



Phought

Suggestion

Mental Science

Psychology

DECEMBER 1925

15 ¢ Per Copy

\$1.50 Per Year

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good. -EMERSON.

> Time past and time to be are one, And both are NOW .- WHITTIER.

'Twas only striking from the calendar Dead yesterdays and unborn tomorrows.

-OMAR KHAYYAM.

SAM E. FOULDS, Editor.

Merry Xmas

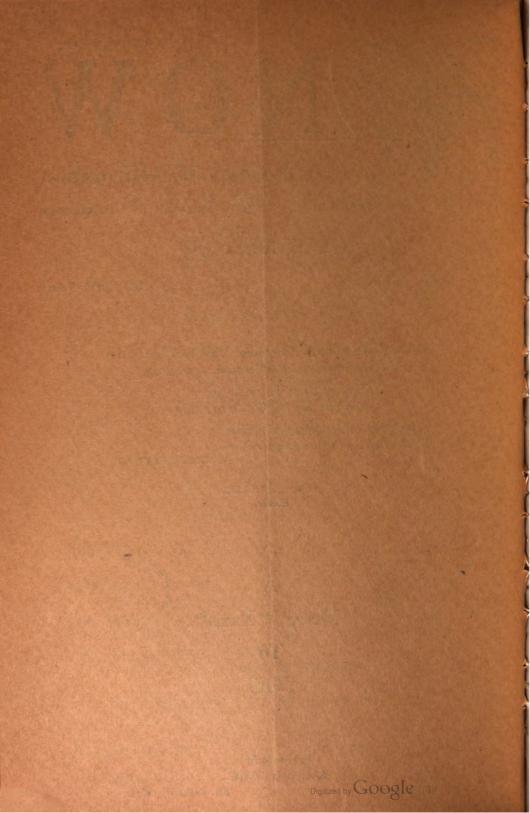
To

YOU



Published by SAM E. FOULDS.

San Francisco, Calif.



NOW

A Journal of Affirmation

Entered at Second Class Rates at San Francisco, Cal. P.O. Jan. 14, 1915.

Vol. XX1.

DECEMBER 1925.

No. 12.

THE MYSTIC CHILD

O little town of Bethlehem,
O day with memory blest,
O star of faith that led the Wise
Upon their mystic quest.
Our minds turn backward to that Morn;
All other gain were loss!
We see through faith the wondrous Child,
The Manger and the Cross.
Our hearts discern the meaning deep
Of that first Christmas morn,
Where mid the sorrow-surging crowd
Love's Royal King was born.

Our ears have heard the angel chant
The wondering shepherds heard;
We too have joined the mountain throng
And listened to the word.
Our eyes have seen the Healing Christ
The halt and blind restore,
Our hands have touched the garment hem,
Our soul's have felt Love's power.
Our longing hearts are satisfied,
All other gain were loss!
We too have found the Mystic Child,
The Manger and the Cross.
HENRY VICTOR MORGAN

A cross in this	 means that your
subscription	has expired.
Please renew	promptly or
send card of	 discontinuance.

Digitized by Google

THE FIRSTBORN OF MANY BRETHERN (The Cosmic Christmas Vision.) By Henry Victor Morgan.

"For whom he did foreknow, he also did predestinate to be conformed to the image of his son, that he might be the firstborn among many brethern." Romans 8:29.

T has ever been the hope of the illumined, those whose souls have reached beyond the surface of the mind into the depths of Being, that the glory that ravished their own souls might shine resplendent in the souls of all men. Their message has always been impersonally personal. While recognizing that God is no respecter of persons, they have known that invisible mental attitudes always bring visible results, and that as man sows in the world of the subjective so will he reap in the objective. Their message is ever a message of liberation from the bonds of circumstance. Seeing the retributive nature of destructive thought, they have called on men to turn away from the law of sin and death to the law of the Spirit of Life.

The awareness of an Invisible, Overshadowing, All-pervading Presence to which all things are possible has been the vitalizing principle of their message. They realize that all whom this Presence inhabits are super-dimentionally endowed, in the same way that the magnetized piece of steel becomes super-dimentionally endowed by contacting the invisible magnetic current. Imagine a number of steel shavings endowed with intelligence, living under the

law of the visible, accepting the ravages of rust and time and the happenings of their environment, as the inevitable and only possible life for a steel shaving! Imagine one of their number contacting the magnetic current and beginning to manifest new and seemingly miraculous powers! We now have a good illustration of how men and women of the world who have contacted the Invisible Power and Presence have affected the understanding of their sensebound brothers and sisters, all equally capacitated to become channels of the wonderworking power.

We speak of the steel shaving as having been magnetized, while among the esoteric students of Jesus' time, the Godinhabited individual was referred to as anointed, or Christed. Our habit of saying Jesus Christ instead of Jesus the Christ, tends towards dimming the understanding of the immense significance of his life. It is very much as though we should say Edison Electrician instead of Edison the electrician. It is confounding the person with the principle, the man with his understanding.

The early diciples of Jesus perceived this shining law. They sought the divine contact through which their individual lives would be inundated by the life of God so that the works of Jesus would be repeated in and through them. Seeing this the insighted Apostle declares Jesus to be "the firstborn among many brethern," and that the ultimate revelation is "Christ in you the hope of glory."

It is the burden of all prophetic utterance. It is the illumination of the intellect and the ravishment of the soul. It has in it the glory of the past, the radiance of the present, and the promise of a triumphant tomorrow. In its mighty urge is contained the fulfillment of life and the vision of eternal progress.

In the light of this quickening Presence, Jesus no longer seems foreign and strange, a being of another order, but bone of our bone and flesh of our flesh. All men see their possibility in him. He opens the windows of the soul to celestial insight.

How vain all attempts at healing must prove until we have contacted the Stream of Life from out the throne of God so that we know our thought to be the thought of God and our word to be the word of God, bringing with it the Christening thrill of heavenly harmony.

Even the name by which I love to call the great awakening, namely, "The New Voice of Christianity," is inadequate, for the Presence of God is perpetual. It is indifferent of time or space; its voice of triumph through prophetic utterance resounds alike through all the ages. Our own day is radiant with its promise. We are on the tip-toe of expectancy. Every discovery of science is making more apparent the certainties of Spirit. Man is seen amid miracles. The accomplishments of his mind in the realm of science have gone beyond even the imaginings of previous generations.

It all leads to the direct action of mind itself. This is the hour of triumph as seen by Emerson when he said: "I look

for the hour when that supreme Beauty which ravished the souls of those Eastern men, and chiefly the Hebrews, and through their lips spoke oracles for all time, shall speak in the West also.**I look for the new Teacher that shall follow so far those shining laws that he shall see them come full circle; shall see their rounding complete grace; shall see the world to be the mirror of the soul; shall see the identity of the law of gravitation with purity of heart; and shall show that the Ought, that Duty, is one thing with Science, with Beauty, and with Joy."

Through this insight the greater things promised by Jesus shall come into manifestation. The day of the Lord is at hand. A mighty wave of Cosmic power, the second coming of Christ, not in one glorious personality but in millions of human hearts bound by cosmic ties and united in cosmic purpose is ours to witness and to hasten. A mightier chant than that which ravished the ears of those Eastern shepherds can be heard by all who listen in the wise Silence; chants of a new Era, of man's soul triumphant over every limitation, the eternal Christmas chorus.

It means the increasing splendor of revelation and the increase of power through what Paul so aptly calls "The unity of the faith and the knowledge of the son of God." When we see what One Glorious Son of God standing alone against a hostile world was able to accomplish, what wonders and glory await the cosmic brotherhood of the Living Christ? If one God-inhabited individual can chase a thousand and two put ten thousand to flight, what will the countless millions be able to do? It is this "unity Digitized by DOGIC"

of the faith" that constitutes the greater things foreseen by Jesus. What one magnetized piece of steel finds impossible to do. two can easily accomplish.

May the Shepherd soul within us hear the Voice of the Eternal calling us from victory to victory till the earth is the Lord's and the fullness thereof, in no mere poetic sense, but as an actual accomplishment. May the Spirit of Divine Adventure within us, Abraham-like, go forth, not knowing whither we go, but seeking a city what hath foundations whose builder and maker is God. Who is there among us, hearing the call, and seeing the glory involved, would not want to be one of the many brethern pioneering for the Kingdom of God on Earth.

A MERRY XMAS

-=+=-

Dear Subscriber:-

The Editor extends to you his best wishes for a Merry Xmas, and the realization that is expounded in Mr. Morgan's fine essay in this issue. I could not wish you more or anything better.

I trust that renewals will begin to come in promptly. Why not also send in the name of an interested friend? I will accept your renewal and a new name for 1926 for \$2.00. Any number accepted at this rate.

Yours sincerely,

MY SUPPLY

By Henry Harrison Brown.

ealth means harmony. There is no harmony in want, be it want of health, happiness or of means, wherewithal to care for the body or of enjoyment. Health means in New Thought and in all Mental Science, Health of body, mind and estate. Harmony with Spiritual Law means health, happiness and prosperity.

Poverty is the main cause of the unrest, the dis-ease, that afflicts mankind. Remove Poverty, by the right means (and that is by a change of mental attitude) and all attendant evils will disappear. Therefore, it is the legitimate field of every Metaphysical teacher, of every school, to help his pupils to rise from poverty to opulence.

There is enough in the Universal One, from which all THINGS materialize, for each one to have all desires met without robbing anyone.

Infinite Supply is all about us. Where is the fault? In ourselves. We have not known how to claim our own. The law is simple and is laid down by the greatest political economist, and scientist, as well as the greatest sociologist and socialist that the world has in its historical records. He was not a theologian, neither did he deal with the questions of a future life; but did deal most practically with questions of the "life that now is." His

name is Jesus. He gave the law thus: "Seek first the Kingdom of God and his righteousness and all things shall be added unto you."

Let the law be analyzed. "Kingdom of God." "It is within you," he said. "God is Spirit," he again said. The Kingdom of God then is the SOUL, the Ego. "Know thyself as spirit," is the law. Live rightly; live in accord with the Spirit; obey spiritual law; then all things shall be yours. "Things," are manifestations of the one Spirit.

Plain directions: live spiritually, love the Good; then all things that are materialized from spirit shall be yours at desire.

"First," yes! Not things first, but the condition of mind. Love the Good! In faith trust the All Good! Then desire. Then LET it come! This is All. But it is God. Few there be that enter in at this straight gate because they love money or power or ostentation, etc. first. They love "Things," first. Reverse the process. You are the Master; for you are One with God, are recognizing the king in his regal authority in his right place. "Now God do your work," one can say when he has taken this attitude of expectancy, born in desire and trust. And God WILL do His work. It will be an impotent god. that does not when these conditions are made.

Poverty is much a mental condition as is consumption or a cold, and can be cured by the same means, i.e., Affirm your possession of All, as part of the One.

Repeat this affirmation, no matter what the appearances are; no matter if hungry and houseless, affirm that God is your supply and that you possess all, as indivisible part of Him. Know that your poverty is the legitimate result of the beneficent law of Cause and Effect. You have sown poverty-seeds in thought, and reap the crop. Now, sow, amid the results of previous sowing that you do not enjoy, the seeds of plenty, and as poverty came from the first sowing, so will plenty come from the present. Sow! No matter how black the sky or damp the soil. The seeds have God within them and cannot fail.

"I am supplied with all I want from the Infinite Substance." Let this be the affirmation until you REALIZE that ALL IS YOURS, for God is in you and you in Him. You have thus re-polarized yourself and will draw plenty, as the magnet draws the needle. Try it. But keep on affirming till the supply comes. It will come.

A WORD

I trust that the readers of NOW will overlook the lateness of NOW for the past few months. I know that there is no excuse that can be offered. January will be mailed on the 2d. day of the month and will continue as the regular mailing date.

Do not forget that is the end of the year and that my best Christmas Present is your prompt renewal.

The Editor.

PSYCHO-ANALYSIS AND RATIONAL BUSINESS SUCCESS ETC.

A Course of Advanced Lessons BY Dr. Wm. Franklin Kelley.

Lesson 5 Part 3.

THE CELLS -- THEIR MINDS AND BODIES

HERE are many different kinds of cells; books under the general heading of "Cytology" and "Histology", will tell you much of their physical characteristics. But there is a "missing link" in all these books for the student of Psychology, for the most important side of this cell life, namely, that THE CELL HAS A MIND, is not investigated nor discussed as it should be. As psychologists, we should regard the wonderful and astonishing physical properties and actions of the cells, as indications and proofs of the consciousness inherent in cell life.

We have a right to be interested and to find out the "why" of things there, not merely the "how", in that field as elsewhere.

Why do the cells do as they do? Why will one division of cells build healthy tissue; why will another division, (or probably the first division under another impulse) turn right around and build undesirable structures and conditions in the human body? When we understand the law operating in the activities of cell life and cell growth, we shall have supplied ourselves with the missing link between

Digitized by Google

psychology and physiology. This understanding bridges the chasm between spiritual theories and materialistic theories. Thus, we find it possible to take advantage of the abundant data gathered by materialistic schools. We do not ignore nor do away with the knowledge of our universities and colleges; we include it, encompass it, take every advantage of it; but thereto we always add the spiritual viewpoint and the psychological information which we are gathering in this new field of education.

WONDER NO. 1 IS THE CELL AMOEBA

We may, to start with, take as an example the single cell animal commonly called the amoeba. Under the laboratory microscope it appears as a little globular particle of living, slightly transparent protoplasm, with a darker dot visible in its very inside center. It is very small indeed, and visible only under the most powerful microscope. That cell-amoeba illustrates all cell life, and from observation and tests, it can be demonstrated that it possesses the factors of mind.

Many are accustomed to the complacent idea that human beings are the only creatures with a mind, though now and then with condescending suspicion, it is admitted that some of the higher animals have something resembling it. If we have regarded things in that way, it is probably best to shock ourselves right now into accepting the fact as proved in microscopic and other forms of scientific investigation. And the fact is this: That not only in higher animals, but in the lowest animals as well,— and last but not

Digitized by Google

least,— in the cells which compose the tissues and organs of ALL ANIMAL AND HU—MAN ORGANISMS, all of the factors of mind exist in various stages of development over the purely rudimentary or latent. You may extend this to include plant life as well, for plants are also organisms, and CELL LIFE IS THE LIVING BASIS AND THE INTELLIGENT BASIS OF THE LIVING WORLD.

MORE WONDERS

Cells know how to get their food, to ingest or eat only what is good for them and leave other food alone, -a thing which the average human being has not intelligence enough to practice. Some of them. it is true, practice a bad habit, but it is no worse than a good many people practice. This particular habit of some of the cells is to manafacture a certain juice which evidently makes food taste good to them; they sprinkle that juice on food after they have consumed all that they can consume, they continue to put that epsom juice on the food and eat more and more until they almost burst. some human beings have not yet discarded a habit very similar to this, therefore, in the first principles of Applied Psvchology we teach that it is about time to learn the lesson of over eating.

Cells are active in every way that denotes specialized intelligence. They fight and overcome invading germs, or intelligently avoid enemies which they recognize as too powerful for them. They work, each division according to its trade, whether it be manufactoring juices for certain glands, or, as in the case of blood cells, hauling and transporting the nutrition to

cells stationed at their posts of duty. They know their trades well; no particular one kingdom of cells in your body can duplicate the work of another kingdom.

The "kingdoms" of these trades and crafts cell-intelligences, however, co-operate with each other. Thus, the "electrical expert kingdom", of cells for instance, has outposts and "offices" in the five senses of Touch, (telegraph), Sight cinematograph plus telegraph), Hearing (telephone), Smell (detection by filtration of air-plus telegraph), Taste, (detection by chemical test-plus telegraph). The cells in these outpost offices communicate with the highly organized "home office" cells in the brain, billions of times a day. This home office acts on these reports at once by sending instructions to various nerve ganglia, with an order or impulse for action, for inaction, for aggression, for defence, for blood-flow or its cessation, - or whatever is needed. There is this difference between the telegraphic organization which is used by your conscious and subconscious mind in your body, and the Western Union or Postal Telegraph -- the messages flying back and forth in your body are transmitted over Intelligent wires. Your nerves are the wires, and are composed of highly intelligent nerve cell.

But just as necessary as are other "kingdoms" as the kingdom now described. While this commonwealth of experts attend to the communication system, another kingdom expert in the technique of transportation is faithfully co-operating, bringing nutrition to the great communities of cells which are working in non-traveling departments of your body, and hauling away their

debris and effete matter. Thus, while the kingdoms of architect and stone-mason cells are rebuilding and maintaining the pillars of bone in your leg, the shaft in your forearm, the polished enamel of your teeth, the mechanically exact, flexible but staunch hinges of your toes, fingers, knees and elbows, - or the delicate arch of your nose, they may work in peace with the certainty that they will be regularly fed, cleaned and maintained by a kingdom working as faithfully and as intelligently as themselves. And so it is likewise with the gardening experts of your hair, the respiratory experts in your lungs, the elimination experts at your pores, the chemists in your stomach, and the engineers in your heart. All work intelligently; all work independently; yet they all work with a co-operation so flawlessly perfect, that a corresponding perfection by human beings may not be achieved for aeons to come. Sarcasm would almost prompt the question, "Which are the MORE intelligent, the cells or we?"

(To be Continued)

---=+=---

A CHAT WITH YOU

The January issue will be on time and all the rest of the year it will be mailed on the 5 th. of the month. Some day I am going to relate the reason as to the why of its lateness the last few months. Do not forget your renewal. It is needed. Look for a better and bigger magazine next month.

A PSYCHO-ANALYSIS OF YOUR

Today considered the ONLY scientific way of determining cause and effect— action and re-action— and getting down to the real roots of mental and physical disorder. If you suffer from fear, worry, lack of confidence, control, will-power, concentration, positiveness; if you have a sense of un-natural weakness, depression and tiredness; if you are suffering from troublesome thoughts, are unhappy, unsuccessful, nervous, and your ambition unfulfilled; if functional life is inactive and you have a chronic form of indigestion and are troubled with unaccountable pains and aches; YOU ARE IN NEED OF A PSYCHO-ANALYSIS.

WILL BE GIVEN PERSONALLY, BY ONE OF AMERICA'S PIONEERS IN THIS FIELD OF WORK

You will receive a long scientific report, analyzing your case in a very complete way, by a qualified, trained physician with years of experence to guide him, who has personally treated over 7000 cases of mental and nervou disorders.

Dr. Leavitt's work is endorsed by such unquestionable people as

Ella Wheeler Wilcox, Elbert Hubbard,
Dr. David V. Bush, William Walker Atkinson, etc.

HOW TO OBTAIN THE FREE ANALYSIS

To all who purchase the 96 page de luxe book, Leavitt-Science, at the usual price, TWENTY FOUR CENTS. Dr. Leavitt will give this Analysis, absolutely free, without obligating you in any way. A complete Case Sheet will be mailed with the book. The book is pronounced by many as priceless. It treats in a most interesting way of Fear, Faith, Success. A History of the Healing Art, Chronic

You may send stamps. This is a rare opportunity. Don't put it off, but send TODAY.

diseases etc.

C. FRANKLIN LEAVITT, M.D.
SUITE 736 14 W. WASHINGTON ST.
CHICAGO, ILL.

CLOUDS DISPELLED

will help clear your mind of ignorance and superstition Your higher Self demands enlightenment. Send name at once. MAILED ABSOLUTELY FREE.

The Brotherhood of Light,

BOX 1525

DEPT. L

LOS ANGELES, CALIF.

Within Reach of All

HEALTH, SUCCESS TRIUMPH IN AFFAIRS COURSE. it will get you there, it will keep you there. One dollar monthly. EDITH MOORE, Flag Pond Rd., Saco, Me.

ARE YOU SLEEPLESS?

Say friend, are you able to sleep all night and wake up feeling as bright as a new red top? Or are you restless, turning from side to side, counting endless sheep, and yet can't get to sleep? If so you need THE SECRET OF SOUND SLEEP! IT WORKS! and you wake up feeling more buoyant than you ever did before. SEND ONE DOLLAR, worth \$5 the first night.

MARY FRITZ, Collison, Illinois.

THE WORLD HELPER'S HOME

Flag Pond Rd. Saco, Maine. Delightful country surroundings. Moderate Terms. Absent Treatments.

DIVINE HEALING.

112 page book on healing by DIVINE SCIENCE of Prayer and Old Bible Way of Laying on of Hands. Plain simple directions for treating the sick—yourself and others. Send only 12 cts. in stamps NOW for this book, of healing power.

CHRISTOLOGY.

Science of Health and Happiness, a book of 330 pages, was written especially for the beginner in the study of Science.

Write for Special offer for these two books.

Address: Oliver C. Sabin, Lock Box 1524, M.O.,

Washington, D.C.

--VITAL FACTS-

A BOOK FOR THOSE WHO THINK. - A gold mine of practical, vital knowledge and information. Contains the following seven parts:

WONDERS OF THE ATR; how to breathe for health, vigor, vitality, power. There is nothing likeit. VITAL FOODS, THE REAL STAFF OF LIFE. The vital principle of this chapter alone, if accepted, will make life worth the living. Quit being a hog, or the other extreme, a diet crank. THE TWO PRINCIPLES OF MIND, shows the reader how to think for practical, tangible results. Deals with the subject in a novel way; shows how to make the test.

HOW DESIRE IS FULFILLED THROUGH DEMAND AND AFFIRMATION. There is only one right way and many wrong paths of Achievement. How one man demanded and received \$10, 000, shows what to avoid and how to apply mental force proqerly.

LOVE, THE MAINSPRING OF EVOLUTION. The how and why of happy marriage. A practical solution of the sex question in all its many sided complexity.

THE MONEY CONSCIOUSNESS. A sure road to prosperity that anyone may take. The mental basis of material wealth is clearly shown; examples are given.

THE PHILOSOPHY AND MISSION OF LIFE. The secret of real achievement. Many find their life's mission by reading this chapter. Seven books boiled down into one.

(Send 50¢ for one, or \$1.00 for three copies.)

J. A EICHWALDT, 16 Fruitvale Branch, Oakland, Calif.

ALICE A. AYERS

Teacher of Astrology.

Special Attention Given to Radical or Progressed Charts. Write for Price List. ADDRESS:
ALICE A. AYERS,

Studio No.10 406 Geary St. San Francisco Calif.

THE WORLD HELPERS MAGAZINE.

It will bring you health and lead you to success. 15 cts. per single copy, post paid. FLAG POND RD., SACO, MAINE.

ARE YOU SICK? UNSUCCESSFUL?

Need a position? Need a tenant? Need to sell your property? I have HEALED and HELPED others, why not you? Five Dollars monthly for treatments and Six Lessons free except postage, which is about 50 c. PRAYER CHANGES THINGS! EXCELLENT RESULTS! TRY ME! LOVINGLY YOURS, MARY FRITZ, D.D. Dept. 14-23. COLLISON, ILL.

HEALTH HEALTH HEALTH

UNRIVALLED HEALERS IN YOUR OWN TOWN Unsurpassed success in healing, success, triumph in affairs. Daily treatments. UNITY IS POWER——every case cared for by the World Helpers of Humanity, Edith Mcore, Principal; Mrs.Edna Kennard Vice President, FLAG POND RD., SACO, MAINE.

-- A New Del Mar Book--

"MAN THE MASTER" by

Eugene Del Mar
Author of "The Conquest of Disease,"
"The Divinity of Desire, etc., etc.
256 pages; price \$2.00, postage prepaid.

--=This book demonstrates its title: that man is master of his fate.

SPECIAL OFFER.
THREE DOLLARS FOR TWO BOOKS

"Man the Master" and "The Conquest of Disease". Each \$2.00; each 256 pages.

Send Orders and Remit to
PROGRESSIVE LITERATURE COMPANY,
P.O. Box 18 Station N, New York City

BOOKS THAT INSPIRE

BY HENRY HARRISON BROWN.

If you are seeking practical new thought teachings—these are the books you need. They have helped thousands to realize and use the Power that is within.

Titles:-

THE LORD'S PRAYER: A Vision of Today.

124 pp.\$1.00

SIX STEPS IN MENTAL MASTERY.120 pp. 50¢.

CONCENTRATION: The Road to Success.

120 pp.50¢.

SUCCESS: How Won Through Affirmation.

64 pp. 50¢.

THE MASTER'S TOUCH.64 pp.30¢.

SELF-HEALING THROUGH SUGGESTION.

64 pp.50¢.

HOW TO CONTROL FATE THROUGH SUGGESTION.

64 pp.50¢.

NOT HYPNOTISM BUT SUGGESTION.64 pp. 50¢.

MAN'S GREATEST DISCOVERY. 64 pp. 25 ¢.

DOLLARS WANT ME. 64 pp.50 ¢.

WHAT IS NEW THOUGHT? 15 ¢.

The following are 10 ¢ each:

FIVE TRACTS ON SEX.

- (1) Friendship: The Third Function of Sex.
- (2) BODY-BUILDING: The First Function of Sex.
- (3) PROCREATION: A Secondary Function of Sex.
- (4) THE ULTIMATE OF SEX.
- (5) PLACE OF SEX IN RACE DEVELOPMENT.

All Books Sent Post Paid on Receipt of Price.

SAM. E. FOULDS, 589 HAIGHT ST. SAN FRANCISCO, CALIF.