

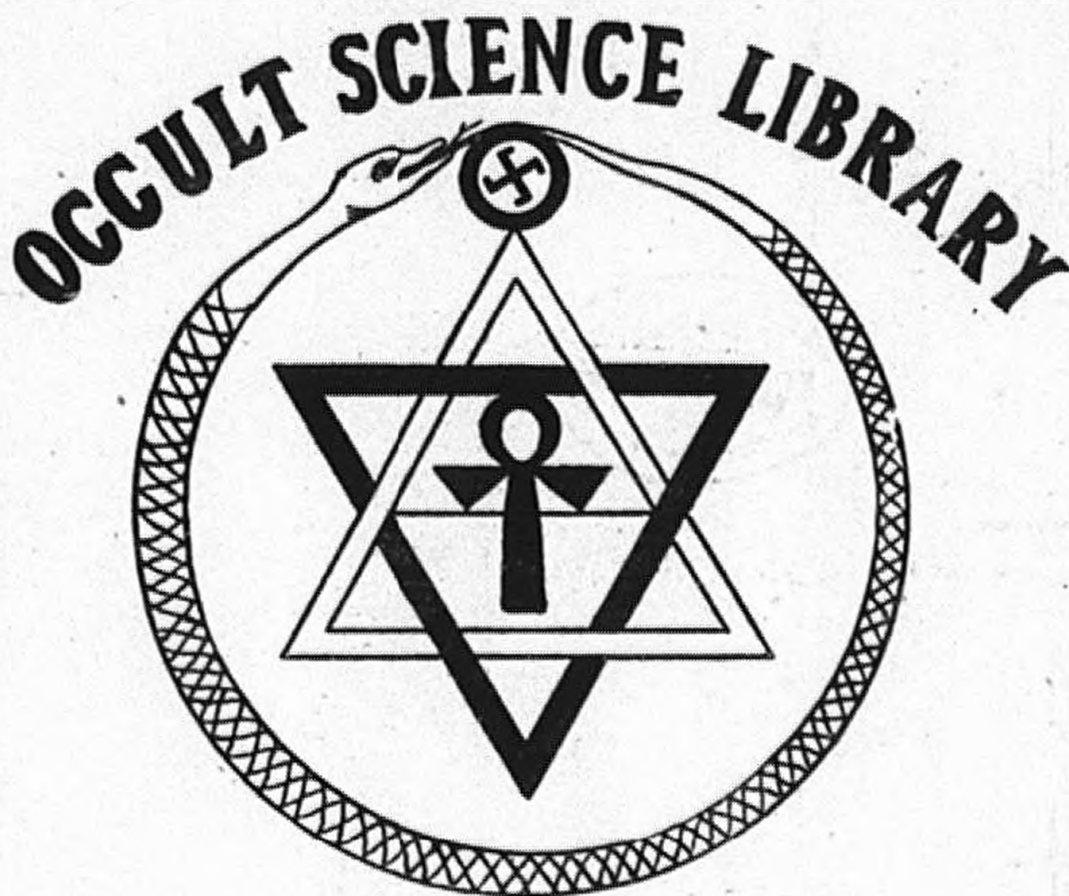
YOUR THOUGHT FORCES AND HOW TO USE THEM.

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ALL THINGS EVOLVE FROM WITHIN.

The Home Silent Thought Brotherhood.

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SUBJECT:

"ESOTERIC LAWS OF HAPPINESS."

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SYNOPSIS: December Number—"Woman's Occult Forces."

How occult powers born—Occult influences which produce large cities—Interlaced occult currents—Seers and Occultists—Power of justice—What Occultists foresee—Disasters for three years, then upward impulse—Why—How to deal with difficulties—What selfish thought vibrations generate—A spiritual thunderstorm—Financial chemicalization—Woman's opportunity—Woman's wisdom faculties—Occult causes of woman's beauty—How not to interrupt rhythm of occult beauty currents—Woman's power over man—Occult mirror which reveals secrets of woman's charms—Woman ruler of love's paradise—Occult mysteries reduced to simple rules—What woman's heart reveals—Man's third eye—Developing inner spiritual power—Man's needs related to morals and immortality—Creative power of thoughts—How to break chains of imaginary servitude—Man free now—How—What your thought can do—Self-knowledge—Its advantages—Spiritual liberation now—Man's connection with his source—Universal charity—How all are actually related—Harmful thought vibrations suicidal—Why "curses come home to roost"—Right is might—Events registered in astral light—How read—Clairvoyant faculty discovered in brain before spiritualism began—How to obtain ideal surroundings—Man self-hypnotized—Man's dignity—Man not "worm of the dust"—"Wormy theory" exploded—How woman's inner sight can aid man—Examples—How to accomplish great business results—How to instruct your higher self to teach you to accomplish results, improve your health, etc., during sleep—Important rules for each day—How business made easy—Awakening inner force—Using it—Reaching it in others—Difficulties—How removed—Why true selfishness needs no restraints—Nature always right—World not out of joint—Why finer tastes should be gratified—The Christ's example misunderstood—Spiritual liberation comes by expanding (not stifling) selfishness—How to obtain an abundance—Proper uses of sympathy—Thought currents—Influence of thought—Action and its fruits one and inseparable.

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ESOTERIC LAWS OF HAPPINESS.

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All sensations of pleasure arise from the harmonious action of vibratory forces within, and all pain from the *inharmonious* action of those same vibratory forces.

Are you living the life of harmony and happiness, or of discord and misery? Are you able under all circumstances to maintain the mood of happiness, which is also the mood of success? Thought is the ever available power which is able to mould vibratory forces into harmony, happiness and success.

You have slowly manufactured thought moulds during a long period of evolution, and your present capacity for happiness and present stage of evolution is represented by the sum total of your previous thought moulds.

Happiness has ever been the goal of your previous lives along the slow road of evolution; and likewise, happiness will *always* be the irresistible magnet and goal toward which your thought efforts will polarize according to your soul's best light and your ever growing knowledge and experience.

All material things down to the "atom" are magnets of varying degrees of intensity, according to their various stages of evolution.

A magnet is organized vibration. You are a magnet and thought is your organizing power. Every lov-

ing and harmonious thought helps to harmonize the vibratory energies which lie slumbering in your constitution, and promotes your happiness to the extent of its harmony and intensity. Thoughts of fear, worry, anger or discord as quickly mould your vibratory energies into inharmony and misery.

Every thought has a magnetic effect in proportion to its inherent power and intensity, and sinks down into your unconscious mind as a sediment, and thus builds, according to its kind, to the strength of your vibratory power.

What kind of thoughts are you thinking today? Can wealth increase your happiness when you allow it to breed anxious cares or fears of its loss?

The universe, in all its parts, is overshadowed by that perfect and eternal organization—God, the principle of truth—which gives every person the impulse to *think*, and which will thus *compel* him to continue to so organize until he "*knows*," and thus becomes at one with the source of thought. Not until then will the purposes of man's constitution be fulfilled. No law of the Infinite can miscarry. Sooner or later you will be forced, by your nature, to co-operate with the perfect law of happiness, until its purposes are fulfilled through you.

Your thought will, in time, so mould and diffuse the vibratory energies of your body that they will be unable to hold its forces together, and it will die; but this will only give your soul a much needed breathing spell, similar to sleep, in which it will collect its scattered vibratory forces, thus create a new body (magnet), and again renew its work of organization, or character building, under circumstances more advantageous.

because more in keeping with its advancing condition.

As the body is only a magnet, made up from your vibratory energies, it is easy for your thought to mould new bodies from time to time (as the old ones disappear) that will be more truly representative of your growing thought.

Death, like sleep, gives the soul an opportunity to concentrate its diffused thought forces, and life, as we know it, like wakefulness, is that process of diffusion which makes such concentration necessary.

The esoteric laws of happiness necessarily relate to the laws of thought because they are both the laws of man's constitution.

These laws cause the never ceasing impulse to outwardly manifest and as persistently to strive to burst forth in a heavenly melody of human happiness. It is only a question of learning how to touch the proper keys within.

To polarize your thought to the true basic principles of your constitution, is to so touch those keys; because you thus touch the inner vibratory chords of that song of life which is joy and perfect bliss and the natural condition of the soul. The song of happiness is the true song of life. The human constitution is perfect from eternity to eternity.

Its purposes are bound to be fulfilled.

Are you looking for happiness from without? You are looking in the wrong direction, and in vain, unless you first learn how to find it from its only true source within. A wise and gentle Nazarine once told where to look for the "kingdom of heaven;" viz: from within. You may be his disciple.

What, except self ignorance, is to hinder you, a

thinking being, from conforming *now* to the perfect law of happiness. Ignorance is surmountable. Your power to think implies the power to know. Who shall say of what you shall think? The power to think of, and know one thing, implies the power to know all things. "Knowledge is power." Complete knowledge is omnipotence. There is a process of interior thought, which, when properly trained, enables the thinker to get, from within, complete knowledge concerning any subject, though he has never heard of it before.

This process of thought is closely allied to the esoteric laws of happiness, and to the occult power which is able to deal with things at a distance, by thus dealing with their vibrations. Perfect concentration on the highest plane is at one with perfect organization, perfect vibration, perfect happiness, perfect knowledge and omnipotent power. To attain one of these objects is to attain all of them. The daily noon hour observance of the Home Silent Thought Brotherhood is thus helpful.

It is one process of following along that inner line of connection which ties man to his source. Man is the power to think. Happiness, as well as all other objects and attainments, can only be found from some process of thought, and from *within*, instead of from without.

To think new thought is life and happiness, therefore, thought is that eternal reality which will feed the quenchless flames of hope in the human heart, until its every hope of happiness is fully realized. Hope is a species of thought. By looking without for happiness man is forever running away from its true source, which is from within, and which comes by a process of thought which arranges into perfect harmony the

vibratory currents of his organization. Looking without is a diffusive and disorganizing process, which springs from ignorance and from the impulse to remedy ignorance by knowledge.

Looking without for happiness and knowledge, through experience, is the slow evolutionary method of remedying ignorance, therefore that impulse was not created in vain. The creator made no mistake in adopting that method for the early stages of evolution any more than he did by creating reason and other human and spiritual faculties which enables man to adopt a quicker method after he has reached a certain point in his evolution. Have you reached that point now? Do you realize what it means to be a human being? Do you understand how limitless are the possibilities it implies? Do you comprehend its unspeakable powers of happiness? Ignorance must be banished before perfect happiness is possible, and your nature will force you to look without and thus obtain knowledge of your own nature, through the slow evolutionary method of experience, until you come to your higher senses long enough to learn how to find such knowledge from within.

Man is that organized thinking power, which, from the smallest beginnings has evolved his present conditions; and, as his *Divine* nature, which ever leads him on, is related to all persons and things by ties too deep to ever be severed, he must continue to evolve until he outwardly manifests in full those inherent relations and possibilities.

Life means thought. Thought is ever an organizing power. Organization necessarily implies fidelity to the organizing power. The power to think is the self, and

fidelity to that power, though seemingly selfish, is not depravity or evil, as some religious teachers would have us believe.

Is it evil, if it is the sure and only road to that greatest of all goods, the life of love, as taught in precept and example by the Christ? Fidelity to the self will ever prevent man from receiving the teachings of the Christ, until he is shown that to live the life of love is only a higher fidelity to self in its never ceasing search for happiness.

The horrors of hell is ceasing to be an adequate "scarecrow," and the time has come when man must be taught plainly and explicitly the truth that his nature is Divine, and therefore so intimately related to all persons and things, that to live the life of love is the only true selfishness or fidelity to the *real* or *higher* self.

Is it true fidelity to self to in any way injure another when it is found that to do so is to injure a part of the higher self?

One cannot teach the esoteric laws of happiness, or of business, according to the laws of thought, without thus teaching a code of morals and ethics, which is more convincing than the scarecrow of a million orthodox hells.

Man has outgrown the stages of fright, infancy and ignorance, and will no longer choose to skulk into the back door of an undeserved heaven after he is given the privilege of erectly walking in at the front door in all the majesty and dignity due to his inherent Divinity.

When will man learn to accept the teachings of the Christ that heaven is not a place or locality, but a con-

dition within, and that its happiness may be found now by observing those esoteric laws of thought which bring into harmony the vibratory energies of his constitution.

Man's constitution is based on the principle of love. Love means organization, because organization means perfect adjustment of each and every part. Could love leave out any part and still be harmonious?

Man's early stages of knowledge are inclined through ignorance to leave out many parts. Love, which is the principle of his being, cries out against this, and thus originates the impulse to diffuse or reach out. That is why man looks without for happiness. This impulse to diffuse or reach out tends to disorganization, and therefore thus attacks another primary and vital principle of love, which is organization. The one is a centrifugal force and the other centripetal, both as necessary to evolution and the rounded out character as they are to the rounded out globe.

To send out thoughts is to diffuse, as it sends out thoughts vibratory energy. As diffusion tends to disorganization, when man has diffused until he can't hold his body together, it naturally and properly drops away.

When it drops away, concentration, which means to collect scattered forces, follows, as a necessary sequence and when fully collected, the impulse to diffuse again comes, because love, which is the principle of man's life, will not allow any of its principles to be permanently violated, and therefore will persistently refuse to leave out any part to which it is related. As it is related to *all* parts it will not rest satisfied with anything less than complete evolution.

It can be seen how beautifully this law of evolution is adjusted and how the birth, growth, death and re-birth of man is continuous process over and over again, how in each step a definite purpose which relates to the gradual expansion of man's outward life in the way of character building and always along the line of cause and effect.

The diffusion or scattering of man's vibratory thought forces causes death of the body because it lessens the soul's grasp on it, but the soul cannot die, therefore, then passes into a period of rest in which it has time to collect its scattered vibratory forces and build into its organism by that process of assimilation, the essence of its experiences in its previous earth life. After this process of concentration and rest the basic law of man's constitution, which is the law of love, again gives him the impulse to reach out or diffuse and thus come into active outward relation with his other parts. The law of cause and effect then outwardly embodies or re-incarnates the soul in surroundings which result from the vibratory thought energies previously generated and which are modified by the thoughts and experiences of its last earth life and to that extent different. This process of growth through re-birth or evolution goes on until man outwardly manifests his true relations to all things in the universe. Then comes a long period of involution or non-manifestation, but the original impulse to evolve or outwardly manifest, though for the time latent, will again burst forth in its very maximum of power, which will lead, according to cyclic law, which is the law of vibration, to a repetition of this long process; but I will not now attempt to deal with that logical absurdity.

which says the principle of evolution signifies constant development in species but never perfection.

It may be said that the entire thought is merely making an other earthly code for the generation of ideas which may be the true principle in earth but having no body through which is adequately manifested they are the of the purposeless rule of ether in spirit, of phenomena the bodies of materiality perma of eternal tendency, or of presence of giving spiritual instruction to the living.

Even the unworldly stimulus afforded by passing in the name of George Washington, Abraham Lincoln, or some big Indian, as is sometimes done, is insufficient to withstand the counteracting influence of the soul's higher principles which never entirely relax their hold on the lower principles, and which by rest and concentration are gradually able to withdraw the force of such energies from such unworldly and earth. It is no doubt also possible for higher principles of the soul for a time after death to communicate with the living.

The ethical habits of a lifetime are insufficient to permanently alter the soul in its course towards that perfection and happiness which is its natural and eternal polarity.

Thought forces always generate vibratory organisms and they will live until their energies are exhausted. To think involves a correspondingly great responsibility. To think is to generate vibratory deed. To say means the thought is to say the deed and furnish it with a backing of fertile soil, of sunshine and other conditions which make its reaping a foregone conclusion and absolute necessity. This power can be used to bring

success and happiness as well as to bring a rich harvest of retribution.

What are your present ideals? Where have you set your stakes of limitation regarding your future happiness?

What kind of thought seeds are you sowing for immediate or future reaping? Are you by your thought moulding your inherent vibratory energies into currents of harmony, or of discord?

Have you joined that army of deluded persons who think that "happiness is not of this world," but who continue to chase the "will-o'-the-wisp," which postpones it to an indefinite time in the future?

If so, then halt! "Right about face."

Eternity is now. "The kingdom of heaven is within you."

If your every moment is not the perfection of bliss it is because you have failed to fully comprehend the esoteric laws of happiness.

The deepest philosophy teaches that joy and perfect bliss is the natural condition of the soul, that man's constitution is *perfectly* adapted to its attainment, and that enjoyment or happiness is the only legitimate function of every organ of the body, every faculty of the mind and every element of man's entire nature.

Yet how few do we find whose lives make even a distant approach to the attainment of its perfection. It is a significant fact that the vast majority of people absolutely fail in this the proper and *sole object* of their pursuit.

In casting a scrutinizing eye abroad we are easily convinced that such failures are not for lack of effort. In fact the ones who give themselves the greatest

pains and penalties in pursuit of means for subsequent enjoyment, are, as a rule, the very ones who most signally fail in attaining it.

It is not the fault of man's nature, or of his intentions, or of any innate depravity in his constitution, for happiness is the only legitimate and normal function of his every faculty. It is because through ignorance he seeks wrong methods. Misery is an illegitimate child, a child of ignorance, for which man should blush with shame. To glory in misery is not to honor the creator by obeying his laws, but to glory in shame as do some abandoned women. To be unhappy is to justly suffer the judgments of infringed natural law. The din and clatter of man's mad search for happiness from without will drown the music of that eternal slumber song within, until self-knowledge pays the debt of ignorance by setting up a thought polarity which will rearrange the vibratory forces within into equilibrium harmony, peace and happiness.

Happiness can come only from the normal activity of faculties already possessed. Man's nature cannot yield happiness to itself from anything outside of that nature. That principle is self-evident and therefore needs not the backing of dogma authority or experience. Even every breath we draw, and every movement of the body, is calculated to produce happiness but not when the body is covered with boils or the nerves tied into knots of anxiety and worry. Harmonious vibration of forces within is happiness, and thought is the power which makes their harmony possible.

Until the mind is right, property, titles, honors, fashions and other worldly ends cannot contribute materially to enjoyment, for not until then can man

assume their accompanying cares and responsibilities without worry and anxiety.

Thoughts of worry, anxiety and selfishness produce discordant vibrations, and tend to turn the pleasures of worldly possessions into gall and bitterness.

The power to think enables man to set up conditions which will keep him in close touch with the higher self. This is the secret of happiness and long life and is also the law of success. On that point we have the authority of the Christ who said "Seek ye first the kingdom of God;" which is the kingdom of heaven and within "and all these things will be added to you."

That promise is literally true because founded on an unvarying law.

Business statistics show that only about one person in twenty actually succeeds in business. Observation teaches that a still smaller percentage attain real happiness. The Christ method is in harmony with the laws of thought and man's constitution, and will be always successful to the extent that it is faithfully applied. True success and happiness mean about the same thing, viz: the mood of harmony and equilibrium which is able to drive away every worry or trouble. Life, health, ability, equilibrium; beauty, music, morality, harmony, happiness and success are all children of one vibratory father or cause and thought and self knowledge is the "Moses" which is able to lead man out of the wilderness of misery into the "Canaan" of their perfection. Happiness is the God which the human heart always loves and worships with unwavering fidelity. It is an unvarying law of thought that whatever the human heart earnestly and permanently craves that it will in time get in all of its fullness. It is be-

cause every hope is a species of thought, and thought is the only creative power.

The esoteric laws of happiness are the esoteric laws of business, morality, and every good thing in life. The best method to obtain any one of them is the best method of obtaining all the rest because like the rays of an electric light they all spring from the same center.

To pursue one thing to the exclusion of everything else is to run away from the opportunity to most easily obtain that very thing.

Life and its ideas should be rounded out. To truly see one thing is to truly see the universe. If we can truly learn the mystery of a rose or an atom we will understand God and all his works.

It is from the most interior vibrations of thought that man attaches himself to the perfection of harmony and happiness.

A pig may be relatively harmonious and happy but as its harmony relates to only the low rates of outward vibration it is not to be compared in its stage of evolution and powers for rapid growth to even the *misery* of a highly organized person. Until we get in line with the vibrations of universal law we may expect misery, because such forces within are the real source of our life and are ever yanking us into the whirlpool of their rapid currents in order that we may become harmonious with their higher rates of speed and greater harmony. It is however, possible for us to learn *now* the general laws of man's constitution and thus escape actual misery while on the evolutionary road, and rapidly acquire that balance and happiness which comes from an equilibrium of our centrifugal and centripetal forces. We are thus able to constantly *diffuse* and widen our relations

but as constantly to *concentrate* and thereby keep a strong and loving bond of union between the body and the higher self. We diffuse at one breath but concentrate as we draw another. Happiness is the true mode of growth and true purpose of life, but not always the measure of the stage of evolution.

Thought on the subject of man's constitution is able to open more direct pathways in the wilderness of ignorance to that stage of self-knowledge which makes it possible to tap the inner vibratory chords of power and happiness in the human heart, and that, too, by *affirmative* methods instead of by suffering the miseries of a thousand deaths along the otherwise slow road which is made slow by the adoption of misery's negative methods.

The power to be always happy is not always properly estimated. It is not commendable to be bound by chains of slavery to low circumstances. Many persons are able to be moderately happy so long as everything goes just right with them, but the loss of friends or relatives or even of money or property at once reverses the normal action of their faculties and throws them into convulsions of inharmony and misery. It is my aim to clearly show the continuousness of life and the impossibility of actual death of the soul or thinking power and thus take away from the living all cause for mourning when their friends pass into the unseen.

Life is the power to think which implies the power to feel, neither of which can be taken from man by any process of physical death. Death is only a change of thought vibration. To mourn therefore must give pain to those for whom we mourn. To do so knowingly is heartless and cruel instead of the opposite. Man is

created for eternity and should not make himself the slave of any circumstance. To do so is to chain himself to an imaginary hitching post. Friendship and personal love is the fusing power which weaves into one fabric of harmony the thought vibrations of two or more persons. In other words, as they have the same thought polarity their thought vibrations become interrelated. Death tears such fabrics and makes necessary a readjustment of the thought vibrations (which produced them) to suit their new conditions unless they weave into the fabric in advance the vibrations which comes from the thought polarity, or idea, that death is only a change that cannot separate the vibrations of *true* thoughts or tear any fabrics woven from them.

If you have not already polarized to that idea, you may, when death comes in your midst, at least ease the pain and misery (which comes by thus severing the vibratory web) by fully occupying your mind with other things until vibratory readjustments can be gradually made. The only way to prevent a diseased action of any faculty is to keep up a constant healthy and normal action of all faculties. As all human faculties pertain to thought and are outlets for thought, it is to true thought control which we must look for the power to drive away misery from whatever cause it comes.

Thought control enables the most sensitively organized person to weave vibratory fabrics of love and friendship, which outlast the grave, misunderstandings or separation, and which are the same though not reciprocated and through every fleeting change of worldly circumstance.

The merely magnetic attraction and personal love which demands possession, is as a thing of yesterday when compared with that deathless principle of eternal love which is deep down in every heart and which seeks only to give, asking nothing in return, knowing that true love is always in time reciprocated because it bears a perfect relation to all things. Pure love is a thing not of yesterday but from everlasting to everlasting. It is possible in our relations with the world to bring out the deeper vibrations of love.

The personal love which exists between Beau and Sweetheart may be made so steady and truly representative of the higher self that their happiness will not be disturbed by any discordant vibrations of criticism but will gradually attain that plane of harmony where criticism or discord is impossible. Every one should in self defense learn to withdraw thought from any subject which would cause a disturbance of vibration, at least until proper vibratory adjustments can be made. By such means the mood of happiness may become habitual.

Stop now and analyze the circumstances of misery which you have forged for yourself. Have you uncontrollable fears and anxieties? Do you hanker after riches and their burdens of care, or fear the loss of those you have? Have you the religious dyspepsia which fears that you are not sufficiently religious but which is the more miserable the more religious? Are you overworking your body in the vain hope that it is the true road to success? Are you in a constant state of irritation, fret, worry or anger, owing to your family or other surroundings? Have you lost friends or relatives or become estranged from them through

misunderstandings? Have you lost your bodily health?

Whatever may be the outward cause, your actual misery springs from the reversed or diseased action of your faculties and you thus produce chaos and discord among the vibratory energies of your constitution which were calculated for happiness only. They all may by the power of thought be made to vanish into thin air by any process which throws you into close touch with the higher self and which thus restores their normal action and equilibrium. The soul of man is deathless. You may manifest that state of mind and faith which defies the power of fire, flood, earthquake or even death itself and which is able to command from unseen elements an outward manifestation through you of all the things and circumstances which makes life beautiful.

This mood, unlike riches, offers a basis for independence which is not transient. If wordly possessions thus obtained, disappear, it offers the ever available power to obtain more. Riches come on the currents of such moods like the waters of a river, and like the waters should flow on and be dispensed as freely for the good of humanity, in the sure knowledge that their omnipotent source will not dry up. When the right state of mind is attained and maintained, it will be as easy to obtain happiness, even through the most unfavorable circumstances, as it is for a Mozart to extract music from a cat gut.

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