



# NOW

## A Journal of Affirmation

Thought

Suggestion

Mental Science

Psychology

NOVEMBER 1925

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Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.

Time past and time to be are one,  
And both are NOW.—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn tomorrows.

—OMAR KHAYYAM.

SAM E. FOULDS,  
Editor,



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SAM E. FOULDS,

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NOW: A Journal of Affirmation.

STATEMENT OF OWNERSHIP, MANAGEMENT, ETC.,  
OF NOW.

October 1, 1925.

Published in accordance with the Act of Congress  
of August 24, 1912.

Editor, Sam E. Foulds, 589 Haight St., San Francisco, Calif. Publisher, Sam E. Foulds, 589 Haight St, San Francisco, Calif. Managing Editor, Sam E Foulds, 589 Haight St, San Francisco, Calif, Business Manager, None, Owner, Sam E Foulds, 589 Haight St, San Francisco, Calif,

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(Signed) LULA A.GODSIL,  
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## A Journal of Affirmation

Entered at Second Class Rates at San Francisco, Cal. P.O. Jan. 14, 1915.

Vol. XX1. NOVEMBER 1925. No. 11.

### NOW PHILOSOPHY BOILED DOWN

I Am. Before I knew I was, I existed.  
Existence in infinite and eternal.

I am part of that existence. Before any  
manifestation, I was. After any manifest-  
ation, I shall be. Therefore, I eternal-  
ly am. Whether conscious or not, I AM.  
forever.

I know I AM. I know, because I think.  
I think, because I feel. I feel because  
I am. I know myself and say I am because  
I feel and think. When I cease to think  
I shall NOT know that I am. When I cease  
to feel, I will still be I am, though I  
shall not know it. My individuality con-  
sists in my ability to think, I am. My  
individuality is only a manifestation of  
Existence In existence. I cannot be sep-  
arated from Existence. Existence is all.  
I am part of ALL, in All. All that ALL  
is, I am. I cannot be taken from or lost  
from ALL. All is manifest in me. I am  
manifest in ALL. All is homogeneous.  
All in manifestation is hetrogeneous. ALL  
changes not. Manifestations change. I  
am changeless, for I am part of the  
changeless ALL. My manifestation (conduct  
and form) changes but I do not change.  
ALL is called by various names. Whether  
Brahm or Allah or Jehovah, or Zeus, or  
Josh, or Jupiter, it is the same, ALL.

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subscription		has expired.
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send card of	_____	discontinuance.

We like best the name of our fathers,  
-God. We can say with Paul, "In Him,  
(ALL or ONE), we live and move and have  
our being." In Him. He IN us. Jesus  
is our example;-"My Father and I are  
One." There is no other philosophy for  
NOW but this:-

I AM ONE WITH THE FATHER.

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## PRAISE AND THANKSGIVING

(A Sure Way to Get Results)

By

HENRY VICTOR MORGAN.

**T**HERE are certain mental attitudes  
that lead to emancipation. The mind is a  
magnet that attracts to itself the nature  
of the things on which it meditates. We  
will find what we look for and reap what  
we sow. This is not a threat, but a prom-  
ise. In fact, everything is a promise to  
him who thinks constructively. The same  
law is the bringer of life unto one, and  
the bringer of death unto another.

Ella Wheeler Wilcox saw this shining  
truth and voiced it melodiously:

"One ship sails East, and another sails  
West

By the selfsame winds that blow.

'Tis the set of the sail and not the gale  
That determines the way they go."

The Law of Attraction is forever oper-  
ative. We will become like that on which  
we place our minds, for creation is ever  
from within outward. Emerson tells us  
that every disagreeable face we meet on



the street is an embodiment of some thought that we have held. Our own will come to us. If we praise, we will attract praise; if we hate, we will attract hatred; if we shake our fists, fists will be shaken at us. I praise with wonder this great law voiced by Jesus when he said: "Give and it shall be given unto you." It puts the initiative into our own hands and enables us to set the sails of our soul in the direction we desire to go.

If we direct our minds toward finding the good in every man we meet and praise it wherever found, if we call attention to the strong points in our associates and make them aware that we believe in God in them, love will follow us as a benediction.

We hear much in these days on the necessity of believing in God in ourselves, and volumes might still be written to good purpose on that subject; but he who would reap Love Everlasting must believe in God in every human being.

And herein is the difference between the old order and the new. In the old we were commanded to love God. In the new order God is revealed as the Altogether Lovable revealing Himself as Love and Beauty, thus binding us to Him with bonds invisible.

Tennyson saw this when he made Guinevere say: "We need love the highest when we see it." In the new order we see God forever manifesting in nature and through man.

Ah, but you say, no man can see God

live. Perhaps the words given to me years ago in an hour of rapt meditation would be my best answer:

No man whose soul has seen God's face  
Will live again the life of sense.  
Alone with God he lives from thence  
In joy supreme, in love intense.

We die to mortality when we behold the immortal. The divine order has been realized and things are no longer in the saddle and ride the man. We are in the world, but not of it. We use power instead of being used by it.

The perception of man's place in nature, seen in the light of the Spirit is forever attended with an influx of the sublime. It forever leads to spontaneous rapture and thanksgiving. After we realize God is All in All, we no longer say: "Show us the Father and it sufficeth us." Having the perception of Totality we chant with Whitman, "Here is what sings unrestricted faith," and thanks giving becomes as natural as breathing. It is all from God and to God. The natural order becomes divine in consciousness. We see God in all action and realize that every good and perfect gift comes from God. The impossible becomes possible.

As I write this lesson I am in New York City, taking the place of Rev. W. John Murray in the Church of the Healing Christ, that meets in the great Waldorf-Astoria Hotel. Here in the midst of pomp and fashion Dr. Murray has established a throne of power. Every Sunday morning at eleven, the great ball room is crowded to capacity and a daily noonday healing meet-

ing is held where hundreds come to listen to the living word of God. Dr. Murray has no tricks of oratory to allure the people. He seldom refers to himself but calls attention to the power of God indwelling.

Perhaps some quotations from his sermon on "A Sure Way to Get Results," published in The Gleaner, would be the best introduction to the man and his methods:

"I remember when the noon hour meetings were started. It seemed to me that it would be well to furnish an opportunity for young women who are employed in the neighborhood of the Waldorf-Astoria to come together and receive the benefits of concentrated union in prayer in the Silence, believing that they could steal away for a few minutes each day at luncheon hour for the purpose. I made arrangements here at the hotel for a small room, but when the time came for the first meeting there was a great number there. They were standing in the halls and vestibules. The little room in which we spent most of the time in the Silence was found to be entirely inadequate and today we are obliged to have one of the large assembly rooms and our numbers average over three hundred a day. One day recently we had over five hundred present. People come from every part of the city and from outside the city— from Long Island, Staten Island, New Jersey, Connecticut— and they are assiduous in their attendance. They come together to get the benefits of the Silence; to receive what they may from these Pentecostal gatherings of many people drawn together in His name. Many wonderful cures have been effected. Healing settles down over us. People have come

in suffering from a disease of years standing, and in the midst of the Silence have been healed, and have gone out praising God. I cannot stand before you this day and say it is I who do the healing. I cannot say to you that it is I who work these marvelous cures. No; it is the Pentecostal power, the descent of the Holy Spirit upon the multitude.....In language similar to that of Peter I say that none of these people were healed by a person. Am I to say-I did it; I did it? No. God forbid. It is the Silence. It is the presence of the Holy Ghost, liberated by the intensity of the thought held by our men and women gathered here, and they do not know that it is from their thought that these cures are wrought. It is not I. It is not you. It is not Peter. It is the Divine Power. You are here with a fixed idea of Truth in your mind. The sick are helped whether you know it or not; whether you think of them or not; whether you understand their maladies or not; they are overshadowed by the power of the Holy Ghost and they rise up and go away from here cured, in silence, in awe, in wonderment and joy, and you know nothing of it and I know nothing of it.....You have brought into this public place an odor of sanctity. God's word has been received here and, while it was said to have been impossible, it is here. It is here among the vanities of the world, where Fashion struts up and down its peacock alley.

We started here in a small room, but contemplate for a moment what has been done and how this divine movement has spread and grown. Think you it is because of our power and guidance? No. It



is because of the power of God. The main thing is the Silence, through which the Holy Spirit endues us with power from on high. No power but that of the Holy Spirit can do it. The Holy Spirit can come to us only when we are still. We should realize this, so that when we come together we should know what we have to do and how we can lend ourselves to the liberation of the Holy Spirit by being of one thought and of one mind. Then the sick and the ailing and the diseased, those in financial difficulties or troubles of any kind, can come here and be freed from their cares, can be healed of their sins. If you will come here and hold the Silence; if you will come here and concentrate in thought; if you will give all your mind to the words; if you will come because of the words and make these words your anchor; then our meeting together will be fruitful, prolific, and there will be born of it the Good that God wishes on us; it will be Pentecost for all of us."

Surely such an utterance will be dear to the heart of every reader of NOW. It is a cause for thanksgiving that in this wonderful setting of wealth and fashion, in one of the greatest hotels of the greatest city of the world, such a kingdom of power has been established. That here, day after day, week after week, something of what is best in the City of New York comes for the message of truth. That here a healing sanctuary has been established fulfilling the vision of Jesus that the hour cometh, and even now is, when it will not be necessary to go to Jerusalem or to Samaria to church or to synagogue, to worship God.

In the light of these things accomplished through faith, my soul joins with Edward Carpenter's, who, after painting mortal conditions as black as night, says:

"And above it all I sit and sing, for I have seen, and what I have seen is sufficient."

Great things are coming and they who see shout for joy.

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THE BLUFFER.  
By EUGENE DEL MAR

1. Idealism or Bluff?
2. The Genesis of the Bluffer.
3. The Ideal Bluffer.

3. THE IDEAL BLUFFER.

"Behind the doer, the deed; and behind  
The doer stands the everlasting mind;  
Behind the consciousness of every soul,  
Behind the emblems known as space  
and time,  
The boundless, ever present and sublime;  
Behind effect, the cause; behind the cause,  
Necessity, the origin of laws;  
Behind the relative, the things that seem,  
The universe with its stupendous scheme,  
Stands the Divine with His Eternal Dream."  
—J.A. Edgerton.

**E**VERYTHING has its ideal. Within each form is the life that animates it. Back of every manifestation is the principle that it embodies. Underlying each and every "good" and "evil" is the One Universal Beneficence!

The immature antedates maturity. The unripe develops into the ripe. The simple grows into the complex. The negative evolves into the positive. The actual unfolds the ideal.

The original bluffer knew that he was a bluffer. He was conscious of being a pretender. He did not believe that he could live up to his pretensions. He hoped to be accepted on a false basis. He was a fraud. In seeking to fool others, he was fooling himself.

He did not know that what he pretended to be, he really was. He was unaware that the power he assumed was really at his command. He did not suspect that the Universal was tempting him to a declaration of inherent powers. He was asserting a truth that his ignorance did not permit him to demonstrate.

Unconsciously, he had been led to revolt against the "worm of the dust" consciousness. In aspiring to more self-respect than this conception permitted, he assumed a virtue that was foreign to his consciousness. He was seeking unconsciously for a larger installment of truth.

In the eyes of the "worm of the dust" consciousness, every assumption of inherent greatness partakes of the nature of a sacrilege. Each time the bluffer tried to spread his wings, they were clipped by merciless knives of satire and contempt. "Worms" had no wings, and flying was not permissible to them.

However, the Universal is never in a hurry. Time is eternal. Growth is grad-

ual. Evolution is a slow process. The ideal was being gradually actualized. Each unsuccessful attempt assisted the bluffer to a higher consciousness. The worm was learning to raise its head from the earth.

The infant crawls before it can walk. The body does what the thought suggests. The crawling thought came before the walking thought, and that long preceded the flying thought. Man's infancy was being outgrown when his thought permitted him to walk rather than crawl.

With greatly increased knowledge, man became conscious of his powers of mind and body, of his vastly increased ability to overcome obstacles, establish purposed conditions, and harmonize with environment. While his feet remained on earth, he now rose erect in his manhood, and looked upward rather than downward.

Man had come into his human heritage. He had ceased to be ruled entirely by his subconscious faculties. He had started on the conscious direction of his life. He was coming to an understanding of his divinity. He was commencing to realize the God Within.

It dawned upon him gradually that he could manifest the truth of his Being, could press out or ex-press Divinity, could convert the invisible ideal into visible form, could make good any bluff of which he could conceive.

The ideal bluffer is one who is conscious of the idea hidden in the fact, realizes the ideal at the heart of the idea;



and through conscious union with the ideal, manifests it in physical form.

The ideal bluffer not only makes good his seeming pretensions, not merely does what he promises, or exercises the power he claims; but the negative aspect of the bluff has been converted into the positive pole of understanding and faith in his divinity.

Bluffing was at first a pretence of faith; blind faith to be sure; a shadow of faith; an unripe faith; a doubt that was the forerunner of faith. It was good in its time and place; better than a faith in the worm of the dust consciousness; better a doubt of the constructive than a faith in the destructive.

The blind bluffer of former days has had his eyes opened to a greater truth. The clouds that obscured his vision have drifted away. The illusions of materiality no longer enslave him. He is no longer the slave of delusions. In realizing his union with the Infinite, the latent grandeur of his soul has found vital expression, and in the human has been manifested the divine.

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Part 2.

THE CELLS--THEIR MINDS AND BODIES

**O**VER the combination of the organs of your body, YOU are the master consciousness IF YOU ARE AWAKENED TO A RECOGNITION OF THAT FACT. It may be of help to put it this way: YOU are that master consciousness, or at least you SHOULD be. If your present state or condition seems to show that you are not, it is evident that you are not enjoying the full privilege of your divine heritage of being the boss of your own life. It is often said that we are all kings and queens and princes. The moment that we recognize the fact of our divinity and get thoroughly established in our minds,— then the power resident in the correct relationship we possess to ourselves, Nature and God, begins to assert itself, and that saying becomes more than metaphorically true.

MAKE THIS REALIZATION INDELIBLE

To get this realization, train to release yourself from the notion that the state of your bodily health, environment, success or the absence of success, all rule themselves automatically regardless of you. They do no such thing. You've brought what you have, whether it be suc-

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cess or failure, sickness or health. You've commanded Nature's occult forces, you've commanded the cells of your body, times without number, to give you exactly what you are enduring or enjoying today. Consequently, in this line of training, learn to buy and command what is needful, purposeful, and in the interests of your success in this life, HERE and NOW. Make a step in that direction right now, while this page is before you. Drop that limiting notion that you are automatically controlled like some leather box in the pneumatic tube of a department store. It is needful right now that you get the big recognition that you have the same relationship and power to the cells and functions and organs of your body, that the creator maintains to this world and solar system, because the world and Solar system comprise His body, and your cells and organs comprise YOUR body as parts and parcel of HIM.

You can reinforce that realization in yourself by a direct action of your Will, aided by what you now know of Suggestion. That Will of yours, once it is freed from the limitations of erroneous thought and like self-imposed restrictions,— once it finds itself in the free play of consciousness,— becomes in substance and being identical with God Almighty.

Remember that the method used is in tenor and meaning, introspective. In other words, by employing your will, conquer yourself, inwardly, first. Then, also by employing the will, make your outward acts, in breathing, exercising, eating and drinking, conform with the Will to Be an Agent of Power and Wisdom. Do not identify your-

self with the opposite force which whines and makes excuses for not doing the right things. Then you will find yourself developing the power over the cells of your body that you might imagine God Almighty having over us as human beings. In other words, we are also cells; our activities compose the cell-life of the Cosmic or Solar Self.

### ANALOGUE

In the more ancient systems of thought along this line, the human being was often called the MICROCOSM, to indicate in a sense that a human being is a small universe. The worlds and the stellar systems, taken altogether, were called the MACROCOSM, to indicate that the universe in a sense, could be regarded as an infinitely extended human being. These are handy names, for if the conceptions they bring with them are well known, then anything said of the universe becomes analogically true of the human being, and anything said that reveals TRUTH about a human being, becomes analogically true of the universe or of God.

### WONDER IN THE WORLDS OF CELLS

Common intelligence regards the physical body as a machine. The machinist who runs it is yourself, subconscious and conscious. That is a good, sound conception to start with. We have, however, already gone deeper than that. We have now been interested in what the machine is made of. We have seen that the various significant parts of that machine are made of countless living particles called cells.

(To be Continued)



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