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# Free Correspondence Lessons

## IN OCCULTISM, By Ernest Loomis.

This department of our work is for those who wish to thoroughly develop their occult powers and then to use them not only in all business and art but also in matters of health, in helping others, in the acquisition of knowledge, in the formation of business and other plans, in character building, in judgments of human character, in the pursuit of happiness, in fact, in the accomplishment of every practical affair in life.

The average student's inability to properly apply the principles and methods of occultism and thus to adequately demonstrate through results, its magical powers, is due, first, to his failure to fully grasp the esoteric meanings of some of the underlying principles of the philosophy. Second, through failure to comprehensively understand the relations which each of its esoteric principles sustain to all the others. Third, through lack of that true self-knowledge which teaches the relation of the interior forces to the Infinite and to the external world. Fourth, through opposing unknown esoteric undercurrents of the individual character. Fifth, through peculiarities of temperament and misunderstood individual tendencies. Sixth, through wastes of force, through lack of thought control, through unknown psychic influences, through the sex functions, and otherwise. Seventh, through his consequent inability to properly govern the moods, marshal the faculties and mass his occult forces.

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Second. Through the co-operative thought practices which are taught in those books and which are then practiced daily by the student, and in connection with thousands of the members of our Brotherhood.

Third. Through others of the \$17.00 worth of books which are given to the members with this course of correspondence lessons.

Fourth. Through a thorough character delineation which is given the member by our Mr. Loomis. These delineations show by exhaustive scientific methods the various esoteric undercurrents, peculiarities and individual tendencies of his character, and offer him helps and accurate advice for the development of his occult powers and the individual tendencies so discovered.

Fifth. Through helps to be used daily in the conservation and transmutation of the forces.

Sixth. Through special daily thought helps and co-operative helps, to be also used with the above objects in view.

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There is at present no charge for these lessons, the only charge being \$21.00 for the \$17.00 worth of books, the character delineations, etc., and which are a necessary part of the course.

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[NOTE.—This series of daily subjects began in the March, 1899, number, the opening issue of volume VI. All back numbers can be obtained at 15 cents each.]

## Daily Subjects and Drills for the Universal Church of Silent Demand.--Continued.

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**I. Cancer Currents.** In the attainment of thought control and power, every practical help should be utilized. But these helps should be ever held as subservient to the main help and work within ourselves. The Zodiac is representative of the general, or universal currents of force. The character of these general force-currents may be known by those who understand the esoteric meanings of the various Zodiacal signs, and of the planets, as well as the combinations produced by the relative positions of the planets.

In preparing these helps to concentration, it is desirable that the signs of the Zodiac and the corresponding general force-currents should be taken into consideration, that we may go with the tide, rather than against it. But it would seem to be a mistake to herein attempt any exhaustive explanation of the influence of the Zodiac.

These helps are given for the sake of the individual members of the Brotherhood, instead of for the sake of Astrology. Your attitude toward Astrology and toward all other systems of correspondency which seem to emphasize the doctrine of fate, should be something as follows, viz, "I am very willing to even thankfully accept your helps, but I propose to put you on your good behavior. If you want



my co-operation you must bring good things *only*. As soon as you undertake to bring evil things I will forsake you entirely, for the God within, through which I will exercise my rightful powers of mastery over fate. I wish to make the road to mastery as easy as possible. That is why I accept your co-operation to the extent that it is helpful." Let the noonday affirmation be: *I-now-seek-the-mood-of-self-mastery. I-connect-with-the-currents-of-universal-Good-only. I-am-master.*

**2. Lunar Changeableness.** The Zodiacal sign Cancer is said to be governed by the Moon. The Moon is very changeable, therefore its cancerous forces can be helpfully utilized in making those interior adjustments which better polarize our forces to the higher self, or to that interior law which is changeless. We should be especially careful just now, lest we change from that which is already right, or "jump from the frying pan into the fire" lest we "fall from grace" by forsaking the true basic principles of occultism. Do you think you can stand by the principles of thought-concentration during the entire month? Do you propose to observe this noon hour practice each day during the month? If you do, you will probably make more real progress than at times when the general force-currents are steadier. It requires many storms and winds to thoroughly fortify the roots of an oak tree. Your strength needs tests as a means of making you the conscious master of your forces and your fate.

If during this month of complex force-currents, you fail in the mastery of your own forces, do not be in the least discouraged, but "try again" in the observance of thought-concentration etc. You do not really fail until you give up, and the way not to fail is to never give up. Temporary failure should bring home to you the lesson of your need. Even that lesson is progress. *There is no failure* to him who

constantly tries. Such a thing is imposible. The souls principles are unconquerable. No adverse circumstances can subdue them. In their strength you can subdue all adverse circumstances, thereby becoming master of your forces, of yourself, of your higher self—the highest work of God. Hold the affirmation: *I-am-unconquerable. I-conquer all-obstructions-to-my-highest-growth. The-I-AM,—or—higher-self,—is—my—sole—reliance.*

**3. Cancerian Complexities.** As Cancer is ruled by the changeable Moon, it is not strange that persons born in that sign (June 21st to July 22nd.) should possess many complexities of organization. Their interior sensitiveness and the consequent tendency to defend it, often causes them to seem harsh. So also does the "hen with one chicken" seem harsh in her motherly efforts to defend it. This cancerian mother principle is not really harsh, but very tender, and kindness and love is all that is generally necessary to bring it to the surface. Cancer is a watery sign, and hence its children often seem cold and unresponsive, but beneath their mother love, are instincts which need only a thought-child of high purpose and stability to bring out a wealth of affection and responsiveness.

We each of us have our complexities of organization and now is a good time to try and harmonize them through thought-concentration. The Moon-like changeableness of the now prevailing Cancer magnetic influences, make it easier for us to fall from that which is right, if we are not well fortified, but if we will but become fortified through concentration, by the harmonizing stability of the higher self, it makes it all the easier for us to fall from our mistakes and imperfections into the orderly workings of natural law. This will serve to illustrate how points of weakness can always be made points of strength, and how trials offer opportunities that can be transmuted into achievements.

Every faculty and every weakness is improvable. Hold the thought: *I-adjust-my-imperfections-in-accordance-with-the-absolute-universal-principles-of-my-higher-self.*

**4. Sensitiveness and Tenderness.** Cancer people are not the only ones whose sensitiveness sometimes becomes a disease. After throwing yourself into the occultists mood of repose, wherein you feel the over-shadowing presence of the higher self, then meditate upon this subject of sensitiveness and see if you cannot remember instances in which your "poor little feelings" have, through ridicule or otherwise, caused you to swerve from that which is right. Do you tell "white lies" simply to avoid giving hurts, or is it because you are too cowardly to speak the truth? Do you pretend to that which you are not? Would you fear to expose your inmost secret thoughts? Do you make pretenses of friendship which are unreal? Do you profess to have received pleasure at times when you were only bored? Do you indulge in the many conventional hypocrisies which courage and a reliance upon Truth would enable you to avoid? Do you submit without protest to the tyrannies of uniformed officials, or those behind glass windows, or iron bars? Do you forego the attainment of knowledge by asking questions, for fear of exposing your ignorance? Do you distrust principles of life which are self-evident? Is there not many ways in which you are thus bullied into things which are unsound in principle, and simply because of oversensitiveness or cowardice? Let us try to root out our imperfections and to be sensitive only to the Good and True. Hold the affirmation: *Truth-is-my-life. I-rely-upon-it-implicitly. My-interior-principles,-my-tastes-and-my-aversions-to-untruth-are-holy-and-sacred-to-me. I-stand-by-them.*

**5. Feeling.** Each individual should understand how to educate and control the feelings and affections. Thought control and the attainment of the right moods, is dependent

largely upon the practice of that art. Lack of control of the feelings is liable to lead to outbursts at the wrong time, when the consequences would be almost as disastrous as would be the explosion of a steam boiler. These human feelings when properly controlled, offer a base of power for spiritual growth and accomplishment.

This is a time of year when conditions are naturally stimulating to the feelings, and when their control, or its opposite, would be most prolific in results good or bad. Let us seek the perfect mood, the mood of success, of power and of happiness. Then let us try to maintain it for the next twenty-four hours. If this method of thought concentration is successful, even to a slight degree, during that time, then the same rule holds good on other occasions and accumulates in effectiveness, as power is thus gained. Hold the thought: *I-control-my-moods. They-cannot-control-me. My-soul-is-invincible.*

**6. Sympathy.** You are responsible to the Infinite (interior law,) for the use you make of your force. Sympathy is force. It should not be given indiscriminately or promiscuously. A great lesson for each to learn is that sympathy should be withheld at times. A greater lesson for each to learn is that the Infinite is the only safe reliance in times of need. You do others an injury if you teach them to lean upon you instead of upon the Infinite within. Temporary external help should of course be given at times, but in accordance with a principle, instead of in response to "sand-bagging" demands upon an uncontrolled fountain of sympathy.

True help is to help others to help themselves. That is the method of infinite law. When on a high spiritual plane, try to reach still higher. Carry others with you, instead of allowing them to drag you down to a lower level, through injudicious demands upon your sympathy. Words of truth

which bring others into right relations with their own souls, are more kindly than to merely cry with them for company, when they are in the wrong. Hold the affirmation: *I-control-my-sympathies-and-my-forces. I-give-sympathy-wisely. I-am-just-to-myself-and-all-others.*

**7. Maternal Love.** The Cancer maternal influences and tendencies should inspire us to be faithful in tilling that spot of ground which nature left in our keeping. This means that we should be true to ourselves and to our own forces. Injustice to self necessarily means injustice to others. You cannot waste your forces, or sacrifice yourself, without cheating the world of that which you should contribute to the general good. You best serve the world by truly serving yourself, and vice versa.

Begin now with high resolves and a noble ambition and then nurture that ambition day by day in the maternal womb of silence, and you will at length gain the power to fulfill your fondest hopes. The true occultist knows no such word as fail. He deals with causes and therefore has consequences under his own control. Thought concentration is an ever available method of gaining powers and results by thus dealing with causes. Hold the thought: *In-silence-I-gain-the-power-to-fulfill-my-true-mission-to-myself-and-others.*

**8. Maternal Covetousness.** The maternal instincts sometimes combine with hoarding or covetous faculties. These instincts pertain to the offspring of our thoughts and heart's desires, as well as to physical children. Now is a good time to adjust ourselves to higher standards in these respects. Do we hoard or covet mere material possessions and other symbols of power instead of power itself? Do we neglect to exercise our maternal instincts in duly prizing those treasures of character and fundamentals of power which



pertain to the eternal? Are we living for the eternal instead of for things that are temporal? If so we are all the more likely to gain both. The one is the reality and the other its symbol. Character building or force-massing should be our constant work, and now that the external conditions are so favorable, let us "spread the wings" of our maternal instincts and hover over the all-important principles which pertain to true thought concentration, thus gaining in force, in power, in happiness and in all that the heart holds dear. To concentrate upon mere symbols tends to interfere with the harmonious action of the forces. Hold the thought: *I-now-forsake-mere-symbols-for-their-realities-and-thus-gain-both. I-polarize-my-forces-to-the-best-and-the-true. My-own-will-come-to-me.*

**9. Depressing Psychic Currents.** The complexities of character and sensitiveness of persons who are born in the Zodiacal sign Cancer is to a large extent caused by their susceptibility to external psychic forces and the force-currents or magnetic rays which come from the Moon. It is common for them to become depressed after sundown and especially at full moon periods. Nearly all of their mistakes and shortcomings are but the results of coming under the temporary dominion of harmful external force-currents and psychic influences. The remedy is therefore in polarizing their forces to the within, to the higher self, to that law of life which has so abundantly endowed them with natural talents and virtues.

Chapters could be written upon this subject, but space forbids, therefore suffice it to say that a majority of people are greatly lacking in the true interior polarization of their forces and consequently are greatly in need of the helps which may be obtained through co-operative thought concentration; and especially is this so at the present time when the psychic and Moon forces are more potent than

usual. Hold the thought: *I-now-draw-upon-the-inner-vibrations-only. They-are-my-life,-my-strength,-my-support,-my-inspiration-and-my-defense. This-law-(or Lord)-is-my-shepherd. "I-shall-not-want-etc."*

**10. Cancers and Tumors.** The sign Cancer pertains to the water and also to the Mother principle in nature. Where this overshadowing, caring for and sometimes hoarding maternal tendency becomes excessive, it necessarily produces disease, or inharmony of the forces and is liable to function in the breasts or abdominal regions as tumors or cancers. There are people whose external circumstances closely resemble these cancerous conditions. Silently examine your own interior and external conditions and see if you can find any such symptoms. If you are setting up such causes you may know that the consequent conditions will function sooner or later in your life or environments. Remove the cause by practicing the true principles of occultism and you need have no further concern about such consequences.

You must polarize your forces to the within, or suffer the consequences. Are you now under the dominion of external forces? Are you simply drifting? Are you building harmful external psychic forces etc., into your consciousness? If so you must in time build them out again. "Thus saith" a law which is unchangeable. Extremes of feeling, dreams etc., are indications that your forces are running riot and that harmful external forces are acting upon you. Thoughts and feelings lead to acts and results of their kind. "Whatsoever a man soweth, that shall he also reap." Are you reaping all that you desire? Then sow the right seeds by getting command of your forces. Hold the thought: *I-now-polarize-my-forces-to-the-within. My-environments-are-now-being-transformed. "I-will-be-what-I-will-to-be."*

**11. Social Aims.** Man is fundamentally a social being,

and to try to be otherwise is to oppose and obstruct the workings of natural law. That within which gives him his social instinct is therefore a reality and not a sham. Our social vibratory fabric should be based upon these inherent principles of true friendship and universal love, instead of upon counterfeits and mere pretenses. Each individual should take the initiative in discarding counterfeit social associations and thus pave the way for something better. So long as we cling to the old, we are not likely to be blessed with the new. To cling to shams is an indication that we are as yet unfit for realities. There is in the heart of every rightly constituted person a craving for true companionship.

Through co-operative thought let us now set up the causes and manufacture the force-currents which will bring us our real friends. Let us hold in thought the perfect ideal of friendship and companionship. So long as we are to produce the causes, we should produce exactly what we want. In constructing a house in which we were to live, if unlimited in material and cost, we would be foolish to choose only a log cabin. Man is unfit for perfect companionship until he has become practically independent of its necessity, or until he can get it by communing with the God within himself. True companionship is not ownership. It seeks not to limit the happiness or liberty of the loved one. The soul justly demands freedom as well as love. Let us commune with the God within and thus create, through co-operative thought, the thought-currents which will bring to us His reflex. Hold the affirmation: *My-own-will-come-to-me. I-now-commune-with-my-highest-ideal-friends.*

**12. Idea-breeding and Self-teaching.** Idea-breeding is largely a matter of throwing yourself into the reposeful mood of true thought concentration. It is a matter of tapping the fountain-head of Truth within yourself, or of con-

necting with your higher self. Every great success is founded upon a good idea. Ideas are worth waiting for. The occult methods of so "waiting" insures an ever increasing influx of good ideas and also creates the power to carry them out. Our lives might thus be made much easier than they are. By over-activity we drive ideas and results away, instead of attracting them. To beginners, the practice of thought-concentration may seem prosy and unproductive, but as the art is gradually acquired it becomes a delight, because of its results. It harmonizes the forces, thus producing health, power and happiness combined.

Let us polarize today to the thought of gaining useful ideas, or wisdom, and upon some particular line in which you are interested. First get the mind steady and as you concentrate the thought upon the purpose of idea-getting keep it in a waiting reposeful attitude, and hold the thought consciousness within yourself instead of letting it drift. If valuable ideas do not come during the first trial, they will as the process is repeated, if the purpose is properly held to. The method is simple as compared to the results to be obtained. Let us know what results you obtain, that we may from time to time through this publication, give further directions, hints and general helps which will apply to your specific needs. Do not be satisfied with a single idea, but practice until you can obtain for yourself a constant flow of ideas upon any given subject, for the same rule will bring a flow of vibratory force as well.

• **13. Independence.** Let us produce within ourselves an attitude of strength and higher-self-reliance which is able and willing to stand upright and to hurl Truth into our every surrounding. Let us search for the rotten outside props on which we have perhaps been leaning, and either discard them, or if worth keeping, then infuse into them the more direct interior reliance upon Truth and reality. If they are



entirely lacking in Truth and reality, then be deceived no longer, but get down to a hard-pan bottom of reliance upon the interior Infinite.

Are we clinging to sinking ships? Are we relying upon property which is hopelessly mortgaged for more than it is worth? Are we squandering valuable time and our God given life forces in a penny business which keeps us from larger possibilities and true success? Let us silently "read the riot act" to every such circumstance, and cut off from every person that has, perhaps, bullied us into believing that we have no power to become more useful, successful and happy. The world will, as a rule, accept the valuation we place upon ourselves. Let us value ourselves at our true worth. Let us awaken to our higher possibilities. Let us create powers and opportunities through thought-concentration. Let us no longer disown our inherent powers and thus dishonor their giver. "On thyself and God rely." Trust and try. Hold the affirmation: "*I-will-be-what-I-will-to-be.*"

**14. Fate.** Thought can be made a voluntary process. If this were not so, the magazine and newspaper publishers and to a lesser degree all business men, would be in a sad plight. That it can is self-evident. That man can, by choosing his objects and methods of thought, thus modify if not rule his fate is also self-evident. Every thought faculty is improveable and by definite, scientific methods. This implies that we can, within reasonable limits, make of ourselves what we please.

The general workings and exactness of universal law from whence comes the doctrine of fate, is wonderful, but the laws of self-mastery are more wonderful. "Bodies attract each other in proportion to their size, density and distance apart" is a philosophic law, but the influence of these external bodies, even of the planets, upon human life, are at

best but magnetisms or vibratory effects. Man has the entire law of vibration within himself and attached to his thought, as well as to his other vibratory forces. It can be reached and awakened into action through thought, thus offering him the ever available means of awakening interior vibratory effects which would *neutralize* the effects upon him of the external planetary magnetisms etc.

Think of this deeply and thus settle once and for all the doctrine of "fate," so that its generally accepted fallacies will not prevent you from becoming the master of your fate. Learn in the silence the occult art of "ruling your stars," and if the impulse come to you to silently "hurrah" for the unchangeable interior vibratory law which gives to each the power to finally master himself and all things, then yield to the impulse heart and soul, for you thus praise the giver of your life and of this power.

**15. Wealth.** Character is wealth. Build character properly and all things needful will come to you. Character-building is but the awakening of vibratory forces, through co-operation with the *law* of force which is within yourself. Who then can truthfully say "I have no opportunity to build character" and thus create power and wealth. There is no failure when wealth is sought in this way. True success comes slowly, because character is the slow product of patient, methodical application of the force-creating laws of thought. The silence is its most productive field.

As the mind becomes steady and the senses still, power will at length come like the currents of a mighty river, and it can be frequently exercised almost instantaneously. The Christ said, "be thou healed" but the power to make those words effective involved the slowly acquired knowledge and training through which his "regeneration" became possible. Whatever you want is yours if you will but pay the price of power gaining. Vibration is power—the only active power.

The universe is built upon its realities. If you would attract real wealth, then make of yourself a thoroughly organized magnet of vibratory power. Exercise the power thus gained, in the direction of your individual tendencies. Unify your forces. Hold the thought: *I-now-give-my-vibratory-forces,-previously-sent-out,-an-opportunity-to-return-to-me,-laden-with-the-things-my-heart-most-desires.*

**16. Culture.** As all true outward success is based upon character and self-improvement, it follows that our silent efforts should be centralized almost wholly upon the attainment of qualities and powers. Self-improvement is always possible, because it is the result of our thoughts and moods, and thought can be exercised voluntarily. A scientific character delineation would disclose the tendencies of your mind, and also outline specific methods of over-coming your deficiencies and of making the most of your talents. Our Brotherhood degrees are but formulated methods of self-culture. Occultism offers methods of placing success and character-building beyond the range of uncertainty. Its methods are specific, exact and scientific. Those who duly exercise their power to think, in the consideration of occult laws and methods, will no longer be doubtful of their efficacy when properly applied. Thought concentration is in itself an effective method of self-culture. Silently consider the subject of self-culture, and firmly resolve to find and follow the best methods in its attainment. Hold the thought: *I-am-a-child-of-God. Self-culture-is-my-method-of recognizing-the-God-within-myself. It-is-the-true-method-of-fulfilling-the-first-commandment-of-love-to-God,-and-of-manifesting-my-inherent-God-powers. I-worship-its-image-into-manifestation. My-thought-densifies-until-my-ideals-of-perfect-manhood-and-Godhood-become-manifest-as-one.*

**17. Resources.** Try to look into the unfathomable depths of your own soul, and if possible bring to the light

of consciousness, through recognition, the hidden wealth of power which lies so near to the heart of God's omnipotence. Your opportunities for thus increasing your external resources are always at hand and limitless. They are self-created. Your universe is a spherical fuse-like interior force-current, one end of which is fastened to that Infinite law of force which lies at the center of your Being. The other end is your external thought consciousness through which this force-current is gradually unwinding and creating for you an ever enlarging sphere of circumstances and environments, which will, in time or eternity, fill all space, until finally you become conscious-master of the omnipotent law of force—your higher self. It is a matter of power gaining through self-recognition and co-operation with the law of force. Silently try to comprehend the general process and also the short cut to high attainments. This is only suggestive but it is hoped that many will be able to read between the lines and awaken to a higher understanding of the powers to be gained through thought concentration. Affirm as follows viz: *My-supply-of-force-is-from-within. My-interior-resources-are-limitless. The-law-itself-is-within. I-am-that-law.*

**18. Recreation.** "The bow always bent soon loses its strength." The mind constantly kept laboriously active in one channel, soon becomes incapable of receiving new ideas, new inspirations and new force. The law of force explains why. The law of force is likewise the law of thought. That is why new ideas come with every influx of renewed force. Occultism teaches these force-creating laws of thought, and offers methods through which an influx of ideas and renewed power becomes a daily experience. These methods should be sought, mastered and conformed to. They are methods of thought concentration etc. Daily thought concentration is a method of waiting for ideas and



power. Longer monthly and yearly periods of rest, for the purpose of renewing or re-creating the supply of force, can also be advantageously observed.

The power to temporarily dismiss all business thought, has brought abundant success to many a business man. Vacations, as well as sleeping or eating, have their place in every life. Let us desire and demand the opportunities and wisdom to recreate. Recreation is a process of reorganization which has power to enhance every pleasure and every capacity. Let us, as a Brotherhood, polarize to the thought of meeting yearly at some suitable place or places, and build for ourselves conditions for pleasure, rest, and recreation such as no summer resort at present offers. Recreation is an art which the true occultist isn't likely to neglect. Hold the thought: *I-demand-for-myself-and-all-others,-the-best-possible-opportunities-for-recreation. I-now-set-up-force-currents-which-will-carry-me-to-those-rare-souls-and-choice-conditions-which-best-satisfy-these-my-needs-and-desires.*

**19. Illusions.** It would be desirable to utilize silent thought-concentration today as a means of discovering and eliminating from our minds, the various illusions which through our ignorance have perhaps crept into our habits and lives. We might begin with our ideas of occult principles. In what ways, if any, have we failed to properly apply them, or to reap benefits from their application? Look the matter squarely in the face and remember that the Truth is able to stand without being bolstered up by us. But what about our conception of the Truth? Is that also able to stand? If not then the sooner it falls and we discover these illusions, will we obtain for ourselves the firm foundation of Truth.

Basic occult principles have their applications to everything in life. To the extent that we neglect, or fail to apply them, will we find, sooner or later, that we have been living

in illusions. True occultism is a religion which can be advantageously lived every day in the week. Its essence is scientific devotion, and thought concentration is its main method. Power thus gained is an ever-available reality. Illusions are its absence or opposite. Hold the thought: *I-will-make-practical-my-highest-conceptions-of-true-occult-principles. I-develop-power-daily. I-use-it-for-the-good-of-all. I-am-Truth-manifest.*

**20. Inspiration.** The true occultist *stays* at home with the few causal laws within his soul from which he derives his powers. He perceives the unity which prevails throughout nature and therefore understands that in holding to basic principles he becomes in time the happy possessor of all their powers and satisfactions. He knows where and how to look within and find true inspiration. He uses books and other outside props simply as a means of starting the interior wisdom-currents of force, which bring him direct, all and more than the books themselves contain

How fortunate is he who thus uses things, events and persons as an aid in coming into oneness with the creator of all; never for a moment forgetting that they are but aids and that to thus exercise absolute fidelity to this interior power is to give as well as to receive its priceless blessings.

Can you not catch a clue to the occultists methods of thought-concentration through which he draws inspiration, life and daily sustenance from "the tree of life" within himself? Try in the silence to perceive its true esotericism. Hold the thought: *I-demand-to-know-and-find-the-source-of-my-inspiration,-my-happiness-and-my-power. I-demand-to-know-the-esoteric-meaning-and-power-of-thought-concentration.*

**21. Home Love.** True Occultism aims to strengthen, rather than to weaken or crush out the human loves and instincts. We cannot permanently "kill" our so-called animal desires and powers. They are with us to stay, because

needed as a physical base for the expression of Divine Love upon the human plane. We can and must convert the animal into a God and it is already that inherently as is shown by its tendency to evolutionize. Desire is but uninstructed Love. Human love, by changing its attitude, becomes transposed into new forms of greater beauty. Its circle of manifestation will gradually enlarge until the universe is included as its family and objects of affection. The true home is within the self—the home of the soul, and it is by recognition of the all-related self that its universal relations are perceived.

Let us silently contemplate the subject of the home loves and see if our souls cannot conceive of methods that will make these interior instincts more of a bulwark in our character building. Let us carry the artistic instincts of spirituality into every act which relates to the home. Thus we may give and receive a constant flow of force and happiness in this place where so much of our time is necessarily spent. Hold the thought: *I-now-wait-for-the-spirit-to-teach-me-the-true-methods-of-life-in-the-home. I-invoke-the-divine-blessings-upon-my-home-life. I-invoke-divine-strength-as-a-means-of-making-my-home-all-that-it-should-be. I-will-try-to-do-my-part-wisely-and-well.*

**22. Love.** Now that we are in the Zodiacal sign Leo, the universal currents are becoming more and more favorable to things which pertain to Love, because Love is a basic universal principle which underlies vibration and its every product; therefore by properly adjusting our lives in this one particular, we become gainers in every external way. "Love is the fulfilling of the law" of all things. Show me the one whose perfect Love fulfills Love's ultimates and I will show you one who fully manifests the omnipotent law (within) called God. To the degree that we fall short of that finality are we in need of that knowledge concerning

Love which makes the consequent self-adjustments possible. We can get this knowledge in the silence, through thought-concentration. That is the true method of finding it. Put it into operation now. As the mind and forces become quiet, hold the affirmation: *I-now-rest-in-the-strong-and-eternal-arms-of-Divine-Love. My-love-faculties-act-harmoniously. Their-action-gives-me-a-consciousness-of-peace,-power-and-happiness. Love-now-teaches-me-its-laws.*

**23. Universal Love.** He who said of Love that "all other pleasures (if there are such?) are not worth its pains," seemed to have some conception of vibratory law. Vibration is Love manifest. It is all there is of manifested life. Our Love should become universal. Anything less than a universal Love is "but the tent of a night," for the law of Love is the one causal universal law of all things. It therefore has all persons and all things in its keeping. It is amply able to care for its own. An attitude of universal Love will gradually free us from all pain. Painful action of the sympathies is its negative action and implies a lack of faith in the all-sufficiency of the law. Let our efforts be to escape these pains and penalties caused by the reversed action of our benevolent impulses or love faculties. In that way we will, in the exercise of this supreme mental gift, receive and give pleasure *only*.

Let us silently unite now in sending loving pleasurable and helpful thoughts to everybody. We will thereby set up the causal thought currents which will bring others into more helpful and companionable external relations with ourselves. The thought powers of one mind are tremendous. The multiplied power of many minds are helpful to a degree that is now but faintly perceived. High motives send out thought forces which partake of the constructive powers of universal Love. Their far reaching mission thus becomes fulfilled. Hold the thought: *I-love-all. All-are-parts-of-*



*myself. I-desire-their-companionships-and-co-operative-helps.*

**24. Love Thyself.** To truly "love thyself" is to love the supreme, for the true or higher self is at one with the supreme. To so love thyself is God's method of fulfilling the first commandment. But our self-love must of course be instructed as to what the higher self truly is, that its ultimate relations to all others may be comprehensively understood. Our individualism then becomes governed by the universal law of Love as a matter of self-protection, or as a matter of protecting those related parts of the self. Morals and ethics are founded upon the universal law of Love. So also is individualism; and until man finds it out he will never become unwaveringly moral and loving. His inherent individualism (until so instructed as to its oneness with Love) will offer opposition, and make of his mind a house divided against itself. The wonderful powers of occultism become possible only through that self-knowledge which teaches these united principles; and so thoroughly that the mind forces become perfectly united in their then intelligent efforts to co-operate with universal law. The mind then manifests the powers of unity. Let us silently love ourselves, our minds, our good qualities, our bodies and also the circumstances which offer such splendid opportunities for self-restraint, self-control and the exercise of accumulated strength. Thus from truly loving them in one we learn to love them in all, through the knowledge that all are in reality but the *one*.

**25. Passional Love.** It seems difficult to conceive how one who truly loves himself, and who has even a faint perception of the powers and satisfactions of true Love, could consent to waste the sex-forces by exercising his passional faculties without due restraint. And yet in most cases the passional or amative faculties are difficient rather than too large. Most every case of nervous prostration, of billiousness and of

a long train of chronic and other diseases, is the direct or indirect result of the reversed or abnormal action of either this faculty or of the faculties which relate us to concentration, to foods and to drink.

There is a science and art in producing just the right action of the amative faculty, so that it won't sow passional seeds which would clog the body and mentality with low or slow vibrations. This is about the only faculty which is active during sleep, as all physiologists know. Our fifth, sixth and seventh degrees, of the Brotherhood, in addition to many other important helps, aim to show how to produce the right action of this faculty; and particularly at bed time when its harmonious action is so important. Mantrams are given for that purpose and for the related purpose of keeping the mind free from the harmful action of external psychic forces and force-currents during this otherwise unprotected mood of sleep. Hold the thought:—*I will learn and obey the esoteric and true methods of producing the right action of my passions and appetites. I will convert their powers into happiness, spiritual strength and useful results.*

**26. Charity.** The three qualities of faith, hope and charity are important. "But the greatest of these is charity," or the manifestation of that true universal Love which includes these other qualities. Try today to discriminately review the habits and methods of your life in reference to this one faculty and quality. Think of the basic principles involved, and of the reasons why your charity for your own and other peoples temporary shortcomings, should be as universal as Love—your life, is universal. Think of the infinite promise and limitless potentialities and possibilities which lie hidden within the humblest heart. In truly and understandingly loving them in others, you are but manifesting them within yourself. The true method of evolution is to reach out through Love to all, and thus bring

them into right relations with yourself. Power thus gained for yourself is but the loving dominion of that interior law which is God, or Love. Hold the affirmation: *God-Love-is within-me-and-within-all. I-love-it-in-all. I-manifest-its-powers-in-loving-service-to-all.*

**27. Worship.** The subject and drill of yesterday brings us to the point of invoking the blessings of the omnipotent, (within) upon the loving thoughts of charity and good-will therein awakened. Let us spend the hour, or at least part of it, in silently worshipping the supreme power within ourselves and within all others. In this way we may obtain for ourselves the calmness of power, and then manifest it in our reposeful and efficient acts. Moods thus engendered naturally find spontaneous expression in kindly acts which break down the barriers of opposition to our just purposes, at least in the underlying realities or force-currents. The art of scientific worship or of power-gaining through thought concentration may require long and persistent effort and training, but it is worth all it costs. Its compensations are illimitable. How can we reasonably expect to overcome in a minute, or day, or week, the diffusive force-scattering habits of a life time, if not of many lives. The greater the difficulty in overcoming, the plainer is shown to be our need of these methods. Fortunate indeed is he who though perhaps the most needy, is able to exercise the persistence and fidelity to pay this price of patient effort. Hold the affirmation: *I-love-and-thereby-worship-the-Lord-or-interior-law-my-God,-with-all-my-mind-and-soul-and-strength. In-worshipping-it-in-myself-I-thereby-worship-it-in-all-others,-thus-fulfilling-the-law-of-Love-through-powers-thus-gained.*

By due co-operation with the interior law of Love, we necessarily manifest, in time, its loving omnipotence.

**28. Intuition.** The intuitive faculties receive knowledge and force at first hand, direct from the higher self, and from

the accumulated vibratory sediment or brain cells which represent the knowledge gaining experiences of past lives. The cell is but a vibratory organism which was formed as a result of our power to think. Knowledge-gaining in external ways, represents the "tree of knowledge" or "fall" into this method, from the higher method of subsisting directly from the vibratory flow which connects with the "tree of life"—the higher self or causal law of force. Think of this Biblical allegory of the "Garden of Eden" with reference to your own thought-faculties and their relative importance, and thus realize more fully the virtues of that intuitional activity which is produced by the occultists life and power-gaining practice of thought-concentration.

It is only the true occultist who knows how to thus feed upon the interior vibratory "tree of life." This is the true scientific method of worship. "In the day thou eat thereof (of the "tree of knowledge") thou shalt surely die" and shall "earn thy bread (or sustenance) by the sweat of thy brow." The occult method, of power-gaining by coming back to the original "tree (or vibratory fountain) of life" is not laborious. It is a matter of self-knowledge. It is the knowledge and practice of these laws of thought-concentration or scientific devotion. The power to think is the soul principle. Vibration is its life. The interior law of vibration is its true source of individualism. Self-discovery or knowledge-gaining was the object of "the fall" of man. Cultivate the intuitions by use. You can use them in your every act. Cultivate the art of "knowing from within." Listen now to the whisperings of "the still small voice" from within.

**29. Will.** Will is desire. It is Love in action. It is the impulse of individualism. Cultivate will by unifying your forces and the action of your thought faculties. Learn the powers of thought, the laws of thought and the methods



by which the will can obtain the backing of an interior omnipotence. Silently say: *I-will-be-what-I-will-to-be. I-and-the-Father-are-one. My-will-is-to-do-the-will-of-the-Divine-by-conforming-to-its-laws. I-fulfill-the-loving-purposes-of-universal-law. I-AM. I-unify-my-forces-by-co-operation-with-the-interior-law-of-force. My-will-therefore-cannot-be-"a-house-divided-against-itself." My-rightful-purposes-are-supreme-and-must-be-fulfilled-because-backed-by-my-will. I-devote-my-life-to-the-good-of-all.*

**30. Greatness.** "Self-respect is the early form in which greatness appears." We become truly and permanently great, to the degree that our self-respect is founded upon a knowledge of the true or higher self and its laws. The truly great man draws his sustenance chiefly from the within, through the intuitions and direct from the "tree of life," as does the occultist. He is therefore calm, reposeful and self-composed. His calmness is the reverential strength and self-respect of deep reliance upon the Divine, within. You could not insult him any more than you could the Sun or Moon, or the Divinity itself, which to the best of his ability he aims to faithfully represent. We all may be truly great by duly listening to the Divine voice within.

Let us try to exalt our thought concentration to the level of that spiritual law from which its powers spring and thus invoke powers which will make us truly great. Let us silently invoke the Divine image into manifestation through ourselves and our acts. Let us seek that unspeakable "lost word," which is beyond the interior depths of vibration. Let us thus find the everlasting silence of that eternal law of Love which being changeless is therefore noiseless. In fact it is the only absolute silence. All else is but an approach to it and partial. Thus may we obtain true greatness and then carry its blessings of love and service into the material world. Then will this Father law say: "*This-is-my-*

*only-beloved-Son-(or manifesting agent or principle)-in-whom-I-AM-well-pleased. May-this-Divine-blessing-rest-upon-you-now-and-evermore. Amen.*

**31. Concentration.** Let us settle the accounts of the month and see if there is not then a perceptible and noteworthy balance of power to our credit. This will indicate our degree of active knowledge concerning the laws governing thought-concentration. Review the subjects of the month and recall if possible the vibratory effects of each one upon yourself, that you may thus imbibe a deeper draught of its esotericism. If you have temporarily failed in your efforts, then "try, try again." One cannot continue permanently to try in one direction without making progress. Progress is success. There is no failure except to him who gives up. Never give up. These methods are right, at least as to essentials. They will bring you new strength, new perceptions of truth, and, in time, the unlimited satisfactions of true living. "Every dog has his day." Perhaps your day of power is at hand. The "dog-days" begin tomorrow. Their occult influences are liable to cause many to temporarily "fly the track" and "go mad" in a senseless effort to find other methods than "the narrow way" of thought-concentration in the attainment of Love's universal rewards. Do you feel justified in being faithful to these practices for another month, or are you ready to give up? Abide by and act upon the silent answer which comes to you from within.

NOTE.—We recommend that our four volumes, or text books of occultism (by Ernest Loomis, price \$1.25 each) and also Eleanor Kirks "Influence of the Zodiac upon Human Life" be used in connection with these daily subjects.