

THE ORACLE.

EXPONENT OF WEST GATE PHILOSOPHY.

ISSUED MONTHLY.

CHARLES H. MACKAY, - - - - - Editor and Publisher.

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Personal Magnetism.

A high state of physical health and balance is the sure foundation for the attainment of the most powerful magnetic forces. A great many people have an idea that magnetic force is something emanating from the intellect. This is but partially true. While a strong intellect is *one* of the attributes of magnetic charm, yet this, itself, rests more or less solidly upon physical harmony. And while, according to the "intellect" theory, there must be effort, desire and more or less struggle to obtain the things we wish; it is not true of the person with a perfectly healthy and harmonious physique. To the latter class all things *come*, and there is no effort whatever thrown out to obtain them. In a word it is a *method of living* that brings us what we need, and not a direct struggle for the thing itself. It is a preparation, a putting in readiness the vessel to receive the beautiful things which are always waiting to come at the earliest possible moment that we are capable of wisely using.

Comprehending this truth the reader cannot over-estimate the value of harmony in the body. The very highest degrees of success in every walk of life are of easy achievement to the man or woman who has a superabundance of life-force, with the true desire to guide it for high and holy purposes. With such a person there is never a moment of unrest or worriment concerning affairs of business or

finance; for these questions are then perpetually solved without thought or effort on our part. Perhaps it is not possible for *all* people to be beautiful in form or feature; at least not possible in the present incarnation, but all *may be magnetic*, and all may possess that indefinable charm and power which is inseparable from a well governed and strong physique, working harmoniously with good mental and moral forces.

Now the whole matter rests upon very simple principles. If we cease this fitful struggle with the forces from without, as a means for solving the mysteries of life, and more systematically direct the desires to the *within*, we shall find that in thus "seeking the Kingdom of Heaven" we have found the key which admits us to *all* kingdoms, and all avenues of success. A few very practical hints will, if correctly taken, show you the commencement of the path which leads constantly upward to the high places you may enter *if you will*. And in considering these simple things which lead to such divine ends do not for an instant forget your heavenly gift of *will*. Take for your watch-word that forceful utterance of Archbishop Manning: "*What we will we are*," and making this saying a part of your very life, nothing can retard your upward flight.

One very important point in connection with bodily health and symmetry is the matter of correct breathing. Women, especially are careless in this respect. Most of the ailments peculiar to women may be helped, and, in many cases, cured through practice of correct breath exercises. Also the development of the bust, preservation and restoration of its lines of beauty, will surely follow in the wake of persistent habits of correct breathing, when coupled with daily simple massage treatment. The deep, abdominal breath and the well-known and simple waist exercises are also potent factors to restore and preserve force and healthful activity throughout the functions of digestion and reproduction. And when this one point is wisely pos-

sessed, then a long step has been taken toward the solution of *all* the inharmonies known under the names of sickness, accident, death and general misfortune. Restoration of vigor to the central vital organs of the body means a raising in tone of *all* the functions ; for the central forces represent the "furnaces" and if they burn with great power they radiate the same power into the more distant sections. But if they are deficient in power, then the extreme sections, as the limbs, are not properly supplied with the life elements, hence are to a certain extent *dead*.

Properly taken, physical exercises will tend to change nearly every portion of the body, but perhaps the waist responds more quickly than other sections. A large, unwieldy form may often be made quite symmetrical by these exercises. This may be understood more readily by a moment's careful thought regarding the muscles and tissues in the central portions of the body. The average woman, by the unwise use of corsets, puts her waist in *stocks*, so to speak. By this artificial wall she renders the function of the muscles superfluous and they, becoming tired through idleness, quite fully surrender their offices to the tender mercies of the corset ! Thus healthful action becomes impossible ; the muscles and tissues sink back upon themselves, take on fatty substance and are revenged upon their mistress by becoming a clumsy addition to her form. And so the lines of divinity are destroyed and out-lines of animal suggestion possessed instead. The abolition of tight lacing, therefore, is essential in all cases where restoration of waist symmetry is desired.* The exercises and the deep breathing will bring new life to the muscles, organs and tissues. Their renewed activity will throw off the foreign accretions and give that support and tension

*—From this remark it is not to be understood that we advocate the abolition of the *corset*. It is the tight lacing that does the injury. A well made, nicely fitted corset may be worn with as small chance of harm to the wearer as would result from wearing a perfectly fitted gown without the corset.—*Ed.*

which assures suppleness and beauty of figure. If men and women would only get a deep realization of these simple truths and *heal themselves* they would view life in a new light, and they would find that in getting the inner into harmony they had also taken long strides to the end of conquering external forces.

Scorpio People.

October 23,—November 23.

No sign of the Zodiac can show people of such wide contrast as the one under consideration. From the Scorpion to the White Eagle is, indeed, a long distance! From a low order of life, submerged forever in water, crawling and wriggling among slimy rocks; from this condition to that of an inhabitant of the upper air, gifted with the power of flight, is certainly a grand leap. From, in fine, sex enslavement to the sphere of angels, represents the home conditions of Scorpio people. These people possess great magnetic force. They are pleasant and very agreeable to meet casually. They do not usually make close friendships. They like to have everything about them beautiful and orderly, and especially are fond of fine dress. They are generous and charitable to the last degree, and always ready to forgive an injury when shown that the guilty party is repentant. This is a water sign, the other members of the triplicity being Pisces (Feb. 19, March 21) and Cancer (June 21, July 23). Scorpio people are attracted to Cancer and Pisces in all affairs of love or business. Many noted poets, actors, musicians and authors have been found among the people of this sign. Scorpio people well-known to the world, are as follows: Belva Ann Lockwood, Oct. 24, 1852; Anna Dickinson, Oct. 28, 1842; John Adams, Oct. 31, 1735; Wm. Cullen Bryant, Nov. 3, 1794; Emperor of Japan, Nov. 3, 1852; Benj. F. Butler, Nov. 5,

1818; Lotta Crabtree, Nov. 7, 1847; Prince of Wales, Nov. 9, 1841; Martin Luther, Nov. 10, 1543; Schiller, Nov. 10, 1759; Elizabeth Cady Stanton, Nov. 12, 1815; Edwin Booth, Nov. 13, 1833; A. G. Thurman, Nov. 13, 1813; R. L. Stevenson, Nov. 13, 1850; Sir Chas. Lyell, Nov. 14, 1797; John Bright, Nov. 16, 1811; J. A. Garfield, Nov. 19, 1831; F. De Lesseps, Nov. 19, 1805; "George Elliot," Nov. 22, 1819.

Delineations of all people except those born in December, January and February have been published in the *Oracle*. Back numbers may be obtained at this office at ten cents each.

The West Gate Brotherhood.

This Order has been organized upon as purely a spiritual basis as possible. It has no by-laws, no special form of initiation, no dues and no membership fee. The only thing necessary to become a member is simply to send in your request. Then, if you wish a certificate of membership returned to you, enclose a stamp and you are promptly enrolled with the "People of High Ideals." Now all this may seem of little moment to the ordinary person of superficial thought, but to the truly awakened it is of vast importance. If there is nothing further for the Brotherhood to do than to look steadily and unitedly for the *realization*, within themselves, of their high and holy principles, then this is enough and the world at large cannot fail to potently feel its influence. But there will be other and more practical lines to follow than this. In due time there will be individual work to do. As each member becomes fitted to do it he or she will be given such to do as will be of greatest service to the world and to the individual performing said work.

It would be well, when practicable, to form small societies for weekly readings, lectures, drills, concentrations, etc., in the line of our teaching. Especially would this be easy of accomplishment where a member is located in a city

or a village of considerable size. Even though your "class" contain but two or three people yet you are putting yourself in the divine way and are becoming prepared for greater work in the near future.

Now I want to suggest something definite for you all to do whenever your usual avocations make it possible. Each Monday evening devote fifteen or twenty minutes to silent communion. If you have a class in this thought then so much the better, but if you have no one but yourself still do not neglect the sitting, for you *are not alone*. Sit for impressions and you will be surprised at the help which you will receive if you faithfully follow the plan. In all your concentrations, or sitting for impressions, *face the east*. All people, male or female, are freely received. The lone ones who are isolated from all congenial and sympathetic companions are especially invited to take part in this grand idea of union for high and noble purposes. Although you may be hundreds of miles from other human beings in the form, yet you will feel the pure and helpful influence of your associates in the W. G. B.

The Moon's Position by Hours, Nov. and Dec. 1896.

EASTERN TIME.

Moon enters the sign ;

Gemini	Nov. 30 at 3 p. m.	and Dec. 17 at 10 p. m.
Cancer	22 7 p. m.	20 2 a. m.
Leo	24 12 p. m.	22 6 a. m.
Virgo	27 8 a. m.	24 1 p. m.
Libra	29 5 p. m.	26 12 p. m.
Scorpio	Dec. 1 11 p. m.	29 6 a. m.
Sagittarius	3 9 p. m.	31 7 a. m.
Capricornus	5 5 p. m.	
Aquarius	7 4 p. m.	
Pisces	9 12 p. m.	
Aries	12 6 p. m.	
Taurus	15 12 noon	
New moon, Nov. 5, 2 a. m.	Dec. 4, 1 p. m.	
Full moon, Nov. 20, 5 a. m.	Dec. 19, 11 p. m.	

Conjunction of the moon with :

Mercury, Nov. 3. at 6 a. m. and Dec. 4, 7 p. m.

Saturn, Nov. 5, at 5 p. m., Dec. 2 at 9 a. m., Dec. 30, 10 p. m.

Uranus, Nov. 5, at 9 p. m. and Dec. 2 at 11 a. m., Dec. 30, 10 p. m.

Venus, Nov. 7 at 8 p. m., and Dec. 7 at 8 a. m.

Neptune, Nov. 21 at 11 p. m. and Dec. 19 at 4 a. m.

Mars, Nov. 22 at noon and Dec. 18 at midnight.

Jupiter, Nov. 28 at 4 a. m., Dec. 25 at noon.

Are you a person of "High Ideals"? Do you desire to unfold your wonderful dormant powers? In a word are you desirous of true success in all affairs of life? The West Gate System of drills, exercises, concentrations, etc.. urge to a sure realization of the highest possibilities of life upon the planet earth. The private lessons clearly indicate each step of the mystic path that leads to your full emancipation from the usual misfortunes and adversities of this life. This system of unfolding your hidden forces does not require that you isolate yourself, give up your home surroundings, or enter a period of "fasting and prayer." On the contrary it demonstrates that your present environment may *aid* you in the grand work of attaining the powers of the greatest adepts. If you sometimes have a deep yearning to be of more usefulness in the world it shows the effort of your soul to enter her rightful inheritance and become a leader among the people. Encourage this effort through correct methods of bringing the physical into harmony and balance, and you will be surprised at the result. But if this silent voice (the soul) is continually ignored then you finally sink so deeply into the currents of *sense* that a state of unconsciousness of all the high attributes finally takes place and you merely drift along to the end of this life. This state of lethargy, lack of high aspiration, is the most deplorable imaginable and can be broken up only through some terrible sorrow or a wise code of occult training through drills, etc. Now where do you stand today? Go off by yourself and think the matter over for a few minutes and see if you cannot get more closely in touch with the voice within.

WEST GATE PHILOSOPHY.

So many people write us regarding our principles and our methods for unfolding the hidden forces of the microcosm that we find it necessary to briefly touch upon the more vital points of our teaching. The W. G. Philosophy has no connection or affiliation with any other school, religion or science known to the world; but we are at enmity with *no one* and in active, sympathetic relationship with nearly all the movements in the advanced thought line; for we recognize that each is performing an allotted work, and that the diverse teachers, schools, etc., are really working for the same great ultimate. But the W. G. Philosophy stands practically alone. It is complete in itself and its mission is with a most peculiar class of people. A class that has been through almost every other form of "spiritual" training and "healing" and yet *unsatisfied*. To all these yearning ones we have a definite system of training to offer. A system which, wisely adopted, will never fail to assist in the awakening of the most wonderful and potent occult powers. Briefly, then, our philosophy rests upon these principles:

1.—*Purity of Speech*.—Every applicant at the West Gate is admonished to set quickly about the matter of regenerating the *tongue*. Not only must the voice be purged of sarcasm, bitter criticism, profanity, obscenity, gossip and every other weakness of like nature, but it must also be *raised* from the throat (animalism) and enthroned in its rightful and spiritual home near the tongue and lips. This principle is one of the most important in W. G. discipline. It is one of the "drills" which comes into practical requisition almost hourly. By consistent attention to it the student contributes directly to his own peace of mind, at the same time making his associates happier. But still more important is the amount of will power which he builds up as a result of the constant watch which he must keep upon his tongue and lips.

2.—*Faithfulness to Environment*.—Wherever you are, you are in exactly the right spot for the time being. Make the best of it and study it. Absorb the lesson which you are to learn *here*, and then you will be ushered into the next and higher condition. It is not for you to struggle to leave your present conditions; rather it is for you to hasten and make ready for the new and higher calling which is ever awaiting your *fitness* to enter it. If you are married and "bound," all right. You did not enter the state of matrimony through any mistake. It was for your good. Learn your lesson well and remember it. But do not consider that you are unfortunate. Live your own pure, ideal life just the same as if you were all alone in the world. If you have duties to perform in this regard do not shirk them—do not try to get away from them, for if you do you will find something still harder to do. This is an unalterable occult law.

3.—*Physical Harmony*.—W. G. teaching provides the clearest and simplest exercises, drills, etc., for the development of strength and health in the body. Without physical harmony it is useless to take one step in the direction of true occult research. The *foundation* must be solid or the whole structure will fall. We are not placed in these bodies through any caprice of our Creator, but that we may work out and up through sensation and, through the incidental struggle and training, purge our temples of all dross, becoming fit associates for the Invisibles and the angels.

4.—*Sexual Purity*.—Upon this point the Student must be absolutely sure of himself. Here we teach perfect conservation, except for those who desire children, and those who still have the fallacious belief that there must be occasional exercise of these functions in the ordinary way for purposes of health. The latter class are quite hard to deal with, but we never seek to *suddenly* bring about a change. Gradually the desired change will come of itself, if they are truly in earnest to attain the highest. Our teaching upon this line is entirely original. No other school in the world, to our knowledge, presents the matter as we have in our personal work. In brief the secret is this: Through the ability to perfectly conserve the life force (as commonly known) there is a finer element created which the student may, through practice, radiate over the whole body. This finer force we have named "DUILBI" (note that the letters, transposed, read "I build"). Thus the entire body may be raised into that high state of vibration and energy which is now found in the creative function alone. When this state is brought about then we have mastered the "world, the flesh and the devil." In a word we have mastered *all* that life in the flesh has to offer.

Now, upon these four principles rest all occult unfoldment, the secret of inward power and the ability to rise superior to the limitation of everything earthly. As to the steps in *detail*, however, these can be given only through our lessons and our private correspondence. Our lessons contain drills, exercises, concentrations, etc., directly bearing upon those lines which the highest aspirant for truth should have made clear. And many times an individual case needs especial advice and watchfulness. We attend carefully to such cases when notified. We are always glad to hear from true aspirants, who are sincerely desirous of knowing their dormant powers, and to such we extend a most earnest invitation to write us freely. CHAS. H. MACKAY, Founder W. G. Philosophy.

39 E. Springfield St., Boston, Mass.

This Journal is published in the interests of all people who are struggling with environment; who are seeking a comprehension of the earth mission; who are striving to know the scope and the right uses of the dormant powers of the "Temple of the Holy Ghost," namely, the human body.

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HERALD OF A NEW SYSTEM OF OCCULT TRAINING.



Subjective research should be to the end of more thorough training of faculties, that your sphere may be enlarged—your "cable-tow" lengthened. Thus you will be fitted to take a more active part in this great spiritual awakening,—*The Messenger*.



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