

THE STELLAR



RAY

A [MAGAZINE FOR THE PEOPLE

Devoted to a Practical Solution of the Problems of Life
in the Light of Science, Occultism and Philosophy

THE GREAT QUESTION:

“Some are born to honor, and others to dis-
honor; some to wealth and others to want;
some in the midst of crime, ignorance and
sorrow, others envired in happy conditions.

When and where is the Law of Compensation
applied to equalize these conditions, or why
should these things be?” H. C. H.

Answered In

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In Six Volumes

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Not the least interesting part of the work is its introduction, which serves to lift it completely above the plane of the ordinary popular works on astrology, and gives it at once a dignity, a seriousness and a dominant ethical quality that will make it appeal to earnest and impartial thinkers. * * * * It is upon the basis that heat, light, color and sound are all intimately related and all dependent upon vibratory forces for their manifestation, that the author builds his entire system of color and tone scales, which constitutes the most daringly original, interesting and fascinating portions of a book which one will not wish to put down once he has commenced to read it until he has finished its concluding chapters.—Detroit Free Press.

Henry Clay Hodges, of Detroit, Mich., has been for years making scientific study of electric and magnetic influences as caused by planetary movements and the great laws of attraction and gravitation as operating through interstellar space. The effects of different polarizations of the sun and the moon produce great effects on human life. The art of navigation is closely connected, Mr. Hodges believes, with these influences and currents in aerial space. In a new work, called "Science and Key of Life," Mr. Hodges discusses these great laws from both the astronomical and the magnetic side. Electric and magnetic phenomena are shown to be related to sidereal changes. The book is one of remarkable scope and power, on both the scientific and the psychic phases of life and progress.—Lillian Whiting in New Orleans Times-Democrat.

It is impossible to give a cursory sketch, within a few pages, that will convey to the mind of the reader more than a faint idea of this important work, or of its value both as a revealer of scientific truth, and as an inspiration to acquire knowledge regarding a great science heretofore but little understood, although of vital importance to each individual life; however, we ask your attention to a brief survey of the different volumes of this grand work, on the following pages:—

SCIENCE AND KEY OF LIFE

VOLUME I

Volume 1 of this work, introduces the reader to the subject of Planetary Influences, Electric and Magnetic, Defines Fate, shows that "thought is the Builder," and that each individuality is a law unto itself.

"Divine Years" and Ages, The Pyramids and the mathematical principles upon which they were built; an Elysian mystery is explained, and the wonderful phenomena of the variable stars, among them the Star of Bethlehem, form chapters as full of interest as the tales of the Arabian Nights.

The impossibility of annihilation and the secret of happiness are subjects of profound interest.

This volume contains horoscopol figures of Oliver Cromwell and William Shakespeare, of Napoleon III., of P. B. Shelley, and Emile Zola, which cannot fail to be of great assistance and interest to students of Stellar Science.

The effect of different Polarizations of Sun and Moon on character form chapters of vital importance. This science substantiates through the working of divine law all of the ethical teachings of the Nazarene.

The esoteric side of astral sciencé is presented and it is but inadequately described when we state that volume 1 introduces the reader to a new and marvelously interesting field of thought, broadening and elevating beyond expression.

VOLUME II

This volume contains 245 pages of subject matter whose interest grows upon the reader as he follows the author through chapters upon the life principle and health, the several parts of the body as governed by certain signs; the influence of the Natal Star, "for every human soul there is a Natal Star; sooner or later each one shall set out in search of his Natal Star."

This volume contains a horoscope of Jesus of Nazareth and the truth regarding his supposed supernatural birth is clearly revealed.

Horoscopes of Marie Antoinette, George Washington, Lord Byron, Michael Angelo, Napoleon I. and Charles Guiteau. Chapters containing marvelous information relating to musical tones; color vibrations; their connection with Planetary Action; their wonderful symbolism of Human Progress. Genesis explained and illustrated. The successive gaseous, vegetable and animal waves that appeared upon the earth. Anyone interested in studying life's great problems will receive new light of incalculable value in possessing these volumes.

VOLUME III

The third volume contains a complete Astrological Dictionary in addition to chapters on eclipses and their effect in various signs, also the sun and moon, together with chapter on Election and Horary Astrology, and the strength and influence of each planet, the sphere and orbit of each, as well as examples for taking sidereal time.

Horary Astrology is fully elucidated.

This volume shows the auspicious times for commencing any business or other undertaking. It also contains tables giving the rule of the planets each hour of the day, with numerous charts and examples, also how to reduce mean to sidereal time. Colors of the different planets and Zodiacal signs are given. It also contains a valuable treatise upon marriage.

VOLUME IV

This volume is in itself a great work containing about 350 pages.

It is compiled in four parts.

Part one contains eight chapters of intensely interesting informatoin regarding the faces of the signs and the effect on character indicated by the planets when posited in the twelve houses and signs. These chapters must be read to be appreciated and to give the reader an idea of their interest and value we quote the following passage from chapter one:

"The first face of Aries is martial, giving fearless, courageous ambition, one able to lead and command others; quick and ingenious and generally a very impressive speaker."

" * * * The third face of Aries is a face of change and lively fancy. There is a love of fame and activity unrestful, makes many changes in life."

From chapter two:

"When Saturn is posited in the first house the native is diplomatic, though very suspicious and distrustful. He is liable to be gloomy and retiring at times, and while he has many acquaintances he has few intimate friends. His friends are apt to be distant from his home; he makes their friendship through letters, writings, journeys and also through the father and elderly persons and those above him in the social scale of life.

The native is apt to be brought to public notice through these sources and he possesses much ambition, love of fame and high position. He also possesses power to manage and control others, not through authority, but diplomacy. * * * "

Part two contains chapters on Hindu Astrology and others relating to the periods, sub-periods and inter-periods of the planets and concerning the judgments of planetary periods.

The subject matter of part three deals with the planetary influences that dominate the physical form, have only to do with human evolution; the soul's pilgrimage through matter is graphically depicted in language that is free from the dryness of technical terms and awakens a realization of the Supreme Wisdom from which all existence flows. Every intelligent mind should come in contact with the vast field of thought which this great work opens to view.

Few people have any knowledge of the number of fixed stars—stars that seem to be stationary when viewed from our planet, and which are suns, the centers of other solar systems.

Part four deals with the subject of fixed stars, giving tables of their magnitude, latitude and longitude, also the nature of their influence, which is greater in mundane affairs than in relation to those of the individual.

VOLUME V

This great work now carries the student of this divine science into realms of what may be termed the most needed practical application of Planetary Influences, viz: The physical life of mankind. Volume five deals with Astro Physiology, a science but little understood by scientists, although of the greatest importance to the evolution of humanity from the malefic conditions of disease and suffering.

The celestial influences are no less potent in the art of healing than in the art of navigation, in which it is universally known that through heavenly bodies (the sun, moon and stars), the navigator is not alone able to ascertain his whereabouts on the ocean, but the nature of the weather, the tempests, calms and atmospheric changes to which he is to be subjected.

So may the physician evolve from the practice of an art which is at present

reduced to a mere practice of chance—to a truly scientific system based upon clear first principles which will invariably point to the cause of each malady, to its progression of increase and diminution, to its remedy if there be one, and how to avoid its redevelopment and to maintain good health.

This volume gives tables portraying the planetary influences upon diseases, and indicating the remedies in the form of healing plants and herbs bountifully supplied by the beneficent law, to alleviate sickness and suffering in the creatures living upon this planet; the healing power of electric, magnetic, color and tone vibrations.

No physician can safely administer medicine if he be unacquainted with the science of Planetary Influences.

VOLUME VI (Now Ready)

This volume is a continuation of this series, and treats of the Seven Great Principles back of manifested life; the significance of numbers; aspects of planets; the aura of the human body and many other subjects of interest and vial importance to students of the science of Planetary Influence.

This important work inspires the mind to seek further knowledge of the laws that govern all life in order that health, happiness and successful achievement may be the heritage of all creatures of the earth.

Mr. Henry Clay Hodges, the compiler of this great work, has voiced the inquiries of ages of thoughtful humanity in the following question, which is answered in Science and Key of Life.

“Some are born to honor, and others to dishonor; some to wealth and others to want; some in the midst of crime, ignorance and sorrow, others envired in happy conditions: When and where is the Law of Compensation applied to equalize these conditions, or why should these things be?”

Believing that the time has come when the Science of the Stars, both exoteric and esoteric, should take its place in the world of mind as by far the most important factor in the future evolution of the race, the undersigned has taken it upon himself to place before the world the latest fruitage gathered from this great field of infinite truth.

Much has been written upon this science in the past, but amidst the many truths there has been much error. The object in publishing Science and Key of Life, Planetary Influences, is to present truth freed from the debris of false and biased interpretation.

H. C. H.

This work is complete in seven volume, seven now in press. Price \$2.00 per volume.

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THE STELLAR RAY

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Halley's Comet

Comets, Their Origin and Influences

By HENRY CLAY HODGES

The Universe is one stupendous whole, Nature the body and God the Soul.—From Pope's Essay on Man.

At one time Astronomy and Astrology were one and the same science, but the former now treats of magnitudes, distances, composition masses, motions, etc., and is based upon observations made with elaborately constructed instruments.

Astronomy is purely an objective science associated only with the forms or bodies; while Astrology may be considered as subjective, dealing with the life inherent in the form.

To deny the science of Astrology is to ignore the existence of the soul of the universe.

The Halley comet is creating considerable interest owing to its reappearance this year. Its most recent appearance having been in 1759 and in 1835. It is thought by some to have been the Star of Bethlehem, which appeared at the birth of the Nazarene. This, however, is an erroneous hypothesis.

Comets are nebulous, luminous bodies revolving in an ecliptic of great eccentricity, or wandering through space from sun to sun, and are only visible to the people of earth when they approach the sun. They may be divided into three parts, nucleus, sheath and tail.

We learn from a study of the nebular theory that the vast space which this solar system now occupies, once contained aggregations of highly heated and highly attenuated matter, which, cooling and contracting, formed the condensed rings known as globes.

The Earth Was Once a Comet.

Within the unlimited confines of a past eternity, millions of ages before even the first glomeration or appearance of coagu-

lation became visible to the Infinite Intelligence who had the supervision of that stupendous structure under His watchful care; and after ages of time during which the earth was in a gaseous state, it became vaporous, and that vapor became a comet, and in this hazy form wandered through space apparently regardless of any special centre. In this condition, with only a comparatively small nucleus, it passed over millions of miles daily, (as we measure space and time), and its purpose was to gather up those particles in space which became united with it. Collecting scattered relics of other worlds that, in the course of time, had become disintegrated, so to speak, and in this way all these fragments were accumulated, and became intermingled and unified with that of the earth, for nature is frugal in her management and economizes all in her wonderful processes, so that nothing is lost or wasted; another point is that not only does the comet gather up the fragments of other worlds to which it may be said to have a claim, but it collects materials and elements for its own building purposes from their ruins, also taking from the living planets, that is, it takes from other living worlds some of the essential elements upon which living organized beings depend for health, life in the physical expression and general salubrity.

When considering the history of the earth, this theory has been recognized by wise men of past ages, and it is in this way that a comet when crossing the earth's orbit, or when it approaches the earth's atmosphere, takes from the atmosphere some necessary element quite essential to the life and well-being of that world or planet, and as a natural consequence will render the earth, or the planet contacted, lacking or negative in that element or substance.

The Apparent Effects of Comets in the Past.

We give herein some of the apparent effects of comets during the time of their appearance before and since the Christian era.

In the year 430 B. C. a comet hung over Athens for 75 days, during which time the Phœnician War began.

In 371 B. C. a comet appeared in the form of a beam and extended over one-third of the heavens, and this was followed by an inundation and earthquake.

In the year 71 of the Christian era, a comet appeared in the sign Virgo, the ruler of Jerusalem—it took the form of a sword directly over that city, on Easter Sunday, the 8th of April, and was visible a whole year until the taking of Jerusalem by Titus.

On the 14th of August, 418, A. D., appeared a comet in the sign Libra, at which time the revolt of Britton occurred.

In December, 539, A. D., a comet appeared in the sign Sagittarius and remained 40 days, during which time many thousand people perished by an earthquake at Antioch.

In 546 A. D. a comet appeared over the city of Constantinople and, during the time it remained, thousands of persons died daily of the plague.

In the year 800 A. D. a comet was visible at the transfer of the empire of Rome to Charlemange.

In the year 1106 A. D. a comet was seen in the east, this marked the beginnings of the Crusades.

Comets have seemed to affect the countries governed by the Zodiacal sign in which they appear, as in the above instance in the year 71, the comet appeared in the sign Virgo, the ruling sign of Jerusalem, etc.

The law of evolution enfolds the movements of the Solar System of the universe and gradually renders all sentient life more positive and self-reliant, less susceptible to influences which in time past would disturb its poise. Stellar influences which once were the fore-shadows of wars, devastation and physical disaster, are being transmuted into intellectual and moral conflicts and revolutions.

Camille Flammarion, the eminent French astronomer, claims that the tail of Halley's comet will come within the earth's orbit about the 18th of May. However, the undersigned apprehends no serious results to the earth from the influence of this sky wanderer.

The Halley Comet Not the Star of Bethlehem.

Irregular or variable stars have occasionally shone forth with a lustre far surpassing that of the stars of the first magnitude, or even that of Jupiter and Venus, only remaining for a short time and then gradually disappearing.

The periods of many of these temporary stars are so long that they are termed missing stars. In time, however, astronomers will view the next reappearance of these periodical or temporary stars and find them to be regular, harmonious and periodic, though they now appear to be accidental.

The most celebrated of these stars is the one more commonly known as the Star of Bethlehem, which appeared about the time of the birth of Christ, and is in one of the circumpolar constellations. It has been called the Star of the East and has not been understood by modern investigators, for they could not explain why the wise men went to the West when it seems they should have gone to the East; but this star appeared in the Zodiacal sign Aries, which is an Eastern sign and this is what is meant when speaking of it as the Star of the East.

It is thought by many investigators to have a period of three hundred and fifteen years, but it really has a period of seven hundred and eighty-six years, being invisible during that time. In the year seven hundred and eighty-six this star was again visible, but so little was known of it that slight attention was given to it at that time.

The last appearance of this remarkable star occurred in fifteen hundred and seventy-two in the constellation Cassiopeia. The attention of Tycho Brahe, the celebrated Danish astronomer, was called to it at that time and he wrote a very concise description of the various changes it passed through while visible.

"During the early part of its appearance, it surpasses Sirius in brilliancy, and can only be compared with Venus when she is in her most favorable position in relation to the earth. It can be seen at noon by those gifted with clear sight, and is visible through clouds which obscure every other star. At night it twinkles more than any of the ordinary fixed stars, is very white in color, then changes to yellow and finally to red." This star will again be visible in the year two thousand, three hundred and fifty-eight.

What Is Fragrance?

Editorial.

The subtle emanations of flowers, herbs, minerals and other substances known as their aroma, have not been investigated sufficiently to enable scientists to analyze and define their component parts. The effluvia of an object is as elusive of the investigator's scalpel as is the soul of man, hence the fragrance of the flower has been called its soul; it is, however, but a part of the manifestation of its soul power.

That the presence of iron, copper, etc., may be determined by the sense of smell without the aid of touch or sight is a well known fact although what movement or combination of their life movements produces this invisible quality is still unknown. While these are subjects of great importance which in time will be better understood, they serve to illustrate the marvelous truth that each individual human being expresses its existence in color, sound and fragrance.

What is true of flowers and minerals is also true of human kind.

The soul essence of vegetable and mineral life manifests in a myriad varieties of exhalation both pleasing and noxious, and so does the aura of the soul of man. As his higher faculties unfold, such as love of fellow men, and the laws of being, the colors blend harmoniously, becoming more and more translucent and crystal clear; the tone vibrations, referred to in the February Stellar Ray, form a melodious chord of blended sound and the combined color and sound vibrations emit an effulgence and fragrance

which flow outward like an incense on a mission as vital as that of sunlight, dew, or the mists of the sea.

A Breath of Celestial Fragrance.

It has been the privilege of pure-minded crystal hearted men and women to catch a breath of celestial fragrance, so ineffably, exquisitely refreshing and inspiring as to never be forgotten. Also to know that it was due to the presence of a pure celestial Being.

Language fails to convey a clear perception of the radiant beauty, the vibrant melody or the marvelous sweetness of an awakened soul consciousness manifesting purity of desire in a perfect physical or spiritual form.

As stated it is the purpose of this journal to assist those of its readers who desire to live broader, happier and more influential lives to do so by the use of practical scientific methods.

The first evidence of unfolding consciousness is an awakened observation, and to this faculty is due all higher development. Therefore we desire to call the attention to marvelous truths which at first perhaps startle the mind, attract its thoughtful contemplation and arouse this dormant sense.

Following we give a simple daily practice in concentration from which may be developed astonishing results, noticeable in the physical health, a more cheerful outlook and better general conditions to a sincere seeker for advancement.

Command once or twice each day a few moments of quiet leisure, taking with you a piece of fruit, a luscious golden orange, an apple, a bunch of grapes, or any of the fruits so abundantly provided.

First, observe the form and marvelous construction, the manner in which its interior is guarded from contact with foreign substances which might pollute or destroy its flavor; notice the marvelous golden sunlight stored in the outer coat of the orange, the rosy satiny texture of that of the apple and the beauty of the vestments of the group of delicious creation, which we call a bunch of grapes!

Then inhale the fragrance and reflect upon the mystery of that subtle emanation which man has not yet been able to solve.

The mind is now prepared to taste and enjoy its flavor and to realize that the source of its creation is Omnipotent Love. This mental state will release psychic fluids which assist the assimilation of the nourishing, magnetic and refreshing qualities of what you are eating, causing them to build into the body each day an element which invariably induces better conditions.

The habit of observation awakens reverent awe, from which evolves soul aspirations through which mankind fulfills the law of life more abundant. Abundant health, abundant supply for all needs, abundant love, happiness and peace. From this small beginning of sincere open-minded concentration may the life be opened to receive of the inexhaustible supply waiting to be utilized.

* * *

Applied Food Chemistry.

BY EUGENE CHRISTIAN.

The bee, in some respects, is a very stupid animal. If a puncture is made in a cell that it is filling, it will go on all summer pouring honey in at the top while it runs out at the bottom. But when the queen is accidentally destroyed, the worker bees will take the egg that ordinarily would produce a neuter or non-sexual worker, and by putting it into a special cell and feeding the young larvae on royal bee bread, it will grow to be twice the size of the worker, and develop into a queen bee, endowed with the wonderful power of sex.

The entire physiology of the bee is changed by a change in the system of feeding.

Man considers himself the wisest of animals, but he would not try to fill a barrel with an open bung-hole at the bottom, unless he was in the condition into which he was trying to get the barrel. But the man, although he has worked out a science of food chemistry that fills immense volumes, has not in the past been able to apply this knowledge so as to produce and maintain normal health, to say nothing of changing the very nature of his organism by the power of nutrition, as does the bee, guided only by blind instinct.

Science has probed more deeply into every other department of human affairs

than it has into human health—the basic factor from which all other human activities spring. Every large city maintains an expensive health department, but its work is chiefly confined to sanitation. Many great colleges teach food chemistry, but have remained silent upon the important question of how it is to be applied or used so as to be of any practical benefit.

To know the chemical constituency of the human body is certainly interesting. To know the chemistry of food is likewise interesting. But what profiteth a man to know the chemistry of his body or the chemistry of his food if he does not know how to apply this knowledge for his own good—for the prevention and cure of disease? This knowledge is clearly within the realm of science, yet the Bureau of Chemistry, under our Federal Department of Agriculture, whose bulletins give the chemical analysis of all our food products, has nothing to say about how food should be selected, combined and proportioned under the varying conditions of age, temperature of environment and work, so as to give the best results in physical and mental health.

The reason of this failure is that food chemistry in the past has been studied and pursued as a "pure science," and not as an applied science. By pure science I mean a science the purpose of which is the mere finding out of things for the satisfaction of knowing, rather than for the purpose of using that knowledge. The philosophy upon which pure science justifies its existence is that when a man is looking for a definite thing he is very liable not to find anything; but when he looks for truth for the sake of truth, he will find many things, some of which will be useful.

All branches of learning have their pure scientists. The knowledge of electricity was developed in our universities as a pure science long before Edison applied it. Professors in laboratories had played with wireless electricity many years before Marconi or De Forrest made it useful. Burbank is an applied scientist in plant breeding, but there are a half hundred professors in botany, whose names are unheard of outside of the particular college campus where they reside, who have more theoret-

ical knowledge about plants than Burbank.

College professors are satisfied with the finding of truth. It takes a different kind of man to give it to the world in usable form. Pure scientists discover facts. Edison, Marconi and Burbank use facts. These men do things. The man of pure science is the miner of knowledge; he digs the crude metal which the man of applied science can work into a useful machine.

Why have we long had an applied science of electricity and of botany and of animal breeding and no applied science of human nutrition? The answer is obvious. The application of food chemistry or human nutrition is the work of building good bodies and keeping them in repair. That field of effort is occupied by the drug doctor, and so powerfully has he been entrenched in the public mind that it has taken many years for this branch of science to get recognition in a field where it finds its only application and use; but when once fully applied, it will be recognized as the most useful branch of human knowledge.

* * *

A Perfect Stimulant.

BY D. F. COMSTOCK.

In my own case I have found that four minutes enforced breathing makes it possible to hold the breath for three and one-half minutes, whereas without the preparation 56 seconds was my limit. The time during which it is possible to do without respiration, of course, with the length of time during which the preparatory breathing is carried on. The increase does not go on indefinitely, but reaches a definite limit, beyond which further length of time given to preparatory breathing does not increase the time during which the breath may be held.

The effect as a mental stimulant is very pronounced. I have noticed in my own case that mental fatigue may be postponed, far beyond the usual point, by two minutes of rapid deep breathing at half-hour intervals. I have never noticed any reaction as in the case of most stimulants, and altogether it seems to me very satisfactory. The effect on muscular fatigue is also striking.

The pulse beat goes up very rapidly while the breathing is continued, in my own case

from about 65 to 106 after four minutes' breathing. Another curious effect which perhaps is worth mentioning is the apparent rapid lapse of time during the latter half of a hard breathing period. This change in the time-sense is very noticeable.

I should not have ventured to describe phenomena which are so easily in the reach of everyone had I not found in people at large, and even among scientific men, a surprising ignorance as to their existence. I have seen some very amusing betting on how long it was possible to hold the breath, and have seen the cock-sure bettor laid low by not knowing of this possible resource of his adversary.—From an article in *Science*.

* * *

Dr. Ira Van Giesen.

Dr. Ira Van Giesen, New Yorks official brain pathologist, tells how excessive drinking burns out the "fuses" of the body, smashes the motor centers of the brain, producing premature old age and insanity, leaving "mind ashes" in its path of ruin.

"Can you see the ruins of a soul under the microscope? You can if it is a ruin wrought by alcohol. You can see the burned-out cinders of the brain as plainly as you can the ashes you knock from your pipe.

"The human brain and the nervous system which it controls," said Dr. Van Giesen, "may be compared to the electric street car system of a great city. Up in the suburb, we'll say, is the main great power house. Proceeding from it and extending to the uttermost parts of the city are feed wires which distribute power to lesser stations; and these, in their turn, control the various lines within their districts. The main power house is the brain, the feed wires are the principal nerves, and the lesser power stations are the little subsidiary brains or bundles of nerve cells—like the solar plexus—each of which controls a certain area of the body.

"Now, every feed wire, the great trunk lines of the main power house which run the cars, as well as the little ones which light the desk lamps of the general manager and his assistants, is adapted to transmit a certain amount of energy and no more. If the capacity of a wire is exceed-

ed, if it is called upon to deliver at a certain point more than it was intended to carry, the wire will 'burn out' at that point.

"So with the brain. It is endowed with the power of generating a mysterious force. We do not know what it is, but we know that this force governs the functions of the body and that, under normal conditions, only enough of it is carried along any one nerve fiber to supply the tissues through which it passes. Science calls this neuron energy.

"Now, just as the great power house not only drives the street cars, but also generates power for its own lights and ventilating fans and the dainty electroliers in the manager's office, so the brain not only controls the remotest functions of the body, but also provides neuron energy for its own most intricate and complex workings—the orderly marshaling of thought, the recording of impressions and the illumination of all with the transcendent faculty of the moral sense. Disarrange these functions and the result is insanity. And the effect of overtaxing the nerve centers which control the brain itself is precisely the same as upon those which govern the bodily functions—they become burned out; and what I have shown you through the microscope is the ashes of these beautiful organs, burned out with overstimulation with alcohol. The first indication of this condition is a tendency to procrastination and neglect in the performance of life's duties, together with a deadening of the moral sensibilities."

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Life's Fourteen Mistakes.

Judge Rentoul of the City of London Court, recently addressed the members of the Bartholomew Club on "The Fourteen Mistakes of Life."

He said pathetically, "I think I have the greatest fitness for speaking on this subject, because I have committed every one of them." This is the list he gave:

To attempt to set up your own standard of right and wrong, and expect everybody to conform to it.

To try to measure the enjoyment of others by our own.

To expect uniformity of opinion in this world.

To look for judgment and experience in youth.

To endeavor to mould all dispositions alike.

Not to yield in unimportant trifles.

To look for perfection in our own actions.

To worry ourselves and others about what cannot be remedied.

Not to alleviate if we can all that needs alleviation.

Not to make allowances for the weaknesses of others.

To consider anything impossible that we cannot ourselves perform.

To believe only what our finite minds can grasp.

To live as if the moment, the time, the day, were so important that it would live for ever.

To estimate people by some outside quality, for it is that within which makes the man.—From *Herald of the Golden Age*, London, Eng.

The Unity of Life.

BY VERNE DEWITT ROWELL.

All life is one; this truth sublime,
Shall permeate all realms of thought,
And nearer bring that golden time,
We have for ages striving sought.

For no one can another harm
And feel himself no pang of pain,
Since the same omnipresent Arm,
Doth ever great and small restrain.

All life is one and we are one,
With bird and bee and flowers,
That gladden mead and forest lawn,
Through lovely summer hours.

All from one single source do spring;
All from one Cosmic Oversoul,
And of the self-same God they sing,
The loving all-embracing Whole.

Though we are one with fragile flowers
That nestle to the silent sod,
And singing birds in wildwood bowers
Yet are we also one with God.

Western University, London, Ont.

Stellar Science Department

SOLOMON

Grand Master of the Free Masons

By REV. ALTAN Z. STEVENSON, D. A.

I have to introduce to the careful attention of thinkers and occultists generally, some very curious facts. I am afraid that although many thinkers read intelligently many parts of the Bible, very few take the trouble to read and examine. The Bible preface or dedication the first few lines of which I must quote, viz.:

"To the Most High and Mighty Prince James, by the Grace of God, King of Great Britain, France and Ireland, Defender of the Faith, etc. The Translators of the Bible wish Grace, Mercy and Peace through Jesus Christ, our Lord.

"Great and manifold were the blessings, most dread sovereign, which Almighty God, the Father of All Mercies, bestowed upon us the people of England when first He sent Your Majesty's Royal Person to rule and reign over us. For whereas it was the expectation of many who wished not well unto our SION, that upon the setting of that bright Occidental Star, Queen Elizabeth, of most happy memory, some thick and palpable clouds of darkness would so have overshadowed this land, that men should have been in doubt which way they were to walk, and that it should hardly be known who was to direct the unsettled State; the appearance of Your Majesty as the Sun in his strength," etc.

Here the Virgin Queen Elizabeth is plainly termed the Bright Occidental Star or Spica, the bright star in the left hand of the Virgin (Virgo) on the passing of which needs must arise James—Jacobus Ophiucus—ever wrestling with the angel, with thigh out of joint and 'tis well known that King James was very weak in his understanding, that is, his feet and legs, although the understanding of the head was of so superior a nature that this king of England, James, or Jacobus, the first, sixth of Scotland, was ever termed the modern

Solomon. Here is food for thought which needs no further comment of mine at present. The question must be answered, What relation was King James to King Solomon?

In regard to King Solomon, greater mysteries have to be elucidated. Solomon was the wisest man who ever lived, he was the greatest king of the Jews, the Grand Master of all Free Masons and the Great Temple Builder. Our ancient fathers, the last of the ancient Royal Priesthood of Astrologers and Druids, have closed up the name of Solomon as they closed up the ancient books and hid them away in safety until the time of their rediscovery is to arrive. Solomon built his Temple without axe or hammer, and Mother Nature invariably performs her mysteries in darkness and silence.

The far-famed hollow pillars which stood at the porch way or entrance to Solomon's Temple are well represented by our letters N E W S, as the pillars were the safe deposit vault for the temple records and the letters when placed at the four

N
corners of the cross thus: W+E convey a
S

world of meaning. The exact center where these two lines or pillars cross each other is the grave of Hiram and also of The Sun.

The Temple was evidently something more than a small building placed upon a hill in a little city in lower Syria, called Jerusalem, the real Temple is The Universe. The pillars representing east, west and north, south, day and night, summer and winter, good and bad and all the dualities, including male and female, sun and moon, or Adam and Eve.

"As above, so below." The Temple being the Universe or Macrocosm, so also The Temple is the human body or microcosm. I have noted the fact that the name of

mals, are loving and harmonious companions.

If the moon was in Gemini, the language is good, refinement and orderliness are intensified.

Moon in Cancer increases the nervousness and sensitiveness; great care must be taken in raising these children, their nurses should be physically perfect and refined in their natures.

With the moon in Leo gives zeal in religious worship, should live in the country, make mistakes from over-zealous nature, are kind and sympathetic, susceptible to psychological influence.

The moon in Virgo, clear logical mind, sensitive to public opinion, students of physiology, ideality, and given to severe punishment of children when kindness is best for them.

Moon in Libra, have occult powers, are keen with accurate discrimination, intuitional in qualities and conditions. Moon in Scorpio, selfish business nature, drive bargains without feeling; strong temper, revengeful, should be well disciplined in honesty; moon in Sagittarius, gives intense activity, speak and act without thought; have fine mechanical ability, should be taught self-control.

Moon in Capricorn, must be constantly in a sphere of activity, public political life; moon in Aquarius, the same sign as the sun, brings out the Aquarius nature, confined to one particular pursuit in life. The moon in Pisces gives perseverance, carefulness, adapted to mental labor, inclined to literary pursuits, but unusually selfish, distinctly so in small affairs; inclined to

Were You Born in Pisces?

From February 18th to March 20th the sun was in the sign Pisces, and those born at this time will bear the following characteristics, modified or intensified by the positions of other planets in the natal chart:

This nature is most capable, perceptious, are wide-awake, memory retentive; with a restless, changeable disposition, not sufficiently self-assertive. If he essays great things of importance he either does not gain them or does not retain them. There may be at some time in life much unpopularity or hostility shown to the native, or he will have moments of considerable

anxiety or depression. It threatens many obstacles in life. He is sociable, good humored, but easily influenced by others; sincere and religious, but may change religion. Children born in this sign must cultivate hope and cheerfulness.

The sun still in Pisces and the moon in Aries causes self-will, headstrong, hard to govern. They can be reasoned with but will not be driven. These children should be restrained to habits of moderation. The moon in Taurus gives external appearance of quiet, but internally active with strong feelings, intense love of nature. Moon in Gemini, love of knowledge, useful, mechanical.

Moon in Cancer, sensitive, having excessive industry, penurious, clear deductive mind. Moon in Leo, great vitality, high ideal of unity, studious and confiding. With the moon in Virgo gives the child a love for mathematical problems and obscure subjects in general, clear, logical mind; fine intuitions relative to raising of children, makes good teachers and adds inspirational power. Inclined to be critical, they should be impressed with the importance of making their surroundings harmonious. Tendency to kidney trouble and dyspepsia.

Moon in Libra gives quiet, thoughtfulness, indisposition to take counsel from anyone, have mediumistic power, love changes and it is difficult for them to remain long in one environment.

Moon in Scorpio, selfish, pride of ability, sullen temper, tenacious supporters of established customs.

If the moon is in Sagittarius, there is increased activity, restlessness, irritable, yet self-controlled. Moon in Capricorn gives decided business talent, inclined to entertain more business schemes than can be matured.

Moon in Aquarius turns the mind away from the home and constructs the studious nature of Pisces. Gives bright, cheerful mind, makes friends readily; adapts to all kinds of mercantile life; their home is wherever they happen to be.

The moon in Pisces increases the morbid anxiety of the nature. Their liabilities to disease arise from fear of it. Pisces people should cultivate hope and cheerfulness.

On pages 196 and 197 of the January number of STELLAR RAY will be found brief articles by Dr. Geo. W. Carey that should prove not only interesting but profitable to those born in the sign Aquarius or Pisces.

We will mail a copy to anyone upon request.

For ages the destiny of the world, aye, the universe, has been mapped out in the sky, but there have been few of mankind pure enough to interpret the handwriting of the Supreme Ruler.—*Science and Key of Life.*

Life is the rich fuel of experience
Blending with passion of desire,
Within the hearts urn to maintain,
The soul's eternal fire.

Verne Dewitt Rowell.

A Song of Content.

Above an emerald sea of sod
Blow linen sails like snow;
The floors are sanded, and the hearth
Gleams with an Altar's glow.

A wholesome smell of bread, new-baked;
The spinning-wheel's low hum;
These, with an hundred homely tasks,
Make of her day, the sum.

Yet search the whole world thro' and thro',
Her happiness to match—
Her drowsy babe upon her breast,
His hand upon the latch!

—Edith Vaughan Michaux, in *The Craftsman.*

Psychic Research

The following incidents are extracts from the report of the American Psychical Research Society, Vol. IV, No. 1, January, 1910.

All communications to the Society of Psychical Research should be addressed to Dr. James H. Hyslop, 519 West 149th street, New York City.

The Verplanck Ghost.

Miss F—— G——, daughter of the late Dr. G——, of Fifth Avenue and Forty-third Street, relates this incident:

Dr. G——'s country place was at Fishkill on the Hudson. Many years ago Miss G—— had been in New York for the day and was returning by a late train (call the day October 20th). The coachman met her at the station with a buggy and a steady horse. The night was extremely dark and there were no lamps on the carriage; the road was plain and they drove on up the hill under the shadow of thick foliage which intensified the dark. Half way up the hill the horse shied violently. The coachman called on the Saints and Miss G—— perceived a long, shapeless white length of mist as it seemed rising from the middle of the road in front of the horse. This drifted along the side of the horse, brushing her neck and disappeared over her shoulder. As it touched her she felt a sensation of cold and

shook. Her mind rejected any thought of supernatural explanation, however, and she said, "Michael, we must have run over something for I felt a jar; get out and see if you can find anything on the ground." Michael demurred, saying that it was nobody he run over but a ghost. "You and I might be deceived, but not the horse. See how the poor beast is sweating and trembling in the shafts." He looked, however, and found nothing; whereupon they drove home, Miss G—— putting an injunction of secrecy upon him for fear of frightening the maids. Some days later he told the story for the amusement of a caller, an old resident of Fishkill, who showed much interest and said: "What date was this?" "October 20th." "Then you have seen the Verplanck ghost." Being asked for an explanation she told this story:

A generation before Miss Verplanck was the heiress of one branch of that great Dutch family and was in love with a young lawyer of New York. Her family desired her to marry her cousin Samuel Verplanck.

On the evening of October 20th her lover was to have come up to Fishkill; but a violent storm broke that night and he did not appear. In the morning Miss Verplanck came down to breakfast saying "He is dead; he was killed last night." A few minutes later word was brought in that his body was found half way up the hill with a knife thrust through his heart. Samuel Verplanck disappeared at the same time and was never seen again, and the local tradition is that on the night of October 20th such a manifestation occurs at the place of the murder, as Miss G—— experienced.

* * *

A Narrative of Miss W——

Miss W——, daughter of Col. Geo. W——, told this story at Lestudo Scituate, Mass., in October, 1908.

My father and I were staying together some years ago in Innsbruck at the old hunting lodge of Emperor Maximilian. We had two rooms on the corner of the third floor; a large closet separated them. My father was called away for a few days leaving me alone. The first evening of his absence one of the ladies in the hotel came up to my room to spend the evening. As we were talking I felt a cold draft on my neck and thinking that the window must be open in my father's room I went through the closet to see. His window was closed and his door locked. I came back, closing both closet doors tightly, noticing how the old-fashioned latches rattled. I spoke to my friend of the draftiness of the house and thought no more of it. She went away about 10, and I wrote letters for an hour or more afterwards. As I was getting ready for bed I heard a loud rap on the door of father's room. Knowing that it could not be intended for me I paid no attention and the rap was not repeated. As I composed myself for sleep I opened my eyes and saw in the moonlight a dark figure completely enshrouded in a mantle, standing by my bed, so close that I felt the pressure of its knees against the mattress. My first thought was "Here is a burglar. What shall I do? I cannot pretend to be asleep for he must have seen me open my eyes." There flashed through my mind, however, the fact that there was no hiding place in

my room where he could have concealed himself and no balcony where he could have entered, while if he could have come into the room from my father's room the rattling of the latches would have betrayed his entrance. As I thought this the figure bent over and placed two hands with a gentle pressure first on my right shoulder and then on my left and then on my ankles. At this moment I recalled a legend of the house of "The Girl in the Blue Mantle"—a romantic story of love betrayed and an apparition which haunts the house. Immediately my terror vanished, and I said to myself, "Poor little girl in the blue mantle, you cannot hurt me and I am not afraid of you." Then I thought "I will move a little and see what happens," so I moved my forefinger and immediately the figure vanished, whereupon I fell asleep almost at once. The next morning I told the story to my friends who had lived in the house for several seasons. They listened with great interest but one of them said: "Ah, Miss W——, you don't know, this house as well as we do. The Girl in the Blue Mantle never appears except on the second floor; but there is a story of an Englishman in Black who haunts the third story."

Mrs. L. C. H., of Cambridge, related this experience to her rector in 1904:

Some years ago I lost my only daughter who died in childbirth, and my grief seemed constantly increased instead of being tempered with time. A few nights ago I awakened from a sound sleep and sat up in bed intent and expecting something though I knew not what. As I sat there eagerly looking and listening there appeared at the foot of my bed a bright blue cloud which unfolded. In the midst of it stood my daughter as I had seen her in life, smiling radiantly. The apparition lasted some minutes at the end of which the cloud closed concealing her figure and all disappeared.

* * *

The Dream at Cooperstown.

Mrs. Philip A. H. B——, wife of the Vicar of St. John's Chapel, New York, dreamed one night at her country house in Cooperstown, "Holt Averell," that she saw the little Irish Church of Cooperstown decorated for a wedding and filled with all the country house colony. In the chancel stood

her husband ready to perform the marriage, and as she looked she saw a well-known figure advance, having upon his arm Mrs. ———, a wealthy widow of the same colony. As they reached the church the vicar's figure vanished and in its place stood the Rev. Dr. G. of New York, who performed the marriage ceremony. Mrs. B—— told the dream to her husband in the morning; and when a few days later Mrs. ——— called and said "Jane, I have something very interesting to tell you." Mrs. B—— said, "You needn't say anything more. You are going to be married to Bishop Potter in Christ Church and Dr. G. of New York is to perform the ceremony." "How did you know?" asked Mrs. ———. "I saw it in a dream last week." The dream was fulfilled to the minutest detail.

* * *

At the Van Cortlandt Manor House near Croton, N. Y., a frequently recurring incident is the approach of a carriage at night. The beat of the horses' hoofs, the rattling of the harness and the rolling of the wheels are heard distinctly, and then drawing nearer and finally turning through the gate and hurrying up the long drive to the house. Guests inside often ask who is coming at that time of night, and being bidden "Go and see," discover that there is no visible cause for the sound that has been heard. In connection with the same house there is a legend of the apparition of an old housekeeper in a first floor bedroom. Being tested by a certain medium, the housekeeper confessed having stolen certain pieces of family silver which had long been missing.

* * *

The Apparitions at "Elm Valley," Hadley, Mass.

The fine colonial mansion above mentioned was built about 1750 as the seat of the family of Phelps, and passed by inheritance to the late Bishop F. D. Huntington, of Central, N. Y., who was born in 1819 and died in the room where he was born 1904. He related these incidents to the narrator.

A small bed-chamber was partitioned off from the huge attic under the gambrel roof. Whoever sleeps in that room hears the door at the foot of the attic stairs open and shut, and a soft muffled footstep climbs the stairs and crosses the attic floor stopping

outside the bedroom door. The footstep sounds like that of some one in stocking feet or in moccasins. When the door is opened nothing is to be seen. A small bedroom is entered by the staircase from the woodhouse and is set apart for the use of one of the "hired men." Some years before Bishop Huntington's death he had difficulty in retaining men one summer; and questioning one of them as to the reason for his departure heard this story. The man said, "You are a good master, Bishop, the wages are all I want and I should like to stay but I cannot sleep in that room. Last night I went to bed and was going to sleep when I felt some one in the room. I sat up in bed and saw an old woman short and bent, and dressed in an old-fashioned way, with a cap and handkerchief crossed on her breast, moving around changing the position of the furniture and rearranging things. I thought it was rather cheeky of her and started to ask her what she was doing. She came over and stood at the foot of the bed looking at me and I saw that I could see right through her to the window beyond. Then I put my head under the bed clothes, and when I looked again she was gone, and I don't want to sleep in that room again." The Bishop added that the description precisely fitted an old woman who had been a pensioner of his mother's when he was a little boy and who had died in that room about 1825.

* * *

About 1889, Mr. L. A. D., then a Junior in the Fine Arts College of Syracuse University, told this story to his classmate, now the Rev. Canon Douglas, of the Cathedral, Fond du Lac, Wis.

His sister, a young girl of 16, or thereabouts, was dying of consumption in his home, Cigarville, N. Y. The mother was watching at the bedside (an unimaginative woman) and the daughter was unconscious. Suddenly the mother perceived presences in the room invisible, but as she described it soft and warm. As she wondered what they were, her daughter sat up in bed with eyes wide open and exclaimed: "Mother, see the angels all around my bed," upon which she fell back and expired.

Mrs. O—— W. P——, of Commonwealth Avenue, Boston, relates this incident.

Her country house is on Milton Hill, Mass., and many years ago her husband went out for a stroll one bright summer evening, down to the foot of the hill and back. He returned in some excitement telling of a strange experience. As he walked down the hill, his dog following, they met a young woman in a white dress who seemed in great mental distress and was apparently suffering. He noticed that the dog was frightened and kept close to him. Wondering whether he could be of service to the woman he turned and followed her up the hill, meaning to speak to her and offer assistance; but at a certain shrub she disappeared, and when he reached the place there was no trace of her. They had some discussion as to the occurrence and agreed not to speak of it for fear of frightening the servants. Some months later Mrs. P——'s brother from India was a guest at the house and had precisely the same experience. No explanation was ever found.

Mr. L. H. R——, of Syracuse, N. Y., relates a story involving his maternal uncle.

Many years ago the uncle in question ran away from his New Hampshire home and shipped as a sailor, to be gone several years. One hot afternoon, off duty, he was

standing by the rail of his ship as they were sailing in sight of the Australian coast. As his eyes followed the low coast line he saw it vanish and found himself looking at the village street in New Hampshire, where his own home stood, the house and the church across the way being within his field of vision. As he looked the door of the house opened and a funeral procession appeared carrying a coffin; all of his own family was following except his mother and one of his brothers and the coffin was carried across the road, rested a moment on the stile and then disappeared around the corner of the church to the burying place of the family. Thereupon the vision passed and he found himself back on the deck of the ship. He was so much impressed with this that he noted all the circumstances in his diary; and upon reaching New York some months later, he went to a relative's house and said: "Who is dead, mother or my brother?" His aunt asked him how he knew that either was dead. He told the story of his vision and learned that all was as he had seen it even to the incident of the coffin being placed on the stile for a moment while the bearers went around the corner. It was his brother who had died; and the mother was so overcome as not to be able to attend the funeral.

Department of Psychical Sciences and Unfoldment

By J. C. F. GRUMBINE, 1890 Beacon Street, Boston, Mass.

(Questions Invited)

I have the utmost respect and the greatest admiration for the editor of this magazine, because, although it costs money, and unselfish service to keep this periodical alive, he is ready to make it a universal rather than a class or sectional advocate of any particular ism, however important that ism may be. For he knows as all wise men should know that truth lies back of all creeds and religions, and to universalize the truth, to oracle the good, to make conscience and intuition standard, is to help all the great religions and at the same time,

to advance the cause of human brotherhood. Where are the men, who have such courage to put dollars back of their faith and so dare to inspire others with the same spirit? This is what we need today. This is the spiritual meaning of the larger revelation of New and Higher Thought, of Spiritualism, and Theosophy. And I am glad that the magazine is called *The Stellar Ray*, because it was the *Star of the Magi*, or rather the *Three Stars in the Belt of Orion*, which, on that mystic day and in that first century, led the wise men

to know where the child of the Aquarian gospel of religion would be born. And the light of the star is still "the kindly light," which Cardinal Newman prayed might "lead him on, until the garish day" was dead, and "with the dawn, those angel faces smiled that he had loved long since but lost awhile."

The star is either a five or a six-pointed figure, and contains the deepest occult wisdom. Take, for instance, the five-pointed star. With apex or angle pointed upwards, it is the symbol of fire, of white magic, of the pure light of the spirit, of the number 26, which is the number of God (I. H. V. H.) one-half of which being the symbol of evil or the devil. Hence 13, which is the so-called unlucky number. But this star, with two horns pointed upwards becomes the symbol of evil, sorcery and black magic, that indeed which exalts the evil or the dual in life, and so makes it dominate the divine unity or oneness of God. This is the Pythagorean pentagram, so powerful in all occult science.

Then take the six-pointed star, which is so popular in all Theosophical literature, and is a symbol of perfect equilibrium, a balance between the male and female principles, by which the terrestrial and celestial marriage is perfected and indicated. This is indeed the symbol of the sixth sense, or intuition, and refers to the sixth angel in the Book of Revelations. Without going more deeply into the occult teachings, of these deeper revelations of symbols and numbers are the inner teachings of "The College of Divine Sciences and Realization," and are the working doctrine of present day Rosicrucians, enough has been given about the power of the stars, and the value of the heavenly light, that one does not have to be mystical to see that The Stellar Ray has a wide mission and is an occult as well as mystic disseminator of the blessed light.

Now, would it not be an unselfish work, for each one of the readers of this magazine to apply in the same large way, with the means available to let his light shine, as a star, and so help the good work that is being done by the editor of this magazine? The end and the supreme purpose of any spiritual movement is not self-glorification, nor the aggrandizement of wealth,

and yet more is made of the financial than the spiritual side of the movement, to the detriment of the individual and the movement itself. Read some magazines which are popular and it will not take long to winnow the chaff from the wheat, so far as who is working on the material, and who is working on the spiritual side of life. Then look at the faces of the average men and women and observe how their selfish, material lives have left effects on their faces. Ask yourself this question, "Is this an incarnation of Dr. Jekel or Mr. Hyde?" No one need be a phrenologist to tell pure gold from its baser metal, or its imitation. But, time will show that no one is worthy of being a master who does not place principles and self sacrifice above his own success or prosperity. Follow the star, for it will lead one out of the mire of materialization and refined sensuality, into a heavenly state, where peace of mind is a far greater spiritual asset and more to be desired than pig iron or money, which angels call fool's gold!

* * *

The Place of Calm Assurance.

BY M. EVALYN DAVIS.

When o'er thy soul the call "to life" resounds,
Up and be ready for the fray.
Upon the threshold leading into Truth's domain,
Like unto gleaming lights that guide man on
To conscious union with his Source
Stand the enlightened ones
Who consciously have proved the way;
The boundless power of the soul.

'Tis they, the seeking souls of ages past,
And of the time that now is,
'Tis they, who having made connection
With the Almighty Force of the unseen,
Blend so in conscious union
With the Harmonious All,
They scarce can even now discern
The line that so divides man from his God.

For is not wisdom open unto all?
And is not Life Eternal proven by the hosts
Of seeking and progressive souls,
That sound the depths and heights for Truth?

The doors into the realm of Spirit Power
Are open wide; and all about us
Lies the evidence thereof.

Man toys with electricity. He toys with
power

He fails to understand;
While deep within his soul
God ever urges on and on
To the awakening of the *Greater Self*.

Know thou, that through the power of
mind

Acting in union with the harmonious laws
of God,

Thou mayst, *here*, know thyself
As one with the Eternal Force;
And in such knowledge thou mayst wield
The creative Power of God.
Ay, furthermore, thou mayst commune
With the Most High, yet, e'en with those
Who to, the unawakened, seem
Of the invisible.

Like unto the Christ, thou mayst rebuild
The temple of thy soul, (the body),
Each hour, each day,
By knowledge of the e'er-existing energy
Which knows no "shade of turning."
A presence that *forever* is the *same*.

When in the depths of woe,
Or on the ecstatic heights of Joy,
Thy soul doth trembling stand,
Know thou, the realm of power,
Is neither here nor there; but
Lying deep within *thee*, is the place
Of calm assurance and deep trust,
Born of a knowledge of the Truth
That sets thee free from consciousness
That's more or less than Harmony Divine.

Poised is the soul that vibrates
One with the All-Good.
His trust is stayed on Truth Eternal.
His faith in never-ending life,
Is based on knowledge
Answering well to the demands
Of his own soul. M. Evalyn Davis.

Personal Magnetism.

BY SIDNEY H. BEARD, EDITOR OF THE HERALD
OF THE GOLDEN AGE.

Personal Magnetism is Life, and he who
is most alive on all planes of his being, will,
as a rule, be most attractive, win most

friendship, and accomplish most during this
earthly pilgrimage. Partially alive people
who cannot vibrate intensely on any plane,
can only be partially magnetic; the cold,
'undemonstrative' person is generally lack-
ing either in heart or brain. Full-volumed
life only answers to full-volumed
life, and unless we give generously of our
sympathy and affection we cannot expect
to receive full measure in return. It is of
no use being 'gold' if we appear like brass.

Let us then fill ourselves with, and dis-
seminate, strong, kind, loving and uplifting
ideas and thoughts, and cause such to be
made manifest in corresponding words and
deeds.

Thus may we help to minister to the
World's need. And thus also may we
hasten the advent of that better time which
is coming when Health will be as earnestly
striven for as money; when *mental* and
spiritual adornment will be desired as keenly
as beautiful frocks and millinery; when
sympathetic consideration for our fellow
creatures (human and sub-human) will re-
place the heartless self-idolatry that is now
so prevalent; and when Wisdom and Under-
standing will be so much more general
that the joys of life will be greatly en-
hanced, while its sorrows are correspond-
ingly lessened.

This present era of distressful ignorance,
bondage to custom, reckless physical trans-
gression and needless suffering is passing.
The policies of despair that are being ad-
vocated, the extension of armaments, the
outrageous surgical operations, the serum
and other quackeries, the irrational relig-
ious and political nostrums, are destined to
be swept away by the besom of Enlighten-
ment.

Sanity, Fraternity and Common-sense
will triumph and there will be a general re-
turn to a more natural and law-abiding life,
with the result that most of our social and
individual troubles and maladies will be
healed. The Upas tree of evil will then be
smitten at its root and it will wither—a re-
sult that is not likely to be brought about
by such ineffective palliatives as are now
being applied, or by the mere pruning of
twigs.

To us is given the privilege of helping to
usher in the Age of Reason, the Humane

Era, and the Time of Spiritual Realization. Let us then do what we can, during our present hour of opportunity, to hasten the dawning of that brighter day!

"Live for something, have a Purpose,

And that Purpose keep in view;

Drifting like a helpless vessel,

Thou can't ne'er to life be true.

Half the wrecks that strew life's ocean,

If some Star had been their guide,

Might have long been riding safely,

But they drifted with the tide."

* * *

Absent Treatment.

BY WINNIFRED W. BRODERICK,

Secretary of the National Association of
Advanced Christian Science Teachers
and Healers, 1518 T St. N. W.,
Washington, D. C.

"If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."

The term "Absent Treatment" is almost meaningless to the average person. Where it originated, or why it was ever coined is a matter of conjecture. Absent Treatment is simply another name for prayer, or affirmation, where the parties are separated. If giving a definition with reference to its application, it means the prayer (affirmation) offered by one person, usually called a healer, for another person at a distance, who may be sick or suffering from some other inharmony.

As the knowledge of this science, with its comforting, cheering, health-bringing vibrations increases, Absent Treatment is more and more in demand because better understood. As the people grasp this truth, they realize more clearly that a prayer of knowledge, or understanding—as it is often called—offered in their behalf is just as effective if made by someone thousands of miles away as it is if offered by someone in their presence.

Another thing to be realized by the student, or the individual who desires to become a healer, is that there is neither time nor space with God. All is NOW, He is ALL PRESENT, ALL POWER, NOW. This can be done by just a moment's reflection on: What was yesterday? What is tomorrow? Yesterday is past, it belongs to us no longer; tomorrow has not come, it will bring with it its own, therefore it does

not yet belong to us; thus the PRESENT—NOW—is all there is.

It is the practice of this ASSOCIATION to give in nearly all Absent Treatment cases what is called "Cumulative Treatment." This is simply a method of placing two, or more, healers on a case, the number being determined by the seriousness of the belief, and by this means the case is kept almost constantly under treatment. This is in conformity with those words of Jesus where He says, "Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father, which is in Heaven: for where two or three are gathered together in my name, there am I in the midst of them." This method has one distinct advantage which the single practitioner has not, that is, that if there should be any fear, or adverse condition in the mind of a healer, it would not be liable to be in the minds of the others, and so all danger of lack of demonstration is practically removed.

Hermes, the God of Thought.

BY VERNE DEWITT ROWELL.

Greatest of all the gods,
Thou art sublime,
Over the wrecks of space,
Worlds, forces, Time.

Mighty in subtleness,
Freer than light or air,
Flitting from soul to soul
Swifter than lightning-glare!

Thou art the God of all
Life in the worlds that are,
Passing in moment brief,
Even from star to star.

Thou art the God of all
Passion and love,
Thinking new spheres to life,
In the blue waste above.

Fallen the gods of Greece,
Thou art alone divine,
Hermes, the Great I am,
Power is thine.

Western University, London, Ont.

The best remedy for burns is the application of a tobacco poultice, even a wet tobacco leaf on a burn will draw out the inflammation and pain almost immediately and no scar will result; and yet some people say mean things about this useful and popular plant.—*Dr. Geo. W. Carey.*

Some Effects of Light Energy on Mankind.

Following are given extracts from a lecture delivered with lantern illustrations before the Psychic Therapeutic Society at the Caxton Hall, Westminster, London, by Dudley D'A. Wright, F. R. C. S., F. Z. S., and reported fully in the December issue of the Health Record, the official organ of the Therapeutic Society.

The sun—the central orb of our universe—gives into space countless streams of forces. These cause vibrations of the elements of our earth and its atmospheric envelope, and produce certain manifestations of energy which, according to the effects produced on our senses, we call heat, light, electrical and chemical action. * * *

First. When applied to the organism, light causes it to absorb more oxygen and carbonic acid gas. In other words, light causes a more rapid chemical interchange and burning up of the tissues; in short, a greater activity of the vital fires. In this process much effete material in our bodies is got rid of, and hence it may be said that light exerts a cleansing action on the body, thus establishing the truth of such old maxims as "Enter sunlight, depart disease;" "Where light is not, the doctor will be found," and "Old people are much younger than their age in summer, and double their age in winter," though this last adage has perhaps more reference to the stimulating effect which light has upon the nervous system.

Secondly. Absence of light retards the chemical body changes. This is exemplified in the fact that starving animals and men (for instance, entombed miners) live longer when they are deprived of light and remain in a state of complete rest. It is also due to this fact that hibernating animals are able to live through the long winter months underground, without any food other than that stored up in their tissues.

There are certain other effects of absence

of light which might be mentioned, especially its relationship to consumption or tuberculosis. In this connection the following extract taken from an American periodical is of considerable interest:

"In the Eastern State Penitentiary of Pennsylvania the average population has been about one thousand. This prison has a separate cellular system. Each individual convict, after first entering his cell, practically never leaves it until the end of his sentence—an average of two and a half years. The cells for fifty years were very poorly lighted, having only a narrow, slit-like window in the ceiling. The solid doors were kept constantly closed; a good even temperature and ventilation were maintained. * * * Reliable analysis of the air showed it to be of good quality, and the same in the cells as in the corridor.

"For fifty years over 60 per cent of the deaths occurring were from tuberculosis of the lungs. At the end of that period the light into the corridors was largely increased, the cell windows greatly enlarged, and all the cell doors kept constantly open. All tuberculous or markedly anaemic convicts were given one hour's daily sun-bath in a large open yard between the corridors. The convicts' clothing was very light, undyed, and of open texture, admitting large volumes of light to the skin. For ten years following this change the deaths from phthisis were reduced to one-third the previous record, and the total deaths from all causes to less than one-half."

The above teaches its own lesson without needing any comments of mine.

Effects of Absence of Light.

There are few of us who have lived for any length of time in this city of fogs and have not experienced the depressing effects of want of light; and it is a noticeable fact that dwellers in northern parts of Europe are of a much more taciturn and serious nature than those who live in the southernmost and more light-bathed parts of the continent.

A further effect of the absence of light is the production of the softening of the tissues, owing to a kind of fatty degeneration which takes place in them. This fact is made use of by both cattle and poultry breeders. The stock is placed in badly lighted pens and over-fed for a few weeks

before killing, the result of which is to reduce the muscularity of the animals or birds by the deposit of fat, whereby a more tender and rich condition of the meat is produced.

One can hardly doubt that all these effects of deprivation of light are produced mainly and primarily through the nervous system, and this view gains support from the fact that new arrivals in countries very deficient in light show symptoms of depression of spirits, gastric disturbance, and nervous tire and unrest.

An excess of light also undoubtedly acts harmfully on the body through the nervous system; for, leaving out of account the well-known effects of true sunstroke, we have a good illustration of this in the experience of the American Army in the Philippines, as narrated by Major Woodruff in his book on "Tropical Light." In this case the first effects on the troops by the intense light was a stimulating one. The health and spirits of the men were excellent, and glowing accounts were sent home of the wonderful effects of the climate. After a time, however, this excessive stimulation produced a depressing effect, and a number of men went down with neurasthenia and other nerve troubles, necessitating a return to their native land.

Curative Light Energy.

There is an old saying that the ancients had a way of forestalling all the most brilliant discoveries of the moderns; and the matter of light proves to be no exception to this rule. The Persians who worshipped the sun; the Brahmins, Buddhists and Hindus, all knew and availed themselves of the beneficial effects of light in states of ill-health.

The modern scientific application of this all-powerful force dates from about the middle of the nineteenth century, when two Americans—Dr. S. Pancoast and General Pleasanton—began using blue and red light for the treatment of disease. The late Dr. Babbitt, of New York, considerably extended the work of Pancoast and Pleasanton, and, bringing to bear upon the subject a greater play of the imagination and a more concentrated mental application, he gained a far clearer insight into the basic principles of light and color, as well as into the constitution of matter generally, and his

book on the subject contains in almost every page suggestive passages and many useful hints on treatment. We may, moreover, find in it the germ, and perhaps more than the germ, of much of the work carried out by Finsen in later years.

The stimulus given by the researches of the latter observer, and his great success in the treatment of lupus by concentrated sunlight, led to a more general recognition of the value of light energy for medical purposes.

To the Portrait of an Unknown Lady.

BY GEORGE W. PRIEST.

1.

Her name and lineage? Not a trace
Can hist'ry tell, or record show
Save, that before her pictured face
The centuries come and go.
Her hair a crown, a gleam, a glow,
Her face that neither chills or wiles—
Astray in Art that none may know,
My lady smiles.

2.

What does she mean? Is it the laugh
That springs, unbidden, from the heart?
The haughty smile of those who quaff
Pride's beaker, and seem set apart?
The friendly smile that is an art?
The envious smile, too cold by half?
As one and all the questions start,
My lady smiles.

3.

O, fair, calm face on canvas wrought
That smiles at all our hopes and fears!
O, Soul, by joy and sorrow taught,
That sends a challenge down the years!
She forward leans, as if she hears
A song that pleases and beguiles:
Too sad to laugh, too proud for tears,
My lady smiles.

4.

A voice that neither sobs or sighs,
A heart that time and justice waits,
O, Woman with the Weary Eyes,
Is this your answer to the Fates?
All is not peace; beyond the gates
Dull Envy whispers, Hatred cries:
They fail; and in the afterwhiles
My lady smiles.

The Swastika For Success



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Has peace dwelt in your heart? Can you smile at misfortune and say ALL IS GOOD? Then you are ready for success.

Next month we will take up some interesting experiments in telepathy. At noon, March 15th, we wish you all to try to get, in the silence, a message from us and let us know what you receive.

Some one asks, what is done with the dollar paid for life membership? All and money goes for postage, stationery, printing, badges, etc. Since I have been manager, I have never asked one dollar for my services, but have myself paid others to help when I had more writing than I could do. The Swastika Success Club is not a money making scheme, but a Union

of those who wish to help each other, mentally and spiritually. I have felt paid for my work by the good it has done me.

Our offers in January are still good. We want only SUCCESS seekers to unite with us.

To H. P. M. A party is negotiating for the property, but nothing definite has yet been done.

We have received a handsome little birthday book, "Your Character," by Elizabeth Towne and her daughter. It is very valuable to those who wish to know what their character ought to be as told by the stars.

Wishing you all health, happiness and prosperity.

M. B. NICOL, Mgr.

S. S. C. Manassas, Va.

We wish to thank all those who sent subscriptions to help the ladies mentioned in our January letter and would like to have some more.

Books and Periodicals

MISCELLANEOUS REVIEW

A New Heaven and Earth.

How "New Thought" Doctrines Point the Way to Life Eternal.

Dr. Charles Brodie Patterson, one of the leading exponents of the so-called "New Thought," in his latest book, "A New Heaven and a New Earth," attempts to indicate the manner in which we may live harmoniously here, and attain the life eternal. The "New Thought" has been deigned by certain of its disciples as "the new old thought," because it claims to be the application to everyday life of truths as old as humanity—truths born into human nature, but suppressed and repressed for lack of proper understanding. Indeed, one of the

chief virtues claimed for the New Thought is the practical application of its ideas to our daily life.

"The human mind is the janitor of heaven and has the keys of the door of earth," says Dr. Patterson, even as the two-faced Janus of Roman mythology guarded the gates of both. "Mind is the servant of the soul and master of things below. It is double-faced in that it has power to unlock the gates of the inner life and to solve the mysteries of the outer. When both passages are kept open, it receives on one hand and gives on the other. * * * The Janus that sits midway must see that both doorways are kept open," and the three great mental qualities necessary to this are.

meditation, contemplation and concentration. Meditation is the door to the inner life; concentration is the door to the outer; but will, the great executive power of the universe, is the very force of life itself, a force which enters by the door of meditation and passes through the door of concentration.

Dr. Patterson enunciates these propositions: Mind should be the master of the body, and make it a fit instrument to carry out its purposes. The body cannot be misused with impunity. It will be just what we make it. All true conscious mental exertion will produce well directed physical action. Every time we give way to passions we bring a destructive force to bear upon the physical organism. A mind filled with the optimism of life will bring about true adjustment between itself and the body. The highest conception of life is neither that of taking nor of giving all, but a thoroughly balanced interaction and adjustment of the individual self with the great Universal Self, the term which Dr. Patterson applies to God.

There is an interesting chapter on "the psychic plane," a region defined as the borderland between the visible and the invisible, open to some and closed to others, but accessible to all who seek it by lawful means and to them a realm of progress and enlightenment. "Whatever one brings to the psychic plane, that is what it will become to him; poet and painter and inventor realize their desires through entering into this realm." The chapter on "The Fourth Dimension" advances the proposition that our so-called dead are living in this world, to which our eyes have not been opened, but that through our psychic development communication may some day be legitimately established. This Fourth Dimension, which all enter at death, is the "New World" mentioned in Dr. Patterson's title; most of his chapters are devoted not so much to proving the existence of a Fourth Dimension as to showing how to obtain a conscious knowledge of it.

The author's exposition of New Thought doctrines is as lucid as can be expected in a work which deals so largely in the esoteric. The uninitiated reader is greatly assisted in his search for the kernel of the nut by a careful reading of the chapter defining terms employed. Many chapters

to which we have not space to allude complete a related whole embodying this "new old" philosophy. (New York: T. Y. Crowell & Co. Detroit: Macauley and Sheehan.)—*From Detroit News*, Jan. 8, 1910.

* * *

Bolton Hall.

Bolton Hall, son of the Rev. John Hall, is widely known as a sociologist, single-taxer, speculator, lawyer, business man and reformer. He is a man of many accomplishments, a man who says and does things. He has not contented himself with superficial views of the many subjects he writes upon, but speaks from actual experience, and his books are intensely practical. To understand everything is to forgive everything says a proverb; but Mr. Hall says that to understand anyone thoroughly is to love him. Knocking against men, as college athlete, sportsman, (until he reformed), merchant, labor leader, miner, farmer, street speaker, preacher in the churches and withal as a practising lawyer, has convinced him that in practice the good in every man can be appealed to far more easily than the evil can be combated.

A LITTLE LAND AND A LIVING, by Bolton Hall, with introduction by William Bordodi and Joseph Fels.

An intensely interesting and practical exponent of the "back to the land" movement, which may be the solution of the great sociological problem of the age. Mr. Hall does not confine himself to mere theorizing, but from facts derived from his own personal experience and gathered from other authoritative sources, he presents in an alluring but clear and convincing style the independence and happiness, as well as profit and comfort, that may be found in the intelligent cultivation of a little land near the great cities.

THINGS AS THEY ARE, by Bolton Hall, with an introduction by Prof. G. D. Herron.

This collection of essays and parables sets forth with a "merciless sweetness of spirit" the intelligent and moral entanglements which arise from a misunderstanding of the common principles of life; the querility of much that is called science and the pitiable littleness of professional re-

ligion. They will not only be read and remembered, but will unconsciously be incorporated into the life of the reader. Like all of Mr. Hall's books, it gives its readers a new and a clearer view of "things as they are," and the exposition of the law of love.

LIFE, AND LOVE AND PEACE, by Bolton Hall, with an introduction by Bishop F. D. Huntington.

A book overflowing with the philosophy of free and joyous living; of being in tune with the infinite and the finite alike. It points out the practical way to health, happiness and content, and pictures the gospel of loving-kindness in action for ordinary everyday people, who want the "kingdom of heaven" here and now. In "Life, and Love and Peace," Mr. Hall has struck the happy combination of a book that is entertaining, and at the same time one that teaches a practical path to true happiness. Now in its third edition.

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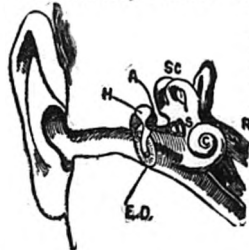
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