

August-November, 1937

25c. Copy

Progression



Published February, May, August and November

EDITED BY
F. E. HETHERINGTON, M.A.

"WILLIAM CARTHEUSER SERIES"

Vol. 5, Lesson 20

THIS ISSUE:

The Sensitive Healing Power and Instinctive Motion

AND OTHER FEATURES

THE RADIANT HEALING CENTRE
St. Catharines, Ontario, Canada



THIS ISSUE INCLUDES:

The Sensitive Healing Power

and

Instinctive Motion

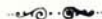
by

Light

AND OTHER FEATURES



*"What I tell you in darkness, that speak ye in light;
and what ye hear in the ear, that preach ye upon the
housetops." Matt. 10:27.*



THE RADIANT HEALING CENTRE

St. Catharines, Ontario, Canada

Copyrighted 1932

CONTENTS

	<i>Page</i>
<i>The Radiant Healing Centre</i>	4
<i>The Sensitive Healing Power</i> (A lecture delivered to the <i>Radiant</i> <i>Healing Centre</i> by LIGHT)	5
<i>Instinctive Motion</i> (A lecture delivered to the <i>Radiant</i> <i>Healing Centre</i> by LIGHT)	13
<i>A Prophecy Fulfilled</i> (Editorial)	20
<i>Philosophy in Verse</i> (Selected Short Poems)	22
<i>We Would Know</i> A page devoted to answers given by LIGHT to questions pertaining to healing, psychic develop- ment and kindred subjects	24
<i>List of Publications</i>	26

The Sensitive Healing Power

by
Light

Welcome to the new members. May they find the beginning of new joy. May they never know sorrow. May they always be at peace. May they have perfect health. May their desires be unselfish, and may their pathway be crowned with success. May they have the thought "Thy will be done, not mine." Remember, new members, do not go out and criticise. Speak well. Those things you do not understand, leave until later. Do not argue. Even when you feel that you know better than another, do not contradict. Even when you know that you are right, keep silence. Sooner or later, the other will learn the truth. Seek others that are sincere. Lead them to this place that they may find truth, that they may gain knowledge, that they may gather fruits, that they may reap benefits, which will bring them to success. We want sincere, earnest, intellectual people.

What is your pleasure? What shall we talk about? The powers of healing misunderstood? Healing by means of a power that is misunderstood, a tremendously sensitive power, not comprehended by many?

The Masters Have Taught the Meaning of Life

If any of you wish to realize that you are actually living, go out on a moonless night and study the beautiful panorama of the skies. Then you will realize that

THE RADIANT HEALING CENTRE

The *Radiant Healing Centre*, now in its fifth year, is an organization devoted to the study and promotion of health, spiritual, mental, and physical. It has no selfish interest of any kind to promote, but is devoted to unselfish service of mankind. Every member of the *Centre* is contributing directly and continuously to the forces of health and healing in the world.

The *Radiant Healing Centre* was founded at St. Catharines, Ontario, and is sponsored by those teachers and healers who manifest through the remarkable psychic powers of Rev. William Cartheuser. *Progression* is published to give to the absent members, and to preserve for the world at large, the beautiful and helpful lectures and teachings delivered by LIGHT to the *Centre*.

Membership in the *Radiant Healing Centre* may be secured through application to the Editor of *Progression* or to Rev. Wm. Cartheuser. A fee of One Dollar per year is required, which entitles the member to the quarterly issues of *Progression*, as well as to any helpful instructions that may be given during the year.

Private instructions are sent each member on receipt of application.

Those who wish to become members of the *Radiant Healing Centre* are requested to state this point clearly, otherwise each enclosure will be taken to mean a year's subscription to *Progression* only.

All members are asked to withdraw into the silence daily and twice each month when the Mother Circle meets, to unite in concentration with the Mother Circle and absent members.

Members seeking solutions to problems, especially problems pertaining to healing or to psychic development, may write (as briefly as possible) to the Editor or to Mr. Cartheuser who, at the earliest opportunity, will bring the questions before LIGHT.

Editor of *Progression*,
7 Queen Street,
St. Catharines, Ontario,
Canada.

you are alive. To learn the meaning of life you must study the teachings of the masters. The great master whom you call Christ, came on this earth to instruct men. This master in his own way, even in his youth, started to preach to the few. Then he became known and he began to preach to the multitude. Lo and behold! We find many such masters in the records of mankind from the beginning of creation unto this day. They vary in strength and power, according to their faith, faith that they have created in themselves,— for themselves,— faith towards the infinite source, which is perfection.

The First Healers

Yea, let us even venture farther back into the days of creation itself, and we shall find healers among the beasts that roamed the earth before the coming of man. A scientific search among the beasts of the earth of the present day, will reveal some beasts that heal others by contact, though they do not realize the secret of the healing power. Nor have most human healers realized the secret of the power of healing. It has seemed a wonderful thing to them, that they could touch people and they would be healed, or that they could think of people and they would be healed.

Healers Ignorant of the Source of Healing Power

These healers believed that the power came from God, (whatever "God" meant to them), or from some discarnate soul, or from some power outside themselves, which they could not understand. Today men's knowledge has grown, medical science and other sciences have

developed, to such an extent, that men are beginning to understand how healing can be obtained, though I frankly say, men are only at the very beginning and know practically nothing yet. When some healers may say the power comes from forces "on the other side", it may be so at times, but many times such is not the case.

The Faith of the Patient

It is not always the faith of the patient that establishes contact between the healer and the sick, because faith often is lacking. There is great variation in faith. Many say, "Oh, I have perfect faith," and still this faith which they say is perfect, may be very very poor. That an individual should say he has faith, does not prove his honesty, nor that his faith comes from the soul. Even in the most perfect faith that can be found, there is a fraction, perhaps only a small fraction of one per cent. of doubt, and that too, when the person does not realize it, and sincerely believes his faith to be perfect.

Why Healers Fail

Many of you have had experiences in our own circles when you would say that the power of healing has failed. This has even been talked about outside, and there has been scoffing and laughter from outsiders. You who say that the healing power has failed, may think that you have had perfect faith, but your mother, your father, your brother, your friends, may have injected into your minds a subconscious doubt of which you are not aware, of which you may not have the slightest conception.

Christ Healed Some, Not All

Let us choose one from all these great teachers. Let us consider Christ. Did he heal all the sick who came unto him? Some of the churches say "Yes", but I say "No". I know that Christ could not heal all the sick. He did heal many. This is set forth in your bible. A man came to him and said "Master, heal thou me." Christ said "Dost thou believe that I can do this?" The man said "Yes, Lord, I believe." Christ did not say to him "Thou art healed, go in peace". Christ said "*According to thy faith, so be it unto thee.*" In some cases such as this, the man was healed, but in some cases it did not work. If the man was not sincere when he said that he believed, he would not be healed. Such a man would go away and denounce Christ, and say "He is a fraud."

Healing Impossible Under Certain Conditions

Why did Christ put certain people out of the room when he was about to raise the little girl from the dead? Christ had faith that he could bring her back, but many of those in the room had no faith. If some of these had remained, he *positively could not have restored the child*. There is an example of your tremendously sensitive power, which the slightest, the most sensitive, thought can overthrow. When these thoughts of doubt are present, the healing ceases, and the healer is likely to be called an imposter and a fraud.

Why Successful Healing Is Rare

In a certain case, which some of you know of, I knew that I could heal the patient, and I never gave up

until the very last breath. I did not dare disclose to you people the seriousness, the tremendous difficulty, of the situation, for fear you would destroy the last of my strength. The windows rattled, the very house trembled, as I battled with the forces on the other side. Did not God, or some Heavenly Power, answer me? Certain ones came to me, and washed their hands before me, and told me I must give up, but still I fought on. Those who laughed and scoffed did not trouble me. I knew that they were blind in their own conceit, and I knew what I was doing. How tremendously sensitive are the forces of healing, to perform that which is almost miraculous,— heal a badly diseased body!

In many places where healing work is carried on or attempted to be carried on, there is not the necessary sympathy within or without. Perhaps some person in the house itself, sends out the thought of doubt, and breaks the power. Therefore, there are but few persons healed. Sometimes a person may be healed through fright. A person blind for many years, has been cured by accident. Some people are healed by faith. Among those that are badly diseased, very few are healed by faith. Years ago there were greater healers on the earth than there are to-day. The best healers of to-day are in India.

A Sacred Chamber of Healing

Anyone who is a healer, must have a room, a special room, set aside for the purpose. This room must be kept sacred and must be a place of prayer. It must be kept clean and tidy. Every thought in this room must be of perfect faith. No thought of money or exchange should be permitted to enter, nor should there be any

smoking or other undesirable odors. Everything in it must be wholesome and pleasant. Everything done in this room, must be done in the name of Heaven. "Why is this?" you ask. Because thoughts of Heaven drive away the thoughts of earth, and as "Heaven" is an expression of something about which you people of earth know very little, it appeals to your imagination. You become sympathetic and spiritual; you relax; all your earthly worries disappear.

A True Healer Has Magnetic Power

When you come to a true healer, he speaks soothing words, and as he speaks, you relax. The words of the healer are kind, yet persistent. He lays his hand upon you, and you feel the flow of magnetic power. As the magnetic power in his hands grows stronger, no doubt you can, and will, be healed.

Children May Be Healers

So many misunderstand the power of healing, not realizing the tremendous sensitiveness of this power. By their thoughts of doubt, they shut it off, and then they go home, and deny that there is such a thing as healing power. A child of five or six years has more healing power than an adult. Even a child of two or three, can heal, because the child is not affected with doubt, nor with fear. Therefore its instinctive power is perfect. Sometimes, of course, the power of the child is spoiled by the fears of its mother, or of other people with whom it is associated.

Genuine and Imitation Healers

The power of healing in many cases it misused, by those who could be true healers. Then again, there are

many, yes, so many, professed healers who are not healers at all. That a person puts his hand on someone's head, and the headache disappears, does not prove the person to be a healer. The healer must do many more things than that. With faith, absolute faith, trusting implicitly, he relaxes and accomplishes the healing through his own spiritual or psychic force. This is a power in the subconscious mind, a magnetic force, that the healer does not know anything about. The healer may believe it to be a discarnate entity that accomplishes the healing. Usually there is no other entity, but the healer may hold this belief so strongly that he has absolute faith that the entity exists, and that he can heal. Finally, if the healer has not the complete consent of the patient, as full and complete as his own faith, there will be no results.

The Danger of Insincerity

I wish mankind to know, that healing is a tremendous force, but extremely sensitive. The slightest breath of thought can change it, and cause it to reflect in various ways. Sometimes the condition may be made worse, but not necessarily, unless the patient turns against the healer, and curses him, or endeavours to make trouble for him. In such cases, thoughts of bitterness or worry are created and the patient may become worse. The power of healing is a dangerous thing to meddle with, unless you are absolutely sincere. It is the same with psychic things. There is danger unless you are sincere, unless you will do as you are told, unless you have faith in those who guide you.

Faith and Medicine

Let us turn over the page and look at medical science. What do we see? We see doctors treating their patients

by giving them medicines and drugs. We see a great many people who believe they can be cured by these medicines and drugs. Why have they this faith? Because others have the same belief; because the doctors assure them that the medicines will cure them. There are many medicines that may benefit certain conditions in the human body. There are others that will do neither harm nor good, and there are also many that will actually do harm. But the patient receives the medicine and swallows it down according to directions. Perhaps he takes a medicine that registers a burning sensation as it goes down. He says "Ah, that is strong medicine. That will surely cure me." He feels relieved from his worry; his confidence is restored; he has faith in his doctor and in the doctor's medicine; he relaxes; the healing power within his subconscious mind is released, and so, he is cured. A little piece of peppermint that burns your throat may cure you, if you will have faith and relax and forget your sickness. Some so-called savages beat their sick with sticks to drive out diseases, which they think of as evil spirits. Oftentimes the patients are cured by this treatment. The pain of the beating takes their mind from the sickness, they concentrate their thought on the beating, and relax, and so are healed. Doctors and patients do not realize that the healing in many many cases is accomplished by faith, faith in the doctor, faith that the medicine will cure.

Friends, you may not appreciate this lesson as much, when you hear it, as you will when you read it. It will explain some points that have been misunderstood by many people who have scoffed at the idea of healing. Healers will appreciate the truth of the words that I have spoken, and if you study my words, you will find many thoughts

that will help you in your study of the laws of healing. May the Lord bless you all on your pathway of progression.

Instinctive Motion

by
Light

How do friends? May the blessings of the Lord draw asunder the earthly clouds that we may reach into the spheres where all knowledge and wisdom in rhythm abide, and where the love of the angelic hosts helps us to assemble the message that is meant to reach the minds of men, and to make them realize their power as souls on earth. May they understand their mission and learn to sense and to appreciate the delicate impressions that play upon their sensitive brains. As we descend from on high, we pray for all these tokens of love that shall come unto mankind. Give us the strength, Oh Lord, through Thy Holy light to teach the truth, as it has been taught by Thy masters, especially by the great master, the holy teacher, whom we call Christ, that so we may faithfully abide in Thy thought and fulfill Thy wish, through the guiding light with which Thou has endowed all men.

—Amen.

What would any of you say if you were called upon to deliver a lecture about instinctive motion? In my prayer you have heard the key that will open the door. If you followed closely and if you understood the significance underlying my words, you would know the whole sermon beforehand. The thought must be divided to bring it into the form of mental pictures, and these mental pictures will help you to create the sermon for yourselves (in so far as you know how to create).

Instinctive Motion is a Part of Perfection

Instinctive motion may be represented in the form of a light that guides the soul towards its destiny, towards its perfection. We have heard much about instinct and some of you will remember that we have had many lessons about it. Nevertheless, it can still be divided into many thousands of channels through which it can become more clearly understood, and more easily followed.

Instinct is a Guiding Light

Wherever a soul exists, *there* is instinct. It is a link that is attached to every living thing, and that connects it with a source higher than itself. You may think of instinct in the form of a light, but it is not a light that you can see with your physical eyes, because your eyes are made of fleshy matter, heavy yet flimsy, and they do not register that tremendously fine vibration which the light of instinct throws upon your soul.

Your soul can sense the light of instinct, but your soul is usually so occupied, yes, so annoyed, by physical vibrations of various sorts, by the distraction of mental pictures, by the thoughts and sensations of so-called physical needs and desires, with which you afflict yourself, that the light of instinct is obscured.

Children Are Guided by Instinct

In an infant, instinct can express itself. An infant knows more than its mother and father. It sees more than its mother can see, for it sees with the psychic eye, the eye of the spirit. For that reason when it looks into

your face, it looks above your physical eyes, at your forehead. Because it sees with the psychic eye more than with the physical eye, it looks into your psychic eye which is in the middle of your forehead.

The child is forced to go through many experiences, where it is not allowed to obey the guidance of instinct. Especially is this the case when the child is tormented by its mother or father about things to eat. Instinct will guide the child to eat the right food, and what one child instinctively desires might be poison to another. It is a mistake to treat children alike, to make them eat the same food. Whatever the child instinctively desires is what it truly needs.

Have you ever noticed how your children sometimes do not like your friends. Many little children only like certain people? They are sensitive. They instinctively know there is something wrong with others. They sense insincerity, selfishness and other thoughts. Instinct is the light that leads them on and tells them not to go to certain people. Dogs have this instinct. They know if a person is friendly. They know whom they like and whom they dislike. If a child is allowed and helped to strengthen its instinctive power, this power will always show the child what to do; it will guide the child at every turn; it will keep the child well fed, and will give it everything the body requires.

Instinct is Always in Motion

Thus, you see instinct is always in motion. It never rests while you sleep, while you dream, while you walk. No matter what you do, it is never still. It is much more in motion than you, yourself. When you grow older, you

develop *thought power* to such an extent that instinct is drowned out. You become so thick-skulled, so dominated by your thoughts, and by the thoughts of others, that to impressions, to instinctive ideas, you no longer listen. This is the reason you meet with accidents, with sickness, with various troubles. This is why you run into trouble and traps, where selfish people deceive you, and take advantage of you.

Each Soul Must Follow Its Chosen Path

Your pathway on earth has been prepared for you before ever you came forth. You have chosen your way before you were born, and you must go through with it. You may sway back and forth, you may swing this way and that, you may alter your course a little, but *you can never change the pathway itself*, and you must follow it until you finish your life on earth.

Instinct Makes No Mistakes

Instinct is one hundred per cent. just. If you disregard instinct and follow other desires, you will pay the penalty. If you desire some material object, instinct may condemn your desire, knowing it to be unjust. If you obey your desire and carry out your wish, you will have to suffer the consequences. The first impression is the impression of instinct. The second impression is from your own weakness. If you yield to your desire, you are only fooling yourself. There are many things instinct would not allow you to have.

Instinct Is Very Strict

Instinct is much more strict than your mother or father. If you followed your instinct how much more

healthy you would be! There is not one of you, whose body is not saturated with all kinds of unwholesome foods. Your instinct is always warning you what you should, and what you should not, do. You are constantly disregarding your instinct and following all sorts of desires for things that are not meant for your particular body. What is not good for one, may be quite good for another. Your instinct knows exactly what your body requires. You suffer if you do not obey your instinct but your instinct does not suffer. Your spirit is born into the flesh, to learn to obey the instinct, which is the guide to knowledge and perfection. Instinct is very strict. It knows all about your body, its weakness and its strength, and instinct, if permitted, will give the body one hundred per cent. correct guidance. Because you disregard instinct and obey material thoughts and desires, you suffer the consequences, aches, pains, old age, all sorts of conditions which eventually prove too much for the poor body to endure.

Instinctive Impressions Should Be Followed

Follow your first impressions or "hunches". Do not hesitate or doubt. Follow, even when you do not like the impression, even when it seems to go against your inclination or your reason, and you will be much better off. If men could only see the source from whence comes this instinctive motion, they would make every effort to follow the leading of its majestic power. You cannot see, and it is better so, or it might be too easy to follow and you might fail to learn the lessons of life. You might fail to become masters and teachers, to spread knowledge of the truth, to lend the helping hand to those who are

weaker, to those who have lost the key, and do not know how to communicate with their own instinct. Do you now see why so many of you have lost touch with instinctive motion? You have listened to other thoughts and desires. You have closed one door after another. You have wandered off the straight path and it will require great effort to find your way back to the path where instinct is waiting to lead you on to perfection, on to God.

How to Follow the Guidance of Instinct

Every morning when you wake, visualize a small light. Say to yourself, "There is my guiding light. I will now lie still, and sense the impression it will give me." Do this every day. This will break down the barriers that have come between instinct and you, and will strengthen the power of instinct. If the guidance of your instinct is clear and distinct, you will always know what to do, you will never make a mistake, you will never misjudge anyone. You will obey the teachings of all the great masters.

Think of Christ. He always judged kindly. He said "Father forgive them for they know not what they do." He realized the ignorance of those who condemned him. He could see, and he knew that they were blind.

If someone who is blind, becomes obstinate and stubborn, and, when he has been told not to run, runs and falls, that does not show that he is evil. It shows that he is ignorant and needs help. If you are near, give him your help. If he will not accept your help, give him

your blessing and leave him, and wait till someone else comes. Never force people to do or to accept anything they hesitate about. Your thought may be right for you, and not right for them. Possibly their instinct is better than yours. If people do not agree with you, give them the benefit of the doubt, and go your way. Be happy in your way, and let others be happy, each in his own way. So, you will free your soul from after-thoughts, that will irritate and annoy.

Instinct, the Friend of the Soul

You have one good friend who will never irritate, who stands by, day and night, who is always in motion, and who is always saying "Watch me. Come my way. Follow me. I know what is good for thee. I know what is bad for thee. Let me lead thee by the hand. Thou art man, clothed in flimsy flesh of earth. I will guide thee, Though thou walkest upon earth, where clouds and darkness prevail about thee, be of cheer. Follow me. I never fail. Follow me. I belong to thee. I will guide thee to the home from whence thou hast come, out of the darkness of earth into the light, where the Father in Heaven awaits thee with open arms of love and joy and peace."

Tho' losses and crosses
Be lessons right severe,
There's wit there, ye'll get there,
Ye'll find nae otherwhere.—R. Burns.

A Prophecy Fulfilled

Since the publication of the last issue of *Progression* in May 1937, the new home of the *Radiant Healing Centre*, the new headquarters of "*Progression*" at 127 Church St., St. Catharines, Ontario, Canada, has been completed. The lectures reproduced in this issue are the first lessons delivered by "*Light*" to the Home Circle of the *Radiant Healing Centre* in the new home.

When the philosophy class was started about eight years ago, a prophecy was made by *Light* that in time there would be a home, a temple of truth, a centre devoted to the welfare of mankind, a place of communication with the loved ones who have passed into the next stage of life. With unfaltering courage and perseverance, in the face of discouragement and delay, the beloved teacher and those associated with him, have encouraged us hesitating mortals, have insisted we could bring about the fulfilment of the prophecy. Under their guidance and through the generosity of members of our circle, it has now come to pass. With a pleasant auditorium, a comfortable library, a sacred chamber for communion with the unseen, the new home opens the door to a new era of progress and development. There will be a research department devoted to the study of psychic phenomena, there will be philosophy classes, classes for psychic development, and on Sundays a lyceum for the children and meetings for worship.

All subscribers of *Progression* belong to our brotherhood of seekers after truth. The membership of the *Radiant Healing Centre* has now extended beyond the limits of North America and includes members in several conti-

nents and in both hemispheres. We can now say that the sun never sets on all the members of the class. Every member can consider the new temple as his spiritual home, and every one is invited to make some tangible gift which will be a memorial to the donor, and will form a bond uniting the donor more closely to the home circle. All gifts will be recorded in the records of the *Radiant Healing Centre* and will be gratefully acknowledged. Furniture is being gradually acquired. Books for the library will be welcome contributions. Most of all, we bespeak your thoughts of goodwill and peace, your concentration in the thought of healing, in particular for those in special need of help, and in general for all the world. With great thankfulness and with a deep sense of responsibility we pass a new milestone on our career and face increased opportunities to serve mankind.

May this number of *Progression* in its bright red cover carry the message of the Christmas season to all into whose hands it shall come. Peace on earth, goodwill to men, success, happiness and progress to all the children of the Great Father in whatever cycle of life they may be.—Editor.

Our soul's much further than our eyes can see.—M. Drayton.

For God will deign
To visit oft the dwellings of just men
Delighted, and with frequent intercourse
Thither will send his winged messengers
On errands of supernal grace.—Milton.

PHILOSOPHY IN VERSE



AN EVENING PRAYER

*If I have wounded any soul to-day,
If I have caused one foot to go astray,
If I have walked in my own wilful way,
Dear Lord, Forgive!*

*If I have uttered idle words or vain,
If I have turned aside from want or pain,
Lest I myself should suffer thro' the strain,
Dear Lord, Forgive!*

*If I have been perverse or hard, or cold,
If I have longed for shelter in the fold,
When thou hast given me some fort to hold,
Dear Lord, Forgive!*

*Forgive the sins I have confessed to Thee;
Forgive the secret sins I do not see;
O guide me, love me, and my keeper be. Amen.*

N.B. All members of the *Radiant Healing Centre* are urged to learn the words and music of this beautiful hymn.

BEYOND

*There is a light along the western sky
Whose glory tells us that the day is done,
But as its beauty softly fades and dies,
Somewhere beyond a new day has begun.*

*The setting sun whose shadows gather fast
In rosy dawn upon some other sky,
And while for us its brightest beams are past,
Lo! just beyond a new day rises high.*

*Then why should we who face life's western sky
Shrink from its shadows, as the sun sinks low?
They are not shadows; 'tis a matchless dawn
That waits for us beyond the sunset glow.*

—Eleanor Hanley.

We Would Know

(A page devoted to answers given by *Light* to questions pertaining to healing, psychic development and kindred subjects).

Question. Should we expect messages from famous people who have passed over into the Spirit world?

Answer. Why should famous people come to talk to you, people who have no personal connection with any of you? Suppose, for example, Queen Victoria should come to talk to you. Of what use would that be? How would you know it was she? Common sense should tell you that she would not be likely to come to you. If your father, your mother, your brother, your sister, come to you, and prove their identity, if they give you tests and prove it is they, you have real proof. Truly I say unto you, if only the souls of dignitaries, people famous in their lives on earth, are brought, who do not belong to me, and who have nothing to say to me, I can have no proof. Let the humble come to me. Let me talk to my own. When my own have spoken to me and have proved themselves to me, when I have had convincing proof of the identity of my loved ones, then I know that the channel of communication is true. Then, if Queen Victoria, or some other famous person should come to speak

to me, I can have confidence, I can believe it is the one it is represented to be.

I have given you a lesson, how to find true mediumship. After you have received real evidence, you can give the benefit of the doubt to those who come and do not give evidence. First find out if the medium or channel is genuine and sincere. Then you can accept those who come, as being who they profess to be. This is a vital lesson. Let none of you be hurt or offended by what I have said.

I hold it truth with him who sings
To one clear harp in divers tones,
That men may rise on stepping-tones
Of their dead selves to higher things.—Tennyson.

Happy the man, of mortals happiest he,
Whose quiet mind from vain desires is free;
Whom neither hopes deceive, nor fears torment,
But lives at peace, within himself content;
In thought, or act, accountable to none
But to himself, and to the gods alone.—Lord Lansdowne.

PROGRESSION

This, the twentieth number of *Progression*, will be the ninth in a new series of binding.

A special offer is being made wherein the full series of the smaller size (1 to 10 inclusive) may be secured for \$1.50 post-paid. Lessons eleven, twelve and thirteen procured separately are not included in this offer, but sell at the regular price. The complete list is as follows:

Progression No. 1—Oceans of Thought.

Progression No. 2—Healing via Concentration Through Occupation.

Progression No. 3—Healing Through Visualization and the Projection of Thought.

Progression No. 4—From Lowlands of Life to Mountains of Mastery.

Progression No. 5—Lighting the Path to Spiritual Healing or The Eternal Plan.

Progression No. 6—Life, Death and Voices of the Soul.

Progression No. 7—Journeys in the Beyond or Garments of the Soul.

Progression No. 8—Man's Super-Human Powers or Inspiration and the Future.

Progression No. 9—Sleep, a Universal Psychic Experience.

PROGRESSION—Continued

Progression No. 10—Material Possessions and Their Relation to Spirit.

Progression No. 11—The Physical Body and its Relation to Spirit (which includes a continuation of the lesson on "Sleep").

Progression No. 12—Sensitive Sight.

Progression No. 13—Knowledge, the Diet of the Brain.

Progression No. 14—The Mastership of Breathing.

Progression No. 15—Knowledge the Foundation of Wisdom.

Progression No. 16—The Perfect Prism.

Progression No. 17—The Seventy-Seven Ethers.

Progression No. 18—The Soul's Protection from the Body

Progression No. 19—A Sensitive Healing Power.

Progression is published Quarterly in February, May, August and November by *The Radiant Healing Centre*, St. Catharines, Ontario, Canada.

OFFICERS OF
THE RADIANT HEALING CENTRE

REV. WM. CARTHEUSER

Head Disciple and Treasurer

MR. IVAN H. HARE

Secretary

MRS. JEAN E. TYE,
31 Hillcrest Avenue.

St. Catharines, Ontario.

Editor of Progression

MR. F. E. HETHERINGTON, M.A.,

Barrister-at-law,

7 Queen Street,

St. Catharines, Ontario.

Address all correspondence and renewals to

Rev. William Cartheuser,

P. O. Box 95,

Orange, N.J.

or

Lily Dale, N. Y. (Summer)

Canadian address:

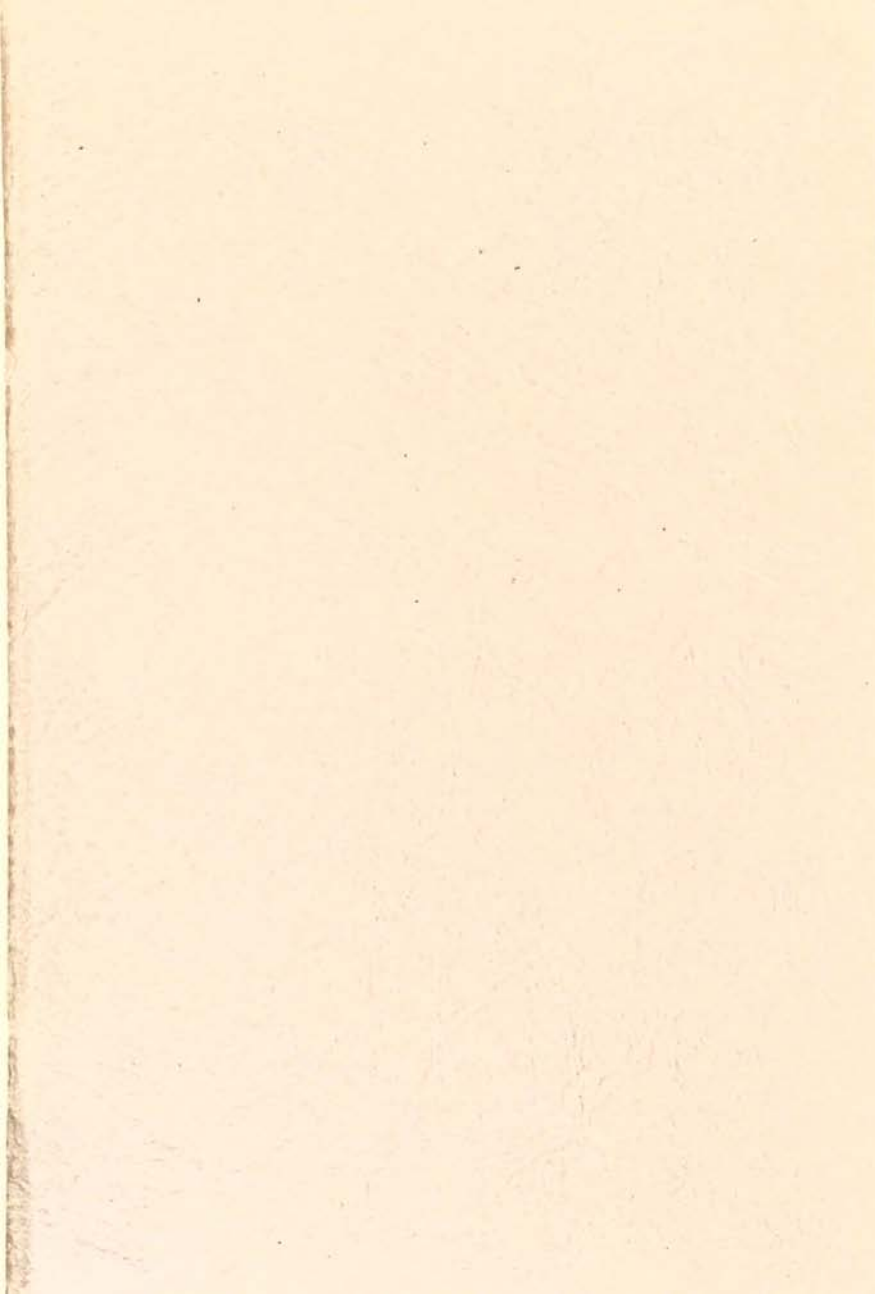
Ivan H. Hare (Head Disciple),

103 Louisa St.,

St. Catharines, Ont.

Editor and Officials of Progression donate their services.

*Members and friends are requested to send in
donations to keep this worthy cause
in circulation.*



Progression is published Quarterly in February, May, August and November by *The Radiant Healing Centre*, St. Catharines, Ontario, Canada.

OFFICERS OF
THE RADIANT HEALING CENTRE

REV. WM. CARTHEUSER

Head Disciple and Treasurer

MR. IVAN H. HARE

Secretary

MRS. JEAN E. TYE,

31 Hillcrest Avenue.

St. Catharines, Ontario.

Editor of Progression

MR. F. E. HETHERINGTON, M.A.,

Barrister-at-law,

7 Queen Street,

St. Catharines, Ontario.

Address all correspondence and renewals to

Rev. William Cartheuser,

P. O. Box 95,

Orange, N.J.

or

Lily Dale, N. Y. (Summer)

Canadian address:

Ivan H. Hare (Head Disciple),

103 Louisa St.,

St. Catharines, Ont.

Editor and Officials of Progression donate their services.

**Members and friends are requested to send in
donations to keep this worthy cause
in circulation.**

