

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

# NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,  
And both are NOW.—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn to-morrows. —OMAR KHAYYAM.

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HENRY HARRISON BROWN  
Editor and Proprietor  
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## The East to the West.

(*1 M. A. M. Jan. 1, 1901.*)

"Hello!" Old Rocky 'phones to Himalaya,  
"What is this vibrant rosy glow  
That morning throws upon your peak,  
While o'er me as a newborn bend  
The brightest stars that in my eons were?  
No throb like this my centuries' vigils know.  
My Soul leaps out in harmony to seek  
The cause of this seismic wave you send."

"Comrade, rejoice! It is the dawn  
Of day my earliest prophet saw!  
The Aryan hope o'er all earth ran.  
Its latest born your Liberty!  
Now the century comes! 'Tis glorious morn!  
The Earth proclaims the reign of Love as  
Law.

Nature's travail 's o'er! The God in man  
Asserts its Selfhood and declares 'I'm Free!'"

The glory crowned Old Rocky's head.

The Andes chanted "Requ em."  
Elias, like the Memnon old,  
"Te Deum" sang to golden day.  
"From priest and king!" the echoes said,  
"From Lust and Hate is born Good-will to  
men!

Volcanic fires consume the Greed for Gold,  
And Cosmic Life proclaims the reign of  
Love for aye!"

—Henry Harrison Brown.

January 1, 1901.

## For NOW.

I affirm for NOW and its readers,  
and for all humanity, health, happiness  
and plenty. The glories of the Twen-  
tieth Century will reveal to man his  
divine birth. And through Soul Cul-  
ture he will find the "Kingdom of  
Heaven" within.

The Queendom of Woman will be  
made manifest in her taking place be-  
side, the equal, of her brother, in un-  
folding all the beautiful attributes of  
the soul and in uplifting all who are in  
doubt, sin, sickness, or error. This  
she will do *here and now*, making of  
this dear old earth a haven of rest and  
peace, of justice and love. This is a  
happy New Year.—Elizabeth Craigg,  
*Mental Healer and Teacher, Waco, Tex.*

## Affirmations.

"Though He slay me yet will I trust in  
Him."—*Psalmist.*

The ONE is All-Good, therefore I  
fear no evil.

The ONE is All-Love, therefore I  
am in His loving care.

The ONE is All-Truth, therefore I  
live and have my being in Truth.

The ONE is to me Father, Compan-  
ion and Friend, therefore no evil can  
befall me.

In the ONE there is All-Power,  
therefore it will sustain and protect me.

The ONE abideth in me, therefore I  
am Protection.

Whatever befalls me comes from the  
All-Good in me and therefore no mat-  
ter what it is I will trust the Good and  
wait in Love the end which I know is  
good.

All Expression that I have is neces-  
sary, and what is necessary is Good.  
Then no matter what the Expression,  
the Experience, I will trust and wait in  
Love.

If seeming evil comes, will I trust the  
more the Good that I know is in it for me.

If seeming disaster comes, I know it  
is some lesson the All-Good has for me,  
and I will all the more trust.

If seeming loss comes, I know it is  
only an added power when I shall have  
learned the lesson of Self-reliance, and  
I will trust all the more.

If seeming sorrow comes I know  
that it is only a lesson of courage and  
faith, and I will trust still.

If I am thrown into poverty, all my  
property taken from me, I will trust,  
for the ONE is my supply and "I shall  
not want"

If debts pile up to threaten me, I  
will trust the ONE in whom is ALL,  
and each day will do the Duty before  
me, in Love. Thus will I pay the debts.

If all seems failure, I will trust the  
ONE who is Success, and in the lowest  
depths I will still sing my hymn of  
Trust until Success crown my aspira-  
tions.

No use for Trust until the time of  
trial comes.

I cannot know that I do Trust until  
these Lessons of seeming evil come.  
Then all these conditions from which  
I shrink are the gymnastics of my Soul  
in developing its Divinity into Expres-  
sion.

As a child trusts its mother in its  
time of trial I trust the ONE, my  
Father. He is more than earthly parent  
in Power, Love and Truth.

Whatever comes, He in me, sends it  
through Expression. It is the sign of  
my growth and I take it in Trust and  
Joy.

Welcome are all Life's Lessons.  
Though they may seem to separate  
Soul from body, I know that I grow  
strong through them. I no longer  
suffer, but "rejoice in Tribulation."

I am, because I can overcome the  
conditions of seeming. In the ONE  
Reality I find my SELF—an indivis-  
ible part of the Omnipresent and Om-  
niscient ONE. Therefore I trust Him  
in me, and I in Him. All is Good.

I have no answer for myself or thee,  
Save that I learned beside my mother's knee;  
All is of God that is, or is to be,  
"And God is Good." Let that suffice us still  
Resting in childlike trust upon his will  
Who moves to his great ends, unthwarted by  
the ill.—*Whittier.*

"Though he slay me yet will I trust  
in him." The man who has acquired  
such faith as this is the true freeman of  
the universe, clad in the stoutest coat,  
of mail against disaster and sophis-  
try,—the man whom nothing can en-  
slave, and whose guerdon is the serene  
happiness that can never be taken  
away.

—John Fiske (*Through Nature to God*).

Yet, in the maddening maze of things,  
And tossed by storm and flood,  
To one fixed trust my spirit clings,—  
I know that God is good.

—Whittier.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US.—FANNIE B. JAMES.

## NOW.

## Primary Lesson No. 9.

## Concentration.

"The secret of all power is concentration, and all concentration involves the necessity of a certain narrowness."—Emerson.

In the study of the occult or the psychic the new student becomes confused by the use of terms in a technical sense to which a somewhat different meaning is given to that of ordinary speech. But after all, this technical sense does not differ from the real use of the word. This word *Concentration* used in Mental Science is a stumbling block to so many that I must here clear away the mist before we go any further.

I have several letters recently asking how to concentrate or saying, "I cannot concentrate," etc. My reply is: "You *do* concentrate." Every person does. There is no art that is anything but the common doing of man. No faculty can be created. No new power is manufactured. If Concentration is a reality, then all men possess it. If it is "The secret of all power," then where there is any power there is concentration. Man uses power. It follows then that he concentrates or he would be power-less. So much power manifest, so much concentration.

There is power in the powder. Flash it in a pan, little show of its power. Confine it within the chamber of a gun, there is an expression of power that sinks a battleship. The difference between men then is not in the amount of power they possess, but in the manner of its manifestation. Little concentration, little manifestation. All greatness is born of greater concentration.

The opposite of concentration is *Diffusion*. "Too many irons in the fire" is the proverb.

The motto of concentration is "One thing at a time." Concentration is only Attention. "Pay attention to what you do," is the direction of wisdom. The cat watching a mouse is the type of concentration. Follow this in Nature's evolution from cat to Newton. It is only Attention to the thing in hand.

The natural attitude of the mind is to concentrate. The fickle, wandering mind in the product of civilization or of a false education. An education that causes a child to do that which is unpleasant to him, or a civilization which causes man to work at that which is not his desire. "These people honor

me with their lips but their hearts are far from me" the old prophet said. It is so in our civilization where Necessity rules. To concentrate where we do not love requires a conscious effort of will. We all naturally concentrate where we love, as water flows in its channel.

The first thing for the student of Soul Culture to do is to *love* what he tries to do.

This is the whole of the 9th Lesson in Soul Culture in a nutshell—Love that you are trying to do; you will then Consecrate and BE the power you desire.

## My Answer.

How do I like my Christmas present, the editorial in the December NOW? Greatly. You hit the right point this time and with the right words. Evolution is understandable only in terms of Spirit. Behind the changing material forms stands the Unchangeable,—the Eternal Life,—manifest to us through a multitude of aspects. Protoplasm is the same whether in oak, oyster or man. How many times during the long ages have the atoms now in my body been used by Spirit, that it might express itself through other forms? The only evolution is that of Spirit Expression. As it advances it requires other forms and *builds* them. These advances have been slow, hence the long series of related forms. With the advent of man, progress hastened because he became a conscious factor in his own evolution. Instinct, Reason, Intuition. These are the great stages of unfoldment. All mankind has reached the second; a few favored ones the third. These no longer "see through a glass darkly." They are face to face with Truth, and look forward joyously to the day when shackled no more by space and time, they shall be free to execute the Ideal in the Eternal, Here and Now. May this be the Gospel of the new century and you one of its ministers.

R. S. KELLOGG.

FAY, KANSAS.

Man shall not ask his brother any more  
"Believest thou?" but "Lovest thou?" till all  
Shall answer at God's altar, "Lord, I love."  
For Hope may anchor, Faith may steer, but  
Love

Great Love alone, is Captain of the Soul.

Henry Bernard Carpenter.

## The NOW Course of Lessons in Psychometry.

The reader's attention is called to this course as advertised on last page. Psychometry is taught both as an art and as a science. The necessity of sensitives understanding themselves is more and more evidenced each day by the increase of the nervous diseases and insanity and unhappiness that comes from that condition. A course in this line will be of untold benefit in this particular alone. It will enable the student to protect himself from all unpleasant vibrations and to come en rapport with any he may choose. There is not before the American people another course like it or that will give for the money so much valuable information. Those who take the \$10 course have the benefit of experiments that will convince them of their power in this line and from it they will reap benefits in health, happiness, usefulness and prosperity. The lessons are all new and prepared for those who need elementary instruction. Each reader of NOW may for the next 8 weeks have an extra subscription to NOW with each \$5 sent. Thus help your friends to the Light while helping yourself.

## Selections From the Writings of George MacDonald.

"Helps for Weary Souls." Compiled by J Dewey. Price 50c.

The Purdy Publishing Co., Chicago, sends NOW this beautiful little book. It came on New Year's day and no sweeter and no more helpful words could have come to NOW than these true, tender and loving passages from a sweet and wise author. Let all who wish some Affirmations, bound in beauty, send for this and place it as I have, beside the NOW Affirmations, to read at bedtime. Sleep with these thoughts and then "Joy cometh in the morning." May be ordered from this office.

## Sample Copies

Of NOW will gladly be sent to all names my subscribers will furnish of parties they think may sometime feel interested in the New Thought and thus become a patron of some of its journals. I send out no more on promiscuous lists. Such encourage a free forage on the press. Copies of current issues are 5c each. Samples will be sent free to all who apply for them.



### With a Christmas Letter.

Not to him who rashly dares,  
But to him who nobly bears,  
Is the victor's garland sure.

—Whittier.

So sang the poet, who for slave  
Wrote and wrought, until he saw,  
O'er the broken fetters lie,  
Protection of the civil law.  
From the first he saw that Truth  
Firmly held and lived in Faith,  
Was in the *Now* a sure success,  
Whate'er the seen conditions saith.

So this day when deified  
Is Love, and all hearts feel its joy,  
Is "Peace on earth" now realized  
By those who the right thought employ.  
And Truth proclaims her equal sway;  
For they ask of us nothing less  
Than all we have in Faith, and then  
They make each dream a sure success.

—Henry Harrison Brown.

Christmas, 1900.

### Horatio Dresser

Has a most needed article in the January number of his "Higher Law" upon "Recurrences" that I would like to copy, entire, because I have myself for several years felt that I had no right to heal without educating, at the same time, the patient to live rightly. And have, therefore, ever coupled my absent treatments with instruction. Here is one passage I must find room for:

"It is my mode of life that makes my disease, not my thought. If a healer explains this to me, he does me a lasting service. If he does not, his work will cease when my enthusiasm ceases. I alone can change my life; no one, no healer or physician can do it for me. And everybody who has lived and suffered deeply knows, that the life is only changed bit by bit, through very gradual evolution. Every time the evolutionary energy touches a deeper centre there is apt to be a recurrence of the old trouble. Recurrences are the experiences, which above all others, compel people to think they are evidences of progress. They are good. Rightly understood, they are an open door from enthusiasm, mere thought and self-complacency, to real knowledge, a modified life, and a genuine poise.

### The New Century.

Faith is not dead, tho' priest and creed may pass;—  
For thought has leavened the who'e unthinking mass.  
And man looks now to find the God within.  
We shall talk more of love and less of sin,  
In this new era. We are drawing near  
Unatlated boundaries of a larger sphere.  
With awe I await till Science leads us on,  
Into the full efulgence of its dawn.

—Ella Wheeler Wilcox.

### NOW.

In his little serial, NOW, Capt. H. H. Brown is giving the thinking people of the land some flashes of spiritual truth. The captain was always a truth seeker, and his search has lead him into every field covered by spiritual science, etc. His paper is worth reading, even with its tendency to capital letters and italics. Truth often requires capitals to express its meaning, and frequently uses italics to impress its revelations upon the minds of its followers. Metaphysics, mental science, spiritual science, etc., etc., are all held to be branches of the grand trunk of the tree of Spiritualism. Success to NOW, and when it becomes "Then," may it still be successful.

—"Banner of Light," Dec. 15th.

### The One Life.

In the ordinary sense, I do not believe in God. There is no being up in the clouds, or in any sense shut away outside of me. I am God. All is God. The only God is Life—the One Life—the Life in worm as well as in man. There is nothing but this one Force, or Being, or Energy. And man is the Expression of all, the one object of creation. He contains in his body the forces of creation, and his will is capable of accomplishing any desired thing. His Will is the conscious expression of the One Energy. Nature is a unit and all atoms are physically connected by etheric links—just as spiritually, everything is eternally attached. All is One.

—Fred Burry, in his Journal.

God veiled in human form! Only God! All men are veils of God, but am I to see God through the veil! To see the God of man and the God of Gods walking, moving, talking. To see and know in spite of all this seeming, all this appearance, all that pertains to the mortal, that only God is there. To stand quietly by and *know* with a knowledge born only of the God within yourself, that God really talks and walks with men.

—The Elevator.

### LIVING AS A FINE ART.

A series of Soul Culture Essays, by Henry Harrison Brown, Editor of NOW. Price 60c.

These Essays were published in *The New Man* during the year 1898. They are equal to anything the author ever wrote and are what they claim to be, a course of Lessons in the Art of Living. The Magazine for the year will be sent for 60c. Besides these essays they contain valuable articles from the pen of Dr. Braun and W. J. Colville, and others. May be ordered from this office.

Mrs. Anna McGowan, author of "Wrinkles" and "Supply" sends NOW an article for the February number, and says in her letter: "I wish you a happy and prosperous year. Have you thought what a host of blessings the old century has brought to man? I am thankful to have lived the last sixty years of it, and in spite of all vicissitudes bless its memory." So will we all. But the next century and the millions to follow it have as much of unfoldment and of blessing. No exhausting Infinity. Let us take Tennyson's thought for our affirmation when we think of time:

Forerun thy peers, thy time, and let  
Thy feet milleniums hence, be set  
In midst of knowledge not dreamed of yet.

Thou hast not gained a real height,  
Nor art thou nearer to the light,  
Because the scale is infinite.

All that nature made thine own,  
Floating in air or pent in stone,  
Will rive the hills, will swim the sea,  
And like thy shadow follow thee.

—Emerson.

### The NOW Course of Lessons in Psychometry

I have prepared a new course of Lessons for the readers of NOW, which I will send without the letters and experiments for \$5.00.

For \$10.00 I will send the 10 Lessons, and with each Lesson Two Experiments. The pupil will write at the close of the Lesson the result of the experiments and receive a letter of personal instruction. No Lesson taken up till the previous one is well understood.

These Lessons are unequaled by any yet given the public. They are the result of 25 years experience in private and from platform, and from six years class experience. Satisfaction is guaranteed.

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Plant lillies and lillies will bloom;  
Plant roses and roses will grow;  
Plant hate, and hate to life will spring;  
Plant Love and love will bring  
The fruit of the seed you sow.

Mrs. Osgood.

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## NOW.

OFFICE OF NOW,  
33 S. SECOND STREET SAN JOSE, CAL.

JANUARY, 1901.

## NOW.


HENRY HARRISON BROWN, EDITOR.

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A monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.  
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credited to others is his.  
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fest as spirit here and now.

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and see if your subscription has expired.

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and Mexico, must add 25 cents to the  
ordinary subscription price to cover  
postage. Do not send foreign P. O.  
stamps.

There are no more copies of March,  
June and July numbers. Have plenty  
of all the rest to last sometime at 3 for  
10c.

## Announcement.

As during the past year NOW  
will try for only the "best." The  
merely good in literature keeps us  
from the "best." I have striven to  
make NOW valuable as literature and  
for its stimulating Thought. I intend  
it shall have no superior among the  
New Thought journals. *It is the only  
Journal of Affirmation in the world.  
The only one that makes Affirmation the  
basis of all its utterances. It IS! It  
is a journal of the Indicative Mood and  
Present Tense. The first one and the  
only one printed.*

I shall invite, and as far as possible  
obtain, articles from experts in all the  
lines of the New Thought. Friends of  
Truth are supporting me in it and  
NOW IS!

Thanking you all, my brothers and  
sisters, beforehand for the assistance  
you are giving me during the year one.

I am in Truth and Love yours,

HENRY HARRISON BROWN.

## To my Readers.

This is the 11th number of Vol. I.  
The next issue will complete the first  
volume. The great majority of sub-  
scriptions to NOW will close with the  
next issue. You all desire to renew  
your subscriptions. Will you not send  
an extra 50c. as subscription for a  
friend? NOW has been furnished you  
at one-half the price of the majority of  
the Mental Science journals. Many at  
\$1 per year are only one-half its size.  
I do not wish either to increase the  
price, nor to cut down its size. When  
the present subscription list is doubled,  
it will more than pay expenses. It has  
not done so this year. In addition to  
all other expenses the U. S. P. O.  
Dept. has not yet given me newspaper  
rates (2d class), and it has cost me 17c.  
per lb. postage, instead of the regular  
rate of 1c. Unless the Department  
shall decide that NOW is entitled to  
regular rates, and return me the cash  
deposited with it, I will have as the in-  
come from a subscription only 38c. The  
means to carry on NOW has come  
either from my income from my other  
work, or gifts from friends.

NOW is sure of success. It will live  
and become one of the most widely  
circulated of New Thought journals.  
Its present status warrants this state-  
ment. It only asks of its friends sup-  
port. Let each of present subscribers  
send \$1 during the year and there will  
be a *printing fund* to meet all bills.  
Will you do it? Yes! Write when  
you are moved to, and remember, NOW  
will be sent to all who desire and  
promise to pay during the year. Send  
what you can now, and the rest during  
the year. Let the promise be \$1,  
either as a donation to *printing fund*  
or (as I prefer), for two subscribers.  
All will receive the first number of  
the new volume. Those who do not  
send at least a postal saying "Keep  
on," will be dropped. NOW is yours.  
It is Truth's. It is Love's. I am only  
the manager, under the Father, of the  
external work. He and You keep its  
Light shining.

Before I was ten the everlasting conflict be-  
tween god and evil—God and the Devil—  
attracted my attention in sermons, etc., and I  
used to wonder why God never beat, and I  
grew up with a tender motherly love for God  
as the under dog in the fight.—A correspondent  
of "Freedom."

## A Twentieth Century Problem.

"Man must learn to think more pro-  
foundly or else unlearn to feel." Wiser  
words of admonition than these of  
Francis Ellingwood Abbott cannot be  
given in the beginning of the year one  
of the new century. Mr. Abbott, in  
his "Way Out of Agnosticism" (pub-  
lished some 25 years ago), saw the  
tendency of present civilization. It  
was making man too sensitive, and this  
sensitiveness was the precursor of death  
if—yes if—man did not learn to pro-  
tect, to unfold and use corresponding  
powers. The civilized man is a bundle  
of nerves, and because of this increased  
sensitiveness there is a corresponding  
increase of disease, and especially what  
are called "nervous" diseases; but *all*  
disease manifests in the body as ner-  
vous conditions, first. Hence all dis-  
ease is nervous; is lack of nerve power;  
is only lack of spirit manifestation.  
All disease then, as far as body is con-  
cerned, is seated in the nerves, is  
*Feeling*. As man increases in soul  
unfolding he increases the power to  
feel; this increase of feeling—sensation  
—results in increase of disease, crime,  
insanity, imbecility, degeneracy, and in  
a threatened destruction of civilization.

Says Geoffrey Mortimer, in his work,  
"Chapters in Human Love": "The highly  
civilized man is a bundle of sensitive and  
often somewhat morbid nerves. He is more  
passionate and voluptuous than the savage.  
He has more imagination and greater suscep-  
tibility to pain and pleasure; in fine is on a  
much higher passional plane. His obedience  
to the reproductive instinct is manifest in a  
sex-love that has not lost, but rather gained  
in passion, and warmth, while to this in-  
creased sensibility to physical pleasure is  
added a hundred concomitant commingling  
tender-sentiments. The cerebral development  
and the environments of the civilized man  
cause him to reflect and dream upon his sen-  
sations and emotions, to invest the act of love  
with poetry and to find subtle meanings and  
symbols in marriage. Such a being cannot  
act as a mere creature of instinct. Upon every  
affair of his physical life he is compelled to  
think with more intensity, with more or less  
curiosity and desire of knowledge."

Through then the Master Passion—  
Love—man has risen to present attain-  
ments till now the world he has builded  
threatens by its very intensity, to tear  
him down.

Again and again has man come up to  
the present sensitive condition and  
gone through degeneracy to primal  
conditions. "Behind the ghosts of  
empire dimmer ghosts of empire loom."



The cities of ancient Greece are built on mounds of forgotten civilization. Will the present era go out like those of Accad, Assyria, Babalonia, Greece and Rome? Will this century see the decadence of the present civilization? If insanity increases as it has in the past 50 years; if crime increases as it has in the last 30 years; if disease increases as it has in the last 50 years; if luxurious ease increases as it has since the end of the civil war; if tramps and millionaires continue to increase in the same proportion that they have in the last 30 years; if education continues to degenerate into routine, formula, and diploma, as it has in the last 20 years; if religion continues to become, as it now is, a matter of sect, respectability and fashion, then there will not be, at the close of the 20th century, enough left out of prison and hospital, competent to labor for, to care for, and to protect, society from the masses of the incompetent.

This all comes from the danger Mr. Abbott foresaw. Men feel too much with present knowledge. And present knowledge as held by college, school, church, press, and public opinion is not capable of saving them. New fields must be opened to human thought, or the race goes backward and some future Phillips will lecture upon "The Lost Arts."

Will it be so? NO! but the college, the medical fraternity and the church will not be even a factor in the "Cure of Civilization."

All the knowledge these possess is of the Without. They know the earth, the stars, and the body of man. The REAL MAN is unknown. Only SOUL-knowledge can save. The church claims to be concerned with the soul. It has plenty of emotion, but it has not knowledge. The "profound thought" of which Abbott saw the need, comes as the Christ ever does, outside institutions, and is born in the manger of the common people. It is here. The promised Savior has already come. The day of redemption is here now, in the many movements that are studying man as SPIRIT. Knowledge of the real SELF is the Christ that was to come. Soul Culture, under whatever name, is to save the race from repeating the decay of nations. In the thought of Jesus lies the redemptive power—"I and my father are ONE!"

This is the scientific prophecy for the next 100 years! All individuals who are not able to survive in the evolution of the psychic man, will die as unlit. Enough individuals will survive to introduce the Psychic era of man. The Christ is not a person, but a Principle. That Principle will materialize during the coming century into enough individuals to people the earth with a new race, each the equal of "Him who spake as never man spake."

The needed knowledge to save is now coming into expression in hundreds of periodicals, teachers, organizations, all devoted to various forms of the New Thought. These will all fuse into one in due time, and that one will be in the line of the NOW thought—Man is Spirit and lives the eternal life Here and Now.

It is the purpose of NOW to teach this as far as Truth can find utterance through one brain or one journal. Ever before its editor is the great mission to which he has been, by the I AM, called,—Preparing the race for the Psychic era that is to come.

### Words of Gold.

Mrs. L. A. G. of Conn. writes: "Your little journals have arrived. I have been studying them ever since. They are precious, more precious to me than gold. They are already bringing sunshine into my heart and love into my life. They are bringing me into a realization of the God within. When you send out your nightly thoughts in blessings to those striving their level best to come up out of darkness into the beautiful sunshine of God's love please remember me." Blessed, you *are* in that sunshine now. Realize it *now*. That is what NOW is for, to help you realize that Sunshine of Love is now yours. At nightfall my Thought goes out in love to all NOW readers and all who say as Mrs. G. has, have the near thought of personal Suggestion, it surely helps.—I. W. W. of Cleveland, O., says: "I took NOW on trial three months. As I use it as an aid to business success and have been successful of late I am thus able to send my subscription. Enclosed find \$1 which credit to me." That is the way. When every one benefitted will share with NOW, then it will be easy for me to keep it up to the standard set for it. Life is to each harmony. This means Health, Happiness and Success.

These are ours by right of birth as Children of the ONE God. NOW will help each reader to realize that he or she *already* possesses all that is needed for a perfect manifestation in Life of Divine Love.—Miss Jennie E. W. of R. I. writes: "I am so much pleased with NOW that I wish my friends to have it and so I enclose \$1 for which send it to....." That is the way to help the Word, and NOW and SELF. Let each sub. imitate this, and NOW will be, financially, on its feet, a full-grown child.—A Kentucky M. D. writes: "I have not received my October NOW. I miss it very much, in fact, I prize it higher than any other journal I take." Good. His patients have cause to give thanks.—Miss F. D. writes from a medical college in Iowa: "Through Dr. .... I became acquainted with NOW and it is helping me so much that I wish some of my friends to see it. Some one suggested that I was restless or discontented, else I would not have settled upon this 'new fad.' I admit it, but I never could find anything that rested me until I felt the New Thought. I am reading the NOW books as fast as I can get hold of them. I can loan my papers to friends near me but I cannot spare them to send away. I need them by me all the time." Is not that good for us all? But F. D. must look out for mental dyspepsia. Many read too much and failing to DEMONSTRATE, lose the hold of Truth. A little reading well digested is the rule. Take it in doses of Affirmation every hour; every minute. Then general food can come without danger.—Frank writes again: "My eyes are better. Shall discard my glasses soon. So that is all settled. I am truly thankful for all you have done for me, especially for the silent power sent me."—Mrs. S., a Mental Science teacher of Oakland says: "I really do not see any one source where I find so much real joy and rest as in NOW. The whole paper gives great strength and sympathy. I can take nothing from, neither can I add to the Affirmations. There is power in the Word."—Mrs. M. L. W. of Mass. writes: "I think the poem 'Over and Under,' goes ahead of any poem I ever read over and over again, for I see more in it every time I read it. Please send copies of NOW with it marked to my friends....." It is true that Truth expressed in one way appeals to

## NOW.

some persons while it will not to others. It is Nature's way to have variety. My poems may not be poems to the rhetorician, but when they flow from my pen I feel that they come for some one, and after they have simmered awhile in the drawer, if I still feel so, then I give them to NOW. It is good to know they do good. Each will find in NOW each month something that appeals to him or her. That part is *for* them. And it is worth all NOW costs a year. A mistake is made whenever money or labor or time-value is placed on any glimpse of Truth. It is priceless and eternal. On its force we are carried to untoldment. For this reason NOW will give that which each needs. "Lo! at His table all are fed."

All who remembered NOW and its editor during the holidays with gifts, have already received the reward that comes of giving, still I must here say: To you all thanks! Love and Truth all the more abundant because of this opening of hearts. Among the gifts that came to NOW office was one, I think, unlike any other Christmas gift. It is a paper weight of native, crystalized gypsum, translucent and beautiful, just as it came from the ledge. It was sent by my friend of a *now* when he was a schoolboy and I a boy of 50, Roy S. Kellogg, of Artesai Ranch, Fay, Kansas.

*Human Nature* for 1901 will deal more with the psychic, or soul side of life, than hitherto. The soul is physician to the body.

—"Human Nature," for January.

**Good Professor.**—That is all there is of any school of Mental Science *Soul builds body—including head.* It can make body sick or well; change head or limb. How? By changing thought or feeling. Let us learn how to use these two modes of expression.

### Co-operative Effort

Is to be the watchword of the Twentieth Century.

### IN UNION IS STRENGTH.

This Union is as necessary in the Thought-world, Health-world, Success-world, Try-world and Growth-world as it is in the Business-world.

We readers of NOW will now unite in Thought, Desire and Effort, that we may bring to each other the Realization of that which we desire.

To this end we establish this month A "NOW" CLASS in Healing, Success, Spiritual Unfoldment and Happiness.

We will meet in Spirit and in Understanding also.

It is a question in ethics whether it is right to save a person from the effects of his or her conduct without at the same time informing him, or her, of the cause, and helping to remove the same, by education. Without this education the same conduct will be repeated with the same disastrous effect.

Is such a course best? Is it right? Healers complain that they have to cure again and again. They will have to do this until they instruct their patients to cure themselves.

Let us then avoid such danger by helping each one to help himself or herself. Let us develop Self-reliance and Self-dependence.

All Power is within. No one can do anything for another. The best we can do is to inspire to activity latent forces, or intensify those already awakened. All growth is from within outward.

Suggestion, Expectancy, Receptivity, are the conditions of growth.

### SUGGESTION

May be anything that appeals to the senses, or it may be the silent force of Thought or the more subtle force of Desire and Love.

### AUTO-SUGGESTION

Is the Controlling force of all human endeavor. It has its place in the "NOW" Class as AFFIRMATION. We repeat these until they become Auto-Suggestions. By this Suggestion and willingness a condition of Expectancy is awakened that becomes Receptivity. The result will be in each member growth in whatever direction desired. HOW?

By the merging of all our silent forces at a common centre and each drawing from the common stock according to need and ability.

"Central" office will be with the I AM, in Henry Harrison Brown, because he, First—Has developed the power of Silent Treatment and is receptive to all the vibrations that he wishes to receive. Second—Because we so consent for the common good.

As from the central office of the Telephone Co. lines run to each subscriber, so will lines of silent power

run from me, as "Central" to each one whose name is on my book. At each "Hello" I will answer. I will have my hour for Concentration.

### TERMS.

50c registration fee from all subscribers. All who wish to join must become subscribers. NOW will be our text-book of Affirmations. This fee will also cover the preparation and mailing.

### CIRCULAR OF INSTRUCTION.

Each month each member will report by letter and upon request the name will be carried forward to the class of the next month. Any fee that is from the heart may be sent with such letters. As the Soul unfolds so will the thought of Recompense. "As ye measure, so will it be measured to you," is the law. But the amount is not in the dollar, but in Recognition, and in Effort. The widow's mite outweighed all the greater gifts.

### A LETTER

Of personal advice will be sent each month for \$1 sent that month.

### PUPILS

May commence at any time, and they will remain enrolled for one calendar month.

### WHAT

treatment is desired, state in letter. *One* thing at a time. Is it Health, Success in Business, Relief from Habits, from Anger, Envy, Jealousy, Blues, Lack of Self-Control, Self-Esteem, for the development of Intuition, Inspiration in Writing or Speaking, Clairvoyance, or any other thing? Then so state.

I am convinced from experiments, that by this concentration of effort, we can help each other and ourselves. Many readers of NOW have desired me to treat them. This is my answer. Come now, and let a wave of mighty power go from "Central" to every hamlet in the land.

Send fee in Money Order, Bank Bills or 1-cent stamps. Address NOW Office, San Jose, Calif.

Circular will be ready as soon as possible after the first formation of the class.

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Is the sword of the Spirit;  
Swifter than arrows  
The light of the Truth is;  
Greater than anger  
Is Love, that subdueth.

Longfellow.



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