

JUN 2 1902  
152 Allen St. N.Y.C.

THE BIGGEST LITTLE PAPER IN THE WORLD.



Nerve us with incessant affirmatives.  
Don't bark against the bad, but chant  
the beauties of the good.—EMERSON.

Time past and time to be are one,  
And both are NOW.

—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn tomorrows.

—OMAR KHAYYAN.

VOL. III. NO. 3.  
MONTHLY.

JUNE, 1902

UNIVERSITY OF CALIFORNIA

PER YEAR.  
10 PER COPY.

The Latest Evolution.

# NOW.

A Journal of Affirmation.

HENRY HARRISON BROWN, EDITOR.

TRUST.

Amid the maddening maze of things,  
And tost by storm and flood;  
To one fixed trust my spirit clings—  
I know that God is good.

I know not where His islands lift  
Their fronded palms in air;  
I only know I cannot drift  
Beyond His Love and care.

—WHITTIER—

Published by "NOW" COMPANY, 1423 Market Street, San Francisco, Cal.

DEEP WISHES IN THE HEART THAT BE,  
ARE BLOSSOMS OF NECESSITY.—D. A. Wasson.

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N O W .

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HOW TO CONTROL FATE THROUGH SUG-  
GESTION. By Henry Harrison Brown,  
Editor of NOW.

NOT HYPNOTISM, BUT SUGGESTION. By  
Henry Harrison Brown, Editor of  
NOW.

MAN'S GREATEST DISCOVERY. By Hen-  
ry Harrison Brown, Editor NOW.

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NOW IS THE ONLY BIRD THAT LAYS EGGS O' GOLD.—Lowell.

WE ARE SPIRITS CLAD IN VEILS!  
MAN BY MAN IS NEVER SEEN!—C. P. Cranch.

# NOW.

## A JOURNAL OF AFFIRMATION.

VOL. III.

JUNE, 1902.

No. 3.

### POEM.

#### LOVE'S "COME FORTH."

I sought for peace. My heart was sore.  
I prayed and wept, but all was vain.  
What was it that I needed more?  
Be it what it might, it never came.  
My hungry heart preyed on itself.  
My tired brain still struggled on.  
My life grew dry as miser's pelf.  
E'en the power of Desire was gone.  
Sepulchered within my living flesh  
I was dead to Beauty and to Power.  
Despair held me in its mesh,  
Where mounts of Doubt in snow-robcs tower.

While thus inurned, because repressed,  
Ithuriel with his spear of flame,  
Pierced with Life my palsied breast,  
And once more I to Being came.  
Expression was the touch of God!  
"Come forth!" He cried to Lazarus soul.  
Babe-like I stood upon the sod;  
Sun-crowned I joyed and thus made whole.  
Love's was the voice that called from grave.  
Love's was the touch, and Love's the flame.  
Divinely Good now all I have,  
For Love is but my other name.

—HENRY HARRISON BROWN.

"NOW" Home, May 1, 1902.

Three Silences there are: the first of speech,  
The second of desire; the third of thought.  
These Silences commingling each with each  
Make up the *Perfect Silence* that he sought  
And prayed for, and wherein at times he caught  
Mysterious sounds from realms beyond our  
reach. —Longfellow.

Thinking is acting in the sphere of  
thought. The products of thought  
are transcendently substantial, even if  
they are not thrown into objectivity  
on the material plane.—Franz Hartman.

#### HEAVEN FOUND.

An honorable life is the kingdom of heaven.  
—Rev. Cyrus A Bartol.

The one universal desire, the one thing  
all men are seeking, is happiness. No  
matter what the thing sought; no  
matter what the means; no matter  
what the thought, the end is happi-  
ness. That disappointment is almost  
universal is demonstrated by the al-  
most equally universal expectation of  
finding that which is missed here in  
the Hereafter. Heaven is only possible  
as the counterpoise of earthly misery.  
The fact that theology flourishes upon  
the promises of *future* happiness is its  
greatest admission of failure. Only  
that is success which gives happiness  
*now*. The credit system is a curse in  
business and leads to bankruptcy, but  
a greater one in ethics is promises of  
future happiness. Justice can know  
no time. She must be instantaneous.  
Cause and effect are never separated.  
No Karma is possible that puts off to  
another sphere, or time, the results or  
the compensation for the slightest  
thought. No system of philosophy is  
Truth that lets time enter into its  
consideration of questions of life. To  
Be, to Do, and to Receive is the all of  
life and they are *now*. A future heaven  
or hell; a future retribution or compen-  
sation is as impossible as a future life.  
That which is *not* now never can be.  
Now is all there is. Life is! Life never  
will be. Failure of any system is as-  
sured the moment it looks to the fu-

I AM CAPTAIN OF MY SOUL.—W. E. Henly.

ture for anything. Failure of happiness is assured the moment the person is going to be happy sometime. To hope to be happy is to be miserable now. BE HAPPY. Let hope alone. Hope is born of fear, otherwise we should be happy instead of merely hoping to be.

"If fears are dupes, hopes may be liars,"  
says the poet. Pope puts it thus:

"Man never is but always to be blest."

Never will happiness come to him who hopes, fears, doubts, or hesitates. It comes only to him who affirms it now. Heaven is in the present tense. Heaven is. He who enters, enters now through courage and faith.

Faith? Yes. In what? Not in any "absentee God!" Not in any theological patent right! Not in following any leader! Not through reliance upon any book! Never did any of these lead save away from heaven.

Where is heaven? It is where Jesus placed it. It is where you are. You are the Kingdom. There is no other. You are it now. If you do not recognize it, it is you nevertheless. Open your eyes and see the streets all about you! What is the Kingdom? It is the ideal! It is all you dream of Goodness, Beauty and Truth. It is all poet, sage or seer ever told that you have appropriated and built into your ideal. It is your idea of right. It is that which Reason and Conscience decides is best for you. Heaven is only a mental condition. It is peace that follows when the Inner Voice approves your course. He who lives an honorable, upright life, who obeys his conscience, who lives true to his ideal, is in the kingdom. The way to the kingdom was stated by Shakspeare in the oft quoted lines which Soul Culture adopts as its Rule of Life.

"To thine own self be true;  
And it must follow as the night the day,  
Thou canst not then be false to any man."

AN HONORABLE LIFE IS THE KINGDOM OF HEAVEN.—Dr. C. A. Bartol.

#### RANCH PHILOSOPHY.

##### DEACON TIBBS' CONVERSION.

Ole Deacon Tibbs wuz a funny cuss,  
He allus took things at their wust,  
Growlin' an' mumblin' till you'd think he'd bust;  
But with all his failins,  
An' constant complainins,  
Ther Deacon as a man wuz just.

He wuz as full uv religion as an egg is uv meat,  
At meetin' occupied an amen corner seat,  
He sang with a voice that wuz powerful sweet;  
But fer groanin' an kickin'  
An' argiment stickin',  
Ther Deacon couldn't be beat.

But growlin' an' complainin' he's left far behind;  
He's took up a religion uv a different kind,  
Says he's found ther "Christ Child" in his mind.  
Fer he says "All is Good,"  
When ther devil 's subdued,  
An' ther devil's not hard ter find.

In every man, an' woman too,  
Ther's a devil as big as a kangaroo,  
In white man or black man, Chinees or Jew;  
Ther devil 's kickin',  
An' argiment stickin',  
So here's a job fer you:

Clean out yer system from garret ter cellar,  
By healthy thought become a new feller;  
When things go wrong don't begin ter beller  
Or a go ter moaning',  
Kickin' or groanin',  
Fer God's bad beats yer best all holler.

—Sam F.

We have our secrets, but guard them as we may, it is not long before others have them also. We do much talking without words. I once knew a man who did his drinking in private and his reeling in public and thought he was fooling everybody. That shows how much easier it is for one to fool himself than to fool another. What is in a man's heart is on his face, and is shortly written all over him. Therein is a mighty lesson.—Irving Bacheller, in *Eben Holden*.

There are gentlemen enough in this world, so that you do not need to do business with any others. — Henry Morris.



\*\*\*\*\*  
\* **AFFIRMATIONS.** \*  
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[An affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in him that mental state that is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.]

**COURAGE.**

Not to him who rashly dares,  
But to him who nobly bears,  
Is the victor's garland sure.—*Whittier.*

The One in whom I live and have being is Good, and all His manifestations are Good.

Good fills immensity. I am part of that Infinite Goodness.

I am a manifestation of Infinite Goodness, and naught but Good can come to me or from me.

Where all is Good, there is naught to fear.

I fear nothing. I live in the consciousness of Eternal God.

Because I am Courage, I am strong. Courage is Strength to do and to be.

I am Courage, for Good fills me with a consciousness of Power to be and to do whatever I desire.

I am good; I cannot know evil; therefore I fear nothing that is manifest to me.

Fear arises from belief in Evil. I believe only in the Good.

Believing in the Good, I am fearless. God is with me.

I constantly Affirm, "I fear no evil, for Thou art with me."

Fearlessly I go forth to my tasks with Courage. From strength born of courage, Mastery constantly is mine. Where Good is, there is no poverty. I fear no financial failure, for Good is in my business and in every dollar that I receive and expend, and in Good I trust.

I fear no failure in my plans, for Good brought them forth; Good is in them;

Good will result from them; and Good is always success.

I fear no pain, for Good is in my body to care for it, and where Good is there is Life, Health and Peace.

I fear no loss, for All belongs to Good, and Good cares for me and I cannot lose. What is mine comes to me and abides with me. What is not mine I gladly part with.

Fearlessly I go forth to the joy of the day, for Courage is my companion and all my way is Peace.

With trust in Good, I am free from all limitations. My weakness is made strength; my sorrow is made joy; and my unrest is made peace, because Courage born of Trust is my shield and my defender; my fount of strength and my hill of gladness.

I am one with the All-Good! I go forth in Love-of-Truth to speak, in Love-of-Good to labor and in Love-of-Beauty to enjoy. I want not. Fear not. Health, Harmony, Prosperity and Joy are mine, for in Courage He manifests in me.

O prayer and action! ye are one.

Who may not strive, may yet fulfill

The harder task of standing still,

And good but wished with God is done.

—*Whittier.*

The silent force of sympathy—Love—is the sustaining and uplifting power of all harmonious efforts. Through it the criminal can be changed to an honest man, or be made worse by the silent, evil thought forces sent to him. This silent force is the true Good-Power in operation. Like the gem hidden in the moss of crude clay, it is hidden in the center of the crude, mental, animal man; it is ensphered within the coarse thought and physical action; it is the very essence of the Kingdom of Heaven within the being. This precious golden silence is born in solitude and in contemplation of the Good and true. All the noisy part of the popular church, state and society is inimical to its evolution and would stifle it.  
—*Lucy A. Mallory, in World's Advanced Thought.*

SOME OF US CALL IT LONGING, OTHERS CALL IT GOD.—W. H. Carruth.

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\* **SOUL CULTURE LESSON.** \*  
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[Copyrighted.]

**I AM SUCCESS.**

*How I Won It through Affirmation.*

*A Series of Lessons in Soul Culture.*

*No. 3.*

**WHAT IS MY IDEAL?**

Seek first the Kingdom of God.—*Jesus.*

Success is the realization of the estimate you place upon yourself.—*Elbert Hubbard.*

Before seeking to control the conditions of success, it is necessary for the student to ask, "What is my ideal? What do I really wish?" The way to attain it, the methods, can wait until we know exactly at what we aim.

You are asking of me, "Will I be successful?" I can answer to all such questions thus: You will realize your Ideal. That is, you will realize the real Ideal you hold; not the one you think you hold. It is far different to create for a moment an Ideal, and to hold that Ideal permanently in the mind as the pattern for the objective life.

In lesson two is the Rule, "Organize success in yourself." This means: build your Ideal and stick to it.

Thought is creative. I am that which I think I am. I am that which I Affirm that I am. These two Affirmations are the fundamental principles of expression. For that which I Affirm, I express. I express that which I am. I am that which I Affirm myself to be. When I am self-directed, I affirm that which I wish to be. That which I wish to be is my Ideal. I can choose my Ideal. This is the extent of my power. Having made and affirmed the Ideal, my power ceases. The God-power within me shapes in the exter-

nal life that which I have made. I have power to choose and to build the Ideal. I have power to say how any Suggestion (anything that reaches the Ego through the senses), shall affect me; power to say what it shall do to my Ideal. Having chosen, all my power ends. I have then exercised my free will and now Nature—God—Fate—Destiny—takes the model I give it and moulds it into external form.

No more important thought than this did man ever conceive. Here is the Key to Power. The Rule for the Mastery of Fate is: *Create intelligently your Ideal and hold it persistently. LET it shape itself.* All you have to do is to LET. All your effort is to hold the ideal. This Ideal is the God in the Soul and will, when let, shape itself in Life's external manifestation. This letting is only assuming the attitude Jesus took when he said: "Not my will but thine be done." We are not to will against nor for the Ideal, but we are to merge our will into the Thought, which is the Ideal, and thus hold the Ideal in consciousness. We are to refuse entrance to other thoughts. The Divine will then will mould the Ideal, which is itself, into what we term the external consciousness.

The Ideal of success can never consist of means and methods. It can only consist of ends, results.

Into the Ideal enters only the one possible thought—Power. *I build that which I wish to be.* The only thing we need is Power to manifest that which we wish to be.

Here is a secret for you. Few have seen it. Success is not in attaining position, wealth, earthly power, or fame. It is not in any thing. It is that within the man which is not thing. It

TO-DAY OF ALL DAYS IS THE DAY TO BE ADMIRER.—Thoreau.

is an unfoldment of the Real Self. It lies in the expression of Power. Its result is happiness. Only he is successful who is happy. Enjoyment is the test of success. Where happiness is, there is health and prosperity.

The way to success is that laid down in the Aphorism at the head of this lesson, "Seek first the kingdom of God." Analyze it: God equals Power, Omnipotence. Seek Power; seek Infinite Power; when attained, all things will be added. Things are only manifestations of Power. Things are limited and final. Power is unlimited and eternal. Power creates things. When you can create you will not wish to hoard, and where you have found power, things will be drawn to you as needles to magnets. This true, scientific statement is also made by the same teacher, "To him that hath shall be given," because he that hath hath power to draw things. Where is this kingdom? Jesus says: "The Kingdom of God is within you." The admonition means only, Know Yourself! Recognize your possessions! When you so recognize yourself as God, when you know that you are Infinite Power, then you will have all you desire. This is scientifically true. Here is the way to recognition: *Affirm yourself as Power to Be the Ideal man you have made and then LET it manifest and BE it.*

Health sings disease sighs.  
Health is harmony, disease is discord.  
Health beautifies, disease mars.  
Health radiates sunshine, disease casts shadows.  
Health is wreathed in smiles, disease is clothed in frowns.  
Health can afford to lend, disease can but borrow.—Geo. Propeter.

For, As a man doth think, so is he,"—

He might even here grow daily more refined and free,

And without discarding what he calls his shell,  
Pro force and matter one, and pass from  
Sphere to sphere in inconceivable progression.

—N. M. C. B. Woodward, in *Tulare (Cal.) register*.

CHANGES ARE WROUGHT IN TIME BUT NOT BY TIME.—Carlyle.

## MASTER FEAR.

The only thing to fear is fear.—Thoreau.

Richard Harding Davis in *Everybody's Magazine* gives this fine incident of true courage:

While writing this article I recalled an incident I had forgotten, but which I used to quote as a splendid instance of a properly brave and manly spirit. It has nothing to do with the "arms of man," but has for its hero a small boy who used to go to Cutler's School in New York City. He was on the football eleven, and one day his mother appealed to me to assist her in persuading him that football was a demoralizing and brutal pastime.

"It isn't that he won't give it up if I ask it," she said, "but he doesn't want to give it up just yet, and for such a queer reason."

I assured him I knew a hundred reasons for wanting to play football, and asked him what was his particular reason.

"When I am trying for a free catch, and am looking up in the air for the ball," he explained eagerly, "and I hear the other team charging down on me and know I'll be thrown whether I catch the ball or not, I get terribly frightened. And I asked mother to let me play on until I can get over being scared. I hate to stop as long as I'm afraid of them."

## WILL.

You will be what you will be;  
Let failure find its false content  
In that poor word "environment,"  
But spirit scorns it and is free.

It masters time, it conquers space,  
It crows that boastful trickster, Chance,  
And bids the tyrant, Circumstance,  
Uncrown and fill a servant's place.

—Ella Wheeler Wilcox.

## Plain Instructions in Hypnotism and Mesmerism, By A. E. CARPENTER.

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MISCELLANEOUS.

FOR NOW.

I AM LIFE.

In the swaying tree tops I hear this glad refrain;  
'Tho' within the forest the storm-king and the  
darkness reign:—

"I am Life! I am Life!"

In the ocean's roar tumultuous, and the awful  
thunder

Of the raging billows throbbing under

In a magic, ceaseless strife,

Like majestic heart-beats in a thing of conscious  
life;

In the seething and the surging of the waves,

As they rise and leap and dash and lave

The castellated rocks upon the shore:—

"I am Life! I am Life!" the anthem evermore!

In the flashing darting scarlet wing

Of the speeding birds athwart the sky;

In the golden, joyous ring of the liquid scattered  
notes

Dropping from on high; pouring, bursting from  
their throats;

Faintly falling from afar,

As if music from a distant star:

My heart is thrilling with a joy I cannot speak,  
And my soul is spell-bound in a Silence that I  
would not break;

I am *one* with ocean, bird and tree,

I am *one*, O God of Life and Love with thee!

A prince, a son, a child of immortality.

—Eugene DeForest.

A STRANGE HYPNOTIC EXPER-  
IENCE.

This experience was published in the  
*Metaphysical Magazine* for April, 1898.  
I think we have the solution of this  
phenomena in the experiment with the  
blank cards published in May NOW.  
Thought is creative and thought forms  
materialize under the law of crystalli-  
zation, just as diamonds and flowers  
do. Some time I have much to say  
upon this and allied phenomena. Note  
this well for it holds a solution of  
many problems in Mental Science:

"In October last, while giving a series

of public lectures upon 'Soul Culture'  
at B—ville, a little station on the U.  
P. R. R., an incident occurred unlike  
any I have ever known before. I have  
never seen a similar one reported. Its  
narration may call out others, and  
thus some light may be thrown upon  
the subjects of prophecy, prevision,  
presentiments, and premonitions.

"In illustrating my lecture, I had used  
psychometry, telepathy, and hypnot-  
ism, and had developed several young  
men into fine somnambules. One Sat-  
urday evening, having no lecture, sev-  
eral persons had gathered in my room  
at the hotel, among them five of my  
subjects. Some experiments were tried  
successfully, when it was suggested  
that I give them a football game, and  
then one said: 'Let us see the game be-  
tween the E—s and the K—s next  
Saturday.' The boys who were my  
subjects were familiar with the game,  
all having played in some club.

"I at once put them to sleep and said:  
'Now you are on the grand stand,  
looking at the game between the E—  
and the K—clubs. Game has just been  
called. Look closely!'

"This game was to be played on the  
7th day following and, as it was be-  
tween two excellent clubs, it was well  
known that it would be an exciting  
one. The E— club was from a neigh-  
boring town, and at the beginning 'my  
boys' yelled for E. They watched the  
progress of the game, talking about  
the successes, failures, and tactics of  
the two clubs; they saw the injuries  
to different members, and kept the  
tally as they watched the results.  
Soon they changed their cheers from  
E— to K—. All saw the game like  
and all joined in conversation as they  
would have done had the scene been  
real. They were fifteen minutes  
watching what they (when they  
awoke) and all of us supposed to be  
an imaginary game.

"The following Saturday the boys and  
I, accompanied by some of the spec-  
tators of the previous week, went to see  
the teams play. Our surprise may be  
imagined when we saw the game E—

A FACT IS THE DIRECT SPEECH OF THE FATHER.—Theodore Parker.



gin and the events in it follow the same course as was seen by my somnambules. So exactly was this done that we knew what was coming in every change in the game. The same parties were 'knocked out,' the ball followed the same course, and results at the close were the same. Only two points were different and those any spectator might have overlooked. These were: first, that while the ball followed the same course and the boys counted the tallies as they saw them made, the umpire called out some of them and this fact had previously escaped them; and second, while asleep one had said: 'There's R—; he's got his knee hurt and is in the game no more!' while R— had his knee injured a few days before and was limping about the ground and did not enter the game. But these two facts only heightened our surprise.

"One young man, who was present at both the seance and the game, came to me in great excitement and said: 'S— has the wind knocked out of him, just as the boys saw,' and this, early in the game, convinced us all that we were to see it played just as it had been reported a week before."

HENRY HARRISON BROWN.

#### POWER OF SUGGESTION.

In *Mind* for April, I find in an article by Mrs. Perry and Mrs. Van Anderson the following instance of the power of Suggestion:

"Very few persons realize the susceptibility of the child mind to the inadvertant suggestions in what he sees and hears, nor how important it is that only that which is lovely should surround him. This was strikingly illustrated by an incident related by Dr. Sherman Davis at the Mothers' Congress recently held at Washington. Dr. Davis referred to the children's page in the Sunday paper as being the regular amusement provided his little nephew of four. On one occasion the picture that absorbed the child's at-

tention was that of a grotesque dwarf. It was noticed that the child seemed spellbound and loath to leave the picture and the next morning the family remarked that the little boy was going about like a hump-back. On the second morning it was still more evident and on third morning the child could not straighten his back. A physician was called in and, as no physical reason could be found by which to account for this peculiar condition, light was shed upon the matter by the conclusion that it was wholly the suggestion received from the picture in the Sunday paper. A vigorous effort to displace that image with one of an opposite character resulted in the child's emancipation. Obviously this is not the only child who has suffered because of his vivid imagination. All children are more or less sensitive and should be protected from everything that might lead to such dire results."

Thus far the ladies in *Mind* go. But what of the Dr.? Has he courage or wisdom to carry it still farther and recognize that all disease is the result of mind-pictures? A professor in a medical school recently told his class that parents by remarking to the children that if they were naughty they would call in the doctor when they would have to take bitter medicine, caused such fear in the child that the doctor and his medicine did no good. One of his students remarked in my presence: "If such are the effects of such remarks, how about the effects of 'Don't eat that, it will hurt you,' and 'Don't touch that for it has microbes,' or 'If you dampen your feet it will give you a cold?'" And I ask the medical boards if they are not making the older children "hunch-back" by their pictures of contagion, epidemics, microbe and bacteria? Away with them all! Give us healthful pictures.

WHO LOVETH MOST IS NEAREST KIN TO GOD.—Ella Wheeler Wilcox.



A SUGGESTION CURE.

At 9 poor Tom was sick in bed,  
A towel wrapped about his head.

At 10 the pain is somewhat less,  
But still he feels too ill to dress.

11—Thomas thinks that he  
May possibly get up for tea.

He takes some nourishment at noon,  
And hopes he may feel better soon.

At 1 he groans and says, perhaps,  
He may be getting a relapse.

It's wonderful, he says at 2,  
What good fresh air will sometimes do!

At 3, to see him slide down hill,  
You wouldn't know he'd been so ill.

N. B.—This illness, I've heard say,  
Need not be feared on Saturday.

—*Baltimore Young Folks' Herald.*

NEW THOUGHT

Is fast finding its way into the secular press. Grant Wallace has an article in the San Francisco Sunday *Bulletin*, entitled "The Fear of Fear." It is filled with NOW ideas and we welcome the paper and its sprightly author into the ranks of Soul Culture. Here are some specimen thoughts from Mr. Wallace:

"The timorous man is ever out of luck. Whoso looks for defeat shall meet it hastening in seven-league boots over the desert sands to undo him.

"Calm confidence gave the owl his reputation as a sage.

"Consider that no one can really harm you, the ego, but yourself. So fear no one; and until you desire to harm yourself, refrain from distrusting your own power.

"Take what comes, if you can't prevent it, saying all is good; and smile, and make the best of it.

"No mental fence is too high for you to leap, excepting your fear builds it. "Fear is the mother of death. Fear of anything unnerves you for overcoming that thing.

"Only the man who has no fear in-

spires it in others.

"When you walk through the twilight wilderness, with every black stump and rock and bush resolving itself into a Numidian lion or crouching hyena, learn to breathe with all the lungs, let out a few puckers in your solar plexus and overcome that paralyzing fear.

"Be it known unto you all that in all the great calmly rolling universe there is only one thing to be afraid of, and that thing does not exist unless you create it.

"It isn't failure that is to be feared, for fear of failure invites failure.

"It isn't ill-health, for fear of disease will itself produce disease.

"It isn't death that is to be feared, for that which fears and hopes and thinks has always lived, and cannot die.

"It isn't poverty, for no man is so poor as he who fears to spend his dollar.

"No, the only thing to be afraid of is Fear. Be afraid to be afraid.

"Fear paralyzes the motor center, stops the flow of saliva and the gastric juices, and creates and sends a fluid poison throughout the system which has been removed by scientists from one poltroon in sufficient quantity to kill a rabbit.

"Fear and power never shake hands. The mental trembler always shows it, and always he is used as a door mat.

"The remedy for fear: 1. Say to yourself: 'There's nothing on earth to be afraid of. I'm not afraid.'

"2. Repeat five times.

"3. Keep on repeating it.

"4. Stand erect when in the throes, and take five deep, full breaths, very slowly. Eat a gallon of air at a mouthful and the heart will cease to crowd your Adam's apple, and will drop back toward the diaphragm with a glad thud."

PROSPERITY.

"I call that man prosperous who is happy, even though his worldly accumulations amount to nothing. Happiness cannot be measured by the plumpness of a pocketbook or the size of a bank account.

"I call that man prosperous who has succeeded in attaining a high goal in life that money did not purchase and that money cannot buy.

"I call that man prosperous who has eliminated from his mind the ideas and ideals of an effete past to which the majority still adhere and venerate.

"I call that man prosperous who has pledged himself to the doctrine of the brotherhood of man.

"I count that man prosperous who is at peace with the world, in whose heart lurks no animosity, malice, or jealousy; whose home life is ideal; whose business is not his master; whose passions do not control him, and who witnesses in all humanity his brothers and sisters, equal heirs with him of the benefits and bounties of nature.

"I call that man prosperous who has learned the wealth of love more than the value of money; for he has gained a legal tender that passes where money has no value. The man who habitually loves has gained prosperity beyond the most sanguine interpretation of the word."—*Francis Edgar Mason, in Dominion.*

### IMMORTAL YOUTH.

Youth knows no time. It lives in the eternal Now. It does not dwell upon mistakes and miseries of the past with withering remorse and withering self-condemnation; neither is it attached to the joys of the past as if they would never come again. It knows and looks for the good of the present moment constantly, and this is the secret of our quick recuperative ability. The youthful mind in you changes quickly from a sense of evil, as a child stops immediately when its thought is diverted. It is because you are ever young that sorrow and sense of loss lie lightly on your shoulders.—*Annie Rix Miller, in April Mind.*

### ALL HEALING, SELF HEALING.

The healing power is in you; the healer's statement of power, if accepted, sets you going. Next time a healer

says to you, "You are HEALED," let it set you going. Instead of going off and examining your feelings to see if you are healed, just go off and stick to the statement, "I AM HEALED." Take long breaths and rejoice, and keep on rejoicing and breathing full, until you feel healed.—*Elizabeth Towne, in Nautilus.*

### SOUL VS. HEAD.

"Psychology without Phrenology is a suit of clothes without a body."—*Human Nature.*

Phrenology without Psychology is a head without a Soul.

Brother Haddock, what builds the head of which you speak? How does it change the shape? What is it you tell to "cultivate" and to "restrain?" What is cultivated and what is restrained? It is not the bumps. Is it not that which makes the bumps? This is the Real man—the Mind—the Soul. If I can reach the Soul, need I care for the head?

### IDEAL SUGGESTION.

That thought you most need, keep in sight. A prettily arranged Affirmation upon the wall is worth more than any mental healer. Select any Affirmation or motto and send it to me with 50c and I will paint it in water colors and ornament it with some flower. Size, 5x10 inches.

S. FOULDS,

1531 Waller St., San Francisco, Cal.

N. B.—If you prefer I will select, through Psychometry, the motto you need and ornament it as I feel. I am allowed to refer to "NOW" Co. My mottos and pictures adorn the walls of their offices.

### A TEXT-BOOK FOR THE POCKET ON EARTHLY IMMORTALITY IS "MAN'S GREATEST DISCOVERY.

It is beyond all compare the *Greatest* book for centuries in its power to open to man, insight into his possibilities, stimulate him to soul activity, and lead him to mastery over poverty, disease and death. The edition offered is 3¼ x 5½ inches, just the thing for the pocket and it is just the book to carry as a companion for study. Send on receipt of 25c.

SINCERITY IS THE WAY TO HEAVEN.—Confucius.

OFFICE OF NOW,  
1423 Market street, San Francisco, California.

JUNE, 1902.

## NOW,


HENRY HARRISON BROWN,  
EDITOR.

A monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.  
It is the utterance of the Editor only. All thought  
not credited to others is his.  
Its basic Affirmation is:—Man is Spirit and can  
manifest as spirit here and now.


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 Henry Harrison Brown lectures  
every Sunday, at 8 p. m., in Odd Fel-  
lows' Building, this city, upon topics  
connected with the "NOW" Philoso-  
phy. Good music and a welcome for  
all.

 A class in "Suggestion will be  
organized, Monday, May 26, at 8:00  
p. m., at "NOW" Home, 1531 Waller  
street. All interested are invited to  
be present on this evening.

 A class in "The Art of Living"  
will be organized, Tuesday evening,  
May 27, 8:00 o'clock, at Soul Culture  
Institute, 1423 Market street.

Henry Harrison Brown will address  
the "Sisters of the Western Links," at  
their parlor, 1726 O'Farrel St., Sun-  
day, June 1, at 2 p. m., upon "Oppor-  
tunity."

HENRY HARRISON BROWN, editor of NOW, will  
receive Patients for treatments through Magnet-  
netism, Suggestion, and Silent Powers, at his par-  
lors, 1423 Market street, San Francisco. Hours: 2  
to 4 p. m. Others by appointment.

### A "NOW" RECEPTION.

The Sisters of the Western Links  
were tendered a reception at "NOW"  
Home on the evening of May 1st.  
This is a society of ladies who have  
maintained their organization for  
seven years, the object of the society  
being the study of psychic phenomena.  
The ladies are earnest in their work  
and are demonstrating beautifully  
along New Thought lines.

The parlors of "NOW" Home were  
filled, some forty ladies attending. The  
early part of the evening was spent in  
speech making, story telling, song and  
music, after which the party adjourn-  
ed to the Hall where a delightful social  
dance was held till the clock warned  
them it was time for the last car. They  
declared that the vibrations of "NOW"  
Home are of a superior quality. All  
were benefited both in mind and body  
by this pleasant social time.

### 'NOW" HOME.

Henry Harrison Brown gives a talk  
at the Home, 1531 Waller street, near  
Cole street, every Sunday at 11 a. m.  
upon spiritual themes, to which all  
are invited who wish to come. These  
meetings are becoming known and  
enjoyed by many who have sought a  
place of REST. Peace is there and  
each Sunday the Soul and its needs  
are remembered. Thus each person  
who enters into the Affirmations of  
the morning is prepared for the Dem-  
onstrations of the week.

A few patients, students, or out-of-  
town friends can be accommodated  
with room and board. For particu-  
lars, address "NOW" Company, 1423  
Market street, San Francisco.

### "SUGGESTION,"

By HENRY HARRISON BROWN.

This Lecture is illustrated by all the Experiments  
that the professional hypnotists give upon the plat-  
form. The secrets of the art are revealed and its  
benefits explained.

Odd Fellows' Building,  
Sunday Evening, June 29, 1902.

Admission, 25 cents.

HE ALWAYS WINS WHO SIDES WITH GOD.—Old Hymn.

### POWER OF PEACE.

Never were the principles of the New Thought more practically demonstrated than during the recent strike of the street car men in this city. Because of the unpopularity of Superintendent Vining and the indifference of the companies to the comfort of the public and the welfare of the city, there was almost universal sympathy with the strikers. Though men and cars were idle for one week, there was not a single case of rioting. The city seemed on a holiday. Every vehicle that could be pressed into the service was used to carry passengers at ten cents per head, and the streets, save on some great holiday, never were so filled with pedestrians. Everybody was good natured.

It is a lesson for all other cities. It is the prophecy of the termination of all the friction that has heretofore existed between a city government and the workingmen on such occasions. It is all through the exercise of a little commonsense and the practice of justice on the part of Mayor Schmitz. He was elected by the labor element. Had a most difficult task, but that he did it well is proved by the quiet week, and the success of the conferences engineered by him. He at once instructed the police force to remain neutral, and to see that no violence was permitted. He refused to allow armed detectives or special police to be used. This absence of force was the way to peace. Force awakens force. "He who lives by the sword shall perish by it." The strikers organized a guard and watched the property of the companies so that no rioter or emissary of capital could begin the work of destruction. Peaceful measures conquered. This simple fact is more eloquent than words. Peace always wins. "A soft answer turns away wrath." Henceforth at all such times let the people Affirm:—All is Peace.

☛ "NOW" Company desires an agent in every community. Write for terms.

### IF.

The only devil is fear. His shibboleth is IF. Only because of some doubt of ability, some fear of results, does one say "If." Would you be free, would you win, would you enjoy, banish satan from your thoughts and "if" from your vocabulary. As you would avoid fire, poison, or prison, avoid this word. Use it not. In its stead use the word of faith—when.

The closing evening of Henry Harrison Brown's class in Suggestion was held at "NOW" Home, Wednesday, May 14th. Friends of the members of the class assembled to the number of 25. Every phenomena known to the science of Suggestion was performed, the members of the class acting both as operators and subjects. Every member of the class united in a testimonial to Mr. Brown's worth as a teacher.

Summer Schools along various lines of the New Thought are announced. NOW has just received the circular of the seventh year of a summer school of Auto-Suggestion and Mind Building from Miss Mildred Tong (whose advertisement appears in this issue). It is held in one of the most beautiful sections of the United States—the Blue Ridge Mts. of Penna. That NOW readers who can attend will enjoy it is evidenced by that fact that the editor's book, "How to Control Fate through Suggestion," is to be one of the text-books. Send to Mrs. Wm. Levin, 252 Spring street, Newton, N. J., for a circular.

The bound volume of NOW for 1901, now offered for \$1.00, is a library in itself. It contains a series of Primary Lessons that are unequalled by any course in the market. There are a series of Affirmations that are far beyond any others ever offered the public. There are Editorials of depth and power unrivalled. There are facts and poems alone worth many times the cost of the book. It is a volume for the sitting room table, to have at the bedside, so that it may be taken up for a moment when some thought—the right thought—is needed for a moment of rest and strength.

☛ Notice the Great Offer on page 2.

BUILD THREE MORE STATELY TEMPLES, O, MY SOUL!—O. W. Holmes.



\*\*\*\*\*  
\* EDITORIAL. \*  
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FROM MONAD TO MAN.

ALL IS ONE.

[Second article on Science of Mental Healing.]  
Omnipotence, Eternal Energy, God, is all that is.

From this Something, no matter what we name IT or whether IT be nameless, from this IT must all our reasoning start. Out of this IT all phenomena arise. All *things* are only manifestations of this ONE, this IT. Therefore in this Science of Mind we must start with an assumption of UNITY. ALL IS ONE. "There is but one God." This ONE is manifest to Man through his consciousness. Consciousness has its rise in sensation. I feel, therefore I am, is the Affirmation of Life. I feel, therefore I think, is the Affirmation of Consciousness. We are conscious of Being only because we feel. It is with Feeling (Sensation) alone that we deal. It is feeling alone that I know. All phenomena begins and ends in feeling. There is, as far as the individual is concerned, nothing but sensation. It is with myself alone that I deal. I can never know anything that I do not first feel. Therefore, there is no universe to me except that which I feel. When I am non-existent, then there is, as far as I am concerned, only non-existence. All my knowledge, all my reasoning, all my duty, lies with myself. I can know only Self; can reason only upon Self; can labor only for Self. Self and God make all that is. Self is only God manifest.

Once a person has grasped the meaning of these Affirmations:—*I am first feeling; and, it is only feeling that I know,*

then, and not till then, is there to him a possible Mental Science. Till then, it is a Mental Philosophy.

Recognizing FEELING as the only phenomena with which we can deal, we shall begin to classify feelings, shall seek origin and laws. From this will come a practice founded upon this science. This practice will be the Art of Thinking. Recently a professor in one of San Francisco's medical colleges told, in my hearing, his class that pain was in the mind. All Professors, whether of chemistry or astronomy, will yet tell their students that all the phenomena they are studying are in the mind. Not till this view is taken and the practice of studying mental conditions takes the place of the present attempt to study that which is not SELF, will there be any real science. When that time comes there will be MAN where there is now man.

To the dead body, there is no pain. To the dead body, there are no phenomena. As pain is in the mind, so are fire, sun, flower, and friend all in the mind. All things are in the mind.

How did they get there? Are you brave enough to carry out the Affirmation of Unity? If so, you will answer: They never got there; they always were, for Mind is all, and I am Mind. Unity includes ALL, and I am only a manifestation of Unity. Therefore, All is I. When I say, "I am," it includes anything that Unity is. Here, dear reader, your moral courage is tested. Can you logically affirm with me that as Unity is Omnipotent and Omnipresent, I am also Omnipotent and Omnipresent? This you must do or you will ever live in limitations. To think limitation, is to BE limited, for as you think of SELF, IT manifests. Nothing can be added to or taken away from Unity. Therefore I, as a manifestation of Unity, possess all that Unity possesses. "God is present

THE HOLY SILENCE IS HIS VOICE.—Trowbridge.



everywhere and at all times," is the dictum of theology. Changing the name from "God" to "Energy" does not change the fact. Every square inch of space has God in it and it is the same God with all His potentiality in every cubic inch. Each cubic inch of space is like every other cubic inch; no matter if that cube is to the senses, rock or man, *it is God all through*. This is the important thought in this series of articles. *It is all God from Monad to Man*.

Let this thought work its way into Consciousness:—God fills immensity. God cannot be divided. He is at all places at all times with all his potentialities. He is in me. He IS me. Nothing can be added to me. I am all.

This is why the Affirmation of Unity is necessary as the foundation of all reasoning. The position of present scientific thought upon this point sustains the result of our logic, and this Affirmation is the beginning of both philosophical and scientific reasoning. Both begin with the atom, and an atom is purely an imaginary condition of energy—an imaginary manifestation of God. It is the smallest possible division of what we term matter. No person ever saw it, not ever can see it. But it is a logical necessity. Like the mathematical point in Geometry, it must be, yet by logic alone it can never be demonstrated. The atom IS, but it is in the mind only. No scientist ever finds it anywhere except in his thought.

Another fundamental affirmation of science is that of ether. It is impossible of demonstration, but it is a logical necessity. Ether *must* be, but it is only a mental conception, a creation of Mind in mind, necessary to account for other manifestations of Mind. Yet ether exists only in the mind of the scientist just as pain exists in the mind of the patient.

The definitions of atom and ether are: "Atom: a particle of matter so infinitely small that it cannot be again subdivided. The idea of a divided atom being self-contradictory. It is

a mental conception simply, for the senses cannot take cognizance of anything so minute." (*International Dict.*) "Ether: an almost infinitely attenuated and elastic medium which fills all space." (*Tyndal.*)

Here we have the basis of science. Is it any more stable than the theological foundation of . . . God and creation from Himself? Is it any more stable than the Affirmations of Soul Culture—All is ONE something, and all things are a manifestation of IT?

Are these three definitions one? Are they anything more than the interpretation in language of the FEELING that IT must be? If so, then the only foundation for all these three lines of thought is one. It is simply FEELING.

Atom, ether, Mind, God, and all similar terms and all mathematical axioms are only feelings, translated into symbols. There is but one foundation for any reasoning, viz: Sensation.

Thus the IT we name God is only a feeling. Reverence, awe, fear, love, adoration, asperation, all existed before language came. They forced man to utterance. From them came his theologies, his philosophies, his science and his art. These emotions are religion, for religion is but feeling. "Religion is what I *feel* about God; theology is what I *think* about him," says Hebert Newton.

Religion antedates Thought. Religion is the first manifestation of the Soul in man. Through philosophy and science he must at last come back to his original inheritance and be consciously religious as he was at first unconsciously so. He must come to decide what shall be his feelings and live in Choice rather than in necessity as now. He must pass in evolution from the instinctive feeling to a consciousness of a SELF that feels and can decide when and what to feel. From slavery to instinct he has become free through intuition. He has found Religion through the quicksands and quagmires of metaphysics and physical science.

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\* **MENTAL TONIC.** \*  
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She (at the piano)—“Listen! how do you enjoy this refrain?” He—“Very much; the more you refrain, the better I like it.”—*Tit-Bits*.

General (haughtily)—“I went to war and defended my country.” Statesman (wearily)—“That’s nothing. I stayed at home and defended the war.”—*Christian Register*.

A Dutchman on a witness stand was asked what ear-marks the pig had that was in dispute. “Vel, dot pig he have no ear-marks, except a very short tail.”—*Green Bag*.

“Next Sunday evening, brethren,” announced the minister, “I shall preach a sermon on Mount Ararat.” And, after the services were over, Aunt Ann Peebles went forward to say good-by and wish him a pleasant voyage and safe return.—*Chicago Tribune*.

Senator Hanna was recently asked if he ever cherished a wish for something in addition to all his present achievements, the questioner wishing to decoy him into an expression of further political ambition. But he replied, looking along the dinner table at which they were seated: “Yes, I have one wish. I wish that I might eat what I please, and compel some Democrat to digest it.”—*Christian Register*.

Mrs. Eugene Field once asked her husband to watch some pies for her a minute. On returning, she was surprised to find the oven door wide open and the meringue flat. “Why didn’t you keep the oven door shut?” she exclaimed. “Keep the door shut!” Mr. Field repeated, in very genuine amazement. “You told me to watch them every instant; and I’d like to know how I could do that with the oven door shut!”—*New York Times*.

“HOW TO CONTROL FATE THROUGH SUGGESTION,” the editor’s “Baby,” is selling well, and many are the complimentary notices he is receiving for it. One San Francisco news dealer has already sold seven dozen. All readers can understand it, for he wrote it from 28 years’ experience as a teacher from platform, pulpit and press, and he has sought here to answer the questions that have met him in this work, and answer them in plain language. Sent from this office upon receipt of 25c.

“NOT HYPNOTISM, BUT SUGGESTION” is thought by some good judges to be superior to the “Baby.” Send 25c for it and judge for yourself.

“MAN’S GREATEST DISCOVERY.”—No book of equal significance has appeared from the press for 100 years. This edition is small and orders for the book should be sent early. Price, 25c.

God’s own best will bide the test,  
And God’s own worst will fall;  
But, best or worst or last or first,  
He ordereth it all.

—A. Conan Doyle.

We should impart to others our courage and not our despair, our health and ease, and not our disease.—*Henry D. Thoreau*.

It is not the grapes of Canaan that repay  
But the high faith that failed not by the way.

—Lowell.

**Psychometric Readings**

Will be given by the editor for \$1.00. They are invaluable to the recipient. A lady from northern California recently called upon the editor to thank him for a Reading sent. “You told me what I knew was true, but it did me an immense amount of good to have you tell it. I shall change my life for the better since you pointed out my possibilities and the errors in my disposition.” Advice will be given from the Soul side of life. Send money in bills or Money Orders upon Station B, San Francisco.

\*\*\*\*\*  
\* WORDS OF GOLD. \*  
\*\*\*\*\*

"NOW was good enough before but it is better now," writes one subscriber.

Dr. B., of Boston, writes: "Psychometry has been of great value to me in my business."

"No man or woman has ever been able to clear away so many objections to the New Thought as you have," writes N. R. S., of Mich.

"I am very happy that the success you so richly deserve has come to you; your prosperity will only encourage us to keep on with the good work," is the short note of a friend and student in San Jose.

"I have read 'How to Control Fate—' many times. It is all meat. I find much in it that I have never found in any other New Thought literature. It is a marvel in comprehensiveness, brevity, and completeness."—J. A. F., New Hampshire.

"I wish to thank you and say that you read me correctly. Truly now life is worth living since I have learned myself. I have come into tune with the Infinite. I realize how I can be a friend to many a weary heart and help them to an understanding of life. You helped more than I can tell in the class here, and now the reading gives me courage. We enjoy NOW and eagerly look for its coming." So writes Mrs. W. F., of Arkansas City, Kan.

Lucius Goss, of Fair Haven, Mo., writes an interesting letter narrating some lifting experiments and opinions, but they add nothing new to those already narrated in NOW and 'Man's Greatest Discovery,' except that he quotes the opinion of Dr. Corson in an article on Suggestive Therapeutics to the effect that the thought or will force of the bystanders is thought to be of help, and that the rigidity of the subject's muscles is also a help. I, however, am of the opinion that it is of no consequence what the thought of the bystanders is. It is the person, or persons, who lift, that furnish the Thought-power. The ordinary condition of body is not changed in my experiments. Let us have something original in reports. If not thought directing Life, what is it?

W. M. N., of Conn., writes: "For the past few days it seems that telepathic messages have

been going with lightning rapidity between us. It was just one month ago tonight that you were going to send me a special message. I was asleep when it came into my mind. The exact words were not clear but I sensed your soul. So near were you that it seemed unnecessary to use spoken word. We were one. \* \* \* I must shake, a good firm grasp, with you and the two associated with you for the first number of the new NOW. It is a California 'peach.' It is as refreshing as spring in its pure dress. Its vibrations set the soul going to the melody of the birds. \* \* \* I add just this for you:—  
Sit not, dear heart, with lowered head and folded hand  
Thou, erect with flashing eyes, shouldst stand!  
Vaster than the universe's thy power!  
Arise and wield it from this hour.  
All Good is ours and so good night."

A few of the good things said of NOW'S new dress:—

Henry Harrison Brown's NOW has blossomed like a rose.—*Nautilus*.

Henry Harrison Brown is to be congratulated on the fine appearance of his paper, and the evidence of prosperity that this affords.—*Freedom*.

NOW comes out with the April number as a beautiful monthly magazine. It is dressed in white.—*Christian*.

"Man's Greatest Discovery is thus characterized in quite a lengthy review in the *Philosophical Journal* of San Francisco: "It is a pamphlet of 70 pages and contains matter of vital importance to every thoughtful person. The magnetic and motive powers of the human system are but very slightly understood at the present time and Mr. Brown has done a real service to humanity in pointing out in this book some of the methods of developing these powers and their uses. The reader will no doubt catch the inspiration and enthusiasm of the writer while perusing its contents and in contemplating the immense possibilities that are presented therein.

"Not Hypnotism, but Suggestion," by Henry Harrison Brown, goes still deeper into the thought of the author's first book, giving methods by which qualities and conditions can be established within the individual. He defines Suggestion, how it affects the mind, and how it may be utilized by the will of the individual. This pamphlet would be very useful to the esoteric student.—*Occult and Biological Journal*.

LET CONSCIENCE BE YOUR INVARIABLE GUIDE.—Andrew Jackson.

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\* BOOK REVIEWS. \*  
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[Books received will be noticed under this heading.  
Those we have space for will be truthfully noticed.]

"The Occult and Biological Journal," Esoteric Pub. Co., Applegate, Cal. \$1.50 per year. This magazine has just been added to our exchange list. It has its own particular field, and will stimulate thought in any reader. To understand it, requires time. It is particularly devoted to H. E. Butler's system of Solar Biology which some of my friends recommend very highly.

"Mind" for May contains a photograph and biographical sketch of Charles D. Filmore, the well known editor of "Unity." The biography is the most interesting and valuable to New Thought history of the series thus far. Dr. Felix Oswald has an excellent article on Our Animal Characteristics.

The "Philistine" for May opens with a long and most intensely interesting and soul stirring article upon "White Slavery in the South." May NOW has a brief notice and decree upon this matter, but bless Elbert Hubbard; his hand is here as in so many good works and that to bless. Read this article and see if we have much real civilization to carry with bayonets to the Phillipino. If there is one thought that capital needs today more than it was needed in anti-bellum days, it is the Divinity of Human nature and Universal Brotherhood. Wage-slavery of women and children is the point in our national life upon which all who Demonstrate the power of Thought are asked by NOW to concentrate. Children are free. Woman is free! Wage slavery is no more! Affirm! Affirm! till the waves of concentrated thought carry that relic, not of barbarism but of civilization, into that oblivion where negro slavery has gone. God in man will not longer submit to the slaughter of innocents by a worse than Herod.

"The Law of Suggestion, including hypnosis, what it is and how to induce it; the Law of Nature, Mind, Heredity, etc.," by Santanelli, Lansing, Mich. Santanelli Pub. Co. \$1.10. This is the title of a work of 248 pages by a noted operator. It is well printed on good paper and nicely bound. On the title page the author asks the question, "Is man a free agent?" and his object in writing the book evidently is to prove that he is not. This vitiates an otherwise most valuable addition to the literature on the subject of Suggestion, for as an operator, observer, and reporter of facts, he is excellent. Much of his philosophy is unobjectionable. He generalizes from too little data and draws false conclusions from much of the phenomena he reports. Aside from the materialistic and pessimistic tendency, the book is to be recommended as a reliable record of phenomena and as an evidence of the power to benefit along any lines of Suggestion.

Fred Burry's Journal, Toronto, Can. \$1.00. NOW has long wished to say its word of appreciation for this staunch little magazine. It has a value beyond many far more pretentious. Its editor and proprietor knows Truth clearly, has a way of saying it that is forceable, and fearless. It has not a particle of the catering spirit and is not in any degree sectarian.

"Unity" for April has two excellent articles by Leo Virgo. He is the only person writing from the Bible standpoint that we care to read. Unity impresses one with power and when not read we like to have it on our table for its vibrations are those of "Be still and know that I am Power. Here is a thought from Leo's editorial:

"If it were possible for one to reveal Truth to another, we should have heaven cornered up by cunning manipulators of Mind. Let us be thankful that God is no respecter of persons; that Truth cannot be revealed by one mortal to another. God is a special personal Father to every one of His children, and from no other source can they get Truth."



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