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Thought-Laws and Methods.—Continued.

[Taken from Vols. I., II. and III.]

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The main object of all education is to train the thought faculties for concentrated, united and therefore powerful action, and upon one thing at a time.

The life attainments of each one of us are but meager when compared with that which is possible for every soul. That we make perhaps even shipwreck on points of judgment, taste, success, health, matrimony, business, happiness, usefulness, etc., is because through ignorance we choose the wrong methods of life. It should be plain therefore that our special and lifelong study should be our inherent talents and powers and how to make the best of them, nor should our knowledge of principles, theories and methods be widely separated from their practice.

All the laws of the Infinite were required in building your soul, all the laws and forces of the universe are represented within you, and all the resources of the universe will be ever at your command when you learn and obey all those laws.

All things are obtainable by rightful methods by him who is able to fully reach their causes by reach-

ing the correspondences of those causes which are within himself. Therefore, in choosing the things that are desirable it is not necessary to exclude any on the ground that they are beyond the reach of man to obtain. All desirable things are within his reach, and to obtain them is only a question of paying the price by setting up the right causes within himself. When the nature of those causes is thoroughly understood, it then becomes comparatively easy to measure the real desirability of any object or purpose, because it is then easy to see what would be its esoteric influence upon the self, whether of happiness or unhappiness. It is only natural that a person should desire happiness, and therefore when the effects of actions are thus foreseen his desires undergo radical changes, and he gradually centers his interests on things which would be of permanent advantage to him.

The door of opportunity for each individual is but a door of self-knowledge, which when opened releases those interior forces and potencies in which his physical, mental and spiritual self or capital consists.

That door is reached by a process of thought, and it is through the medium of thought that those forces and potencies may become externally active in influencing persons and things which are at a distance and for the good of all concerned.

It is only in the light of self-knowledge that a person is able to even know what things are truly desira-

ble, and in what direction his real opportunities lie, for until he fully understands his nature he cannot reasonably expect to fully understand its adaptations.

If you desire that your thought should act and react upon the interiors, or the magnetic undercurrents, of all things in nature, you should reach and awaken into activity those high rates of motion within yourself which are keyed to a very high rate of speed. When thought action is from these interior magnetisms, forces, potencies and motions within the self, the individual thus acts upon undercurrents which are the controlling powers of the things he seeks. For instance, if the desires of such a thinker were centered upon external possessions, he would thus form magnetic currents which connect with the interiors of such possessions, and it would then be their tendency to flow into his life by virtue of the currents thus formed and without external effort on his part in obtaining them.

Man should first use the laws of thought, motion and occultism, as a means of gaining qualities and wisdom. He needs more faith in the external possibilities of those interior laws which create all interior forces and powers. He should strive to acquire higher standards of self-trust and manhood; freedom from the tyranny of past conceptions which were founded upon ignorance, false teaching or tradition; fidelity to truth and the courage to be truthful at all times, and freedom from all forms of the negative action of

his faculties, such as would result in fear, worry, anger, etc.

Power which comes through occultism is from within and under the absolute control of the will. It comes through exact knowledge and by the voluntary exercise of exact principles.

We get so used to the powers of steam, electricity, etc., that we thoughtlessly neglect to apply the same principle to the greater powers within ourselves.

The laws of motion conclusively teach that force is literally everywhere, and therefore that the unseen is as full of living realities as is the seen.

You possess the interior law of motion. It is your main stock in trade, your opportunity, your very life itself. In fact, the Infinite has offered you every inducement to learn its laws of individual growth, and then to conform to them with absolute and unswerving fidelity. It is only through a thorough and working knowledge of these laws of motion, occultism, etc., that you can obtain for yourself this omnipotent backing and its consequent compensations; therefore, any time which is judiciously spent in learning those laws, rules, methods, etc., is the investment that will pay most handsomely in material, mental and spiritual dividends.

It should be plain that he who through understanding gets conscious command of this law of motion within himself, will then be able to control the atomic magnetisms of his own body, and heal diseased

conditions within himself or others. The same principle and rule would also apply to money-making, business success, power, happiness, etc. In other words, when through understanding he comes into co-operative touch with that omnipotent law of his life, he thus becomes the conscious master of every organized magnetic force which has not yet awakened to the same realization, simply because he can by thought, neutralize their underlying vibrations by arousing higher ones within himself, thus enabling him to mold their lower vibrations at will by his thought powers.

Man is so tied to his exhaustless source that he may borrow *now* the conscious strength of its omnipotence. Within every atom is a spiritual striving or life principle. That striving or desire is thought. Its soul is the power to think. That power in the atom is deathless the same as it is in man, and, in time, will put to blush man's present state of development. Then why should we say high or low, or pronounce superficial verdicts of good or bad? "Judge not that ye be not judged, for with that judgment ye judge shall ye" set a standard by which your present stage of progress may be known.

Man's spiritual health will soon suffer if he ceases to be "hogish" in his appetite for truth. It is man's desire for knowledge which makes of him a natural-born conquerer. There is nothing to conquer except ignorance, because that is the only thing which can

bind or limit man's soul principles or power to think.

The acquisition of knowledge is so important to man that he should not be alarmed if his armor is attacked at every point. That within him which is founded upon the Truth of his Being is invulnerable and can never be successfully attacked, and all that is invulnerable should be attacked in order that he may stand out in all the glory and majesty of his omnipotence, thus fully manifesting his cause. There is nothing which can happen that is so much to your interest as to have every sham and falsity in your life not only attacked but ruthlessly torn from you.

There is absolutely nothing in nature that you should fear, for God reigns as the law of your heart as well as the law of the universe.

The great and tender heart within you is ever pulsating at a rate which is able to radiate the vibrations of omnipotence to the very circumference of your outward relations. It only remains for you to set up the proper thought conditions.

The power to think is that native germ which, like Truth—its cause—can be trampled upon, buried under mountains of ignorance, sunk in the quagmire of error, or subjected to the most ridiculous, insulting and degrading impositions, without suffering to any degree the loss of its native powers and vitality. Phoenix-like it will rise from the ashes of the dead, time and time again, and until its original purpose is fulfilled. That purpose is to demonstrate through

you, through me and through every heart the omnipotence of that within the heart which gives it vitality and immortality.

The wonderful power which may be acquired through thought concentration arises from the fact that through it man attaches the thought consciousness more and more closely to the higher self, or in other words, to that interior law or principle which is the source and cause of all motion and all power. Carlisle said that "The weakest living creature by concentrating his efforts on a single object can accomplish something; whereas the strongest, by dispersing his over many, may fail to accomplish anything."

It is because man's higher self is at one with Truth, that its unspeakable powers are given to his thought to the extent that he keeps his thought-consciousness in touch with his higher self.

That he fails to properly do so is the cause of all his troubles and misery. It is why his body becomes inharmonious or diseased and then dies. It is why his business affairs and circumstances get "out of joint" and unsatisfactory. It is the cause of all his unhappiness, dissatisfactions and sufferings. It is the why of everything that is called "bad" or "evil."

Your every mood has either an organizing or a disorganizing effect upon your thought battery and thought powers. The mood of reposeful effort is the mood of concentration, organization and power. The

mood of anxiety, hurry, anger, fear, hopelessness, indecision and despondency is the mood of discordant vibration, disorganization and inefficiency.

There is a point of repose within the self where motion begins and ceases. That repose is equal in power to all the activities in nature, therefore when that point is consciously reached it gives the thought power and command over all manifested nature. The reason is that it gets command of motion by going to that point of interior repose where motion begins. All the manifestations in nature are through motion as may be proved by scientific and microscopic tests with atoms and aggregations of atoms. When you reach that point of interior repose, where outward power begins, you gain perfect command over all vibration by thus coming into perfect touch with its cause—the law of Love.

The true Occultist occupies a throne. His throne is the will. His will is "Monarch of all it surveys." He is able to say, "I will be what I will to be," and to have that royal edict carried into effect. He is able to command thought in the calm certainty that such commands will be implicitly obeyed. Through the power of thought, he has direct control of vibration. Vibration is the fluidic essence of all manifestation, and therefore the power which accomplishes all results in life or art. "Brain waves," as Science terms them, are the vibratory tools of thought, and are ever at the command of thought.

The human body has long been considered nearly all fluid, and now that its every atom is proved to be only a rate of vibration, it is not difficult to perceive how responsive those atoms or vibrations must be to the controlling power of thought and the will.

The Occultist's power is only the action of instructed thought. The development of occult power consists in thought instruction, thought direction, and the acquirement of thought control. Thought control naturally depends on the will or thought direction, and that in turn is dependent upon thought instruction.

Man's higher self, like its cause, is literally omnipotent; and to the extent that he acts from that center does his thoughts become potent in accomplishing external results.

Your world will change as if by magic as soon as you change the "goggles" of thought through which you view it. It would be difficult to imagine an easier condition or requirement for the attainment of a purpose so great. It is only when you bring into action your interior thought-omnipotence that time and size and the exactions of severe efforts in the attainment of objects, are done away.

If through a knowledge of practical occultism we put into operation its laws of thought, we then can no more prevent the consequent results, except by reversing or exhausting the thought currents, than we

can counteract the laws of gravitation and thus stay the rapids of Niagara by a wink of the eye.

Man's position in the world should be that of master and not slave. His power to think will enable him in time, not only to "subdue the earth," but to control "every living thing," and to overcome even death itself. True mastery may be called a science, because it is governed by fixed principles, which are as exact and eternal as are the principles of mathematics and the universe.

The laws of thought and vibration are the eternal principles which place transcendent possibilities within man's reach.

When you thoroughly understand your thought powers, you may create for yourself unlimited opportunities, and thus bring into your outward life, the embodiment of your highest ideals, your noblest ambitions and aspirations, and your heart's deepest cravings.

Man is subject to the control of circumstances and to the magnetic influence, or gravity, of every outside organized body, including the planets which compose our Solar system, until through self-knowledge, he is able to awaken within himself vibrations, or magnetic influences, which have higher rates of speed, and which are, therefore, more powerful, and abundantly able to neutralize, or control, such outward magnetisms.

The low vibrations of an inferior organism are

easily disintegrated, or reorganized, by him, who, through knowledge, is able by the power of thought to consciously generate higher vibrations, thus touching its keynote. The greater includes the less. This power should be used with the utmost caution, because other organisms having the same keynotes might be affected at the same time, which might lead to disastrous results.

The Occultist's power consists in his ability to uncover the Love principle within himself by uniting his thought consciousness with its interior principles, with the higher self, with that principle of Love which is the exhaustless source of all vibratory power from omnipotence down. The path of devotion is, therefore, the short road to self mastery, and to the mastery of material circumstances. Man's devotions must become something more than an abject appeal for an undeserved good which he is too lazy to work for.

It is a mistake to associate the development of occult powers, or the creation of opportunities with any dominant use of will force. It is rather a process of unveiling those potentialities which lie within the human heart, thus making a way for the undercurrents of universal power, universal justice, and universal law, all of which are founded on universal Love. The dominant use of will force signifies obstructiveness of these universal currents, and, to that extent, tie man's hands. "I and the Father" can

never become one in power except by becoming one in motive and intention.

Every use of will force which is not in harmony with universal Love, must react on the one so misusing it, with disastrous consequences in proportion to its power.

Therefore, the first thing to persistently demand is the wisdom to know the best, the right and the true, so that you may never bring such disastrous consequences upon yourself.

When you properly use the creative powers of your thought in demanding and thus bringing to yourself desirable material surroundings, such as the best clothing, foods, friends, or wealth in all its forms, your gain will mean also the gain instead of the loss of others. Wealth which comes in ways that mean a loss to others, would bring you more pain than pleasure, and would load your soul with the necessity of expiation, because before you could key yourself up to the wrong motives which would inspire such actions, you would by your thought, first sow within yourself destructive vibratory currents, which would bind you to even a greater extent than they would the ones on whom such unwholesome powers were exercised. You cannot enslave another without enslaving yourself to a greater degree. There is no way except obedience which is able to pacify the law of your nature.

The average mind is inclined to place its reliance

too much upon property or other external things, which universal experience has taught are almost as unstable as water.

Nature designed that your faculty of self-trust should be ever kept on the throne of your will as the original and God-given leader whose duty it is to enforce and maintain thorough order and discipline among the faculties, and so prevent that disorganization and inharmony, which would tend toward their self-destruction.

There is a science of life which is mathematically exact. It is that method of nature by which each faculty faithfully performs its proper functions in accordance with the basic law on which all faculties are founded, and from which they derive their tendencies.

Self-trust becomes offensive only when it is not properly balanced by sound sense. True self-trust is *founded* on sense which is sufficiently sound to thoroughly understand the omnipotence of that law of attraction and manifestation which lies within the higher self. The instinct of self-trust can reach its true depths only when it results from a realization of what the higher self truly is.

Within the positive pole of man's instinct of self-trust is all the latent potencies of Truth the unmanifest. It is by virtue of these inherent potencies that he is insured the full manifestation of all its inherent positiveness, and the tendency to so manifest will never cease until that ultimate is reached. In the

very attainment of that ultimate will he again become unmanifest, because then all boundary lines, limitation and bondage will vanish and become merged into that within himself which is boundless. That vast expanse which is called the manifested universe is but the form produced by the first differentiation of Truth the unmanifest.

All doors, all opportunities, and all the magazines of nature are open to you when you learn how to use your interior powers. Those powers must in time become active along right lines. It is an occult principle that the *right* door of progress is the only one that is wide open for you, and to the degree that your opportunities are not *rightly used*, will the greater opportunities be closed for you until right and justice is perceived and desired.

The fact that your fate rests in your own hands and is under your entire control, instead of being at the mercy of any capricious and uncertain external power, which might be unfriendly to you, should be a source of great encouragement. It should be encouraging to you to know that you can get good things by simply earning them; that your soul is so great that it has the latent power to demonstrate for itself perfect mastery over all things, and in time to overcome even death itself. The soul is deathless, and must in time become externally so.

You are reaping what you have sown, and cannot reap what you desire until you have sown the causes

which underlie those effects. By your every thought you are sowing causes. For that reason it is extremely desirable that you learn the art of controlling your thoughts, that you may thus sow only those causes which will bring to you results that are desirable. The law of success is a law of thought, which may be put into operation through thought control.

If life were made a matter of being and becoming instead simply of getting and possessing, it would thus get at the true secret of external success, and no individual would be wanting in opportunities. The greatest good fortune and help that could come to you is not simply an inheritance in money or other material possessions, but rather the self-knowledge which places those and much greater things within your easy reach.

The merchant who understands the powers and forces within himself can easily make money from most any materials, and is the master instead of the slave of his money bags.

The talent which can make money and thus obtain clothing or other material needs, is greater than that money or clothing. The present condition of your purse or of your clothing will matter little to you one hundred years from now; but it will matter a good deal at that time, of what use you made of your talents and forces, by your actions of to-day, for those talents and forces were created for eternity.

Each thought-act has its direct bearing upon your

future and will add either to your happiness or your misery. Therefore, each act should be founded upon that self-knowledge which is true wisdom.

No true occultist would permit his ambition for acquiring to degenerate to the accumulating instinct alone. That money offers the means to gratify man's finer tastes and to do good, and, therefore, that it is desirable if rightly used, is unquestionably true. That point is not even debatable. It is also desirable that man's finer tastes should be gratified; that he should have the advantage of a good home, cultivated friends and companions, the best foods, the best books, the most convenient methods of locomotion, and, in fact, that he should be supplied with every external necessity, convenience and luxury that is in the power of material possessions to purchase, and then he should become their master instead of their slave. He should use money as a means of doing good, as a means of relieving the wants of those who suffer, and are weaker than he, or who are in need, and especially as a means of helping them to help themselves, which is the true method of help.

There is a very pure instinct in man which is gratified by giving, but to give implies that we first receive.

Let us determine what it is that we truly desire—what it is that our hearts most intensely crave; let us form true conceptions, ideals and standards, and then hold to them until the currents thus formed bring us

into actual contact with their corresponding external embodiments.

Occult powers are born of calmness and repose.

Did you ever ask yourself what it is that draws together the forceful souls which make up a great city? It is not geography alone. "Thoughts are things." The invisible becomes interlaced with a network of great currents of force compared with which the ocean tides and electric currents are as nothing.

We little realize the creative power of our thought. It is tremendous, it is unlimited. All creation is through thought. Man's power to think is infinite and eternal. To him there is nothing unthinkable, nothing unknowable, nothing he cannot in time do if he sets about it right.

In using thought force, the difficulty is that, even after we understand its power, and that every thought creation, whether in the form of desire, hope, imagination, faith, aspiration, or direct thought, is building for us the thing desired, and actually bringing it nearer; still, we cannot banish our fears, our anxieties, our moods of hopelessness and discouragement, all of which are thought forces, but which send the thing desired farther away. Sometimes it thus becomes a case of one step forward and two steps backward.

Control your moods and you will in time control your environments. Stop, now, and *break* the chains of your imaginary servitude and slavery. You have

forged them for yourself. Slavery is not your natural heritage. God, the principle of all truth, endowed you with the inherent right to *think*, of all truth, and thus, by the power of creative thought, draw on the exhaustless resources of His omnipotence for the accomplishment of your every undertaking. Who can say of what you shall think, and, therefore, create?

In that respect you are absolutely free *now*. Exercise this Divine prerogative with royal freedom. Set no limitations on your possibilities. Your thought has power to do for you whatever you want to do. Your strength is in proportion to your courage, knowledge and faith. Your starting point is yourself. By understanding yourself, you will understand all that exists, have command of all power, and get on that indestructible line which connects you with God Almighty. Spiritual liberation may be yours *now*.

That deathless something within will cry for liberation until its cry is satisfied, by an *outward manifestation*, through *you*, of that perfection and omnipotence which it represents, and that, too, no matter *how* lowly may be your *present* condition or circumstance.

It is a waste of time to build for time, or sense, or for other than eternity.

Construct of plastic thought an ideal body, an ideal home, ideal friends, ideal surroundings and an ideal character. Live the ideal life. You are not restricted in material or cost. Thought has power to

draw on the Infinite reservoir of primordial matter. Select ideals that won't have to be changed. Be sure to build in a way that will do credit to the generous giver of omnipotent thought, who thus placed Infinite resources at your disposal. To have one ideal to-day, another to-morrow, and still another next week, or next year, is to waste precious force on a crumbling foundation of sand and can only result in a meaningless and chaotic conglomeration of wasted material, which is an insult to your dignity and to your Creator—creative law.

Occult Science teaches the art of tapping the springs of omnipotence within, so that by the power of creative thought, man can do whatever he sets out to do. It offers special opportunities to woman, who is relatively restricted, in her choice of a field for accomplishment. She may choose the subjects of her *thought* and *follow* them with absolute freedom. It is her special province. Her faith is thought power. Her love, morality, fidelity and purity are wombs where occult forces are safely generated. Her intuitions offer an easy channel for their outward flow.

When man learns that an instructed woman can by the aid of an inner sight, or wisdom faculty, foresee dangers and weak spots in his business, he will be only too glad to avail himself of her loving help. When he learns that if trained in concentration, she can turn the X rays and occult forces of her higher

self on to the causes which produce business results, he will be only too glad to have her loving thought permeate every nook and crevice of his business relations, and thus be for him the helpful organizer of great results.

Let man demonstrate by *actual experience* the ability to draw, through the power of thought, on Infinity for an *abundant* supply of money and all it implies. He will then no longer care for vast accumulations, knowing they would be only a useless care and burden, nor will he withhold such needed help to his fellow-man, as he may have the impulse to render, or try to do less than justice to all in his every transaction

Spiritual liberation is to come, not by stifling selfishness, but by the development of that omnipotent power within which can *afford* to be generous. Courage and generosity generally arise from a consciousness of superior strength. Learn how to develop your inherent spiritual strength and spiritual liberation will take care of itself.

"God helps him who helps himself." Man should help his fellow-men to help themselves and not regard them as helpless, forlorn or unfortunate, or to cry with them for company. By first attaining equilibrium of soul, or spiritual strength, and the abundance incidental thereto, he will thus be able to throw others into right relations with their own fountains of

strength and supply and to give them outward help on all proper occasions.

That sickly, helpless "sympathy," which says: "Poor, unfortunate Jones!" even if it does also give of money, generally does more harm than good. Poor Jones is already suffering through failure to realize his own inherent strength and your thought images of helplessness are *powerful* to forge even stronger chains or thought currents, which load him with greater misfortunes. Is it *kind* to render such a morbid pleasure and injury, when you have the power, perhaps, even without the electric shock of *seeming* coldness to bring him into relations with that within himself which is a never-failing and ever-abundant source of supply?

The Infinite has set an indelible stamp of approval upon true methods of self-help. The Infinite is a *law* which pre-exists within each soul. It is its animating impulse which gives him the desire for self-help. Infinite possibilities are freely offered to whoever will regulate his conduct by rules founded on that law. To do so is therefore true self-help in its very essence.

Every faculty was given man for use, and the highest virtue consists in the harmonious activity of his faculties in efforts to accomplish wise purposes and thus obtain true happiness for himself.

It is not a crime to be happy. It is a crime

against your nigher nature to be unhappy. Unhappiness is possible only when you disobey some of the laws of that nature.

There can be no sensation either of pain or pleasure except through the action of the vibratory forces within. The harmony of those interior vibratory forces must necessarily produce pleasurable sensations and happiness. Painful sensations or misery is the inevitable result of their discordant and in-harmonious action. Avoid the cause and the cure is complete.

NOTE.—Send for booklet entitled "A Church of Silent Demand." It gives valuable force-massing methods. Price, 15 cents.