

THE WORLD'S NEW THOUGHT JOURNAL

AUGUST, 1917

10 cts.

\$1⁰⁰
A Year

NOW

A Journal of Affirmation

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.

CONTENTS

I LOVE MY WORK.
HELL AND HEAVEN TODAY.
THE SUPREME EXPERIMENT.
PRACTICAL TELEPATHY.
REALIZATION OF FREEDOM.
SELF MASTERY.

POETRY

REFLECTIONS.
THE GATES OF PARADISE.
WISDOM.

SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

Digitized by Google

THOUGHT IS POWER

"Dollars Want Me"

New and Enlarged Edition

PRICE, 25 CENTS

A new, revised and enlarged edition of this little book is now in printer's hands. It is promised me in March. It will sell for 25 cents in paper covers, and 50 cents in boards. Twenty-five thousand of the ten cent edition have been sold, and I hope this new edition will make me as many and as warm friends as the previous ones have done. It was my "baby," my first book. It has gone into every civilized land and made friends in Truth and Love. Orders may be booked now. It will be sent as soon as off the press. Every one that had the early edition will surely want this grown-up Baby-book!

Henry Harrison Brown

589 HAIGHT STREET

SAN FRANCISCO, CAL.

THE MASTER'S TOUCH

A Series of Healing Essays by Henry Harrison Brown

JESUS' METHODS.

HEALING OF THE DAUGHTER OF JARIUS

AND THE WIDOW'S SON.

HEALING AT THE POOL.

SHE TOUCHED THE HEM OF HIS GARMENT.

THE SINKING PETER.

PRICE 30 CENTS

The author endeavors in these Essays, through a study of the instances reported in the New Testament, to solve the secret of the Healing Power of Jesus. That Jesus had this Power is now generally accepted; to show that it is a natural Power which can be developed in all persons is the object of the Author's work. It is his belief that the person who studies this book, thoughtfully and religiously, will, in some partial degree, pass into that Healing Consciousness and be able not only to heal himself but also to be a blessing to others. The book will be ready the first of October. Price 30 cents.

Address "NOW" CO., 589 Haight St., San Francisco, Calif.

“NOW” TRACTS

Titles of Lessons on Hand

ORDER BY NUMBERS

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>(2) Fundamental Thought Principles.
 (7) Personal Magnetism.
 (10) The Law of Suggestion.
 (12) Life As a Mode of Motion.
 (13) Place of Medicine, Food, Methods and Rules.
 (17) The Law of Life.
 (18) “Spiritual Gifts.”
 (20 & 23 S.) Clairvoyance.
 (21 & 24 S.) Psychomerty.
 (22 S.) Directing the Ego.</p> | <p>(23) Inspiration.
 (25) The Ideal.
 (3 S.) Man and His Relations to the Universe.
 (11 S.) Auto-Suggestion.
 (12 S.) States of Suggestiveness.
 (16 S.) Cultivation of the Will.
 (19 S.) Post-Hypnotic Suggestion.
 (20 S.) Suggestion in Business.
 (22 S.) Directing the Ego by Suggestion.</p> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

These Tracts 10c each, 3 for 25c, 12 for \$1.00

Only a few of these are left. If any number is out others will be sent.

I have a new Series upon “Love, Sex and Marriage.” The six numbers are entitled: **“SEX SERIES”**

- | | |
|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>No. 1, “Friendship: The Third Function of Sex.”
 No. 2, “Body-Building: The First Function of Sex.”</p> | <p>(3) Procreation a Secondary Function of Sex.
 (4) “The Ultimate of Sex”
 (5) Place of Sex in Race Development.
 (6) Social Hygiene: Sex Education.</p> |
|--------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

The above numbers are published. They are written from the Psychological point of view. Sent for 10c each. 3 for 25c.

I have an independent Tract entitled: “NEW THOUGHT—WHAT IT IS AND WHAT IT IS NOT”! Price 5 cents; 3 copies for 10 cents; 7 for 25 cents.

Also a Tract on “Healing Words of Jesus”—10 cents, 3 for 25 cents.

“A Triumphant Democracy,” address of Mr. Brown’s at New Thought Congress. Price 10 cents.

Henry Harrison Brown

589 Haight Street

San Francisco, Calif.

"What Is and What Is Not NEW THOUGHT"

A Tract by the Editor of NOW.

5 cents each, 3 for 10 cents.

Just the thing to give a friend who asks: "What is New Thought?"

LIVE PEOPLE HAVE LIFE PROBLEMS

Our aim is to find their solution—whether in mind, body or estate.

Let us help YOU find YOURS. Send for our free lists of **Helpful Books for Every Reader.**

If you mention the line in which you are especially interested we can help you more directly. Write to our San Francisco representative, S. E. FOULDS,

589 HAIGHT STREET

THE REVEALER

Editor: VENI COOPER-MATHIESON

A Monthly Magazine devoted to the teaching of Truth, the revealing of the laws of Being, the unfolding of the mysteries of Life, and the explaining of the Occult and Metaphysical teaching of all ages. It also has for its object the exposition of the Bible according to the Illumination of the Spirit through the Perfect Word, together with the propagation of Thought upon all questions of Spiritual, Metaphysical, Mental, Moral and Philosophical interest.

Subscription, 6/6 per annum, post free throughout Australasia; other countries 7/— (\$1.50) Single copies 6d each, Foreign 7d (15c.)

THE UNIVERSAL TRUTH PUBL'G CO.
The Truth Center, 138 Elizabeth Street
Sydney, N. S. W., Australia

HEALING WORDS OF JESUS

By **HENRY HARRISON BROWN.**

This pamphlet of 20 pages contains three Essays elucidating the secret of the Healing Power manifested by Jesus. It is one of the Author's best. Price 10 cents.

Master Mind says of it: "A vest-pocket pamphlet of optimistic, wholesome Christ-philosophy which dwells especially upon the spiritual realization of Jesus' words and life, instead of the old intellectual interpretation and acceptance."

**Note the 10c Tracts
On Second
Advertising Page**

First School of New Thought and Mental Science

(AUSTRALIA)

**249 VICTORIA PARADE
EAST MELBOURNE, AUSTRALIA**

The leading Institution of the New Thought movement in Australasia.

Principal: **PHILIP O'BRYEN HOARE**
(Member of British Institute of Mental Science, London).

Correspondence invited. Send 10 cents for sample copy of "Living Thoughts."

THE WAR

What ten prominent American Astrologers say. When it will end. Who will win.

15 CENTS

AZOTH PUBLISHING COMPANY
1400 Broadway, New York City

Our Country—Our Flag Ever Victorious.



NOW



A Journal of Affirmation

VOL. XIV.

AUGUST 1917

No. 8

REFLECTIONS ON MY 78TH BIRTH-DAY.

I have not won the prize
That comes in Mammon's costly guise;
I've not the power so many seek;
In civic glory I am weak;
I've no ambition that would gain
Eminence through another's pain;
My praise's not sung at Fashion's rout;
Nor is it heard in the masses' shout;
No titles add letters to my name;
I'm called simply by that which came
From Mother's lips, and that I hold
More precious than all deans have told.
Critics, if you must judge, please try to find
The thought that lies my acts behind.
Test not by that I've left undone,
But rate me by the goal I've won!
Measure not by the unattained,
But credit give for what I've gained.
I seek not praise; nor fear your scorn,
I'm simply the man of human born.
Say "He was a lover!" My love blends
This three in one,—Truth, Country, Friends!
By this title and this alone
Would I as Henry Brown, be known.
Enough for me to have lived and loved.
Enough that I by Life have proved
That Wisdom lies in doing one's best;
In speaking Truth. Fidelity's the test,
I've tried to add to the thought of the race,
My evolvent share; to have left a trace,—
A gentle ripple in the clay
Of human character. If my way
Has caused a spasm in the "unco good,"
'Twas that I might spur on true Brotherhood.
This much from my life I've gained:—
A deeper Consciousness-of-Self! I've attained
A satisfaction to which heaven cannot add,
Nor hell impair! Looking backward I am
glad
I've lived! I've loved! I've suffered! Wrought
Somewhat into act my Thought.
Freedom I've sought

I've looked above for happiness
In the Soul's decision. All is well!"
So, friend or critic, if you must tell
Aught of me, say this: "He won his Souls re-
lease
Through Faithfulness, and he's now at
Peace!"

HENRY HARRISON BROWN.
Camp on Umpqua River, Oregon,
June 26, 1917.

I LOVE MY WORK.

My Father worketh hitherto and I work.
—Jesus.

No happiness without employment. Ex-
pression must be. Soul presses outward
in unfoldment. Work of some kind, ev-
en if it be that which goes under the
names of "play," "vice," "excitement,"
etc., must be. Whatever manifests men-
tal or physical forces in expression, is
work.

The difference between Labor and Play
lies in the thought which accompanies
the expression. Work is expression un-
der a thought of necessity. Play is ex-
pression under choice. One is expres-
sion under, "I must"; the other under,
"I desire to!" Under, "I must," there
is weariness; under, "I desire," there is
gain.

The secret of happiness is to eliminate
"must" and "have to" from life. You
are to do at all times that which you de-
sire to do.

Man is a Center of Life in the One Life.
—The Conscious Law. He

Henceforth I seek not good fortune: I am good fortune.

—Walt Whitman.

The weariness of labor comes from the mental friction caused by the necessity under which it is done. Therefore, we eliminate the thought of "must" and "have to" from our life. We work because we love to work.

This is done by treating the demands of the physical life as we treat sun and rain, wind and wave. We have fretted at rain and complained of heat. We have learned to change our mental attitude toward them and enjoy them. When we love the wind, it loves us. The draft that we love will not give us a cold. Treat work the same. When we love it, it loves us, and becomes pleasant. Affirm:—*Work is a necessity of my being that I create. I love that which I create. I love my work.*

This is the position one must take toward his labor would he be happy in it. No matter at what you labor, LOVE it. Be it manual or mental, be it on the ranch or in the office, at the desk or cook stove, it is yours. It is for you, or you would not have it. You have drawn it to you by your needs, by your thought or want of thought. It is yours by Divine Law of Mind.

Says Emerson in "Self-Reliance":—"A man is relieved and gay when he has put his heart into his work and done his best; but what he has done otherwise, shall give him no peace." And he also says:—"Accept the place divine providence has found for you—great men have always done so!"

What will you do? Will you go at your task like a slave whipped with a "must," and thus repine and fret and wish? This is on par with the effort of the child, diving to the bottom of the brook to catch the moon. It is fighting the inevitable,—battling with the Omnipotent. *Stop fighting! Drop antagonism!* Change your mental attitude! You cannot change the weather, but you can change your thought of it; can change your mental attitude toward it. So is

it with your labor. It is yours. You cannot change it, or you would. Love it. What you do, do with love. Every fret makes a necessity for vacation, drugs, and doctors. Affirm:—*I Love what I do!*

You can affirm this as you think of the Principle of Life that enables you to labor. You can say: "I am part of the Universe that worketh. Because I am a part of that universe, I work and am one with it. The Universe needs my hands. My hands need the labor. Therefore, I love labor. I love my work."

I LOVE MY WORK! This Affirmation makes any labor pleasant and easy. The habit of considering labor as work is the heaviest task imposed upon labor. The same labor, when called "play," is easy. The baseball and football games, golf, tennis, and other games are as much work as in shop or on farm. What makes this work play? The thoughts with which it is done. These players unconsciously obey Thought and are carried as a leaf with the current.

They do not choose their thought. Events and custom choose it for them. You can choose yours. You can think play while at your work and thus convert it into play, making happiness for yourself. Affirmation demonstrates that we can control our thoughts,—choose them. We are responsible when we allow any unpleasant thought to come into our work. To think, "How pleasant!" is to make it pleasant.

Your attention is called to some disagreeable work that another is doing. What of it? It is not your business to think for him. Attend to your thoughts about your own life and know that the same mental laws abide in him that abide in you.

Emerson has a good Affirmation to use here:—"What I must alone concern me! Not what people think!"

Use your power to make yourself hap-

**When'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas.

py and the radiance from your life will lead others to recognize their own powers. To be happy, love your work. In this love, if it is not for you, it will soon drop away. Antagonism holds it to you. Thousands of unpleasant conditions will fall off labor when we cease antagonism.

Let this be your Affirmation:—*I Love my Work. I work at that which I love. My Work loves me and comes to me to be done.*

A BLUE GRASS IDYL.

Cyrus Shultz, a farmer near Rapids, Ky., refused to sell a kernel of corn except to those who needed it for bread when the price of corn was \$10 a barrel and then he would accept only \$2.50 a barrel for it. He could have sold the entire amount for \$1000, but already has allowed many of his poor neighbors to cart away a bushel upon their promise to pay.—*Boston Globe*.

Talk about patriotism! Off hats to Cyrus Shultz. When the "leading men" are leading the country into paths of starvation for private gain this Kentuckian is putting the temptation for gain aside and, by helping others, is helping his country. Too many are crying with Col. Sellers: "Hurrah for the Union, with an appropriation." Shultz is not in that class.

Talk about religion! Shultz has the best brand we know of. No swinging censer, no chanting choir, no flowing robes, no bells, just plain religion. What is his creed? We neither know nor care. He grows a tree that bears the fruit of love, and is better than any creed. Shultz is the Golden Rule. He answers the old question "who is my neighbor?" in the same way as did the good Samaritan of the parable.

He is putting into practice the teachings of the highest spirits constantly given us. Business men will call Shultz a crank. He is unbusinesslike but truly human. Honor to Shultz. May his tribe increase.

J. H. Y.
—Banner of Life.

THE ATTITUDE OF SUCCESS.

There are certainly a thousand ways to fail, but most of them are summed up in this: A failure is a man who does the wrong thing without learning from it; the man who does the right thing, but quits before it is finished; the man who finishes, but does not get it right; and the man who does not do it at all. Underlying all those is the same attitude of mind—a sort of uncertainty; a feeling of being a folundering fish in shallow muddy water; a half-hearted disposition to let go whenever the pulling is hard and wait for a lift. The attitude of success is:

First—An agreeable self-possession; a mental state that enables you to meet all classes of men on a level—knowing you can be neither persuaded nor bullied into changing your plans against your judgment.

Second—An open mind; a mind that will quickly take in the details of any problem presented and can look round it and under it and over it, and come to a conclusion after—not before!—full consideration.

Third—Resourcefulness. If your wagon breaks down on the road and you invent some way to mend it, and get in with your load, you are a success. If you go off and sit on a rock and wait for a ride back to town, you are a failure.

Fourth—And this is the biggest of all: A success is a man who will not quit until he does what he sets out to do. He may not do it at the time he hoped—may not do it in the first or tenth way he tries; but if he starts to climb a mountain and finds the way impassable he goes off and finds some other way that is not impassable. He does not stick always on a project that he finds foolish. But whatever he starts he carries through in one form or another—even if it is nothing more than kicking a piece of pasteboard off the sidewalk.—*Wm. H. Hanly in "Ladies Home Journal."*

A Wisconsin M. D. writes to NOW a letter so good you must share most of it with me: "I think you are one of the *strongest* New Thought writers we have. I was glad that William Walker Atkinson paid you such a well-deserved and glowing tribute in a recent issue of *Advanced Thought*. I read and re-read those copies of last year's NOW. They are all marked and re-marked up, and underscored, and every time I read an article out of it I smile to

Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

HELL-AND-HEAVEN OF TODAY.

Who are they that dwell in Hell? What is Hell? Hell is the absence of joy. To be alive and yet not to live; to fear mankind; to fear death; to try to conceal crooked methods, thinking by supporting churches and giving liberally to charitable institutions one can atone for past misdeeds; to go to church for selfish ends, for false impressions; to put into the contribution box gold gained at the cost of womanhood and near-starvation, from vile tenements and places of degradation. And then to think that God will look with favor, or that one's conscience can be truly satisfied!

To be afraid to die and leave it all; to sit sometimes in silence and see the ghosts of despair; to see those who have been crushed by the steam-rollers of wealth; to look on the haggard face of suicides, of women and children dying in squalor and want; to call one's self a Christian and yet wear, knowingly, the mask of hypocrisy; to be a good church member,—aye, even to almost own a church and yet not dare to be left alone to think; to feel the hatred of those one has robbed, and even as church bells ring to feel them change into funeral kneels,—yes, even though warden of the most fashionable church on the Avenue! If I dare not think I am then in Hell, a fiery Hell, breathing the fumes of the brimstone of hatred, burning in the fever of my own fears, surrounded by bodyguards, in terror of the assassin, a prisoner in a palace,—Hell on earth following me to the grave and, after death, the spirits of those I have wronged haunting me! To still crave the things I have left behind and yet go hungry; to see the gold I have hoarded thrown to the winds by spendthrift heirs; to sometimes visit old haunts and hear my name spoken in disgust; to be called a skinflint and a miser; to go day by day,

and night through night, only to encounter clouds and darkness; to search constantly for Heaven and to find it never; to remember childhood days and long to be a child again; to dwell in remorse and sorrow for those I have wronged; to weep blinding tears, to sense a faint light that grows stronger each day and to hear a voice within my Soul that breathes a word long dead—that word is *Love*!

And then to know that Fame's worthless badge and crying greed for gold were but the essence of Hell, and that Love is the seed from whence grow the flowers of Heaven, whether Heaven be on earth or in a boundless space beyond; that *Love* is the great transformer making the unreal, real, and that Heaven is only in the human soul! To be a dweller in Hell no more! To commence at the beginning, to start all over again and just LOVE!

"Love ye one another" and ye shall dwell together in the *dwelling place* of the *Most High*!

HAROLD F. PALMER.

THE REALIZATION OF FREEDOM.

In my previous lessons I have dealt with the general application of principles to life of the individual. This lesson is intended to instruct the student in the proper use of thought, under the right ideal for successful demonstration.

It has been shown scientifically, under the law of evolution, that man, by philosophical deduction, can consider himself to be a Son of God. The Universal Power that we see in active operation in all things has incarnated itself in man, and when man realizes this to be a truth, then the possibility of his living as an Unfolding Soul becomes a reality. I take it for granted that all who read this lesson are convinced of this truth, i. e., Man is the highest expression of

The deeper I drink of the cup of Life the sweeter it grows.

103

—Julia Ward Howe

Universal Power. That it is in man only that Universal Power or Mind finds Conscious expression.

Lack of the realization of this power within is the real cause of unhappiness, sin, disease and death. The only way that these conditions can be destroyed is by the individual wiping out old thoughts and conceptions, and establish within himself a new consciousness, from this new conception of Power that has been born in his conscious mind. It is in this conception that the beginning of all unfoldment sleeps. In this thought there is awakened within the individual the realization of the infinite possibilities of unfoldment.

To one schooled to thinking along orthodox lines this may seem an unwarranted statement, yet when the powers of the Universal Mind that is manifesting within each individual are but partially understood, the individual who so perceives cannot in any way place upon himself any ideal of Limitation. His first affirmation as to his self-hood is, I AM; and he sees that unto that conception of the self all else can be added, as he unfolds into greater consciousness of power.

The realization of infinite possibilities within is the beginning of Freedom. The knowledge that we have been using but a small percentage of the power we have at hand to use, opens up a new universe of possible achievement to an individual.

I am a conscious unfolding soul from the first moment that this realization dawns upon my consciousness.

Every effect has an underlying cause

the reward of true life and thought is peace and power.

No one can make you a man of power but yourself. It is up to you. You, and you alone, are the master of your own life. Have confidence in the power that is within yourself. Impose your WILL upon the power that you are, and direct it in the way you desire it to go. This is done by building a definite ideal and determining to live every day as if that ideal is a present reality. Am I sick? Very well—I will live the life I am in reality—back of my life is all of the Universal Life; I will turn on the mental faucet of directive will and manifest more of the life I am. Am I a failure? It matters not; I will profit by my past experiences; I will forgo all self-pity; I will not live in regret, but from this moment assume an attitude of Success, and become that man I *desire* to be. NOW in my thought and faith life. I *can* free myself from all bondage. I have the confidence that sets the chisel of will against the restraining influence of an indifferent attitude of life and living. I have faith in God in my own Soul. The secret of true freedom is to believe in the Self as one with *power*, under the thought of "I Can."

SAM E. FOULDS.

My dear Mr. Brown:

Thanks for that dear treasure "Dollars Want Me." What a beautiful edition! Everybody should have a copy; it is the greatest little book for the money in the world. Those who have read the former edition will all want this enlarged and beautiful book, full of vitalizing, powerful practical thoughts for the ex-

**I will not dream in vain despair
The steps of progress wait for me.**

— *Whittier.*

THE SUPREME UNIT.

A Lesson Pertaining to Permanent Success.

PART II.

The Supreme Unit may be symbolized as follows: Here is a large reservoir of water with many pipes, like long lean fingers, stretching away from it through the many streets of a great city. Although the pipes seem so widely separated from each other, as they run through the different streets and avenues, yet one knows that the water in each pipe continually flows forth from the main body of water in the reservoir, and that through it (the reservoir) the water in one pipe is connected with the water in every one of the other pipes; in fact, **ALL** the water is back of each pipe. The water in *all* the pipes and in the reservoir constitutes the **Whole**, and when water is drawn from a single pipe, water is *really* drawn from the *Whole*. Now let us personify the water-pipe, giving it the self-conscious power of a human being. Will it not be almost certain to say, "O, how fast my supply is going! I shall soon find myself completely exhausted, if things go on this way much longer, and then what shall I do? O, this is terrible!" And then will it not be more than likely to commence to worry and sigh, stew and fret, and thus work itself up into a great "nervous" state, and maybe spring a leak? But now, let us suppose that by the miracle of an expanded consciousness, the pipe perceives its true relation to the great reservoir, will it not soon come to know that until the reservoir itself runs dry its (the pipe's) supply will remain unfailing? Worry and fear must then take French leave.

Jesus Christ expressed the idea you are giving, when he said, "As the Father lives in himself, even so gave he the

Son also to have life in himself." The Son's life is the life of the Father, and the Father's life is the life of the Son. As the water in the pipe is also the water in the reservoir, that is, one and the same, so is the life of God and the life of Man One and the same, and that **ONE** constitutes the Supreme Unit.

As this idea of **ONENESS** penetrates your consciousness and sinks into your subconsciousness you will begin to see evidences of oneness on all sides. You will see (with your "Eyes to See") that One Blood flows through the veins of the race. You will see that One Life lives in all. You will perceive that One Intelligence thinks in all brains. You will know that when Emerson said, "There is one mind common to all individual men. Every man is an inlet to the same and to all of the same," he spoke the truth. You will know that **LOVE** itself is the Great Lover who loves in all. You will understand that One Word is speaking in all and to all. Good and evil will vanish, and you will come to know that there is but **ONE**, and that **ONE** appears to you as you conceive it to be.

With the Supreme Unit as the basic principle underlying the attainment of your ideal, whatever that may be, you may travel straight to it in your mind (whatever you do, you always perform first in your mind), without the shadow of fear or failure; and as the external must always follow the lead of the internal, your body and environment will arrive in due season.

I cannot present this idea of the Omnipresent, All-inclusive, Unifying Power too strongly or too clearly to your mind, for upon it must rest your faith in the certainty of your attainment. You must gain the perception that the **ONE POWER** is the **ONE**, and that there is none other beside IT.

**in the mud and scum of things,
There alway, alway something sings**

—Emerson.

105

We are acquainted with this POWER as "Life," as "Health," as "Intelligence," and as substance or "Supply," and since this Power is All-Present, Now, Here and Everywhere, then Life, Health, Intelligence, and Supply is never absent from any of us at any moment. Then the question arises; if this is so, why is it that we are not all enjoying *Abundant* Life, Health, Intelligence and Supply? The answer is that it is all a matter of consciousness. We *know* and *are* all things according to the measure of *Consciousness*. Great *Knowing* is great *Being*. We *see* by the faculty of perception; we *know* by the sense of *Feeling*.

Jesus Christ said, "I am come that they might have life, and that they might have it more abundantly." How was he to accomplish this? By directing Man to the Source of All Life and by showing him his relation thereto. And that is just what he did by precept, parable and living example.

The aim of this lesson is to set before the attention of the student the Great Principle of Unity so definitely that he cannot fail to gain a clear intellectual perception of that Supreme Unit whose offspring in truth he is, and by whose Absolute Wisdom and Power he accomplishes all things. Let him quietly read this lesson and then again, from time to time, until his Teacher from Within gives to his consciousness the True Idea which the writer has sought to express through the words of this lesson, the unity of that Life, Intelligence and Power the tide of which rolls uninter-ruptedly through all things forever.

WILLIAM MORRIS NICHOLS.

... A man is not as God
But then most Godlike being most a man.

—Tennyson.

**TRAINING FOLDER FOR SELF-MAST-
ERY.**

"The Indwelling Mind Does the Work."

I am to resolve:—

1. To be master.
2. To rule and direct self with a hand of steel.
3. To be an inspiration to everyone about me.
4. To be absolutely free from all that is undesirable.
5. To have absolute liberty.
6. To inspire the finest and best.
7. To make friends who have self-control.
8. To naturally avoid all that is undesirable.
9. To have great distaste for all that is undesirable.
10. To have every cell in my being Divinely contented.
11. To have every cell in my being Divinely satisfied.
12. To have every cell in my being Divinely peaceful.
13. To be thoroughly normal and conscious of health and strength.
14. To love to be known as a temperate person.
15. To be free from all troubles and forget them.
16. To have a pure, clean mind.
17. To have high ideals and live up to them.
18. To have most radiant health and strength.
19. To be temperate in all things pertaining to eating and drinking.

HELENA J. MARTIN.

* * *

Look into thy heart, and write!
Yes, into Life's deep stream!
All forms of sorrow and delight,
All solemn Voices of the Night,
That can soothe thee or affright—
Be these henceforth thy theme.

—Longfellow.

I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

PRACTICAL TELEPATHY.

Transmutation of Emotions to Thought.

Human Consciousness begins in Sensation. Whatever consciousness the brute may have, so begins. He is entirely controlled by his sensations. The vegetable world manifests sensation, and scientists also declare that there is a manifestation of sensation in the mineral. Somewhere from mineral to man consciousness begins, and in man it becomes Self-Consciousness. In this Self-Consciousness he may no longer be controlled by his sensations, but may control them.

The brute feels and acts. Man, as far as the brute remains in him, feels and acts; as far as he is man, he feels, thinks, chooses and acts.

Man feels, and knows that he feels. The brute does not know.

Adam in the legend could think and name the animals. They could not name themselves.

Being guided by these feelings, animals are more reliable than man in their actions, being in fact automatons under Nature's law of obedience. No choice have they, and their instincts are as reliable as the law that crystallizes the diamond.

Because man has choice, he can make mistakes, and every mistake reveals his divinity, his manhood. His reason is fallible because it is a new development of Life. The brute acts as the water flows. Man must have a reason, must know why he acts. He learns to think by thinking.

Thinking is the changing of feeling into Thought, through the same law of transmutation by which gravity is changed under water-wheel to motive power, and by which electricity is changed to light.

Logically, the more one feels the more he can think. Yes, *can!* But the majority of people do not. They stop with feeling. Note the feeling in crowds, political gatherings, etc. Feelings run away with them. But no great thinker, on any plane of expression, who was not capable of deep feeling, was a great lover.

Emotions radiate as do rays from the sun. All brute life is very sensitive to them. A knowledge of this explains the conduct of animals. They sense our feelings to them. Vicious animals allow children to pet them. We had a cat on this ranch, which we decided must be shot. She felt the thought and kept away from the one who was to do it. Finally after a week had passed, seeing him, she ran into a building and acted wildly. He followed her there and shot her while she cowered in fear. Every person familiar with animals realizes this sensitiveness. But man is not less sensitive would he pay attention to his sensations. This sensation in the animal is the secret of the power of the animal tamer and the snake charmer. A young friend of mine had perfect confidence in himself and would *think* to the rattlesnake on the prairie, and the snake would let him fearlessly handle it. The fearless bee-keeper is never stung. This power in man we call Psychometry. Every person realizes the difference in his feelings in different places and as he comes in contact with different people. To cultivate the recognition and interpretation of these feelings, is to extend one's universe: is to live above the limitations of the sense life. We all feel enough, but do not express it. Often we do not know the origin or the meaning of our feelings. Says Walt Whitman:—"Walt, you contain enough, why do you not let it out?" "I feel enough but do not know how to tell it," we often hear. Ah; that is the

To the receptive soul the River of Life Pauseth not nor is diminished.

—George Eliot.

rub! We need to transmute feelings to language. The lover finds himself writing poetry because he feels so much, and poetry is the language of the emotions. Never a poem that did not come as the expression of a warm heart. Didactic rhyme, like the "Essay on Man," is not poetry.

We feel so full ofttimes that we think we could make a speech, or write a book. But a single sentence is all we can utter. We mistake a sudden emotion for a continuous stream.


"*Silent, as we stand when feeling most,*" said Byron by Lake Leman. But his feeling was later transmuted into a canto of "*Childe Harold.*" There may be philosophy and theology without feeling. Often a person has trained himself to transmute all his life to thought and live in pure intellect, as did Darwin, to his own conscious loss—as does the average business money-lover. Self-Control consists in controlling our emotional nature by our thought; or a more scientific definition is: Self-Control lies in transmuting deep emotions into noble thoughts. We should be governed by our devotions to a noble ideal.

These practical exercises are bringing you to consciousness of the fact that you are sensitive to the vibrations of thought and emotions, and also to the greater fact that you can educate yourself to recognize them and translate them; that you may outgrow the animal in you and live conscious of the higher and finer vibrations of Spirit (or Man) here and now; may live con-

portant of all studies, i. e., How to live as Spirit.

Continue previous exercises. Begin to notice your sensations wherever you may be. If you feel pleasant or disagreeable in any place or with any person, learn whence these feelings come. To do this, be passive. Put aside reasoning, ask not whence or why. Let—simply let—these feelings come back to frontal brain; in this transit they will be transmuted into thought, and through some experience you will interpret these feelings, and will know if it be jealousy, anger, or some similar feeling that causes you to feel disagreeable, or if it be joy, health, success or good news that brings the pleasant feeling. Listen to the feeling and it will become vocal.

Let every feeling you wish to interpret flow over you as waves over a rock. Be unmoved by it. As if you were an observer and reported of another person, observe and report of yourself. In this way you can study and learn; in this way interpret. "There is nothing hidden that shall not be revealed."

Revelation is of the soul, not in detail, but in principles and in conditions. You may realize a discord in the life of another and not be able to locate it; may realize a sense of shame and not be able to tell of what he is ashamed. But here you pass from mere Telepathy into the broader faculty which includes not only Telepathy but clairvoyance, intuition and inspiration, and that is Psychometry, which is "soul-measuring." Soul-Perception.  Every time you are with a stranger, you are receiving information he gives you. Be

I am not fighting my fight: I am singing my song.

—Archie L. Black.

some others repel, why you like some and do not like others. You are finding below appearances the Real Man. You will soon learn to be immune to all that is unpleasant and to feel only the good. That you may demonstrate this fact of feeling the vibrations of persons and things, try these experiments.

Be blindfolded as you are out of a room where several people are. Now return, let them touch you hand, you trying to tell whether they are male or female, old or young, and all that you feel from them.

Next try holding articles which persons shall give you, and tell who owns them. Then take letters and see how much you can get of the writer. Sometimes by telepathy you will get the thought in the letter, sometimes will feel the writer and get his character. Sometimes you will clairvoyantly see him, or the place he was in, or what was in his mind. In this way, if you will continue your practice, you may come *en rapport* with any person or any place, for in that universal ocean of vibration, where we all are, you may select any radiation you choose. Also, past is as present reality, and you learn that time is but an illusion. Coming events often cast their shadows there. To read those shadows is prophecy. And here, where we have no experience to guide us, we so often fail that the vast majority of prophecies are failures.

NOW will not be increased in price, nor reduced in size, if its friends will rally and increase our subscription list. I can support it by my other work if necessary, but I know that those who love its independent position will never allow me to do this, so I expect a full house of newcomers for 1917. Note this.

* * *

Shall sharpest pathos blight us, knowing all
Life needs for life is possible to Will?

—Tennyson.

A WORD FROM INDIA.

A native Hindu who has the titles "A. B. and LL. D." and who is Judge in the English courts of Bombay, is one of my oldest subscribers; has all my printed lessons and books; is well versed in the Sanscrit literature and familiar with European and American Metaphysical literature. He writes in a recent letter renewing his subscription, and one for a friend:

Have just been re-reading NOW's for the past, and have been desperately driven to put reliance in Self and practice right thinking of spirit, forgetting body, eyes, and disease. The Self must make me over as a young man with your help, and the study of NOW. . . . A few brief Suggestions for NOW are submitted. My first wish: May God be God, and Brown be Brown still! Let us have a letter in which you answer the doubts and troubles of your patient. These answers will supply a body to your teaching. Such will carry conviction to every like complaining brain and induce a practical "chanting of the beauties of the good" and lead to ignoring of the "barking against the bad." May change the peaks of torture that frown upon us into shelters of re-generation to rest us, soul and spirit—you will draw me more and still more to deep convictions and make out of me bread for service of my fellows. Here is my thought—"NOW Affirmations must crown me with success."

(2) Let us have your articles upon Sex till we have all the 25 you proposed. I wonder why you have stopped. . . . (Ans. Because they have not met with the financial success sufficient to warrant greater investment. They will be resumed at the right time later on.)

(3) Never omit your Affirmations, your own articles, and your poems.

(4) Mr. Fould's "Lessons" are so beautiful, pithy and to my liking. . . . I have had 25 years service, am 55 years old, and am earnest in my desire to retire in the "NOW" work, convinced that it will bring me health, joy and youthful vigor, which will be a sufficient recompense. I am a permanent component of your Philosophy. . . . I feel proud to be writing this letter to you, for it brings me into contact with NOW people, for whom I feel a great reverence. My respectful and kinds regards to Mr. Foulds, and to the band of such good and noble souls as Gannon, Nichols, Palmer and Martin. May God bring Brown and Palmer to India! (We'd like to go!)

Minute a man stops looking for Trouble, happiness looks for him.

—Irving Bachelor.

WISDOM.

Not all the tomes of men up-piled thro' time
Can wisdom give the seeker;
Not all the verse, sweet melody or rhyme
Can fancy make the fleetier;
But deep within the Soul all waits:—
The Homer-strain, the David-string;
O, brother, open wide the gates
That prisoner holds thy God-like traits,
And give thy Soul its freest wing!

SAM EXTON FOULDS.

THE MODESTY OF SCIENCE.

Theodore W. Richards, Noble Prize man and Director of Memorial Laboratory of Harvard University, in an article in the *Youth's Companion* shows the modesty of the *real* Knower in contrast with the pseudo-scientist and superficial thinker. In speaking of the now almost universally accepted "atom" he says: "The *theory* of atoms is altogether the best way of explaining how things are made. . . each chemical element is *supposed* to have its own special kind of atoms. . . *Evidently* atoms are too small to be weighed. . . Another remarkable thing about atoms *seems to be*, as the ancients guessed, their durability. . . Within the past few years a number of facts have been found that *seem to point* to a possibility that even the smallest atoms may be made up of smaller particles called 'corpuscles' or 'electrons,' although the interesting evidence concerning them is *by no means as certain* as that about the atoms themselves. . . The *later theory* does not destroy or affect in any way the *atomic theory* of Dalton, which remains the *best method of explaining* chemical change."

I have emphasized some words and phrases that the reader may contrast this modesty with that of the dogmatic theologian and some metaphysical teachers, who, in the field of pure speculation, are cocksure, while in this field of demonstrated science the real observer and thinker speaks with reserve. The field of positive Truth is very small.

THE GATES OF PARADISE.

The gates of Paradise are double,
And they are blue;
Blue as the skies when no clouds trouble
Their perfect hue;
Blue as the calm face of the ocean
When winds are still,
And sunlight only is in motion
To work its will.
When skies are dull, the sea is lonely
And moans or sleeps;
The quick winds or the warm sun only
May stir its deeps.

The gates of Paradise are double,
And they are blue;
They ope to love, but cold, gray trouble
Will clang them to.
Lord, give me strength that I who love them
May live aright,
And spread no tristful clouds above them
To dim their light.
By other paths may other mortals
Win Paradise,
But keep for me its clearest portals
In her pure eyes.

—T. A. Daly, in *Unity*.

Rev. T. Parker Boyd, worker in the Emanuel movement and pastor of St. John's Episcopal Church of San Francisco, was arrested some time ago for violating the medical laws of the state, by his practices of healing. Recently he has been tried and acquitted. NOW has no report of arguments used, but Mr. Boyd says:

I regard the outcome of this trial as a vindication of the methods which myself and many others have been pursuing in the United States. I anticipated that there would sooner or later be a fight on the subject, and I am glad that it has come, because the medical status of the whole Emanuel movement is now defined. This is the first test of the Emanuel movement in America.
Christian Science and the Emanuel

**Obstruction is but virtue's foil,
The stream impeded has a song.**

—Ingersoll.

OFFICE OF NOW,
589 Haight Street, San Francisco, Calif.

Vol. XIV. AUGUST, 1917. No. 8

NOW

HENRY HARRISON BROWN, Editor
SAM EXTON FOULDS, Asst. Editor

A Monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

SUBSCRIPTION RATES.....\$1.00 per year
Single Copies, 10 cents.

Send money in bills, P. O. Money Orders, Express Orders or bank drafts payable to Henry Harrison Brown, San Francisco, Cal. Postage stamps (1c and 2c only), for parts of the dollar when more convenient for sender.

Foreign subscribers, outside of Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Entered at second class rates at San Francisco, Cal., Post Office, Jan. 14, 1915.

Our Country's Flag to thee,
Emblem of Liberty,

Our Nation's pride!

We pledge our fealty,
Thy Stars and Stripes shall be

Revered on Land and Sea,
Whate'er betide.

—C. Fannie Aliyn.

* * *

Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St. Healing and advice every day but Saturday and Sunday.

* * *

"The Lord's Prayer," by Henry Harrison Brown; "NOW" Co. The author calls this "A Vision of Today," and it is indeed a very attractive vision of what man may become when the Lord's prayer is truly prayed and truly lived. There are 223 pp., and one can hardly think of any aspect of prayer that has not been dealt with, and much helpful light given.—*Spiritual Journal, Boston, Mass.*

NOTES FROM A NEW THOUGHT AUTO.

Portland, Ore., July 9, 1917.

We left San Francisco in the P. M. of June 19 and up to date have made 1149 miles at an expense of less than one cent a mile for power. Less than \$2 for repairs and accessories for the machine. This is far less than R. R. rates, with the enjoyment, the health, and the opportunity of *absorbing* the scenery multiplied a thousand fold.

We carry our hotel and restaurant with us. Stop for the night in the pleasantest locations; get for our meals what we choose and when we choose. Carry our bed in arrangement of the auto and our cook is a small, complete and compact gasoline stove and a fireless cooker. Every accessory for comfort is ours and I have little to interfere with the utmost possible pleasure and education of the trip. Education and preparation in the rest and health for future work is in fact the greatest incentive of the tour. It is the first complete vacation for three months I have had in all my 77 years. *NOIF* I expect to show the improvement it inspires in its editor.

I do not expect to make these "Notes" a guide book. I will simply record the psychological and esthetic effects produced upon me.

God in Nature and God as Nature, I am seeking. I wish to *realize* the Infinite Presence that "fringes the sunsets and the hills"; that sings in the birds and brooks; shines in sun and star; smiles on me from sky and flowers; commands me in the power of mountain and waterfall; embraces me in breeze and light; protects me every moment; supplies my every need; and whose love I sense in the presence and the memory of friends. In the city and the crowd I sense God in man; God as man. But under the blue sky at night as my only canopy and

**Call this God: then call this Soul:
And both the only facts for me.**

—Browning.

111

at day in presence of varied landscape, I feel the Power-behind-phenomena, and know my consciousness of it as God.

So here I am for a long tour, a religious tour, of communion with the Unknowable—but not the *Un-feclable*—One.

The impressions as one leaves the valleys of California and climbs the tortuous roads over the mountains is that of elevation of spirit, humility of aspiration, to clean myself of the limitations and the impurities of the artificial life and become one with the freshness of Nature. Bathing in the ice cold waters fresh from the ice-clad mountains seems to remove the stains of civilization and allows the Adamic purity, that lies below all the cultivated selfishness and egotism, to express itself. I awaken in the morn after a sweet sleep under the sky with the pure mountain air bathing me all night, feeling an Edenic newness. I come as a man new from the hand of God; made in His image: a child in His image.

All day long I feel the inspiration of a new birth in the wonders and newness of Nature. Especially did this new-birth sense fill me as we viewed the greenness of Oregon as we crossed the divide into the state. The contrast between the brown season of California and the green season here is pleasant and cheering but does not lessen my love for the bronze of California. It is pleasant as a change only.

Among all the scenic attractions none have equalled those along the Columbia boulevard from this city eastward along the shores of the Columbia. Bryant could not with all his poetic imagination

and no poet's pen, painter's brush or photographer's camera can portray the beauty and sublimity of the stupendous mountain palisades, bastions, parapets, fortresses, that guard along each shore, fringed and decorated with a great variety of forest. Near at hand millions of flowers add ever increasing charm. The air is filled with the odor of wild lilac and syrniga, and wherever there is cleared land with the delightful fragrance of the most luxuriant clover I ever saw.

Multiply the beauties of the Hudson a thousand times and you have some idea of this region.

Its waterfalls are only equalled by some in the Yosemite.

As a little child on lap of parent tires of the new picture-book and falls asleep unable to see or sense more, so did I rest the night of July 3rd after 60 miles of such sense marvels as I had never seen before.

I will not make these "Notes" a guide-book; therefore, of the many waterfalls and points of interest I speak of that which most impressed me—Multnomah Falls. 620 feet high. The water starts down an inclined plane seeming far on the horizon, then jumps down a perpendicular descent. Soon the upper surface becomes dissolved in mist as it slips over the less rapid descent of that strata which moves next the rock, and in a shower of mist-centers, like the rockets that break into a shower of stars, rocket after rocket bursts from white centers till, like the veil of a bride, it faintly hides the rivulets that were re-created from the mist driven by the wind upon the sides of the ledge on either side.

**I, grateful, take the good I find;
The best of now and here.**

—Whittier.

The conception of Unity has always been a difficult one to realize. Here all was plain.

Far away on the summit of cloud-piercing Mt. Hood in its snow fields this fall had its origin, but out of the *invisible* vapor that fills all space the snow was condensed that in its melting gave this water, thus in its fall to be dissolved to mist again. The invisible and the visible are one. From the invisible is the descent into the visible; from the visible is the ascent again to the invisible.

So with the Indwelling Spirit of the Universe. Invisible it descends into matter, into the phenomena of manifestation; the cause of the effect, Nature. Then it dissolves back into itself again. Matter and Spirit are One. The One *is*. These phenomena are but expressions of the Invisible and Eternal IT.

Spirit only is. It is Cause. Matter *is*, but is the Effect. These two *must* be that either *may* be.

So as I lay there I saw the Truth of all philosophy that has attempted in its solution of existence to deny Matter. To do so is to deny All, but behind the statement is the fact of great importance—Matter is but an expression, a temporary expression, a changeable and variable expression of God—Mind, Spirit, Energy, Power—whatever word we choose to express our conception of the Great IT that is thus expressing IT-SELF.

We passed one night within 8 miles of the snow-line on Mt. Hood, enjoying the beauty and magnificence of this rarely surpassed mountain for its beauty of form and color, and the lesson of the waterfall was repeated o'er and o'er. The descriptive adjectives of the unabridged are inadequate to describe it. I can only say—He overpowered me. In silence I worshipped, adored and enjoyed.

I lectured four times for Dr. Minard's

society on the two Sundays I was here. But New Thought matters must wait for my September Notes. Nature worship holds my pen this month.

HENRY HARRISON BROWN.

VOLO-THERAPY.

Dr. Sheldon Leavitt has sent NOW his book with the above title. He defines it thus:—"This is what I term *Will-cure*, or Volo-Therapy; and there is no assurance of health without it."

Dr. Leavitt was for twenty years Professor in Rush Medical College, and resigned when he could no longer conscientiously use medicine. He learned that Mental Forces, *used under Suggestion*, and the *Will* were all potent.

These articles are all short, being extracts from directions he has given patients in his practice. They are definite and clear.

He says: "One has to do all himself. The physician is required only as a trainer. A physician is usually required by one already under the inhibiting power of a physical disorder. But let the physician be a man who has mastered himself and is up to date in a knowledge of the laws of right living.

"*Mastery of mind and body* is a positive, an unequivocal, an absolute solution of the health problem!"

The book is a pamphlet of 119 pages. And is for sale by the author, 4665 Lake Park Ave., Chicago. Unfortunately no price is stated but I will venture to say that whoever will send the Dr. 25 cents and say they saw this notice will receive the book.

Without hesitation I say it is among the best upon healing I have found. Like my own "Self Healing," it deals with the principles of Suggestion, but here from an educated physician's point of view. It is *sane, free, easy of comprehension and practical*. I can say this of but few Mental Science books.

* * *

"NEW THOUGHT: What It Is and What It Is Not."

This tract is ready at 5c each and I feel that now so many and various are the theories and statements, that there is need for some one to define his position plainly and definitely, thus setting forth a statement which may possibly be a foundation for a union from which all may work. I hope there may be a wide distribution of this tract. I will make a large deduction for quantities. 3 for 10 cents.

THE COSMIC FELLOWSHIP

**Is a Cooperative Healing Body,
the First Ever Established**

Its PRINCIPLE is that of Whitman—
"I will have nothing which every other
person may not have on equal terms!"

The LAW under which it works is—
"Act from Principles capable of Universal
application!"

Its FACT is that stated by Jesus—"The
Kingdom of God is within you!"

Its AFFIRMATION is—"I and my
Father are one!"

It is open to all who desire more per-
fect expression in Health, Happiness,
and Prosperity.

Each member will choose the time of
Concentration and in the Silence speak
the word first for ALL, then for him-
self. He thus enters into the Conscious-
ness that the Atmosphere of Health is cre-
ated for him by the many members of
the Fellowship.

This Fellowship is supported by free-will
offerings. Enclose stamped and addressed
envelope, and as a guarantee of sincerity
enclose such sum as you feel in check, cur-
rency or money order. No stamps. Address
the Cosmic Fellowship, 589 Haight St.,
San Francisco.

Send for Circulars and Instructions.

COME! ADD YOUR THOUGHT
AND LOVE TO THIS CO-OPERA-
TIVE CLUB WORKING FOR THE
WORLD'S BETTERMENT FROM

 N. B. 

The critical shortage of white paper
will compel NOW to drop subscribers
from our mailing list on date of expira-
tion of subscription. This is in line with
the policy being adopted by other pub-
lications in order to conserve the sup-
ply of white paper. The price of prac-
tically every item entering into the mak-
ing of newspaper has gone up since the
European war started, the increase
ranging from 1 per cent in some cases
to 3,000 per cent in others. Please mail
your dollar promptly so that you may
not miss a single copy of NOW. I do
not like to lose a name from my list. If
you do not receive your NOW after this
month, know it is because you have for-
gotten to mail your dollar.

If a number in blue pencil mark is in
this square



your subscription has expired at least
2 months.

**Try My New
"Dollars Want Me,"**

For Success,

25c

The Spiritualist
A Monthly Magazine Devoted to
Physical Research and
Occultism

Published Monthly by the
PSYCHOLOGICAL PUBLISHING &
DISTRIBUTING CORPORATION

FREE TREATMENTS

FOR HEALTH AND SUCCESS.

Don't you know that the very atmosphere around you and all within you is a veritable sea of vital energy, and pulsates with reverberant life and harmony, intelligence and brotherly love?

When you place yourself receptive to these higher vibrations your health, happiness and prosperity is assured. No matter what your trouble, send me your name and address plainly written and a short description of your case, and I will give you mental and spiritual treatment to bring you into harmony with these forces. Treatments begin upon receipt of your letter. Puts you under no obligations. Address, **SIDNEY E. HUFF** (Personal), Plymouth, Ill., U. S. A. (Do not write on postcards. Please mention this magazine.)

SIX

MOST IMPORTANT Tracts Ever Printed on SEX

NOW READY—10c EACH.

**"FRIENDSHIP", "BODY BUILDING",
"PROCREATION", "THE ULTIMATE
OF SEX", "PLACE OF SEX IN RACE
UNFOLDMENT" and "SOCIAL HY-
GIENE"**

Among all the writings on Social Hygiene these are the most scientific, clear and practical. They should be made the basis of a Course of Home and School study.

Sent From This Office—

10c each; 3 for 25 cents

**RESIDENTS AND VISITORS IN BOSTON,
MASS., will find a warm welcome at
The New Thought Library
and Reading Room**

Room 347 Walker Building,

NO. 120 BOYLSTON STREET,

where Mary R. Howard, librarian, will give them every attention. A fine selection of books is provided. There is also furnished a Directory for Practitioners, Teachers, Lecturers and Nurses.

"DOLLARS WANT ME."

A new, revised and enlarged edition of this little book is now ready. It sells for 25 cents in paper covers. Twenty-five thousand of the ten cent edition have been sold, and I hope this new edition will make me as many and as warm friends as the previous ones have done. It was my "baby," my first book. It has gone into every civilized land and made friends in Truth and Love. Orders will be filled promptly. Every one that had the early edition will surely want this grown-up Baby-book!

Price: 25 cents.

NOW OFFICE: 589 Haight St., S. F.

Spiritual Science

A High-Class Spiritual Monthly, devoted to the

PHILOSOPHY OF LIFE

Embracing all advanced religious thought in its highest aspects.

Subscription Price: 50 cents a year

Sample Copy: 5 cents

Address:

SPIRITUAL SCIENCE

154 W. Randolph St., Chicago, Illinois

Try

**"Self Healing,"
For Your Ills**

Price 25c

"It is not the thing itself but the attitude we take towards it which determines its effect upon our life."—Sears.

"The Books Without An If"

by F. W. Sears, M. P., General Lecturer The New Thought Church, Aeolian Hall, New York City, teach how to take the attitude towards the *things* of the every-day world which will attract Health, Wealth, Love, Peace, Power, Poise, Joy, Happiness and every other attribute one may desire. Nothing else like them before the world today. *Practical, yet inspiring. Powerful, but simple.*

New Thought Lectures, Vol. I, Price \$1.25

New Thought Lectures, Vol. II, Price \$1.25

How To Give Treatments, Price \$1.25

"One of the best and most practical books on healing we have ever read", says Nautilus.)

How To Attract Success, Price \$1.80

("Intensely practical. Is common sense applied to the laws of life", says Nautilus.)

Sent Postpaid Anywhere

Money Back If Not Satisfied

NEW THOUGHT PUBLISHERS, 628

Childs Bldg., Broadway at 34th St., New York

WORDS of POWER

A Monthly Magazine Devoted to Occult Science and the Philosophy of Life

Send 5 cents for a copy to

**Violet White Smith
Publishing Co.**

1024 OAKDALE AVE., CHICAGO, ILL.

Subscription price: 50 cents a year.

"TRUE WORD"

Is the name of a Scientific Journal, which pub-

THE Dr. C. O. Sahler Sanitarium



For the treatment of Mental, Nervous and Functional Disorders. This is the only institution of its kind in America established upon the PSYCHOLOGICAL METHOD OF TREATMENT. The latest addition to the institution is a large stone building, called "The House of Tech.", in which are located the Sanitarium workshops for mental training and diversion. This, with the Lecture Hall, for entertainments and gymnasium work, and the out-door games, gives abundant recreation. The Sanitarium has none of the institutional features whatever, it reminds one of a large inn. Most interesting literature, concerning Dr. Sahler, the Psycho-Therapeutist and Psycho-Telepathist, will be furnished gratuitously to any one writing for the same.

"Self-Healing Through Suggestion"

By Henry Harrison Brown, Editor NOW

PRICE, 25 CENTS; 64 PAGES; 9TH EDITION

This is by far the most plain, practical and ready Text-book of Metaphysical Healing on the market. Since its first publication in 1904, more than 10,000 copies have been sold. Its sale is constantly increasing.

HERE ARE SOME SPECIMEN OPINIONS OF GOOD AUTHORITIES:

"Delightful as well as helpful."—*Progress*, Minneapolis.

"As good on this subject as can be found."—*Light*, London.

"Clear, concise, forcible, inspiring,"—*Exodus*, Chicago.

"Mental tonic which one feels as he reads."—*Unity* Kansas City, Missouri.

"A hand-book for daily living."—*Banner of Light*, Boston.

"Worth a cartload of 'Dr. Somebody's Domestic Medicine.'"—*Dr. J. H. Tilden in Stuffed Club*, Denver.

"Rules so simple that a child might read."—*Fulfillment*, Denver.

SENT FROM THIS OFFICE ON RECEIPT OF PRICE, 25 CENTS.

SUCCESS

And How Won Through Affirmation

THIS IS
HENRY HARRISON BROWN'S LATEST BOOK

A lithograph of Mr. Brown taken from his latest photograph faces the title page.

It contains the wisdom born of his long experience covering business, civil and military life, pulpit, newspaper and platform work, as well as experience of over forty years in Mental Science, as teacher and practitioner. Written in simplest style, and yet forcible, it conveys the greatest possible wisdom for all who court Success. Thousands just miss Success for want of the stimulus to be found here. As an editor Mr. Brown has learned to "boil down" his language, so as to tell the most in fewest words.

It is a book for daily companionship. One to be carried in pocket for mediation in hours of leisure. A fitting continuation of "How 'To Control Fate" and "Concentration." One friend said of it—"A grown up edition of 'Dollars Want Me'!"

It is a book of 100 pages. Paper covered. Price, Fifty cents.

ADDRESS:

HENRY HARRISON BROWN

589 HAIGHT STREET

SAN FRANCISCO, CAL.

ADVICE IN HEALTH AND BUSINESS

or on matters of life, and in development of any psychic phase. I have had twenty-five years' experience in this work, and I am the most practical of advisers. I point out the possibilities of the individual from the soulside and reveal the errors in the thought-life. These readings are priceless to the recipient. Hundreds have testified to this fact. Write a short letter as to a friend, giving outlines only of the desire, and enclose \$2.00, and a reply will be sent at once.

Address:

HENRY HARRISON BROWN
589 HAIGHT STREET SAN FRANCISCO, CAL.

STOP WORKING FOR WAGES

Learn a profession in 180 hours that will make

you independent for life. Sixteenth Annual Catalogue sent prepaid. Address Dept. N.W. Weltmer Institute, Nevada, Mo

NEW BOOKS

By SARAH F. MEADER.

The Living Truth.....Price 75 cts.
Six Elementary Lessons in New Thought Healing.

The Business Side of New Thought..25 cts.
Clear, sensible and practical for everyday use in your business.

The House We Live In.....Price 25 cts.
Know about your body, what it means, and how to use it. A real New Thought doctor's book.

Healing MessagesPrice 10 cts.
10 Kenwood Terrace, Lynn, Mass.

These Books May Also Be Obtained From NOW Office. Appreciating their value I have obtained a supply which will be sent promptly on receipt of price. Pacific Coast patrons will thus be served a little sooner.

"Rags are in the Mind before they are on the Body."—Prentice Mulford.

DROP YOUR MENTAL RAGS!

I Should Like to Help You

After *Fourteen* years of successfully *Living the New Thought*, I have *Demonstrated* my right to *Teach* the Science of *Right Thinking*, and to *Help* others to *Practice* the *Art of Thinking Rightly* for the *Realization* of the *All-Present Abundance of Mental Health, Happiness and Prosperity*. If you have *Thought* yourself into *Poverty*, you may think yourself into *Plenty*.

"'Tis the Mind that makes the Body Rich."
—Shakespeare.

Your address and 2 cent stamp will bring information, terms, etc.

WILLIAM MORRIS NICHOLS,
WESTPORT, CONN.

Homeseekers -- Come To Virginia

Where you will find homes, happiness, independence for all. Mild winters, no malaria, no mosquitoes. Farms all size at reasonable prices and terms. Send for our Land Bulletin and a copy of The Record *Free*.

J. R. Meadows & Co., Crewe, Va.

ONE CASE FREE

I will take **one case**, no matter what or how serious, in each neighborhood, and treat the patient free of charge. "A healed case is my best advertisement." Address O. D., care of THE GORE BOOK CO., Ruskin, Florida.

10 CTS. will bring you two copies of *The Phrenological Era* (each worth a 25c lecture), "key" for reading your photo, a book catalogue, and circulars of the Tope School of Phrenology—a chartered institution that awards fine diplomas to students. Address

PROF. M. TOPE, Bowerston, O.
Digitized by Google

"NOW" PUBLICATIONS

Not Hypnotism but Suggestion

By Henry Harrison Brown; pp., 66; 3d edition; paper, 25c. In this book the important Law of Suggestion is further evolved, and the phenomena of Hypnotism explained.

Grant Wallace, in some valuable editorials which he wrote for the *Bulletin* of this city, twice referred to it as a very valuable little book, recommending it as a textbook on Suggestion.

Concentration—The Road to Success

128 pages; paper covers; 50 cents. Sent post free on receipt of price. This is Mr. Brown's latest book, published in 1907 and is in its 2d edition. It grew out of his various lines of work. Questions thus received, propounded by student and patient, by letter and in class, have been for 30 years answered until out of these answers and the growing necessity for this knowledge among the awakening masses, this book was compelled to be, as Supply in answer to Demand. It grew.

Self Healing Through Suggestion

Mr. Brown's latest book; 25c. The title tells you exactly what the book is. Plain, beautiful, helpful, artistic, powerful.

I want to thank you for the sunny vitalizing radiation of your book.—*Lillian Whiting*, in private letter to author.

Success, and How Won Through Affirmation.

It is a book for daily companionship. One to be carried in pocket for mediation in hours of leisure. A fitting continuation of "How To Control Fate" and "Concentration." One friend said of it: "A grown up edition of 'Dollars Want Me!'"

It is a book of 100 pages. Paper covered. Price, 50 cents.

Dollars Want Me!

The New Road to Opulence, by Henry Harrison Brown; pp., 64; 25c. It explains just what mental attitude to hold that will draw the Dollar. It will enable you to rise above the drudgery of enforced labor. A powerful booklet.

O Hashinu Hara, editor *Wings of Truth*, London, England, writes: "This new law has given me strength and power such as few could easily realize."

Man's Greatest Discovery

By Henry Harrison Brown; pp., 60; 3d edition; paper, 25c. Six Soul Culture Essays on THOUGHT AS POWER, Thought Transference and Telepathy. A thought-provoking book. Dr. Alex. J. McIvor-Tyndall, who is without a doubt the greatest demonstrator of thought-reading, says: "I would like to recommend it to every person who can read. It is simple, concise, convincing. No one, perhaps, knows better than I that what you state in its pages is, as you say, 'man's greatest discovery.' There is no doubt that Thought is Force capable of accomplishing what we will."

How to Control Fate Through Suggestion

By Henry Harrison Brown; pp., 62; 3d edition; paper, 25c. In Part I it deals with the Science and Philosophy of Life; in Part II with the Place and Power of Suggestion.

Ella Wheeler Wilcox in the Hearst newspapers says: "It is worth many dollars to anyone who will live in its philosophy."

The Lord's Prayer: A Vision of Today

A new book. It consists of 220 pages, bound in leatherette. It is a series of essays upon the different phases of the Prayer, treated under the light of modern scientific criticism and present metaphysical insight. Price \$1.00.