

# The Occult Digest

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Dedicated to the laws of higher Mind-Soul expansion

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**MARIE HARLOWE, Editor**

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# The Occult Digest

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## EDITORIAL:

January is a time of beginnings. "January" comes from *Janus*, the name of the two-faced Roman god of beginnings, of the origin of all things, and on a lower level, the patron of all entrances, door-ways and beginnings. A temple built to Janus was only an arch or door-way; he was invoked at all important beginnings of undertakings.



*The Editor*

We begin, again, at this time of Janus, our teachings of the Renewal of Life, believing that man has within himself the power of rejuvenation. Only a few years ago medical science believed that the body renewed itself over a period of seven years; now even it recognizes that the body cells are continuously renewing themselves, daily. Occult Science takes this fact into consideration, and teaches that man should be ever mindful of what type of patterns and molds he used in this rejuvenating and creating process, to the end that he may be continuously "re-born" into higher and higher forms of life.

I RESOLVE: in the coming year, to hew deeper into the Rock of Truth, letting the chips of superficial, panty-waist metaphysics fall where they may!

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# SPIRITUAL EVOLUTION

*Marie Harlowe*

Science is beginning to reveal and teach a close, vital connection of man and nature and the evolution of both of them. It will not always stop short of the correct theory of the union of the Supreme Being with nature and with man.

Previously such forces of nature as gravity, electricity, magnetism, were supposedly distinct, but are now universally acknowledged as but different forms of the same Energy, as Science states the doctrine of the correlation of forces based upon its known conservation of energy. Both science and philosophy are concerned with the question of the essential nature and origin of natural forces.

Until Kepler, astronomy was little more than an accumulation of disconnected facts concerning celestial motions; for a long time man was but a higher species of animal, but modern science is doing for man what Kepler did for interstellar space and force.

The physical scientist seeks the First Cause in an impersonal force, sublimating the personality of Deity in an all-pervading conscious force. The occult scientist does not think of natural forces as agents, but as lower forms of Divine Energy. Both of them reject the old idea of a direct, divine agency or independent existence.

Man's body has been found to be identical in chemical constituents with all nature. Nothing new is added to man except that which grows out of already existing animals, and a correlated life force extends to all "matter", which science now declares to be indestructible. Evolution must therefore apply to man as well as to other forms of life.

Without evolution there would be no conceivable meaning in nature, for without a certain consummation, the elaborate evolutionary preparation leading up to man's development, would be useless. As minds are now recognized, by modern physical science, to grow and change into new and higher forms, so also does evolution extend to the psychic or soul development.

Nothing appears suddenly and without cause; everything is a gradual outcome of a continuous development. It was once thought that heaven was a place, but Omar, the Persian philosopher, and others, have shown that it is a condition which is made or evolved by man himself as he expands his psychic horizon. Man's great problem now is to learn how to make intelligent (right) use of the Divine Energy in the development of all phases of his life. Edison and Steinmetz both declared that the next great period of discovery would be in the realm of invisible forces operating in and through man.

Paul said that "mortality has put on immortality". Mortal man can put on immortality as he learns to harness the force or Divine Energy which is within himself.

Occult Science perceives in Jesus, the Christ, and in other Masters, both major and minor, the completed evolution of the Christ Principle of Life or Divine Energy, culminating in one individual, but which will eventually be so in all. "Greater things than these which I do shall ye do". From Adam to Jesus goes the slow spiritual development or evolution of the Christ Principle in man, the Principle inherent in all men as all natural forces are.

Man must not, however, make the mistake of believing that this spiritual evolution takes place in a state or condition after death. Progression or evolution takes place here and now as man sets about perfecting the form of his life. The lifting up is not an actual ascension into other realms, but is a quickening into manifestation here and now of the inherent, dormant Power of Life and Intelligence.

### OCCULT LECTURES

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- Jan. 7 The Power of Will
- 14 Feminine Life Principle
- 21 Spiritual Opposition to Psychism
- 28 The Faculty of Reading Past Lives
- Feb. 4 Western Methods of Yoga



## EFFA DANELSON SPEAKS

*A Prophecy, Given July 23, 1939.*

I am in Holland. I see an ultimatum issued to Holland which they have refused. Terms have been offered. Holland has been asked to cooperate with a belligerent nation and because she is on the firing line she will be forced into a very unpleasant situation, almost at the verge of annihilation.

I am in China and Japan. For the time being it seems that Japan will rest their attack and resort to diplomatic negotiations. I see both armies of China and Japan resting. This move on the part of Japan saves the face of England in her argument.

In India, India is shaking the Lion's mane, a rather dangerous procedure for the Lion!

*A Prophecy, Given September 8, 1932.*

For the next few years the weather will be moderate and harmonious. Winters will not be very cold nor summers very hot. This will be the result of the rays from the new star; they soften the glare from the sun without decreasing the life and power of its light.

The new children coming into flesh will be more wise and able to teach their parents truths and philosophies. In the future the educational methods will entirely change because souls will bring inspiration and ability with them into earth life.

\* \* \*

"The medium that used to make a poor, overworked spirit rap on the table with a lead pencil and write "Papa is happy", has fierce competition in the radio that sings, preaches, plays jazz music and lectures all at the same time and without any fake".--*Chicago Tribune*

Reprinted from *Psychic Power*, Aug. 1923.

# VEST POCKET ASTROLOGY

*Haasan Osiris*

General Astrological Outlook for January

## ARIES

FOR THOSE BORN BETWEEN  
MAR.21 AND APR.19

The planetary influences now tend to open new fields of endeavor for all those born in the Aries family. The year of 1940 should start off with a great deal of activity, bringing new chances to improve yourself in every department of your life in January. Pleasant friendships, increase in income and happy conclusions to your plans of long standing.



## TAURUS

FOR THOSE BORN BETWEEN APR.20 AND MAY 20

Indications point to a change in your general routine. New interests are injected into your daily life. You may hear fortunate or pleasing news from a distance. 1940 ushers in a year of delightful experiences, gains, increases, adventure and unexpected promotions. You will begin to plan trips for the year now.

## GEMINI

FOR THOSE BORN BETWEEN MAY 21 AND JUNE 21

Regrets for the beginning of a new year should be most alien to your mind, as January 1940 opens the door that has long been closed to the realization of your various personal and professional ambitions. Need to guard your health from colds first half of month, but with care and caution will come thru successfully and will go on to greater achievements than you now hope for.

## CANCER

FOR THOSE BORN BETWEEN JUNE 22 AND JULY 22



If a sort of mental gloom possesses you at this time do not be alarmed. It is only the old conditions breaking up and working themselves out of your life. The month may hold several delays in your plans which are, after all, blessings in disguise for the plans are apparently not practical. Affairs in general are shaping up this month for many strange and thrilling adventures thru 1940.

#### LEO

FOR THOSE BORN BETWEEN JULY 23 AND AUG.22  
Petty annoyances and impositions from others will irk you thru January, but this is merely a training school for you to set yourself right for the bigger and more important things which are scheduled for the balance of 1940. This month holds concern about sickness of a loved one. Need to guard your own health from contagion, colds, flu, etc. It is best to postpone travel now.

#### VIRGO

FOR THOSE BORN BETWEEN AUG.23 AND SEPT.22  
January 1940 should prove to be a busy month but it is suggested that you not try to waste too much of your energy in worry. New-comers on your horizon add some zest, interest and excitement to your life. Do not make plans far in advance but be content to plan for a few days ahead only. 1940 will be a momentous year in many ways, but you have to wait until April for the big things.

#### LIBRA

FOR THOSE BORN BETWEEN SEPT.23 AND OCT.22  
As 1940 begins, for once in your life you should feel right in the swing of things. You will be pressed for time considering all of the new and unexpected things which come up to engage your attention. The aspects favor money, income, romance, travel, changes, new friendships, and favors from other people. The month straightens out your pathway in many wonderful ways.

#### SCORPIO

FOR THOSE BORN BETWEEN OCT.23 AND NOV.21  
You, the Scorpio family should get ready for a year which has held itself in hiding for a long time. 1940 opens the avenues ahead to new realizations, new understandings, new work and added income in some way. You may begin to see many of these things manifesting under the surface of



your life as January arrives. This month lends itself to many happy associates and benefits.

#### SAGITTARIUS

FOR THOSE BORN BETWEEN NOV.22 AND DEC.21

The first two weeks are rather dull and uneventful and you may wonder what good a new year is going to do you. But you'll stop wondering after the 15th, for then it is that surprises bob up very suddenly apparently from nowhere, which if taken hold of and pushed on will terminate in the greatest material benefits you have ever had. 1940 will be a well-rounded out year for all Sagittarians.

#### CAPRICORN

FOR THOSE BORN BETWEEN DEC.22 AND JAN.19

You seem to rejoice in the birth of a new year, but fundamentally you do not know why, as things seem to be in a sort of rut for you. Be assured that it is only temporary. It is not yet time for your eyes to view the strange adventures that hide in the corners of 1940. After January is over you will begin to see the dawn of new conditions on every side of you. Guard your health this month.

#### AQUARIUS

FOR THOSE BORN BETWEEN JAN.20 AND FEB.19

A new year! Oh yeah? That is probably the attitude most of you Aquarians will have in January. But do not judge life too quickly! While others are out enjoying themselves you may be surrounded by four walls. But here is news: it is only until March. Be quiet this month, build up your strength and courage so as to be ready for the many good opportunities which come to you soon.

#### PISCES

FOR THOSE BORN BETWEEN FEB.20 AND MAR.20

January 1940 speeds up plans previously made. Your scope of activity is broadened here. This year you will branch out and appeal to a larger group of people than ever before. Now you should enjoy much popularity and should realize substantial gains from your efforts in various lines of endeavor. You are entering into a new cycle of many years of progressive and beneficial aggression.

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# PSYCHOLOGY AND ASTROLOGY CO-ORDINATED

*Marie Harlowe*

Humanity is at a point of enlarging its dominion of knowledge and power. The logical(materialistic)method is breaking down. Kant declared that psychology, to which many people look as the factor for bringing about this expansion of consciousness, is not a true science in that it is not mathematical. However, should the mathematical science of astrology be co-ordinated with psychoanalysis, to which it is fundamentally allied, psychology would become the power in life it should be. If psychoanalysis has failed in the past, it is because it has not recognized its wider significance.

Psychoanalysis deals with the unconscious, and as such, Buddha's technique of inner liberation is the highest expression of psychoanalysis.

The basic assumptions of astrology and psychoanalysis are similar, both presuming an adjustment of the psychic self with the Whole thru a deep strata of a correspondence of the microcosm and the macrocosm.

Astrology conceives that every individual is a cosmically conditioned phenomenon. Planets and Zodiacal signs are recognized as cosmic states of tension operating in both the physical and the psychical phases of life. Man and the universe are a unified cosmic situation, and astrology reveals a deep relationship between necessity and free will, which both psychology, philosophy and religion consider the basic problem of mankind. Man exists not only in space, but also in time as well.

Both astrology and psychoanalysis find order in the perpetual change of life, but man cannot reduce his complexes any more than he can disestablish the constellations in interstellar space. Each takes a cross-section of the consciousness as a psychic weather report. The five basic characters of psychoanalytical understanding correspond to the five major planets, to the five Greek mythological gods, and so on. (Freud's work is but a symbol of the principle of Mars.)



The famous *I Ging*, Book of the transformations, a book of divination used in China 4,000 years for prophecies through a selection from a vast number of psychological situations chosen from the wholeness of Life to the striking of man's cosmic hour (astrology), thus enabling man to master his fate. "Knowledge is always power".

Astrology includes all systems of Psychology within it; it reveals the inter-action of cosmic forces in the consciousness of the individual. It reveals the higher potential Force in man and shows him how to integrate the forces of his individual ego. Astrology, as well as psychoanalysis, demonstrates the transmuting of difficulties into power and ability, and while psychoanalysis reveals man's complexes, it does not, as does Astrology, always follow through to reveal man's power as well.

Astrology, through the planet Mercury, knows the Mind of man; through Uranus the Will is revealed. With Venus, the creative aspect manifests: Imagination is depicted by the Moon; the ability to make one's dreams real is shown by Saturn's influence; intuition is expressed through Neptune. Jupiter gives the expanding force of life; the Sun vitalizes both inner and outer man.

The first four signs - Aries, the pioneer, Taurus, the merchant, Gemini the journalist, Cancer, the historian, are related to the extravert, conscious mind.

The next four signs - Leo, patriotic display, Virgo, national commerce, Libra, balance of power, Scorpio, race domination, are related to the subconscious race phase.

The last four signs - Sagittarius, the prophet, Capricorn, the server, Aquarius, the adept of abstract thought, Pisces, transmuted personal emotions, are related to the superconscious mind.

Both Hitler and Mussolini have powerful, well-aspected planets in the unconscious field, giving them great power with racial activities. Leo governs Fascism, Aquarius Communism, and they are mutually opposed in fixed signs, perhaps exhausting themselves in a long struggle. The new leadership must of necessity come from a balance, and not from the present opposition. Sagittarius, being sextile and trine Aquarius and Leo, could bring harmony out of the opposition.

# MENTAL DEVELOPMENT AND SPIRITUAL UNFOLDMENT

*Lillian Savoie Hahn*

We often hear people speak of "Spiritual Development", although just what they believe there is about Spirit that can possibly be developed is incomprehensible. There is no room for development in that which is, has been, and always will be perfect! What they really refer to, of course, is Spiritual Unfoldment. They have fallen into the very common error of confusing Mentalism with Spirituality, or the means with the end.

Every great teacher and all sacred literature clearly distinguishes between the two, yet in spite of the many enunciations of these fundamental Truths, the confusion persists.

Mind and Spirit dwell in different realms, and because the higher is always able to impose itself upon the lower, Mind is subject to Spirit. This in no way indicates a depreciation of the value of the mind: but an understanding of this truth provides a basis for the determination of just what the mind is, and also of what it is not.

Mind is the key to all manifestation, whether of human or of Universal nature, and in its own realm it is supreme; but mind is not Essence, self-luminous. It is not integrated, therefore it is impermanent and subject to change. Spirit is Essence, ultimate, endless, unchangeable and self-luminous.

As yet the full possibilities of the mind are but dimly perceived. Humanity, for the most part, dwells in a state of limited consciousness, as contrasted with the state of awareness that is possible to the fully awakened mind. If the average person pauses at any time of the day and reviews his mental processes for a half hour previous, he will find that his thoughts have rambled along in a vague and aimless way, operating without anything that approaches conscious control.

Compare this condition with that which is possible to the mind that is fully awake. The mind which controls all of its thoughts is able not only to bring to greater



development those which it finds constructive and worth while, but to put a period to those which are unsuitable and destructive. Such a mind, guided by a firm and well directed will, is a dynamic and creative power, absolutely unlimited in its own domain. It is only when such a state of intense awareness is obtained that we can begin to re-orientate our mental attitudes, becoming creators instead of robots--masters of slaves of destiny.

More than that, the mind fully awakened becomes aware of all those hidden subjective influences which play upon our lives so strongly; all those synthetic centers of mental force generated through inner and outer experience, which are so powerful, and yet so undefined. Being conscious of these factors the mind becomes equipped to deal with them, and to direct habit, and mental attitudes for its own benefit.

The candidate for mental mastery will attain his goal only by persistent effort animated by an intense interest, and impelled by the force of a vast enthusiasm which recognizes no obstacle which superimposes itself upon the pathway of his aspirations. But let us not make the mistake of calling this Spiritual Development. Mentalism is the means or preparation for Spiritual Realization. Spirituality is the end sought. Through mastery of the mind we free ourselves of "the ties that bind", and by this pathway alone may we hope to ascend to Spirituality.

This power of thought transference has always been practiced by the Adepts as a means of communication with each other and their pupils, and when brought to a state of perfection on the part of each individual, will imply the equal development of the Uranian power of transmission and the Neptunian power of reception.

- David Anrias

"Adepts of the Five Elements"

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# HOW WE RECEIVE MENTAL VIBRATIONS

*Bert A. Slater*

Every normal child is familiar with the uses of the five ordinary sense organs, but, I will venture to say, that very few adults know much, if anything, about any other sense organs that we, as well as most animals have. It is through one or more of such organs that we are able to receive vibrations which are either too high or too low to be "caught" by any one of the normal sense organs.

We all know that there are many vibratory waves that can not be detected thru normal sense organs. Such as, we will say, the radio, wireless, magnetism and electricity. To be able to detect any one of these waves we must depend on some kind of apparatus.

Accepting these facts, it remains that if we are going to sense any of the higher waves we must depend upon, either some kind of apparatus or else a sixth sense organ. We have that sixth sense organ and it is through it that we may, and do, sense those higher vibratory waves.

As this treatise is for the purpose of explaining how we are able to receive thought waves, I shall confine myself to those waves, even though the sense organ I shall describe is capable of receiving other than mental vibrations.

## *The Pineal Gland:*

This gland or organ, is a mass of nervous substance which is located in the brain near the middle of the skull almost directly above the top of the spinal column. It derives its name from its shape which is coniform. Its color is reddish-grey, and it lies in front of the cerebellum and is attached to the third ventricle of the brain. It is filled with a quantity of peculiar sand-like, gritty substance. This substance is often referred to as "Brain Sand" by both Occultists and medical science.

Advanced students of Occultism know the functions of the pineal gland. Psychologists as well as medical men do not even claim to know what part this strange organ plays. They usually content themselves by saying that--



"the functions of the pineal gland are not understood".

Science has invented instruments which function very nearly to three of our normal sense organs. The camera is the mechanical eye. The recording phonograph is the mechanical ear. The radio loud-speaker is the mechanical voice. Now we have also a mechanical, or rather, an electric counter part in the coherer used in the early wireless telegraph. As the pineal gland is filled with a gritty substance, the coherer is filled with fine metal filings.

The coherer is a glass tube filled with metal filings. Both ends are closed with a metal stopper. The coherer is included in and is a part of the electric circuit which is composed of a battery, a telegraph sounder and the connecting wires. Now the coherer is also connected, by a wire with the antenna and with the ground; whenever a radio or wireless wave passes thru the coherer it causes the filings to "cohere" or come together but when no wireless waves are passing through these filings separate. While they are cohered they form free passage for the electric current, but when separated the path is closed, no current can pass.

Mental vibrations are generated within the brain of the "sender" or thinker and remain therein, but these mental vibrations, like electric vibrations, also produce what we call secondary vibrations or waves in the ether.

Like the wireless waves these thought waves may be "picked up" by the pineal gland causing the gritty substance therein to become agitated or coherent, opening up a free path for thought waves or mental vibrations within the brain of the receiver. These vibrations may be understood by the receiving person.

But one must learn first how to make use of the pineal gland. This may be done in exactly the same way as one learns, while yet a child, to make use of their hands, feet and other members of the physical body, i.e., by first realizing that one has this organ, then by making use of it through centering the mind upon it. Get a picture of the pineal gland, study it, then try to center the mind on it, LISTENING to the thoughts that will come.



# NATURE RESPONDS TO MAN'S SPIRITUAL EVOLUTION

*Lillian R. Carque*

It is a mistake to regard the moral side of human nature and physical nature as entities progressing thru separate air-tight compartments. Mind and matter, form and idea, spirit and substance, in every ramification of life and consciousness, follow the same principles and orders of expression, are subject to the same laws of rise and fall, of growth and decay, of evolution and involution. Nature advances only to the extent man advances. Mentally she responds to human thought and imagination with the same necessity as she physically responds to the seeds and nuclei of growth deposited in the soil. If the seed is degenerate, the resulting growth also becomes degenerate; while with no seed, nature will yield no response at all--a fact equally applicable to conditions pertaining to the culture of the mind. For man is at once the vilifier or degrader as well as the purifier of Nature, according to the character of his motives; and hence he refines or elevates, purges and perfects--or debases--all matter or life, organic or inorganic, by his thoughts and motives.

Nature would be powerless, either for good or ill, were it not for the influence of mind over matter, exhibited in the relation of man to his environment. The living sapphire of the grape, the animated gold of the orange, the spirit of the ruby and the emerald in the apple, coupled with their luscious exhilarating flavors; or the deadly poison of the hemlock, the venom of the snake, the deadly ferocity of the beast of prey, etc.--constitute, one and all, the fateful but law-governed returns of human modes of consciousness, the rebound of dynamic thought, the progeny of the mind nursed and reared in the zone of motive, and projected by imagination as creative, fashioning impulses into the various kingdoms of Nature, molding their character and tendency.

The progressive works of beauty and power in horticulture; the constant advance in grandeur and magnificence



of the annual exhibition of flowers, fruits and animals indicate the advance in grandeur of the human intellect, reflected in its influence on Nature, its creatures and environments. The lily can unfold its symbolic purity; the rose its queenlike poise and swelling beauty; the pansy its sweet, pensive appeals; the chrysanthemum its lingering charms of grace and color--only because the minds active in the cultivation of these flowers have chosen the good, the true, the beautiful as inspiring and guiding motives. Nor would the apple, the pear, the orange, the grape ever have been able to reveal their treasures of palatable exuberance and nutritional force, had not man's ingenuity elicited them from their primitive types of small, bitter, valueless berries.

It is this solidarity and reciprocity between man and nature--this parallelism between the human and the cosmic process that ultimately shall lead us to the solution of the problem of diet, for as beauty in form and expression of the entities of natural evolution unfolds in response to ethical and esthetic ideals, so the nutritional or assimilative properties of the plants unfold in response to moral ideals. For in the last analysis, the question of diet is a question of moral growth, and man's conscious fulfillment of all his duties to the whole of life, for all life is one. Nature, unaided by man as an ethical and creative force, cannot go on in her work. Thus we carry out the great law of evolution, culminating in the physical, mental and moral regeneration of the human race, and helping at the same time to sublimate, liberate and elevate the kingdoms below man in their upward and onward evolutionary flight.

Reduced to close - - -

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## PERSONAL EXPERIENCE

*Gladys Devlin Stacey*

A few years ago I became keenly interested in telepathy and naturally was on the watch for evidences of its possibility.

The most striking incidents occurred in connection with our little girl, principally when she was three and four years old. Often I was surprised to hear her speak of things about which I was actually thinking at the time, so I began to watch this tendency on her part. This was during the period when my husband's work kept him away from home except for an occasional week-end, and little Joan became so accustomed to his absence that she seldom gave any indication that she ever thought of him.

One day as I was idly wondering whether to write to him at the address on his last letter, or wait for a new one. I was astonished to hear Joan say, "Mummy, where is daddy?"

About this time I spent an evening at a social gathering where I met several strangers. Before leaving a friend inquired regarding the children. One of my new acquaintances expressed her surprise at the mention of my children and added, "Why, you are just a little girl yourself!"

As the result of late hours, the next day found me rather sleepy and tired. While I was dressing Joan in her outdoor garments for a romp in the snow, I lazily thought of the remark of the evening before, and how nice it would be to be a little girl again. I had not spoken of this to anyone--in fact, I had not even thought of it since. Imagine my surprise when Joan broke the silence,-- "Mummy, you are not a little girl, you are a big lady".

There have been many other occasions, but as she grows older they are becoming less frequent. I have never been able to explain them in any way but as instances of telepathy. They have always seemed to happen when my thoughts have been idly "thinking themselves", not when I have been engaged in constructive thought.

THE NEW THINGS WHICH COME TO ME ARE GOOD THINGS - from "Meditations", by *Marie Harlowe*



## BOOK REVIEWS

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