

From all Life's grapes I press sweet wine.

---Henry Harrison Brown

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JANUARY, 1918

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A Year

# NOW

<sup>15</sup>  
<sup>1918</sup>  
A Journal of Affirmation

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.  
—EMERSON.

THOUGHT IS POWER

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THE ROAD TO FRANCE.

HENRY HARRISON BROWN, Editor and Publisher  
SAM EXTON FOULDS, Assistant Editor  
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**NOW**

**A Journal of Affirmation**

Entered at second class rates at San Francisco, Cal., Post Office, Jan. 14, 1915.

VOL. XV.

JANUARY, 1917

No. 1

**LOVE'S CLIMATE**

The morning breaks from out the bay;  
I seek in vain for one loved face;  
Soul spreads her wings, and far away  
Her joyous course I well can trace.  
She homeward flies and nestles where  
Loved voices echo on the air.  
But from my dream I rudely start  
To find it winter in my heart.

Love makes alone the home of soul.  
And for Love's climate now I sigh.  
I seek of happiness the goal,—  
I find it not 'neath balmy sky.  
Where'er I am; 'tis wintry air  
Though blooming rose is everywhere.  
If Love be not of Life a part,  
'Tis always winter in the heart.

Seasons come, and seasons go;  
Earth will change 'neath warmer rays;  
Where winter reigns soon flowers will blow;  
Harvests will come from springtime days!  
But where I am, 'tis wintry air  
Though orange fragrance's everywhere.  
I'm all alone! I dwell apart!  
Love makes no summer in my heart!

\* \* \* \* \*  
But for today! Night soon is o'er!  
Winter snows have passed away!  
Love has conquered! Nevermore  
Love of self has power to sway!  
Winter winds no longer chill,  
For I've a heart for Friendship still!  
I've learned my lesson! 'Tis Life's art:—  
'Tis Love makes summer in the heart!

HENRY HARRISON BROWN.

## WHAT DO I WANT?

### DEFINITENESS OF THE IDEAL.

Reverencing the Soul, and learning, as the ancients said, that "its beauty is immense", man will come to see that the world is the perennial miracle which the soul worketh. . . . He will weave no longer a spotted life of shreds and patches, but he will live with a divine unity. . . . He will calmly front the morrow in the negligency of that trust which carries God with it and so hath already the whole future in the bottom of his heart.

—Emerson in "Over-Soul."

The chief difficulty with people who desire health, happiness, prosperity and success, and who fail in their desires, is want of definiteness in their ideal of these conditions. Their first error lies in their building ideals of details, which are temporary, instead of building ideals of Principles which are eternal.

A mere longing, wish, hope, aspiration, ambition, or prayer, that are always born in a feeling, will never materialize as long as they remain merely feeling. An undefined cry for something, will never find in any condition satisfaction.

Thousands of honest, good, loving, sincere, and faithful people are constantly suffering because of unsatisfied longings. They are like a babe crying for the moon. Because they do not know what they are longing for, they cannot find expression for their desire.

. . . . "And what am I?  
An infant crying in the night,  
An infant crying for the light,  
And with no language but a cry."

And yet Tennyson continued to voice his love-longing. He says:

I do but sing because I must,  
And pipe but as the linnet sings.

In want the infant stretches forth its hands and cries with no idea for what it cries. The soul of mature age does the same and we all too often "pipe but as the linnet sings", because we feel and must express.

In feeling all actions are born. He is greatest who can best control and express, in word or deed, his feelings. Byron, looking upon Lake Leman, said: "And silent as we stand when feeling most." And Lowell says: "Fullest hearts are slow to speak." The poet differs from

ordinary people because he can express better than they what all feel.

The Soul demands expression. It *will* have it. It "will find a way or make one." When it cannot, because of physical conditions, thus find expression, it abandons its body and finds a plane on which it can express.

This incarnated soul presses outward, and its first manifestation is un-ease or restlessness. When desired expression is denied, this repression causes unhappiness, which is always the subjective cause of disease. Note the word—"dis-ease," unrest, spiritual unrest, spiritual limitations. This spiritual demand for expression we term—Desire.

All desire will have expression; if denied in one way, it will find another. When denied harmonious expression in freedom, it will be inharmonious in repression. All inharmony is disease-promoting. The expanding life in the bud, could it be conscious and tell us why it was pressing open the petals, might truthfully say: "I want room! I want to grow!" It could not say "I wish to be a rose!" because it could not think what a rose is, until it had become one. It could say, "I wish to be in expression all that it is possible for me to be!"

This is virtually what the Indwelling Life of man, the unfolding spirit in man, does say in its desires.

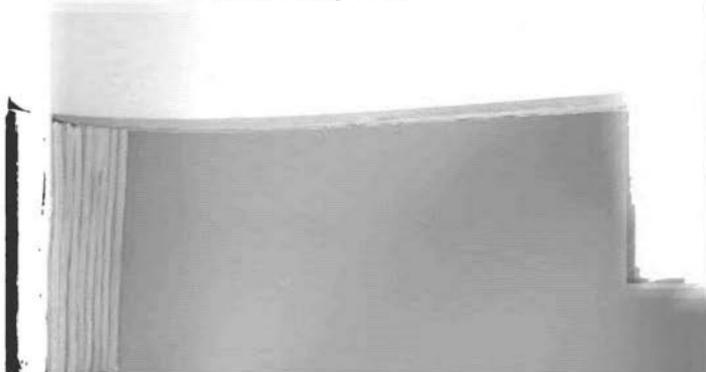
Desire is the evidence of a living soul; of an unfolding soul. Where desire is not, life is not. As long as we live we desire. Tennyson has a word for us here:

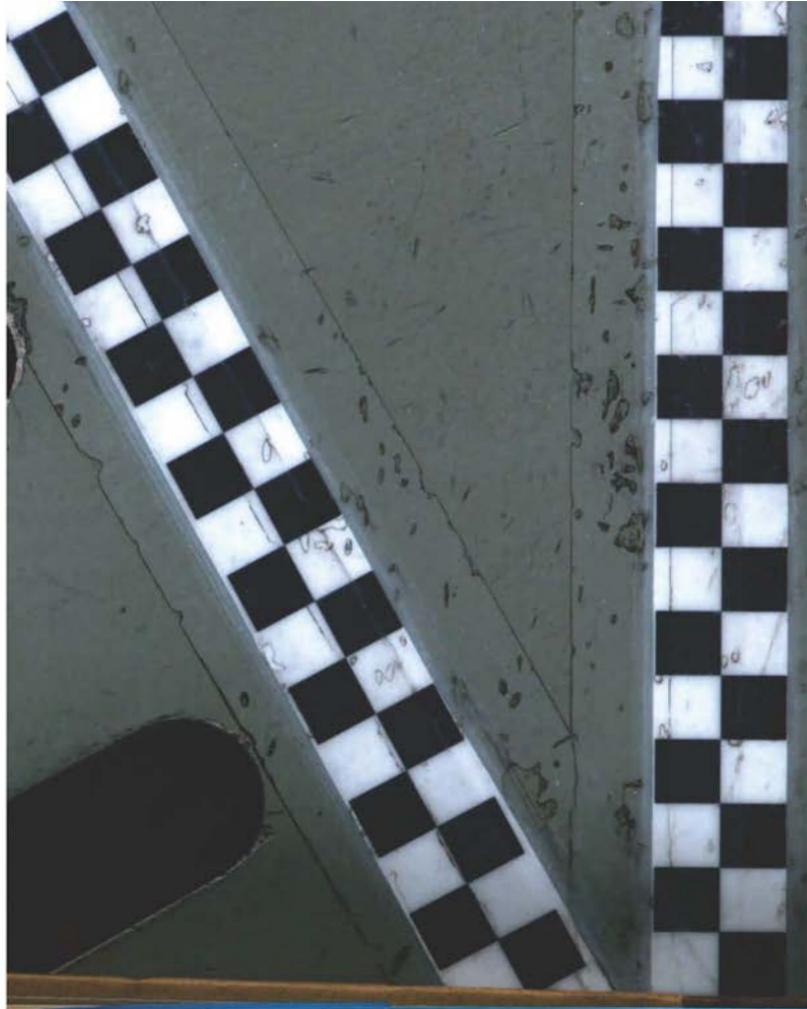
I envy not in any moods  
The captive void of noble rage,  
The linnet born within a cage  
That never knew the summer woods:

I envy not the beast that takes  
His license in the field of time  
Unfettered by a sense of crime,  
To whom a conscience never wakes:

Nor, what may count itself as best,  
The heart that never plighted troth,  
But stagnates in the weeds of sloth;  
Nor any want-begotten rest.

Even idiocy and insanity manifest this same tendency toward expression. We may predicate that idiocy is lack of expression because of bodily environment, and insan-





ity is born in repression from some cause. Every thing shows this propulsive tendency of life toward the demand of the Soul for expansion.

The child says: "I want something! I want to do something." The adult says: "I want to go some place." This unconscious working of the sub-conscious is the restlessness of man, which is expressed in the demand for change, for some new condition. It makes the church, the school, the theatre, the play attractive and business endurable. Monotony is due to this reason:—it is stagnation of soul.

This demand for excitement, for expression, for expansion, is the condition under which there is evolution of the sub-conscious into consciousness. Note that all the words all begin with "ex." A prefix that means "out." The out-pressing, the out-spreading of soul, the expansion—the reaction to an objective excitant. The reaction of the soul to external stimuli. T

Jesus. He became *my* possibility. Till then He was merely an historical character. Now He and I were one, as God and He, and God and I are one.

Thenceforth I had a definite ideal. It was—To let the Indwelling God have expression through me. To give my Real Self liberty. I had held over myself constantly a fear of possible wrong-doing. I affirmed:—*Henceforth I'll trust myself. I'll do that which I desire and do it in the way conscience and reason tells me is best; in ways I have learned and should learn is best by experience.* Have I followed this Ideal? Yes, "I've worked at it." Sometimes near, sometimes far off, but never have I lost sight of it. "Beyond the clouds the sun is shining!" I always thought of the shining, and endeavored to forget the clouds. Now, after nearly 50 years' experience, I can announce that Emerson's statement is Truth and is worthy of acceptance as the *one rule of life*. Take the affirmation "*The Absolutely Trustworthy dwells in my heart, works in my hands, and predominates all my being.*" I have perfect trust in myself; in the rectitude of my motives, and in the rightness of my conduct, when judged by the Voice of the Indwelling as made conscious to me, in Reason and in Conscience. Upon this Principle as foundation we can build a sure Ideal.

"Be ye likewise perfect!" is Jesus' Ideal for us. Some author has said:

"Ever there dwells within the soul

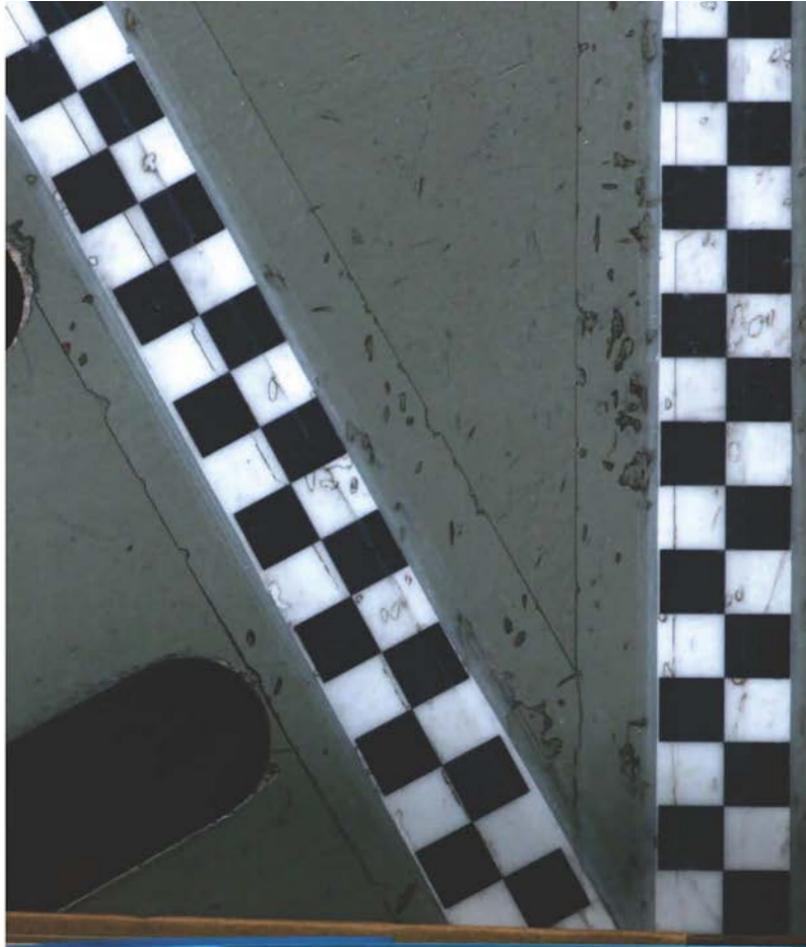
A model perfect and whole,

The perfect man that we should be."

This Perfection is demanding expression. It gives this demand in desire. We may choose the mode of expression.

Hunger is a soul desire. I must maintain this body. But what I shall eat to supply this demand, depends upon my choice. I will decide from my experience; from my likes or dislikes, from previous results of my choosing. So it is with every form of desire. I must decide and build the mental conditions of their expression.

All human conduct is foreshadowed in the Ideal of life one holds over himself. My whole power, my whole responsibility, lies in the Ideals I make. There lies my power as a man. I build the picture of the life I wish



to love. Professor Le Conte said: "We build and they in turn build us!" What do I wish to build for me?' I as architect must make the plan. The fellow says in "The Builders":

All are architects of fate  
Working in these walls of time,  
Some with massive deed and great,  
Some with ornaments of rhyme.

Dr. Holmes says:

Build thee more stately mansions, O my Soul!  
But Soul could build for him only the mansion  
had planned in ideal. He continues, however,  
his ideal by telling soul what to build:

Leave thy low-vaulted past!  
Let each new temple, nobler than the last,  
Shut thee from heaven with a dome more vast.  
We, being individual men and women, and in the  
of Ideal creation being free-agents, must either  
sciously or unconsciously build our ideals. They  
built are the plans which the Indwelling is con-  
fessing, as the contractor must follow the plans of the  
tect, in the structure he builds.  
Our todays and yesterdays are the black and white

With this consciousness you will hold neither man, conditions nor nature responsible for any experience. You will accept whatever comes as opportunity through overcoming, and through use, to learn more of your self as Power that *Can*. You will use conditions and opportunities as your experience teaches you is the best at the time.

With this consciousness of personal responsibility to the Self, and through Self to the Universe, you will for the first time be able to build an ideal of POWER TO BE WHAT YOU WILL TO BE. What you desire as Life to express. Affirm of yourself this:—*I am responsible for my every expression. If I do not direct I am responsible for the neglect. If I do not direct, I allow it. I have the responsibility of choice. When I do not choose I must without complaint accept what the Law brings me.*

Under this consciousness of Power you will not allow heredity, habit or the fears of other's opinion, to sway your choice. You will not deprive yourself of your birthright of freedom by bowing to any other authority than the Indwelling. You will allow life to press out only in the channels of choice—I CHOOSE! will be your only cause for doing.

When one thus consciously builds his ideal and persistently holds it before him *lovingly*, then failure is impossible.

Love is essential. "Love thy neighbor as thyself" is the Law of success. Love is the universal Life transformed into human Power. Love is the power that sways human conduct. How much love art thou? is the fundamental question. Absence of love is distrust, misunderstanding, dislike and hate. These are all negative conditions and win nothing. "Love and thou shalt have," is nature's law. In loving thyself as a manifestation of Infinity lies self-respect and self-mastery. In your ideal include Love as the human side of the Power you are. Trust yourself as Love and win.

When this consciousness of want, which is desire, shall crystallize into a clear and definite ideal, and is held as a *Present Reality*, you will have reached the consciousness which led Henley to affirm:



It matters not how straight the gate,  
How charged with punishment the scroll!  
I am the Master of my fate!  
I am the Captain of my Soul.

HENRY HARRISON BROWN.

### PEACE.

The condition or state we term Peace must be earned. It is a condition that must be won. Every one desires peace; but peace as a condition cannot be until it is earned. Until then it is simply a desire, or an ideal. Peace is won through sacrifice—generally a sacrifice of blood.

The men and women John saw in the New Jerusalem were those who had *overcome*. They were wearing the crown.

If we are to have peace, we must overcome the condition that has destroyed our former state of partial peace.

Peace will not be with us until the thought of war is dead. We do not pour mineral oil on fire and expect to extinguish the flame. We smother it if possible. To bring about peace in a time like this needs its own special form of demonstration.

All demonstration is accomplished in the same manner. If a nation is healed it must be healed by the same law as that used in the healing of an individual. A nation is simply a great group of individuals, bound together more or less harmoniously by certain race or family ideals. To overcome disease in the individual, the wise and skillful surgeon at times uses the knife. It is the quickest way to remove any extra or diseased growth. It is the same way to health in such an instance.

Our peace is threatened—threatened by a mentally sick nation. We must overcome or be overwhelmed by this sick-ideal. This sick-ideal is believed in by a people—they believe in this sick-ideal and are acting under its inspiration. That thought is: "We are the people destined by Almighty God to rule the world!" This can be demonstrated to be false only as this mentally sick people are shown that God *is not* on their side—that there is in the world a greater power than this

false ideal. Force that is ruthless in its expression cannot be overcome by kindness. Force must be overcome by Force.

The sword in the hand of a nation that represents universal justice, is the scalpel of the world-physician. It is used to remove excrescences that imperil the body politic. The scalpel in the hand of the physician is a merciful tool, so the sword in the hand of a righteous nation is a merciful weapon, for it is used truly for the *healing of nations*.

The dead past must bury its own dead. Old ideals of force are being tried in the furnace of man's experience and found to be dross.

The ideal that should be held by the individual in this crisis is:—"We, the people, are overcoming the forces of error by the power of the might of Truth—in *sword and gun!*" When the victory is won for Truth and Democracy, then it will be time, and then only, to consider beating our swords into plowshares.

SAM E. FOULDS.

---

OCTAVES.

The mind, alone, is quick, the flesh is dull  
And hears not the infinitude of sound  
That from the Harp of Being floats in full  
And fills the shoreless seas of space around.

The light that in the deepest darkness shines  
The flesh knows not of, for it sees but night;  
Supremely arrogant, the flesh opines  
There is no super-vibrant light in light.

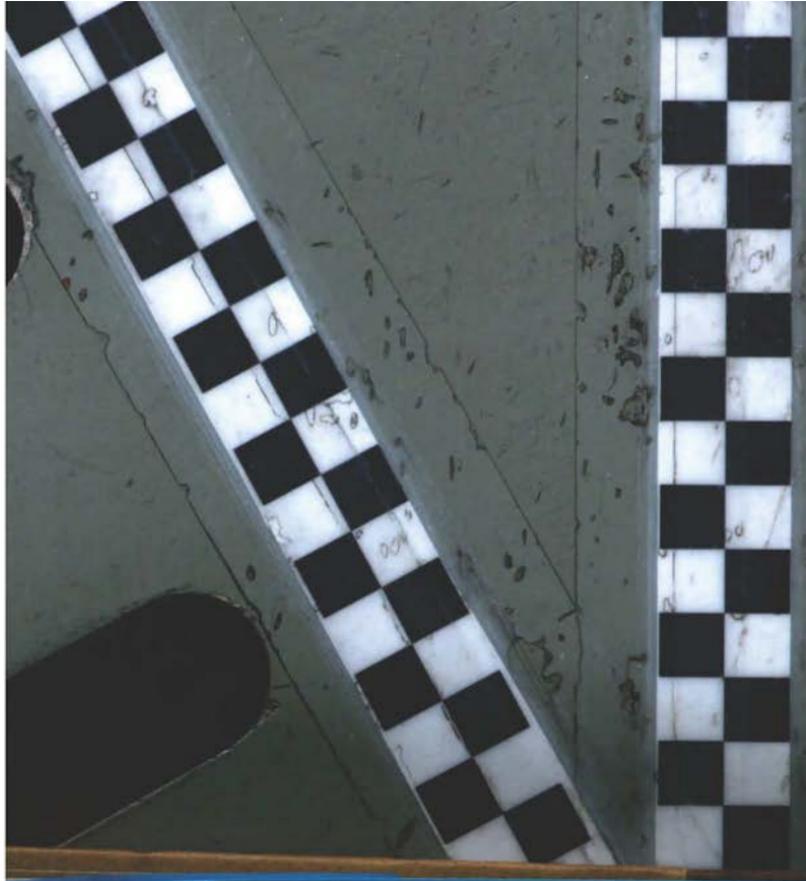
And yet the mind, of baser than the flesh,  
Builds agents to arrest these things and null  
The findings of the flesh, to prove afresh—  
The mind, alone, is quick, the flesh is dull.

A. F. GANNON.

\* \* \* \*

Refuse to wonder at anything which our neighbor does, however strange; our friend's affairs are his own, not ours; when we let our thoughts dwell upon them, we are intruding unwarrantably into his privacy and encroaching on his liberty, although both of these are necessary to the right growth of his soul. And this is true also of members of the same family—even between husband and wife there must be freedom and privacy if there is to be true love. Love grows in silence.—*Marslund*.





With broken heart, with broken heart,  
I'll give him but the best,—the very best  
In Freedom's name!  
He'll win the day!  
For all must win  
Who fight in Freedom's name!  
There is no death to love;  
'Tis just a little span—  
This breath of man.  
But love shall last through all eternity.  
I'll give him for awhile  
To you, my Country true!  
But he'll return to me!  
So I can smile, and wish him joy!  
His soul to me will sure return.  
For that all have won who  
Voice the thought of love!  
Separation ne'er can be.  
Yes, yes,—I have won!  
And in the mystic realm of time,  
Mine own will come to me!  
I'll smile, and wish you joy, my boy—  
I'll never say Good-bye!  
God-speed! I wish you well,  
For I am proud of you!  
More proud than ever; I see you  
Strong, proud, manly, and loyal, too—

### TRAINING CARD ON "ACTION."

"The Indwelling Mind Does the Work."

I am

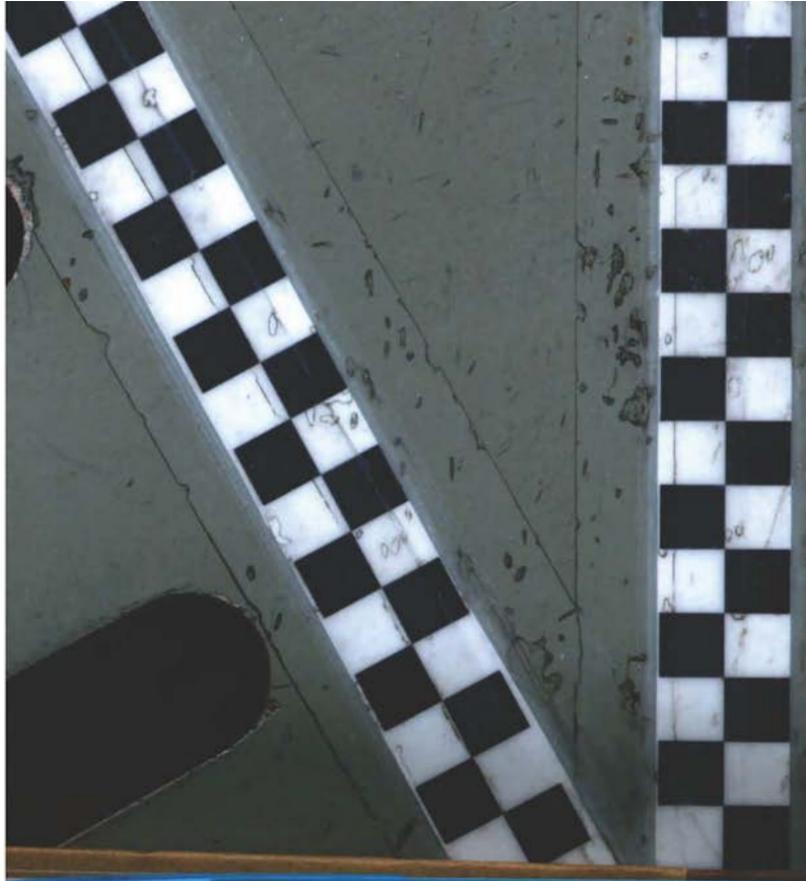
1. To impress and express myself vividly.
2. To show profound awakenedness.
3. To radiate with conscious inward power.
4. To lead by inspiration and example.
5. To cultivate efficiency intensively.
6. To *think of success in terms of efficiency.*
7. To be consistent—persistent with determined, quiet insistence.
8. To be eager, alert, vigorous and use well directed energy.
9. To have deep, calm, serene poise.
10. To have the forceful power of quiet strength.
11. To invariably arouse intense interest in true demand.
12. To vitalize sincere co-operation where success lies.
13. To be definite, accurate and final.
14. To hasten suitable action and favorable decisions where mutually beneficial.
15. To intuitively know supply and demand.
16. To be keenly receptive to all good.
17. To unerringly avail myself of all advantages.
18. To spontaneously grasp all opportunities.
19. To continually use conscious knowledge.
20. To have complete confidence and perfect assurance.
21. To accomplish results because of my true ability and efficiency.
22. To have DIVINE WISDOM.

HELENA J. MARTIN.

### ◆

#### THAT ANCIENT, MYSTIC AND OCCULT BOOK.

A lady subscriber asks: "Why do we not have more of your Mother Goose interpretations? I very much enjoyed them!" Others make the same inquiry. I'd be very glad to please you all but it is not easy to so withdraw myself from the worldly cares: to sink from the ordinary plane of life into the depths of the subconscious where dwell those Masters who alone are able to reveal the secrets of that ancient book. Were it ordinary *com-*

**AFFIRMATIONS.  
BEING.**

In Him we live, move and have our *Being!*  
—PAU

There is but one Existence.  
This Universal Existence is God.  
In God I exist.  
In God I move.  
In God is my Being.  
This Being is an expression of God.  
It expresses God's Power.  
It expresses God's Love.  
It expresses God's Truth.  
It expresses God as Love.  
Because God dwells in me I am Power, Life,  
Truth.  
God, the Indwelling, manifests his Life as He  
The Indwelling manifests his Truth in my int  
The Indwelling manifests his Love through r  
tion.  
I let the Indwelling manifest Itself through m  
I trust the Indwelling by letting It express Itsel  
mony.  
In Love, Truth and Harmony I find Peace.

## HISTRION.

No man has dared to write this thing as yet,  
 And yet I know how that the souls of men great  
 At times pass through us,  
 And we are melted into them, and are not  
 Save reflections of their souls.  
 Thus am I Dante for a space and am  
 One Francois Villon, ballad-lord and thief,  
 Or am such holy ones I may not write,  
 Lest blasphemy be writ against my name;  
 This for an instant and the flame is gone.

'Tis as in midmost us there glows a sphere  
 Translucent, molten gold, that is the "I,"  
 And into this some form projects itself.  
 Christus, or John, or eke the Florentine,  
 And as the clear space is not if a form's  
 Imposed thereon,  
 So cease we from all being for the time,  
 And these, the Masters of the Soul, live on!

—Ezra Pound.

## AN APPRECIATION.

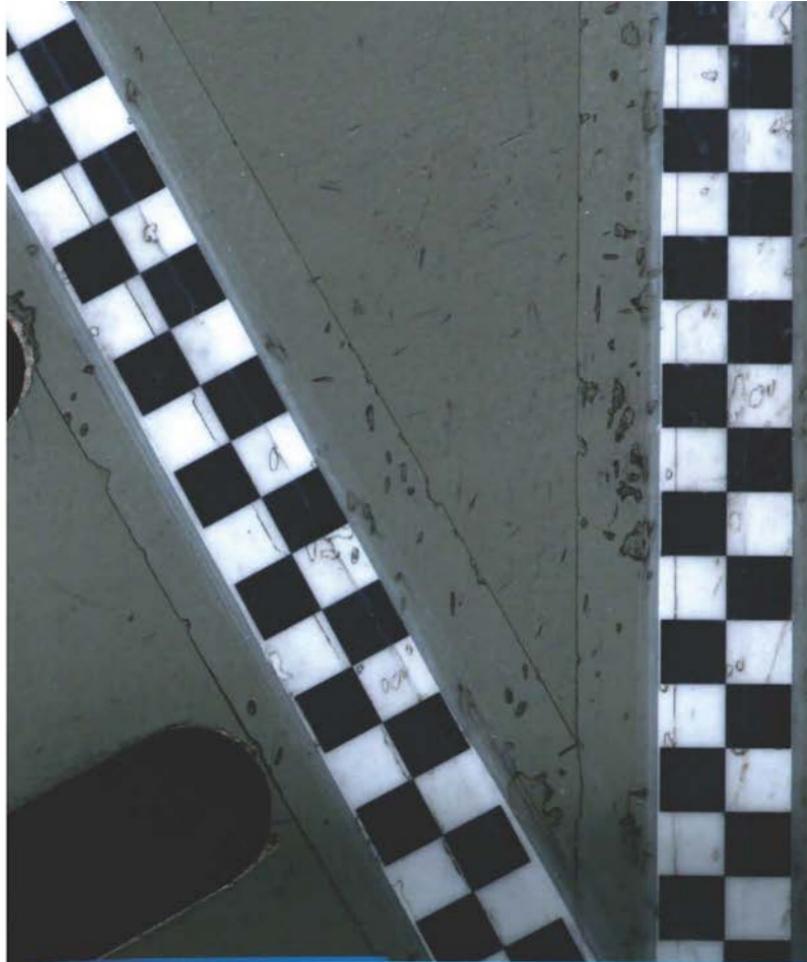
A very successful man in his profession, which is teaching business men Truth and its application to success, and who years ago took all three of my Mail Courses, recently wrote me they started him on his road to success. I take these words from his letter for the encouragement of NOW readers:

Came here two months ago to recuperate in the hot days. Started some business. Gave my first lecture in six months to a great concern in Canada. . . . The manager, a big New England man who draws a \$30,000 salary, said it was the best "sermon" he had ever heard. I meant it for a *business* talk. It went well and gave me \$1400 worth of students, including the manager. I think there are many good fights left in me still. I am working on that hypothesis anyway.

I don't see any mention in NOW of your Lessons in Psychology. As I once wrote you, Mr. ——— took mine with him to Europe and they evidently stayed there, as did his automobile in Belgium, where the Germans came and grabbed up everything.

I am wondering if you have any more sets. I finished that set in my correspondence Courses with you, but I'd like to have it again. I've a lot of work yet to do on myself now. . . . Mr. Foulds and Mr. Nichols are doing some fine writing in NOW, and your own "push" seems quite undiminished.

Sincerely yours, G. A. M.

**A LETTER TO A WIFE.**

A lady wrote me if I could and would treat her for a control of the drink habit. Here are some of my reply. The Principle expressed is one by many who wish friends helped by Me treatment:—

You have a right to a temperate and a human A person under the influence of liquor is no man nor a husband. In justice you are to control which you thought you married, i. e.—A MAN To the extent he allows himself to be controlled he is NOT Man but animal. Man is Self-Control You did not marry a whiskey barrel. But that is reality, what you have married. Whiskey controlled husband. Thus your real husband, is Whiskey have a right to the Man you married.

The moment a person loses Self-Control under the basing influence that person is so much more and consequently so much less human.

tion. Live in thought of it. KNOW that it is possible for him to rise out of this slough and be a FULL man and an Ideal Husband. Study my book "How to Control Fate" and come into a complete understanding of "The Law of Life" as found on page 39. When you have done this, then I am ready to help you. Write me WHEN?

◆

**A PEACE SONG.**

Awake! awake! the stars are pale, the east is russet gray;  
They fade, behold the phantoms fade, that kept the gates of Day;  
Throw wide the burning valves, and let the golden streets be free.

The morning watch is past—the watch of evening shall not be.

Put off, put off your mail, ye kings, and beat your brands to dust:

A surer grasp your hands must know, your hearts a better trust;

Nay, bend aback the lance's point, and break the helmet bar.—  
A noise is on the morning winds, but not the noise of war!

Among the grassy mountain paths the glittering troops increase;  
They come! they come!—how fair their feet—they come that publish peace!

Yea, Victory! fair Victory! our enemies' and ours,

And all the clouds are clasped in light, and all the earth with flowers.

Ah! still depressed and dim with dew, but yet a little while,  
And radiant with the deathless rose the wilderness shall smile,  
And every tender living thing shall feed by streams of rest,  
Nor lamb shall from the fold be lost, nor nursing from the nest.

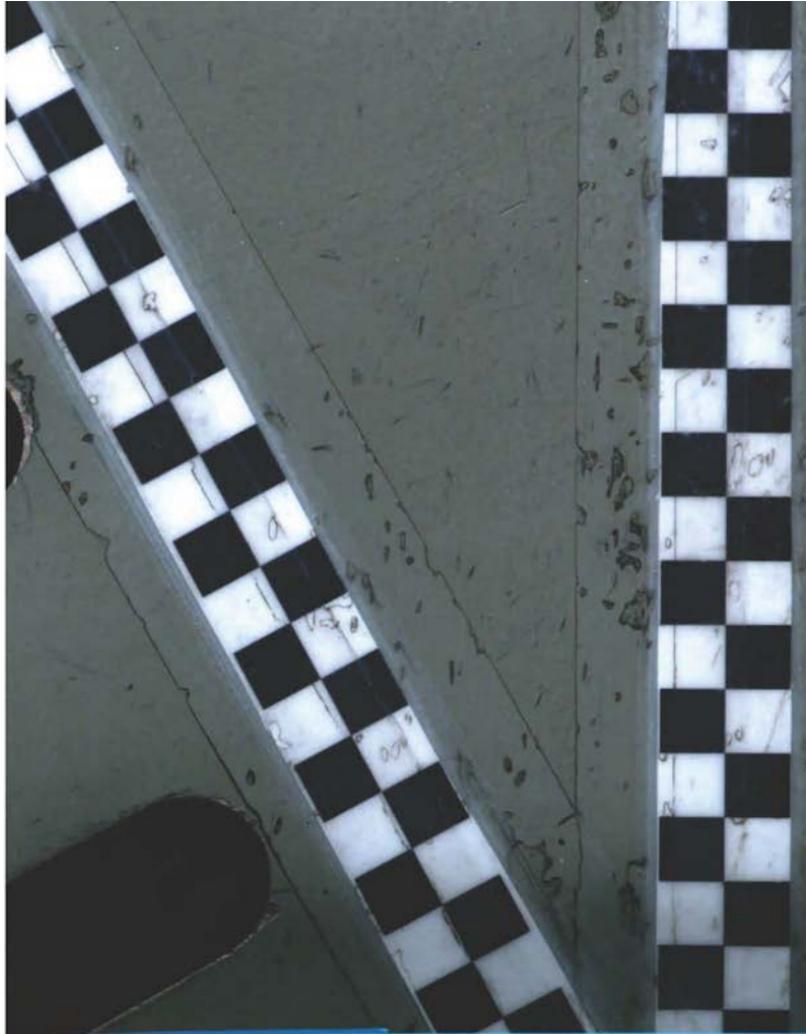
For aye, the time of wrath is past, and near the time of rest,  
And honor binds the brow of man, and faithfulness his breast,—  
Behold, the time of wrath is past, and righteousness shall be,  
And the Wolf is dead in Arcady, and the Dragon in the sea.  
—*Ruskin.*

\* \* \* \*

The air-game is the young man's game. It is the light-hearted man's game. Glance over the bunch of youngsters who have made good in the air and pick out a grouch. You can't do it.  
—*War Correspondent with the British armies in the field.*

\* \* \* \*

What I am opposed to is not the feeling of the pacifists but their stupidity.—*President Wilson.*



20

OFFICE OF NOW,  
589 Haight Street - - - - San Francisco

Vol. XV.

JANUARY, 1918.

## NOW

HENRY HARRISON BROWN, Editor  
SAM EXTON FOULDS, Asst. Editor

A Monthly Journal of Positive Affirmation  
Devoted to the Science and Art of Soul Culture  
It is the utterance of the Editor only. All thought  
to others is his.

Digitized by Google

Its basic Affirmation is:—

### THE METAPHYSICAL LIBRARY

has been moved to new quarters. It is now at 165 Post street. These quarters are very commodious. Besides an office room, there are large and well lighted reading and library rooms, and fine hall. The Library committee has full control of these and will manage them in a manner most convenient for the public. The hall will be used for noon-meetings and will be for rent to such teachers and lecturers as the Committee elect.

This committee is composed of representatives from the many Centers and Classes in the city. The grateful thanks of the committee are given to the genrous public that has so freely sustained their efforts. Now we have these, the best and most convenient quarters the Library has ever had, it is the sure expectations that still better than ever will there be the Success which Truth is able to manifest.

Remember—The Library and Reading Rooms are open daily. Noon meetings from 12 to 1 except Saturday and Sunday. To these meetings all are invited. One may stay the hour, or for five minutes. They are for "busy people." One may bring lunch if desired.

Please note the place—*Rosenthal Building, 165 Post street.* Opposite the old site.

◆  
Bryn Mawr, King Co., Wash.,  
Dec. 7th, 1917.

Dear Mr. Brown:—I want to shake hands with you (in the All Mind) and congratulate you upon your successful closing of the fourteenth volume of (one of the best magazine that comes to my desk) NOW; and wish you (or rather *affirm with you*) SUCCESS for the next (and every) volume. I have taken the "copy" into the printers for the next issue of "True Word," in which I made mention of the November issue of NOW; but, after just now looking over the December issue—which I received today—I feel that I just must write you a few lines and tell you how much I enjoyed this issue. To every word of your supplement, and your splendid lesson articles on pages 155, 156, 160, 161, 162, I say "AMEN!" And that poem "IN THE GLEN"—what a sweet thing! Well, the whole magazine is good. Success to you and your splendid assistants. Success to NOW.

Very sincerely,  
(MRS.) ANDE HOLLINGSHEAD,  
Associate Editor for "True Word."

\* \* \* \* \*

I've won a saint and lost a lover.—*W. M. Letts.*

**TO-DAY I WALKED WITH MY BELOVED.**

To-day, at twilight, a hill ascending,  
 I walked with my Beloved.  
 Brightening the western sky, the slender young moon  
 And Venus, Star of Love, seemed apertures to very heaven;  
 As I with two companions, arm linked with arm,  
 Walked and conversed together.  
 While down below, at foot of hill, the brook,  
 Amid the deepening shadows,  
 Returned the evening's charm with clear reflection.  
 We talked of many things with lip and voice,  
 But more, far more, with Soul.  
 And as we said the parting words, "Good Night!"  
 For one brief instant each one caught  
 A fleeting glimpse of mirrored Self Serene  
 In Soul of other, and knew he'd walked with his Beloved.  
W. M. N.

**IN RE THE I. N. T. A.**

A pleasant letter from the Secretary of the Alliance tells me that my criticism of the Declaration put out at St. Louis is the only one received. Well! Emerson says: "One with God is a majority!" So, *if* I am right in my criticism, I am in a majority having God on my side.

Right is Right since Right is God,  
 And Right the day must win.

The Secretary writes: "I think it is a rather good point that 'it can be endorsed by every Unitarian'", etc. By being thus endorsed **WHAT DOES NEW THOUGHT STAND FOR?** The name and the organization should have a distinctive phase of Truth. Wesley, Murray and Channing would never have had a place in human advancement **IF** their statements had been endorsed by the churches of their time. **BECAUSE** they stood for something **NEW**, something others did not endorse, they have a place today. The Alliance simply gathers all, and if numbers or popularity is what the Alliance aims at—well!

I had also a "say" in December **NOW**. Will have one more adverse criticism in February and then bid it "Good speed!"

*My* New Thought stands for the **LIMITLESS POWER OF THE INDIVIDUAL TO CONTROL HIS OWN LIFE THROUGH CONSTRUCTIVE**

THOUGHT AND HIS INDEPENDENCE WHEN HE CLAIMS IT, FROM ALL EXTERNAL POWER AND AUTHORITY.

"Break every yoke and LET the oppressed go FREE!" is the purpose of NOW!

◆

**BOOK NOTICES**

**HOW TO GET WHAT YOU WANT.**

By Orison Swett Marden. T. Y. Crowell Co., New York. 350 pp. Price, \$1.25.

"Happiness is not a monopoly. No one can corner it. It is for sale in the market place of life for every one who is willing to pay the price, and that is one all can pay." True happiness is Mr. Marden's theme and he treats it in his clear, sane, convincing, entertaining way.

\* \* \* \*

NOW has received the second copy of a new monthly, *Veritas*. It is published in the interest of *The Church of Truth* in Seattle, Wash. Dr. B. von S. Higgins, Pastor. It is \$1.00 a year. It is a pretty little book of messages carrying on its cover words of Emerson, "Go forth with thy message among thy fellows. Teach them that they must be guided by that inner light which dwells with the pure heart, to whom it was promised of old that they should see God." No publication, and no teacher, thus inspired by Emerson, can fail to inspire and to uplift those who read or listen.

\* \* \* \*

Moreover, man is a complex organism. He is made of things material and of things spiritual, and both must be satisfied. He is of the flesh and also of the spirit, and both have their needs. He has not only a hand to do, and a mind to think, but also a conscience to feel, and a heart to yearn, and a soul to aspire.

—*Rabbi Krauskopf.*

\* \* \* \*

If we are true friends of freedom of our own or anybody else's we will see that the power of this country and the productivity of this country are raised to their absolute maximum, and that absolutely nobody is allowed to stand in the way of it. Our duty is to stand together night and day until the work is finished.—*From President Wilson's Address to the American Federation of Labor.*

\* \* \* \*

Public Spirit can never be wholly immoral, since its essence is care for the common good.—*George Eliot.*

## THE COSMIC FELLOWSHIP

### Is a Cooperative Healing Body:--The First Ever Established

Its PRINCIPLE is that of Whitman—"I will have nothing which every other person may not have on equal terms."

The LAW under which it works is—"Act from Principles capable of Universal application!"

The basic AFFIRMATION—"I am Spirit." This fact is that stated thus by Jesus—"The Kingdom of God is within you!"

Its REALIZATION is—"I and my Father are one!" Spirit is Universal Life. Its normal expression is Health, Happiness and Prosperity.

The Fellowship is open to all who desire more perfect expression in Health, Happiness, and Prosperity.

Each member will choose the time of Concentration and in the Silence speak the word first for ALL, then for himself. He thus enters into the Consciousness that the Atmosphere of Health is created for him by the many members of the Fellowship.

**THIS FELLOWSHIP IS SUPPORTED BY FREE-WILL OFFERINGS.** Enclose stamped and addressed envelope, and as a guarantee of sincerity enclose such sum as you feel in check, currency or money order. No stamps. Address the Cosmic Fellowship, 589 Haight St., 589 Haight St., San Francisco.

Send for Circulars and Instructions.

COME! ADD YOUR THOUGHT AND YOUR LOVE TO THIS CO-OPERATIVE CLUB THAT IS WORKING FOR THE WORLD'S REDEMPTION FROM THE ILLS THAT AFFLICT IT. WE STAND FOR UNIVERSAL BROTHERHOOD IN HEALTH, HAPPINESS AND PROSPERITY.

---

#### TO A YOUNG LADY MEMBER OF THE COSMIC FELLOWSHIP.

Surely, you cannot only be good, kind and an ideal of a daughter and a woman, but—YOU ARE SO NOW! Sure!! Can Spirit be aught else. Do not live from the

flesh but from Spirit; from Eternity and not from day to day.

You are immortal and live in eternity NOW.

You see the chicken in the egg before the hen has set a day. So see in yourself that which you desire to be, and then *let* God, the Indwelling, bring it into expression day by day.

I AM PERFECT AS SPIRIT! be one Affirmation.

Music is as much you as spirit is, for Spirit is Harmony.

So affirm—*I am music and I do express it!*

In this faith you will see each day more and more the music you are coming into expression through your voice and fingers.

Tell your fingers they ARE music.

Affirm—*My fingers are music and they love to express it.* Make a mental picture of your desire. See yourself surrounded by flowers, friends and music. Just as the painter holds to his picture before he touches canvas do you hold to this.

Then *let* it develop day by day into material form. Ask not when, or how, but SEE it come day by day.

See in this help no debt to me. You owe all to the Race and to the God in the race. Feel this—then you will give each day your offering to Him and the Race through me as you feel.

—◆—

A lady in years writes to me of the Fellowship:

"The gall-stones have not troubled me since you began treatment and I am able to do more work at the present time. . . .

The Fellowship has helped my family also."

The husband of the above lady has received great benefit and writes:

"I am feeling much better and for this I thank you and the Fellowship. I hope we can always have such a friend as you. I fully believe in this way of healing. Lots of people do, but don't know it."

It was his faith that opened the way to his knowledge. If these "others" would investigate they would know by the only possible channel, i. e., *Demonstration!*

This Fellowship is open freely to all who desire. See Notice in every NOW. Come! Help us to help the world.

CONSEQUENTLY UPON THE INCREASED COST I HAVE NOW ADDED THE POSTAGE TO THE PRICE OF MY BOOKS.

## TO FRIENDS OF "NOW" AND OF SPIRITUAL FREEDOM.

How like you NOW in its new dress?

I wish I had space to give you all the words of appreciation and of good-will that have come to me during the last year. Because of them, I have decided, in spite of higher prices, to continue NOW at the old price of \$1.00, though the expense is considerably higher. I have never cared to reckon just how much more because I KNOW that NOW's Supply is infinite and that as long as I hold the proper mental attitude and exercise FAITH that Supply will come.

But it MUST come through YOU as instrumentalities of the All-Good. You can do a few things to prevent any loss and in fact may make these seeming untoward conditions a gain. Namely:—

1. You can renew promptly your own subscription. Note the blue mark and respond promptly.
2. Subscribe for two or more years.
3. Subscribe for another.

4. By a generous purchase of our books. If they have done you good, why not exercise the missionary spirit and send them to friends? A lady recently sent for "Dollars Want Me." Then she ordered two more copies, and soon followed this with an order for 12, saying: "It is so helpful I wish my friends to have a copy!" *Self Healing* has also been used by those who have found it helpful as a missionary book. It will warm my heart to have many of you do likewise.

Remember the new rate of postage on your letters. Bless the extra one cent and let it express your Love, Loyalty and your Affirmation of *Victory*.

To the Friends of NOW and to the personal friends of its Editors we send our Affirmations of Health, Happiness and Prosperity and with these we add this prophetic Affirmation—*JANUARY 1918 sees the world at PEACE and DEMOCRACY TRIUMPHANT, and every people Self-Governed.*

HERE IS MY ANNOUNCEMENT FOR 1918

My able assistants of 1917 will continue their valuable contributions in 1918.

SAMUEL EXTON FOULDS

will contribute monthly an article on "Applied Psychology and Practical New Thought."

WILLIAM MORRIS NICHOLS

will contribute a series of articles on "Mind: A Success Dynamo."

MISS HELENA J. MARTIN

will continue her valuable "Training Cards."

DR. HAROLD F. PALMER

will write a series of "Hints for Daily Living."

In the field of poetry,

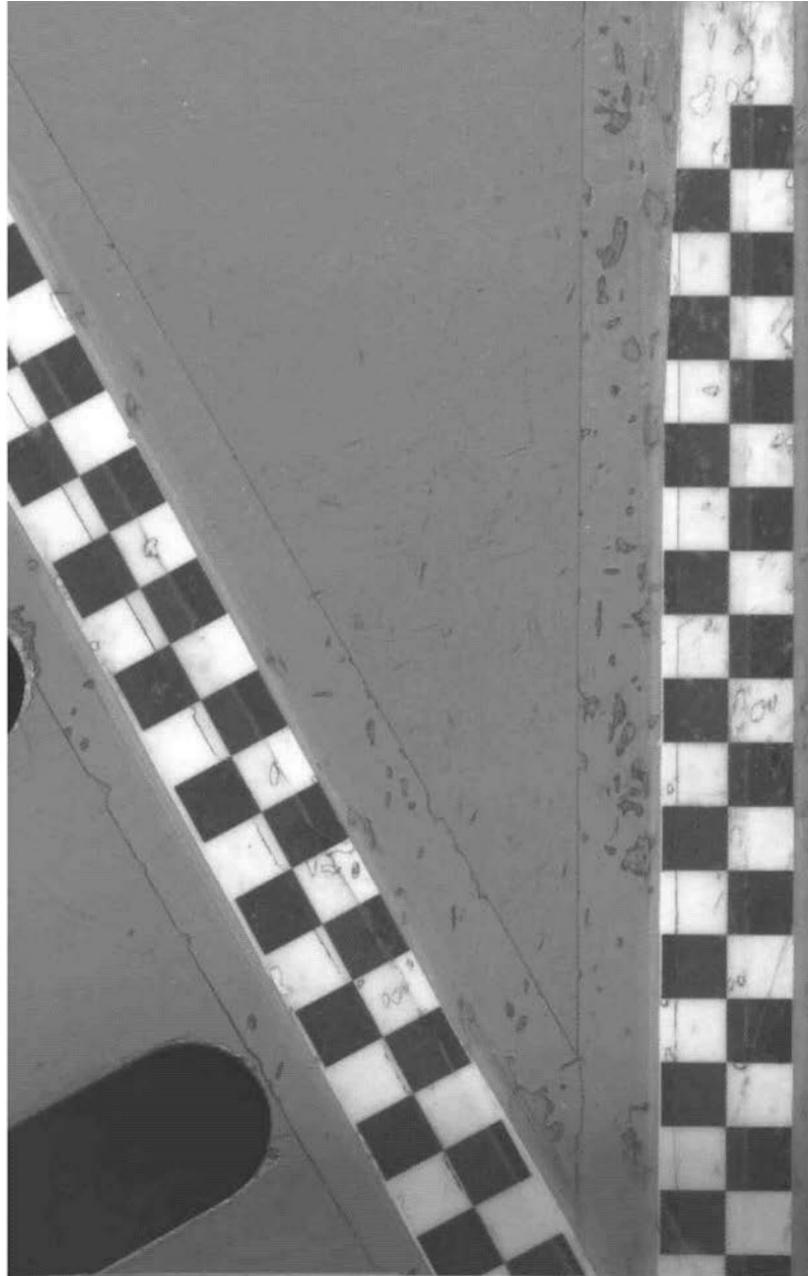
A. F. GANNON

will continue his original poems, and we shall have occasional poems by Mr. Foulds and the editor.

The editorials will be devoted to setting forth the power of the individual to control and to direct his latent forces. They will be educational along lines of self-mastery and self-development. The editor believes that self-control is the goal of evolution.

The war is working a revolution in all fields of thought and endeavor. It is destroying customs, institutions and ideas that have prevailed for centuries. Everything has yielded to the necessities of war. There will surely be a period of reconstruction. Who knows what immense changes are preparing in social, economic and religious fields? Right thinking will secure right action. Here is the opportunity for New Thought. Its truths are what the world needs. "The fields are already white unto the harvest." What could give more vitality to the new society that is evolving than the principles for which NOW stands?

Although I shall make a change in the form of NOW, it will contain about one-fourth more reading matter than heretofore. I believe you will like the new form better, and it has several advantages. Though the cost of material and labor has increased a hundred per cent, I shall not increase the price, as other magazines are doing. *I will trust SUPPLY and keep NOW at its original price, \$1.00.*



**N. B.**

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piration of subscription. This is in line with  
being adopted by other publications in order t  
the supply of white paper. The price of

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MAN AND HIS RELATION TO THE UNIVERSE.  
SUGGESTION IN BUSINESS.  
CULTIVATION OF THE WILL.  
SPIRITUAL GIFTS.  
TELEPATHY.  
LAW OF SUGGESTION.  
THE IDEAL.  
LIFE AS A MODE OF MOTION.

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"The Sacred Books of the  
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# HOW TO CONTROL FATE THROUGH SUGGESTION

By **HENRY HARRISON BROWN**

Paper 62 pp Price 25c. Postage 2c.

The principles dealt with are: Unity, Revolution, Tendency of Thought, Fate, Man, Logic, Matter, Evolution, Force, Spirit, The New Man, Finer Vibrations, All Knowledge Possible, Race Sensitiveness, Saviors, Progress, No Sickness, Liberty, Spiritual Gifts, Classification of Psychic Power, Love, Love's Pitch and Octaves, Concentration, Involuntary Concentration, One Power to Heal, Millennium Here. The following are some of the many good things said of this book:

ELLA WHEELER WILCOX has an article in the New York Evening Journal, which also appeared in the Chicago American and San Francisco Examiner, in which she says: "The world is full of New Thought Literature. It is helpful and inspiring to read. The latest to come to me is: 'How to Control Fate through Suggestion,' by Henry Harrison Brown. It is worth many dollars to any one who will live its philosophy."

J. STITT WILSON, editor, author, and teacher of the New Thought, well known upon his own platform and that of the advanced Socialists, writes: "Your books are unique and to the point. They have the breath of life in them. I will bring them to the notice of my classes."

GRANT WALLACE, who is writing most valuable editorials for the evening Bulletin of this city, has twice referred to it as "a very fine little book" and recommends it to his readers as a text-book on Suggestion.

EUGENE DEL MAR, Editor of Common Sense and author of "Spiritual and Material Attraction," writes: "The truths are very clearly expressed and well presented. The book is in every way quite readable."

The editor of Wings of Truth, England, writes: "Your books have helped me greatly."

**Henry Harrison Brown**

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## BOOKS

By  
Mr. Brown

### Concentration—The Road to Success

128 pages; paper covers; 50 cents.  
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This is Mr. Brown's latest book, published in 1907 and is in its 2d edition. It grew out of his various lines of work. Questions thus received, propounded by student and patient, by letter and in class, have been for 30 years answered until out of these answers and the growing necessity for this knowledge among the awakening masses, this book was compelled to be, as Supply in answer to Demand. It grew.

### Not Hypnotism but Suggestion

By Henry Harrison Brown; pp., 66;  
3d edition; paper, 25c. In this book the important Law of Suggestion is further evolved, and the phenomena of Hypnotism explained.

Grant Wallace, in some valuable editorials which he wrote for the *Bulletin* of this city, twice referred to it as a very valuable little book, recommending it as a textbook on Suggestion.

### Man's Greatest Discovery

By Henry Harrison Brown; pp., 60;  
3d edition; paper, 25c. Six Soul Culture Essays on THOUGHT AS POWER, Thought Transference and Telepathy. A thought-provoking book.

Dr. Alex. J. McIvor-Tyndall, who is without a doubt the greatest demonstrator of thought-reading, says: "I would like to recommend it to every person who can read. It is simple, concise, convincing. No one, perhaps, knows better than I that what you state in its pages is, as you say, 'man's greatest discovery.' There is no doubt that Thought is Force capable of accomplishing what we will."

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