

Spiritual Science Digest

"Safe and Sane"

Articles of Lasting Inspiration

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- ... and Many More Articles.

FEATURES: Brotherhood of Prayer — Universal Parable—The Spiritual Path—Thy Closet of Meditation — World Scripture Readings.

Socrates

After being condemned to the fatal hemlock, Socrates spoke thus to his friends and students gathered at his deathbed:

"Is it not strange, my friends, that after all I have said to convince you that I am going to the society of the happy, you still think this body to be Socrates? Wherefore be of good cheer about death and know of a certainty that no evil can happen to a good man, either in life or after death."

DEDICATION

Go forth, little magazine—

do good

. . . in thy Harmony ways.

May men, of spiritual sight—

bless thee

. . . in thy on-coming days.

—————0—————

“Go Forth! — Do Good!”

I am not bound to win but I am bound to be true. I am not bound to succeed, but I am bound to live up to the light I have. I must stand with anybody that stands right, stand with him while he is right and part with him when he is wrong.

Abraham Lincoln

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EDITORIAL

Our Idea and Our Ideal

The "Idea" in back of the SPIRITUAL SCIENCE DIGEST is the publication of a "specialized READER'S DIGEST".

There is little doubt but what the READER'S DIGEST is the most successful magazine in the whole wide world—presenting, in digest form, and so in step with the rapid pace of the present speed-age, a condensed and current survey of ALL the fields of human interest and activity. Indeed, its "coverage" is most GENERAL and most EXPANSIVE.

Somewhat the same idea-pattern is presented in the SPIRITUAL SCIENCE DIGEST. However, its subject matter is devoted entirely to ONE field of human interest and activity—that of the Spiritual Sciences, that is to say, subjects wherein the scientific method is applied to "things Spiritual". Thus its "coverage" is SPECIFIC, rather than general—SELECTIVE, rather than expansive.

The "Ideal" to which the SPIRITUAL SCIENCE DIGEST is dedicated is well expressed by its motto, "Safe and Sane".

It is more or less readily admitted that the field of the Spiritual Sciences is encircled, as it were, by what is termed "a dangerous and insane fringe". To be sure, it is surrounded on all sides by extremes of fancy and fraud, by superstition and ignorance, by "crack-pot" isms, cults, and what-nots. Nevertheless, as every sincere and competent investigator and teacher of the Spiritual Sciences knows, there ARE those "things Spiritual" which stand true to Truth and which bring forth results of profound value. So it is that the Ideal of our Magazine is to stand as a "safe guard" to "sane" study and applications of the Spiritual Sciences—directing its read-

ers to a well-balanced program of wise investigations and constructive uses, avoiding dangerous extremes, adhering to the Socratic Golden Mean.

To render our Idea and our Ideal both possible and practical, there must, unavoidably, be financial consideration. Individual sale and subscription income alone cannot carry the dollar-load of the enterprise. In view of this, the SPIRITUAL SCIENCE DIGEST looks to subsidiary avenues for financial support.

First, as finally did the READER'S DIGEST, our Magazine turns to paid advertising.

Also, there is the Professional Directory which will bring in a certain amount of revenue as well as to extend a valuable service to those seeking the information it presents.

Then, too, there is the Spiritual Science "Recommended Book" Service which not only helps to supply necessary income, but, as well, will be of invaluable Fraternal Service to the all-over Educational endeavor of the Magazine.

And, as well, there is the Religious Gift Items Mail Order Service, the profits from which will add its share to the financial need and at the same time afford a source of supply for worthy devotional objects, remembrances, etc.

And, finally, there is the SPIRITUAL SCIENCE DIGEST Co-Operative Fund to which our supporters and well-wishers may contribute financial assistance—without solicitation!

As to the Magazine and its subsidiary avenues of income, the SPIRITUAL SCIENCE DIGEST pledges all of its facilities to the extension of Full Values, materially and spiritually, to its Reader-Supporters.



A Danger Signal for Occult Students

Louis S. Vosburg

There is one danger signal which students of occultism should never overlook: **MISUSES OF OCCULT POWER FOR SELFISH GAIN BRING INEVITABLE SPIRITUAL DOWNFALL.**

All too frequently occult students hold the notion that their progress is only a matter of acquiring knowledge and material gain. This is a grave mistake! A mere intellectual grasp of occult principles will be of little service to them. In fact, if they do not properly practice these principles as well as to understand them, occult knowledge may well become a detriment to them. And if students use their knowledge of occult power merely to acquire more material things for themselves, they would be more fortunate without such information. The use of anything for purely selfish purposes is unfortunate, but the selfish use of occult power is most unfortunate. Such a course can lead only to perils that increase with every would-be forward step.

Students may find swift advance in their acquirement of knowledge of occultism, but this is not spiritual progress. It is only intellectual development, and it is only a question of time when individuals who follow this course will find themselves cut off from the spiritual-life-current source, and left to hug their intellectual idols by the wayside. Under these circumstances, this might well be the best thing that could happen to them. The alternate is that they may go on in their pseudo-occult development and the acquiring of occult power for selfish uses until they have brought upon themselves the corrective reaction of nature for such abuses—a fate that sums up in one devastating tragedy all the penalties, pains and hor-

rors, that the imagination can contrive.

Of course such an inevitable finale usually seems to be far-distant in place and time: this only increases the real hazard by making it vague and perhaps questionable. The relationship between beginning and end is as certain as that of the upstream placid waters of the Niagara River and the rushing falls a few miles below. Strangers on these tranquil waters who had never heard of the falls, might regard a warning as an impertinence. Their boats would move obediently to their oars with no more indication of danger ahead than upon some river with no falls whatsoever. Should they choose to drift slowly downstream they would be a long time reaching the point where speed would perceptibly increase. Then the acceleration would be so gradual that there would be no apparent cause for alarm until it had become too late for possible escape. No less directly connected are the trifling misuses of occult power for selfish purposes and the appalling peril that is directly related to such actions. The unmistakable tragedies of spiritual downfall are ahead, nevertheless, for all who follow selfish misuses of occult power.

Thus, it stands crystal clear that students of occultism cannot begin too early to consider the real dangers that face selfish misuses of occult power, and to take the required precautions to insure their own safety and true success.

(Louis S. Vosburg, Founder-President of The Lincoln Extension Institute and of The Lincoln Philosophical Research Foundation, is Headmaster of The School of Soul Science and Divine Law.)



The Clarion Call of Spiritual Healing

Rev. Linda Lynn Love

Loud is the "Clarion Call of Healing". . . . Clear are the words it imparts. . . . Lend thine ears, oh man, woman and child everywhere, to the Crystalline Tones of Health and Harmony, of body, mind and soul.

The Clarion Call of Healing" is Universal — resounding to the four corners of the Earth, encircling the world in which we live. No RACE can claim it, no RELIGION can label it, no SECT can monopolize it, and no MAN can destroy it. Yea, it is God-Ordained, given freely to mankind, to bless those who have "ears to hear" and the desire to apply it unto themselves and others.

Within recent years Spiritual Healing has gained considerable respect and recognition in Orthodox Churches. Some have incorporated "Spiritual Healing" as part of their regular services. Others hold special weekly "Prayer Meetings" for the healing of their sick. It is not unusual to hear of "Healing Instructions" given by the church, to those who have heard and harkened to the "Clarion Call of Healing". Some churches have "Healing Classes" whereby they instruct their practitioners in the proper uses of this Divine Healing Power, so that these Spiritual Healers understand the Modus Operandi of their Healing Mission. In many churches, Orthodox and otherwise, one hears of a daily "Healing Prayer List" upon which the names of the sick and ailing are placed, and individual "Healing Prayers" are consciously directed by one or more of their Practitioners or Spiritual Healers. This is sometimes termed "Distant Healing" or "Absent Treatment".

In the Christian Bible, St. Matthew 7:20, are these words: "Wherefore by their fruits ye shall know them". By their fruits — by their

harvest of healings — the harmonic manifestations and beneficial results received by the dis-eased of body, mind or soul, under Spiritual Healing Treatments, by Practitioners of Divine Healing who have dedicated themselves to the "Clarion Call of Healing".

One may have ears and hear not. The physical ear may be very keen to the sounds of the material world, while the spiritual ear may be completely deaf to the spiritual world of REALITY. Before the "Clarion Call of Healing" can be heard by the Inner or Spiritual Ear, one must DESIRE to be healed, be WILLING to listen to the "Clarion Call of Healing", CO-OPERATE with the Practitioner and have FAITH in the Healing Power of God. The Inner Ear must ever be alert to the spiritual "sound waves" of Divine Inspiration, the clear words of Spiritual Instructions, and the Crystalline Tones of Spiritual Healing and Heavenly Guidance.

With the standards of Harmony and Love so far below the real concept of well being, people have lost sight of the normal criterion of Health and Happiness.

To sick bodies, worn out minds, and aching hearts, the outlook is too often one of turmoil, confusion, and dis-ease. Yet; above the tragic screams of turmoil, the tortured pains of heartache, the anguished noises of confusion, and the exhaustion of worn out minds, the "Clarion Call of Healing" sounds loud and clear to those who have ears — and HEAR!

(Rev. Linda Lynn Love is Secretary of the International Spiritual Healers' Fellowship and authoress of the Lessons on the "Radiation of God's Pure Divine Love.")

The Constructive Uses of Hypnotism

Marvin W. Webb, A.M., Ed.D.

Hypnotism is a psychic phenomenon which has survived many periods of popularity and decline since its advent in the sixteenth century. From the beginning a chief function of this phenomenon has been the treatment of human ills. Like all therapeutic procedures, however, it has from time to time fallen a prey to two perennial perils: 1. the tendency to adopt a fantastic rationale to explain its effect. Thus, for example, Franz Anton Mesmer who first popularized hypnotism as a treatment method, and lent it the ancient name of mesmerism, attributed its efficacy to a force he called animal magnetism. 2. Hypnotism, like other treatment methods, has been invested with the attributes of a panacea and has been utilized for the treatment of disorders demonstrably caused by physical factors to the exclusion of all other treatments. As a result of these two tendencies, hypnotism, just like other over-popularized and overworked methods, following its ascendancy to a favorable position in the healing arts has always hitherto suffered a decline during which it becomes professionally disreputable and is relegated a role only on the stage or as parlor entertainment.

The past decade has witnessed another wave of popularity for the ancient art of hypnotism so that it has now become a respectable therapeutic procedure in the office of the physician, dentist and clinical psychologist.

Under the imposing title of hypnodontics, hypnotism is utilized by the dentist or the hypnotist working under his direction to calm nervous patients who develop anxiety in the dental chair, to obviate or alleviate pain in patients who do not tolerate local anaesthetics, and to control bleeding and diminish edema in patients prone to excessive bleeding or slow healing.

Hypnotism is also utilized by physicians to obviate pain in child-

birth, banish headaches resulting from tension, remove partial blindness, deafness or speechlessness caused by nonphysical (psychogenic) factors.

Psychiatrists and clinical psychologists utilize hypnotism to treat such conditions as stammering, stuttering, phobias (fear of such things as crowds, closed places, darkness, etc.) and to explore hidden complexes in the subconscious mind which are exercising a disintegrative influence on the patient.

By clinical psychologists hypnotism is used to reveal hidden motivations leading to deviant or abnormal behavior. For this purpose it is used alone or in combination with depth psychologic tests administered in the hypnotic state (hypnoanalysis). Hypnosis is also utilized as an aid in the treatment of undesirable character traits and habits, such as nail biting, bed-wetting, smoking, drinking, over-eating, insomnia and in the re-creation of the self-image to overcome feelings of inferiority, establish confidence, overcome hatreds and jealousies toward others, and to develop desirable life goals" (hypnotherapy).

Hypnosis, it should be stated, is not an infallible procedure in its multifarious uses, significant though it is. To be successful, it must be based upon a feeling of trust and confidence on the part of the subject toward the hypnotist and, further, upon a knowledge by the hypnotist of the subject's problem and the possibilities and limitations of hypnotism to resolve it. Finally, it should be noted that hypnotism is usually no sudden dramatic method, but in a given case may well need to be utilized in a series of treatment sessions to insure results.

(Dr. Webb is a College Instructor in Psychology and a Practicing Hypnotist.)

We must recover our ability to be sometimes ALONE.

Lord Horder

Universal Parables

a Lesson for "enlightened" Life-and-Living

Once upon a time an Emperor of the East, wise and benevolent, summoned to his Court the most offensive man who dwelled within his kingdom — A Miser! Before the face of this Miser the Emperor opened a jeweled casket filled to overflowing with shining pieces of gold. The face of the Miser became the "face of greed". To him the Ruler said, "All of this gold is yours, provided no one shall ever again see a look of greed upon your face—under penalty of death."

Verily, the Miser hungered within his soul for this gold. He turned his thoughts this way and that in order to devise a safe way in order to get the gold for his very own, without jeopardy to his safety. Being a shrewd man, the Miser came quickly upon this plan. He would fill himself with thoughts of Service and Compassion towards others, and thus his face would no longer reveal his greediness.

As the Miser moved along in his daily life during the ensuing years, he found himself giving a coin here and there to the needy—at first just to "keep face", as it were . . . And so it came to pass that the man who was once known as the "Miser of the Kingdom" came to be known in truth as the "Kindest Man in the Province".

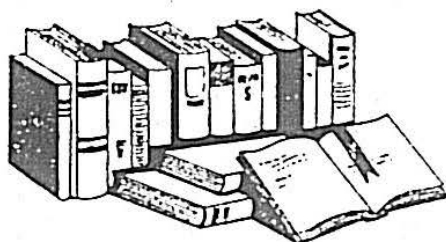
High Tribute To Mother India

Max Muller

If I were asked under what sky the human mind . . . has most deeply pondered over the greatest problems of life, and has found solutions of some of them which well deserve the attention even of those who have studied Plato and Kant — I should point to India. And if I were to ask myself from what literature we . . . who have been natured almost exclusively on the thoughts of Greeks and Romans, and of one Semetic race, the

Jewish, may draw the corrective which is most wanted in order to make our inner life more perfect, more comprehensive, more universal, in fact more truly human a life, not for this life only, but a transfigured and eternal life—again I should point to India.

(Max Muller: One of the world's most outstanding authorities on Comparative Religions.)



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The Dance and Healing

John M. Manas B.Sc., Ph.D., Ms.D

Dancing was known and practiced by all the ancient nations of the world, the Cretans, the Egyptians, the Persians, the Hindus, the Greeks, the Aztecs and other less civilized nations in all times, in all lands, in all civilizations, from the beginning of human life on Earth to our time.

Plato and Socrates approved of the Dance, and the Thessalians and Lacedaemonians deemed it equal in rank with any of the Fine Arts.

Dancing is related to conscious bodily movements and, as such, it has necessarily preceded both speech and music. Rhythmical motion is the manifestation of the principle of life.

In the beginning, man's impulse, desire or emotion could not be turned inward by the direction of his will for reflection and thought. There was but one outlet in the working out or the spending of this created force in him and that was through physical motion outwardly. It was through these motions of man's body that human dancing first appeared on earth. The first primitive man who felt in his heart the rudimentary urge of emotion and who gave out or expressed outwardly these feelings of gratitude and satisfaction by clapping his hands, laughing, bending his grotesque body forward and backward, that man, I say, was the first dancer in the history of humanity.

Victory or defeat in personal combat or in war were among the first emotional experiences of the human race and the expression of the related sentiments of these experiences of primitive man gave origin to the military or war dances which were the first dances man performed on this earth. Later, as religion was established in the first human community, the feelings of awe of thanksgiving or of supplication gave origin to the religious dances of man.

Healing through proper rhythmical dancing! This great accomplishment can be obtained . . . Through the con-

scious creation of the proper harmonious emotions and feelings in his emotional nature, by listening and attuning himself to the right kind of music, and then by the proper harmonious expression of these harmonious vibrations of his emotional nature are transmitted and put into similar harmonious vibrations the cells of his physical body. This process, if worked out properly with full emotion and enthusiasm, facilitates the flow of vitality and magnetism in our body and thus the broken equilibrium and the balance of this primal force for health is established again.

. . . and for the elevation of the lower self to a state whereat the harmonious vibrations of the higher spiritual realm of Nature could be transmitted and would manifest in the participants with their manifold physical and spiritual benefits.

Stanley Hall declares that the revival of dancing is imperatively needed to give poise to the nerves, schooling to the emotions, strength to the will, and to harmonize the feelings and the intellect with the body which supports them. The most celebrated disciples of Hippocrates concur in recommending dancing as an excellent remedy for a number of diseases.

Democritus and Theophrastus have transmitted some of its miracles to posterity. Plutarch and Boetius have recorded the names of Orpheus, Musaeus, Terpander, Thaletas, Isminias, Xenocrates, Hierophilus and others who made a valuable use of music to the same purpose.

Pythagoras and the Pythagoreans used special music with special hymns, which were different in each season of the year, and also to suit the particular ailment and the temperament of the child for his healing.

(From a thesis by Dr. Manas, internationally known author, lecturer, teacher in philosophy, occultism, archaeology—founder of The Pythagorean Society.)

Though he (perfect Sage) be surrounded by grandeur, he will keep himself unconcerned and simple.

Tao-Teh-King

The Rhythm of Life

Frederick Bailes

It's not so much the lack of ability that stops us; it's the disturbance of the harmonious rhythms of life that brings most of the misery into our affairs.

From ancient times, man has been conscious of the harmonious rhythms of the universe. He noticed that the stars came nightly to the sky; that the seasons followed one another in steady, unchanging, rhythmic succession; that day and night came after each other with unfailing regularity; that the tides came and went with monotonous certainty.

He observed his own body, saw the various rhythms that spelled health and well-being; the regular, rhythmic breathing; the steady, pulsing beat of the heart that betokened health; the various functions with their regularity that spoke of physical well-being.

Gradually, he came to see that wherever these rhythms were upset, his well being was disturbed.

In modern times, men are learning that these external rhythms are duplicated in their own mental, emotional and spiritual affairs; that where these inner harmonies are disturbed, they became unhappy; and that when they are restored, they find their way again into happiness.

FAITH and COURAGE always represent the rhythmic harmony of the universe; doubt and fear are the breaking of this rhythm.

Quiet CONTENTMENT means that one is in tune with the harmonious levels of things; bitter envy is the breaking of this harmony.

GENEROSITY is rhythm: selfishness is discord.

PEACE is rhythm: unrest is discord.

HONESTY is rhythm: cheating is discord.

HEALTH is rhythm: illness is discord.

There is so much beauty in this universe that lies all about us; do we have to pick out the ugliness and gnaw on it like a dog on a bone? In the most disagreeable person there are many

good traits, but we fail to see them because our eyes are filled with the unpleasant things.

The world is dying for lack of understanding and forgiveness. Don't we all need forgiving at some point?

I firmly believe that health, prosperity, and harmonious relations with others are just as spiritual as prayers.

We remember the days when cards, theater and dancing were taboo for the church member—in fact, when anything pleasurable was suspect, to be avoided. The world has come to see that laughter and joy and comfort and good health are not displeasing to the Infinite.

There may be men and women reading this who are greatly burdened over their health or financial condition or some other circumstance in their lives. If they think that illness is visited upon them by God, that they are doomed to a life just two steps away from the poorhouse, that happiness is not for them, they are forgetting that there is an eternally established, universal law of harmony and rhythm.

So long as our mental states are in accord with this harmony and rhythm, our well-being is assured. When discord enters, well-being goes. Discordant mental states produce illness, lack, and unhappiness because they break into the eternal, universal rhythms.

Thousands upon thousands of men and women have already proved to themselves that they can bring their thought in accord with these universal rhythms and that their health and circumstances change in exact ratio to their changed mental states.

For God is the Author of this remarkable rhythm throughout the universe, and His Will for every one of us is not illness but health, not stringency but abundance, not discord but harmony.

(Summary Extracts from New Thought—Winter 59 . . . Frederick Bailes: Founder, Science of Mind Church, Los Angeles, California.)



The Love Principle

Mahdah Love

There are some things so true that no amount of proof can make them more true; yet to those who do not follow the higher forms of thinking, it becomes quite impossible to explain or verify them.

As we consider the Love Principle, we think of Soul.

Slumbering Souls! If our Souls were truly awake, they would shine. The radiations from our awakened Souls would be so powerful that our bodies would become purified, and thus become embodiments of Love and Light.

The problem is how to awaken the slumbering Soul. "The Soul that sinneth, it shall die." The Soul that remains slumbering, remains so only because it continues to sin. And ignorance is never an excuse. How, then, is the Soul to stop transgressing? It can only stop sinning, if it starts loving.

But the difficulty is that the Soul believes that it is already loving. It believes that it is already awake. It is not aware of its lovelessness; nor will it accept the fact of its unlivingness. Until the Soul has been quickened to love God, it remains forsaken by mankind and it cannot possibly love anyone else. "Thou shalt love God." "Thou shalt love thy neighbor."

These are not commands (commands which so few have as yet been able to obey!), but they are promises which will one day be fulfilled by everyone! . . . Let us know that the Beloved will someday enable us to love Him truly, and thereby enable us to love our neighbor.

As long as we think He has already done so, He cannot do so, so the first thing that He - the Lover - will do is to awaken us to know that the Soul is slumbering. Only when we know that we are slumbering, can we truly look to the Christ-Love for rebirth. Because we then know that the greatest power in the universe is the power that enables us to submit to others, to some, to all, to Life — to the one Specific One. And the greatest glory is the glory of submission. For in submission we have the power thereby to love one another; and specifically to awaken our neighbor to this love. And, it is then that the glory of the submission of the Soul to its Beloved Lord shines forth through and from the body and makes it radiant until it has become a body filled with LOVE and LIGHT. . . . So it shall be!

(Mahdah Love is the Founder-Director of Love's Retreat at Lakemont, Ga., and of the House of Love at St. Petersburg, Florida.)

Inquiries invited . . .

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The Mystic Experience

Rev. Violet Young Barber, D.D.

It is strange, indeed, that most students of the spiritual sciences have been and still are taught that the Mystic Experience is made manifest when the individual becomes One-with-God. It is not so! Rather, the Mystic Experience is visited upon the individual as he enters into the Realization of his already existent Oneness-with-God.

To be sure, it ought to be quite obvious that the Mystic Experience can not be a matter of becoming One-with-God. Why? Because at the instance of his creation, simultaneous with it, as it were, the individual is "already" One-with-God. By his inalienable birthright, he is so gifted. Such is his spiritual endowment.

Is not each individual a Child of the Heavenly Father? The Mystic Experience is not the event of his becoming One-with-All, for he IS already such, he has been "born" as such: he cannot "become" what he already has been. He does not grow or develop into that State-of-Oneness. In truth, the Mystic Experience is marked by the advent of the individual's first REALization of his already existent Oneness-with-All. The actual Mystic Experience takes place simultaneously with the REALization that he IS One-with-God. It is the REALization — the process of making REAL to oneself — that gives rise to the experience.

Knowledge alone of the Unit-All of the Cosmos does not make of an individual a Mystic. Nay! A thousand times, NAY! Numbers unnumbered know of the truth of the Oneness-of-All, but they testify not to the Mystic Experience itself. When

comes the individual's REALization of his own Oneness-with-the-Individual-All, when the Spiritual Awareness of his own Unity-with-All enters into his Consciousness, becomes actually woven into the fabric of his Soul, then emerges his Mystical Experience.

The Mystical Experience varies with the individual in both its approach and its manifestation. But to all, there is the inexplicable, the incommunicable "sense" of Unity, Wholeness, and Timelessness which IS the Experience. And always there is a Loss of Self in Ecstasy. And to all to whom it is made manifest, the Mystic Experience is as a "FLASH". In temporal measure, the actual Experience is shorter than time not at all: it is beyond the boundary of time. In spacial expanse, it is smaller than the smallest, yet larger than the biggest: it is beyond the boundary of dimension. It dissolves the Delusion of Division. The "relative many" melt into the "Real ONE". Oneness is REALized as the formless, is single in reality — only in form, it is divided in relativity.

With the "insweep" of the Mystic Experience, the new REALization, the new Awareness, the new state of Higher Consciousness, the Soul is lifted beyond the limiting measure of manifestations material, and intuitively comprehends truths beyond worldly understanding — the Truth of Cosmic Unity, the Truth that "all is well in all of God's Creation". (Rev. Dr. Violet Young Barber is Pastor and Teacher at Inspiration Temple and Author of Mystic Cords.)

Grandest Sport

The grandest sport of all is the man who champions an unpopular

cause just because he believes it to be true. Theodore Roosevelt



You Are Infinitely Precious

Pundit Bheupati Sinha

WHAT IS LIFE? WHAT IS THE PURPOSE OF LIFE? These two profound questions have intrigued the minds and hearts of millions in every part of the world. In the ancient world, the wise men of the vast planes of China, the Rishies of the serene and lofty Himalays, priests of Egypt, the prophets of Palestine, and the philosophers of Greece -- all, in one way or another -- reflected on the mysteries of life. In the medieval world, the headmen of the Aztecs, the Mayas, and the Incas in the Americas, the scholastics or the famous schoolmen of Europe and the post-mystics of India dedicated themselves to detect the truth of life. In the modern age, the scientists-philosophers of the Western world and the mystic-philosophers of India have contemplated on the nature and purpose of life. Thus, we of today are extremely fortunate to have the insight of the great ones of the past and present at our disposal for the understanding of life.

The Chinese mystics and philosophers saw life in the context of Nature and natural living, and in terms of superb moral virtues. Lao Tze taught the doctrine of Wu Wei, the way of spontaneity, the path of naturalness. The essence of life consists in a life of plainness in which profit is discarded, cleverness abandoned, selfishness minimized, and desires reduced. The Wu Wei is the path of "perfection which seems incomplete". It is the way of life of "fullness which seems empty". It is the principle of "absolute straightness which seems crooked", of "skill which seems to be

clumsy", and of "eloquence which seems to stutter". But when one delves deep and beyond the sphere of seeming, one is in touch with the Truth of life. This is how Lao Tze and Confucius discovered the mystery, the sacredness, and the infinity of life on Earth.

Pythagoras, a mystic-metaphysician of ancient Greece, saw life in terms of his spiritual and mathematical formulae. He marvelled at the blessings of Nature and at the thought of mathematical numbers and astronomical figures. He felt the sweet throb of his inner heart whenever he came face to face with the vast potentials of life on this plane of consciousness. He taught a few select souls the mysteries of the Inner Form, which is the ground of every life. The Inner Form in every one of us calls eternally for full manifestation in every aspect of life. The whisper of the Inner Form is the most significant aspect of life, and it is only in and through the process of life alone that the Inner Form can be awakened.

Socrates, the grand wise man of Athens, went into the multitude to teach the glory of communion between the individual pure soul and the Eternal Form. He realized how this life could be wisely used as an instrument for the attainment of blissful contact with the Good, the Form.

The seers of India sang the infinite glories of life in unmistakable terms. Open up any page of the Vedas, the Brahmanas, the Upanishads and you will find hymns dedicated to the sac-

Dare to look up to God. and say, "Make use of me for the future as Thou wilt. I am of the same mind, I am one with Thee. I refuse nothing which seems good to Thee. Lead me whither Thou wilt. Clothe me in what-

ever dress Thou wilt. Is it Thy will that I should be in a public or a private condition, dwell here, or be banished, be poor or rich? Under all these circumstances, I will testify unto Thee before Men."

Epictetus

redness and the infinity of life. In these immortal works you will find the recorded experiences of those seers who had the fortune of coming face to face with the Divine Fire burning in each and every soul. The Divine Fire, which is called Agni in Sanskrit language, is the Divine Energy or Spark immortally existent with all existential phenomena. Every existential creature, be it a butterfly, an ant, or an elephant, contains the resplendent light of the Divine Fire, the Agni. This light is the basis of the ground and the truth of every creature. This Agni is an internal light, which in time hearkens for divine harmony in life.

For the full grasp of the complex phenomena of life one has to have the integral view of life. One should shy away from looking at life from one single point of view. A metaphysician generally sees life in terms of tattwa or essence. A dialectician, whether Socrates or Hegel, sees life in terms of pure-thought or intellect. A scientific-philosopher tends to interpret life in the context of matter and its constituents. Undoubtedly each one of them offers us some information about the nature and the purpose of life. But it is fair and safe to say that they miss the beauty of the fullness of life.

Life is a composite phenomenon. It is neither wholly tattwa (essence) nor wholly bhav (mind, senses and body). It is, in fact, a meeting point of heaven and earth, spirit and flesh, spiritual and temporal, and indeterminate and determinate. It contains within itself all the attributes of matter as well as all the bliss of the Divine Life. Through the tattwa or the Divine Fire, which is ever resplendent within every life, you are in touch with the Universal Will-Intelligence-Bliss. Through the manifestations of bhav (mind, senses and body) you are in harmony with the glorious creation around you. You are exceedingly fortunate to be so constituted that you

can partake both of the Divine Essence and of the glories of the manifest world. The Divine Fire impels you to look within and upward for communion with That which is One without a Second. The bhav portion of your life impels you to look around in order to realize beauty, goodness, and harmony in the manifest world.

YOU ARE GREAT, SACRED, and INFINITELY PRECIOUS. You are adequately equipped to realize the blessings of the Infinite Presence. Look gently at the world - you will find harmony and love. Look purely at your inner Divine Essence - you will find harmony and love. Look purely at your inner Divine Essence — you will drink the nectar of eternal bliss. You are a small universe containing all the features, the power, and the light of the great universe. When you attach yourself totally to the manifest world you miss the light of the essence of your existence. When you ignore the harmony of phenomenal creation and look only within yourself, you miss the Kingdom of God which is everywhere. The Kingdom of God is within you: The Kingdom of God is also around you. Look within and around in order to realize the fullness of the All in all of its manifestations.

YOU ARE INFINITELY PRECIOUS. Your life is infinitely precious to your real self. You are infinitely precious to each and every life on the earth. And you are infinitely precious to God. Your love for God is only half of the relation between you and God. The other half is God's eternal love for you. You seek Divinity and Divinity seeks you.

Editors: A Pundit is "a Brahmin versed in Sanskrit and in the science, laws and religion of the Hindus".

(Pundit Bhekpatri Sinha, one of the most enlightened and scholarly Spiritual teachers ever to come to America from India is now presenting his "Discourses On Transcendental Truths" in New York City.

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Psychic Research and Survivalism

... a sequence of significant quotes.

"There was a time when it was necessary to apologize for the work of psychic research. It is no longer necessary before intelligent people."
(1)

"Psychical research is a science, just as chemistry and geology are sciences. Psychical research investigates empirically and inductively; it discovers types or forms of order within the sphere of reality, just as does any other science".

"'Miracles' are by no means in question . . . All parapsychical things . . . are law-abiding." (2).

"The question of spirit survival . . . is a perfectly good scientific problem." (3)

"The problem of a future life . . . involves two questions of evidence:

1. Whether there is any supersensible reality at all, with its bearing upon the possibility of conceiving the survival of consciousness after death, and

2. Whether there is any evidence that makes the survival of personal consciousness an imperative hypothesis." (1)

(Editors: In reference to Professor Hyslop's Question 1, above.)

" . . . in 1930, to those who were acquainted with the evidence, telepathy stood by itself as a challenging exception to the physicalistic trend of thought that dominated all of the sciences. . . . It looked as if the cerebrocentric hypothesis of man could not be maintained in the face of the evidence for this extrasensory mode of perception. Materialism had been successfully challenged."

"The decade of the thirties was broadly transitional for ESP. By the end of that period the case for clairvoyant ESP was strongly established. By 1940 there was little trace of the once active controversy over it."

"By the end of the decade we knew that the mind can get reliable effects from matter without sensory intermediation."

" . . . distance as such has not shown any effect upon ESP performance."

"Across the Barrier of Time . . . the establishment of precognition."
(3)

"The main thing which psychic science has so far established is the possible disconnection of mind and body, the proof that mind can exist, and can even act in certain ways, apart from the usual instrument." (4)

(Editors: In reference to Professor Hyslop's Question 2, above.)
"The scientific man, particularly, wants evidence. Before believing in a future life he wants evidence of that too. . . ."

"Now, it must be admitted that, aside from these ridiculed and despised psychic and spiritual phenomena, there is no evidence. . . . The only concrete evidence which can conceivably be forthcoming is the proof that individual consciousness can and does continue to persist in the absence of a human brain. It is precisely this evidence which psychic and spiritual phenomena seemingly furnish, and, so far as we can judge, it can be obtained in no other manner." (5)

" . . . the spiritistic hypothesis. I take it to be the best working hypothesis in the field to explain the phenomena concerned. (Editors: That is, the phenomena of "mediumistic communications".) . . . I think that most intelligent men will agree that no other hypothesis presents half the credentials of rationality that can be claimed for spiritistic agency. . . . I shall certainly not cling to the spiritistic theory any longer than the facts justify, but I shall not eschew it because it is not respectable when it is the most rational conception in the field." (1)

"From the Duke collection of more than three thousand spontaneous psi cases . . . about one hundred cases

have been selected as suggesting the operation of some kind of spirit agency more strongly than any other explanation. Many of these instances would appear, as reported, to lend themselves to explanation only by discarnate agency, although the possibility is always open that such cases are erroneously reported."

"... all that has been discovered showing that there is something in man that has a wholly different set of principles from those of his physical body is basic to the survival hypothesis. In fact it is this finding that makes survival logically possible. Furthermore, any sort of spirit agency would obviously have to depend on psi as a method of operation. Any transfer of thought from one discarnate to another, or to an incarnate one, would have to be on telepathic lines or work indirectly through a psychokinetic effect of some kind. Certainly the sensorimotor system that was destroyed with the death of the body would no longer be of any help. What else would there be but psi for a spirit to use?" (6)

"The basic conclusion to which I have been led is that a Spiritual world is a reality, that there are many orders or grades of being, that the human spirit continues, that there is

no inseparable barrier between different orders of existence, and that under certain conditions intercommunication is possible. This is the working hypothesis on which I proceed; and I know that it is true" (4).

Sources:

- (1) Science and a Future Life by James H. Hyslop, Ph.D., LL.D., Professor of Ethics and Logic in Columbia University.
- (2) Psychical Research by Hans Driesch, Professor of Philosophy in the University of Leipzig.
- (3) Reach of the Mind by Dr. Joseph Banks Rhine, Professor of Psychology in Duke University where he is Director of the Parapsychology Laboratory.
- (4) Psychic Science by Sir Oliver Lodge, F.R.S., D.Sc., LL.D., M.A., one of the most renowned physicist of modern times—appearing in the encyclopedia, The Outline of Science, edited by Prof. J. Arthur Thomson.
- (5) Value of Psychic Phenomena by Dr. Hereward Carrington, author of "The Story of Psychic Science" and many other highly regarded works related to the Spiritual Sciences.
- (6) New World of the Mind—Rhine, see (3).

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I have quitted all forms of devotion and set prayer but to those which my state obliges me. And I make it my business only to preserve in His holy presence, wherein I keep myself by a simple attention, and a general fond regard to God, which I may call an actual presence of God; or, to speak better, an habitual, silent, and secret conversation of the soul with God, which often causes me joys and raptures inwardly, and sometimes also outwardly, so great that I am forced to use means to moderate them and prevent their appearance to others.

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Pleasant words are as an honeycomb, sweet to my soul, and health to my bones. (Proverbs 16:24)

My making a gift is superior to my acceptance of a gift. (Mahabharata 12.292.3)

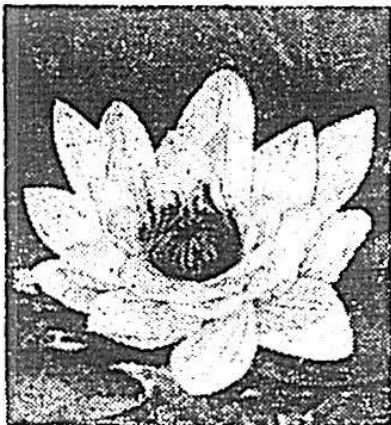
God shall supply all my need. (Phillipians 4:19)

What I do not wish done unto myself, I do not unto others. (Analects 5:11)

I am about my Father's business. (Luke 2:49)

Love seeks no cause beyond itself and no fruit; it is its own fruit, its own enjoyment. I love because I love.

St. Bernard



The Spiritual Path

Guruananda

“Order of the White Lotus”

Just as, brethren, a dark blue lotus or a white lotus, born in the water, comes to full growth in the water, rises to the surface and stands unspotted by the water,—even so, brethren the Tathagata (having been born in the world) having come to full growth in the world, passing beyond the world, abides unspotted by the world.

GAUTAMA, the Buddha.

Dear Mentor:

Frankly, I find myself in a turmoil of thought.

My introspection, that I follow daily, has put me in this state. I find “myself” not so lovely, as I had thought, “myself” not so noble, nor so trustworthy. The view I had of me is all tarnished, I am suffering as never before.

Please advise.

P.M.

Confused Lenore:

The Spiritual Path is not closed to you or to any one else who is obliged to work in the business world for economic sustenance. Truly, the Path of the Spirit is a way of Life-and-Living that can be put into practice in any and all environmental conditions.

Can you not build daily “within” yourself by a short period in Prayer or Meditation? This steadfast interior building will keep you “in step” . . . “in touch” with the Divine Source of Spiritual Power — Deity. Can you not through the day express “without” to a fellowman about you some joyous response or uplifting thought, some brotherly word or selfless act? Such daily activity, if only in limited measure, assures you that you are on the Spiritual Path. Rid yourself of the old concepts of isolation and long fasts and wearisome vigils! The true Spiritual Life-and-Living is a daily awareness of the Divine—of your Divine Relationship to God, and, a daily selfless doing for another—a manifestation of your Brotherhood Relationship to Man.

As to the parental and marital factor, gird yourself with patience. Remarks have a tendency to fall away when rebuttals are not forthcoming from the beleaguered individual. Hold these people kindly within your “inner self”, let all resentment drop from your heart and your thoughts.

These are my suggestions, Lenore. Give them a try!

Dear Disciple,

When the self-imposed “halo” is removed through the process of honest facing of oneself, true Soul-Growth begins. Go forward!

Guruananda

Dear Teacher:

It is well and fine to talk of being SPIRITUAL, but how can I find time to practice the Spiritual Way when I have to earn a living in a world of dollars and cents?

Add to this problem of material necessity, the additional load of a mother and father and husband who are completely out of sympathy with my yearnings. They take every opportunity they can to laugh at my “higher aspirations,” as they say.

How would you suggest I fulfill my spiritual yearnings under this set of circumstances?

Lenore F.

Guruananda

On Companionship

Wilda Werner

I move in a sea of human faces. Some happy, some sad but all united by the freeing beauty of Love. For a while a life touches mine as in the close focus of a camera (or an apparition out of the mist). Then this life which shared mine vanishes again into the sea of faces. But they are not gone or lost. We are in the same sea and of the same Love. While we walked together something of rich-

ness passed from my life to theirs and from their life to mine. Neither of us will ever be the same. So all human Souls share some part of one another's destinies and we walk with many as our paths travel parallel for a time.

(Wilda is a Sophomore at St. Petersburg Junior College.)

Thoughts Are Creative

Alberta Hilands, Ms.D., M.S.B.

"Assume a virtue if you have it not." If you will do this, in an incredibly short time, it will be a part of you. As long as man's thoughts are harmonious his body functions satisfactorily; but when his thoughts become discordant, it disintegrates. Scientific research proves that thought can construct, it can destroy

We can never attract to us anything that does not find an affinity within us. We don't like to admit this, even when we know it is true. . .

Words and acts may be forgotten by the conscious mind, but the subconscious mind never forgets and the time will come when we will meet them face to face, through the action of Universal Justice. We waste time and effort when we blame others for

our own misery. True, they may be the agent of Justice because of their own perverted sense of values, but they could not have been attracted to us, if the time for settlement had not arrived—Universal Law makes no mistakes. **KEEP THIS IN MIND WHEN YOU ARE INCLINED TO BLAME SOMEONE ELSE FOR YOUR INHARMONY.**

Our attitude toward those who have been participants in our unpleasant experiences should be to leave them to the Law and center our thoughts upon working out our own adjustments. Condemnation and reproach only feed the fires of discord and produce more discord.

(Orion Magazine—Dec. 1959.)

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Visibility Unlimited

William F. Schneider

When man comes to the Realization that within him are capabilities without limit, then he has come to the awareness of his Divine Kinship to God. The wails of desperation that close in on the individual when he becomes fearful, can and do cause trouble only because he does not find that which he is really seeking. There is only one real cause in man's life — GOD! And knowing this, he gains visibility unlimited in all ways.

Just as man has thought of and created material instruments that allow him to penetrate the darkness of the physical world, so he can create by his processes of thought the ways and means to penetrate the seeming things of darkness that, to his limited way of acceptance, keep him in bondage and lack. The greatest tool that man can work with today is the same tool he has always had, except that now it has been improved through the act of expanding its range — his awareness of the Presence of Divine Mind and how to use it. Man has come a long way from the primitive expressions of his ability to create, yet now, as always, he can create only within his own present awareness. As always, he, himself, limits his own creativeness.

Just as the airline pilot knows that he is following a sure course when he comes in on the radio beam, so we have the same security when we listen to the voice within and realize that it, too, is ready to help us pattern our thoughts to the principle of Truth. Our thoughts make us react to situations and circumstances, and when

these thoughts are based upon a solid foundation of the acceptance of this God Mind, then we cannot be in any way adversely affected or upset mentally, physically, or in any other way by such things as rumors of inharmony. This is because we have centered our thoughts on Truth.

Just as the airlines take every precaution to protect their passengers, so we, too, take our steps to prevent a clash between ourselves and the presence of world conditions. We cease to be blind and confused in the way we bring through our thoughts, knowing that we are coming in on "the beam", safe and secure.

The process of protecting ourselves is a responsibility we have in life. This is executed by educating ourselves and others, to make better tools of our thoughts and actions.

Again, referring to our airlines, we find that the best pilots are those who keep themselves mentally and physically alert, capable of instant and positive actions and reactions. We are the pilots of our lives! We, too, can see where there is a necessity of balancing the action of thought with the process of knowing what we can and will do at any given moment.

The world has had its share of failures and fears. So why not become one who knows he can penetrate this blanket of darkness and come in on this "beam" — to success and the glory of knowing that this is the day we are, in truth, "the high and mighty."

(William F. Schneider is Minister and Practitioner at the Church of Religious Science, St. Petersburg, Florida.)

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