

SELF-CULTURE

Vol. 2

MAY

No. 5

THE ART AND SCIENCE OF SELF HEALING Without Drugs or Knife at Your Own Home

BY P. BRAUN, PH. D.

FIRST LESSON.

In so important a work as Self-Healing, it is absolutely necessary that the patient understands the principles involved. This explains to you why I shall give so much attention in the first lessons to a consideration of the theoretical part. I trust, therefore, that you will be patient, and follow me through carefully and attentively. What I tell you is the very heart of the knowledge gathered on this subject through many years of study, practice and experience. Let us begin at the very beginning, with a brief consideration of our common Cause, or Source.

The wise men of all ages have traced the creation of man and the universe to one Primal Cause. They affirm that this Divine Cause is an Essence, Force, or Principle, which is not located in any one part of the Universe to the exclusion of all others, but that it permeates all creation, man included. It is a universal living PRESENCE.

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The material scientists of the past two centuries have in the main recognized only two elements in nature, Matter and Force. They have found a universal

substance—Matter—, which is moved, organized or disintegrated by something which they have named FORCE. But he who will study Nature, not alone through his senses, but also in the light of Reason and Intuition, must inevitably discover the existence of a third factor, namely, INTELLIGENCE. The more we study Nature (Man included), the more we come to understand that everything is governed by immutable LAW. We see that through all the domains of Nature there prevails a certain ORDER. And through it all in the wonderful adaption of means to ends, we see the manifestation of PURPOSE. Law, Order and Purpose can never be disassociated from INTELLIGENCE.

The student of Nature, if he or she studies her with both heart and mind, will acknowledge the existence of a great trinity of Matter, Force (or Motion), and Consciousness, or Intelligence. Where one of the three exists, there are also the others, if only in latency, for they are the inseparable aspects of that Great Unit which men call GOD. It would be difficult to understand how Primal Intelligence, without something to manifest in or through, could be apprehended even by Itself. It must be conscious of Itself, and consciousness is essentially an activity. There can be no activity without Motion, or Force. We cannot conceive of activity or motion in an absolute vacuum. For motion to exist, there must be space in which it takes place, and the thing or substance in space which is moved. In other words, Force could not manifest without Matter. If Matter did not exist, neither Intelligence nor Force could manifest. Without Force or Motion, all would be silent and dark. The Universe could not BE. Neither could the Universe exist without Intelligence. The Macrocosm is *Conscious*—infinitely more so than its product—Man, the Microcosm.

That which I want to impress most indelibly on your mind is the idea of this trinity of Intelligence (Mind or Consciousness), Force, (or Motion), and Matter (or Substance). Matter is that which is acted upon. Force is the acting principle, and Intelligence is the director or controller of Motion, or activity.

This Trinity of principles or elements will be acknowledged by the coming religious science. It ever was the trinity of all scientific religions, at least, until the pure doctrines of their founders become adulterated with the dogmas of organized priesthoods. "The Father" is the Universal Intelligence, the Cause, the Creator. The "Spirit" is the Divine Power which goes from the Father and is directed by Him. It is the Primordial Fire, Force, Motion, Life. Matter is the dark, *fallen* principle, which is ever overshadowed and acted upon by the Divine CONSCIOUSNESS, the indwelling *Spirit of Life*. He who drinks at this never-failing 'Fountain' shall not perish, but have "Life Everlasting." The patient who seeks health must learn to know *how* to "drink", or open himself to this Divine Life, and this is what I shall attempt to teach you in these lessons.

All Force is vibratory. Gross Matter becomes "living" under its influence. It is continually refined through the activity of Force, and its own sleeping potencies are aroused. The Divine Spirit manifests in the material Universe in the form of the various physical forces. In the realm of Mind and Soul it becomes Thought and Will. Then, the more we open ourselves in our inner world to the Divine Spirit, the more potent and powerful our own thought and will becomes. Is this not clear? But we must not anticipate.

Only a cursory analysis of yourself will show you that the three principles of Intelligence, Force and Matter, are present in yourself. You are a miniature Cosmos or Universe, or "an image and likeness of God," as the Bible has it.

You are Conscious. You possess power to think, reason, judge or discriminate, due to the activity of your own intelligence, which is an individualized portion of the Universal Intelligence.

You also find certain forces active within yourself. Thought, for example, is a force. So is Will. All your emotions are manifestations of energy. Lastly you find active within your body distinct physical energies. Your body is a mass of organized matter, in

and through which your Intelligence, and all your forces can manifest, or act. The forces and elements that are present in the Universe around you, are found also within your own little kingdom. However, you have not learned to use all of the capacities and powers which are yours. Some are still latent. But you are inseparably bound up with the larger organism and its destiny. You are a part, a member of the Universe and the Intelligence and Power that pervades it. You are within Nature and God, and God and Nature are within you. You are a portion of the great God focalized and individualized, through which, or whom, He comes into visible manifestation or expression. One life-blood, one Spirit, runs through you and Nature. There is absolutely no bar, no wall between you and God, and through the spiritual side of your Self you lay at all times open toward the Universal Intelligence, the Infinite Wisdom, and you may appropriate as much of It as you learn how to utilize—remember that—as much as you will USE.

The Bible calls God a "Consuming Fire," and He is so indeed. The unfallen, undescended portion of His Spirit constantly contends with or "wars" with the descended, fallen, dark or (apparently) dead principle, Matter, not to destroy it, but to raise it up to a higher potency, a higher state of refinement, vibration and power. It is not to the destruction of the principle itself, but only the form in which it manifests at present. The process is one of harmonizing the lower with the higher, to bring the lower into a state of closer union or affinity with its parent, into an At-one-ment, where the higher may manifest through the lower with greater perfection and completeness. The Bible states that the man, Jesus, accomplished this task as far as this may be done here on earth, but the later Churches have called this process mistakenly, the Atonement, instead of At-one-ment, or Union.

The Primal Divine Light, as it manifests within you spiritually, is known by you as your "Consciousness," and "Understanding." The Divine Fire of Heat, (Power) as it manifests in its higher aspects within

you is known by you as "Love" and "Will." On the physical plane these two principles become physical light and heat, electricity and magnetism. These are still forms of the divine Power, but manifest on a lower plane. Nevertheless, science performs wonders even with these lower forces. What great things will we be able to accomplish, once we learn to handle the higher forms of the divine energies, active or latent, within us? Verily, "eye hath not seen, nor ear heard," the glories that await the realization of those who love God and themselves enough to seek to understand their forces and capacities (the kingdom within them) and **USE THEM WISELY**. As everything within Nature and Man develops slowly by a process of evolution, by the continuous and systematic use of forces already active, or latent, so will you come into your rightful inheritance of knowledge and power *by using what you now have*. Proper use means growth, life and health. Non-use, or improper use, means degeneration, sickness, and death.

Fire, Heat, Love, in whatever form the principle manifests, is a refining, purifying agent. It raises the vibratory activity of the grosser atoms to a higher rate, and this means more Motion, more Power, more Life. If you cultivate the principle of Love within yourself, it will not only make you more harmonious, vital and strong on the soul-side of your Nature, but it will intensify your magnetic forces, and give tone and vitality to your nerves and blood. That is why we must abstain from all thoughts, emotions, words and acts that violate the principle of Love. We must abstain from all these, not because we are offending a far-off deity, but because we sow thereby the seeds of discord, degeneration, weakness and destruction within *ourselves*. The patient must then begin by regulating the inner life as well as the outer, if he or she desires real and lasting health, and this calls for constant watchfulness on his part. But who is the watcher? It is "Consciousness."

The mere attitude of watchfulness, however, is not sufficient. We must seek to come into conscious har-

mony or at-one-ment with the Universal Consciousness. You must begin with the cultivation of a consciousness of ONENESS of yourself or Ego with the Great Self of Nature, which men call God. Let us see what this involves, and how it may be done.

1st. What does it involve? Just this: If we are one with all Intelligence, Power and Life, then we may open ourselves to a greater abundance of the same than we at present manifest. More; if one Spirit is the Cause and Father of all, then all other men are equally the heirs of Nature's or the Father's gifts. There is a share for each of us, and we do not rob any one by seeking to appropriate our own. On the other hand, we must conscientiously abstain from injuring or robbing one of our brothers and sisters. Being one with Nature and Humanity, we are affected more or less by the activities of the two, be they weather conditions, or mental and emotional states. A fellow being's thoughts and feelings directed towards ourselves will affect us unless we know how to protect ourselves. But in the case of undesirable vibrations, as well as with other causes of disease, an ounce of prevention is better than a pound of cure. We shall find it to our advantage to conduct ourselves towards all men in such a manner as to call out only the best that is in them, and the cultivation of a genuine feeling of love and good-will towards all is the best means of doing this. Thoughts and feelings always seek expression in acts or concrete conditions. The one who looks for Health, Life, Vitality, Power, and Happiness, cannot afford to set in motion, either within himself or others, the forces that make for weakness, degeneration and destruction.

2nd. How can we become one with God or Nature?

As we have seen by the chain of reasoning, as outlined in the foregoing pages, we are indeed and truth *always* inseparably united with the Universe and its Cause. There can then never be a real separation. Such can exist in CONSCIOUSNESS only. There the At-one-ment must also take place. *Our habitual states of Consciousness always make for external ex-*

pression. They determine our actions and become the directors, stimulators or depressors of our forces. This being so, it will be seen how important it is that we seek to cultivate a larger and better Consciousness than that which has in the past been the cause of so many failures and troubles. Only Thought—positive Thought—and a wisely directed Imagination, can produce the desired changes in our present states of Consciousness, objective and subjective. The past racial and individual conscious states have become subjective states within us, which are now the forces which govern the involuntary mental and emotional, as well as many physical activities within us. I shall have to say more about this in another lesson. For the present let us consider how we may come into Conscious At-one-ment with the Universal Intelligence and Power.

A study of hypnotism will show you that you can be influenced only so long as you are passive and do not actively resist the suggestions of the operator or hypnotist. In order to be in a "suggestible" condition, you must, for the time being, *give up your own Thought and Will.* Just so with the Universal Wisdom and power. It is always present, but it cannot manifest within or through you in greater measure than you make yourself receptive to It. The task before you is then the practice of receptivity, towards your own Higher Consciousness and Will. Choose at least a half hour each day when you may open yourself to an influx of Divine Life from within. Although It surrounds you on every hand, you should look for it as coming from Within rather than without. If you open yourself to the vibrations coming from without, you may inadvertently give incarnate intelligences (or unintelligences) an opportunity to control you, and this, alas, is sometimes the case with people who practice this going into the Silence without understanding the principles involved.

Make strong, positive Affirmations for a few minutes, such as the following: "I am one with the Divine Life. It fills my being, body and soul. It is Wisdom and Intelligence. It is Life. It is Power. There-

fore, I am Wisdom and Intelligence. I am Life. I am Power."

"Through the exercise of the capacities and powers existing within me I CAN and WILL cure myself of physical, mental and moral weaknesses and imperfections."

"I CAN and WILL overcome all FEAR, anger and abnormal selfishness."

Use your own words in making these affirmations, and modify them to suit your special needs and requirements. Then lay or sit back comfortably and imagine that you actually feel an influx of that which you are asking for, and in accordance with the law of asking and receiving you will get what you expect. "According to your faith so shall it be done unto you."

Now, it would be folly to ask for more of Knowledge, Life and Power than you intend to use. While you are thus once or twice a day engaged in asking for more of the Divine Life, USE that which you already have in daily life. All development comes through USE. He who does not use what Nature has given him, is in danger of losing that which he has. Therefore determine that you will henceforth and forevermore USE YOUR INTELLIGENCE to the best of your ability in choosing that only which is good and true in conduct, in thought and speech. Then USE YOUR WILL in doing that which you know as being right and good.

Try to remove all causes of inharmony between you and those around you, if any should exist. There is no use of asking for more of the Divine Life which is also "LOVE," unless we allow it to come to perfect expression through us, and let it flow out upon all men. Otherwise we turn back the mighty tide of Love that wells up in our hearts, and it becomes a *destructive* force. You may think that I place healing on too broad a basis, but it must be placed there for permanency and endurance, unless we are content with more patchwork.

A Perfect Love casts out all Fear—for Fear of Disease, of impending evil, of men, of poverty, of failure, of public opinion, etc. A repeated attempt to come into

conscious union with the Universal Intelligence, your own Higher Self, will destroy Fear, and in the measure that you overcome it, you will gain in power to control circumstances and environment, and cure your troubles. The soul that feels its oneness with God is not afraid, though the heavens fall, and the earth disappear from view. It knows that it rests secure in the bosom of the All Love, and therefore cannot be destroyed, unless *itself* wills it. With the overcoming of our destructive thoughts and emotions; and with the development of a Consciousness of At-one-ment with the All-Life, weakness, disease, poverty, failures, etc. will grow less and less, and we learn to stand alone—the first time a true MAN or WOMAN—relying on nothing by that wonderful Divine Strength which we have found *within ourselves*.

This, my dear friend, is "the Way of Life." Try to walk it for a little while, and you will demonstrate what I say for yourself. The Conscious Union with God has ever been attained through REPENTANCE and PURIFICATION. Repentance means a spirit of dissatisfaction with our former conditions of weakness, sickness, poverty or moral shortcomings, as the case may be. Purification can take place only through a systematic effort to overcome the obstacles to a Divine At-one-ment; to lay off every habit or manifestation which is not in harmony with our Divine Nature. Only thus will we become externally what we are already in essence—Lord and Master of Self and Nature.

SECOND LESSON.

Today I will refer to one important characteristic or attribute of the Universal Life-force, which bears directly upon our main subject—Healing. This is its tendency to bring about a state of balance, or equilibrium in nature and man, wherever and whenever this has been disturbed.

This tendency makes itself noticeable in atmospheric conditions, for example: The two extremes, heat and cold, ever seek to neutralize each other. Whenever we experience a period of "hot weather," the air expands and is set in motion towards regions that are

cooler. The colder air in those regions in turn is set in motion towards the parts from whence the warmer air comes. We then may look for high winds and storms, which tend to bring about a more equilibrated condition.

Likewise, if the electric and magnetic conditions of the earth or atmosphere become unbalanced locally, an exchange of positive and negative currents will occur at the earliest opportunity—generally during a rain-storm.

It is this tendency for extremes or opposites to neutralize each other—to become ONE—that causes the phenomena of winds, waves, ocean currents, in fact ALL manifestations of LIFE, Motion, Growth and Development. A preponderance of one element always invites the activity of the opposite, or more correctly speaking—its COMPLEMENT. This Law operates in the life of man as unfailingly as it does in the domain of external nature.

Scientists inform us that some crystals have been known to grow to their original size and shape when they were accidentally broken, thus proving the law of Healing or restoration to be operative in inorganic matter to a certain extent. But its more general operation is first noticed in the vegetable kingdom. If a partial break occurs in some branch or twig, the life forces of the tree or bush will continue to circulate through the unbroken part, and form connecting fibre that will preserve the branch or twig from death. If you cut off a branch close to the trunk or larger branch, or if you remove a piece of bark from any part, you will find next year that the life of the tree has partially or entirely succeeded in covering the injured spot with new bark. If you injure a growing apple, pear, or cherry; nature will try to preserve the fruit from premature decay and destruction by forming a hard crust over the injured spot, and so make it possible for the seed within to mature in spite of the injury.

The same law is operative in the animal kingdom, to which man's physical body belongs. You will notice this whenever there is a wound inflicted upon

man or beast. Through the flow of blood the materials are carried to the injured parts, which in congealing, form a protecting crust, under which the new material is deposited that unites the severed tissues, thus forming new flesh and skin. Breaks in bones are likewise repaired, if the broken parts are not too widely separated. In the lower orders of animal life we see that frequently whole legs, wings, antenea, etc., are restored entire, if they are lost by accident.

The tendency to restore normal conditions in all functional disturbances is equally marked. If the digestive system becomes overloaded, or filled with substances that are dangerous to the life of the body, there is an effort made to relieve the system.

A Fever is an attempt to relieve local congestions by forcing the blood through the body at an increased rate and temperature.

If the surface on the body or any part of it becomes more heated than is necessary, nature will deposit moisture on the surface, which, through the process of evaporation or drying, lowers the temperature. On the other hand, if any part of the body is subjected to a temperature lower than the normal, the life forces will try to send more blood and heat to the exposed parts. Thus we use this principle by producing a reaction after a plunge into cold water. By wrapping a towel rinsed out in cold water around a sore throat, we oblige the life forces to send more energy into the affected organ and so restore the balance.

Most people will readily believe in the workings of this restorative force or principle as far as the physical organism is concerned, because it is readily observable in the every-day experience of the individual, which, however, does not mean that all people really do observe this tendency, or even if they do, draw the proper conclusions from the observed facts and phenomena. When we deal with the manifestation of this principle in the Mental and Moral Life of Man, we find them less apparent, although continually occurring. The average person, therefore is more ignorant concerning the workings of his mind and soul, than he is of his body. Hermes is supposed to have taught that "as

it is below, so it is above), by which he can mean only that ONE LAW rules the Universe, and that which we imagine to be distinct laws are only modifications of the ONE Universal law operative, in Nature and Man, and operative, moreover, on the various planes of Universal Nature and Man.

When we busy our minds with one thing or subject unduly, we are apt to experience weariness, or even dislike, which is a warning that we must give the mind a rest, or cease exercising in this particular direction. Those who have visited Fairs and Expositions and who started out early in the morning eager to see all there was to be seen, may ere noon have experienced a weariness akin to apathy, proving that the mind is capable of dealing with only a limited number of impressions in a given time. If we persist in subjecting it to further impressions when the normal limit has been reached we are more or less unpleasantly reminded that we have violated one law of our being, by a feeling of weariness, or depression, etc., that follows.

The same law holds good in the emotional life of man. Even the emotions of Love and Pleasure may not be indulged in beyond a certain degree of quantity and intensity without causing weariness, and sometimes a revulsion of feeling. Likewise, we cannot indulge in the baser and more destructive emotions of fear, anger, despondency, worry, etc., without being unpleasantly admonished that we are getting away from the normal state, or a state of healthy equilibrium. Harmony disturbed too much, makes itself known to our consciousness as pain—physical, mental, or moral, as the case may be. We must treat pain as a "result", instead of a cause. Its mission is a salutary one. It reminds us that we have violated the law of harmony, and should consciously assist the Good Mother—Nature—to restore equilibrium.

When we feel dissatisfied with ourselves and the world; when we feel weak, disturbed and despondent, when we lack courage and strength, etc., it is a sure indication that our physical, mental, or moral life (or all of these) need looking after, for the equilibrium can only be disturbed by violating the law of our be-

ing on one or all planes. An "examination of conscience" may reveal the causes which have brought this suffering upon us, and once the cause or causes are recognized, we must resolutely avoid them hereafter. When we begin to do this, we act in harmony with the Universal Intelligence, which wants us to become *Self-conscious and Self-governing Beings*. We advance into a "higher grade" of Life's School, and we will not need to go over our former lessons again. Remember that all sensations are intended to produce within us a *consciousness* of their origin or cause, and ultimately *Knowledge and Wisdom*. Our pains are no exceptions to this rule.

True and permanent self-healing (even physically), will never be accomplished without an effort to bring our activities on all planes in harmony with our knowledge of justice and right, i. e., OUR IDEAL. This is the reason why the Spiritual Healers and Prophets of all ages and nations have exhorted their patients to "repent," to become righteous, and to come into a state of conscious and deliberate At-One-Ment with their own Higher Nature, which in the last analysis must be one with the Primal Cause of the Universe.

It is then not because we offend some far-off Deity that we should lead a life in harmony with our highest and best concept of justice and right, but because we violate *our own* integrity, our own essential *Self-hood*, if we infringe on the Right. Healing, therefore, has a *moral*, as well as a mental and physical side.

The maintenance of a state of Balance or Harmony on any plane means Ease and Content on that plane, and on the others in so far as the conditions prevailing and on one plane will influence conditions on the others. Thus mental and moral harmony will make for physical health, and physical disease very often disturbs our mental and moral balance. No one plane can exist alone, for man is a *trinity* of Spirit, Soul, and Body.

He who seriously wishes to heal himself, must then try to maintain conditions physically, mentally, emotionally, and morally, which makes Harmony and Equilibrium—which is HEALTH—possible on *all* these planes. Health is necessary for growth and De-

velopment. Inharmony makes for Degeneration and Disintegration. "The Peace that passeth Understanding" is the result of a conscious At-One-Ment with our inner and higher Self-hood—our God and Father. When we are in harmony or at-one with our Center, we are in the best possible condition to come into harmonious and happy (successful) relationships with other men and our surroundings, and we need not fear bad influences from Without so much. Furthermore, by and through such an At-One-Ment we remove all barriers and obstacles which can prevent the Divine Power within us to become operative for our highest and best Good. The imaginary wall between God and Man is taken down. The Divine Union or Marriage between the Cosmic Spirit and the Soul of Man takes place. This ineffable union is worth all sacrifices and efforts we can make to attain it, and when once attained, will be prized beyond anything that either earth or heaven can give.

More concerning the specific methods by and through which we may attain the necessary conditions of harmony between the outer and inner Man, or more properly speaking, between the various planes of Man's Being will be discussed in other lessons. Enough for the present that we recognize the existence of the Divine PRESENCE *within* us, the power that ever tries to establish and maintain Harmony and Health on all planes of man's wondrous being. Learn to believe in this LAW! TRUST AND OBEY IT! Learn to heed its voice, whether it comes in the desire for HEALTH, STRENGTH, LOVE, and SUCCESS, or the sincere Aspiration for Moral and Spiritual Excellency. Above all heed its warnings when they come in the shape of pains. It coaxes you forward, ever upward, through the voices of Desire and Aspiration. Pain is its Monitor, Prod, or Whip. Learn to consider this Mighty Power as all *your own*. Do not think of it as outside of yourself. It is always within. And if you look for outside agencies, regard them only as *aids* to awaken your slumbering forces. Whenever you are healed of any disturbance, it is done primarily through the activity of this, YOUR OWN Healing Power, no matter

what are the means of making it active, whether they be physical, mental, magnetic or spiritual. All the means employed by you can have only two purposes. They aim either to remove obstacles which prevent a free exercise of your Life-forces, or to awaken them when inactive.

Self-healing is really the only TRUE Healing. The more you learn to trust in, and depend on, your own forces, the more readily will they become active at your command or desire.

This does not mean, however, that we should despise the use of external means so long as they can aid in removing existing obstacles, or in stimulating the restorative forces to action. Whatever will help you in any way to gain Equilibrium, Harmony, and Health, will be proper to use, if you do not thereby injure another. But in the end we must learn to place our main dependance upon the God power—the Life—within.

Meditate deeply and often upon what I have told you in this lesson. It is only by thought and meditation that we can develop and absorb ideas, i. e., make them truly *our own*. There is a Light which shines not upon land or sea, but it lights the pathway of every man, woman and child who looks for it. Let this illuminate your mind. You invoke it by thought and meditation. This is the reason why the Ancients placed such a high value on meditation—because it developed the individual intelligence until it became a Great Light, which in many instances shone through individuals and became a beacon light for generations upon generations of men. A hasty or superficial reading of these lessons will not do. As you must masticate your food before it can be used by the digestive apparatus, so must you ruminate over these thoughts before you can utilize them in your mental household.

THIRD LESSON.

In the first two lessons we considered Man's oneness with nature. We found that the same forces which worked in Nature, operated also in Man's own immediate kingdom. In other words, the forces which produce life, motion, change and development in the various kingdoms of nature, produce also the mani-

festation of life, health, and growth in yourself. Now let us see what these forces are.

In the first lesson I stated that the intelligent observer of Nature becomes aware of the existence of three chief factors, or principles, namely. Matter, Force, and Intelligence. We see everywhere about us the *manifestation* of a wonderful wisdom, and the more intelligent man becomes himself, the more he becomes aware of the existence of Law, Order and Purpose in the Universe and himself. It is impossible for the truly enlightened mind to disassociate Law, Order, and Purpose from Intelligence. Only a blind Materialism can fail to see this. While it ridicules the notion of the creation of the world out of *nothing* and affirms the persistence and indestructibility of Matter and Force, it has affirmed that Intelligence is the *result of organization*. How ridiculous! Is not organization itself the *result of Intelligence* operating through or upon Matter by means of Force?

Intelligence only can direct energy or force to bring order out of chaos, and LIFE from a latent into an active condition. It is Intelligence which rouses the sleeping powers in Nature and Man. From it originate all the impulses which transmute latent force into dynamic force.

Primal Intelligence is Eternal and Self-Existent. It ever tends to become dynamic or active. It is back of all Consciousness, subjective, objective or supersensuous, It is the KNOWER, and Will the DOER. These—Consciousness and Will—are the negative and positive poles of that unit which in Nature we call the Over-Soul, or the Universal Soul, and which in Man is his individual Soul. They may not be divorced or suppressed with impunity. They must ever maintain a harmonious relationship with each other. If we persistently suppress the manifestation of either intelligence or will in any child or adult, we hinder their growth. If the one predominates over the other, the result is Inharmony or abnormality of some kind, as a strong will unguided by Reason, or an educated Reason without Will power are both undesirable. And if we put either to wrong uses, we injure ourselves and others.



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In the first lesson I stated that the intelligent observer of Nature becomes aware of the existence of three chief factors, or principles, namely, Matter, Force, and Intelligence. We see everywhere about us the *manifestation* of a wonderful wisdom, and the more intelligent man becomes himself, the more he becomes aware of the existence of Law, Order and Purpose in the Universe and himself. It is impossible for the truly enlightened mind to disassociate Law, Order, and Purpose from Intelligence. Only a blind Materialism can fail to see this. While it ridicules the notion of the creation of the world out of *nothing* and affirms the persistence and indestructibility of Matter and Force, it has affirmed that Intelligence is the *result of organization*. How ridiculous! Is not organization itself the *result of Intelligence* operating through or upon Matter by means of Force?

Intelligence only can direct energy or force to bring order out of chaos, and LIFE from a latent into an active condition. It is Intelligence which rouses the sleeping powers in Nature and Man. From it originate all the impulses which transmute latent force into dynamic force.

Primal Intelligence is Eternal and Self-Existent. It ever tends to become dynamic or active. It is back of all Consciousness, subjective, objective or supersensuous. It is the KNOWER, and Will the DOER. These—Consciousness and Will—are the negative and positive poles of that unit which in Nature we call the Over-Soul, or the Universal Soul, and which in Man is his individual Soul. They may not be divorced or suppressed with impunity. They must ever maintain a harmonious relationship with each other. If we persistently suppress the manifestation of either intelligence or will in any child or adult, we hinder their growth. If the one predominates over the other, the result is Inharmony or abnormality of some kind, as a strong will unguided by Reason, or an educated Reason without Will power are both undesirable. And if we put either to wrong uses, we injure ourselves and others.

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