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March 1944

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VOLUME 4

If you are interested, a complete file of Dr. Mystery's articles will be invaluable to you. They will be continued. The language and form of expression used are as originally given and may at first be difficult to understand. However, they cannot be changed without altering their meaning.

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The

PHILOSOPHER'S STONE

A MONTHLY MAGAZINE

RUTH B. DROWN, Owner and Publisher

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The Divine or Higher Mind

Dr. Mystery



HESE conditions that surround your life, through touch, through sight, through your physical senses, that you have allowed yourself to think of as mind, are simply registering through

your physical organism, the connecting link between the physical and the mental. The consciousness of the soul, your consciousness, is something infinitely higher.

By means of these glimpses you have obtained during these lessons, you have become more anr more conscious of the vastness of your powers, you have become able to realize that all the attributes of the infinite are innate, are natural to you; as you realize, your own nature, at such times, when you are in tune, when you are in harmony with life you become aware that this is soul consciousness, this is your eternal consciousness, this is the consciousness that abides with you through all eternity. This is the consciousness that realizes, that can be heeded, that can be respected, that can be lived by.—You are the master, you are lord, and this intellectual consciousness should be your subject. The mind of the so-called intellectual being, the mind which is not illuminated by the consciousness of Being, the mind which is reasoning through the senses, through the lower instead of the higher consciousness, is the intellect. This simple intellect—or complicated intellect—which you have all more or less respected, is limited, but at times it has mastered!

The soul consciousness, the soul intelligence has no limit. The only limit you can conceive of the soul consciousness is the limit of expression—the limit of conscious expression. It is not that it is not within you; it is not that you are not intelligent souls; it is not that you are not omnipotent in the vital center of your being, as souls; it is not that you are not already Divine; it is not that you are not already all of these attributes which we have said that you are possessed of,—but it is that you are only in a very small degree expressing this consciousness.

The whole universe and all its infinite variety may be present to your physical senses, but if you have not cultivated your powers of expressing your soul consciousness they touch you not at all; they make no impression upon your consciousness. To one who is less awakened the world is a narrow place indeed; but to you who have awakened to the fact that in your soul consciousness you can manifest through every atom of your being, who have awakened to your true nature, you can manifest life, strength, intelligence, love, patience, through your instrumentality, you can radiate, can allow this life to flow ceaselessly through your brain, through your body, through every atom of your being, and it is your mission, your business to gather experience, to transmute it into consciousness and radiate it through your individualized souls.

Now that you have come to realize that to be souls is not sufficient to express soul, to be alive, is not sufficient, but to live life, to breathe life, to act, to know, to be conscious of the infinity of life is what makes life worth living. The life that is little, that is narrow, that is selfish, that is ignorant, that is blind is a very little, small life; but the great souls on this plane who lived for humanity, for their own highest realization, have known a great, vast world, have enjoyed a vast circle of friends, have enjoyed vast riches, have enjoyed the jewel of life; and so in proportion to the unselfishness of your living will you find joy and happiness. Life knows no limit. To cultivate life limitless realize your soul intelligence, your soul wisdom, patience and love, then these attributes of your Divine Nature will manifest themselves.

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I am going to lead you to think with your Divine Mind, to plan your little plans of life with your Divine Mind; to learn that the little things of life conceived by the Divine Mind are the great life's jewels; that the things you have conceived with your mortal mind are apparent, illusory, deceptive, are disappointing to you, because your mortal mind is that which only perceives by glimpses through little windows; but the Divine Mind stands out in its illumination, in its wisdom, stands out in its own light. It knows no limitations; it sees behind it, above it, around it, beneath it. The Divine Mind is conscious, the Divine Mind is alert, it casts no shadow, can make no mistake for it illuminates all that it perceives.

There are things you are conscious of you know not why; you feel they are real, but not by touch nor by vision nor by any of the senses; you only know. This is Divine Consciousness. Mortal mind needs these little windows to glimpse through; needs to touch, to taste; it needs all these functions of limitation; but Divine Mind is simply conscious. You come into contact with another soul that is functioning through its individualized expression. You know that soul and that soul knows you; it is your friend and you know what it stands for to you. You know what your mutual interests are; you know how to come close to that soul in that communion that is not misunderstood. That soul recognizes in you its own needs; you recognize in that soul your ownrequirements, and you come together; you lose not, you waste not your time in trivialities. Your touch is vital; your interchange of thoughts is vital. So life, lived in the vital consciousness of Divine Mind, becomes faultless: life becomes wasteless, life becomes worth living, for you waste not time.

Now, to you who can bear it I am going to go further into the abstract truths. You know if you are attempting to master an instrument, to give forth great harmonies, to produce wonderful chords, harmonious music; you would not be wondering what this motion, what this expression would be worth, what the effect was going to be on your hearers. You would not in the beginning wonder what this combination is-or would they admire you for it: would they understand this and is the effect going to be a great impression-or be looking about over your shoulder to see the effect. But this is the way so many live in their attempt to apply metaphysics. They are anxious to produce results; it is true they want the results to be good but they will say; Am I going to be well; am I going to be strong enough to endure this; am I going to find time to practice this expression. They are thinking continually of the little details-their effect. You cannot accomplish the best results when you are thinking all the time of the details-the effect, instead of the production of the vast harmonies, instead of the organization of perfect chords-to attune yourself to the vital issue, or perfect life. If you have sufficient of the perfect life manifesting through your soul will you not radiate all this beauty; will you not radiate all this light?

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If you apply yourself to all the conditions of your life with the ideal constantly before you that you wish to produce, or if you have a beautiful conception, place yourself at one with it; apply yourself; appeal to it; identify yourself with it; assert it; simply let it be whole and perfect. Abide in the Divine Con-

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ception; familiarize yourself with that Divine Conception until you heed not the little pains, the little discords, the little limitations-and with that great light, with that great harmony that you have produced with your perfect atonement with it, will not the harmony of it bring to it vibrations with its harmony? The very sounding of a great chord shakes everything into vibration with it. Do you realize that the lesser will be compelled into vibration with the greater? That is why when you add one good to another good and combine goods and condense them, the magnetism is increased and it attracts everything to it, and as you attune yourself to the divine law. Concentrate yourself upon the ideal, the perfect, and as you are individually conscious of that perfection everything will gravitate to you; everything will respond to you, as when you bring a great flood of light into a dark cellar so will that darkness be dispersed and the light present. So in your ideal of the great, the powerful, the strong, the perfect, will it flood all minor floods out; so will it illuminate all the dark places until everything will come into vibration with it. It will be perfect; it will be strong, and all is negative to that which is positive, and life will attune all discords if you will realize it. It is not that it is not here, but your consciousness is smaller or greater.

Will you be satisfied merely to peer through the little windows, to be satisfied one day because you have riches, satisfied tomorrow because you have recovered from an illness and have harmony on the physical plane,-satisfied in one degree or another? Or will you identify yourself with the whole ideal, and will you so identify yourself and so live in the realm of the Divine Consciousness of that ideal that you grow to eat with your Divine Consciousness, grow to sleep with your Divine Consciousness; grow to direct with your Divine Consciousness to express with Divine Consciousness, to radiate your individual ity? The individualized soul functions through your Divine Mind, not through your petty, wandering, floundering, negative, fearful, hopeful, doubtful, discouraged, encouraged, vacillating mortal mind. Forget that mortal mind; forget all of its habits; forget the generations of concession to its supermacy; forget all of the things that are better unlearned and come into the living through your Divine Mind.

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Think that if you will to be hurt, it will hurt; but it cannot without your Divine permission. Live Divinely, move with Divine grace, speak with Divine harmony; live a Divine symphony of life.

O' Beings, to live in the abstract consciousness of the Divine Life, of the Divine Mind, is to lift you above all doubt and fear and uncertainty. You will not be magnets to attract one sorrow, one pain, one discordant condition. Can you be happy in a universe where there are those living in the A of the alphabet and those living in the Z? Could you be consciously happy on your mortal plane knowing that you are warm, that you are well fed, that you are well clothed that your environment is artistic, when there are those hungry for what you can afford to waste; shivering for what you leave in your rooms-for the very rugs under your feet to clothe themselves with? Could you be happy on your mortal limited plane with the consciousness of this? Could you be justified, without the Divine Consciousness of the ultimate all. or could you be justified in one moments's satisfaction, but with the illumination of the Divine Consciousness, with the understanding which comes through the divine living of the divine life? Could you see the development through all of these years, through all of these phases, through all of these conditions of life, without the realization that comes through the Divine Consciousness? Never can that peace which is security come to a life until it has arisen to the Divine Consciousness. Never can a life be possessed of that compassion which blesses until it comes into the living of the divine life.

Pity that weakens, complaint that sees misfortune, that sees error, injustice, discord, that lives in the details of life, could never help the soul to attain to satisfaction for itself and find its center while multitudes are not enjoying satisfaction; but to you, when you realize that if you but lift up yourself. if you vibrate in tune with the Divine, you will bring the negative into vibration with you. If you want the universe to become more comfortable; if you want the hungry to be fed, the cold to become sheltered, attain yourself to perfect conditions of comfort, to the ideal life, to perfection, and with your positive atonement do you become a mighty master and then draw the multitudes to your harmoniously attuned vibrations.

You who have been with me through these lessons understand that the first obligation to yourself is such that you must understand the effect that you can produce upon your own life by your own thoughts, by your own harmony, by your own recognition of the Divine Consciousness of life, of what you may become by this life. Then others will be attracted to your consciousness; then others will be brought under the guidance of your consciousness.

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Beings, you have a mighty mission, and as you come into greater understanding your obligations are increased with your understanding of Divine mind, with your understanding of the application through these instruments of all ethics, of all the rules, of all the suggestions we have given to you here. Your might, your power is so increased that that which you send out in the universe, not called into harmony yet, you are able to call forth to you. You see glimpses of lack, of need, of want, why? That you should correct them. You see discord in a great combination of notes. why? To bring it into subjection, into tune, into harmony. You see all these chaotic notes in the universe. If you could see no want in the world your mission could be but little. If you could see those who live in their vast luxuries and enjoy their bountiful supplies and have high ideals and yet cannot see their wants; how little good can you do?

Now you who come into the true compassion that is the illumination of consciousness of your relation to every created being, that brings you into consciousness of your power to bless them, of your power to attune them, of your power to call them into the great individualized harmony which you are creating, you can do much!

Did the thought ever come to you that all this wonderful harmony set up, all this combination of notes, all these beautiful chords, all the sounds that you have ever heard on this plane, that harmonize, that vibrate together,-these different tones, are only fragments of the whole symphony that is going to be produced some day? Has it ever occured to you that all these great individualized notes are only fragments of the great harmony that is going to be? The universal harmony is a combination of every sound, of every color, of every shade, and you are working to haromnize it, you are working to bring harmony out of chaos; you are helping to bring together and arrange this wondrous harmony, and as you find an opportunity to speak one kind word here, to bless with a helping hand there, to do some vital errand for some waiting soul to call it out into expression, you are helping in this work.

Souls, realize that you must call to another; you must live for each other; you must speak to each

other; recognize each other; see in each other the perfect Divine Breath of God expressed through individuality. Think of each other as parts of this great harmony and as parts not yet fully organized, but call each other together. Meet each other on the soul planes; meet each other expecting to be recognized soul to soul. You who make excuses that you must wait for some time in the future, that you live in this age of competition, I say to you that there is no time better than the present.

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He who does not yet know that it is better so; that does not yet recognize brotherhood; who does not know that to help another is doubly to help himself, does not see it, nor can he do good by acting before conviction.

You have in your land this last two years many illustrations of men whose ideals and conceptions have been good but who wished to launch out with that originality, which is theirs, but who wished to look back over their shoulder continually to see whether they were receiving the acknowledgement they thought they were entitled to, who are thinking whether they had a following enough to glorify them; who are thinking more of their success than of what they can accomplish for their country,—and you have seen their disappointment; you have seen their downfall. It is living in the abstract which never fails, which knows not disappointment, for it expects nothing; it is not working for the glory, but is working for the ultimate realization, and I say its reward is in the joy of its consciousness, even if there is no other reward to follow—when its motive is simply in the harmonizing of the great chaos; when its motive is reform solely. The hours of living for that end are joyous hours.

Live with your ideal; speak with your gracious manner; speak with your honest intention always foremost. Familiarize yourself with the light everywhere: with the ideal you hold. Have you a friend who is discordant, who is selfish, ignorant, out of tune with the whole universe, and do you comment on that friend's weakness? Look at that friend as with the shutters all drawn, the blinds all drawn down. You see the soul within; realize the Divinity within, and you must help to raise the blinds; you must help to call out that illumination you must push in behind. You know what is within; you must touch that within and you must make it commune with you. You must not hear its word of complaint; you must not hear its railing, its disappointment, its sickness; its discouragement. That is not the soul with whom you are going to commune. You are going to reach that soul who knows it is Divine, who knows it is strong; you are going to visit with that soul; you are going to live with that soul in the Divine mind. The result will be that their complaint will fall away; they will feel this strength, this harmony; they will feel that they have much to be thankful for: that it has been here all the time and that they have been complaining and ungrateful. If we only see how much we have to be grateful for, the things we complain of will disappear.

If you have what you call a lack, think of your possessions; if you say you have suffered pain think of your soul perfect, of its lack of ailments. Think of your perfection; dwell upon yourself in the wholeness of your being and you forget your lack. If you have been thinking of darkness, think of light. Light is positive: discord is not positive; it is chaotic, disorganized. All that is positive is good; is harmony; is life. Let in life; express life; express strength; express love; express all of the attributes of your being; dwell upon them; be so familiar with them that you feel they are a part of you; embrace them, souls, and you will find very little room left for suffering, for disappointment, for misfortune and sorrow, and you become such magnets by living in the consciousness of your harmony that things vibrate in accord with your harmony. If you live in hope, you attract fulfillment; if you live in gratitude, more richness will be given to your life, more fulfillment. If you live in the love of the perfect being that knows no fatigue, no discord,---if you will center your mind even for one hour out of the twenty-four hours, if you would devote yourself for one hour to the ideal, that one hour would be so perfect that all the others would come up in tune with that one hour.

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Oh, how little is asked of you; how abundant is the surplus provision. You often say of Nature, "How extravagant!" Why? Because so little is utilized But it is at the eleventh hour that opportunities are still given you though you have wasted all the others. And so when you have come into an understanding of this truth, you will find that one hour can make you *mighty* over all the other hours; and so it is worth your while, you who are striving for great realization you who are striving to feed those who have not the power to feed themselves, you who are striving to adjust discords in the bodies of those who are suffering illness, you who are striving to radiate them with your life, Oh, feel your responsibility.

The Divine Mind will not wander; the Divine mind says this is right; then it loses nothing, and it directs you, not by a circuitous course, but direct to the source of your life, and you waste not time. Oh, these precious years that seem worse than wasted. You are devoting your time to trivialities; you are running hither and thither to no purpose, for you are usually spending much of your time in rallying from these trips out of yourself, to bring yourself back to your center.

Why, Beings, tonight if I could make you fully conscious of the possibilities before you and the waste of the years that you have known,—we would all rerejoice if you were fairly started; you have not yet quite started! You are getting ready to start.

You cannot afford to create criticism from another to yourself; you cannot afford to do this unless you see that its effect is going to do more good than their criticism is going to do harm. You must have infinite wisdom to live this independent life. Your laws in your land are for mortal mind and they are necessary for mortal mind. But the infinite mind, the infinite consciousness, the Divine Mind, never trespasses; it never intrudes; it never imposes upon others; it accepts its own; it gives to others their own It gives to others their rights, but it imposes not.

But often times we claim to act by Divine Mind when it is a misrepresentation of the mortal mind. You must guard your consciousness well. Live with such exalted conception, such exalted ideals, that you know it is not impudence, that it is not vanity, conceit, or merely a desire for a little more wealth or power than someone else, that makes you enjoy eccentricities, that makes you enjoy independence of the opinions of others. Oh, the independence and indifference to false criticism is something apart from the vanity that ignores facts, that merely calls forth criticism upon itself. I verily believe that a soul illumined calls not criticism to itself. And when your life is such that your fellow men-that other souls-are attracted to you for your genuineness of purpose, for your devotion to your ideal, I believe it will be without criticism; I believe it will be with admiration and respect for every quality in you which deserves respect; and my observation has been with you mortal minds that criticisms are usually directed to people who deserve to be criticised on the plane on which they live. You are magnets for criticism of what you deserve criticism for. But he who lives the divine life, who is evolving towards that ultimate harmony, whose motive is the attainment of more life,—with this motive I believe you will attract no criticism to yourself. But it is when you live in the expectation of recognition, of places, of appreciation for your individual soul,—then do the disappointments come.

I will go forward to say that this is not a life without gratification—to. live in the abstract life now Such a life is in harmony, is a magnet for fullness of realization; it is a magnet, as we said in the beginning of this course. As we lead you forward in these lessons and you realize that in proportion to your realization you will become magnets for all, you have cultivated a taste high enough to enjoy.

Come into this consciousness; it is yours to realize what a mighty statement this is. All of this is yours to realize,—not yours to be created; not to be created for you; not so; it is yours to realize the whole. How are you going to realize this unless you familiarize yourself with these things—live habitually in your consciousness, in your Divine Consciousness. Oh, how can petty annoyances approach; how can discouragement; how can fatigue; how can impediments how can doubt, loss of faith, belong to the Divine Consciousness? And the moment you see symptoms of this rally yourself to the Divine Consciousness, see that its effect is going to do more good than their criticism is going to do harm. You must have infinite wisdom to live this independent life. Your laws in your land are for mortal mind and they are necessary for mortal mind. But the infinite mind, the infinite consciousness, the Divine Mind, never trespasses; it never intrudes; it never imposes upon others; it accepts its own; it gives to others their own It gives to others their rights, but it imposes not.

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There is but one thought I could give you; that is, I AM. I am conscious of this: I am conscious of my nature: I am conscious of the attributes of my nature; I am expressing life through all these attributes. I AM; not, I want to; not I hope to. I AM-not what this body, what this instrument may act when it is out of tune, out of harmony; not what it may express. Nevertheless, I am perfect; I am conscious of my attributes; I am living them; I am expressing through this instrument, perhaps in less or more degree, but I am at my center perfect; I am not tired; I am not fearful; I am none of thes negative things. -I am positive; I am an instrument of the Divine Life; I am an instrument of the Almighty Being. This is a positive statement. I Am; not I will be: hope to be: going to be some day. I AM, and I am all this that is true. If you will say it enough your face will show it. Flush out your being, do not stagnate. show it. If you will state it enough; if you will realize it consciously enough every atom of your being will show it. Flush out your being do not stagnate. All things are created for a purpose; else they would not exist. The purpose of your body is to demonstrate through your body. "I am going to demonstrate through every atom of my being, and not only am I going to demonstrate through every atom of my being but through every atom of this room and through everyone around me. I am going to vibrate and they will come into harmony. I am going to vibrate through every atom of this earth, through every condition of the universe, out and out until I girdle the earth,—till I am omnipotent!

Oh, think of it! Dwell upon this thought and nothing can stagnate in your being. Why, you will sweep from your path what seemed before like mountains. But, mark you, don't begin sweeping first; just be and realize that you are and the sweeping is being done. You are flushing out your being when you realize that you are an instrument through which life should flood. Don't stop for the details, for realize the abstract truths that I have spoken tonight and the details will fall into harmony.

(To be continued in April Issue)

Do not think of your faults, still less of others'; look for what is good and strong; and try to imitate it. Your faults will drop off, like dead leaves, when their times come. —Ruskin

Unnecessary Noise

NORMAN DOUGLAS

Man (mind) depends upon silence for mental balance and Spiritual salvation; and, regardless of his physical efforts, mental hospitals and human sacrifices, civilization—or SALVATION—is impossible where minds are being unbalanced, disturbed—and even destroyed, with unnecessary noise.

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We can ignore our social problems and tolerate the indorsement of health destroying habits; we can put up with crooked politicians and sanction cigarette smoking for high-school girls, but if we continue with indifference toward "The Unnecessary Noise Problem" we shall rue the day in which we permitted this mad Frankenstein to play with the Power of Vibration.

We can build finer hospitals for the nerve-wrecked and larger asylums for the insane; we can erect great universities and fill them with Mind's labor; we can altar golden shrines to The Christ and carve mountains of stone into the silent features of Washington, Jefferson and Lincoln, but if we let this godless racket shut us off from *The Silence* that created *these*, we shall be asking for louder and hotter thunderbolts than those dealt Sodom, Gormorrah or Atlantis! We come from a Source that is of Silence; call it Mind, Spirit—or God, It is a Being of Silence. We, in our present state, are capable of sound-production and sound-transmutation: yet—that we might become one with the Infinite Silence of God, it is expedient that we rise in sensitivity above the denseness of that which is of SOUND.

Is this not something to consider when the volumed RACKET and DIN of Today is becoming a problem.

To realize the destructiveness of NOISE, let us first consider SOUND: for as SOUND exists only in material mediums (being produced by vibrations that act thereon) we, as such, are the creators of SOUND. Where there are no mediums-objects, things, people -there is no such thing as SOUND. But wherever Force and Matter are made to suffer interruption, such as the discharge of a gun, the clang of a gong, shrill of a whistle or voice production, our auditory sense (capable of sound-transmutation) make the waves or vibrations thereof audible to our consciousness: thus creating what we call SOUND. And yet, in most cases, it is unnatural and enexpected friction caused by the objects. Moreover, as the "air waves" have been suddenly forced out and given power, the effect is destructive; and to such an extent that were it not for the gradual dispering of the "waves" by larger and lighter "wave circles" that travel out and away from the Center of Concussion, the vibrations from one active bomber would be enough to destory the universe. Yet (and let the Noise Enthusiasts heed this YET!) until "sound waves" are thus dispersed, they have a most harmful effect upon the objects (both people and things) producing and receiving them-as is being proven today in the present war. In fact, Commander Bartholomew W. Hogan of the U.S. Navy Medical Corps, recently informed the International College of Surgeons that NOISE, having reached a certain volume, can "Completely disintergrate a human body, leaving no fragment or trace-Also, that "Sound waves can kill without leaving the slightest sign or mark on the victim." When the Nazis were overpowering the Belguims (1940) there were reports of a secret weapon via the possibilities of intensified "SOUND WAVES" carrying homicidal vibrations more deadly than those of the depth boom. As for reports in 1941 of a secret weapon termed "The Paralyzing Ray," it is now believed that such was the hot, intensified vibrations from blast waves wrought via major explosion-or NOISE arrayed in flame!

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Recently, while Medical Science was quandarying over the strange deaths of certain civilians in bombed districts (the bodies having been found some distance from the debris) the quandary was made clear by new knowledge on the "killing power" of sound waves—or "INTENSIFIED NOISE!" and this was timely iterated in an article written by Irmis Johnson for The American Weekly under the title "KILL-ING BY SOUND WAVES"—and, (condensed it was again published in the December issue of The Science Digest. Verily while we would like to have used some of the datum therein—and especially information on the destructiveness of NOISE, further publication has been prohibited (likely because NOISE, proving to be invisible and a "DEADLY KILLER," —can be used as a secret weapon.) In truth, is there anything more deadly than a DEPTH CHARGE? And though within a certain distance of a submarine this SUBMERGED RACKET can deal destruction to both crew and craft, the American Medical Association reports (and we quote) "If a human body is within a radius of 100 yards of the exploding DEPTH BOMB, the chances of survival are slim."

"So what?"-says the Noise Enthusiast.

"So what,"ask we, "is a DEPTH CHARGE but NOISE released in water?"

In view of the foregoing—and the fact that most of the NOISE is unnecessary, the majority of us either tolerate or endorse RACKET for all occasions —and, with strange pride, vaunt our "iron nervous system"—boasting that Noise doesn't bother us in the least—that we are immune!

"Strange pride"—indeed! when we consider that mules and donkeys are used in the army's munition department' because "Noise doesn't bother them. But the highly valued and over-sensitive cavalry horse—with a nervous system receptive to the finest vibration or lightest note of a bugle, is "bothered" with the noise that has no effect on the nerves of "munition mules"—with their (so-called) immunity. heed this YET!) until "sound waves" are thus dispersed, they have a most harmful effect upon the objects (both people and things) producing and receiving them-as is being proven today in the present war. In fact, Commander Bartholomew W. Hogan of the U.S. Navy Medical Corps, recently informed the International College of Surgeons that NOISE, having reached a certain volume, can "Completely disintergrate a human body, leaving no fragment or trace-Also, that "Sound waves can kill without leaving the slightest sign or mark on the victim." When the Nazis were overpowering the Belguims (1940) there were reports of a secret weapon via the possibilities of intensified "SOUND WAVES" carrying homicidal vibrations more deadly than those of the depth boom. As for reports in 1941 of a secret weapon termed "The Paralyzing Ray," it is now believed that such was the hot, intensified vibrations from blast waves wrought via major explosion-or NOISE arrayed in flame!

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Recently, while Medical Science was quandarying over the strange deaths of certain civilians in bombed districts (the bodies having been found some distance from the debris) the quandary was made clear by new knowledge on the "killing power" of sound waves—or "INTENSIFIED NOISE!" and this was timely iterated in an article written by Irmis Johnson for The American Weekly under the title "KILL-ING BY SOUND WAVES"—and, (condensed it was again published in the December issue of The Science Digest. Verily while we would like to have used some of the datum therein—and especially information on the destructiveness of NOISE, further publication has been prohibited (likely because NOISE, proving to be invisible and a "DEADLY KILLER," —can be used as a secret weapon.) In truth, is there anything more deadly than a DEPTH CHARGE? And though within a certain distance of a submarine this SUBMERGED RACKET can deal destruction to both crew and craft, the American Medical Association reports (and we quote) "If a human body is within a radius of 100 yards of the exploding DEPTH BOMB, the chances of survival are slim."

"So what?"-says the Noise Enthusiast.

"So what,"ask we, "is a DEPTH CHARGE but NOISE released in water?"

In view of the foregoing—and the fact that most of the NOISE is unnecessary, the majority of us either tolerate or endorse RACKET for all occasions —and, with strange pride, vaunt our "iron nervous system"—boasting that Noise doesn't bother us in the least—that we are immune!

"Strange pride"—indeed! when we consider that mules and donkeys are used in the army's munition department' because "Noise doesn't bother them. But the highly valued and over-sensitive cavalry horse—with a nervous system receptive to the finest vibration or lightest note of a bugle, is "bothered" with the noise that has no effect on the nerves of "munition mules"—with their (so-called) immunity. Let us be not overproud of our ability (?) to tolerate and withstand noise, for immunity to sound vibrations is evidence that we are more dense than sentient more dead than alive!

(To be continued in April Issue)

These Things Remain

These things remain, in spite of war's alarming, In spite of disillusionment and pain; The certainties of life are still unshaken;

The sun has always followed after rain! Behind the darkest sky the stars were shining,

And never has their glory faded yet; The blackest night has somehow found a dawning,

And time has always taught us to forget! Since Eden's day the seeds have come to harvest,

And hope has been our stay in time of grief, And courage has been born in hours of conflict,

For faith has always conquered unbelief! These things remain—the joy of little children,

The strength to labor, and the will to learn, The promise of a better world tomorrow—

There never was a road that did not turn! These things remain—O fearful heart, remember,

Look up and trust the One who reigns above; Life is still good; no power on earth or evil

Can ever change the fact that God is Love! MARJORIE McMAHON In Camp Lejune Chapel Bulletin

The Personal Atmosphere

Marie Harlowe Pulley

Shakespeare's character, Hamlet, declared that "There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy." Likewise in man's personal atmosphere, there is a great deal which he is not yet conscious of, but which could be utilized to considerable benefit. There is no such thing as emptiness or vacuum in the universe. The air, or ether, is filled with waves of thought and other vibrations.

Man may be likened to a mold of jelly in water; when the water moves the jelly also moves. The personal atmosphere of man is a certain surrounding region of the universal ether which individual activities and consciousness maintain in a state of activity. Man's body, and the surrounding territory, is like a room filled with ever bouncing balls, as the atoms go and come in constant, incessant action or activity. In the midst of these undulations or waves, these vortices of flying particles, exists an essence in the ether or primitive state of matter (of which radium is the first physical step in manifestation from the unformed to the formed substances), which, as it emanates in invisible but powerful form, is felt by others, and becomes an actual physical matter in the case of a person's photograph.

Every living organism carries its own distinguishing atmosphere, although not all are so definitely unpleasant as that of the skunk. Dogs know their masters by their individual smells, and many people "smell" other people. For this reason it is not well to wear the old clothes of others, for thereby there is a mixture of forces of the two people which is not always beneficial.

Perhaps the poet did not realize the profound truth he uttered when he said that a shadow on the wall leaves its permanent trace. Every living organism emanates from it an invisible (except in certain processes) substance which clings to all within its reach and which by psychometry may be actually felt. Photographic pictures are evidence of this substance made physical, as an actual part of the person is transferred to the photographic plate. Man leaves behind him his portrait wherever he goes!

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This emanation of a peculiar, invisible substance is particularly felt in sick rooms, where the weakened patient is expressing more of the individual vibratory force than usual. It is also felt in epidemics, and in religious revivals as a sort of invisible force pervading the area. Pentecostal meetings are simply the means of magnetizing each other through the common subject (as is also true in the Catholic Mass).

There is an accumulation of "dust" on snowy mountain tops far from any dust of the world. Deserted structures have a certain "dust" on them also. Terrestial particles which have never belonged to the earth come thus to earth. The blue sky is bluer or darker near the earth because of the presence of the cosmic dust in space, without which man would look into the blackness of celestial space. Hermes declared "As above, so below". Plants also throw off a stardust, (as do individuals) and are linked to an interpenetrate in emanation and force the aura or emanation of everything in the universe. Verily are we "all one in Spirit".

The deeper self of man, the largest part of the individual, is submerged at its center in contact with several outlying spheres. Man looks into himself, therefore, fourth-dimensionally. The consciousness is like smoke rings in their interpenetrating state of agitation and movement, and one force often neutralizes another force (which is the basis of spiritual healing). One force may raise or lower another, or modify its effects. People whose forces do not harmonize or synchronize say "He it not of my mind" —"he is not my ideal mate".

There are practical methods of governing one's personal atmosphere, the conditions and circumstances about us. The prime basis of Truth is the mastery, of the individual, over all conditions and circumstances.

The brain is a battery analogous in construction to the nervous arc, which cannot act unless influenced by some other agent. Man has no sight unless light waves come into his senory-perception, no hearing unless sound waves are felt within himself. The brain is the battery, the nerves the wires or conductors of energy,—and it is interesting to note that cables are constructed like nerves.

The nerves are the wires which carry energy out beyond the limits of the body. As light from electricity shines from the bulb, so does electrical energy of man extend beyond him. But not all electricity is conveyed by wires, as in the case of wireless teleggraphy and the radio; the electrical energy of man also is conveyed by fine, invisible "wires" or channels Mental energy is conveyed by means of invisible material media, impressing not only minds, but socalled inanimate objects in an extension of the self. (Much of spiritualist phenomena is produced by this extension of the physical person, and not by any astral entities or forces). Personal Atmosphere.

Scientists, with a metaphysical bent, declare that the mind is at the place where man sees, hears and so on, and is not always in the body. As occult students know, the astral body can be projected to quite a distance.

The Masonic Lodge teaches, in its ritual, the magnetizing of a room or "field". Highly rarefied atmosphere of the mountain regions of the Himalayas constituted an excellent physical condition for spiritual unfoldment, an excellent electrical field for magnetic force to operate within. Man, however, may make his own mountain for this purpose. The electrical or vital force in man can function only in certain prepared or magnetized places. The singing of revival songs serves the puropse of magnetizing the "field" or location of the meeting.

Man magnetizes his own field of action through a process in meditation. Every condition found in the personal atmosphere of man, or the field of his activity, attracts a like condition in other fields. It is thus necessary to clear out of consciousness all of the old life to make way for the new. When this process is partially done, man feels a warm feeling in the region of the solar plexus. This is the partially magnetized electricity or vital force in man which produces heat, and which when fully expressed, produces the higher vibration of light.

Man therefore controls his personal atmosphere by the release of inner power, powerfully and constantly controlled by will.

ELEMENTAL WORLD, OBSESSIONS, and so on

"The Way" has long been a symbol of the path which the man who is becoming spiritualized must travel. There is a right-hand path and a left-hand path, the right being also two-fold in nature, manifesting as 1. occult, 2. mystical. The left-hand path is pursued by those who seek spiritual development for their own advantages and not for the welfare of others. Of course, the right-hand path is pursued for the good of humanity, severally and collectively.

Any methods may be used by either, and both may use the same. Magic, as the use of Power and Force or Energy, may be used for either evil, when it is called Black, or good when it is called White Magic. The so-called power of evil is only the One Power used to evil ends, for there is but one power in the universe. It is erroneous for mediums to speak of developing "powers", for there is but One Power in all the universe.

It is a universal law that every man must become master of himself. "Every tub must stand on its own bottom". This is why Spiritualism is basically wrong, for growth is an individual matter and is not dependent upon what others, even astral entitites, do for one. There is no conscious mastery or dominion in the trance or hypnotic state, when one's own astral is benumbed and occupied by an elemental or low astral entitity. Proof that this is true is seen in the fact that one's healing "guides" do not give physical vigor to the healer. "Am I my brother's keeper?" All ancient theosophy of every land has taught the existence of spirit, both higher and lower than earth's human beings, having their being in one of the planes of force of which there are seven.

Even material science now recognizes matter as indestructible, and as an energy or force or power, which manifests as either a solid, a fluid or a gas. The electricity of the ether, the finer element, vitalizes the material world as the soul animates the body "in all and through all", operating on a strata of atmosphere more sublimated than gas, yet lower than the astral vibration. Currents of psychic and odic force operate in qualities of mind in action and reaction,—and where there is action there is always reaction, or another action. For instance, hate's reaction is a boomerang which destroys the sender. "As a man thinketh so is he", either of himself or another.

We have noticed how mediums are often unbalanced in both physical and mental systems. They are handling unknown forces, often without previously learning their control, and they lose a flow of life too rapidly, causing structural inharmony.

Man rules potentially over all under him; to rule actually, he must learn the atomic foundation of bodies and things before he can bring about changes of organic nature such as healing and adjusting, as a druggist must know the properties of his drugs and a physician-surgeon must know where and how to cut.

The number of atoms of a form, and the rate of movement of a body, is a result determined by the inner force. Control of the atomic structure, as a potter controls his clay, take place through control of the God-force or Energy in the atom which has inherent obedience to this power within it. The outer appearance of the thing may be changed as one's clothes are changed by a re-arrangement of the ratio and speed of the atoms through a change of polarity. Spiritual healing is the re-polarization to the spirit vibration of perfection and harmony. This is sometimes done blindly through faith, but it may be better done through knowledge, for knowledge is the real power in the universe.

A noise from an explosion will break windows in

the surrounding area because noise is an action of elemental forces on the plane of forces. It thus also shocks the nervous system as the atomic-cellular structure is disarranged. We may use these powers without the noise, in re-arranging the atoms of the body harmoniously, or in health. When these forces are used to produce inharmony, it is Black Magic, and the results for the operator as well as the recipient, is disintregration and death. "He who pulls the lightning down to his brother must hold it in his own hand".

"Jesus could do no mighty works in these towns", showing the neutralizing power generated in the mind by doubt and distrust. Many psychics and healers cannot help certain people because of this neutralizing effect. 11

Much of the spiritualist phenomena is done unconsciously by mediums in a manipulation of elemental or sub-human forces on this plane without any contact with astral planes whatever. Every material body, animate or so-called inanimate, has an invisible counterpart in the intermediate plane of forces which lies directly under the astral plane. The corporiety of their bodies is too dense to inhabit the spirit world, but not dense enough to be visible in the physical plane. In other words, these entities are neither wholly spiritual or entirely material, of a substance similar to radium. This intermediary class of beings is called Elementals as sylphs, undines, salamanders and gnomes. Their powers are limited to the realm of nature and they belong to the elements of earth, air, fire and water. They recognize man as higher and inherently wish to serve him, although they have no reasoning power in connection with this wish.

The law of nature is that one must go forward or backward, one can never stand still. The majority of humans are going forward. Many individual persons are going backwards, however, in a state worse than that of Biblical damnation. On the plane of forces, below the astral, live these degraded, lapsed souls who have fallen from their pristine nature. There is, incidentally, no such thing as an "immortal soul". There is an immortal spirit, but the soul is a changing proposition, the last body to be disintegrated, as the physical body is the first.

These lapsed souls make contact back into the physical world by thrusting themselves in violence through trance, obsessions and other black magical practices. Some such demons make this obsession or the taking of complete power over an individual as early as his birth, as in the case of Nero.

These low discarnate mortals are differentiated from the elementals, though they are degraded to the elemental plane. They are trained by mediums and their guides of low earth magnetism to use odic force and ectoplasm to produce physical manifestations of phenomena.

This is not spiritual growth and development. It is a blind alley which leads to one's own destruction. Much insanity, if perhaps not all of it, is due to a failure of self-mastery through weakness of mind, thus letting another mind control. Obsession is a state of mind where the mind power has been developed and used wrongly. As error thoughts are crystallized, dual personalities and mental aberrations are focalized into physical manifestation which is called insanity. "Jesus rebuked him; and the demon went out of him." "He suffered not the demons to speak". Jesus did not allow them to have power and He used the dissolving power of spirit on them.

The only way of progress is aiming high. Physical phenomena may intrigue the mind by its mystery, but a stage-magician may do as much. Physical phenomena is full of grave dangers for spiritual growth. As the great force of electricity is not able to be contained in a small wire, so the undeveloped mind can hold but little of true spirituality.

Only when all the concerns of humanity are threatened, is the common humanity of man present to the minds of all. —Erwin Edman

The equality of man can only be accomplished by the sovereignty of GOD. The longing for fraternity can never be satisfied but under the sway of a common father. —Benjamin Disraeli

Human Nature

Human nature has never changed. But there is such a thing as overcoming it . All civilization depends upon the control of human instincts. We cannot change the past but we can overcome the power of the past.

When we realize that the root of all evil is the inordinate love of self we can understand jealousy and why many dislike to hear competitors praised. Some one defined a true Christian as "one who rejoices in the superiority of a rival." It is not impossible to be that way. The moment one can say "It doesn't make any difference through whom it advances" that person has risen and is happy.

The spiritual life in which jealousy and self love are washed away like poisons is open to all, but first one must let one's self go. The more we cultivate the spiritual life, and grown in spiritual consciousness, the less we think of ourselves and our own selfish interests, and the more we think of God and our fellow man.

Some day, through the power of Divine Love moving within our human hearts, we shall no longer hate those of other races, creeds or nations, and we shall rejoice in the right success of every soul.

Prof. Wm. Lyon Phelps

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