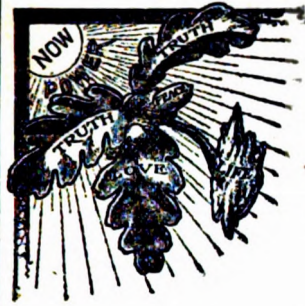




4,

JULY, 1903.



NOW

A Journal of Affirmation

Thought

Suggestion

Soul Culture

Psychometry

VOL. IV. NO. 4.
MONTHLY.

\$1.00 A YEAR.
10c A COPY.

Nerve us with incessant affirmatives. Don't bark against the bad,
but chant the beauties of the good.—EMERSON.

Time past and time to be are one,
And both are NOW.—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn tomorrows.—OMAR KHAYYAM.

HENRY HARRISON BROWN,
Editor.

TO-DAY.

Upon John Ruskin's writing-desk
A slab of chalcedony lay,
And on it, cut in careful script,
The word, "To-day."

Honored of all, a wondrous man,
And held a prophet in his way,
He let "To-morrow" bide its time,
And used "To-day."

Upon the tablet of the will
How good to write, the self-same way,
Putting to-morrow's uses by,
The word, "To-day."

—St. Nicholas.

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"NOW" FOLK PUBLICATIONS:

NOW, A Journal of Affirmation.

Monthly; \$1 a year. Henry Harrison Brown, Editor. Devoted to the education of man in the use of his Spiritual Faculties, the unfoldment of Psychic Power, and the development of Self-Control. It is a monthly messenger with Spiritual Food.

Helen Wilmans, in *Freedom*, says: "There are so many good things in NOW that when I begin to quote from it the first thing I know I am getting it all. Such being the case, I advise my readers to send a dollar and get it. It is in magazine form, a good shape for preserving, and there are few publications as well worth keeping as it is."

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"NOW" FOLK

1437 MARKET STREET,

SAN FRANCISCO, CAL.

NOW.

A JOURNAL OF AFFIRMATION.

VOL. IV.

JULY, 1903.

No. 4.

POEMS.

LOVE WAKES THE SOUL.

The Soul is silent in the dull
And misty sluggishness of Fear.
It lies amid the sunniest skies,
All careless of the bliss that's near.
It scarcely breathes, though air abounds;
It bruises feet on stone and shell;
It closes eyes to pleasant paths;
Creates for itself the pains of hell.

While yet beneath fear-palsied breast,
Lies fount of Life with generous flow.
Where'er it lifts its thought from Self,
It sees the skies with brilliant glow.
Once it inhales, with Freedom's touch,
The Love-life that's around it spread,
It knows itself an angel then—
There's resurrection from the dead.

For dead is Soul till Love is born.
'Tis Freedom gives the Soul its birth.
When Love becomes the King of Life,
It makes an Eden-home of earth.
Till Love is born, Man cannot be.
The serpent wars the dove within.
Love exiles both and Man comes forth
From matrix where he long has lain.

Love makes man Man! Till Love is born,
The brute is master and the Soul,
Struggling to find its heritage,
Mounts through that struggle to its goal.
The Soul repressed gives brute the life;
Expressed, Love gives the embryo birth.
God prisoned himself within the brute,
But Love bids God as Man come forth.

June 15, 1903. —HENRY HARRISON BROWN.

NOW.

I draw red blood from time long fled,
And flesh from time to be;
I action draw from deeds long dead,
And salt from dried up sea.
Through tempest past or calm to come,
I guide my onward prow;
For light that burned in consumed sun,
Still guides the ship of Now!

—SAM EYTON FOULDS.

Build today then, strong and sure with a firm
and ample base,
Then ascending and secure, shall tomorrow find
its place.—Longfellow.

"DOLLARS WANT ME."

God hid the whole world in thy heart.—Emerson.

From the cave-man to twentieth century millionaire, the propelling force in human unfoldment has been a consciousness of want. "I want food!" said cave-man and it drove him into activity; unfoldment was the result. "I want Dollars," says the millionaire and it drives him to business unfoldment. As far as the animal nature in humanity is concerned, necessity has been the spur that has driven the steed of progress. But this necessity did not cause cave-man to paint his face with pigments, nor ornament the bones of dead animals with rude drawings. The Ideal did this, the Ideal, the spiritual in humanity drawing Man out of the animal. Necessity drives; the Ideal draws. As the Ideal develops, its drawing power develops. When Man, in his unfoldment, has entirely left the brute behind, there will be neither necessity nor want. This is the line of Human evolution. Man must outgrow want. Brutes want; Man has!

The Human Soul possesses potentially all power. Like heat in coal, this Power awaits expression. Heat in coal or radio-activity in water is subject to Human intelligence for the opportunity of useful expression. Man can make his own opportunity. He will learn that coal and radium want him; that, without him, they simply are. With Man, they are of use. All the forces of nature and all things of nature and art want Man to use them. They are useless and valueless till he shall use them. "A weed is a plant man does not know the use of," says Emerson. There are millions of weeds

SOUL INHERITS ALL THAT SOUL CAN DARE.—EMERSON.

wanting Man to use them. They will tell their secret to his listening ear. As cotton and flax, dye and gum have come, millions of other products will come and those plants be no longer weeds. Plants, ores and unseen forces are waiting for Man to utilize them. Love of the Ideal will lead him to these discoveries. Necessity gives birth to the Ideal, but *love for the Ideal* leads Man to things that want him or draws things to him. The old thought was that of want. Man today in commercial, industrial, social and intellectual life holds over himself this thought of want. In this want, he labors. Aye, even in the religious life, he wants happiness, he wants heaven.

This want is not a sign of Man-hood, but rather of the lack of it. Want is born of the non-intelligence of the brute. When Man awakens to a sense of his possessions and his power, he will not want. The psalmist said in a most common-sense way, "The Lord is my shepherd; I do not want!" Why? For all was his, since God gave it to him. Jesus said, "My father and I are one!" How could he want? When man applies Truth to life, he will realize his possessions and not want. All things then will want him.

Out of want for things, business of all kinds arises and is maintained. When men no longer want, our present business methods will be changed. The yearly holocaust of men sacrificed upon its altar will find better use for themselves. Man will use the opportunities of life instead of being used by them. Such realization of present possession will cause a change of mental attitude that will, from hut to palace, from shop to congress, revolutionize life. Man will no longer peep, skulk, steal, whine, purl and suffer in a universe that is his for enjoyment alone, his for the unfoldment of the embryo god he is.

He will follow the ideal in love and there will be more in every field of activity to want him, more power to harness. In radium, he is finding only the promise. The shower to follow

the few present drops will make all present trusts valueless, for the Power to be soon utilized cannot be monopolized. It is as plentiful as air and sunlight. Then man will *use things*, and not *own* them; use but not own, as he now does, air and sunlight.

When he recognizes his unlimited possessions, he will not waste his life in the foolish clinging to things he cannot use. He will use each day all his hands, his thought and his love can use. The infinite ocean of possibilities will crowd upon him for expression. They want him and he enjoys using them. They are useless save as they minister to human happiness.

The discoveries of Copernicus, Darwin, Watt, Edison and other men of wisdom in revolutionizing civilization are as nothing compared with the effects to flow for good from this statement of Truth: THINGS WANT ME! It changes civilization as never before a perception of Truth changed it. I did not begin to understand its significance when first I wrote in February last that sentence in my monthly lesson: "Dollars need me!" Revising the lesson for the book, "Dollars want me!" I began to see its meaning. Now I see the general universal application of the Principle then stated and I realize in a slight degree its significance. I feel the awful responsibility of the Prophet who announces a new revelation of Truth. There never can be a happy condition of society till present attitude toward things is changed. When the change does come, the millennium will also come. That change consists simply in affirming, "I possess" where now we affirm, "I want." It is to say, "Dollars want me" where now we say, "I want dollars!"

Yet this is so great a change that, when proposed to the average man, he no more comprehends its meaning than would the boy by Franklin's side have understood him had Franklin said that the lightning he was drawing from the sky would run street cars, no more understand than the rustic Watt could have compre-

hended had he been told that Stephen-son would harness this steam to the heavy load his oxen were drawing. Even the writer of the editorial in the San Francisco Bulletin, criticizing my little book, no more comprehends the Principle of Affirmation than the cave-man with his club would have comprehended a modern battle ship. Here is an extract from that editorial. It shows that the little booklet is needed. I recommend it as a text-book in every business-house, bank, workshop, home and college. It is a popular educator.

The above mentioned editorial is entitled, "Transcendentalism Finds an Easy Way to Get Money" and reads as follows:—

One journal, issued from a New Thought center and printed in this city, tells its readers how to be happy through affirmation and states, as a fundamental premise, that "an affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mold the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, 'I am happy' when all goes well with him, he is to learn to say, 'I am happy' when all goes ill with him. He will thus, by auto-suggestion, produce in himself that mental state which is happiness." This affirmation is one of a great number which belong under the general head, "Important, if True." The reasoning apparatus of the majority of men requires evidence in support of propositions that are not self-evident. Therefore, the most amazing phenomenon of the mystical or transcendental movement is the great number of adherents which it has. Apparently a large percentage of the public, even in this country of free public schools, is willing to accept any sort of affirmation without inquiry. There are dozens of these mystic journals and they have patronage sufficient to keep them going, if nothing more.

One might suppose that, even if the total lack of evidence did not discredit these affirmations in the eyes of the people, the American sense of humor would balk at the absurdities into which the affirmers go. One of them—the editor of the journal just referred to—has written and published a book entitled "Dollars Want

Me," which he describes as "a new road to opulence." "This little monograph," he remarks in his preface, "is the first utterance of the thought that each individual has the ability to so radiate his mental forces that he can cause the dollar to feel him, love him, seek him, and thus draw, at will, all things needed for his unfoldment from the Universal Supply." If Henry Harrison Brown, author and editor, can cause dollars to come to him of their own motion and without any work or seeking on his part, he has an advantage over most of us; and, if he can teach the secret to his disciples, he will soon have so many followers that Buddhism, with its millions of adherents, will be thrown into the shade. Is it possible that Pierpont Morgan, John D. Rockefeller, Russel Sage and others of our millionaires have discovered the trick in advance of Mr. Brown's publication and have already taught dollars to want them? If so, we cannot be too thankful to Henry Harrison Brown for letting the secret out. Every American citizen, by the payment of ten cents, the modest price of "Dollars Want Me," can put himself in the way of becoming a billionaire. Mr. Henry Harrison Brown has nobly forborne to make a selfish use of his knowledge, else he probably would distribute the pamphlet gratis. But the book, if it does what it purports to do, is worth a million dollars a copy.

RANCH PHILOSOPHY.

CONTENTMENT.

I'm a plain ole sort o' a feller,
An' I don't aspire a bit;
Yet my heart is sound and meller,
And my brain is uv full wit;
Jest to be a common neighbor,
An' to live long side the road,
With my feller men to labor,
Movin' on the common load.

Other men may reach Nirvana,
Or, with Karma, have their bouts,
But I'll stick to my ole banner,
"Peace fer him who trouble scouts."
I'll do the thing that's layin' nearest,
An' do it with a peaceful mind;
The quiet stream is allus clearest,
But, rile it up, an' mud you'll find.

To every strugglin' footsore stranger,
I'll lend my shoulder, give my hand;
As gave the Christ, born in a manger,
His healin' free in Judah land.
I'll sing my songs uv praise an' glory,
Uv life as boundless as the sea;
An' tell my brother the glad story
Uv peace that flows from God to me.

—SAM EXTON FOULDS.

A LITTLE FEAR IS A GREAT LEAK IN POWER.—HENRY HARRISON BROWN.

* AFFIRMATIONS. *

[An affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.]

FLOWING.

The melody of Nature, that sweet, subduing strain.—*Old Song.*

Onward flow the tides, and onward all the motions of Life.

Onward flow the streams with babbling joy, and onward flow in joy the currents of my soul.

Onward flow the clouds radiant with all the refractions of Light, and, like them, flow within me the radiant joys of Being.

Onward flow the seasons with their bud and blossoms, fruit and falling leaf; like them, flow the currents of Being, budding in thought, blooming in idea, fruiting in action and outgrown when the newer thought is born.

Flowing are all things from birth to decay, passing through the evolution of their life. So in my life, flow things thought created, each filling its mission and passing onward out of my life.

Flowing, flowing, rhythmic, is all nature, making one harmony and I, a Soul, flow with her in music. The flowing Soul and the flowing universe are one.

One, Eternal, Everlasting, Omnipotent Power flowing in rhythmic motion, manifests in all things its harmony. I am one with it; I am harmony and peace.

Motion onward from God to rock and from rock to Man. Ay! and in man forever, onward, upward to God again.

Motion, ever motion, rhythmically

flowing, in wave on ocean breast, breeze in fragrant air, up to lightning's flash or comet's whirl. Motion, ever motion, rhythmically flowing in blazing sun and most distant star.

And I am one with them. In the song of the morning stars, I join, for melody fills me. By this song, I am borne along upward, onward, "nearer, my God, to Thee, nearer to Thee."

In the melody of Nature, I find Peace. In the falling raindrop, pattering upon roof and under pane, in the whirling snow crystal and the beating hail, ever the same flowing motion and I am ever there and sharing with them the music of the Universe.

When the storm rages, when the waves dash, when the fire devastates and avalanches crash, there is melody, the rhythmic mother earth is sounding her deep crescendo to the music of the brooks and lilies, and I am there listening to her, and in all I hear: "From everlasting to everlasting, Thou art God." "I, O God, am one with Thee," melodiously chants the Soul amid all the melody about me. I am one with Thee!

One with tree. One with star and sun in their flowing beams. One with ocean and rivulet in their flowing waves. One with magnet and dynamo in their flowing power. One with bending lily in the morning breeze and one with towering sequoia in the tempest. One with the moan of crime and the shout of joy. One with the cradle's undulations and the seismic rock. One with the joy of birth and the hush of death, for these are all of Thee, Almighty Father, All of Thee! And Thou and I are one! We only manifest in the flowing power that makes the one everlasting melody Thou art and I am.

If man cannot find an actual God within himself, he had better let God alone altogether, for no god, save the god within, is of any use, for he is so far remote from the individual as to be unavailable. If man cannot find the kingdom of heaven within himself, it will do him no good to look for it in remote domains, for it could do him no good if he should perchance locate it. —Francis Edgar Mason, in *Dominion*.

* **SOUL CULTURE LESSON.** *

**HOW TO BE HAPPY THROUGH
AFFIRMATION.**

Fourth Affirmation:—I POSSESS.

From a sense of want, all the so-called evils of life flow. Happiness must be accompanied with a sense of supply, of sufficiency.

Happiness is our birthright. Nature guarantees happiness whenever we shall live in harmony with her. Nature has made every provision for our happiness. When we are not happy, it is ourselves and not nature that is at fault. To affirm otherwise, were to accept a position mentally on par with Calvinism. All is Good! God is Good! Nature is Good!—these statements are synonymous. In this thought, happiness is held in store for us by Nature, whenever we shall take it. We can only take it as a mental condition. Happiness is, in the absolute, in Nature, in God, for us; we have only to accept it. This acceptance consists merely in recognizing the fact that we are happy. When we do this, the God in us, which is the happiness in us, manifests.

Since happiness is ours by birthright as a son of the One, it follows that everything needed to maintain that happiness also is and that all I need is to accept that supply, as I do happiness, as a present fact and enjoy it. Therefore, the plea, "I want," is a false one. It arises from my ignorance of the provisions which the Absolute Life has made for my Individual Life. Everything is mine at my need. Therefore, when I come into a recognition of my true position in the Universe, I will exclaim: The All is my Shepherd! I do not want!

With this recognition, will pass away all that struggle man now has for possession and he will enjoy possession. "I possess all!" is the Affirmation that results in peace.

The Universe exists that Man may be. Man is the fruit on the tree of life. The tree exists that the fruit may be. All things are his. He has dominion over all things and powers by virtue of being Man. He has lived a beggar in a world made for him and has delegated his power to things and let them tyrannize over him! Says Emerson:—

Things are in the saddle and ride mankind.

Man now recognizes his place and things become servants. They are valueless till he uses them. They need him. He possesses them and, at time of desire, they come to him.

This mental attitude one must acquire, would he be happy. The thought of want must not enter his mind. He must, at all times, affirm his possession. His only desire must be for expression. I am Unfolding. I desire things and I desire conditions that I may still more unfold, that I may still farther manifest that which I am and enjoy still more that which I possess. Unfoldment and manifestation and enjoyment through these are the only thoughts of the happy person. Supply is only his who uses. Use consists in the application of possessions to unfolding of possibilities, to the manifestation of latent power.

How to be happy through Affirmation? *Affirm Possession of that which you at any time desire and then enjoy letting it manifest.* The Affirmation you are to become: *I possess everything I desire. I let that which I possess manifest.*

EXCELLENT ADVICE.

Don't let any stirring, active, energetic, thinking young man be put down, snubbed, and laughed at, because he proposes a new way of doing something. The fact that he has proposed a new method, a new move, shows that he is thinking about the business in a fruitful sense; that there is a germ of creation in him. Foster it. Let the sun of your approbation shine on it. Don't let him be disheartened by indifference. His suggestion may not be the right thing, but there is a thousand times more hope for him than for the young man who makes no suggestion at all.—*Hardware Dealers Magazine.*

* ECHOES FROM "NOW" HOME. *

Jesus said, "Except ye become like little children, ye cannot enter the kingdom of heaven." I thought of this this morning as I saw a group of children at play. They were so intent and so thoroughly enjoying every moment, that I stood and watched them for some time, entering into their spirit of spontaneity and genuineness. While I stood watching them, this law came to me: The imagination of a child and the Ideal created in its 'play is just as important to his unfoldment as is the work or study of any business man or scholar to his unfoldment. We should enter into the games with children and carry their joy and spontaneity into our avocations and thus learn from the children the secret of defying wrinkles and old age. RAYMOND.

Like many other school-boys, I did not always have my lessons. When the teacher didn't know that I did not know it, I thought I cheated him. I have since learned that I simply cheated myself. If we cheat others in our every day life, we will see, when we look at the final result, that we have cheated ourselves the most. Life is a school and Mother Nature the teacher. If we do not study her lessons and grow wiser through the knowledge gained, we cheat ourselves, only to be swamped by the trials and misfortunes of life. It is not wisdom to think we can either cheat or be cheated by nature. She is just and has no favorites. Our own experiences are the most impressive and the most lasting, but we can make those of others our stepping-stones. The world is full of blindfolded people. The rich man, diseased and miserable, is blindfolded, even as he who is prey to that which puts out the buoy of a red nose. But these are pretty good keep-off-the-grass signs. Did we not have these signs, we might make the same mistake so many millionaires do of wast-

ing valuable time accumulating wealth at the expense of happiness. OSCAR.

It has been said, "A little learning is a dangerous thing"—this I hardly take as a general fact. Whether a man has great or little learning, it boots not: but, if a learned man depends upon his reason and expects to bring all wisdom to light through his own superior mental perception—that man is in great danger of becoming a mental fossil. But a soul that possesses but little external knowledge, yet depends upon the within for knowledge, who is in possession of that realization of something within to supply all his needs, is in good way of receiving great blessings both mentally and spiritually. SAM.

The principle involved in our new booklet, "Dollars Want Me," will cause an *evolution* of the race. When the individual ceases to *want* things and realizes that he already possesses all because he is an *indivisible* part of God, who is all in all, and turns to the enjoyment of life with the spontaneity of *childhood*, then will the millennium be here for him. Let us see how this principle works. A Soul is a center of Spirit in Spirit, just as a whirlpool is a center of water in water, or a whirlwind is a center of air in air. Everyone who is familiar with the whirlpool or whirlwind knows that it is the tendency of things to be drawn into these centers and we say that the things want the centers. By the same law, things want to come to the Soul-center. We also know that the faster these centers revolve, the swifter and greater is the current that flows *through* them. The cyclone is a whirlwind increased in speed. As the individual Soul raises in manifestation in the scale of vibrations, that is, as it unfolds, its drawing power is increased. But the current cannot flow through the Soul unless the outlet is kept wide open. All effort to save or hold *anything* keeps Infinity from flowing through the soul. JAMES.

* **PHNEOMENA.** *

**THE PROCESS OF MENTAL HEAL-
ING.**

Recently, at one of my experiment meetings, I had five subjects thoroughly unconscious, the others partially so, but all receptive. I said to them, "You are now all receptive to my thought and will do that which I think." I then held in my mind the word "Power!"

Since no two persons would give the same significance to the word, no two would use an increase of power in the same way. I therefore expected each to interpret the thought after his disposition. Distracted by my lecture discussion, I did not concentrate sufficiently; only one of the young men received the telepathic Suggestion. The rest sat immovable. This one arose, straightened up, threw back his shoulders, filled his lungs, then went to the young man next to him, placed hands on his shoulders and said, "Straighten up here! Throw back your shoulders! Hold up your head! Be a man!" He then passed to others with similar remarks and conduct. Speaking to him the next day, he said, "First, I wanted to get up and take the position of a pugilist. I wanted to give of my strength to others. Next, I was up at work with the boys!"

Here we have the whole explanation of Mental Healing in a nutshell. When the patient is passive, that is, when he is quiet, receptive and non-resistant, the thought of Health sent by Healer reaches his sub-conscious and awakens a feeling of health, strength and relief. This feeling is healing. Prof. Gates and Dr. Anderson have scientifically demonstrated that thought affects the circulation of the blood and changes tissues of the body. Maintain this mental condition and it produces a cure. There is nothing mysterious or hidden in it. There is no need of a

religious test, nor submission to any leader, book or teacher. This power is the common property of humanity. Whenever we send a thought to others, if it be one that is harmonious to them and they are not positively preoccupied, it will affect them. If they are thinking thoughts of disease or worry or fear, and we send thought along these lines, we intensify these conditions in them. If they are sick, they wish to be well. We send thoughts of health. They are welcomed. They act through the sub-conscious and the friend "feels better." Feeling is the primal action of the soul. When we awaken right feeling, there is health and happiness.

This awakening of a feeling is a common experiment in my classes. I hold a thought and, with the class passive, several out of them will feel the effect of it.

I will stand upon the platform at my lectures and allow a person in the audience to concentrate upon some thought he has chosen, known only to himself. I will, for a moment, become passive and his thought will awaken a sensation, "a feeling" in me. For instance, recently a gentleman tried this and I said, "I go out into the sublime as when I look upon the mountains. What was your thought?" He replied, "I thought of the mountains." Telepathy, Man's Greatest Discovery, demonstrates that we live in an ocean of Thought vibrations, that we are subject to them and that, by our own mental condition, we determine in what strata of those vibrations we shall live. If we determine, by thinking disease, to live in that stratum, we can do so or we can live in that of Health. This fact gives us the Key to Destiny.

Anger, anxiety or fear will poison the secretions of the body. Anger or fright promotes a secretion of poison in the sac of a venomous snake and this is where the snake is ahead of man. We have no organ in which we may store the toxins which we develop for the same purpose perhaps as snakes and consequently we poison ourselves with the material which was meant for our enemies.—Dr. Arthur O. Sax.

MISCELLANEOUS.

FAITH.

Dear Central Life, who fathers me,
I'm drifting o'er eternity.
I cannot steer straight course ahead,
Because I cannot see the goal;
My only compass is a Soul.
I drift in hope, I may not prod
Or fear to stand where Christ has trod,
Who fearless walked on open sea
To teach us faith at Galilee.

And, when the day dawns bleak and chill,
Cross currents seem to threaten ill,
While Stygian darkness hides the way,
My bark at mercy of the storm,
The sails of Faith droop all forlorn,
Hope tells the wavering Soul to pray,
By prayer, affirm, "All's Good" each day!
'Tis then I read from foam-crest hill,
"You suffered storm to strengthen Will."

Or endless calm and placid sky
Until I fain, in suffering, cry
'Gainst the monotonies of Fate:—
"O earnest, anxious, fervent Soul,
Why linger here without the goal!"—
The answer comes from Heaven's gate,
"They also serve who stand and wait!
You needed patience as a guide;
This calm has lured her to your side."

Thus, as on boundless sea I sail,
I learn the Soul can never fail.
My hand thumbs o'er Life's book so fair,
"Marked Passages" I there discern,
Experiences for me to learn.
I breathe them forth in song and prayer,
I sow about me everywhere
Thoughts that may guide some fettered Soul
Drifting rudderless near the goal.

—Dorothy O'Neil.

HYPNOTISM NOT INJURIOUS.

In hypnotism, as commonly practiced, the will of the subject is beaten down and disposed of for the time being; the individuality is conquered and the subject is reduced to a position where he is a mere annex, through which the impressions of the operator flow. If this is repeated often enough, it weakens the will of the subject until he ceases to be a man or anything but a mere helpless dependent and completely at the mercy of the operator.—Helen Wilmans, in *Freedom* for June 10.

It is very disappointing to see a writer otherwise so well posted as Mrs. Wilmans making such a statement. Other New Thought journals, notably *Mind* and Dresser's *Higher Law*,

make similar erroneous and unfounded statements. Not one of them can produce an instance of a subject "broken in will," "ceasing to be a man," or becoming "a mere helpless dependent." I deny totally the above position. Teachers of Mental Science should understand the first principles of the science they teach. That principle is Suggestion. Mrs. Wilmans', J. T. Shelton's, Mrs. Eddy's healing is as dangerous as the sleep of the subject,—it arises from the same source and through the same process. They are manifestations of the One Law of Suggestion. I refer them to pp. 39 and 40 of my pamphlet, "Not Hypnotism, but Suggestion," where I gave testimony to this effect from American experts. In "The Introduction" of his work upon "Suggestive Therapeutics," Shrenck Notzing, M. D., one of Germany's foremost physicians gives the testimony of the best European specialists in this line. *Not one reports a case of injury.* Note this well! Not an expert, to my knowledge, has ever so reported. Let those who have never practiced beware of loose statements. Among the authorities Dr. Notzing quotes is Prof. Hirt of Breslau, who says that, after experiments upon 598 persons through more than 4,000 sittings, he has never seen any harmful effects, even when frequently produced in the same individual. Liebault of Nancy says that, during thirty years, he has hypnotized 10,000 persons, some of them more than 100 times and has never observed any untoward effects. Bernheim, than whom there is no better authority, says: "Suggestion often cures; when it does not cure, it ameliorates; and, if it does not cure, it is harmless." Dr. Notzing says, "The physician who refuses to use it towards his patients is inexcusably negligent," and tells us that he has used hypnotism on more than 300 persons, many of whom were hypnotized from 100 to 300 times without any harmful effects. I trust New Thought teachers will look up the matter and speak, as these experts and

I do, from experience and not from ignorance of the subject or from opinions based upon statements of tyros in the art. Hypnotism (the better term is Suggestion) is of unalloyed benefit to humanity in every field of expression. There can be no true science of Mind or Man that does not consider the Law of Suggestion as fundamental.

EMERSON, WHITMAN, AND A LETTER.

A lady who received the degree of A. B. at the last Commencement of the University of California (and this institution has the largest number of students of any in the U. S., except one) told me that, during her whole attendance upon the literary courses, which made one sixth of her standing, she never heard mention made of Walt Whitman; that the lectures upon Emerson dealt entirely with criticism of his style, which consisted largely in don'ts; but that not once was the student called to understand his thought, nor to enter the spirit of the man. Yet this is called education. There is much learning that is not education. There is an embalmed intellectual condition where bones take place of humanity and manners usurp the place of character that is too often termed culture. Such pseudo-culture would reject a revelation that did not clothe itself in proper rhetoric and refuse to genius its due if it did not conform to rules; it would damn an angel from the highest heaven if the cut of its robe was not conventional. Such persons cannot feel the spirit, nor enter into the Truth of Emerson. Better by far the conditions of the writer of the following letter than all the ostentation and narrowness that so often hides behind titles and degrees. A young man of seventeen or eighteen out among the prairies, wishing to join one of the "Emerson circles" NOW had proposed, writes:—

—South Dakota.

In the Era of Emerson 100. May 25, '03.

MY DEAR MR. BROWN:—

Although my knowledge of the writings of

Emerson is almost in inverse proportion to my love for him, I hope that the fact that each day adds to my knowledge as well as to my love, will admit me to one of the letter circles you are forming. I need not to correspond with those able to point out the beauties fashioned by his spirit, but to search with other young disciples for the messages he brings the world; and having found them, to apply them in such a manner to our lives that men may be helped thereby to really live, for I believe that is what he would have us do.

It may be of interest to know how this, his day, has been observed by us. My friend, a boy like myself but slightly younger, is also a disciple of Emerson and the "NOW" Philosophy. Upon our study table has stood our bust of the Representative Individual, surrounded by such of his writings as we have, viz: The Essays, First and Second Series, Poems, "Representative Men," and "Society and Solitude." Through out the day we have paused whenever possible before his effigy, to cull some gem and some inspiration. The afternoon we devoted to him. We first read the "Rhodora" and followed it with appreciations by other lovers of Emerson. We then read "Uses of Great Men," "Self-Reliance," "Spiritual Laws," "Compensation," and "The Over-Soul." His "Nature" we read in a beautiful glen opening upon the river in the midst of an oak wood. Tonight we feel that we have been living in the Ideal Reality, and our Souls are vibrating to keys too intense for utterance upon the physical plane. Life means more to us than it did this morning, and we have given ourselves over to influences that will make life different hereafter, fuller, richer, happier, with the richness and sacrificial happiness of the God Immanence.

There is much I would like to touch upon, but now is not the time. Therefore in fraternal greeting from

Yours in the best hope,

Finish every day and be done with it. For manners and for wise living, it is a vice to remember. You have done what you could; some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it well and serenely and with too high a spirit to be cumbered with your old nonsense. This day for all is good and fair. It is too dear, with its hopes and invitations, to waste a moment on the rotten yesterday.—
Emerson, in a letter to his daughter.

I AM CONSCIOUS OF ETERNAL LIFE.—THEODORE PARKER.

PRISONERS.

Everywhere the sculptor hears
A voice unheard by other ears;
It half commands and half entreats,
As this burden it repeats:
"Hasten, master! quickly come!
Countless ages, dark and dumb,
Frozen in this prison white
Has my beauty longed for light.
Hasten! with thy chisel keen,
Cut away my marble screen,
And before your gladdened eyes
See a perfect statue rise."

So at times I strangely hear
Messages distinctly near.
"Tarry not! I would be free!"
Whisper lips well known to me.
"Silence deeper than the tomb,
Darkness raven as the gloom
Wrapping the decrees of Fate,
Here surround me as I wait.
Hasten, hasten to set free
Thy perfect self that is to be."

—William Roscoe Thayer, in *Christian Register*.

ARE YOU SATISFIED WITH THE
HARVEST?

When the farmer finds that a certain crop does not pay, he changes the seed; where he sowed tares, he sows wheat. Thoughts are seeds. Beliefs are seeds. Prejudices are seeds. The crops of these are the great harvests now being reaped by the physicians, police, saloons, etc. This report shows the harvest of these old ideas:

In 1859 we had one criminal to every 3,442 of the population. In 1890, there was one to every 715. There were 8,834 murders in the United States in 1902, 982 more than in the previous year. One death in every 112 is a murder. In the year 1902, there were 8,331 suicides. One death in 65 was either a suicide or a murder.

I beg pardon of NOW readers for thus parading this. I am not barking at the bad. I wish to ask the question: If this is the result of the old thought in church, society and state, is it not time to adopt some other? Supposing the Affirmations of Truth in this journal were held by the people as the old beliefs in matter, in disease, in property, and authority are now held, what would be the results? The present unions of church and capital, of society and money, result in an ever increas-

ing percentage of disease, crime and poverty. Is it not time to declare that the old theology, the old political economy, the old industrial system, and the beliefs upon which they are founded shall give place to the new and better? All who so believe are, if faithful to their convictions, bound to help spread the New Thought,—are bound to be sowers of the word. What better means for this than by sending books and journals that affirm Truth to those whom they think will become interested? A few dollars thus invested will bring a rich harvest to mankind.

SAVED BY TELEPATHY.

This anecdote illustrated the protecting power of Telepathy. This soldier sensed danger. Thoughts of the Union soldiers were all about him. The Soul is self protective. When we listen to the Silence, it will always warn us. We shall obey according to our usual habit. Had this soldier been profane, he would have sworn and been shot; had he been a coward, he would have run; being religious, he sang and was saved. Premonitions are from the subconscious. Listen, obey and be saved. No accident can come to one who will live in touch with the Soul's side of of life.

Some Americans who were crossing the Atlantic met in the cabin on Sunday night to sing hymns. As they sang the last hymn, "Jesus, Lover of my Soul," one of them heard an exceedingly rich and beautiful voice behind him. He looked round and, although he did not know the face, he thought that he knew the voice. So, when the music ceased, he turned and asked the man if he had been in the civil war. The man replied that he had been a Confederate soldier.

"Were you at such a place on such a night?" asked the first man.

"Yes," replied the second man, "and a curious thing happened that night which this hymn has recalled to my mind. I was posted on sentry duty near the edge of a wood. It was a dark night and very cold and I was a little frightened because the enemy were supposed to be very near. About midnight, when every-

AS LONG AS MEN HIRE THEMSELVES, THEY WILL BE SLAVES.—Tolstoi.

thing was still and I was feeling homesick and miserable and weary, I thought that I would comfort myself by praying and singing a hymn. I remember singing these lines:

"All my trust on Thee is staid,
All my help from Thee I bring;
Cover my defenseless head
With the shadow of Thy wing.

"After singing that, a strange peace came down upon me and, through the long night, I felt no more fear."

"Now," said the other, "listen to my story: I was a Union soldier and was in the wood that night with a party of scouts. I saw you standing, although I did not see your face. My men had their rifles focused upon you, waiting the word to fire, but when you sang:

"Cover my defenseless head
With the shadow of Thy wing,

I said, 'Boys, lower your rifles; we will go home.'"—*The Presbyterian*.

THE HYPNOTISM OF ADVERTISING.

Nathaniel C. Fowler, Jr., said to be the leading advertising expert of the country, makes this statement in an interview published in the June *Arena*:—

The advertising of dangerous compounds, unhealthful foods, patent medicines, and the like, has probably done more toward injuring the health of the common people than has any other agent. If it were not for advertising, the American people would not be a dosing people, nor would they be so constantly ailing, nor would they feel the necessity of everlastingly filling their stomachs with useless and injurious drugs and concoctions.

Mr. Fowler perceives a fact. The Cause is Suggestion. Advertisements that call attention to the body cause disease. When the Law of Suggestion is understood, these suggestive signs, pictures, startling headlines and promises will fall upon inattentive men and women who, because they are thinking health and happiness, have no time to attend to medicinal or health food advertisements. There is no excuse for ignorance of this Law. To ignore it, is disease and death.

RESIST GRAVITATION.

We should resist gravitation, moral, mental,

and physical. Do not let your body sag downward, or your mind, or your character. All old persons who permit themselves to be old, have old bodies that are slowly being dragged downward; their thoughts are also heavy and slow; they tend to move in grooves and to feebly repeat themselves in their manifestations. Their tendencies may be overcome by taking thought about them: sit erect in your chair; when you stand, lift yourself to your full height; when you speak, let your voice possess volume and energy; when you think, think freshly and away from routine. Never believe you are a back number. Gravitation, in all planes of existence, is man's enemy if he yields to it; his best friend if he resists it.—*Julian Hawthorne, in June Cosmopolitan*.

Some time ago, I put an "ad" in the *Ariel's* invisible contemporary, the "Telepathic Silence," like this:

"WANTED, kindred souls whose aspirations and hopes are in the service of the new humanity, and who wish to be comrades with *Ariel* folk, to join our increasing fellowship."

Persistently and forcefully this "ad" was continued while I worked harder than ever with types, paper and the consecrated *Ariel* Press to make the very best periodical, or expression of our thought and purpose that I could.

Such an "ad" in so sure a herald, with its correlative of loving labor, I knew must meet with firm, if slow success.—*Geo. E. Littlefield, in Ariel*.

CLUBBING LIST.

NOW will club with any of these journals. Deduct 25 per cent from the price of the two. For instance: where the combined price is \$2, they will be sent for \$1.50 from this office.

Freedom, weekly, Sea Breeze, Fla.	2.00
Nautilus, monthly, Holyoke, Mass.	1.00
Eleanor Kirk's Idea, monthly, Brooklyn, N. Y.	1.00
Fred Bury's Journal, monthly, Toronto, Can.	1.00
Christian, monthly, Denver, Col.	1.00
Mind, monthly, New York city.	2.00
Life, monthly, Kansas City, Mo.	1.00
Higher Thought, monthly, Kalamazoo, Mich.50
Unity, monthly, Kansas City, Mo.	1.00
Wee Wisdom, monthly, Kansas City, Mo.50
World's Advanced Thought, monthly, Portland50
Dominion, bi-monthly, Brooklyn, N. Y.	1.00
It, monthly, San Antonio, Texas	1.00
Radiant Center, monthly, Washington, D. C.	1.00
Pathfinder, monthly, Roswell, Col.	1.00
Listen, monthly, Evansville, Ind.	1.00
Correct English, monthly, Chicago.	1.00
Medical Talk, monthly, Columbus, O.50
Banner of Light, weekly, Boston.	2.00
Philosophical Journal, weekly, San Francisco.	1.00
Our Home Rights, monthly, Boston	1.00
Light of Truth, weekly, Columbus, O.	1.50
Harmony, monthly, San Francisco.	1.00
Psychic and Occult Review, monthly, To do.	1.00
Suggestion, monthly, Chicago	1.00
Magazine of Mysteries, 223 Williams St., N. Y.	1.00
Exodus, monthly, Pelham, N. Y.	1.00

THE THIRST FOR THE INFINITE PROVES INFINITY.—VICTOR HUGO.

IF LOVE BE NOT OF LIFE A PART,
'TIS EVER WINTER IN THE HEART.—HENRY HARRISON BROWN.

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NOW.

OFFICE OF NOW,
1437 Market street, San Francisco, California.

JULY, 1903.

NOW,

HENRY HARRISON BROWN,
EDITOR.

A monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.
It is the utterance of the Editor only. All thought
not credited to others is his.
Its basic Affirmation is:—Man is Spirit and can
manifest as spirit here and now.

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Entered Jan. 6, 1903, at San Francisco, Cal., as 2d-
class matter, under Act of Congress of March 3, 1879.

Mrs. Francis Howland, of Shalam, New Mexico, wishes to find a home for a young girl, one of the children that were taken into the Ohaspee Colony. Any one that can take such a child can obtain particulars by writing her.

Mrs. Sara Thacker of the Logos magazine and colony wishes a progressive man to join them. She desires one who will enter into the spirit of life at Applegate and will do farm work. Applegate is fifty miles east of Sacramento and a beautiful, healthful place. She can be addressed there.

Walter S. Pierce, of Los Angeles, Calif., diagnoses disease and delineates character by Solar Biology. He claims it is especially useful to those desiring health, strength and the regenerate life. From a reading I have received from him, I can say that he is good in his line. Those who wish to know tendencies that they may know which to cultivate and which to restrain

will find benefit from him. But, if any think stars, hands or heads indicate anything more than tendencies, which the *undirected* soul will follow, they are far better off to let alone these partial sciences based upon a study of effects. Soul is Cause and may be Conscious Cause when it will and thus set at naught all that Astrology, Palmistry and Phrenology indicate. As helps, teaching us to cultivate or restrain, they are valuable. As Fate, they are nothing and belief in them is disastrous to individuality. I control my fate.

"I will give her Liberty and Love and she must find her opportunity." I find this sentence in a story by Ellia W. Peattie in a late *Youth's Companion* and, like a fly in amber, I embalm it in NOW. It expresses the Principle upon which "NOW" Folk was established. I felt that all a young person needed was Love and Liberty and that he or she would then take hold of the opportunities that ever lie ready for every person. Not a member of our "Folk" has been asked to unite with us, to remain with us, or to subscribe to any rules or code. They are never criticized for whatever they choose to do. We love each other. We give each other Nature's liberty of expression. We feel that whoever is drawn to us, whoever belongs to us, will find, when in this atmosphere, their own work. When doing that work, they, by doing what they love to do, are only at play and are happy. This we have demonstrated. This sentiment, made the Law of any home, of any business, of any society or any nation, will convert present conditions into those of an ideal heaven. Love, Liberty and Opportunity are all any Soul needs.

Our new book, "Dollars Want Me," is selling rapidly. You need it for yourself and friends. 10c single copy. 3 for 25c. 13 for \$1.00. Help on the reign of Brotherhood by scattering them.

THE RIGHT WORD IS ALWAYS A POWER.—GEORGE ELIOT.

YOUR OPPORTUNITY.

"NOW" Folk have been at work in this city for the past two years. We have been content to grow slowly in order that we might *unfold* in wisdom, in order that we might demonstrate our knowledge and ability for Doing. Our two years' experience has welded us together in Truth so that each individual member of "NOW" Folk has voluntarily resolved to devote his or her life to the work.

We began with no capital but our sincerity, labor and Truth. NOW was at that time in its second year, was an eight page paper, but was not on a paying basis. During the past two years, we have increased the circulation of our journal fourfold, have increased it in size from an eight-page paper to a twenty-eight-page magazine. We have published four paper-covered booklets, 20,000 in all, of which 15,000 copies have been sold. We have published two complete Mail Courses of twenty-five Lessons each. Besides this, we have established our "HOME," our offices and conducted public lecture down town.

Having found a market for our publications and having demonstrated ability to manage these affairs, we now desire to *extend* our field of usefulness. We intend to lease a building large enough to bring our entire work under one roof. Several suitable buildings have been offered us and we are determined to have a place large enough to accomodate pupils and patients. We must have a thoroughly equipped and up-to-date printing plant which will enable us to accomplish only the best of work. Now, dear readers and Friends of Truth, will you promptly respond to our need by sending in money, the same to be placed to your credit and to be returned, as you may hereafter desire, in subscriptions, books, Lessons, etc? If you owe on subscriptions and can do so, please send the cash at once; and, if you wish literature of any kind, do the same. Or, if you wish to

loan us money in any sum at any length of time, we will pay at the rate of eight per cent per annum. Order also for your friends and thus help us to establish a great New Thought Center near the Golden Gate.

We insert this month the advertisement of the Hecla Mining Co. We are chary about advertising any speculative business. But this firm comes well recommended. Eleanor Kirk and *Colorado Graphic* vouch for it. No one should be willing to gain by any such enterprise without being equally willing to lose. Capital is needed to develop mines and it is perfectly honorable to solicit for that purpose. Therefore, those who desire to correspond with this company can do so with good assurance that they will be honorably dealt with.

While other sections have suffered floods, cyclones, epidemics, heats and other natural conditions man seeks to avoid, San Franciscans have been enjoying delightful weather. At all times, temperate and fresh winds that bring ozone from the sea make the city delightful to live in.

The bound volumes of Vol. III are selling finely. They make a beautiful book. It is bound in cloth by the best firm in the city. Its contents is perennial. Every year it will grow more valuable. It will be sent post-paid for \$2.00.

New Thought Meetings in San Francisco.

SOUL CULTURE INSTITUTE, Odd Fellows' bldg., Market and 7th Streets. Henry Harrison Brown lectures every Sunday at 8 p. m.

Scientific Psychological Lectures by Herbert T. Shaw, Golden Gate Hall, Sunday mornings at 10:30, during month of May.

SOCIETY OF HUMAN ENDEAVOR, Golden Gate Hall, Sutter and Taylor Streets. Dr. O. N. Orlow lectures at 11 a. m. and 8 p. m.

COLLEGE OF DIVINE SCIENCE, 3360 17th Street. Meetings every Sunday at 11 a. m.

HOME OF TRUTH, 1221 Pine Street. Meetings Sunday at 11 a. m.

*
* EDITORIAL. *
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SOUL AND BODY.

Their Interdependence and Relations to Unity.
No. 4.

THE "I AM" CENTER.

And God said: "Let there be Light!" and there was Light.—*Genesis*.

The gates are thrown wide open all through the universe. I go to and fro through the heights and I return. * * * All is well.—*Edward Carpenter*, in "Towards Democracy."

Once slept the world an egg of stone,
And pulse and sound and light was none;
And God said, "Throb!" and there was motion,
And the vast mass became vast ocean.

—*Emerson*.

We find it impossible to think of Life as imported into the unit of protoplasm from without; and yet we find it impossible to conceive of it as emerging from the co-operation of the components. * * * The Ultimate Reality behind this manifestation, as behind all other manifestations, transcends conception. * * * We are obliged to confess that Life cannot be conceived of in physio-chemical terms. * * * The dynamic element of Life is its essential element. * * * In presence of such powers displayed by matter of simple kinds, we shall see how impossible even to imagine those processes going on in organic matter out of which emerges the dynamic element of life.—*Herbert Spencer*, in "Principles of Biology."

Dynamic: Pertaining to motion as the result of force. Modern physical investigation has entirely set aside the idea that extension is the only essential quality of matter; dynamical energy is also essential.—*McCosh* (Quoted in Standard Dictionary).

That square inch of space wherein are all the vibrations of the Ultimate Reality; wherein are the vibrations of all things; wherein are passing the vibrations of the history of all time; that square inch wherein are the Intelligence, Power, Providence, Love and Truth of the One,—Where is it? Here! What is it? I. Each Ego is that square inch. No more, no less, of God, of Reality, can be in one inch than in another.

What square inch am I? Any one; every one; since all are alike and all are one. Here we have the Omnipresence of not only the One, but of each

Ego in the One. In every atom—for let atom stand for the thought heretofore symbolized by that inch of space—in every atom, lies the whole possibility of the One. "God has delegated himself to the atom," says Emerson. God is in the atom. Then Man is in the atom. The dynamic element of Life Spencer sought is in the atom. You and I are in the atom. What atom? Every atom in the universe. Infinite and eternal possibilities are in the atom. Evolution in all below Man is the manifestation of these possibilities. In man, the Unfolding of the Human Soul is manifesting the possibilities of the atom. What is the atom? The smallest portion of God, of the Ultimate Reality. In that infinitesimal atom, in the Ultimate Reality, is the Human Soul. What that Reality, what the Soul is, Spencer tells us is "inconceivable." We can only deal with thinkable things. And all our thoughts are concerned with Realities born into our consciousness through the phenomena of external Life.

Our consciousness is the result of sensation. Sensations are the result of vibration. Vibrations are individual motions in the One motion; are the pulsations of the One Reality; are the beating of the heart of the universe; are thought of the One who said, "Throb" and all was Motion; are flow of the One energy through the systole and diastole of the Universal Life.

But nothing in all the universe changes position. Atoms move among themselves as drops of water move among themselves. Wave motion passes from atom to atom, but the atoms remain relatively the same. Nothing comes from sun to earth. Nothing radiates from earth. Nothing radiates from radium. One motion passes outward. These motions of the Infinite Energy are of different pitch. The atoms are more or less active. In the Ultimate, there is an infinite scale of vibrations. In each atom, is that same scale. The different manifestations of the One Energy are but the manifestations of

HE WILL GET TO THE GOAL FIRST WHO STANDS THE STILLEST.—THOREAU.

the atoms along the notes of this infinite scale. From monad to man, there is but a change of pitch, Life passing upward in pitch, Life sounding the scale of organic manifestation we term "Evolution."

As motion passes through a rope, when moved, from the end which is held in the hand to the other end fastened to a post, so does motion pass from atom to atom. All motion is but movement in the indivisible.

Whether the Ego, "I", be regarded as one atom or ten million, makes no difference. Multiplying atoms does not multiply power, for each atom is infinite. A union of atoms mingling their vibrations at different pitch gives the phenomena we termed inorganic and organic life. Unity does not consist in absorption or the mingling of power, but does consist in a union of purpose in using of power. Atoms manifesting now on a certain pitch as rock may manifest hereafter as plant; atoms manifesting as fish may tomorrow manifest as Man. God is in each and can tomorrow manifest as IT chooses.

Therefore, when one atom, by interior desire, decides to manifest as any form of Life, it becomes associated with those atoms that choose, for the time being, to manifest as oxygen, hydrogen, carbon or whatever manifestations are necessary to its purpose. Thus *things* are formed. The atom that manifests as Soul, as "I", has no more potential power than the atoms that agree to manifest as hand and foot. The atom that agrees to manifest in auditory nerve is kin in pitch to an infinite line of atoms that manifest to that nerve as sound.

This can be apprehended, it never will be comprehended; it must ever remain an intuition and a logical conclusion, as are atoms and ether. This perception can only be *felt* to be true. I can appeal only to the highest tribunal—feeling. This statement felt to be true, we are ready to pass from Soul to its bodily manifestation. Where is my body? Everywhere!

Where do I, as a Soul, manifest? Everywhere. Radiations from each thing in the universe are as limitless as the universe. Wherever I am in radiations, there my body is, for my radiations are my real body. Therefore, each Soul has the whole Universe as its body. The radiations of the Universe are mine. I am the Universe. The Universe centers in me. The Universe is the body of that center which I am. The radiations of the sun are boundless, therefore the body of the sun is boundless, and we, by living in his radiations, are living in the body of the sun. But, as we follow, with our senses, the radiations toward the center, which is the sun we see, they converge and, where the recognition of the individual vibrations end in the mass, there we, by our vision, limit the body of the sun. So with the human body. Where the vibrations measured by the senses meet in a mass, there we limit the boundary of the body. But the clairvoyant sees emanations as patent to him as those to the ordinary person; this exterior envelope extends to a greater or less extent outward according to the spiritual power of discernment in the person. Some see it extend only two feet, but a friend saw it extend several hundred. When we become "Enlightened" during the eons to come, we shall see it as one in extent with the universe, shall then know ourselves only as Truth and Love and shall recognize no limitations to body.

The universe of each individual animal or person extends only as far as his powers of perception, even so is its perception of its body limited.

The universe, to the deep sea animals, is limited to the area lighted up by their phosphorescent light and their sensation of touch. The area of the universe of the eagle is limited only by its far-reaching sight. The astronomer is limited by the power of his telescope and his intellectual development. Not yet has man dreamed that his body is not limited by the area marked out by the five senses. Telepathy is fur-

nishing the connecting link and we now find that his body is the medium of communication between himself and friend. Cut the wire between the stations and there is no message along the telegraph and telephone wires. Cut the vibrations between two persons by separating their bodies, and there could be no telepathy, no thought-motion between them. There could be no love messages. We will go still farther and say that, were not my body co-extensive with space, no vibration could come to my senses from space. I feel only through my body. Sensation is the result of motion in my body. That body has all the vibrations found in the square inch of space and those vibrations can manifest only in an infinite medium. Separate my body in any degree from any portion of the universe, and there is no vibration from that portion, for no form of energy can pass a vacuum. But do not limit vibration to forms known as matter or force, nor even to those forms of force known as thought or love. There may be millions of still finer ones. With the recognition of Thought as force, we have gone one step beyond Spencer's philosophy, but not beyond his vision, for he perceived the necessity of a dynamic quality in Life, but did not find it. We have found it in Thought as a mode of motion. Thought is a manifestation of Life. Therefore Life is a mode of motion. Life is itself dynamic. All motion is Infinite. Life is Infinite. Motion flows outward and onward from centers. Life flows from a center. Each Ego is that Life-center. Centers in energy have no circumference. Seeming circumferences are drawn by the various senses and by various instruments. But daily are scientists obliged to revise their theories and to enlarge the spheres of the forces with which they deal. The body of the whirlpool is the medium in which it whirls. The body of the cyclone is the atmosphere in which it is a center. The body of the sun is the ether in which it revolves. The body of Man is the

Thought and Love universe in which it is a center.

His body consists of an infinite series of concentric envelopes. His unfoldment is his extended recognition of the fact that he is not limited to the area of the physical, but that there is a still larger body in which he has heretofore unconsciously lived. He will soon consciously live in one of finer vibrations and then unfold from that, and from that infinite series. But, at all times, he is radiating, through his whole body, vibrations stamped with his individuality. In this manner, he is ever to unfold the possibilities of the atom. And, since this possibility is infinite, he is immortal, and, through his immortality, he is only learning to consciously manifest as an Ego embodied in Infinity.

* * * ETHICS * * *

BUILT HOMES ON CO-OPERATION PLAN.

Fourteen working men of East St. Louis, Ill., representing the trades of architect, carpenter, mason, excavator, plumber, mill worker, painter, hardware, sheet metal, stair builder, plasterer, granitoid and cement walk, lumber dealer, electrician, etc., combined their abilities, and, by a co-operative plan, without capital, built themselves comfortable homes.

At the start, not a dollar was invested. They owned not a foot of the ground upon which the houses were to be built. They asked no credit of any man. They simply went to work and turned a cow pasture into a graded street bordered by four blocks of handsome frame houses, granitoid sidewalks and curbing and illuminated by electric arc lights.

This plan of home-building was evolved by William Burton, in whose honor a new avenue near the site of the co-operative home has been named. Mr. Burton is a practical carpenter and contractor, now engaged in the insurance business in St. Louis.

"I came to East St. Louis from Nashville, Ill., where I was raised," he said, "and went into the building business in a small way. Work in my line was slack in the winter time, so I occupied my leisure in designing and planning a

THOR THE THUNDERER SHALL RULE THE EARTH NO MORE.—LONGFELLOW.

home for myself. I soon drew up the plans that I considered would be an ideal home.

"Then I stopped. Having no capital whatever and being almost a stranger in the city, the pleasures of that home on paper seemed a long way off. After studying ways and means for several days, it occurred to me that there must be other men, like myself, who earnestly desired to earn their homes, but who had no capital except their labor. I conceived the idea of inviting men in other lines of the building business to co-operate with me in a sort of syndicate of sub-contractors for the building of our own homes."

From his office, Mr. Burton sent invitations to the best men he knew engaged in all the branches of the building trades to meet on a certain day. At the meeting, the object was fully discussed, suggestions were made and "The Harris Place Co-operative Building Company" was organized.

"The owners of Harris place agreed to permit us to build homes on lots in the addition," said Mr. Barnes, "to be secured by second mortgage after the houses were completed, the price to be \$10.00 a front foot. Most of the lots were of fifty foot frontage. Thus we were not obliged to pay out a cent in advance for lots."

The architect drew the plans and the men built the houses, costing from \$2,300 to \$5,500. They were completed in twelve months.

"When all was finished, our bills for the various branches of the work were made up and compared," said Mr. Burton. "Some of us owed several of the others in varying sums. For instance, my carpentry work on a certain house amounted to more than the plastering work on my own house. The plasterer, therefore, owed me the difference. So with all the work. We gave due bills to each other for the difference and, when the houses were completed, we easily secured loans to pay off these accounts with each other. This was on the first mortgage; and, as stated before, the owners of the ground took a second mortgage to insure payment for the building lots."

When the houses were completed and occupied, some of the men owed but a few hundred dollars, having dovetailed their work into the plan in such a way that their labor paid for the greater part of the cost of building.—*Maxwell's Talisman*.

I cannot see why I should pay any man to govern me when I can just as well govern myself.—*The Gourki*.

MENTAL TONIC.

"Johnny, get up! Aren't you ashamed to lie abed so long?" "Y-e-e-s, mother, I'm ashamed; but I'd rather be ashamed than get up."—*Exchange*.

Teddy: "Pa!" Pa: "Yes, dear." Teddy: "May I ask a question?" Pa: "Certainly, Teddy." Teddy: "Where's the wind when it doesn't blow?"—*Sacred Heart Review*.

The Parson: "My boy, I'm sorry to see you flying your kite on the Sabbath."

Small Boy: "Dat's all right, mister. Dis kite's made ov a 'ligious paper. See?"—*St. Louis Post-Dispatch*.

A physician having directed one of his patients to bathe a wound in tepid water, the patient sent his little girl to the drug-store with a note saying, "Please sell bearer one-half pint of tepid water."—*Exchange*.

Charlie was an usher at the church which Senator Depew occasionally attends. On arriving home one Sunday, his mother asked him what had happened at church, to which Charlie promptly replied, "Mother, I showed Chauncey de pew."—*Camp*.

A clergyman was surprised one day to receive a basket of potatoes from an old woman in his parish, with the message that, as he had remarked the previous Sunday that common taters (commentators) did not agree with him, she had sent him some real good ones.—*Our Dumb Animals*.

An eloquent preacher tells this good joke at his own expense:—"When I was in Florida last winter, I preached to a negro congregation one Sunday, excusing myself from saying much on account of my poor health. The colored minister, in his closing prayer, said: 'O good Lawd, bless our brother L., who has preached to us in his pore, weak way.'"—*Selected*.

"Dr. Smith is a safe man," said one of his patients. "He weighs his cases and looks at them from all sides before giving his opinion." "Well, that's all right," said his friend, "if he doesn't carry it too far. What I'm afraid of is that he'll get his diagnosis mixed up with his post-mortem."—*Exchange*.

 * WITH NOW READERS. *

[In this department, queries from our regular subscribers will be answered briefly. Questions will be signed with initials only. If an answer by mail is desired, enclose \$1.]

Won't you write something on Motherhood? So many scientists say that it is time we quit bringing children into the world and I think so myself, unless we can improve the breed. Won't you write something on the duties of mothers in teaching their children the value of Affirmation.—M. K. K.

I have withheld writing upon these themes, lest I should say something sensible upon a topic where there is so much theorizing without common sense. But I have determined to write a pamphlet each upon "Suggestion and its Place in the Home," "Suggestion in the Training of Children," and "Suggestion in the Relations of Husband and Wife." I have been studying the Sex Question for thirty years and find that, as yet, I do not know enough to write upon that, though I think I know more than any author I have read. Let us be content to go on building our Ideals of perfect Manhood and Womanhood, of a perfect home and perfect children, and LET that Ideal have its way. The Ideal will manifest in institutions. As long as we see an imperfect breed, there will be one. When we will see only the perfect child physically and mentally, then it will BE. The sex question will right itself *when we let it alone* and hold to purity of thought.

A Chicago M. D., asks: "What do you New Thought writers mean by Love? Is it a form of the universal attraction?"

I never attempt to tell what another means. Many a time I do not know. My own understanding of Love is best given in the minor editorial in NOW for Nov., 1902, and in the editorial in Jan. NOW entitled, "Man as a Love Center." I treat Love as a form of Universal Energy. This Energy manifests in us first as Life; then, by the Conversion of Force, it manifests as Love; and then again, by the same

Conversion, as Thought. That it is Energy, is proven by Telepathy. See "Man's Greatest Discovery."

"Will you tell me in NOW why I feel that your weight is no more than a feather. You are just as distinct to me as if I held a feather in my hand."—Mrs. E. L. F.

Spirit has no gravity. You sense me spiritually. Sometime you may so see me; then I will pass through closed doors. Many report me thus.

"Why does our eyesight fail when we reach the age of 40 or 45 years. How can I treat myself to regain my eyesight?"

Heredity (which is merely tendencies to repeat in ourselves what our parents had) will often cause this failure. We should counteract these tendencies by affirming our power to create our bodies to our desire. Failing to do this, we allow the animal law of heredity to have its way. The Race Belief also is accepted by us and, in this belief, we create the failing sight. Remember that images held in imagination, in belief, must materialize. As long as the race believes that sight will fail, it will fail. Several of my friends have cured themselves of failing sight or congenital defects in sight by simply telling the eyes this: *Eyes, I love you; I made you to see with; I expect you to see!* They then would place a book before them and say to the eyes, "SEE!" And sight has come back; which means that the Soul looks out through the eye it has made for that purpose. Failing sight is spiritual retreat. Positive spiritual conditions, directed by Affirmation, will heal.

A subscriber in N. Y. City sends us W. T. Stead's report of the prophecy by a psychometrist of the assassination of the King and Queen of Serbia, and also a scientist's explanation of it as merely a coincidence, and asks my opinion. I have no hesitation in saying that I believe it to be a clear case of psychometric foreseeing. There are too many prophecies in my own experience to admit of my doubting this one. "Coming events cast their shadow before," and it is as scientific to sense and reveal them by psychometry as by weather forecasts or astronomy.

RUSKIN KEPT ON HIS DESK A PIECE OF CHALCEDONY INSCRIBED, "TO-DAY."

BOOK REVIEWS.

[Books received will be noticed under this heading. Those we have space for will be truthfully reviewed.]

"The Road to Success," by O Hashnu Hara. Apocalyptic Pub. Co., 15 Tothill St., Westminster, London, S. W., Eng. 25c. Like all this author writes, this book is a valuable contribution to the commonsense side of the New Thought. It is practical and free from theology and mysticism. NOW readers will understand that they will not be taken into any new speculations when they read this extract from page 86: "I want. That little sentence is a confession of weakness; it departs from the powerful Affirmations of the I AM: *I am Success*. If you want, you admit your success is not perfect. I used to go along this line myself and did get what I wanted, but slowly; but it was when reading an article of Henry Harrison Brown's in NOW that I realized the weakness of that Affirmation. You do not *want* money, money wants you to use it,—wants you to put it to work, to spend it. Money is merely the material that keeps your business going." This is a specimen of the lucid and positive style of the author. Such books help on the Millennium when no one will think "want."

"How to Train Children and Parents," by Elizabeth Towne, editor of *Nautilus*, Holyoke, Mass. 25c. "AND PARENTS"—this part of the title tells the story. Elizabeth has hit the bullseye in the target of education this time. Children are all right. It is the parents that need training. But training parents, trains children. If I allow myself to begin quoting, I shall take up all my space and take from you the pleasure of finding the good things for yourself. But every mother, and better, every girl who hopes to be a mother, should be trained on this as a text-book for maternity, for the time to train the child is ten years before birth by training the parents into self-control. Parents, give your boys and girls at puberty a copy of this, the best book on the subject, until I write mine.

"What Business Is For," by Charles F. Dole. The Ariel Press, Haverhill, Mass. Price, 10c. Here is a specimen of its thought. NOW could do no better and so advises all its readers to get the book and grow: "We shall never get, nor do we want it, a co-operative commonwealth without co-operative men and women.

Neither shall we get the men and women until we cease to teach the American child the gospel of smartness."

Correct English, is a new and up-to-date magazine. It teaches you how to speak and write correctly, and as a work of reference is invaluable to everybody who uses the English language. \$1.00, monthly. Josephine Turck Baker, editor. Correct English Pub. Co., (Evanston) Chicago, Ill.

Music, from K. M. Widmer, 306 West 116 St., New York. "Love's Millionaire," ballad by Frank L. Stanton; music by N. Clifford Page. "Thee Little Chestnuts," music by Mr. Page.

With the issue of June 6, the *American Co-operator* comes out in magazine form. I am glad for it is one of the most practical of papers and inaugurates an important movement. It is most ably edited. The principle inculcated is the application of Brotherhood to business. The Lewiston (Maine) Co-operative Association is a successful model. In this form I can preserve the magazine. It is worthy of a better dress. a New Thought department is added, making it complete. The publishers club with NOW.

The Young Men's Journal (N. Y. City, \$1 a yr.) copies the Lesson on Opulence in February NOW entitled, "Dollars Want Me," with this introduction. That it regards the Lesson and NOW as good, tells the grade of the paper. Young men will gain by studying this journal: "Henry Harrison Brown has introduced something new into journalism by way of a monthly journal of Affirmation which he calls NOW. These "NOW" Folk have their headquarters in San Francisco, and already occupy a place of prominence among the numerous New Thought cults. Mr. Brown is giving a series of Soul Culture Lessons that are well worth reading. The following is quoted for its suggestiveness:"

Twentieth Century Boys and Girls, a journal for the cultivation of Art and Literature among our boys and girls. 25c per year; 5c per number. Francis Edgar Mason, editor and publisher, 7 Warren street, New York. I have wished to see such a journal started. No better person could have done so. Edgar Mason is one of the staunch writers in the New Thought. His magazine, *Dominion*, is always good. His philosophy is sound and practical. I wish him success here. This is the editor's Greeting: "The object

in presenting to you *Twentieth Century Boys and Girls* is to educate you up to the spirit of the times. Our chief aim will be to do this through fun and folly, not forgetting that wisdom is power. We will make you like us."

The Sunflower, Lilydale, N. Y., (weekly \$1.00) for June 6, comes to us in a holiday attire as a camp-meeting number, though it has changed the good old fashioned word, so full of rich associations, for the pretentious one, "Assembly!" It used to be "Lilydale Camp-meeting;" it is now "The City of Light Assembly." It will hold its 24th Annual Session from July 8th to September 2d. It presents a fine program. They have passed from the ordinary Spiritualism of such gatherings to a much broader discussion of Truth. Elbert Hubbard, Anna B. Shaw, Susan B. Anthony, and other noted liberal lecturers, will attend. Francis Edgar Mason and Chas Brodie Patterson will represent the New Thought. All interested can address *The Sunflower* and receive literature.

A SAMPLE LETTER.

The following letter is from a lady who entered last spring into the "NOW" mail class. It shows how Truth will cure all conditions.

—Nebr., June 4, 1903.

My dear Mr. Brown:—

This month I report better progress than ever. Business is on the boom and money will be plentiful in two or three months. Still keep me in the class, although I have no letter from you since April. But I feel your vibrations just the same and NOW fills the gap. Last month I made a magnificent stride in recognizing the reality of my ideals; when I make the Affirmation, it becomes real to my consciousness and real in manifestation. In case of sickness, I have healed myself instantly. Body and each organ obeys me at a word. My character is manifesting more and more my ideal and now I have set my face to conquer the financial side. Husband and I are more one. My psychic faculties are developing. I feel like a conquering hero. What a glorious thing it is

To awake from our dreaming,

To arise from our seeming,

And be one with our Infinite Self.

Sincerely yours,

(Signed) Mrs. Maude K.

WORDS OF GOLD.

A Dr. in Kansas, writes: "I have always appreciated NOW for its practical wisdom. I begin to understand the power of Suggestion and Affirmation." Is there any other power man can use?

"Mr. Brown's Lessons are splendid. They are doing us no end of good, as does his magazine."

—E. Marsh Stiles (O Hashnu Hara), editor of *Wings of Truth*, London, Eng.

Rachel E. G., of Conn., writes: "At Lake Pleasant Camp Meeting a friend gave me a sample copy of NOW which had been sent her. I then said: 'I must have this when I get to it.' I have been six months getting there and am sorry I did not get there before." Well, having got among "NOW" Folk, you, like all the rest, will stay.

An author and newspaper writer, writes in a private letter: "NOW is a most excellent magazine and lacks the 'fads' which some advocate. Should one try all the experiments upon himself that are recommended, he would be a 'what is it' when he was through. It does require a lot of courage to tend to one's own knitting, but the results are better if we do."

"I have read 'Man's Greatest Discovery,' and the 'Foreword' impresses me mightily. O, the wonders of the Law, and the infinite delight I take in the unfolding of my vision. This booklet has been meat to my Soul. For over 30 years, I have been strictly orthodox in the Friend's church. Held all their teachings, but there was still an unsatisfied yearning for something deeper and more spiritual. I wished to know more of the Law of Love. One year ago my eyes were opened to see that there is but one Law, and that is Love; but one Truth and one corner stone, and that is Love. All is Love manifest in different degrees, but all Love. With the increased Light that comes from this little booklet, I am saying: 'I am healed.'"—Mrs. J. W. B., Ill.

J. A. S., of Melbourne, Australia, writes: "I wish to thank you for your beautiful Affirmation on 'Patience.' It inspires one with that calm serenity and unconquerable ambition which is expressed in all manly lives. I am delighted with the first number of the fourth volume. It does improve. The new mottoes are all 'best.' NOW is up-to-date. The Readers' page is helpful—but why enumerate—all is good."

THE BATTLE IS FOUGHT IN THE HOME STRETCH,—
'TIS WON 'TIXT THE FLAG AND THE WIRE.—JOHN MOORE.

N O W .

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A PHILOSOPHER'S DEFINITION OF LIFE.

Herbert Spencer is undoubtedly the greatest of philosophers and yet, when he attempts to define life, he gives us nothing but a statement of that which presents itself to the eye of the observer. This statement is all philosophy can do for us. It is found on p. 319 of Vol. 1, "Principles of Psychology:" "Life and the ability to maintain life are the two sides of the same fact. Life is a combination of processes the result of whose workings is their own continuance."

This then is simply saying: "Life is perpetual motion." And this the simplest man who is not a philosopher can tell.

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