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# NOW.

A Journal of Affirmation.

VOL. III. NO. 11.  
MONTHLY.

FEBRUARY, 1903.

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Nerve us with incessant affirmatives.  
Don't bark against the bad, but chant  
the beauties of the good.—EMERSON.

Time past and time to be are one,  
And both are NOW.

—WHITTIER.

'T was only striking from the calendar  
Dead yesterdays and unborn tomorrows.  
—OMAR KHAYYAN.

HENRY HARRISON BROWN, EDITOR.



For each day the world is born anew Rightly? That's nobly! 'tis to know  
For him who takes it rightly; That God may still be met with;  
Not fresher that which Adam knew, Nor groweth old, nor doth bestow  
Not sweeter that whose moonlit dew These senses fine, this brain aglow,  
Entranced Arcadia nightly. To grovel and forget with.

—LOWELL—

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DEEP WISHES IN THE HEART THAT BE,  
ARE BLOSSOMS OF NECESSITY.—D. A. Wasson.

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N O W.

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 stant inspiration. He painted "Mount of the Holy Cross," "Mt. Shasta,"  
 the Cyclorama of the Battle of Gettysburg, and others of more than nation-  
 al reputation.—[*Editor of NOW*].

NOW IS THE ONLY BIRD THAT LAYS EGGS O' GOLD.—Lowell.

# N O W .

## A JOURNAL OF AFFIRMATION.

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### POEM.

#### THE ANSWER.

"Where is this Soul?" he asked of me.  
"Where is the Soul, the which I am?  
Then bird and ox must all be Soul!  
Ha! ha! and so must be the clam.  
It makes me tired this prate of God;  
And still more tired this prate of Soul.  
When once this I is 'neath the sod,  
You there have put of me the whole."

So said my friend one summer day.  
What could I say, when he affirmed  
That life of man was bound to clay,  
And all was farce for which men yearned.  
I looked at him, when sped a thought;  
Its meaning caused us both to pale.  
He falteringly the message caught:—  
"Something has harmed my little Dale."

We left the lad secure at morn.  
At sunset felt the danger near.  
In Silence, I this love-call heard:—  
"Father, come home! I want you here!"  
We homeward went. The boy still lived.  
By fall from saddle nearly killed,  
The time we heard him "Father!" call.  
Homeward we went because he willed.

"Where is the Soul?" I answered him;  
"Twas with us and is with us still.  
The grave can never hold a thought,  
Can never prison human will!  
Answered are you by Love's strong call,  
For Love and Thought are Soul's extent.  
All Life is Soul. 'Tis All-in All!  
What you needed, Soul has sent."

—HENRY HARRISON BROWN.

#### REALIZATION.

O, man look deep within thy soul,  
Find all there is or e'er can be—  
Thou art thyself eternity,  
Of universe not part but whole!  
Look not without thy power to find;  
But, from the quiet of thy soul,  
Hear footsteps of the ages roll,  
And bring all wisdom to thy mind.

—SAM EXTON FOULDS.

#### A MAJORITY IN ONE.

He always wins who sides with God.—*Hymn.*  
Instinctively and necessarily, man has always lived Truth. There was nothing else for him to live. It has been, however, to him as a conscious man a question of more or less Truth. Men have necessarily agreed in life and have also necessarily disagreed when it came to the manifestation of their individuality, i. e., the intellectual expression of Truth. Men all feel Truth and try to tell it. Creeds must differ; lives must be one. Theologies must differ; religion must be one. The Golden Rule is universal. Place a lot of children together and give them no means of communicating with older people, they would soon *live* the Golden Rule. They would learn not to strike because they would then not be struck in return. Later they would live the positive side of it and do that which they wish returned. But ask any one of them later in life to define the details of the operation of that Rule, to tell how it should be obeyed and no two would agree. Agreement in Principle, diversity of application, is the Law of Individuality plus the Law of Life. Recognizing this fact, the wise man has always fallen back upon Principle and in it has found Power. Success lies not in method but in the Power behind the method. Marconi has one method of wireless telegraphy. The Power is in the invisible vibrations that carry the message. Others will come with other methods and improve the service. Still others will come, for the principle can never be exhausted in its possibility. There are as many methods as there are minds capable of devising them.

I AM CAPTAIN OF MY SOUL.—W. E. Henly.

So is it with the primal manifestation of Life, Feeling. It is the Principle with which all the intellectual methods of expression deal. All men feel alike. Love is love, dislike is dislike, joy is joy, sorrow is sorrow, envy is envy, and revenge is revenge, whether it be manifest by an Indian, a Negro, a European or an American. Behind each is God, Life, Principle. But it takes an individual expression in each. Upon which shall we rely? The sectarian in religion, politics or philosophy will claim his way is *the* way. "Side with me and you will win." There are millions of claims, warring claims, but they are not concerning Principle. Each has its method. Method is the only ground of dissension. Men side with men and then war. Men accept men's words and defend them.

This condition is creeping into ranks that claim to be New Thought, but the New Thought cannot deal with methods. It deals not with men. It deals alone with Truth. "It sides with God" who is All-in-All.

This siding with God is the ancient formula for expressing what we call "perfect faith in Truth," "Trust in Principle," "Resting upon the Inner Self," "Belief in natural law," and dozens of other expressions for this non-definable condition which results from a Realization of Unity.

Truth is all; more or less Truth. From One, all comes. In One, all live. The One is not method. It is not laws. It is Power. It is Law. Man uses Power, originates and decides upon methods.

Any person or journal claiming to represent New Thought and giving methods telling "how," giving rules or formulas or even recognizing any limitations, has, in NOW'S opinion, departed from the New Thought, has dropped into the old sectarian habit, and Moses must laugh to see his old "Thou shalt" and "Thou shalt not" softened with a method and rule and used as a shibboleth in the new era by those who think they are prophets of

Truth.

Truth never speaks through dead methods or systems. Institutionalism lives on the impetus of departed Truth. Sectarianism is a perception of Truth fenced in with a "Keep off the grass" sign. The New Thought is an open, unfenced prairie where no old ruins are found. God and the Soul alone are there. There alone is liberty.

When, therefore, NOW sees astrology, palmistry, health-culture, dieting, fasting, breathing, or any of the present fads put forth as New Thought, it recognizes the old serpent of Method taking the place of Principle. We then say as did the little boy to Satan, "Go way back and sit down." "Let the dead past bury its dead." Give God a chance for a fresh inspiration in you. Speak in your new manner your perception, and leave the field open for your neighbor. No compromise with error. Truth alone is Power. Trust it. "Side with God" and let Him do the work through your Thought, as you give it the stamp of your individuality. This siding will always win. No other does.

#### RANCH PHILOSOPHY.

##### CHARITY.

There's many a feller er goin' down hill,  
Fer want of a helpin' hand.  
A hand on th' shoulder his heart 'll thrill,  
One touch uv a helpin' hand.  
An' mebbe a tear 'll roll down his cheek,  
An' mebbe a different way he'll seek,  
Fer this wuz th' way uv Jesus th' meek,  
Ter lend a helpin' hand.

You and all at the top o' th' hill,  
With ice cold blood in your hearts,  
Who dole out alms with hope to still  
Its wondrous fits and starts—  
Instead uv spendin' silver an' gold,  
A brotherly thought toward him hold.  
Fer he's a sheep uv your own fold,  
Thet needs a helpin' hand!

A givin' o' dollars an' nickles an dimes,  
Don't lend a helpin' hand;  
A buildin' o' churches an' libraries fine,  
Don't make his soul expand.  
A kindly thought may fire his soul,  
To upward climb an' onward roll,  
Unto a bright an' shinin' goal,  
So stoop an' lend a hand!

—SAM EXTON FOULDS

**AFFIRMATIONS.**

[An affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.]

**PATIENCE.**

The trial of your faith worketh patience.—James. The ONE POWER that is All in All is Good and brings to me all needed experiences.

Each day I have the lessons I need for that day's unfoldment.

All power and all wisdom is within me. These experiences bring them into manifestation.

Without these daily experiences, I would always be a child.

Because these varied experiences bring me unfoldment, I welcome them.

In Faith I welcome all that come, because I know the All-Good in me calls for it.

In Faith I wait the blossoming of latent possibilities, knowing that what any man has been in manifestation, I can be.

I build my Ideal from the lives of other men. What is good, true and beautiful in them, I am. I let that which I am manifest in its own good time.

In this Faith I patiently wait the coming of the experiences that show me that which I am.

I see in all nature the patience of the Indwelling God. I know that Indwelling Goodness is within me. It will, at the right time, bring into manifestation that Ideal, I am.

As ocean awaits the changing moon and winds, I wait the conditions that call me into expression.

As field awaits shower, and cloud awaits breeze, I await the currents of the Soul that water the fields of daily life and bring forth the fruits of the Spirit.

As tree awaits springtime, and grain field awaits harvest, I wait the coming of the emotions that manifest to myself that of which I am possible.

As brook in winter awaits the sun that shall loosen its crystal fetters and free its springs, I wait the coming of some external condition that shall free me from the limitations of ignorance and inexperience and open to me the treasures of Soul.

As violet and anemone await the spring that they may bloom and beautify the fields, I wait in patience that irrigation of Truth that shall bring the Soul into blossom.

As gardener in wise patience waits the opening of the bud, I wait, never attempting to pick open the bud lest I spoil the blossom.

Faith has wrought patience in me. Morn and eve, noonday and midnight, I enter into the sense of Being with patience that worketh in me joy, peace, gentleness, goodness, faith and self-control. Beyond these there is nothing for me, save to manifest the Power I am, directed by this ideal into fullest expression of Life.

**GOD.**

The strength of All-in-All is God,  
And your own strength is your own God.  
You did not make the strength you own;  
It is not strength to you alone,  
For you are but a part of All;  
You only can your strength extol.  
Beyond your strength you cannot go;  
Beyond your strength you cannot know;  
Yet as you grow in strength you see  
That something more than you must be.  
That "something more" becomes your "rod,"  
That "something more," you know is God.

—Charles Henry Weber, in *Mind* for January.

The kingdom of God on earth is now the quest of religion. The kingdom of God in life is coming to the test in the church. The kingdom of God now is the demand of the citizen as well as the saint. For this the true devotee must vote as well as pray. Let no one insult Infinite Justice with a petition that is not also a consecration; with a prayer that is not backed with a ballot, whenever a ballot is possible; with deed, which is more mighty than a ballot whether a ballot be possible or not.—Rev. Jenkin Lloyd Jones. (Unitarian.)

SOME OF US CALL IT LONGING, OTHERS CALL IT GOD.—W. H. Carruth.

GREAT ARE THE SYMBOLS OF BEING,  
BUT THAT WHICH IS SYMBOLED IS GREATER.—Richard Realf.

N O W .

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\* SOUL CULTURE LESSON. \*  
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I AM SUCCESS.

*How I Won It through Affirmation.*

*A Series of Lessons in Soul Culture.*

No. 11.

OPULENCE—THE DOLLAR SIDE.

Thou hoard'st in vain what Love should spend.  
—Whittier.

That man is poor who thinks himself poor.  
—Emerson.

No good thing will He withhold from him that walketh uprightly.—Psalms.

You conquer fate by thought. If you think the fatal thought of men and institutions, you need never pull the trigger. The consequences of thinking inevitably follow.—Carlyle.

Success is not to be measured by pecuniary conditions and yet there is not success where there is poverty. Success lies in the realization of high ideals. Supply in material ways is a necessity. The individual must be free. Personal liberty finds its basis in pecuniary independence. They go hand in hand. We are told that "The debtor is ever a shame-faced dog with his creditor's name on his collar." Into your ideal of success, there must enter this thought of material independence.

This independence does not lie in freedom from debt, neither does it lie in large bank accounts nor the possession of property. Monetary success and personal liberty do not go hand in hand. Indeed the average man of wealth is the veriest slave, enslaved to the necessities that his monetary possessions involve, and a worse slave to his fears.

Success lies in the mental attitude that arises from that sense of personal power which meets every condition without anxiety. "Sufficient unto the day is the evil thereof," is his thought while he enjoys present good. That cannot be called success which results in ill health and unhappiness, unrest or fear. Eliminate these from your ideal and you have, as a neces-

sary concomitant of success, financial ease.

In the old competitive thought, men sought business and wanted the dollar. Under the New Thought it is, "Seek first the kingdom of Good and its right living and all things necessary to my happiness will be added to me." The Soul has only to manifest its drawing power. When the conscious mind lets itself be led or drawn, it will be drawn to what it desires. Desire is the magnet. Let it have its way. Trust in your own Love of Truth and Love of Goodness and never question. That you desire it, is enough. That you desire it, is evidence that it already exists for you on the Soul-side. Be passive to the desire and LET it manifest. This attitude is itself Success and leads to this attitude toward things.

Affirm: THINGS BELONG TO ME. I AM ALREADY POSSESSOR. THEY WILL COME TO ME AT NEED. Then LET them come. Do not stop to look for them. This implies a doubt. They are either yours or they are not. If they are, LET them come. If they are not, do not waste time trying for them. Having accepted Truth that *all is yours* and that *all desired conditions or things will manifest*, never think more of them. LET them come. All looking evidences that you have not claimed them as realities, but held them as dreams or possibilities. Until you hold them as realities, they cannot come, unless you give up Thought-drawing and go back to the old competitive struggle, then they may come. Change your attitude toward business. Do not seek it. SEE IT ALREADY YOURS and LET it come. Attend yourself to details as they come to the surface, and consider business a Principle that will run, as runs a mountain stream when you remove your conscious will from it. All your concern is to be ready to use the water as it comes to your ditch.

Business is a manifestation of the One Power. Use the Power as the telegrapher uses, LET it come and you

A FACT IS THE DIRECT SPEECH OF THE FATHER.—Theodore Parker.

direct it. The wisdom for the day comes with the day. LET it come by faith in Self. Work each moment as if it *were* here and it IS here.

In regard to money, regard it also as merely the power that keeps business going. Welcome its coming and rejoice at its going. It never does its work until, like water in the stream, it has passed under the wheel.

YOU alone are the Power. Money has only delegated Power. You direct its expression.

Change your attitude toward money. It is not "the almighty dollar." Almighty Power uses the dollar. Say to the dollar, "I do not need you. You need me. You are of no use until my brain and hand use you. You wish to be used. You come to me that you may be used. I do not need a dollar. Dollars need me." Assume this mental attitude and see what a change it makes for you. When you have changed the vibrations in your aura, dollars will be drawn and you need not think of their coming. Only think of using them.

Change your attitude toward the dollars you have. Tell them they are of no use until they are expended. As you see them lying about, say to them, "Idle dollars, go to work. Get out and circulate about. Each one of you go and pay a million in wages and debts. When I need you, come back again. You are useless and have no value until you go to work." Then LET them go to work, knowing that, *when you send this thought with them*, they or their fellows will come to you to be set at work.

Before you spend a dollar, the question comes, "Is it right?" Whether you have a single dollar, or behind the one you think of spending are a million, makes no difference. If it is right to spend the dollar in the proposed way had you the million, it is right when it is the lone one. Therefore, when you feel it is right to spend a dollar for any purpose, spend it as royally as if you were a millionaire. From the Inner Life this message was given

to me years ago: "Let a thought of use stand guard over your purse and then spend freely." Amend this by saying, "A thought of the righteousness of the spending stands guard over my dollars and I let them go with blessing." These dollars, like every thought of good you send out, will return to bless, for you only do business with thoughts; dollars are only materialized thoughts. Each dollar in each man's hand represents his thought in material form. Send out at all times the thoughts you wish to return to you. For what you sow you reap. Put the thought of Success, Happiness and Health into every dollar that passes out and they will return so laden.

J. Leonard Corning, one time called, "The second Beecher" and now an M. D. writes an article for *Health Culture*, entitled, "To a Dyspeptic Minister," from which is clipped this bit of Mental Science.

A prolific source of nervous strain and vital expenditure, of which you and I know something, is the abrasion of intellectual individuality with conventionalism and a false environment. We began our professional life the most loyal of conformists, with an utter absence of mental unrest as regards the supreme authority of ecclesiastical tradition. But, by and by, we began to chafe in the harness by reason of inward misgivings concerning the liberalities of faith which the fathers implicitly believed. Many a night of broken slumber was passed in the distressing consciousness of outward profession more or less at odds with inward conviction. Who can tell how many dyspeptics in the preaching class have been made in the mental struggles between personal sincerity on the one hand and conventionalism on the other, with intruding solitudes concerning bread and shelter for wife and children peopling the air like the visions of a nightmare?

In its essence, disease is only a modification of a natural process and a cure must be accomplished by a similar process. We can give a turn and assist natural process to determine a cure, but it is only by knowing Nature's own method of effecting recovery that we can find a rational basis for our endeavors.—*Lancet*, London. (Greatest Medical journal in the world.)

HE'S SIMPLY GLAD BECAUSE HE LIVES,  
AND GLAD THE WORLD IS FAIR.—Bayard Taylor.

8

N O W.

NOTHING BUT GOOD.

Nothing but good in this universe!  
God everywhere true to his own.  
His love and wisdom; His mercy and goodness  
Speaking forever in Humanity's tone.

Ye who have ears, list to its music!  
Train then your voices to its sweet accord.  
With the One Voice blending forever,  
Be in flesh the manifest Word.

Thus unto you the Kingdom of heaven,  
Here and now will beautifully come.  
And the Peace of the Highest also be given,  
For Love is supreme, in heart and in home.

Ye are His messengers, brave men and women!  
Testifying valliantly to men, "All is Good!"  
Bibles are ye, through which the great story  
Of Divine Love and Truth is now understood.

He holds you true to the mission He's given,  
In you today the Word is made Life;  
Now is the time, and Love is the leaven,  
Bringing for aye Peace from the strife.

—FLORENCE SHAW KELLOGG, for NOW.

FAMILIAR PHENOMENA.

Sir William Crooks, in his presidential address before the British Association for the Advancement of Science, said:

It would be well to begin with *telepathy*, with the fundamental law, as I believe it to be, that thoughts and images may be transferred from one mind to another without the agency of the recognized organs of sense, that knowledge may enter the human mind without being communicated in any hitherto known or recognized ways.

These two instances of *Telepathy* are only examples of common, but unnoticed phenomena.

As I was passing down town late one afternoon in June, I stopped before a flower man and took out my dime to buy a bunch of violets. As I did so, the old repugnance to buying flowers for myself came up and I said, "No, some one will send me a bunch," and passed on and forgot it. The next day, while I was out at noon, a boy left, at a lady's request, a bunch of violets for me. When class met at 2 p. m., while I was showing them as a proof of telepathy, I remarked: "But I do not know from whom they came." I immediately turned to Mrs. C. and said, "You sent them." She replied that she did, saying, "I was passing by the flower window, when I seemed

to hear the words as I looked at the violets, 'Buy these for Mr. Brown.' " A gentleman called a week ago and told me this:—His wife went to Santa Rosa, taking money enough to meet all necessary expenses. As he went home that eve, he was so impressed that she needed money that he mailed her some. He received a letter from his wife the next day, telling him that she lost her purse and arrived with no money and asking for some. Their letters were written at the same hour. Recently I felt impressed to write a letter to a friend to whom I had not written for a long time. The answer came back, saying, "You told me what I wished to know. I had been wishing for a week to hear from you on the subject." Wireless messages we each are sending all the time. Some of us are already conscious of it. Sometime all will be.

EMERSON.

The name of Ralph Waldo Emerson stands before all others as the exponent of a new philosophy of health and happiness. Although not in the strict sense of the word a philosopher, "the Sage of Concord" is undoubtedly the largest creditor on the philosophic side of the New Metaphysical (New Thought) Movement. He has undoubtedly expressed, in his brilliant, epigrammatic essays and poems, the entire philosophy of Mental Science. If one wishes for the doctrine and platform of the supporters of this new movement, let him read the essays of Emerson. There will be found their whole confession of faith. Emerson stands, in relation to this movement, as a sort of patron saint and is tacitly acknowledged by its leaders to have been the originator and unconscious founder of the whole modern optimistic movement toward practical Idealism.—*Kenneth Ripley Forbs, in January Mind.*

Never tell a child who shows any unfortunate trait that it has "inherited" that propensity. Say, "You are not meant to do those things—you have a noble—a divine—inheritance from the Source of All Good. Cultivate it. Be yourself." Tell yourself—you who have grown up in the belief of some unfortunate inherited trait—the same great truth.—*Ella Wheeler Wilcox.*

TO-DAY OF ALL DAYS IS THE DAY TO BE ADMIRER.—Thoreau.

\*\*\*\*\*  
\* MISCELLANEOUS. \*  
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THE PILOT STAR.

The full moon like a globe of light,  
Sails up the purple dome afar;  
The only orb upon the night,  
Saving a single pilot star.

Sail on serene, oh, maiden moon!  
Thou shall not miss thy destiny;  
For safely through night's middle-noon,  
That lovely star shall pilot thee.

Oh, when my Soul sets forth upon  
That strange new trail that leads afar,  
Faith goes before me, beckoning on,  
And guides me as my pilot star.

—Susie M. Best, for NOW.

IMPORTANT TESTIMONY FROM  
A PHYSICIAN CONCERNING  
SUGGESTION.

Thomas L. Maddin, M. D., Professor of General Pathology and Nervous Diseases, Medical Department of University of Nashville, Tenn., has an article in the Tennessee Medical Journal upon "Psycho-Therapeutics," from which is taken the following valuable testimony. It is often claimed that Suggestion, or mental treatment, could not cure a disease where there was organic trouble. This is proved false every day in the practice of the mental healers. This testimony from a prominent physician leaves no doubt as to the fact of such disease having been present. If any diagnosis is to be accepted, that of Dr. Maddin's must be. I condense his report.

A lady called at his office introducing herself as wife of Dr. A. of an adjoining county. Two lady friends accompanied her. "We come," she said, "to consult you about a disease in my face, not to have you treat me, Dr., but to get you to name the disease, for there is an old 'Faith doctor' who has made some wonderful cures. His only condition is that I give him the correct name of the disease. He lives about five miles from my home. I have consulted all the doctors in our county, but the old faith doctor is not

satisfied. I have heard that you were good at naming disease. My husband, being a doctor, is out of patience with me and says that you will tell me that I have come on a fool's errand." "I assured her," says the doctor, "that Faith doctors often seem to accomplish wonderful results." Removing the dressing, he immediately exclaimed emphatically, "Madam, your disease is 'Lupus Exedens.'" (This is a fictitious disease.—Ed. of NOW.) She was startled and asked, "What did you say?" He repeated more emphatically, "Lupus Exedens." For fear that she would forget it, he wrote, at her request, a certificate to the effect that she was, in his opinion, suffering from "Lupus Exedens." After some pleasant conversation, the ladies left.

Dr. M. did not hear from the matter again for six years. Being called into the country to a patient, a lady met him at the door with a cordial greeting and asked if he remembered her. He did not. She then told of the visit to his office six years before and said, "I am that lady. Do you see any disease now?" Her face was free from any signs of it.

At his request, she gave this account of the cure. "I went early on the morning after the visit to you to see the old Faith doctor. He met me at the gate. I handed him your letter, telling him that I had the name all right this time. He walked off about fifteen steps with his back to me and looked at it for ten minutes, folded it and put it into his pocket. Returning, he said to me, 'This is all right and your face will be well in three weeks.' It began to heal at once and was well in two weeks."

Now mark this point: *the doctor had diagnosed the disease for himself as "epithelial cancer."*

Dr. M. continues, "I could multiply clinical records of cases of similar import and it is the experience of all doctors that patients do best when they have confidence and faith in them. Expectant attention is the psycho-thera-

peutic dynamics which nature makes available to cure disease. We are told in the Bible that Faith can move mountains, mountains of difficulty from the mind, sorrow from the heart, disease from the body. When such inspiration gets possession of the brain, all the nerve centers being chained to commisural and connecting links until they are a unit in their functions, their working capacity is aroused to a high plain of activity, every organ improved in its function, a better state of vitality is awakened. If this can endure, Faith does endure, nature in the man becomes strong." All healing is from Nature. Nature and Mind are synonymous. Mind uses Thought. Thought is awakened by Suggestion. In the study of Soul Culture and the use of Suggestion, we are only learning how Nature teaches and heals. Many thanks to Dr. M. for his frank and manly stand. His patients are to be congratulated.

#### MIND BUILDS BODY.

Dr. V. P. English, writing in "Health Culture" upon "The Temperaments and their Relation to Disease," says: "I believe that the appropriation and distribution in the body of force and other products obtained from food, air and water and their utilization by the body as vital force, building material, etc., are regulated by the mind, by the thoughts, feelings, desires, sentiments, emotions, appetites and passions. I feel certain that it is possible and practical to diagnose most cases that have resulted from unbalanced or inharmonious activities of the mind, to thus determine what must be the change in the action of the mind that will build up weak parts and effect enough of the balancing of the body to cure the disease. Many fail in physical culture no matter what methods they pursue because they fail to acquire the proper mental states. Others exert the mental influence that will direct the forces to the upbuilding of muscular power, even if they use no particular method. The

muscles may be contracted by will power alone. No appliance is required. Some of the best athletes now known have acquired a large part of their superior powers by the psychic or mental method of sending the vital powers to the parts they desire to develop." (This is valuable testimony to the fact that man may, through thought alone, shape his body to his desire.—Ed. of NOW.)

*Naturopath and Herald of Health*, (formerly the *Kneipp Water Cure Monthly*) is a very progressive journal. I welcome it as one of the necessary adjuncts to Soul-Culture, as it is an intermediate preparing its students for the still broader field of Thought-cure. The December number has a fine editorial by Prof. E. E. Purinton in reply to *Human Nature* of this city in its claim that NOW and its philosophy was not Mental Science and that Phrenology was. I quote a few detached paragraphs.

Replying to the assertion that there is nothing new in the New Thought, Prof. Purinton says:—

I grant there is nothing new in their remarks, but there is a lot of "new" in their remarking. The New Thought has combined, practicalized, and popularized Psychometry and Psychology to a degree never before conceived. If our colleges taught the meaning of mind and the function of brain, possibly New Thought would not have found so clear a field. But they don't. They won't. They can't. Some of us in our callow days once plowed through sundry, scientific dust-heaps aggregated by Messrs. James, Ladd, McCosh, Dewey, and such like Psychologists. These gentlemen knew as much about Mind as an incipient interne does about body—its dead dissection of matter rather than an understanding of Soul-alchemy.

*The People*, A journal of inquiry, protest, and an exponent of the people. Nashville, Tenn. Vol. 1. \$1.00 per year. This journal we are glad to welcome to the work of reform through right thinking. From the few copies received, we can predict much influence for good from it. Glad are we to see it in that portion of our land. May it find good support. We are indebted to it for the address of Dr. Maddin, from which we have quoted.

**DANGERS OF MORPHINE.**

It is of no use to blink at the fact that the great majority of morphine users were started on the road to perdition by physicians. There are hundreds and thousands of unsuspecting morphine fiends. Many of them strive with might and main to hide it. Many a promising young man or woman is ruined by it; home, happiness wrecked by it. The use of morphine is full of dangers.

We copy this from the medical journal which claims the largest circulation in the world, *The Medical Brief*. We do so that it may stand in comparison with Mental treatment. The one is legal. The other is fast being made subject to the cry of "dangerous" by those who use "that most dangerous" of drugs. So dangerous is this drug that this same journal advises the doctor to rarely use it and never to tell the patient he is using it. Sometime, and the only time is *NOW*, this drug, creator of disease and insanity, will be disused and safe method of Suggestion will take its place.

**MORAL POWER STRONGEST.**

We believe that the trend of the modern spirit is ever stronger toward peace, not war; toward friendship, not hostility, as the normal, international attitude. We are glad, indeed, that we are on good terms with all the other peoples of mankind, and no effort on our part shall be spared to secure a continuance of these relations. And remember, gentlemen, that we shall be a potent factor for peace largely in proportion to the way in which we make it evident that our attitude is due, not to weakness, but to inability to defend our United States, not to a genuine repugnance to wrong-doing, a genuine desire for self-respecting friendship with our neighbors. The voice of the weakling or the craven counts for nothing when he clamors for peace; but the voice of the just man armed is potent.—*President Roosevelt's Message.*

**LEARN TELEPATHY.**

Its wonderful power of conveying thought without the use of physical senses should be learned by every awakening soul. How are you going to talk with your friends when you *pass on* if you do not learn to convey thought without the vocal organs? And how are you

going to *hear* what they want to say to you, if you cannot *know* thought? Better learn how on this side or you may be at a disadvantage on the other. And even while here, how are you going to get the messages his ministering angels are wanting to give us *now* if we do not know by telepathy what they are saying? Awake ye, that sleep!—*Christ's Way.*

**GOOD ADVICE.**

*Naturopath* for Dec., in answering a correspondent as to means of cure, gives this good advice:—"Learn to affirm to yourself the Power and Purity and Perfectness that must materialize, if your desire is long enough and strong enough. Ask Henry Harrison Brown, editor of *NOW*, 1437 Market St., San Francisco, to teach you the use of Affirmation. Then practice, summoning with faith the regenerating inflow of Infinite Energy."

If you wish to get rid of your tumor, get on the right side of life and go living for health instead of disease, and your tumor can be unravelled as fast by a right life as it can be spun by a wrong one. The building of tumors is spinning or building morbid tissue by perverted nutrition, and, unless God is a lie and Nature a fool, these wrong steps can be retraced to health. If nature builds tumors, she can tear them down.—*Dr. J. H. Tilden*, replying to a correspondent in *A Stuffed Club*.

**CLUBBING LIST.**

*NOW* will club with any of these journals. Deduct 25 per cent from the price of the two. For instance: where the combined price is \$2, they will be sent for \$1.50 from this office.

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THE SILENCE, AWFUL LIVING WORD.  
BEHIND ALL SOUND, BEHIND ALL THOUGHT.—W. C. Gannett.

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N O W.

OFFICE OF NOW,  
1437 Market street, San Francisco, California.

FEBRUARY, 1903.

**NOW,**

HENRY HARRISON BROWN,  
EDITOR.

A monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.  
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manifest as spirit here and now.

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N. B. Something to do *now* for NOW.  
Is there a blue hand stamped oppo-  
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your name on our books. Attend to  
it *now*.

NEW YEAR'S EVE.

It was decided that we should have a  
Soul Culture watch-meeting. Till  
11:30, the time was passed in games,  
conversation or in napping. We then  
gathered in the parlors. There after  
our song, I made a short talk, then  
we listened to the Silence till it told  
us its message of the New Year. When  
the time for congratulations came,  
one of the boys of the home came to  
me and with graceful and affection-  
ate words placed on my finger a ring.  
It is an Australian opal of rare beauty  
in setting of rich, ancient Chinese art,  
the gift of many friends in California

and Kansas who thus united their  
holiday remembrances in one. That  
one is now not only a constant com-  
panion but also a constant inspira-  
tion. By its vibrations I am in con-  
stant touch with my many friends  
and they with me. "NOW" thoughts  
on viewless wings find that wing a  
more than Marconi reflector in the  
fields of Love and Truth. *Now* is the  
time to tell your friends that you love  
them. *Now* is the time to do your  
work for Truth. *Now* is the time to  
think noble thoughts. *Now* is the  
time to give your gifts. "Tell your  
friends *now* that you love them." This  
is the New Year's message as it was  
told me in silence and by the lips of  
one I love as he brought me this gift.  
"Now is the time to love, to be loved,  
and to express love in thought, word  
and deed." Now is Heaven. I have  
some of the gold of its streets on my  
finger. It is of more use than ever it  
was in the dreams of seer and poet of  
the heaven to be.

IF.

It is announced in the press that Dr.  
Hippolyte Baradue, Paris, has dis-  
covered a way of photographing "ra-  
diating mentality," and recording the  
human emotions of love, hate, anger,  
jealousy, insanity or any other kind  
of quality that may exist.

If this be true, it is only another link  
in the needed demonstration that  
THOUGHT IS POWER. We have shown  
in "Man's Greatest Discovery" that  
it is power and that it can move ma-  
terial things. Sometime experimenters  
will find a film sensitive enough to  
respond to the vibrations of Thought.  
That thoughts will be photographed  
is doubtful but that Thought can  
change the chemical on the sensitive  
plate is to be expected. That different  
emotions will cause different chemical  
changes is to be expected. NOW pro-  
phesies that if Dr. Hippolyte has not  
done this, some one soon will. Under-  
stand not that thought pictures will  
be photographed, but that Thought  
will work effects upon sensitive films.

HE ALWAYS WINS WHO SIDES WITH GOD.—Old Hymn.

**BETTER AND BETTER.**

Next April, NOW will begin its fourth Volume. It will be better than the previous volumes. We know this because each issue of NOW is a little better than the previous one. Recognizing that each individual is an unfolding Soul, we naturally expect constant improvement in our journal. Beginning with the April number, which is the first issue of the New Volume, a series of lessons (12 in all) will run through the entire volume, entitled, "How to be Happy." They will give valuable suggestions. Powerful editorials will run through this volume on "The Relation of Soul and Body." This series of editorials, written by Mr. Brown, are intended to lift the reader to a lofty understanding of the Soul and Body and their relation to each other. The long experience of the editor along these lines of thought insures good things. These articles will stimulate the individual.

We shall also have as perfect a review of the New Thought movement in different parts of the world as our correspondence can furnish. This will be a valuable feature.

Still another addition will appear in the form of a column devoted to the answering of questions of general interest. They will be in harmony with the teaching of NOW.

We feel sure that our journal will maintain its place among the leading New Thought journals of the world. Vote for NOW by sending in your dollar at once. If you have not the dollar to spare just now, write us a postal card, requesting us to enter your name on our books and stating that you will pay for the paper during the year. Do this now and you will receive NOW.

**A BLUNDER.**

The daily press tells of a medical and surgical blunder of the doctors in Cleveland, Ohio, where an operation was performed upon a man who was supposed to have swallowed his false teeth. The man died and the teeth

were found under the bed where he slept. That mistakes should occur is necessary in medical experimenting. This is recognized by physicians among themselves, but suppose it had been a "Christian Scientist" or a "Mental Healer!" Not only would the system be held up to ridicule and paraded in cartoons and coarse jest, but medical schools would have gone into hysterics of delight and magnified their wisdom, but the healer would have been called before the courts. It will not always be so.

The physician who feels for his patient, believes in the power of right thought and right living, who hesitates to plunge his patients into a labyrinth of drug medication, producing a thousand little derangements while curing one, such a physician with a little good, hard common sense and a few old wives' receipts can do a great deal of good in this world. His coming brings welcome and sunshine. His stay gives peace and security. His leave-taking is a benediction. May his number increase every day.—*Medical Talk.*

"People don't have anny throuble with their digestions fr'm atin'. 'Tis thinkin' dyspepsy; worryin' about the rent is twinty times worse fr a man's stomach thin plum puddin'. What's worse still is worryin' about dygestion. Whin a man gets to doin' that, all th' oats between here and Council Bluffs won't save him.—Mr. Dooley, on "The Modern Breakfast."

**New Thought Meetings in San Francisco.**

SOUL CULTURE INSTITUTE, Odd Fellows' bldg., Market and 7th Streets. Henry Harrison Brown lectures every Sunday at 8 p. m.

UNITY CLUB, Golden Gate Hall, Sutter and Taylor Streets. B. Fay Mills lectures every Sunday at 8 p. m.

"The Inspired Life," Golden Gate Hall, Sutter and Taylor Streets. J. Stitt Wilson lectures every Sunday at 11 a. m.

SOCIETY OF HUMAN ENDEAVOR, Golden Gate Hall, Sutter and Taylor Streets. Dr. O. N. Orlow lectures at 11 a. m. and 8 p. m.

COLLEGE OF DIVINE SCIENCE, 3360 17th Street. Meetings every Sunday at 11 a. m.

HOME OF TRUTH, 1221 Pine Street. Meetings Sunday at 11 a. m.

**ACCEPT THE PLACE THE DIVINE PROVIDENCE HAS FOUND FOR YOU.**

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\* EDITORIAL. \*  
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LOVE'S VIBRATIONS.

[Tenth Article on the Science of Mental Healing.]

We all, through Love, our Life receive,  
And only while we love we live.  
—James Freeman Clarke.

If I were dead and thou hadst spoken,  
Ere thy presence I had known,  
I should know it! I should feel it!  
Something subtle would reveal it.  
—Josephine Pollard.

Round about the intellect sweeps the horizon of  
the emotions from which all the noblest im-  
pulses are derived.—Tyndall's *Fragments of  
Science*.

All goes to show that the Soul in man is not  
an organ, but it animates and exercises all or-  
gans; is not a function, but uses these as hands  
and feet; is not a faculty, but a light; is not the  
intellect or the will, but is the master of the in-  
tellect and the will; is the background of our  
Being in which they lie,—an immensity not pos-  
sessed and that cannot be possessed. \* \* \* We  
know that all spiritual Being is in man. \* \* \*  
There is no bar or wall in the Soul where man,  
the effect, ceases, and God, the cause, begins.  
The walls are taken away. We lie open on one  
side to the deeps of spiritual nature, to the at-  
tributes of God.—Emerson, in "Over-Soul."

Before we think, we feel. Before we  
reason, we love. There is an emotion  
before we can say, "I am."  
Life finds its first and one common ex-  
pression in us as conscious Beings as  
emotion. Man is a love-center and can-  
not be such a center without, like all  
centers, radiating power. Every Hu-  
man Being, by the very virtue of his  
Humanity, must radiate Love. As  
well a sun without rays as a Soul  
without Love. Suns differ in glory;  
Souls differ in power. Whatever may  
be given as cause in one case must be  
given as cause in both, because all  
centers manifest the same principle  
under the same law. Radiations are  
determined by the degree of unfold-  
ment. Planets, when sufficiently un-  
folded, will have light of their own.  
But, as all centers not self-conscious  
must sometime, like smoke and cloud-  
wreaths, be dissipated, so planets and  
suns unfold to their destruction and  
disappear in the Universal Essence.  
Souls being Self-conscious, capable of

transmuting emotion into thought,  
capable of receiving in-motion from  
the Universal and transmitting it as  
an out-motion, capable of knowing  
self and saying, "I am," unfold to  
ever greater brilliancy. Immortal in  
essence like all centers, a Soul, because  
of its Self-consciousness, is immortal  
in its individuality. It will radiate  
Love forever. It will transmute Love  
into Truth forever, will transmute  
emotion into Thought forever.

In Soul-Culture, Man is Soul, but no  
matter what the term used, we all  
mean that *something* within the per-  
sonality we see that makes man, man.  
NOW prefers the terms "Soul" and  
"Spirit" because it believes we should  
develop in our daily life something  
above the merely intellectual percep-  
tions of Truth. Religion is as real as  
philosophy and is of more worth to  
man. Let him FEEL Goodness, Vir-  
tue, Truth, Beauty, even though he  
cannot reason about them. Feeling  
is religion. When he feels these, he  
will live them. Understand this pro-  
position: when man *feels* goodness, he  
will be good; when he *feels* virtuous,  
he will be virtuous; when he *feels* love,  
he will love; when he *feels* health, he  
will be well. There is therefore in its  
last analysis no such thing as mental  
healing. The term is a misnomer.  
Healing is a fact. The term covers  
millions of facts. But to call it "men-  
tal" is to reason from the mere appear-  
ance and to put instrumentality for  
Power. The instrument is Suggestion;  
the power is Spirit. The manifesta-  
tion of Spirit that heals is not Thought,  
but the emotion that Thought awak-  
ens. Love is the Healer.

Till the Love-nature is touched, there  
can be no health. Till the Love-nature  
is awakened, there can be no cure.  
Thought is the directive power. The  
engineer stands with his hand upon  
the throttle and guides the engine; the  
electrician stands at the dynamo and  
directs the current. Neither are the  
power; they direct and control the  
power. With no steam, with no elec-  
tricity, no manifestation though these

men may be the wisest of their crafts. So with healing. Till there is an awakened love-nature, Thought is dumb. With the love-nature active, then Thought can speak the *Word* to body. Love radiations from each to each heal. Love awakened in the Soul heals. What is disease and what is healing? Disease is but spiritual sluggishness. Life flows in too small quantity through the organism. Healing is merely the awakening of the Soul to a knowledge of its power and opening the nervous system to new currents.

Power radiates. No life where there are no love-radiations. The more life, the more love as an effect. "Open the love-nature and be healed," is the Word of Power.

Love undirected may not care for body. Love misdirected will tear down body. Love under the right thought will heal; under wrong thought will destroy. But under any thought Life unfolds and unfoldment is the purpose of the incarnation. Soul finds expression. Our individuality consists in our ability, through choice, to direct Love by Thought to a predetermined end. As we grow wiser, we use for health and happiness the Power we are. For these reasons, man is a religious being. For this reason, every great religious awakening has been accompanied with healing effects. Because there was not understanding of cause, and because of old beliefs held for ages and brought into the human life from man's experience with brute, there has been disease and ultimately death.

But the Savior has ever been the Healer. Jesus stands the type of the spiritually developed man. He knew no disease, neither did he know death, for, awakening from his swoon, he "disappeared from sight" by dematerializing his body—a possibility for all men when they shall think it so and change their radiations in this thought. But the one great characteristic of his unfoldment was his love. He changes the theologies and philos-

ophies, statutes and civilizations of the world by his LOVE alone. He taught the GREAT COMMANDMENT, *Love one another*, and for the first time in all history he emphasized LOVE in teaching and practice. Affirmations given in Love were his power. Study his life in this light and see how simple is Truth. When we love one another, love as she loved who broke the precious box of ointment, which may well stand as a symbol of our love, then we, like him, will heal; our very touch will cure; we shall live above pain and death. "He loved much." "God so loved the world that he gave His only begotten Son," said the old chroniclers because they could not, in an age of force, conceive it possible that an ordinary birth could give earth such a lover.

The lesson is: would you heal others, love them as yourself. Would you be in health, love. This love, as before affirmed in these articles, has nothing of the personal or the sensual. Principle, as unfolded in Truth, Beauty and Goodness are to be the object of your love. This love will radiate through every atom of your body. Whoever comes into your vibrations will feel its power to stimulate them spiritually and they will be healed. You will concentrate that love at times under the ideal of health and send those vibrations with force to heal some one at a distance. You will send out vibrations under the thought of peace, of success, to some Soul that will answer by stronger vibrations of its own. Healers radiate these strong vibrations of Life known as Love and, whoever turns to them in desire will have, in that same octave of vibration, help from them. He who sets a light in his window guides all who look that way, though it may have been placed to guide home the child. When one has so loved that he has radiations stronger than the average person, he becomes a healer. He can direct, as does the electrician, over his own Thought-wires the Love that can heal. He will, uncon-

sciously to himself, heal all who put their trust in him.

Thus have I come again to the position taken in No. 1 of these articles, that it did not matter whether Mrs. Wilmans was boating or writing at the time set for treatment of any particular patient. She is powerfully developed in her spiritual nature and at all times radiates healing force, because at all times her mind tends in that direction. All who turn to her in faith are benefitted as plants that turn to the sun. All healing is done sub-consciously and, having by the Law of Suggestion given the Soul directions to treat at such a time such a patient, that patient will be treated. It is only through a lack of understanding of mental and spiritual laws and, most of all, ignorance of the law of Suggestion and Auto-Suggestion, that she has been criticized, even by some who should know better.

It is *not* necessary that the healer who does absent work shall sit down and consciously concentrate his mind upon a patient. He does this once, becoming *en rapport* through Love-vibrations with the Soul of the patient. Then he tells himself to treat at such a time or at any necessary time or when called upon and the Soul obeys. No matter if the conscious mind is at that time employed in writing or labor, the healing is done. This I have demonstrated. There is a constant radiation from each healer to any patient he has. When the chosen hour comes, whether he may or may not call the name, the Soul does its work. In discussing these subjects, it is never to be forgotten that all healing is done sub-consciously and that the sub-conscious is subject to the Suggestions of the conscious. Affirmation is the only power one has of directing the Life-radiations. That power of direction is limitless. Life in each Soul is limitless. Soul stimulates Soul. Healing becomes as simple as lending a hand where Vibration, Centers, Life and the Ego are kept in mind.

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**MENTAL TONIC.**  
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Your lips are tempting, sweetheart mine,  
I long to taste their richness rare:—  
But dare not: for the scientist  
Has placed a deadly microbe there.  
—*San Francisco Bulletin.*

A little boy, returning from school the first day after vacation, was asked if everything was satisfactory, as his supplies were all new. He replied: "Everything is all right but the ruler; that makes bow-legged lines every time."—*Christian Register.*

Little Girl—"Please, sir, mamma wants a spool of red silk." Crusty Shopkeeper—"Why didn't your mother have sense enough to tell you the exact shade of red?" Little Girl—"She did, sir; she said about the color of your nose."—*Ex.*

"Uncle James," said a city young lady, who was spending a few days in the country, "is that chicken by the gate a Brahmin?" "No," replied Uncle James, "he's a Leghorn." "Why, certainly, to be sure!" said the young lady. "How stupid of me! I can see the horns on his ankles."—*Christian Register.*

"That man is a phrenologist, Pat." "A what?" asked Pat, puzzled. "A phrenologist." "An' sure, what's that sorr?" "Why, a man that can tell, by feeling the bumps on your head, what kind of a man ye are." "Bumps on my head, is it?" exclaimed Pat. "Begorra, then, I think it would give more of an idea what kind of a woman my wife is."—*Exchange.*

A priest asked a young man who had come to confess how he earned his living. "I'm an acrobat, your riverence." The priest was non-plussed. "I'll show you what I mean in a brace of shakes," said the penitent, and in a moment was turning himself inside out in the most approved acrobatic fashion. An old woman, who had followed him to confession, looked on horrified. "When it comes my turn, father," she gasped, "for the love of heaven don't put a penance on me like that: it 'ud be the death of me."—*Spectator.*

"You're the light of my life," she whispered,  
As he kissed her once more good-night;  
And then from the top of the stairway  
Came a voice, "Well, put out the light."  
—*Smart Set.*

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\* NEW THOUGHT NOTES. \*  
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(It is our purpose to make these Notes a specialty during the coming year. We request readers to send whatever is of national interest in the way of news items. They must be those of general interest, brief and pointed. The movement is assuming vast proportions. Condensed reports are now a necessity, would one keep posted upon it. We will give all items sent literary form. We are glad to give some English Notes this month from a well-known teacher and author.)

English Notes of the New Thought Movement. By O Hashnu Hara, editor of *Wings of Truth*, London.

The New Thought Movement in England is spread out, like the schoolboy's butter or jam, over a large area of bread and this very fact renders it far from easy to make notes in the same. There are three or four centers and three magazines devoted to the movement.

There is "*Expression*," a sixpenny monthly, edited by Anna Gillen, a pupil of Helen Wilmans, and devoted entirely to Mental Science.

This is the journal of the "New Thought" center, of which I cannot write because I know nothing about it, excepting the Secretary, who is charming.

There is "*Anubis*," run by Miss Voisin and devoted to Vedanta and the occult and not representative of any center in particular or any organization, but the editor is a most gifted and erudite scholar.

There is my own magazine, *Wings of Truth*, which represents ME and also will represent the biggest attempt at organization which has been so far undertaken outside Masonry, the "Apocalyptic Brotherhood" and perhaps, as I know more about that than anything else, you will not mind if I say a few words on the subject.

This organization, then, is intended to reach all nations, to include all religions, and works for the FREEDOM OF THE INDIVIDUAL, spiritually, mentally and physically.

The Brotherhood will work to the end of producing a race of men and women, healthy in mind, body and soul.

Personality will not play any part in this organization, the President will be unknown and members will be distinguished by numbers.

Members will enjoy very many privileges and in time the founders of the Brotherhood intend

to build an ideal city, to be followed by other cities, wherein the best of mankind will be developed.

It will not, as a matter of fact, be among the so-called "best" that we shall look for members, for it is our intention to take the poor and needy and train them first in a special home, by means entirely of Suggestion, to a condition where they will throw off their cloak of darkness and be ready to enter our cities, to take up their life work, and to mix with those who already know, without sullyng the mental atmosphere.

We propose to have Halls and Universities where mental and physical culture will be carried on and special faculties afforded for the cultivation and development of Spiritual powers.

All this will take time but it IS already and the externalization of the idea will follow sooner than perhaps often we think.

The Brotherhood is already awakening much interest in all parts of the world and, when it is ready for registration, as we expect to have it about the middle of January, or perhaps a little later, there is no doubt the interest will result in a very large membership. Already we have numbers promised.

This is a brief sketch of what will be a very big work on this side of the Atlantic and which we expect to spread to your side. Indeed we have members in the States promised already and in many other lands.

I think perhaps this account of our venture may interest the readers of NOW, for it is really the only attempt outside Masonry for organization which is truly Universal and absolutely *undenominational*.

To us, as long as the members will strive for THE BEST THEY KNOW it matters nothing as to whether they are Turk or Pagan, Christian or Roman Catholic, Non-Conformist, Mental Scientist, Christian Scientist, or Theosophist, Buddhist, or Pantheist.

Will NOW readers wish us well in this effort and perhaps be interested to hear how it progresses later on?

O HASHNU HARA,  
Editor *Wings of Truth*; author of "Concentration and the acquirement of Personal Magnetism, Practical Hypnotism," etc., etc.

The bayonet is not adequate defense; the spelling book is more efficient.—*Jenkin Lloyd Jones*.

BOOK REVIEWS.

[Books received will be noticed under this heading. Those we have space for will be truthfully reviewed.]

Books crowd our table. Most of them we have not space to notice beyond a word.

"In the Trail of the Pack Mule."—Neely. \$1.25.

"The Poorhouse Lark."—Willey. \$1.50.

"Furnished Room House."—Burdick. \$1.50.

"Poems of Life and Loving."—Shelly. \$1.00.

Tennyson Neely Company, Chicago, Ill.

"Rose Kelly," a reform story, by Mary J. Gregorson, Santa Barbara, Cal. Price, 50c.

"A California Girl," by Edward Eldridge. The Abbey Press, N. Y. Price, \$1.00.

"Maiden of the East," by Casper H. Tarpinian. This is a poem of India. The author, while residing in Burmah, was one of our first foreign subscribers. Obtained from him at 179 1st Ave, south, Minneapolis, Minn. Price, 15c.

"Vaccination a Gigantic Fraud," by Mrs. Dr. M. W. Wilcox. Price, 10c. A strong and valuable contribution to the literature of this subject. It expresses the villainy of the compulsory law. Send to the author, Ellinwood, Kansas, for a copy and keep it going.

"The Labor Problem: Practical Socialism," by Eugene P. Hourihan. Price, 25c. A small pamphlet packed as full as a soldier's knapsack with facts that should not, in this age of trusts and combines, be needed by the working, the middle men. They, however, do need this. Obtained of the author at San Luis Obispo, Cal.

"The Flame Series," Vol. 1. No. 1. "The Divine Question," by Lionel Josaphare. 126 Post St., San Francisco. Price 6 nos., \$1.00. A finely gotten up periodical. This number deals with the irrationality of previous conceptions of God and gives a rational one.

"The Psychic Educator," a monthly magazine of the Higher Spiritualism, organ of the Morris Pratt Institute, Whitewater, Wis. Moses Hull & Co. \$1 a year. 10c single number. No one in the ranks of Spiritualism is better fitted to carry on such a journal than my old friend, Moses. This number speaks well for both editor and Institute. It certainly stands for the Higher

Spiritualistic Soul-Culture when it says, "Its object is to get its readers to form their own acquaintance as spiritual beings." The trouble with Spiritualists is that they do not form this acquaintance and thus live here and now as spirits. Moses, here is NOW'S hand. We are spirits and we live as such now.

"The Waters above the Firmament; or The Earth's Annular System," by Isaac N. Vail. Ferris & Leach, Publishers, 29 No. 7th St., Philadelphia, Pa. Price, \$2.00. Original thought and conception is the key-note of this book. "The Annular Theory" was first given by the author in 1874, and since that time he has published many pamphlets to establish its truthfulness. The present volume is the fruit of thirty years of study and investigation on the subject. Popular science tells us that all the oceans fell to the earth at the close of the igneous era. The author shows that the terrestrial waters did not fall at that time, that physical law demands that they should not. By calculation so simple that a child may see its significance, he shows that the centrifugal force of the waters above the firmament was greater than that of gravity, thus by a common physical law proving that this atmosphere of water, etc., continued to revolve about the earth as an "Annular System," or a belt system like that of Jupiter. He brings many facts to support this theory. A great range of reading is shown here and the book is well worth study because of its powerful stimulation toward the investigation of old theories.

"Clairvoyance (The Seventh Sense)," by Mrs. Excell-Lynn, Akron, Ohio. Price not given. This little book by the editor of *Christ's Way* consists of four chapters entitled "Illumination," "God's Invisible Teachers," "What the Angel Told me," and "How." Anything from this lady is good. She has a rare insight and intuition and when we can forget the symbolism which she persists in using in and from the Bible, we find some of the deepest thoughts that have been given along psychic lines. A most rational idea of the life beyond the bodily senses is given in this little book. "Unfold your spiritual perceptions before you leave the body if you wish to have any at that time," is the word of power in all her pages.

*The Psychic World*, by Dr. Geo. W. Payne. A monthly magazine of New Thought. 1104

WE BUILD THE LADDER BY WHICH WE RISE,  
FROM THE LOWLY EARTH TO THE VAULTED SKIES.—J. G. Holland.

N O W.

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Market St., San Francisco. Price, \$1.00 per year. This is a new venture and presents a fine typographical appearance and a good table of contents. Dr. Payne is a young man of enthusiasm and a demonstrator of power in Suggestion. "NOW" Folk wish him success and are glad to have a co-worker so near. Enough in this city should be interested in the lines of thought this magazine takes up to give it a good support. Send 10c for sample copy.

*The American Co-operator.* Lewiston, Me. Weekly, 50c per year. It is the organ of the Co-operative Association of America. This Association is founded upon the universal law of Unity. It is a trust for the people. The Golden Rule runs its machinery. The people it holds to be supreme and monopolies other than that of "The People" to be dangerous. Bradford Peck is the present dynamo. The Headquarters at Lewiston are a demonstration that the Principle of Co-operation as there introduced is Success, and will convert into "a golden age" this age of gold. "Applied Truth," NOW calls this movement. Others might call it "applied Christianity." The Twentieth century is to see Love, manifest in a Socialism, take the place of present Force. NOW is the exponent of such a condition now and here. Affirm Love. Affirm the Golden Rule. Affirm, "From each according to his ability and to each according to his needs" and live it. Then the Millennium IS here. It can only come to us

individually. When it has come to the individual, it has come as thoroughly as it can come. Millions do not demonstrate Truth more than that one. It has come to "NOW" Folk. It has come at Lewiston." A little leaven leaveneth the whole lump."

*The Journal of Biochemistry.* Vol. 1, No. 1. Geo. W. Cary, editor and proprietor. Indianapolis, Ind. Dr. Cary is an exponent of the method of treating disease by means of 12 fundamental salts which furnished the food elements necessary to maintain the bodily energy. If one is to compromise and depend upon anything but the Soul itself and its manifestation in Truth, Dr. Cary has as good a system as one needs. He is logical and definite. Once accept his premise and you are obliged to accept his conclusions.

"Control of Women in Labor," is a reprint of an article by Dr. Sheldon Levett, 4665 Lake Ave., Chicago, Ill. Every physician should study this. It is the best thing I have seen from a doctor in regard to use of Suggestion in relieving women in the hours of her supremest glory, that of motherhood. No price is given. I presume the doctor sends it to all who apply.

*The Republic of Love,* Milwaukee, Wis. \$1.00 per year. Vol. 1, No. 12 comes to our table. It is a beautiful little journal, well edited and full of bright articles, original and selected.

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A MAN IS THE FACADE OF A TEMPLE WHEREIN ALL WISDOM AND ALL GOOD ABIDES.—Emerson.

N O W.

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