

GIFT
JUL 15 1924



NOW

A Journal of Affirmation

Thought

Suggestion

Mental Science

Psychology

JULY 1924

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Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.

Time past and time to be are one,
And both are NOW.—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn tomorrows.
—OMAR KHAYYAM.

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Its basic Affirmation is:—
Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.

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Vol. XX.

JULY 1924.

No. 7.

THE MASTER OF FATE

Today on the heights I stand
Above the sea of thought
And look o'er the changing drift
At the baubles for which men fought—
That slip through their clinging hands
And ever remain uncaught.

Unchained through the drift of years
They float o'er the surface clear
And forever warm hands reach out
As the illusions of life draw near;
Till the weary hands sink deep
And the eager new appear.

The eyes of my soul see clear
That the reaching hands were mine
Through the countless ages past
Till I reached the Thought Divine;
Now I laugh at the dream of loss
Since the Gleam of the Whole is mine.

Today on the heights I stand
Where God's winds sing lullaby,
And no more I reach for the gleam
Of the baubles for which men die—
For I reach to the heart of God
And Master of Fate am I.

DEMONSTRABLE PSYCHOLOGY
(Arranged from the mss. of H.H.B.)
Lesson 21.

PRACTICAL PSYCHOMETRY

In the Practice as advised in last lesson you are developing a sensitiveness to radiations from things. This will make you sensitive also to radiations from persons and places.

Few are they who do not FEEL a difference in the various people they meet. No two FEEL alike. Some persons attract and some repel. Some we like and some we dislike at sight. One we trust and one we distrust. This, because their radiations, known as their aura, are not harmonious with ours. They are not in the same pitch with us in Nature's scale of harmonics.

Psychometry is the Art of understanding and controlling this sensitiveness and making it practical. I give in these two lessons a brief outline. Psychometry is the culmination of our knowledge while upon the physical plane of manifestation; it is the recognition and the realization of ourselves as Spiritual Being; it is living the Soul-life consciously; it is living in the consciousness of immortality while in the flesh. You can receive no greater blessing than this, for it banishes all fear of death and the Hereafter, by making that Hereafter, but a continuance of the Present, and thus you live in, and live consciously, the Eternal NOW. The "Art of Living" culminates in living consciously as Soul now and here while in the flesh. The Practice you are advised to continue, is that which will result in spiritual unfoldment. Our definition says— "Not recognizable by the senses." You are learning to live, and to recognize as Soul.

As you sense, or FEEL, the aura of each per-

son, be passive and suggest to yourself, that you understand what you feel. "Thoughts are dying feelings," Edward Carpenter tells us. Lowell says the same in these lines, "When dear Love is dead and gone, Thought comes slowly creeping on." This is a very important fact for you to realize. As a people we are too sensitive. F. E. Abbot says; "we must think more or unlearn to feel." This instinctive feeling, this uncontrolled and not understood *feeling*, is a most important cause of nervous prostration, nervous diseases and insanity that besets us as a nation. Psychometry enables you to understand what you feel; teaches you to protect yourself against that which is not wholesome, and to develop your power to enjoy through this recognition of the finer feelings.

He who feels most has the greatest opportunity for thinking. Learn to transmute feeling into thought, and the whole universe of wisdom is open to you. Till you do thus transmute you are, by cultivating deep feelings, opening yourself to the whole universe of power; and it is power running to waste; power uncontrolled and destructive.

Therefore when you feel good, or otherwise, in a place, a room, in a person's presence, or from the touch of anything, stop all active thought, and in passivity, suggest to yourself that you understand this, and as you forget the sense life, let this feeling transmute itself in the frontal brain into thought. You can do this after a few efforts. Practice will give you this power.

You will often find yourself aching without being able to tell why, or from whence it comes. You can, and most of us do, take conditions ourselves as you have learned in a previous lesson. Through Psychometry you can, when any pain inflicts you, stop, and listening to the Silence, you will determine whence it comes. You will tell from the vibrations coming from within, if from yourself, and by the vibrations from without

if it comes from another person. As you tell your own voice from another by the external ear, so you can tell your own feelings by spiritual perception, from the feelings you take from another, for the Law of Vibration and Sensation is the same in both cases. The power to interpret the sound by the external ear has been developed through millions of years by the race, and each individual has been developing his own ability of recognition during all his life. Time and effort are necessary to this, recognition of Nature's finer forces. Practice by taking in the hand, a garment, a lock of hair, a letter or anything a person has touched, and ask your Soul to tell you what physical ills the person has. Listen to the Silence and you will FEEL the pain they do. Tell this pain to transmute itself into thought, and thus you will know the trouble with the patient. You can locate heart, stomach, lung, or any trouble. But, since we are Mental Scientists, I advise you to go still farther, and find the **MENTAL** Cause of illness. Listen to the Silence and you will find that a feeling of worry, hate, jealousy, fear, grief, or some unpleasant emotion is the cause of this condition of body. By understanding the emotions and passions of humanity you will soon learn through psychometry, to mentally diagnose diseased conditions. This is the only accurate method. This known, it suggests the cure— Change the Thought of your patient, from fear, to Faith, etc.

Psychometry is the best means of reading a character. Mind builds body; every person's body is but the reflection of the real Thought-Man that built it. Therefore enter the Silence and let your real Self, the Soul, vibrate with the person whom you wish to read. Transmute this feeling you receive into thought. Remember to so transmute your every feeling. Do not be controlled by your emotions. Control them; not by repression as is the usual way, but by converting them into thought. Cultivate deep feelings, but make them

a source of health by using them for thought and do not let them be a source of illness, by carrying you beyond Self-control.

I recommend that you learn the phrenological names of the various mental faculties. Never mind the organs. Do not try to locate, but learn the names and meanings of the faculties, and how "to cultivate" and "to restrain" them as phrenology teaches, then, in your psychometric reading, follow along these lines. Think, as you psychometrize, "What is this person's Combativness, Amittiveness, Ideality, Causation, etc." You will soon instinctively so think and unconsciously follow this thought in your delineation of character. You will delineate by interpreting the feelings a person gives you. As you know anger, you know he is combative if you feel so; if you sense little self-control, you are safe in saying "This man is quick tempered." In like manner you may go through the whole catalog of faculties. You can if you desire, combine the truth into one simple statement; and you will do so for yourself—"I do not like that man, because he is not honest! I like that person for she is truthful; she is generous and faithful!"

Practice will develop this faculty till you will act instinctively. As you close your eyes to too great a brilliancy, or shrink from the ugly, so you will psychometrically shrink from the unpleasant, and thus protect yourself from undeveloped conditions in others.

Through this sense you can FEEL, the conditions of people collectively. You can tell the average feeling of an audience, or of a crowd; of a city or of a nation. "Will that business venture succeed?" You can answer. Success comes to you in strong vibrations, while the vibrations of failure affect you as do weak tones of music. By the strength of the vibrations you will tell the conditions of any business proposition. Truth is

all there is. Life is all there is. Success is all there is. Happiness is all there is. Only that which *is*, sends out vibrations. That which is not, sends none. As some truth inheres in every proposition, so does some happiness and success inhere in every condition.

By the intensity of the vibration you are to judge of the Power and of the success. This is the line of prophecy. It is the only line. Seers and prophets are those so sensitive as to feel coming events and by the intensity of their feeling foretell. Highly emotional, highly imaginative persons are very sensitive to prophecy. Large Ideality causes extravagant statements, thus such persons are rarely true beyond the fact that *something* does come *sometime*, that agrees with their prophecy in *some* degree. The feeling of a "coming savior," of a "second coming of Christ" is a Psychometric prophecy. Great waves of Psychic— and of Thought force are felt. They are interpreted in the line of previous training, are colored by the fears, wishes, hopes, and at times by the evil conditions of the prophets. When the wave really comes, the prophet knows it not in its objective manifestation for it does not come as it was colored by his imagination.

You are to guard yourself against exaggeration that is so apt to come, because not till after long experience, will you take in the whole field of vision, at one view. You will see one trait of character, or one condition at a time and will not consider other factors that will modify your decision. Psychometrize your subject carefully and cover all the field before you give the world your opinions. To your friends, give fearlessly what you get, but remember it is practice, like a pupil in the primary school you must learn letters before you can make words, and words before you can make sentences, and sentences before you can write a story. The Psychometric growth is the same.

The ultimate of the practice is to bring you into Self Control, and you will become aware that the Universe is yours to understand and use.

From this condition you will be able to help others for you will feel them before they enter your presence, will feel their mental condition, will understand the cause, and thus speak the right word at the right time.

But you will no more stop to psychometrize every person or thing, than a man in a forest will stop to measure every tree. He can if he chuses, but he is paying attention to other things. So you are too busy to pay attention to every person; but the Soul does note each one, and you unconsciously are led by this subconscious knowledge. I wish this to be the object of your study. I am always led aright by the Soul. I always know what is best and do it. You are to trust this Soul sense implicitly. It will never fail you.

--+=--

HAPPINESS

There are in this rude stunning tide
Of human care and crime,
With whom the melodies abide
Of everlasting chime;
Who carry music in their heart,
Through dusty lane and wrangling mart,
Plying their daily toil with busier feet,
Because their secret souls a holy strain
repeat.

KEBLE.

THE LAW OF MENTAL MEDICINE.

By Dr. Wm. Franklin Kelley.

Part 9.

I might cite numerous authentic cases of the cure of diseases by various systems of healing. All systems cure some ailments sometimes. It is not a matter of,— "does this or that system cure." Any system which applies the Law will get results. I want to make it clear that it is not the system nor the theory that heals, it is the patient's own Soul by virtue of his faith, or by virtue of some suggestion which stimulates his Soul to action.

"But," you say, "there are cases of healing where the patient did not know of the treatment." Certainly, drugs have been administered to a patient without his knowledge and have been the means of cure. There are also many well established instances where mental healers have given concentration treatment without the knowledge of the patient with complete speedy cure as a result. There are also many cases where prayers have been answered and the recipient has been unaware of the petition. These are facts which demand some element of Psychology other than faith of the patient. While in most cases the faith of the healer or of friends of the patient may be the potent factor, there are instances where the element of faith does not enter. Health comes from within and any suggestion which causes the eradication of the Subconscious idea of disease will bring about a cure.

The fact that healing is from within and not from without one's self shows that the explanation of the phenomenon of healing must, of logical necessity, lie in the means of stimulating or calling forth the life force within the patient and causing it to do the healing. By knowing

this we were enabled to discover the great principle of healing which underlies all systems of therapeutics. We have defined this principle as the means which causes the life element to heal. In other words, the thing which stimulates the life energies of the patient and brings about health. What is the law by which this mystical, all potent principle operates? What is this great law which all systems of healing employ? It is the Law of Suggestion.

THE LAW OF HEALING— The principle of Suggestion is the law which thru the medium of Predominant Mental Impression underlies all systems of healing. Consequently, the medium of action and stimulation of the life forces of the body is Mind. The way Mind lays hold of the cells of the body I have explained in a previous article.

"But," says the Christian Scientist, "we do not heal by Suggestion we heal by the power of God." The mental healer may claim that his power is not thru suggestion but thru concentration. The magnetic healer asserts that his healing power is personal magnetism or Universal Life which he commands. So, likewise, the physician will assert that drugs offer no suggestion, for often the patient knows nothing at all about what he takes. The hydropath, the osteopath, the masseur and all the rest— and their name is legion— may claim their particular brand of healing is exempt from the Law of Suggestion, but as a rule each is willing to concede that all other systems of healing are nothing more than suggestion. The fact of the matter is that the great Law of Suggestion underlies all systems of healing and enters into healing as the principle element to stimulate the Soul to action along health lines and away from disease thots.

THE POWER OF SUGGESTION— The following illustration most lucidly depicts the power of the Mind over the body and its instantaneous

operation over the cells and vital organs, even causing death.

There is a story current in French literature that in the days of Mesmer, when the French Academy of Science wanted to test the power of Suggestion as compared to the claims of Anton Mesmer, they induced the French government to turn over to them a number of convicts who had been sentenced to death, the prisoners to be used in experimental Psychology in determining how far Suggestion would influence the victim. In a number of cases it was shown that the prisoners would yield to the belief that they were being smothered, poisoned or bled to death, as the case might be. They actually died in compliance with the suggestions of the physicians who pretended to be carrying out the dictates of the law.

Many people are familiar with the college story of the joke students decided to play on a healthy but suggestible young freshman. They decided to convince the freshman that he was sick. It was planned that one of the men should meet the victim at the dormitory just as he was starting to school, and after pleasant greetings say, "Why, how bad you look! What on earth is the matter, are you sick?" Of course the freshman was very much surprised and promptly replied that he had never felt better. The conspirator left him with this remark, "You look very sick." The unconscious victim met another who told him the same story rather sympathetically and in a different manner. In the class room he met another who repeated the suggestion with appearance of great concern. The poor freshman began to believe that something really was wrong and soon his imagination got the better of him and he became really sick and had to be sent home.

These experiments have been frequently made. I was personally a party to such a one. When I was a boy, much to my later regret, we made a playmate believe that the cherries we had given

him were poisoned. Our victim, a boy of sixteen, became violently ill with fever and cramps and almost lost his life.

It is just here that the most vital fact in Psychology is brot forward and if we are to make our work practical, it should be kept well in mind so that henceforth the student may build the structure of life upon it. It is this. Knowing as we do, that Suggestion is the means of building mental impressions and forming habits, we should lose no time in beginning to order our lives in such a manner as to avoid undesirable suggestion. We should train ourselves to accept only such suggestions as are constructive and for our own good.

THE LAW OF THE SOUL-- We have said that there is a fixed and immutable principle which underlies and supersedes all other principles and laws in governing the operations of Nature. That principle may be called the Law of the Soul. We have seen that it is the principle which determines why things are as they are, and why people and all other creatures live, think and act as they do. This law we have defined as the Predominant Mental Impression, or strongest established thot. Here is the explanation of life, and the thing which rules the universe. The Predominant Thot in the substance of Nature—in other words, that which determines the nature of anything—is the Predominant Thot existing in the Soul or substance of the thing. Thus man is what he is, because of the Predominant Impressions in his Soul.

This is a fundamental law which underlies all existence. It defines the principle by which the life of man is formed, destined and controlled. It molds his character, disposition, Mind, and body. In the same sense it controls the life and action of all substance. It underlies all natural law and manifestation. It underlies even the law of cause and effect for it is the cause of all effect.

OUR INVISIBLE HELPER

By Henry Victor Morgan.

All power is invisible. We see only its effects. The man who says, "I will believe only what I see," is doomed to imbecility. He cannot possibly know that the wind blows, for the wind is invisible. He can only see its effects and feel its influence.

The man who forever deals with the Invisible Cause soon realizes that knowledge of the Invisible is the only Power. Again the man who says, "I will believe only what I see," if he lives true to his statement, will be forced to doubt even his own existence. Strictly speaking, no man ever saw himself. When he looks in the glass, what does he see? At best but a photograph of his outer appearance; and any optician will tell him that the photograph depends on the contour of the eye. He looks at wife and child and sees photographs of the bodies they inhabit; but never a glimpse of the Invisible Cause that built and inhabits the body.

The Bible statement that no man has seen God at any time is not only true about God but true also about all living things. As you pass along the road you see the body of a cat that has been killed by accident. If the body is the cat, the cat is still there. An hour ago it would have scampered away at your approach; now it has no more power to move than the stone on which it lies. That invisible Something that caused it to move is not there, although puss looks the same outwardly, and no scales can be adjusted delicately enough to detect any difference in her weight a second before and a second after death.

Thus a moment of earnest thought on the simplest subject will show us that our every-day life

is clothed with wonder, and that in the very midst of things seemingly most solid we walk midst shadows and that our real fellowship is with the Invisible and Eternal. As Carlyle so vividly and dramatically declared: "Sweep away the illusion of Time; compress the three score years in three minutes; what else was he, what else are we! Are we not Spirits, that are shaped into a body, into an appearance; and that fade away again into air and Invisibility! This is no metaphor, it is a simple scientific fact; We start out of Nothingness, take figure, and are Apparitions; round us, as round the veriest specter, is Eternity; and to Eternity minutes are as years and eons."

All who would reap lasting results from spiritual meditation must enter into this realm of thought. If we live on the surface and accept the appearance for the fact we will ever be mocked by delusions. Matter will weigh us down and imprison us. We will attribute power to that which has no power, and worship the creature rather than the Creator. And the tendency, even among men of science, is to do this very thing. We stand in awe before the many products of man's thought without thinking of the Mind itself that is greater than any of its products.

How wonderful is the wireless transmitter, sending vibrations through space, that can be recorded accurately at the receiving station thousands of miles distant. No man can see the vibratory motion, and yet there before our eyes is proof positive that information has been sent and received. The dreamer's dream of yesterday is the accomplished fact of today. Does mind answer to mind in the same mysterious manner? Can we actually tune our minds so as to receive only the constructive and uplifting thoughts from every source? Are there influences around us coming from invisible sources? Can we become influencing Spirits while in the flesh?

It is with this phase that we are concerned. And the opening of the mind to the possibility of these things is the day of days in human experience, the boundaries of matter disappear, when Omnipresence is realized. No longer do we depend on things seen for support. We are aware of Invisible guidance. Matter becomes our obedient servant and the bodies we inhabit, palaces of delight. We become Invisible helpers to all constructive thought and all harmonious action. The laws of the Universe befriend us. Then it is that to think is to act; and simply to wait expectantly is to receive abundantly.

Was it not of this of which Emerson spoke when he said: "He who finds God a sweet enveloping thought never counts his company?" For what, after all, is God but the intelligent Principle of all harmonious action? In much of the past thought of the race, God has been portrayed as an austere monarch, sitting outside the universe, whom we must serve with fear and trembling, whereas, the illumined of the race, have ever portrayed God as the great Servitor.

Our modern mystic Canon Wilberforce, has pointed out that God has actually laid down His life for us in nature; while Emerson declared, "As a child rests upon the bosom of its mother so does man rest on the bosom of God;" and Jesus said "It is not I but the Father that dwelleth in me, He doeth the work."

No human words can explain the fulness of the thought of the Indwelling and Overshadowing Presence. Just as man lives in every part of his body so does God live in every part of His universe. Paul saw this and declared, "In Him we live, move and have our being." When we consciously live in this thought we realize that "all power is given to the Son." There is no fear of lack or failure. There is an abiding intimacy, as between the air and the lungs. God is no longer

a name on our lips but an Abiding Presence.

Speak to Him for He hears,
And Spirit with Spirit can meet,
Closer is He than breathing,
And nearer than hands and feet.

It is the vision of Totality. There is or can be no outside to God. Of old, the Psalmist saw this when he declared that though he take the wings of the morning and fly to the uppermost parts of the earth He is there; and though he made his bed in hell, God was even there.

Can it be possible that God is even in hell? So contrary is it to our past theological training, that at first the thought is almost shocking; yet it is even so. Wherever the soul turns to God in thought God is there. Out of the depths of sickness, poverty, and despair, suffering humanity may look to God and find health, supply and gladness.

The very air we breathe is alive with the life of God. Know this and consumption will flee as shadows before the sun. The voice of the Eternal in every soul says: "Acknowledge me in all your ways and I will bring it to pass." All that is necessary to know in order to deliver yourself from every limitation is that God is everywhere evenly present. Jesus demonstrated the possibility of every person who looks to God as the only Power. Man separated in thought from God is weak and helpless, but it is when conscious of his unity with God that he can overlook suns and stars and feel them to be fair accidents that the soul worketh. Conscious, loving recognition of the presence of God in every detail of life leads us to the secret place of the Most High.

A little card reached me recently, evidently written by one whom this thought inhabits. Only two lines, and yet it had more helpfulness than whole volumes of sermons. One of the great

key-thoughts, small in itself and yet capable of opening the door to infinite wisdom and limitless growth.

"Think of self, trouble grows,
Think of God, trouble goes."

I would simply add to this that when you think of yourself as a part of the Self of God and the all of you as a part of the All of God, you are leaving yourself open to that experience known today as Cosmic Consciousness, by Bible writers as Power from on High, and by the Hindus as Nirvana.

Henceforth you live beyond the need of denial or affirmation, where treatments are no longer necessary. Of one who had thus practiced and attained we read: "They brought forth the sick into the streets and laid them on beds and couches that at the least the shadow of Peter passing by might fall on them.

Blessed are they who by their communion with the Invisible Helper have attained to that state of helpfulness that even their very aura is contagious with the health of God.

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GENIUS

Men give me credit for genius; but all the genius I have lies in this: when I have a subject on hand I study it profoundly. The effect I make, they call the fruit of genius; it is, however, the fruit of labor and thought.

ALEXANDER HAMILTON.

SUCCESS

by Charles Hine Hubbard

To succeed at anything gives us great happiness. We desire to prove that we are able to use our abilities successfully; we take deep delight in showing others that we are capable. In short, give us success in all our ventures, and we will not ask for very much more in the way of happiness. This is the trend of our thought, as a rule, and while some have dubbed it as egotistical and selfish, the truth is that in following such a trend we are but following the natural laws of our being. In any success there is always found that it has a salutary effect upon the lives of others, therefore we can't have too much of a successful effort manifested in our lives.

There is a certain type of people, who, having learned somewhat of different subjects are prone to confront all aspirants to Success with a pessimistic form of advice, they holding these aspirants as in knowledge, are not so nearly conversant with the prime essentials as are they, give this advice: "You must do this" and "You must do that," these founts of wisdom caution until the mind of the aspirant is left in such a maze of contradictions that it is indeed an effort for them to get back to plain, good old common-sense.

Who is the teacher? Everyone is their own teacher. That is the law of life, that no one can teach another, really do it, the teacher can only point out a way or course to pursue and always he who is called the learner must teach himself through bringing forth the wisdom which is within him. Therefore it follows that all we would know of Success is already within us, ready for development by our efforts. All that we would know of anything is likewise within us, ready for

us to develop successfully. All that we require is to know the foundation of our subject in which we are to succeed, practice what we know faithfully, and of course good results are bound to come into manifestation. Filling the mind with a set of different ideas culled from others is good only insofar as it can serve to clarify our understanding: we ourselves must do the work, the actual work, of setting into action, successfully, what we know. In other words we must be original and we can't be original as long as we copy the thoughts of others and think the thoughts of others. When we are original thinkers that places us in touch with Power, it causes us to stand on a sure foundation, for always what we develop through our efforts is known to us thoroughly and we have a grasp on all its essentials that is so powerful that it cannot fail to bring about successful results.

In going about the matter of demonstrating what we know, we first must simply understand what we want, that is, what the nature of the desire is in its simplest form. As an example of this, the first paragraph of this article will explain what is meant along this line. Here we have manifested just what we want, given in simple, understandable, true-to-life terms. It is fact, in other words, the fact of a Desire which we have. It is the Truth, and the Truth we know to be unalterable. Therefore, we cannot fail when we have such a sure foundation,—in our mind,—of the truth-nature of Desire. Happiness is the *result* of being successful. And, the only result. So there can be but One result from One cause, and the result is like unto the cause, in nature. Just as a son is like his father, or love is like God. Truth produces Truth, God produces God, Mankind produces Mankind, trees produce trees. Similarly, Thought produces Thought, and the Power of Thought is in causing it to produce that which is successfully desirable and naught else. However, we see that Man's dual mind ac-

tion will tend to sometimes offset his successful aspirations through leading him to think the opposite of Truth. The dual action of the Mind is then, the one and only obstacle in the path of Success. As the Mind manifests duality from a dual cause, we must find the way to govern it so that it will not become an obstacle to successful efforts. The only way is to become simple, lowly, meek and humble, just like Jesus Christ said. Why? Because in such a state of Mind Action, duality disappears as a concrete factor of Mind. The mind becomes clear, a course of action becomes clear, necessarily the action itself is clear and so success results. Was not Jesus Christ a success? What was the cause of his success? The Manifested Truth of Being. He said: "I am the Truth,—" the manifested truth of being. That means that everything which is not the Truth is absent and to be the opposite of meekness, lowliness, humility and love and is not the Truth of Being. To be successful we must manifest only the Truth. Then all success that can be becomes our privilege to manifest, when we live the manifested Truth of Being.

Now, the matter of being humble, meek and lowly is by many thought to be a very pitiful state. Something on the order of like the beggar when asking for alms. We are prone to look down on such a state as being too decidedly uninteresting. Therefore we miss the glory of seeing the glory of such a state of Being; also the True Success that always awaits us when we manifest it. Suppose God came to you as a beggar, and you poised in self-righteous and vain thoughts would serve Him but not see Him. On the other hand by becoming as is He, lowly, meek and humble, you would be able to see Him, and seeing Him, love Him truly. And what is being lowly, meek and humble? Really. It is not a pitiful state, by any means, for God manifests it, and He is far from being what we call a pitiful state. Let us take lowliness. What does

it mean to be lowly? It means not to be holier-than-thou, more learned than thou, more this and that than thou, and it means to be natural,—naturally manifesting what we really are, minus all fads, fancies, errors and artificialities. What does it mean to be meek? It means not to be presumptuous, warlike, revengeful, haughty and self-seeking only, and it means to be, again, natural, lovely in disposition, happy, sincere and helping others. What does it mean to be humble? It means not to be self-exalted, filled with pride, cruel, double-dealing and false, but it means to be gracious, kind, truth-telling, in brief, just naturally manifesting all that is God-like. Like begets like, and as the attributes of meekness, lowliness and humility become the true manifestations of our Being, naturally we attract God, who is the very Perfection of these attributes eternally, within us to manifest all that can be a True Success.

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A GOOD WORD

Have a good word for everybody. The only man who has a right to look down on others is the man in an airship. Even the tombstones speak well of those beneath them.

—SELECTED.

SUBCONSCIOUS MIND

PRODUCES INSTANT CHEMICAL CHANGES IN THE HUMAN ORGANISM, as demonstrated through an experiment, more convincing than a volume of testimonials. Let me show you without cost how to make this experiment.

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