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THE STELLAR RAY

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The science of life, the study of the working of the divine mind in nature, of the evolving life within the changing forms, is the torch which is to throw light on the many problems of life and the invisible worlds, in search of the explanation of the visible; thus to render materialism impossible, by completing the half-truths upon which it rests, to disperse superstition by illuminating dimly seen facts of nature.

* * * *

We may ask, then, what is the object of life? Few see aught but sixty or seventy years of struggle, and at the end have a little experience, generally bitter, if it has come too late to be of service. We have learned that it is better to do unto others as we would they should do unto us; that humility, love and the spirit of brotherhood are the only qualities which exist without change, throughout our years, and ere we can apply it, we have to leave. If we could only begin life with that knowledge how differently we would have faced the position.

* * * *

Existing Political Conditions

EDITORIAL DEPARTMENT

Special attention is called to the following article which clearly defines conditions as they now exist the world over.—Ed.

The present confusing conditions will be eradicated only when statesmen learn that there are higher powers than political intrigues, motives and interests. When they learn the might that exists in truth; when they learn that the great moral and philosophical ideas which have seized on men's souls are the most efficient, durable forces which are acting in the world; when they learn that the past and present are not the future, but that the changes already existing in the minds of men are only forerunners, the signs of mightier revolutions. Politicians, absorbed in near objects, are prophets only on a small scale, and though they may foretell the outcome of the coming election, the breaking of a deep moral conviction in the mass of men is a mystery which they have little skill to interpret.

The future of the nations is to take its shape, not from the struggles of parties or leaders for power or station, but from the great principles which are silently unfolding themselves in the minds of mankind. A far higher and more rational conception of freedom than entered the minds of those in past ages, is spreading itself, and is changing the face of society. Equality before the law has become the watchword of all civilized countries. The worth of a human being is better understood. His worth as an individual, on his own account, and not as a useful tool for other's progress, is found to attach a sacredness and dignity to every man because each man is immortal. Such is the current of thought. Principles of a higher order are beginning to operate, and the dawn of these everlasting lights is a sure omen of a brighter day.

Politicians seizing on narrow and selfish principles, expect them to last forever. They live in hopes that their machinery will determine the movements of the world, but if history teaches any lesson, it is the impotence of statesmen. Happily a realization of this impotence is spreading, with the spread of light and moral force among the people.

In the great conflict between the oriental and western world, which was decided at Thermopylae and Marathon; in the great conflict between Polytheism and Theism; in the American Revolution; in these grandest epochs of history what was it that won the victory? Not political management nor self-interest, but the principles of freedom, moral power and enthusiasm, the divine aspirations of the human soul. Great thoughts and great emotions have a place in human history, which no historian has ever given to them, and the future will be more determined by these than by the past.

We find in the planetary influences, as taught by astrology, the great fundamental principles underlying these periods of progress. It is a law of that unseen, but most certain dominion, which even here among the blinding shadows which conceal His immediate workings, the great Infinite Force of all life is administering, that they, who being set anywhere to do His will, neglect to do it, are replaced by other and more faithful instruments. How its operation is, in every case, to be reconciled with the reality of man's free agency and separate probation, we may be

unable to perceive; how amidst the conflicting waves of men's evil wills and rebellious impulses, and the mighty tempests of this troubled world, He does yet so rule that all these separate wills, each singly and independent, do all work out together the wise purpose of His eternal counsels, we may be unable to conceive. That it should be so, is essential to the reality of His Government. That there is nothing repugnant to human nature in the basis of Astrology, is proved by the number of great minds which have been led by it, when properly prepared by education; and the arguments now held conclusive against Astrology get their strength in the minds of the people from no other circumstance, than that which formerly was the proof of considerations which were held equally decisive in favor of it, viz., the bias of education.—*Science and Key of Life. Vol. I.*

The Aura of the Human Form.

Continued from Page 440, November Stellar Ray.

HENRY CLAY HODGES.

"Every human being is surrounded by a force, a vibration, peculiar to that individual alone, that is a luminous mist, called the aura."

Next to the desire aura and closely linked with it is the fourth belt, which we may term the thought or mind aura and from this may be described the record or progress of the personality.

This aura may be said to reflect to the soul the general nature of the desire aura that is outside of it, and then again the desire aura may be said to reflect the general nature of the thought or mind aura, though it must be understood that there is much more to the thought aura than to the desire aura, as through the thought aura there sometimes appear flashes of intellectuality and spirituality as the soul seeks to find expression, and these qualities do not harmonize with the desire aura, that is, where the intellect is in its proper balance, and at the same time, if the vibrations of consciousness corresponding with any particular desire are repeated strong enough and continued for a given length of time, it will naturally react upon the mind and will set in motion corresponding vibrations therein and thus tinge the thought aura for the time.

If an individual was on the line of evolution and progress through good thoughts and wishes for all humanity, continually sending out aspirations towards the infinite good and with a sincere desire to aid his

fellowman, the thought aura would then take on the colored vibrations in harmony with the desire, the color being of a light blue tinged with a very light yellow, and if the desire was of a personal character, a sincere love and affection given out for some dear friend who was in distress, then the color would be of a light blue and very light yellow tinged with pink, and so on through the various expressions of the thought and mind.

In this thought aura may be observed both the good and evil emanations of color vibrations, or rather that which may better be described as undeveloped good. This is the result of ignorance of the law and humanity must come to realization sooner or later that so long as they permit themselves to act as an instrument for low, undeveloped, imperfect thoughts, just so long will they remain in vibrations of inharmony and discord, the imperfections becoming intensified, the scarlet colors of the animal nature, the black clouds of melancholy and depression will assail the good within, that is awaiting opportunities for expression through these same auras. Therefore let the mind and thought act in perfect harmony with good if good and pure environments are desired.

We next come to the aura which we may term the lower soul, the aura that is associated with the matter form and the soul. This is the fifth aura and many mistake this for the real soul aura, but this is not true, for as we have stated, mortal eyes cannot behold the sixth and seventh auras no matter how clear sighted. There may come a time in the world's evolution, without ques-

tion there will, when those in mortal expression will perceive and know more than those today.

This aura expresses the individuality in the world of matter, and we have learned heretofore that the individuality is symbolized by the Sun, while the personality is expressed by the Moon, the one being permanent and lasting, the other fleeting and changable.

The color vibrations of this aura are of a more delicate and refined nature than the

other auras referred to, and as in the other emanations of the mind and thought, it depends upon the expression of good that dwells within these fine, delicate colored vibrations what should be found here. In instances where the individual is living in the higher understanding these vibrations of color are almost of a crystal transparency, or at least they appear so to one in mortal expression and are naturally quite difficult to describe.

Science and Key of Life, Vol. VI.

Contributions

Some Thoughts About Sleep.

By ITALY HEMPERLY.

Thru all the ages there has been a mystery about sleep, and the very word brings a feeling of repose, yet no one has been able to explain just what sleep is.

Young speaks of sleep as "Tired nature's sweet restorer;" and another poet says, "Sleep is the twin sister of Death," and Byron says, "Our lives are a twofold mystery; and one is the world of sleep and dreams."

We know that in sleep the body lies inert, the objective mind being shut off from the material world, but the subjective mind, or soul, is alert for it never sleeps; and thought goes ceaselessly on although the objective mind is not conscious of thought only in rare moments when we are awakened from vivid or disturbing dream.

And sometimes our dream thoughts are seemingly meaningless things and then again they prove to be real facts.

In Bible history we read of those who had dreams and visions, and it leads us to the belief that in those times divine truth and knowledge was revealed to the prophets and inspired teachers through the subjective mind, while the body lay in perfect repose.

May we not learn some deep lessons from a study of these facts?

May we not hope by earnest research and

effort to solve the deep mystery, and learn to place our souls in the attitude to receive divine truth while our bodies rest from the duties of the work-a-day world?

It is well known that the soul so directed, will heal the body during sleep; and if the soul can do this, then assuredly it can do greater things.

If we go to sleep with the mind clouded with worries in any form we do not awake with that feeling of refreshment that sleep should give.

If you doubt this statement make some experiments for yourself.

Parents and all who have the care of children should see that these children enter the world of sleep with only happy, healthy thoughts in the brain. No child should be allowed to go to sleep in an unhappy frame of mind.

The face of a child on awaking from a happy sleep is always beautiful. The little soul has been free to roam amid the beauties of fairyland, and perhaps in the garden of God. Who can tell?

And this thought should apply to us all, for are we not children in this great, world Kindergarten?

Then let us dispel every shadow of worry when we lie down to sleep, leaving our souls free to heal these bodies, or it may be to roam out to the glorious worlds beyond us, and bring back divine truth to the objective mind.

Who can tell how soon some soul may learn the beautiful mystery of the milky way, or the divine story of the daisies that blossom at our feet?

The Happiest Man.

MABEL GIFFORD SHINE,
Route 1, Richmond, Va.

How pleasant the bright lights look in December; the bright lights in the streets and shop windows, and the saloons. They never looked so pleasant to me as that night Smatther told me to go, he had no further use for me. Mary Howatt asked me not to sell any drink to her boy, and I wouldn't, and Smatther told me to go.

I was twelve. Smatther took me when my uncle died. I had been there six months. Now I had nowhere to go. Every place where the bright lights were, seemed to beckon me; they looked like friendly eyes, but I was twelve; I knew the men who stood back of the lights would not welcome me.

Where to go? The cold was biting. I was comfortably clad, but it was bitter weather; wheels creaked in the snow, and icicles did not melt in the sunshine. I could go to my lodging house, but I wanted the company of the bright lights. I stopped before a large store and looked in at the dazzling show in the windows. I saw the proprietor standing by the counter. I knew it was the proprietor by the way he smiled and rubbed his hands. He was the picture of prosperity. "He is the happiest man," I said; "he has all the money and everything he wants; I would like to be that man."

A fine auto waited at the door; the man came out and a beautiful girl with him. She was frowning. "You are so stingy," she said, "not to let me have the other cloak."

The girl pouted; the man stopped smiling. "Here, boy," he said to me, "can you run an auto?"

I told him I could, and jumped on without making any bargain. "Take us to the G— Theatre," he said.

After hearing the girl call him stingy I was prepared not to get much out of it, but I cared little about that; I was too glad to be in touch with some human being, and especially with the happiest man. When we reached the theatre, the man said,

"Come in, here's a ticket. See the play and take us home again."

I accepted the ticket. He showed me the box he and his family were to occupy. After a little I looked that way and I saw another woman, older; his wife I surmised. She was strong-featured, with a mouth set like a vice. She was splendidly costumed. She took no notice of the man, but talked with the girl.

None of them seemed to care for the play, but they glanced that way from time to time. I was curious about anything that concerned the happiest man and I watched them as much as I did the stage, so I got a rather disconnected idea of the play. After the second act I noticed a young man in the box with the family; he was pale and weak looking; apparently unprincipled and dissipated. He took no notice of the man, and very little of either the girl or the woman. The woman spoke to him several times but he seemed put out about it. So I concluded that whatever she said was not pleasant.

After the play was ended I followed them close; I heard the man say to the woman, "I forgot my dyspepsia tablets; I have been in torment all the evening." And the woman answered him, "Serves you right."

I took them to the street where the wealthiest people of the city lived, and the man handed me a dollar bill. He seemed to have no further use for me. I had been cherishing a hope that he would request more of my services. "Don't you want to hire a man?" I asked.

"I have a man," he said, "He's just as dependable as all the rest of them. They are a set of rascals."

"He is not the happiest man," I said as I walked away.

The next day I thought I would see a little of the city and perhaps pick up an odd job. I wandered around watching the crowds. I saw a young man come out of a church with his beautiful bride. Little girls scattered flowers all the way before them to the carriage in waiting. "He is the happiest man," I said.

Just as the young man was about to step into the carriage a man—not one of the wedding party, I had seen him coming up the street, walking fast—touched the bridegroom on the shoulder. He gave a start when he turned and saw him. He excused

himself to his bride and walked a little one side to speak with him. As it chanced they stepped quite close to me without seeing me. "For heaven's sake, don't make any trouble now," said the bridegroom, "I will make it all right when I get back."

But the man looked ugly and muttered low. The young man with a desperate look took out a check-book and wrote on it and handed it to the stranger. He went away without another word. I watched the bridegroom hasten to the waiting bride. "You are not the happiest man," I said.

Loitering along the water front I came up with a fine ice yacht. On board I saw a gay company, beautiful women, handsome men, all chatting and laughing in a well-bred manner. I enquired who was the owner of the yacht. John Johnson, they said, a merchant; retired merchant-prince. He was pointed out to me. He was a fine looking man and was smiling genially on all around him; his wife and two daughters stood beside him smiling and happy looking. "Here, at last," I said, "is the happiest man; nothing to do but take himself and family around and enjoy himself."

While I was communing, some one on shore beckoned to the yacht owner, and he left the merry party and hurried ashore, losing his genial smile and taking on a worried expression. "How I envy you," said the man who had called him; "nothing to do but pleasure around. I am off for M—— and I knew I would not see you again unless I caught you here."

The yacht owner with a great sigh of relief shook hands. "So glad it is you. I thought it was Benson, coming to tell me that the cook had eloped. I have had more trouble getting this ice yacht off than all my business ever cost me. You needn't envy me; I am working harder to study up ways to occupy the time than I ever did at business. Nobody will believe it, but the hardest worked man on the earth is the idler."

"So," I said, "I have not yet found the happiest man."

I rambled into the park, and sought the most sheltered spot under a group of big trees. The only occupant of the bench under the trees was a little old man, shabby and rusty, with a little shabby and rusty old bag beside him. As I drew nearer I noticed a

crutch lying against the bench. "Poor wretch," I said, "poor, old and crippled; what a wretched existence."

"Poor wretch," I said again, under my breath, and was startled to hear a voice at my elbow: "You need not waste any pity on him, he is the happiest man I ever saw. He looks upon his affliction as, a blessing. He says it is the best thing that ever happened to him. Go and talk with him; he will tell you all about it. I came out to the park utterly miserable and now I am going home comforted."

As I turned to get a look at the speaker, I saw a stout woman who appeared to be well along in the sixties. She was well-dressed, but the lines of her face indicated a hard struggle with the world. Just now it was lighted with a bright smile. She waved me toward the old man and turned off into another path.

The man heard our voices and turned about. I beheld a most guileless and cheerful countenance that lighted up with pleasure as I bowed to him. He evidently liked company. "The lady has been telling me," I began, "that you do not consider your condition an affliction, but a great blessing. How can that be?"

"Why, you see," he said, softly, "I have lived such a different life; so much better than I would have lived if I had had two good feet." I smiled a little as I looked at him; it was difficult to imagine him anything but what I found him, under any circumstances.

"And beside that," he continued, "I have found dear friends whom I should never have known under different circumstances. That woman you saw, was almost ready to give up the struggle she was so overcome by her troubles. I helped her see her blessings and she has gone home strengthened."

"I am always finding friends like that."

"Hump!" I said to myself, "that is a new view of the worth of friends; valuing them for what we can do for them instead of what they can do for us." "Now Christmas time," he said, "is always the happiest time, there are so many people you can cheer."

I looked at the little shabby man and at the little shabby bag, and I wondered. Maybe he was better off than he looked. I had not thought that it was Christmas time. It had occurred to me that people were unusually

overburdened with packages, but I gave it no thought. The fact was, I had never had a Christmas, and I did not want to remember. "I suppose," I said to the man, "you have a lot of children and grandchildren who remember you Christmas time."

He looked at me brightly: "I have two children and four grandchildren. They are very good children and I am very proud of them."

"You take turns living with them," I suppose.

"No, one has gone on and her two children, and the other lives in Seattle, Washington. I have never seen the children. They write me a letter every Christmas, and I write to them."

He seemed lost in pleasant meditation for a moment and then he looked at me and drew a little nearer. "I was going to send each of them a necktie this year; I had been saving for it, but two ragged little boys came along a few minutes ago, and they had been looking in the windows. The smaller one said, 'Can't us have nothin'?' and the other said, 'Naw! can't never have nothin'.' The little boy sat silent and I saw tears rolling down his cheeks; the other boy looked ugly. I took them into the ten-cent store and told them each to choose one thing there."

The little old man's face kinked up into all sorts of smiles. "And what do you think their choice was? The bigger boy bought a bright bow for the mother, and the small boy a doll for the little sister. You ought to have seen how proud they were because they could make Christmas presents. Then I asked them what they would choose if they were choosing for themselves. The little one selected a stuffed dog and the other a picture puzzle. 'Lizzie can play with these, too,' he said. Then I gave each of them five cents worth of candy. And the big boy said, 'Gee, ain't this the bustin' big Christmas, though?' Then he said to me: 'Say, mister, when you want a friend just call up Snooky, V. D.' I hated to spend my boys' money, but I know they will understand."

While we were talking, a miserable specimen of a man slouched up to us and sat down on the end of the bench next to my companion. "Hard luck for Christmas," he said.

"What is your trouble?" asked the little man cheerily.

"Been trying all day to get a job so's to earn my fare to my brother's out to E—. Couldn't get a nickle's worth. Hadn't no dinner, neither."

I could see the little man feeling carefully in his pocket. I moved close to him and nudged him and winked. He looked back at me placidly, and kept feeling in his pocket. "How much is the fare to your brother's?" he asked.

"Fifteen cents," answered the man. He blinked and swallowed hard.

I could see what was coming; so could the man. The little man drew his hand out of his pocket. "I wasn't sure I had it," he said, "I have been buying Christmas presents, but I have got it exactly." He handed it over to the man who clutched it eagerly and jumped up.

"Here, take this, it will be a bite for you," said the little man, pushing a thin paper bag into his hand. I knew without being told that it was the remains of his midday lunch which he was saving for his supper.

"Thank ye, thank ye, mister; maybe as I can do you a good turn some day," he said and was off.

"He was only after a drink; you had better have kept your money," I said.

"May be so, and then may be not. I wouldn't like to have it to think that I might be mistaken. Christmas eve, too; Christmas eve."

"Let's get under cover," I said next; "it's cold enough here to freeze a man stiff."

The little man got up nimbly. "Just as you say," he answered; "I like to watch the folks walking through the park."

I led the way into the station nearby. I thought I heard the little man behind me laughing. I looked around. He *was* laughing. When we were seated I asked him what amused him. "The joke I have played on myself," he replied, and he laughed in his quiet way until tears stood in his eyes.

"And what is the joke?"

"I have given away my own car fare," he said, and went on laughing.

"Now, how will you get home?"

"I will think of something," he said comfortably. After a few moments he became thoughtful; then looked up. "I used to

know a man who used to live on Third street. If he is there now he will lend me my fare. He knows me." He evidently considered me one of the unfortunate penniless idlers that hang around the park, and never thought of appealing to me.

After another little silence he said, "I'll leave you now and go and look for my man. Glad to have met you; hope we will meet again some day." He shook my hand warmly.

"I will go with you if you don't mind," I said.

He expressed himself glad of my company, and together we looked up the man he used to know in the place he used to hang out his sign. The sign was gone, and "To let" stared at us from the window. I

looked curiously at my friend to see how he would take it. "Well, now, he's moved; how I would have enjoyed a chat with him," he said.

"But what are you going to do?" I asked him.

"I will think of something," he said, beginning to retrace his steps toward the station. "There will be some way."

"Now see here," I began, "I never had a Christmas in my life, and I want to have one tonight. If you will come with me I will stand treat and give you your fare home."

How he twinkled "Most willingly, most willingly!" he replied.

Who was this little old stranger?

He was the happiest man.

MABEL GIFFORD SHINE.

Stellar Science Department

Horoscope blanks and price lists will be forwarded upon request. Address Stellar Ray, Stellar Science Department.

Were You Born with the Sun in the Zodiacal Sign Sagittarius?

BY HENRY CLAY HODGES.

If you were born between Nov. 22nd, and Dec. 21st, the sun was in the sign Sagittarius.

The natives of this sign are inclined to be generous, impartial, religious and sincere, intuitive and original in their work; honest in opinions; restless in mind and body, enthusiastic and will follow more than one occupation or pursuit at a time. This position of the sun is good for health and the birth of sons, for voyages and change of residence.

In this sign are found people of fine build and kindly disposition, with good qualifications to fulfill the duties of life.

This is the last sign of the fiery triplicity and in its natives are combined the qualities of both Aries and Leo. They possess the pride of Leo and the persistence of Aries—the sympathetic nature of Leo and the executive ability of Aries.

The positions of the other planets in a natal chart modify the sun's influence to a

greater or less degree. This may be observed by the effect of the different polarizations of the moon as follows: While the sun is passing through the sign Sagittarius the moon enters all the twelve signs of the Zodiac.

The sun in Sagittarius, and the moon in Aries gives a tendency to insanity; with the moon in Taurus inclines to thoughtfulness for others comfort and welfare, a character kind, sympathetic and with good foresight.

The moon in Gemini gives a love of order and harmony, and increases the activity of the Sagittarius nature.

The moon in Cancer tends to increase the economy, domesticity and industry. The moon in Leo gives mediumistic power and small regard for public opinion.

The moon in Virgo forms an influence which gives great discrimination in mechanics, architecture and fine arts, and makes natural musicians.

The moon in Libra, fine intuitions, quick perceptions, accurate decision, cool and quiet. The moon in Scorpio, positive, hard and sarcastic, impetuous, belligerent. The moon in Sagittarius, well balanced, active,

prompt and adapted to a variety of professions; are affected very little by their surroundings. The moon in Capricorn, excellent business mind, active in plans and schemes. The moon in Aquarius gives ability to deal with the public, good business agents liable to over-exertion. The moon in Pisces, anxious, careful, worrisome, faithful, and if planetary conditions agree will be hard students, though Sagittarius, under any polarity, seldom makes practical students.

The Chemistry of Sagittarius.

Nov. 22-Dec. 21.

By DR. GEORGE W. CAREY.

The mineral or cell-salt of blood corresponding to Sagittarius is Silica.

Synonyms: silicea, silici oxide, white pebble or common quartz. Chemical abbreviation, Si. Made by fusing crude silica with carbonate of soda; dissolve the residue filter, and precipitate by hydrochloric acid.

This product must be triturated as per biochemic process before using internally.

This salt is the surgeon of the human organism. Silica is found in hair, skin, nails, periosteum, the membrane covering and protecting bone, the nerve sheath, called neurilemma, and a trace is found in bone tissue. The surgical qualities of silica lie in the fact that its particles are sharp cornered. A piece of quartz is a sample of the finer particles. Reduce silica to an impalpable powder and the microscope reveals the fact that the molecules are still pointed and jagged like a large piece of quartz rock. In all cases where it becomes necessary that decaying organic matter be discharged from any part of the body by the process of supuration these sharp pointed particles are pushed forward by the marvelous intelligence that operates without ceasing, day and night in the wondrous human Beth, and like a lancet cuts a passage to the surface for the discharge of pus. Nowhere in all the records of physiology or biological research can anything be found more wonderful than the chemical and mechanical operation of this Divine artisan.

The bone covering is made strong and firm by silica. In case of boils or carbuncles, the biochemist loses no time searching for "anthrax bacilli" or germs, nor does he experiment with imaginary germ-killing serum, but simply furnishes nature with tools with which the necessary work may be accomplished.

The Centaur of mythology is known in the "Circles of Beasts that worship before the Lord (Sun) day and night" as Sagittarius, the Archer, with drawn bow. Arrow heads are composed of flint, decarbonized white pebble or quartz. Thus we see why silica is the special birth salt of all born in the Sagittarius sign. Silica gives the glossy finish to hair and nails. A stalk of corn or straw of wheat, oats or barley would not stand upright except they contained this mineral.

Sagittarius people are generally swift and strong; and they are prophetic—look deeply into the future and hit the mark like the archer. A noted astrologer once said: "Never lay a wager with one born with the Sun in Sagittarius or with Sagittarius rising in the east lest you lose your wealth."

The Sagittarius native is very successful in thought transference. He (or she) can concentrate on a brain, miles distant, and so vibrate the aerial wires that fill space that the molecular intelligence of those finely attuned to nature's harmonies may read the message.

Governing planet Jupiter.

Gems—Carbuncle, diamond and turquoise.

The astral colors are gold, red and green.

Sagittarius is a fire sign and is represented in Bible Alchemy by Levi, the third son of Jacob, meaning "joined or associated."

In the symbolism of New Testament Sagittarius corresponds with the disciple James, son of Alphaeus.

Barring accidents, it is the destiny of every well-born human being to arrive at a happy, vigorous, and sane old age without disease, and when the allotted physical vitality is finally exhausted in a life of usefulness and progress, to pass in peace, and painlessly, to the realm of the unseen. The

key to such a blessing lies in obeying the laws of Nature and feeding on natural food.
—*Herald of the Golden Age.*

Capt. Geo. W. Walrond.
Occult Scientist and Teacher.

Geo. W. Walrond is one of the advanced students in astrological science. He is an indefatigable worker, a member of the National Astrological Society, and has organized its first local branch in Denver, Colo. From accounts received from there the work is progressing finely.

"The Denver Church and College of Astrology is holding religious meetings every Sunday evening at 8 o'clock at the Normal Hall, 1545 Glenarue place, Denver, Colo. The services are under the guidance and ministrations of Rev. Geo. W. Walrond, who delivers an astrological address, followed with astrological tests by Captain Walrond and Professor Newman. The meetings are well attended and the attendance has doubled in three Sundays. The lady members of the Denver church are forming a Ladies' Auxiliary and a Charity Organization Branch. Denver is a great headquarters centre for astrological work."

Total Number of Visible Stars Reckoned at 45,000.

In the New York Evening Telegram of October 11, 1910, we learn that the government astronomers at Washington have just completed the stupendous task of making a catalogue of the stars. It has required 64 years, working day and night, nights when the sky was clear.

The work just completed contains a list of 23,518 stars, and observations were taken from 1846 to 1852, the total number of stars discussed in the catalogue is 45,000.

There were three instruments used in this work, all of very unique appearance. First, the "mural circle;" second, the "transit" or large telescope; third, the "meridian circle," a combination of the other two.

The object of these observations is to determine the time of night each star crosses the meridian—the north and south line.

Every well determined star, from the moment its place is registered, becomes to

the astronomer, the geographer, the navigator, the surveyor, a point of departure which can never deceive or fail him, the same forever and in all places of a delicacy so extreme as to be a test for every instrument yet invented by man, yet equally adapted for the most ordinary purposes; as available for regulating a town clock, as for conducting a navy to the Indies; as effective for mapping down the intricacies of a pretty barony as for adjusting the boundaries of transatlantic empires. The skipper of a vessel can now, by means of the stars and planets, ascertain his position at sea just as easily as by the sun. It is claimed that with every attempt to make ships go faster and get farther in a given time it becomes more necessary to take frequent observations, and these observations can now be taken just as well at night as by day.

The maps cover only the fixed stars. These stars are those bodies in the heavens which always preserve the same situation with respect to one another. To other worlds our sun is a fixed star; he shines by his own light, and traverses space accompanied by a planetary system to which he communicates both light and heat. So in a similar manner the latitude of fixed stars that deck the canopy of heaven are so many self-luminous suns—each one of them probably the centre of a system of planets—the dwelling places of sentient and intelligent existences. The constellations are the groups of fixed stars.

The Big Dipper.

It is the Hour Hand of the Woodman's Celestial Clock.

The pole star is really the most important of the stars in our sky. It marks the north at all times. It alone is fixed in the heavens. All the other stars seem to swing around it once in twenty-four hours.

But the pole star of Polaris is not a very bright one, and it would be hard to identify but for the help of the so called pointers in the "Big Dipper," or "Great Bear." The outer rim of the dipper points nearly to Polaris at a distance equal to three times the space that separates the two stars of the dipper's outer side. Various Indians called the pole star the "Home Star" and

the "Star That Never Moves," and the dipper they call the "Broken Back." The "Great Bear" is also to be remembered as the pointers for another reason. It is the hour hand of the woodman's clock. It goes once around the north star in about twenty-four hours, the reverse way of the hands of a watch—that is, it goes the same way as the sun—and for the same reason—that it is the earth that is going and leaving them behind.—*Country Life In America.*

The Outlook for December, 1910.

By **FREDERICK WHITE,**

President National Astrological Society of the United States, also Editor of the Adept, Crystal Bay, Minn.

The New Moon for December occurs on the 1st at 2:10 p. m., Washington time, or 3:10 p. m. Chicago Standard time. At the time of the New Moon, the sign Aries will be ascending at Washington, Taurus at Chicago. The Sun is in the sign Sagittarius, and will be in parallel aspect to Uranus on the 2d of December. The parallel aspect is a very strong one, same as the conjunction, and the aspect is one of the changeable and uncertain ones, that is, it causes many to be nervous, restless and impatient and somewhat dissatisfied and discontented, anxious to make changes or see things moving, and inclined to make rash moves or changes on the impulse; there will be considerable discontent among the laboring classes; the weather unusual for this time of the year, very severe in some parts, and unusually good in other parts of the country. Uranus being in the 10th house indicates that those in power, officials, etc., will be subject to a great deal of criticism, and the chances are that there will be traces of considerable "muck raking" in some of the leading periodicals in the next month to come. The president may get his share of criticism, and not enjoy it. The Cereal and Stock markets will be very erratic, and I shall expect considerable depression in the stocks, and the outlook is not the best for the Cereals. Those who speculate should keep a large margin up or a stop loss order. I consider the first half of the month the most unsettled and not as good

as the last 10 days for starting important business or radical changes. The first of the month is unfavorable for traveling, as there is danger of calamities and unusual accidents on railroads, etc.

Jupiter has passed the Opposition of Saturn temporarily, altho it will retrograde into the opposition the last of April, and we shall not get past the unfavorable influence altogether till the aspect is entirely past, which is in the fall of 1911. We may expect occasional depressions in Stocks and Cereals till the aspect is entirely past. We have had our period of high prices, and we must expect some decline occasionally.

The Days of December.

Dec. 1st. New Moon (Moon conjunction with Sun). Unfavorable for risks and changes, for asking favors, etc.

2d. Moon conj. Mercury 2 p. m.; active, changeable, deceiving.

3d. Moon past aspects; indicates a quiet day.

4th. Moon not aspected, is quite favorable for Sunday affairs.

5th. Moon conj. with Uranus 8 a. m.; deceiving, evil for risks and taking chances or asking favors.

6th. Moon square to Jupiter at 7 a. m.; active and changeable; be careful.

7th. Moon square with Mars at 3 p. m.; deceiving, annoying; be careful.

8th. Moon sextile with Saturn at 7 a. m.; generally good but quiet.

9th. Moon square with Sun; First quarter, 1 p. m.; evil, deceiving; sell.

10th. Moon past aspects, quiet and uncertain; sell.

11th. Moon applying to trine of Sun, is very good for all Sunday affairs.

12th. Moon past aspects, but is a generally good day; ask favors, etc., till 3 p. m.

13th. Moon out of important aspect; indicates a quiet day.

14th. Moon opposite Mars 10 a. m.; deceiving, annoying; sell.

15th. Moon parallel with Venus; generally good; buy.

16th. Moon full (opposite Sun) 5 a. m.; is frisky; be careful; sell.

17th. Moon not closely aspected; a quiet and even day; generally good.

18th. Moon par'l with Sun; unfortunate except for Sunday affairs.

19th. Moon par'l Uranus, noon; active and changeable; be careful.

20th. Moon trine to Sun 5 p. m.; is very good generally; ask favors; buy.

21st. Noon sextile to Jupiter 10 a. m.; is very good; ask favors; change; buy.

22d. Moon sextile to Neptune 10 a. m.; is good; push affairs or change.

23d. Moon square with Sun; last quarter 4 a. m.; not good for taking chances.

24th. Moon applying to bad aspects; changeable and risky.

25th. Moon square with Uranus 6 a. m.; is good for Sunday affairs only.

26th. Moon conj. with Jupiter 10 a. m.; is very good generally; ask favors.

27th. Moon sextile with Uranus 4 p. m.; generally good; push affairs; buy.

28th. Moon conj. Mars 5 p. m.; be careful; avoid risks; sell.

29th. Moon past aspects; a somewhat quiet period for the day.

30th. Moon out of important aspect, but as Sun is close to a sextile of Jupiter, the day looks fairly fortunate.

31st. Moon New 10 a. m., and being sextile to Jupiter is very fine for the New year to start next day.

Christmas.

December 25th, Xmas, will come in with the Sun having been born or started to rise again, from its lowest point in Declination on the 23d with the Moon in the sign Libra, the first aspect of the Sun being to a sextile of Jupiter, which is a generally good indication for the new year, altho the various aspects formed during the year may make events a little uncertain and not quite as good as some years have been. At the same time, we may all be thankful that it is no worse. In the afternoon of December 25th, Sunday, the Moon will be applying to a good aspect of the Sun, and as the Moon represents the common people, those who have worked thru the long year with little to comfort them, while those represented by the Sun have had the best the land can afford. Why not start out at Noon, December

25th, and try and assist some poor soul, who maybe has been sinking to their lowest point? Maybe, too, they may rise to their highest aspirations, by nothing more than understanding how all life may rise, even from the grave.

Life.

DR. GEO. W. CAREY.

From the uprising mists of the Pacific Sea that twine and curl like things alive; from the glint of the sea gulls silken wings; from the musical shuttle of the mocking birds throat; from the liquid glory of sunbeams that spill their jewels on grass and flowers and gladden and golden the face of nature; from fern frouds and pine cones; from pendant pepper blossoms; from the clean trunks of the eucalypti; from honeysuckle and jasmine and rose and lily; yea, from vibrant earth and its whirling mineral and sentient crystal, comes forth the Word of Abundant Life.

Constellations are books; Suns are words, and planets are letters that spell the name of Infinite Energy.

"Their lines (angles, or angels,) have gone out into the whole earth and there is no language where their voice is not heard."

An Interesting Incident.

From a Journalist's Note-Book.

Frank F. More.

A young civil servant in India, feeling worn out from excessive heat, labor, and long hours, consulted a physician about his symptoms. The doctor looked him over, examined heart and lungs and then said, "I will write you to-morrow."

The next day he received a letter telling him that the left lung was gone and his heart seriously affected, and advising him to lose no time in adjusting his business affairs. "Of course you may live for weeks," the letter said; "but you would better not leave important matters undecided."

Naturally the young official was dismayed by such a prognosis, nothing less than a death warrant. Within twenty-four hours he was having difficulty with his respira-

tion, and was seized with an acute pain in the region of the heart. He took to his bed with the feeling that he would never rise from it. During the night he became so much worse that his servant sent for the doctor.

"What on earth have you been doing to yourself?" demanded the doctor. "There were no indications of this sort when I saw you yesterday." "It is my heart, I suppose," weakly answered the patient. "Your heart!" repeated the physician. "Your heart was all right yesterday." "My lungs then." "What is the matter with you, man? You do not seem to have been drinking." "Your letter!" gasped the patient. "You said I had only a few weeks to live." "Are you

crazy?" said the doctor. "I wrote you to take a few weeks' vacation in the hills and you would be all right."

For reply the patient drew the letter from under the bed clothes and handed it silently to the doctor. "Heavens!" cried the latter, as he glanced at it. "This was meant for another man! My assistant misplaced the letter." The young man at once sat up in bed and made a rapid recovery. And what of the patient for whom the direful prognosis was intended? Delighted with the report that a sojourn in the hills would set him right, he started at once, and five years later was alive and in fair health.—*Cleveland Medical Journal*.

Psychic Research

Some Remarkable Communications Received by Lillian Whiting

Through the courtesy of Mrs. Annie Bright, editor and publisher of the Harbinger of Light, a monthly journal devoted to Psychology, Occultism, and Spiritual Philosophy, at Melbourne Australia, we quote the following letter received by her from the gifted authoress, Lillian Whiting, which appeared in the September number of Harbinger of Light.—Ed.

"A very remarkable psychic has been in Paris this winter—Mrs. Charlotte Herbine, of Indianapolis, Ind., U. S. A.—of whose work and unique and exceptional gift there is much to say. To begin at the beginning of my own experience with Mrs. Herbine, is to go back several years to a sojourn in Chicago. Several of the most prominent women in the city, Mrs. Milward Adams, Mrs. Lucy McDowell Milburn (the wife of an eminent clergyman), and others, urged that before going on to the far West, for which I was en route, I must have seances with Mrs. Herbine. Accordingly arrangements were made for her to come from Indianapolis to Chicago, and the sittings proved not only remarkable, but utterly different from any I had ever known. The method is slate writing, but with this there

come audible whispers, perfectly easy to distinguish, and the sitter can talk with his friends, as well as receive the writings. Passing from that period to the present, Mrs. Herbine has been the marvel of Paris this winter and spring. In April I received (in Rome) a letter from Mrs. Henry Martyn R. Shepard, of Chicago (the widow of Judge Shepard, one of our distinguished American jurists), Mrs. Shepard being then in Paris. 'I have found the most remarkable medium,' she wrote; and copied for me pages of communications she had received. But she omitted to mention the name of the psychic, for which I wrote at once, and behold! it was none other than the 'Mrs. Herbine,' who had so impressed me years ago.

"In a recent seance with Mrs. Herbine, that she gave me in my own room here at the hotel on Tuesday, June 14th, which has been one of the most interesting of all that I have had within the past fifteen years of experience, with Mrs. Piper, Mrs. Minnie M. Soule (of Boston, U. S. A.), and many others.

"My seance with Mrs. Herbine last week was in full light, Mrs. Herbine herself in a

perfectly normal condition, and the writing inside the two slates fastened together, came when I was holding them, when they were lying on the floor, and on the table between us. All the time, too, there were raps all around the room, and on the table, and here and there.

"Those who communicated with me included Bishop Phillips Brooks, Kate Field, Rev. Dr. Donald (my very dear friend and rector, who succeeded Phillips Brooks at Trinity Church, Boston), and two or three other personal friends, whose names I do not give, simply from deference to the feelings of their relatives, who would object to it. There is such a super-abundance of testimony that we are all free to give, that it never seems worth while to me to try to offer that to which relatives can object, however unnecessary their objections may seem to us.

"But one very convincing proof which I am quite at liberty to mention was this. An old and dearly-esteemed friend of mine, Mr. Frank Walter Callender, a Boston man, who had mostly lived in Europe for many years, died on Palm Sunday, last March, at Taormina, Sicily. Through long years of correspondence between us, his letters were almost invariably signed 'F. Walter C.' When not, he used his initials only; but, as a rule, he wrote his second name in full. In a communication from him in this sitting, with Mrs. Herbine last week, the signature was the familiar 'F. Walter C.' The substance of what he wrote was most characteristic. Mr. Callender was himself a person of most beautiful temperament, whose life on earth was fairly an ideal one, both in goodness to all and in his own deep religious trust, which was simply a part of life itself to him. Now, in this communication, he referred to a purely mental experience of my own the day before, which had not been put in words to anyone, a certain little anxiety that I had felt regarding a personal matter; and clearly alluding to it, urged me to have no fear, that all would be well, and that I was to receive a certain supply for a need very soon. The entire message was one of the utmost sympathetic reassurance that any anxiety was quite needless, that all was being arranged. This, as I have said, was on a Tuesday afternoon, and on Friday his assurance, which proved

a true prophecy, was entirely fulfilled. One thing that he wrote was: "You little know how many of us are with you, or how much you are helped.

"Of course, none of us who know the fundamental truth of the absolute inter-relations and inter-penetration of the etherial and the physical words, need any more 'proofs.' For myself, I should as soon think of asking testimony and proofs that the sun shines as to ask further 'tests' of communication; yet, all added facts have for us a value in increased comprehension of the conditions.

"Mrs. Herbine has now, I am glad to say, gone to London for a month, and I have given myself the pleasure of introducing her, by letter, to the kind and wise friends at the office of 'Light,' whom I am anticipating myself, also to see, very soon.

"I may add that my winter in Italy has been the most curious fulfilment of psychic prophecy and advice.

"LILLIAN WHITING."

Hotel Bellevue,
39 Ave. de l'Opera, Paris.

"The Stellar Ray is an admirable Magazine."—Lilian Whiting.

Lessons in Giving.

By ELIZABETH TOWNE.

This is a cloth bound book of 185 pages, adorned with a photogravure of the author. It treats of sixteen lessons on a variety of New Thought subjects, from "Transmutation of Evil," whatever that phrase may mean as a substitute for heredity, which is no longer tenable in some scientific quarters and is rejected by reincarnationists, to "Telepathy," a new view, and kindred themes. The type is big with the author's big conception of the eternal self within her.

Under the special head of "Telepathy, a New View," she has much to say of her own experiences of this wonderfully occult subject. *Her idea is not new, except to herself*, as her theory has been entertained by many Spiritualists, the world over, and as proof she can find the same treated at length by J. C. F. Grumbine in his new book, entitled "Telepathy, or the

Power of Thought Transference." Spiritualists disclaim Mrs. Towne as either an expounder or defender of their philosophy, and it would be surprising if Professor Hyslop rests content with her charge that his convictions of the truth of Spiritualism rest on the ipse dixit of some petticoat. On the contrary such a shallow and saucy statement proves how narrow, superficial and prejudicial have been Mrs. Towne's knowledge of the revelations and phenomena of Spiritualism. How any one but a colossal egotist would dare, since Podmore's death, to say Spiritualism is not proven, after all the eminent scientists are convinced, and Rev. Dr. Raupert of the Catholic church openly declares that there can be no question but that Spiritualism is a fact is in-

credible. Let her remember that Spiritualism is *spirit*, *spiritual life* and *spirituality*, and she will know that any possible telepathy with the human incarnate spirits is also possible with the human excarnate spirits, and if this is not logical, then her mind must act as a negative coherer.

The gist of all her lessons is the power of spirit and it is an appeal of her spirit in the form of an individual that makes her work what it is. Why give man human more power than spirits out of the body? Is it the body or the spirit that makes that life, power, intelligence, thought possible? A Podmore in petticoats is a strange anomaly.

J. C. F. GRUMBINE.

October 14, 1910.

The New Thought in Medicine.

Following are extracts from an able article by Mrs. Hodgkinson in the October number of *Herald of The Golden Age*.

Disease, then, according to the new thought, tends away from death, not towards it. It is an effort of self-preservation.

I quote one of the exponents of this principle: Dr. Abramowski of the Mildura Hospital, whose knowledge of it is experimental and therefore practical:—

"There are besides mechanical injuries but two sources of disease in the world, *viz.*, poison or impurities taken into the system from without, and waste matters retained. In either case the result is *obstruction*. What is this mysterious thing disease? Simply the effort to remove obstructing material from the organic domain and to repair damages. Disease is a process of purification—a vital struggle to overcome obstruction and keep the channels of the circulation free. Should, then, this remedial effort be repressed with bleeding, or suppressed with drugs, intensified with stimulants and tonics, subdued with narcotics, aggravated with alteratives, complicated and misdirected, changed, subverted and perverted with drugs and poisons generally?"

The example set by animals certainly favors the theories of the new school. They curl up in some corner out of the light; they sleep; they often drink more water than usual, and in all cases of real illness they abstain from food. In two words, their cure consists of rest and elimination.

* * * * *

Dr. Abramowski was kind enough to send me an account of the circumstances which had forced these conclusions upon him, and they were of extreme interest as implying the necessity for a far higher standard of health than that usually set by the medical profession—if indeed it sets one at all, which scarcely can be confidently asserted. And this is one charge which we may and must bring against our medical guides. They have not cared for Health nor have they set us any example of sensible and strenuous experiment in its pursuit. The simplicity of the new treatment will not commend it to those whose faith needs the mysteries of the old school.

* * * * *

To such minds the following anecdote may be instructive. I quote it from an address of the celebrated Majendie to his class of students. "Let me tell you, gentlemen, what I did when I was a physician at

the Hotel Dieu. Some three or four thousand patients passed through my hands every year. I divided these patients into classes. With one I followed the dispensary and gave the usual medicines without knowing why or wherefore. To others I gave bread pills and colored water, without, of course, letting them know anything about it. And occasionally I would create a third division, to whom I gave nothing whatever. These last would fret a great deal; they felt they were neglected, and they would irritate themselves until they got really sick. But Nature always came to the rescue, and all the third class got well. There was but little mortality amongst those who received the bread pills and colored water. But the mortality was greatest amongst those who were drugged according to the dispensary."

Majendie himself probably did not perceive the far-reaching interest of the conclusions to be drawn from his experiment. It really states the case for that mental treatment of certain forms of disease which will be one of the principal weapons of the physician of the future—which they have often ignorantly and most imperfectly used in the drugging of the past and present.

The "bottle o' stoof," dear to the heart of the patient, very frequently inert or even harmful in itself, yet not seldom accomplished its work simply because it placed the patient's mind in the right attitude for reception of the mysterious healing power which inhabits the universe and can be directed into the necessary channel by faith—and apparently, in many cases, by faith only. One of the most hopeful signs of the times is the recognition of this fundamental basis of healing by some of the best minds of the medical profession, for it has too long been left to the exploitation of the quack and the charlatan. The future is really to the optimist. We are most of us born healthy, and what we shall demand of the faculty is that they should formulate the laws of personal habit and of environment which will keep us in that state to which it has pleased Nature to call us.

Our medical guides will thus be the custodians of the health of the community, and prophylaxis will be the test of their ability. There is a great future for young and ambitious men who realize that it is much

more important to advise a man on the safe-guarding of the health he possesses than to patch him up when he is already a wreck.

A Prayer.

Let me be earnest, I
Trifle o'er long
With the high purpose of
Life's right or wrong.

Let me be earnest, for
Wearied I grow,
Surfeit with fancy's gold,
Life I would know.

Let me be earnest, God,
Thrill me with pain;
Lend my unbroken heart
Passion's new strain.

—Verne Dewitt Rowell, 131 Maple Street,
London, Ontario.

The Two Kings.

By Allen Rosenkrans.

Two kings, divinely born and fair
When Time was glad with youth
Came to a throne with equal share
Each strong in love for truth.

In peace began the reign benign
And true hearts owned their sway
While spread with ever-crescent shine
The light of ampler day.

As the sceptre mild o'er land and sea
Stretched far like the blessing hands,
The hearts of men grew glad and free
And the hours proved golden sands.

'Tis Labor and Love the kingly pair
Whose rule is the bliss of Time
Whose glory fair 'may mortals share
That yield to their sway sublime.

Books and Periodicals

MISCELLANEOUS REVIEW

The "Emerson Calendar of Faith"

Comes to our table fresh with the inspiration that never dies. This neat little calendar contains 12 leaves, one for each month in the year. On each page is printed in pretty fancy type, a quotation from Emerson. The printing is in two colors and the calendar presents a very neat and artistic appearance. •Price 25c. Published by William E. Towne, Holyoke, Mass. For sale by Stellar Ray Book Dept.

The Marvels Beyond Science.

(*L'Occultisme Hier et Aujourd'hui*)

By JOSEPH GRASSET, M.D.

Author of "The Semi-Insane and the Semi-Responsible," Montpelier, France. Published by Funk & Wagnalls Co.

Being a record of progress in the reduction of occult phenomena to a scientific basis. With a preface by Emile Faguet of the French Academy. Authorized English translation by Rene Jacques Tubert, Fellow of the University of Paris. Dr. Grasset, who writes this volume, is already known to American readers as the author of "The Semi-Insane and the Semi-Responsible." He has long been professor of clinical medicine at the University of Montpelier. He is the author of several other works that have gained for him in Europe the esteem of scientific men.

Emile Faguet, of the French Academy, says of the present work, which deals with the success of scientific investigation in reducing occult phenomena to a scientific basis, that Dr. Grasset has succeeded thus far in his efforts to do what sailors do when they "calculate the reckoning of the ship." He has aimed scrupulously to mark the boundary between things already known and those which still remain beyond our understanding.

The author presents "a disoccultated realm"—that is, he presents phenomena that formerly were looked upon as occult, but which are now fully explained and ac-

counted for. Among these are hypnotic sleep, the unconscious will of movers of tables, the unconscious imagination of mediums, and the unconscious memory of hypnotized persons. M. Faguet declares that Dr. Grasset is "endowed with a scientist's cardinal virtues." Readers of the book will confirm this judgment.

Dr. Grasset has no prejudice. He seeks out causes in the known forces of life, and thus shows how remarkable is the progress that has been made in reducing these phenomena to science. He believes that such phenomena as are still regarded as occult will, in a comparatively short space of time, be included in the catalog of accepted scientific principles. Among these are mental suggestion, direct intercourse of thought, articles removed without touch, sight through opaque substances, telepathy, premonitions, materializations, etc. Beginning with the earliest manifestations of these phenomena in Europe, including Mesmer and Cagliostro, he brings within his survey the whole range of phenomena from that day down to our own, including Balladino. 2vo. \$1.75 net. Stellar Ray Book Dept.

A Psychic Autobiography.

By AMANDA T. JONES.

Author of "Diah," "Atlantis," "Poems," (of the rebellion), "A Prairie Idyl," "Rubaiyat of Solomon," "Poems; 1854-1906," etc. With introduction by James H. Hyslop, Ph.D., Sec. Amer. Inst. for Scientific Research.

This book, written in the author's inimitable style, and filled with graphic description of remarkable psychic experiences, can but receive a hearty welcome from all who are in any way interested in the engrossing subject of psychical research.

Miss Jones' name is too well known as one of America's most charming poets for it to be necessary to dwell upon her power as a writer. In addition to her literary

work she has achieved distinction as an inventor along mechanical lines and is destined to become a prominent figure in the commercial world through her inventions. In this book she tells us why she believes that she owes some of the most helpful inventions of the day to the influence of discarnate minds, and in other ways awakens the wonder even of those who have been firmly convinced that death by no means ends personal identity or personal interest in this mortal sphere. This is one of the books which all who are interested in "the Spirit World" should read and ponder.

Extract from introduction by Professor Hyslop:

"I have read these experiences of Miss Amanda T. Jones with extraordinary interest. I do not speak for them as scientific evidence of the supernormal, where that method involves certification and corroboration for each incident, but I do speak for them as human experiences coming from a source that is entitled to have its testimony heard. . . .

"I do not endorse the critical views of the book, though enjoying the vigorous and satirical assaults made on certain opinions, and I am sure they will meet approval in some quarters where the duty to science is not as great as mine. But it is the mass of experiences told here that suggest the improbability that they are wholly without significance. . . .

"The trenchant and dramatic style of the author will make her autobiography much more readable than the usual scientific account." . . .

Extract from letter of Professor William James, of Harvard University:

"Of course I can but feel flattered at your wish to dedicate the book to me. You may remember how I encouraged you to write it."

Cloth, 450 pages, illustrated, price \$2.00 net. Published by Greaves Pub. Co., New York City. For sale by the Stellar Ray Book Dept.

Oct. 27, 1910.

Editor STELLAR RAY,

Dear Sir:—Enclosed please find \$1.00, my subscription to STELLAR RAY. I am always ready to subscribe to a journal that is

against vivisection, this infernal practice which is demoralizing our youth and sacrificing helpless children to monsters who call themselves men of science.

L. F. D., Cincinnati, Ohio.

War Prophecies.

By STUART ARMOUR,

Published by The Zodiac Pub. Co., Alameda, California.

To introduce this little book to our readers, we shall quote a few paragraphs from the author's "Foreword." He says:

"It is not claimed that successful prophecies are all the proof that can be offered for the truth of a science that has in all ages attracted the attention and support of some of the most brilliant minds, for it must be admitted that the predictive side of astrology furnishes not only the weakest evidence, but the least scientific, though as a means of conversion of the skeptic it is necessarily the most popular. It must be admitted that even the best of mathematical astrologers are not always correct in their forecasts, but an investigator will find that they are right in a surprisingly high percentage of their prophecies.

However, from the philosophical and psychological side alone, it is worthy the research if it is only to ascertain why the starry science dominated the career of the war-like Wallenstein, why it captivated the subtle political mind of the astute Cardinal Richelieu, why it compelled the 'unwilling belief' of the great mathematician and astronomer, John Kepler, why the poetical though shrewd Dryden was conquered by it, and why the eminent artist, John Varley, did not disdain to spend hours of a busy life in its study, without mentioning a host of others famous in modern or past times who were devoted to the fascinating science.

"Surely it is going too far to say that these men, noted for their common sense and penetration in other ways, must be classed as foolish simpletons on this one subject. Is it not more reasonable to suppose that they, after a personal investigation of an abstruse study, found at least some foundation of truth to hold them captive?

"Personally, my advocacy of astrology

is not inspired by any financial consideration, for I have never made one cent out of it; on the contrary, have spent quite a little in my investigations of the claims of the astrologers. As a member of the Bar of the States of Oregon and Washington, I met with some success in the practice of my profession, though now engaged in mining, and should be some judge of evidence pertaining to such a subject.

"I know well the state of the public mind in regard to astrology, for it was shared by me until some six years ago, when an acquaintance made a remark about the influence of the planets and I said, 'You don't believe in that "tommy-rot," do you?' His reply was, 'I have looked into it and found something in it, and I would advise you to first examine before you condemn.' I took this advice with an idea of soon showing this man the absurdity of it, but the result is after six years of careful study I am putting forth this book with the advice to all, no matter how much they *think* they know, to make a study of astrology before condemning it."

War Prophecies is published in a neat pamphlet. Price, 25 cents. Address Stellar Ray Book Dept., Detroit, Mich.

Courtship Under Contract.

Science of Selection. A tale of Woman's Emancipation. By James Henry Lovell Eager. 12mo. Cloth. 450 pages. Price, \$1.20 net; by mail, \$1.30. The Health-Culture Co., Publishers, 1133 Broadway, New York.

The story of a young woman whose birth was the outcome of a most unfortunate marriage. Her mother, having been deserted before her birth, dies soon after. Having been adopted by her uncle and receiving a liberal education, she resolves on a plan to protect herself against the mistake of her mother by having a chance to know the character and not the reputation alone of the man by whom in her heart is awakened that which passes for love. She realizes the deceptive life that courtship awakens in the minds of those who believe themselves in love when the impulses are too prone to present, each to the other heroic and angelic mold, when intelligent analysis

of the characteristics of each other is impossible in connection with the habitual lover's calls in the ordinary courtship of every-day life.

The heroine is a bright and altogether interesting character who has a purpose in life that ought to appeal to the interested. She is not an impossible character, but is an altogether natural woman who hopes to find happiness in marriage, and to that end evolves Courtship Under Contract with a young man of promise, towards whom her heart is reaching out with a feeling of love.

This is a clean story of courtship by cohabitation, well sustained, and it exemplifies the possibility of such a life by any woman who possesses a character for uprightness.

A Guide to Astrology.

Published by Frederick White, at Crystal Bay, Minn., is the best primary work on the science of astrology that we have seen. Students of the sciences will find it clear, concise and most helpful and will be interested to know that we can supply this booklet and a set of ephemeris, such as beginners use, for getting the position of the planets from 1849 to 1911. Price \$1.75 for the full set. Address Stellar Ray Book Dept.

Of Interest to Thinkers.

For twenty-five cents we will send you a copy of "Correct Thinking," A Herald of the New Learning. By Parker H. Sercombe. A sixty-seven page book treating of real education in a new and masterly fashion. Should be read by every thinking man and woman.

For ten cents also any one of the following booklets: "God's Principal Jokes," "I am Faithful to You," "Murdering Her Children," "How Knowledge Comes Into the World."

Or send 50 cents and we will send Correct Thinking and the four booklets.

Address,

STELLAR RAY BOOK DEPT.,
Detroit, Mich.

Every moment, this moment, is the one supreme moment of my life.

The Swastika For Success



Success Club All Seekers

December Affirmation:—*God's love protects us.*

This was also the telepathic message sent our members on Nov. 15, at noon and night. On the 15th of each month we send a mental message to all our members. Any of them who send us a stamp in time will be given the message before to help us in sending it more strongly to the others. We are glad to hear from any who catch our message. It takes practice, but it can be done as surely as flying in the air.

We are always glad of the hopeful cheering letters from members and glad to welcome all success seekers into our happy club.

We are just four years old now, so we will celebrate on Thanksgiving day. Who will celebrate it by sending us a new member with three subscriptions for *Stellars May* before Christmas? This is the kind of gift we want from you. *Stellars May* is our friend and we must return kindness by helping to send the message *the others*.

When the American Woman's League offered the \$20 Debenture Bond with stock bonus to all who signed the notes to pay up the \$4 in subscription every month, we signed a number of them for those in our club who would want to come in and whom we wished to be in the Founder's Chapter. Such is our interest and faith in the League that we are willing to advance the money to save these places for you. If you will send your application to us at once with \$4 in subscriptions, you can have one of these memberships in the Founder's Chapter that will bring you the income for *his* and many other benefits. It is especially beneficial for the young people who have a talent to cultivate and for teachers who wish to improve themselves. They can take the *Chautauque Course* and anything from kindergarten to highest art. We want many of our members to win the Honor course and get the

\$60 a month for all expenses while attending the Art Institute in the People's University.

It seems marvelous what Mr. Lewis has accomplished in a few years. Of all the money that goes to them for subscriptions, half is given to the League and the trustees see that it is used wisely. Over 100 Lovely Chapter Houses will be completed by Christmas and in another year we hope to see them in every town of any size. Mr. Lewis is not making any money by this but is giving of his own to help along.

So if you join, be sure to send us your application. We are helping several very needy mothers to pay for their memberships. Who will send us a subscription to help them? We thank you for all you send.

Several members wish to know the price of the Swastika Postcards. We paid \$1 a hundred for some of them and will sell them for same with 10 cents extra for postage or 15 cents a dozen. They are nice to send your friends on Thanksgiving day, Christmas or any time when you have good wishes to send.

No. 1159 wants help to win love and friendship and money that is owing her. She must hold thoughts of love and success and affirm that "My own will come to me." If it is best for her to have the money it will be paid her. But she must have faith. Here is what Elizabeth Towne says about friends and it is good.

"Choose the best people and associate with them *mentally*."

You love your intimate friends because you are intimate with them. Be intimate in your mind with the greatest people the world has ever produced!

In other words create for yourself an ideal environment of mental friendships.

Let us whisper something—if you create the right kind of mental environment your surroundings and associates will change to match."

Just so if you hold thoughts that will create success vibrations, you will come in touch with successful and happy people.

There is no better plan to get friends among the best people than to join the League, get interested in a local Chapter, take some of the courses and become interested in improving your mind, so that you will be good company for pleasant and intelligent people.

1174 wants to collect a debt and asks for your success thoughts, also 1171 who has property in Oklahoma to dispose of. 1169 wants your best thoughts to be sent her daughter.

Notice to H. P. M.:—Nothing has yet been decided about the sale of the property. As soon as it is sold you will hear from them and get your oil stock and money. The Penn-Vir Co. are boring as fast as they can and the prospects are good for oil, and we hope gas too. The money paid for stock is spent in the work and the officers do not get it. They receive no salary and have put their own money in on their faith. Several have written us that if we are sure of its being a success they will send a dollar. If we were sure, all the stock would have been sold in a day. No one can be sure of what is two thousand feet under ground. Every investment offering big profits is a risk. "Nothing ventured, nothing have." First be sure the officers are honest men, then if you can invest a little that you will not suffer for the loss of, you may strike it rich, but if not, you will know your money was honestly lost and don't squeal. We only wished to offer what we hoped was a good chance for us all to become indepen-

dent by a small risk. We do not insist on anyone investing and it may be too late when you read this, but if you wish a little stock, send the money at once and if possible we will get it for you. By "too late" we mean that we can hope they will find oil by December.

Do not forget that we give Life Membership for three new subscribers to Stellar Ray, and membership in the A. W. League for 50 subscriptions to Stellar Ray sent us in a year. Why not try for it.

Little "Swastika" Nicol, so long the baby of the Club, says please do not forget that she wants all your subscriptions for Ladies' Home Journal and S. E. Post. She won several prizes last year and is now trying for another one. She is going to school an hour every day and enjoys it so much. She is helping her baby sister to secure her membership in the Founder's Chapter of League. Maryaylette is No. 100,000. We would appreciate any subscriptions sent to help pay for her membership. Subscriptions to anything will count, but we prefer them for Stellar Ray and the Woman's National Daily, such a fine dollar paper. It will be \$2 next year, as we are now getting a fine weekly supplement with it.

We wish you each and all a very happy Christmas and a most prosperous New Year, and hope all who wish us the same will help to bring it to us by remembering us and sending best thoughts every day to every member.

Yours for Health, Happiness and Prosperity,

SWASTIKA SUCCESS CLUB,
Manassas, Va.

"What is Worth While?"

MADAME DU BOIS, Mount Carmel, Conn.

The unrest, worry, care-lines and feverish haste seen on women's faces, and in their actions on the street, are amazing. They pull and haul to get to a bargain counter where women are already standing three deep, all of them after something that may not remain whole until they reach home. The desire to get something for almost nothing results in unlovely expres-

sions, worn nerves, torn clothing, and often in the possession of useless trash, ending in a family squabble between the man who earns the money and the woman who spends it. Is it worth while?

A woman was not quiet a minute during a call of nearly an hour—eyes twitching, hands toying with something, feet tapping the floor; and, tell it not in Gath, she was obviously chewing gum! Her nerves were wrecked by jealousy and suspicion of her husband; she was pale and hollow-eyed.

Her fine apparel made poor trimming for such a body. Is it worth while?

The woman who rushes through each day with no rest from morning till night is doing herself an irreparable wrong. You say it is a ceaseless struggle for existence; there are no good clothes; there are no good times; why try to keep rested and refreshed? Why take special care of a body that can never be adorned? It is built on good lines for hard work, and that is all there seems to be to life! This is a mistake, and worse. You are getting to be a pessimist. Stop it. "Thinking makes it so." The tide may turn for you, as it has for many others. "Your own will come to you," and when it does you will want a body that is well worth the trimming. Good "trim" looks out of place on a poor foundation, be it dry goods, a house, or a human form. Be worth the "trim!"

I knew a woman who took as long to bathe and breathe and care for her body in many other ways each morning, as it did her neighbor who owned the requisites of luxurious living. The consequence was that the poorer woman was healthy and her complexion was rosy with the glow of health, not cosmetics; and she carried herself with the perfect poise of a queen. When fortune came, even though she was past middle age, she was in perfect condition, and ready to climb into the lap of luxury and cuddle down, with no inharmonious jar like the coupling of a freight train, or insinuations of "new rich." She was fine and fit.

Another, whose family was large and whose home was usually more or less in an uproar, always slipped away after dinner, dropping everything, shutting out the children, banishing all care, and took an hour's rest, usually in the form of a nap. When asked how she could leave such an amount of work and trust the children to look after themselves, she replied that she could be a better wife and mother if she did, so she would not dream of missing it. As a result she was younger at forty-five than many women are at thirty. It was worth while.

When there is no time for napping during a busy woman's daytime, the business woman, the saleswoman or the factory worker can relax every muscle, and so gain much rest even while at work. It is not worth one's while to be tense, on one's

A Beautiful Emerson Calendar For 1911 Now Ready. Price Only 25cts.

Of all Christmas gifts none is so popular, none so practical, none so productive of remembrance of the giver as a calendar.

The new Emerson calendar is dainty, exquisite, artistic. Materials and workmanship are of the very best. There is not a cheap or gaudy note in it anywhere. Printed on Elite, antique finished paper, of a delicate light brown tint, in rich, soft colored inks, which give warmth, tone and atmosphere to the calendar. Each of the twelve leaves and the front page contains a carefully selected quotation from Emerson—America's greatest thinker and writer.

These quotations are fresh with the inspiration that never dies. They were specially chosen with the purpose to implant faith in the minds and hearts of all who read them. They breathe hope, courage and an abiding sense of the Oversoul. They will bring comfort and cheer to every reader as would the words of no other modern writer. The power and beauty of this man's words are being more widely recognized every year that passes. Every year his essays are being more widely read.

You will like these newly selected gems from a master mind. Your friends will like them and be uplifted by them and hold you in kind remembrance if you were the means of their reading them.

The front page (which may be detached from the rest of the calendar) makes a beautiful 5 x 7½ motto card, printed in fancy type. This card alone is well worth the price of the complete calendar.

The leaves are tied with silk cord. As each month closes you turn back the leaf for that month—you need never destroy it. Each quotation is set in fancy type with handsome initial letter, and with pretty border. Size of calendar, 5 x 7½—just a neat, handy size. Figures clear and distinct.

Each calendar is mailed securely packed with cardboard and guaranteed to arrive in perfect condition—fresh, bright and unbroken. This calendar ought to sell for 50c, but the price is only 25c post-paid. Five calendars carefully packed in envelopes ready to remail, \$1.00. Get your order started today. WILLIAM E. TOWNE, Dept. 24, Holyoke, Mass.

nerve, or constantly on the watch. Just close your eyes for a moment, sister mine, and let a few people get past you without taking them all in from head to foot. You will live just as long and your face will not wear so many wrinkles around the eyes.

There is a constant rivalry between families who are intimate. The wife tries to outdo her friend in entertaining, in clothes and in housefurnishings; the husband tries to appear more prosperous than his friend, whether he is or not, and to cut him in business at every opportunity. While outwardly the families are intimate and can go "far ben," in reality it resolves itself into "my friend, the enemy." Is it worth while?

Any one who has picked cultivated blackberries knows that the largest and juiciest grow underneath in the shade—they have longer to develop before they ripen. But the briars, too, seem to be more luxuriant under there. How often I have carefully insinuated my hand between the briery stalks and clutched the beauties, thinking to have the choicest for hubby's dinner, when on pulling my hand back I have been caught so firmly that I was obliged to drop my prize in order to get myself away, torn and bleeding—the "game not worth the candle."

So it is with many things that are considered bargains; with many of the things that we think we must do to live as our friends do; with many of the struggles for the empty honors of life—prizes that we strive to clutch and carry away. They are not worth the destruction caused by the battle to obtain them.

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Today natural methods of treating disease, especially by diet, are being recognized by the more resourceful thinkers of the country. Dr. Harvey W. Wiley, chief of the Federal Bureau of Chemistry, a graduate M. D., and the best-known chemist in this country, in a recent article, in the *New York Medical Journal*, said: "There is an increasing belief in the medical profession, and this belief is founded on substantial evidence, that diet is an important factor in the production and cure of disease. . . . A perfectly healthy, well-nourished organ becomes infected with any disease germ with great difficulty; in other words, it is self-protective. Granting this, therefore, it is self-evident that the food or diet must play a most important part in the prevention of disease."

Dr. Wiley closes this article with a most significant prophecy: "I must also be allowed to say that the most preposterous dicta that I have ever heard concerning diet

have come not from teachers of dietetics and cooking but from physicians themselves. In the progress of medical education, the near future, in my opinion, will see the professorship of dietetics in medical schools advanced to the same rank as that of medicine, and I am even going further than this and say, that the practice of medicine in the future will be largely a practice of dietetics."



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The Conduct of Circles.

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Advice to Inquirers.

If you wish to see whether Spiritualism is really only jugglery and imposture, try it by personal experiment. If you can get an introduction to some experienced Spiritualist on whose good faith you can rely, ask him for advice; and if he is holding private circles, seek permission to attend one to see how to conduct seances, and what to expect. There is, however, difficulty in obtaining access to private circles, and, in any case, you must rely chiefly on experiences in your own family circle, or amongst your own friends, all strangers being excluded.

Form a circle of from four to eight persons, half, or at least two, of negative, passive temperament and preferably of the female sex, the rest of a more passive type. Sit positive and negative alternately, secure against disturbance, in subdued light, round an uncovered table of convenient size. Place the palms of the hands flat upon its upper surface. The hands of each sitter need not touch those of his neighbor, though the practice is frequently adopted.

Do not concentrate attention too fixedly on the expected manifestation. Engage in cheerful but not frivolous conversation. Avoid dispute or argument. Skepticism has no deterrent effect, but a bitter spirit of opposition in a person of determined will may totally stop or decidedly impede manifestations. If conversation flags, music is a great help, if it be agreeable to all, and not of a kind to irritate the sensitive ear. Patience is essential, and it may be necessary to meet ten or twelve times at short intervals, before anything occurs. If after such a trial you still fail, form a fresh circle. An hour should be the limit of an unsuccessful seance.

If the table moves, let your pressure be so gentle on its surface that you are sure you are not aiding its motions. After some time you will probably find that the movement will continue if your hands are held *over*, but not in contact with, it. Do not, however, try this until the movement

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is assured, and be in no hurry to get messages.

When you think that the time has come, let someone take command of the circle and act as spokesman. Explain to the unseen Intelligence that an agreed code of signals is desirable, and ask that a tilt may be given as the alphabet is slowly repeated, at the several letters which form the word that the Intelligence wishes to spell. It is convenient to use a single tilt for No, three for Yes, and two to express doubt or uncertainty.

When a satisfactory communication has been established, ask if you are rightly placed, and if not, what order you should take. After this, ask who the Intelligence purports to be, which of the company is the medium, and such relevant questions. If confusion occurs, ascribe it to the difficulty that exists in directing the movements at first with exactitude. Patience will remedy this. If you only satisfy yourself at first that it is possible to speak with an Intelligence separate from that of any person present, you will have gained much.

The signals may take the form of raps. If so, use the same code of signals, and ask as the raps become clear that they may be made on the table, or in a part of the room where they are demonstrably not produced by any natural means, but avoid any vexatious imposition of restriction on free communication. Let the Intelligence use its own means. It rests greatly with the sit-

ters to make the manifestations elevating or frivolous and even tricky.

Should an attempt be made to entrance the medium, or to manifest by any violent methods, ask that the attempt may be deferred till you can secure the presence of some experienced spiritualist. If this request is not heeded, discontinue the sitting. The process of developing a trance-medium is one that might disconcert an inexperienced inquirer.

Lastly, try the results you get by the light of Reason. Maintain a level head and a clear judgment. Do not believe everything you are told, for though the great unseen world contains many a wise and discerning spirit, it also has in it the accumulation of human folly, vanity, and error; and this lies nearer to the surface than that which is wise and good. Distrust the free use of great names. Never for a moment abandon the use of your reason. Do not enter into a very solemn investigation in a spirit of idle curiosity or frivolity. Cultivate a reverent desire for what is pure, good, and true. You will be

repaid if you gain only a well-grounded conviction that there is a life after death, for which a pure and good life before death is the best and wisest preparation.

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Abuses of the Third Degree.

Uncle Sam seems inclined to take a hand, in answer to popular demand, in the inquiry into the methods employed somewhat generally, especially in the cities, in administering the so-called third degree. The effort to correct or check this alleged abuse is not prompted, it would seem, by any desire to prevent the punishment of criminals or even to hinder those lawfully seeking to ferret out and uncover crime. The principle established by the code is that an accused person is presumed to be innocent until he is proven guilty. And this guilt, the law says, must be established by evidence, beyond a reasonable doubt. Another provision of the law is that no person accused of crime shall be required to give testimony which might tend to incriminate himself. These provisions are not mere fictions of the law. So zealous have the courts been in obeying these admonitions that until a comparatively recent time it has been the duty of those making arrests to warn the prisoner that anything he might say to his own detriment would be used against him in court. But it would seem that this is no longer regarded as the duty of the officer. In fact, an entirely different method of procedure has been adopted and, in many instances, countenanced.

It is not necessary to recount the cruel and inhuman processes resorted to by the over-zealous constable or detective in preparing his case for court. He seems to have assumed the right to appear, not as an officer of the court sworn to see that justice is done, but as persecutor, prosecutor, judge, jury and executioner. And all this is done because the person making the arrest too often seeks to justify his own act or establish his surpassing power of deduction. He does not wait until the accused has been indicted. He seeks, rather, to wring from the man in his power such admissions or such contradictory statements as will serve to warrant the return of a true bill and a final verdict of guilt.

The fact is known that these damaging admissions often are obtained while the accused is being subjected to unnatural and heart-breaking torture. Sometimes he is made to endure actual physical cruelties. Again he is deprived of sleep until he is unaccountable for his words and acts, or mentally irresponsible. The detention cell is turned into a dungeon of torture, and the

terrible thing is that innocent men and women are made to suffer with the guilty ones who are subjected to these terrible ordeals. If the guilty alone were made to suffer this primitive punishment the condition would be bad enough. But they are not. Those who commit crimes are not the only ones. Let us unite to stop this abuse before the self-appointed administrators of uneven justice assume the right to send men from the holdover to the gallows or to the penitentiary without allowing them at least the privilege of a formal trial.

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You Must Eat to Live

Nothing will take the place of material food if you want to keep the material body in repair. The Creator gives the normal animal intelligence enough to feed itself and expects it to use it; otherwise the body will be destroyed. When you come to consider necessary foods, Rohe, in Textbook of Hygiene, gives: (1) Water; (2) Salts; (3) Proteids; (4) Fats or Carbohydrates. Currier, in Practical Hygiene, gives: (1) Water; (2) Salts; (3) Albumins; (4) Fats and Oils; (5) Starch and Sugars. Dr. Henry Reed Hopkins, President of the Medical Society of New York, in an article on the Mineral Nutrients, says that Air is the most important food, Water the next in importance, and Salts the third, the three constituting Class One. The reason is plain: without the mineral nutrients. A person will die in less time when fed on food from which the salts have been largely extracted than when given no food at all.

The absence of the mineral nutrients in part, so that the necessary proportions in the animal body are disturbed, causes disease, and that kind of disease which only the restoration of the equilibrium will cure. Nature cannot heal because her supplies are wrong. She will cure as soon as she gets the needed supplies in usable form.

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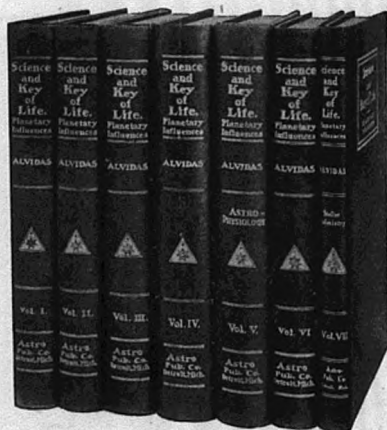
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