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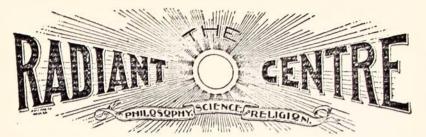
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EDITORIAL NOTES.

OUNT ALBERT DE SARAK, Doctor of Medicine and General Inspector of the Supreme Esoteric Council of Thibet, has been in Washington for some months, and it has been my privilege to meet him, to know something of his teachings and witness his marvelous power over matter.

Matter is not matter, says the learned Doctor in his exposition of the Occult. Matter is not matter, but merely an aggregation of whirling molecules, which seen under a strong glass, do not touch each other, are simply held in close relation by a current of attraction, and are easily separated when the current is crossed or broken.

Of course we know this in a way, but did we realize it fully we should be better able to understand the manner in which Dr. de Sarak disintegrates matter and reintegrates it at will.

Given time and the necessary mechanical appliance one can disintegrate the hardest substance known, and it is said that travelers with their little hammers have even brought away fragments of the Sphinx, notwithstanding its enormous power of cohesion.

But to see Dr. de Sarak without mechanical aid, and in the twinkling of an eye, perform some of his wonderful experiments, simply by the power of thought, is something far beyond anything in the usual manipulation of matter as known to scientists in general.

To give you an idea of the manner in which Dr. de Sarak transcends

the laws of mechanics I will introduce a clipping from the Washington Post, and append to it some comments of my own:

"Dr. A. de Sarak, occultist and adept, a professor of the mystic and the sixth sense, gave a demonstration last night before a Washington audience. Several hundred persons gathered in the beautiful assembly hall of the House of the Temple of the Supreme Council, Southern Jurisdiction, 433 Third street, last evening, to witness his weird exhibitions of occult powers. A large number of members of Congress were in the audience, and the Eastern sorcerer was introduced to the assemblage by Grand Commander Richardson. After three hours spent in the presence of the East Indian, the audience filed out with apparently something to think about and ponder.

"Prof. Sarak, while master of fourteen languages, does not speak fluently the English language. Last evening he spoke in French, and a very charming young woman, also an adept, but of English birth, acted as his interpreter. The Easterner, a man of medium height, was attired in a gorgeous gown of white silk, across the breast of which hung certain mystic emblems of gold and silver. A loose, pale-yellow robe covered this garment during most of the evening. He wore a white turban. The adept wears a pointed black beard which, with large, languid brown eyes, gave fully the effect that one expects in a student of the mystic schools of Thibet.

"The interpreter stated that Prof. de Sarak was born in Thibet and was descended from a noble French family. He had devoted his life, she said, to the study of the occult, first in the Thibetan schools and later with the ascetics hidden in the mountains. He has visited almost every country on the globe, spreading the occult science, which, she declared, some time would bring a rich harvest to all mankind.

"As the professor finished his rapidly spoken French sentences the young woman translated them to the hearers. Dr. de Sarak described the sixth sense in man, saying that it was second-sight, a latent and undeveloped force. He said he merely wished to present the facts of his religion. He explained the wonderful fluid force that existed. He said it is the force that raised the huge stones in building the pyramids and is the same force that brings the bird from the egg, the force which gives man the power of rising as if filled with a buoyant gas, a power which can be concentrated in a tube. He stated that occultism was absolutely nothing but the powers of the will.

"'It is nothing supernatural,' the doctor said, 'but is merely the hastening of nature's work.'

"A small table stood by a leather chair, and on this burned a tiny candle from the mouth of a brazen asp. The professor stood over the table and busied himself with a pungent incense in an odd burner. A glass plate, with a number of fish eggs, was shown and examined. A large glass bowl was filled with water, and one of the members of the audience was told to carefully brush the eggs into the water. In the meantime three men from the audience had with strong ropes securely bound the hands of the adept behind his back as he sat in the chair. Broad, clean, white cloths were wrapped about the seated figure, leaving the head free, and the three men selected held these cloths in place. Music rolled from a deep organ, and the head of the adept sank back and a strange light appeared to cross his face. According to the directions of the interpreter the bowl of water containing the fish eggs was placed by one of the three beneath the cloths and on the lap of the adept.

"After a period of straining and soft moaning from the white-wrapped figure, for perhaps ten minutes, the cloths were removed, and from the lap of the apparently insensible man was lifted the bowl of water, but instead of the eggs which it contained a few moments before there swam about dozens of tiny, newly-born fish.

"Dr. Sarak was then blindfolded with a half dozen bandages pressing against absorbent cotton, which rested before the eyes. For a while he remained in his chair, while the vibrating tones of an organ filled the room. Then the adept suddenly arose and walked surely and steadily down the room, turning into narrow aisles through the audience as safely as a man might who had his sight. This experiment was to demonstrate double vision at a distance and through opaque bodies. A blank canvas stood on an easel near the adept. Apparently in a trance, he walked to the easel, mixed colors, and in ten minutes a finished picture was the result. A game of dominos was played with a member of the audience, and previous to the beginning of the game the doctor wrote something on a bit of card and his assistant handed it to some one in the audience to keep. Blindfolded and standing, the adept played the game perfectly, and at the conclusion the card was found to contain the numbers of the last two dominos played by both the adept and his opponent.

"Experiments were given at the close in the disintegration and restoration of matter and of psychic perception, in which he aroused the wondering admiration of the audience."

The Post does not give the names of the gentlemen who tied the hands of Dr. de Sarak, placed the cloths about him, and were close enough to detect anything like fraud in the generation of the fish. They were all three members of Congress, being the Hon. J. H. Bromwell, of Ohio; the Hon. William A. Jones, of Virginia, and the Hon. William S. Cowherd, of Missouri.

THE RADIANT CENTRE.

These gentlemen at the outset evidently regarded the affair as a huge joke and considered themselves party to a sleight of hand exhibition. The member from Missouri was particularly jocular, and when asked by the interpreter if he understood French responded in facetious parenthesis (Missouri French). Meantime Dr. de Sarak preserved his gentle dignity and proceeded to give evidences of his power, while the look of amusement on the faces of the honorable gentlemen, acting as his assistants, gave way to an expression of serious regard, and this in turn merged into manifest astonishment.

It takes a good deal, as you may imagine, to daze a member of Congress, but these gentlemen were evidently puzzled, to say the least.

Being of a mystical turn myself, the occasion seemed one of solemn moment and I felt as one might have done at a celebration of the Eleusinian Mysteries. I seemed verily to stand before that greatest of mysteries, called by Emerson the Secret of the World, there where Being passes into Appearance and Unity into Variety.

When the tiny fish spawn was brushed into the bowl of water by Grand Commander Richardson the moment was intense, and when, soon after, the bowl containing the living fish was passed around for inspection the soul of the audience seemed to resolve itself into one vast exclamation point.

With the exception of one man who during the entire evening never once changed his supercilious front. He came with an a priori smile of intolerance and left with an a posteriori increase of the same. In fact the smile had expanded to a grin and the distrustful eyes had a cynical leer most unpleasant to contemplate.

Poor fellow! How could be help it? He is simply living his life and passing through the brute stage of that ignorance which rends the flesh of martyrs and sheds their innocent blood. So again I say, Poor fellow!

Nevertheless, it was a relief to look away from him to Dr. de Sarak, whose face is so beautiful in its disciplined lines and psychic illumination.

It was a fine audience, and a most intelligent one (with the exception mentioned) being composed largely of Senators, Congressmen and Masons, with their families and friends, all bearing the hall marks of learning and culture.

THE RADIANT CENTRE.

Grand Commander Richardson, who so ably conducted the exercises of the evening, was the subject of much favorable comment among the observing ones, who were pleased to note his superior bearing, calm dignity and perfect poise.

Before Dr. de Sarak takes his departure from Washington I hope to witness two very interesting experiments, one being the shattering of a pane of glass by pronouncing the words, "Forward, ever forward," and the other the instantaneous production of vegetation from the seed.

These and similar experiments must be of deepest import to all interested in acquiring the power of thought requisite to the expulsion of disease and the building of new and healthy tissue in the body.

If a pane of glass can thus be shattered or disintegrated by the force of thought, why can not any abnormal development in the body be dispelled by the same means?

Or if seed can be made to spring up into vegetation during the lapse of a few moments, why can not new cellular tissue be formed as quickly in the human organism?

It can, of course.

We are doing all this now, but slowly, too slowly, by far. With greater concentration of thought we shall do it more quickly in the very near future. "Forward, ever forward."

Opinion of the Press of Different Nations on the Work in the Psychic Field of the Oriental Propagandist, Dr. A. de Sarak. (We publish here only a few extracts from his albums.)

La Figaro de Paris, October, 1885.

The press was invited yesterday by a committee of scientists to the Folies Bergères at 2 p. m. to be present at some most extraordinary and altogether novel experiments in Magnetism and Fascination. A subject, asleep under the influence of the suggestion of the Thibetan Occultist Comte de Das, penctrated with him into a cage where were seven lions. Doctor de Sarak, the magnetizer, succeeded in producing in his subject, the beautiful and intelligent Mlle. Lucie X * * * all the hypnotic states, from ecstasy with the most unstable attitudes, to most terrible catalepsy with contraction of all the muscles and deathlike rigidity.

Then she was placed by the Comte de Das horizontally, feet and head resting on two stools, and the lions, lashed by the trainer Giacometti, passed backwards and forwards on this human bridge with uneasy roars and with prodigious bounds.

Then, all at once, Dr. de Sarak, making use of that Occult Force of which he spoke to us in his lecture at the Salle des Capucines, threw the seven lions into a state of fascination, so profound that they fell to the ground like corpses, led Mlle. Lucie out of the cage and awakened her amid the applause of all the distinguished guests who had assembled to witness the experiment.

We congratulate the learned Occultist on the well-deserved triumph he has gained at the risk of his life, and we look forward to his approaching Conference at the Salle de la Sorbonne, when we shall speak again of this indefatigable propagandist of Occult Science, who is the one topic of conversation in our Scientific World to-day.

La Revue des Sciences Psychiques de Paris

Savs, 7 November, 1885, in a long article on Magnetism, Occultism and Magie: "The comparative studies which have been made of late years on scientific subjects of extreme delicacy and the diverse criticisms to which these dissertations have given rise, have led our most renowned scientists, as well as a chosen and intelligent public, to be present at the Scientific demonstrations of Occultism made by the learned Doctor, Count Sarak de Das in the Grande Salle de la Sorbonne.

The illustrious Thibetan began by pointing out, with eloquence and the conviction which comes of faith, the utility of the study of the Occult Sciences in all branches of Social life.

He passed in rapid review Magnetism, Hypnotism, Magic, Kabbala, Esoterism, and proved that, from all ages and in all nations, these sciences have been transmitted from generation to generation, in spite of the obstacles and sufferings created by envy and by ignorance.

Saint-Germain, Hermes, Paracelsus, Jontin de Florence, Mesmer, Puvsegur and all this mass of men of genius and veritable Magi, have been, like the Count of Cagliostro, treated as charlatans.

In pretty good French for a foreigner he raised us into the higher spheres of intelligence and of feeling, and he had moments of true enthusiasm!

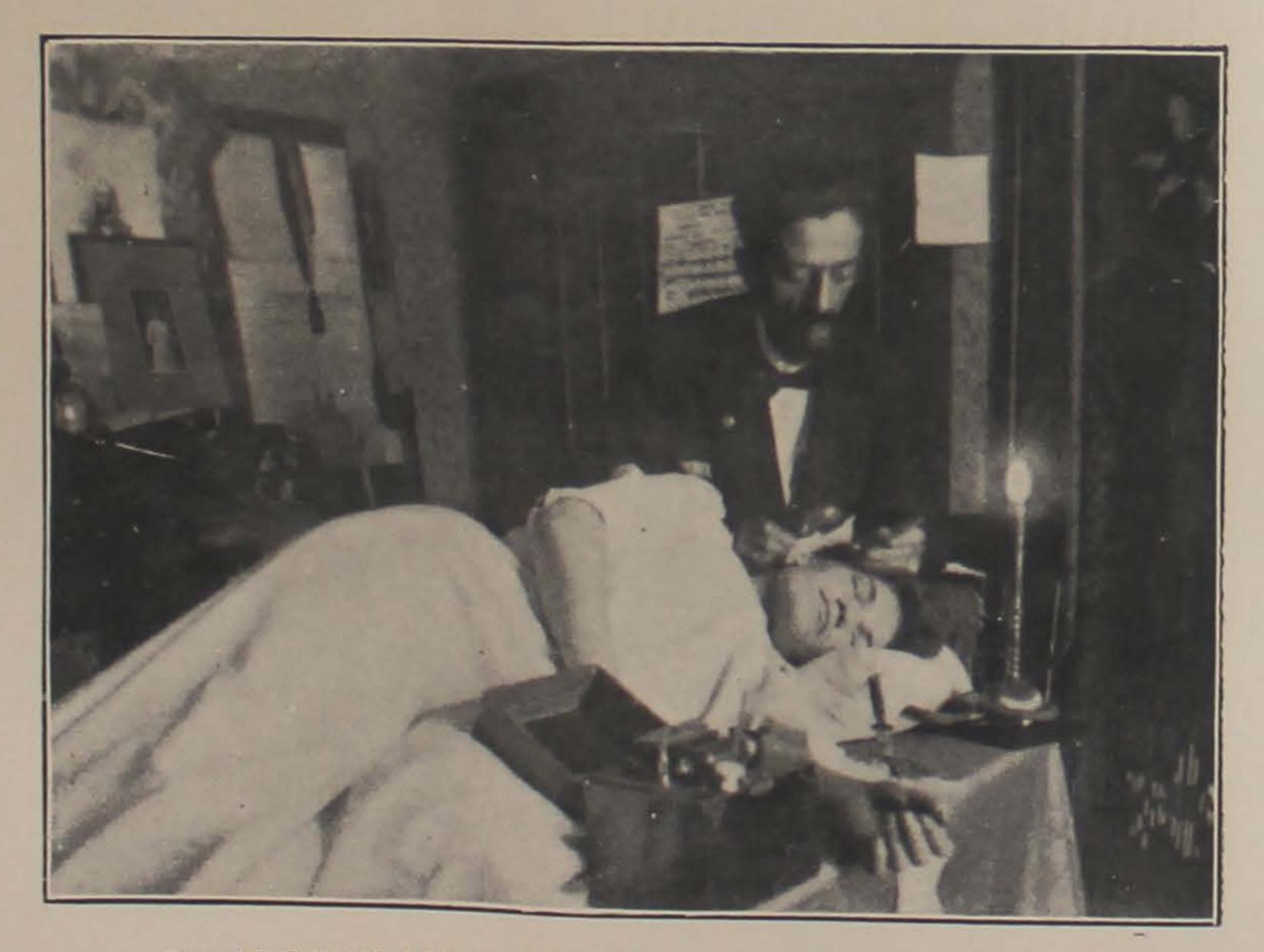
His lecture lasted nearly an hour and was interrupted several times by hearty applause. Then the Count de Sarak passed to the experimental part.

To demonstrate the vibratory force of thought he showed us a very transparent sheet of crystal glass, which had been minutely examined by the doctors Bine, Fere and Dumontpallier, who declared that it was a pane of glass such as is used for carriage windows.

The Prince of Lorignans held the glass in his hands as high as his



DR. A. DE SARAK, ORIENTAL SCIENTIST.



DR DE SARAK AND THE MEDIUM IN HYPNOTIC EXPERIENCE "SUSPENSION OF LIFE."





DR. A. DE SARAK, ORIENTAL SCIENTIST.



DR DE SARAK AND THE MEDIUM IN HYPNOTIC EXPERIENCE "SUSPENSION OF LIFE."

head, so that every one could see it—and he is a personage sufficiently well known to be above all suspicion.

The Count then expressed himself more or less in these terms—"Gentlemen, here, in this very city, a hundred years ago, a man, generally considered as a charlatan, but in reality a 'Mage' who had learned many things in the East—here in Paris, at the Palais Royal de Tuilleries, before the Court of Louis XVI, made this same experiment for the first time; to the stupefaction of all present, he shivered a mirror of the Queen, Marie Antoinette, by the effort of his thought alone! * * and this man died later in the Chateau Saint-Ange at Rome, a victim to the Inquisition !—

To-day in this age of progress, we do not think of the Inquisition, but men suffer martyrdom by calumny and discredit, however it is of little consequence—'Forward, ever forward'—and the instant he pronounced these words with all the energy of the soul which shines in his eyes, the glass which the Prince of Lorignans held in his hands split in several pieces! * *

This experiment produced a great impression on the audience and there were several moments of profound silence, more eloquent than many bravos.

"Let us pass to another class of facts!" said the Mage, "here is a serpent, I will throw it into a state of catalepsy and in a few moments I will make of it a veritable rod! It is not in rubber, look well! * *" And the enormous serpent, nearly four metres long, which had glided from its cage where it had lain swathed in woolen coverings, began to uncoil with agility and strength, raising its head almost as high as the grand lamp of the tribune.

The ladies were afraid but M. Gaboriau approached the doctor and touched the serpent as if to convince himself that he was not a victim of an illusion.

"Is it really a serpent?" asked the Count de Das with a sardonic smile. "Oh! yes, sir!" said our friend Gaboriau. "in flesh and bones!"

"In bones," replied the Count; "you mean in wood! Look at it." And already the serpent was rigid, motionless and hard as a piece of

chain-mail.

What had happened we do not know, but the Mage had in his hand a rod, a long rod with which he gave three raps on the table before the audience, every one of whom had risen to his feet.

Several doctors approached the Count and convinced themselves of the reality of the phenomenon.

A few magnetic passes recalled the serpent to life.

"Now, gentlemen," said the Count of Sarak, "I feel a little tired and wish to rest a few moments in another plane! * * Will you be kind enough to examine me carefully, lest some unbeliever should have slipped a machine into one of my pockets!"

The audience began to laugh, for at this moment, the Count had a look impossible to describe; there seemed to be in him two men, or rather another being besides the one we had seen before !---

Again our friend Gaboriau approached the Doctor and looked but found nothing in any of his pockets except a pocketbook in Russian leather, with the Count's Coat-of-arms and Coronet, which was laid on the table beside the jewels of the lecturer. The music played and all at once the sparkling cycs of the Doctor turned, the pupil had disappeared and the eye-lids were closed! Was he asleep?...Was he hypnotized?...Was he in cestasy! ...We do not know!The mysterious doors of Occultism are closed to us, that which we know and can affirm, that which we have seen, and not only we, but fourteen hundred persons bosides, is that his body, the whole body, rose in the air to a height of about two metres from the ground.

The Mage descended slowly, sneezed and awoke smiling!

Here is a description of this memorable session of the celebrated Yoguis; we can not form any judgment or enter into a field unknown to us but which lies in the domain of the marvellous.

The fact is that the phenomena are real, that the Count enjoyed a well-deserved triumph, which must have cost him many years of study and perhaps many privations and sacrifices, and that there is certainly something grand in this study of Occultism.

Time will prove, and progress will undertake the task of throwing more light on it—for we can say here with Goethe with good reason: "Light, more Light."

Journal de l'Academie.

(Moniteur des Belles Actions et Recompenses, January, 1886.)

Dr. A. de Sarak, Count de Das, has just received the title of member of the Scientific Academy (Southern Section) in recompense for his work in Psychology and Magnetism and as encouragement in his mission as propagandist for the good of suffering humanity. This is a well-merited distinction. We congratulate the learned Doctor.

Le Correspondencia de Madrid.

(March, 1888.)

At the invitation of the President of the Centre de l'Armee, we were present last evening at the scientific conference and experiments which the learned occultist, Count Sarak de Das, has given in this contre of southern nobility.

Although half past nine had been named as the hour for the conference, from seven o'clock onward there arrived so many families, all the generals and officers of high rank, the gentlemen of the Queen's household and the Ministers, that at nine o'clock it was impossible for us to penetrate into the immense salon, that of the ex-Empress of the French, widow of Napoleon III. Therefore we waited the arrival of the Queen and Court so as to try to reach the seats set aside for the press, which had been all appropriated.

At about ten o'clock the Royal March was heard, Her Majesty arrived and a few moments after the Count de Das entered the estrado, wearing the uniform of the Knights of Malta, his breast ablaze with decorations, and around his neck the cross of Commander of Isabella, which the Queen had given him a few days before. He mounted the tribune and pronounced, in good Spanish, a truly admirable achievement for a foreigner, a profound lecture on the study of Occult Scionce, which was interrupted many times by the brave of the Queen and the frenzied applause of the whole audience of about two thousand persons.

He now passed to the experimental part of the session, showing the power of thought transmitted to several subjects whom he hypnotized in a few seconds. These were: a woman, chloro-anaemic, cured by him, named Babbina Carreo; another patient also cured by the learned doctor, named Dolores Artis; Mile. Esperanza Pedraya of the clinic of Dr. Diaz, and a young man, an epileptic, from the General Hospital.

We cannot describe all the experiments, one more astonishing than another, which the Thibetan occultist made! We are afraid we might make an error, but in resume it was really prodigious; he succeeded in doing all that he wanted, whatever any one asked for. The Count of Das transported us into another world, far superior to our poor earth and showed us miracles, prodigies. He was applauded with enthusiasm and the General President of the Centre de PArmee presented him with a handsome diploma of Honorable Membership and the Queen with a gold medal.

The lateness of the hour obliges us to close for to-day. We shall speak again of this memorable session.

'O Commercio de Portugal.

(Lisbon, Portugal, 24th October, 1888.)

OCCULTISM AND HYPNOTISM.

Splendid was the session given by the eminent klinik and occultist, Dr. Sarak, Comte de Das, honorary physician to the Royal Family of Spain, in the Orand Salon "da Trinidade." The learned doctor has been staying a few days at Lisbon, where he has been the object of the visits of the most eminent of our men of science.

The late hour when the session was over prevents our giving a full account of it, as we will do in the Sunday number. We can only say that the experiments in magnetism and transmission of thought were truly surprising, and the select society and all our physicians who were present applauded most heartily.

His Majesty D. Luiz I, who was present at the session, shook hands effusively with the Count, and, taking from his buttonhole the ensign of the Royal Order of Crish, presented it to him. The experiments of clairvoyance, telepathy and of disintegration were miraculous and we can not understand them.

A jury of physicians approached Dr. do Sarak and, congratulating him, welcomed him as a new honorary member! They were Drs. May, Figueira, Hirsch, Ordas, Mascarenhas, Oliveira, Sousa, Machado and Lopes.

We congratulate through our columns the eminent doctor who has come among us, bringing us a ray of the science of the twentieth century.

THE RADIANT CENTRE.

"El National" de Madrid.

(March, 1889.)

THE COUNT OF DAS.

Ite has returned after a year's travel among us. He has had the greatest triumphs in all the principal towns of Spain and Portugal. Yesterday, in the session at the Medical Hypnotherapic Institute, he was appointed Director for the current year.

We congratulate him sincerely.

"La France" de Paris.

(February 27th, 1890.)

Returning from Russia, where he has had a great success, the learned Thibetan Occultist, Dr. de Sarak (who four or five years ago showed us so many marvels of the occult world), is here for a few days on his way to Italy. His friends and admirers gave him a banquet of thirtyone covers last evening, at the Hotel Continental.

The Baroness de Clorcy and the Duchess de Pomar made eloquent addresses, to which the Count replied with surprising inspiration. Afterwards, taking up a glass of champagne, he showed through the liquid the images of several absent persons, of whom their friends were thinking. This caused stupefaction among those present and there was great excitement.

All at once, in full view of every one, the champagne entirely disappeared from the glass, as if by enchantment.

What had happened? The science of the future will tell.

Notice-Very Important.

To all whom it may concern and to all those who wish to study the Sacred Science of India.

The Delegation General of the Supreme Esoteric Council of Thibet, duly suthorized, makes an appeal to men of learning and to those interested in psychological questions, to unite fraternally and live in comnunity, following the study of Occult Oriental Science under the direction of an Esoteric Thibetan Initiate. The studies will be in three languages: Sanscrit, English and French.

Books and themes will be published by the press of the Centre in three languages: English, French and Spanish.

At an opportune time, after having assembled a sufficient number of adherent members, well-disposed and devoted to the Great Cause, a boat will be chartered and reserved exclusively for the use of the active members and the Delegates or members of other countries, to make a voyage to the countries of India lasting about three years.

The persons desirous of joining us may address their application to the General Headquarters at 1423 Chapin St., Washington, D. C., throughout all the month of April, after which the list of adherent members will be closed.

By order of

SEC. GEN. S. WILL.

Mental Healing Made Plain.

By Kate Atkinson Boehme.

Lesson XI.

HAVE witnessed enough in genuine occult phenomena to convince me beyond a doubt of a Supreme Force which can manipulate socalled matter in an infinitude of ways as yet unknown to man. The immortal, indestructible and all-powerful spirit which builds for itself these bodies of ours, is looking to it that these bodies shall be remodeled, beautified, cleansed and made plastic to the motions of that Spirit which is in itself Joy, Health, Perfection, Wholeness, Harmony, Beauty, Strength and in fact all, even more than our present ideals can compass. We sight but dimly the glory that is to be revealed in us, and yet that vision, faint though it be, is sufficient to call us onward, ever onward in the path of realization.

Does that path look long and hard and dreary to the disease racked and the heavy laden? Ah, yes, it must, but trust me, beloved, it is shorter, easier and happier than you think. The World-Illusion is holding your eyes that you can not see, holding your feet that you can not walk, holding your hands that you can not do.

You are self-hypnotized by this Illusion while the Truth stands waiting to make you free.

I wish you could have witnessed with me some wonderful experiments in the integration and disintegration of matter, made by Dr. de Sarak, an Adept from Thibet, for then you would understand better upon what I base my hope for humanity and you would know with me that a self-hypnotic spell is binding man's atoms into the form of weakness and disease. With that lifted, the Spirit would instantly shape all to its own true, healthful and beautiful pattern.

The Spirit can break this spell if you will trust it, and you can, for it is Love, and you can always trust Love.

Go into the Silence and ask the Spirit to remove this spell which is binding you. The Spirit is Intelligence itself and it will hear. It is Love itself and it will respond to your appeal.

Relax your entire body and say—I now drop all my beliefs concerning myself and my present condition. I am plastic to the motion of the Spirit. Let it mould me as it will.

Your first effort in this direction may not count for much, but it will count for something, for it will begin to loosen your bonds and persistent effort will free you entirely.

No one can claim more of the power of the Spirit than you can, although some may have called more of it into expression, and those who have can help you by the touch of their mental and spiritual vibration.

As I said in a previous lesson—You are acted upon from without. You are touched by other beings and by circumstance. This serves to call forth the Spirit that is within you. Others do not give you the Spirit, for it is not theirs to give, since it is free to all. It is yours and theirs as well. If I go to your house and ring your bell it is a summons for you to present yourself, and you do so if you are at home and wish to see me.

The Spirit is always at home and it always wishes to present itself. It is always pushing toward expression.

Some people make you feel more alive. Do you know why that is? They have the subtle power of calling forth the Spirit from within you. Those are the people for you to seek. They do you good and help you on toward health and happiness. This does not mean that you are to lean on others or that others are to live your life for you. It only means that life is reciprocal and that no man liveth unto himself alone.

Those who think and talk most learnedly are not usually those who can help you most. It is those who have suffered as you are suffering, those who can feel deeply, those who can sympathize with you, those who send you the beneficent current of their love, those who with the eyes of true wisdom see your way out of all this suffering, that can give you powerful aid.

I receive many complaints from people who have studied Mental Healing for years and who have accomplished nothing. Upon investigation I generally find that such people are busying themselves with a lot of non-essentials. They are possibly trying to determine whether reincarnation be true, or discriminating between such terms as Soul and Spirit, or Spirit and Being, or Being and Non-Being, and while the intellect is abnormally active, health and happiness are at a low ebb within them.

In fact the mind may busy itself in this way forever and be no nearer the truth it is really seeking for the generation of more and happier life. I know this from my own experience, when for years I wandered about among details without grasping a central truth about which to organize a new life. I once thought I must be able to distinguish every element upon the astral plane before I could create upon that plane, but I know now that all this differentiation is not essential, the main thing being to get into rapport with the Spirit, to realize your oneness with it, and to feel it flowing through you to will and to do. This is happiness in itself. This is health in itself.

It is health and happiness ever increasing, and this once established, then you can differentiate if you will, then you can study life's problems at your leisure, for underneath and supporting your mind there is a solid basis on which you rest, a fulcrum upon which to place your lever.

As Dr. de Sarak observed with great wisdom—"It makes no difference whether you call the Supreme Power by the name of Brahma, Zeus or God, to realize its Oneness is the first step in Occultism."

It is also the first step on the path to health of mind and body, for that is a path in Occultism, since the way is hidden and only to be revealed to him who seeks an alliance with occult force.

The fusion of the personal will with the will of the Spirit is also a step. It is the letting go of a lesser power to grasp a greater. The mistake of many is to suppose that it leads to deprivation and pain. On the contrary it leads away from both and brings one to the fulness of peace and health. It is several years since I reached the place in my unfoldment where I could say from the depths of my being—My will shall henceforth be one with the will of the Spirit and I will know no other leading.

That instantly brought me Peace. Not stagnation, not inaction, but Peace which means an activity based upon and proceeding from an underlying state of repose and harmony.

I will now draw these lessons to a close, not that I have uttered my last word on the subject, but because I have said enough to make the series complete.

In "Mental Healing Made Plain" I have endeavored to show you a short cut to that which you desire to attain, rather than to point out the way in detail, and in doing this, dear readers, my heart and soul is with you. May you find and realize in its fulness,

"THE BLESSED LIFE."

(The End.)

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A very interesting book has been written by Agnes E. Marsland, Secretary and Interpreter to Dr. de Sarak. It is called "Occult Science" and is an exposition in brief of the same. It also gives an account of Dr. de Sarak's exploits in Occultism, contains photographs of himself and his secretary and should be in the hands of every student of the Occult. The book is published by authority of the Supreme Council of the Masters of Thibet and can be obtained by writing to the office of THE RADIANT CENTRE. Price of book 50 cents.

The experiences with Pierre Kecler promised for this issue will be given in our next. They are held over for the accumulation of more data.

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Insist on yourself; never imitate. Your own gift can present every moment with the cumulative force of a whole life's cultivation; but of the adopted talent of another you have only an extemporaneous halfpossession. That which each can do best none but his Maker can teach him. No man yet knows what it is, nor can, till that person has exhibited it. Where is the master who could have taught Shakespeare? Where is the master who could have instructed Franklin, Washington, or Bacon, or Newton? Every great man is unique.—Emerson.

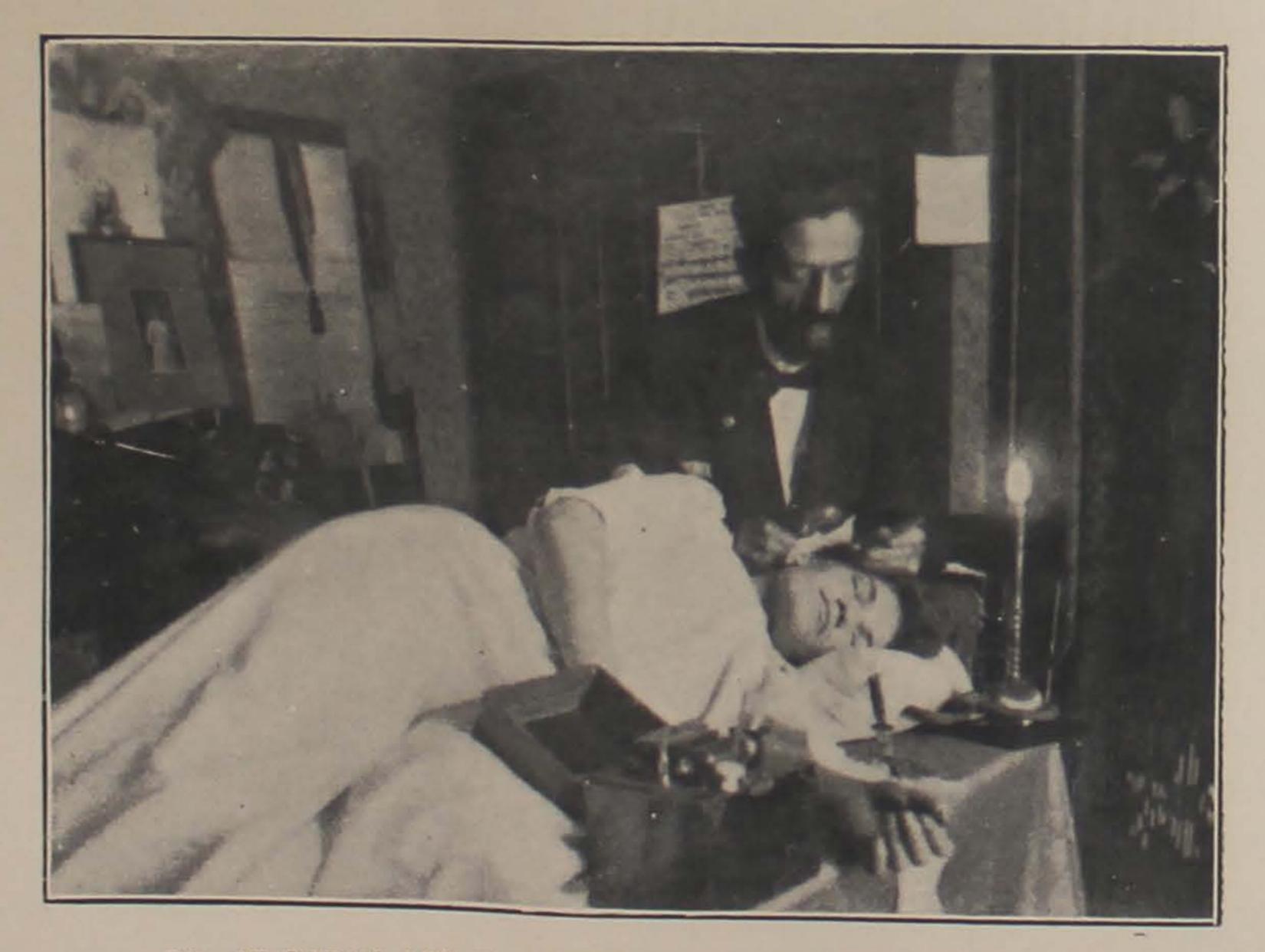
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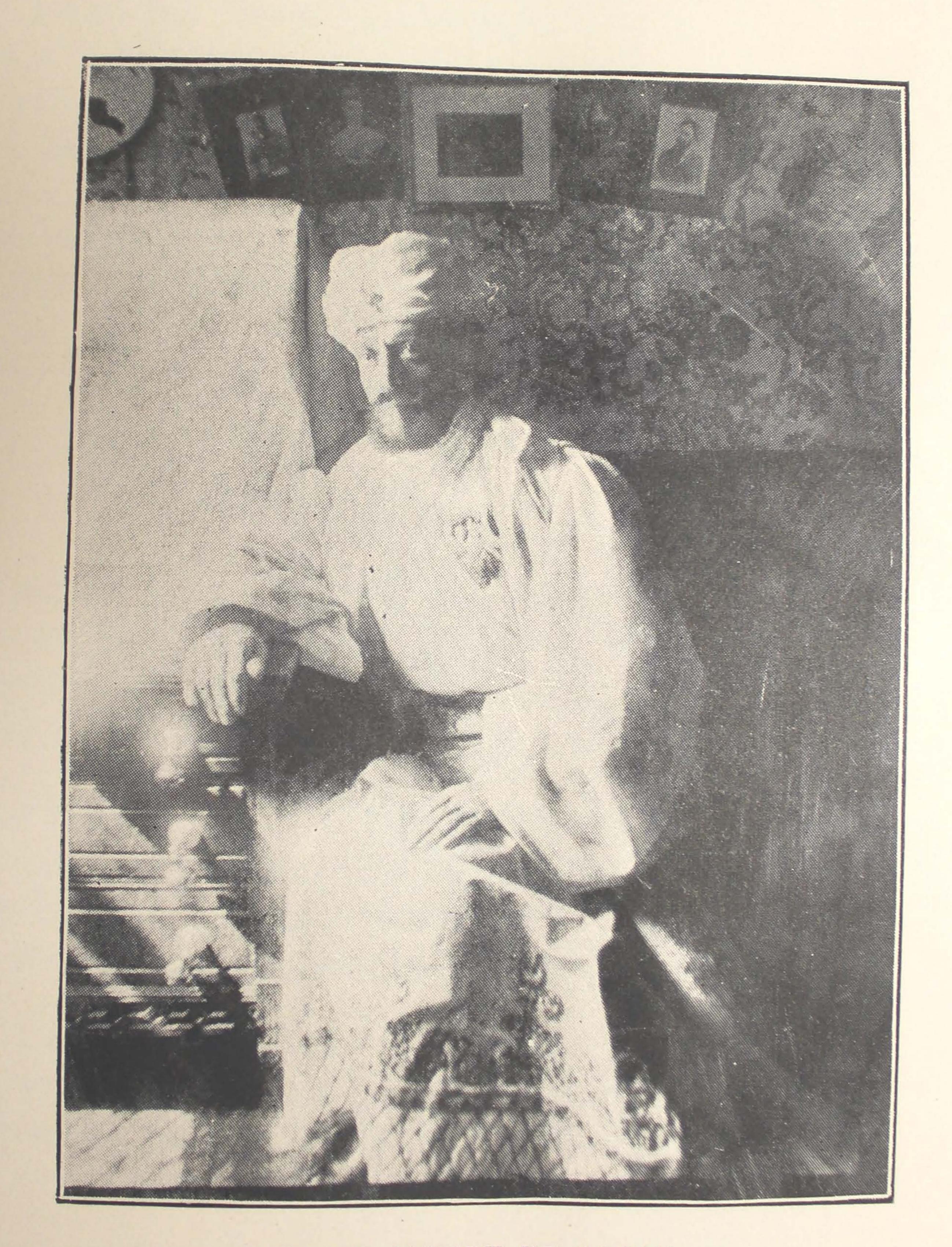






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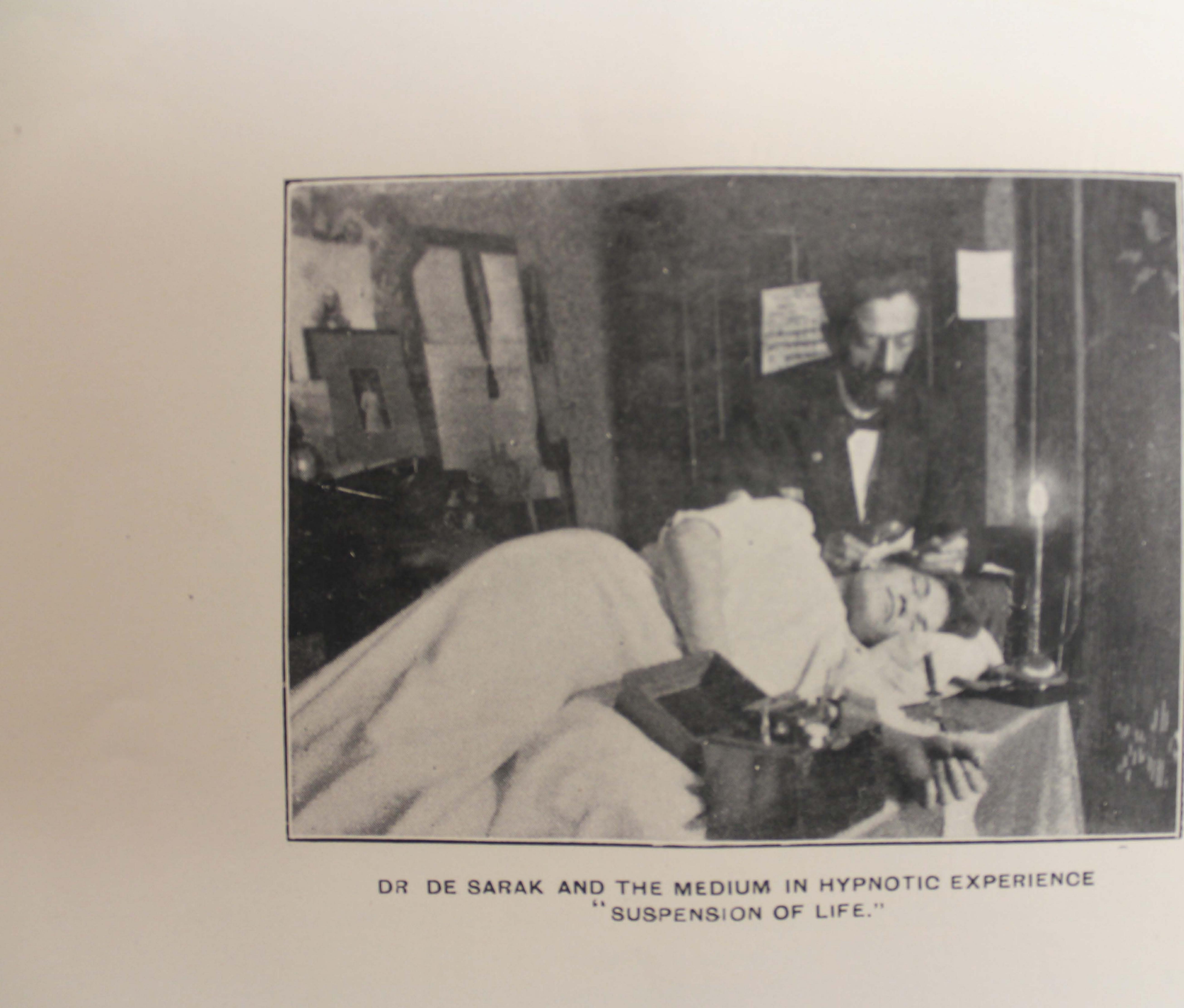


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Hassam's Proverb.

King Hassam, well beloved, was wont to say, When aught went wrong, or any labor failed: "To-morrow, friends, will be another day!" And in that faith he slept, and so prevailed.

Long live his proverb! While the world shall roll. To-morrow fresh shall rise from out the night And new-baptize the indomitable soul With courage for its never-ending fight.

No one, I say, is conquered till he yields; And yield he need not while, like mist from glass, God wipes the stain of life's old battle-fields From every morning that he brings to pass.

New day, new hope, new courage. Let this be, O soul, thy cheerful creed. What's yesterday, With all its shards and wrack and grief, to thee? Forget it, then—here lies the victor's way! —James Buckham, in the Christian Endeavor World.

In the Rubiyat, written by the great Persian poet and astronomer, Omar Khayyam, ages ago, we read:

> I sent my soul through the invisible, Some letter of the after-life to spell; And by and by my soul returned to me, And answered, "I myself am heaven and hell."

Notes on Experimental Philosophy.

The last number of the Jahrbucher fur wissenschaftliche Botanik contains an article by Hans Winkler describing a series of investigations carried on in the famous zoological laboratory at Naples which are not only interesting in themselves, but have an important bearing on the laws of development of form and function in plants and animals.

However complex the structure of a plant or an animal may be, all its organs have been differentiated from a mass of protoplasm apparently alike throughout. What causes one portion to become a hand and another an eye, or one part of a protoplasmic mass to become a root and another part exactly like it to become a stem, is a mystery. Is there some inherent property by which a certain definite area becomes an eye or a hand, or are the rudiments of eyes and hands or roots and stems distributed equally in all parts of this mass, and is one or the other called into form in response to external forces acting upon it? Can different organs be developed by varying the forces to which the protoplasmic mass is exposed?

We do not know whether fish-eggs and frog-eggs are by nature spherical, or whether it is because this is the form of least resistance against the water which presses against them on all sides. Crystals take many shapes in response to purely mechanical laws. To what extent do the same forces operate in organic life?

The experiments described were made upon a flowerless aquatic plant that grows normally with its roots in the sand and its leaves in the water.

How Plant Growth May Be Influenced.

Plants having roots and stems already developed were placed upside down, with leaves buried in the sand and roots floating in the water in strong light. The roots changed to stems and leaves, while the parts buried in the sand became roots. Plants with all leaf-parts removed recovered and grew like normal ones when planted upside down in the sand. From other plants the roots were cut off and the leaves buried in the sand, leaving only the end of the stem projecting upwards and exposed to the light. In a few days most of them had produced a new stem, with leaves where the root was before. A portion of stem cut from either the root or leaf part of the plant formed a leaf-stem if exposed to the light, a rootlet if placed in the dark. A piece cut from the stem in the middle part of the plant, between the roots and the leaf parts, developed leaves at both ends when all parts were exposed equally to the light.

The force of gravity is one of the influences causing the downward growth of roots and upward growth of leaf-stems, it being possible to reverse the direction of growth experimentally by nullifying this force; but in these experiments the growth of root or leaf-stem was in direct response to the influence of light or darkness, and not in response to gravity.

Replacing of Lost Animal Organs.

The writer compares his work with experiments made upon some animal forms to determine their powers of regeneration. Under ordinary conditions a lost organ is replaced by one typically like it, a crab replacing a lost claw by another similar to it, or a worm developing a new head exactly like its old one, in case it has lost that organ; but it has been found that exceptions to this rule occur under changed conditions, and that a lost organ may be replaced by one typically different in both form and function under the influence of outside forces.

The hydra is an aquatic animal which has attained great prominence on account of its marvelous powers for maintaining its corporeal entity regardless of the loss of parts of its body, either from voracious enemies or experimenting scientists. In shape this animal resembles a short, thick tube, having at one end a mouth surmounted with a mass of petallike arms which serves for a head, and at the opposite end, in place of feet, a fibrous outgrowth that anchors it to the rocks. If the head gets nibbled off by marauders in the sea, the hydra rises to the occasion and produces a new one. If a portion taken from the body, between the head and the foot, is left floating free, so that all sides come in contact with the water, a head will develop at each end, instead of a head at one end and a foot at the other, as is usual when the hydra is in contact with some solid substance.

If one end of a portion cut in a similar way from the body was buried in the sand, the free end left exposed to the water developed a head, whether that part came from the head or foot portion of the hydra.

It has been found that crabs which have had their eyes removed will develop organs like antennae if placed in unusual relations to natural forces.

In some other animals, placed in a position opposed to the force of gravity, it was found that certain organs were arrested in their growth and then made to grow as other organs.—From The American Monthly Review of Reviews.

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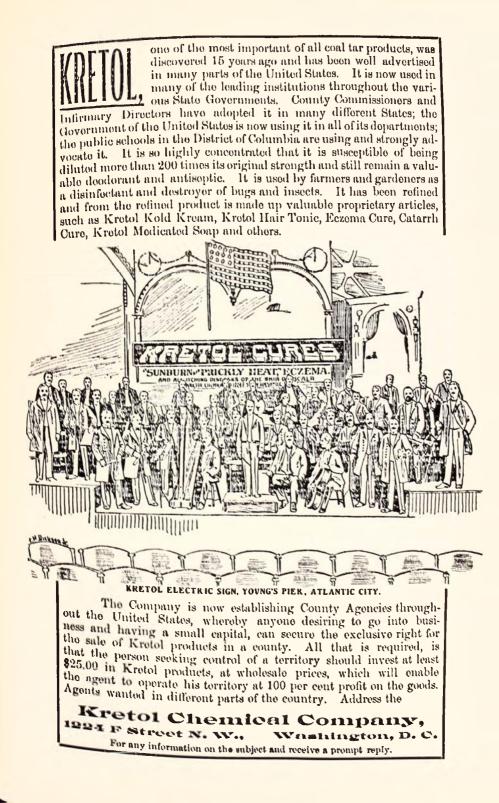
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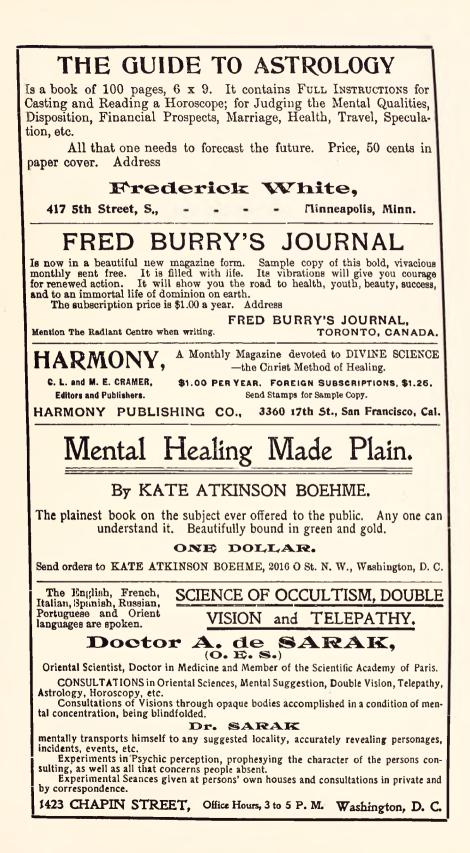
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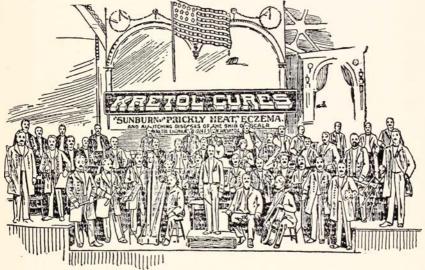
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