

OCT 01 1898
OCT 10 1898
Sept. 1898
Vol. 4. No. 4.

Occult

Science Library

Published Monthly.

Per Year, \$1.50.

Per copy, 15c.

SUBJECT: HOW OCCULTISM CAN HELP ME.

List of Subjects for other Months.

Obtainable at 15c each.

Vol. I.

1. Power of Thought.
2. Love is Power.
3. Woman's Occult Forces.
4. How to Rule Your Kingdom.
5. Useful Occult Practices.
6. Esoteric Laws of Happiness.
7. Occult Helps.

Vol. II.

- No. 1. Occultism in a Nutshell.
- " 2. Marriage.
- " 3. How to Create Opportunities.
- " 4. Your Talents.
- " 5. Health.
- " 6. Health Recipes.
- " 7. Methods of Using Occult Powers.

Vol. III.

- No. 1. Methods of Self-Help.
- " 2. Methods of Self-Help through Self-Trust.
- " 3. Methods of Self-Help through Self-Knowledge.
- " 4. Methods of Self-Help through Self-Culture.
- " 5. A Plan of Self-Culture and Self-Help.
- " 6. Helps.

Ernest Loomis & Co.,

70-72 Dearborn St., Chicago, Ills.

Free Correspondence Lessons

IN OCCULTISM, By Ernest Loomis.

This department of our work is for those who wish to thoroughly develop their occult powers and then to use them not only in all business and art but also in matters of health, in helping others, in the acquisition of knowledge, in the formation of business and other plans, in character building, in judgments of human character, in the pursuit of happiness, in fact, in the accomplishment of every practical affair in life.

The average student's inability to properly apply the principles and methods of occultism and thus to adequately demonstrate through results, its magical powers, is due, first, to his failure to fully grasp the esoteric meanings of some of the underlying principles of the philosophy. Second, through failure to comprehensively understand the relations which each of its esoteric principles sustain to all the others. Third, through lack of that true self-knowledge which teaches the relation of the interior forces to the Infinite and to the external world. Fourth, through opposing unknown esoteric undercurrents of the individual character. Fifth, through peculiarities of temperament and misunderstood individual tendencies. Sixth, through wastes of force, through lack of thought control, through unknown psychic influences, through the sex functions, and otherwise. Seventh, through his consequent inability to properly govern the moods, marshal the faculties and mass his occult forces.

Our Methods of remedying these difficulties and of thus training the student in accordance with those occult and scientific methods which enable him to multiply his powers and capacities many fold, are as follows, viz.:

First. Through our four books, "Your Practical Forces," "Practical Occultism," "Methods of Self-Help" and "Force-Massing Methods" (price \$1.25 each) he is given a thorough general knowledge of the principles and methods of occultism, and also how to use his occult forces in all business and art.

Second. Through the co-operative thought practices which are taught in those books and which are then practiced daily by the student, and in connection with thousands of the members of our Brotherhood.

Third. Through others of the \$17.00 worth of books which are given to the members with this course of correspondence lessons.

Fourth. Through a thorough character delineation which is given the member by our Mr. Loomis. These delineations show by exhaustive scientific methods the various esoteric undercurrents, peculiarities and individual tendencies of his character, and offer him helps and accurate advice for the development of his occult powers and the individual tendencies so discovered.

Fifth. Through helps to be used daily in the conservation and transmutation of the forces.

Sixth. Through special daily thought helps and co-operative helps, to be also used with the above objects in view.

Seventh. Through question sheet correspondence lessons and correspondence reviews of the student's answers and covering the twenty subjects treated of in "Practical Occultism," "Your Practical Forces" and "Methods of Self-Help" (all of which were written by Ernest Loomis). These twenty subjects cover the whole general philosophy, and by aid of the question sheet lessons and reviews the esoteric points contained therein are more fully brought out and in a way that adapts them especially to the student's peculiarities of temperament and individual needs which are revealed through the character delineation which is made for him. In fact this course teaches esoteric points of philosophy (such as the cause of force, etc.), which the scientists and great thinkers of the world have stumbled over and tried in vain to solve during all historic ages. The usefulness of this course is greatly increased by getting the whole philosophy including the student's answers and our correction (if any) of those answers all in permanent form: which can be referred to or reviewed.

There is at present no charge for these lessons, the only charge being \$21.00 for the \$17.00 worth of books, the character delineations, etc., and which are a necessary part of the course.

Send to Occult Science Library,

70-72 Dearborn St., Chicago, Ill.

How Can Occultism Help Me?

Copyright, 1898, by Earnest Loomis.

Force-massing is the object of the occultist. The silent powers of mind are the refined forces with which he deals. Those forces are within himself and act chiefly through his thought. Whoever can think can become an occultist, for the occultist is but a thoroughly trained thinker. All active power is but a matter of force-massing. As success is gained only through the attainment and use of power, the science of force-massing is therefore a matter of almost supreme importance to whoever would become truly successful. It is of equal importance in the attainment of happiness, because all sensations of happiness are but the interior vibratory results of force-massing. In fact there is no purpose in life, however great or noble, that cannot best be obtained through a scientific and working understanding of the laws and powers of thought. The power to think which is common to all is a force-massing power, but unfortunately, as a rule, it is used as a means of force-scattering instead of force-massing. Its powerful forces are allowed to run in the channel of anger, worry,

despondency, indecision and other negative thought. That is the natural result of desultory, automatic and unscientific thinking. It drives results away instead of attracting them. Even when the tendencies of the mind are positive, affirmative and in the right direction, the results of its thought activities are liable to be varying and finally unsuccessful unless the laws and powers of thought and the methods of occultism are comprehensively understood. When results thus become varying it is the tendency of the negative forces to increase until the balance of power is on the negative side of the equation, viz., upon the side of self-distrust, anxiety and consequent failure.

This principle and fact is demonstrated in the lives of many who for a time are successful but who afterwards lose their fortunes and are unable to recover them. People say they have "lost their grip" (their force-massing powers), and so they have, and as a result their forces pull in the wrong direction and toward failure, instead of toward success. Their supposed independence thus takes a tumble. If the whole truth could be known it would be found that a money or property independence is but little better than no independence at all. The only true independence is that which comes of a thorough working knowledge of the forces which you possess, or in other words, a knowledge of practical occultism.

As force-massing is but a species of character building, and is dependent upon firm adherence to the

strictest principles of integrity, right and justice, (see essay entitled "The Power of Integrity,") it will be seen that the highest ethical principles as well as every instinct of self-interest, absolutely demands that man should learn and obey these occult laws and principles of his Being, and it can only be done by putting into practice the laws and methods of occultism. That demand could hardly be more imperative if it were a voice direct from heaven. If you will but silently listen to the voice from the heaven within it will respond to the words "God helps him who thus helps himself."

The laws of man's constitution are laws of God, which it is his privilege, his duty and to his highest material interests to know and obey. The reward for such obedience is that he thus obtains for his thought a backing of omnipotence. The law of Love is that omnipotence. That law is an all-powerful force-massing centre within. It functions through gender and otherwise. Its attractive magnetisms are the magic which unite his positive and negative forces, thus making vibration, force-massing and its magical vibratory powers possible.

Force is but vibration. The law of Love is its cause. All force springs from the law of Love. That law within yourself will lend its omnipotence to your thought only to the extent that you adjust your thought faculties to its divine and unchangeable principles. The final rewards of conscious omnipotence

will not come to you until you understandingly make perfect adjustments of your thought faculties to those principles. To do so should be your untiring effort and constant study. To pursue that study is to travel the charmed and holy road of scientific Love. It is to reap Love's constant satisfactions as you go along, and to the extent that you succeed in co-operating with the laws of Love.

Love is the one supreme power. The science of force-massing is but the science of Love. That science is true occultism. Its permanent attractions are so great that all must in time gravitate to its eternal polarity, if not in this life, then in some other. Its counterfeits also have their fascinating attractions, but of a harmful instead of a helpful kind. To avoid their harmful influences requires much occult knowledge and wisdom, because they deal with magnetisms and unseen force currents which constantly surround us, even though we are entirely oblivious to the fact. We become subject to the harmful consequences of these force currents to the extent that we fail to comply with the true principles of occultism. Therefore ignorance of the entire subject instead of being a defense against such force currents adds to their dangers.

Do you ask how we ignorantly become the victims of harmful and poisonous force currents? It is by our constant infringements of the laws of thought; by our yawning, negative thought-projecting and

force-scattering moods; by our anxious worrying and angry thoughts, and by every method of force-scattering or force-wasting which tends to depolarize and thereby leave defenseless our force-massing powers of mind. Those who refuse to investigate these principles must inevitably suffer the painful consequences of such infringements; but they are not the only sufferers, for those who investigate by wrong methods are also sufferers.

For years the tendency of the public thought has been in the direction of an intense materialism which is, perhaps, the very opposite of the basic occult principle that all matter (our bodies included) is but vibration or force. Now that they are awakening to the importance of investigating the finer forces in nature they naturally try to do so by the old worn-out materialistic methods with which they are so thoroughly saturated. The result is that they become little more than mere phenomena seekers and therefore gormandize on the so-called proofs and demonstrations to be obtained at materializing seances, etc.

They ignorantly rush to seance rooms and spiritualistic development circles much as flies would flock to a death trap baited with molasses, and the after results, though not quite so sudden, are almost as fatal to their farther progress as would be the death-trap to the fly. The fact is they thus throw open the intuitional and other mental doors and soak themselves in some of the most poisonous and force-drain-

ing currents which could be found in the whole psychic world. These psychic gymnastics or so-called "development methods" which are practiced for the purpose of so opening the intuitions to "spirits," and "spirit control," also form connections with some of the most diabolical and vampirical psychic influences which could be imagined. That is what the true occultist tries to avoid, for such practices are inversions of the true methods of occultism.

The occultist's power consists in his ability to co-operate with the law of force within himself and thus to awaken from *within*, its consequent forces. This is true force-massing, and it is the only way that one may entirely protect himself against harmful external psychic influences. As this concentrating, force-massing practice of co-operating with the interior law of force becomes habitual, it gradually builds around the individual an armor of protection which is something more than a mere shell, because it becomes solid to the center or central law from which it springs.

This practice serves to cut off all sympathetic psychic connection with the harmful influences and poisonous currents of the unseen world. The success of the occultist may be measured by his ability to do that, while the very opposite is true of those spiritualistic inversions of these basic occult principles. The success of a materializing seance may be measured by the ability of those composing the circle

to become passive, negative and receptive to external psychic influences, or in other words, by their power to thus drain themselves of their vibratory forces and build those forces into the forms of which the demonstrations or so-called materializing phenomena are composed. These forms will wither as the vibratory forces which compose them are withdrawn.

Such evidences have been accepted by many materially-minded persons as absolute proof of the continuity of life. Therefore they may have been serviceable in supplying hope to a faithless generation, but all of these so-called evidences have been at the personal expense of those individuals who have supplied the phenomena. The time is rapidly approaching when man will need no such illusive evidences because he will have not only the faith, but the sure and well-founded knowledge that life is continuous, and that the unchangeable law of force which is the exhaustless cause of our wonderful force-massing powers, cannot permanently die like the flies of an hour.

The success of telepathy and thought transference may also be measured largely by one's power to project the thought consciousness while negative and receptive, but their practices are harmful. If a thought is sent out with an ear or an eye at the end of it, it will hear or see, but will bring suffering in return to the extent of its ability to absorb from the psychic world. These inversions of occultism have

their keen fascinations and temporary satisfactions, but they are harmful in their final effects to the one who ignorantly practices them. True occultism has almost infinitely greater satisfactions and fascinations, and they are permanent instead of fleeting, because they are the result of force-massing instead of force-scattering.

Hypnotism is also an inversion of basic occult principles. The true occultist would not dare to so dominate the will of another, for he would thus gradually cheat himself of his powers. He is able to exercise even greater power over others by simply awakening their higher selves. That is all that is necessary to influence others to follow the wise interior leadings and to manifest the forces and powers which then come to them as a natural result. The only safe way is to confine strictly to such general principles and to avoid all specific thought suggestions as to what others shall do. Thus may we exercise greater powers than would be possible to the mere hypnotist. These powers may be legitimately used in healing, in business or in all other affairs.

It is positively dangerous to become subject to the will of a hypnotist, no matter how pure may be his intentions or how well meant his efforts. The hypnotist himself suffers even greater dangers than does his victim, and he gradually robs himself of his powers as they are thus misused. These matters, however, have already been dealt with in our publi-

cations and it will be unnecessary to dwell upon them at length. Suffice it to say that we are all in danger of the harmful force currents of the unseen world, until we thoroughly understand how to master them by first gaining command of their correspondences within ourselves.

The whole universe is literally filled with force. In fact it contains nothing but force, for even the atoms of which all material things are composed are but rates of vibration or modes of motion. As we will be forever surrounded by these unseen forces it necessarily follows that the only path of wisdom is to take whatever steps may be necessary to acquire a comprehensive understanding of them, thus obtaining a thorough working knowledge of the occult forces within ourselves and the force-massing methods through which we may more successfully use them. So long as we ignorantly or unwisely draw on external forces will we continue to scatter our forces and thus weaken our force-massing powers. We should become negative and receptive to the inner vibratory forces only. To become receptive to the external forces is to open up avenues through which the potencies of both body and mind will ooze out.

Our world of power is within, and if we would make the most of it we must not waste time and force in mere moon-gazing or in listening to the psychic echoes of the external world, for such practices scatter the thought forces and gradually unset-

tle the mental balance. They also open up avenues through which insidious psychic organisms and force currents will during the negative moods of sleep stimulate the passional faculties of the mind and thus drain us of the sex forces. Thousands to-day are unknowingly sapping the very foundations of their vitality, their talents and their powers by just such methods.

It is man's business to take complete possession of his forces, but so long as he ignorantly transgresses the force-massing laws of thought will he be the slave instead of the master of the general currents of external force. Even our dreams are evidences that the mind is drifting into astral realms. Through absorption of psychic influences we thus become weakened in our force-massing powers. The sleep which is dreamless is the sleep of power, simply because of its concentrating and force-massing tendencies and possibilities.

Power comes through repose. Repose is a species of concentration or force-massing. The occultist's physical acts are reposeful because he depends chiefly upon his thought forces and his force-massing powers of mind in the accomplishment of physical results. The body should act only when led to do so by the spiritual mind or higher self. There are methods and occult practices by which the mind can be so charged at night with the forces which flow from the higher self, that during sleep it will send out a net-

work of attractive forces and occult currents, which being the attracting causes will lay the wires for a future success. The powers of mind may be thus used in the accomplishment of every undertaking.

The bodily organism though composed of force is but a mere effect, and therefore its powers in action are comparatively weak. Man will make but little headway in the gratification of his desires until he learns to deal with something more than such mere effects. He must learn to deal with the causal forces of which the body is but a crystallization. A crystal, of course, has magnetic powers, but they are limited when compared with the powerful forces of which it is composed. The true occultist, like the true chemist, deals with his materials or forces while they are in a fluidic, gaseous or spiritual state. That is why his powers are so great.

It is impossible to fully satisfy the soul's cravings for success and happiness by mere activities of the physical body. To try to do so is like trying to satisfy a starving man's appetite with a spoonful of "circus lemonade." As the desire for individual self-help and happiness is the keynote to individual and universal progression, the true welfare of society as a whole demands that the intelligent and proper gratification of the soul's desires should be the chief aim and effort of each of its individual members, but in legitimate, scientific and intelligent ways.

The path of highest success, wisdom, virtue and

duty therefore lies in the direction of true self-help. That in turn is but a matter of practical occultism because it is best obtained through the knowledge, development and use of inherent faculties and forces, or in other words through a working knowledge of the inherent laws of force. Then do you ask if to develop and use your forces in accordance with the scientific principles of occultism will help you? Let us assume that you have already answered that question in the affirmative and that the one remaining question is how can occultism be made to help. It can be made to help first to a better understanding of your forces and then to that thorough organization and use of their potencies which will enable you to more easily accomplish almost any legitimate purpose or undertaking.

It is therefore almost wholly a work of organization, because the attainment of this preliminary self-knowledge through which a thorough understanding of your forces may be obtained, is in itself but a method of organizing victory. To clearly show how occultism can be made a help in your life is to indicate where and how an esoteric understanding of its principles and of your inherent forces and powers may be obtained. It is to formulate practical plans and methods through which those principles may be understandingly observed.

It would perhaps be difficult to deal with the subject plainly, sincerely, scientifically and helpfully with-

out outlining the very same plans and methods which through our work have been used for years and with very great success. Therefore let this be considered as but little more than a plain, candid and practical talk on the subject—how can our work help you?

We desire that our plans, principles and methods should be considered purely upon their own merits irrespective of what anyone may say or of the confidence which we may inspire. If true, scientific and practical they will need no outside props or backing such as individual authorities might offer, and if the dependence is to be upon mere authority their actual merits are liable to be overlooked or forgotten.

Our whole work is a protest against the reliance upon dogma, authority or anything less than unchangeable basic principles in the things which pertain so closely to human conduct. Truth is self-evident and if clearly seen will always thus prove itself. Twice two are not seven even if a thousand saints should say so. They could swear to such a falsity until they were "black and blue" without altering in the least the mathematical principle involved. The true occultist, like the mathematician, does not need to call in authorities to prove the results of his scientific and self-evident calculations and demonstrations.

Our methods and practices are all founded upon the law of vibration which is at the basis of all science, and upon those force-massing powers of mind through which that law is put into operation in the individual

life. They are all made a matter of individual effort and practice. The first step or degree is for the purpose of putting into constant practice the laws of thought, and means are offered the student through which this may be done daily in co-operation with all the members of our Brotherhood, thus yielding him the important reflex advantage which is derived through the cumulative thought power of such co-operation.

The main advantage to the student or member is of course the direct advantage of awakening occult forces within himself by thus getting and keeping closely in touch with the subjective mind or higher self from which such forces flow. He will receive benefits from this practice to the degree that he exercises true fidelity to this principle of individual growth in the effort to thus help himself. The reflex advantage to be derived by co-operating with others in this daily thought practice depends upon his ability to almost forget it for the time being and to awaken the inner forces by looking direct to his own higher self for his help; or in other words the mere fact that he conforms to this thought practice which is observed at the same time daily by thousands of others who are in sympathy with its purpose and who understand more or less of the laws and powers of thought, is sufficient to cause the resultant thought forces to combine and act and re-act upon each individual member of the Brotherhood who thus places himself in the

mood to receive those forces by first setting up the right thought conditions within himself.

It is much better that each member should so forget this fact temporarily and concentrate his whole thought efforts upon the purpose of getting closely in touch with his own higher self, because the most powerful co-operative currents are those deeply esoteric ones which are thus formed between those who properly observe this principle of self help and law of individual growth, and these underground currents can be tapped by him only through this interior medium of his own thought battery or higher self. It is but natural that these powerful thought forces should so combine and act even though forgotten for the time, and their power to do so is increased as the number of Brotherhood members who observe these practices is increased.

When we take into consideration the occult powers which are possible to a single mind, it should be evident to us that now when tens of thousands of our members and an ever-increasing number, many of whom are trained occultists, are co-operating daily in these simple thought practices that the combined forcefulness of the resultant currents is simply tremendous.

The methods of obtaining these important advantages are extremely simple, at least when compared with the important benefits to be derived. There are, of course, varying degrees of benefits to be derived

by the different members, because those benefits are measured by the member's ability to fully observe the esoteric principle involved. One can make a beginning even though he knows nothing of the powers or laws of thought. He can begin simply by dismissing, so far as is possible, all outward thought during any part or all of each noon hour, and by then letting the mind dwell upon the higher self, with the desire for good first to himself and also to others, through the powers of these thought practices. The one who regularly does this and nothing more, gradually becomes, at least from the esoteric standpoint of underlying realities, a first degree member of our Brotherhood.

One main object of the second and third degrees is that the member may observe the practical methods offered by which he can greatly increase both the direct and reflex advantages to be derived through these and other thought practices of the Brotherhood. It is through these methods that he is brought more thoroughly en rapport with the co-operative thought currents.

The degree of success to be obtained in these and all other occult practices is, of course, dependent upon a thorough working knowledge of the laws of thought. In fact, the whole of occultism is but a scientific understanding and use of the force-massing thought laws of man's permanent being. Our methods of answering this need of the student, are first through a study

of four of our publications (price \$1.25 each) which comprehensively teach occult principles and through our other publications and the degrees, etc., of the Brotherhood which offer him the means and methods of putting these principles into daily practice. As these four books are literally filled with occult principles and force-massing methods, they can be made almost invaluable to whoever is able to get even one-tenth of what they contain.

They not only give such principles, methods and force-massing practices, but also show the cause of force, and so clearly that every link in the chain of its philosophic connections is made self-evident and unbreakable. The cause of force is the great question which scientists and the world's greatest thinkers have during all historic ages unceasingly tried, but failed to solve. The scientist could by analysis reduce all matter to vibration or force, but could then go no farther in connecting force with its Infinite first cause. This has been done in these books, and as all occult development and all power is through the use of force, it should be plain that to know this one esoteric principle of the cause of force is of great significance in placing force-massing powers within the reach of man, for how can he scientifically co-operate with the force-massing laws of his being until he comprehensively understands that all-inclusive basic principle of the cause of force.

It is believed that these publications will do much

toward opening the eyes of scientific men and of theologians to this new world of force, and in finally uniting Science and Religion so thoroughly, that Religion will become scientific.

The fourth and fifth degrees of the Brotherhood consist in exhaustive personal character delineations which are given to the individual member.

The laws of vibration and of thought teach that every soul has within it the power to wholly evolutionize and thus to finally demonstrate its inherent omnipotence. But how many of us have as yet made hardly a beginning in the attainment of that ultimate? That we have not is due to our lack of true self-knowledge, and it is through self-knowledge that we can make more rapid progress now. We must know both our weak and our strong points and also the esoteric undercurrents which underlie our individual tendencies before we can make the most of our powers and opportunities. It is impossible to fully co-operate with the omnipotent interior force-massing law until we know how, and it is in scientifically answering this "know-how," that the usefulness of these delineations consist.

It is in this way that our talents, tendencies, possibilities and best methods of individual growth may be known. To possess talents and powers which for lack of effort and obtainable knowledge are allowed to lie dormant, is almost a crime. It is to make true of us those saddest of all sad words "It might have

been." The scientific methods of correspondency through which the tendencies of an individual mind may be accurately determined, are founded upon the all-inclusive law of vibration from which all science springs.

To swerve from this safe and scientific principle of vibration, etc., in dealing with the question of talent and its development, would be criminal when conduct and character are at stake. It may be known, therefore, that the subject is "handled without gloves" and without fear or favor. Nevertheless in most cases we succeed in opening up to the individual unrealized talents, avenues of opportunity and possibilities which time and effort along the lines of development recommended, prove to be his best talents and opportunities, but which at first blush are considered "too good to be true."

When these delineations are taken in connection with the other exoteric degrees of the Brotherhood, and with the seventh degree question sheet lessons and reviews, it enables the student to obtain not only a thorough theoretical, practical and scientific self-knowledge, but also a knowledge of practical occultism which reduces its principles and methods to a working basis that is especially adapted to his own peculiar individual tendencies, as shown by the delineation.

It will be seen without further explanations of these organization methods or degrees, that they are all founded upon scientific basic principles which will

stand the severest tests, and which will prove their own force-massing efficiency to all who properly use them in the development of true occult powers.

Subject for October, "Vibration."