

YOUR THOUGHT FORCES AND HOW TO USE THEM.

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ALL THINGS EVOLVE FROM WITHIN.

The Home Silent Thought Brotherhood.

(SEE OCTOBER NUMBER.)

SUBJECT:

"HOW TO RULE YOUR KINGDOM."

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is a monthly magazine which deals with the powers latent in man and shows ways of bringing them into manifestation in all business and art. It offers without charge to each reader, the daily silent thought helps of the Home Silent Thought Brotherhood, which was organized for practical work along occult lines for the benefit of our students and readers who can share in the practical advantages it offers, by simply following the directions therein given from time to time. It is adapted to all persons who have needs. Who has not?

SYNOPSIS OF OCTOBER NUMBER.

Powers of Silent Co-operative Thought to Produce Results in all Business and Art.

All solids only rates of vibration.—What thought vibrations can accomplish.—Value of this knowledge.—Its means of practice.—Why knowledge is power.—Importance of co-operative thought.—Dealing with the unseen.—Wastes of force.—Keys to unlock latent forces within.—True knowledge necessarily occult.—How to accomplish results without effort.—Occult Science and health.—Occult theology.—Ending next year of 5000 year Cycle.—What is sure to follow.—Rewards for obeying occult law.—Its bearing on health, business, etc.—Penalties for abuse.—How to dissolve obstacles, discords or matter.—Cross vibrations.—Clue to our methods.—Plans and objects of first 7 degrees of Home Silent Thought Brotherhood.—How to reap its practical advantages.—The 5 Esoteric degrees.—Unlimited opportunities offered.—How force is gained.—Drawing on Infinite forces.—Occult power of right.—Why honesty is policy.—Thought currents.—Unseen forces that attract.—Power of combined thought.—Getting in thought current of Infinite good.—Power of heat (sunlight) or thought to deal with rates of vibration of things.—Kingdom of power within.—Present methods shut off force.—Power of co-operative thought to attract companionships.

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SUBJECT FOR DECEMBER—Woman's Occult Forces.

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Agents Wanted.

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How to Rule Your Kingdom.

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Have you a wish or cherished ambition which lies very near your heart?

It is within your power to gratify it. An effort will here be made to show how. The purpose is first to briefly show the omnipotence of thought by showing the close connection between business results and thought and between man's thought and its omnipotent source.

Second, to show that success is the sure result of certain moods of mind or ways of thinking, and

Third, to show what those moods are and how they may be produced at will and maintained.

The power to think has evolved you from the most lowly atom. That power is the deathless principle within, which will never leave you until it makes of you a God in power and perfection. The universe is your natural kingdom. As an atom you simply desired food. That desire was thought, an individualized thought organism, which created for you a stomach and the ability to gratify it.

With each step it created a new want or thought and also the power to gratify it, and will continue to do so until you have dominion over all that is. Where do you stand now? What sort of a kingdom are you ruling today? To the extent that it is less than the universe, to that extent do you need self-knowledge.

Your permanent thought forms (moods) solidify.

As the power to rule is within yourself, so are the barriers which prevent the present demonstration of that power. Those barriers are self-ignorance. The unlimited power to think is the link which connects you with your omniscient source. The laws of thought is that *self-knowledge* which will enable you to demonstrate the omnipotence of thought and its source.

As omnipresent *truth* itself is God, so is man its co-existing "power to think" of truth, which is all that is. That power is God's method of demonstrating through man (and every man) the omnipotence of truth.

Truth itself is the eternal vibration which originates the vibratory powers of thought. Modern science proves that every *solid* is only a rate of vibration, or mode of motion and the Roetgen X rays give doubters an opportunity to occularly demonstrate that fact. Then every solid is only solidified thought, and therefore the manifestation of truth or God. Nature is God manifest. If truth itself is God, it is easy to believe in its omnipresence and omniscience and that each atom is omnipotent potentially. If man is the power to think, it is easy to believe in the omnipotence of thought. It would, of course, be as omnipotent as its source, for the power to think of one thing implies the power to think of any other. As thought is vibration, and truth its co-existent source, it is easy to see the connection and oneness between God, man and so-called matter, which science proves is only a rate of vibration. The theory of evolution is thus cleared up to him who will follow the reasoning closely. It is plain why the slightest power to think, or vibrate, as is shown in the atom's desire for food, would *live* and

Matter is "a rate of vibration" or solidified thought.

grow into manhood and **Godhood**. Man's power to think is Infinite and eternal. **It is the soul**. Man then has that power within him now. **It is no** more unreasonable to believe that his thought vibrations can, with knowledge, create, and so manifest and control, or even *dissolve* forms and solids, than it is to believe that the sun can dissolve ice, or expand the largest bar of solid steel by acting on its rate of vibration through the same vibratory law.

The purpose here is not only to show you that you can realize your fondest ambitions and accomplish seemingly impossible business results through the power of thought, but also to break down entirely your belief in limitations, so you will generate new ambitions along eternal lines. You will thus begin the conscious thought constructions, which will hasten their fulfillment.

If you can but fully comprehend the absolute truth of thoughts omnipotence, you will be able to destroy entirely the belief in your limitations and drive away all fear and other negative and destructive thought forces which constantly work against you. In its place will come the calm assurance that your every undertaking must in time be successful. That is the mood of success. Thus you take one long stride toward the goal of thought control, which means the control of thoughts creations, the mastery of surrounding conditions and rulership of man's kingdom, which is the universe.

Man's surroundings are his vibratory thought magnetisms, the fruits of his character, and governed by the laws of thought.

Your permanent thought forms (moods) solidify.

The ties between certain thought moods and business success are so intimate that to live permanently in such moods is to produce permanent success as its legitimate and necessary sequence.

Most every earnest student has asked himself the important question, Is it possible to produce those moods at will, and if so, how? It is desired to here outline plans which will enable students to answer that question for themselves in the affirmative, and by following simple directions demonstrate their value by the actual proofs of successful experience.

There are various avenues of the brain through which thought forces can function, and the effort will be to outline a definite, systematic and thorough plan which may be used to organize these thought forces so that better co-operation, proper distribution of duties, proper modes of mutual assistance between them, and the best direction of their united energies will be maintained.

In other words, the effort will be to show how each faculty may be made to contribute its quota of thought power to the combined current which will produce the success of any proper effort or undertaking.

The dynamic power of thought is so great that most any person can be very successful if he goes about it right and holds to the successful mood with sufficient persistence.

The trouble is that ones thought forces are usually so lacking in organization that moods of success are quickly followed by moods of discouragement, worry, anxiety and fear, which are the moods of failure.

Little success will come until it is learned how to

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produce at will and maintain those moods of mind which cause and control success.

The choice of a plan and purpose is important. Many worthy enterprises fail for lack of properly chosen ways and means. It is essential that every faculty of judgment, intellect, intuition, conscience, ambition and inclination should have its full say before a plan is chosen, because any faculty that does not approve of the plan chosen is likely to afterwards balk and become worse than a dead weight.

"First know you are right and then go ahead." But how? According to the laws of thought. By controlling your moods.

When successful moods become permanent, success is a certainty.

If your thoughts of determination today are counteracted by thoughts of discouragement tomorrow and by worries and anxieties *all* the time, little progress is likely to be made. After such an experiment a person is likely to say, "Don't talk to me about the power of thought. I have *tried* it and find there is nothing in it whatever." "It is only a humbug." It is not claimed that the constructive power of *one* thought of determination is greater than the destructive power of *ten* thoughts of discouragement, indecision or worry.

It is claimed that permanent moods of calm determination to accomplish a just purpose, if backed by thoughts of unwavering hope, faith, trust, goodwill, desire, aspiration, ambition, imagination, expectation, and based on a thorough understanding of this law, will *command* success in the accomplishment of that

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purpose, because they are the underlying *causes* of which success is only the fruit and slow effect. They are the creative vibratory forces which work night and day in the unseen, and form currents into which results are bound to flow.

The universe is the vacuum, thought is the mould, and its vibrations are the *essence* which is ever ready to solidify if the mood is held to. It always corresponds to the thought form. As is the business thought, so is the business result. All real action is of the thought world and its accompanying result is only its material correspondence. Faithfulness in producing favorable thought causes will ever bring new proofs that they and their material fruits are one and inseparable.

It is a law of philosophy that darkness is merely the absence of light. It is a spiritual law that if your surroundings are disagreeable it is because you have failed to fill your surrounding vacuum with the right kind of thought forms.

If your successful moods are not permanent their thought moulds will be neutralized and perhaps destroyed by negative moods in which you manufacture other thought moulds of fear, anxiety, worry and discouragement.

It is as easy to fill your surrounding vacuum with what you want as it is with what you don't want. There are no walls or intersections in the universe which are able to bar permanent thought forms or moods from their material correspondences. Man's nature, however, is such that he cannot hold permanently to a mood or thought mould that is not in harmony with absolute truth and the

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eternal laws. No question is ever settled until it is settled right. The laws of thought are as relentlessly invincible as truth itself, which is their source. If you choose plans and purposes that are not based on right you will have the omnipotent and eternal vibrations of truth to contend against and your plans are bound in time to get the worst of it. If, on the other hand, you *do* base your plans on justice and good will you thus avail yourself of the helpful powers of universal currents and therefore have nothing to fear, no matter how dark are outward appearances.

You have nothing to do with temporary appearances, as your work is to deal with *causes* in the unfaltering faith, that as is the cause so will be the result even though sometimes slow to follow.

In laying your plans it is therefore of great importance that they do not oppose the vibratory tides of universal justice.

In maintaining the successful mood your *chief* business will be to keep at bay the destructive and opposing forces of fear, anger and their satellites. Rules should be outlined with that purpose in view.

You may know as an absolute certainty that there is no power to so keep them at bay equal to that consciousness of strength which comes from knowledge of the laws of thought and the sincere conviction that your "cause is right and must prevail."

Thought vibrations are rapid and powerful to produce success in proportion to their approach to the eternal principles of morals and love.

Evil desires carry with them only low rates of thought vibration, because not backed by the accumu-

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lated velocity of an eternity. That power which would be required to start a large balance wheel if constantly applied to it for an eternity would increase its velocity to an incomprehensible rate of speed.

If your cause is unjust you can nevertheless accomplish results, but they will be but temporary, and in time will have to be torn down and built over again.

Life is continuous, and as Longfellow writes, "The grave is not the goal, dust thou art and to dust returneth, was not written of the soul," which is the power to think.

Unjust plans are the product of evil desires, and as they produce discordant vibrations are necessarily and to that extent self-destructive.

You can never *really* build until you build right. To try to do less is just so much waste of time.

Your inherent desire to do right may be temporarily dormant, but its never ending vibrations will balk and interfere with any unjust plans as surely as breathing will continue during sleep.

The thought that a just cause must in time succeed and that it is noble to temporarily fail, or even die for it, should be sufficient to quiet your fears, drive away all other destructive thoughts and sustain you in the darkest hours.

"Where there is a will there is a way." The laws of thought show *why*, that if the *will* is maintained it will *make* the way, even though it has to reach to the *ends of the earth*, as it is able to do, for aiding forces. It is able to form roads or currents from your "Rome," in every direction to the ideas, persons, opportunities and events that can best aid you in carrying out your plans.

Matter is "a rate of vibration" or solidified thought.

Whenever things look gloomy and discouraging, spend the time in *rejoicing* that *behind* the scenes your mood can make them as calm, serene and bright as the most beautiful summer day.

Always remember that the spiritual or thought world is that "behind the scenes," where events really occur, and that it is ever your privilege to so deal with *causes*, and snap your fingers at any temporary *appearances*.

Never get frightened at the rockings of the boat of fate or results, so long as you have power to "walk on the waters" of spiritual causation. Be faithful in sowing the thought seeds of success in perfect trust that the sun will not cease to shine and bring a generous harvest in due season.

It is not necessary that your mind should ever be in a positive mood. You must first *receive* force before you can give it out. Receiving force necessarily implies the negative mood. When in the negative or receptive mood, to be calm, serene, hopeful and determined is to so *polarize* your mind toward success that the new pulsations of life so received will reach throughout every link and avenue of your previous thought moulds or thought constructions.

In time you will be, as cheerful, joyful and calm in such moods, even though appearances look dark, as is a thirsty cow when given the opportunity to drink. If your mind is polarized toward success while in a positive mood, your progress will be none the less rapid during your negative moods. It is during the moods of bodily inactivity that the mind is most free to connect with the new idea, or the new opportunity which

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you are seeking. During positive moods your thought vibrations are kept chiefly in the channels of previous thought moulds.

The negative mood is the one where the intuitions are most active; the thought is then not given a positive direction by an effort of will or intellect.

Reason is very inaccurate in the selection of suitable persons and opportunities to carry out its plans. That work should at least have the entire *approval* of the intuitions.

During negative moods thought acts according to the law of affinity or natural selection, and of course goes unerringly to those who are in the same thought currents.

That is why it is so important to form thought currents or moulds of success. Such currents are formed by constantly maintaining the mood of success.

The present methods of business actually drive success away by its worries, anxieties and overactivity.

Bodily overactivity is founded on worry and anxiety. Worry and anxiety form thought moulds which bring failure. When man thoroughly learns the thought laws by which all business results are produced he will rest in the calm assurance that he is actually making more progress during restful sleep than he could by the most intense and anxious bodily overactivity.

During sleep the mind acts with perfect freedom in the unseen, and has a wide range of material from which to draw for aiding forces in carrying out its plans.

Thousands of miles are as one mile to thought vibrations and its law of affinity. Your body should have

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an easy time of it. It should act only when prompted to do so by your intuitions or higher self.

When you fully trust thought forces to do your work, and daily demand more faith in its laws, you will be lead right and your business results will multiply.

There is another method which can be used successfully in the better organization of your thought forces and in obtaining thought control. That method is something as follows, viz.: When you are unable to control your fears and depend fully on thought forces, and during periods when things seem to be at a standstill, give each thought faculty a cheering word of encouragement. Say to your faculty of determination, something as follows, viz.: Do not falter or be afraid, for in addition to your own thoughts of determination I have an army of brave thought soldiers ever working in secret in undermining the very *causes* of these unfavorable appearances and you will soon see a more encouraging outlook, so work steadily on without the least concern as to the final outcome. If it is your hope that is weak, give it the same helpful words of encouragement, and the same can be done in bracing up your thoughts of desire, conscience, aspiration, imagination, ambition, expectation, understanding, faith, trust, assurance, order and every faculty through which your thought forces can function

If you are discouraged, undecided, anxious, angry or worried it is a sure sign that some of these natural helpers are off duty or perhaps working for the enemy. You can also talk to your caution something as follows, viz.: You need not feel in the least excited, I have a strong and thoroughly disciplined army at my

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command and we are *sure* of victory. You have been a noble sentry during my long period of unconscious growth, but as I have recently received the strong reinforcements of new ideas and am now consciously backed by the omnipotence of Infinity, there is no longer any possibility of danger. I will not need your further help for the present. In fact your fears really interfere with our success. You can take a long and much needed sleep and dismiss every fear as I am more than able to fight the battle, and will be sure to call on you if you are needed again.

In these and other ways the powers of mind can be specifically dealt with and soon become so thoroughly organized that the mood of cheerfulness, trust and success will become chronic and fear a thing of the past. Then the successful mood will not need to be produced or maintained by an effort of will. λ

Perfect understanding of the laws of thought is, of course, the short and main road to perfect manifestation of its powers, but until that time comes the smallest help should not be despised. More complete self-knowledge is the road to perfect understanding of such laws and should be the main dependence, but that should be backed up by thorough and constant training in all the details that go to make up perfect thought control.

The living, far-reaching, vibratory pulsations of the "*I can and I will*" needs the support of that concentrated mood which is able to eat, walk or do the easiest act, and think of *nothing else* but that act at the time. Do you ask if your entire thought should be concentrated on such an unimportant act as walking?

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Yes, it *should*, unless you dismiss *all* thought, for while walking may be unimportant the *mood* is *all important*, and if you have your mind on something else during your *unimportant* acts, you will form a habit which will make it impossible to concentrate when the *important* acts come, and the chances are that your faculties will otherwise organize into squadrons, which means to *disorganize* and perhaps get into trouble.

Supposing the thought faculty of caution, which knows nothing except to *fear*, should get excited during such unguarded moments and call a meeting of other non-combative thought faculties, such as reason, memory and observation. After a little private conference they call on imagination for the purpose of enlisting its assistance, which they easily do. They then decide to call on determination with the view of getting it to change its purpose. They naturally present their tale of woe something as follows, viz.: Observation is the first spokesman and tells how gloomy and doleful is the outlook. Memory chimes in and says that no one ever before succeeded in such a crazy, unheard of way.

Reason is in a very serious judicial frame of mind and says, I of course know nothing about the facts except what observation and memory have told you, but from these facts I hardly see how it is possible to succeed by such methods. Imagination then jumps up and gets the floor, immediately beginning to tell of its visions of failure, which so excites caution that it at once makes a very earnest and abject appeal to determination, to change its plans and go back to old methods. It explains how at least a *living* is thus

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assured. Memory interrupts by saying, "Yes, that is so, as past experience proves," and gradually the excitement increases and intensifies until a regular panic is created and caution goes into a genuine epileptic fit.

Do you presume to think that such a meeting would have no effect in undermining the purpose of determination? It is a case of five against one, so of *course* it would have its effect.

The chances are that determination would be completely won over, and they would in turn present the same doleful case to hope, and each other faculty, and get reinforcements at each step. Of course combativeness is not afraid, but combativeness is an executive faculty and therefore is not there to defend the thought plan chosen, as it is busy WALKING (as *all* the faculties should be, *however* unimportant the act *seems*). The act *may* be unimportant, but the mood is NOT, and by concentrating the entire mind on even unimportant acts the mood of success is maintained and the calamity of fragmentary groups avoided.

In considering plans EVERY faculty should be present, but how CAN they be when some are busy "walking." Plans should not be reconsidered unless all the faculties are again given a full hearing. If you try to do two things at a time, negative and destructive thought forces will thus creep in, therefore to avoid that by a constant habit of concentration is all important.

The way then is to concentrate all the faculties on every act, no matter how small. "Whatever is worth doing is worth doing well." It is much better for

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caution, memory, imagination, observation and reason to walk or even tie shoe strings than it is to traitorously try to undermine determination and its thought constructions.

You may depend on it that to let the mind wander while you are doing small things will get you into mischief and make it impossible to concentrate on the important act when its turn comes.

Your thought does not cease to work while you are doing the small act, because it is the *mood* of mind that wins success and not the direct thought alone. So long as the successful mood is maintained its vibratory pulsations will continue.

Training for concentration will increase your happiness. If your whole mind is without effort concentrated in walking or eating, you will forget the past misery which might otherwise make you unhappy. Power and happiness therefore mean about the same thing. In order to insure the constant presence of your higher self or overshadowing soul you must make of your body a fit habitation and environment for it. No habitation is fit for it except the mood of happiness and cultivated faculty, for that is also the mood of health and success. The presence of your higher self insures the success of your every undertaking, because it is *that* self which has the unlimited power to succeed in every undertaking.

A time will come to you when your every wish will be gratified and when you will have only to think of a thing in order to have it come to pass. It is a spiritual law that the desire to do necessarily implies the ability to do.

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Many persons have an absent look which has its beginning in the habit of sending thought in advance of the present act. In that way the body becomes an unfit temple for the indwelling of the higher self.

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Subject for February: "Useful Occult Practices."