculiar situation is this. It is given out that Christian Science came by "revelation," in 1866, and its authorized text-book is practically infallible, like a work on mathematics. Accordingly, Mrs. Eddy is revered with all the esteem that seems to belong to the giver of a divine revelation. Little by little a powerful organization has been built up, and with equal pace the power of Mrs. Eddy has increased, until now she is compared with the Pope, and outsiders look on in amazement when her apparently arbitrary edicts are received, as if each word were divinely inspired. It seems never to occur to her followers to question the truth of the statements whereby this vast power has been slowly acquired, but one and all aid in the pro-

* Author of *Health and The Inner Life*; an analytical and historical study of the spiritual healing theories with an account of the life and teachings of P. P. Quimby; published by G. P. Putnam's Sons, New York, \$1.50 postpaid. See notice in Review Department of this issue.

mulgation of the revelation idea. The power of this idea seems all the more remarkable in view of the fact that year by year more people in the outside world are discovering that the revelation theory is unfounded. To understand how all this can be it is necessary to go back to the time when Mrs. Eddy was the loyal disciple of the remarkable therapist who restored her to health.

In 1862 Mrs. Eddy was an invalid, confined to her bed after years of illness. Learning of the wonderful cures which were being wrought by a certain Mr. Quimby, her husband wrote to the new healer requesting help for his wife. Later Mrs. Eddy was moved to Portland, Me., and my mother happened to be present when the future "founder" was assisted up the steps to Mr. Quimby's office for treatment. Mr. Quimby had then been in the practice of purely mental treatment, according to the methods now in vogue, for many years, and it was out of his practice and teaching that the mental healing movement has grown. My father, who was Quimby's patient in 1860, and who had become an enthusiastic follower of the new therapist, was then devoting his time to the new patients. Thus it happened that he first explained to Mrs. Eddy how the cures were wrought. He also loaned her a volume of the Quimby manuscripts on the mental theory of disease and its cure. Mrs. Eddy herself became an ardent follower of the new theory, and not only made converts to it, but publicly lectured about it, and when Mr. Quimby's death occurred, in 1866, she wrote a poem about him for a Portland paper.

There is plenty of documentary evidence, if anyone wishes to prove my statements. There is also evidence to show that Mrs. Eddy gradually changed her attitude towards Mr. Quimby, whom she has repeatedly maligned during the past twenty years as "an ignorant mesmerist." It is not for me to assign the motives for this change, but to point out that from the time when, in 1883, articles began to appear in the Boston papers, showing where and how Mrs. Eddy derived her "revelation," the hypothesis of this "revelation" was brought forward more and more. Mrs. Eddy gained greatly in repute by closing her "metaphysical college," in 1889, and retiring to Concord, N. H.—on account of shaking palsy, it was said. The revelation idea was also furthered by the growth of the Christian Science church in Boston, with its inscription in large letters, and its general repute among the faithful. The more widely it became known that Mrs. Eddy had borrowed the more valuable portions of her methods and

theories, the more strict the regulations of the church became. For every historical fact there was an off-setting statement, tending to throw the real history into a false light. The sect has thrived under the alleged persecution by the truth-tellers. Moreover, an element was introduced into the Christian Science theory which seemed to account for all this "persecution," namely, that all this was due to "malicious animal magnetism." Thus it has come about by a system of the most persistent suggestions, sent abroad in advance, that every avenue has been cut off. Hence, no one is now able to win the attention of a Christian Scientist when it is a question of the Mrs. Eddy's great benefactor.

It would surely amaze people if they could know all the facts in this strange history. I am often asked to give an explanation of this astonishing power, and in addition to the facts mentioned above I point out that the secret of it all is the power of a skilful magnetic personality. My mother tells me that Mrs. Eddy had a way of calling people by pet names and gradually persuading them to serve her. In this way mother was patronizingly addressed as "Nettie, dear." This was in 1862, when both were patients under Mr. Quimby's care. Doubtless that magnetic power grew with the years, and when the revelation hypothesis was introduced it was only a question of time when the Christian Science idea should gain a great impetus. Mrs. Eddy's temptation to claim the whole discovery as her own was the same that comes to many when they find themselves succeeding. The carrying out of her edicts is the natural result of acceptance of the personality from which they emanated. Very likely Mrs. Eddy has regretted that she ever maligned Quimby. But what could she do—so some would contend—but stand by her position when once she had assumed it? What can her most tried and trusty followers do but sustain her in it all? For there is a long story here, too. I have known several people during the past twenty years who were once Mrs. Eddy's right-hand followers, but who could not long endure the system to which they were subjected. Little by little, however, the fittest have survived, until now—well, the movement is successful, and profitable, and what more need be said?

Now, I do not for a moment question the honesty of those who have helped to spread the revelation idea and maligned Mr. Quimby. I seriously question if many of the leaders of the Christian Science movement know the truth about the "revelation" and about Mr. Quimby. The paid agents who answer all criticisms of Christian

Science probably know the truth, for they create "facts" at will. But for the most part the situation is this: the power of the mere idea is so strong that almost no one questions it within the ranks of the Christian Scientists. At any rate, if doubts arise the leaders know how to quell them. Thus they are unwittingly the agents of a machine.

It would surprise the readers of SUGGESTION, as well as they may understand the power of thought, if they could know with what persistence the revelation idea has been enforced during the last decade. Sooner or later all of the suggestions that are sent abroad are brought to my notice, for people constantly call upon me for information in regard to Mr. Quimby. Once I received a call from a Christian Scientist in full standing, and perhaps if I narrate the case the power of the revelation theory will begin to come clear. The devotee in question happened to see in the catalogue of a public library the title of a book of mine, and as the title suggested a doctrine allied to Christian Science she made bold to read the book. Then she read a similar book by Mr. Henry Wood, and one by Mr. Trine. In due course the leader of the Christian Science church to which this devotee belonged learned what was going on, and forthwith imperatively forbade her to read any book on that subject, except the "authorized" text-books of Christian Science. She stated that the books in question contained only "error," and that the books were written by unprincipled men. Probably it had never occurred to this leader to question the truth of her "facts." But it did occur to her follower, who came to Boston purposely to set her mind at rest on this point. First she visited Concord, N. H., on the annual pilgrimage to "Mother Eddy." This was disappointing, for she was not permitted "to get near enough to see what the mother was really like." Then she came to me with the usual alleged facts about Quimby and the rest. I explained the situation, and the woman, who was an earnest truthseeker, saw how she had been held by a spell, backed up by misrepresentation. But then came the question, should she at once leave her church? No, it seemed possible to continue a member, with the hope of setting her fellow members free. Accordingly she kept on as before. But only for a short time, for the ever vigilant leader soon questioned her in regard to her reading, and she was brought before the church committee and asked this one test question:

"Do you believe that Mrs. Eddy's books contain all the truth and that these other books contain only error?"

"No," replied the woman candidly, "and moreover I have found

out that the authors of these books are not as represented." Thereupon this truthseeker was immediately dismissed from the church. And with good reason. For the only way the Christian Science church can be kept alive is by rigidly drawing the lines against all investigation. Those who thus draw the lines probably do not know the real reason why they do it. But at headquarters the reason is known.

It is significant that not once in the history of the movement has a Christian Scientist of prominence ventured to challenge the real facts in regard to Mrs. Eddy's relationship to Mr. Quimby. Either the power of the Christian Science idea is so great that it remains unquestioned, or the leaders are so discreet that they never mention the significant facts about Mrs. Eddy's indebtedness to Mr. Quimby. For example, no attempt was made to reply to the exposure of Mrs. Eddy which was published in the *Arena*, in 1899. The Christian Scientists did indeed bring suit against the *Arena* company, on account of the reproduction of Mrs. Eddy's photograph, but this had nothing to do with the exposé. The reports which were circulated at that time and which I have had to explain many times since, once more illustrate the way in which the revelation theory is maintained. It was reported that one of the editors of the *Arena* barely escaped the officers of the law by sailing for Europe when the suit was declared; that the Christian Scientists drove the *Arena* out of Boston, and nearly ruined the business of the magazine. The facts were that I, the editor in question, had no connection whatever with the business, hence none with the suit against the *Arena* company; that I had engaged passage for Europe long before the suit was dreamed of, and hence it was a mere coincidence that I chanced to sail the day the suit was declared; and that the sale of the *Arena*, containing the exposé, actually helped the business, which, in its turn, had already been secured by a New York house when the *Arena* exposure was planned.

At the time the *Arena* in question appeared postals were sent to hundreds of Christian Scientists, with the hope that they might be persuaded to read it. But, no, many of the postals were returned with such comments as, "It is all error," "You will find that you are wrong." Copies of the *Arena* were also sent back with the edges burned, and the Boston Public Library copy was smuggled away by some loyal devotee of the Christian Science idea. One felt that the same fire that once stirred the martyrs was alive. But what a pity it seemed that it did not stir people to seek the truth.

Here, then, is an opportunity for the readers of SUGGESTION to follow the growth of an idea. There will be war unto the end. The more widely it becomes known that there was no "revelation," but that a disloyal disciple promulgated a master's ideas in her own fashion, then claimed to be the real "founder," the more strenuously will the Christian Scientists come forward with their denials. But in due course the truth will prevail. Then the students of suggestion will be in possession of a remarkable series of facts for investigation.

What is the Best Means of Perpetuating the Youth of the Body

BY CALVIN E. KEACH, TROY, N. Y.

Before creation God was. All in creation is of Him. Matter came from intelligent creation; the soul and mind of man is the omnific generator and preserver of his life. The ions of his soul are protoplasmic and come to fruition by and through "the breath of life that makes him a living soul." Man, to retain health and youth, must control all his thoughts and acts with emotions of the will power wholly guided by his soul. Right thinking, acting, eating, sleeping, breathing and self-study will enable him to assimilate the life-giving elements more abundantly, eliminating those not needed, and thus build new cells in his blood and system, thus recreating youthful matter that constructs his tissues and perpetuates their character. Sunlight, fresh air, pure water, good vegetable foods, mental and moral purity, charity for all, with malice for none, and in every act and thought remembering that they shape our life for good or evil; the good is youth and health, the bad age and sickness. God gives all creation inexhaustible fountains from which to drink His blessings; the air and sunlight permeate all things in both the animal and vegetable kingdoms. Select rightly and perpetuate your youth. Follow Galatians vi. 7, 8.—*New Thought Magazine*.

NOTHING can work me damage except myself. The harm that I sustain I carry about with me, and am never a real sufferer but by my own fault.—*Saint Bernard*.

About Ben Adhem

BY LEIGH HUNT.

ABOU BEN ADHEM (may his tribe increase!)
Awoke one night from a deep dream of peace,
And saw within the moonlight in his room,
Making it rich and like a lily in bloom,
An angel writing in a book of gold:
Exceeding peace had made Ben Adhem bold,
And to the presence in the room he said,
"What writest thou?" The vision raised its head,
And with a look made of all sweet accord,
Answered, "The names of those who love the Lord."
"And is mine one?" said Abou. "Nay, not so,"
Replied the angel. Abou spoke more low,
But cheerily still; and said, "I pray thee, then,
Write me as one that loves his fellowmen."

The angel wrote and vanished. The next night
It came again, with a great wakening light,
And showed the names whom love of God had blessed—
And lo! Ben Adhem's name led all the rest!

LEIGH HUNT was born at Southgate, Middlesex, England, October 19, 1784; and died at Putney, near London, August 28, 1859.
The son of a clergyman, he was educated at Christ's Hospital, under the same master as Coleridge and Lamb.

He was an ardent political reformer, and it was while in prison for libel against the Prince Regent that he first met Lord Byron, whose biography he afterward wrote.

Besides this, a long poem, "Rimini," and an "Autobiography," his works are principally essays and shorter poems, of which "Abou Ben Adhem" is perhaps the most famous.

There are few school children who have not recited "Abou Ben Adhem," and in the more serious business of life it has served to point a moral, under most varied circumstances; in the marts of trade and the senate chamber it is equally familiar, for, short though it be, it is an epitome of true Christianity.

Join Our Sex Class for 1906

We wish to add many thousands members to those who went through the 1905 course of reading on this important subject. Our writers and teachers are among the deepest thinkers on the subject in America.

SOUNDVIEW

Is a magazine—not afraid of an idea, and is one of the most vital of the "New Thought" publications, while distinctly in a class of its own.

SOME SOUNDVIEW SPECIALS.

1. SOUNDVIEW one year and a cloth bound copy of "Wildwood Philosophy," \$1.00.
2. SOUNDVIEW one year and all the back numbers containing the "Sex Symposium" (only a few sets left), \$1.50.
3. A six months' trial trip 25 cents.
4. Two copies of SOUNDVIEW, SOUNDVIEW, JR. (containing more specials), and a sex poem by Edward Purinton, 10 cents.
5. If you can't take our word for it, and none of these offers pleases you, just go to the news stand and buy a copy for 10 cents. \$1.00 per year. The Evergreens, Olalla, Wash.

CITY OF LIGHT ASSEMBLY.

The City of Light Assembly at Lily Dale, N. Y., will hold its sessions next season from July 13 to September 2.

Arrangements have been made for the ablest speakers, finest singers, and best music they have ever had, and it promises to be a most successful season.

There will be a special Woman's, Peace, Press, Temperance, Labor and Young People's Day, when some of the able orators of the country will be heard.

Special low excursion rates have also been arranged for with the railroads.

Naturopathic College

The Naturopathic Institute and College of California, incorporated in Los Angeles, 556-558-560 South Hope street, is centrally located two blocks west of Central Park, in the heart of the city, and is connected with the Naturopathic Sanatorium of California. The branches taught are all in harmony with Nature. The object of this college is: to teach and embody true learning, principally to study Nature, Mind and Man, to interpret Nature and to teach Naturopathy in its theoretical and practical modes of restoring and maintaining health.

The various systems of Nature cures are taught.

The Materia Medica of the Naturopath consists of Light, Air, Water, Clay, Heat, Sun, besides Exercise, Rest, Diet, Electricity, Magnetism, Massage, Physical and Mental Culture, Osteopathy, Chiro-Practic, Orthopedic Surgery, Suggestion and Herbs. All these branches are studied in the college, besides Hygiene, Botany, Chemistry, Anatomy, Physiology, Pathology and Obstetrics.

The Naturopathic Physician is the Physician of the future. He does not claim that Hydropathy, Osteopathy, Chiro-Practic or Electricity will do it all, but he studies and uses these Therapeutics, and if there are new agencies discovered he will study those, and if found to be beneficial he includes them in his Materia Medica.



Business Talks

BY THE MANAGER



Taking Iron and Gold from Sand.

The attractive advertisement of the BLACK SAND AND GOLD RECOVERY Co. which appears in this issue is worthy of the special attention of the readers of SUGGESTION.

SUGGESTION has been kept unusually free from speculative enterprises, particularly mining enterprises, unless the editors were thoroughly satisfied the enterprise was legitimate and could back up the claims made for it. Many pages of advertising have been turned away on this account, but the Black Sand Company, its enterprise and its officers are well known to the editors of SUGGESTION. The inventor, Mr. Lovett, is an old friend of the editors and has lived for twenty years within a stone's throw of the SUGGESTION office on Drexel Boulevard.

Your editors have known all about the Lovett process for recovering iron, gold, and other valuable minerals from the Black Sands for nearly three years, but Mr. Lovett would not offer his process to the American public until it had received the endorsement of the Government.

Now that the United States Government itself has shown the great values to be recovered from the thousands of miles of the black sand beds of the Pacific Coast, Mr. Lovett, who held the only key to unlock the fabulous wealth of the black sands commercially, has turned over all his rights to this key to the Black Sand Company. It is positively known to the editors of SUGGESTION that sufficient money has already been raised to erect the first plant, but other plants will be erected at other locations and the readers of SUGGESTION are invited to become stockholders in the parent company which undoubtedly has a great future before it. Readers in the vicinity of Chicago will be well repaid by calling at room 1512, Marquette Bldg., to see the machine in actual operation, separating the iron from the sand. The machine seems supernatural in its operation in spite of its simplicity of construction and its durability.

Write for a prospectus. Address Fiscal Agent, Black Sand & Gold Recovery Co., Room A, 1510, Marquette Bldg., Chicago, Ill.

Don't hesitate to call personally to see the machine in operation. You will be cordially welcomed whether you can become a stockholder or not.

THE VALUE OF A MINE.

A mine of any nature is only a "prospect" till its ore is block out on three sides. Even then in order to pay the ore must contain certain values and proper machinery must be found to work the ore. Ore differs in different localities so that machinery or a process which can be worked profitably in one locality may prove useless in another locality, and many mines containing big values in their ore bodies are lying idle today because no process has yet been discovered that will take out the values commercially.

The Black Sand and Gold Recovery Co. has a mine containing great values with the ore virtually blocked out on six sides and a perfect method for handling it. There are seven thousand miles of these black sands on the Pacific Coast at the disposal of the Black Sand and Gold Recovery Co., and the United States Government itself has estimated and published the figures of the values in these Black Sands. For this reason an investment in the stock of The Black Sand and Gold Recovery Co. is a good solid investment, not a speculation. See the two page advertisement in this issue of SUGGESTION.

A RESULT OF THE SAN FRANCISCO HORROR.

As a result of the terrible fire at San Francisco there will be a demand for millions of tons of structural steel in San Francisco and the Pacific Coast; at present every pound of steel and iron used on the Pacific Coast is brought from Pittsburg, Pueblo or Glasgow.

The Steel Trust, which it is said, is already six months behind in filling its usual run of orders, cannot sell this steel on the Pacific Coast for less than \$45 per ton on account of the heavy freight rates between Pittsburg and the coast.

Within five months the Black Sand and Gold Recovery Co. will be turning out steel on the Pacific Coast for less than \$12 per ton, besides saving big values in gold. This has already been demonstrated commercially by the United States Government and the Black Sand and Gold Recovery Company which is now erecting a large plant has a monopoly on the process through its various patents.

You better read the five page advertisement of the Black Sand Co., in this number of SUGGESTION, send for its prospectus and get

some of its stock while it can be purchased at the present low figure. Today you can get a share of 8 per cent preferred stock and one share of common stock—both for \$1.00. You will be fortunate if you can buy this stock for \$1.00 per share within six months while just now you can get two shares for \$1.00. See advertisement.

New Thought Summer School.

HENRY HARRISON BROWN, Editor of Now, 105 Steiner St., San Francisco, Cal., announces that a New Thought Summer School will be opened from May 1st to October 31st, at "Now Folk Mountain Home," near Glenwood, Santa Cruz county, Cal. All are invited to visit this beautiful retreat in the midst of the grand and inspiring mountains and grand redwoods. This is an ideal place to spend a day or a month. The scenery, environment, social and educational privileges will be inspiring and uplifting. Instruction will be given in the entire range of New Thought and Advanced Thought topics, including the law of Suggestion, the Art of Living, Concentration and allied subjects. Address Mr. Brown for additional information.

* * *

Now the Deaf Can Hear.

If you are deaf or hard of hearing, here is some good news for you, providing your ear drum is intact. Science has found a way to intensify sounds so that the noise made by a fly walking over a piece of paper sounds like a horse galloping. Look in Webster's Dictionary at the word microphone:—

Microphone (mi-kro-fone) an instrument for intensifying and making audible very feeble sounds.

The Mears Ear Phone is a very compact and powerful microphone; in the language of the dictionary it is "an instrument for intensifying and making audible very feeble sounds."

It intensifies ordinary sounds so that they can be easily heard by those whose hearing is affected; very deaf persons can hear by means of the instrument mentioned; if any one can hear at all, the Mears Ear Phone will enable him to hear quite distinctly. Write for a booklet. Every statement made in the booklet is guaranteed. The instrument will be sent by Express with privilege of trial before buying.

There is no reason now why a deaf person cannot hear as well as any one. Write to the Mears Ear Phone Co., Stewart Bldg., Chicago, and tell them you want their booklet mentioned in SUGGESTION.

E. E. C.