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The

PHILOSOPHER'S

A Monthly
Magazine

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The
PHILOSOPHER'S STONE

A MONTHLY MAGAZINE

RUTH B. DROWN, *Owner and Publisher*

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tion and the consequent phenomena are not the works of his own brain, but that this organ is just a more highly developed receiving apparatus, capable of catching the attenuated overtones from the deeper recesses of Nature's miracle chest. Such a conclusion would tend to confirm the synthetic hypothesis.

The solution of the problem of wave lengths and frequencies of these human radio receivers and antenna called brains and nerves, would be through a study of the individual's antecedents, prehistoric, hereditary, prenatal, natal, in precept, example and environment, on the physical side of the individual and the spiritual karma, soul-age, and degree of re-incarnation on the astral side of the record. Man, being one in essence and three in aspect, would have to be weighed and measured from the three sides of his manifestation: Spirit, Intellect and Body, which job of weighing and measuring, is exactly the lesson humanity is trying to learn in its search for Truth.

That the potentialities of brain structure are present in the germ at the time of impaction is evidenced by the progress the foetus makes in its building of the human body. But the slow process of educating and moulding the child's mind and the uncertain results obtained are evidence that somewhere along the line the wires became crossed and insurmountable static has developed. One university president of an eastern college stated that he had found the minds of average students hermetically closed at the age of eighteen years. And the first essential for building for radio activity is an open mind.

Desire and Will are the two main factors determining the manner in which the individual will utilize cosmic vibration. He may be negative, following the course of least resistance, to be absorbed in deadly mediocrity, accepting his environment and his conditioning from without, never desiring to ask, seek, or knock at Nature's closed doors. He "sees by the papers" and always sees falsely. All he asks of life is the creature comforts and that is all he gets. They may come gilded or they may come tattered. They are still the creature comforts. Hence, cosmic vibration can only register on the slow, long wave and low frequency of a receiver tuned in accordance.

Contrarily, the vibration of Desire tuned in to catch the higher rates of beauty, rhythm and harmony that constitute the music of the spheres, played on the three planes of manifestation: spirit, intellect and body, will create a receptacle with the ability to record the higher vibrations. The artist will synthesize them into beautiful color combinations, thus crystallizing his radio receptivity for the benefit of his slower minded brothers. The musician will synthesize the music of the spheres into beautiful tone pictures that will open closed avenues of perception in other listening ears.

The story of Evolution attests the fact that the animal, dumb and human, has the ability to create attributes necessary to the propagation, preservation and sustenance of the species, and the organs by which these attributes may function.

Since man aspires to God-hood, through Desire and

Will, he must, perforce, build the necessary organs by which he may contact the God vibration. And he builds a receiving and sending station in the thirty-third vertebra, the skull, whereby the process of Soul Awakening may be accomplished, if the processes of education have been cast in the proper channels. He may send out as well as receive vibration. It is the out-going vibrations that increase the brain power and its ability to receive. This fact is the scientific premise on which that famous saying: "it is better to give than to receive," is predicated.

Probably, in no better way may the idea of extraneous stimuli, as a provocative of human thought, be exemplified than in mob psychology. One mind can instantly electrify and synthesize hundreds of other minds to do his bidding. Those who have made a study of mob response to stimuli, realize that uncontrolled, the mob is always destructive. Just as uncontrolled electricity, water, fire, wind and human passions, are always destructive. The degree of Intelligence of each individual member of the mob is the measure of the destruction it will wreak. Usually its mass Intelligence is of a low order. Intelligentsia do not function as or in mobs.

It is quite definitely decided by modern anatomists that man does not see with his eyes. Through the delicate mechanism that constitutes the eyes, the light is philtered via the afferent nerves to the proper brain center where the vibratory rate of each division of the spectrum reacts on a particular set of brain cells and returns it to the eyes via efferent nerves. And

man says he sees. He doesn't. He synthesizes. The action that is set up in the complicated mechanism of the human radio and which becomes the controlling factor of life, is the use made of these mental reactions. For they become the dominating factors of life. The best name yet found to describe their function is Consciousness. This function works on three planes: physical, mental and spiritual. The same transmutations take place in the operation of the five physical senses, with variations in the wave lengths and frequencies.

What revelations and revolutions will appear and occur if this hypothesis should prove true and man realized that his ability to synthesize extraneous stimuli to get the highest rate of vibration it has to deliver, and there are several, will determine his status in life. Short wave, high frequency, creating beauty, harmony, health, happiness, and wealth; long wave, low frequency creating envy, poverty, jealousy, sickness and crime. Life force is all in the head—literally. The brain radio and the nerve antenna are ready and waiting to be tuned in to cosmic vibration. The life essences are equal to any load that can be put upon them. They will play any tune you key them to. Even "Nearer My God to Thee," "Brother Can You Spare a Dime", or "I AM the Captain of My Soul".

God's Kingdom

M. E. CHASE



WHAT and Where is God's Kingdom? If we should ask this question of fifty different ministers of the Gospel of different denominations we would probably get fifty different answers and none of them would be thoroughly satisfactory.

As to where it is, we of course, have the Bible statement that, "The Kingdom of God is within you." But this statement in itself is only a partial answer.

If we can first determine *what* God's Kingdom is, then the answer as to *where* it is will be self-evident.

There is one and only one Great Supreme Power in the Universe. It is by virtue of this power that we exist; it is by virtue of this power that all things exist, including God himself. It is in and through all things, both material and spiritual. God is the Great Divine manipulator of this power; *it is His Kingdom.* It is a part of himself; it is a part of you and me.

Jesus said, "I and my father are one." If Jesus is one with the Father, then the Father must be one with Jesus and fundamentally this is true.

Scattered over the broad surface of the earth, there are thousands of streams and bodies of water, some large, some small, all different, and yet in a broad

sense they are all one; they are all water. The greatest and most powerful of all these bodies of water is the ocean, yet it also is water.

Again Jesus said, "He that believeth on me, the works I do he shall do also and greater works because I go to my Father." This statement, apparently, conflicts with the former statement as it indicates that Jesus and the Father are not only two but they are separate and apart from each other. Otherwise, it would not be necessary for Jesus to go to the Father.

Jesus is one with God and God is one with Jesus in the same sense that both are part of the Great Supreme Power—Universal Spirit. Yet, they are separate personalities. Just as the ocean, the Great Lakes, and the Mississippi River are one in the sense that they are all water yet they are separate bodies of water. This is the only possible interpretation by which we can harmonize these two statements made by Jesus. With any other interpretations these statements would be contradictory. Just as there is a vast difference between the various bodies of water scattered over the earth and yet fundamentally they are all one, so also is there a vast difference between human beings and yet we are all one with God, because we are all a part of the Supreme Power which He used in our creation. God himself—like the ocean—is a part of this same power.

This great power is Universal Spirit.

God, therefore, is Universal Spirit plus mind and form. The Bible tells us, "That God is a spirit." Also, "That we are made in his image and likeness." This

being so, we also are spirit and as we have form and are made in the image and likeness of God, it is logical to conclude that God also has form. *Universal Spirit is without form.*

In order to avoid confusion, therefore, when speaking of spirit God and human beings should be designated as individual spirits.

Again Jesus said, "It behooves me to be like unto my brethren in all things." The word behooves means necessary and all things means spiritual as well as material things. If it is necessary for Jesus to be like unto us in all things, it is also necessary for us to be like Him in all things. We have within each of us the same power that is within Jesus and with the proper development of this power we can do all the things which Jesus did and more.

When Jesus said to the thief beside him on the cross, "Today shalt thou be with me in paradise," He simply told him something the thief did not know, but Jesus knew that the same power was within the thief that was within Him and that they would soon be in the spirit world.

Universal Spirit never changes. It is the same, "Yesterday, today and forever." Individual spirit is subject to growth and development and this development of individual spirit is, without doubt, the purpose of God's creation.

Universal Spirit is the motive power of the Universe and like all motive power, to be effective, it must be controlled by intelligence. Intelligence is a product of mind and mind cannot exist without form.

When we speak of the laws of nature we are also speaking of the laws of Universal Spirit—the one Supreme Power which makes all things possible and which is at all times under the control of God, our Creator. *It is His Kingdom.*



Heart Of My Heart

*I held thee to my heart
To warm my own,
And thus in holding thee
My heart found home.*

*Though many miles apart
I see thee smile,
Space cannot separate
By weary mile.*

*What matters it, dear one,
Though night be long,
Light still is shining bright
When sings Love's Song.*

*Thus though we seem to be
Long miles apart,
Life, Love and Truth are One,
Heart of my Heart.*

JUSTICIA EDNA MASON

The theme of this article deals with The Inner Realm. What the world needs today—and what it is going to need Tomorrow! The author's point in the work is to impress the idea—as it has not been impressed hitherto, that the Inner Realm is "Above All Things". Today, we are too much lost in things—in general. In fact, many of us would attempt to make God a **thing** that we might **place**, set to **form**, **fix** or have "**stay put!**" for our own personal purpose. He wishes to impress the reader—in perhaps a new and different way—that, regardless of aught, The Kingdom of God **IS** within.

Above All Things

By NORMAN M. DOUGLAS

PART I

"This above all: to thine own self be true."

THE foregoing quotation is often misunderstood by those that live for themselves. To such, it means be true to me, the person, never mind the Other Fellow—just get yours! But trueness to one's *Self* does not mean to live for the ego's *me* and *mine*. Our great national leaders of today are not living for themselves. The martyred Lincoln did not live for Lincoln; Socrates did not live for Socrates—nor did Jesus live for Jesus. Yet each of the foregoing was true to his *Self*.

"He who shall lose *himself*", said Jesus, "shall find his *Self*."

As for the Other Fellow, your neighbor, he and you are a twain composed of the same elements. Not only are you your brother's keeper but you share in his crimes—or his virtues; though party to his fame, you cannot escape his disgrace; although you are one with him in growth and progress, you are not free of his destructiveness. And until we—as individuals *within* our Self—can *realize* this ONENESS, our struggle and toil in (and for) the "World Of Things" amounts to nothing. We have read this before, we have studied it, discussed it and actually believed it; but—we repeat, until we can *actually* REALIZE and LIVE IN this ONENESS, the strongest of social, moral and ethical foundations shall have been founded upon sand! Before the dawn of Christianity, heathen sage and seer—with cold reason and logic, conformed the existence of but *One* Being; while The Founder of Christianity verily cried from the housetops that "There is but *one* fold and *one* Shepherd," till, through the centuries following, mystic, master and philosopher, has revealed facts to prove that "God and His Humanity are *One*!" Yet, each of us, to *realize* this ONENESS, must know and *feel* within his Self "The *Eye* with which I see God (in Man) is the *Eye* with which God sees me."

THE REAL SELF

"If I glorify myself", said Jesus, "my glory is nothing." And why? Because the *self* given to self-glory has no real existence. When Robert Browning is asked

the origin of a certain phrase, he replies, "When that was written only two of us knew: God and Browning—but now only God knows." Proving that we have but one Real Self: though few of us can come into this realization. In fact, is there not a strange bewilderment in Voltaire's question where—after seeing one of his plays—he asks, "Did *I* write that?" Verily, the *I* in Voltaire (that would glorify itself) had no real existence: and—whether or not Voltaire realized it, he was merely a witness to the writing.

In Kahlil Gibran's book, *The Prophet*,* Almitra is given to say: "Blessed be this day and this place and your spirit that has spoken." And he replies, "Was it I who spoke? Was I not also a listener?" While this may be the last thing in humility, the truly great are never without it. We find Euclid (The Father of Geometry) with the humility and innocence of a tot adding 2 and 2. While Newton, after having discovered the Law of Gravity, said, "I feel like a child that—in playing on the beach—has discovered a new pebble." Recall how Will Rogers (a man that *knew* plenty) revealed the insignificance of his *knowing* with the phrase, "All I *know* is what I read in the papers".

There is but one real Knower. We *think* we know, but the real Knower—being Three in One, is the Knowledge behind the Known—and *feels!*

*Alfred A. Knoph; Fifth Avenue, New York, N. Y.

WHO ARE YOU?

"Only once have I been made mute. It was when a man asked me, 'Who are you?'"—

GIBRAN (SAND AND FOAM)

When Bodhidharma is ushered before the Emperor of China, the royal presence vauntingly exclaims, "I have given alms; I have erected monasteries; I have printed and distributed many scriptures and I have upheld the faith. Now tell me, what merit have I acquired?"

"None whatever!" answered Bodhidharma.

"And what are *you*", commanded the Emperor, who have come before *my* throne?"

"I do not know!"—was the reply.

The person—the body, the brain and mind—that started this reading, shall not be the same to end it. When asked his age, a professor of biology replied, "Oh, about twenty-four hours old." He knew that the cells composing him replaced themselves every twenty-four hours. The cells working in our Reader at this moment are not the cells worked (and discarded) yesterday. These tiny workers, numbering more than twenty-six thousand billion in the average body, are short lived; but while they come and go they give us a temporary existence.

With the Will, you mind to use and *spend* a certain amount of brain and body cells minutely. This is replaced with *water, air, earth and heat*, in forms of *moisture, oxygen, rest and food*. Now if the *spender* were really you, part of you would minutely pass

away with the *spending* until there would be nothing left of YOU! But such is not the case. The real, genuine, original and natural *Self*, is permanently animating your impermanent body the same as "*It*" did yesterday, yesteryear — or yestereon! And to find that *Self*—and *be* that *Self* is to *be* in tune with the one and only *Being*. Hence, in tune with your fellow-man.

How often have we, when out of sorts with others, heard this phrase: "Come on, now, don't be like *that*—be your *Self*"?

"But how about my sensations?" we are asked. "Am I not my own sensations?"

With the Will to mind we perceive and assume consciousness; and with the body's sense organs we receive sensation. With the eyes, we receive the visual; our ears give us the auditory; the nose or sense of smell, the olfactory; and the tongue or sense of taste give us the gustatory; with the sense of touch, we court feeling. These sense organs—belonging to the brain as well as to the body, produce sensations that *cause* and *effect* an arising and a descending, a receiving and a passing of emotions that lift us to certain heights and lower us to certain depths—even to the extent of elation or depression, but giving us nothing definite; for sensation is the result of *cause* and *effect*: Desire promotes the *cause* and sensation, dying with the *effect*, "comes to pass" with dead cells and spent emotions.

If, however, you think You are your sensations,

and knowing that you may "pass through" many new and different sensations in a single day, which one of your sensations is really You?

Verily, you are not your sensations. They "come to pass" and, while the satisfaction expected is never realized, old experience proves that they leave you with a *spent* feeling—or, on edge, you suffer with a desire that would still expect satisfaction. And this is evident in the dissatisfied youth of a (passing) generation. While hospitals and asylums are crowded with drug addicts, alcohols and sexual offenders, the list of rejected "unfits for service" is untimely for a nation having the means wherewith to produce men that won *three* Olympic Decathlons out of the last *four* Olympics.

OUR LIVING DEAD

In Dante's Inferno the guide points to a suffering slave of Desire and exclaims, "Behold! thy friend . . ." To which Dante replies, "'Tis but recently I saw him in Florance . . ." "Yes, his body is still on earth"—answers the guide—"but his soul is here in hell."

Our indifference toward negative conditions has made our "living dead" so plentiful phrases are coined to fit characters: "He's dead—but don't know it"; "Why doesn't she hang a crape?" "He'd make a good ad for a mortuary", etc.; while present day genius depict our "living dead" in such timely verse as:

" . . . With dredging finger-tips the light
Lifts scattered faces dripping from the gloom

Like colored stones, some smooth, all hard and bright:
Loose ageing lips; young heads like bubbles tossing
Explosive laughter recklessly embossing
Fissures in limestone cheeks with shock on shock. . . .

The air is bad! Let's get away—outside!
Not all the dead—not all the dead—have died!"

Verily, it is worse than death to be bound to the wheel of Desire: the old merry-go-round that—even before the days of Solomon, ground mortals to dust upon the dunhills of Materialism. For Desire is a fire that burns until quenched by the Waters of Action; while these, in turn, create the embers of RE-action and unease—the which are again fanned to flame by Desire—and thus it goes, round and round eternally, Desire, Action, Discontent—Solomon himself, even he, in all his glory, his wisdom, wealth and power, finally admitting that — after all, "There is nothing new under the sun."

As for *our* New Scientific Discoveries—or Science being able to show us a way: NONSENSE! Does OMNISCIENCE (*in* Man) need science? Science is but the accumulated learning and knowledge of the (outer) world—the futile knowing of men—rather than the WISDOM of Man—as the present conditions of the world prove!

The mind of the average scientist does not touch the depth of the heart nor rise to the height of the Soul, but is transit only in the brain, the seat of cold intellection?—reason and logic, rather than Intuition—the Inner Light. With all the wonderful discov-

eries of Science, what scientist ever discovered his *own* Original Nature? (Perhaps Einstein—with what he has found in a Fourth Dimension, borders the seeming “Nothingness” of the Inner Realm.) Yet such is not within the field of Science, itself. In fixing and using tools with which to grasp, hold and form material (matter) the scientist is not positioned to explore the Realm of Force (Soul and Spirit). True, Science has enabled man to explore the depth of the sea and to fathom marine life; Science has enabled man to dig deep within the earth in search of mineral wealth; Science has given man wings with which to soar high above the earth in quest of material power. But alas! with all its discoveries, spending of vast sums and sacrificing of innocent animals—with all its material might and accumulated knowledge, what has Science done to help man explore his *own* HEIGHTS, fathom his *own* DEPTH or conquer HIMSELF?

“*THAT*”—Which Is ABOVE ALL THINGS.

In view of the foregoing, let us review some of the world’s distilled wisdom and see if there ever has been any *thing* of more importance to man than the *knowing* and *mastering* of *Self*.

THE DIVINE IN MAN—By Prescott F. Jernegan.

“Really the response of personality is *within* us as the mysterious upwelling of the Nameless One we worship. It is none other than the *Self*, yet none other than God, but neither separated from the other. This is what Spinoza meant when he said, “The mental,

intellectual love of God is the very love of God with which God loves himself, not in so far as he is infinite, but in so far as he can be expressed through the essence of the human mind considered under the species of eternity! Wisdom in religion is the common sense to admit that human personality is nowhere cut off by an impenetrable partition from the Universal God. It is true the plant cannot worship the soil; it is above the dirt. And the diamond is superior to the volcanic clay which was its matrix. There is no Father of diamonds, and yet there is, though it be not a diamond. The intangible forces and laws that thrust the diamond into existence must conceal a Unity that envisaged the diamond before it existed for us. Is there, then, after all a God that knows me and is concerned with my destiny? Yes, your Self! the only 'knowable' God! As long as there are *depths* in us untapped, reservoirs of light and strength, fluent possibilities of improvement, we have within us the elements of the larger personality we would imagine at a stroke as God. Of what use is it to place that God outside of us? Men have never reached that ineffable One in his sacred seclusion. *Within* the God-lit light of conscious reason is the working God who is our helper, our very Self, a God sufficient for the next step. *Within* is the growing God; beyond is the Adorable Mystery."

THE REAL AND THE APPARENT MAN

By Vivekananda (London)

" . . . What are all these ideas of religion and God and searching for the hereafter? Why does man set

out to look for God? Why in every nation, in every state of society, has man sought a perfect ideal somewhere, either in man, or in God, or somewhere else? Because that ideal is first *within*. It was your *own* heart beating, only you did not know, you mistook it for something external. It was the God within yourself that propelled you to seek for him, to realize him. After long search here and there, in temples and in churches, in earth, in heaven, and in all directions, at last we come back, completing the circle at the point where we started, back to our *own* souls, and find that He for whom we have been seeking all over the world, for whom we have been praying and weeping in temples, and in churches, on whom we were looking as the mystery of all mysteries, shrouded behind the clouds, was—after all, the nearest of the near—my own Self! the reality of my own life, *my* body and *my* soul—I am Thee and Thou are Me! Such is your *own* nature. Assert it! manifest it!"

THE WAY OF ILLUMINATION

From The Writings of Inayat Khan

"THE EMBODIMENT OF THE MASTERS. All Masters from the time of Adam till the time of Muhammed have been the one embodiment of the Master-ideal. When Christ is represented as saying 'I am Alpha and Omega, the beginning and the end,' it is not meant that either the name of the *visible person* of Jesus Christ is the Alpha and Omega, but the *Master-spirit within*. It was this spirit which proclaimed life, confident of its eternity. It is the same

spirit which spoke through Krishna, saying 'We appear on earth when Dharma (religion) is corrupted,' which was perhaps long before the coming of Christ. Muhammed, during his divine absorption, said, 'I existed even before this creation and shall remain after its assimilation'. In the holy traditions, it is said, 'We have created thee of Our light and from thy light We have created the universe.' This is not said of *the external person* of Muhammed as known by this name. . . . The Sufi seeks understanding of things *internal. . . .*"

While in the writings of Inayat Khan (Sufi Leader) there is a cosmos of ILLUMINATION regarding one's Inner Self, let us court Variety and in the vastitude thereof find—as we have said, if there be any *thing* of more importance to Man than the knowledge of Self.

Hazrat Ali said, "Know thyself, and thou wilt know God! It is the knowledge of self which blooms into the knowledge of God. Self-knowledge answers such problems as: From whence have I come? Did I exist before I became conscious of my present existence—and if so, what was I? etc. . . ."

"There is a king of greatness", said La Rochefoucauld, "which does not depend upon luck; it is a something which distinguishes us and destines us for the greatest accomplishments: it is the value we insensibly set upon our SELF! By this, we gain the respect of other men; and it, alone, can elevate us more above them than birth, rank, excellence or merit itself."

Leonardo da Vinci said "You can never have a greater or less dominion than that over yourself."

"Man is made or unmade by himself", wrote James Allen, "he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace."

Sir Richard Burton sang:

"Do what thy manhood bids thee do.
From none but SELF expect applause.
He noblest lives and noblest dies
Who makes and keeps his SELF-made laws."

"The (Inner) *Self* is our one guide", wrote George Moore, "when we abandon SELF we abandon the rudder."

Montaigne said, "I care not so much what I am in the opinion of others as what I am in my own; I would be rich of *myself* and not of borrowing."

Gibran, the great mystic, sang: "It was but yesterday I thought myself a fragment quivering without rhythm in the sphere of life.

"Now I know that I am the sphere, and all life in rhythmic fragments moves within me.

"They say to me in their awakening, 'You and the world you live in are but a grain of sand upon the infinite shore of an infinite sea.'

"And in my dream I say to them, 'I am the infinite sea, and all worlds are but grains of sand upon my shore.'"

"And now I leave you"; said Buddha at his passing, "were I to longer remain, I would only repeat what I have said, 'Know thyself and conquer him'.... For all the power of a god could not change into defeat the victory of a man who has mastered himself and knows how to live under restraint."

Morjuin said, "He who cannot obey his Self—*must* obey others! for that which cannot surpass itself is surpassed — and that which fails to conquer itself shall be conquered!"

Shiller believed that "Every man stamps his true value on himself. The price we challenge for ourselves is given us; man is made either great or little by his own will."

Swami Paramananda taught that "The only salvation to be found is in our own Self. Egoism stands between us and that (true) Self. Bring out the real strength and destroy the weakness. Know that Atman (the true Self) is never realized by a *weak* person."

Often have we read Arthur Brisbane's advice, "Some men become masters of themselves in early youth and go straight on through life piloting their own ship. Others, the great majority, struggle against themselves, their own inclinations and weaknesses—year after year—and even in the end, though apparent success may come, they are still fighting, struggling and trying to overcome the weaknesses of self." While here is the first verse of an old poem called "TRUE HEROISM."

“Let others write of battles fought,
Of bloody, ghastly fields,
Where honor greets the man who wins,
And death, the man who yields;
But I will write of him who fights
And vanquishes his sins,
Who struggles on through weary years
Against *himself* and wins!”

There is an ancient story of a valued ring given King Solomon by the Queen of Sheba, that he might bestow it upon his wisest sage. After much examining and deliberation of numerous sages, a humble stranger was unwillingly brought before Solomon. “Speak”, said the king.

“I have nothing to say”, answered the man, “I am no sage.”

“By the sceptre of Elshaddai”, commanded Solomon, “I charge thee to speak!”

In all humility the man said, “My study is myself; yet I of myself can do nothing: I heed The Voice of The Inner Self—and therein know all—see all—and can do all!”

“Give him the ring,” said Solomon, “he knows himself, he is the wisest of the wise—for the spirit of the Holy of Holies is in him.”

(To be Continued)



“He that neglects the little things shall fail little by little.”—Hebrew Proverb

Do We Think or Do We Synthesize?

ARE HUMAN BEINGS MERELY
MOBILE COSMIC ROBOTS?

By GEORGE HAYES BEASLEY
Editor and Publisher of "PRINCIPLE"

"To me the Universe is simply a great machine which never came into being and will never end. The human being is no exception to the natural order. Man, like the universe, is a machine. Nothing enters our minds or determines our actions which is not directly or indirectly a response to stimuli beating upon our sense organs from without."—Nikola Tesla in LIBERTY.

THIS famous man, discoverer of the Cosmic Ray, wireless telegraphy, radio activity, terrestrial resonance, etc., in the above quotation, virtually confirms the deduction that man does not think in the sense of creating thought from within the brain, but rather synthesizes radio vibrations from the ether impinging upon an antenna which has been evolved through countless ages and has resulted in what we are pleased to term nerve structure.

In the use of this radio receptivity, there have developed, brains with varying capacities, or should we say, variations of wave lengths and frequencies, that run the gamut of what is termed Intelligence. This theory of Intelligence gets quite a jolt in the solar

plexus when the average level of performance by statesmen, politicians, street car conductors, school boards, newspapers and sporadic mobs, are studied and analyzed. The tendency is to classify them as mechanical robots rather than thinking beings and in so doing, lend a semblance of verity to Mr. Tesla's conclusion.

Control of the robot placed on exhibition in several places in Los Angeles, was by sound. It responded with a particular action to a certain vocalization of a letter. What more does a human being do? Approach a stranger and call him a vile name. Action is immediate. Speak kindly and smile and he will respond in kindness.

The difference between a human and a mechanical robot is the difference between light vibration and sound vibration. The human radio machine responds to light waves while the mechanical robot responds to sound waves. Light is the builder of forms.

A study of the baby in its evolution from plastic germ protoplasm to a still, plastic recipient of precept and example, parroting suggested acts and words as it grows brain convolutions capable of synthesizing those acts and words into a continuity of expression of the mother tongue, would tend to confirm the theory of extraneous stimuli inducing thought. Nor does the parallel cease with the adult. Play days, school days and the later activities of life, while adding complexities to the process, do not change it. It is difficult to convince our conscious minds that the works of this same Tesla in the field of etheric vibra-

tion and the consequent phenomena are not the works of his own brain, but that this organ is just a more highly developed receiving apparatus, capable of catching the attenuated overtones from the deeper recesses of Nature's miracle chest. Such a conclusion would tend to confirm the synthetic hypothesis.

The solution of the problem of wave lengths and frequencies of these human radio receivers and antenna called brains and nerves, would be through a study of the individual's antecedents, prehistoric, hereditary, prenatal, natal, in precept, example and environment, on the physical side of the individual and the spiritual karma, soul-age, and degree of re-incarnation on the astral side of the record. Man, being one in essence and three in aspect, would have to be weighed and measured from the three sides of his manifestation: Spirit, Intellect and Body, which job of weighing and measuring, is exactly the lesson humanity is trying to learn in its search for Truth.

That the potentialities of brain structure are present in the germ at the time of impaction is evidenced by the progress the foetus makes in its building of the human body. But the slow process of educating and moulding the child's mind and the uncertain results obtained are evidence that somewhere along the line the wires became crossed and insurmountable static has developed. One university president of an eastern college stated that he had found the minds of average students hermetically closed at the age of eighteen years. And the first essential for building for radio activity is an open mind.

Desire and Will are the two main factors determining the manner in which the individual will utilize cosmic vibration. He may be negative, following the course of least resistance, to be absorbed in deadly mediocrity, accepting his environment and his conditioning from without, never desiring to ask, seek, or knock at Nature's closed doors. He "sees by the papers" and always sees falsely. All he asks of life is the creature comforts and that is all he gets. They may come gilded or they may come tattered. They are still the creature comforts. Hence, cosmic vibration can only register on the slow, long wave and low frequency of a receiver tuned in accordance.

Contrarily, the vibration of Desire tuned in to catch the higher rates of beauty, rhythm and harmony that constitute the music of the spheres, played on the three planes of manifestation: spirit, intellect and body, will create a receptacle with the ability to record the higher vibrations. The artist will synthesize them into beautiful color combinations, thus crystallizing his radio receptivity for the benefit of his slower minded brothers. The musician will synthesize the music of the spheres into beautiful tone pictures that will open closed avenues of perception in other listening ears.

The story of Evolution attests the fact that the animal, dumb and human, has the ability to create attributes necessary to the propagation, preservation and sustenance of the species, and the organs by which these attributes may function.

Since man aspires to God-hood, through Desire and

Will, he must, perforce, build the necessary organs by which he may contact the God vibration. And he builds a receiving and sending station in the thirty-third vertebra, the skull, whereby the process of Soul Awakening may be accomplished, if the processes of education have been cast in the proper channels. He may send out as well as receive vibration. It is the out-going vibrations that increase the brain power and its ability to receive. This fact is the scientific premise on which that famous saying: "it is better to give than to receive," is predicated.

Probably, in no better way may the idea of extraneous stimuli, as a provocative of human thought, be exemplified than in mob psychology. One mind can instantly electrify and synthesize hundreds of other minds to do his bidding. Those who have made a study of mob response to stimuli, realize that uncontrolled, the mob is always destructive. Just as uncontrolled electricity, water, fire, wind and human passions, are always destructive. The degree of Intelligence of each individual member of the mob is the measure of the destruction it will wreak. Usually its mass Intelligence is of a low order. Intelligentsia do not function as or in mobs.

It is quite definitely decided by modern anatomists that man does not see with his eyes. Through the delicate mechanism that constitutes the eyes, the light is philtered via the afferent nerves to the proper brain center where the vibratory rate of each division of the spectrum reacts on a particular set of brain cells and returns it to the eyes via efferent nerves. And

man says he sees. He doesn't. He synthesizes. The action that is set up in the complicated mechanism of the human radio and which becomes the controlling factor of life, is the use made of these mental reactions. For they become the dominating factors of life. The best name yet found to describe their function is Consciousness. This function works on three planes: physical, mental and spiritual. The same transmutations take place in the operation of the five physical senses, with variations in the wave lengths and frequencies.

What revelations and revolutions will appear and occur if this hypothesis should prove true and man realized that his ability to synthesize extraneous stimuli to get the highest rate of vibration it has to deliver, and there are several, will determine his status in life. Short wave, high frequency, creating beauty, harmony, health, happiness, and wealth; long wave, low frequency creating envy, poverty, jealousy, sickness and crime. Life force is all in the head—literally. The brain radio and the nerve antenna are ready and waiting to be tuned in to cosmic vibration. The life essences are equal to any load that can be put upon them. They will play any tune you key them to. Even "Nearer My God to Thee," "Brother Can You Spare a Dime", or "I AM the Captain of My Soul".

*Unless you are interested in character building, do not read this article. If you are interested, a complete file of Dr. Mystery's articles will be invaluable to you. They will be continued. The language and form of expression used are as originally given and may at first be difficult to understand. However, they cannot be changed without altering their meaning.

The Nobility of Self Reliance

DR. MYSTERY

A CHRONIC disease of the race is its submissive belief in the influence and bondage of inheritance, of position and of environment. This disease belongs to the past, to the unthinking, following herd of race belief, but to the present consciously awakening mind it should be given its proper position or relation. Let the being realize that neither position nor condition, pre-natal or inherited, has the power to dictate to him, but that they are material presented for him to reform, to remold, to utilize. They are his stock with which he is equipped to launch forth and manipulate life, and to bring forth that which he wills out of them. Let the soul understand that these factors are privileges and elements in his qualifications or equipment: that in his use of these qualities that have been as the old man of the sea upon the unthinking race

may become to him his mounting block, his stepping stone, his flood-gate, through which he may pass out into a greater depth and toward a greater, broader field of expression and manifestation.

Let the thought of this lesson be the Nobility of Self-Reliance, the consciousness that, after all, all of these situations we find ourselves in are not to be resigned to, but are to be made use of. We can induce any state of consciousness we will to. It is within our power to induce a state of consciousness which is Master-full Causation, which is creative and constructive, which will bear fruit of its kind. It is possible for us to conceive our ideal of our disposition, our ideal of an individual strong and powerful and victorious, and to hold that ideal up before us in the positive and constructive mood, to persist toward it, idealizing it no matter what the situations and experiences around us may be, no matter how the billows may surge at the foot of this great rock, the rock of faith in ourselves and of determination to master and to mould our destiny. Let us have the will to induce a state of consciousness that is greater than effects, greater than appearances, greater than the seeming obstacles which may stand forth as a blank wall before us, yet which are so moulded and penetrated through by our convictions and faith that we can do and will do this: we will discover the way, the truth, and the light, we will arouse and call into full expression the masterful wisdom that will discover the way, that will win and will triumph.

"What is this before me and how shall I handle it? How shall I transmute it into a stepping stone, a mounting block by which I may ascend to greater heights?" This thought should be uppermost in the mind of the individual rather than, "What have I to meet and what will it do to me?" It is not well to ask of the nature of the situation so much as it is for us to remind ourselves of our nature toward any and all situations. We can go forth in this state of consciousness, meeting each situation with that joyous, exhilarated consciousness of faith in our innermost power, faith in our love and patience, faith in our wisdom and knowledge, faith in our strength, faith in our Divine Nature, faith in our consciousness that all things are possible to him who believeth, and knowing, also, that it is possible for us to induce whatever degree of belief we feel to be essential for the occasion. This practice, this living life scientifically, masterfully, with discrimination and with expectant enthusiasm, yields back to the living the fruits of its kind, which are joyous and satisfactory, which are entirely shorn of the disappointments and inconveniences that come continually to the mind that is out in the realm of effects, that is living among conditions and appearances, that is mixed up with life instead of standing over it, consciously realizing that we are amid it to use it, to manipulate it, to direct it, to follow, to express through it.

It is how we live that is accomplishing. It is not that which is about us that is of consequence. If, however, we first seek the Kingdom of Heaven all

else will be added unto us. The Law of Correspondence is, indeed, an immutable law. And if we will, at the heart, at the center of Causation, at the seat of induction of power, induce the quality of mind which is creative and constructive and discriminating, if we will, at the center of our being, maintain the poised equilibrium of a wise one, a child of the Living God, a child who knows its lowly state of power is mighty; if we maintain the privileged consciousness of these qualifications, which are indeed ours, we then are causes, we then are producing causes which, far out, will relate up to effects, will produce effects that will harmonize with, be at-one with, correspond to, the qualities which we induce within.

You are taught that it is to know thyself, to be thyself, to rely upon these latent powers that are within, waiting to be called forth into usefulness, that it is the consciousness of our potentialities that help us to move forward to the manifestation of our potentialities. It is by recognizing this that we can move steadily onward, forward, and upward to the goal of fulfilled possibilities.



In spring, O Bulbul, go not in thy grief
To seek the garden, wandering apart;
But wait—one day within thy very heart
It shall arise, in bud and bloom and leaf.

MIR SOZ (*Hindustani Lyrics*)

Secrets Of Sound

VERA STANLEY ALDER

LONDON, ENGLAND

IN THE beginning was the Word.' Thus is the importance of sound emphasized to us, although so simply and directly that it is easy to miss its significance.

The universe was created by speech—the Creator did not act, He spoke. He said: "Let there be light," and there was light.

Let us not pass over these words with a shrug, as if they were charming fairy-tales designed to enthrall the naive peoples of old. The deepest scientific knowledge of all times was always thus veiled by symbolism and by myth, and rich is the reward of every effort at interpretation. Certain of the ancient peoples made a profound study of chemistry. The fact that they chose to give to their chemicals the names of gods and goddesses and to describe their reactions under the guise of myths and 'legends' does not in the least detract from their actual knowledge. On the contrary it may show how much deeper and further they penetrated into the realms of ultimate Causes than men of science do today.

We are told by those teachers of antiquity that the formation of this universe out of chaos was brought about by the Breath and Word of the Creator—by Sound! Certain sounds produced differing sets of vi-

brations in the ether. Some of these were of such low frequency that they formed particles of what we call 'matter' or physical substance. There could not be Light, as we know it, without minute specks of matter in the ether to reflect it.

We learn that later these particles of matter collided, coalesced, the force of their mutual attraction (or gravity) causing them to commence spinning. The endless arrangements thus formed produced this Solar System and all that is therein. We can gain an idea of the infinite number of these arrangements by considering the vast scale of vibrations with which we dealt in the November issue, "What Modern Science Says".

The little section of oscillations on this scale, to which the ear can react, and which we know as Sound, are of comparatively low frequency. They occur below the heat vibrations. A vibration of sixteen per second gives the lowest note heard by the human ear, and the scale of sound runs up to nearly 40,000 vibrations per second. This speed is the highest which we can register as sound.

Higher up on the scale, vibration at about seventy million million million times per second, begin the vibrations which we know as heat, and to which the heat-centres in our skin react. Above these come the Light and Colour vibrations and above those are the X-ray and the subtle vibrations of the mind.

Below the Sound vibrations come those of chemical substances which make up the physical world.

It is said that the whole scale of vibrations is divided up into Octaves of Seven. Each octave is a replica of the others, only functioning at a doubled or trebled speed of vibration. Thus, merely as a simile, supposing the first note of the octave C to vibrate at twenty per second, we might find that a certain number of octaves lower down—the vibrations of the first note of an octave at say perhaps twenty per minute—would be apparent to us, for instance, the metal iron. The first note of an octave several hundred times higher up on the scale would be apparent to us as the colour Red, and far higher up still, as the emotion of anger or passion. All these different expressions of one note or vibration, as well as many others in between, are ruled, controlled, or emanated from the planet Mars according to certain schools of thought, and express the good and bad qualities which are associated with that planet.

By studying such theories we can realize the intimate connection between Sound and all other expressions of life. Sound is low down on the scale and comes just above Form. *Therefore Sound is the intermediary between the 'abstract' idea and the 'concrete' form.* Sounds mould the ether into shapes, and through these shapes the corresponding Power is able to play and make its impress on physical matter.

The clairvoyant primitive peoples actually saw the shapes produced in the ether by sounds. They represented these shapes as the letters of their alphabet. So most words and sounds of the early languages actually controlled and represented that which they

expressed. When those people called on the god 'Ra' they established a connection just as definitely as we do when we tune in our wireless to Paris or London.

Throughout history we can learn of the deliberate and effective use of sound. Priests have always employed it, creating certain definite reactions on the people by the use of chanting and intoning. In the Ancient Mysteries and Magical Ceremonial Rites words, sounds and shapes were combined to gain certain ends. Each one of us is intensely affected by sound-waves, which of course pass right through our bodies.

Every object and every person has a key-note—in other words the sum of their vibrations responds to one particular note or chord of the musical scale. If a person's note or chord is sounded gently and melodiously it has a healing and constructive influence upon him. If it is sounded loudly, harshly and continuously it has a correspondingly destructive influence, making that person ill and unhappy. If you can discover the note belonging to a particular wine-glass and sound it loudly into the glass for a little while you will shatter the glass to pieces. It is said that the walls of Jericho fell because of this same law, as the key-note of the wall was purposely sounded with continuous harshness by the trumpets, under the instructions of someone with a knowledge not uncommon in those days.

An instrument has lately been invented called the eidophone. It contains a tightly stretched drum surface upon which a paste is spread. Sounds and words

are then uttered underneath this drum. They cause beautiful shapes to form in the paste, exact replicas of trees, ferns and flowers as they are in nature.

If sand is spread on the drum instead of paste the sounds will produce geometrical designs instead of plant forms. It is even said that ugly and obscene words will produce ugly and displeasing patterns, and the reverse! This experiment proves the creative aspect of sound and helps us to visualize the definite forms and radiations set up in the ether by our own words.

The sounds with which we are surrounded in present-day city life are mostly harsh, monotonous and unbeautiful. If the roar of the traffic were suddenly to cease as we walked down the street we should find that we had been screaming discordantly at our companion to make ourselves heard. Our pleasures also are mostly crudely noisy. At the average cocktail-party everyone shouts at once. The hostess is disappointed if it is not so, while some of the dance music is harsh beyond words. Tube, train and bus all add their quota to the barrage of hideous noise which we have to endure. People who are obliged to listen day after day to sounds which are a discordant offence to Nature's laws will inevitably become sick or depleted, and soon be suffering from one of those innumerable nerve complaints which are the order of the day.

The only way to counteract these bad effects would be by healing the damaged nerve centres with soothing harmonies or with the blessed balm of complete

silence for a short period every day. If a person is able to discover his own key-note or chord and to play it over gently to himself he will revive as if by magic. One's key-note can be ascertained by listening to some good orchestral music. When the note is played it will send a thrill right through its owner.

If a person's life is in some way inharmonious or destructive this can be detected at once in his voice, which will often jar upon the listener's nerves; whereas one who is living in accordance with divine law will have a melodious, pleasing voice. The more advanced types of people have resonant voices, while primitive types have the flat 'chest' voices such as are heard among natives, gypsies or the apaches of Paris.

The creative use of sound can be observed on all sides. The baby cries to promote its own growth. Until the little one has uttered its first cry its progress is not assured.

It is said that the birds set up the vibrations which promote the growth of the young leaves by their singing in the early spring. When the leaves are all full out the birds' songs cease, except at twilight and at dawn, at which times the chemical activities of the plant life change. At night plant life breathes out carbon dioxide, although during the day it breathes out oxygen. The times of the change-over are heralded by the birds.

The ancient Japanese mystics such as the Zen monks were said to be able to bring the dead or dying back to life by uttering a certain loud cry. An inter-

esting description of this can be found in the novel *The Garden of Vision*.

Some people assert that in order to connect ourselves with power and wisdom we should go apart to a quiet place and call our own Christian name over and over very gently. Uttering a noun or name creates a form in the ether which acts as a 'receiving Station' to certain powers which then play through it. Tennyson declared that he could leave his own body consciously, and gain much experience, by calling his own name. He describes this in the 'Ancient Sage'.

The potent action of sound has always been recognized and applied throughout history; but at the present time a stringent tackling of the Sound problem is urgently needed.

An anti-noise campaign is actually in existence, but its efforts are not much in evidence as yet, and have not received the whole-hearted public support which they deserve.

The medical profession is experimenting with the healing properties of sound. But it is up to every individual to take a personal interest in this vital problem and all the infinite possibilities connected with it.

Those who really wish to get the best out of life should shun inharmonious noises and all superfluous chatter; they should feed their spirit and nerves with music; they should sing often, aiming more at rhythm and resonance than at loudness and high notes; they should study the tones of their own speaking voices to gain an insight into their own characters. They

should watch and guard their own words, remembering that in speaking they are building definite forms for good or for evil, which will persist in the ether, connecting their owner permanently with good or evil influences, and attracting to him much that he may ignorantly consider he has not deserved.

Lastly, they should remember that, as all the sages and wise ones are aware, the greatest inspiration and wisdom has been bestowed upon humanity during periods of profound and complete silence.



Sand and Foam

*"Heaven and earth shall pass away—
But My Words? NEVER!"—JESUS.*

Through the eons, deep thoughts
Have been etched in bronze—
Great words engraved in gold.
But Time has erased
Their greatness and depth
Until they are vague and cold.

But I know a Teacher
Who wrote in the sand
A few casual words one day
That will live to see
Our marble and bronze
And gold, *all* pass away.

—NORMAN M. DOUGLAS

"Being"!

THERE is but "One Energy," "One Power," "One Source." There is but "One Life."

All is life. There is nothing in the Universe that is *not* life.

To him who understands it is not necessary to explain.

To him who does not understand it is impossible to explain.

To attain understanding, one need not struggle and strive, but need only open his consciousness to the freely flowing life energy even as the flower opens its petals to the sun's rays, and as he begins to recognize this energy as all life, all things,—that there is nothing else but life, no matter what its form may be,—then, and then only does he understand.

After understanding comes "being" in its fuller manifestation. Or the neophyte becomes more fully aware of his being, until he is *one* with his awareness. After he becomes "One" with his awareness he sees only the "One Presence" everywhere and in all things.

First we "think".

Then we "believe".

Next we "know".

And when we "know," we "are."

It must be so!

CODE OF LIVING

1. Ignorance is the supreme sin.
2. Self-development is the only honor.
3. Acquisition of money is the major futility.
4. Satisfaction begins only in unselfish effort.
5. The Sermon on the Mount and the Golden Rule are the greatest laws.
6. The body is a sacred temple.
7. Co-operation is the dynamo of man's destiny.
8. "A thing of beauty is a joy forever."
9. The rights of all supersede all rights.
10. Every task has the vision of service.

—P. Casper Harvey in "FRIENDLY CIRCLE"



There is no danger that dauntless courage cannot conquer. There is no trial that spotless purity cannot pass through. There is no difficulty that strong intellect cannot surmount. For those who win onwards, there is reward past all telling; the power to bless and save humanity.

Now is the time when the country needs men whose vision is clear, whose lives are clean, who dare to do right because it is right, whose enlistment is for moral and spiritual upbuilding in human character.

—SCOTTISH RITE SUN

• SCIENCE •

The Chemistry, Physics and Metaphysics of the Body

From "*The Science and Philosophy of the Drown
Radio Therapy*" by RUTH B. DROWN

PART II

IN SOUND, we have that vibratory action which, when brought forth harmoniously, produces form. Inharmony shatters it. Its action takes place on the physical plane, scientifically speaking, through the flow of a combination of strong F.F. electrons meeting a flow of weak F.F. electrons whose F.F. is almost at the elastic stage in wave flow. When they meet they adhere, and a pattern is created, or destroyed in favor of another pattern.

If we could see the process taking place we would see the electrons shaping themselves even as a company of well-trained soldiers fall into line to create formations at a command from an officer. The cohesive power again is the strongest field force, and the pattern takes its shape from the full round tones or harmonies.

An appreciation of this comes when we analyze our feelings during the playing of a piece of music, which is made up of harmony. We fall into vibration with

it, and are lifted up into a feeling of harmony towards all the world. When inharmonious notes are produced we feel shattered and out of sorts.

Certain experiments have been made concerning magnetism. It has been found that an iron wire, when subjected to tension while it is being magnetized, increases in magnetization in a weak field and decreases in a strong field. However, if the wire is fixed at one end and a current is passed through it, it will twist itself. Also an unmagnetized wire held at one end with a magnetic current passed through it will become magnetized.

Heat causes speeding up of the electron, which no doubt is the force behind magnetism. Cold, when equal and opposite to the force of heat, holds a different kind of molecule attracted magnetically to the metal magnetized.

Therefore metals attract their own vibrations when a flow of current is passed through them at a certain speed, but attract molecules of other vibrations when the speed is increased or diminished. For instance, heat speeds up the molecules and cold retards their flow; consequently they are more or less held in the strong F.F. of the earth when cold, and draw electrons of a faster flow than themselves, or opposite polarity. This is the reason for the adherence of the warm tongue to freezing iron pipes in winter. The pipe has contracted in a strong F.F., giving off few if any electrons, and attracting and holding any of the warmer or faster-flowing electrons. These soon become the

same strong F.F., thus causing water to freeze and form ice on itself and the pipe.

Now we have the reason for electric currents flowing along any metal that is grounded (earthed). The faster-moving electrons are more magnetic and warmer; they are therefore attracted to metals whose electrons are colder, or flowing not at all, but which are one with the earth. Resistances placed between the two cause a slowing up of the faster-moving electrons, and the original sound which was sent out on the ethers can be reproduced again on its way to the earth.

All these electrons must be resisted in like manner to the manner of projection. Wheat cannot produce oats, but it can produce its own kind, because wheat energy was projected. In other words, wheat energy can be received again and reproduce wheat.

Likewise, sound is projected; only sound can be received in the same manner.

When copper, which is repelled by a magnetic pole, is earthed, its own molecules cannot act, and when a magnetic flow of current is attached to it, it attracts the whole molecular electronic flow. Thus the sound is heard when properly resisted, or when heat or any of the so-called radio or electric phenomena are produced.

"When magnetic lines of force 'cut' a conductor at right angles, they induce in the conductor an E.M.F. (electro-motive force) and if the conductor forms a closed circuit a current will flow around the circuit.

Induced currents always resist any change produced by induction."*

The above rule explains one of the most important factors in health. If the Life Force drawn into the body is used to make ourselves positive, no other influence can disturb us, because our induced currents resist them. In other words, man creates a magnetic field around himself, even as the wire over which an induced current flows, and if he keeps himself positive, this field will be undisturbed. If he becomes negative, and allows himself to grow angry or out of balance, other influences can sweep in, and the magnetic field is no longer harmonious. This causes a state of dis-ease to exist around and in the body.†

* Ralph Stranger's "Wireless Library for the Man in the Street."

† In like manner, if we are inharmonious and send such thoughts towards others there will not be a clear path of energy for them to flow forth, and they will drop into our own magnetic field, disturbing us all the more until they work back into our bodies through the pores of the skin as well as the spleen and lungs. Our whole system will thus be in a state of dis-ease. We little realize how much we are the cause of our own illnesses. A very fine version of the Golden Rule is, "I would think no thought towards another I would not another think towards me. I would think no thought towards myself I would not wish fulfilled." Thus if we want ease in our bodies we must be balanced in our feelings and thoughts. It is well to remember also that if we send out thoughts to others they start returning at once to ourselves because of the fact that we are "conductors," and form a closed circuit, causing a current to flow back along the line of induced energy following the thoughts sent out.

The usual idea entertained by most people is that the blood builds the body. The function of the light energy, of which the blood is the liquid manifestation, is not to build the body, but to destroy unnecessary portions of it. For instance, the energy which flows over the nervous system and through the blood vessels is, as we have stated, a liquid form of invisible light, positive in its polarity. It constitutes the nucleus of the atom, and throws off and draws in negative electrons from the earth which are magnetically attracted to its pattern. It carries substances through its channel, and sends quantities of this liquid to all parts of the body for the purpose of destroying old waste products, taking them off to the large channels, or intestines. In addition, it bears the different elements acquired through food, water and air to the various body areas.

The blood plasma is destructive to form (as also is the energy flowing over the nervous system), if not supplied with electrons from the earth. These electrons are drawn through the pores of the skin and through the blood vessels, the entrance into the latter being made through the lungs as well as through the gastro-intestinal tract.

The nerves use the channels of the lymphatics and endocrine glands to transform their energy and supply the endocrine hormones to the body structure. Incidentally, it is necessary to bear in mind that the glands and organs of the body have two functions with which we should always work. One is INVISIBLE function or activity, the other is VISIBLE—visible, that

is, only as it affects the outer body. Each gland, of course, has its own particular part to play in the whole, just as the suprarenals are one of the points or centers through which the Life Force comes. All the glands are conductors of Light or Life Force, but that becomes meaningless without the brain over which the main Life Force flows.

The venous blood emptying into the lungs carries all waste products back to the ethers, the lungs acting as a bellows to draw in and send out the gaseous energy.

Being the largest organ in the body, and holding one-fourth of its blood at one time, the liver acts as a transformer for the foods taken into the body, from which it balances the electronic flow. It selects and stores all substances which might cause acids or ferments, thus permitting the body to draw upon its store-house as its needs warrant. It is the thermostat of our mechanism, and when it is thrown out of harmony the whole system is unbalanced.

Now we come to the influence of heat upon the atoms of the body. Since atomic speed is governed largely by temperature, we realize that a normal body temperature, with a balanced control of the feelings, brings about health. For instance, let us assume that the brain is a flood-gate through which invisible energy, or Life Force, flows into the body.

The central nerves are located in the pineal gland, the cerebellum and the Bundle of His in the heart. Man is so constituted that he can open or close this

flood-gate at will, and slow down the force field of energy of any part of the body.

The body also has its force field (known to some people as its aura, but known to the physicians as the emotional or feeling world). This field of force, slowed down or speeded up, will throw the body atoms out of balance and cause an electronic flow. It also cuts off the invisible energy flow to a degree, and instead of the body atom functioning normally at its own speed, it changes, and atoms of other elements are formed; deposits also appear according to the atomic change.

This energy is in continuous activity, and is attracted by the force field of the earth, from which there is a counter field of force. The two together create the electro-magnetic action, even as two poles of energy create power if they are held opposite each other. This power, acting on gases, causes the formation of electricity, or the branches of trees and their roots, or, let us say, the nervous system and the blood vessels in the body, all these patterns being similar.

When this electronic flow has been lessened in its normal channel and is forced out of its equilibrium by the unstable feelings of an individual, the force field is like the placid pool after a pebble has been dropped into it. The ripples throw off so many W.F.F. electrons that the body atoms become a gelatinous mass, and so-called disintegration takes place in the structure. This is the beginning of cancer.

When the field of force is slowed down by suppression of the feelings, the earth side of the power becomes stronger and like uranium; the atoms become

so solid and have such an intense magnetic pull that solid substances form, and tumorous conditions are created.

All this leads to the reason for the method of therapy used in the Drown work. It seems necessary to help people realize that when they find themselves in a state of dis-ease the cause comes from within themselves. They are not always aware of this, but since everyone is the center of the Universe to himself, it is imperative for him to comprehend that he governs it, either consciously or unconsciously. For this reason he must know why he has permitted a lack of ease to come forth in his world; he must also know something about that world, in order that he may better understand the cause of his lack of ease.

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The Nobility of Self Reliance

DR. MYSTERY

§) CHRONIC disease of the race is its submissive belief in the influence and bondage of inheritance, of position and of environment. This disease belongs to the past, to the unthinking, following herd of race belief, but to the present consciously awakening mind it should be given its proper position or relation. Let the being realize that neither position nor condition, pre-natal or inherited, has the power to dictate to him, but that they are material presented for him to reform, to remold, to utilize. They are his stock with which he is equipped to launch forth and manipulate life, and to bring forth that which he wills out of them. Let the soul understand that these factors are privileges and elements in his qualifications or equipment: that in his use of these qualities that have been as the old man of the sea upon the unthinking race

may become to him his mounting block, his stepping stone, his flood-gate, through which he may pass out into a greater depth and toward a greater, broader field of expression and manifestation.

Let the thought of this lesson be the Nobility of Self-Reliance, the consciousness that, after all, all of these situations we find ourselves in are not to be resigned to, but are to be made use of. We can induce any state of consciousness we will to. It is within our power to induce a state of consciousness which is Master-full Causation, which is creative and constructive, which will bear fruit of its kind. It is possible for us to conceive our ideal of our disposition, our ideal of an individual strong and powerful and victorious, and to hold that ideal up before us in the positive and constructive mood, to persist toward it, idealizing it no matter what the situations and experiences around us may be, no matter how the billows may surge at the foot of this great rock, the rock of faith in ourselves and of determination to master and to mould our destiny. Let us have the will to induce a state of consciousness that is greater than effects, greater than appearances, greater than the seeming obstacles which may stand forth as a blank wall before us, yet which are so moulded and penetrated through by our convictions and faith that we can do and will do this: we will discover the way, the truth, and the light, we will arouse and call into full expression the masterful wisdom that will discover the way, that will win and will triumph.

"What is this before me and how shall I handle it? How shall I transmute it into a stepping stone, a mounting block by which I may ascend to greater heights?" This thought should be uppermost in the mind of the individual rather than, "What have I to meet and what will it do to me?" It is not well to ask of the nature of the situation so much as it is for us to remind ourselves of our nature toward any and all situations. We can go forth in this state of consciousness, meeting each situation with that joyous, exhilarated consciousness of faith in our innermost power, faith in our love and patience, faith in our wisdom and knowledge, faith in our strength, faith in our Divine Nature, faith in our consciousness that all things are possible to him who believeth, and knowing, also, that it is possible for us to induce whatever degree of belief we feel to be essential for the occasion. This practice, this living life scientifically, masterfully, with discrimination and with expectant enthusiasm, yields back to the living the fruits of its kind, which are joyous and satisfactory, which are entirely shorn of the disappointments and inconveniences that come continually to the mind that is out in the realm of effects, that is living among conditions and appearances, that is mixed up with life instead of standing over it, consciously realizing that we are amid it to use it, to manipulate it, to direct it, to follow, to express through it.

It is how we live that is accomplishing. It is not that which is about us that is of consequence. If, however, we first seek the Kingdom of Heaven all

else will be added unto us. The Law of Correspondence is, indeed, an immutable law. And if we will, at the heart, at the center of Causation, at the seat of induction of power, induce the quality of mind which is creative and constructive and discriminating, if we will, at the center of our being, maintain the poised equilibrium of a wise one, a child of the Living God, a child who knows its lowly state of power is mighty; if we maintain the privileged consciousness of these qualifications, which are indeed ours, we then are causes, we then are producing causes which, far out, will relate up to effects, will produce effects that will harmonize with, be at-one with, correspond to, the qualities which we induce within.

You are taught that it is to know thyself, to be thyself, to rely upon these latent powers that are within, waiting to be called forth into usefulness, that it is the consciousness of our potentialities that help us to move forward to the manifestation of our potentialities. It is by recognizing this that we can move steadily onward, forward, and upward to the goal of fulfilled possibilities.



In spring, O Bulbul, go not in thy grief
To seek the garden, wandering apart;
But wait—one day within thy very heart
It shall arise, in bud and bloom and leaf.

MIR SOZ (*Hindustani Lyrics*)

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