

Occult

June, 1898

Vol. 4. No. 1.

Science

Library

Published Monthly.

Per Year, \$1.50.

Per copy, 15c.

SUBJECT: SEX FORCES.

List of Subjects for other Months.

Obtainable at 15c each.

Vol. I.

- No. 1. Power of Thought.
- " 2. Love is Power.
- " 3. Woman's Occult Forces.
- " 4. How to Rule Your Kingdom.
- " 5. Useful Occult Practices.
- " 6. Esoteric Laws of Happiness.
- " 7. Occult Helps.

Vol. II.

- No. 1. Occultism in a Nutshell.
- " 2. Marriage.
- " 3. How to Create Opportunities.
- " 4. Your Talents.
- " 5. Health.
- " 6. Health Recipes.
- " 7. Methods of Using Occult Power.

Vol. III.

- No. 1. Methods of Self-Help.
- " 2. Methods of Self-Help through Self-Trust.
- " 3. Methods of Self-Help through Self-Knowledge.
- " 4. Methods of Self-Help through Self-Culture.
- " 5. A Plan of Self-Culture and Self-Help.
- " 6. Helps.

Ernest Loomis & Co.,

70-72 Dearborn St., Chicago, Ills.

TESTIMONIALS.

We quote from a few of the many letters received during the past month, from those who have voluntarily expressed themselves regarding their

Character Delineations.

We would recommend this important department of our work to students or others who wish to start the new year with good resolutions that are based on Self Knowledge thus scientifically obtained. (See adv. elsewhere.)

(The following is from one who is very widely known, and whose brain measurements equal those of Daniel Webster. Both name and address are omitted, as either would identify him to many.)

Nov. 1st, 1897.

Your delineation of my character was most satisfactory. Will remit the well-earned \$5 extra, and also send hand cast, brain measurements, etc., of my wife so that you may make a delineation for her.

Dr. ———

Grand Ledge, Mich., Oct. 3d, 1897.

The character delineation came Saturday, and to say I am delighted does not express it. I re-read it daily, and find more each time. It is beautiful from first to last and true in every point. I will do all I can to make the most of the excellent teaching which it gave. The back numbers of O. S. L. came also. I like them best of anything I have read, and am learning much from them.

M. W. E.

Aurora, Ill., 10-12-97.

My delineation received. It is remarkably correct, and helpful.

M. S.

Chicago, Oct. 24th, 1897.

I have received the delineation and am much encouraged on reading it. I feel most keenly the imperfections you have hardly more than hinted at. It seems too good to be true that I have such latent possibilities. I hope you do not take a too optimistic view of my character. Perhaps you kindly present that side of it most strongly because you know how discouraged I have been. I have found the delineation most helpful, and will depend upon you to indicate to me the next step.

Blue Earth City, Minn., Oct. 30th, 1897.

The delineation was accurate and most remarkable.

A. H.

London, Gr. Pa., Oct. 24th, 1897.

Most gratefully do I acknowledge the receipt of the character delineation. It is a source of great encouragement to me. At first, much of it seemed too good to believe, but after a careful consideration I became convinced of its accuracy and truth. You have made me feel that there are possibilities before me, and my next thought is how to find the way thereunto.

P J

Chicago, Oct. 6th, 1897.

Many thanks for your character reading which seems to be very true and accurate, and I think expresses very clearly what I might achieve. If I have the opportunity later on, I shall hope to come to you for a more complete delineation.

T. C.

Somerville, Mass., Nov. 4th, 1897.

The character delineation came just as I was leaving town. It was very satisfactory indeed.

A. K. M.

Bloomington, Ill., Oct. 3d, 1897.

My delineation was received in due time, and has been read and re-read many times. It has given me much to think of which I can understand. Allow me to thank you for the good advice which I can now see will give me much strength and help in my every undertaking.

The delineation, as well as your little O. S. L. booklets are more and more enjoyable and valuable after the first few readings.

C. H. F.

Allentown, Penn., Oct. 20th, 1897.

The delineation was received ten days ago. I have read and re-read thoughtfully its many pages. It affords me pleasure to assure you that I have derived great benefit from your words, and am convinced of a still greater profit to be reaped as time flows on.

Buffalo, N. Y., 10-4-'97.

The delineation was received this a. m. I have read and re-read it. Each time it takes on a deeper meaning. I ask myself again and again, how shall I fulfill the possibilities which it shows to be within my reach? I said to myself when I filled out the blank, "He will find me a puzzle, for I am so alone—so different from others." I will make a great effort to follow your advice.

H. E.

Mankato, Minn., 11-8-'97.

It might be inferred by my delay in acknowledging the receipt of the delineation, that I am lukewarm and indifferent in regard to it, but such an inference from my silence would be wrong. I was greatly pleased with it, and especially with those parts of it which pointed out defects and deficiencies in my character and thought methods, of whose existence I was more or less aware. I am terribly in earnest in my desire to profit by it in every possible way, and by speedily finding my place as a concordant note in the grand harmony of the Brotherhood and its work.

C. O. H.

Sex Forces.

Copyright, 1898, by Ernest Loomis.

If you should take an inventory of your resources you would find that all you possess is but a mass of force. Your very selfhood centers in your forces; all of your opportunities in life spring from them. Those opportunities are of your own making, because the forces from which they spring are but the result of a law which is within yourself. Before you lies the stupendous possibility of obtaining a working knowledge of this law, thus obtaining for yourself the Godlike power of manufacturing force at will.

The great purpose of your life should be to mass force as a means of manifesting the great Truth or law for which you stand. You must learn the law by which masses of force are formed if you would be truly successful. True success is a duty you owe first to yourself and also to others. It is possible to you because of your inherent power. It was one of the purposes for which that power was created, and you should not under-estimate its importance or allow that purpose to miscarry unless you wish to reap the whirlwind of its self-acting penalties.

Your entire organism is a center of force which was massed or organized largely through the power of gender or law of sex. All force has its origin in one and the same law, therefore, the law by which your sex forces were created penetrates to the very center of the deepest secrets of nature. That is why love and passion are so closely allied. That is why sex perversions are so destructive in their results.

If we could but know how wonderful and great is the power which lies behind these sex energies, we would begin to realize that the high average life is, comparatively speaking, a great perversion of the sex functions, and that we must correct these mistakes before we can reasonably hope to be truly successful. Even from the standpoint of sensuous pleasures we fall far short of our possibilities.

That almost ecstatic pleasure which, through the power of this inherent vibratory awakening, man is capable of yielding to woman and woman to man, is but the faint and far off promise of a permanent and infinitely greater joy and bliss which belongs and will come to each soul when it gets into perfect touch with its Infinite cause and interior law of life. Nor are our present lives any nearer the true standard of our highest possibilities from the standpoint of power.

That intensely concentrated massing of the interior currents of vibratory power, which through a union of the sexes is able to reach and thrill the very

centers of man's physical and mental being, and thus usher into existence a human soul, thereby furnishing it with a vibratory house or physical basis of life, is but a whispering representation of the thunderbolts of power which belong to us all when we have gained perfect thought control. We must gain thought control before we can fully conserve and mass the forces which are generated through the partially automatic process of the sex functions. We must not only control our passion-creating thoughts and our voluntary acts, but must also make the mentality entirely impervious to the external psychic organisms and other harmful forces which surround us in the invisible.

There are, of course, many persons who will find it difficult to understand and believe that they are now unconsciously suffering wastes of the sex fluids as a result of the action of harmful external forces, but a sufficiently thorough investigation of the subject and of the facts would convincingly prove that it is almost if not quite universally true of all adult persons who have not yet gained that thorough thought control, which shuts off the mental avenues through which such psychic forces can enter. Harmful psychic organisms, etc., are all the more insidiously effective in their injurious action upon the minds of those who are oblivious to their very existence. "An evil known is already half remedied."

If you dream you may know that you are uncon-

sciously suffering the evils of wastes of the sex fluids. A dream signifies that the thought consciousness is drifting into the astral realms, and, therefore, that it is negative toward and receptive to astral conditions, psychic organisms, etc. It is a proved fact that the many psychic organisms which are on the passion plane will thus enter the thought consciousness and by then stimulating the passional mental faculties will re-supply their own exhausted vitality, in accordance with the primary law of self-preservation, and at the expense of the poor victims who are so foolish as to let down the mental bars for them to enter. You may blind yourself and dodge the issue as much as you please, but the chances are that you are one of their victims as is the case with most of us. There are other harmful forces and currents of force such as are on the planes of hate, greed and ambition, which also act upon us at those and other negative periods, with the result of warping our minds and blinding us to the paths of wisdom and true Love, but I will not now enter into a detailed explanation of how these sad results are accomplished; suffice it to say that these wastes and harmful results actually do occur and will continue until we learn how to protect ourselves by thought methods.

It is chiefly through these and other wastes of the sex fluids, together with their accompaniments as a basic cause, that our insane asylums are filled. The history of insanity would show that nearly every case

is at least accompanied by some perversion of the sex functions. The words and actions of the insane are but little more than echoes from the invisible world, modified, of course, by the remnants of individuality which still remain with those through whom such psychic organisms act. As a rule it is those who are rather talented and highly organized who go insane; or in other words, their psychic or intuitive faculties are sufficiently developed to allow an avenue of easy access to invisible forces. These intuitive faculties offer to man a basis of great power, but of weakness to the degree that their action is perverted. They are the faculties which lead most directly to religious investigation and which inspire worship, and, therefore, a large percentage of the insanity of the world is of a semi-religious character. It is also frequently brought on as a result of the force-scattering tendencies of fear in its various forms, and thus the mentality is left defenseless and subject to the force draining action of psychic organisms.

The chief inducements which are offered to such organisms are the sex or love forces, and it is noticeable that a large number of persons go insane on the subject of love. Even the word lunacy is derived from the word luna (the moon), and has special reference to the periodic negative conditions which come with the changes of the moon. Lunacy is generally, if not always, accompanied with a sad lack of concentration, and can be cured by restoring concen-

tration, or by connecting the individual with the higher self, thus restoring his individuality by driving away the negative forces and psychic organisms which cause these troubles.

It is a common and useful practice in insane asylums to have the patients try to hold themselves up by the hands to a horizontal bar as a means of recovering concentration. Many of them, though physically strong, are so lacking in concentration that they can't even do that. Coöperative thought concentration at daily periods in connection with our Brotherhood is a potent means of avoiding that loss of force and of self control which results in insanity.

It is important that we should each bring ourselves to a halt and provide the mental ways and means of more fully establishing ourselves as masters of our mental conditions, thus driving away the harmful organisms and magnetisms which have fastened themselves as leeches to our lives. If we lack true concentration, or if we even dream, it is an indication that we are allowing harmful psychic organisms to help us run our mental affairs—into the ground—by draining us of our forces.

No matter how positive and individual a person may be in his tendencies, that individuality will not entirely protect him against the losses of force and other causes which lead to insanity, providing he allows himself to continually worry or to otherwise scatter or specialize his thought forces in the various

directions of his individual tendencies, and thereby leave defenseless his points of weakness. The more individual a mind is in its tendencies, the more pronounced will those tendencies become when subjected to the sway of a medley of external forces, because by attracting of their kind, those strongest tendencies will form the sympathetic conditions through which the external forces will then act.

There are simple methods of thought concentration, etc., through which the intuitions can be made your strength and your defense instead of your weakness. You should exercise great discrimination and care in following the true methods of cultivating them and their legitimate occult powers, and should religiously avoid many of the commonly taught popular methods which being an inversion of the true principle of awakening and gaining vibratory force from within, almost inevitably result in opening the mind to a horde of harmful external vampires. You should fully learn the all-important law of individual growth. You should ever remember that the entire universe is filled with force and nothing but force; that the psychic and other forces which are external to you will constantly act and react upon you through the sex functions and otherwise, and that these external forces are likely to carry you on the general currents of downward tendency and toward a dead level of mediocrity, unless through knowledge you awaken into action the law of force within yourself,

and thus rise supreme as the master of your destiny.

It is your privilege through self-mastery to rule the citadel of your own heart, thus becoming the king of force and of fate instead of its slave. You will drift with the general currents until you consciously anchor to that stationary vibratory law or higher self which cannot drift because it is the all. The interior law of individual growth, from which springs your instincts of self-preservation, will ever protect you if you will but give it full sway. True fidelity to the all related higher self is a selfishness which never leads to self destruction.

If you could but fully understand the law of individual growth you would thus gain the full consent of your faculties—high and low alike—to follow it in perfect faith and trust to the end. Though seemingly selfish it is at one with the law of Love and with every principle of right. In fact there is but this one law—the law of force—within yourself, and to truly protect its resultant forces is the only way to fully answer your relation to the external universal forces.

If you will but listen to and follow the deepest whisperings of your own heart, you will in time more fully awaken that important self-trusting spirit which though weak at times, ever protests against leaning on outside props, and which when awakened is the only true protection against harmful external forces. Its natural language is, I-AM-that-indestructible-and-omnipotent-universal-law - which - is - all - and - within - all -

here-and-everywhere-now-and-forever. This unchangeable principle must in time so rule your external life that your every atom will vibrate to its magic power. Every road leads to that ultimate goal, but there is only one perfectly straight road to it, which is entirely free from thorns and briars.

The law of force within you is so perfectly constructed that all things in the universe being but the offspring of this same law are all repeated in your individual organism and are the legitimate rewards which nature offers to you when you fully obey its inherent tendencies and commands. On the other hand every penalty which the universe affords will be repeated in your soul life to the extent that you disobey the tendencies and leadings of this interior law. Nature is amply provided with the means to enforce obedience to its highest principles which are within you.

It will be found that the sources through which you can generate the largest supply of force will when perverted become the chief avenues of waste. Nature's premium upon individual knowledge is a reward for every act of obedience and a self-acting penalty for every criminal infringement of its laws.

If we could know all about our forces we would find it a comparatively easy task to govern our lives with wisdom and make the most of our powers and opportunities. How many of us are doing that now? Unfortunately we are not able to even husband our

forces, and as a result the life energies ebb away before we learn how to properly live. The chief avenue of waste is perhaps through the sex functions, but the cause lies farther back. It is in our careless, wasteful force-scattering habits of thought, and must be dealt with understandingly and by thought methods before we can successfully remedy the resultant effects which we are now reaping.

Those who expect to entirely overcome their sex tendencies will in time find that they could as easily overcome manifestation. These tendencies began when manifestation began, and will not end so long as manifestation exists; they will simply be transferred to other and higher planes. The plane of regeneration will become the substitute for the present plane of generation. When through regeneration man learns how to preserve his forces and bodily conditions indefinitely, he will no longer find it necessary to be reborn over and over again. It seems eminently proper that a fly which only knows enough to live a few days, should reproduce his kind, and thereby leave for himself a living representative and perhaps several. It is as proper because natural, that man should live on the plane of generation and passion until, through the consequent experiences and the suffering which springs from ignorance, he is stimulated to exercise his thinking powers in searching for that better way by which he becomes able to transmute these precious Love forces into direct life

results instead of using them in a mere effort to perpetuate a *comparatively* useless existence, or still worse, in perhaps wasting them for the sake of the transitory pleasures of passion.

Anything which wastes vibratory energy taps the life and life powers. For man to waste the sex fluids for the mere sake of sex pleasures, is like tapping a blood vessel for the sake of experiencing the vibratory sensation which follows as the blood flows from the veins. Such "bleeding" is no longer considered even a cure for disease. The sex energies are many times more concentrated than is the blood. It is through a thorough knowledge of man's force that he becomes able to prolong his physical existence indefinitely. When we fully learn the meanings and uses of the sex forces we will cherish them as a rich inheritance instead of despising them, and we will use every possible means of conserving their energies. It can only be done through thorough thought control, because we have the unseen forces to deal with as well as the seen. The nature of some of the unseen forces were shown in the last month's issue of this publication.

The Infinite has by acts shown that it is not improper or immodest to possess sex forces; therefore, we may justly conclude that it is neither immodest nor improper to understand them. It is safe to assume that they were created for a wise and useful purpose. We must understand that purpose if

we would entirely fulfill it. These facts are so self-evident that it would be almost an insult to the seriousness and importance of the subject to stop now to farther discuss its propriety with those who, through false education, prudery, or evil-mindedness think that it cannot be treated of in perfect purity. It is of course their privilege not to read that which may be said by those who have awakened to a faint comprehension of its importance, and who are making an earnest effort to show how it is possible to escape the disastrous consequences which thousands are now suffering as the result of their infringements of these natural laws. The very self interest of such unfortunates if they could foresee results would impel them to avoid wastes and perversions of the sex forces if they but knew how. It is impossible to entirely conceal the evidences of such mistakes, and they are seen nearly everywhere, hence it has become quite the fashion to despise these natural energies which are the discarded stones which must become the head of the chief corner of man's temple of future growth.

Cause and effect are but one, therefore nature must forever speak the truth to whoever has sufficient knowledge to understand its laws and read the signs. If however secretly, you break those laws, the vibratory effects will "blab." Beauty, power and true success may through knowledge be yours providing you will apply that knowledge by cultivating the lov-

able and harmonious qualities of true worth for which they stand. There is an external beauty (?) which is but skin deep, but it is easily detected, and it quickly fades and withers into the moulds of inharmonious and discordant interior currents of force which are potent in bringing to the front their own repulsive and unshapely outlines.

There is a constant interchange of magnetisms between ourselves and all persons, forces and things both visible and invisible which surround us. So long as we rely for force upon the external things and forces which surround us, instead of upon the perfect law of life which is within us, will we imbibe chiefly of their imperfections and shortcomings and find it correspondingly difficult to rise in the world. We cannot imbibe the best magnetisms which others possess until we first become intoxicated with that Divine elixir which springs from the ever living fountain or law of force within.

Those whose force is worth imbibing do not have it on tap except for the ones who have learned how to burrow for force in the within. The more powerful deeply interior forces have only the subterranean currents, and those currents are so insulated that they are inaccessible except to him who will approach them through his own thought battery. Thus does God force man to follow the Divine instincts of true selfhood or of individual growth.

About the only way of life which is relatively easy

is to first gain a clear understanding of the law of force, the interior method by which you can create force and also your relation to the external forces, then, by making this interior law your entire dependence in all you do, you will gradually act and live its principles until it becomes the whole of your external life as it is already of your interior life.

It may at first thought seem that if to find the one right way of life is dependent upon ascertaining the cause of force, that the task is entirely hopeless, because that is the great and vital question which the great thinkers of all ages have been entirely unable to intelligently answer. They have keenly realized the great importance of this missing link in their chain of philosophic connections, and I trust will duly appreciate it in its numberless practical bearings now that we have become able to supply it.

They could demonstrate scientifically and to their entire satisfaction the fact that all material things are but organized force or vibration and that each "atom" (as well as each man) contains within itself that law of force and individual growth which makes its evolution not only a possibility but also a foregone conclusion and necessity. But when they came to the all-important question of the *cause* of force and just how its law acted, how and why it caused its visible vibratory results, they were at once brought to a standstill without having obtained any working knowledge of its principles. All their thoughtful study and

"wobbling" of brains has resulted in nothing more than the old maid's reason, "because."

It should be remembered that to truly answer this all-important and pivotal question is to explain the law and cause of sex, thus solving its many mysteries; it is to show the cause, uses, and importance of the sex forces; it is to give methods by which these forces may be conserved and transmuted; it is to show man's relations to his Infinite Cause and how he may obtain the backing of its omnipotence; it is to show the nature and uses of all the Infinite forces which are within man; it is to explain the relations which exist between that great, everlasting IS called God and all his creations; it is to relate all manifested nature to its cause, thus explaining the original creation; it is to show the final outcome of it all, thus giving philosophically both the alpha and the omega of all manifested life; it is to harmonize Science and Religion; it is to conclusively prove the esoteric meanings of that account of the creation which is given in Holy writ.

Science has, through geology, etc., proved enough to shake intelligent theologians in their faith that the world was created in six days of twenty-four hours each, but Science itself has been shaky and hazy as to the cause of the creative forces and their manifestations, and has been unable to substitute any *complete* theory for the one they have destroyed; therefore, it is not strange that the theologians have hesitated to

publicly announce their position on this point of the Biblical record of creation.

There are, of course, some who put reason and common sense to the blush by entirely shutting their eyes to scientific facts, proofs, and demonstrations, but they can shout their six-day theory until doomsday without convincing that growing majority of persons who accept provable facts, common sense principles and their own senses, in preference to swallowing whole the sacrilegious and libelous misinterpretations of the scriptures, which spring so nimbly from hair-brained ignoramuses, who not having even horse sense, or average thinking power and honesty of thought, slavishly tie themselves to obsolete absurdities and traditions which were exploded long ago.

A theological moulder of public opinion whose living is at stake, may so smother his deeper convictions as to be financially successful for a time in trafficking in the previously merchantable hell-fire commodities and other church-organizing dogmas, but he should remember when he preaches such nonsense that people are liable to be so foolish as to follow his advice and teachings, and that to the extent those teachings are founded upon fear-producing lies and wrong motives, will natural law be exact in bringing him to account for the damnable results of the fear forces thus needlessly created. Fear is at the foundation of nearly every misfortune, illness and crime

in the whole category. To deal with thoughts is to deal with forces which carry with them their reacting forces.

It need not be feared that two truths will ever conflict with a third truth. Therefore, the scientific truths of geology concerning the creation cannot conflict with the right interpretation of a Bible which is true. "There is no religion higher than truth," and, therefore, the truths of Science should be regarded as sacred instead of as a menace to true religion.

Our recent demonstrations and proofs of the cause of force have shown the relations which exist between nature and first cause, and have conclusively proved that Science and Religion belong to each other as allies, instead of as antagonists. We have accepted the scientific (and demonstrable) verdict, that all material things are but organized force, and by demonstrating the nature of the organizing law or power, have made perfectly luminous the esoteric interpretation of the Biblical account of creation. This intensely interesting and important subject will be taken up at no distant day, and we trust in a way that will be as effective in helping the individual, as it is in the general result of harmonizing Science and Religion, and in throwing an all-sufficient light on the chief enigmas which are now puzzling our theologians.

Our publications have already given the explanation of the cause of force, but like many other eso-

teric truths it has been made so simple that its deeper meanings have seemed to pass over the heads of readers. It is difficult for them to understand that anything so transcendently important can be simple or even knowable.

This all-important law of force is so intimately related to every practical question of conduct and character, that it would perhaps be almost a crime for us to allow it to miscarry by being overlooked. To make more plain and orderly, this and other esoteric points of the occult philosophy is one of the main purposes of the question sheet lessons and the individual reviews, etc., which we are offering free of charge to each seventh degree member of our Brotherhood. Do you not understand how important it is to make each main step in the entire system of occultism so self-evidently conclusive and the various steps so orderly that its principles and powers can be utilized in every practical way?

