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OCCULT QUARTERLY

A MAGAZINE FOR SPIRITUAL ILLUMINATION

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New World Teacher

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Oriental Philosophy, Divine Healing, Psychology,
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Memories

*Years may go from whence they came,
Dreams of love and happiness may shatter,
And life may be void and body lame,
But memories of Love and hope still lingers.*

*An album of pictures, a letter or two
Dimly seen through tearful eyes
Summons memories of Joy to one, so true—
And out of the gloom a light doth arise.*

*Seas of sorrow may swallow one's soul,
Mountains of morbidity may suddenly rise
Vast valleys of despair too, may before one roll,
But let us hopefully live in our memories.*

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TO BE AND TO DO

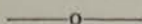
The following quotation will help all to create a wider scope of spiritual vision, mental perception and more abundant youth and health. Say it over daily as often as you think of it until it becomes a part of yourself.

STATEMENT OF BEING

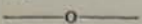
"There is one presence, one intelligence, one substance, one life, the good Omnipotent. God is the name of the everywhere present Principle, in whom I live, move and have my being. In all, and through all, and above all, God is Almighty. Thy name is Spirit. I know thee as the one-all seeing mind. Thou are always with me as indwelling wisdom and love. Thy law is now the standard of my life, and I am at peace. I in thee, and thou in me."

The first step of all progression and development is Creative Thinking. All creative thoughts are good thoughts. The second step of growth and evolution is Creative Doing. All creative actions are good actions. All other thoughts and deeds are DESTRUCTIVE OR STAGNANT. Individually or racially, this accounts for present conditions. The future depends upon your individual effort to cooperate with all progressive beings toward the betterment of mankind, in words and deeds as well as in thoughts.

It is useless to ponder over the elimination of incorrect thoughts and habits—they will automatically pass into oblivion as correct and good thoughts are formed. Concentrate upon only that which is Eternal—the Good. A good thought or deed may be likened unto a grain of sand—it takes countless thousands of them to make a beach—countless thousands of good thoughts and deeds to become a habit of being. However, the creation of eternal power should never be thought of as power but in the joy of Being and the happiness which comes from creatively Doing!



The Man who constantly contended against evil, morally and physically, outwardly and inwardly, may fearlessly face death, well assured that radiant Spirits will lead him across the luminous bridge into a paradise of eternal happiness.—Zend-Avesta



THE N. R. A.

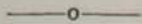
Few people realize that they can be harnessed to a wagonload of other peoples responsibilities, to be made to pull it, and like it! Anything pertaining to National Recovery from greed, crime and graft should be sponsored by the public; but why not make those who create unnecessary burdens, bear those same burdens? The N. R. A. is a plan by which the general public is made to share the burdens that have been accumulated by the few, who, either from hoarding profits, investing money in other countries, etc., have not put back into the Source what they took from it.

Sages of other ages would question present plans of Recovery. Confucius might say, "He who has carved his oar, let him paddle with it." Plato, the Greek logician, might say, "Sympathetic leaders make better rulers of the State than Gods of Brass." Conan Doyle would perhaps quote, "When one is starving, there would be little hesitancy in choosing cake or crusts of bread."

To be swayed by public press in regards to matters of such vital importance of National Recovery would be to lose ones individual judgment of weighing the cause or why there is need of national recovery, and who were the creators of the Depression! To preserve an apple one must not only cut out the holes made by the infesting worm but find the worm and expel it!

To see what the N. R. A.'s purpose is, or what it is doing, how and to whose benefit it was made, just take an impersonal attitude toward it, not being biased by what someone says concerning it, what newspapers report of it, not what radio announcements are, or so-called official statistics, but by observing the effects and results in every day life in the prices of food, clothing, etc., the number of people in one's own neighborhood who have gone back to work, or the number who have been layed off; real estate values; the effect of the Trades Unions; increase of banking, business, etc.

To have Faith in any plan one must be able to perceive Truth in that plan and to judge by results and effects from an impersonal standpoint of view.



RELIGION vs. SPIRITUALITY

By

Yacki Raizizun

—o—

Mankind in general is progressing on an ascending scale of development. No matter what external conditions may indicate, the majority of the masses is progressing very slowly. Their Spiritual Growth may be symbolized thus:

The Spiritual Path of life may be imagined as a great Spiral Tower, on which we see the Human Family slowly crawling towards perfection. On their progress upwards there is much to distract the Eternal Traveler; for there are many illusions which appear to be Reality. Once a man has made a conscious effort to acquire Spiritual Perfection, he may be lured away by some transitory illusion; but he will return again to tread the Path he has forsaken.

What are the Ways, then, that lead to Spiritual Illumination? Through adherence to what Principle or set of Principles is it possible for mortal man, in his limited state of consciousness, to acquire Self Knowledge. Spiritual values are not acquired unless we have a desire to grow. Says "The Light on the Path": "To all who are interested seriously in Occultism, I say, first take knowledge; 'To him that hath shall be given.' It is useless to wait for it. The Tomb of Time will close before you, and in later days you will remain unborn without power."

The first step leading to Spiritual Reality is the cultivation of a life of harmony. Internal and external harmony must be the keynote, no matter how many bitter disappointments life may bring to you. The petty grievances of the many obstacles that may obscure your path, must not in any way affect your inner equilibrium. This Inner Harmony must become the very Life of the individual, so that poise must be maintained at all times.

In order to acquire this state of Internal Harmony, all thoughts of a negative or discordant nature must be eliminated. All rebellious thoughts of pride, avarice, vanity, suspicion, enmity, envy, lust, petty prejudice, or self pity must be erased from the mind. Just as the morning sun expels the mist, so must you with your newly awakened faith and persever-

ance, eliminate from the mind all thoughts of a discordant nature.

Living the Life of Harmony must be your one and only aim. Again and again the battle must be fought. Your greatest objective at this particular period is to eliminate the thoughts which you know from experience are detrimental to you. As you free yourself from the bondage of gross and material thoughts, an inner tranquility, that you never dreamed of, will be attained.

The power through which harmony is produced is LOVE. Love produces Union and Harmony. Love is Divinity in Expression.

Anyone who harbors hatred of his fellow man and claims to love God is a hypocrite. To love God you must love Humanity.

It is essential to inculcate in your life the ideals of that great Persian Prophet, Zoroaster, "GOOD THOUGHTS, GOOD WORDS, GOOD DEEDS." Good thoughts are the very foundations of all religions and beliefs. There can be no discord nor evil in a mind that continually harbours good thoughts. From good thoughts come good words, ("By your words ye are justified or condemned"—Bible) and good deeds. ("By their fruits ye shall know them,"—Bible.)

Religions in their various aspects are simply different links in relationships between man and God. According to the point in evolution in which a man finds himself, so does he cleave to a certain religion.

There are three phases of Religion, the outer, the subjective, and Union. The outer phase consists of worshipping fetishes and external forms of diety, pleading for a change of mind and the granting of some personal favor, always for some selfish consideration.

Religion in its second aspect deals with the relation between man and the First Cause-God.

In its highest aspect Religion is the complete union between man and God. He realizes his Oneness with Divinity.

Various aspects of Religions may be likened to this parable: Standing outside a great Cathedral and looking at one of the windows of varicolored hues, one man, seeing only a certain panel will say, the Light is red. Another man, looking at a

different section will say the Light is blue. Another will say it is green, etc. So it is with the lower exoteric Religions, each has its own color, i.e., its own method of worship and presentation. Each claims it is the only one. The Light of Truth that comes through different windows, each claims, is not the same.

But when you penetrate within the Shrine, you will see that One White Light is there, and that the difference of color is in the window and not in the Light. (Truth)

And so when we enter into the higher phases of Religion, which can only be acquired by slow growth, we see that the Truth is One, and that the different faiths, with their various colors and allegories are aimy steps that lead to the Inner Sanctuary and Unity of the Godhead.

Those who live a Spiritual Life, live in an entirely different atmosphere. They experience an inner calmness that never ends, an inner poise that never falters, a tranquility that cannot be disturbed; no matter what external conditions may indicate.

The chain that binds you, the mental fetters that hold you in an apparently habit forming vice are all YOUR making, YOUR creation. Are you sick of it? Are you tired? Do you wish for mental poise? Listen to the words of Bhudda:

"Ye who suffer, know ye suffer from yourselves,
None else compels,
None other holds ye that he hug
and kiss the spokes of agony."

The Inner Sanctuary Through Meditation

The first step is to make the mind Introspective, so that the mind controls the senses. All distracting thoughts must be eliminated, and the mind must be concentrated or centered upon only one object.

Says Vivekananda "He who has succeeded in attaching or detaching the mind to or from the senses has succeeded in Pratyahara, which means 'gathering towards;' checking the outward powers of the mind, freeing it from the thralldom of the senses. When we can do this we can really possess a character; then alone we shall have made a long step towards freedom. Before that we are mere machines."

The first step in Pratyahara is to

sit quiet. Relax. Allow the mind to wander. It will be found that the fleeting thoughts will soon subside when the mind has become quiet. Finally the objective thoughts become less and less.

In the next stage of development, the ideas or thoughts will be those that automatically come from the subconscious. These subconscious thoughts must also be destroyed by the will of the disciple. As an illustration, when the subconscious ideas come into the mind they must be dispelled by an effort of the will.

The next phase consists of concentrating the mind on one definite object, exclusive of all else. It may be accomplished by concentrating on some external object. A Christian may hold a picture of the Jesus in his mind and concentrate on all the virtues and principles of the Christ, and will that these principles will become embodied in his life. He must endeavor to live them. A Buddhist will concentrate on the Buddha, a Mohammedan upon Mohammed, etc.

Meditation must first start with the form and develop to the formless. First the form thought must be held in the mind. When this objective meditation becomes intensified the external cause of the object will be perceived. The reaction of the mind will in time control the thought waves of the mind. Later they will reflect the higher state of consciousness and Higher Revelation will be acquired.

—o—

The Soul is myself. The body is only my dwelling place. Death is not death; the Soul merely departs and the body falls.—Buddhist Scripture.

—o—

Is it not strange that after all I have said to convince you that I am going to the society of the happy you still think this body to be Socrates. To die and be released is better for me.—Socrates.

—o—

When thou shalt have laid aside thy body thou shalt rise freed from mortality and become a God of the kindly skies.—Pythagoras.

—o—

I shall go not only to meet great men, but also my son. His Spirit, looking back upon me, departed to that place whither he knew that I should come, and he has never deserted me.—Cato.

NUMEROLOGY

Symbolical Number Vibration

By

Ruth Ezra Holden

—o—

In order to undertake any task successfully, we must have knowledge and technique which requires much study. A teacher must not only study texts for knowledge, but must study the Psychology of Human life and the reaction of the Laws of Learning. A mechanic must know the construction of the various parts which make up a car, and the way they are put together to form a running engine. A musician must attain a thorough knowledge of music as well as the instrument which he wishes to master.

How strange it is, that in our own lives, which are the most and only really important things to us, we neglect to study various means to mastery. The Oracle at Delphi in the days of Ancient Greece handed down to us a truth which we see and realize, yet do not try to attain, "KNOW THYSELF". In order to find our place and work in harmony with the Laws of Nature, we must know and study our own hidden forces.

Numerology, the Science of Name and Number Vibration is not a fad or a new Ism, but like many other so-called new things, is an old old Science. This knowledge has lain hidden, covered by the dust of ages, for many centuries. Now we have brought it forth to the modern world, that again man may learn to realize its help and guidance.

Numerology can be traced back, through ancient records, to 10,000 years B.C. To show the Universal character of this great truth, we find it in the Sacred writings of the Chinese, in the Indian Vedas, handed down through the Cabbala of the Hebrews, and among the hierotic papyrus of the Egyptians.

Number vibration, as it is now used, was handed down by Pythagoras, one of the greatest of the Greek philosophers. Pythagoras, a great student and teacher, lived six centuries before Christ. After studying for twenty-two years in India and Egypt, he returned to Greece, bringing with him the knowledge he had gained in the use of name and

number vibration. He became outstandingly proficient, and gained not only a large following but also much power through his system of Numerology. Much of his work and writings were destroyed in a later period of rebellion and destruction, but the key to his system has been handed down, forming the basis of modern usage.

What, then, is Numerology? If you should be asked the question, "What do numbers mean to you?" what would be your answer? Do you think Arithmetic as you learned it in your early school years? or money? or material objects? Perhaps the idea that each number has an Occult Symbolism and interpretation has never come to your attention. The following brief explanation of the source and symbols of numerical evolution will enable you to understand the meaning and derivation of name and number vibration.

The Fundamental Law of Nature is the Law of Vibration. Science now teaches that matter is but the manifestation of an unknown force, vibrating at different and varied rates. The Science of Number Vibration has as its basis the Law (All things are the manifestations of One Universal Substance and the great variety of forms are due to the difference in the rate of vibration.)

Musical sounds are produced by the vibrations of strings, metal, etc. When these vibrations are passed through fine materials such as dust or sand, they produce varying sounds, according to the pitch or rate of vibration. This proves the theory of Physics, that vibration produces sound, resistance and form.

Following is a study of the Laws of Vibration and their Symbolical Numerical derivations from a Metaphysical standpoint.

When the "First Cause" set in vibration the Universal Creative Forces, Spirit entered into matter, and the vibrations of Creative Energy were sent forth. Symbolically, the circle or nought (0) may be considered as the Unmanifest, for it is no-thing. Within this Circle of the Unmanifest is, however, the potentiality of all things, all numbers.

(1) With the first manifestation, the vibration or force from within the circle caused it to rotate. The result of this revolution was the for-

mation of the axis, for nothing can revolve without a center. This axis, within the circle, is the first vibration and symbolical of the first number, one. This first vibration is a strong positive force, symbolizing the descent of spirit into matter, therefore Adam (man) typifies this manifestation.

It can readily be seen why one has the following qualities or characteristics: Individuality, Pioneering, Creative Ability, Initiative and similar qualities.

(2) As each positive force is followed by a negative aspect, we have a duality now appearing. This is symbolized by the horizontal axis crossing the vertical axis of the first manifestation, forming a cross. Number two is opposite to the positive masculine one and therefore is negative or receptive and feminine. Eve (woman) symbolizes this second vibration.

Aspects of number two are Helpfulness, Receptivity, Diplomacy, Attention to small things, collecting, building, etc.

(3) The symbol of three is the triangle, formed by the three aspects of Divinity, Spirit, Soul and Matter. This is symbolized in the human family by man, woman and through love and attraction, their child.

This number stands for expression, through the Creativeness and the helping qualities of the first two numbers; creativeness in Artistic Fields, Expression of Beauty, comfort and happiness for others.

(4) The fourth vibration is symbolized by the square, uniting the four ends of the cross (2). These four numbers, 1 plus 2 plus 3 plus 4, when added together contain all other numbers (10), and thus they complete the first cycle of man.

Characteristics of this number are, Squariness, Durability, Honesty, Concreteness, Foundation Building, Typical of Work and Study.

(5) The fifth vibration is symbolized by the Pentagon, the five pointed star. Man himself forms this pentagon when he stands, head held high, arms stretched sideward and feet apart. Man stands ready to receive Knowledge and Guidance for his five senses.

Characteristics of this number are, Good Mixers, Friendliness, Fondness for variety and change, Activity, In-

vestigative, Experimental, Desire for material things (sensory).

(6) The symbol for six is two interlaced triangles, forming a six pointed star. It contains the triangle of nature and that of Divinity; the involution of Spirit into matter, and the evolution of matter into Spirit. This shows that man, through co-ordination of his forces with the Divine within may attain Knowledge and Wisdom.

The number six has always been connected with industry and labor, and the insects, ant and bee, which are symbolic of these words, not only are composed of six parts, but also have six legs.

Characteristics of this number are Homemakers, Humanitarians, Reliability, Responsibility, Constructive Persistency, those working for the uplift of others, as teachers, writers, etc.

(7) Seven is symbolized by the interlaced triangles with a dot at the center, showing man, through Introspection and searching Within, has come to the Realization of the Nature of Self.

Seven is a number of completion, of wholeness. There are seven notes to the musical scale, seven rainbow colors, seven days to the week. Seven is also a number of mysticism; all sacred writings are sealed with seven seals, man has Seven Life Principles, there are seven sacred planets. Seven is called the number of the "Priest in the Temple".

Characteristics of Seven are Reserve, Wisdom, Intuition, Mysticism, Completion, Introspection, Searcher for Truth, Interested in Occult.

(8) The symbol of eight is the Balance, eight placed sideward. It is an evolutionary number, connected with the spiral of advancement, from lower to higher; showing balance of material with Spiritual.

Characteristics are Balance, Discrimination, Perception, Executive Ability, Leadership, Builder for Humanity through balance of material with Spiritual.

(9) The symbol for nine is three interlaced triangles forming a nine-pointed star. It is the number that never changes, a number of completion, of initiation into a higher cycle. Multiplied with any other number, the sum of the resulting digits is always nine.

Nine signifies Completion, Service, Kindliness, Charity, Inspiration, Higher Emotions, Love of Humanity.

Ten is symbolized by the same symbol as one. Now it has reached a second cycle of evolution and Light and Understanding are shed upon all things.

The numbers 11 and 22 are Master Numbers. They signify the evolution from the lower to the higher. Characteristics are Truth, Wisdom, Inspiration, Understanding, Power, Illumination, Mastery.

—o—

"There are a myriad worlds. There is but One Thought out of which they grew. Its law is Order which cannot swerve. Its creatures are free to choose. Only they can create Disorder, which in itself is Pain and Woe. Hate and Fear. These, they alone can bring forth. The Great One is a Golden Light! It is not remote but near. Hold thyself within its glow, and thou wilt behold all things clearly. First, with all thy breathing being, know one thing! That thine own thought—when so thou standest—is one with that which thought the worlds!"

"Out of the blackness of Disorder and its outpouring of human misery, there will arise the order which is Peace. When Man learns that his is one with the thought which itself creates all beauty, all power, all splendor, and all repose, he will not fear that his brother can rob him of his heart's desire. He will stand in the Light and draw to himself his own."

"Let Pass through thy mind, my son, only the image thou wouldst desire to see become a truth. Meditate only upon the wish of thy heart—seeing first that it is such as can wrong no man and is not ignoble. Then will it take earthly form and draw near to thee. This is the Law of That which Creates!"

—o—

Millions of Spiritual Beings walk the earth, both when we wake and when we sleep.—Hesiod.

—o—

That which we call death is but a pause or a suspension, and in truth a progress to life.—Seneca.

—o—

The Soul of each of us is an immortal Spirit and goes to other immortals to give an account of its actions.—Plato.

—o—

THE KINGDOM OF GRIEF AND JOY

—o—

Tears are the expression of extreme sorrow or of joy. They cleanse. They wash away the dross from the nuggets of gold—the gold of perfection. Sorrow is the redeeming messenger of progression, who purifies and clears the cloudy skies of grief to let the sunlight of health, joy and peace vibrate with man.

As if by magic, Sorrow in the full control of his kingdom, gives his subjects the spiritual food and drink that will sustain and keep them for service of The Almighty Perfection.

All sufferings are growing pains. One should really be glad that he is capable of experiencing sorrow—it shows that his soul is awakened to the spiritual life and that he is ordained to GROW! Sorrow in reality is but the negative quality of emotion—Joy, the positive vibration. The two made to balance gives one the ability to be mastered by neither but capable of understanding both.

Joy, in its sunshiny radiance blesses and heals as a ministering angel soothes and heals the wounds of afflicted souls. Hilarity and Frivolity are imposters to the Throne of Happiness; likewise, the usurpers of Grief's scepter are Morbidity and Melancholia. Real grief is a builder of character and Real happiness always blesses others.

The reality of the power of the kingdom of joy and grief is definitely proven by the reality of feelings—what is more real than one's feelings? In the Master Artist's portrait of emotion, grief is the background and shadows which brings out with vividness the highlights and tints of Joy. One without the other would be void, a blank canvas.

Acquaint yourself with your emotions, that you might be educated in the appreciation of the merit of the Master Artist's painting—ETERNAL PROGRESSION. Study and ponder over your joyful moods and your sorrows, until you see happiness as the reward of all grief. He, who dislikes sorrow, however, must be afraid to experience joy, for they are partner rulers in the Temple of Evolution.

—o—

Ye shall know the truth and the truth shall make you free.—Jesus.

—o—

Poetry That Lives

—o—

AWAKE

The light of the stars shines on the world,
But men do not see the beauties it is showing them.

So many are asleep!

They cannot see the Light of the Infinite;

That Light shining Within,
Showing them the Way and the Truth!
Their eyes are too much blinded by false lights;

They cannot see the Message of the True Light!

O sleeper! Awake!

The Light of the stars, of the rising sun,

Are symbols of the True Light!

O sleeper! Greet the Dawn!

See the LIGHT!

The Light which is Shining for you;
The Light which is Shining in you;

The Light which is YOU!

—Ruth Ezra Holden



THE WAY

Softly I asked, "Show me the Way,"
And the answer came, "The Way is the way."

Follow on the Path which thou art treading,

That is the Way to reach thy Goal.
Not by plans and schemes for thy advances,

But by listening to the Voice Within,
—My Voice.

Seek not for worldly pleasures, worldly gains;

These things shall come

Not through seeking them, but seeking Me.

For he who hears the Voice Within
And listens to its counsels;

He who serves Me through service to his fellow men

He who seeks to give All in the Name of Love;

To him shall be given All—

Not alone in worldly things,
But in Harmony—Love—and Peace.

These are more than great renown,
The world's acclaim and pleasures.

These belong to those who follow the Way;

"The Way is the Way to Me!"

—Yacki Raizun

THEY KNOW IT

You don't have to tell

How you live every day;

You need not reveal

If you work or you play;

For a trusty barometer's

Always in place—

However you live

It will show in your face.

The truth or deceit

You will hide in your heart

They will not stay inside

When once given a start;

Sinews and blood are like

Thin veils of lace—

What you wear in your heart

You must wear on your face.

If you've battled and won

In the great game of life,

If you've striven and conquered

Through sorrow and strife;

If you've played the game fair

But reached only first base,

No need to proclaim it—

It shows in your face.

If your life is unselfish, and

For others you live—

For not what you get,

But how much you can give;

If you live close to God

In His infinite grace—

You don't have to tell it;

It shows in your face.

—Author Unknown.



Can man say after all is done,

That he has loved for ought?

Would it be just that after the beloved one

Had glided out of the heart, she'd be out of thought?

Should he pine and waste away in sorrow

For lost love, or should he tuck away sweet memory

And hold his head high, light in his eyes,

Facing Tomorrow?

—Helen Miller.



THE CONQUEROR

Arrows of anger miss their mark,

The wound of wrath soon heals

In him who understands his foe

And a compassion feels.

And should ten unjust men stand there

Whom only vengeance moves,

Though clad in steel, let them beware

The shafts of one who loves.

—T. Morris Longstreth

HARMONIZING WITH THE COSMIC PLAN

From the Manuscript of
"Man's Heritage"

By

Elaine B. Rye

—o—

There is one principle of truth that all may take and build their lives around without fear and without questioning, and this is the **perfectness of the Cosmic Plan**. We may never know it in its fullness, but we can rely on its perfection. We may rest content, quieting all the fears that so often fill the human mind, and know that as we lift our souls and minds to the light and strive to do our part in the Plan, all things will ultimately work toward one object,—that of moving us nearer to the Father's Kingdom.

This is very difficult for some to accept, because they see only a step at a time and when that step is hard, it is most difficult for them to realize the necessity for that particular step. But if one possessed the power to see fully the path over which he has come, and over which he must go, he would realize that the step is a necessity, and so must be taken.

To seek to avoid the steps that are painful and hard and attempt to make the upward journey by some other route is only to encounter the hard steps again, though their outer form may be changed.

The door that leads to Truth is barred in the lives of many by the twin demons, Fear and Superstition. These two stand guard and keep the light of wisdom from penetrating into the consciousness and illuminating the life. To destroy these forces, to uproot them from the lives of those who are held in bondage to them, is the purpose of a large part of the spiritual work being carried on under the direction of Great Teachers, who work through many organizations and in many parts of the world.

When one is bound by the shackles of superstition, he is, indeed, a slave. He cannot advance, because his mind is so filled with meaningless superstitions that he has no room for the Truth to penetrate; and when fear is in possession of man's mind, he is so enslaved by it that he dares not think beyond the horizon that has always been his. He dares not broaden

his view, lest he see there things that will add to his fears.

Patience and understanding in a high degree are necessary in order to lead those shackled by superstition and bound by fear out into the light of fearlessness and understanding. Sometimes it can be accomplished, and sometimes all the efforts of the Teachers fail, because the mind has been so darkened by these twin demons—Superstition and Fear—that more than is possible for accomplishment through teaching is needed.

Every seeker for higher knowledge or spiritual advancement should be on the alert against these foes, and search his mind diligently to see that there is lurking there nothing that can be classified either as a fear or a superstition. To let either of these have place in your consciousness, is to invite multitudes of kindred things, because, like all evil forces, they multiply rapidly and attract to themselves qualities of like character. To admit one superstitious belief into your mind or to allow one to stay there, once it has been discovered, is soon to find yourself caught in a web of superstition. To allow one fear to have power over you, is to make yourself liable to many fears. Everywhere in true teachings, you will find the admonition to seek wisdom, to pursue knowledge, to open your mind to light, for the Teachers know well that as the light of Truth penetrates the mind of man, fears and superstitions vanish as the shadows of night before the rising sun.

The dawning of the New Age will find the human race freed from the majority of things that today hold it in bondage. No greater step in hastening the coming of the New Age can be taken than the absolute banishment of fear and superstition from your mind, and in helping others to win the same victory.

As one grows in his knowledge of the Truth, he gains sureness and certainty of his own powers. Then in his dawning realization of the magnificence of his heritage, comes the great desire to share his joy with others. Here is where **balance** and **discrimination** are most urgently needed. Man can share his earthly possessions with those he loves, but he cannot share his spiritual kingdom, because each must gain this kingdom through his own efforts.

So, all that a man can do for those he would have share with him, is to let the light of his soul shine across their pathway that they may be inspired and guided upward by it. To remember this truth is to know that all undue stress laid upon another to urge him forward on the path of spiritual evolution is wrong. Just as one plant cannot absorb the air and sunshine for another plant, so each member of the human family must absorb the spiritual life for himself.

As the perfectness of the plan dawns upon man's consciousness, he becomes eager to fulfill his part in this Plan; therefore, his spiritual evolution is greatly hastened. Until one gains some understanding of the Plan, his progress is necessarily slow. After reaching the place of even partial understanding, progress is rapid and sure. Like plants pushing up eager stems to greet the sun, the human soul pushes itself forward to greet the Sun of its life.

The conscious realization of man's heritage, and the way to claim it, is the great illumination that all aspiring souls are seeking, yet many speak of the quest in other terms. They seem to be seeking some vague and mystical thing that can have no real bearing on their present earthly lives.

The quest of the true knowledge of the human soul is the greatest quest of all, and one that it is not necessary to veil in mystical terms, nor clothe in strange thoughts. If all who seek could be brought to understand this and make themselves content to use the knowledge that is given them in plain and simple speech, they would do much toward hastening their own growth and helping onward the race.

They would be hastening the day when false teachings would be swept from the earth, but as long as there is this tendency to shun that which is clear and plain and seek after that which is mysterious and strange, there is the wide-open door through which falseness and misrepresentation may enter and find sway in the lives of multitudes.

Seek not after strange and non-understandable things, you who would grow in the power and beauty of your soul. Rather accept knowledge as it comes to you, even though clothed in simple language, and know that in the testing in the trials of life is found the true worth of all

teaching. All that gives you a higher appreciation of your own soul and a deeper reverence for the love and wisdom as manifested in the Cosmic Plan, is to be eagerly sought. All that tends to lead you in the direction of a belief in man's supremacy, or in a belief in his utter unworthiness, is to be shunned as false and a well-nigh insurmountable barrier to your soul's advancement.

The upward journey of the soul has been, and perhaps always will be, a much misunderstood subject in the outer world. People ask questions that are unanswerable, for the reason that they are questions the answers to which are not understandable to the present consciousness of those who ask them.

When the question is asked, why the human family was ever started on this long evolutionary journey, there is no adequate and satisfying answer to be given, yet the question brings its own answer, one that is complete and satisfying, when the human soul has progressed to a certain stage of its unfoldment.

Knowing this, all, even the most aspiring, should be content to await that day when through their own upward toiling, they have reached a place where they can comprehend and so find the full revelation of the Cosmic Plan.

Until then, the duty is plain. Seek to know all that you are capable of knowing, according to your present state of soul-growth, and strive earnestly to interpret the truths as they are given to you, in terms of higher and nobler living. Just think of yourself as a child at school and realize that you will be given more advanced studies just as quickly as you master the elementary ones. The brilliance of the noonday sun would be too much for infant eyes. Gradually they must be accustomed to the light. So, students of spiritual teachings must grow gradually to a place where they can face the light of higher revelations.

Those who walk in sadness and with troubled brow are far from a true understanding of their own divine heritage. When one is troubled and distressed, he is outside the gates of the kingdom and needs to find his way back into the realm of light and joy that he was intended to know as his abiding place.

(Continued on page 13)

THE ETERNAL

WHERE ARE WE GOING?

THIS is the question of most unenlightened minds of today, especially regarding Governmental affairs. We are going where we will to go and every man is his own master—he can follow this one or that leader or choose a path of his own, but until one knows where he is going it would be wise to consider Universal Welfare and follow that path, which is always in the light and always travelled by the greatest men and women of all ages.

Where are we going?—considering science and invention. All efforts toward progression in that field will lead to despair if the Path of Universal Good is avoided, but by following it, stupendous blessings and joy will be the reward. Every worthy goal is worthy of persistence.

Into what channels of expression are the philosophic minds of the world turned today? So varied that philosophy seems to have lost the virtue of the true meaning of the word. True philosophy avoids cultism and sectarianism to blaze the trail for universal intellectualism, which depends on far-seeing and prophetic minds—Intelligences that are open to Truth which is cosmic.

Whither bound? queries the average person when speaking on religion. Great changes are taking place in the consciousness of mankind due to great changes in phenomena and circumstance, which effect his concept of Diety and Religious Law. All progressive clergy are those who recognize science and philosophy as aids to spiritual growth. There are many great ministers who do not wear evening dress but are common, perhaps even uneducated in books, and laboring people, who reflect the true light of inspiration toward the understanding and faith in God and God's Laws, which is Religion. **Where are you going?**

TIME, SPACE AND IMMORTALITY

TIME, in its infinity rules the kingdom of evolution, with the most sympathetic love and with the deepest wisdom. Attempts at the conception of the beginning or the end of time will enable the Occult student to vibrate with the deeper understanding of the mysteries of the ages—Creation and Destruction. In its origin, it is as infinite as the Universal conception of its beginning. In its existence, it is as void or meaningless, or real and full of meaning as the Universal conception of its being. In its future, it is as infinite as the depth of Universal consciousness.

NOW—

*Editorials by
Royal E. Parks*

Space, in its limitlessness or origin, being, and end, is the location of Universal Expression of life, matter, form, intelligence, Law and Order. By projecting the mentality toward the conception of space, its form, its powers or its end, one arrives at the conclusion of the infinity of the location of Expression of Evolution.

Conception, being the first cause of creation, is also the primal principle of evolution—or of retrogression. The power or energy used in mental conception is the extension of Intelligence or a projection of Infinite Wisdom, which is in itself an extension of Life. Matter, Form, Time and Space are likewise modes of the expression of Infinite Mind, the effort of Life, reaching out to create Perfection through Manifestation. Thus, we find, everything goes back to life, the eternal whole. Even light and darkness are dependent upon matter and form in the physical universe, which are modes of mental expression and extension. Matter and Form might be likened unto the spiritual universe as experience of existence—matter and form in the physical universe separate light and darkness—eternal phenomena and experience show the difference of spiritual light and darkness, right and wrong, perfect and imperfect, heaven and hell. Through the understanding of the Powers of Conception, one possesses the key to open the door of eternal bliss and that the experience of darkness, wrong and imperfection will pass into oblivion—eternal void! Eternal Light is Eternal Life, this is the word that was God and that was with God in the Birthlessness and Deathlessness of BEING.

NEW WORLD TEACHER

IN every age of despotism, every famine period, every scourge of plague or depression, the world looks for a leader to miraculously change conditions to a life of comfort. Such being the case, everyone who reasons the future by judging the past might come to the same conclusions. However, world teachers of the past of the different races are very much alive in psychic realms and since there are those who can and do follow the teachings of the invisible Masters, it is quite likely that they will help man to help himself by understanding the laws of progressive living.

World Teachers, both in the bodies and out of the bodies, are available for inspiration and revelation for the seeking. In this enlightened age of scientific and philosophic achievement it seems strange that man, in his mad rush for power, has forgotten

the most important thing in this phase of being—cooperative living. True power over earthly and physical things lie in unselfishness and in lack of vanity. Jesus said, "The meek and the humble shall inherit the earth." This truth portrays service to others and cooperation. True comfort can never be endured as long as a single human being is suffering in any way and of any race of people much less millions of them, who are blinded by illusionary Gods of vanity.

The World Teachers of Today are working in an abstract manner. They are not proud, nor are they vain, so they do not seek fame, but results. Therefore it is not necessary for them to make themselves known to the world, but to work from the invisible planes of life—the most powerful vibration of manifestation. They are not nebulous in their decisions but definitely know what the world needs most. World Teachers of the past have appeared in the flesh and recognized as Masters of the laws of God, but today, to achieve the greatest good for the greatest number of people they remain incognito but to the few of the Initiated—the illumined ones, who perceive Reality regardless of the costume it wears.

Today the greatest good for the greatest number of people is a thorough understanding of the Reality and Happiness of the New World Teacher—COOPERATION, without which progressive governments, friendships, organizations, homes, and the voice of the soul can never attain permanent results!

Heed! Recognize the reality and efforts of the NEW WORLD TEACHER—COOPERATION, who will certainly lift your being to unutterable spheres of revelation. He never forces spirituality upon any one, but only asks you to follow Him and to try to accomplish more than He did. World Teachers are not necessarily Saviors; they help people to help themselves. There is only one World Teacher, who is reputed to have the ability to erase the evil karmic debt, but He never said that he would be responsible for anyone's sins. He readily forgave errors made against him personally, for he understood the Law of Life—"to do unto others as we would have others do unto us." Since everyone is his own law giver and his own redeemer, it would be wise to listen to the voice of the New World Teacher who is ever present, kind, sympathetic and wise—COOPERATION!

A PICTURE

The Vesper bells slowly tolls the quiet
 Hour of moving shadows and dusky twilight.
 The Floating wintery air wafts
 A curl of smoke from a distant chimney out of sight.
 Quietude reigns with Solitude.

The hazy blue evening sky, a grey-blue veil
 Kisses the horizon over hill and to the vale
 Of enchantment where mystic fairies dwell,
 And snow-banked streams wind through the wood.

(Continued from page 9)

Through the centuries has come the teaching that man should be meek and long-suffering to endure the afflictions that God might choose to send upon him. What blasphemy to blame physical ills upon God! Why not in a spirit of justice deal with the facts, and awaken people to the knowledge that they were meant to walk the earth joyously, that when they are afflicted it indicates they are out of harmony with the Cosmic Plan? The right way to overcome the suffering and distress of life is to teach man the way to make his self-adjustment to Cosmic Law.

The blackness of despair is always shot through with the silver light of hope for him who will lift his eyes toward the Light of Truth—for this Light of Truth will penetrate the

darkest corners of man's mind freeing him from the bondage of ignorance, telling him of his own inherently divine powers which he is privileged to use for mastering his difficulties.

No matter how dark your way or how troubled your life may be, do not permit yourself to lose sight of this fact—that you have been intended for a life of triumph and fulfillment. To keep alight this spark of truth within your mind will bring you comfort and give you strength when the trials of life seem overwhelming. To know that you were intended for mastery and not for defeat, to know that you were meant to live a joyous life and not one of trouble and sorrow, is to give you courage to try to overcome the things that hamper your fullest expression.

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I consider this world as a place nature never intended for a permanent abode, and I look on my departure from it as simply leaving an inn.—Cicero.

—o—

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is that which sees no reason for further effort. To raise a person from such a pit of blackness requires a superhuman effort. Those who have come into even a faint glow of the Light of Truth have no excuse for descending into such a state of mental depression and blackness. As the sun shines again upon the earth after the blackness of night, so the Light of the Spirit can again shed its radiance over the most despairing of lives. If the conditions of your life indicate that there is some maladjustment to Cosmic Law, you should strive earnestly to find the cause, realizing that the cause is within you and not in some force or power outside yourself.

We should learn to work for the great object of perfection in whatever station we now find ourselves, striving to perfect that which is wrong in us and in our environment. We should realize that when this has been accomplished we shall be moved upward to a realm higher, and shall have opened to us the lessons of that realm. This is the way we are privileged to co-operate with the perfectness of the Cosmic Plan.

Not by blindness to faults and not by the oblivion of ignorance can progress be made. It comes only through knowledge and the strength to face the truth as it is, and then earnestly striving to correct that which is wrong. We should fill our minds with the idea of perfection—the perfectness of the Plan, and then understand that we make our progress by perfecting one by one the flaws in our nature. As we strive to do this, we work consciously in harmony with Cosmic Law.

To set our faces firmly toward the Light and place our feet securely upon the upward Path is what we need to do. Through the unfolding plan of life, we will then be moved steadily forward and we shall just as certainly be carried forward to our rightful place in the Cosmic Plan, as the bubbles on the breast of the stream are carried forward to be merged at last with the ocean waves.

And, as countless millions of bubbles dance and break on the bosom of the moving stream ere it merges with the mightier body of water,—so many, many bubbles of human life may dance and fade into mist, only to renew their form again and again, and ride upon the bosom of the

Stream of Life as it moves steadily onward and upward. But, as the bubble of water fading into mist is not lost, neither is the soul-substance of man lost when he fades from earthly view.

To know the ultimate end would not hasten one's attaining it, for just so much must be mastered ere one can claim his heritage in all its fullness, and to see only a step ahead is a wiser and more beneficent plan than to have spread before man the mighty panorama of his soul's journey to its final goal. To tread the Path as it is revealed, with love and understanding and an unshaken faith in what lies beyond, is all that any need seek to do.

—o—

FOUR MEN

It chanced upon a winter's night,
safe sheltered from the weather
The board was spread for only one,
yet four men dined together.
There sat the man I meant to be, in
glory spurred and booted,
And close beside him to the right,
the man I am reputed.
The man I think myself to be, a
seat was occupying
Hard by, the man I really am, to
hold his own was trying.
And though beneath one roof we met
none called his fellow brother
No sign of recognition passed—they
knew not one another.
—From an old scrap book.

—o—

GOD

"God thinks through thee; what is the nature of thy thought?"

"God dreams through thee; what is the substance of thy dream?"

"God builds through thee; what is it thou art building?"

"God shines through thee; what is the radiance of thy light?"

—Selected.

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A Lesson from the
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—o—

Of what good is it to live for self? If one had everything for himself in the world that he desired, he would be the most dissatisfied person living, but if one had everything in the world that he wished for, with which he might benefit or help others, he would be on the glorious path of eternal happiness. "Out of the abundance of the heart, the mouth speaketh." If the heart is sympathetic and loving, the lips will speak kindly. "Seek to establish the Divine Unity between the inner and the outer—the Love and the Life.

Consecrate yourself to the earnest consideration and cultivation of the sentiment of kindness to every living creature or thing. Obligate yourself to give both Thought and Service at every opportunity.

Do at least three kind acts, every day, to man, or animal or the general good of humanity. Thus, you will be filled with the spirit of kindness, for as one gives, one receives. Thus, your life will become a help to all lives and you shall be filled with Infinite Love and that love will be your sufficiency. One can never do too much for others, but one can always draw help from the Universal source of Supply. If his conscience is clear that he has done each day of his life that which he was urged to do for the benefit of others.

Beloved, let your light shine in and through your emotional nature. This develops the great bond of understanding between the adepts, students and occult masters throughout the world. No matter what language a spiritually developed person may speak, you can always understand him through the Law of Sympathy. What his heart speaks is understood in any language; and it speaks plainer and clearer than words. Jesus said, "Know what is in a man's heart and you will know what is in his mind."

By adhering to the following affirmation you will not only add to the strength of your own spiritual vibrations, but to the volume of power and cooperation of universal brotherhood:

I AM IN SYMPATHY WITH ALL

MANKIND, AND NOW WITH MY WHOLE HEART, SEND FORTH SYMPATHETIC VIBRATIONS AND TO ALL WHO ARE IN SORROW, SICKNESS, OR POVERTY, I NOW SEND FORTH STRONG AND POSITIVE VIBRATIONS OF HELPFULNESS. I ADD TO THIS DECREE, THAT ALL WHO CAN RESPOND SHALL BE COMFORTED, STRENGTHENED AND BLESSED; THAT THEY SHALL RECEIVE HEALTH, HAPPINESS, AND THE FULLNESS OF PROSPERITY, I SAY THIS, KNOWING THE FULLNESS OF THE DIVINE LOVE AND THE MUNIFICENCE OF DIVINE BOUNTY. IN THE NAME OF THE BLESSED ONE, BE THIS ESTABLISHED.

Repeat this affirmation thrice daily for 7 days.

In your study hour of Silence, read this lesson over three times very carefully. Remember, everything is first created in the Spiritual realm before it is manifested in the mental; from the mental it is vibrated into the emotional realm, which strengthens the creation as it becomes seen into the physical vibration.

In the law of Vibration the Spiritual is the highest, the Mental, the next highest; the Emotional, the 3rd highest, and lastly, the physical the lowest.

May thy purpose in Life be made clear to thee and blessed with the Light of Truth.

It is a known fact among people who have made experiments with thought transference that Mental Telepathy is true, but a power that is not easily controlled. By logical reason one comes to the conclusion that if the mind can contact mind in the flesh, it can also contact mind out of the flesh, (in spirit) for mind is of astral quality and is even encumbered by the limitation of the brain—organism of the physical function of the mind.

Not only will reason give one this conclusion, but intuition as well, for, intuition is the immediate perception of the soul, the instinctive knowledge of the relations or consequences of ideas, facts, or actions; the **Primary Truth**; a Truth that cannot be acquired but is assumed in **experience**. (Other's experience as well as your own.) Since Intuition is a faculty of the soul, it can penetrate anything, space or time means nothing

to it. It is a force that is Universal. It is hindered only by the mind, whose recognition of it may be limited or with faith and understanding, may recognize intuition as infinite.

Reason is the judgment of a fact known or supposed, from which another fact follows logically; an intelligence considered as having Universal validity so that it is not something that belongs to any person, but is something partaken of—a sort of light in which every mind may perceive.

Intuition is the first action of the mind, prompted by the soul in or on any particular rate of vibration of thought, and Reason is the second action of the mind, which immediately follows the intuitive impression. Both are necessary in the development of all Psychic powers and should be developed in a balanced degree. This is done by Concentration and Meditation along lines of Spiritual things. Mental vibration may be changed by the elasticity of the mind, the imagination, or the mental ability to create images, to change from one idea to another, which may be directly or indirectly related to the previous idea or changed completely by a firm mental decision. In Meditation, images are usually related to previous ideas; in Concentration, the will is put into action to keep out relative ideas and mind-wanderings. However, both serve their purpose in keeping the mind in a normal, balanced way.

A little comparison that will help you in the understanding of the capabilities of the mind:

1. Mind is like a Radio.
2. Imagination, the Tuning Dial.
3. Concentration, the elimination of interference, static, etc.
4. Tuned in, a clear, firm, unwavering perception or impression.
5. Meditation, act of being an attentive listener.
6. The Power used for this Radio-Mind is the life energy of the individual that is in unconscious vibration at all times with Universal Life Energy.
7. To become conscious of this power is to be Spiritually awakened or Spiritually Illumined—"Born Again."

Make experiments with your relatives or friends with Mental Telepathy. One often hears the remark, "You took the words right out of my mouth," or I was just going to say the same thing."—These are examples of mental telepathy.

However, if one has the impression that at a certain hour they will have a friend knock at the door and that friend had not intended stopping in at the time the impression was received, it shows that a third intelligence was operating (from the Spiritual Realms of Life) and that intelligence was giving a prophecy which did not exist in the mind of the friend who knocked at the door, but was flashed through from the Spirit World to the one who received the Spirit Telepathic impression.

Study the comparison of the Mind to Radio. Many wonderful revelations will come to you. Repeat thrice daily the following Affirmation:

"O LORD OF HOSTS, FILL MY CONSCIOUSNESS WITH DIVINE WISDOM. ILLUMINE THOU MY MIND WITH SPIRITUAL UNDERSTANDING."

Meditate upon these words every day until the next lesson is studied. They will prove to be a weapon of Power against doubt, fear and indecision, the enemies of Eternal Progression.

BIBLE READING: Romans Chapter 12, complete chapter, ponder carefully.

—o—

The best preacher is the Heart;
The best teacher is Time;
The best book is the World;
The best friend is God.

—Talmud.

—o—

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