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Lily Dale, N. Y.
No. 1.

PSYCHIC TRUTH



MARCH
1920



Devoted to a Higher Understanding
of the Psychic Laws of Nature.

Price 25c.

"AND THE TRUTH SHALL MAKE YOU FREE"

PSYCHIC TRUTH

March, 1920

Vol. 1.

LILY DALE, N. Y.

No. 1.

In presenting this Magazine to the public, we do so for the purpose of furnishing our Members and Auxiliary Societies with an official organ of their own, whereby they may be informed of the propaganda work going on in the different Societies of the National Association of Free Psychics. Giving them a chance to advertise and become acquainted with each other through its columns.

And we hope from time to time, to present to the public articles from the pen of different writers on Philosophy and Psychic phenomena, as well as New Thought, and all educational and progressive subjects.

Slowly comes ethereal wisdom,
Wafted from the unseen shore;
Where the sweet acclaim of angels,
Sing the prelude, o'er and o'er.
And the anthem, louder, clearer,
Floats in melody sublime;
'Till responsive mortals, catch—
And ring it down the grooves of time.

PSYCHIC TRUTH

MOTHER NATURE AND FATHER TIME

—by—

S. J. Richardson

Mother Nature and Father Time,
Are working wonders, they are very kind;
They fan the forest with the breeze,
And trim the dead limbs from the trees;
They have carved the mountains and valleys too
And made it possible here for you,
To live upon a plane designed
By Mother Nature and Father Time.

And as time rolls on and speeds away,
Mother Nature will have her say;
And bring from the tomb of dark despair.
A world of joy, just over there.
Where you and I and all will live,
For Mother Nature, freely gives;
In various forms life is designed
By Mother Nature, and Father Time.

And through the evolution of the soul,
Which Mother Nature does control,
We'll evolve out into a higher sphere,
And meet our friends, gone from here.
And on and on, through realms designed
By Mother Nature and Father Time,
The spirit it will speed away,
Through all the years of eternity.

For that's a law beyond control
Of any sect, or creed, or gold;
It's a universal law designed
By Mother Nature and Father Time.
And time will lead you all this way,
Beyond the vestige of this mortal clay;
Where Mother Nature and Father Time,
Will fold you in their arms sublime.

THE POWER OF THOUGHT

—by—

Merle Ashe Atwood

The power of thought is a subject which merits our deepest consideration. Ralph Waldo Trine says: The fact that thoughts are forces, and that through them we have creative power, is one of the most vital facts of the universe, the most vital fact of man's being.

When we realize that we limit ourselves by our thoughts, and by our thoughts alone, then perhaps we will awake to the consciousness of this wonderful power within, and learn how to direct it into the proper channel, so the thought force we send out will be constructive instead of destructive. For we have learned that there are two kinds of thought force which we are consciously or unconsciously sending out, one the positive or constructive force, the other negative or destructive.

In order to think properly or constructively, we must first learn what kind of thoughts these two forces are composed of, or generated from. Now constructive thinking is all thinking that is based on harmony, such as thoughts of Love, Peace, Health and Goodwill. Destructive thinking is the reverse of harmony, as thoughts of Hate, Greed, Selfishness and Desire.

"As a man thinketh in his heart, so is he," is an old and true saying. And we must also remember that "we are continually attracting to us from both the seen and unseen side of life, forces and conditions most akin to those of our thoughts." For like attracts like. So if we send out thoughts of love, we will attract love to us. But if we send out hate, we will receive it instead of love.

Ella Wheeler Wilcox, in one of her beautiful poems says:

You never can tell what your thoughts will do,
In bringing you hate or love;
For thoughts are things, and their airy wings,
Are as swift as a carrier dove.

They follow the law of the universal,
Each thing must create its kind,
They spend *not* the truth, as being you lack
What must come out of your mind.

Thoughts may or may not be things, but they are the forerunners of events, or the force that generates action. No one may say that events are crystallized thoughts.

The deplorable conditions throughout the land today, are the result of the thought force that has been and is being sent out. It has reached the point where it must crystallize into action, hence the wars and rumors of war, the greed and lust which is running rampant *over* the land. But we are only reaping the harvest of our own sowing. "For what you sow in your thought world, that sooner or later, you will find objectified in your own life." And this law applies to the masses as well as to the individual.

When will we begin our *own* power? And realize we are master of our own destiny. "For within our self lies the cause of whatever enters into our life." To come into the full realization of our own power, through thought force, is to be able to condition our life in exact accord with what we would have it.

The Results of Higher Regeneration

It is an admitted fact that as the mental faculties become more and more developed, the sex appetite grows constantly less. It is strongest among those of the lowest intelligence. As the lower passions become more subdued, the forces formerly wasted are transformed into power, and not until then does man really begin to live.

Life takes on a different aspect than ever before. Your thoughts and aims are of a different nature. No longer content to live for yourself alone or to follow selfish aims, you become more altruistic and are ever ready to extend a helping hand to your fellow creatures. You become in rapport with your Creator, and seek to live in harmony with his laws. In fact, regener-

action means the weakening of the higher consciousness.

In the present age, he who has the opportunity to secure a higher education and does not take advantage of it, is regarded as unbecomable. The time is not far distant when he who is unable to control his lower appetites and passions will be regarded with equal disfavor.

We are learning to read more clearly the record which a man's habits of thought and life inscribe upon his features, for they surely and inevitably do. We can all, even now, recognize a brutal or dissipated nature. Even the nature of our land can be recognized in our faces. In time it will be easy to read our manner of evil thoughts or actions.

Nature's laws never err. Let us understand and interpret rightly that we may transform our lives and reap everlasting benefit. Many persons have the mistaken idea that in order to live the higher life they are required to give up everything that makes life worth living, and renounce all their accustomed pleasures. If these pleasures run contrary to natural law, this is true, for every thing we receive we have to make some sacrifice, but for every sacrifice we make we are generally rewarded. He who has once gained the experience of the higher life would never again return to the husk of his former living.

Only our own ignorance keeps us from advancing. The plant would not change place with an animal because it cannot realize that the animal is on a more advanced stage of being. Nor does the animal wish to be a man, because he in his turn cannot comprehend the advantage of the higher phase of life.

The savage would not think of giving ten, fifteen or even twenty years out of his life for the purpose of acquiring an education, not knowing how enormously his chances of success would be increased thereby. And the same rule holds true for men who hesitate to sacrifice their accustomed pleasures. To do so would seem to them to lose everything in life, but once the step is taken, and the higher life is experienced even in the slightest degree, they realize that what they had regarded as pleasures are but illusions of time and place, sensations as transient as the matter to which they belong.

In studying animals in their natural state, we find that they instinctively obey the laws of nature. Children, however, when

instructed, will often violate natural laws. This is not to be wondered at for children merely inherit race habits formed by generations of false living on the part of their ancestors. Actions repeated unnumbered times until they become second nature and are transmitted to the offspring, each generation intensifying the qualities received from the previous one by increased indulgence.

Because men are born with these tendencies, they are regarded as "natural" and, therefore, not to be overcome or laid aside, nor recognizing that they are false instincts grafted on the race and fostered by it. If a man does evil, or acts contrary to the law, not knowing that he does wrong, it cannot be judged in the same way as intentional wrong doing.

"St. Paul wrote." By knowledge, sin came into the world." Wrong has always existed, but not always been recognized.

It is only when we can truly discern the right that we become conscious of wrong. The more savage a man is, the fewer sins does he commit against his conscience, and up to a certain point the more civilized he becomes the more sinful.

With the savage, the conscience is instinct. They seldom do what they think is wrong, but the civilized man does this continually.

The primitive man did not consider it wrong to practice incest or murder those who were not of his own tribe. He did not violate his conscience, so we cannot say that he committed a sin. But the civilized man, who has had his intellect cultivated to such a high degree that he knows the will of the Creator, through his conscience should never sin.

Every person's life can be regenerated or transformed and lifted out of the material to the spiritual plane. But before this can be done, he must learn to overcome his animal passions.

Absolute purity of life is one of the essentials. Many people who have long pursued the study of occultism, wonder why they fail to advance. It is because they have failed to meet this fundamental requirement. The treasures of occult knowledge are opened only to those who are ready and have showed themselves worthy.

As the occultist advances along the path he will find that temptations of various kinds come to him. If he proves his strength by overcoming them, he is advanced a little farther,

Then more trials appear, and so on and on, and his development depends on the way in which he deals with them. Those who have read, "Brother of the Third Degree" and similar works, know something of the experience that an occultist is called upon to go through.

There is scarcely one in a million living in this country today who is ready to receive knowledge, the temptation of the senses is too strong for them. There are very few who can feel that they have lived up to their highest ideals, but there can be no doubt that our ideals are advancing. When we read of the customs of ancient times we realize that the world is growing better in spite of the corruption which still surrounds us.

We are beginning to awaken and realize the state of affairs and deplore and resent the evil. The ancients had no conception that their customs were wrong or unworthy. We can see the wrong. If we wish to come nearer to God, to grow more and more into his kindness, we must become regenerated, our evil tendencies must be transmuted into good. The animal nature must be subdued that the divine part of our nature may come into possession. When this has taken place, that which is base will no longer attract us, we will live for that which is good, holy and righteous.

By knowledge, Vice will be transformed into virtue. Let each man who realizes his responsibilities to himself and to the world around him, resolve from this day forth to make a sincere effort to live up to the best which is in him, to so live each day that when he lies down to rest at night and analyzes the activities of the day just ended he will find no wrong of which his conscience can accuse him.

The man who practices this daily analysis will inevitably be a purer and better man, for he will find so many mistakes of action force upon his attention, which otherwise he scarcely notices, that he must needs reform his attention, which otherwise he scarcely notices, that he must needs reform his actions in order to face the tribunal of his own conscience. Thus he will really be guided by his conscience and strive each day to live up to the best that is in him.

In taking leave of the reader, we pause to say that the subject is far from exhausted, nor would it be in many volumes, but

enough has been said to cover the intended scope of this writing to give instructions and warning as to the most flagrant offences against morality, and to point out their dire consequences to health, both mental and physical.

BOB ROMEO,

Through the Organism of Edward Barr.

A NEW YEAR'S REVERIE

Strange thoughts come drifting through the dusk,
Like tiny waves upon the shore,
They ripple memory's silent hush
With dreams and scenes long gone before.

Lost in the mazes of their charm,—
Their witching spell,—I close mine eyes,
And through a dim, blurred, misty veil
I see my long lost paradise.

Far off, the drooping spectre palms
Stir rhythmic with the whispering breeze
That sway the rose-tipped waxen flowers
To mingle with their fronded leaves.

An azure fountain, crystal clear,
Throws diamond spray from sapphire sea,
Whose waters afloat the phantom wreck
Of my dream ship, my argosy.

A gleam of moonlight rays her prow,
And quivers o'er a shadowy shrine;—
Elusive shape, held sacred still;
It holds the shattered hopes of mine.

MAY MORSE-BURKE.

PSYCHIC UNFOLDMENT

—by—

S. J. Richardson

Nature's Laws in all their different forms of mode and motion are Psychic in their enfoldment. Man to day is just beginning to realize the power within through a higher understanding of Psychic Law. He has discovered through the awakening of his own soul, that this Law belongs to the human race and is no respecter of person.

There are no special gifts bestowed upon the human family, all are equal in the eyes of the Law. A man may be physically stronger and better developed in any part of the body, or mentally unfolded more than his brother, but that does not denote a special gift, for nature only bestows what we have earned.

The Psychic power of man is an inherent principle of nature, the same as any other law, or principle, and is his to unfold and profit by. There is no principle in nature that man should not understand, and profit by the right understanding thereof.

Man is heir to all there is in the universe, and when he discovers he can use the Law, for the unfoldment of his own Psychic power and other forces within, then he will begin to realize there is no limitation or boundary line that the Psychic power of man can not penetrate when he works in harmony with the Laws of nature.

Man is limited only when he is ignorant of the Law, and the forces that surround him, Study the Law, and keep in pace with the wheels of evolution, and your Psychic unfoldment will bring you joy and comfort, and a realization of the wonderful power that lies within. Open the windows of your soul, and let in the sunshine of truth. Kindle your knowledge with the fires of inspiration, until it unlocks the door of mysticism of all life, then your whole being will be filled like a treasure house, and your aspirations will be fulfilled.

When man limits himself, he defeats the desire of his soul. Transform your thinking into constructive lines, that leads you

out and beyond the five senses. Break down the wall of doubt around you, and give your soul freedom. Recognize the sovereignty of self-hood, and your Psychic powers will unfold until they have solved the mysteries of the limitless universe; this is possible, for eternity is yours.

Man functions in the third dimension of space, but the fourth belongs to the soul, and is not governed by the knowledge of the five senses. Be fearless then in your desire for greater things, and the great Psychic Law of the universe will guide you on.

INTERCOMMUNION

A. B. P.

Humanity has ever been skeptical regarding the power of unseen individualized intelligence to communicate with mortals or the existence of a hidden force that will convey aid, power or comfort to incarnate individuals, and, if the advice or prophecy comes through a third intelligence, there is the ever present doubt regarding its accuracy.

If one unit of humanity can communicate with unseen intelligence why not the whole? Why are we not all musicians, artists or sculptors; why should one unit be able to voice into material expression such beautiful vibrations of sound; such idealized dreams of color; make the marble express an emotion that all can understand and admire; while another could neither produce nor appreciate any of that harmony or beauty?

The hidden force that creates and developes; the intelligence that aids, concentrates and directs defies analysis and dissections, but what it produces is tangible—its material expression a wonder and delight.

Humanity of one sort claims, declares and believes it is voicing a fact when they state no unseen intelligence ever approached to aid, encourage or warn of approaching dangers or pitfalls that may lie in the pathway they are treading.

Are you sure that such is the case? Did you ever lie down at night perplexed with some material problem that evaded your knowledge and awake in the morning with the correct solution stamped plainly and indelibly on your objective consciousness? Whence came the power to solve? Your knowledge and understanding?

Did some wiser, higher intelligence that mayhap engaged in that same vocation approach when your outer senses were locked in slumber and stamp on your subconscious self all you desired to know?

Were you ever warned of approaching danger, the reluctance to go a journey that brought you disaster and distress? In some of the important changes made during your earthly existence did some vision come to your sleeping brain that warned you plainly of sure and certain disaster, that you were about to take the wrong turning? Did you ever sense some sudden elation of spirits without any adequate reason and find long after some condition changed then that was destined to give you joy in the future? Did you ever look back and see what a tiny trifle turned the scales that brought you success? What was the force that controlled?

Many million of people believe in some Deity, some wise and good Intelligence that controls and governs; metes justice with rigid impartiality; gives the good and the evil alike their just due; can you explain through what channel, by what law that Deity works?

You all believe your friends and kindred retain their personality, their individuality, whether it be in some far away heaven removed from your ken, or whether they walk by your side until you answer the summons that calls you to their presence. Would they love you any less if they dwelt on the mountain top and you in the valley and would they not ever seek to benefit, encourage and aid.

If you doubted their existence in another realm and cavil at the thought of an intermediary, why not try to develop and strengthen your inner consciousness until it becomes sensitive to their touch? You are not a fraud yourself, you have all the senses allotted to humanity whether those senses are of material origin alone or not; you can develop your inner consciousness by

practice and training as you can increase the normal capacity of any material sense you possess; you can ask for aid in thought; you can sharpen your sense of receptivity; you can preserve a passive and impartial attitude and record what your subconscious self, your thinking entity expresses.

Use the old simple formula: "Try, try again," until success crowns your efforts. Surround yourself with the beauties of nature or have some sacred nook dedicated to that purpose. It can harm no one and will bring you only good, how great that good even without material evidence, you can never guess. Develop step by step; carve your footholds in the wall that leads upward, as you would struggle up the side of a material canyon, until you reach the plain above.

Be gentle and kindly; avoid censure to another; never seek to wound; walk with gentle tread and no thorns will pierce; walk toward the light and no shadows will darken your path and aid and comfort and gentle ministrations will all be yours. Heed your warnings; try to understand for what they are given; search for knowledge and wisdom concerning things unseen until you find the channel of communication no longer closed but a blessed reality whose possibilities are boundless.

THE NEW AGE

—by—

Merle Ashe Atwood

This world is a vast melting pot, where the dross is ever being separated from the gold.

We are told in the beginning the world was one boundless, and unimaginable ocean of liquid fire. This was the condition of all matter, and it has never from a biological and social standpoint, abandoned its original process.

Matter contains the substance to produce all things existing in this world, or other systems of worlds. But only through the process of fire can the dross be separated from the gold.

To day the world is being tried in the seething fires as never before. For it is being prepared for one of the great transitional periods, of which history abounds. Ever a new age preparing. Ever nearer the vision of evolving man.

All things are in the crucible, a seething mass; morals and ethics, customs and traditions, laws and religions, burning in the furnace, that only the good may remain.

The scum is coming to the surface, to be swept in oblivion. For only that which is worthy, can find a place in the hearts of men. The new age must be more pure, more perfect, than the one preceding it.

In the glorified vision of the new age that is to be, what boundless possibilities await the souls of men. A world, a people, purified and made clean, as by fire.

Oh glorious law of Love! Thou art ever unfolding and perfecting, through the law of evolution, a thing more beautiful and perfect.

And thus with the new age. The old and imperfect must be swept in the depths of oblivion, to give place to the new and more perfect, where the Brotherhood of man is realized, and the at-one-ment with all things, is born within the consciousness.

JUSTICE

Eternal justice thou shalt fling
Thy minions o'er this land;
And truth shall heed thy gentle call,
And speak at thy command.

No more will innocent blood be spilled
To appease man's greed of gain;
But nations all, both great and small,
Will at thy feet be lain.

Then from the foulness they have wrought,
Will purity upspring;
And peace and love, as lived above,
Upon this earth shall reign.

MERLE ASHE ATWOOD.

HELP A FELLOW

If you want to help a fellow,
When he needs a fellows help
If you really want to help him
Do not stand around and yelp,
All about your misfortunes
And what you would like to do
Words don't buy the bread and bacon
Give him something he can chew.

Yes he may have acted foolish,
Failed in business, been unwise,
Made mistakes and counted failure
Yet why should we advertise
All the fellows faults and follies
And refuse to give him bread
But to wait and pile up flowers
On his coffin when he's dead.

You don't know the grief and hardships
He's encountered on the road
If your heart could feel his sorrow
If your back could feel his load,
You would not misjudge his actions
Storm around and rant and rare
But would gladly help the fellow
Give him things to eat and wear.

Seems we ought to see more clearly
Seems we ought to be more just,
We may soon be like that fellow
Down and out and biting dust.
Lets lay down our little hammer,
Ere' we're placed beneath the sod,
Boost the brotherhood of fellows
And the fatherhood of God.

JOHN G. TRUEBENBACH.

WHO IS THIS MAN?

The man who named our country.

The man first to advocate independence of our country.

The man who did more to achieve this independence than any other man, giving his pen, tongue, sword and pocket-book to the cause.

The man that in the darker hour of the Revolution wrote the "Crisis," commencing with the words, "These are the times that try men's souls."

Do you know that General Washington ordered this mighty work to be read to the army once a week.

The man who was joint author of the Declaration of Independence with Jefferson.

The man who borrowed ten million dollars from Louis XVI to feed and clothe the American army.

The man first to urge the making of North America in order to supply the army.

Napoleon said in toasting him at a banquet, "Every city in the world should erect a gold statue to you."

The author of the "Rights of Man" acknowledged to be the greatest work ever written on Political Freedom.

This masterpiece gave free speech and a free press to England and America.

The man who first said, "The world is my country, to do good is my religion."

The man known as: "The Great Commoner of Mankind," the "Founder of the Republic of the World."

The man first to urge the making of our constitution.

The man first to suggest the Federal Union of the states and to bring it about.

The man first to propose the Louisiana Purchase.

The man first to demand justice for women.

The man first to plead for the dumb animals.

The man first to advocate international arbitration.

The man first to propose old age pensions.

The man first to propose "The land for the people."

The man that invented and built the first iron bridge.

That man was Thomas Paine.

Condensed Spiritualist Philosophy

By *Wm. J. Bryan, M. D.*

Author of new book called, "The Truth About Spiritualism"

Attentive to the call of our spirit friends, we listen with receptive mind, and there comes to us out of the stillness and the quietude of the twilight hour, a message of gladness to typify the reunion which will come to all of us when we reach the Other Shore of life—the land of eternal spirit power and happiness.

For 'progression' is the watchword, and all we need do is to dwell in a state of tranquil repose and *welcome* our dear spirit ones who stand ever ready to tell us (in a gentle whisper) they *live* in a new world which is a counterpart of this, and yet vastly different—as much so as spirit is different from substance or material.

But I want to tell you my friends, of the earnestness and the willingness on the part of our spirit ones to come to us when we call, especially when it is the hour of some deep need or requirement for means of consolation.

The need of the present day presses on us closely, for we find that our present need is largely to have a *spiritual* conception of life, while having a full knowledge of the material conditions.

But with this state of mind, embracing as it does the contemplation of Diety, we have an inward desire to come in contact with some relative or some loved one who has departed to the bourne of immortality (the Valhalla of a heavenly paradise) because it is one where the law of progression holds full sway, as a hope or as a guiding force for advancement, for all who are so disposed.

But, while the chains of a material world bind us to all forms and conditions that are essentially material, we are likewise disposed to entertain thoughts of the spiritual abode which awaits all of us, and where the transcendental eight, wisdom and truth

of an all-powerful divinity is made manifest, to all who are willing to look up and forward, with all mental and moral obstacles cast from us, free to comprehend the omnipresent God or impersonal Supreme Intelligence—which is the creative and sustaining power of the universe.

Beautiful land of life and light,
Land where the spirit dwells;
Beautiful thought, we will soon be home,
Where there are no farewells.
There will be no more tears, or no more sighs,
For the things that cannot be;
For what you deserve, you will surely get,
It all remains with thee.

Give out to day what you would receive,
In the life you are living now;
So in the time to come you will garner grain,
Instead of the chaff and straw.
The Law is unchanging, so we must not forget,
To sow kindness and love on our way;
For the Mills will grind us the grist we have brought,
Or the grain we are sowing to day.

I am thinking now of life that is past,
And of life that is yet to come;
Did I sow good seed in the days gone by,
As I lived them one by one?
I know the life that awaits me there,
Is made up of the seed I have sown;
Be it joy or sorrow, I must abide,
For I know its my very own.

MERLE ASHE ATWOOD.

THE ESOTERIC PRINCIPLE OF LIFE

The Esoteric principle of life applies to every expression of life, to all things and all people. It is the Occult force in Evolution whose main-spring is touched by the great eternal, central power that rules the world, and systems of worlds that lie beyond the vision of human scope; the Power that sets into motion the universal machinery that moulds into shape, form and being, the great, the grand, the beautiful of nature's perpetual Whole. The song of the birds, the lilting music of the rills, the rippling melody of the brooks, the still, small voices of the silence that speak to our soul when nature sleeps. The roar of the tempest when monumental wave upon wave leaps up in passionate defiance, to do battle with the elemental breath that disturbs the calm repose of old ocean's slumbers, are all summoned, and responsive to, the esoteric call. It is the esoteric principle of life that stir the fragrance of the flowers and bears it along, unseen, from shore to shore, leaving a perfumed memory of its wanderings to the sense awakened to its subtle sweetness. It is the master fingers, that touch the soundless chords of God's great organ of life, whose harmonies caress our super-consciousness and brings us into perfect attunement with the angel choir. It is the insatiable, ever present power, that arouses our soul to vague, indefinable, longings to seek, and search for beauties yet unknown, beauties that lie shrouded in the mystery mantle of the great Infinite, the great Oversoul. It leads us into the hazes and mazes that perplex and bewilder our minds, luring us on, and on, with its undefinable fascination, out into the density and wilderness of the vast Unknown, until, like Moses of old, the light of understanding begins to dawn, and we see the glories of a new creation, a Divine creation, and realize that we have come into our own inheritance, the inheritance of love, the kingdom of God.

MAY MORSE-BURKE.

THE VOICES OF NATURE

—by—

S. J. Richardson

The voices of nature are calling,
In various ways I can hear,
They are speaking in symbols and rhythms,
In language that seems very clear.
They come from the mountains and valleys,
From rivers, lakes and the shale;
They are speaking to us through the sunbeams,
And whispering at night through the gale.

I listen, I gaze and I wonder,
As I look through the ether so blue,
And the voices of nature are whispering
There is life in all that you view.
All nature is filled with emotion,
And each kind is calling her own,
They are traveling on the sea of vibration
Through a law of the universe, alone.

And we, but a spark of creation,
Compared to the infinite whole,
Are wasting our time and energy,
In trying to govern the soul.
For the voices of nature are calling,
In language that speaks very plain,
The laws of the universe are immutable,
And all must bow to the same.

And the voices of nature have whispered
To my soul, and I know it is true,
That life everlasting—eternal,
Is waiting for all of you.
And the wheels of evolution are rolling
Toward the light of the infinite sun,
The voices of nature have spoken,
And we must obey—every one.

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Editor

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Assistant Editor

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DECLARATION OF PRINCIPLES

1. We uphold the free and full expression of The Declaration of Independence.
2. We affirm that Law and Principle, Force and Vibration are the Motive Powers of the Universe.
3. We affirm that Truth is Eternal, and we seek to utilize it, whether found in individuals, books or nature.
4. We affirm that intercommunication between the denizens of this and other worlds is scientifically established through the Law of Mediumship.
5. We affirm that True Democracy is the Beacon Light that leads men and nations to a higher understanding of spiritual things.
6. We affirm that Nature's Laws, in all their different forms of mode and motion, are Psychic in their unfoldment.
7. We affirm that through the higher teachings of Spiritualism, mankind is drawn closer to the Law of Justice, Equality and Fraternity.
8. We affirm the freedom of Thought for every soul as to Choice and as to Belief, and would not by the adoption of any Declaration of Principles limit such freedom.
9. We recognize the Power of Spiritual Healing as one of the greatest gifts known to mankind, and we affirm by the exercising of this Gift we are rendering True Worship to God.

S. Richardson,

President,

Lily Dale, N. Y.

George Erhardt,

Secretary,

. 929 Niagara St., Buffalo, N. Y.

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DECLARATION OF PRINCIPLES

1. We uphold the free and full expression of The Declaration of Independence.

2. We affirm that Law and Principle, Force and Vibration are the Motive Powers of the Universe.

3. We affirm that Truth is Eternal, and we seek to utilize it, whether found in individuals, books or nature.

4. We affirm that intercommunication between the denizens of this and other worlds is scientifically established through the Law of Mediumship.

5. We affirm that True Democracy is the Beacon Light that leads men and nations to a higher understanding of spiritual things.

6. We affirm that Nature's Laws, in all their different forms of mode and motion, are Psychic in their unfoldment.

7. We affirm that through the higher teachings of Spiritualism, mankind is drawn closer to the Law of Justice, Equality and Fraternity.

8. We affirm the freedom of Thought for every soul as to Choice and as to Belief, and would not by the adoption of any Declaration of Principles limit such freedom.

9. We recognize the Power of Spiritual Healing as one of the greatest gifts known to mankind, and we affirm by the exercising of this Gift we are rendering True Worship to God.

S. Richardson,

President,

Lily Dale, N. Y.

George Erhardt,

Secretary,

. 929 Niagara St., Buffalo, N. Y.

THE FREE PSYCHIC MOVEMENT

—by—

S. J. Richardson

The National Association of Free Psychics, incorporated under the Laws of the State of New York, with its head-quarters in Buffalo, N. Y., is a movement that was much needed in this country. For there seems to be a slipping away of a great many of our advanced thinkers from the Spiritualistic ranks, for various reasons, which I will not attempt to mention here.

There has never been a time since the dawn of Modern Spiritualism, when so many aching hearts were searching and seeking for the knowledge and comfort, that the Psychic power of man is revealing to the human family to day, and we believe the Psychological moment is now. Therefore, we ask that every Psychic in the land, do his, or her utmost, to present to the world the Philosophy and Phenomena of this wonderful truth, in the most scientific and intelligent way, for the eyes of the world are upon us.

The Free Psychic movement is a constructive movement, to build, enlarge, glorify and improve the Psychic power of man, that we able to reach millions of homes that otherwise would be in darkness, in regard to this the most wonderful truth that ever came to mankind. That is, the proof of the immortality of the soul, and the inter-communication between the denizens of this and other worlds. And we ask the earnest co-operation of all who are interested in the promulgation of an organization that stands for truth, justice and freedom. And seeks to put before the world, a philosophy and phenomena, that is upheld by the foremost scientists of the day.

Sir Arthur Conan Doyle, in one of his recent articles on Modern Spiritualism, says: "The movement which is destined to bring vitality to the dead and cold religions has been called "Modern Spiritualism." The "modern" is good, since the thing itself in one form or another is as old as history and has always,

however obscured by forms, been the red central glow in the depths of all religious ideas, permeating the Bible from end to end. But the word Spiritualism has been so befouled by wicked charlatans, and so cheapened by many a sad incident, that one would almost wish that some such term as Psychic Religion would clear the subject of old prejudices, just as mesmerism after many years of obloquy was rapidly accepted when its name changed to hypnotism."

In justice to the founders of the National Association of Free Psychics, will say that this Organization was chartered several months before Sir Arthur Conan Doyle's article appeared. But we feel justly flattered that so high an authority is in sympathy with the name we have chosen. And it has been proved to us that the term Psychic is a very popular term, as we are more than pleased with the success of our organization.

And I want to thank those who have the courage of their conviction, and are enrolled as members of this organization. Whose evolving souls may have the privileges that is theirs by divine right, to prove to the world that the Psychic force of man cannot be controlled or governed by individuals, organizations, or self made Gods.

The National Association of Free Psychics, will uphold a free platform. And I hope we will never grow so narrow or small, that we would close the door, or shut out one glimmer of light that may come through any channel of expression because they do not belong to our Organization. We extend the right hand of fellowship to all classes and organizations that are progressive, and are working for the good of mankind.

Psychic Truth is an official organ of the National Association of Free Psychics. And we hope to be able to issue it quarterly that members, and Auxiliary Societies in the different States may become acquainted with each other through its columns.

HAPPINESS

Happiness is not something that happens.

You will not always find it on the high peaks of fame, or in the lower condition of life. Happiness, like heaven, is a condition not a location, you can not buy it with gold, or pilfer it from your fellow man, you can not always marry happiness, or find it on the smooth or rugged road of life.

You may be endowed by nature with rare gifts and a wonderful personality, and perhaps accumulate a vast fortune and still be miserable, you may have earned splendid diplomas and medals and then be unhappy.

But one thing is sure, no matter where you are, or what your status may be in this world, you have the power within to create your own happiness. You can make your life as bright as a sun-beam, and fill your soul with the essence of happiness. How? Stop your doubting. Begin believing in the power within.

Believe in your self, believe you have ability and talent, and assert your self that you may triumph over all evil and unhappy conditions. The moment you begin to believe in yourself you will grow happy, you will create a desire for greater things. Have faith in your self, for within your own soul lies the power to conquer. Have faith its a star, a star of hope that leads us into the sunshine of truth, where the clouds of darkness disappear, and a greater happiness illuminates your soul. You can change the tide of your earthly career by it, until your soul overflows with the joy of life. Arouse yourself, express the divine within you until it radiates happiness.

Move upward out of the fog of despair and fear. You can do it by right thinking. Appeal to the divinity that is within and your desire and aspirations will be realized, then and not until then will you come into your own inheritance of the true happiness of life.

THE EVOLUTION OF MANKIND

—by—

Mabel M. Fox

The first dwelling places of man were caves, hollow trees mounds of earth or skin tents. Afterwards he began to build crude houses. Then gradually he improved them, making them more comfortable, until now, after ages of time, his faculty for improvement has been developed to the point where his abode is very convenient and beautiful, being steamheated, electric-lighted and sanitary, with telephones, talking-machines, player-piano's and many other devices, calculated to make life more enjoyable.

From the cave-dwellers has evolved man of to day; to-morrow will see still greater progress being made along lines undreamed of before. Prof. R. H. Goddard of Clark College claims to have invented a device that will reach the moon by overcoming in its flight the attraction of the earth and moon. After a comparatively short space of time man may be able to explore any of the heavenly bodies and learn of the conditions existing there.

Many minds are now at work trying to discover a means of prolonging youth indefinitely. Perhaps we shall see the day when no one need get old or die. A new anaesthetic has lately been discovered the use of which numbs pain without causing unconsciousness. Mind dominates matter.

At the present time a great wave of Spiritualism is sweeping over the world. Some people do not believe it is possible to communicate with the spirit world. To believe in the Bible is to believe in Spiritualism although some will not admit it.

I am looking forward to a time and that very shortly when some one will invent a means whereby everyone can glimpse the spirit world and see those of their friends who have passed to the other side.

We are all children of the All-Father-Mother-God and as such we are to inherit all things and to attain to ultimate perfection.

In the past God was believed to be a cruel, revengeful, malicious, changeable creature. To day most people believe him to be a God of love and mercy, instead of a God who would cast his children into a lake of fire and brimstone to burn forever and ever if they disobeyed him.

In just the same degree that man has improved in building his dwelling place so he has progressed along all other lines. We are approaching the time of universal brotherhood.

All hail the evolution of man! The universal brotherhood!

THE PSYCHIC TRUTH

From out the nebulous mists of time
Through ages yet untold,
Sporific truths come drifting down
As the Psychic world unfolds.

Their light, like meteors, flash out,
Bright, scintillating streams,
That crystalize, and formatize
The genius of our dreams.

They press the unseen keys of life,
To melody of song,
That breaks the chrysalis of night
To free the coming Dawn.

Its evolutic waves appear!
The "Psychic Truth" gleams on;
Birthing a newer Genesis
To trail the light along.

MAY MORSE-BURKE.

FIELD OF ACTIVITY



REV. JOSEPH G. WIND

Like a light from the skies, fell the news in our midst, on hearing that a little news carrier was to come into our grand and noble cause, the Free Psychic Movement. Whatever hardships it may have to endure let every one of us put our shoulders to the wheel and make its burdens light and fill it with enthusiasm, for surely we need such a medium as this Magazine to bring the actual facts close to our attention.

May "The Powers that be" guide its principal leaders into the fields of strength and prosperity, and may it help to carry our Declaration of Principles as an enlightenment to mankind.

REV. JOSEPH G. WIND,
V. D. M.

Guiding Light Church of Free Psychics, holds services every Sunday morning at 10:15. Childrens Lyceum at 2:00. Mediums and the public are cordially invited. Phenomenal discussions on Psychic Powers, every Monday and Friday evening at 8 o'clock, Rev. Joseph G. Wind, V. D. M. Pastor. Church and residence at 126 Harriet Ave. Buffalo, N. Y.

The Church of Spiritual Philosophy of Erie, Pa., opened meetings in Red Mens Hall, September 14th, 1919. Receiving its Charter from the National Association of Free Psychics, Sept. 28th. S. J. Richardson President of the National Association, presented the Charter, and gave the address of the evening, followed by messages by Mrs. Gillespie and Mrs. Buel of Bradford, Pa. This Society is progressing wonderfully, and is the largest Society in Erie.

Mrs. Buel of Bradford, Pa., worked for us until Christmas, when she was called away. The President, Mrs. Florence L. Gillespie, is now taking full charge, assisted by Mr. J. J. Koehler and Mrs. Fickenworth.

Exercises for the children was held December 21st, consisting of recitations, solos and musical selections, after which, all the children received a stocking filled with candy.

A Watch Meeting was held New Years eve, at the home of Mr. and Mrs. Gillespie, 338 West 20th Street. Lunch was served, and a good time reported by all.

We have also organized a Ladies Aid, in connection with our Society, which held a social Tuesday evening, Jan. 6th.

Florence L. Gillespie.
President.

The Temple of Knowledge, the first Free Psychic Society of Jamestown, N. Y., is holding meetings every Sunday evening at 7:30 P. M., at 35 Thayer Street. The Pastor, Rev. Grace A. Motley, Speaker and Message bearer. The public welcome.

The Light of Truth Church holds services every Sunday at 8 P. M., at 54 Moreland Street, Buffalo, N. Y. The Church

is progressing rapidly both in membership and attendance. Plans are under way for new Church Parlors, which will be completed in the spring.

The special Christmas Services conducted by the children, December 28th, proved a great success. Especially the piano selections by Miss Helen Wagner. Also the recitations by her equally talented younger sister, Miss Stella Wagner. Various selections were given by Charles and William Ottenger, Lillian Palmer, Clarence Singer, Arthur Gielow and others. Several members of Guiding Light Church helped to make the meeting a success.

The members of Light of Truth Church, and Rev. J. G. Wind, Pastor, and members of Guiding Light Church, presented a beautiful Bell to Rev. Katherine E. Gielow, Pastor of Light of Truth Church. It is needless to say the gift was deeply appreciated. Also the thoughts sent with it.

Progressive Church of Free Psychics 667 Main Street, Buffalo, N. Y. Services every Sunday evening at 8 P. M., Rev. Mrs. E. Erhardt, Pastor. This Society was organized May 1st, 1919 with a membership of 50. The officers are as follows: Rev. Mrs. E. Erhardt, President and Pastor; Mrs. I. Reed, 1st Vice President; Rev. Mrs. J. Boyce, 2nd Vice President; Mrs. Lulu Spencer, Recording Secretary; Mrs. P. Wallace, Financial Secretary and Treasurer; Mrs. M. Mayer, Trustee; Mrs. J. H. Stoesen, Trustee; Mrs. T. Grey, Trustee.

On May 5th, 1919, Mrs. E. Erhardt was ordained, and is at present Pastor of Church.

On Nov. 4th, 1919, one of our members, Mrs. Mary Reeves was called to the higher life. The Ladies of our church have organized a Ladies Aid, which meets every second and fourth Wednesday of the month at the homes of different members, and is doing fine work.

During the holiday season the members of the Church felt that they wanted to do something for the orphans of Buffalo, so started a Free Will Offering at the Sunday evening services, collecting the sum of \$23.88 for candy, which was sent to the Protestant Home for unprotected children, and the crippled childrens Guild.

Owing to poor health, Rev. Mrs. E. Erhardt has tendered her resignation as President of this Church, and it is with regret that the Church accepts her resignation, as she was a faithful worker for the cause of Spiritualism, and we hope the example she has set will be carried on.

Our first Vice President, Mrs. Reed is acting as President for the balance of the year. The Church is progressing and doing nicely taking in new members at nearly every business meeting. We have a fair Treasury considering the Church has been in existence only eight months, with a balance on hand of \$90.11 up to Jan. 1st, 1920. Mrs. P. Wallace, Financial Secretary and Treasurer, Mrs. L. Spencer, Secretary.

First Church of Free Psychics, 83 West Ave., Buffalo, N. Y. Services every Sunday evening at 8 P. M. Tuesday evening at 8:30 P. M. Thursday afternoon at 3:30 and 8:30 P. M. Mrs. Wm. F. Keiser President, Speaker and Medium.

This Church was Chartered March 16th, 1919 taking the name of the First Church of Free Psychics. It was the second Church Chartered under the National Association of Free Psychics. Since being Chartered the Society has grown considerably, and a wonderful work has been done.

We have several Mediums connected with our church who have rare abilities, one is a gifted Healer, and has relieved many of suffering. Another who officiates at this Church, holds meetings every Wednesday at 8 P. M., and Friday afternoon,

2 P. M., 199 South Division Street. Our other Medium who is gifted with rare talent as communicating Medium, is located at 621 East Ferry Street.

Temple of Strength meets every Sunday evening at 7:30 P. M., corner of Jefferson and Eagle Streets, Buffalo, N. Y. Our officers are as follows: President, Mr. A. MacDonald; Secretary, Mr. O. Erzkus; Treasurer, Mrs. Bond; Board of Trustees, Mr. Miller, Mrs. Hammond, Mr. Aust, Mr. Fero. Our officers are wonderful workers, ever ready to do for the welfare of our cause. Our members are likewise in co-operation with our officers.

The Ladies Aid is noted for its good cooks. Mrs. Miller is a wizard on rye bread. Mrs. Bond our Pastry Cook, makes cakes and pie that melts in your mouth. Mrs. Hammond is our Salad Queen, it is a question as to whether she is of French descent. Our plain little Mrs. Rose, is known as the best East Side bean cook. Then Mrs. Stratton and Mrs. Kling, for Italian Prima Donnas why their spaghettis they just sing.

Our Church developing class meets on Thursday evening of each week at the home of Mr. Miller, and our progress has been splendid. We have had many Inspirational lectures, also voices through the Trumpet. In general Mr. President, as a small band of "Free Psychics" we are banded together firmly on a rock basis for the upliftment of the realm beyond, and our fellow man in earth life.

In speaking of "Strength" our small banded Temple is well worth its name. Its officers and members are not only working for self, but humanity at large: "Strength" is ever ready for charity and humanity. Christmas time being the time at which every one should show their real Christmas spirit, "Strength" held a series of circles, at which the public was invited. The money derived from these circles was used to cheer Humanity and uplift a downhearted brother or sister who had no friends.

A better time could not have been selected, with everyone full of the holiday spirit. Temple of Strength and its officers visited our City Alms House, and brought holiday cheer to its many inmates. The expression on the many faces who received these holiday bags of candies and fruits, will long be remembered by Strength and its officers.

So it proves to you my friends, that Free Psychic Spirituality is a free fellow man. A loving band not banded together for self, but humanity at large.

Oscar Erzkus, Secretary.

First Spiritual Church of New Kensington, Pa., meets every Sunday afternoon and evening 3:00 and 8:00 P. M. Knights of Malta Hall, 9th Street, New Kensington, Pa. Frank M. Link Message Bearer. We extend an invitation to every one that visits New Kensington. This Church was Chartered by the National Association of Free Psychics November 9, 1919 and has a growing membership.

Spiritual Temple of Light, N. S. Pittsburgh, Pa. Rev. Ella D. Smith Pastor. Services every Sunday afternoon and evening 3:00 and 8:00 P. M. 208 Federal Street, N. S. Pittsburgh. Temple of Light was Chartered by the National Association of Free Psychics November 11, 1919, at the present time have a membership of 40. Its officers are as follows: President, H. E. Rothrock; Vice President, Jas. P. H. Moody; Secretary, F. M. Link; Treasurer, Dorothy Beaver; Trustees, Joseph Schweigert, Emil M. Liphe, Bertha Benson, Sunday Services are well attended every available seat filled and we hope in the near future to have a larger hall, or rather we are looking for a church and we should be in a position to take care of one. Rev. E. D. Smith gives a Demonstration Card and Flower Service the First Sunday in the month in the N. S. Church and on the second Sunday in New Kensington and these services are

always crowded. Rev. E. D. Smith has a membership of 50, in her Developing class and is doing a grand work. Her Trumpet circles on Thursday evening are largely attended.

Mrs. Smith who expects to again visit Cleveland and Buffalo in the near future is an earnest worker for the growth of the National Association of Free Psychics.

F. M. LINK, Secretary.

We are sorry to say that some of our Societies have neglected to send in a report of their work. So we cannot give them recognition in this number.

EPILOGUES

The finer forces of life are those that are generated by love and kindness.

Be kind to thy brother man, or love ye one another, is the greatest commandment.

Love is the alchemy that neutralizes all ills.

Heed the still small voice within, and it will give thee wise council.

Memory is the golden clasp, that binds together the experience of life.

The wisdom of all ages cannot benefit him who will not learn.

The wise man is he who worships not self.

Part of What Psychic Principle Means to Me

—by—

Rev. Katherine E. Gielow

What the principle of Psychic belief means to me would be very easy to explain. The problem is, how can I express the thought so it will be plain to others, who are broadminded enough to search for the hidden treasure. For true it is, that the unseen is always the real and eternal.

Years have been given to the quest of spiritual knowledge by many talented minds. With some it has been just a slight ray through the gloom of a darkened room, while others perhaps not so talented have not hesitated but have fearlessly turned the key, and allowed the light from the unseen to flood every corner. Driving away the old doubts and dogmas, and bringing them into the harbor of rest, by banishing the gloom of centuries and bringing them in touch with their birthright, long hidden by materialism.

Evidence has proved as far back, and before the mission of the Nazarene, that the Scribes and Pharisees were still clinging to their long prayers and material observances, which led to nowhere. When through the dim darkness of ages came the inspired words, "My Kingdom is not of this World." Stilling for a moment the unrest and tyranny of Moth-Eaten Laws, and raising a corner of the veil into the unseen. And even the oppression, and eventually the death of the messenger of the source of light, could not quench the ray of light that will and has to an extent changed the whole religious world, and shaken it to its foundation.

With every revelation has come oppression and bonds. All through the centuries the message has been ringing its comfort and cheer, but we have been asleep, until the awakening has come

through the call within, or through Mediums who like Daniel, David, Isaiah, Christ, and others who continued the chain of this truth. Or as Saul or Paul, who declared to the people of Athens, the Spiritual understanding of the unknown God they were serving.

There was a greater lesson taught on Mars Hill, than had ever been taught. David crying out in his corner; "Whither shall I go from his Spirit? If I fly to the uttermost parts of the earth, He is there." Thus proving spirit power.

Far more was learned by the followers of Christ, by his so-called death, than by all he tried to teach when with them in the walk to Emmaus, when he communed with them unknown to them. And in the upper room where visible manifestation came. It is in the upper room of high pure thought that we gain our best, not in a dead Christ, but in a living understanding of Divine Love.

Those who have chosen the path of Psychic unfoldment have found it means progression and deeper understanding. It stands for all that is to be found in the spirit world. It bridges the gulf of division. It teaches that no matter what the difficulties are the remedies are found in understanding a Divine Power. Law that recognizes no defeat. That death is only a continuance of life, not the end.

That even here, will be given the understanding that we can gain the peace that comes from a well ordered life.

This understanding has come to some, when they found that all professions, and a hanging on to a worn out creed, amounted to very little, when they came in touch with themselves, and find in themselves the undisciplined desires, and the hanging on to the material things, which so often means defeat. But when in the secret place of our soul, we have uncovered these things which hindered, and bravely put them from us, clinging to the highest and best, it is then we find that the uplifting light shines on and on, up the mount of Victory, where there is shelter, understanding and rest.

87 Richmond St.

Crafton, Pa., Jan. 30, 1920

Mr. S. J. Richardson,

Lily Dale, N. Y.

Dear Sir and Co-Worker:

As President of the Temple of Light Church of Pittsburgh I wish to offer a few words of greeting for the initial number of your magazine. I am glad that the National Association of Free Psychics is going to have a Magazine of its own and I believe it will prove a great inspiration to our workers. It has now been about eighteen months since I became actively interested in the work and while I realize that I am only in the infant stage of Spiritual progression yet I know the Spirit World has been more than kin to me. I have been brought into the great light of knowledge and today instead of mourning the loss of a dear boy in the great World's War, I know that he still lives and is a part of my every day life, that he has only entered upon a higher stage of life's journey. I do not think any Psychic student could have any greater demonstrations or more wonderful messages from the higher plane than I have had both in our class and in our home. Oh for the power to bring the marvelous truth of Spirit return into the hearts of the thousands of parents in the world today who are grieving for their boys who made the Supreme Sacrifice somewhere in France. If they could only realize how those boys are trying to communicate with them and comfort them. I believe that our local society is destined to be the means of enlightening many weary souls and the new year we have just entered upon is going to be a banner year for this Association. I pray God that we may be the means of bringing the wondrous truth of continuity of life to many and attain a degree of Spiritual unfoldment unthought of.

With kind regards to all our Co-Workers and prayers for their Spiritual blessing I remain,

H. E. ROTHROCK.

PSYCHICS DIRECTORY

Advertisements under this head, 50 cents for One Inch or less.
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REV. JULIA BOYCE—Circles Friday at 8:15 p. m. Phone Abbott 190-m. 1273 Abbott Road, Buffalo, N. Y.

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MRS. ETTA HALL—Psychic. 11 Garfield St., Lancaster, N. Y. Readings by appointment.

MRS. MARGARET M. KETCHUM—360 N. Division St., Buffalo, N. Y. Readings by appointment.

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Dr. Wm. J. Bryan

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