

THE WORLD'S NEW THOUGHT JOURNAL

10 cts.

FEBRUARY, 1910

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A Year

NOW

THOUGHT IS POWER

A Journal of Affirmation

HENRY HARRISON BROWN,
Editor

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.



SOUL CULTURE
ART OF LIVING
PSYCHOMETRY
INSPIRATION
SPIRITUAL HEALING
MENTAL SCIENCE
SUGGESTION

Published by
HENRY HARRISON BROWN, Glenwood, California.
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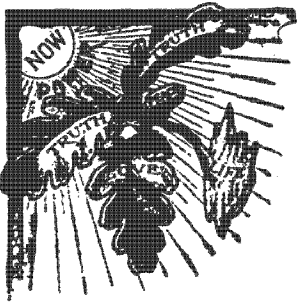
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"NOW" FOLK

HENRY HARRISON BROWN

589 Haight Street - - San Francisco, Cal.



From all Life's grapes I press sweet wine.

—Henry Harrison Brown

N O W

A JOURNAL OF AFFIRMATION

VOL. VII.

FEBRUARY, 1910

No. 2

The World of Power

Along the street the swaying crowd
Assails my gaze. My pulses beat
As eyes in Love's hunger cry aloud
And shoulders tell through staggering feet
Of Love repressed, Affection flayed;
Of dreams ignored; emotions laid
To dust as they to burdens bowed.

Eyes search, for what, they do not know!
Ears strain for tones fore'er denied!
Hands reach for what's but empty show!
And nerves to Pain are opened wide!
Of crime, and sorrow, sin and woe
Alone to deeps they hungering go;
They only know Life's shady side.

They move as dead among the dead,
Although they're robed in silk and gem,
Because they live with flesh alone,
And never touch Soul's garment hem.
Their every breath, an empty sigh!
They build a world of dark! O why?
Because they think of dark and dead.

I'd speak to them of Love and Truth.
I'd radiate my Peace and Joy.
But blind to these, they'll have but ruth,
And will with ill God's life alloy.
I'd cut their bonds and let them be
As bird and flower, fresh and free;—
But they're in their graves, forsooth.

Repressed? Yet they with Love are filled!
Locked safe within Heaven's treasures are!
Life for them all bliss has willed!
They bid its angels stand afar.
Thrust aside in mortal fear
Is what would make life's heaven here—
Expression! But desire is chilled.

Look up! Unlock Love's prison-door!
I speak the Word—*Thou art divine!*
I speak the Word—*Love is the power!*
I lead ye to Life's inner shrine.
I give the grip that frees the Soul!—
Love's expression is Life's whole!
And all the power of Love is thine.

—HENRY HARRISON BROWN.

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The way we come hints the way we are to go. I think we have not come as yet to the half-way house in this upward climb.

—John White Chadwick.

Bread Upon the Water

Little do we appreciate the power of Words. We drop them and forget them but they live. Says Joaquin Miller:

Words are keener than steel

And mightier far for woe and for weal.

And Lowell says:

Thoughts are winged like thistle seeds

And wind-carried, fall and breed

From their heedless parents far,

Where fit soil and culture are.

Often the Truth in these words comes strongly to me in some incident in life. And my life is your life! It is the One Life that expresses in each of us. And what I am you are, and what I find true you will, and what I find to encourage me in Truth-telling you will find. What I need you need. What helps me to happiness will help you. What has cheered me will cheer you, because we are One. Because we are, I shall often tell US what has come in way of encouragement and as evidence that what we sow we reap and what we cast upon the waters comes back to us in a manifold harvest.

Last Sunday I talked for the Divine Science people in Oakland at their "Rest Home." I was satisfied, as I should be, with what I said, for I always feel that I say what I should say and leave the rest with Truth and Love. But I always know that Truth is the sower and as far as I personally am concerned, Love is the reaper. And my crop is sure.

After service as few of us were sitting

**When'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas .

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in the parlor, a lady said, "I have often wanted this opportunity to tell you something for possibly it may encourage you." And she told substantially this story, telling it not to me alone, but through me, unknown to her, she told it to US. She is a successful teacher and healer now and she said:

"Years ago, before the fire, I was engaged in business in San Francisco, and had in my charge many women workers. One day one of them came in and I saw that she was in some condition of worry, and I began to talk to her. Soon she changed the conversation and asked: 'Did you ever hear Henry Harrison Brown speak?' I never had. 'Well,' she said, 'I have and he gave us last Sunday this affirmation for the week: I LOVE ALL FORMS OF LIFE.' These words struck home to me. Did I? And I resolved that I would try the plan. I took every day some new form of life and said 'I love it!' It was easy when I took the forms I had been used to love. At last I got courage to take the drunkard. Could I love him. Yes! He is a form of Life and I must love all forms. And I stuck to the Affirmation till I felt that I did love the Life in him. I did not love his personality but I did love the form of Life in him. And when I came to feel that, I was so happy and peaceful. By this method of concentration I seemed to really see that form of life upon which I concentrated, actually before me.

"Then I took the saloon-keeper. It seemed at first that I could not love him. But the Affirmation pressed itself upon me. I MUST, for he is a form of Life. God's Life. And I stayed by it till I really did love him. All the antagonism that I have been carrying against him passed away. A load fell from me and I felt at peace. In following up my development of love I came to the snake. I had always had a decided fear of them. Could I love them. But I must. They are Life

and I must love all its forms. It was a long and hard struggle but I conquered and such a contentment and satisfaction with myself and all the world was mine when I could truly say 'I LOVE ALL FORMS OF LIFE!' And I now never have a class that I do not tell them of this and lead them to love **ALL LIFE.**"

Now, is not that a reaping worth having? You and I—we NOW lovers—are better. We have a world so much better because of that Love expression as it rolls on with increasing power as each lover, teaches by word and example, others to love.

And is this not what Jesus taught when he said "Preach the gospel to every creature"? Preach to all forms of life. What is the Good-spell we are to teach? What is the Good-spell we can teach to all forms of life? To the dog and snake as well as to man? There can be no other but the one He taught by act. That is the Gospel-of-Good-Deeds. But good deeds spring from good thoughts. And from nothing but Love can good thoughts and good acts come—from Love. When we shall say to every creature "I Love you," we shall preach the gospel, and the reaction must be happiness.

Whenever Love fills us, we radiate kindly feelings as the stars radiate light. It is felt by all forms of life. Plants grow better for the one that gives them love. But for the one who only in a perfunctory way cares for them, they do not flourish well. Animals feel our radiations and when they are of fear and unkindness they are obliged to protect themselves with fang and claw. Many are the cases of children caressing without a sign of danger, vicious animals, because those animals feel no danger from innocence. People who are fearless in love tame wild beasts. Perhaps that is what Paul meant when he said of the Hebrew children: "By faith they stopped the mouths of lions!" But Love does

stop those mouths, both human and brute, that would harm us.

A lady friend recently went into a stable for a riding horse. No one being there she walked to the rear where there was a kennel with a Collie mother and two puppies. Fearlessly in her love for them she took up one of the puppies and was caressing it, when the proprietor came in. He was startled and said: "How did you dare to touch it? She will not allow even me to so caress them." "Why, she never even growled at me but looked so kindly out of those great eyes as if she wanted me to fondle them."

Yes! That is the Law.

I have for US no better Affirmation for Success in all directions than this one of Love. It is the Greatest Commandment of Life. Soul is Love. When we love, then Soul has free expression. Life flows with unobstructed current. But when we do not let Love manifest, to that degree we obstruct Life. I can diagnose all disease as arising from lack of Love. Would we be healed, let us love every form of Life. Would we heal others, we must love that form of life we would benefit. Love is the fulfilling of the Law.



My Trust

His sweet will is my will now every day,
It matters not that foes may me surround,
For still my trust enables me to say;
"His wondrous balm shall heal my every wound."

His sweet will is now my will every day,
Come rain or storm or sunshine in the sky
Amid the lightning flash I'll calmly say:
"If 'tis Thy will, O do not pass me by."

His will doth tint the canopy above,
His handiwork is in every flashing wing—
As Noah from the ark sent forth a dove,
So from my heart flies Trust 'mid sorrowing.

God of the flower, the rock, the great and small,
Our hairs are numbered in Thy memory,
I know that if from Mount of Trust I fall—
That angel wings shall lift me tenderly.
—SAM EXTON FOULDS.

A Songster's Power

My voice and my body have seemed to me instruments with which I was to accomplish my work, or as Gounod once said to me: "The canvas on which one paints," and I add "whose thoughts!" There is the keynote of my endeavor. To be a real singing, acting interpreter. To be sufficient mistress of the technique and expression in both arts, to be independent of them. Then to let the current of thought go on uninterrupted to the public. The more my work ripened, the more clearly I saw that the thought-wave could carry farther than the voice or the gesture. . . . For dramatic thought one has to learn to be theatrical, as a painter has to learn to draw. The longer I sang the more I wanted to demonstrate the power of the thought-wave. I at last did so. A year ago I sang in Mascagni's "Iris," when I sang and acted a Japanese girl convincingly and even to the satisfaction of the Japanese. I was obliged to do almost without gesture, to change every line of figure and face. I gave the impression of a small, young girl, although in the first act I wore clogs raising me three inches. I had in addition, to traves with my thought, the unimaginative positivism of the orchestral leader. I tried in vain to present to his mind, images of Japan and was obliged in the end to detach myself from him, and even at times to combat him, as his only idea of Japan was taken from "The Mikado." I say all this to prove the strength of thought, which carried even my mute scenes. To do this caused mental and nervous exhaustion after each performance. The exhaustion of **being** some one else is incomparably greater than even **appearing** to be some one else.

Madam Emma Eames in Putnam's Magazine.



Love is the keynote of the divine harmony.
—H. W. Dresser.

Obstruction is but virtue's foil.
The stream impeded has a song.

—Ingersoll

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A Criticism

WILL THESE VERSES LIVE?

"Ah no!" said the critic, "with my delicate sieve

They were carefully tested—a few sorry seeds
Fall down at my feet among the tall weeds,
Where now they lie mingled with dust and
with dew;

I am left with the chaff—I'll leave it to you—
Can such verses live?"

A year from that day
We passed by again, the very same way,
And on the same spot where had fallen
accurst

The desolate seeds, lo! there had burst
Into being triumphant, a wondrous new
flower,

The petals e'en trembling, born in the hour;
In form and gay color entrancing the eye,
Near ones to love, far ones to espy;
Homage receiving from bird and from bee,
Largess for winds, with royal decree
To keep and to give, to scatter afar,
To daintily give like the beam of a star—
O Queen of the Hour! O fair petaled sway!
A year from that day!

Said the critic at last:

"A coincident strange, that just when I passed
Oh, that driveling poet should spring into
birth,

Unclassified blossom of beauty and worth;
Such striking virility Nature did give—
Looks as if it would live."

—WILSON C. DIBBLE.

A Personality

Take time and make occasions to inquire into the purposes of life; think on sound and basic principles. Emancipate yourself from all that is unreal, dogmatic, hysterical. Be natural—be yourself. What the world needs most to effect its salvation is simply sincerity in motives and actions. To bring these things about, you need to know, not believe. Repudiate that sort of faith which asks you to believe what you know to be false. We stand alone, we develop ourselves though we are responsible to our fellow men for the sort of lives we lead. Nothing is ever given to us—we create. Others cannot create good in us; God himself cannot. Through nature and men we get our lessons: this is the true revelation. The truth is in us. . . . Truth lives on independence; and it is universal, because it is the most personal thing in the world. Therefore prize your personality, and remember to keep it sacred.

—David Leslie Brown in *Cosmopolitan*.

AFFIRMATIONS

Brotherhood

Human Life is One!

No matter where the individual is, he is a manifestation of the One Infinite Life. No matter what his condition, he is still a manifestation of the One Infinite Life, and in that condition is a manifestation of Infinite Wisdom.

No matter where in the scale of unfoldment I may stand, I am one with all the rest; the same life, the same wisdom, the same truth, and the same love. I am what all are.

All the possibilities of a human soul slumber in me.

All the passions I feel, all men feel.

All the capabilities I possess, all possess.

All the fears and doubts, all the antagonisms, and all the weakness in me, are one with all humanity. What I am, all are.

In the presence of the One we are all equal. The same air and the same sun care for each. My share and my neighbor's share are equal.

I cannot possess any of Infinity, but I can use for expression, and in the using I unfold myself into consciousness; in like manner all unfold.

Therefore, when I love myself I love my neighbor.

In proportion, as I love and care for myself, I love and care for my neighbor.

Every good thought makes my world better.

Every good deed is adding to the common stock, and I get my share.

Every flower that is blooming today is adding beauty to my world.

Every human being that throbs with love and kindness is adding to the love and kindness of my world.

To the receptive soul the River of Life pauseth not nor is diminished.

—George Eliot

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As the sunshine is all mine, so the love and trust of all humanity is mine. I pass from the little things of self into the Universal.

All is mine.

I throb responsive to every other human heart.

Selfish desire is burned away.

In oneness with my fellows, I become one with all that is.

"In my Father's House are many mansions," and there is a place for each. I affirm I AM.

In this affirmation I am speaking for all humanity.

I am Love! I am Life! I am Truth! I am Peace!

The Kingdom of Heaven proclaims itself in my consciousness of being Life, Love and Truth.

When I am at Peace within I know the "Kingdom of Heaven," which is within every man, is expression itself in me.

The name of that Kingdom is Peace. I am Peace.

Impressive

The natives of Alaska have obtained many characteristic notions in relation to the white people that have come in from the States, and in particular the religious teachers. As most of the provisions come in canned form, they associate the idea of canning with the new population. One day a phonograph was brought to one of the stations. It was thought a good opportunity to make an impression with it on the unsophisticated natives. Accordingly, a meeting was held, the instrument produced and a record placed on the cylinder. It repeated the Lord's prayer. An Indian who had been intently observing the whole operation turned to his company, and speaking with solem gravity, remarked: "Canned Missionery!"

—Wiseman.

Business Lesson No. 2

Good Will

Understand, nothing has a right to be called "business" that is not moral. And in this thought that "business" means everything that leads to the development of personal honor, integrity and manhood, are these Lessons written. Piracy is not business now—it once was. Neither is gambling nor saloon-keeping. Neither can we call anything "business" that is not in the interest of public morals, and for the uplift of human ideas. This may cut out some of the occupations in which we—you and I New Thought people—are engaged. If so, let us recognize TRUTH as mighty and that IT DOES prevail, and seek to make our occupation BUSINESS—something humanity needs and that which helps Man upward.

Good will. This is something that is regarded as an asset when one purchases a business from another. What is it?

I will use it as I find it in the Angel's Song of "Peace on earth among men of Good Will!"

I am one with all mankind. I partake in all that the race from time immemorial has experienced. The civilization into which I was born is the result of the race strivings and sufferings. I accept as commonplace that for which they struggled. I had nothing to do with the inventions of the means of locomotion, intercommunication, production, education, and enjoyment that I found waiting for me. Generations had prepared the place for me. But before Man, Nature had prepared a place for the race. I possess of my own labor nothing. Had I been born on a lonely island, I would have had today nothing of all the opportunities I now have. Did I emigrate to an island with nothing but what I had produced without the help of my brothers I would go naked as I was born and without a tool or an utensil.

**All outward wisdom yields to that within,
Whereto no creed nor canon holds the key.**

—Bayard Taylor

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Not even a word have I invented and must leave even language behind. Business I must therefore consider as my use for my brothers, of the means they have provided for us all that we may enjoy the inalienable rights "of life, liberty and the pursuit of happiness!"

This recognition makes me consciously one with my kind. Makes me brotherly in thought and act—makes me human. This recognition in thought and act is GOOD WILL.

And this is an important business asset, for in reality all the possible assets are within the Man. Nothing outside is of value to one that has not within himself the assets of Business, of Manhood. The children of the rich never having struggled and earned, never feeling through the common human experiences of need and supply, not only of material but of affectional food, lack the business capacity and fail. No man is successful without he **feels** with his brother, and to his brother, exercises good will. Because from this feeling arises that sense of Right and Justice that brings first inner success, and which later manifests in what is true business success.

There is but one power, which I as an individual human being, can use, and that is the power which makes me human, which distinguishes me from brute,—the Power of Love. As much Love as I exercise so much business power do I put into my business. As much love as I lack so does my business power lack, and it will show sometime. It is demonstrated in every business today that where selfishness is dominant, trouble comes.

Employer and employee, lock-out and strike, arise from lack of good will. Only when all things are settled on the principle of good will are they settled right. The lack of this will show as surely as the lack in the reservoir shows in the stream.

No matter how small or large my bus-

iness, the stream of power flows from Love's reservoir, and if I do not love the effect is visible either in my character, my body, or my purse. Reputation is a great asset and the Love element will create a reputation that is capital.

Let every one who will, through New Thought, be successful in business, enter into realization that he is but one with the race, and is enjoying the opportunities the race has furnished him and feel that as he has freely received from them, he must also, would he win the Kingdom of Heaven within, as freely give.

This thought will stimulate all the faculties of Mind and Soul and he will let no opportunity pass of increasing his business, by sending out at all times Good-will to all. He will so radiate this feeling, that he will draw trade. It will show in his gestures; it will be heard in his voice; and will radiate his face. It will open up friendships that are valuable business assets. It will keep a brain in condition for inspiration. It will give satisfaction in purse and mind. "Peace on earth among men of Good will." When men exercise Good-will universally, universal peace will come. Only through the cultivation of this ideal can there be peace between nations. When it comes there will be no battle-ships or forts; no immigration laws or tariffs. For old things will have passed away.



A little girl had been forbidden to say something which she persisted in repeating. Finally the child said, "I think so." Her grandmother who entered just then, said, "But you must not think so." Whereupon the young rebel retorted, "You can boss my talk, but you cannot boss my think." The child voiced a truth which it would be well if parents, guardians and all rulers would lay to heart.

—W. E. Carter in *Mind*.

A Good Friend

By Edward C. McCormick.
Hello there, Mr. Trouble,
Come right on in awhile.
We want to introduce you
To our friend, Mr. Smile.
We're sure he wants to see you,
Because we heard him say,
That he had lots of kind words
And smiles to give away.

So step in, Mr. trouble,
And make yourself at home,
And aid us in our struggle
To help the world along.
What! You are seeking sorrow?
Well, we have none to lend.
We're sorry we can't help you,
But Mr. Smile's our friend.
—*Woman's World.*



Extracts From Letters to My Patients and Correspondents

As many thoughts incorporated in my letters are of universal value I copy a few of those recently sent:

"Have you any experience in treatment mentally, for a tumor on the brain?" No. Personally I have not. But I have for those externally on the body. And I do not see why the Principle that heals these may not heal those within. Patients whom the doctors diagnosis as having uterine tumors I know have been cured. All any mental practitioner can do is that which medical practitioners do, and that is do the best he can. A surgeon in this city recently said to me: "Before an operation I carefully study the case and do my best. After it is over I also carefully study it to see where I could improve it had I to do it again."

* * *

"I have visions since I came into New England; what of it?" One cannot grow into spiritual consciousness without peculiar manifestations of that Power he invokes. Manifestations not of the body, and not of the senses, must come when you live consciously the life which above the senses. "Chris-

tian Science does not," as you say, "recognize this and discourages all such manifestations." There they and I differ. I teach my students that they ARE spirit here and now and are to become conscious while in the flesh, of that spiritual life; are to live the immortal life here and now. See that as the principle stated in the editorial announcement of NOW.

To know you are spirit, is to know that all persons are. It is to know that there is no line between the so-called dead and the so-called living. Those in the flesh are learning to live, and those out of the flesh are learning that they are not dead. LIFE IS ONE and we are at all times surrounded by a cloud of witnesses. And while we have not been conscious of this we can be. It is the line of human evolution to become so conscious. And becoming so conscious, it should not, and when we use common sense it will not, change our character or conduct only to deepen in us the expression of Love and Truth. It is this lack of recognizing the spiritual life that is to me one great objection to Christian Science. Those people become masters of material conditions, but do not develop spiritually.

* * *

You ask me of "Mental Murder." Well, since I am one with ALL-Good what can harm me? Mental murders are caused, as all disease is, by the beliefs and fears of the individual himself, or herself. Fear not and you cannot be harmed. It is your own fears that harm you. This fear of evil thoughts is but a revival of the ancient doctrine of witchcraft and "the evil eye." It has no place in an intelligent age. All conditions laid to such are but the result of auto-suggestions which arise from suggestions of fear of some external power. This auto-suggestion thus received settles into a belief and works, like the voodoo belief of the negro's, through fear of that power in which he believes. What a pande-

I thank whatever gods may be
For my unconquerable Soul.

—W. C. Henley

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monium would earth be if one mind could thus influence another. It cannot be done, either for good or ill. Read my "Not Hypnotism but Suggestion" for an elucidation of this. Meanwhile—Realize your power over your own life by Affirming "No power outside myself has power over me. I control my own life by controlling my own thoughts." Memorize my poem in January NOW.

* * *

"Mrs. _____ is a 'low-down' woman and is talking about me!" Well, what if she is. Have you any business with her tongue? Will you allow her to dictate to you what you shall say? Then why attempt to dictate to her what she shall say? Let her say. You attend to yourself and keep yourself in Love and Truth. "But she lies about me?" What of that. Is a lie anything? Has a no-thing any power? What can a lot of nothings do to you? See that you keep yourself in right thoughts and all the possible lies cannot touch you. But your recognition of them will harm you. To pay attention to them is to put into your mind thoughts that will harm. Ignore them and they have no power and will die. When any one says "Mrs. _____ is talking about you!" reply, "Well, what of it? That is her business not mine!" and forget it. In this way you will have peace of mind, and will put yourself in armor through which no evil thought can reach you. Antagonise them, and your own evil thought will be strengthened by her's and you will suffer.

* * *

Success your desire? Well, I have no better advice than that you obey the Great Commandment—LOVE. Soul is Love. When we love we let Soul have its way. Under Love, Life flows unobstructed. The less love the less life. The less you love, the less will you have the Power of Love to carry you to success. Read the editorial in

this NOW. Obey it and I promise you Success.

* * *

"These conditions are trying." Well, what better conditions would you have? Do you not want to know your power? When we endure to the end then everything opens up so readily. But then we are so entangled with others that when we begin to be ourselves we find that we must break so many bonds. We are encased in the family thoughts, community thoughts, national thoughts, race thoughts, and it is trying to break away. Then you have always wanted to be good. Wanted to do your duty by everybody and have the good opinion of everybody; have let your sympathies control you; been governed by your emotions. Now that you try to find your real self, it is a task. To find freedom you have so much of past goodness to disentangle, that it will still try you, but the end is not far off and is glorious. We all need this lesson and each one must some time come to self-control and outgrow the limitations we have placed upon ourselves because we kept still, because we did not want to hurt anybody's feelings. Sometimes we shall realize that they had no business to have feelings we can hurt.

* * *

"My husband has been less irritable since you began to treat him. But shall I allow him to dispose of my part of the ranch without my saying anything?" If you allow him to sell what is yours and appropriate it and are thus unjust to yourself, you must not look to a God of Justice to help you when you will not help yourself. Justice begins at home. Do not fight. Do not contend in word or feeling, but quietly say "No!" when asked to sign away your rights, and in Silence trust the All-Good to bring results. Hold over yourself and husband the ideal of Justice through Love.

Hold your thought, your mind, your will in principal and
you will succeed.

—Eva C. Huling

9

At-One-Ment

For I'm one with all of these—
One with God, who gave them birth;
With the birds and flowers and trees—
One with all the joys of earth;
One with every rose that breaks,
Scattering petals far and wide;
One with ocean and with surf,
One with billow and with tide.

I am in each river flowing,
Laughing in each mountain stream;
Kissing souls, when winds are blowing,
Blending forces in your dreams.
If you'd fling the portals open,
Bend your soul's ear to your heart,
You could hear the spoken answer;
Read Life's lesson from the start.

There are mountains in my soul,
Even while I sweep the plain;
Though I blend in sunset's gold,
Still I mingle with the rain
Through the blue, engirdling air,
Throughout vast, eternal space,
If you love you'll find me there,
One—At-one-ment, conquering fate.

I am one with time and space—
One with all that's passed and gone;
One with God; one with race;
One with all that yet shall dawn.
I blasphemous? I profane?
Yet, I, in future forecast, see
That you, too, will be the same—
One with God, and one with me.

—Dorothy O'Neil in *Oakland Herald*.

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Forgiveness of Sin

We find in Mark, second chapter, the instance of Jesus healing the sick of the palsy. Here Jesus plainly and decidedly declared that physical illness was the result of mental conditions. He says first, "Son, thy sins be forgiven thee." "Thy sins plainly indicating that the man, and not anything external, was the cause of the palsy. The only way that the man could be responsible was in the thoughts he had indulged; the physical condition was the effect. Therefore Jesus looked to Cause, and cured in saying, "The effects in your body of wrong thinking are removed."

When the scribes heard him they said, "Who can forgive sins but God only?" Telepathically, he knew their

thoughts and asked, "Is it easier to say, 'Thy sins will be forgiven thee,' or to say, 'Arise, take up thy bed and walk!' But that ye may know that the Son of Man hath power on earth" (should it not be "in," indicating in the flesh?), "I say unto thee, arise!" Substantially this was saying:—

"Whether I remove effects by removing cause, or by recognizing them and removing them as effects, what is the difference?"

I can draw no other lesson from this fact than that all disease was considered by Jesus as the result of individual inharmony, an un-ease of mind. Palsy is a condition of rigidity of muscles. Cases I have had are produced from obstinate, dogmatic, dictatorial, selfish and miserly natures. Under some one or more of these mental states the bodily conditions become fixed. The patient needs to relax his mind! then his muscles and nervous system become relaxed, and all the life currents become normal.

This cure of Jesus' to the on-lookers seemed instantaneous but from the narrative we learn the persistency of the man and his friends.

The crowd was so great that they broke through the roof and let down the bed wheron the sick man lay. And "When Jesus saw their faith," he healed.

This faith was therefore a matter of greater or lesser time—growth. His fame as a Healer had gone abroad. "It was noised that he was in the house." Then, "Straightway many were gathered together." There was every necessary condition for the healing. The mental atmosphere about the patient was full of the noiseless vibrations of faith and of thought. The patient had manifested his faith in being brought in so pre-emptory a manner to the notice of Jesus. All that was now needed was a spiritual individuality, who, like a burning glass concentrating the sun's rays, should concentrate in his own faith the

The power of higher life is the power of Higher Thought.

—Francis Ellingwood Abbot

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many vibrations about him and direct them upon the slumbering soul of the man. This done, like a dormant bulb under spring rain and sun, the latent life-forces started, and the man was cured. Perfectly healed? Not unless his mental condition was changed. If it was not, a worse condition would come upon him. But from the character of Jesus we may conclude that he gave needed words of counsel so the man sinned no more, and thus was indeed healed.

—Henry Harrison Brown in *Power*.

Excellent Advice

* * * In taking my treatments you need not be foolish about anything. If you are taking drugs and have a doctor you need not break off suddenly, but leave results to the Spirit. All is mind, but mind may make use of medicine in certain cases and under peculiar conditions. There must be no attack on anything in the patient's mind. The law of non-resistance applies here as elsewhere. Antagonism in the mentality of the patient will do more harm than drugs. Spirit is a peacemaker. "Blessed are the peacemakers; for they shall be called the children of God." I treat for health, no matter how you get it. The good Word comes into the mind in gentleness and sweetness. I do not care who gets the credit for your healing, just so you are made whole. Let us have no competition, no rivalry in Christianity. At the same time tell the truth without any equivocation or mental reservation. Openness and frankness about your own condition need not take the form of grunting and complaining. Out with it. You can't keep any secrets from Spirit. The light of truth opens the door of healing to the body. You can affirm health without lying about your sickness. Be honest about it. The young paralytic was helpless and he acknowledged it. Jesus told him to

take up his bed and walk. He did it. I know he did it. Mind is all powerful.

—Thomas J. Shepton in *Christian*.

My First Experience With A Psychometrist

Psychometry is the recognition and interpretation of sensations not recognized by the five senses.

Before the suspension of this magazine I had begun to narrate my experiences with Psychometry and had given some record of experiments that had occurred while I was a soldier in the winter of 1862-3. I paid at the time no further attention to the matter. It was one of those common neglects of uncommon and not understood phenomena on the part of the average person. Eight years passed before I had my experiences recalled and was made to understand that in this faculty I had entrance to a field of knowledge far beyond that of any ordinary university.

Material conditions, that education and the lives of all about me caused me to consider of most importance, had occupied my time. At close of the war I had gone to Nebraska and engaged in teaching, cattle raising, politics and some literary work for newspapers. Nothing came to turn my attention to the psychic world. I was gaining both reputation and means, which meant for a young man position, and if I desired, political preferment. Ill health caused me to give up teaching in the early spring of 1869, and I entered a real estate firm and passed my time riding about the country locating homesteaders, government land warrants and agricultural script. But when December of that year came my father, who had been an invalid for many years, became worse and it was realized that he could not remain long in the body. This made it incumbent that I return to Connecticut. I did so,

The true incentive to a useful and happy labor must be pleasure in the work itself.

—William Morris

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and cared for him till he passed on the last of March, 1870. But the return to eastern climate hastened the seeds of consumption which I had long been fearing, and financially preparing for, and a quick form of that error was likely to take me from the body.

Through a mutual friend I had become acquainted with a psychic and had, through her demonstrations during my father's illness, become aware that there was here a power wiser than any I had previously met. I sought that means of cure. To that means I owe my life and what good I have been able to do these forty years.

Near the beginning of my psychic treatment another friend wrote for a lock of my hair. I sent it. Later she returned me a diagnosis of my case made through Psychometry, by Mrs. Wait, of Hartford, Conn., (no longer living.) Unfortunately, owing to an itinerant life, the document is lost. But it was to me the only clear explanation of my case I ever had had. For the encouragement of my readers I tell it. The one line that impressed me most was this: "The abscess disease is still in his system." She then traced the workings of it and said: "His lungs are threatened with tuberculosis, but are not yet touched, but every other organ is diseased. There is one chance in a thousand for his recovery and he is taking that one chance. Let him stick to it with the following directions for bathing and dieting, etc., and he will recover."

In this line quoted she had gone back twenty-four years in my life. When six years of age, I was afflicted with something which caused my right leg to bend at the knee so I could not straighten it and there was an almost constant pain in the right groin. So great was it at night, that father carried me at times in his arms for my ease, and the members of the family rocked me in a large settee cradle they obtained for me. Our family physi-

cian attended me, but twice a consultation of doctors was held, and this was the decision: "An internal abscess. If it breaks internally he will not live. If it breaks outwardly he will be a cripple for life." But our old doctor, Robins of Uxbridge, Mass., said, "I'll scatter it!" And did, with the result that all through my boyhood I had humor, sick headaches and nausea and this continued till after I was fourteen. Then the change of life caused, as I now know, the humor to work internally. But no one ever went to Cause, till this Psychometrist did. And to these two psychics, this one and the one with whom I had trusted myself, who in like manner had gone to the root of the matter through psychometry, I owe my recovery, and also my preparation for the work to which on my recovery I devoted myself. I gave my efforts and thought to Truth, because Truth saved me.



Bright's Disease Cured by Prayer

A Christian lady in this city was ill with Bright's disease, and was despaired of by her physician. A consultation of three other physicians confirmed his judgment that she was incurable. Going to Boston she was told by Dr. Cullis the same thing; that, humanly speaking, there was no hope. Then came the thought, "Man's extremity is God's opportunity." She felt that it would be a great privilege to be healed by His special interposition if it was His will and afterward testify of His healing power. For this she prayed without dictation, in the simplicity of childlike faith which said, "If thou wilt thou canst," and with that importunity of filial confidence which is simply the laying hold of God's love, not the overcoming of His reluctance. "Men ought always to pray and not to faint." Dr. Cullis joined her in these prayers. Medicines were abandoned. In nine months she was perfectly restored to health, every symptom of the disease having wholly disappeared, and for eight years she has been entirely free from any return of it. These facts are as she states them, and are confirmed by the testimony of her physicians, who are still practicing in this city and are honored as skillful and trustworthy practitioners.—*The Christian Union.*

I, grateful, take the good I find;
The best of now and here.

—Whittier

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Vol. 7 FEBRUARY, 1910 No. 2

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Personal communications will reach the editor a few days sooner if mailed to the San Francisco office.

Notice that the editor will pass most of his time in San Francisco. His office is 589 Haight St. On one of the main streets. Easy of access from all parts of the city by transfers.

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Owing to delays incident to the new start, NOW did not get into the mail until the 20th of January. For this reason many "promised" subscriptions did not reach us. I will, however, mail this number to all who sent a "promise" card. And such are requested to send their subscription upon receipt of this, or they will not receive the March number. NOW is not an advertising, nor a mail order journal. It must live on its merits, and for this reason no "sample" copies will be mailed except the January number, and that only to those who apply for it, or whose name is sent us as one likely to subscribe. I believe that there are enough **thinkers** ready to support this magazine. Relying upon them I have started this Seventh volume. Wishing to save all possible expense, and that there might be easy bookkeeping, ALL subscriptions will commence with No. 1 and end with No. 12.

I am pleased with NOW's reception. Old subscribers find in it a call from an old friend. "Into the statue that breathes the soul of the sculptor is bidden" and in this magazine, my Soul goes, I speak to yours. So we are One and inseparable. Keep OUR magazine going. If any of US not at San Francisco or Glenwood, can use copies among friends they will be sent upon application.

Life is repaid by the joy of living it.

—David Starr Jordan

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The Editor has sent out the following notices of his meetings for February: B'Nai B'Rith Hall, (I. O. B. B. Hall), 408 Van Ness Ave., near McAllister Street, opposite St. James Hotel, San Francisco. Every Sunday in February at 8 p. m.

Subjects:

Feb. 6. Suggestion as a Principle of Life.

Feb. 13. Suggestion in Daily Life.

Feb. 20. Suggestion in Business.

Feb. 27. Suggestion as Healing Process.

Classes in Emerson—"Circles" and "Oversoul" every Tuesday and Thursday in the month.

Lessons in Soul Culture every Wednesday evening, at 589 Haight Street, San Francisco.

Mr. Brown's Parlors, ("NOW" branch office,) are at 589 Haight St., corner of Steiner, Phone Market 3308.

X If you sent in a card promising your subscription upon receipt of No. 1, Vol. VII, this is an invitation for you to send that subscription of \$1.

"January NOW is fine for a starter."—Miss Reesberg, *Los Angeles Metaphysical Library*. "Allow me to congratulate you. NOW is all right."—A. R. C., *San Francisco*.

"I cannot tell you my feelings this morning when our carrier handed me a little package and opening it I found NOW. I sat right down in the sun and read it from cover to cover. It seemed like meeting an old friend. I trust that all your hopes will be realized. I have been studying your books a great deal lately and only yesterday was wishing I had NOW."—Mrs. M. D. P., *Los Angeles*.

Persons not receiving this magazine for any month will immediately write and another will be sent.

XXX Please send us names to whom we can send January number free! No other number will be sent out as a sample.

"New Thought" has added one more popular writer to its staff—Henry Harrison Brown, the author of "Dollars Want Me," "The New Thought Primer," etc., etc. Mr. Brown is to write for "New Thought" each month during 1907. We have three articles on hand already. However, after I had two I wrote Mr. Brown, asking him if he would have something along the healing line, and his "Four Steps in Self-Healing" was the response. It is to be followed by an article on "Mental Imagery in Self-Healing," and I think we will hold back the two general articles we have and publish first those which deal with healing. I think this will meet the desire of most of "the family." *New Thought, Aug., 1907.*

Get into the right state of mind and you own the world. Get the miserable old crop of suggestions out of your mind and get in your heart the right kind of thoughts or ideas or suggestions. Get any help you may need according to belief, education, environment, desire, etc., but change your intellectual raiment at once. Drop the idea that desirable things are something from without, something to get from another, like a pair of shoes. You are just what you think you are. It is only a matter of mental attitude. . . There is no mystery in nature; truth has not been bottled up for ages waiting for a "discoverer." Drop all suggestions about evil, sickness, fear, worry, and a thousand other fear thoughts and live the simple natural life. Fill your mind with good Suggestions and you may find the quietude of mind that passeth understanding.

—Elmer Ellsworth Carey in "Suggestion."

We have a furnished house at our city office. Friends from out of town can frequently find lodging with us. When we can do so will be glad to entertain them. Are glad to have them call and will at all times advise and assist them.

**The dependence of liberty shall be lovers;
The continuance of equality shall be comrades.**

—Walt Whitman

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MEETINGS IN SAN FRANCISCO AND BAY CITIES.

Soul Culture Meetings—I. O. B. B. Hall, 498 Van Ness Ave., San Francisco. Every Sunday at 8:00 p. m. Henry Harrison Brown, lecturer. Admission free.

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Home of Truth—Alameda and Grant Aves., Alameda. Services Sunday 11:00 a. m. and services during the week.

Rest Home and Free Reading Room—719 14th St., Oakland. Services every Sunday, 11:00 a. m. Primary Class, Tuesday and Friday, 3:00 p. m. Healing Lesson, Thursday 8:00 p. m.

Unity Meetings—2646 Bancroft Way, Berkeley. Meetings Sunday and Monday. Mrs. Cora L. Thomas is just opening these meetings at her residence.

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