

4A

BAL.

GIFT

OCT. 18 1923

From all Life's grapes I press sweet wine.

---Henry Harrison Brown

15 cts.

OCTOBER, 1923

\$1⁵⁰
A Year

NOW

A Journal of Affirmation

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.
—EMERSON.

THOUGHT IS POWER

ARTICLES

DEMONSTRABLE PSYCHOLOGY
Lesson 12—"Life As a Mode of Motion"
(From Mss. of H. H. B.)

THE LAW OF MENTAL MEDICINE
By Dr. Wm. Franklin Kelley

HOW TO BE WISE, THO NOT
By Chas. Matt. Berkheimer

FINDING YOUR OWN GOD CENTER
By Henry Victor Morgan

ABOUT THE SUBCONSCIOUS MIND
By J. A. Eichwaldt

POEMS

H. Samuel Fritsch, Henry Victor Morgan, Etc.

SAM E. FOULDS, Editor and Publisher
589 HAIGHT ST., SAN FRANCISCO, CAL.

OFFICE OF NOW

589 Haight Street - - - - San Francisco, Calif.

Vol. XIX.

OCTOBER, 1923.

No. 10

NOW

(Founded in 1900 by Henry Harrison Brown)

SAM E. FOULDS, Editor

**A Monthly Journal of Positive Affirmations.
Devoted to Mental Science and the Art of Living.**

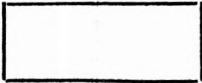
Its basic Affirmation is:—

**Man is spirit here and now, with all the possibilities of
Divinity within him and he can consciously manifest
those possibilities HERE and NOW.**

Subscription Rates (anywhere in the world).....\$1.50 per year
Single Copies, 15 cents

Send money in bills, P. O. Money Orders, Express Orders or
bank drafts payable to Sam E. Foulds, San Francisco, Calif.

* * * *

A cross in this  means that your
subscription has expired. Please renew promptly, or else
send the editor a card stating that you desire to discon-
tinue the magazine. This is important.

* * * *

Advertising Rate Card sent on application.



The Key to Auto-Suggestion

10 CENTS

MENTOR PRESS

P. O. Box 1316, San Francisco, Calif.

A Very Remarkable Offer!! Now you can demonstrate to your own satisfaction that **YOU HAVE HEALING POWER, YOURSELF**, and that it can be used for the healing of yourself as well as others.

Prof. Sidney A. Weltmer is now publishing his new book, "THE HEALING HAND." Over 200 pages. Bound in buckram cloth. Price \$2.25.

You may have this book with six months' subscription to our Journal for \$1.00. **YOU SAVE \$1.75!!!**

Write **TODAY** enclosing dollar bill at our risk.

WELTMER SANITARIUM Dept. 101, Nevada, Mo.

A PSYCHO-ANALYSIS OF YOUR CASE FREE

Today Considered the *only* Scientific Way of Determining Cause and Effect—Action and Reaction—and of Getting down to the *Real Roots* of Mental and Physical Disorder

If you suffer from fear, worry, lack of confidence, control, will-power concentration, positiveness; if you have a sense of unnatural weakness, depression and tiredness; if you are suffering from troublesome thoughts, are unhappy, unsuccessful nervous, and your ambition unfulfilled; if functional life is inactive and you have a chronic form of indigestion and are troubled with unaccountable pains and aches; **YOU ARE IN NEED OF A PSYCHO-ANALYSIS.**

Will Be Given Personally, By One of America's Pioneers In This Field Of Work

You will receive a long scientific report, analyzing your case in a very complete way, by a qualified, trained physician with years of experience to guide him, who has personally treated over 7,000 cases of mental and nervous disorders. Dr. Leavitt's work is endorsed by such unquestionable people as Ella Wheeler Wilcox, Elbert

Hubbard, Dr. David V. Bush, William Walter Atkinson, etc., etc.

HOW TO OBTAIN THE FREE ANALYSIS

To all who purchase the 96 page, de luxe book, Leavitt-Science, at the usual price, **TWENTY - FOUR CENTS.** Dr. Leavitt will give this Analysis, **ABSOLUTELY FREE**, without obligating you in **ANYWAY.** A complete Case Sheet will be mailed with book. The book is pronounced by many as priceless. It treats in a most interesting way of Fear, Faith, Success. A History of the Healing Art, Chronic Disease, etc. You may send stamps. This is a rare opportunity. Don't you put it off, but send **TODAY.**



C. FRANKLIN LEAVITT, M. D.

Suite 736

14 W. Washington St.,

Chicago, Ill.

(Say You Saw It In NOW)

"THE BOOK OF THE SEASON"

THE CONQUEST OF DISEASE

The Psychology of Mental and Spiritual Healing

BY EUGENE DEL MAR

Author, Psychologist and Metaphysician

THE REAL MASTER KEY TO HEALTH

BECAUSE: It will give you a firmer grasp on health, and surer understanding of how to keep well; and

BECAUSE: It establishes the basis for all methods of healing by Suggestion and Auto-Suggestion.

THIS BOOK DEMONSTRATES

That physical disease is in correspondence with mental in-harmonies and false thinking.

IT SUGGESTS

The thoughts and methods whereby disease may be prevented or health restored.

ITS PRESENTATION IS ENTIRELY CONSTRUCTIVE

And in complete harmony with the latest findings of Applied Psychology and Metaphysics.

256 pages, 21 chapters—cloth, blue and gold
PRICE, POSTAGE PREPAID, \$2.00

PROGRESSIVE LITERATURE COMPANY

P. O. Box 18, Station N

New York City

Gentlemen:

Enclosed please find my check (or money order) for \$2.00 for which please send me copy of "The Conquest of Disease."

Name.....

Address.....

.....

NOW

A Journal of Affirmation

Entered at second class rates at San Francisco, Cal. Post Office, Jan. 14, 1915

Vol. XIX.

OCTOBER, 1923.

No. 10

BUCK UP.

You say that life is hard and does not pay,
The goal too distant for your feet to win,
That from it all you'd gladly run away—
Buck up, old man, buck up, and don't give in!

Your plans and schemes have all gone far amiss,
Your gold has flown, your silver turned to tin,
Your business tumbled down the precipice—
Buck up, old man, buck up, and don't give in!

You've made mistakes, you're covered o'er with shame,
Headlong, headstrong you plunged yourself in sin,
You've seared your soul, you've stultified your name—
Buck up, old man, buck up, and don't give in!

The storm has struck. No hope! No help! No rift
Within the troubled clouds! The thunders din!
The torrents whirl! You reel, you drown, you drift—
Buck up, old man, buck up, and don't give in!

Fear not, believe! Dim not your inner star!
Your only danger is the one within;
You're only beaten when you think you are—
Buck up, old man, buck up, and don't give in!

—H. Samuel Fritsch.

I love poetry because Jesus Christ loved it. I love wealth, because it gives me the means of assisting the wretched. I keep faith with all men. I do not render evil to those who do it to me; but I desire a state for them like to my own, in which I receive neither evil or good from the hand of man. I endeavor to be just, truthful, sincere and faithful to all men; and I have a tenderness of heart for those to whom God has united me more closely; and whether I am alone or in the sight of men, in all my actions I have in sight God, who must judge them, and to whom I have consecrated them all.

—Pascal's *Profession of Faith*.

DEMONSTRABLE PSYCHOLOGY.

(Arranged from Mss. of H. H. B.)

Lesson 12.

Life As a Mode of Motion.

As a preparation for mental healing, it is necessary that you understand what Life is. We have considered it as Thought and Love and these as modes of Motion. We treated them as transformations of Life. Life, you have learned, is not some *thing*, but is some form of force. Life is Power.

All that is to our consciousness is but the varying forms of One Universal Energy. Life is one of those myriad forms. God is not this Universal Energy. He is that Unknowable Something which manifests through this Energy. This Energy is all that we can know of God. Therefore we call that which is behind Power, God. It is the Unmanifest. The manifest we term Energy and give names to the many forms of Energy which we recognize. Thus Man is a form of the Manifest Energy through which God is known. Man is the differentiated God. The Universe is the Undifferentiated.

The Knowable, which we study, is to us only various modes of Motion. God, the Unknowable, is behind and within these modes. Therefore the Affirmation, God is, stands not for that which we see and know, but stands for that which is within and behind the seen and known.

Man is! Life is. Behind these, lies that which manifests as Life, that which is Man. Behind Love and Truth, which I am, lies Life which, to consciousness, I also primarily am; but, beyond Life, is that which I sub-consciously am. Sub-consciously, I am the Ego, the Soul, the "I" or the "I AM!" for these terms all mean the same. Behind the Ego, is God. As manifestations are all we can know of God, so manifestations are all we can know of the Soul. It is not therefore amiss to say that the "I" is Life, Love and Truth, since these are the limit of our knowledge of that which, in the Ultimate Reality, I am.

The Universe is known to us as Power, having potentially all the million forms of manifestation. The Universal becomes individualized in these modes of motion. Life is therefore this Universal Power in one of its many forms of Motion. Life, like all else, is a manifestation of God. As God is limitless, so is Life. As I am Life, my power is limitless. This is to be my constant Affirmation in this Art of Living:—*I am limitless in possibilities.* We are therefore to deal with Life as the mechanic does with steam and the electrician with electricity. All are similar in this, that they are all modes of motion. We have, through Telepathy, demonstrated this unity of Life with all other modes of motion. Life, in all its forms of manifestation, is a mode of motion and all motion is attraction. There is no repulsion. It is ever a question of more or less attraction. The forms of attraction are named and that which manifests as Human we term LOVE. Between each human being and every other there is more or less attraction. When that attraction is very little, we say, "I dislike him," or "He repels me;" at times we say, "I hate him!" But these are only forms of less attraction. I am drawn strongly to one whom I call "Friend;" stronger to those I call wife and mother.

Love is the highest form of attraction we know and therefore, because it is the most powerful, we say: God is Love. Really Love is God. Love is the Lord of Life. Love is Life. Not till Life is transformed into Love, is the Human Soul possible. Therefore it is with Love we deal when we deal with Man. When we deal with an animal, we deal with Life. Man is Life transformed into Love. The animal is some form of Motion transmuted into Life. You and I are not yet fully manifesting the Human. Some of the animal is still within us, but, as we learn our power, we outgrow the animal limitations and become more and more Human, which is saying that we love more.

Love has but three forms of manifestation, viz: Love of Goodness, Truth, Beauty. Love of Truth gives us

science, philosophy and mechanics. Love of Goodness gives us our moral, philanthropic, civil and domestic life. Love of Beauty gives all the arts. The first two represent the objective side of our life; the last represents the subjective or the spiritual side. The only free expression of the Soul is in this love of the beautiful. The first two are "of the earth, earthy;" the second is "the Lord from heaven." Without the cultivation of this love of the beautiful, there is no spiritual growth. The first two flourish under necessity; the last, under liberty. Whenever there is freedom of expression, there is beauty.

It is therefore necessary for unfoldment that you have each day time to express yourself along the lines of your ideal. The Ideal is the beckoning of the Soul onward. Take time to follow the ideal, would you enjoy health and happiness. Beauty for beauty's sake; art for art's sake—this be your thought. Enjoy flowers and birds, streams, mountains, children, and especially enjoy all that is beautiful in humanity. Demand beauty in clothes, home, surroundings. Have it everywhere. Beauty will reflect itself in beauty of bodily expression and in happiness. Understand that this must be LOVE of the beautiful. It must not be a fad; not because it is fashion; not to show off wealth or culture. It must be born of beauty for beauty's own sake. To degrade this love by pretense or affectation, is the worst of spiritual hindrances. Seek methods of expression of your love of beauty.

Love of Goodness must have expression. Love SOMEBODY and TELL him or her so. Tell by look, word, embrace. Let Love have expression. Love children and pets. This is necessary for unfoldment and, where this is, there is health and happiness. More illness and crime comes from repressed love than from all other causes combined. When you remember that Love is Life, you understand that, when you will not let Love have expression, you lose the life you might have manifested. Love and express your love for Love's own sake. Care not that it be returned. Give! All giving brings its re-

turn when given without thought of self. Selfish love has little attractive power. *Love because it makes you happy to love.* Express love because expression makes you happy.

Use these affirmations in this thought of Love, Beauty and Goodness. "Life is beautiful." "Life is full of Love." "Everybody loves me." "I love everybody." Here is the prayer of Plato which you can make your own: "Lord, make me beautiful within!" You cannot use an Affirmation of more power than this:—"I love everybody!" Your conduct is now to be regulated by this Affirmation. Put love of Beauty and Goodness into the food as you cook and eat. Put it into your labor as you sow and reap, hammer and saw, sweep and dust, buy and sell, preach and plead, sing and write. They who come near you will feel this love and, in love, meet you. They will feel it in the field you sow, in the bread you bake, in the play you write, in the song you sing. Love's vibrations are the most potent of all forms of Motion. Use them *consciously* by loving everybody and everything and every condition. "Love your enemies" and you have none.

In Life, exists potentially all possible experiences. Whenever you desire any expression *affirm its existence*, then *let* it come into manifestation. Whatever you feel you need, *affirm that it is supplied* and *let* that supply come. Use these Affirmations:—I am Life and, in Life, are all possibilities! I desire happiness! Life is happiness! These Affirmations bring that which is possible into expression.

In all the kingdoms below Man, Life is directed in its expression by its environment. Man consciously directs Life through his power of choice. Were not this power of self-direction possible, there would be for Man no possible progress. Through choice, you can make your environment to your desire.

You are to think of Life as of a stream of water or as of an electric current. We have learned to direct these. Life's current you can also direct. What is this "I" that

directs steam, water, electricity and that may direct Life? As God is the Unknowable that manifests through all Motion, so this "I," the Soul is an individualization of the Unknowable God who is behind the motion called Life. This Soul, which says "I AM," is the manifest God behind all Life. "In him (or IT) we live and move and have our Being" and It (or He) finds conscious manifestation in us. Just as God (or It) manifests in the Universal through Motion, so It (or He) manifests as an Ego through this Conscious Man. It manifests in the Universe in millions of modes of motion, as Life in all the animal kingdom, but It manifests as "I" in Thought and Love. Therefore the Soul is to you the Ultimate Reality. Through the Soul, you are One with God; in Soul, you are God. Love and Thought are God manifesting as Humanity, just as He manifests as rock or plant in other octaves of Motion. These cannot say "I AM." You can! Here lies your power of Self-direction. Here lies your power as Conscious Master of Fate.

As God directs the Universe, which is His expression, you can consciously direct your expression. As you unfold into consciousness of your power, so you direct it and become the conscious factor in your own unfoldment. This consciousness these Lessons are teaching you. Affirmation is the only way to attain this power of Self-direction. I am that which I affirm I am! This is the inviolable Law.

Affirm your Ideal. Affirm Possession in this way. *As one with God, I possess all that I desire.* Remember "I AM" means that you are anything you affirm, because only that which you affirm can manifest. All that you do not affirm, you are as an Ego in possibility, but it is unmanifest and will so remain till you call it into expression by faith in yourself. This faith is manifested by your Affirmation.

Accustom yourself to thinking of Life as a stream from an infinite reservoir and your Affirmation as the gate that hinders or lets in the flow. Think of the stream

of Life you direct as limitless. Think of your supply of Life as infinite. Think, whenever you have been ill or weak, that you have not been using your supply. As you realize this, you will open the gates and let Life flow. *Open the Gates and LET Life flow!* is to be your command to yourself whenever you are not manifesting a normal amount of Life. Whenever these conditions come, you are to affirm: My supply of Life is Infinite. You are to breathe and act from that Affirmation. Life being a manifestation and the Ego being God manifest through Motion, where is death? Search through the universe and you cannot find it. It is the absence of Life. But Life is Infinite; it fills all space; Life is wherever Motion is; Life is wherever God is. Then death is not. I AM means I AM FOREVER.

Properly understand Life and the "I," and you will abolish the thought of death from your mind and the word from your lips. You will never use it. In its stead, you will affirm: I AM DEATHLESS. I AM IMMORTAL!

PRACTICE

consists in holding the affirmations given and in looking out upon the universe as made for you. You are to affirm: ALL IS MINE TO USE! All is mine that I may unfold into consciousness that which I am. I am in manifestation that which I think I am. I, the real Self, is Infinite. This conscious "I" is that which I affirm myself to be. I am Life! I am Infinite and Eternal Life.

Oh heart of God that pities all!
 Oh Love that gives and takes away!
 Confused and faint, on thee we call,
 Yet know not how we ought to pray.

Save this, that in our doubt and fear,
 We wait as loving children should;
 We cannot see nor far nor near,
 But trust that somehow all is good.

—Tennyson.

THE LAW OF MENTAL MEDICINE.

By DR. WM. FRANKLIN KELLEY.

Part 1.

Man has been equipped by the Creator with a Mind as well as a body, and it has been divinely ordained that man shall use his Mind to control his body. The reason people become sick, go insane or die an untimely death, is because they have failed to use their Mind Power to wisely direct and control the Vital Forces of the body. The body is but an instrument of the Mind, and depends upon the Mind for everything it accomplishes. Of itself it can do nothing, but with perfect co-operation of Mind and body, all things are possible.

In our Health Culture lessons in Now Magazine we found that man's physical body is a wonderful machine, which is thoroughly equipped to carry on the work of life so long as certain elements are supplied. We found that life, like a mathematical problem, is the logical sequence of what a person thinks and does. That is, life is governed by the law of cause and effect, based upon the proper use of five essentials. In our last lesson we learned about the mental and physical process of body building, through the medium of cell life. In this lesson we are to study the Mental phase of the law of life, or, why things are as they are.

Man is equipped with a brain and nervous system which is to develop and display emotion, feeling, sensation, appetite, passion and the senses of sight, hearing, feeling, tasting, smelling, in combination with the mental qualifications of rational thought, discrimination, recollection, reasoning pro and con, synthetically and analytically, and with all of the other methods of dealing with ideas and information: so that man is thoroughly equipped and capable of figuring out the necessary information which will allow him to master himself and his environment, and thereby determine and direct his destiny.

By gaining a thorough knowledge of one's self it is possible to gain the ability to govern one's own body and the forces of one's own life, fate, circumstance and destiny. But to those who know man merely as a physical being and do not know of his divine nature or the laws, powers and possibilities of the inner man, which we call Spirit, Soul or Subconscious Mind, there is no escape from fixed fate and destiny. To those who are under the limitations of this ignorance, there is but one hope and that is Psychology. To the degree that people grasp the principles presented in these lessons and apply them, success in self mastery and the mastery of fate and environment will be assured.

Research and Investigation—Some people still think that it is not right to inquire into the mysteries of life. In times past ignorance has caused man to retard his own evolution and the evolution of the race by persecuting and imprisoning those who have stepped beyond the bounds of established ideas. Even yet, it is considered as sacriligious to deal with the sacred problems of the soul. However, the psychologist believes that knowledge is the greatest prevention of evil. He holds that to know and understand the secrets of life is to forewarn and forearm against evil and its consequences.

At least we are sure that to omit the investigation of the cause and cure of crime and disease would soon prove the undoing of the race. Knowledge of these vital subjects is admittedly essential to evolution and civilization. Knowledge insures more life and less sickness, a higher standard of morals and a greater degree of justice among men, while ignorance results in more sickness, misery, crime, injustice and death. This is a fact too well established by human experience to be disputed.

Scientific Knowledge—Modern science has developed knowledge along physical lines to such an extent that we may well assume its findings to be true in so far as it appertains to the physical aspect of life. At least we have no reason to doubt the essentials of academic science

in so far as established facts go. But we are not to accept as true the assumptions which individual scientists make in philosophical conclusions outside of their respective departments of learning unless supported by actual demonstrations. For instance, an astronomer may be an expert in astronomy but no authority at all in matters of human Psychology. A man may be a good blacksmith but know very little about the stars. So while we accept the facts and conclusions of science so far as demonstrable, we, like all specialists, revert to our own findings in matters of advanced Psychology.

The weak point in present day education is its failure to give due weight to the mental side of life, and to the potency of Mind Power in the prevention, cause and cure of crime, inefficiency and disease. The greatest value of Psychology is that it teaches the student to be his own physician and teacher by acquainting him with the principles of life and the laws of health, mental and physical, in such a manner that he gets a new vision of life, and sees things from the soul's point of view.

Self help is the best help, because it is always at hand ready to be used. We want you to learn to depend on yourself. Learn to be your own healer, counselor and instructor. If you are practicing the formulas for healing or attainment given in previous articles of this series of lessons, you are already well on your way toward success. The first and biggest step is to get the proper insight to this thing and a good start in the right direction. This accomplished, your own soul will help you along the way.

Mind Study—Before taking up the more scientific application of Mind Power, which is to be more and more explained in future lessons, the student should become conversant with the simpler laws and operations of the Mind. The main feature of Psychology is the study of Mind, its laws, power and possibilities. This begins with Mind itself. Any religion, philosophy or science which leaves Mind study out of its category, is only half what it should be, for it is evident that the Mind is the most im-

portant factor in the entire field of learning. Its development is the object of life—the only reason for living. Thus we may say that Psychology is the science of life, in that it deals with every phase of Mind, conscious and subconscious.

A clear understanding of the laws and operations of the Mind is necessary to accomplish the one great essential of Health, Happiness and Longevity. Self control is also one of the secrets of real and lasting success. knowledge of the powers, functions and operations of the Mind is the only substantial foundation of true learning. We are striving to have that fact recognized so that Psychology will become incorporated in the public schools.

Experimental Psychology—In taking up the study of Mind, you are getting closer to the vital principles of life than in any other study, consequently, one cannot be too particular in carrying on practical experiments. However, if your effort is in the right path, it will prove to be the most interesting and profitable study you have ever undertaken. If you deal with the subject properly, the more you study and investigate, the greater will be your satisfaction. On the contrary, if your study leads you into grooves of narrow mindedness, and your experiments fail in teaching great lessons, you are on the wrong track and may tire of the subject. You had better back up and start again. Read and re-read the preceding lessons until you get started right and get the spirit of truth and intense desire for knowledge. Then with new zeal, lay hold of the teaching and go in to win. You will win.

The Foundation of Mental Medicine—Building upon the foundation we have now laid we are ready to explain The Law of Mental Medicine, or the healing principle which underlies all systems of therapy. In this explanation we are beset with complications of various sorts which may best be set aside by plunging at once into the midst of the healing principle which we desire to fathom.

In our other Now Magazine lessons, we found that disease is the logical consequence of the transgression of the laws of life, mental, physical or otherwise, and we concluded that a person who lives and thinks rightly need never be sick. In a previous lesson we made it plain that right living means the proper use of the essentials of life, which are air, water, food, exercise and mental influence. In the other lessons we learned more about these essentials, particularly as to the part the Mind plays in using these elements to keep us well. We are now to determine the law by which the Mind controls, builds and rebuilds the body.

If you would be well and happy, put into your life all the optimism, sunshine and cheer possible. Add a little common sense and persistent health thoughts and you will surely find yourself getting well. The entire subject of Health Culture may be summed up in the statement—be sane and sensible in all things; never worry, never be sad; strive always to be cheerful and happy, and soon you will begin to grow health cells in your body, and you will get well. No one doubts this fact. It is a truism. But what is the law?

(To be continued)

Young men, you are the architects of your own fortunes. Rely upon your own strength of body and soul. Take for your star, self-reliance. Don't take too much advice—keep at your helm and steer your own ship, and remember that the great art of commanding is to take a fair share of the work. Think well of yourself. Strike out. Assume your own position. Put potatoes in a cart over a rough road, and the small ones go to the bottom. Rise above the envious and jealous. Fire above the mark you intend to hit. Energy, invincible determination, with a right motive, are the levers that move the world. Be in earnest. Be self-reliant. Be generous, Be civil. Read the papers. Advertise your business. Make money, and do good with it. Love your God and fellow-men. Love truth and virtue. Love your country and obey its laws.

—President Porter.

HOW TO BE WISE, THO NOT**By CHAS. MATT. BERKHEIMER**

Some one will likely say that this is rather a strange subject for a Christian writer to select as a title of an article, but when I tell you that I did not choose it, but that it was chosen for me by the Inner Voice, along with the two preceding titles of articles to make three—for everything seems to run in threes—you will understand the why of the matter. But then to quote Emerson, "What I must do is all that concerns me, and not what the people think." In other words I am writing these articles to please the Spirit of Truth, and the good people who request me to continue the articles, and when I have completed one, and have sent it in to the publisher, I feel light and gay and relieved, until another title stands before me, when I feel rather depressed until I get it worked out and off, and then relief comes, and I thank the Great Spirit, "for no man knows what he is doing."

Upon examination I see the Bible refers to fools and foolishness, in contrast with wisdom, a multitude of times, so I thought, when looking over the long list, that it really would be nifty and artistic to institute a lodge entitled, say, the Royal Order of Jolly Good Fools, Limited, and then be a charter member and pay regular dues, and enjoy the good fellowship that would go with such a movement. Of course, you would want the word Royal in the title, even if it did confuse you with King Lloyd George and Royal Baking Soda, because that would give it spice, even an Arabian spice flavor—the kind they use in incense. And, too, you would want the word Limited after the firm name to indicate its character—that it did not extend all over the world as a quasi-corporation, as the lawyers say, for then you would not get it confused with the fire department, or the cemetery association, for they are both quasi-beings, you must remember.

You know Solomon and Shakespeare were both members of this cult. King Solomon overdid the thing a little, with his temple and great wealth and things, so

much so that he came near setting his teeth on edge, and he began to sing classical songs, and throw off proverbs with a grouch, et cetera. And Billy Shakespeare, it is said, stayed out too late one night with his friend Johnson et al., and caught a slight cold, or Portland grip, from which he did not recover. But then, I guess, that was all right, for he says it is better to die at fifty and save twenty years worry about it, which reminds me of a young fellow about twenty who said he would not mind being dead, but that he did not like the idea of dying, which is the thought that rubs everybody a little, at times, at least, for "only a few of us get out of it alive."

But we are not talking about death, for there is no such thing—for those who understand the law of life as Jesus did—but just a sloughing off of the physical, and agoing about in your astral body, then dropping your astral for the lower mental, when comes the casual, and then the final white light, or home again, as the theosophists say, which brings up the oft-repeated question, Do you believe in re-incarnation? Not for the rank and file? but only for specially developed and ordained souls like John the Baptist, who Jesus said was Elijah.

Those theosophical writers cause a lot of trouble by writing all those books on "re-in," especially when they know they can't prove it. They say re-in (and I say "re-out") is merely a reasonable hypothesis, which ought to satisfy any perfectly good and reasonable person, but I object to it on the ground that they have never tried it out, so far as they know, now have they, so how do they know? I believe in smashing the law of periodicity, and going straight thru.

You know Emerson said that for every grain of wisdom we have a grain of folly, which comes mighty near putting us all in the same class, don't it? So, when you think it over carefully folly is not such a bad thing after all, is it? You know Emerson was a great man with his milk and water theosophy, which it is said, he absorbed from Novalis, a young German philosopher. And Moses,

why he only edited the "Ancient Book of the Dead," and took credit for it. And Shakespeare, he only edited a lot of old plays and re-wrote Bacon's essays, and just look where he stands. And Plato, he only wrote up the sayings of Socrates into dialogue form, and just look what a name he has. To repeat, Plato says he had no plan, but merely let one thought suggest another, like all good writers, and in this he has plagiarized the writer of this article. "NOW!" Even Jesus did not say anything new, but just absorbed and re-cast a lot of old sayings that had been current for thousands of years, but he is not characterized as a fool, don't forget it, nor anybody else for that matter.

The Scriptures say a wise man must make himself to appear as a fool, in order to accomplish his purposes, for it is faith in another world that moves this world, says James Freeman Clarke. All the aim of life is just a climbing back to God, says another. Then did Jesus die on all the other planets for the salvation of the inhabitants there, can you say? But either yes or no, "why should it be necessary for anybody to die on any planet for anybody to reconcile them to a perfectly good and lovely God, who knows everything from the beginning, tell me?" When Thoreau was asked if he had made his peace with God he replied by saying that he had never fallen out with him, and even if he had, that wouldn't have been anything against God, would it?

But, to leave mirth and good feeling, and return to our subject, there is a serious side to this subject of wisdom. According to the most eminent Bible scholars 1923 ends all Bible prophecy, which ends this dispensation the same as Christ's coming the first time ended the old Mosaic dispensation. Hence, according to a specific statement in the New Testament, Christ is to come again in like manner as he ascended, said the angel at the tomb, and if this be true, as Christians believe it to be, How are we to recognize him? I frequently hear of people seeing him. Just the other day I got a letter from a lady to whom he appeared in a most remarkable manner, as

she says, and I just lately heard of another to whom he has appeared eleven times in all, which indicates that he is nearing the earth plane in person. And in Hebrews St. Paul says he will descend with a shout.

But, to recognize him even then is the question, which can only be answered by the inner spiritual ear being tuned to the Christ consciousness. And then how is that to be done, is a further question? One particular way is, to cease worldliness, and work back into spirituality where we belong, and LET GO of the things of this temporal plane, and take hold of the things which are eternal, AND STICK. And this can't be done by a little work now and then to suit our convenience, but must be done by A LIFE TRULY LIVED AS SEEING HIM WHO IS INVISIBLE, as St. Paul says—a getting down to earnest business, and learning how to watch and wait in continuous prayer and thanksgiving, which is being wrapped and bathed all the day long in the white light of the monad.

LOVE'S ROSARY.

The hours I spend alone with God,
Are as the breath of Life to me,
They lift my soul on wings of light,
To Victory,—to Victory.

There comes a joy too deep for words,
I hear the news Love's angels bring;
I count each word unto the end, and then—
God's love I sing.

O Love that will not let me go!
O heavenly gain secure from loss!
I see the light, and learn at last in joy
To kiss the cross, * * *
To kiss the cross.

—Henry Victor Morgan.

FINDING YOUR OWN GOD CENTER.

By HENRY VICTOR MORGAN.

The illumined of the human race, they who have been able to reach the heart of things and discern the depths of man's being, all bear witness to the primal truth voiced by Browning when he said:

"Truth is within ourselves; it takes no rise
From outward things, whate'er you may believe;
There is an inmost center in us all,
Where Truth abides in fulness."

The awareness of this God center constitutes the intellectual and spiritual glory of man. Jesus referred to it as the Father that dwelleth in me. Peter called it: "The hidden man of the heart." James tells us: "If any man lack wisdom let him ask of God;" while Paul rises in glory in: "Let this mind be in you, which was also in Christ Jesus; who, being in the form of God, thought it not robbery to be equal with God."

But we are so accustomed to think of God as external, it is hard to come back to the inner center where Truth abides in fulness. While the doctrine is the very heart of Christianity the thought is appalling to most believers. The result is a devitalized religion that once shone resplendant with the glory of man's soul triumphant over sin, sickness and death. It is the vision of the Cosmic Christ forever incarnate in the soul of man. Whitman sees it and sings:

"Come, said the Muse,
Sing me the Universal.
In this broad earth of ours,
Amid the measureless grossness and the slag,
Engrossed and safe within its central heart,
Nestles the seed Perfection.
Give me, O God, to sing that thought!
Give me, Give him or her I love this quenchless faith
In thy ensemble. Whatever else withheld, withhold not from us.
Belief in plan of Thee enclosed in Time and Space;
Health, peace, salvation universal.
Is it a dream?
Nay, but the lack of it the dream,
And failing it, life's lore and wealth a dream,
And all the world a dream."

This poem, read by Whitman at Tuft's College, June 17th, 1874, contains the very heart of Universalism. And the Universalist denomination was not born in vain, even if it accomplished nothing more than to call from the soul of Whitman the vision transcendent of the Christ Universal.

It is the very soul of the message of Jesus. He believed in a divine humanity, and when his enemies charged him with blasphemy, because "thou being a man makest thyself God," he replied: "Is it not written in your law, I said: 'Ye are Gods?'" But times have changed since then. The pharisees of his day would stone him for making himself God; the pharisees of our day would stone (intellectually) any man who said Jesus was not God, and would be equally willing to stone any man who, like Jesus, claimed divinity for the entire human family. Jesus believed in and proclaimed the divinity of man. The Church believes in and proclaims the divinity of Jesus. Herein lies the difference.

But we are in the School of the Christ. Jesus is the teacher, and to him and to those who caught His great idea we will humbly listen. In the arrogance of a faith that is scientific, we will acquaint ourselves at first hand with the Father that dwelleth within us, and neither in thought nor word will we separate Jesus from the human race. In a very deep sense we do believe that Jesus was God manifest in the flesh. and that when we enter into his thoughts we will be saved from the myriad ills that afflict humanity. We will endeavor to know what it means to let this mind be in us that was also in Christ Jesus.

In order to do this we will need to discern clearly the difference between Jesus and the Christ. In the original Greek it is always "Jesus, the Christ." Just as we would say Emerson, the philosopher; Edison, the electrician; or Burbank, the naturalist, so they said Jesus, the Christ.

Unfortunately many good people in our time thoughtlessly believe he was named Jesus Christ by his parents, and thus miss the spiritual significance of "the Christ."

Jesus became "the Christ" or "the Anointed" through his understanding of the Christ Power; just as Edison became the electrician through his understanding of electrical energy. Jesus completely identified himself with this Christ Power. He claimed he did nothing of himself. The Father that dwelleth in me, He doeth the work. Mark well the words: In me! And then connect it with his other statement: The Kingdom of Heaven is within you! These statements are characteristic of Jesus. Boldly he affirms: I am the light of the world; and then turns to his disciples and says: Ye are the light of the world. Realizing the truth about one man is the potential truth for all.

We must give ourselves unreservedly to this great conception of the Father Indwelling, then will Jesus become to us a pattern on the mount of consciousness. While there will be no slavish imitation there will be divine emulation. It will lead to individual dominion, and we will become the children of God *with power*. This great cosmic conception of Man in God's image and likeness will be to us a pillar of cloud by day and a pillar of fire by night, leading us from the tyranny of sense to the freedom of soul. Jesus will then become to us a divine measuring rod, appraising us of our supreme inheritance. Happy, indeed, will we be if in the deeps of our own soul, over the works of our hands and hearts we can hear him say: Well done, good and faithful servant.

When we have found our own God center and have learned to speak from the eternal Silence, our words will be radiant with the life of God. What wonder that Emerson called it the Wise Silence, or that Jesus referred to it as the Father that seeth in secret.

This seed of perfection or God center connects us directly with all the words and works of God. To it there are no concealments, no past, no future and no unknowable. It forever says, Before Abraham was, I Am. All history, all art, all poetry is at its command. It is the seat of intuition, and its unfoldment ever astonishes the unilluminated intellect of man. Jesus, centered in God, was

an astonishment to Nicodemus, centered in the intellect. To Nicodemus, God was a God of hearsay and tradition. To Jesus, God was an indwelling presence deep in his own soul consciousness. Nicodemus had immense respect, no doubt, for Abraham and for Moses because they knew God and heard him speak. Whereas Jesus, while realizing God for himself, refused to look up to Abraham and Moses, but to the God of Abraham and Moses.

This is forever the way of the man who has found his center in God. Any teaching that carries you back to a former age and says: These things were possible then but are not possible now, is not the Voice Eternal.

Marvelous beyond words to describe is the awakening to this inner world of power and understanding. He who has found his center in God ceases from anxious effort; his words are Spirit and they are Life. It is not strenuous will power, but willingness to be a channel through which the divine energy flows. His is the power of the silence, the wisdom of God.

Thousands are now entering into this great understanding. In Horatio Dresser's recent book, "The Quimby Manuscripts," we are brought face to face with this wonderworking power in Quimby's experience. Quite innocent of books and untrained in medical lore, Quimby could diagnose diseases and describe conditions and circumstances regardless of distance. His was the power of the Silence. He had found his God center. Nor is Quimby, by any means, a solitary exception. I could mention a great host of living witnesses in whom this power is being made manifest. It will grow tremendously under the dominance of the creative prophecy. "And it shall come to pass in the last days I will pour out my spirit on all flesh."

Today we are witnessing the fulfillment of this prophecy. But we are so close to it, it is hard to realize the progress that is being made. Howbeit Emerson could no longer say, "The true Christianity—a faith like Christ's in the infinitude of man—is lost. None believeth in the soul of man, but only in the soul of some man old and de-

parted." Witness now, the immense audiences attending Christian Science services and the millions of students of New Thought and Metaphysical literature. The manifestation is not perfect, but it is full of promise.

The old theology and even the old hymns are being brought to the bar of an enlightened judgment. People are asking, why? Let one promising incident suffice as an illustration. At the close of a meeting in which the audience had sung, "God in Three Persons, Blessed Trinity," a man who was present came to me and said, "Why not say, 'God in all persons, blessed Unity?'" The question: Why not God in all persons? sounded again the major chord of Christianity, the universal application of the Christ's message which is "Christ in You the Hope of Glory."

Each must find his own God center and from that work out his own salvation. The true work of the Christian metaphysician and healer is to call into manifestation the Power indwelling. It is said that Jesus knew what is in man, that is, he knew the latent possibilities and how to call them into expression.

He knew that what he was himself fully alive to, he could awaken in others.

Carlyle sees this law of spiritual contagion, and in his essay on Mahomet says: "Belief is great, lifegiving. The history of a nation becomes fruitful, soul-elevating, great, so soon as it believes. These Arabs, the man Mahomet, and that one century—it is not as if a spark had fallen, one spark, on a world of what seemed black unnoticeable sand; but lo, the sand proves explosive power, blazes heaven-high from Delhi to Granada. I said, the great man was always as lightning out of heaven; the rest of the men waited for him like fuel and then they too would flame."

In my own experience I was greatly helped in obtaining an insight into intuitional and spiritual understanding through a wise teacher who, when asked, How can we attain these powers transcendent? answered: Through meditating on the words of those who have experienced the awakening. From long experience I have

learned the priceless wealth of the instruction given. It has opened to me treasures of the Bible, by leading me to the source from which the prophets drew. In most books I read I find a few passages on which I meditate. It is possible by this process of sympathetic vibration to enter the soul consciousness of any author. My own intuitional powers are always quickened when I read of any marked demonstration by another worker in any place or in any age.

I have grown from deep experience to know that whenever, through rapt meditation on the attributes of God, we can succeed in completely losing thought of self, we are inundated by a power to which all things are possible. For all who are seeking the great awakening I recommend for meditation this quotation from Emerson: "The lesson which all these observations convey is, Be and not seem. Let us acquiesce. Let us take our bloated nothingness out of the path of the divine circuits. Let us unlearn our wisdom of the world. Let us lie low in the Lord's power, and learn that Truth alone makes rich and great."

Glorious it is to wear the crown
Of a deserved and pure success;
He who knows how to fail, has won
A crown whose luster is not less.

Great may he be who can command
And rule with just and tender sway;
Yet is diviner wisdom taught
Better by him who can obey.

Blessed are they who die for God
And earn the martyr's crown of light;
Yet he who lives for God may be
A greater conqueror in His sight.

—Adelaide Proctor.

RESTLESS MAN.

Rudyard Kipling Says He Has "An Unlocated Spiritual Area"—and Explains Why.

In a speech made by Rudyard Kipling recently before the Royal College of Surgeons in London he defined man as "an imperfectly denatured animal, intermittently subject to unpredictable reactions of an unlocated spiritual." He based his definition on the following ancient legend that has colored many creeds:

"At the very birth of time, when the gods were so new that they had no names, and Man was still damp from the clay of the pit whence he had been digged, Man claimed that he, too, was in some sort a deity. The gods were as just in those days as they are now. They weighed his evidence and decided that Man's claim was good—that he was, in effect, a divinity, and as such entitled to be freed from the trammels of mere brute instinct, to enjoy the consequences of his own acts.

"But the gods sell everything at a price. Having conceded Man's claim, the legend goes that they came by stealth and stole away this godhead, with intent to hide it where Man should never find it again. But this was not so easy.

"If they hid it anywhere on Earth the gods foresaw that Man, the inveterate hunter—the father, you might say, of all hunters—would leave no stone unturned or wave unplumbed till he had recovered it. If they concealed it among themselves, they feared that Man might in the end batter his way up even to the skies. And while they were all thus at a stand, the wisest of the gods, who afterward became the God Brahm, said:

"'I know. Give it to me!' And he closed his hand upon the tiny unstable light of Man's stolen godhead, and when that great hand opened again the light was gone.

"'All is well,' said Brahm. 'I have hidden it where Man will never dream of looking for it. I have hidden it inside Man himself.'

"'Yes, but whereabouts inside Man have you hidden it?' all the other gods asked.

"'Ah,' said Brahm, 'that is my secret, and always will be unless and until Man discovers it for himself.'

"And it is just this search for this unlocated spiritual area, whether it be a growth or a survival, which has preoccupied Man from that day to this."

Ideas trouble us even more than men.

—*Stopford A. Brooke.*

A CHAT WITH YOU.

In November and December NOW Magazine there will appear a wonderful two-part article by Eugene Dei Mar, entitled: "The Absolute and the Perfect." Eugene Del Mar is one of the finest exponents of new thought and metaphysical teachings.. Henry Thomas Hamblin says that he is one of the two greatest American New Thought writers; the other being Henry Victor Morgan. Agnes Mae Glasgow will tell how she demonstrated a new home.

Beginning with January, 1924, there will be a new series of lessons by Peggy M. Reeves, M. A. Her other series created a fine impression.

Kindly look and see if there is a cross in your issue of NOW. If so, send in your renewal at once. This is important and you owe it to yourself to attend to the matter *now*. S. E. F.

All errors spring up in the neighborhood of some truth; they grow round about it, and for the most part derive their strength from such contiguity. Rev. T. Binney.

PEGGY M. REEVES, M. A.

**NOTED PSYCHOLOGIST,
MENTOLOGIST AND
HUMAN ANALYST**

Will for a limited time sell her complete course of Face and Form Reading my mail for the small sum of ten dollars, P. O. money order.

This course will enable you to read any and all people you meet the moment you look at them. It is plainly typed and carries with it a printed Key Book. Every feature and line of the face is minutely described and all who can read can understand it.



Mail Orders to Mrs. Reeves, Fielding Hotel, 386 Geary St.
San Francisco, Calif.

PSYCHOLOGY LESSONS



The Basic Reading Course of the Applied Psychology Movement

The Most Complete Psychological-Metaphysical Library

These Lessons are more than books. They are definite, positive treatments, and are written in such a manner as to appeal to the beginner as well as to those who have taken class work from any of the many lecturers and teachers.

THE COMPLETE COURSE—TEN BOOKS

You Will Want to Read Them All.

1. APPLIED PSYCHOLOGY: ITS FUNDAMENTALS
2. SCIENTIFIC HEALTH CULTURE
3. SUGGESTION AND AUTO-SUGGESTION
4. CONCENTRATION: JUST HOW TO DO IT
5. PRINCIPLES AND METHODS OF PRACTICAL PSYCHOLOGY
6. THE CELL THEORY OF BODY BUILDING
7. THE LAW OF MENTAL MEDICINE
8. THE SUBCONSCIOUS MIND: ITS LAWS
9. NERVE ENERGY: GENERATION, APPLICATION
10. THE MASTER FORMULA

A one dollar bill will bring you any one of these books, \$10.00 for the set, special paper cover edition, or cloth bound edition \$15.00 per set.

Send today for our free folder with description of this Library. Mail orders promptly filled. Dr. Wm. Franklin Kelley, P. O. Box 1133, Station "C," Los Angeles, Calif.

*Do not longer say, "I cannot master be,"
A talent lies hid in every one,—
Then know thyself and show the one in thee.*

CHARACTER READING AND SELF ANALYSIS KEY TO THE MASTER SELF (By TASMAN CAREY)

Your temperamental impulses, mental tendencies and inherent psychic powers are unfolded in this fascinating little text book. You will learn how to analyze the mental characteristics of others by the signs in the heads and features of those you contact. You will find inspiration, profit and pleasure, and from the pages of this "Key to the Master Self" you will discover a way to higher achievement.

The interesting Science of Character Reading is made practical in this latest text book. Illustrated. Price 75c. With NOW Magazine one year, \$2.00.

Order from NOW CO., 589 Haight St., San Francisco, Calif.

AS A MAN THINKETH by JAMES ALLEN

An authorized 40 page vest pocket edition of this New Thought classic. Just the thing for the pocket or handbag. You could not buy anything better to send to a friend. 15c postpaid. 7 copies, \$1.00 postpaid. Every one is pleased with this edition.

SAM E. FOULDS, 589 HAIGHT ST., SAN FRANCISCO.

Practical Methods to Insure Success

By H. E. BUTLER.

CONTENTS—Prologue. 1. Change of Thought Habits. 2. Methods of Obtaining Perfect Health. 3. To Put Digestion in Order. 4. Regeneration, The Source of Life. 5. What is to Be Gained by Regeneration. 6. The Cause of Inharmony in Marriage. 7. The Law of Association of Men and Women. 8. Control of the Mind, Concentration, The New Memory, etc. 9. Conclusion.

Beautifully bound in Red Cloth. 129 pages. Postpaid \$1.00. To old or new subscribers with NOW Magazine 1 year, \$2.25.

SAM E. FOULDS, 589 HAIGHT ST., SAN FRANCISCO.

Fifty-Five and Young Again



"You wouldn't believe I was fifty-five my last birthday. Yet that is the truth. Even my friends think I am much younger. And the best of all is—I feel as young as I look. No off-days with sickly headaches or indigestion. Just a life of happiness and joys, because I'm young and always at my best."

This is the story of a famous French stage beauty, known all over Europe for her lasting youth.

Learn the Secret of Keeping Young

Through a magic-like process of physical reconstruction, it is possible to re-make the age-worn man or woman, changing the body from indications of age into a vision of youth.

Complete regeneration lies in this method of physical reconstruction. The whole body is renewed. New tissues replace the old. The excess flesh—the pounds that accumulate with age—vanish. Sagged muscles become firm; wrinkles, lines and "double chin" disappear. The skin becomes fine and clear. The eyes bright and glowing. The hair rich and colorful. A complete transformation—all so quick as to be astonishing.

The Results Are Wonderful

You can "come back" through this method of physical reconstruction and regain the vigor of vital youth in all your activities and powers.

Send today for free booklet describing newly discovered laws for KEEPING YOUNG.

URIEL BUCHANAN,
P. O. Box B-210, Chicago, Ill.

Within Reach Of All
HEALTH, SUCCESS, TRIUMPH IN AFFAIRS COURSE
 It will get you there, it will keep you there. One Dollar Monthly.

EDITH MOORE
 North Windham, Maine

CHAS. MATT. BERKHEIMER, Practitioner of the Healing Art,
 Hotel Trinity, Los Angeles, California. Free will offering.

COUE'--PLUS

What you supremely need is The Science of Spiritual Suggestion. We have it for you in

THE HARMONIZER

The Magazine of Spiritual Auto-Suggestion Using an Ideal Method of Affirmative Education.

With a year's subscription (\$1.50) we will send you a notable, leather bound book along the same line, Healing Affirmations, by Dr. George L. Perin. Remit to

THE HARMONIZER, 4336 Park Blvd., Oakland, Cal.

RIGHT THINKING WILL make ALL Things POSSIBLE unto YOU. Send dime for

"YOU can do ANYTHING by THOUGHT"

By **ELINOR S. MOODY**

Mental Teacher-Practitioner, Portland, Maine.

SUCCESS--SUCCESS--SUCCESS--SUCCESS

JUST AS MUCH SUCCESS AS YOU DESIRE, IF YOU TRY--AND KNOW HOW. TO TEACH YOU HOW IS MY BUSINESS. I make a specialty of individual training in **FINANCIAL MATTERS.** Every lesson, after first one, is written to meet your own needs. No "cut and dried" lesson courses. Individual guidance is what you need to lift you out of the rut and **AWAY FROM THE DAILY GRIND, GETTING NOWHERE.** Send 25 cents for literature and terms. Also printed first lesson.

My terms for instruction are more than reasonable, when you stop to consider that I make a study of your own problem and **GUIDE YOU PERSONALLY.** Every letter of instruction—not a multigraphed sheet that goes to all alike—but written for you, and you alone. Terms upon application.

AGNES MAE GLASGOW

"The Meadows," 490 Grand Ave., Leonia, N. J.

Health Health Health

Unrivalled Healers In Your Own Town

Unsurpassed success in healing, success, triumph in affairs. Daily treatments. **UNITY IS POWER**—every case cared for by the World Helpers of Humanity. Edith Moore, Principal; Lelah A. Wagner, Vice-President, North Windham, Maine.

DO YOU WANT TO KNOW?

1. Your path of destiny.
2. How you appear to others.
3. What lesson you came to learn in this life.
4. The vocation you are best fitted for.
5. Your hidden soul qualities.
6. Your lucky days each month.
7. How to sign your name for success.
8. How you vibrate to this year.
9. What characteristics you lack.
10. How to train your child according to its disposition.
11. Your activities for each month. (25 cts. per month).

Send full baptismal name and date of birth, enclose 50 cts. for each question. **ALICE AYERS, Number Psychologist, Apt. D, 1159 Masonic Ave., San Francisco, Calif.**

MRS. A. L. LAWRENCE

107 West 74th Street, New York City

PRACTITIONER OF CHRISTIAN HEALING.

Special Success with Domestic Discord.

Love Offering

French Cream

To gain and retain youthful complexion—use my cream—scientifically compounded according to a French process, contains purest French ingredients. Guaranteed not to grow hair—will keep the face firm and youthful. \$1 per jar.

Other French preparations as well. Send for advertising matter.

FLORENCE F. RAJOTTE

2450 Fulton St.

Pacific 7533

San Francisco

THE WORLD HELPERS MAGAZINE.

It will bring you health and lead you to success. 25 cents single copy, post paid. North Windham, Maine.

(Say You Saw It in NOW)

MENTAL HELP

Do you need ASSISTANCE of any kind? Are you ill in body, mind or estate? Do you desire personal instruction in regard to the laws of health? In the correction of bad habits? In the awakening of dormant faculties? Or in the development of self-control? If so, write me.

For these, or any other undesirable conditions you desire to OUT-GROW, I can help you. I have had over twenty years' experience in this line of work, and am well qualified to render you valuable assistance.

A letter telling, *in outline only*, your trouble, and enclosing an offering to pay for *one month's advice and treatment*. I will write you a letter of directions suited to your particular case, together with such other advice and information as I feel you need. **Besides these, I will help you daily by absent methods.**

You are to report monthly. Thus you will come into close relation with me. My letters will contain invaluable information and will give the KEY to the CAUSE of your troubles, and help you to remove them.

Address **SAM E. FOULDS, 589 Haight St., San Francisco, Cal.**

ARE YOU SLEEPLESS?

Say, Friend, are you able to sleep All Night and wake up feeling as bright as a new red top? Or, are you restless, turning from side to side, counting endless sheep, and yet can't get to sleep? If so, you need **THE SECRET OF SOUND SLEEP! IT WORKS!** and you wake up feeling more buoyant than you ever did before. **SEND ONE DOLLAR, worth \$5 first night.**

MARY FRITZ, Collison, Ill.

DIVINE HEALING

112-page book on healing by **Divine Science of Prayer and Old Bible Way of Laying On of Hands** Plain, simple directions for treating the sick—yourself or others. Send only 12c (stamps) **NOW** for this book, of healing power

Address, **OLIVER C. SABIN, Lock Box 1524, M. O., Washington, D. C.**

Are You a Sufferer of Stomach Trouble

Most people are. I have a never failing remedy, and treatment for all kinds of stomach trouble. **\$2.50.**

R. E. L. ZIMMERMAN, Coleman, Texas

ARE YOU SICK? UNSUCCESSFUL?

Need a position? Need a tenant? Need to sell your property? I have **HEALED AND HELPED** others, why not you? Five Dollars monthly for Treatments and Six Lessons free except postage, which is about 50c. **PRAYER CHANGES THINGS! EXCELLENT RESULTS! TRY ME! LOVINGLY YOURS,**

MARY FRITZ, D. D., D. M., B. P., Collison, Ill., Dept. 14-23.

Systematic Re-Education of the Subconscious Mind

A Practical Course of Study in Mental Dynamics

Part one of this course of study is a brochure which deals, in plain language, with the nature attributes, powers and possibilities of Mind. The author, after study, research, observation and experience covering considerably over a quarter century, gives his conclusions in a clear, direct and positive way which carries conviction. Some of the ideas presented may seem startlingly radical and too good to be true, were it not for the fact that the reader is shown how he may secure the necessary proof in his own experience through a personal application of some of the simple and almost self-evident principles explained. With masterly logic the author shows how man's conscious thought-processes, his habitual ways of thinking, are the chief determining factors in all his affairs of life, including conditions of health, mental qualities, business and vocational success, environment, associates, etc. *Definite methods are pointed out which will enable any one to effect any change desired in his life and environment.*

The unity of all mind and intelligence on every plane of evolution, from Electron to Man, with what the author terms the Universal Mind, is conclusively demonstrated. The evolutionary impulse of the Universal Mind works unconsciously and subconsciously in nature until in Man, the highest form of organized life, a supreme self-consciousness has come into existence. This self-consciousness of the individual Ego makes man the Master of his Fate. All troubles, trials and tribulations of Man are shown to be due to his misuse of this power of individual choice. Ways and means are shown which enable anyone to begin at once to re-educate and train the Sub-conscious Serving Principle of the Mind and thus effect any desired improvement in every department of life. The purpose and functions of certain brain- and nerve-centers are clearly explained and a definite, practical process for the establishment of a proper equilibrium in these centers is given.

Anyone who will study this and the subsequent parts of this work carefully in accordance with the author's suggestions will agree with the hundreds who have testified that it is the greatest, the best and the most beneficial thing that has ever come into their lives.

Please note that the above statement is not an advertisement written by the undersigned, but has been taken verbatim from a review by Myron Sague, the literary and dramatic critic, a man who has for at least the past decade read, assimilated and criticised nearly all that has been offered in the way of literature pertaining to Mind, Mental Science, New Thought, Applied Psychology, etc.

Send 20c, to help cover cost of printing, mailing, etc. Evidence free.

J. A. EICHWALDT

16 Fruitvale Branch, Oakland, Calif.

PSYCHOLOGICAL BOOKS

By Henry Harrison Brown

For the past 18 years the books listed below have enjoyed an unusual sale. The early titles are just as much in demand as when first printed.

Have you read these great books? If not you have missed the clearest and most practical mental science lessons ever written. They give the teaching and philosophy of that master mental-scientist Henry Harrison Brown.

Every book represents great value for the money asked, both from the standpoint of philosophy and typographical value.

The Complete Writings of Henry Harrison Brown:

THE LORD'S PRAYER: A VISION OF TODAY.

124 pp. \$1.00.

SIX STEPS IN MENTAL MASTERY.

108 pp. Paper 50c.

CONCENTRATION—THE ROAD TO SUCCESS.

120 pp. Paper 50c. Cloth \$1.00.

SUCCESS—HOW WON THROUGH AFFIRMATION.

102 pp. Paper 50c.

THE MASTER'S TOUCH.

64 pp. Paper 30c.

SELF-HEALING THROUGH SUGGESTION.

60 pp. Paper 50c.

HOW TO CONTROL FATE THROUGH SUGGESTION.

60 pp. Paper. Cloth \$1.00.

NOT HYPNOTISM BUT SUGGESTION.

60 pp. Paper 25c.

MAN'S GREATEST DISCOVERY.

60 pp. 25c.

DOLLARS WANT ME! THE NEW ROAD TO OPULENCE.

64 pp. Paper 50c.

HEALING WORDS OF JESUS. 20 cents.

WHAT IS NEW THOUGHT? 15 cents.

THE FOLLOWING ARE 10C EACH:

SIX TRACTS ON SEX.

- (1) "Friendship: The Third Function of Sex."
- (2) "Body-Building: The First Function of Sex."
- (3) "Procreation a Secondary Function of Sex."
- (4) "The Ultimate of Sex."
- (5) "Place of Sex in Race Development."
- (6) "Social Hygiene: Sex Education."

Books Sent Postpaid
on Receipt of Price

Sam E. Foulds

589 HAIGHT STREET

SAN FRANCISCO, CAL.