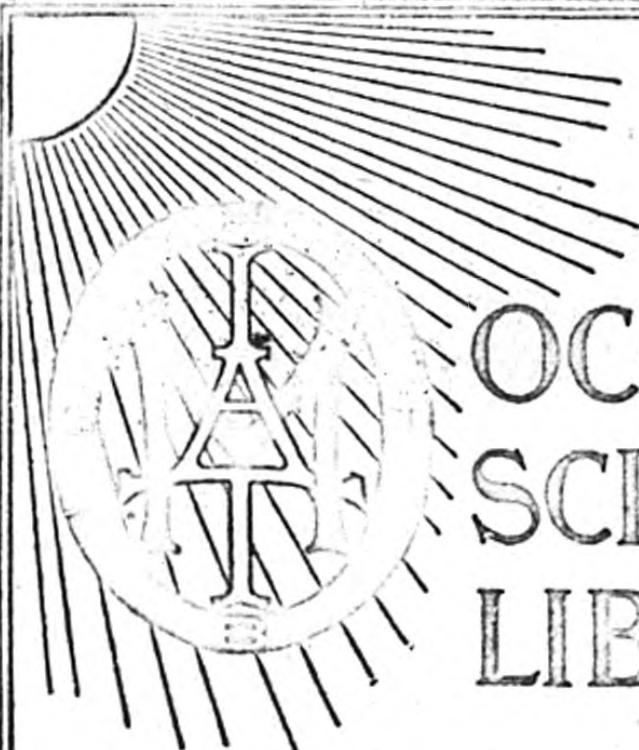


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2. **Deep Waters** generally run still. Noise, discord and uproar are indications of the absence of *power*. Omnipotence itself is absolutely silent—the only absolute silence. The

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law of vibration is that great central, synthetic Truth of silence. Its workings become silent to us, to the degree that the thought-consciousness reaches its higher potencies. Silent thought concentration, is the true occult method of reaching, awakening and of then expressing the more powerful potencies of the higher self. So long as the thought consciousness remains in the surface vibrations of noise, discord and externality, will it be unable to adequately express the higher meanings and powers of its life. A thinker is the only manifesting agent of vibratory law or Truth, therefore you must think clearly, powerfully and from within, if you would externalize in your environments your inherent soul potencies. No one can permanently stand in the way of your perfect success, when you but learn and fully apply the vibratory principles and occult methods involved. Learn to think and know from within. Learn the art of silencing the external senses, that you may, at will, polarize to that silent unfathomable ocean of Truth which lies at the center of your soul-life or interior Being. This is but a process of occultism or of silent thought concentration. Hold the affirmation: *I-AM*.

3. Hidden Fires. Vibration is life, heat and power. Learn its law, as a means of awakening the hidden love fires of your heart, and of satisfying their affectional cravings from within yourself. External companionships will never entirely satisfy until you have thus become practically independent of their necessity. You are hardly fit for true soul companionship until you have become independent of its necessity. Until then, your love is almost sure to desire and exact the bondage of possession and ownership. True Love is a universal principal and all-inclusive law, which seeks only to give of itself, as a means of yielding happiness to the individual consciousness. It asks nothing in return, because there is nothing external to itself, or that it cannot

command by thus giving of itself. "Give and ye shall receive." Give love and you will get love in return. Give that love which is tinctured too much with the individualistic desire for selfish possession and you will, sooner or later, awaken into almost necessary activity, the same narrowly selfish self-protecting quality of Love, thereby cheating yourself of the perfect quality which alone can fully satisfy the soul. Give physical love *only*, and you will, through wastes, depolarize your forces and thereby become temporarily incapable of feeling the joy of that love which is of mind, soul and spirit. Hold the thought: *I-awaken-Love's-hidden interior-fires. I-attract-perfect-companionship-by-thus-becoming independent-of-its-necessity. I-satisfy-my-heart's-cravings-by-communion-with-that-interior-law-which-is-Love.*

4. Magnetic Power. Love is the vibratory essence of power. A thinker is the organism through which it acts and manifests. The purpose of Love is to give individual happiness to that thinker and thus express the great everlasting aggregate of Truth which lies inherent within itself. Love is God. A thinker is its only child. The multitudinous thought organisms, individuals, or personalities, which from time to time become representative of the soul-life or evolutionary progress in wisdom-getting of that thinker or power to think, are the grand-children of Love. Their every step in wisdom-getting gives its flush of happiness, not only to themselves, but also to that original thinker or thought-organism of Love which lies at the center of all Being. Each of these grand-children must, in time, experience the perfect bliss and ultimate of omnipotent wisdom and Love. We experience happiness to the degree that we love according to the law of Love. We become magnets of wisdom, power, goodness and happiness to the extent that our devotional methods are scientific. As we learn this great science of Love we will be able to attract to ourselves and from

within ourselves, all that the heart of Being is capable of desiring or of comprehending. It must come to the interior consciousness before it can become expressed in our external environments. Hold the thought: *How-can-I-attract-that-which-would-best-satisfy-my-soul? I-demand-knowledge,—wisdom-and-the-power-of-Love. I-am-Love.*

5. Coolness and Self-poise. The art of thorough self-possession is worth learning. It implies that command of the faculties and forces which comes through a specific knowledge of what the self truly is, and its relations to the causal law of force, as well as to external objects. Perhaps the most important question which each individual can ask is, how can I best understand, cultivate and employ my faculties and forces in answering the purposes of my constitution and my existence, or the general needs of myself and others? To properly answer this great question involves a comprehensive knowledge and understanding of the general workings of the whole universal system of creation, for how can we make these fine adjustments, until we understand ourselves and our relations to first cause and to external objects. Fortunately the universal creative evolutionary law of force is now understood, and so clearly that the narrow way of attainment and progress is made perfectly clear, at least as to essentials. Let us utilize thought concentration now, as a means of massing the interior forces, or of uniting with the higher self and its harmonious potencies. Hold the affirmation: *I-am-my-higher-self,—my-power-to-think. I now-feel-its-sacred-presence. I-will-manifest-its-potencies.* Repeat the above very slowly several times and thus get the forces steady and silent.

6. Mental Medicine and Surgery. The time will come, when even the most difficult surgical operations will be performed by the power of thought. The vibratory law involved, has already been demonstrated in such cases. Vibration is

the essence of all external things. A thinker, or thought organism, is the only primary instrument of vibration. Vibratory forces and force currents are always subject to a trained and instructed will, therefore an instructed thought organism is the true surgical instrument for any and all cases; but we are "fearfully and wonderfully made," and a thorough knowledge of Truth's interior methods of manifesting through the human organism, is necessary, before *perfect* work in healing and surgery can be *uniformly* done. True healing necessarily means teaching, for until the spiritual thought laws of life are known and understandingly observed, a tendency which has once functioned as disease, will, sooner or later, again assert itself in diseased or in-harmonious physical conditions, though perhaps in a slightly different form. Scorpio natures incline to the practice of medicine and surgery, but would be even more successful if they would study the human organism in its higher spiritual vibratory aspects. As a means of now restoring greater harmony to your faculties and forces, silently and reposefully concentrate upon the affirmation: *I-am-my-higher-self. Its-vibratory-forces-are-always-harmonious. I-restore-order-among-my-faculties-and-forces-by-attaching-my-thought-consciousness-to-the-higher-self. I-now-receive-an-all-sufficient-influx-of-its-harmonious-forces. I-am-at-peace-with-all-persons-and-things.*

7. Tenacity. The natural tenacity of Scorpio persons, is inclined to be slightly destructive or scorpion-like in its tendencies. Their strong magnetic forces, unless modified by other conditions, are also destructively inclined. When a predominant, narrow and uninstructed selfishness is added, they discard persons and even friendships, as they would squeezed lemons, so soon as they have no further use for them. But that represents the nature only in its lower forms. All this natural power can and should be offered

on the altar of nature's higher human and spiritual uses. Then this very tenacity and destructiveness becomes but executive force, thoroughness and efficiency in service to mankind. This nature then no longer destroys life, even in its lower forms, for the mere sake of gratifying and feeding a predominant destructive faculty, but perhaps extracts teeth, or performs other difficult surgical operations, which, though temporarily painful, are for the benevolent purpose of saving life and pain, instead of causing it. Nature's uses are so varied that useful occupations can and should be scientifically chosen with reference to the individual tendencies and cultivation of every temperament. The twelve Zodiacal signs each have their corresponding types in human character, all of which are equally desirable, important and necessary in making up the great aggregate or mosaic of the manifested universe. Hold the affirmation: *I-convert-my-talents,-tendencies and-forces-to-their-highest-uses.* But—how? You will in time get the proper answer.

8. Dictation. We are endowed, at least latently, with all the attributes and qualities of the Divinity or of Infinite law. It is through these endowments, or faculties of the mentality, that we are able to comprehend and worship the Divinity. In worshiping it, we are but bringing our higher selves into manifestation. Through worship or thought concentration, we must, in time, bring into full manifestation, all the qualities, attributes, perfections and powers of the God-hood. It is proper that "I the imperfect" should thus "worship my own perfect." To the extent that we comprehend the existance of Divine qualities within ourselves, will we likewise understand that they are inherent in all, and from worshiping them within ourselves, will we gradually learn to serve and worship them in all. In that way we may become true leaders in doing the *real* work of the world. We will thus lead ourselves and others into the higher life. We can es-

teem ourselves wrongfully, but not too highly. As we learn the thought-laws which govern human existence, including our true relations to others, to the external world and to creative law, we will not degrade our qualities of leadership by trying to hypnotically dictate what others shall do. We will then be content to act as servants of the Most High. The Scorpio tendency to be over-bearing and dictatorial, may thus become transformed into strength of will, executive force and power to lead self and others to that final goal of omnipotent perfection which all must in time reach. Hold the thought: *I-am-led-of-the-spirit. I-follow-the-leadership-of-my-higher-self. In-thus-commanding-my-own-spiritual-forces-I-gain-loving-dominion-over-all-things.*

9. Shrewdness. The Scorpio brain faculty of "secretiveness," which in undeveloped natures and when combined in its action with certain other faculties of the lower brain, often prides itself upon its low, malign, selfish and cunning efforts to "lead people around by the nose" is capable of becoming an important factor in the work of self-improvement or spiritual evolution. Each faculty was given us for use, and cannot be entirely dispensed with at any stage on the evolutionary road. Esoteric students are sometimes slow to learn that fact. The secretive faculty intensifies the desire to unravel unknown mysteries, and is therefore capable of adding depth, penetration and effectiveness to the search for knowledge. It fairly revels in the profound mysteries of occultism, and as the secret workings of nature are perceived, gradually becomes willing and anxious to dedicate its powers to self-improvement and to the service of mankind. As Scorpio persons generally have well developed generative powers, and deeply seated occult tendencies, their possibilities of utilizing the occult philosophy in regenerative ways, are therefore very great. When they learn that conservation, transmutation and regeneration

through the knowledge and methods offered by occultism, affords them the only true means of developing their splendid natural powers, their strong selfish instincts then become arrayed on the side of the universal laws of justice and Love, thereby placing within their reach the limitless powers and possibilities of Truth and Right. Hold the affirmation: *I-dedicate-my-talents-to-the-work-of-self-improvement-and-to-the-service-of-mankind.*

10. Flattery. Scorpio natures are rather too susceptible to flattery and are also capable of using it with considerable effectiveness. The approbative faculty which is thus wrongfully appealed to, perhaps for low or unjust purposes, is likewise capable of stimulating the very best faculties within man. It is largely through the thought powers of aspiration, that we become what we wish to be. We are ever drifting toward our ideals. Through scientific self-knowledge, we learn to measure ourselves for what we are and thereby become impervious to the deceptions of flatterers, and able to penetrate to the motives which inspired their unmeant words. Sensitively organized persons, who understand themselves, instinctively shrink from the indiscriminate and uncandid praises of pretended friends. Unmeant compliments or expressions of affection, lash them up one side and down the other. The Approbative faculty is feminine in quality, but its perversion is common to both men and women. Many of woman's virtues, as well as her vices, spring from it. Both man and woman have a work to do in overcoming the self-ignorance and wrong standards of life, which inspire the abuse of the approbative faculty and make them the dupes of flatterers. Let us now silently concentrate upon this subject, as a means of readjusting our lives in these respects. Then try to live from the higher self, and thereby overcome such defects for at least one day. Hold the thought: *I-am-my-higher-self. No-one-can-think-too-highly-*

of-me. I-cannot-be-flattered. I-forgive-all-efforts-to-do-so. By-my-efforts-I-will-externalize-the-inherent-truth-of-the-highest-compliments-that-could-be-paid-me. I-perceive-the-higher-selves-of-all-persons. I-thus-help-to-bring-them-into-manifestation. I-see-and-speak-the-truth-only.

II. Conceit—Bragging. Self-trust is a most important quality which should be constantly cultivated through praise of and communion with that interior law which is the higher self, and which is at one with all universal manifestation—its products. When it thus learns to regard all things as its products, or at one with itself, the result may be a desire for dominion over them, but it will be a loving and rightful dominion, and for the purpose of serving them instead of being merely served by them. Self-trust is a safe quality when thus tempered by Love. It becomes obnoxious and offensive only when not properly educated or balanced by sound sense. Exhibitions of conceit in others, are liable to overshadow the real virtues which perhaps underlie it, and should cause us to aspire to meekness of spirit. The mere words conceit and bragging, are almost sufficient to cause a shudder, but let us not be too hasty in condemning them. Remember they are on the line of self-improvement and are therefore excusable. The rough knocks of the world will in time properly temper the splendid qualities which lead to even the most ridiculous exhibitions of self-conceit. Our own silent efforts today should be to reposefully formulate higher and more perfect standards of life in these respects. We cannot esteem ourselves too highly. We necessarily drift toward our highest standards of life, and the chief virtue in thought concentration is that it intensifies and more clearly defines these ideals, thus sending out thought currents which will make our drifting more rapid and un-erring. Hold the thought: *I-am-my-higher-self. All-power-is-mine. All-*

things-are-related-to-me. I-glory-in-the-unity-of-all-life. I am-one-with-creative-law.

12. Vanity and Recklessness are qualities which sometimes belong to Scorpio characters. "Approbativeness" intensifies the desire for show, and "destructiveness" the inclination to be over-executive, even to the point of recklessness. Anger is one resultant of perverted "destructiveness." It sows discordant vibratory forces throughout the bodily organism and therefore leads toward disease and death. So also does every imperfection of character. All the faculties are good if normal and unperverted in their action. To dispense, even temporarily, with a single faculty, would produce imperfection, by interfering with the consequent magnetisms of the body. Every force we possess, is generated directly or indirectly through the mentality, for the power to think, or mentality, is the soul principle. Scorpio recklessness and vanity, generally expresses some perversion of the sex functions, because Scorpio is representative of the reproductive nature or amative faculty. These sex perversions, or wastes of sex force, rob the organization of its vibratory power, and when its natural consequences of anger, recklessness, etc., are added, so retards and interferes with the magnetisms of the body that heart disease, etc., is the result,—heart disease because the heart is the bodily correspondence of the Scorpio amativeness. When the sex forces are conserved and transmuted through regeneration or occultism, the Scorpio nature is then unusually powerful, because it generates sex vibrations with unusual rapidity. In every case, our points of weakness may be thus converted into points of strength, providing we will obtain and apply the requisite self-knowledge. Your points of vanity, of recklessness, of weakness and of strength, may originate at some other source. Deal with them now in the silence that they all may become points of strength. Hold

the thought: *I-demand-self-knowledge-and-perfection-of-character.*

13. Subtlety. The faculties must combine and be backed by a great deal of forcefulness, penetration and incisiveness, to be able to perceive some of the deeper meanings of the occult philosophy and to understand the general construction of evolutionary law as manifested in the constitution of man and otherwise. Some of the most apparent esoteric truths, are blindly discarded in the mad search for them. Students continually clamor for something esoteric, and seem incapable of understanding that thought concentration leads the way, in the right direction, not to the jungles of Hymalaya, but to the source of all esotericism within themselves. How many there are who have eyes, and yet see not? Nor can they see or find that esotericism which they so ardently seek, until they observe those simple occult practices which inevitably lead to God, or Divine law within. Scorpio natures as a rule are subtle. Their forces are generally pretty well polarized to the interior self: or they at least have unusual power to so polarize them, and to gain through thought concentration. As they persist in this practice of thought concentration, their deep natures will be at length wonderstruck and gratified, almost to the point of ecstasy, by the subtleties of an interior law from which the whole universe is constructed. Then they will understand and be able to wield, their own splendid powers. Hold the thought: *I-now-polarize-my-forces-to-the-higher-self. I-perceive-subtleties-of-construction-which-I-will-utilize-in-my-daily-life.*

14. Stings and Stinging. Soft beds are sometimes easy to get smothered in. Nature's kindly prods and pokes are necessary as a means of keeping us more nearly in line with universal law. They have their important place. The human soul cannot be stung beyond that which it is able to bear. The ability to feel a sting, arises from the latent

slowly accumulated vibratory forces or brain cells which are also capable of successfully combating or rising above it. Why should we fear nature's savage vibratory elements, when we ourselves are made up of those same elements. Much time is needlessly spent in whining, or in deploring the necessary experiences of a kindly fate. If unpleasant events and experiences come to us, we may know to a certainty, that we are in need of their lessons. They will benevolently stay by us, until we learn their lessons and thereby rise above the need of them. The soul is unconquerable. Its natural attitude is one of peaceful warfare for the right. Let us say to the elements and elemental forces: *Come-on-and-do-your-worst. I-am-ready-for-you. My-soul-is-unconquerable. I-am-founded-on-the-rock-of-universal-law. I-love-the-right. I-live-from-my-higher-self. There-is-nothing-to-fear. Nothing-that-can-harm-me-or-cheat-me-of-my-life,-my-strength-and-my-happiness. God-is-my-life. God-is-within-me. I-am-the-law-of-eternal-life.*

15. Passion and Procreation. The violence of passion naturally leads to wastes of force and the sting of depolarization. The sex forces should be used for purposes of procreation *only*. The weakness of the Scorpio nature, consists largely in its tendency to waste these reproductive forces. Its strength consists in its basic power to thus generate, conserve and transmute these forces. This becomes possible through the intelligent practice of the force-massing laws of thought. Force-massing is character-building, and that should be made the main business of life. Passion is violent and therefore force-wasting, instead of force-massing. It leads to death and to a depletion of the natural powers. Scorpio natures will avoid that, as a matter of self-defense, when the law is understood, for they instinctively shrink from being cheated. To what extent, if any, are you thus cheating yourself now? Do you not waste the sex forces?

Are you free, even from the involuntary wastes which result from the harmful nocturnal action of psychic forces? Do you ever dream? Then you have not yet gained absolute thought-control and are in need of thought concentration. Use the following affirmation now and also just before retiring, viz: *I-put-myself-in-the-keeping-of-my-higher-self. Its-Love-forces-will-flow-to-me-while-I-sleep. I-am-Love. I-love-all-things. I-conserve-all-of-my-forces. I-devote-them-to-the-good-of-all. I-rest-in-harmony,-peace-and-Love.*

16. **Lust** sows discordant vibratory forces throughout the body. These low vibrations or retarded motions, clog the system and lead to disease, unhappiness and death. The force centers thereby become repeatedly depolarized, therefore lowered in tone and incapable of proper self-protection. Passion gives deceptive promises of happiness which necessarily end in disappointment, as it acts as an enemy to the life. Self-preservation and order are the first laws of life, which nothing can permanently oppose with success. All happiness and power is derived through vibration. The conserved harmony of these interior forces, turns on its pressure of power, which is almost necessarily accompanied by pleasurable sensations, sometimes to the point of ecstasy. Your consciousness is your only source of happiness. Keep that in a harmonious condition and happiness is necessarily yours. So also is the power to harmonize your external conditions; but whether harmonious or not, they will then have little, if any power to bring you misery. Lust at best could promise nothing except a fleeting vibratory sensation of pleasure, but it depletes the force-centers, sows vibratory seeds of discord and cheats you of permanent pleasures, which might otherwise be yours. Are you a victim of this thieving "devil" of deception? No? Not even on the psychic plane? Then be thankful, but note well what is said

under number 17. Hold the thought: *I-love. My-love-is-pure. I-seek-knowledge-concerning-its-perfect-law.*

17. Amativeness is a word that easily and needlessly scares people. This faculty, with the possible exception of alimentiveness, is the one most easily and universally perverted. It cannot and should not be entirely "squelched," or eradicated from the mentality. It is invaluable as a sleep producer, because sleep is a process of concentrating, or of reorganizing the forces through gender. This faculty is representative of gender. Nearly all the brain action during sleep is through this faculty, as all physiologists will agree. If the faculty is not properly cultivated, the sleep will be unsound, which implies dreaming or drifting into the astral, and a consequent depletion of the forces. Sound sleep is exceedingly important. The mantrams or affirmations which are used on retiring, should be chosen with reference to this faculty, so that its harmonious, but not violent action can be insured. Muscle and brain producing foods for suppers should be avoided, for they cause brain activity, twitching or activity of the muscles and therefore sleeplessness. It is not meant, however, that the system should be overloaded at supper with carbonaceous foods, but simply that they should be taken for supper, rather than at breakfast or dinner. You have a certain amount of sex force, and the power to constantly generate it, at your disposal. You cannot afford to waste it on either the physical or psychic planes. Your power, success and happiness depend upon its conservation and transmutation. You need more specific knowledge concerning the action of this amative faculty, than can be given or hardly hinted at, in this limited space. Try at least to perceive, in the silence, the leading principles involved, so you will understand the importance of that self-knowledge and thought control, which converts the slave into a master.

Hold the thought : *I-master-myself. I-conserve-all-my-forces. I-transmute-them-into-life-results.*

18. **Indolence** is not in the order of nature. All life is activity—motion—vibration. Its object is happiness to the individual consciousness. Things are valuable and useful, to the degree that they contribute to that end. They contribute to that end only to the degree that they mass force harmoniously. That is but another name for character-building and is used in its stead as a means of avoiding the heart sickening loads of preachy, preachy, platitudes which have become attached to the name. Every organism is but a mass of force. Force-massing, individualism, or organism building, belongs to the scientific realm of vibratory law. It alone can teach the scientific laws of perfect happiness. Excessive external activities are a species of indolence, in that they tend to shut off the real interior organism-building activities. There is a silence of lethargy and indolence, but the true silence of thought concentration, awakens the interiors of every faculty to a high condition of activity, enjoyment and power. As a means of understandingly awakening that condition today, hold the thought: *I-quiet-my-senses-and-draw-nearer—nearer——nearer—to-that-interior-heaven-of-power-where-activity-is-involutionary-and-therefore-restful. I-rest-in-the-harmony-of-its-perfect-peace. I-energize my-whole-Being-with-its-sacred-holiness-and-powers.*

19. **Procrastination.** He who first awakens from the lethargy of a soul-sleep, sufficiently to make a searching self-examination, generally finds that his "Life is but a bundle of habits" and partially erroneous opinions or traditions, imbibed perhaps without thought from others, and that he has traitorously failed to duly exercise his God given power to think. Does this apply to you? Do you understand the principles of life? Why not? Have you clearly defined purposes in life? Why not? Are your purposes and methods

of life founded upon sound basic principles? Why not? Do you understand just how to accomplish your purposes in life? Why not? Are you sure you will accomplish them? Why not? Do you know exactly how to cultivate or manufacture the talents which you are perhaps lacking? Why not? Do you know how to make the most of your talents? Why not? Are you not responsible for their proper use? Are you not the main sufferer if you fail to understand, develop and properly use them? Do you enjoy suffering? Then procrastinate no longer. There is a law of life which it is your privilege to learn and obey. Its unlimited rewards are yours to the extent that you understandingly obey it. Which will you do, learn and obey, or suffer? Answer for yourself in the silence. Hold the affirmation: *Infinite-law-is-my-life. I-will-learn-and-obey-its-principles. I-will-utilize-every-help-which-I-can-obtain. I-seek-knowledge,-wisdom,-power-and-happiness.*

20. **Regeneration** is commonly regarded as only an act of faith in an external Jesus Christ, but is really a scientific knowledge of and obedience to all the laws of life. We each must in time become regenerate, and it can only be done by conforming to the true principles of life, or of becoming at one with that interior law which is life. We each must make that atonement or at-one-ment with that Father principle or law. All is force. There is a scientific method of generating force. A thought organism is necessarily a force generator. Its inherent desires are necessarily polarized toward that self-knowledge, which through conscious obedience to the interior law of force, inevitably results in the external manifestation of all the potencies which are inherent within that law—viz, the omnipotence of Truth. That is re-generation. The ability to thus re-generate our forces, enables us to over-come the necessity of physical death, or re-birth, but it is a matter of scientific and applied

knowledge rather than of mere faith "*The-Truth-shall-make-me-free.*" Through knowledge each soul will finally overcome that last great enemy death. Hold the thought: *I- conserve, -or- mass, -instead- of- waste- my- forces. I- am- re- generate. I- worship- God- scientifically. The- Christ- spirit- within- me- is- my- life- and- my- Savior. I- seek- Heaven, -the- Christ, -God, -or- Infinite- law, -from- within- my- higher- self. I- AM- that- I- AM.*

21. Conservation. Vibration and consciousness are inseparable, for wherever there is vibration or manifested life, there is an organism—a thought organism—the power to think—consciousness. The lowest forms of organic life necessarily have a species of consciousness. That consciousness enlarges its capacity for happiness, or misery, as the organism is gradually improved, until in man its possibilities of happiness are almost unlimited. As he passes from the plane of semi-conscious growth, he can, by an instructed method of voluntary thought, become entirely and permanently free from pain and sorrow, and by the same process multiply his capacity for enjoyment. This method of occultism is worth learning. One of its principles is that all happiness is derived from the consciousness, through harmonious vibration, and from within, instead of from external things. All misery is but the result of discordant vibrations within that same consciousness, and is caused by ignorance and a consequent depletion of the forces. If you would be uniformly happy, you must learn to conserve and mass the forces, instead of depleting them. You should conserve the sex or generative forces, not only by abstaining from useless sex indulgences, but also by gaining that thought control which enables you to free yourself from harmful external parasites, psychic forces and force-currents. Thought concentration is a process of force-massing which should be used now and habitually. Hold the thought: *I- am- the- law*

of-force. I-will-understand-that-late,-thus-discover-my-powers and-conserve-my-forces.

22. Transmutation and conservation should go hand in hand. Do not say, "I already have too much sex force, I find it impossible to conserve and transmute it." What, impossible? Does that word belong to the thought dictionary of the Infinite law which is your life? No, for that law is omnipotent. You perhaps can't at once do things which you don't really want to do. The first point is to fully comprehend their importance and necessity from the standpoint of your own individual happiness, for that will awaken a sincere desire. Then as you make the most of the opportunities already at your command, the way will at length open. It is a way of knowledge. Occultism teaches it. Exercise your determination in the matter of learning and obeying the occult principles involved. Determine to abstain from useless wastes of force. Determine to acquire thought control. Persistently practice thought concentration as a means of gaining thought control. This devotional practice opens the way to a higher understanding of basic occult principles. An intellectual understanding of the cold philosophy, is of course necessary, but it also requires its application through scientific devotion, to build it into the soul consciousness as a consuming flame of Divine Love. Methods are of little individual help until they are applied. If while in the early stages of conservation, you find the sex forces stronger than you can command, then take vigorous physical exercise as a means of gaining thorough self-control. Platonic association with the opposite sex is also a safeguard. Hold the thought: *I-will-make-the-most-of-my-forces. I-am-regenerate. I-conserve-all-my-forces. I-use-them-for-the-good-of-all.*

23. Manifestation. The mind is the measure of the man. The measure of the mind is its ability to externally manifest its inherent potencies, or the Love and Truth for

which it stands. The law of vibration is the one synthetic Truth, which, in its unity, represents the whole great aggregate of universal Truth called God. The unity of all Truth implies this possibility and necessity, therefore this great law is the great I AM, or God of the universe and of man. It is within, and personal to each individual. To manifest its omnipotence and thereby derive individual happiness, is the sole object of life, therefore to learn and obey its divine principles is of transcendent importance. Your power to think is your soul principle. It is derived from this interior law. It is indissolubly attached to it. The attachment becomes closer, as through the involution of silent thought concentration, you inwardly breathe its life essences or forces. They spring into being to the extent that you thus co-operate with their law, imbibe their vibratory potencies and then express their divine purposes of loving helpfulness to all. Be silent now and breathe, silently,—still more silently and reposefully—breathe this elixir of life. Hold the life forces steady and try to feel the harmonious sensations of the nervous system. God is in the silence. God is the only absolute and changeless silence, for where there is activity, vibration and change, there is necessarily sound. Hold the affirmation: *I-am-the-law-of-silence.*

24. **Evolution** is the resultant of a development, through man, of God's divine image. Man watches this holy spectacle from the indifferent and ever-changing standpoint of his growing consciousness, until finally he discovers that it is all the handiwork of his own higher self, and that he (the thought organism) is the central figure in it all, or the "only son" and manifesting agent of the Divine evolutionary law. What a hopefully precious responsibility the power to think involves. Through the power of thought, we make our beds, and we then must lie in them, until through self-discovery and the use of our thought powers, we understandingly

master our forces and consciously co-operate with the law, in the fulfillment of its happiness giving purposes. Are you merely drifting along the evolutionary road of semi-consciousness? Then the rough corners of nature's savage individualistic elements will goad you, until you wake up and exercise your own law of individualism. You will suffer such prods and pokes, until you learn to exercise it, and in harmony with the universal laws of Love. The inherent tendencies of your soul principle, or permanent thought organism, will, in time, compel you to fulfill their divinely altruistic purposes. As you persist in the practice of thought concentration in connection with these subjects, you will at length find the one practice which best answers your needs, and then the true esoteric methods will become comparatively plain to you, and, through obedience, will be yours for time and eternity. Hold the thought: *Thou—Oh—interior-law—art—my—life,—my—strength,—my—health,—my—counsellor,—my—defense—and—my—eternal—support.*

25. Individualism is the evolutionary half of that universal law called God. Its original impulse was the creative force, inherent in Truth, which caused its first manifestation. All of these important scientific, biological principles of life, are convincingly dealt with in our course of study, hence its importance as a help in unravelling all the main mysteries and tangles of life, and in fulfilling its opportunities, powers and obligations. You as an individual, have omnipotent law to back you. A knowledge of that law is your main need. The now prevailing Zodiacal sign Sagittarius, is, to a large extent, representative of the principle of individualism, and now is therefore a time when to study these laws, gives you the backing of universal force-currents. There are times when you would, to some extent, receive their opposition, and would, perhaps, as a result, get the whole matter tangled in your mind. When through knowledge of these individu-

alistic laws, you become master of your forces, you likewise are able to neutralize and counteract harmful external force currents. Until then, you will be but little more than their slave. Utilize the silence as a means of freeing yourself. Hold the affirmation: *I-am-free. I-rest-in-the-strength-of-that-Infinite-law-which-I-am. It-liberates-every-force-in-my-body. They-circulate-freely-and-harmoniously-at-the-bidding-of-my-words. The-law-of-my-words-is-absolute. There-is-nothing-that-can-obstruct-them. I-am-absolutely-free-in-every-atom-of-my-Being.* This would be a good general treatment for constipation, or for fear, etc.

26. Self-Reliance. From Truth,—the Father principle, comes the power to think and the desire to know. The instincts of individualism and self-reliance thus strike out in the bold search for knowledge and progress. Each experience carries with it a vibration which adds to the complexities of the organism and therefore increases the necessity of self-defense or self-protection. It would be interesting to trace the slow evolution of the brain faculties, from the desire for food, for self-protection through caution, secretiveness, destructiveness, combativeness, etc., for pairing with its kind (amateness etc., and friendship,) for the desire to see, hear, feel, taste, smell, measure distances, construct a home, acquire supplies for future needs, and from those faculties to the memory, reason, kindness, worship, spirituality, faith and the final discovery of man's oneness with his Infinite cause, and a consequent childlike reliance on that all sufficient Father law of the higher self, which is ever able to care for all its children. Let us today try to cultivate this high form of self-reliance and worship of the higher self or Infinite law. Through thought concentration we may invoke its holy presence and that Love which "casteth out fear," ignorance and its painful consequences. Hold the thought: *I-am-my*

higher-self. It-is-my-strength,-my-reliance-and-my-defense. I-seek-a-perfect-understanding-of-its-law.

27. The Atonement. "I and the Father are one" said the Christ. In a sense he said it for you, for me and for every one; and yet it is an individual work for each to do. We each must outwardly become at one with that interior law which is the Father, because it is our tendency and nature to finally manifest the very ultimate of its omnipotent perfection. We are inseparable from that law. Its forces are our very life and its unchangeable perfection is the source of our immortality. That law is Truth, therefore we must "worship it in spirit and in truth," or by scientific, exact, and common sense methods. This implies knowledge of ourselves, of our source and of our relations to external objects. The whole matter must be comprehensively understood as one grand and united universal system. But merely intellectual knowledge is cold, until, by being applied, it becomes imbedded even within the remotest parts of the individual organism. This implies practice, or worship. Let our worship today be the marriage feast of Divine Love and Wisdom. Let the Christ spirit within, give its blessing and loving benediction to our acknowledgement of its law. Be silent. Listen for those words of the Father-law. "*This-is my-beloved-Son-(or product)-in-whom-I-am-well-pleased.*" Happiness is the object of all external life, therefore let the blessing of the spirit give us each "that peace which passeth all understanding."

28. Truth in its aggregate is one. This perfect unity, necessarily implies a great central truth or law, which is representative of the whole, and represented within each part. Man is a part whose nature is founded upon that law. A thinker is the only synthetic organism through which Truth, the omnipotent, can act. Action is but vibration. The law

of vibration, or power to think, is the everlasting essence or soul principle within man, through which he becomes consciously at one with all Truth and all life. Through thought concentration he consciously absorbs this essence and builds it into his external organism. Breath is a species of this absorption. Its power to thus give life is increased, as the mind is polarized more and more to its central underlying vibratory law. The human stomach is also a related octopus which aids in absorbing vibratory life from food and drink. Its powers of absorption become greater, as it learns to work in harmony with breath, nature, pure thought moods and the highest forms of this underlying law. Our thought moods, or mental attitudes, signify our present powers of absorption. Thought concentration is a process of invoking these moods. As we persist in its practice, we insure moods of constant absorption of the powers of Truth. As we learn to thus invoke these moods at will, the success of our every undertaking thereby becomes assured, because we then are able to act as instruments of the Divine will, or Divine law, in the execution of any just purpose which we may select. Hold the thought: *I-am-at-one-with-omnipotent-Truth. I-absorb-Truth's-powers-through-thought-concentration. I-demand-to-know-the-best-methods-of-such-absorption-and-the-underlying-principles-involved.*

29. The Archer symbolizes the Zodiacal sign Sagittarius. It signifies a warlike independence and directness of purpose, which is the natural attitude of the unconquerable soul. The Sagittarius perceptions of Truth, are somewhat keen and prophetic, and its arrows generally take about the shortest cut in getting to the point. Its nature is not given to compromises, or parleying; but is constructive, rather than destructive. Its keen perceptions and general constructive powers, accurately measure distances, and intuitively understand the mechanism of vibratory law and of its every pro-

duct. The Archer's primitive methods of warfare, are indicative of the pioneer in the perception, defense and promulgation of new truths. The Sagittarius nature ordinarily belongs to the priesthood, and it will perhaps be the real leader in the peaceful revolution which is now ushering in the sublime truths of occultism and a new wave of spiritual Truth. This new cycle, or dispensation, offers its special opportunities to such natures and to all who will adopt the better Sagittarius characteristics and its humanizing tendencies, not only in "living the life," but also in promulgating the highest and best methods of life. Hold the thought: *My-soul-is-unconquerable. I-boldly-stand-for-its-everlasting-principles. I-am-a-standard-bearer-of-Divine-Truth. I-manifest-its-powers. I-speak-Truth-and-stand-for-its-principles-at-all-times.*

30. Review. You perhaps may not even remotely realize, to what extent, you are now closing the books of an old dispensation. You are about to enter upon a new life which is more representative of spiritual laws. Try to lay by every thought relic which belongs to the dead past and build into the consciousness, only that which can be used in the ever-living present. Thought concentration is representative of the highest spiritual laws. You will need it as your daily companion in absorbing Truth from its primary and silent source within yourself. Your religion, from this time on, should be chiefly a religion of silence. If during the past month, or months, you have learned anything of value, which pertains to these practices and methods, then silently prize it as you would a rare gem which was to buy your freedom and happiness. Your work is to outgrow your errors, therefore you should not cling to unpleasant experiences of the past, after you have learned their lessons. Cultivate the Sagittarius characteristic of ever looking forward. Try now to absorb the right mood and then try to

carry it with you, until the books of the century are finally closed. Meditate upon those methods of thought concentration, which, during the month, have been most helpful to you.

Notice.

Mr. Ernest Loomis has just completed an important book (silk cloth price \$1.25 postpaid) entitled "Concentration Methods and Helps." It contains thought concentration subjects, drills, affirmations, etc., for each day from Sept. 1st. to March 1st. This completes the list of subjects, etc., for an entire year, and as they will be used daily, from year to year, by the members of the Brotherhood, they are important books to have and use in connection with our noonday practices of cooperative thought concentration etc. Those who obtain the books, whether members of the Brotherhood or not, are invited to join us in using these subjects, practices and ever accumulative occult helps, and it is believed that if intelligently used they can be made almost invaluable as a means of self-improvement and of understanding, developing and using your individual occult powers. In place of these daily subjects, a series of articles by Ernest Loomis, entitled "Vibration—a scientific key to all mysteries," will appear from month to month, in the Occult Science Library magazine.

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