

OCCULT TRUTHS.



A monthly magazine hinting at Divine Alchemy or that wisdom and those mysteries which alone can be understood by initiates.

“Etre toujours Philosophe.”

EDITED BY ANAGARAKA CASKADANANDA.

PUBLISHED BY CHAS. W. SMILEY, WASHINGTON, D. C.

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Vol. I, No. 8.

VIRGO, AUG 22, 1899.

\$1 per Year.

The Rosicrucians.

By intense self-discipline, by acquiring the power of concentration, by means of information obtained from discarnate intelligences, by unfoldment of occult powers, a few men have obtained knowledge far beyond what is written in books including the power to prolong life indefinitely in the astral body and to materialize or dematerialize it at will. This is called the elixir of life, and transmutation of base metals into gold or silver. Such were the Rosicrucians. Their lives were blameless and their intelligence most exalted. No path of learning need remain unexplored, no language unfamiliar. Natural death had become impossible. To this fact St. Paul alluded in his song of triumph over death. To this state the Nazarene attained and he has in all ages since appeared to those who have struggled towards this divine life. His appearances have greatly encouraged and aided those still engaged in the battle with flesh and blood. All these things are so incredible to weak victims of passion, of greed, and of creed, that Rosicrucians have never made known their powers to any but those of like condition. The ability to hold ones tongue about his experiences in the astral has al-



Portrait of W. J. Colville, Editor of Faith and Hope Messenger, and Lecturer upon Metaphysical subjects. Mr. Colville can make very clear what he speaks upon and so is not mystical. He is doing much good in a very modest way. His services are easily secured. He can do all that mediums do, but should hardly be regarded as a medium in the objectionable sense.

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ways been a test of admission to fellowship. In 1615 at Cologne, Michael Maier, a celebrated physician and student, published certain ordinances regarding the brotherhood as it then existed. These showed (1) that in their travels they always healed gratuitously (2) that they dressed in conformity with the fashion of their country (3) that they held a yearly meeting at some appointed place (4) that any brother inclined to "die" should chose a worthy successor (5) that the words Rose-Cross should constitute a pass-word (6) that the existence of the fraternity should be kept secret from 1484 to 1604 A. D. (7) celibacy was deemed a necessity.

Edward Bulwer (Lord Lytton), whose novels show him to have been a mystic, was the leader of an English Rosicrucian society. (Read his *Zanoni* and the *Strange Story*). Even Boston has had its *Societas Rosicruciana*. But these were only to study the subject. They probably never contained people who possessed the powers. Dante was familiar with the Rose and Cross symbols. The Hebrews knew of it. The German mystics also, and the Romans pledged secrecy under the rose—*sub rosa*. France has never overlooked the subject.

What the Rosicrucians knew, Hermes knew in Egypt 4,000 years ago, and there has never been an age which did not give birth to aspiring souls who struggled till they attained these powers. Owing to the necessity for concealment, since the world would make life unbearable for anyone openly professing these powers, publications have been in the most obscure language. Such was that of the Alchemists, the genuine Alchemists having been in fact if not in name Rosicrucians. They all knew the secrets of Nature, the power to materialize or dematerialize at will, to read Astrology, to heal the sick and to raise "the dead." Greater things

than the Nazarene did, had been done in Egypt long before and were done in Europe long after his day. His work was secret in the time of it and no accounts of it were published for 120 years after. Then they were published anonymously and to this day no Christian knows who wrote the Gospels. The early followers of the Nazarene secreted themselves in caves and catacombs. The world never has and will not now look with favor upon those who possess or exercise such powers. Hence the need of secrecy and the absence of proofs. Besides, a Rosicrucian is forced by Nature to withhold her secrets from the unworthy. All his powers he uses for good but they could be used for evil. Many have undergone martyrdom for refusing to tell these secrets to wicked people who wished the powers without acquiring them naturally. Nature reveals the secrets to the worthy and strange to say takes away the knowledge and the powers from those who reveal them to the unworthy or use them improperly. While the mysteries were in part communicated from brother to brother, they can all be obtained *de novo* by "living the life." All organized secret fraternities the earth has ever harbored have been degenerates of a true Rosicrucianism, and useful in training men to keep secrets. All religions the earth has ever harbored have been organisms for training men to lives of truth and morality preparatory to receiving Rosicrucian mysteries.

It is told of Signor Gualdi, a Rosicrucian who lived in Venice in 1687, that he concealed his identity till one day when a Venetian nobleman was calling upon him and observed a portrait of considerable age hanging on the wall. His skilled eye detected it as the work of Titian who had been dead over 100 years. He impulsively said to his host: "This painting was drawn for you, sir. You look like a man of fifty, but it was made

to represent you more than a hundred years ago." Gualdi appearing offended the Venetian excused himself; but the next day Gualdi departed from Venice for parts unknown.

Some suppose the word Rosicrucian derived from Christian Rosenkreuz, a German, who was instructed by the learned Arabs in their mysteries and under tuition in magical science for three years at Morocco. He wrote "The Chymical Marriage." He attained the age of 106. Others derive it from *VOS*, dew and *CRUX*, cross. "Of all natural bodies, dew was deemed the most powerful dissolvent of gold; and the cross in chemical language, was equivalent to light." The rose and the cross are the emblems of the brotherhood.

Paracelsus was a Rosicrucian and so was Martin Luther who wore for a signet and seal a rose inclosing a cross. The Gottingen University library contains a valuable collection of literature. Thos. De Quincey made a mad tirade against the order; Robert Fludd and Hargrave Jennings have written for it and Arthur Edward Waite against.

Charles Robert Maturin wrote "Melmoth, the Wanderer" in 1821, to describe the subject. Shelley's "St. Irvyne or the Rosicrucian;" Mary Wollstonecraft's "The Immortal;" Dinah Mulock Craik's "The Rosicrucian;" Leo Wallace's "The Prince of India;" Alex. Dumas's "Memoirs of a Physician;" Pope's "Rape of the Lock," and many more show the quiet researches made by authors into this subject which will not down. Finally the Hebrew and Christian scriptures contain hidden guidance to acquiring all that the Rosicrucians ever attained but it is so skillfully hidden that the wicked and the churchly never find it there. "The pure in heart shall see good," all the Good, and shall be as gods in human bodies, not of flesh and blood and yet having every appearance of flesh and blood while

in fact transubstantiated into non-material bodies. Learn first what it is to be "pure in heart" which is a very different thing from what you have supposed it to be.

The Mystical Name or Word.

There is one word which is a name of that eternal something which is no thing but the remotest possible from nothing and which among the unregenerate is either nameless or misnamed. "God," "Jehovah," etc., are all misnames. The power of that uttered word is beyond your comprehension or suspicion. We all possessed it before we fell from a state of intuition into personality and sin. Hence it is called the "Lost Word." It shall be recovered by each of us when we have been restored to a condition of impersonal consciousness in which intuition replaces intellect. The Second Death (Rev. ii, 11) is the dissolution of the astral (or spiritual) body. This can be escaped simply by a knowledge and use of the Lost Word or Ineffable Name, "which no man knoweth save he that receiveth it." (Rev. ii, 17). Your bible contains many references to this name or word. Look them up and study what is said about it. Some of the places are Ps xci, 14-6; Mal. i, 11, 14; iv, 2 7; Zech. xiii, 9; Ezek. xxxvi, 23; Isaiah xlvi, 9, 11; xli, 25; Math. viii, 16; Acts iv, 7; Rom. x, 8; Rev. iii, 12; John i. 1-7. The most powerful word our hindoo teachers have given us is Om. Sound it at sunrise, sunset or noon, long and musically as you can as if saying "home" without the first letter. Repeat it many times and you will feel vibrations of peace and harmony well worth having. If your child is angry, no matter how angry, sound Om in his hearing and he will calm down. The animals are calmed by its vibrations. It is the first word of the sentence: Om mani padma Om, which in sanscrit is a recognition of that eternal inexpressible above alluded to. You need not know any meaning of the words. The uttered sounds produce the union of yourself with the higher if you desire it.

To Experience Psychic Phenomena.

The items recorded by us from time to time have been related by people to whom they come very rarely and unintentionally. But we may fit ourselves to witness a thousand times as much if we will, thus having warning of all approaching events and be able to govern ourselves accordingly. In a single word, the preparation is "to be pure in heart and life" in the true sense and not in the delusive sense employed by so many religious people. In detail the preparation covers :

1. Food and drink. Eat and drink nothing a horse would not eat or drink, but be satisfied with his physical strength and his psychic clairvoyance. Nearly all horses can see in the dark as well as in the light. Make your food very plain, very simple, very nutritious and eat as little as possible without losing your normal weight. Keep the bowels well open, regular in movement and empty at nights.

2. Vital fluids. Waste none of the reproductive fluids but let them be reabsorbed into the system.

3. Sleep. Sleep when the hens sleep, sleep alone and never in a bed with others for they will steal your vitality. Sleep on the bare ground as often as possible. Soldiers have some visions in spite of violating all the other rules and because of earth contact at night.

4. Peace. There is possible an intensity of peace and quiet within which not one in a thousand has ever felt. When it comes to you, you will recognize it as different from what we commonly call peace. It is as different from peace as a clairvoyant vision is different from a dream ; as different as any divine thing is from a human. It is the peace spoken of in scripture : "May the peace of Good, which passeth all understanding." It can only come to him who has been purged of sin and to him whose conscience no longer condemns. It is indescribable as the odor of a rose, but

as real. The Psalmist David knew it and gave one condition of its attainment; "for nothing shall offend them." Not till you are beyond the possibility of getting angry or offended does it come. Practice solitude as did Moses on the mount, and Jesus in the desert.

5. Magnetic condition. The physical body must be in proper magnetic condition. If intending to sleep in a bed, stand with barefeet on the ground ten minutes before retiring and inhale very long, deep breaths so as to recharge the body from the earth. This is the way all the magnetic healers fit themselves for duty.

6. Fear. Get rid of all forms of fear so as to fear neither god, man, or devil. So long as you have fear in you, psychic phenomena will scare you and prevent your remembering what you have seen. So important is this matter of fearlessness that the bible says the fearful "shall have their part in the lake that burneth with fire and brinstone," and puts them on a par with adulterers and whoremongers. Try to realize this truth which is so foreign to all your preconceived ideas and "christian" teachings.

7. With the physical body so purified that it manufactures no offensive odors and uses but little fuel; with the heart so free from evil that envy, jealousy, greed, hatred, passion, fear, untruth, anger never enter; with the astral body (soul) so pure that no lascivious dreams ever come and no dreams of contact with the wicked are experienced,—one may expect to see and hear and know a thousand times more of what goes on in the astral realm than in his waking hours he sees and hears and knows of worldly affairs. Then we live in two realms at once and make each of service to the other.

Do we offer you a sufficient inducement to deny self and take up the cross to follow the Nazarene who did the above and probably little more than that to acquire his immortal powers?

A Psychically-Produced Thunder-storm.

On Sunday morning, July 16, 1899, some District of Columbia suburban trolley lines put into effect a new rule regarding fares under which persons going beyond the district line would pay a cash fare of five cents in lieu of a ticket such as the same companies receive inside the district and formerly received outside where cash is now demanded. The Maryland inhabitants are also compelled to pay cash now instead of tickets as formerly in order to get to the District line. The day was hot and thousand of city people sought country air at Glen Echo, Cabin John Bridge, Sligo, Takoma and Forest Glen. They silently but grudgingly paid their nickels and in irritation saw their tickets refused. It was a pent-up displeasure over the smallness of the management which for half-a-cent per passenger enacted this scheme,—too petty to fight over. This held-in feeling grew as the added hundreds met the demand every half-hour till six o'clock when about all who were going to the suburbs had arrived there. At that hour the positive magnetism in ten thousand people had reached its culmination and produced the greatest magnetic-electric disturbance of the season. Over Cabin John Bridge where one mass of people were gathered and beyond Brightwood where there was another lot of people, thunder-storms of great intensity gathered and broke with fury almost equal to a tornado. The electricity played wild havoc with the cars of both lines burning out the motors and rendering the cars useless. It also short-circuited the tracks at various places on the Great Falls line making motion of cars impossible. At Brightwood, it struck the power-house, brought down the chimney and disabled the dynamos. The companies were damaged hundreds of dollars. Thousands of people who had thus unconsciously helped produce these events were stranded 6 to 9 miles from

home and had to walk back, stay all night, pay exorbitant carriage hires, or cultivate patience. Of course, no one of them, nor of the management chose to believe that cause and effect existed in these remarkable co-incidences. The facts are still more interesting when it is remembered that the Chevy Chase line located midway between the disabled lines had not participated in the change of fares and did not suffer from the storm, nor were its passengers involved in psychic or electrical disturbances. When people learn that all electrical disturbances are caused by people's feelings getting upset, they will understand how to control them and know why it was said of the Nazarene, who differed from us by knowing more, that "even the winds and the seas obeyed him."

I Will Do What I Will To Do.

There is no sin so bad, so injurious in its effects upon us as neglecting to do what we have decided to do. Write in flaming letters and post in every room in the house: "I will do what I will to do." With this purpose in mind go about all your duties. This is cultivation of will power. A weak, vacillating person is good for nothing. You never can know where to find him. He has told you he will do certain things but he has in the meantime changed his mind and has not taken the trouble to inform you. He has said he will meet you at an hour and minute but he has not exerted every effort to do so and has not steadfastly refused to let other things come in to occupy his attention. You disrespect such people and will be disrespected if you do so. But most of all you are delaying the preparations in yourself for work in the Occult realm.

No person can safely venture out of the physical body until he has acquired the inflexible habit of doing exactly what he has prearranged. The enticements of

the astral realm will induce him to change his mind and stay there, with the result that there will be funeral services over his mortal remains. An exception to this rule exists which need not be described here.

All this indicates that we should cease making so many decisions as to what we will do in the future, knowing that future events may influence us. We should very reluctantly declare that we will do this or that, but having so declared, the deed must be done at any cost or we have done ourselves terrible injury. We are wasting life and worse than wasting it if we indulge this shiftless habit of changing the mind. It is well to form the habit of never going back for anything, of never undoing anything. All must be made to contribute to success in doing what we have willed to do. This is true even when convinced that we have willed something called "wrong." Better do it and take the punishment than to encourage vacillation. But in practice, if we have firmly determined to do what we have willed to do, we may expect to be saved from falling into such perdicaments. Tack on to all your promises a saving clause but make very few promises and what you make keep most scrupulously.

When we meet people who are living "the life," we may feel perplexed by their refusal to give any satisfaction as to their future movements. They sometimes tantalize us with their indefiniteness, but they are cultivating this absolutely indispensable principle with expectation of soon being able to navigate their astral barks in the boundless ocean of light and bliss. Do not call them selfish but go and do likewise. They have a perfect right to work out their own salvation in this way. We each must save ourselves and never ask to be saved by some other person suffering vicariously in our stead. The death of Jesus's personality helps us as a model but we too must crucify personality.

Psychic Phenomena.

Psychic Sight.—In South Braintree, Mass., is a boy eleven years old named Afley Leonel Brett who is no different from other boys except that without any x-ray apparatus he sees as scientists see with the proper machinery. About two years ago his powers were first discovered as a result of having been hypnotized. After it was over he could see the bones in his father's body and diagnosed a number of fractures of which his father was ignorant. He confirmed the diagnosis of a broken hip at the surgical neck and said the fracture was nearer the head of the bone than had been thought by the physician. A child who was supposed to have swallowed a cent he declared had not done so, and this was afterward proved true. He uses this power by so concentrating the sight as to shut out ordinary daylight. He then sees flashes of a pale green light which illuminate the object to be examined. Having seen the x-rays he declares the phenomena the same. He does not lose consciousness at all but has to limit his experiments to half an hour about once a week to avoid fatigue.

Dream Visions.—On Dec. 1, 1898, the Steamer Portland was lost with all on board off Cape Cod. On board was a Portland School teacher who had been in Boston for her thanksgiving vacation. Two weeks previously the teacher had assigned to her children in the Spring street school for deaf and dumb as subject for compositions, some kind of personal experience. One little girl described what she thought was a dream in which she had witnessed in most vivid and minute manner the drowning of her teacher. But so blind did the teacher prove that she dismissed it all as "a dream."

A few days before the Portland sailed the wife of an employee of that line came from miles out of town to beg him to feign sickness, or do anything rather than sail Dec. 1, on the Portland, saying she had seen the loss of the ship in her "dreams." He would not heed her, but at the last moment the officials independently found it desirable to transfer the employee to another steamer, the Bay State.

An employee of the Portland, who left home that morning, Dec. 1, found himself most loath to go and had hard work to tear himself away, but he went never to be seen again except in the astral. On Sunday, two days before the fate of the steamer was published, his wife "dreamed" and told the dream to relatives and friends, that she saw him in a long ulster on the steamer deck over which the waves were intermittently rolling and the weight of the wet ulster was dragging him down. She saw him holding it up by the sides while the sheets of water flowed over him till he was lost to sight. The body of that man was the first washed ashore on Cape Cod.

Astral Form.—A mother of two boys withholds her name but says that after the elder boy died, the younger improved every op-

portunity to go alone and being watched was found engaged in laughter, talk and all the actions of boys at play. When questioned he always said he had been at play with his brother and at no time did he ever seem to have missed his brother or to inquire for him. Laying on the bed one day his mother being about to throw down a heavy parcel on the bed he screamed out." Dont, dont. You'l hurt Bert. Dont you see him lying beside me." This lad shows no signs of any abnormality and his psychic vision is doubtless correct. Indeed many children are clairvoyant but hushed to silence about it by fool parents.

Astral Light.—A boy who plays with his astral brother also experiences illumination and the two can so illuminate the room at night as to enable the mother to witness what she calls a brilliant illumination of the room. These lights are among the easiest of the astral phenomena and the seeing of light or bright spots one of the first evidences of approaching clairvoyance. Do not be afraid of any of these phenomena.

Miscellaneous Notes.

Gunning.—On July 22, 1899, James Birney, age 18, and his brother Arthur Birney, age 16, sons of the late District Attorney A. A. Birney of Washington, D. C., were drowned at Ocean City, Md. The report is that they went sailing and gunning, lost a hat overboard and in trying to recover it lost their lives. The 18-year-old boy in charge could not swim. Far from us to show lack of sympathy but for the benefit of others we must point out that boys out on trips to murder their betters meet a just fate and get off easy by drowning. The parents stand well in Washington and are doubtless "religious." But if they had known and observed psychic laws they would have been forewarned and could have averted this event. Any mother who lives an intelligent life in the occult can know in advance less important events than this. What is amazing is that they should be so steeped in worldliness as to let a boy get to the age of 18 without learning to swim, let that boy go killing birds, etc., "for fun," let him have younger boys under his care five miles from shore, and live such a heedless life. The father has spent years in hustling people to prison who had not murdered living creatures. He better have learned some of God's laws and less of cruel man-made "laws." The writer recalls having gone gunning one day when about 16 years old at the suggestion of an aunt. One squirrel was killed and the remorse for so doing has followed me to this day and I wish it had been the aunt instead of the innocent little creature that suffered. In Washington, the High School boys are taught the use of firearms and in vacation they have little conscience regarding using them. This is all wrong and deadens them to all moral and psychic influences. When a little older they are ready to go 13,000 miles for the privilege

of shooting and being shot at in defiance of all moral principles. The parent Birneys ought to learn from this sad event that their whole mode and philosophy of life are wrong, and earnestly seek the wisdom and understanding that come only to those who acquire a knowledge of "the hidden things of righteousness," and which churchianity and worldiness cannot give.

How To Print Your Palm.—Burn a piece of gum camphor, accumulate the smoke on a piece of smooth, white, paper. Lay the smoked paper flat on the table and hold your palm down firmly on it. Remove it carefully. Wet the clean side of the paper with turpentine and let it dry well. This holds the smoke on the paper and shows the print of all your lines if well done.

Questions and Answers.

Subscribers are invited to send in questions.

19. *Why is it, When I Believe in Mental Healing, My Body Only Responds to Drugs?* Because you, in delusion, think you believe in mental healing when really you dont or you would act upon it. Never forget that mental healing is by means just as any other. Belief never fed any person. Belief never cut a rotten branch off a tree. Belief that it is not there will not make it vanish. Belief never cut out a cancer. Belief that your body is sick will not make it sick. Belief that work will feed you wont feed you. Belief that work will feed you may set you to work. If it does then you will be fed. Though belief cannot cut a branch off a tree or cancer from your body, it may set you to doing what will fell the tree and destroy the cancer. Believe in mental healing only as a stimulus to change your life and acts, just as fools believe in drugs as a stimulus to take drugs. There never was a person healed of any malady by any kind of belief, but there never was a sick body restored to health without a mental process in which belief was one ingredient. It is a necessary ingredient which is useless taken alone. This is occult and perhaps hard to understand but in simple terms—you must put into operation what you believe in. If you believe in mental healing you must go to work on your mind to get it healed. A healed mind will heal a body but letting your mind remain stationary while you cherish a belief in mental healing is like expecting prayer to turn cart wheels.

20. *What Shall I do for Constipation?* Stop concentrating your mind on that part of the body or on adjacent organs. Never send your thoughts to anything in that region and dont play with any organs there either in married life or out of it, and you will have no constipation. Dont tell occult people you have this malady. If you do, they know what nasty practice produced it and will measure you accordingly. But if you want to continue the nastiness in secret, I

will tell you how to transmute the malady into appendicitis. Eat only cornbread, never wheat, eat slow, and include lots of fruit. After eating, chew gum fifteen minutes. Your constipation will all go away. Continue what caused the constipation and you will have appendicitis or other interior, hidden, malady instead. Now I can recommend appendicitis to you for no doctor knows its cause or cure. They will however cut you open and cut off a "useless" nob from your intestines. If they find seeds in it they say your eating fruit caused the appendix to get mad and inflamed and ulcerated. They will take \$100 out of you for this performance. Keep your mind right and you cannot have constipation or appendicitis.

Notices of New Publications.

Osman's Palmistry Instructor.—This small pamphlet can be got for 25 cents from Osman, 170 West 23d st., New York. It contains the rudiments of the science which ought to be learned by all who enter the occult. Palmistry shows how you unconsciously write your diary and carry it with you, but never forget that bad lines will be changed by right living. You ought to have a series of palm-pictures taken three years apart just as many people keep face-pictures taken from childhood on.

'Meatless Dishes.'—A cook book which tells how to prepare healthful and nutritious dishes without the use of meats or animal fats. Gives tested receipts for: Chestnut Soup, Tomato Soup, Barley Soup, Wheatmeal Biscuits, Oatmeal Biscuits, Wheat Crackers, Potatoes a la Duchess, Potato Omelet, Potato a la Creme, Tomato Rice, Potato Balls, Sweet Potato Pie, Potato Cheese Cake, Winter Fruit Salad. Contains an interesting sermon on salads by an expert cook. Gives useful hints on Hygiene, Kitchen Economy, Care of Cooking Utensils, etc. How to test Nutmegs, a way to Polish Knives, to Prevent Flatirons Rusting, best way to Clean Tumblers, Gas Fixtures and Dish Cloths; to improve the taste of Molasses, to Keep the Heavy Odor of Cooking from Saucepans, Pots and Boilers; to Make Stewing Fruit Boil quickly. Tells where to get Health Foods, etc. Mailed to any address on receipt of 10 cts. C. W. Smilley, Washington, D. C.

Our Exchanges.

The Life, Kansas City, Mo., (a) I live the truth daily, manifest it in thought, in word, in deed, in love and good will. (b) Mind refers to Universal substance while mentality means the mind of a human soul. A state of mentality may occasion paralysis. The human mind has many thoughts of which it is not conscious. (c) Private instruction and treatments given at Life Home, by Mr. or Mrs. Barton, 3332 Troost ave. [The occult significance of 3333 would be infinitely better than 3332 and we advise to move across the street.]