



# OCCULT SCIENCE LIBRARY

PUBLISHED MONTHLY.

Per Year, \$1.50.  
Per Copy, 15c.

List of Occult Books, which show how to concentrate and use your  
Thought Forces in all Business and Art.

Your Practical Forces,	Loomis	\$1.25.
Practical Occultism,	"	\$1.25.
Methods of Self-Help,	"	\$1.25.
Force-Massing Methods,	"	\$1.25.
Philosophy of Natural Magic,	Agrippa,	\$5.00.
Emerson's Essays,	"	25c.
The Hidden Faith,	Thurber	\$1.00.
Quaint Crippen,	"	\$1.00.
Royal Hearts,	" (paper)	50c.
Zelma, the Mystic,	"	\$1.25.

(Sent postpaid on receipt of price.)

**ERNEST LOOMIS & CO., Publishers,**

**70-72 Dearborn St., Chicago, Ill.**

Copyright, 1899, by Ernest Loomis. Entered as second class matter at  
Chicago, Ill., Post Office.

# Free Correspondence Lessons

## IN OCCULTISM, By Ernest Loomis.

This department of our work is for those who wish to thoroughly develop their occult powers and then to use them not only in all business and art but also in matters of health, in helping others, in the acquisition of knowledge, in the formation of business and other plans, in character building, in judgments of human character, in the pursuit of happiness, in fact, in the accomplishment of every practical affair in life.

The average student's inability to properly apply the principles and methods of occultism and thus to adequately demonstrate through results, its magical powers, is due, first, to his failure to fully grasp the esoteric meanings of some of the underlying principles of the philosophy. Second, through failure to comprehensively understand the relations which each of its esoteric principles sustain to all the others. Third, through lack of that true self-knowledge which teaches the relation of the interior forces to the Infinite and to the external world. Fourth, through opposing unknown esoteric undercurrents of the individual character. Fifth, through peculiarities of temperament and misunderstood individual tendencies. Sixth, through wastes of force, through lack of thought control, through unknown psychic influences, through the sex functions, and otherwise. Seventh, through his consequent inability to properly govern the moods, marshal the faculties and mass his occult forces.

**Our Methods** of remedying these difficulties and of thus training the student in accordance with those occult and scientific methods which enable him to multiply his powers and capacities many fold, are as follows, viz.:

First. Through our four books, "Your Practical Forces," "Practical Occultism," "Methods of Self-Help" and "Force Massing Methods" (price \$1.25 each) he is given a thorough general knowledge of the principles and methods of occultism, and also how to use his occult forces in all business and art.

Second. Through the co-operative thought practices which are taught in those books and which are then practiced daily by the student, and in connection with thousands of the members of our Brotherhood.

Third. Through others of the \$17.00 worth of books which are given to the members with this course of correspondence lessons.

Fourth. Through a thorough character delineation which is given the member by our Mr. Loomis. These delineations show by exhaustive scientific methods the various esoteric undercurrents, peculiarities and individual tendencies of his character, and offer him helps and accurate advice for the development of his occult powers and the individual tendencies so discovered.

Fifth. Through helps to be used daily in the conservation and transmutation of the forces.

Sixth. Through special daily thought helps and co-operative helps, to be also used with the above objects in view.

Seventh. Through question sheet correspondence lessons and correspondence reviews of the student's answers and covering the twenty subjects treated of in "Practical Occultism," "Your Practical Forces" and "Methods of Self-Help" (all of which were written by Ernest Loomis). These twenty subjects cover the whole general philosophy, and by aid of the question sheet lessons and reviews the esoteric points contained therein are more fully brought out and in a way that adapts them especially to the student's peculiarities of temperament and individual needs which are revealed through the character delineation which is made for him. In fact this course teaches esoteric points of philosophy (such as the cause of force, etc.), which the scientists and great thinkers of the world have stumbled over and tried in vain to solve during all historic ages. The usefulness of this course is greatly increased by getting the whole philosophy including the student's answers and our correction (if any) of those answers all in permanent form: which can be referred to or reviewed.

There is at present no charge for these lessons, the only charge being \$21.00 for the \$17.00 worth of books, the character delineations, etc., and which are a necessary part of the course.

[NOTE.—This series of daily subjects began in the March, 1899, number, the opening issue of volume VI. All back numbers can be obtained at 15 cents each.]

## Daily Subjects and Drills for the Universal Church of Silent Demand.--Continued.

Copyright, 1899, by Ernest Loomis.

**1. Hopefulness.** The spirit of continued cheerfulness and hopefulness is expressive of many virtues, some of which, being beneath the surface, are commonly overlooked. But the truly hopeful and courageous one does not feel the necessity of having his good deeds heralded from the house-tops. It is sufficient that he himself knows of them and of the heroic spirit which prompted them. From the occultists standpoint it may be seen how the power gained and thus expressed and held constantly makes itself felt, and that in the long run the brave soul must be accepted and appreciated at its true worth.

Let us today content ourselves with power-gaining, or of acquiring the spirit of hopefulness and contentment, knowing that it will ever act even while externally inactive. "A cheerful spirit is a continual feast" which we each may have by going to its true source within. Hold the affirmation: *The-best-must-occur. I-now-produce-and-will-maintain-the-powerful-mood-of-true-hopefulness. I-seek-its-essence.*

**2. Faith and Insight.** It is a wonderful thing to be "led of the spirit" into all good. It is worth our while to inquire how such leadings may be obtained. They can be obtained by living from the spirit, or higher self. Through the



habitual practice of true thought-concentration, we may keep closely in touch with the higher self and thus awaken from within, a steady flow of vibratory power, direct from the spirit, or higher self. This enters the consciousness as a leading and power which then expresses itself through our every act and gradually weaves that web of force-currents which makes up our entire environments. It is in that way that our environments may be improved by thus getting into and producing the interior thought-currents of Infinite good. Blunders, wrong judgments, accidents, obstacles etc., are not very likely to then come to us, simply because we are not in their thought-currents, but are in the force-currents which carry us away from such things and they away from us. The falling brick etc., is not likely to touch him who by producing these thought currents or interior leadings, throws around himself the only safe armor of protection. Hold the thought: *I-am-led-of-the-spirit,-into-the-currents-of-Infinite-good. Praise-the-Law-(Lord)-for-its-powers-and-protecting-influences.*

**3. Self-Teaching.** He who wishes an inflow of knowledge and wisdom, should learn how to throw himself into the reposeful mood of true thought-concentration. The wise teacher would not undertake to teach his pupils during the pandemonium of an intermission, but would first restore order, and that is the first step in thought-concentration. We should still the senses, get quiet, and temporarily suspend our mental activities, by listening for the whisperings of "the still small voice" within. This carries us to the mood which is our beginning. Then as thoughts are reposefully held, their related thoughts will come until we see the subject in its entirety and thus become master of it. Let the lawyer follow this plan in working up a difficult case and he will find, as the mood is carried to the courtroom, that in reposefully presenting his case (if a righteous one.)

to the jury or Judge, in the natural and concentrated order in which it became settled in his mind, his words will carry conviction because backed by the spirit. Let us spend more time in getting ready or in power-gaining, and less in power-spending if we would lessen our labors and multiply results. That is the way to organize victory. The rule may be modified to suit nearly all purposes, conditions and circumstances. Hold the thought: *I-now-restore-order-and-reposeful-harmony-among-my-faculties-and-forces. I-seek-the-mood-of-power-and-repose.*

**4. Self-Knowledge** is the secret of the occultist's power. The way is therefore now open to every true seeker. There are comparatively few who comprehend the powers and possibilities offered through the attainment of self-knowledge from the sources now available. They overlook the scientific value of the occultist's methods. They seem to think that the question is emphasized simply as a means of getting dollars and thus they go on in the old way, cheating themselves at every step of the opportunities, powers and satisfactions which rightfully belong to them.

How few there are who can learn anything of importance except through sad and bitter experience. People seem to learn nature's law only to the extent that they feel its coercive forces. There is a better way for whoever will but awaken from the Adam sleep of self-ignorance. The silence will lead the way. Ask yourselves the questions: *Am-I-making-the-most-of-my-powers-and-opportunities? Why-not? How-shall-I-find-and-apply-the-remedy.*

**5. Self-Culture.** The true student of occultism soon learns by results, why so much stress is herein given to the matter of attaining qualities and powers, instead of mere external results. When the requisite qualities and powers are first attained, abundant success comes as the natural sequence. Character-building or power-gaining is

the true object of life. Happiness, power, service, self-mastery and Love go hand in hand. Principles of occultism must be applied before they can be outwardly demonstrated by results. Our noonday practice of concentration is but an effort to apply them. But they should be understandingly applied, therefore these practices should go hand in hand with the study of our four text-books. Do not jump at the conclusion that these methods are of but little if any use, for until you have tried them in connection with a thorough study of the principles involved, as stated in these books or otherwise, if not in connection also with the degrees of the Brotherhood and our entire course of study, you are hardly in a position to judge. All of these degrees and the course of study are but methods of self-culture. They are the best available methods we know. Do not make the mistake of regarding this simply as a plea for your patronage for we do not need it, nor do we want it unless it can be made decidedly to your advantage as well. We are and have been able to demonstrate these laws in the attainment of success, at least to a sufficient extent to make solicitation unnecessary. Place this matter upon its own merits and silently decide upon your own course. Affirm: *I-am-led-of-the-spirit-only-to-that-which-is-best-for-me.*

**6. Self-Control.** All persons are constantly afforded ample opportunities for the cultivation of self-control. That they do not properly cultivate it is perhaps because their desires for its attainment are "but skin deep." But little can be done until our efforts are backed by our keen desires, because desire is thought force and therefore carries with it the powers of thought. Even our efforts to live moral and spiritual lives are not likely to carry us very high, until we know philosophically and beyond a doubt, that morality *pays* and that "honesty is truly the best policy." Occultism teaches this. People are very willing to reap the rewards

of self-control but seem equally unwilling to pay the price. Natural law will not have things that way and the sooner people know it, will they be able to deeply *desire* and then to successfully cultivate true self-control. Self-control is but thought control; and it is through that, that the occultist derives his powers. Silently try now, to realize that these things are strictly true, and then aspire earnestly to the clearness of thought, the strength of will and the deep desire to cultivate self-control as a means of obtaining its rewards and satisfactions. The opportunity is here. Get your minds clear on the subject and the desire will follow. Hold the thought: *I-will-love-the-interior-omnipotent-law-by-conforming-to-its-principles-in-the-attainment-of-self-control,-or-thought-control-and-its-rewards.*

**7. Self-Defense.** "Order is heaven's first law." Self-defense is its second. Self-defense is the first offspring of individualism. It was through individualism that the universe, or manifestation, became possible. Man the individual is God's sole manifesting agent. In that sense "God sent his *only* begotten son (the power to think or individualism) into the world (or into manifestation) that whosoever (the individual) believeth on him (to the extent of also exercising fidelity to the *universal* laws or forces) might be saved" and thus come back to those universal laws or its source—the source of individualism. All evolution is but an effort of the lowest to come back to its source, or to the highest and thus manifest God or its inherent potentialities (the potentialities of universal law—the law of force.) That is why the first commandment is so full of meaning. In loving "thy God with all thy heart and mind and soul and strength" you are but loving your higher self or interior universal law of life; therefore to be true to this law of individualism, or of your higher self, is to be also true to all universal laws. They are one, and in the realization and un-

derstanding of their oneness is your strength and self-defense. There is much in this to think about, therefore after restoring order among your faculties and forces, let the mind silently and *reposefully* dwell on what has been herein said. Polarize your forces to the unchangeable interior law of life and your soul-life voyage will never go far astray from its direct course.

**8. Self-Help.** He who *masters* the subject of yesterday will need to be told little, if anything, regarding self-help. He will understand why and how "God helps him who helps himself," and that all true self-help is from within. Thought-concentration unifies the forces and faculties in their efforts to draw on the Infinite supply within and to get into the consequent thought-currents of-Infinite good. We can do that now. Steady the forces and faculties and hold in thought the subject and purpose of self-help, also the affirmation: *I-desire-and-demand-good,-first-to-myself,-in-order-that-I-may-do-good-wisely-to-others. I-demand-wisdom,-power-and-the-upholding-of-that-interior-law-which-is-God.*

**9. Self-Recovery.** You once possessed yourself, but for purposes of manifestation and in answer to the impulses of individualism, you "descended into hell" or to the lowest point of evolution, or discordant vibration, and are now slowly working your way back over the evolutionary road which leads to the source of the Divine monad and to a consciousness of the interior Christ spirit. Through thought-concentration and its consequent self-mastery or self-recovery of this Christ spirit, it will, in time, be true of you, that "the third day (of the trinity of manifestation) he arose from the dead (in manifestation) and sitteth on the right hand of God the Father Almighty, (or infinite evolutionary law within) from when he shall come (into the manifest with full power) to judge the quick and the dead." Then you will find it easy to believe in the "Holy Ghost" or Christ



spirit and comfortor and in a way which means something. Silently use this part of the Apostles creed, and in the light of its esotericism. In this way you may hasten that self-recovery of knowledge which will make possible to you the third day of manifestation

**10. Self-Esteem.** Why should we not esteem ourselves? Failure to do so implies a lack of self-knowledge and also the condemnation of that which we are potentially, were and ever shall be. It implies that the thought consciousness is in the bondage and limitations of externals instead of in its interior home or higher self. To thus live in externals is to necessarily suffer the limitations and bondage of low external vibrations. We must rise in self-esteem to the within, or to that which we eternally are, if we would manifest our higher powers. The faculty of self-esteem is truly a leader.

Let us now silently polarize to its leadership by meditating upon those laws and powers of our permanent Being which give us the divine right to esteem ourselves most highly and as the Sons of God. We all are "fallen angels" or "*Prodigal Sons*" who should silently say: *I-will-arise-and-go-to-my-Father-within,-by-holding-my-thought-consciousness-receptive-to-its-meanings-and-powers. I-AM.*

**11. Leo-Currents.** Love currents can, by the occultist, be produced at will, and by a simple process of thought-concentration. It is worth while to learn that art, for Love is power. It requires considerable practice and a thorough knowledge of the principles involved, to get beyond its A, B, C's. The universal Leo currents are now favorable for its study, practice and understanding. Let us thus become more than lions—yes God-like—in strength, and God-like in Love and tenderness. Silently think of Love in its universal relations. Think of the heart. Re-read the essays entitled "Love is power," "Health Recipes" and "Occultism

in a Nutshell," and thus learn of Love's esoteric meanings and of the thought-methods by which its powers may be awakened. Hold the affirmation: *I-am-Love. Love-is-power. Love-is-the-fulfilling-of-the-law. God-is-Love. God-is-the-law. It-is-within-me.*

**12. Honesty.** You would perhaps be shocked to be told that you are not honest. Are you honest with yourself? Then why should you be shocked if told that you are dishonest? Are you not even willing to face that question and let your honesty shine, at least to yourself, to the degree that it is a reality and unalloyed? Do you comprehend all that absolute honesty to self and others implies? Then you comprehend a great deal and have a fit foundation for occult development. Face yourself, now. Peer into the awful depths of your soul and see if you can find no traces of dishonesty. Are there no shams in your life? No remaining scars from the "brand of Cain"? Is there no trace of selfishness in your heart? Then you are not true to yourself—your higher self—for individualism is God's method of manifesting the omnipotence of His Infinite law within each heart. You are not true to yourself or to his methods and purposes if you are lacking in fidelity to self—your higher self. The poor word selfishness has been painfully abused by those who do not comprehend what the true or higher self is. The true self is all related. All things are but parts of itself, therefore justice to these parts demands that man be ever true to himself, or honest to self, as his first and only duty. This duty is all inclusive because the true self is all inclusive. Your selfishness needs to be instructed, developed and directed, rather than restrained. Then, and not till then, will you be honest "to the core," and simply because your individualism will instinctively rebel so long as you ignorantly think that the course of absolute honesty is a sacrifice to its interests. Hold the

thought: *I-will-be-true-to-myself-and-all-others. Honesty-pays. I-demand-absolute-confidence-in-its-powers-for-my-external-good.*

**13. Tact.** Let us polarize to the thought of tact, as a means of adapting the deepest occult principles to our needs in the external world. "Nature never makes any long jumps." It is possible for one's entire attitude of mind to become revolutionized almost instantaneously, but if we attempt to then live entirely in involution, rather than in evolution, we will fail, and perhaps become "neither one thing nor another." What we need is to utilize thought-concentration and its occult principles, as the involutionary or spiritual method of transforming or spiritualizing external things, so they will give greater joy to the soul and greater power to the mind in its efforts to fulfill the Infinite purposes of external creation. We all are the instruments of an Infinite law which is placed within ourselves and which must, in time, become fulfilled externally, through each one individually. Let us not only realize the imminence of spirit, but at the same time be true to the evolutionary principles of our individualism, instead of to vaguely "live in the clouds" in a way that withdraws our attention and powers from the practical duties of the day and hour. If your duty is at present to scrub floors, then do it with the grace and God-like dignity which will attract all others, not to the mere scrubbing brush, or act, but to the *mood* which is able to use the scrubbing brush as a stepping stone to loving and faithful dominion over all God's works. Hold the thought: *I-adapt-the-deepest-occult-principles-to-my-daily-needs-and-duties. I-am-practical. I-fulfill-God's-purposes. I-demand-wisdom-to-understand-and-follow-the-way-to-the-highest-goal. I-see-good-in-all-things.*

**14. Generosity.** Our inherent powers imply the right and duty of planning and living our lives "on a generous

scale." We should not too closely limit our hopes, our desires, our aspirations and our expectations but should build for the eternal. Generosity does not necessarily imply extravagance or improvidence. Generosity should become that consciousness or overflow of strength which results from a reliance upon the omnipotent law within and which is ever willing to give of itself in loving service. Opportunities for service are ever at hand. We serve simply by living the life, or by a life of justice first to the self and then to all others. "Justice before generosity." To give implies that we first receive. If we would "give good gifts" we should, through thought concentration, go to the living fountain or vibratory law of life within and receive of its life and power until we are full to overflowing. Then our giving will be but the spontaneous outburst of a heart filled with Love. Gifts prompted by duty *only*, are lacking in this one quality of Love, which makes of them "perfect gifts." To give as we receive, instead of waiting till we are filled, stimulates and gives a healthful outlet to the interior fountain of Love. Its vibratory forces then flow into our lives like the currents of a river, and like the river should flow on unobstructed and for the good of all. The millionaire who gives, simply because death wrenches his possessions from his grasp, thereby then becomes all the more a slave, where he was once the seeming master. Are we such slaves, perhaps on a smaller scale? If so let us now break the shackles which bind us, by silently holding the affirmation: *I-am-free. The-Infinite-law-within-is-my-unfailing-supply. I-love-it. I-express-its-Love-through-service-to-all. I-am-free.*

**15. Non-Resistance.** "I say unto you resist not evil but over-come evil with good" were the words of the Christ. This does not imply that we should use ourselves as foot-bridges for every one to walk over. It does imply a recognition of the good, first within ourselves and then within



others. We overcome evil in others only by thus awakening that which is good in them, viz, the higher principles of their souls—their higher selves. The arm which is raised to strike, is composed of vibration and is at once disarmed when through loving recognition we get command of the causal law and the vibratory forces from which it derives its powers. Through the awakening of the law of Love in another, his will and body at once come under the dominion of that law. Then self center your thought forces upon that law within yourself. Your thought consciousness thus becomes so filled with its good things that you will then see no evil in yourself or others. In that way the thought causes are set up which carry you into the thought currents of Infinite good where no harm can come upon you. Evil becomes eliminated from your life. You see and judge of things according to their esoteric merits and with the eyes of Love, therefore “with that judgement ye judge shall ye be judged” at once brings to you the righteous judgment of Love and exonerates instead of incriminates you with evil taints. Hold the affirmation: *I-and-the-interior-Father-are-one. Its-omnipotence-keeps-me-from-all-harm. It-cares-for-me. “Though-I-walk-through-the-valley-of-the-shadows-of-death-I-will-fear-no-evil-for-thou-art-with-me. Thy-rod-and-thy-staff-they-comfort-me.*

**16. Order.** Order, comprehensiveness and harmonious perfection are essentials of the omnipotent universal interior evolutionary law. The law itself is changeless. It is only its products that can change. Vibration, or primal energy, is the essence of all its products. The power to think is the universal instrument of vibration and of vibratory or evolutionary law. The manifestation of this latent power is a matter of restoring order among the thought faculties and forces; or in other words a matter of co-operating with that law which is the perfection of order and har-

mony. Within that law-absolute silence reigns supreme, because the law is changeless. Wherever there is change, motion or vibration, there is necessarily noise or sound. We cannot at once obtain absolute silence. If we did, its omnipotence would instantaneously disintegrate all physical or other forms, for forms necessarily imply boundary lines, limitation or bondage. "Matter is retarded motion." We need not fear that through silence our physical forms will become disintegrated. Our nearest approach to absolute silence will merely carry us into that region of high vibratory potency which will fill the body and consciousness with renewed life and power. Concentration is a matter of silence, or of stilling the senses etc., by restoring order among the faculties and forces. Let us do that now. Hold the thought: "*Be-still-and-know-that-I-am-God.*" *The-silence-is-the-Infinite-law-itself. I-am-that.*

**17. Fire.** Let us imbibe the spirit of the fire as a means of purification. The human metal should become free from the dross of low impure thoughts and their retarding vibrations. Purity and high vibration means *power, harmony and happiness*. As through silence we draw nearer to the vibratory law or God within, the consciousness at once becomes filled more and more with those resultants of its purity and potency. Our mental attitude toward the Sun, helps to determine the quality of force which its rays bring to us. Let us be Sun worshipers to the extent of perceiving the esoteric significance of the Sun, so that its life giving rays will bring us more and more of the power of God which is within it. By perceiving the God, within it, we thus furnish more fertile soil from which it can serve to awaken or bring into manifestation the same God or law within us. There is but the one God. In worshiping the essence of its every symbol we are but worshiping our higher selves or the God within. Hold the affirmation: *All-the-power-of-the-Sun-is-mine. Its*

*God-is-my-God-or-law. I-perceive-its-power-as-my-own. I thus-appropriate-its-power. I-love-its-rays.*

**18. Force.** The external universe is composed of force and nothing but force. We, as parts of the universe, are composed of force and force *only*. Our chief need is to understand and co-operate with the law of force which is within us. It is only in that way that we can manifest its omnipotence or fulfill the purposes of life. We must in time fulfill those purposes. We *must* obtain the self-knowledge which makes that possible. Occult science is but the science of force and of life. It is the science of Love, for Love is life. It is the science of vibration, for vibration is but Love or life in manifestation. The degrees of our Brotherhood, our books and our course of study are for the sole purpose of teaching and applying this all inclusive science. They explain the law of force. Do you realize what they might mean to you? Co-operative thought-concentration is but the practice of the principles of that science. The books, degrees, etc., are scientific helps in that practice. Hold the thought: *I-will-learn-and-fulfill-the-law-of-force. I-am-it.*

**19. Time.** The very existence of time and of a mental faculty which can comprehend time, together with the mental desire for continued life, implies and almost conclusively proves immortality and eternity. The Infinite does not and would not create desires and normal cravings (for continued life etc.,) that could not be legitimately satisfied. To do so would be the height of cruelty, and the Infinite is not cruel. Cruelty is inharmony or inharmonious vibration and an obstruction to the workings of that vibratory law of life which is perfect harmony. Inharmony is necessarily self-destructive and therefore impermanent. Within our minds is, at least to some extent, the results of a race fear of "eternal punishment," and the fear that perhaps immortality is not a fact. Let us silently wipe from the consciousness every ves-

tage of these fear forces and of their expression. They may express themselves only indirectly, but so long as they remain in the consciousness they will, directly or indirectly, disturb the peace, harmony and power of our lives. Hold the thought: *I-and-the-Father-(within)-are-one-and-inseparable. This-unchangeable-and-eternal-interior-law-is-my-refuge,-my-strength-and-my-eternal-life. My-power-to-think-is-eternal. I am-that-eternal-law.*

**20. Music.** Let us silently listen for "the music of the spheres" within ourselves. All music is but vibration, and together with its causal law is fully represented within ourselves, at least latently. In finding the interior music of perfect harmony, we are but finding the higher planes of interior vibratory potency, which will then become expressed, to a greater or less degree, through our every act and thought. Harmony is an essential of true silence and can be used as an aid in approaching that interior law which is the *only* absolute silence. Quiet the faculties and forces. Try to hush the senses. Avoid thought for the time-being, and gradually the consciousness will be carried to the within where true power and harmony reigns supreme. Hold the affirmation: *I-am-that-vibratory-law-which-is-perfect-harmony. I-now-catch-the-rhythm-of-its-music. My-consciousness-now-becomes-responsive-to-the-grand-chorus-of-God-which-lies-at-the-scat-of-my-Being. Words-become-profane-as I-get-into-the-harmony-of-perfect-silence. Its-joy-is-un-speakable. I-imbibe-its-life-and-omnipotence.*

**21. Reason.** Basic principles and laws are the only permanent facts. All else is transitory and constantly changing. The outward expression, or "thoughts of God, pause but a moment at any one point." All transitory things are ever changing into those causal laws which change not. These laws are inherent in all that is transitory and are the polarity which makes the evolution of transitory things pos-



sible. It should therefore be plain to all thinking minds that those faculties of reason etc., which take cognizance of those permanent facts called laws and principles, are important if not pre-eminent. He who wishes to now live for the eternal, should habitually exercise these faculties, by dealing with things intellectual, from the standpoint of principle, rather than of mere impulse. There are many who seem to think that "to be led of the spirit" implies the blind following of intuition or impulse, entirely regardless of the reasoning and other faculties. Every faculty was created for use and cannot, with impunity, be neglected. Nature will not permanently permit it. Still the mental faculties and then call up that mood of mind which brings all of the faculties into normal activity. When this is done try to formulate definite principles of life and standards of thought. Think from the standpoint of principle. Hold the thought: *I-am-the-law-of-manifestation. I-utilize-all-my-faculties-and-forces. I-think-from-the-standpoint-of-principle. My-judgments-are-wise-and-righteous. I-have-spiritual-understanding.*

**22. Discrimination.** We are just beginning to come, for a time, under the special influence of the Virgo planetary forces and force-currents, therefore let us try to exercise more of the Virgo discriminating powers, particularly in the matter of thought-concentration and in the due recognition and observance of those important occult principles which pertain to it. We are continually infringing some of these principles and laws, as is shown by the fact that we get but imperfect and limited, though important results. To *fully* co-operate with the underlying laws, would be to realize and fully manifest their ultimate and always inherent omnipotence, therefore let us each take this matter of judgment, understanding and discrimination, home to ourselves. When people hear these things they are apt to say "Oh don't that hit our friend so and so" when it was perhaps intended es-

pecially for themselves. Even Virgo characters are more apt to use their splendid discriminating powers on others than upon themselves. As you concentrate today, try to exercise all possible discrimination in making *sure* that you are drawing on the vibrations from within, rather than upon those from without. Hold in thought the question: *How-can-I-know-when-I-am-drawing-on-the-inner-vibrations-only? I-am-my-higher-self. It-is-my-power-to-think. It-is-within. I-am-now-conscious-of-its-peaceful-and-harmonious-presence.*

**23. Criticism.** True criticism is constructive rather than destructive. The "faults" and shortcomings of others as well as of ourselves, should be dealt with gently, and with that kindness, reverence and charity which is inspired by a knowledge and realization of what we are potentially or basically. The underlying law of life, if truly perceived, shows infinite promise even through its lowest and meanest representatives. To the extent that it is perceived when obscure, does it thus manifest itself in the one so perceiving it. Our mantle of charity should be as broad as the universe. Our critical faculties should be used chiefly to discover virtues instead of vices. A little praise, when inspired by Love, is sufficient to always bring into bolder relief, God's image in man. Let us use it in perceiving and in thus awakening our own better qualities and powers; and particularly in awakening that rare quality which seeks and finds good, and good only, in *all* things. Let the Divine law of life shine within us so brightly, that it will bring to the light of manifestation, our every virtue, and disclose to us the sublime fact that only the *good* is real and true. Vice thus is made to evaporate into its native nothingness. Hold the affirmation: *I-see-good-only,-in-all-things. I-thus-find-lessons-and-good-things-in-every-experience-and-circumstance. I-transmute-my-possibilities-into-opportunities,-powers-and-achievements.*

**24. Foods.** The true bread of life comes only from the vibratory law or "tree of life" within. The interior flow of life-force which is produced through true thought concentration, should be maintained by a habitual observance of that occult practice. This should become more and more our reliance and source of sustenance. Material foods and the digestive process, are a tax upon the vital system, especially with the many whose digestive organs are never allowed to rest. It is thus, that with many, the system becomes so clogged, that every force, faculty and power is injuriously affected. Nervous diseases, billiousness, eczema, rheumatism or some other complaint is the natural outcome. Most persons constantly eat from one to thirty days ahead of their appetite, therefore that mental, alimentive faculty, is abnormal or perverted in its action. It isn't even cultivated, because not allowed to really act. There is a method of using foods so that every mental and physical faculty will become multiplied in its powers, but it could hardly be given here and belongs more to our higher degrees and delineation department where individual tendencies can be taken into due consideration. The question of foods is important and can well be dealt with during the Virgo month when the external force-currents are so favorable. Hold the thought: *How-can-I-multiply-my-powers-through-foods-or-otherwise. I-demand-to-be-led-of-the-spirit-in-this-and-all-other-matters. My-tree-or-source-of-life-is-within.*

**25. Circulation.** Specialized or individual tendencies of character generally are interferences with the interior force-currents. The undercurrents of a character should be known and scientifically controlled. Thought control and thought concentration has a direct bearing upon this matter and should be used as the main reliance in harmonizing and strengthening the interior forces and force-currents. It is difficult to thoroughly control the thoughts, or to *master* the

art of thought concentration, until the nature and tendencies of these force-currents within yourself, are understood. Most people pride themselves on their self-knowledge (too often upon their defects) but are ever ready to admit that most others are sadly lacking in this one essential of self-culture and power-gaining. Self-pride of this kind "goeth before a fall." If, in any way, you fall short of a fulfillment of your highest ambitions and aspirations, you may know that you are lacking and in need of self-knowledge and self-control. Try to silently drive out all fear and to overcome all ignorance as a potent means of removing all interferences with the harmonious and powerful circulation of your interior forces and force-currents. Hold the thought: *My-faith looks-within-to-thee,-thou-lazv-of-calvary,-Saviour-divine. I-have-no-fear. There-is-nothing-that-can-interfere-with-the-harmony-of-my-forces. Let-the-law-of-my-life-manifest-itself-in-full-through-me. I-am-free.*

**26. Vital Force.** Esoteric students often overlook the importance of cultivating the three brain faculties which the Phrenologists call "Alimentiveness" "vitativeness" and "amativeness," as a means of building up the vital forces. These are the faculties which relate to foods, to the love of life and to sex love. Their physical correspondence are the stomach, the lungs and the heart. They lie at the base of the brain and are intended as the base or main support of physical life. As a rule, they are very perverted in their action and therefore bring to individuals all manner of evil consequences, while they might and should bring much good. Are you suffering from the perverted or abnormal action of these faculties? If so you must find and remove the cause before you can escape these unnecessary pains. Pain and unhappiness is nature's hint that you are infringing natural laws. Knowledge and obedience is the only method of obtaining their satisfactions and compensations. Which will



you have? You determine by your acts. Think the matter out during the silence and if possible devise scientific methods of removing the difficulties and in bettering your conditions. Hold the thought: *I-draw-my-force-from-within. I-demand-to-know-how-to-use-every-physical-or-other-means-of-answering-my-needs,-of-increasing-my-happiness-and-of-fulfilling-my-true-life-purposes. I-will-live-for-my-best.*

**27. Vibration.** The law of vibration is the one permanent fact which we call God. It is all and within all, here and everywhere, now and forever. The universe is but its product. Each separate part of the universe, no matter how infinitesimal, is representative of the trinity of factors or essentials which makes the manifestation of that law possible, therefore it is representative of the wholeness of that law and must in time manifest its omnipotence. A thinker, or the power to think, is the one and only instrument, or "only son," of vibratory law—the Father principle. The manifested universe is its transitory ghost, or "Holy Ghost." Vibration or motion is the very opposite of stillness and therefore is necessarily transitory. In fact it is necessarily a "ghost" or illusion, from the standpoint of absolute Being. That which is absolutely still and perfect, or the law itself which we call God, is the only unchangeable and real, in the absolute sense. Let our effort today be to draw the thought consciousness nearer to that interior stillness, or law, as a means of acquiring its leadings of the spirit or "holy ghost," its higher potencies and more of its perfection. Power-gaining is necessarily a matter of bringing that law of force into action by co-operation with its principles. Hold the thought: *I-now-carry-my-thought-consciousness-nearer-to-that-interior-stillness-or-law-which-is-God. My-soul-aspires-to-its-condition-of-perfection. I-demand-the-wisdom-to-find-and-express-its-omnipotence. I-demand-perfect-knowledge-of-vibratory-law.*

**28. Positive.** Every organism is but vibration, or a thinker in action. Wherever an organism is, there also are positive and negative poles and an attraction between them which results in both positive and negative forces. Wherever vibration is, there also is the perfect and complete law of vibration. It is from that interior universal law, that each atom derives its tendency and power to finally serve universal ends. The final evolution of all atoms and of all aggregations of atoms is therefore a foregone conclusion and absolute necessity. Vibratory law is that power behind tendency which makes of necessity "the mother of invention." Invention is its self-created instrument of easier expression. Invention is but a form of self-knowledge. Power is ever the creature of self-knowledge. Self-knowledge is the positive formulated methods of co-operation with vibratory law. Our Brotherhood degrees or methods of self-culture are but efforts to co-operate with vibratory law. This all-important law of vibration is clearly and fully explained in this course of study. So far as we know "and to the best of our knowledge and belief" as lawyers would say, there is no other source than this, (or that is not at least borrowed from this) where the law of vibration has been fully and conclusively explained. Our explanations make each of its essential principles absolutely self-evident, and that is the *only conclusive* authority. Hold the affirmation: *I-am-the-law-of-vibration-in-action. I-demand-that-understanding-through-which-I-can-manifest-its-omnipotence. My-present-demand-for-this-knowledge-is-the-self-created-positive-pole-which-must-bring-that-knowledge——its-negative.*

**29. Negative** forces represent the "slack-rope" of power. Negative conditions are representative of the preliminary halt, which marks the beginning of our polarization back toward first cause, through the involutionary process of physical death. They tend to withdraw the un-

derlying support from that which we have already accomplished. We should become negative to the interior vibratory forces *only* and by thus renewing our powers, *uphold* accomplishment. So long as we are in the positive outgoing evolutionary process of manifestation, let us thus manifest for all we are worth; and we should not forget this important habit and practice of thought-concentration as a means of turning on a pressure of power which will make our acts fairly glow with the manifesting power of Divine Love. The negative moods of thought-concentration are for the self-centering purpose of thus giving a better backing of power to positive acts and moods. Hold the affirmation; *I become-negative-to-the-interior-vibrations-only. I-thus-draw-my-positive-power-from-within. God-is-my-strength. I-im-bibe-a-consciousness-of-my-interior-omnipotence.*

**30. Attraction.** Love is the supreme gift and fact of existence. Your thought dwells upon and attracts that which you love. You love that which will make you happy. You can become permanently and supremely happy only by that wisdom and self-knowledge through which you are able to fulfill the divine purposes of your existence. You should therefore let the thought dwell upon the subject of wisdom and self-knowledge until you thus attract it and its resultants to yourself. Solomon wisely wished for and obtained wisdom. The proper study of mankind is that manifesting law within, which is both man and God. Thought-concentration polarizes the mental forces to this interior law and serves to fill the consciousness with the power of silence. If you wish to be successful then keep your thought battery well charged with the powers to be derived in the silence. "Learn to labor and to wait." Those who search too earnestly for knowledge, happiness and power from the without, will be compelled to wait for it until they learn how to find it in the silence, or by thus waiting. Hold

the affirmation: *I-am-the-power-of-silence. I-attract-my-own-by-finding-the-deep-and-more-powerful-vibratory-currents within. I-now-seek-perfect-rest-and-silence.*

**31. Circles.** Let us think of the many individual members of the Brotherhood, each of whom is trying, however feebly, to represent this great truth of man's inherent divinity; and to build within the self (through this devotional practice) a fire of Divine Love which will bring to the surface a better manifestation of Divine power. Think of the aggregate results of these united powers. To observe the practice by yourself would insure rich blessings, but to act as a representative or link in this great ever enlarging chain which encircles the globe, and the influence of which will, sooner or later, permeate its every avenue, is to set up causal forces which will surely attract co-operative helps, the possibilities of which, only the eye of faith and spiritual understanding can perceive. Let us silently praise and glorify the law which makes such things possible. Let us feel reverentially thankful that happiness, power, knowledge, wisdom and attainment go hand in hand and that being obtained on the easy terms of thought control, are thus placed at our disposal and absolute command. Silently search in thought for "the best thing of the month" which has come during these noonday devotional practices, and thus build the essence of their helps more deeply into the soul as a living active factor and power for your future good. Renew your resolution to observe still more faithfully for the coming month the true principles of thought concentration. Hold the thought: *I-love-myself-and-all-others. That-within-myself-which-I-love-most-is-likewise-inherent-within-all-others. In-loving-it-and-them,-I-am-but-loving-myself—my-higher-self.*

## Noonday Helps.

Copyright, 1899, by Ernest Loomis.

The Home Silent Thought Brotherhood has grown to such proportions that it is thought desirable to announce, through this publication the daily subjects for silent thought-concentration or devotion which are held at headquarters during each noon hour of the month, and also the general remarks by Mr. Loomis which are made in reference to those subjects at the close of these noon-hour periods of silence. The object of course is to offer aids to each member of the Brotherhood who wishes to scientifically awaken and effectually use the occult powers within himself. It is thought that if all should use the same subjects daily it would tend to unify the co-operative thought currents, so they will become one grand diapason of harmonious forces and influences to then be used for the good of all. We have repeatedly presented the principles of the philosophy and also its applications, and the thing now to do, is to "live the life" by applying those principles. We desire at all times to be intensely and scientifically practical in our methods, and not only to awaken these wonderful vibratory effects but also to use these occult forces and methods in the attainment of knowledge, wisdom, power, success, health, growth, happiness, etc.; in fact, in accomplishing every proper and practical purpose. These are times when if we are wise we will immediately prepare for that which is to come by now utilizing every practical means of becoming more and more united in our efforts in these directions, for "In union there is strength."



## NOONDAY HELPS.

True union should begin in co-operative thought. Even science as well as occultism has convincingly proved that "thought goes in waves," therefore true co-operative thought tends to organize these vibratory thought waves or forces into powerful currents, which by our methods can by each individual member of the Brotherhood be drawn on daily for all daily needs. The individual member will reap these reflex advantages and their consequent material advantages in proportion to his ability, through thought concentration, etc., to find his own higher self, or in other words, he should attach his thought consciousness so closely to the higher self that he will manifest its potencies in his every act. We would be glad if those who are in favor of having these noonday subjects appear in the magazine would let us hear from them to that effect. In order that these subjects may be prepared in time to appear promptly the first of each month, the present number of the magazine is made up of some very interesting material which required no preparation.

### To Authors and Others.

We have recently added a fine printing plant to our establishment, and are prepared to bring out books for authors on very favorable terms. If the books are good ones we can also greatly aid in selling them, as our facilities for selling are enlarging all the time.

You could perhaps evolve ideas that would be of great service to the world. The time is rapidly approaching when people will think, as they never before have, and on these very lines of metaphysical and occult philosophy, therefore, if you have really good ideas there will be a demand for them, and it is perhaps your duty to give them to the world and thus benefit the world and yourself more effectually than you could in most any other way. Send all orders and all communications to Ernest Loomis & Co., 70-72 Dearborn St., Chicago, Ill.

## To Occultists.

We have recently been greatly enlarging our facilities and the general scope of our work, and among other things which came up for consideration was the opportunity to obtain for our readers not only the interesting pages herein given, but also the small and final remnant of the only remaining English edition of a rare occult book on the "Philosophy of Natural Magic." This book was written nearly five hundred years ago by the famous mystic Henry Cornelius Agrippa, Counselor to Charles the Fifth, Emperor of Germany and Judge of the Prerogative court.

The one copy from which this present edition was edited and published, cost seventy-five dollars, but it was the intention of the publishers to sell this beautifully bound edition at \$5.00 per copy. Owing to some financial miscalculations and for other reasons, the whole matter has been turned over to us for final disposition. It is desired that these few remaining copies should go to those true mystics who would fully appreciate the work, therefore to place it within the reach of all such, we will make the price \$5.50 per copy (including postage) and will also send free of charge, to each purchaser, four copies of our book by Ernest Loomis, entitled "Your Practical Forces." By a little effort these four books can be disposed of at \$1.25 each, so that the Agrippa book would thus cost only 50 cents. It goes without saying that every earnest student of occultism should possess this rare occult book, as it gives many esoteric clues to hidden truths of great value. Those who do not feel able to spare the whole \$5.50 at present can send a deposit of \$1.00 or more and have a copy held for a time. If orders come after the edition is exhausted the money will of course be promptly returned.

Aside from the many short chapters on Natural Magic, the general character of which may be known from the partial list of contents and the few pages herein given, are some very interesting chapters, illustrations, etchings, occult symbols, etc. The fourteen page chapter on "The Nobility of Woman" indicates the high esteem in which Agrippa held the sex. "The Order of the Empyrean Heaven," the "Symbols of the Alchemists" and the Exposition of the Cabala are chapters which will doubtless be of special interest to many. The book is printed on paper which was over seven times as expensive as this, therefore the numerous illustrations are brought out in excellent shape, and as the binding is correspondingly fine it makes of the work something that purchasers may well feel proud of.

## What Our Brotherhood Should Do.

Brotherhood implies co-operation. True co-operation should begin in thought, but it should not end there. Daily co-operative thought has been and will continue to be a dominant note or keynote in our work, but there are other opportunities for mutual helpfulness, which are the natural result of these co-operative thought-practices, and the time has come when to postpone action in regard to their fulfillment, would be to vainly obstruct the evolutionary law of life, of Brotherhood and of Love. Why could we not in our efforts to fulfill our mission of mutual helpfulness, constitute the Brotherhood or their representatives at Chicago, as a vast supply house and purchasing agency, which would bring producers and consumers nearer together? Chicago is unquestionably one of the greatest, if not the greatest distributing and trade center on the continent, and it offers purchasing advantages such as are not easily obtained elsewhere, therefore by thus uniting the Brotherhood members and others, in their purchases, we would create a purchasing power sufficient to command as favorable terms as could be obtained by the largest wholesale dealers. As a means of offering such advantages to our members, we have provided the necessary financial backing, and have secured favorable wholesale prices on most every line of goods, such as Books, Stationery, Groceries, Dry Goods, Carpets, Cloaks, Clothing, Boots and Shoes, Jewelry, Watches, Furniture, Hardware, Stoves, Agricultural implements, Harness, Buggies, Sewing Machines, Crockery, Pianos, Organs, Musical Instruments, Music Books, Sheet Music, Furnishing Goods, Hats, Photographic Goods, Bicycles, etc, etc. We will give purchasers the advantage of these prices which are guaranteed to be as low, or lower, than those offered by the largest, oldest and cheapest supply houses in Chicago. This general guaranty insures to customers the lowest possible prices, and as orders justify we will from time to time issue catalogues giving detailed descriptions, quotations, etc.

We wish members or others to send to us for anything they wish in the lines of goods above enumerated. We will exercise all reasonable scrutiny over all purchases of goods, and guarantee that nothing will go to customers at a shade of variation above its real value. In ordering small articles be sure to send a sufficient amount of money, and any amount that is left over will be promptly returned. In ordering large shipments or expensive articles send what amount you think your purchases will come to, and if it should be too much, the balance will be returned to you, or if too little the balance can be paid on receipt of goods. Send to Ernest Loomis & Co., 70-72 Dearborn St., Chicago, Ill.



## SPECIAL.

There are many important occult and other reasons why each reader and each individual member of the Home Silent Thought Brotherhood should in their respective localities, begin at once to establish thought centers for the generation of helpful forces and occult currents, that will aid not only in their own affairs, but also in relieving and harmonizing the intense general conditions which are likely to continue for some time. This means you. Do you ask how to begin? You could begin by putting into practice some of the occult principles, formulas and observances, such as have been given in the Occult Science Library. If you have forgotten what they are, then re-read them at once, or better still, form a parlor group of two or more interested friends, and read them aloud and then discuss and put into practice the principles and leading points. The larger the number which can unite harmoniously in such a group, the greater will be the forces so generated. "Thoughts are things." There are thousands who are beginning to realize that fact, and to form groups as above suggested. The result has been marvellous. Just think for a moment how it is likely to grow, and the greater the growth the greater will be the power thus created for the benefit of the whole and of each individual member. It is something you can do. Begin now.

Readers are requested to ask their newsdealers for the Occult Science Library. We would make favorable terms with salesmen who would travel and place our publications with newsdealers and others. Those who desire to teach Occult Science, or to prepare for teaching, would do well to correspond with us.

We have a 50-cent, 400 page book on the marriage question, by Alwyn M. Thurber, entitled Royal Hearts, which on payment of the postage (15 cents) we will send free to any one who orders our Occult Science Library series, amounting to \$1.00 or more, and also to those who order one or more of the following publications, viz.: Your Practical Forces, by Ernest Loomis, price \$1.25; Zelma, the Mystic, \$1.50; Power of Silence, Dresser, \$1.50; Old and New Psychology, Colville, \$1.00; Karezza, or the Ethics of Marriage, Stockham, \$1.00; In Tune with the Infinite, Trine, \$1.25; What All the Worlds A-Seeking, Trine, \$1.25; All's Right with the World, Newcomb, \$1.50; Sex Worship, Clifford Howard, \$1.25; The Three Sevens, Phelon, \$1.25; Supply, McGowan, \$1.00; Regeneration, \$1.00; How We Master Our Fate, Gestefeld, 75c.; Through the Invisible, Tyner, 75c.; Healing Thoughts, Barton, 50c.

Address

OCCULT SCIENCE LIBRARY, CHICAGO

# Character Delineations

---

It is designed in this important department of our work, to offer students the safe means of obtaining that true self-knowledge which is at the foundation of all development of occult powers. It is only when one **fully understands** his individual talents and capacities, that he can **make the most** of them. To the degree that one lacks conscious omnipotence, does he need self-knowledge.

This department was originally intended, exclusively, for the somewhat advanced members of our Brotherhood. The entire cost of our first five degrees of the Brotherhood, which includes these delineations, two books, and the OCCULT SCIENCE LIBRARY MAGAZINE for a year, is \$7.50 (only \$2.50 more than the delineations alone), and, it is a **great advantage** to take the delineations in connection with the degrees; but, they will be given separately if desired. The five degrees may be taken at one time.

In these delineations we undertake by exhaustive and scientific methods, to ascertain what are the various esoteric undercurrents of the character in question, and thus are we able to give helps and accurate advice for the development of the individual talents so discovered, such as could be obtained, perhaps, in no other way. Do you value business success and growth?

## Your Business Adaptation

Is the most important question you have to consider. You cannot **over-estimate** its importance. Failure, disappointment, regrets, and humiliations are the almost **certain** results of ill-chosen pursuits. Most persons **stumble** into business, or, are thrown into it by accident, temporary necessity, misguided ambition, or perverted fancy, without any serious **thought** as to their real **fitness** for the vocation they adopt. The natural consequence is waste of time and life's forces, loss of hope and courage, and a sapping of the very **foundations** of success and talent.

## Success is Certain

In most cases where they get into the right place, and then work faithfully, with the earnestness which hope and adaptation inspires. Most persons have ten times more talent than they think, and waste their very **lives** in occupations which yield only about **one-tenth** of the money and happiness that would be possible in an occupation scientifically determined by their inherent constitutional biases.

Address

**OCCULT SCIENCE LIBRARY.....Chicago, Ill.**



## NOTICE.

There are many students of Occultism who have expressed a desire to investigate the very interesting and useful literature which has been published on Healing, etc. A friend of this work (Fanny M. Harley) in whom we have confidence, has made a careful review of the following books on such subjects and recommends them to such investigators. The titles are as follows, namely: "Practical Healing for Mind and Body," by Jane W. Yarnall, cloth, price \$2.00; "The Good Time Coming," by Jane W. Yarnall, cloth, price, \$1.00; "Practical Metaphysics for Healing and Self Culture," by Anna W. Mills, cloth, \$1.50; "Between the Lines," by Hannah More Kohaus, cloth, \$1.00, paper, 50c.; "Soul Fragrance," (poetry) by Hannah More Kohaus, illuminated cover, \$1.25; "Blossoms of Universal Truth, or Divine Thoughts for Every Day in the Year," by Hannah More Kohaus, price, 50c.; "The Law of Correspondences Applied to Healing," (new) by J. W. Colville, price, 50c.; "Sermonettes from Mother Goose for Big Folks," cloth, \$1.00, paper, 50c.; "Heilbroun, or, Drops from the Fountain of Health," leatherette, 50c.; "Elizabeth, Christian Scientist," by Matt Crim, cloth, \$1.00, paper, 50c.; "Out of Law into Gospel," by Sarah Elizabeth Griswold, paper, 50c.; "A Spiritual Tour of the World," by Otto A. de la Camp, cloth, \$1.00; paper, 50c. Also for children, "Springwood Tales," by Helen Augusta Fussell, price, \$1.00; "The Cup Bearer," by Helen Van Anderson, cloth, \$1.00; "Johnny's Victory, or Pictures Made Real," by S. E. Griswold, stiff paper, 25c. These and any other books on these subjects will be sent postpaid on receipt of price from this office. Address,

**OCCULT SCIENCE LIBRARY,**

70 Dearborn St., Chicago.

---

**Universal Truth** is a monthly magazine teaching that knowledge, health, love and abundance are omnipresent now, and are for every one who chooses to appropriate them. Annie Rix Miltz is now writing the International Bible Lessons, and Fanny M. Harley is continuing the Simplified Lessons in the Science of Being, the first of which was published in the October number, 1897. All back numbers may be obtained.

**Universal Truth** teaches how people by building their lives on a Metaphysical basis, may attain to the divine ideal which the Christ held out in his teachings when he said, "Greater things than these ye may do."

Price, \$1.00 per year. Address,

**UNIVERSAL TRUTH,**

87 Washington St., Chicago, Ill.

# NOTICE.

THE demand for back numbers of the OCCULT SCIENCE LIBRARY has been so great that some of the editions are already exhausted. As the first seven numbers, together with other matter, are now published in book form (silk cloth, larger than 12mo., price \$1.25) it is not certain that they can be had separately after the few remaining copies are sold. We can yet furnish separately the following numbers of Vol. I, viz: "Power of Co-operative Thought to Produce Results in all Business and Art," "Love is Power," "How to Rule Your Kingdom," "Useful Occult Practices," "Esoteric Laws of Happiness" and "Occult Helps," and of Vol. II we have "Occultism in a Nutshell," "Marriage" and "How to Create Opportunities." (Price 15 cents each.)

The tremendous importance of these publications, and of the practical occult helps which go with them, are now widely recognized. The Smithsonian Institute, at Washington, recently sent for them for their library, and many other of the highest scientific, educational and ethical authorities in the land have in many ways given especial recognition to their worth.

Thousands of individuals of more or less prominence have voluntarily expressed their gratitude for the helps it has been our pleasure to so render them. We are only too glad to help and regret that we cannot give individual advice to the many who write for it, but who do not conform to our simple rules. The first five degrees of our Brotherhood are for the purpose of giving helps, and if we give individual advice in personal affairs we must have the data which will enable us to base it on sound scientific principles. It is only right that we should decline to take the responsibility of giving it otherwise. All communications should be addressed to

ERNEST LOOMIS & CO.,

4731 CHAMPLAIN AVE., CHICAGO.

# YOUR PRACTICAL FORCES

IS AN ELEGANT VOLUME, BOUND IN SILK CLOTH AND  
PRINTED IN CLEAR TYPE ON SUPERIOR AND  
HEAVY SIZED AND SUPER CALENDERED  
PAPER. IT IS 9 IN. LONG AND  
6½ IN. WIDE.

PRICE, \$1.25.

## OPINIONS OF THE PRESS.

### From BOSTON IDEAS.

"This writer is one of the very strongest exponents of spiritual philosophy as put into heartfelt practice, that we have read. He reaches into the heights, plunges into the depths—but is not visionary, for the reason that he forces his words of inspiration into such solid moulds of practice that the reader absorbs helpful thoughts and feels conscious that their spiritual gist will finally penetrate even the most bulky portion of his physical organism through the medium of a mind heartily impressed."

"Mr. Loomis treats his subjects in detail with a masterly conviction, producing peculiarly effective results. Results are what we are all searching for—reasons and proofs of the faith that is in us; and the earnest seeker after light will obtain the truest of help from the words of Mr. Loomis. It is knowledge of the life-powers with which we are endowed and we know so little how to use that the writer seeks to forward and promulgate; a knowledge that shall teach us how to use instead of waste the spiritual virility ready at hand within us."

"The infinite power of thought is what Mr. Loomis teaches with a power singularly searching, simple and true."

"This Library and the organization which it represents are a very potent factor among the true 'reform' forces of our land, and we cannot too highly commend it to the attention of readers. It will establish a current of thought whose advantageous results will be perceived in business and home—to say nothing of the lighter heart and happier soul into whose heirship it will assist you."

### From The ESOTERIC.

"His suggestions are clear and deeply metaphysical, and many of the practices taught are thoroughly practical, and of a nature that we can conscientiously recommend, providing we know that those to whom they are recommended are truly devotional. At the present time there seems to be a popular craze for the acquisition of occult powers which will enable the individual to gratify his many desires. It contains more practical thought in the direction just indicated than all the Theosophical literature put together. The teachings are careful, and, in many respects, wise and devout, yet we think the editor commits a serious error in reaching out with an evident intent to teach the selfish mind methods for its gratification. Upon the whole, we believe that this is one of the best works for the study of occultism now being published."

### From CHICAGO INTER-OCEAN.

(Lillian Whiting's Boston Article): "Recently there has come into my hands a book from the Occult Science Library, Chicago, with an essay by Ernest Loomis, which offers a very simple and clear explanation of the manner in which thought acts upon outward events."

### From ELEANOR KIRK'S IDEA.

"It is about the clearest and most inspiring statement of truth that can possibly be made. It shows the way to freedom by clarifying the understanding. It has been read and re-read in this office, and will continue to be studied. Everybody who can think two consecutive thoughts should have it where they can read and re-read it."

### From UNIVERSAL TRUTH.

"Students who desire for everyday use an intensely practical book, which shows in detail how to apply thought forces, etc., to the affairs of everyday life, should possess this singularly deep, comprehensive and helpful book. As the author's special forte is to give actual helps, rules, etc., which enable students to apply this philosophy in their affairs of everyday life, the book is especially opportune for these depressed times, and may be used as a means of relief by all who are under the stress of heavy business or other burdens. It shows in simple, forcible and convincing ways how thought forces may be used in all business and art. In that respect it is very like Prentice Mulford's White Cross series, only, perhaps, even more convincing and explicit, giving somewhat deeper teachings. Lovers of Prentice Mulford's writings will especially welcome it as offering to each reader the daily co-operative helps of his proposed 'Church of Silent Demand.' Each purchaser of the book is without charge thus made a member of the Home Silent Thought Brotherhood, and therein is given rules by which he may gain daily helps from that Brotherhood through the power of co-operative thought. The book contains seven essays (together with other matter), on the following subjects: 'Power of Co-operative Thought to Produce Results in all Business and Art,' 'Love is Power,' 'Woman's Occult Forces,' 'How to Rule Your Kingdom,' 'Useful Occult Practices,' 'Esoteric Laws of Happiness,' and 'Occult Helps.' The phenomenal sale of these essays in another form has demonstrated to our satisfaction that they will be as popular in this more permanent form."

# ORDER FOR CHARACTER DELINEATION

From Portraits, Date of Birth, Etc.

.....189

**ERNEST LOOMIS & CO., Chicago, Ill.:**

Enclosed find.....dollars, for which please furnish written description of character, as follows:

Name of person.....Sex.....

Date of birth.....

Hour (as near as possible).....

Where born (near what large city).....

Circumference of head.....inches.

From root of nose over top head....."

From opening of ears over top head....."

Height of person.....feet....."

Size around chest just under arms....."

Size around the waist....."

General weight with ordinary clothing.....pounds.

Color of hair.....Of eyes.....

Complexion.....

Extent of education.....

Health.....Married or single.....

Number of portraits sent.....which, with description, are to be returned to

Name.....

Street.....

Postoffice.....

County.....

State.....