

Free Correspondence Lessons IN OCCULTISM, By Ernest Loomis.

This department of our work is for those who wish to thoroughly develop their occult powers and then to use them not only in all business and art but also in matters of health, in helping others, in the acquisition of knowledge, in the formation of business and other plans, in character building, in judgments of human character, in the pursuit of happiness, in fact, in the accomplishment of every practical affair in life.

The average student's inability to properly apply the principles and methods of occultism and thus to adequately demonstrate through results, its magical powers, is due, first, to his failure to fully grasp the esoteric meanings of some of the underlying principles of the philosophy. Second, through failure to comprehensively understand the relations which each of its esoteric principles sustain to all the others. Third, through lack of that true self-knowledge which teaches the relation of the interior forces to the Infinite and to the external world. Fourth, through opposing unknown esoteric undercurrents of the individual character. Fifth, through peculiarities of temperament and misunderstood individual tendencies. Sixth, through wastes of force, through lack of thought control, through unknown psychic influences, through the sex functions, and otherwise. Seventh, through his consequent inability to properly govern the moods, marshall the faculties and mass his occult forces.

Our Methods of remedying these difficulties and of thus training the student in accordance with those occult and scientific methods which enable him to multiply his powers and capacities many fold, are as follows, viz.:

First. Through our four books, "Your Practical Forces," "Practical Occultism," "Methods of Self-Help" and "Force Massing Methods" (price \$1.25 each) he is given a thorough general knowledg, or the principles and methods of occultism, and also how to use his occult forces in all business and art.

Second. Through the co-operative thought practices which are taught in those books and which are then practiced daily by the student, and in connection with thousands of the members of our Brotherhood.

Third. Through others of the \$17.00 worth of books which are given to the members with this course of correspondence lessons.

Fourth. Through a thorough character delineation which is given the member by our Mr. Loomis. These delineations show by exhaustive scientific methods the various esoteric undercurrents, peculiarities and individual tendencies of his character, and offer him helps and accurate advice for the development of his occult powers and the individual tendencies so discovered.

Fifth. Through helps to be used daily in the conservation and transmutation of the forces.

Sixth. Through special daily thought helps and co-operative helps, to be also used with the above objects in view.

Seventh. Through question sheet correspondence lessons and correspondence reviews of the student's answers and covering the twenty subjects treated of in "Practical Occultism," "Your Practical Forces" and "Methods of Self-Help" (all of which were written by Ernest Loomis). These twenty subjects cover the whole general philosophy, and by aid of the question sheet lessons and reviews the esoteric points contained therein are more fully brought out and in a way that adapts them especially to the student's peculiarities of temperament and individual needs which are revealed through the character delineation which is made for him. In fact this course teaches esoteric points of philosophy (such as the cause of force, etc.), which the scientists and great thinkers of the world have stumbled over and tried in vain to solve during all historic ages. The usefulness of this course is greatly increased by getting the whole philosophy including the student's answers and our correction (if any) of those answers all in permanent form: which can be referred to or reviewed.

There is at present no charge for these lessons, the only charge being \$21.00 for the \$17.00 worth of books, the character delineations, etc., and which are a necessary part of the course.

Send to Occult Science Library, 70-72 Dearborn St., Chicago, III.

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Daily Subjects and Drills for the Universal Church of Silent Demand. -- Continued.

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I. Gemini Force-Currents. As the Sun—"the giver of life," is still in the Zodiacal sign Gemini, let us try to utilize its force-currents in awakening the Gemini powers and in overcoming its weaknesses. All of us are more or less affected by planetary influences and we now receive more or less of the Gemini influences, whether we were born in that sign or not. We should aim to go with the general currents (that their power may become ours) rather than against them, at least to the extent that they are helpful and desirable. We should understand them as they are, that we may so co-operate with them, and also that we may understandingly assert our powers of mastery over their inharmonious influences and conditions.

All planetary influences at best are but vibratory magnetisms. They are necessarily weak in their effects as compared with the vibratory influences which through the power of thought concentration can be awakened from within ourselves; for the vibratory law itself is within us and it can be reached by this simple process of thought, especially if in co-operation with others, at the noon hour, when the Sun is at its zenith. These powerful and harmonious interior magnetisms when thus awakened, necessarily neutralize and harmonize the less powerful external magnetic influences such as come from the planets. In the science and art of so awakening them, consists our powers of self-mastery. Hold the affirmation: *I-will-utilize-planetary-influences-to-*, the-extent-that they-are-helpful. *I-master-them-whenever-they* oppose-that-which-is-highest-and-best-for-me.

2. Polarity. The earth travels at the comparatively slow rate of about 10 miles per second. Each planet has its own peculiar magnetism, polarity and rate of speed. As they change their relative positions, the resultant force-currents likewise change their magnetic or vibratory effects upon human life. They affect each individual according to the tendencies or interior polarities of his individual force-currents. If he simply drifts, he will be kept in the ever changing stew of planetary force-currents, and will likewise be acted upon by the psychic forces which swarm the invisible. The infinite will bring him out safe at last, but only when he has learned to exercise his own God-given powers of self-mastery. He will stew away in the universal pot until he can consciously and understandingly unify his interior universal forces with the principles of his individualism and its consequent forces. The Gemini twins will subject themselves to the unrest of these opposite polarities, until they know how to obtain that soul rest and harmony which comes through true thought concentration. Let us hold the thought: I-seek-knowledge-and-power-direct-fromits-fountain-head-within-myself.

3. The Gemini desire to know. The Gemini character is nearly always a sincere lover of knowledge, and its power consists largely in its ability to acquire knowledge. Through knowledge it can and will in time satisfy the intense craving of the soul which goads it on and causes much of its unrest. Truth is God, therefore it is well to be thus polarized strongly to a knowledge of Truth. But this God—Truth is within. One of the greatest lessons for Gemini characters and all other true seekers of knowledge, is this very fact that true knowledge, wisdom, power, rest and happiness can best be obtained at this interior source, and to the extent that we are able to perceive the esotericism of, and utilize, this simple process of thought concentration. Let us again hold the thought: *I-seek-knowledge-wisdom-power-rest-and-happiness-at-its-fountain--head-direct-within-myself*.

4. "The Mill of the Gods." This strange title is herein used for the purpose of fixing in the mind an image which will perhaps help in the attainment of self-mastery and its resultants by making the habit of drifting repulsive. The constantly changing planetary force-currents are ever acting upon individual life and trying its individual powers, much as a mill would act upon grain. At each turn of the crank, a new combination is produced, at least with those who through lack of self-knowledge and its consequent self-mastery are merely drifting with the general currents. This "Mill of the Gods grinds slowly but exceedingly fine."

To simply drift in our evolution is to encounter nature's savage elements. It is perhaps to be crushed by them. It is to oppose certain basic universal laws, for evolution is *ontgoing*,—it is a *going away* from the Infinite source or causal law of things which lies at the center of all Being. The development of species progresses slowly as the resultant of the action of these opposing principles and forces, viz—Universal law and its forces versus what might be termed individualism and its forces. These are the true Gemini twins. It is natural for them to want to go in opposite directions. Evolution is but individualism in action. It derives its powers of action from the universal evolutionary laws. The Infinite universal law of force is within each individual. It includes individualism. It compels the individual in time to recognize, love and obey this Infinite

Father principle or law and thereby unify the Gemini twins We must finally manifest its omnipotence. In the strength and understanding of this law it is the privilege of the "under-dog" to at last get up and bark, even though now being run through a universal sausage mill. Hold the affirmation: *I-am-master*.

5. Castor and Pollux. Let us seek those fine adjustments of our positive and negative principles which will enable us to unite their Castor and Pollux mental forces, at least to the extent of aspiring to the highest attainments. What is it we really want :- is, it something comparatively groveling? We will get whatever we permanently desire, for desire is thought force and carries with it the vibratory powers of thought. It is impossible for us to permanently desire that which is but transitory, for experierce will disclose its shallowness. When we graduate from the lower grades of the school of experience we will be able to think and act from the standpoint of principle, or of that which is fundamentally true. Then we will not have to plod through bitter experiences as a means of knowing the true value of these transitory "exhibits" in "Vanity Fair." The soul is great enough to desire something permanent. Why can't we now make the attempt to desire and aspire to something permanent by satisfying, such as the attainment of qualities and powers. We are always drifting, however slowly, to our highest ideals; hence the importance of having true ideals and of holding to them with that calm mental intensity which insures their fulfillment. Beware lest we hold those unreal ideals which when attained would instantly vanish into their native nothingness. Concentrate now and as the mind becomes steady let the thoughts rise to the contemplation of those true standards which are eternal and which carry the mentality to that kingdom of heaven within, or scat of the soul, where God, the perfect law, reigns.

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6. "Cast Thy Burdens Upon the Lord" or interior law. which is your higher self, and it will sustain you. How fortunate that this direct representative of the Infinite is always so near by. The most triffing responsibilities will seem burdensome until you thus shoulder them by casting them upon the real I. You can do that now. No matter how heavy those burdens may be, they will seem light to your interior omnipotence. Strength is given for use. Burdens are given for the purpose of developing strength. Points of weakness should be converted into power. Obstacles offer us the requisite opportunities. To cast your burdens upon the higher self is to give it that anchorage which will keep it from floating away. It will stay by you if you will but give it something to do. Its powers are too precious to be wasted. Nature always takes the shortest cuts in the attainment of its ends. Your higher self must be appreciated. It will not permanently stay where it is not wanted. It will calmly wait until experience teaches you your need of it. It is equal to all demands. Its supply is always equal to your self created needs. Those needs are but the result of your past perceptions, or self recognition. The natural born boor, or the hog, does not feel the need of artistic surroundings and other gratifications which are almost, but not quite, a necessity to the highly developed soul. The soul is greater than all surroundings, but must use its finer tastes as crutches until it has recognized that greatness. Nothing is absolutely necessary to it except its interior self or God. Hold the affirmation: I-cast-all-my-burdens-upon-my-higher self.

7. In Unity there is strength. Your higher faculties are not noisy in their methods, but they are very persistent. There is absolutely nothing that can permanently change them from the eternal polarity, Truth, which they so earnestly seek, for Truth is the only real and permanent. It is

the Infinite polarity which makes a thinker and thought possible. It is the immortal principle or law within man' which is indissolubly related to his power to think. It is the Father or creative principle in the Trinity. Man the thinker is its "only Son" or manifesting agent and therefore the second factor in the Trinity. Man's thought is the third factor in the Trinity, viz-the Holy Ghost? It is holy because it has its all-important purpose of manifesting God and the God powers within man ; or in other words, of teaching him himself, which by virtue of his being a factor in the Trinity is all, for I (the thinker) and the Father (Truth) are one. It is literally a "ghost" because only transitory. Only that which is eternal and unchangeable is real in the absolute sense. The Trinity is necessarily a unit, therefore each factor in the Trinity is potentially the whole, because indissolubly related to the other two factors. Oh "What is man that thou art mindful of him." Father Son and Holy Ghost. Can you not perceive something of the esotericism of this? Be silent and try. Try to awaken more fully to the meanings of the words 1 Am. Thus arouse the I Am within yourself. Seek its exhaustless treasures, its omnipotence, its omniscience, its perfection, its harmony, its peace, its joy.

8. The Trinity. This being but a continuation of the subject of yesterday, should be used in connection with it. Let us consider the Trinity of Father Son and Holy Ghost in connection with positives and negatives. Remember that Truth, or principle, or vibratory law is ever the Father. The positive pole or individualistic principle of Being is the "Son" or outgoing evolutionary principle, and the negative pole, its exact counterpart and correspondence, is the "Holy Ghost" or product. Here again we see the three factors of the Trinity. This Trinity is within you, within me and within all. It is wherever vibration or positive and negative is.

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The Gemini twins are the second and third factors in the Trinity. They will pull and haul until they can unite or agree on a destination. Their knowledge seeking tendencies indicate that they are already polarized more or less to the third all-inclusive factor in the Trinity, or Father principle-Truth. This is the only polarity, or destination which will permanently satisfy them, and it can be found only in the within, for it is the causal source or law of both positive and negative, therefore is in the interior nature. Thought concentration is the true method of connecting with this original and exhaustless fountain of Truth. It leads us to that primal source of Being which enables us to perceive what things are in their fundamental realities. It takes us behind the scenes where we can know the relative importance as well as the particular uses of these three factors of the Trinity and hence of their every product each of which is potentially representative of the whole. How blessed is the privilege of seeing things as they are, of knowing ourselves as we are potentially and of knowing the occult methods of seeing God face to face, that we may better manifest his Divine creative omnipotence. Hold the affirmation: I-and-the-Father-arc-one, as a means of awakening to all that it implies.

9. Your First and Only Love. The bible says "Then shalt Love the Lord (or interior law) thy God (or Father principle of the Trinity) with all thy mind and soul and strength." According to this there is no "if" about it. "Thou shalt" "thou shalt" "thou shalt" is likewise the thundering echo of Natural law. You have no option in the matter. You must abide by the unchangeable principles and laws of your own constitution. You must in time learn and practice the art of scientific devotion, or thought concentration. Will it be now, or only when driven to it? Creative law ever has power to enforce its own all-wise, edicts. How

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fortunate for us that it is all a question of absolute law and not dependent upon the whims of a Creator who was so cruel, short sighted and unwise as to bring into Being those who were morally weak and ignorant and then to eternally damn them, if, perchance, they followed the tendencies of their own God given constitution, instead of the mystical teachings of the "only Son" who had any power to remedy the original mistake(?) of creation? Think of those who have never heard the name of the Christ, or whose associates influenced them to disbelieve. Think of the countless billions of worlds which are governed by essentially the same laws. Must their inhabitants be eternally damned simply because the blundering (?-no not blundering) Father had only one Son? These orthodox interpretations are degradations of the true teachings of the Christ. Their Trinity is not the real Trinity. Their idea of God is false. Occult Science shows why. There are, perhaps, comparatively few intelligent people who still believe in the orthodox myth of eternal damnation, but there are many who still believe in its twin doctrine of the natural depravity of man, instead of in man's inherent divinity. How blasphemous and sacreligious that man, a factor in the Trinity, should be considered as inherently fallen or degraded. Let us meditate on these higher meanings of scriptural teachings and see if we can better understand how we, as individuals, can make the atonement, or at-one-ment, by consciously becoming at one (through loving thought concentration or devotion) with - that interior creative law which is the Infinite Father-Truth.

10. The Attraction of Aspiration. You are constantly drifting toward your ideals. Those ideals are thoughts, and it is through the vibratory powers of thought that you yourself create the force currents on which you drift. The noon hour practice of thought concentration which is observed regularly by the Brotherhood, offers peculiarly important

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advantages in so creating the right forces and thought currents. These are the real activities in our lives. They lie below the surface. They act continually in the unseen. They are of the cause world. They greatly help in determining our permanent moods, and it is by living constantly in the moods of success that we attract success. We can attract it by simply aspiring to that which we desire.

It is our privilege to aspire to the highest attainments. There is no law human or Divine against doing that, nor is there any human power which can permanently keep us from the final attainment of our highest ideals. The underlying law is absolute. We are sure to go in the direction of the thought currents which we produce. Let us begin now by indulging in hopes and aspirations for better things, better health, better surroundings, more happiness and all that can make life desirable and beautiful. Hold the affirmation : *I-aspire-tothe-highest-attainments.* Nothing-can-prevent-the-complete-fulfillment-of-my-highest-purposes.

II. Opportunities. You are the creator of your opportunities. You can create opportunities through the use of your thought powers. Your thought world is ever your arena of accomplishment. By anticipating or fearing evil things, you attract evil things. By discouraged anxious and hopeless thoughts, you manufacture barriers to your external progress. Those thought forces produce thought currents of their kind and in time attract their outward correspondences, and you perhaps accept the unpleasant consequences as a matter of course, forgetting entirely that you have the power to remedy them.

Your permanent moods are the magnet toward which corresponding environments constantly gravitate. Thought control as a means of controlling these moods and resultant magnetisms is all important. Are you foolish enough to suppose that you can acquire thorough thought control except

by persistent and well directed efforts? If so, then the sooner you call a halt and make a careful study of the question, will you make a start in the right direction.

The four volumes of the Occult Science Library could be made an invaluable help to you, not only in studying the question, but also in the helps and scientific methods they offer in the attainment of true thought concentration and thought-control. Hold the thought: *I-will-live-for-mybest. I-will-utilize-every-help-that-lies-within-my-reach. Iwill-acknowledge-no-obstacles-in-obtaining-and-utilizing-thoschelps. The-infinite-is-with-and-within-me. On-him-I-rely.*

12. I Control my Imagination, is an affirmation that can sometimes be used to much advantage. The imagination can be made a great help in the attainment of occult power and thought control. But too often it is used merely as an avenue for the thought forces to escape. The indulgence in day dreams and high ideals should mean something more than that scatteration of thought energies which is the curse of our American civilization. The imagination offers the means to hold in mind, clearly defined thought images, until their forces have had time to densify. Practice the art of clearly outlining those images and then of holding them steady. In this way you can learn how to turn on a pressire of occult force which could perhaps be attained in no other way.

We should never permit ourselves to indulge in visions of failure, as we would thus most effectually disorganize our working forces. In the formation of plans, the imagination may, in connection with other faculties, be properly used to form an image, or vision of whatever plan may be presented for consideration, but if then seen to have defects, it should be abandoned for a better plan, and when the plan is finally chosen it should not be even reconsidered, unless *all* the faculties are again given a proper hearing. Otherwise the

imaginative faculties would become mere generators of mental panics and moods of failure, instead of important helps in the accomplishment of their ideals. Control your thoughts and moods as the only method of truly mastering your fate. Practice in the silence the art of using and at the same time controlling, the action of your imaginative faculties.

13. Occult Twists. Practice the art of saving much in few words. Be brief. "Brevity is the soul of wit," A noteed journalist once apologized for having written a long editorial, his excuse being that he did'nt have time to write a short one. Brevity is but a process of concentration and therefore ever affords an opportunity for the practice of concentration. Whenever you write a business letter, be brief. Boil it down. Whenever you speak, see that your words are properly twisted. Inaccuracies in speech are species of lying. They build lies and consequently disease, into the body and mentality. Women frequently have a seemingly innocent way of exaggerating in nearly all they say. They deal constantly in superlatives. The tendency perhaps orginates in amiability of disposition, in the desire to say kind things, or perhaps in an uncontrolled imagination. But the penalties are very exacting.

One cannot build an untruth into his organization without becoming a sufferer. Truth is life. Think twice before you speak. Tightly twist your words and sentences. Give them their proper dramatic power and thus become a brilliant conversationalist as well as a clear and powerful thinker. This will centralize and intensify the forces of your organism and greatly increase your occult powers. Opportunities for improvement lie all around you. Seek them in the silence and then strive for their fulfillment. Hold in thought the question: How-can-I-improve-myselfand-better-my-conditions.

14. Power. We should spend more time and effort in acquiring power and perhaps less in the outward use of that power. The acquisition of power by occult methods is likewise a use of that power, but by interior methods. These forces are ever active in the unseen. As we awaken from within, an influx of new force, our every environment receives more or less of that influx. It serves to infuse life and power into the unseen force currents which control results which we are perhaps striving to accomplish. To ever keep the body busy in vainly trying to accomplish external results after our forces are exhausted, is like driving a horse after it is worn out and broken down for want of food and rest.

Who will be the first to say, Oh I can't spare the time to observe the noon hour? Are you not occultist enough to understand that you can accomplsh many times as much inproperly observing the practice of true thought-concentration during part or all of that hour, than you could by mere physical activities? If not, then you should at least respect the word occultist sufficiently to abstain from calling yourself one. But do not relax your efforts to become one if you wish to multiply your powers and the results of your life. Be a follower of the true occult principles even if you cannot as yet demonstrate their power. Hold the thought : *How-can-I-make-more-of-my-opportunities-and-my-life? How-can-I-create-opportunities?*

15. Hurry. Hurry is the bane of our civilization. "The more haste the less speed." Hurry implies a lack of trust, a lack of perception, a lack of knowledge and a lack of occult power. Can we not, during the noon hour, rest in the calm faith and knowledge that all things are wisely governed, and that when we are in the currents of Infinite good all things needful will come to us, without effort or strain, except that which is pleasurable in the exercise of our

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faculties? By our struggles and over-exertion we drive results away instead of attracting them. Our main reliance in attracting them should be in getting into their force currents, or in other words, into the currents of Infinite good which can be reached simply by connecting with that interior law which is the Infinite. This can be done through thought-concentration, but it must be persistently practiced if we would *keep* in those currents. Spasms of virtue are perhaps better than its entire absence, but the only sure way to build its compensations into your environment is to build its reality into your characters, and so deeply that it will become a part of your permanent moods.

Permanent success must necessarily be based upon realities. The only permanent reality is virtue—Love—Truth. Trust in the Infinite realities for a day. See if the world will go to destruction in a day of reposeful effort on your part. Still the senses. Rise above the hurry and commotion. Silently say "*peace be still*," and then see to what extent you can maintain such conditions for the next twentyfour hours.

16. "Rejoice Evermore" was the wise injunction of an occultist commonly known as St Paul. That is equivalent to saying Love evermore. How can we love evermore unless we carry our love into acts, the smallest acts, which come in the line of duty? The way to love or rejoice evermore is to carry the right mood with us in all we do. Let us try to carry a mood of loving absorption into every act of the coming twenty four hours. Let us utilize the noon hour as a means of producing that mood to begin with. This mood of loving absorption is the mood of concentration and therefore the mood of power and success. If held to, the forces will be ever busy in infusing life and power into our undertakings. Perhaps new ideas will come to us. If so let us then be duly thankful for this joy of new discov-

ery. Success depends largely upon a constant influx of new ideas, therefore ideas are worth waiting for. The mood of loving absorption during our small acts, is but a method of waiting.

By using only the force that is necessary in accomplishing these small acts, the remainder of our force, being thus concentrated, will be very active in accomplishing successful results for us. It is the mood of success which sends out the spiritual force to accomplish the successful result, for real activity is of the mind rather than of the body. If at present we have only small acts to do, we should be thankful for the opportunities, thus afforded, for these interior thought activities and for the sending out of spiritual forces that will carry us to more important acts and to true success and happiness.

To postpone your happiness till you have become rich, is like postponing your dinner until you have lost your teeth. Good dinners and happy moods help to produce the power to acquire riches. "Rejoice evermore." Begin now and keep it up until tomorrow noon.

17. Moods and Moods. There are happy moods and happy moods. Negro laborers are frequently as joyous as big sunflowers, and they show it every time they expose their teeth; but those moods are not necessarily the moods of success, because of the absence of high ideals and purposes and of clearly defined methods of accomplishment. Moods of rejoicing should spring from a deep cause. They should be scientific. They should be the product of selfknowledge and scientific devotion. They should be the result of the awakening of interior forces, fresh from the law of force within. The awakened soul and cultivated mentality is capable of experiencing, and, through knowledge, of producing at will, interior vibratory effects which coarse organisms could not even conceive of.

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As we learn the true science of Being, we will gradually acquire its greater powers and fulfill its higher possibilities. Sometimes it will come through the awakening of undreamed of talents. The occult method of awakening them is worth going to the ends of the earth to find. They have been found by many who were ready for them, simply by carefully studying the four volumes of this occult science library series, or by taking the exoteric degrees of the Brotherhood. That course of study offers a safe beginning in occult development, but should by no means be considered as the ultimate to be attained. "The narrow way" is so important that even only a guide post standing on one leg, to point the way, should almost inspire deep reverence. Many are slow to grasp the opportunities which are within their reach. "Single ideas are sometimes worth thousands of dollars." It is believed that those books contain many such ideas. Hold the thought : I-will-find-the-true-light.

18. Awakening Latent Talents. Many persons are so timid, hesitating, apologetic, or conventional, that they allow perhaps their best talents, to lie dormant and inactive. A Your talents represent their corresponding brain cells, which you yourself have created, during some part of your previous soul life. Is it fair to keep them in a prison house of inaction when the purpose for which they were created was action? They represent experience and hard earned knowledge—self-knowledge, your crying need. An individual "declaration of independence" will help to release these little pale-faced prisoners, and their innocent glee when so released, will more than repay you for the consideration shown them and yourself.

The Christ said "*The Truth shall make you free.*" Silently hold this thought, and in the meantime let your heart aspire to the condition of freedom thus offered. Stand by the truth unflinchingly, no matter in what form it may come.

To discard all shams and hypocricies is a method of worshiping God—Truth, by thus standing by the truth. To live shams or lies is to build disease—lack-of-case, into the body, as well as unrest, unhappings and discordant vibration into the soul or mentality. It is a method of cursing or of dishonoring God—Truth. "To thyself be true." Find Truth through thought concentration. Awaken now your latent brain cells and talents in that way.

19. Discard Your Pet Shams. Either discard your pet shams or take the consequences without murmuring. Lies are disease breeders. In a sense, they are the only disease breeders, for the Truth cannot be inharmonious or diseased. It can of course produce or breed temporary unrest while driving out errors, inharmonics or disease. Your health will never be on a permanent basis until it is on the solid basis of Truth, or self-knowledge. Every error, sham, or hypocricy which you drive out of your life, helps to establish your health upon the unchangeable basis of Truth. It likewise serves to infuse harmony into your every surrounding.

Begin now, by silently and unflinchingly searching for the shams in your life. They are undoubtedly there if you but have sufficient perception, honesty and fearlessness to see them. Ignorance is their cause. Blindness to your shortcomings is a species of ignorance which has severe punishments. Try earnestly to know yourself as you are. As you perceive your points of strength, silently praise them and in time they will blossom out into their native omnipotence. You are a dear good soul, the only difficulty is that you do not understand your own powers. You fear to stake all on the interior foundation of Truth, hence people do not yet know you as you are. If they could but see the Truth shine through you, they would find you absolutely irresistable. Dare to inspire their love in this way. You owe it to them to thus awaken the Divine spark within them, as you

can easily do by first awakening it within yonrself. You can awaken it in the silence, by discarding all shams and hypocritical attentions and by letting the bald Truth be seen in your every act. Hold the affirmation: *Henceforth-I-will-live-for-the-Truth*.

20. A Declaration of Independence. I-AM. The-Infinite-law-is-ever-within-me. I-rely-wholly-upon-this-interiorpower. I-worship-it-in-thought,-in-word-and-in-deed. I-will ever-dare-to-stand-by-the-truth,-for-in-doing-so-I-am-only= standing-by-this-interior-law-which-is-Truth. I-cannot-fearwhile-relying-upon-its-power. Fear-indicates-a-lack-of-thisreliance. Fear-is-only-ignorance. All-things-go-well. = I-will not-insult-my-own-dignity-and-this-God-within- (from which it springs)-by-living-acting-or-speaking-lies. I-am-willingto-even-stun-people-by-living-for-Truth,-the-Infinite. I-demand to-know-the-all-inclusive-meaning-of-the-words-I-AM.

21. The Occult Art. The Occultist's power, when once gained, can act almost instantaneously. His work is powergaining rather than power-using. It is only another way of saying that the true purpose of life is character building, the attainment of qualities and of powers. Character always talks. The lack of it also talks. It discloses its own deficiencies. The mule's ears will stick out. The noon hour should be spent chiefly in the attainment of the mood of power. The subjective mind is thus given an opportunity to act, and with power. When the right mood is thus attained the thought forces, then sent out, will act almost instantaneously. It is much like the flashlight process of photography. The main work is in getting ready. The actual work is done almost instantaneously.

The average person spends but little time in getting ready, and as a rule the results of his efforts are but limited. Reposefully study this question in your silent meditations of today. See if you can advance one step in the acquire-

ment of the art of thought concentration, or power gaining. If you do, you will thus add a grain of fineness to the quality of your soul. Every such gain will in time reflect itself in your surroundings. Hold the affirmation: *I-now-communewith-my-own-soul*, as a means of getting well into "the silence."

22. Why Do We Fail. Statistics show that fully ninetyfive per cent of our business men die without a dollar. And yet money acquiring, is perhaps the one main object of their pursuit. How bitter must be their disappointment. Our methods of business life are wrong. The one who sells his very soul, his time, lifs energies and perhaps his principles, for money, is the one most likely to signally fail in attaining it. The universe is founded upon realities. Its unrealities must stand aside for these realities. To center the whole mind on transitory things is to follow a will-o-thewisp. Wealth generally eludes the grasp of him who seeks it too ardently. It is a symbol of power instead of power itself.

Our forces must in time be centered upon the attainment of power itself, rather than upon its mere symbols. To attain power is to likewise attain its symbols. It is the only sure way of attaining its symbols. The failures in business life are the natural result of over activity in symbol-seeking. "Seek-ye-first-the-(interior)-kingdom-of-heaven-(power)-and its-rightcousness (its rightness with the interior law of power) and-all-these-things-shall-be-added-unto-you." Hold this text in thought during the noon hour as a means of powergaining, and remember that to do so is no loss of time. Be thorough in organizing victory, and victory thus becomes assured.

23. Organizing Victory. Let us not be too hasty in drifting away from the subject of yesterday. Our work should be continuous, for that is concentrating in its tenden-

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cies. Nature is orderly and never takes long jumps. As Americans are lacking in concentrativeness these methods at first may not seem agreeable, for they are overly fond of variety, of abrupt and startling changes.

You have, or at least should have, some purpose which you earnestly desire to accomplish. You can accomplish it if you go about it right. The powers of the Infinite are within you, at least latently. Are you willing to pay the price of victory? If so you can gain victory. Nature's price of victory is but the attainment and use of the necessary power. Your efforts should be backed by your heartfelt desires and by your natural tendencies of mind. There is one place in the universe which the Infinite designed that you alone should fill. No one can take this place from you. You make it by your thoughts. You should live in thought in the place you desire to fill. You thus polarize to the object sought. Your mind is ever drawing aiding forces to vou. As you thus use your thought in getting into the vibration of the thing or place desired, you gradually fill it with your vibratory thought presence. You become its master. You have thus organized victory. Your body will not be slow to follow. 'Whatever you want, in nature, simply pay the price and take it. But beware lest you sell your soul for a mere symbol, or "mess of pottage." Center your thought upon realities. When you make yourself master of the position in life you desire to fill, you may rest assured that no one will then rob you of it. Do I hear you say "Oh I have no opportunities"? Perhaps you have not. You. ought to know, for you are the creator of your own opportunities. If you have none it is your own fault. Hold the affirmation : I-now-aspire-to-the-qualities,-the-powers-and-the opportunities-which-best-satisfy-my-needs-and-my-relations-toothers.

24. The Mother Principle. As we are now coming

under the Zodiacal sign Cancer, we can well consider the Mother principle in nature, of which this zodiacal sign is representative. We should aim to utilize, rather than to obstruct, these now active universal currents. Marvelous results are nurtured while the sun is in the sign Cancer. The growth of vegetation now takes on its active though embryonic state. The minds of people become dominated for the time being, with at least more of the motherly, caring for instincts. Wonderful occult powers can now be nurtured within the breast of man. I say breast because the Cancer or mother influences are representative of the breast.

Have you not some purpose or some acquirement which you wish to nurture into fulfillment? If not, you ought to have, and now is the time to avail yourself of the helpful universal force-currents. Let us silently hold our purposes in the womb of thought, and realize the urgent importance of producing and maintaining the right moods during this prenatal state, lest the birth disclose the murderous marks of Cain. Let us entertain no ugly or hating thoughts which would be destructive to others, or ourselves. No one can afford to do that. The divine spark is what we should nurture.

25. How to Invoke Cancer Influences. Silently and reposefully hold the following thoughts, viz: My higher self is my true Cancer mother. Its motherly instincts are constantly caring for me. It brought my soul life into being and broods over me as would a "hen over her hone chicken." It inspires me with my best impulses, and actually feeds me with an exhaustless supply of vibratory sustenance. In invoking the Cancer universal currents I have only to deal with the within, for that is my true source of universal supply. One of the most important things for me to fully learn is that the universal and Infinite Father is within. I cannot find it in the without, except to the extent that I have first

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found it within. I will try to do that now by using the following affirmation viz: I-now-invoke-the-motherly-caring-for instincts-of-my-higher-self. It-supplies-my-every-want. Itcarries-me-to-true-success. It-sustains-nurtures-and-protectsme-in-all-things-now. I-praise-it-

26. Circumstances. Multitudes of people have been attracted to the metaphysical philosophy through its power to heal disease. Its principles are ever gaining followers through the actual demonstrations of power which come in that way. Thousands have been healed, even by those who do not yet understand its deeper principles. There are many thousands who have also been more or less successful in applying the philosophy to the accomplishment of business results; but as a rule it is found much easier to apply it in healing. Most anyone with even only a slight knowledge of it can do that.

The majority of people feel the burdens of life in what might be termed their circumstances, fully as much as they do in the matter of health, and one reason our work has been so successful from the start is that our four volumes show how to accomplish results in all business and art. This noon hour practice has also greatly aided students in the actual accomplishment of results through the applications of the principles which those books explain. Let us ever try to be practical and to *apply* principles as fast as we learn them. We never can get a *complete* knowledge of occultism until we get absolute command of its omnipotence. "Knowledge is power" even to the point of that omnipotence. Let us silently say, in the language of "Solomon," "Give me wisdom," for that includes everything.

Be silent until your mind gets steady and then try to better appropriate the knowledge you already possess, by making it more and more a part of your active self. Constantly study in this connection the four text-books of oc-

cultism above referred to. It is possible for you and *pou* and *you*, to transmute into gold, the principles and methods they explain.

27. The Best Will Occur. First get your mind steady. Then reposefully and slowly read the four words, the best will occur. Re-read them still more slowly, and again even more slowly. Then take up a pencil and write the words just as slowly and reposefully as you can. Then silently and still reposefully put to yourself the questions. Is that so? Can they be true? Why is it so? Who, or what, runs the universe, anyway? Can the ruling power be fully trusted? Is there any need of my worrying? What causes do I set up when I worry? Is it sacreligious and a crime against myself and the infinite powers within, to worry? Why?

Go over these questions a second time and then go over the whole process and see if you don't come out of it feeling better. Remember it is a process you can repeat whenever you feel discouraged or unhappy, and is one method of bringing the occult philosophy to bear upon your moods and your circumstances. Ponder over this during the coming twenty-four hours.

28. What Did I Do Yesterday. Ask yourself how you spent the noon-hour yesterday and if it brought you any help or comfort. Did you use those words "the best will occur" in any of your affairs during the afternoon? See if you can call up some of the vibratory effects produced during the noon-hour yesterday. One secret of occult power is to do this. You should learn how to start a vibration, and how to then follow it up and live in it. You started a vibratory effect yesterday by the words "the best will occur." You started an effect which will help to make those words true in your own external life. How true, depends upon your ability to follow them up by other vibrations or thoughts of the same kind.

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You are using the noon hour today in adding to that vibration. It is possible in this way to change the entire attitude of your mind, and as you do that your forces will thus become moulded into new forms and will flow in more harmonious currents. Your outward environments will begin to mend and you will constantly get proofs, in results which come to you, of the truth of the underlying law. You thus get into the thought currents of Infinite good, where the best *always* occurs. Reposefully re-read the fomula of yesterday.

29. The Past. As a rule, nearly all the letters we receive contain voluntary acknowledgements of the inspiration and helps received through the instrumentality of this work. If we were to publish these testimonials in a book, it would necessarily be larger than all of our other publications put together. We sometimes think that such extracts from these letters would offer encouragement to others who are trying to learn and practice the same helpful methods, but it might tend to withdraw their attention and reliance from the all important principles, to mere evidence and authority.

Can you not accept our simple statement that our correspondence as a whole seems to establish the fact that people always get proofs, helps, demonstrations and evidences to the extent that they apply the principles, and that our methods offer much tangible help in the application of those principles? After all, it is proper that each one should get his own proofs, and not rely too much upon the experience of others. Silently review your experience in thought concentration during the past month, and if possible extract from it something that will be of service in your further efforts to master its art. Try to get the true methods more clearly outlined in your mind. You must

appropriate this knowledge of occultism so thoroughly that you can use it.

You have within yourself the latent power to obtain all things; but this power must become active, through knowledge and use. There is nothing that can become yours until you can get command of the power to obtain it, and there is no person, thing, or power, that can permanently take it away from you after you have thus got command of that power within yourself. Learn how to carry God with you wherever you go. Learn to carry yourself with the grace and devout dignity which that sacred trust should inspire.

30. The Future. Next month will be here tomorrow. What are we going to accomplish during that month. Are we in the maudlin condition which is willing to be ruled by psychic or other outside influences, even by "the stars," except perhaps to the extent that their will is ours? Then what can we do to become master, instead of slave. We can rely upon the God within. But how? Through thoughtconcentration and otherwise. We can use these noonday methods of calling up from within ourselves, more force, more life, more power, more happiness, more reliance upon the power of thought, and the improvement of every quality and faculty we possess. Who could ask for more. Even a God could not supply us with more or better facilities for accomplishment and happiness than we now have. But what use will we probably make of these facilities when tomorrow comes. Will we forget all about these practices and drift along with the tide as before? To drift is to go Fluids run down instead of up. To aspire is to down. overcome the drifting and downward tendency of gravity.

Let the following sentence ring in your ears and burn itself into your deepest consciousness—its true home, viz: *Iwill-love-the-Lord* (the law)-*my-God*, for at least one month.

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The Leo Love month will soon begin, therefore it is fitting that we should seek and find the wisdom, the power and the happiness which Love alone can bestow. Let us learn the magic art of gaining the quality, or essence of Love, as well as its resultants.

To STUDENTS of OCCULTISM.

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NOTE.—We recommend that our four volumes, or text books of occultism (by Ernest Loomis, price \$1.25 each) and also Eleanor Kirks "Influence of the Zodiac upon Human Life" be used in connection with these daily subjects.

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