

THE
RELIGIOUS
SCIENCE
MONTHLY

DECEMBER
1927



Featured This Issue

"FINDING
THE
CHRIST"

BY
ERNEST S. HOLMES

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A Nonsectarian College of Metaphysics

ERNEST S. HOLMES, Dean



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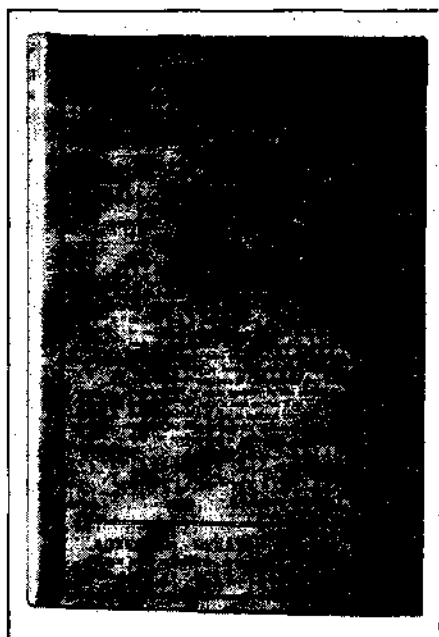
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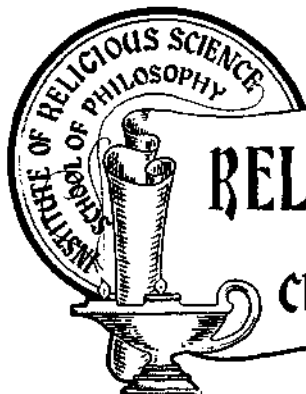
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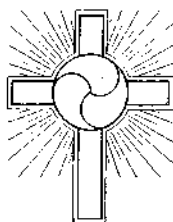
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THE daily meditations printed on each page are those used by The Institute of Religious Science, at the noon-time Silences, conducted each day between twelve and twelve-thirty. All are invited to join in the meditation wherever they may happen to be at this time. Great benefit can be derived from meditating upon the thought used throughout this interval.



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The RELIGIOUS SCIENCE Monthly

VOL. I

DECEMBER, 1927

No. 3

EDITORIAL



THE whole world seems to be in turmoil these last days of the year. With Japan in a precarious financial condition, China struggling to regain her political balance, and most of Europe in a mental muddle, America is about the only country unaffected by a spirit of ominous foreboding. Even here, war as a possibility is becoming the subject of too many articles in the newspapers and periodicals. Realizing the tremendous power of thought we should not be content merely to disregard these false suggestions; we should throw the whole weight of our mental power into the scales to try to effect a balance. Too many of us engaged in the practice of mental science are solely concerned with our own affairs. We forget that war in any part of the world today is bound to be brought to our doorstep, if not by actual participation, at least in the form of deprivation of some sort, or possibly as in the world war, as disease. From the standpoint of unity, who can say how greatly each individual consciousness is involved?

Being aware of the efficacy and power of right thinking, why not cover the point each time the suggestion of the possibility of war presents itself? A careless negation is not enough, we should give a moment's thought to the establishment of a thorough denial.

In 1912 an international organization attempted to utilize the power of thought to check the conflagration which threatened the peace of the world. The plans laid by this organization were excellent and would undoubtedly have borne precious fruit had it not been for the human equation; the individual simply did not do the mental work required of him.

Oliver Wendell Holmes told a story about a scientist who conceived the idea of reaching Mars by a concerted shout from the earth. Elaborate arrangements were made and all seemed in readiness when the moment came for the millions on the earth to shout. But the only sounds heard came from one little boy, and an old deaf woman in Chicago; all the others were busy listening. The little boy (trusting youth) did what he was told, and the deaf woman, of course, was not restrained by a desire to listen in.


[[*My affairs are in His hands—therefore all that I do prospers.*]]



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FINDING THE CHRIST

By ERNEST S. HOLMES

 sleep in the heart of Cosmic Love,
Unborn--universal--potential,
The Christ Child lay.
And the great Mother Soul,
Brooding over her unborn child,
Conceived it in the stillness
Of her universal nature,
Imparting to it her own being.

Born into time and experience,
Unnoticed, unseen--yet alive and aware,
The Christ Child incarnated in human form,
Taking the likeness of men and women
Yet giving no sign of its presence,
Waiting with utmost patience and love
The revelation that should disclose itself
And proclaim the reign of peace.

Many ages past and vanished
In the long yesterdays of time,
And still the Christ Child waited.
Nations appeared and disappeared;
Coil--famine--pestilence--and want,
Hunger--cold--heat--and thirst,
War--hatred--blood--and ruin.
And still the seed of perfection--unrevealed.

Through all those things which I do Infinite Intelligence is
expressing Itself—for the Father and I are One.

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But the Universal Wholeness
Cannot be forever subjected,
Nor Cosmic Love be kept from human form.
That which was given must be revealed.
The seed of perfection must burst.
The shoots of heavenly planting
Must break the cords that bind,
Fanning the human into a blaze divine.

And so the long appointed day arrived,
A voice from out the stillness
Spoke,—"This is my beloved Son--
Let the earth be still in his presence,
Let the beasts of the field,--the birds of the air
And all living creatures, be still.
Let the hosts of heaven sing praises,
And let deep cry unto deep."

Then spoke the child.
"I am come to bring peace.
I am the child of joy, and
To all who will, I give life.
I am formed of happiness.
I come from the eternal stillness.
Quietness and confidence are mine.
In the heart of the Father I have lived forever.

Oh! nations and all people,
Look unto me and be saved.
Behold my face, shining as the sun,
And my feet, shod with righteousness.
In my left hand are riches and honor
And in my right, peace forevermore,
All that I am--all that I have--
I give."

[Continued on next page]

❧

[God is Love, and I am one with God—therefore I, too, am Love.]

❧ ————— ❧

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E had waited long for Him. Was He, after all, real? Should we ever see, hear and know Him? Oh, what longings the human heart has, what unuttered words are spoken, what anguish it endures until it knows Him.

And so, we waited. One day, waiting thus, contemplating, listening, a voice said, "Behold, look upon Me and live."

What did this mean; had we not watched and waited? What mockery; from whence came this voice which said, "Behold!"? Behold what?

We had seen much, but not Him for Whom we were looking; we had heard many voices, but not His voice. And yet the voice, the voice said, "Behold, look and see." In deep despair we looked again; looked into the face of all humanity.

What subtle change had taken place, what unknown forms were here? Marvelous were the things we saw and heard. We saw in the face of man, His face. We heard in man's voice the voice of Him for Whom we had been listening.

Looking into the eyes of a young mother we saw His love; hearing her crooning over her babe we knew what tenderness was; His tenderness. We listened to the laughter of little children and realized His joy. We clasped the hand of a friend and knew what His friendship meant. We beheld the great love of man for man and knew the meaning of His love.

In the mountains we beheld His majesty; in numbers we saw His infinity; in the desert we felt His presence. In the synthesis of all, we beheld His Unity, in the vastness of the whole saw His Divinity, in the limitlessness of space beheld His stability and immensity; and throughout all life we saw His activity.

In the whisperings of the wind and the babblings of the brook we heard His voice. Surely the earth was filled with His presence.

We had indeed, seen, felt and heard, but—we were still beholding Him apart. We were truly looking upon Him, but was He looking upon us? We did so long that He should know us. We feared lest the eye should lose its sight, the ear no longer hear and the tongue no longer speak. We might, after all, lose Him. Oh the anguish of that thought; better never to have known Him at all, than to know, only to lose Him.

And so we pondered. What was it that we had seen and felt and heard? What was it in us that could see, feel, hear and understand? Reflecting

MEDITATION FOR SUNDAY THE FOURTH

[*This Perfect Love which I am draws Love to me. I am receptive to my good.* **]**

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thus, in the deepest silence of the soul while the senses were stilled, we again heard the voice, which said, "Behold! oh man, I am thy life."

Oh joy unspeakable! Oh Presence Supreme! He for whom we had been looking was within us and through all.

Oh blessed Unity, we shall nevermore be apart!



CHRIST means the universal idea of Sonship; the entire creation, both visible and invisible. There is One Father of all. This One Father, conceiving within Himself, gives birth to all the Divine Ideas. The sum-total of all these ideas constitute the Mystic Christ.

Jesus was a man, a human being, who understood his own nature. He knew that as the human embodies the divine it manifests the Christ Nature. Jesus never thought of himself as different from others; his whole teaching was that what he did others could do. His divine nature was aroused; he had plunged beneath the material surface of creation and found the spiritual cause. This cause he called God or the Father; to this indwelling God he constantly turned for help, daily guidance and council.

God was an indwelling reality to this remarkable man, the Infinite Personality back of his own personality; the One standing behind him, telling him what to do; the power by which he did things; the inspiration through which he accomplished; the revelation by which he saw clearly; the illumination which enabled his own life to shine; the Father, loving him, the power protecting him, the good, working through him, and the everlasting arms around him.

¶ It is no wonder that Jesus accomplished so much; realizing, as he did, that the Infinite worked through him, his whole being was turned to the light and he clearly saw and realized what most of us are only looking for—the Truth.



HIS is now nearly two thousand years since this wonderful man labored in the vineyard of human endeavor, pointing a way to Eternal Reality. Centuries have passed; nations have risen, only to decline and fall. Science has solved many problems. Invention has harnessed subtle forces, and our land is filled with institutions of learning—but the world is looking for another great teacher, one who will again show it the way. Never before was there such an inquiry into the hidden meaning of things, never such a searching after God and reality. It seems as though all people are engaged in this search and that no one can be satisfied until he has made the great discovery for himself.

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[Infinite Wisdom is manifesting through me now. I have un-
limited capacity for understanding.]

□—————□

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But to how few has come the real truth, the realization that God is indwelling in the soul and spirit of man; and yet this realization is what gave Jesus his wonderful power; this and a correct knowledge of spiritual law in the mental world. The realization that God is personal to all who are receptive to the Divine influx enables one to communicate with the Spirit, receiving a direct answer from It. This Jesus was able to do. He was able to balance the personal and the impersonal attributes of being; for the law is only a natural force while the Spirit is always self-knowing.

JESUS spoke as one in authority because he knew he was dealing with impersonal law. He received inspiration from Spirit and directly controlled the law through the power of his conscious word; and this without external aid of any nature whatsoever. What has been done can be done again; what one can do, all have the privilege of doing, provided they know how and comply with the law.

Christ is born to, or within each, as the human gives way to the divine; as strife gives way to peace; as confusion gives way to poise; as weakness gives way to strength; as fear gives way to faith; as doubt gives way to certainty; as hell gives way to heaven; as misery gives way to happiness; as we give way to the Spirit. The human will finds no place in the divine certainty, for God does not will anything to happen; God knows, and the result of God's knowing produces creation.

Christ is the image of God, the likeness of the Father, the Son of the Universe, the Man that Spirit conceives. Christ is not limited to any person nor does He appear only in one age. He is as eternal as God. He is God's idea of Himself or His own self-knowingness. For Christ to form in us is to put off the old man, with all his mistakes and doubts, and put on the new man, who is always certain that he is beloved of the Father.

The Christ always comes with power and might, being awakened by the still small voice of Truth, He becomes strength.

HOLY. HOLY. HOLY

Inner Presence, Great and Mighty.

Inner Light that shines divinely.

Inner Life that lives completely.

Inner Joy that smiles serenely.

Inner Peace that flows so deeply.

I have the oppulent thought, and I open new channels for bigger and better things to manifest through me.

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*Inner Calm, untroubled, happy.
Inner Sense that knows Him only.
Inner Love that gives so freely.
Inner Truth that never fails me.
Inner Power that holds securely.
Inner Eye that sees so clearly.
Inner Ear that hears Him always.
Inner Voice that speaks supremely.
Inner Good that binds me to thee.
HOLY, HOLY, HOLY,—
Lord, God, within me.*

WE must not look afar to see the Christ, for He is ever near at hand. He is always within us. To the individual there can never be any power, truth or life, unless he is able to realize and recognize it. Jesus stands alone as a man who knew himself and realized his relationship to the Perfect Whole. In the ecstasy of self-realization he proclaimed the Truth to be working through him.

*Thou art the center and the circumference of my life;
The beginningless and endless part of me;
The eternal Reality of me;
The everlasting power within me;
The eternal Good working through me;
The infinite Love impelling me;
The almighty Truth compelling me;
The limitless peace and calm within me;
The perfect Life, living through and in me;
The Joy of the Soul and the Light of the Spirit
illumining me.
O Lord God, Eternal and forever Blessed, Thou art
my whole being.*

WE ourselves we can do nothing; it is only as we allow the power to flow through us that we are mighty. This power is God, the Almighty Presence pervading all and uniting all in one complete Whole. Without the All we remain only parts, and isolated parts. Out of the silence comes the power to live and be. Fasting and prayer, that

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["He that made the eye shall He not see?" I open my eyes that
I may see.]

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is, refusing to believe in an opposite to good and constantly endeavoring to sense the Divine Presence, this alone gives power; this alone can bring peace to the disturbed thought and troubled mind.

Jesus spent much time communing with his own soul, for it is through our own inner thought that we reach out and up to God. To this remarkable man, out of the silence of his own soul, came a direct revelation of his Sonship, his oneness with God.

Back of the conflict of ideas in the objective world; back of the din of external life and action; back, back in the innermost recesses of uplifted thought and silent contemplation, there is a voice ever proclaiming "This is My beloved Son." Seldom does this voice penetrate the outer world of human experience, seldom does anyone allow it to perfectly express through him.

We must learn to listen for this voice; call it conscience, intuition, or what we will, it is there. No man need go unguided through life, for all are divine at the center and all are Images of the Most High.

*Sweet song of the Silence forever singing in my heart!
Words cannot express, the tongue cannot tell;
Only the heart knows the songs that were never sung, the music
that was never written.
I have heard that great Harmony, and felt that great Presence.
I have listened to the Silence; and in the deep places of Life I
have stood naked and receptive to Thy songs and they
have entered my Soul.
I am lost in the mighty depths of Thy inner calm and peace.*



As the external Jesus gave way to the Divine, the human took on the Christ Spirit and became the voice of God to humanity. How wonderfully he did this constitutes the history of Christianity and much of the enlightenment of modern civilization.

And yet it would be a grave mistake to suppose that he was different from other men; he was a man who knew himself and his direct relationship with the Whole. This was the secret of his success. To think of Jesus as being different from other men is to misunderstand his mission and purpose in life. He was a way-shower and proved his way a correct one. His method was direct, dynamic and powerful, yet extremely simple and easy to comprehend. He believed in God in himself, as Power and Reality. Believing in God within, he was compelled to believe in himself.

[[I entertain thoughts of Peace, Power and Plenty. "Think on these things."]]

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To the illumined has ever come self-realization and complete I-AM-NESS. Who could proclaim himself to be the way, the truth and the life unless he had understood that God indwelt his own soul? The Christ Spirit comes to all alike, proclaiming Itself as the Son of God; even unto the humble in spirit.

PROUD of his divinity, yet humble before the greatness of the Whole, Jesus spoke from the heights of spiritual perception, proclaiming the deathless reality of the individual life, the continuity of the individual soul, the unity of Universal Spirit with all men. This was the Christ speaking, the Son begotten of the only Father; the Son of God. Humble in his humanity, compassionate in his tenderness, understanding the frailties of the human mind, he let the Great Spirit speak through him in words of love and sympathy. He proclaimed his divinity through his humanity and taught that all men are brothers. No man ever lived who valued the human soul more than Jesus, for he knew it to be the personification of God.

*I am, what more can I say? I am, it is enough!
Because Thou Art, I am!
From the innermost parts of me, I am!
From out of the deeps of me, I Am!
In and around me, I am! Over and through me, I Am!
O Inner Being, Eternal and Blessed, Complete and Perfect;
Birthless and Changeless and Deathless, I AM! I AM!
And evermore shall be.*

THE Mystic Christ comes from the bosom of the unseen Father proclaiming the love of God through His own love of humanity. To know God is to love, for without love there is no knowledge of God. As the Christ awakens, the divine spark, shot from central fires of the Universal Flame, is able to warm other souls in the flow of its own self-unfoldment. We can give only what we have. The only shadow that we cast is of ourselves; this shadow lengthens as we realize the Great Presence in which we live, move and have our being.

WHO would entertain the Christ must invite Him. He does not come unbidden, nor sit at any man's table an unwelcome guest; neither does the Divine Presence force itself upon any. He stands at the door and knocks; we must open if we are to receive. But how can we receive

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[I know that things are the results of thoughts—therefore I
“stand porter at the door of thought.”]

□—————□

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unless we first believe? We must believe that Christ indwells our own lives and stimulates all of our actions; for without Him we can do nothing.

Majestic, calm, serene,
Infinite Ocean of Life,
Upon whose bosom we float,
Propelled by Cosmic Urge.

Thou, the only One,
Wert, art, and shall be,
Eternal, undying, complete,
Forever and ever the same.

Silently, one by one,
Vast and endless creations,
From out Thy boundless deeps
In numberless forms emerge.

All that is, or can be,
Future, the past and the present,
Living forever in Thee,
Thy limitless being proclaim.

 HE Christ senses the limitlessness of being and His own unity with the power that makes all things out of Itself. No wonder Jesus spoke with such calm strength. He had plumbed the deeps and scaled the heights of being and had discovered nothing between God and man but unity.

With that mystic sense which comes into the world with us, and is the inspiration back of all our acts, we must sense our inner life as the Christ. The world stands today at the threshold of wonderful revelations; it stands at the doorway of infinite possibilities; a new age is being ushered in; the Christ is being born anew into human experience.

To realize within one's self a divine presence, a perfect person, is to recognize the Christ. No man ever walks life's road alone!; there is ever another who walks with him; this is his inner self, the undying reality which his personality but poorly represents.

We would never become lonely if we knew ourselves better. We rush after pleasures and diversions, only to find them fleeting pastimes, never able to fill that vacant place. Who can communicate with himself for one whole day without becoming lonely? Who goes through life unafraid of the storms of human experience? Only one who has found himself; only he who knows himself.

*Alone with Thee through the long night watches.
Alone with Thee in the purple dawn;
Alone with Thee through the heat of the day and in the cool
of the evening.
Alone with Thee through life and in death.
Alone with Thee through that vast Eternity of Eternities.
Alone with Thee forevermore. And yet,*

❧

There is only the One Life and that Life is manifesting in me
as perfect health.

—□—

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*Not alone; for the hosts of Heaven are also in Thee,
And Thou are in me, as they are in us.
O wonderous Unity, binding all together in One Great Whole,
Who can escape Thy Presence?*

IT was a constant recognition with Jesus that he could work only as he sensed the presence of God within. This is logical, for it is only as we are connected with the power plant that we can receive light.

¶ The Christ senses that God is within, as well as without, and ever listens and waits for the divine revealings to make themselves known. Listening to one's own soul, waiting in the silence of uplifted thought with definite purpose, will accomplish wonders for anyone.

This inner power may be developed through meditation and prayer. Meditation is quiet, contemplative thought, with a definite purpose always in mind. Prayer is a receptive mental and spiritual attitude through which one expects to receive inspiration from On High.

The practice of the Presence of Good is both normal and natural. All must realize that there is something about the human personality which is not yet developed. Every thinking person realizes that a Presence pervades all things; and the deepest thinkers have called this Presence, God, First Cause or the Truth.

Let us learn to be still and let the Truth speak through us: to be still and know that the inner light shines. How quickly our troubles would fall from us if we should do this. How light the burden of Christ, for He knows that the power back of all is for, and not against, Him. His yoke is easy and His burdens are light. Indeed, He has no burdens, for He has cast them upon the perfect law of freedom; the law of liberty. He is free, for He knows freedom.

Be still, O Soul, and know. Look unto the One and be illumined.

Rejoice and be glad, for thy Spirit lights the way.

Lift up thine eyes and behold Him, for He is fair to look upon.

Listen for His voice, for He will tell thee of marvelous things

Receive Him, for in His presence there is peace.

Embrace Him, for He is thy Lover.

Let Him tarry with thee, that thou mayest not be lonely.

Take council from Him, for He is wise.

Learn from Him, for He knows.

Be still in His presence and rejoice in His love forevermore.

I am one with the Infinite Spirit. What I am It is. "The Father and I are One."

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THE Christ knows that His individuality is indestructible; that He is an eternal being, living forever in the bosom of the Father. The Christ triumphs over death and the grave, breaking through the tomb of human thought into the dawn of eternal expansion. The Christ rises from the ashes of human hopes, pointing the way to a greater realization of life.

The Christ is always triumphant, is ever a victor, is never defeated, needs no champion other than His conscious unity with the Whole and is ever happy, for He is ever confident.

The Christ places His hand in the outstretched hand of the Universe and walks, unafraid, through life, willing to enter any phase of the universal activity without timidity. How wonderful is the concept! With what joy we should receive the truth about ourselves!

The triumphant Christ makes a strong appeal to weak humanity, for all instinctively realize their divine nature. We are never left without a witness of the eternal fact. There is no one, and there can be no one, who does not at times sense a self within the self; and in our greatest moments, those flashlike visions of mystic grandeur, we know that we are made of eternal stuff and fashioned after a Divine Pattern.

The oncoming age must, and will, live consciously with the realization of an indwelling perfection and wholeness. Disregarding any and every human experience to the contrary, the soul Knows, and the inner spirit of man Realizes, completion. The New Birth is a fact, but a fact which can be proven only by those who have experienced it.

Through the long night watches His hand clasps mine.
At the break of dawn His hand clasps mine,
In the daytime of work and endeavor.
From Eternity to Eternity His Hand clasps mine.
As the ages pass, His Hand clasps mine.
When time shall have passed—
When Eternities shall be strewn about like falling petals,
And Space and Worlds shall be swallowed up in everlasting
blessedness,
His Hand will clasp mine.

All my affairs prosper. I am a center of Divine Activity.

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THERE is a Presence pervading all things; this presence is God. There is an intelligence running through all; this intelligence is God. There is a power sustaining all; this power is God. There is a unity binding all into one perfect whole; this unity is God.

¶ The knowledge of this Divine Presence, This Universal Intelligence, this sustaining Power and perfect Unity constitutes the nature of the Mystic Christ, the indwelling ego, the image of God, the Sonship of the Father. Sung from age to age, proclaimed through the voice of numberless saviors, chanting a song of praise down the corridors of time, the Eternal Christ comes to all who will listen; revealing the self to the self.

Let us rejoice that we have found the pearl of great price. More precious than rubies is the Truth. We have found that for which we have been looking, let us never lose sight of it. We shall see it in the landscape and feel it in the breeze, it shall be whispered to us from the waving grass and the flowers of the field shall nod their heads; while the leaves of the trees clap their hands and the rocks break forth into song.

Looking into each other's faces we shall understand. It is there. The earth shall proclaim the presence of the Living Christ, for He encompasseth all. Not unto the dead Jesus but unto the Living Christ we bow.

O Soul rejoice that Thou hast found one so fair.

Be glad, for thy Lover is near at hand.

Wander not afar from Him, nor leave His presence.

*Let thy face turn to Him and let thine eyes
look upon Him, and live.*

*Is not His face wonderful? And see with what
tenderness He dost look upon thee.*

*Surely, Soul, thou art blessed that One so marvelous
shouldst be thy Lover.*

*Clasp Him close to thy heart, sweet Soul, and cling
to Him forevermore.*



¶ The key of Life is buried in the garden of understanding, where blossoms the law of Life. Each individual pass key must be fitted in the factory of experience, and applied personally.

[[*Open my ears that I may hear. I am attuned to the message of
Life, Love and Wisdom.*]]

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THE MASTER KEY

By ANNA W. MILLS



FOR untold ages man has been seeking to find the way into his Everlasting Existence, and the search is still proceeding. Every effort made by every individual, tribe and nation, has made for progress in a degree, if only in the process of elimination. The race learns not to make the same mistake again. Ages have passed, and looking back we perceive that the true way has been shown to the world, though apparently overlooked for a time. The true answer has been given to us in the words of the master: "If a man keep my sayings he shall never see death." By death Christ meant blindness of the spirit. When he said, "Let the dead bury the dead" he meant not those disembodied but those whose eyes and ears were closed to the things of the spiritual world.

The enemy of mankind is hatred, fear, isolation, any emotion or thought which tends to diminish the realization of the Divine Life within. Since keeping "His Sayings" will avail to destroy the destroyer, we logically reason that it will also avail for us in all the minor trials of our daily living; as defense, protection and bounty. The teachings of the Master are therefore as the Emancipation Proclamation to the world of humanity. Would you be free? Would you be conqueror over the "Arch Enemy" and over all enemies? Here, then, is the way of attainment! "Keep My Sayings!"

What are "His Sayings" and of what do they consist? They are legion and are arrayed in every form of word, thought and deed known, expressive of Infinite Goodness. They run the entire gamut of optimism and righteousness that may be found in the words of every great teacher throughout the ages without one thought of fault or failure. "His Sayings" embody a principle a knowledge of which will construct a key into the Kingdom of Heaven, and will eventually destroy that death which is a name for the culmination of years of doubt, fear and disappointments, in any and all of their phases.

¶ "My Sayings" are the word of God to the world. They are set forth by One who, by the knowledge and use of them, mastered himself and all conditions. After testing and proving them, he being the exponent of Love, could keep nothing selfishly for himself alone, and so passed on to us that which he had found to be the defense and saving power for the world.

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In all creation I see the manifestation of the ideas of God—and
 "Behold, it is very good."

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Here is one sentence expressive of his wisdom, "ALL POWER IS GIVEN UNTO ME." This power is for us to use, and its use will give us also the key to our kingdom. It alone, if used continuously and faithfully, will open to us the door of Life, and will gradually give to us power over our bodies and over the affairs of this world. According to our faith and understanding, there will evolve a new consciousness that will equal a rebirth, from which comes health of body and the realization of the spiritual heritage of man.

¶ "Be ye transformed by the renewing of your mind." A New Birth! "You must be born again," the Master said, not into another world apart from earth, but here and now in this world be born into a perfect state of consciousness that will be reflected in the objective realm, as though it were a new birth. "Arise! Shine! for thy Light is come, and the glory of the Lord is risen upon thee!" It is indeed risen and the time is ripe; but do we perceive it, and have we done our part?

Let us then take this Word "All Power is given unto me" and in the silence of the soul hold it in consciousness. Speak it softly to ourselves as many as twelve times, then repose in the "silence" a few minutes, letting the words and thoughts rest in the mind waiting for an answer. GOD IS THAT, that never fails, and will answer. We must learn to turn the "Inner Ear" toward hearing what Our Father has to say, and is saying to us; to the harmony of the "Within." Then, again, after a moment of waiting and listening, call upon Life, repeating the words, "All Power is given unto me." Continue to call and wait with the Word balanced in the mind for a period of five or ten minutes longer. Resume and lengthen the time as you advance, completely relaxing, asking for the "Inner Light." To gain consciousness of it we are obliged to still the senses and the mind. Then we come into the realm of the Spirit leaving behind us that outer world where we have existed, basking in the reflected light, entranced and deceived by it into thinking it the realm of reality, whereas it is only as the light of the moon in comparison with that of the sun. The moon is beautiful and casts a light upon the world when the sun is separated from us in our revolution around it, but moonlight is all dependent upon the sun, without which there would be no moonlight, as without the life center the senses could not exist, nor this external plane upon which we now function. When we attempt to close our eyes, our ears and even our thoughts from the without and turn to the within—our source—and find the "World of Reality," all seems at first a blank. We feel that we have nothing upon which to focus. At this period we have nothing to do except

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I contemplate those things which I wish to bring into my experience. My word is power.

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to try and "be still" and to follow the Master's directions, "Abide in My Words."

While we are in this state we should do all possible to keep on the watch, awake, expectant and yet not tense. There is one sure promise that has been given to us as we wait in this attitude, "asking and seeking"—"Before they call I will answer, and while they are yet speaking I will hear." Until we have attained a knowledge of this power on which our life is founded, we shall be as one unborn and shall be in a state of unrest, as the Prodigal Son, loveless, homeless and lost to himself. We are to return to our Father's house, from whence we have come in a state of unknowing, into individuality and personality, and now of our own volition are to return to Him, It, The Spirit, and be consciously born again into a knowledge of It, so that we may take up our life on the high plane of Godliness and be in power and at peace. This is our goal. It is before us, and is "for him that overcometh." Overcometh what? we may ask, and the answer is—our own lethargy, doubt and sense entanglement.

There are guide posts along the path of life pointing us to the Way of Life. This one: "Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you," is one of them, and about the first one we come to when we begin to hunger and thirst after righteousness, after having starved on husks of the outside plane. This outside plane is what we are striving to bring into conscious, harmonious relation with that other plane where is our Source of supply. The union of these two completes our sphere of Life.

❧ It is wonderful to be told, "Ask and you shall receive!" How quickly the cry goeth forth from each one, "Give to me, oh give to me life, health, wealth, love, a knowledge of truth, and all else." We have also to learn that one of the conditions related to this "asking and receiving" is faith and abiding patience. So we have not alone to call once or twice and then fall back and dwell upon our needs and the poverty of our condition; but our call must continue to ring from heart and soul and mind; to echo and re-echo as bells set to the music of established praise and cheer; to "ring out the old, ring in the new, ring out our disease, ring in health, ring out sadness, hate, loneliness, poverty, and ring in their opposite realities. In other words to do as the Master said, "Continue and abide in My Words"—so shall you know the truth which will make you free.

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❧ *Definition of failure: Ignorance of the law by which we live.*

I am guided, guarded and blessed. I dwell in a house of Love.

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POEM OF THE MONTH

By HELEN VAN SLYKE



PEACE

By HELEN VAN SLYKE

Peace is not speaking with bated breath,
A lowering of voice as in presence of death.
Peace is not standing with folded hands
Enduring insult and lash and bands.
Peace is not turning the other cheek.
Peace is not numbered with the meek.
Peace is not letting the world go by,
Renouncing the Earth while for Heaven we sigh.
Peace is a vital, a vibrant thing,—
Self caught up in the Cosmic Swing.
Peace is knowing there is only the Whole,
Not in trying to save a soul.
Peace is not knowing a soul is lost,—
Christ rising above the waves storm-tossed.
Peace is Oneness, One Life, My Own,—
The Sureness that stays after words have flown.
Peace is the union of grass and sod,—
Peace is the Power at the Heart of God.

TOO long have we thought of peace as a submissive, long-suffering quality. Such a conception of peace is to cry "Peace, peace, when there is no peace,"—only a sense of weakness and inefficiency. Real peace is the deep underlying conviction that there is no opposition, no antagonism. This can come only as one awakens to the truth of Oneness,—One life manifest in all creation; One Mind which we all use as we breathe the one atmosphere; and One Primal Substance of which all created things are formed. World peace will be a reality when the majority of individuals have found peace in the only place in which they will ever find it,—within themselves. "Peace on Earth, Good Will to men" can only come when we face, not toward our neighbor, but, the One Who is the Spirit of Peace.

["Principle is not bound by precedent." I press on to greater achievement.]

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THE MESSAGE OF SELF EXPRESSION

By EMILY G. MARSHALL

The One without another
No great divide—One perfect whole
No separation for the Soul
Who hears the Father's Voice.



MAN'S noblest quest in this day and age is recognized by those who know, to be the search for Truth or the Self. A search presupposes something lost. Is Truth lost? Most assuredly not. Then what are we looking for and where are we looking for it?

When Pilate asked Jesus: "What is Truth?" we recall that no answer is given anywhere in any of the Gospel accounts. Truth is nothing that can be cognized by any of the sense perceptions. The nearest approach to the answer in the three dimensional experience is to talk about the Truth or that which is constitutional to the nature of Truth such as life, love, happiness, health, wealth and all the various aspects.

In this lesson we deal with the Axiom of Indivision or Unity: "Since the Self is All There Is, there is nothing into which or by which it can be divided, therefore, it must be that the Self is Indivisibility." In the conscious perception of unity, which by the intelligent use of the words themselves, delivers the student to a place where a certain understanding is revealed. The statements of Jesus: "The Father and I are One"—"That they may be One even as we are one," are grasped with a tenacity nothing short of a heart hunger realized at last. The idea of separation is forever lost. It is frankly stated that the only sin there is or can be lies in this idea of being separated from the Self. The word sin is derived from the Greek word "hiatus" which means missing the mark. If we sow in separation, we shall reap in separation and suffer accordingly.

There is no difference in the One—the only difference is in the expression of the One's ideas. The change presents itself only as the One sees it. It is all a crying need for Self realization. It is vital and necessary for the "I" within to be moved and then all else will follow. Each must feel himself as this "I" and not as a part of a "we." How much of the ocean is the little drop taken out of it? If it belonged to the ocean at all does it not contain every element, every constituent of that body of water—is it really not all of the ocean in

I do not bear false responsibility. The Spirit within me is free.



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itself? Likewise the Self, the point in the Infinite Mind contains all of the potentialities of that Mind: "I Am That One, O Govinda" (Self). Go through your Ancient Writings and the Modern Ones too—all the identical story. Truth is like a golden thread woven through everything—everywhere. Even that which appears destructive is an actual call to the one who sees, to subliminate or raise it to a higher vibration calling it all good and that which is called bad can not survive for one moment. Call it into the light—the darkness can not comprehend it any longer.

It is recommended that the student meditate on this Axiom of Unity. By meditation is meant a definite mental walking from one state of consciousness to a higher perception. At first just the repetition of the words with feeling, impresses them on the mentality. We live in a mental world—a world wholly based upon our own concept of it. A story is told of Emerson being met by a man on Boston Common who very excitedly exclaimed that the world was coming to an end. Emerson was most indifferent, not at all disturbed, he replied: "What of it?"—"Man is all—the universe is nothing." There is indeed a great underlying principle in this statement.

Your body today is an aggregation of ideas created either by your own consciousness or the consciousness of the race. How can these conditions be changed? By going within—actually contacting the One—knowing that anything outside less than perfectly satisfactory to you can be dealt with only there. If we actually knew that we were our own creator, the creator of every condition, do you not think we would get exceedingly busy creating satisfactory concepts? It would not take us so very long to destroy all the old hang-overs.

A certain definite stand is required of the student. We do not have it handed to us on a platter. It requires constant, faithful practice, even more than any other line of artistry, but once it is realized that you mean business, the time is shortened immeasurably. Remember that your prophecies today are fulfilled tomorrow—filled full to brimming and running over.

This Axiom of Unity is called the transdimensional axiom delivering a perception of the fourth dimension. Isaiah said: "Come now, and let us reason together, saith the Lord—" The Lord is the law of your being which is perfection. "If ye be willing and obedient, ye shall eat the good of the land." Let us reason on this idea of the One. Since there is only One and that One, I am, it is in the nature of pure reason that That One is not capable of division—That One is All There Is or can be, so it must be, if I exist at all, that

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I respond to all that is Beautiful and Good, for the Spirit within
me is Beauty and Goodness.



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I am That One as an individual. Anything and everything outside of That One is created by me. I, being That One, have all power to deliver to myself any experience whatsoever, be it good, bad or indifferent. Does it not behoove each one of us to stiffen the spinal column and begin to take notice? Does it not suggest that possibly you are cheating yourself at your own game? Sound asleep, some say, but there is a stirring of the covering—past estimates of wrong thinking. It is extraordinary that the human element places so many barriers right in his own way. He deliberately steps into the darkness of his own volition and then wonders how in heaven's name he got there.

Do not take it all so seriously. Start to play a little game with yourself. Become as a little child and pretend that you are a king and the world, your kingdom to do with as you will. Assume the attitude of positive joy and laugh at every condition; think how preposterous it would sound to have your subjects turn around and command you. Mark Twain says that against the assault of laughter nothing can stand. Be a good old feudal king—off with the head of every subject that dares to resist your orders. How positively ridiculous that any condition could control you in your domain. Stand up and behold the coming of your Lord—the perfect law which but awaits your recognition.

How long is it going to take us to actually hear that there is but One, and this means you as a particularized individual. Without or outside is the other One. We must have the other One, in order to express at all, but when we know that he is there for our pleasure—for our happiness and ecstasy, then anyone less than that will automatically erase himself from our picture. The secret is not to get caught in the play or picture. Take an actor playing a certain part—if he never steps out of his character, he is pronounced insane and dealt with accordingly. We are all actors on this stage of life and some of us in the past have been more or less bad actors. However, let us resolve right here and now to repent (turn around) and actually Be That One Self within which all is perfect, finished and complete. All the joy which we could possibly express is ours for this realization. Live with It! Love It!

All in One! One in All!
One Heart! One Spirit! One Life!
All others but expression of the One,
Breath of man's own Self revealed
Emergence from within—without—another:
THIS IS UNITY!

⌈ God is my Life. There is no life apart from Him. "In Him
I live and move and have my being." ⌋



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A.B.C.'s of the Ph.D.'s
— F O S T E R —



True Thanksgiving—

Gratitude and appreciation of how wonderfully fortunate we are in the full recognition of our complete at-one-ment, our perfect wholeness is proven at all times by the fact that we are filled with the enthusiasm of radiant spirituality.

* * * * *

Make Yourself a Fitting Christmas Present—

Something over 1900 years ago a Gentle-Man gave us a mathematically perfect set of laws, scientifically proven through his own demonstrations. Our very reverence, admiration and love for the spirituality of the Man has made us hesitate to apply His system of teaching. But now the time is ripe to accept and use the scientific principle of the Christ Spirit and, through understanding, open our entire being, allowing the perfect Law of Life to operate through us; thereby becoming receptive to God's Greatest Gift to Man.

* * * * *

Suggestion for New Year Resolution—

Discard your rosary of morbidity forever; bid a fond farewell to the pale grey attitude; let the life wave of Divine Energy flood your entire being, completely submerging the dead sea fruit of self-pity; renew the furnishings of your mental chambers; from our ancient philosophers come priceless antiques; throughout all time gems of the art of thinking may be found with which to adorn your walls; fill your mansion with a vibration of perfect harmony, and you will have the proper environment in which to live a vital, happy, normal existence, wherein your ideals will become your realities. Through right knowing the problems of yesterday will be a laugh today, and if we sense our unity with life as a whole, we find it marvelously beautiful and, best of all, real.

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[*The Law of Love is Giving. I give forth Love and Love returns
to me in full measure.*]

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CENTER AND CIRCUMFERENCE

By HELEN M. STARK



IN space, with regard to motion, there are three conditions. The highest of these is a state of balance, of poise, of self-contained rhythm established on a permanent center. This condition is universal, unchanging, and common to all beings, although in early stages of growth it is rarely realized in the personal consciousness. That each one of us is such an immortal center in which there is all wisdom, all love, all power, and yet—that there is, after all, but one such center—God—this is one of those strange, mystical paradoxes in which Truth so often veils herself and it is one which only meditation brings to the knowledge of the personal self.

Below this pure condition there are two states which are called the pairs of opposites. These are centripetal motion, which draws inward toward the center, and centrifugal motion, which is flight outward from the center. Not only are all the activities of man due to the action and reaction of these principles, but atoms, worlds and suns perfect their convolutions within these limits.

¶ In the case of man we may illustrate the situation by means of an equilateral triangle. A dot at the apex represents the spiritual center, the higher self, the habitat of the inner life. The base angles represent the pairs of opposites and the base line, the path man takes between the two extremes. These we call positive and negative, confidence and fear, likes and dislikes; attractions and repulsions of every degree. Man swinging between these is tried in the fires of creation; refined and tempered by the terrible discipline of culture, he gains adaptability, even as fine steel is wrought from iron within the fiery furnace.

In the youth of the man and in the youth of the race this path is well trodden. Man is then hot-foot in pursuit, or in flight. "This I must possess; this I desire; this I love and must make my own!" he cries. Or he flees from that which seems to menace him. "This I hate; this I fear; this will limit me or crush me!" Thus he spends his energy, seeking to draw things to himself, or to escape them, not knowing that all things are part of the self and that the self is ever master.

This is what is called the path of outgoing, the long—long journey of the Prodigal Son. But "the fear of the Lord is the beginning of wisdom."

¶
 I picture my desire as a finished thing, complete and perfect
 now. "Believe that ye have and ye shall receive." ¶

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Primitive man is afraid; he is astonished and dismayed. He exerts himself and discovers his powers and his faculties. The elements, wild beasts, strange tribesmen; all these arouse, stimulate and call into action the all-powerful and all-wise being who dwells within, and thus, slowly, man comes into his kingdom, which after all is the kingdom of God.

In some strange moment of celestial birth, the first Realization comes. Man sees himself within the spiritual center and knows, however briefly it may be, that here he is himself, freed from the delusion of separateness, knowing the love, the power and the glory that ever abides in the center. He now sees that his own being is one with God; that through his own heart flows the tide of universal life.

Having once known this ecstasy, it can never be forgotten. We thirst after it as the hart panteth after the waterbrooks. This is the "house that is founded on a rock." "The house not made with hands, eternal in the heavens." This is the Kingdom that abideth in the heart, which being attained, provides all things.

How do we attain it? By testing all things and holding fast to that which is good. The flower of the personal life falls from the stem as the fruit of the soul ripens. Margaret Fuller "accepted the universe." We may wonder what she meant by that strange remark. Perhaps she saw its purpose; saw it as a school; saw it as a drama, a mystery play in which all things possess a mystic meaning and a spiritual purpose. Perhaps, herein, each soul selects that part which for the time he needs for the development of his character. This may be true, but we do know that the real aim of all that live is to attain to the knowledge of the Kingdom.

He that sitteth within, is like unto the sea, into which all rivers of experience flow, which yet is never over full.

¶ ¶ ¶

FAITH

By ALBERTA SMITH

ALL who study faith from the standpoint of Mind know that "According to thy faith be it unto you" is a great law and always operative. Faith must become active in those who would grasp the orderly science of healing. Jesus utilized this law and realized the presence of God, and He carried the consciousness of Omnipresence with Him always; thus performing

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There is only the One Mind—therefore I can know no opposition. All things work together in perfect harmony.

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marvelous works of healing instantaneously. To do this He had stilled all outer senses and had attained that unbounded faith referred to by Paul, "The substance of things hoped for, the evidence of things not seen." There must come to the individual a divine conviction of his unity with the whole—an understanding faith. Man is spiritual and man has dominion and mastery. Mighty works may be done through the realization of faith. It should therefore be put into practice and that which hinders its perfect expression should be removed.

Jesus laid great stress on faith and in all of His ministry He declared faith to be a means of healing. He demonstrated that it is possible for man to unify himself with the nature of God. He made His teaching practical and He presents an orderly and efficient life, grand and masterful.

First, man must have faith in God, the great I Am, Universal Mind, for man comprehends God only to the degree that he embodies the Divine Nature. Then he must have faith in himself, as a perfect idea in Divine Mind, a center of God Consciousness in the perfect and complete whole. There should be faith in others, based on the understanding that there is only the One Mind—One back of all—that all men are the offspring of God, and are, in spirit, perfect. Those who have the largest faith in mankind make the best spiritual healers. Faith is the connecting link between inner spiritual power and the outward manifestation. We live in a spiritual universe, governed by mental law, and the use of this law of Mind develops the faith by which we speak the word that heals. In treatment there must be conviction, and absolute faith, that God is the One immutable, Indestructible Mind in which we live and move and have our being—a recognition of absolute unity between God and Man. To be in tune with Eternal Truth we must possess a conscious knowledge of that limitless Power within, which knows that it knows. Faith, working in spiritual consciousness, can accomplish wonderful things and it, therefore, of necessity, has a large place in the unfoldment of man's consciousness. It is only through the self-knowing Mind that the Truth is realized. God is, and, because God is, I am. As we become more receptive to this marvelous truth and our consciousness unfolds to richer and finer ideas, greater faith and understanding will follow. Then shall we find our progress more certain and our lives will become more harmonious and joyous. Truly, "Eye hath not seen nor ear heard, neither have entered into the heart of man the things which God hath prepared for them that love Him."



*The consciousness of my At-One-Ment with Life, Truth and
Love heals and strengthens me.*



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THINKING FOR OURSELVES

By NED L. CHAPIN

"Do not have such an opinion of things as he has who does thee wrong, or such as he wishes thee to have, but look at them as they are in truth."—*Marcus Aurelius.*



HOSE who have experienced the sensation of being kicked and buffeted about by untoward circumstances—or think they have experienced it, may not understand or care to understand—may even resent—the statement that every man is where he is as the result of his own thoughts—his own choice.

This, I think, is the greatest lesson yet taught by philosophy, that a man may control his circumstances by his thinking.

How hard it is to do, yet how profitable! What a new sense of life results from those high moments in which the fundamental truths have been realized, even dimly!

All of us, perhaps, go through much of our lives as though they were deserts—deserts without charm or beauty. But life really is glorious and beautiful and will become so to us as we consciously turn our thoughts toward glory and beauty; let our imaginations dwell on achievement and plenty. Try it! Such a difference!

The majority of us are average men. The average man does his own thinking about five per cent of the time, and that five per cent is shot through with suggestions, good and bad, from people, from experiences, from circumstances. In other words, men, let them fight the suggestion as they may—are, more often than they realize, whipped about by the winds of chance. This is quite needless. The remedy is very, very near.

Some men can learn of themselves to think their own thoughts; others need help. Some unconsciously practice the straight thinking that controls circumstances; others need to learn how.

The "how" of this science of getting the low-down on constructive thought control doesn't depend on mental gymnastics or any sentimental nonsense. It lies in the direction of greater knowledge about the reality in the scheme of affairs behind—Life.



¶ *Intellectual activity is destroying the power of deception.*

The Christ is today born anew within me, and the anthem of angels sings in my heart, "Peace on Earth, Good Will toward men."

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PROCRASTINATION

By ANNA M. OTTO

FOW prone we are to postpone the actual doing of a thing. We argue, "When I am better equipped with the knowledge necessary for the accomplishment of this particular expression, I shall begin." Things will never be done in a more complete way, unless we begin now with the tools already at hand. Allowing the present knowledge to lie dormant or unused, is not productive of greater accomplishment.

Jesus said, "Greater things than these shall Ye do." Either we believe this promise or it means nothing to us. We are taught that within us is a power, which, when believed in, will accomplish for us greater things than we ever, as yet, conceived of doing. Then, since we believe this, what hinders us? We say, "Others are so much wiser, our poor efforts will never succeed." Who are these "others?" Exactly the same expressions of One Supreme Intelligence, that we are. Right here we must heal our negative thought, saying "If I am One with the Father, who does all things well, I, as part of this One, can accomplish with and through him, all I desire, always being quite sure that the Father will not cooperate with us in anything destructive. All Good is, and is now, ours, no matter how much of it we employ and enjoy, we cannot deplete our fellow man of one tiny particle of this same Good, which is unlimited and unmonopolizable, he needs but to affiliate with it, and co-operate with the Father, who gives it. We will not all, at once do startling things, but we will surprise even ourselves at what the Father has in store for those who diligently serve Him. The Father works with us and through us, to express himself; he does not promise to work for us and alone, but with us. All Nature expresses through the Trinity, so it is: I and the Father and You, who make the Trinity. If the old adage that, "All good things are three" has any virtue at all, let us recognize ourselves as the third unit of this Trinity, which makes the Perfect Whole, which does not and cannot work out any ideas in any but the Perfect Way.

As the most highly evolved of all of God's creatures, we, having choice and volition of our own, should choose the Pearl of Greatest Price, which is "Understanding", and with this as our foundation, work with the Father to bring into Expression, at least Something.

¶ Modern definition of cynicism: An unwholesome state of mind.

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[*I am One with Perfect Life, and the fruits of the Spirit are my sure inheritance.*]

❧ ————— ❧

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HELPING ONE ANOTHER

THE Sons of God go forth in joy. "All things respond to the call of rejoicing; all things gather where life is a song." Let us sing our songs, let us have the fun of speaking our word and changing sadness to joy. Let us say one hundred times a day, "I am glad, happy, joyous." Now, right, now, are we the sons of the Most High, heirs to the kingdom; right now, all that the Father hath is mine. All good things are ours by Divine Right. We ask, we believe, we receive. The more we have, the more we can give.

One day, not long ago, a boy in High School handed in a copied essay. The teacher was quite agitated and took the matter to the principal. One of the King's daughters, learning of the incident, went quietly to work and declared the truth about the boy; that, although he did not seem to know it, he too, was a Son of God; that truth and honesty were his Divine birthright. She knew peace and poise for the teacher, and that Divine Love forgives all. The trouble vanished almost instantly and that teacher is now giving personal attention to this particular boy and he is developing a remarkable mentality. This game of "Helping One Another" is the greatest fun on earth. Try it and see.

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DOROTHY DOUBT'S ADVENTURES

By ETHEL WINTON

FRANK," said Mrs. Doubt, "I am really puzzled about Dorothy's spending so much time at the home of those new people on the hill. Of course there is a little girl in the family, but she is an invalid, confined to her bed, even, I believe."

"Not very cheerful society, I should think," replied father. "Have you asked Dorothy why she likes to go there?"

"Yes, of course. She said she and Bettina are preparing some sort of Christ-

I am still, and know that the spirit within me is God, Good.

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mas surprise, but I can't see how this new child in the neighborhood enters into any surprise we might enjoy!"

"Whatever it is, I doubt if we shall enjoy it, but if Bettina is in the secret I suppose there is nothing to worry about. What is the child's mother like; you have called on her, I suppose."

"Oh, yes, I have been to see Mrs. Ogden; she has never returned my visit. She seems to be a charming woman, but I have never seen any one look so unhappy."

"Well, I hear Ogden lost a fortune about six years ago, and has been having a pretty hard struggle ever since."

While Dorothy's parents were discussing her interest in little Irene Ogden, Dorothy and Bettina were hurrying up the drive of the house on the hill. Something of the excitement of the holiday season was in the air, even here in the rather untidy grounds of this old home, which the Ogden family had rented after a long period of vacancy.

Grandma Ogden put aside her knitting when she heard the children's footsteps and hurried to the door. She was a spry old lady, with the whitest of hair and the bluest of eyes.

"Well, Dorothy," she said, "I got Virginia to go to the village to get a plaster for my back! It is a shame to waste money when we need it so much, but I had to make sure to have her out of the way this afternoon. Come right upstairs."

As the children followed Mrs. Ogden, Dorothy whispered to Bettina, "Virginia is Irene's mother and we don't dare let her know about the surprise. Grandma Ogden is afraid she wouldn't let me come any more."

The little invalid occupied the big bedroom at the front of the house. She lay in the sunshine on a couch near the bay window, so that she could see the sky and the trees and flowers that she loved. She held out her arms with a little cry of delight when Grandma opened the door. Dorothy led Bettina to the couch and said, "Irene, this is Bettina, and she has come to help us. You see, its only three days to Christmas, and we must begin today. Bettina knows so much more than I do that I am sure she will be a great help."

Bettina kissed Irene and loved her at once. She looked as delicate as the rice china Bettina's sea-faring grandfather brought from the East. With her honey-colored braids and her blue eyes, like Grandma Ogden's, she seemed more like a fairy than a real live little girl.

Irene pulled Grandma Ogden down to whisper, "Don't let them see how thin my legs are." Grandma replied, "Don't worry, darling; in a few weeks they will be as plump as Dorothy's."

¶ So, in the sunny quiet of the winter afternoon, Bettina took her little book out of her pocket and, sitting down on the floor, close to the couch, began, in her lovely voice, to read: "The salvation of the righteous is of the Lord: He is their strength in the time of trouble." As she turned the pages, reading God's promises to help and to heal, big tears rolled down the cheeks of the little invalid. The clock on the stairs chimed the hour, and Bettina closed her book.

Grandma moved softly across the room and brought Irene's slippers and bathrobe. "Now, darling!" she said, and helped Irene to sit up and put her feet on the floor. Irene's cheeks were bright with excitement, and the two little girls stood clinging to each other, as Grandma raised Irene to her feet. "Irene," said Grandma, in a thrilling voice, "you are going to walk. You are perfect, perfect, perfect! Come and follow in His steps." Grandma stood back from Irene, who slowly began to move toward her. She had taken five steps, the first in all her life, when she tottered and Grandma caught her in her arms.

Dorothy was occupied in looking at each and every one of her presents all over again, to make the time pass more quickly, when the bell rang and father went to the door. Irene's mother stood there, huddling her fur coat over her

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[*There is a place that no one but I can fill. I am guided to that place by God's Own Hand.*]

□ ————— □

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morning gown. "Oh, Mr. Doubt," exclaimed Mrs. Ogden, "may I come in? I want to see your little daughter." Dorothy ran to Mrs. Ogden. "Did Irene walk?" she cried.

"Darling, she did! Oh, Mr. Doubt, do forgive my appearance; I was so excited I just ran over." . . . Seeing mother coming down the stairs, Mrs. Ogden hurried to meet her. "Dear Mrs. Doubt, I couldn't wait to thank Dorothy. My little girl has learned to walk, thanks to your Dorothy's efforts!"

"Why, Dorothy!" exclaimed mother, looking at her child as though she had never seen her before. "Is that what you were doing every day?"

"Mother, dear, isn't it splendid! Grandma Ogden helped, but it was really Bettina's idea."

"It is almost too wonderful to believe," exclaimed Mrs. Ogden. "You see, Irene had a severe attack of infantile paralysis when she was a baby and she never has walked. For six years we have tried every remedy any one suggested, but it remained for this child to find the way." Mrs. Ogden knelt down and put her arms around Dorothy. "You darling child, will you teach me to know this truth that heals?"



Footsteps were heard on the porch and father opened the door. There stood Mr. Ogden looking like a man in a dream. Seeing Mrs. Ogden, "Virginia, my dear!" he exclaimed; then, turning to father, "You must think us a pair of lunatics! And we are—in fact—crazy with joy. Our little girl has been restored to a normal life by your wonderful daughter. I can't thank you in words, but you have made a friend for life." Father Doubt, who hadn't been able to say a word, so surprised was he, allowed Mr. Ogden to grasp his hand. "Now," continued Mr. Ogden, "may I take Dorothy back with me? Irene is longing to tell her every detail of the greatest Christmas surprise a child ever gave her parents."

When the happy trio had departed the Doubts stood for a long time looking at each other in silence. "What is it?" asked father, finally. "Has Dorothy some natural healing power? There doesn't seem to be anything unusual about her!"

"Dear," mother replied, "you know it is said 'A little child shall lead them.' Dorothy has got hold of something wonderful through Bettina, and I am going to find out all that there is to know about it."



¶ *Marriage understood as a circle of completion, does away with the triangle.*


*I receive my Good now. I open new channels for Life, Love,
and Wisdom to express through me.*


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MANIFESTATIONS of TRUTH

There come days in the lives of all of us, when the skies seem gray and there is nothing in view but the dismal "now." But there is only a shadow between you and the sun, and this page is designed to help clear away the mist. Your problem is not very different from some one's else, it only appears to be because the picture is so close to you. If the Mind is the Source it must also be the Cure. There is no argument so strongly in favor of mental and spiritual healing as the healing itself.

TESTIMONIALS

"Be of good cheer, I have overcome the world." (John 16: 33.)

Over a year ago, I realized by means of meditation on this statement of the greatest Master of this Day that every limitation which I was entertaining belonged to me—to my own world and nobody else's. Then I made a mental resolution to redeem every barrier which prevented the expression of perfection manifesting itself in my experience. The Battle of Armageddon was on, or in other words, the light was being turned on to the dark places and a mental house cleaning was in order. Was it easy? I should say not. It required a backbone rather than a wishbone. One by one the obstructions automatically removed themselves by the persistent use of these words: "In spite of every evidence the way of redemption is perfect." The latest and most wonderful triumph is the removal of the glasses which had been on for over twenty years. This happened about a month ago when they simply dropped into my lap and I knew by this sign that my eyes were healed. I see perfectly today and am driving my automobile without the slightest hesitancy. The reading is slow but the progress is daily accompanied with added assurance of a one hundred percent healing."

* * *

I want to express gratitude to all of you who have so wonderfully helped me the past week. On Friday I fell, sustaining bad sprains in both ankles. They were dreadfully swollen. I asked for help and on Saturday the swelling was greatly reduced and I managed to walk a few steps. I am much better today and I am sure will be all right by the time this letter reaches you.

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[*I am in tune with all right action. Harmony operates through
me in all I think, say, and do.*]

□—————□

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QUESTIONS AND ANSWERS

QUESTION: Please tell me how to avoid being affected by the thoughts of others. Just how should one work to protect one's self? I am not conscious of being influenced, yet I find my mental attitude changes as if without my conscious knowledge.

ANSWER: The understanding student of mental science will have convinced himself of the totality of God, thereby freeing himself from any fear of evil effects or undesirable influences. He will see that any subtle suggestion that even infers undesirable influences is but a mistaken assumption on his part. He can, and will, immediately dispatch such phantoms by his realization of the inevitable existence of good. At no time will the true metaphysician make the mistake of attributing power to the thoughts of others, to, in any way, shape or form, effect him. And—above all else—he would never make the mistake of attempting to influence the thought of another.

TREATMENT: *I know that the Spirit of Infinite Intelligence alone operates through me, as my intelligence and that Infinite Intelligence is not subject to outside influences. I know that I—alone—am the arbiter of my thoughts.*

QUESTION: I should appreciate help to solve a very knotty problem. I am obliged to entertain in my home a person who seems to be very antagonistic toward me. I have tried to overcome this dislike, but so far have failed to change the situation one iota.

ANSWER: Truly, if we admit a problem we are accusing Infinite Wisdom, or God, of not being quite infinite—an impossibility. Hence, a mistaken assumption on our part and one easily dispatched. God never obliges Himself to entertain antagonism; such a concept is unthinkable. God—God's life, your life, and what you are—can entertain nothing but that which exists. All that exists is God; hence, we must attribute only good and harmony to our concept of God and, knowing this, will not waste one minute attributing anything like hatred to one of God's aspects. It is just as much of a mistake to believe that this visitor is antagonistic as it would be if we were antagonistic to the visitor.

TREATMENT: *Infinite life, wisdom and harmony alone manifest within and around me. I know, then, that I see love in all and that all see love in me.*

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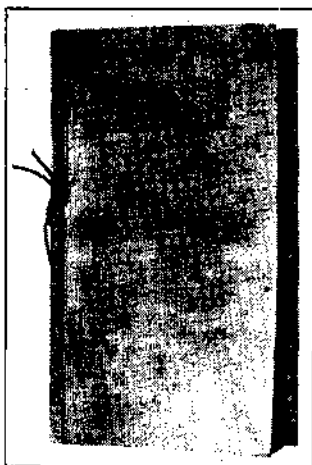
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HAT WE BELIEVE



I believe in God, the Living Spirit Almighty; One, Indestructible, Absolute and Self-Existent Cause. This One manifests Itself in and through all creation but is not absorbed by Its creation. The manifest universe is the body of God; it is the logical and necessary outcome of the infinite self-knowingness of God. ¶ I believe in the incarnation of the Spirit in man and that all men are incarnations of the One Spirit. ¶ ¶ I believe in the eternity, the immortality and the continuity of the individual soul, forever and ever expanding. ¶ ¶ I believe that the Kingdom of Heaven is within myself and that I experience this Kingdom to the degree that I become conscious of It. ¶ I believe the ultimate goal of life to be a complete emancipation from all discord of every nature, and that this goal is sure to be attained by all. ¶ I believe in the unity of all life, that the Highest God and the innermost God is one God. ¶ ¶ I believe that God is personal to all who feel this Indwelling Presence. ¶ ¶ I believe in the direct revelation of Truth through the intuitive and spiritual nature of man, and that any man may become a revelator of Truth who lives in close contact with the Indwelling God. ¶ I believe that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God; and that I am surrounded by this Creative Mind which receives the direct impress of my thought and acts upon it. ¶ ¶ I believe in the healing of the sick through the power of this Mind. ¶ ¶ I believe in the control of conditions through the power of this Mind. ¶ I believe in the Eternal Goodness, the Eternal Loving-Kindness and the Eternal Givingness of Life to all. ¶ ¶ I believe in my own soul, my own spirit and my own destiny; for I understand that the life of man is God.

