

ASTROLOGICAL DEPARTMENT
WOMAN'S HEALTH DEPARTMENT
CHRISTIAN SCIENCE DEFENDED

"He Who Masters Education, Masters the World."

Labadie

OUR HOME RIGHTS

v. 1 no 7

Organ of the U. S. Confederation
of Medical Rights Leagues

Vol. I. No. 7. Boston, Mass., November, 1901 Price 5 Cents

Medical Freedom

A man ought to be as free to select his physician as his blacksmith for he alone is to profit or suffer by his choice. The responsibility is his.

WM. E. GLADSTONE.

How is it that there are a thousand ways in which I may be permitted to damn my soul, but when it comes to a trivial matter like temporary ill health, the Legislature must prescribe how I shall do it. It is absurd and ridiculous.

MARK TWAIN.

Medical Monopoly

I think it would be better for the profession if we all would recognize the fact, that it is better to have patients to die under scientific treatment, than to recover under empirical treatment, therefore use tonics if needed for your dignity and thereby accept no dictating by the laity. B. F. Posy, M. D., in the Medical Times. Philadelphia, Pa., and Boston, Mass., Oct. 1900.

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IMMANUEL PFEIFFER, M. D., President and Founder

We Advocate Reform in Social, Political and Religious Life

DIETETICS IN DISEASE

MUSIC DEPARTMENT

DR. DURGIN WARNS AS TO SPREAD OF SMALL POX

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Vol. I.

BOSTON, MASS., NOVEMBER, 1901

No. 7



This square marked with an X, in blue pencil means that your subscription to this magazine has expired. Please renew.

THE CREED TO BE

BY ELLA WHEELER WILCOX

Our thoughts are moulding unmade spheres,

And like a blessing or a curse,
They thunder down the formless years,
And ring throughout the universe.
We build out futures by the shape
Of our desires, and not by acts.

There is no pathway of escape:
No man-made creeds can alter facts.

Salvation is not begged or bought:

Too long this selfish hope sufficed;
Too long man reeked with lawless thought,

And leaned upon a tortured Christ.
Like shriveled leaves, these worn-out creeds

Are dropping from Religion's tree;
The world begins to know its needs,
And souls are crying to be free.

Free from the load of fear and grief
Man fashioned in an ignorant age;
Free from the ache of unbelief

He fled to in rebellious rage.
No Church can bind him to the things
That fed the first crude souls, evolved;
For, mounting up on daring wings,
He questions mysteries all unsolved.

Above the drone of creeds, above
The blatant voice of braying doubt,
He hears the still, small voice of Love,
Which sends its simple message out,
And clearer, sweeter, day by day,
Its mandate echoes from the skies,
"Go roll the stone of self away,
And let the Christ within thee rise."

ARMY OF PARENTS FIGHT SCHOOL BOARD TO SAVE THEIR 4,000 CHILDREN FROM LOCKJAW

Seven Deaths Following Vaccination Make Them Refuse to Obey Health Mandate.

CAMDEN, N. J., Nov. 16—The parents of 4,000 children will formally protest at a meeting of the Board of Education to-night against the arbitrary health ordinance by which their little ones are dying in agony.

Following vaccination, seven children have died of tetanus, inculcated, it is claimed, by the use of virus, which is not pure.

The parents will refuse to send their children to the public schools unless they can be admitted without being vaccinated.

The Board of Health insists upon upholding the law in compelling;

public school pupils to be vaccinated.

The situation is still further complicated by the school ordinance which makes attendance at school compulsory.

This dilemma has stirred the city to a pitch of tremendous excitement. The people are unwilling to submit their little ones to the peril of horrible death and will appeal to the courts if necessary rather than have them vaccinated.

NO SMALLPOX EPIDEMIC.

It is pointed out that, while the operation is ordered by the authorities as a preventative of a smallpox scourge, only one death from that disease has occurred during the same period that seven loved ones have expired after the most horrible torture from lockjaw.

Eight thousand other children have been vaccinated and a wild panic has spread through the fear that still more cases of tetanus may develop among them.

Four thousand of the attendants at public schools are still unvaccinated, and it is over these that the war will be made. Not one of their parents is willing that vaccination shall be performed.

The parents will to-night make formal application that their children be permitted to return to school without vaccination. This is expected to be opposed by the Board of Education.

In this event, the first attempt to force attendance under the compulsory law, or to compel vaccination of an unwilling child by force, will meet with the bitterest opposition and may precipitate an uprising that will be dangerous to cope with.

WILL RESORT TO COURTS.

Should the Board of Education ignore the request to be made, an appeal will be made to the State Board of Health. Should that fail, resort will be had to the courts.

The parents will ask that they be permitted to return the children to school after administering a new medicine, which is said to act as a preventive against small-pox.

Dr. H. H. Davis, medical inspector of the schools and president of the local Board of Health, is opposed to this medicine, as a substitute for vaccination. The new method is homeopathic. Dr. Davis is of the allopathic school.

A child was treated by this method before the Board of Health and it was fully explained to the members. Dr. Davis condemned it and declared that vaccination was the only proper preventive of the spread of smallpox.

There is less smallpox than tetanus in this city to-day.

Two more sufferers from lockjaw are in critical condition. They are Marie Winters and Walter Brown. Both are school children and were vaccinated by the officials.

ANOTHER DEAD OF TETANUS.

ATLANTIC CITY, Nov. 18. The second victim of lockjaw following vaccination here is Hugh Parker, the eight-year-old son of Irving Parker. The child died in terrible agony. He was perfectly healthy when innoculated. — *New York Journal*, Nov. 18.

Advertisers will find **OUR HOME RIGHTS** a good medium. The large middle class, the consumers, read it.



Astrological & Department

Edited by Derolli, Hotel Pelham, Rooms 411-12, Boston.

QUESTION BOX.

Since I began the series of articles in this magazine I have had a great many questions submitted to me and I am willing at any time to receive letters from the readers of this magazine, suggesting points which they would like to have answered, and I will try and reply to them through these pages.

One lady wishes to know why it is that two people born at exactly the same time, one in a rich family and one in a poor family, should not be exactly alike in the outcome of their lives.

This woman mistakes what is a very great truth in Astrology, and assumes that the science is fate, which I have repeatedly controverted.

Now here are two people born under special circumstances, at exactly the same hour, but their environment is entirely different. You may take two apple seeds from the same apple, and plant one in a rich soil, and give the sprout every possible attention, and it will mature into a splendid tree. Another may be planted under disadvantageous conditions and receive no care. It will grow up into a common scrub.

Now Astrology puts the possibilities of things for our use, but it does not compel an exact development. But it brings about the development according to the environment.

Two men may be born exactly at the same time and in the same house. One may come from miserable drunken parents and have a miserable drunken home to contend with. The other may be born of refined parents and have every surrounding to develop a nice character. You can easily see that the heredity and the development of the character aids or retards the innate powers which are given to any person and to all persons.

I think many readers will be interested in this thought if they will follow it out. That Astrology is not fate, but it is the possibilities of things, and the power of development, or the power to avoid that which is detrimental.

Another woman writes an amusing inquiry. It only shows how crude some persons' minds are as to what Astrology can teach. She asks me in substance if I can tell the name of the fellow who will run away with her daughter the next time.

She says the girl is always running away with somebody, and can I tell her who the next one will be. I wish to state distinctly at this point that I am not keeping an intelligence office, and there is no power on earth that I know of that can answer such questions.

A good many people have asked me this question; whether they will marry a tall man or a short man, a

dark man or a light man. Now Astrology does not tell that. It does not show the power of choice.

It shows what will be harmonious in marriage, and what is a proper thing to do for a life of reciprocal attachment. But it does not say that upon an impulse of a moment, or through some unforeseen combination a man or woman should rush into matrimony against judgment and against reason, and against common sense.

The point is in Astrology that it shows the harmony of lives and what is possible, and there would be a great many more happy marriages and comfortable homes if people would always marry astrologically harmoniously. The question is very pertinent as to the fitness for persons for one another, and they would do well to follow the suggestion.

Another class of people write me something like this. They send me the date of their husband, simply giving the year, the month and the day. They do not mention the hour of the day or the place where he was born, which are very vital points in a matter of this kind.

Then they ask me when the husband will die. They seem to have a very great solicitude as to when he will pass out, and I suspect in many cases it is because they are looking for somebody else to pass in.

Now in order to do exact work when questions are asked, it is necessary to get at the time of

birth as accurately as possible. If this is not known, the features, the form, the tendencies of the man should be studied, and always the place of birth should be given, so that the latitude and longitude can be correctly fixed.

It can then thus be stated very nearly, if not accurately, when death will come. But it seems to me that these questions are not prompted generally by the right motives, and that there are a great many better things to talk about which can help the life that now is.

Another thing that is asked me very frequently by young men,—and I am free to say also, by a lot of young girls,—whether they are to have vast riches showered upon them. That seems to be the all important thought with too many people.

Now will such people kindly remember that vast riches do not tumble out of the clouds indiscriminately, as roses do out of a juggler's paper bag, from some mysterious source. But that wealth comes from endeavor, and that the strongest results in life will come from the strongest work, the best preparation, the highest fitness, and the attention to duty, with absolute integrity of life and conduct.

Such people would do well to remember this,—that work is a blessing, and that it will bring its results regularly, systematically, and that very few people are smothered by riches.

“A man need not be a great scholar to think what is beautiful and true.” That is the reason that now and then we find among the uneducated, lovely characters; their minds are

clean and pure, and they think of only the true and the beautiful. You can build your character a true and beautiful one by thinking about what is beautiful and true.

Food Department

Edited by Norah Johnson Barbour

Health is harmony; disease is discord.

"To think well, breathe well and eat well is to live well, and thus be well."

To live in direct accordance with the laws of Nature is to live well and thus be well. How many of us do this? Think of the doings of one day and see in what way you have violated the laws of Nature. Did you eat so much breakfast that it reminded you of its undigested presence during the forenoon? Did you hurry your luncheon to such an extent that it was not properly masticated, and consequently could not be assimilated, thus preventing it from being of any service in furnishing fuel for the various functions of the body it was intended to serve? Was the dinner of so many courses totally different from each other that reconciliation was impossible in the stomach, and the striving for mastery of one element over another became so violent during the night that what little sleep was obtained, proved of little or no benefit? These may appear to be of little importance to robust youth, but when 40 or 50 years have passed, their evil effects begin to show themselves, and it is difficult, if not impossible, to undo the wrong then.

It is the duty of parents to attend to the needs of their children. If

the fathers of the present day, who are so busily engaged in becoming millionaires or in keeping the wolf from the door, knew of how much they were depriving themselves by not becoming more companionable to their children perhaps they would find more time to devote to the society of the little ones, and among other matters to explain to their young and receptive minds the value of various food products and the absolute need of thorough mastication. I call attention to this last subject because it is the first step in the process of digestion, and the only one under our direct control. Food improperly masticated cannot digest, and undigested food will not assimilate; unless there is perfect assimilation Nature's work cannot go on.

We exist, but that is not life in its fullest sense. I can hear you say: "We get along all right." But it is this very carelessness that I would wish to eliminate; to get parents to thinking of a fuller life for the little ones. Let us do our part by educating them in correct living and instill into their youthful minds the importance of right eating. Only a healthy body can be the instrument of healthy ideas.

When man "eats to live," the solution of life's problem is near at hand.

Make up your mind to be well. It is a paying investment. **OUR HOME**

RIGHTS will teach you how to be healthy.

"BRAVER MEN AND BETTER SHIPS WERE NEVER BUILT BY MAN"

WINFIELD SCOTT SCHLEY.

After a patient and weary watching for many days under a tropic sun, surrounded by the most exhausting influences of climate, imperfectly fed, vigilant day and night, when the enemy moved, it is a high tribute to my profession to say, he was simultaneously discovered by every ship that had been set to watch. *Cervera waited until he thought we were all at quarters; and so we were.* The consequence was that when his vessels left the harbor in one minute and thirty seconds every vessel of ours was firing upon them. *It was the most beautiful sight I ever saw in my life.* I was standing on the bridge of the Brooklyn, and the first impression created in my mind was that it was like a Spanish bullfight, for they came out tail up and head down.

The admiral had been called shortly before to have a consultation with General Shafter, and, before leaving, the signal was made to disregard the orders of the commander in chief, which was a practical announcement to the squadron that the senior officer was in charge, and that officer, fortunately or unfortunately, happened to be myself.

The moment the enemy appeared the signal was hoisted for close action. It was followed by an immediate inward movement by the entire squadron. The Brooklyn was unquestionably the point of attack because she was the fleetest ship of the squadron. The storm of projectiles resembled very much a millpond during a hailstorm, but on such an occasion one has very little time to

think of himself. The larger operations engross all his attention.

I was not aware personally that a shot came within 100 miles of me until a man was killed and a searchlight knocked out very close to me. We had to determine at this time whether to turn in and mask the enemy's fleet during fifteen minutes or turn out to unmask them. The decision was made to turn out, and the result was that in twenty-nine minutes after the enemy's appearance four of the ships had been absolutely annihilated. During a running fight of fifty-four minutes the Brooklyn was struck over 100 times.

She was assisted magnificently by the Oregon and Texas. Braver men and better ships were never built by mortal man. After the Vizcaya had surrendered I signaled the Texas to look out for her and started for the Colon, feeling, as Lord Nelson did at Trafalgar, that if one vessel got away the victory would be incomplete. I felt after that momentous day had ended that *the victory was big enough for all of us. I have never yet changed my opinion.*—*The Wage Worker*, Detroit, Mich.

It will take some time to make this magazine self-supporting. In the meantime, the load will fall upon the shoulders of a few brave pioneers.

Let all who can afford it and who are interested in the principle we advocate, either contribute in money, or send in a large list of names of friends to become subscribers. Remember it is only 25 cents for six months. Surely here is a good opportunity to do good.



Woman's Health Department

Edited by H. B. LEIGHTON, M. D.

No. 1 Hotel Pelham, Boston, Mass.

I said, in my October paper in this department, that a good deal could be done for this generation, and very much for the next. Now, the reform must commence with the mothers.

First, correct the errors that have already been named as far as possible, by using your influence with the older daughters, and your authority, with the younger ones. Convince the grown-up girls that it is false modesty, or what is worse, suicidal, to conceal their ailments and troubles from their mothers, and certainly from the Doctor who, if he could learn the whole truth, might relieve them at that time, and cure them for all time.

Advise the younger ones of things that are certain, also of things that are possible. Get the advice of a good physician, and have the girls start out right. Give them good food, proper clothing, also proper exercise, and all the time remember that they are young, and give them a good time, and make life worth living. Now, good mothers, don't get it into your head that you must keep your daughters tied up, and make them walk on certain lines, but educate them, and then let them go. If they have had proper instruction, very few of them will go wrong.

Make the little girl your confident, and not your slave; tell her

all you know, and she will do the same by you. By this means you will keep in touch with all her temptations.

When your daughter is eleven, twelve or thirteen years old, watch her very closely. If she is nervous, fretful, uneasy, and at times pale or flushed, don't wait and trust nature to do all, but take her at once to some Doctor who knows his business, and tell him all you can, and let him question her his own way, and he will at once give her proper advice and perhaps medicine. Whether it is the one or the other, or both, see to it that you live up to the instructions received.

To influence you to act, I would be glad to have you see hundreds whom I have prescribed for, that are now rosy-cheeked and robust girls, and compare them with the pale, listless, complaining ones who have been neglected, either from carelessness, or the mother's false ideas of right and wrong.

Now just a word to my little friends and I am done. Don't keep a secret when your mother ought to share it with you. It is almost always safe to trust your mother with everything and very wrong and dangerous *not* to do so.

You will soon be women and with proper care of yourselves for a little time now, will make you well and happy in the future.

THE CORPSE WAS ALIVE

The facts, so far as known, are these: Dr. Nelson Call of Guildhall, Vt., was driving a spirited horse from Groveton, four miles above his town on the New Hampshire side of the river. At a railroad crossing the animal became frightened and unmanageable and ran away.

Soon after it had departed on its independent course it ran the vehicle into a ditch and the doctor was thrown out.

Some passers-by saw the man lying prone and insensible, and on being recognized he was taken to his home. A physician was called in and pronounced life extinct, saying that the man's neck was broken.

About noon today the undertaker and embalmer, who had been telephoned for, arrived. They viewed the deceased and prepared to make him ready for the coffin.

They were in the midst of an argument over the embalming tools, when the supposed corpse sat up, and leaning on his elbows, asked sleepily if it wasn't nearly time for dinner.

Before their astonished eyes he then got up and walked into the kitchen, where he partook of a hearty meal. They dropped their implements and fled. In the afternoon he was observed doing a good half-day's haying in his meadow.

There is no doubt that the doctor was thrown on his head and rendered insensible, as he says the last he remembered is leaving his buggy on the fly. But what particular part of the head one has to land on to suspend all the functions that give a trace of life to the examiner puzzles the medical men.—*The*

News and Sentinel, Colebrook, N. H. August 1, 1901.

This is a fair sample of how much some doctors know; we could fill page after page with evidence of their ignorance, but if they are favorites of boards of registration or just out of college and can answer stereotyped questions, that is enough to legalize them to do mischief.—Ed.

The Gregg Shorthand has so many points ahead of any other system, that it is fast becoming the leader. The Boston school has been enlarged and is now having its magnificent headquarters at rooms 411 and 412 Huntington Chambers, Huntington avenue, Boston, Mass. The gentlemanly manager, Mr. W. H. Howard will gladly give you all the information needed. If you will take the trouble to investigate the various systems, you are bound to select the Gregg, simply because it is the best.

SOME HAVE FOLLOWED

Some of our friends have followed the example set by others and ordered copies of *OUR HOME RIGHTS* to be distributed among their friends. Any order for ten copies and upwards are filled at the rate of three cents apiece. Who will be the next to order some?

We have a few Home vapor baths; price \$5.00. Will send one f. o. b., all complete, for \$3.00. Address Vapor Bath Co., 312 The Pelham, Boston, Mass.

Advertisers will find *OUR HOME RIGHTS* a good medium. The large middle class, the consumers, read it.



EDITORIAL

Immanuel Pfeiffer, M. D., Editor in Chief

THE FRUIT OF VACCINATION.



ANNIE SHORE—EIGHT MONTHS OLD.

Abraham Shore and his wife live at No. 10 Bellerica, Boston, Mass. Both of them are very healthy people and up to last August, a happier couple could not be found; they had but one child, pretty little Annie, the diamond of the home. She was a very healthy child, until she was rushed up to the Infants hospital, Blossom street, to be vaccinated.

Of course the parents knew nothing but to follow the mandate: "have your children vaccinated." Poor little Annie like thousands of others held out her bare arm to receive the

poison. This was in the latter part of August. The arm became very red and a formation of something, that looked like a hard bottom, appeared.

In about two weeks' time large sores commenced to appear on the back of the head and afterwards on the face and it was the general opinion that the child had been poisoned. Can anyone imagine what that mother (not to speak of the child and the father) has gone through for about three months with little Annie transformed into such misery. We have, with the permission of the parents, stated the case and presented her picture in the interest of humanity.

No comments from us will make the case any stronger.

In the same house, 10 Bellerica, I found another victim, the two year, four months old daughter of Joseph Leavitt, father and mother healthy; so was the child, until it was vaccinated at the age of six months. The child was almost rotten with eczema for twenty months; its ears nearly came off; the body now is like raw beef. Both the Leavitts and Shores told me, that there were many similar cases.

Vaccination must go and O. H. R. will do its part to educate the people. We refer to an extract some where else in this edition taken from the *New York Journal*. Evidently an army of parents are fight-

ing the monster in Camden, New Jersey. They have our sympathy and wishes of success.

. * * *

DOCTORS LICENSED TO MURDER.

We print in our Registered Regular Department an editorial from the *New York Journal* under the above heading. It is a good sign of the age that people are waking up to see where the medical fraternity stands. We have no quarrel with the progressive Physician of any school; but it is with the class to which the *Journal* refers, that we are at war; they should be treated like criminal tramps and the time will come when respectable people will turn their back to them. The *Journal* calls attention to three cases of criminal malpractice; they are interesting. We could easily fill a whole edition of O. H. R. with cases of malpractice by the very men who favor laws enacted to push every progressive healer out of existence. We hope to see the day, when all these incompetent, ignorant, so-called regulars (they are the irregulars) will be out of a job and will be forced to earn an honest living by chopping wood or doing some other respectable work. When our people become properly posted up, the whole question of Medical practice will regulate itself. OUR HOME RIGHTS is doing all in its power to open the eyes of the people and now that the leading dailies are taking hold of the matter, we may expect progression very fast.

In our own state we shall try to have politics taken out of the Medical Laws and then there will be no reason to complain.

WHAT THE PEOPLE SAY OF US.

COMMONWEALTH OF MASS.

EXECUTIVE DEPARTMENT.

Governor Crane requests me to say that he would be glad to receive OUR HOME RIGHTS in the future and would suggest that you mail it to this office.

J. B. SMITH,
Private Secretary.

OUR HOME RIGHTS meets with my approval and I shall be very glad to receive it.

Very sincerely,
(Judge) T. E. GROVER.

Hon. Wm. Lloyd Garrison writes: "The main spirit of OUR HOME RIGHTS appeals to me. I wish you success in your attempt to dispel error, especially in your protest against compulsory vaccination. Trust it will strengthen the growing opposition to Medical privilege and monopoly."

Mr. Henry Thatcher of New York city, who has been active in spreading OUR HOME RIGHTS, writes: Miss Allen spoke about OUR HOME RIGHTS; she likes it very much and her brother Freeman is also very much taken up with it. They accept all the ideas it contains without reserve, but Aunt Lucy is more pleased still and read every word and believes it all.

George G. Ware, General Agent for the Underwood Typewriter, 327 Main street, Springfield, Mass., writes: "OUR HOME RIGHTS is a dandy. You are on the right track. Good luck to you. Please send me OUR HOME RIGHTS for one year. Enclosed please find my subscription. I wish to start from the begin-

ning; please send all preceding volumes."

Sumner Chapman of Greenfield, Mass., says: "Enclosed please find fifty cents to renew my subscription. I appreciate every number very much, as all principles there represented will both enlighten and benefit anyone who will put them into practical use. I hope for the future success of your work."

Lawyer J. N. Shattuck writes in sending money for two subscriptions: "I trust many will assist to carry on the good work you have started to inform the people of their rights. God bless you."

Dr. Andrew Jackson Davis in forwarding money for several subscriptions says: "I have no doubt OUR HOME RIGHTS will accomplish a needed reform in Medical laws, etc."

Dr. T. B. Englehart of Mt. Clemont, Mich., became a subscriber from the first number and forwarded a list of eight names to whom to send OUR HOME RIGHTS.

Dr. R. C. Bagly of Decatur, Ill., the noted reformer, writes us: "I am glad and proud of your efforts in the cause of Medical freedom, and I heartily approve of your methods of fighting the battles of reformation. Let the good work go on. I am with you and you may command my service. Please place my name on your subscription list for your excellent magazine, as a constant subscriber."

Dr. J. M. Peebles of Battle Creek, Mich., after receiving the first number of OUR HOME RIGHTS said: "I have looked over the April issue of your magazine carefully and find it a first class publication of its nature. What are your advertising rates?" Since then, Dr. Peebles has written in praise of O. H. R.,

become an advertiser and has selected O. H. R. to go to his subscribers while he is travelling around the world. We feel very good over this recognition and endorsement from a man of Dr. Peebles' standing.

(To be Continued.)

* * *

DR. DURGIN AS A PROSECUTOR.

We have right here in Boston, a fellow, known as Dr. Durgin, chairman of the board of health. In his own estimation he is great, and to give our readers an idea of his greatness (?) we quote him from the *Boston Post* of October 30th. Dr. Durgin said to a *Post* reporter: "I have no patience with those who say vaccination is useless and harmful. Their arguments are too foolish to be considered, except from the standpoint of the safety of the public."

It is dangerous to allow such teachings to continue and some day in the near future I will bring some of those fellows into court. I wish the smallpox would get into their ranks instead of among innocent people."

We never like to interfere with any fellow who wants to exhibit his ignorance in public, and make a fool of himself, but in this case we make an exception, because the fellow in question is a public servant.

It is immaterial to advanced minds what a man of Dr. Durgin's caliber thinks of those who oppose vaccination; they have facts and arguments on their side. His remarks about bringing some of those fellows into court, is too foolish to reply to; suffice it to say, that of course, he would only ridicule himself, should he make the attempt.

We leave it for any fair-minded person to form their own opinion of a physician, chairman of the board of health (?) who wishes other people to get the smallpox. Dr. Durgin, you have put the seal of condemnation upon yourself.

* * *

RHODE ISLAND HEARD FROM

Dr. Swarts who is in Rhode Island what Dr. Harvey is in Massachusetts, *i.e.* the mouth-piece of Medical Monopoly, has been interviewed by the Providence *Evening Bulletin*. Dr. Swarts thinks the time has come to do some more for the dear people to have them protected against incompetent practitioners of medicine. It is a good thing, that the common people, as a rule disagree with Dr. Swarts on this highly interesting question.

Those who are declared competent by the various State Boards, as a general thing, are considered incompetent by the people. As long as the people have to pay the bills, they propose for Dr. Swarts and Dr. Harvey to keep their hands off. We hope the law-makers of Rhode Island know Dr. Swarts and his game and will act accordingly.

* * *

OUR ADVERTISERS!

If any of our readers have reason to complain of any of our advertisers, we will thank them for giving us the facts; so we can take action.

* * *

We have been informed from a reliable source that New York state has a Compulsory Vaccination law. We had understood otherwise.

CHARITON, LUCAS CO., IOWA.

Editor Our Home Rights.

MY DEAR SIR:—Today I have written a long letter to Governor Yates of Ill., about Dental boards, boards of health, Pharmacy Commissions, fake diplomas. All diplomas are fakes, as they are not given for merit, but for a price; so much a piece, so as to organize Trust and Monopolies. Am I right?

Yours fraternally,

A. J. KENDIG.

Yes, Bro. Kendig, you are right, and we only wish there were more people like you and things would soon be righted. While the Governor cannot make laws, he is still a power in seeing that laws are executed and can recommend their repeal to the legislature.—Ed.

CHRISTIAN SCIENCE DEFENDED

BOSTON, MASS., Nov. 4, 1901.

Editor of Our Home Rights, Boston, Mass.:—

In your issue of August-September, you published a criticism on Christian Science under the heading: "Is Christian Science hypnotism?" which I desire to review. Prof. Ladd's statement that the healings of Christian Science are better performed by hypnotism, is equivalent to saying, the healings effected through the influence of divine Mind are better performed by the exercise of human will. I have no quarrel with hypnotism, nor any other system which attempts to heal the sick. Christian Scientists cheerfully accord to all others that which they claim for themselves, the unmolested privilege of choosing their own school of religion and medicine. But we tremble for that age when men of letters advocate a

substitution of human will for the divine.

Furthermore, a magazine which advocates fair play is violating its own motto when it stoops to attack other therapeutical schools. A paper which stands for a defense of HOME RIGHTS should be the last to attack the home rights of others. We will grant that the prayer of the Christian Scientist is a mental operation, for surely it is not physical. But to advocate that there is no original, genuine, spiritual method of healing because seeming results can be effected by imagination and through various counterfeits, is equivalent to denying the power of God and the efficacy of prayer. By prayer we mean all the effort that is needed to bring one into communion with God as the omnipotent, ever-present power, and to successfully utilize the might of Spirit.

The insinuation that Christian Science covers up wrong by declaring "there is no evil," has been so often answered in the press, it would scarcely seem necessary to note it here. We quote one brief statement from the Rev. Mary Baker Eddy in her June message to the Mother Church:—"So long as we indulge the presence or believe in the power of sin, it sticks to us and has power over us. Again: To assume there is no reality in sin, and yet commit sin, is sin itself, that clings fast to iniquity. The Publican's wail won his humble desire, while the Pharisee's self-righteousness crucified Jesus."

The accusation that Christian Scientists deny the divinity of Christ and worship personality, is also false and is not excusable in the face of the much that has been taught on this subject. In further

refutation of this I quote the following from Mrs. Eddy's message to the Mother Church:—"Again I reiterate this cardinal point: There is but one Christ, and Christ is Divine—the Holy Ghost, or spiritual idea of the divine Principle, Love. . . . The Christ was Jesus' spiritual selfhood; therefore Christ existed prior to Jesus, who said, 'Before Abraham was, I am'."

There is nothing in the teachings or practice of Christian Scientists to warrant the falsehoods that they worship personality. No doubt your readers recognize the inconsistency of the charge that Christian Science has been borrowed from others and yet differs therefrom and is not capable of bringing out so good results. In the court and by an overwhelming amount of testimony outside of the court, this lie that Christian Science is based upon other theories, has been refuted.

Our critic ridicules the idea that Christian Science recognizes the claims of evil. Can one be rid of his sin without repentance? John said, "If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." Christian Scientists stand on this basis. Whatever may be said of the nature of evil, it does exist to human sense. This fact must be recognized and we must not only put on "the new man which is renewed in knowledge after the image of Him who created him," but we must "put off the old man with his deeds." Already in the bonds of evil, we cannot be rid of wickedness by ignoring it. It must be seen, denied and overcome. Reasoning with ourselves that God

is omnipotent, we must consequently deny the claim to power in evil. Our consciousness of the omnipotence of Good must extend to a realization of the impotency of evil.

The insinuation that Christian Scientists do not believe in sanitary methods, should be answered by the facts. A Christian Scientist does not attempt, in his practice, anything beyond what he can do with a reasonable degree of success, hence believes in the extremest care, not to associate diseased persons unnecessarily with others. It is the extreme dependence upon unreasonable hygienic methods as a means of health which the adherents of this faith deplore.

It should be noted here that while practitioners of this Science disregard the use of certain material remedies, this does not mean a sacrifice of all efforts toward the preventing and curing of disease, but simply the act of abandoning material for spiritual methods, and in so doing, Scientists know by actual experience that they are choosing the better part.

It is stated that Christian Science cannot change the laws of nature. This is true, but what are the true laws of nature? Which is most natural, to believe that omnipotent Good still governs, sustains and protects the universe, or to believe that God has created man and the universe, then taken his departure and left a lesser God than himself, called nature and composed of physical laws to maintain and govern all things?

It is stated, "There is nothing in the methods of Mrs. Eddy that is taught in Holy Writ, or that forms the basis of anything Christian."

We insist that the basic lesson of

this Science is scriptural. "God is a Spirit," and we challenge this critic or anyone else to prove the above assertion or to find one statement contained in the Christian Science text-book which is not a consistent deduction from this teaching of the Master.

It is stated: "One religious denomination teaches abstinence from liquor, tobacco, etc., while others advocate healthful living, but Christian Science teaches its deluded followers to not even think of Hygiene or healthful living, for nothing evil exists." I am at a loss to determine whether this author intended to wilfully misstate the habits of Christian Scientists or if indeed he is utterly ignorant thereof. Are Christian Scientists less immaculately clean in body and mind than the people of other denominations? Among its regular practitioners, about ten thousand in number, there can scarcely be found one who indulges in the use of strong drink or tobacco and they are free from many other habits which are looked upon with less disdain by many of their critics. They do not even lie about other people's religion.

What right has Mr. J. T. Hudson or anyone else, to distort and misrepresent the meaning of Science and Health? Since you have referred to my statement concerning the figures used in Revelation, you should have quoted enough therefrom to give my full meaning.

The better method would be to allow the writings on the subject of Christian Science to stand intact and speak for themselves. It is a gross injustice to pick out isolated statements, dress them up in perversion, and hold them out to the pub-

lic as a means of ridicule. Is it not a little strange that those who pretend to think Christian Science so ridiculous and silly, should deem it worthy of so much attention? Even a Christian Scientist is intelligent enough to recognize that some critics are afraid of Christian Science because it *is* Christian and *is* scientific, because it sets up a higher standard of morals and demands a closer adherence to the Principle of right.

In all of her writings on the apocalypse Mrs. Eddy has retained, concerning the pictures therein, the same figurative meaning in which they are used in the original text.

The insinuation that Christian Scientists are themselves guilty of mental mal-practice, that they have ever exerted an evil influence over others, is silly when we take into consideration that no one could possibly do evil if he practiced in strict accord with the teachings of this faith. To exert an evil mental influence, one must abandon Christian Science altogether and substitute in its place an evil mental influence. One who attempts to commit crime through mental influence, practices the exact opposite of Christian Science and has no right whatever to its name. That one could exert an evil, mental influence and at the same time be sufficiently spiritual in mind to be endowed with the marvelous wisdom goodness, charity and love which the leader of this movement manifests, is a paradox. Moreover, it is absolutely false.

One very unkind thrust in this criticism is the old, old lie. "Hundreds of children have been allowed to be sacrificed without the slightest effort to alleviate their suffering,

because parents do not believe that sickness and death exist." In the first place, it cannot be said, that an undue number of children have died under the influence of Christian Science for the fatalities among children as well as adults, who are adherents of this faith have been comparatively few. In the second place, it is not true that they make no effort to alleviate the suffering of children. They not only make an effort, but succeed in relieving the suffering of children. Shall it be said by a class of people, who by their words indicate a belief in the power of God and in Christianity, that he who recognizes God as an ever-present help in trouble and who trusts Him implicitly, is making no effort? Is there any higher method known among men and advocated in the Bible than implicit reliance upon the Father of all things?

It is stated, "Christian Scientists allow disease of a contagious nature to propagate through either carelessness, ignorance or disregard." I desire to say without hesitency that with all the noise that has been made on this subject, it has never been proven in a single instance that an epidemic is due to the carelessness of Christian Scientists. Christian Scientists not only succeed in healing contagious diseases, but they also successfully destroy contagion itself and thus do much to arrest the spreading of infectious diseases.

ALFRED FARLOW.

(We are willing, and anxious to publish everything that could possibly help others in the "HOME RIGHTS." But in what way does "Christian Science" do this; and how does it direct the "influence of

divine mind" except by "human will"—do its advocates "heal" in accordance with the methods of "divine healing" as we are taught in the Bible? The messages of Mrs. Eddy to the "Mother Church" do not comport with her teachings of "Christian Science" elsewhere; and the inconsistencies of her doctrines, anybody of fair mind can see by a study of them, even in the most charitable spirit. It is for Mr. Farlow, and not for myself to prove "the basic lesson if this Science is Scriptural;" and as to the other matters mentioned, readers of OUR HOME RIGHTS can compare both sides of the subject in our August-September issue and this. We cannot print Christian Science doctrines, entire, but what we took from Mr. Farlow was what he has said, in full, over his own signature. It is for him to prove that Dr. Hudson distorted C. S. or that it has even "destroyed contagion", which he is challenged to do.

—E. H. J.

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Subscribe for OUR HOME RIGHTS.



DERMATOLOGY

Edited by F. Brough, Ph. G., M. D.

11 Winter Street, Boston, Mass.

A HEALTHY SKIN.

NO. I.

We know that the skin is a very important organ of the body, living breathing; its inhalations and exhalations, secretions and excretions keeping alive and active the internal organs, and helping free them from disease.

Indeed, as Dr. Burnett has shown, "disease of the body bubbles up, so to speak, into the skin like water from a spring;" hence to treat diseases of the skin by washes and ointments alone is really not treating the diseased state at all, but only preventing its peripheral (or surface) expression. The skin does not live an independent life of itself, hung on outside of us—so while there is such a thing as a skin disease of a purely local character, such as common phtheiriasis and other parasitic dirt-diseases, yet a beautiful healthy skin does not come from soap alone, any more, or so much, as sound teeth from tooth-powder. People have preconceived ideas of health as well as disease.

Every specialist on the subject

knows that the public shun patients with diseases of the skin; the morbid tendency to such diseases may be at the bottom of them all, in some more than others. Hence, in studying a disorder of this sort we must seek the cause, and not as Erasmus Wilson, the great "regular" skin specialist, often has been shown to do—cure the effect manifested in the skin, and, in the end, send it to some internal organ.

Ointments have their place, but to procure a healthy skin or cure a "sick" one we must know what is needed internally, as well as externally. The general methods of keeping a healthy skin, and the internal derangements causing it to become unhealthy, we shall consider, from time to time. But the special directions for a particular case, we impart to our patients, only.

Beginning with the New Year, we intend to take up a systematic and scientific study of the skin, in plain language to be easily understood by all our readers, starting off with a condensed description of its structure or anatomy.

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Dietetics in Disease

Edited by E. Howard, M. D.

*Dietetics is greater than doctors;
diet better than drugs.*

Under this heading OUR HOME RIGHTS will print for the people a series of articles and comments, based upon a work of "Dr. Judkins" with the above title—published for the profession.

THERAPEUTICS OF DIET.

Dr. John L. Davis, professor in the University of California, stated that "several years' teaching of therapeutics and materia medica has impressed me with the fact that too much time is spent in learning much that is unnecessary in the less practical part of these studies. Most of the facts of pharmacy and materia medica are of little direct use to the practitioner. The main part of a student's time should be devoted to applying preparations to diseased organisms—it should be given to therapy rather than to materia medica. We must not think of therapeutics as relating to drugs only; we must consider the science in a broader sense: there is a therapy of hygiene and regimen. We cannot overestimate the importance of diet in the treatment of disease.

The physician of to-day can spend his time no better than in the study of dietetics in disease. Physicians ought to be educated to this proposition as advanced by Prof. Davis:

"The science of dietetics can be much more accurately formulated

to-day than is the science of medicinal therapeutics, though it often requires a higher knowledge to regulate diet in special diseases in order to promote recovery insensibly, than it does to give drugs which produce more evident, though perhaps less efficacious results."

This is aptly illustrated in cases of intestinal sluggishness, where regulated diet is so far preferable to repeated recourse to drugs, which give temporary relief, but tend to render the pathologic condition permanent. It seems strange, then, that medical men are so indifferent to, and ignorant of, the effect of foods, when every physician depends upon the *vis medicatrix naturae*, and knows that nearly all diseases are self-limited; and that many "run their course absolutely unaffected by medicine." Does not common sense and reason, then, declare that these diseases are best treated by the so-called "supportive" measures; and that nothing more assists nature than to give her good food, and that which is most required, when anything is needed at all?

If we are to support the sick person in other words "cure him by keeping him alive" till the disease period is over—it is reasonable that we should study earnestly what diet is best for him. We must study food as we do drugs—its physiological and toxic actions, its indications, therapy, dosage, and until this is done no doc-

tor has performed his duty as a physician, of "doing the best possible for his patient."

We need not here, in this introductory paper enter into a discussion of foods, detailed; for that will be carefully considered at another time, *i.e.*, their relations to different diseases and the rationale of their action. A study of the use of food, in health shows that its complex physiological processes must be watched with care, so that there be neither excess nor insufficiency. Now if this be true, how much more essential it becomes when the organism is stricken with disease; when the functions are weakened and disordered!

Then a double care demands us; first, to nourish the body and support it through the diseased action; second, to apply in certain diseases the curative effects of a specially selected dietary. Most physicians, and many people, now know that we require a low diet in aneurism, and a dry diet in fever and diabetes; and that we resort to the grape cure in hepatic disorders. But how many doctors know only enough, when asked, to declare: "Oh, take milk, beef tea and soft-boiled eggs; avoid coffee, pork and hot bread!" Thus, he mixes good and evil and does not know where and when to apply either; but perhaps he might prepare one of his own "foods" properly—that is, take "a pinch of salt in a cup of water" and call it beef-tea, which as often made is but the essential elements of urine and no more nutritious. Better still would it be for the patient—for he usually knows more—to prepare his own food, and take with a grain of salt what "the doctor ordered" *cum grano salus!*

As we proceed with these papers, we shall show the great value of "Dietetics in Disease," and try to teach readers of OUR HOME RIGHTS how to have food not only supportive but curative, and thus they may learn that the therapy of diet is of far more value and certainty, than that of drugs.

For, outside of such "specifics" as quinine for malaria and opium for pain, there are no drugs of definite use; for opinions differ and views are constantly changing. But, there need be no such question—as to diet; its indication and influence can be better known than any drug.

CONSULTATION BY LETTER

If there is any one thing we love more than another, it is to do good upon the grand old principle: the greatest good to the greatest number, but when we are reminded of the cold fact that we live on a physical globe and have expenses to pay, we are forced once in a while to demand a consideration for services rendered.

Since the editor of OUR HOME RIGHTS fasted for 31 days, he is receiving letters from all parts of the country from sick people, asking for information. When we consider that Dr. Pfeiffer has shown on several occasions that he is an expert in the laws of true living, it is but natural that people should seek his advice, but it is also right to remember that he has expenses to meet. His rule now is \$5.00 for his first letter of advice and \$2.00 for all subsequent letters. In writing, give age, sex, married or single, weight, height, symptoms, habits, and anything else of interest.



Registered Regular's Dept.

Edited by E. H. Judkins, LL. B., M. D.

DOCTORS LICENSED TO MURDER.

Six thousand new doctors receive diplomas in this country every year.

Only about sixteen hundred die annually.

We ought to have enough doctors before very long.

These six thousand new doctors are all "*Regular*," duly licensed physicians. They do not include various separate would-be medical men, the osteopaths, Christian Scientists, etc.

Practising physicians feel alarm at the great number of doctors turned out, and at the inevitable competition in the race for patients.

We do not share this alarm. We only wish that of ten doctors practising at least seven could be driven out of business and the remaining three subjected to proper supervision at the hands of a competent medical board.

There are undoubtedly more competent physicians in the United States than in all the rest of the world put together.

There are also in the United States more murders committed by doctors through ignorance than in all the rest of the world put together.

We recall three cases that have very recently come under the observation of this writer:

Doctor No. One treated a man for

the grip. He ordered his wife to feed him well, to keep him warm at night and so on. The treatment for the grip continued until a friend of the sick man insisted that another doctor should be called in. This doctor was a high-class practitioner, a man distinguished in his profession. He examined the sick man and said:

"This man is dying of typhoid fever. It is too late to do anything for him. He will be dead very soon."

The man was dead within twenty-four hours.

Was not the physician who had treated him for the grip and stuffed him with harmful food an actual murderer through ignorance?

Doctor No. Two told a well-known New York business man, residing in the country, that his daughter, who complained of a pain in the stomach, was suffering from appendicitis. She must be cut open at once and her vermiform appendix removed.

The father fortunately took her to New York, that she might have the best surgeons to do what was necessary. These surgeons examined her for a day, and then said to the father:

"Your daughter has indigestion. There is nothing the matter with her but a stomach ache. Take her home."

If the original doctor had been permitted to operate, he might have committed a murder through ignorance.

Doctor No. Three treated a patient for some months without knowing what was the matter with him. The doctor said that his system was run down, that he needed a tonic, and finally, after the patient had lost fifty pounds in weight, at the rate of almost two pounds a day, he was advised by his doctor to take a sea voyage of a month.

A friend, not a doctor, with the most casual knowledge of medicine, saw this sick man, told him his appearance and sudden loss of flesh indicated kidney trouble.

The patient asked his doctor if there was anything wrong with his kidneys. He was assured that there was not.

He was persuaded, however, to see another doctor, a competent physician. This doctor discovered that the man was in the last stage of kidney disease.

The patient died within a week, and the doctor who had been treating him and taking his money had not the slightest idea what was killing him. This man had a wife and four children depending on his labor and might have lived many years with proper care.

He was murdered by ignorance.

The system of licensing doctors is atrocious and dangerously stupid.

A mere lad, after a certain course of study, proves that he possesses a certain amount of theoretical knowledge. He does not prove that he is capable of handling a general practice, and proves nothing except that he has a little memory, and that

for a certain number of years he has been studying more or less intelligently.

He receives his diploma and is turned loose upon the community to kill or cure as luck will have it.

Half the time his practice depends, not on his knowledge, but on his social accomplishments and his ability to wheedle women. There are dozens of over-paid specialists who are not fit to care for a cow with the colic. They simply know how to flatter a nervous woman, how to tell her that they are amazed at her patient endurance of a husband who does not understand her, or some nonsense of that kind.

Every doctor should be compelled to file a report of his cases. When he takes charge of a case he should be compelled to file his diagnosis.

When the patient dies a physician paid by the public should ascertain the cause of death and compare this with the original diagnosis.

At the end of the year every doctor's record should be passed upon. The three doctors mentioned above and others like them should be promptly deprived of their degrees, and they should be compelled to earn a living in some field which would not involve murdering their patients in return for their fees.—*Editorial in The New York Evening Journal*, October 24, 1901.

CHRISTIAN SOCIOLOGY

It seems to me that the greatest need of the hour, and of our present Twentieth Century, is to bring to bear every Christian influence possible, to aid in solving the social problems of the age. The great power and influence of Christian

forces, outside as well as inside the churches, should be arrayed in favor of and not against any really great movement of reform. All history points to the true philosophy of the social constitution in the various governments of earth and different forms of civilization as exemplified in the power inherent in religious doctrines and usages, to affect the welfare of society. Cambyes recognized this in the rites of the Egyptian religion, as the strong hold of national institutions; as did the Saracenic conquerors of the Syrian provinces. Great warriors have seen what constituted the conservative principles of subdued countries and dreaded the social influence of religious systems. Xerxes would have spared anything in Greece rather than its temples.

If a corrupting Heathenism produced such a deep and lasting impression upon the spirit and habits of communities, what should we expect from an earnest Christianity with its resources of righteousness when rightly used upon the social ideas of the times?

Why not work to obtain that great power and influence? The original formation of the Christian church was social, as well as spiritual; and the teachings of Christ were those of brotherly love and fraternal relations, which prompted the disciples to renounce their temporal possessions and establish an intercommunity of goods. There is no better statement of principles by any Socialistic movement than that of the Golden Rule and the Sermon on the Mount—indeed they are based thereon if they are permanent and practical.

The Social Compact signed in the cabin of the Mayflower forms a Puritanic statement of Principles that

should be a guide to all Social order; and all organized scientific socialism can well make these three—the Sermon, the Golden Rule and the Compact—the basis of all true social science.

The "Social Spirit of Christianity" was written in 1846, by Rev. A. A. Lipscomb, and should be read by all socialists. But the great work on "Practical Christian Socialism" by Adin Ballou (Hopedale 1854) is the standard text book on this subject, showing that long ago Christians declared that "Socialism must be ultimately accepted by mankind; its day is coming. Practical Christian Socialism proposes to harmonize all the important interests of individuals and families in a true social state on this basis, by the moral force of these principles rightly expounded, organized and applied." This "Christian Theory of Society" is too long to give here; but it comports with the best and truest of Social systems.

The principles of Christian Sociology are those of Christ and Adin Ballou, more than those of Bebe and Karl Marx; and they are the only true ones that should succeed in a Christian country. The Christian Sociology, which, as Dr. Eliot of Harvard says is based on the Gospel doctrines of love to God and man and thy neighbor as thyself, must, in time make possible and permanent the Co-operative Commonwealth of Christianity. The "Society of Christian Sociologists" is studying this great subject, and acting in a conservative manner.

Socialists should not antagonize them; but might well join forces, to carry on, and out, the great work, which all must do in order to harmonize in actual social happiness.

E.H. JUDKINS.



Botanic Medicine Department

Edited by Dr. H. C. Lull,

165 Tremont Street, Boston, Mass.

MEDICAL BOTANY NO. 1

Culpeper's Herbal and other works, before his time, were once in great repute, and they contain much valuable information; but a great portion of them is now entirely useless. Botanical knowledge has been greatly increased of late, and many Medical men, as well as Herbalists, have ably added to it, by medical experience and the scientific study of the properties of Herbs. The absurd ideas and ignorance of ancient Herbalists is now very amusing; as, for instance is shown in Culpeper's description of Wormwood; also their assertions as to the "Astrological government" of plants by the sun, moon and planets—now exploded by "modern science."

A knowledge of Botany is necessary to the medical profession, although its study is sadly neglected by them; yet, for many ages Herbs were the only medicines known or used. But "modern chemistry," by forming "compounds" of previously existing elements, has super-

seded them, and too much so; for "regular" doctors, or pharmaceutical chemists, toil in laboratories to form combinations, to be labeled "made in Germany," while Nature makes much better and more perfect ones in the plants of our own country, which they pass unheeded.

When our fathers came here, they found the natives had much knowledge of the natural medical properties of plants in the preparation of which they had no scientific skill, and yet, their simple sense enabled them to dispense with all mineral drugs, doctors and diplomas. But, their discoveries and observations perished with themselves. With no system of classification or description, nor written language to convey it, tradition tells us their only tale. But white men went among them, so that we have still the sum of their observations united to the experience of the Indians. In future issues we shall show the increase of this knowledge, and our present information on the now scientific subject of *Medical Botany*.

REMEMBER

that Dr. Pfeiffer is not only a recognized expert in the laws of true living, but also a successful teacher in psychical laws. When it is considered that he is a successful physician it is well worth your while

to get the benefit of his knowledge and experience. He is reasonable in his charges. Write him confidentially and tell him what you want and he will give you terms.

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COMPULSORY ARBITRATION THE REMEDY FOR STRIKES

BY MICHAEL DAVITT, EX-MEMBER
OF THE BRITISH PARLIAMENT.

The experience of compulsory arbitration in New Zealand may not offer to labor and capital in the United States an inducement to adopt the meditation of a similar law for the settlement of trade disputes.

The governmental, social and economic conditions are widely different. New Zealand has a total population of less than 800,000.

Still, the principle involved in a dispute between employers and employees is the same. The same interests of capital and labor are involved in a strike or a lockout, and the neutral or innocent interests of other industries and of various sections of the public are compromised and are made to suffer during the continuance of the conflict.

The state is also equally concerned in the small as in the great community, with an industrial strife which may injure national interests and may provoke a disturbance of the public peace and cause a possible interruption of the sway of law. It was for these various reasons that a compulsory arbitration law was enacted in the New Zealand legislature in 1893.

This law, roughly speaking, operates as follows: If a strike is ordered by a trades union or a lockout is decreed by employees a machinery of legal arbitration of a dual character stands ready for intervention. A choice is left between a purely voluntary tribunal and one in which the state appoints the umpire and compels the hearing of the case in the interests of the whole community.

In the first place, both sides may agree upon an umpire, who presides over a court which consists of an equal representation of the disputants, the law recognizing the right of federated capital and of organized labor to appear in court for their respective sides in the suit. Evidence is tendered on oath, as in ordinary legal proceedings, and the decision of the tribunal is made obligatory in the enforcement of a fine should either side refuse to accept the verdict recorded.

Public opinion is invariably behind such verdict with its indorsement, with the result that neither side can afford to incur the censure of this popular court of appeal by disregarding the judgment given in the arbitral decision.

Where one or both sides in a dispute refuse to have voluntary recourse to an arbitration tribunal the law can command a hearing of the case before a judge of the high court. The side which might refuse to appear would run the risk of inviting an adverse judgment through default, and the fear of this probable penalty acts as an inducement to both sides to accept the intervention of the state as an impartial arbitration.

In almost every instance in which this compulsory arbitration law has been appealed to or set in motion.—From the *Wage Worker*, Detroit, Mich.

If you think OUR HOME RIGHTS is the kind of magazine which ought to be in every household, why not make an effort to help introduce it. Hand your copy to a neighbor. We will gladly send extra free copies for distribution among your neighbors if you will help us to get new subscribers.



Things Wise and Otherwise

Conducted by
"Us Two"

Since we, *i. e.* Us-Two, "got registered," after paying the exorbitant fees and the extortionate "price" for "pull" and "influence" required to "pass" the board by a bigger dose of cash than cathartic, but coming through all right—we had some difficulty in getting money for a stock of modern Medicine to begin "pilling it," in the back woods of Westboro—having bought out, as part of the preliminary bargain, the good will of "Uncle Harley," who helped us by the passing Board.

Then, there was a long wait for a case; the "practice," under the former doctor having dwindled, in competition with the old women physicians of the neighborhood. Finally, one day, like a streak of blue lightning, an old fellow without shoes or coat rode through the settlement to the office, bawling, "Dr. Harley run here, my son will die!" We, *i. e.*, Us-Two came to the door, and were asked for the old doctor; but we said we were he, or all there was left of him!

"What, are you a doctor?"

"Yes; at least the old one says so, and charged a good price to make it appear so, to the public."

"Well, get your horse as soon as possible, for my son is very bad. He has had a fall from his horse."

Well, we soon had the horse ready, but what to do for medicines, and how to carry them, was a puzzle.

Finally, we found the old doctor's

saddle-bags, which we had bought, as part of the outfit. It contained a pound each of calomel and jalap; salts, 2 pounds; ipecac, 8 ounce jar; 1 pound mustard; 6 cupping glasses; 1 large carving knife; 2 big gimlets; 4 yards of canvas for bandages; 1 paper pins; 1 pair rusty tooth-pullers; 2 yards adhesive plaster; 1 pint aqua ammonia; 1 bottle croton oil, and many other articles too tedious to mention including an old vaccination lancet, and an ounce each of strychnine and morphine, and a few other harmless medicines.

We started, and sailed along for some time, when suddenly the old horse, under the saddle-bags, began to sidle to the left like a steamboat about to land stern foremost. He switched his tail, snorted, humped his back, kicked and reared, cutting more shines than a snapping-turtle on a hot iron.

"What's the matter?" says the old man, "is there hornets about?" The horse got worse and worse; and finally broke for the woods; and went rolling like wild-fire over bogs, rocks, brushes, briers, walloping Us-Two slick as soap on the ground. The saddle-bags went all over us, when the warmest, keenest, hottest, burninest, sensation crawled over us in the most corrosive way. It was *Aqua Fortis* and not Ammonia, as the old doctor had called it, by mis-

take. Water was applied freely from a spring, the horse was helped to his feet, we started again and soon arrived at the house.

The young man was stupefied, breathing heavily, eyes closed, pulse full—as he was—with the old woman crying in the corner.

We fumbled around him for awhile, old doctor like, and finally took up the saddle-bags; but they were like potato pies, brick-bats and old shoes mixed in a mess.

The only thing usable was the croton oil. We remembered reading that it was used in compression and concussion of the brain. Half as bad as the Harvard graduate, who had passed the Board, who thought the dose of aconite was a teaspoonful—

we gave one-half a spoonful instead of the real drop dose. Mixed with molasses, it seems to us now a deadly drastic dose; but for half an hour there was no result!—he did not pass the board or even the bed! Then his sen-for-sum-cum-under-me, or sensorium commune, was strangely affected, with the effect that he raised up and “lit out” of that house as fast as if forty old doctors had given him “a chaser” with old school drugs. He was found late at night, still alive, having “spread himself” in the effort to advertise Harley’s fertilizers around the “ten acre lot.” By this means, he “worked off” the effects of “a drunk,” which he was, by Judge Dewey’s late decision.

COPY OF THE BUFFALO REVIEW, NOV. 4, 1901

AN INSTRUCTIVE PAMPHLET.

We have before us a neatly prepared pamphlet entitled “Scientific Calisthenics and suggestive Therapeutics” by C. Hagen. The author claims that people can get well while they sleep, and sleep well at the same time. This is rather a broad assertion, but the pamphlet is full of common sense, reason and logic, and as the author does not show any signs in his appearance left from his various accidents and sick spells, one feels inclined to believe what he claims to be true. According to his history, Mr. Hagen certainly is a “living example” of his teaching. His booklet costs only ten cents and should be read by everybody.

“The ideals of one age become the idols of the next.” Through the comparison of the present with the past, we can see the light of power

is now bursting forth in abundant and radiant glory. The birth of a new and glorious age has taken place. The new man is an embodiment of hope, strength and courage. Light in the form of education is spreading everywhere. Light is softening the hearts of men. Everywhere we see men of wealth giving away in a single day vast sums for universities, colleges, schools, libraries, hospitals, churches, etc. Yet, there are some with greed and envy in their hearts complaining and saying that these times cannot compare with the good old times; that the world is not progressing. They should say, that they, as individuals, are not progressing. Such a thinker cannot have much prosperity.

OUR HOME RIGHTS Publishing Co. is now at 247 Washington St., Room 6, next door to *Boston Daily Herald*. The Publication office is open from 10 a. m. to 4 p. m.

Public Health Department

STATE MEDICAL LAWS.

KENTUCKY.

Acts. 74 and 94. State Board of Health to issue a certificate upon a diploma from a reputable medical college legally chartered under the laws of this, or any other State. *Penalty* \$50 for practicing medicine or attempting to perform any surgical operation for hire without such certificate. Itinerant doctors are not allowed to register.

LOUISIANA—1894.

Boards of Medical Examiners, "Regular" and Homeopathic Eclectics are examined by the "Regulars." Certificates issued on diploma from a medical college of good standing and an examination. *Penalty* for practicing medicine without certificate. Any person shall be regarded as practicing medicine who uses the letters "M. D.," of "M. B.," or repeatedly prescribes or directs for the use of any person or persons any drug, medicine or other agency for the treatment or relief of any bodily injury, infirmity or disease. This act shall not apply to farmers and planters when exclusively practicing without compensation on their employees and tenants. Amended in 1896 so that an injunction may issue to prevent. Midwives must be examined.

MARYLAND—1892.

There are two separate State Boards of Examiners, representing

the Medical and Surgical Faculty and the Homeopathic Society. Each has exclusive right to examine its own applicants. Fee \$10. Law does not apply to any mid-wife, or person who may render gratuitous services in case of emergency. *Penalty*, as a "misdemeanor," \$50 or to practice or attempt to (1894) \$10 to \$200 fine. Law of 1896 permits physicians of other States, properly qualified and registered therein to practice, by application to the Board.

MICHIGAN—1883-1899.

Unlawful for any person to practice medicine or surgery. Qualifications to practice,—Graduation from any legally authorized medical college in any State of the Union, or any other country. Registration in the office of the County Clerk. *Penalty*.—Inability to collect for services unless qualified and registered, besides \$5 to \$50 fine. (No examination, no registration except the oath of the practitioner of his graduation. Practice of medicine not defined.) No person or corporation can issue diploma or certificate based on less than three years study of eight months each, (Acts. 1899.) By recent Act, not now at hand, a State Board of Registration has been created, consisting in all, of ten members from four medical societies, who issue certificates to those already registered, certain persons holding diplomas from approved

colleges and those passing examinations before the Board.

MINNESOTA—1887-1895.

Board of examiners to issue licenses. Fee \$10. In case of refusal or revocation of the applicant appeal to the Governor. License recorded with Clerk of the District Court. Penalty for any person practicing medicine or surgery, \$50 to \$100. Any person shall be regarded as practicing within the meaning of this Act who shall append the letters "M. D." or "M. B." to his or her name, or for a fee prescribe, direct or recommend for the use of any person any drug or medicine or other agency for the treatment, cure or relief of any wound, fracture, or bodily injury, infirmity or disease. Does not apply to dentists, who must also be examined under Dental Law of 1889. By Act of 1891 mid-wives must present diploma, or be examined and licensed for one year. Fee \$1 and \$2. After 1899 all applicants must have had four full years' courses of study. The doctors draw their pay in excess of fees as members of the Board by special Acts, as there is not enough money otherwise!

MISSISSIPPI—CODE, 1892.

The State Board of Health examines "every person who desires to obtain a license to practice medicine." Fee \$10.25; the "quarter" being for the Secretary "for filing and preserving the application" and \$10 to be "divided among the members who attend and conduct the examination." Probably no physician on the Board is absent at that! But licensed physicians outside the State

whose "practice extends into it" pay 25 cents for a license in Mississippi. *Penalty* \$20 to \$200, or jail 30 days. Mid-wives may practice their profession unlicensed.

MISSOURI—1900.

Same law as Mississippi, above; although fee is \$15, the State treasury receives it and the Board of Health can only "draw the mon" up to the amount of the fees, to maintain itself; but then all good doctors are always willing to help protect as well as cure humanity, and run their own risk of pay! *Penalty*, \$50 to \$500 fine, or 30 days to one year in jail, for each offense, each patient a "separate offense." The act does not prohibit free service, or that of surgeons of the U. S., showing the Nation is paramount and it should have the control in place of all these petty State's Right Laws. Mid-wives are examined except they do free work. Fee \$5. *Penalty* \$10 to \$50 or ten days to two months.

THE SAME PROPORTION

In the same proportion you will increase the membership of "The Medical Rights League," and swell the subscription list of OUR HOME RIGHTS, in the same proportion we will guarantee that the power of the boards of Registration in Medicine will decrease. Reader, will you do your duty? If you do you will be benefitted by a good result. Stop going around grumbling over small things. Remember what you as an American owe to yourself and others.

Subscribe for OUR HOME RIGHTS. You can not afford to be without it.



Women's Department.

Edited by Mrs. S. I. Bordman

We are always looking for perfection in others. We have no right to demand anything of another we do not possess ourselves.

CHARITY OF SPEECH.

Charity of speech is as divine a thing as charity of action. The tongue that speaketh no evil is as lovely as the hand which giveth alms. To judge no one harshly, to misconceive no man's motives, to believe things are what they seem to be until they are proved otherwise, to temper judgment with mercy—surely this is quite as good as to build up churches, to establish asylums and to found colleges. Unkind words do as much harm as unkind deeds. There is a charity which consists in keeping back harsh judgments and in abstaining from speech, if to speak is to condemn. Such charity hears the tale of slander but repeats it not.

It listens in silence but forbears comment and it locks the unpleasant secret up in the very depths of its heart. While the busy censorious world is wagging its tongue, charity sits dumb amid the clatter, refraining from passing judgment on that of which it has no proof and which even if it had, would prefer throwing the mantle of silence over the unpleasant matter.

It is to the heart that is kind and gentle that charity flies and broods

quietly over it with the peacefulness of a dove. There it makes its home and by the word withheld and the kindly word outspoken we have the sign that the dove of peace is nestling in the heart.

The heart which is filled with bitterness will give vent to it in words. It sees nothing bright nor beautiful, because it looks through a clouded vision.

Words are the signs of thoughts, and if the thoughts be sweet and good, the words will be kind and gentle, free from malice and all uncharitableness. Therefore by our words do we proclaim what we are.

"By their fruits shall ye know them."

BEAUTIFUL THINGS.

Beautiful faces are those that wear—
It matters little if dark or fair—
Whole-souled honesty printed there.

Beautiful eyes are those that show,
Like crystal panes where hearth-fires
glow,
Beautiful thoughts that burn below.

Beautiful lips are those whose words
Leap from the heart like songs of birds,
Yet whose utterance prudence girds.

Beautiful hands are those that do
Work that is earnest and brave and true,
Moment by moment the long day
through.

Beautiful feet are those that go
On kindly ministries to and fro—
Down lowliest ways, if God wills it so.

Beautiful shoulders are those that bear
Ceaseless burdens of homely care
With patient grace and daily prayer.

Beautiful lives are those that bless—
Silent rivers of happiness,
Whose hidden fountains but few may
guess.

Beautiful twilight at set of sun,
Beautiful goal, with race well won,
Beautiful rest with work well done.

Beautiful graves, where grasses creep,
Where brown leaves fall, where drifts
lie deep
Over worn-out hands—Oh, beautiful
sleep!

—BY ELLEN P. ALLERTON.

THE POWER OF MUSIC

Someone has aptly said that music is the universal language of the world. Certainly it is understood wherever uttered. It soothes and inspires all nations, and there is nothing more healthful or helpful than good music.

All peoples of the world do not get enough good music. There is nothing more refining than music, and those who contribute in any degree, manner or form in putting forth music are benefactors of mankind.

Joy, peace, hope, contentment and happiness are produced by music.

The more music we have the better the world will be. Therefore, all people of wealth should be liberal patrons of the art of music. It is an art that influences the very lowest types of humanity and lifts the soul up to higher realms.

It is worth knowing every minute of the day and every waking hour of the night that there is nothing so paralyzing to health and success as

fear. Wish for good things and expect them. There is nothing that can prevent the good resulting from those two great forces, desire and expectation.

"I believe in the eating of vegetables because I believe that a vegetable diet is much more beneficial to the human being than an animal diet," says Nicola Tesla, the magic worker in electricity.

"Vegetables, grains, nuts and fruits are certainly preferable as a food, and that we can perform our work while subsisting on that kind of food is not a theory, but a well-demonstrated fact.

"To free ourselves from animal instincts and appetites, which keep us down, we should begin at the very root from which they spring.

"We should effect a radical reform in the character of food.

"There is no doubt that plant food such as oatmeal is more economical than meat, and superior to it in regard to both mechanical and mental performance.

"A man who eats vegetables is a better man mentally than one who eats meat. Vegetables are more beneficial to the brain than is animal food."

All the great psychic adepts and wonder workers of the Orient, who have such wonderful powers to work miracles, never eat meat or animal foods; they live on fruits, nuts, grains and vegetables.

GET WELL WHILE ASLEEP

and sleep well at all times. Descriptive pamphlet mailed for ten cents. C. Hagen, Morgan Building, Buffalo, N. Y.

Hygienic Cookery

A TURKEYLESS THANKSGIVING.

In this department, it shall be our aim to present only "true and tried" directions for homemakers and housekeepers such as "OUR HOME RIGHTS desires all its lady readers to become, and "good Home Cooking" is one of the best means to attain that end. In our first article, for the sake of its novelty, as well as nicety we present the Menu of "A Modest, Meatless Thanksgiving dinner," after the method advocated by the Vegetarian Company of McVicker's Building, Chicago.

Cream of Celery Soup.

Vegetable Roast, or Turkey.

Browned Mashed Potatoes.

Boiled Cauliflower with Cream Sauce and Celery.

String Bean Salad.

Plum Pudding.

Pumpkin Pie.

Nuts.

Raisins.

Cereal Coffee.

CREAM OF CELERY SOUP.

Two heads of celery, 1 quart of milk, 2 ounces butter, 1-2 cup rolled shredded wheat biscuit crumbs, 1 teaspoon entire wheat flour, 1 teaspoon salt, paprika to taste, 1 cup thin cream. Wash, scrape and cut into small pieces, 2 heads of celery, and put to cook in enough water to cover. When tender, drain through a sieve, saving all the liquid, which put back on the stove to heat with one quart of milk. Rub the celery through a sieve until you have removed all the pulp. When the

milk boils, add the butter, flour and shredded biscuit crumbs, cooking till it thickens. Strain through a sieve and rub through all that is possible, put back on fire, add the celery pulp, salt and paprika, and cook slowly 3 minutes, and when it is ready to serve, add 1 cup of thin cream.

VEGETABLE ROAST.

Three cups of flour, one cup of oil. Fry in a frying pan until nice brown, then add two cups of water and one cup of chopped vegetables. Mix well together and roll up in a lump. Make a dressing as you would for a flesh roast. Spread out on the meat and inclose the dressing. Put in the oven and bake to a nice brown, basting with a gravy made of oil and browned flour and water.

Recent converts to vegetarianism who have not lost entirely the appetite for "the bird of birds" may rather eat "vegetable turkey" or "nut loaf" instead of vegetable roast. The recipe for this follows:

VEGETABLE TURKEY OR NUT LOAF.

One cup of chopped nut meats of three or four kinds, 1 cup of bread crumbs, 1 cup of cream, 1 egg. Add sage, salt and pepper to taste. Bake one half hour.

BROWNED MASHED POTATOES.

After mashing potatoes, form into cones, then brush over with beaten egg and place in oven to brown.

STRING BEAN SALAD.

Use French canned string beans. Cool them, drain and toss in French dressing. This makes a delicate and delicious pudding salad.

PLUM PUDDING.

Mix one pound of flour with one small teaspoonful of baking powder. Rub in four ounces of butter, and add eight ounces of currants and eight of sultana raisins, finely grated lemon peel, a little nutmeg and three eggs well beaten. Put in a buttered basin, boil or steam four hours, and serve with sweet sauce.

PLUM PUDDING SAUCE.

Beat together half a teacupful of butter, a scant teacupful of sugar and two scant tablespoonfuls of flour; add the well beaten white of an egg, then pour in two-thirds of a teacupful of boiling water. Season with currant jelly.

PUMPKIN PIE.

Take one quart of pumpkin, stewed and pressed through a sieve; two quarts of milk, two cupfuls of sugar, seven eggs beaten very light; a teaspoonful of butter, ginger and cinnamon to suit the taste. Stir well together and bake with plain crust.

CLUB OFFER

The Stuffed Club comes first; and we will club anybody with this publication and our own for \$1.15 per year.

The Commoner and OUR HOME RIGHTS, one year for \$1.15.

The Phrenological Journal and OUR HOME RIGHTS for \$1.15 per year.

Health-Culture and OUR HOME RIGHTS, for \$1.00, the annual price of the former alone.

The last is a very special offer and we advise all our readers to accept the same at once. We notice these periodicals in our review column, "We Welcome," elsewhere in this issue.

Any reading that will fan the flame of ambition and bring success to the reader is good.

Success is bound to come to those who are earnestly trying and striving for it.

The secret power of successful men and women is given them by hope, courage and patient work.

Anyone who will regularly read this magazine every month is bound to get force and power to do things—to accomplish and achieve.

Hidden here and there are great occult secrets which will be understood by the aspiring and ambitious person.

Read much, ponder and think and earnestly desire success and happiness; then you will understand the power of reading.

With psychic power man can accomplish almost anything. No one can have this mighty power who is cruel to any living being, whether it be human or animal in form. The psychic power comes to him who is kind and gentle and merciful, especially to animals. Love, intense love, for all of God's creatures is the underlying principle for tremendous psychic force.

Music Department

Prof. Rhoda W. Hutcheson, Ma. B.

There is nothing like music in the home. Hence, as a part of OUR HOME RIGHTS, we have secured as editor of this department the very successful teacher, graduate of two schools of music, whose name heads this page. This month we have, as a prelude, this sketch of the subject.

Many of our greatest writers have said that music was the soul of the universe. Both Plato and Pythagoras held that the entire universe was governed by laws resembling musical laws and that "Music was the soul of the spheres." Sir Isaac Newton said that, "the spheres are filled with harmony." He says: "I found that the Primary colors in nature occupied spaces corresponding with the intervals of Music." Milton, Dryden, Mason, all impress us with similar ideas.

Shakespeare in the *Merchant of Venice* tells us that, "There's not the smallest orb, which thou beholdest, but in its motion like an angel sings." Addison referring to the music of the spheres, says:

"In reason's ear they all rejoice,
And utter forth a glorious voice—
Forever singing, as they shine,
The hand that made us is divine."

VOCAL MUSIC.

Everybody loves the rich, sweet sounds of God's grandest instrument—the voice—when so cultured as to avoid the prevalent errors of untrained, careless and reckless singers; and it is noticeable that

this love and admiration of the voice of song is not confined to any class, grade or nationality of people. It is an instinct as universal as hunger or thirst extending wherever the human heart beats, reaching as far as humanity itself. Everybody admits the truth expressed by Disraeli, who thus speaks of song:

"Those sweet tones, those melting voices
With seductive power are fraught;
They dissolve in gentle longing
Every feeling, every thought."

INSTRUMENTAL MUSIC.

Though all love *vocal*, some do not admire *instrumental* music. I regret that a few of our finest writers seem unable to appreciate the sweet and magnetic sounds of *instrumental music*. Charles Lamb piteously protests his "utter incompetence to apprehend, comprehend or even tolerate" what he terms "those insufferable concerts." But, notwithstanding, to the truly sensitive and properly attuned ear, *all music* is a *species of songs*, though without words it may be; but, if the work of a master, it will never be without a theme, and a rich flow of sympathetic influence on the soul.

Dr. O. W. Holmes says that "Music will invariably excite many varied emotions and trains of worded or pictured thoughts, and no words will define its influence." But each one must be *en rapport* with the theme. "We might as well give

a man a fiddle and tell him to play every word of the ten commandments, as to give him a dictionary of words, and tell him to describe the music of Mozart's *Don Giovanni*."

To inspire an interest in music for the sake of its pure, true influence on mind, soul and life will be our aim in this Department.

We see in the N. Y. *Herald* of Sept. 18 that President of the United States Roosevelt, with a view doubtless to the humane education of his offspring, lately promised his son "Teddy," who was summering at North Creek, N. Y., a handsome prize if he "managed to kill a deer without help." "Teddy," therefore, not long after saw a "fine buck browsing without a thought of danger." Raising his gun, the boy shot the animal dead and no doubt received the prize as well as the congratulations of his humane father.—*The Animal's Defender*.

It seems to us that if a man becomes civilized, it is impossible to look into the beautiful eyes of a deer and kill it. The day may come when our President will look at his hunting victories with disgust. ED.

In philosophy, religion, science, art, literature, commerce, finance and everything we see the most rapid advance progress. Those who do not see it, or will not see it, are simply standing still looking through the wrong end of the telescope, and getting real hard knocks at every turn. Eternal progress is the Almighty will, and those who will not, or do not get into the spirit of the times must take a back seat and suffer. In other words, man's highest development, growth, health and happiness depend entirely upon his keeping up with the times or the

march of progress. He must be up to date.

Anyone who by thought, deed or action retards progress retards his own individual progress. It is well then that a Light is breaking calm and clear through all doubt and all fear. Not a second passes that this world does not get better. Love, Truth and Light are rapidly freeing us from our doubts and fears, and through the power of soul and mind ignorance, superstition and fear are vanishing and we are getting great power to do. In this great age we know better how, when and where to do than ever before in the history of man. The grand results of our work show this conclusively. The things we do to-day, if spoken about one hundred years ago, would have been thought impossible.

TRUTH IS POWERFUL

Only a weak and cowardly mind is afraid to investigate truths at any and all times. Weak, timid and negative minds make colorless men and women; they are afraid of the truth. Strengthen the mind with truth, and become powerful. Avoid anything that proves false, after a most thorough and searching investigation. Ignorance and falsehood are twins. Think, reason, observe and investigate without fear. Don't say a thing is not so because you are totally ignorant on the subject, nor cannot understand or comprehend it.



Suggestion In the Cure of Diseases and the Correction of Vices.

By E. Hood Corson, D. S. T., M. E.,
Room 814, 100 Boylston Street, Boston, Mass.

Graduate from the St. Louis, Mo., School of Suggestive Therapeutics and Medical Electricity, the Chicago School of Psychology, the National School of Osteopathy, the New York Institute of Science and Boston School of Practical Psychology.

(Continued from Oct. number.)

When this is the case, healthy and happy conditions always prevail. But, unfortunately, perhaps, these two minds are not always permitted to act in perfect harmony with each other; this brings mental disturbances, excites physical wrongs, functional and organic diseases.

Happily, by a knowledge of and a strict obedience to the laws of life, the objective and subjective minds can be kept in harmony with each other; and when they get out of harmony, and disease and pain result, they can be brought into harmony again and perfect conditions of health restored, all by *suggestion*. by suggestion, you say? Yes, by suggestion! Let the reader keep the following paragraph before him, and be careful to properly understand it.

The subjective mind is constantly amenable to the power of suggestion by the objective mind, either that of the individual himself or that of another. Therefore notwithstanding the subjective mind has, when not opposed in any way, absolute control over all the functions and sensations of the body, and is entirely capable of preserving their harmonious and healthful manifestations, it is also true that improper suggestions from the objective mind to the person himself,

or from some other person, may divert the action of the subjective mind, and sickness and death may be the result. On the other hand in cases of sickness, proper suggestions made to the subjective mind of a patient, by his own objective mind, or by that of some other person, will as certainly result in the healthful changes and complete relief from pain and disease.

Now, a careful study of the above paragraph will enable any one to fully understand how physical changes may be wrought by mental influences; how pain may be relieved and disease controlled by proper suggestions if the subjective mind has full control over all of our bodily functions, which is absolutely true, all that is required in order to give relief and cure disease is for us to present suitable ideas to the minds of our patients—thoughts that will result in the relief and cure of disease and correction of vices and our work is accomplished.

The treatment of disease by suggestion comprehends the wonderful power of mind over matter. All people have at least a crude idea of the influence of the mind over the body, and there are comparatively few who know anything about the extent of this power. We assume that the mind is all-powerful, and that we can, by education and prop-

erly asserting ourselves, master and control every member and function of our bodies. It is all done by education and suggestion. Knowledge of the law of our being enables us to master our fate. We can make ourselves and our lives largely what we desire them to be.

We base our efforts for the cure of disease, success and happiness in life, upon *desire, expectation and hope*. All people enjoy, in different degrees, a common desire for health, success and happiness. The reason

all people do not equally realize success and happiness is because of their mistakes—ignorance; not a lack of common intellect, but ignorance of the laws that, when observed, bring certain results, and no exceptions. There are no such things as accidents or happenings. Everything on earth is governed by immutable law, and when we obey the law, health, success and happiness are the certain rewards.

(Continued in next number.)

DR. DURGIN WARNS AS TO SPREAD OF SMALLPOX

Thinks It Time Public Should Know of Danger of Community.

Dr. Samuel H. Durgin, chairman of the Board of Health, does not look lightly upon the danger of a further spread of smallpox in this city. He frankly says that the matter has assumed a rather serious aspect, and that while he does not desire to alarm people, yet it is his duty to plainly set before the public the danger confronting the community.

With much stress and earnestness he advises that all who have not already been vaccinated take this preventive treatment at once. Dr. Durgin adds to this that as soon as the business of his department lightens sufficiently to allow of attention to other matters, he will take steps to prosecute anti-vaccinationists. He considers them a menace to the health of the community.

To a Post reporter Dr. Durgin last night said: "Yes, there is danger of a spread of smallpox. The people are careless and the Board of Health

is not notified in time. Proper precautions are not taken, and for this reason I say that there is some danger of a spread of the disease.

"I don't want to cause a scare, but it is time to talk plainly. The people should realize the true conditions. For the past two years smallpox has gained a foothold in this country which the combined energies of the physicians have failed to hold in check or prevent a further spread.

"It is impossible to give the exact cause of the general spread. Facts are facts, however, and we must deal with them in a plain way.

"The people must know where the danger exists. We have not an epidemic here, but yet the disease is rooted in the community, and it is because of carelessness that we find it almost impossible to bring about extermination.

"We are not notified as a rule until the afflicted person has been suffering for many days, and others have come in contact with the germs. In most cases we cannot ascertain just who has been exposed to contagion, and therefore, we are powerless. The next thing we know

is that it has appeared in another locality.

"Some physicians are also lax. The symptoms are not recognized soon enough, and in some cases there is an unnecessary delay in notifying our office.

"Everyone should get vaccinated. We cannot put too much emphasis on this advice. The person who does not take this cheap treatment simply trifles with his own safety. No one can say who will be stricken. We are all exposed, and the only way to stamp out the disease is for all to take proper precaution.

"I have no patience with those who say vaccination is useless and harmful. Their arguments are too foolish to be considered, except from the standpoint of the safety of the public.

"It is dangerous to allow such teachings to continue, and some day in the near future I will bring some of those fellows into court. I wish the smallpox would get into their ranks instead of among innocent people.

"The percentage of medical men who condemn vaccination is so small that there is not enough weight to their combined arguments to call for attention. The brains and statistics of the medical world are on the side of vaccination. It is the best safeguard for the public health.

"It is not enough to have been vaccinated when a child or 20, 15 or 10 years ago. Make doubly sure and get vaccinated again, unless vaccination has been performed within a very few years."

BOSTON, MASS., Nov. 30, 1901.

Immanuel Pfeiffer, M. D.

DEAR DOCTOR: In replying to your request for information concerning

the certificate which you furnished me pronouncing me, "an unfit subject for vaccination" I wish to say that it has been accepted O. K. at the Parker House, not only by the managers, but by the doctor who had been vaccinating here.

Of the three hundred and fifty who had been vaccinated where I work I am the only one who to-day does not bear the mark of the doctor's poison.

Quite a few are out sick from the effects of the vaccination and the majority have swollen arms. This swelling extends to the fingers in some cases and also takes effect under the armpits and on the side; while large festering sores some of them three inches in diameter act as a monument to the spot where the deadly virus had been injected.

A great many of these patients assert that had they their chance over again they would take my advice, (which I tried in vain to give them beforehand); and not be vaccinated.

Thanking you for saving me from this breeder of many diseases, I remain,

Yours faithfully,

THOMAS P. LOHAN,

1562 Tremont St., Roxbury.

Mr. Lohan is quite a young fellow, but he has set an example worth following. This is only a fair sample of the educational work we are doing. My son was the only one in the large establishment where he is engaged, who refused to be vaccinated and successfully carried his point. I have issued certificates to many persons, they have all been accepted.—ED.

Subscribe for OUR HOME RIGHTS.

HEAVEN AND HELL IN BOSTON, SAYS DONALD

"What sort of figure would I cut if this afternoon, as on the last judgment day, the separation between the good and the bad should take place?"

Such was the question asked by the Rev. Donald, pastor of Trinity Church, during his stirring sermon at the afternoon service yesterday. Dr. Donald has just returned from the Episcopal convention in San Francisco, and his parishioners and admirers made his home coming notable by their large attendance at yesterday's services.

Before Dr. Donald commenced his address he made the announcement that for this coming season he would select for sermons "the very words of Christ," although he did not want to have anyone think that in his opinion the epistles, etc., were lacking divine inspiration.

Yesterday afternoon's sermon was based upon the 25th chapter of St. Matthew, beginning with the 31st verse.

"In the text chosen this afternoon," he said, "we clearly see the principle illustrated is the difference between good and bad and their necessary final separation at the last judgment."

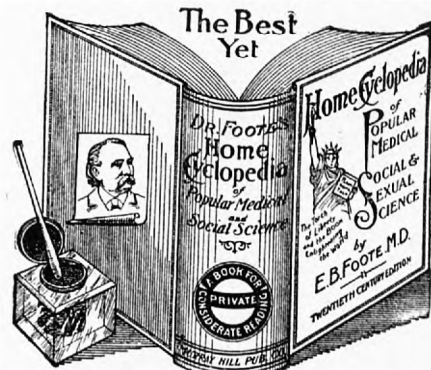
Then came the question referred to in the opening paragraph.

"There is hell right here in Boston, too, where some men and some women love, actually love the impure and unjust. The hell in which they are living now will be the hell into which they will be thrown eternally. At the other hand, a righteous man will hold high the solemnity of eternal separation and only speak with devotion of

this plan in God's last judgment. As a logical and divine consequence of his good will he will feel in his pure heart the everlasting grace."

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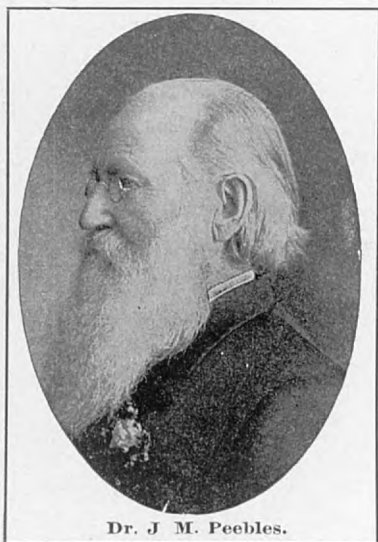
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