Now Supplement

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Now Announcement For 1918



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With the January issue NOW enters its fifteenth volume. Its first number was printed in March, 1900. The great fire of 1906 caused its suspension for three years but it has been printed every month since January, 1910.

NOW

has always stood for the infinite possibilities of the human soul HERE and NOW. The individual is not limited by externals because the Infinite dwells in him. The only limitation is found in the fact that, being ignorant of his divinity, he makes

no use of the limitless power that dwells within him. Never, in all these years, has there appeared in NOW, in editorial, in selection, or in poem, a line that suggested any other limitation. After "I AM", NOW admits only nouns of power. Its basic affirmation is "I CAN," because I AM power; because the Indwelling is infinite power."

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NOW is never contentious, never antagonistic, never destructive; it aims to be constructive. It respects the right of everyone to express himself in his own way. But NOW must always be definite and positive; every reader must know the fundamental for which it stands:

MAN IS SPIRIT, AND MAY CONSCIOUSLY LIVE THE IMMORTAL LIFE HERE AND NOW.

All its teachings are based on these affirmations:

The Father and I are one!

The Indwelling does all the work!

The soul is limitless in possibilities!

Nothing external to me has power over me!

NOW has always taught that suggestion controls our expression and development.

I am glad to have the help of others who are coming to stand shoulder to shoulder with me in this truth. My able assistants of 1917 will continue their valuable contributions in 1918.

SAMUEL EXTON FOULDS

will contribute monthly an article on "Applied Psychology and Practical New Thought."

WILLIAM MORRIS NICHOLS

will contribute a series of articles on "Mind: A Success Dynamo."

MISS HELENA J. MARTIN

will continue her valuable "Training Cards."

DR. HAROLD F. PALMER

will write a series of "Hints for Daily Living." In the field of poetry,

A. F. GANNON

will continue his original poems, and we shall have occasional poems by Mr. Foulds and the editor.

NOW will always be a channel for expressions of faith in the limitless possibilities of the soul. NOW regards it as its province to help its readers unfold these possibilities into actual daily expression.

The state of the s

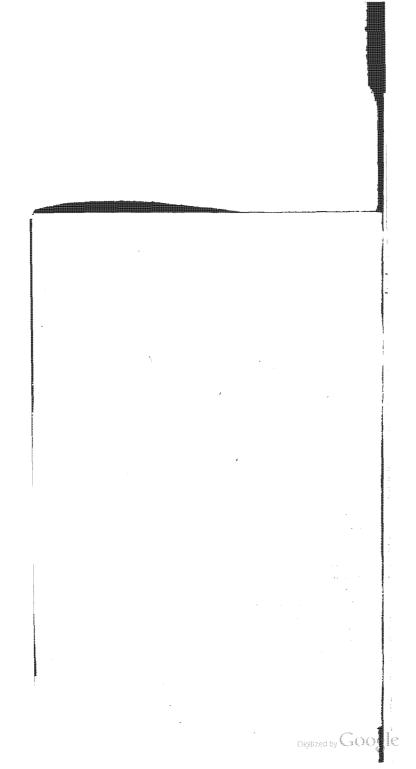
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The editorials will be devoted to setting forth the power of the individual to control and to direct his latent forces. They will be educational along lines of self-mastery and self-development. The editor believes that self-control is the goal of evolution.

The war is working a revolution in all fields of thought and endeavor. It is destroying customs, institutions and ideas that have prevailed for centuries. Everything has yielded to the necessities of war. There will surely be a period of reconstruction. Who knows what immense changes are preparing in social, economic and religious fields? Right thinking will secure right action. Here is the opportunity for New Thought. truths are what the world needs. "The fields are already white unto the harvest." What could give more vitality to the new society that is evolving than the principles for which NOW stands? Now, my friends and subscribers, may I ask for your co-operation? Will you do your bit in preparing for, and helping on, this great work of reconstruction? Will you not help me and the cause to which I am devoted by renewing your subscriptions and also by securing new subscribers. The great opportunity that is before us puts on each one of us a great responsibility. May I not count on YOU?

Although I shall make a change in the form of NOW, it will contain about one-fourth more reading matter than heretofore. I believe you will like the new form better, and it has several advantages. Though the cost of material and labor has increased a hundred per cent, I shall not increase the price, as other magazines are doing. I will trust SUPPLY and keep NOW at its original price, \$1.00.

Jruly your friend, Harry Harrism than







NOW



A Journal of Affirmation

VOL. XIV.

DECEMBER 1917

No. 12

IN THE GLEN.

The plain is dry and parched; the air ls hot like heated sand!
There's not a cloud to temper sun!
Panting the cattle stand!
O, let's away to cooling stream!
Come! Let's away where mountains dream!

O, cool and sweet the breezes sweep The hills ou either side! The brook is babbling at my feet; In redwood branches wide, Rustle leaves where sweet birds sing; As on the grass my length I fling.

Lazily I lie and gaze Into the tender sky;
And drowsy in the summer haze,
Sleep strokes me passing by.
I m one with bees and cooing doves.
I'm one with all that Nature loves!

Alone! And yet companioned more, Than in the city street! For now I lie on temple-floor Where God and Man may meet. For in this bush we two are one; But in the crowd He leaves me lone!

His message's in the brook's low purl; I feel Him in the wind's soft touch; His beauty's in the redwood burl; He's in my heart! My peace is such As comes at shrine to devotee, Or comes to priest on bended knee.

O. 'tis enough! Just God and I!
We hold communion sweet!
He gives my thought Love's quick reply:—
"My Child!"—while I repeat:—
"In pastures green my bed shall be!
By waters still He leadeth me!"

HENRY HARRISON BROWN.

"If you know of a thing that will darken the joy
Of a man or a woman, a girl or a boy,
That will wipe out a smile, or the least way annoy
A fellow, or cause any gladness to cloy,
It's a pretty good plan to forget it."

I AM POWER.

The first conception one has of the universe is that it is Power. The first conception of the Deity is that It is Power. Omnipotent Power is the first characteristic of the gods of the various religions. "For thine is the Power and the Glory forever!" Glory is the manifestation of Power. The first requisite one needs for accomplishment in life is Power to do.

"I have power to walk," is the meaning of "I can walk!" I can means I have power. The first requisite of Success is consciousness of the Power which creates Success.

A moment's reflection convinces one that whatever Life may be in Itself, it is, in himself, the Power which his decision directs in manifestation. I will to lift my arm, that which lifts it is Power. One seeking to analyze the human intellect may divide it into Conscience, Will, Judgment, or other terms. But whatever name is given, in this analysis, to that which lifts, it is a name for the Power which lifts.

The real man, the Ego, is some form of Power. Since there is but One Power—Omnipotence—the Ego is a manifestation of the One Power. It follows that each person is but an expression of the One Power. "One is your Father, even God!" What God is, each person is, i. e., Power. The Ego is either a portion of the One Power separate from the One or is but a manifestation of the One in the One.

Since God is Omnipresent and Infinite He cannot be separated into parts. Therefore the Ego is not a part of God separated from the rest of God but is God manifesting as that Ego. This is the position of all New Thought teachers. It is also the position of Christian Science.

The question arises, what is the limit of the Power of the Ego? An illustration from the material world will help us. Near me is a window; an aperture is in it; through the aperture comes a draught of air. How much air is behind that draught? The only answer is-the whole of earth's atmosphere. That draught cannot be separated from the atmosphere; it is a manifestation of the whole atmosphere. When I see any manifestation of Power I must say: This is a manifestation of the whole of the One Power-a manifestation of Omnipotence. All of God is manifesting in and through each soul. This agrees with Emerson, when he says: "There is One Mind, common to all individual men. Every man is an inlet to the same and to all the same."

The possibilities of each Ego are limitless.

In the recognition that he has more than present power each individual says, when a new achievement before him is calling for more Power than he has yet manifested—I CAN! I CAN! I CAN! As long as he says "I Can" in faith, he has the power of accomplishment. But when moments of doubt arise and he loses faith and says, "I can't," then he closes the inlet of this Power, and actually has not the power to do.

Here lies the power of Affirmiation; it opens, through faith, this "inlet" of Omnipotence and carries to a successful issue the efforts made under that affirmation.

For this reason—understanding the Law of Suggestion, which is the Law of human manifestation—the Mental Scientist teaches his pupil and patient to affirm Power. Through Affirmation faith develops until the Power IS present and the person MUST act under it. Thus faith wins.

I have learned that by standing on my feet and affirming, "I can't," I soon feel like a wilted leaf. I lose strength and have no power even to say "I can't!" Try this for a few minutes and realize the effect of a negative affirmation.

Now stand with the affirmation "I CAN!" and realize how soon you fill up with Power. This experiment will convince one that in reality he has whatever Power he claims. He is then ready to take my advice, which is: Affirm continually until this thought becomes you. It is thus you mould into consciousness the Great Affirmation—I AM POWER TO BE AND TO DO WHATEVER I WILL TO BE AND TO DO.

HENRY HARRISON BROWN.

VERSATILE MEN.

Universal geniuses are usually weak, because they have no power to concentrate the rays of their ability, to focalize them upon one point, until they burn a hole in whatever they undertake.

This power to bring all of one's scattered forces into one focal point makes all the difference between success and failure.

It is generally thought that when a man is said to be dissipated in his habits he must be a drinking man, or a gambler, or licentious, or all three; but dissipation is of two kinds, coarse and refined. A man can dissipate and scatter all of his mental energies and physical power by indulging in too many respectable diversions, as easily as in habits of a viler nature. Property and its cares make some men dissipated; too many friends make others. The exactions of "society," the balls, parties, receptions, and various entertainments constantly being given and attended by the beau monde, constitute a most wasting species of dissipation. Others again fritter away their time and strength in political agitations, controversies and gossip; others in idling with music or some of the fine arts; others in feasting or fasting, as their dispositions and feelings incline. But the man of concentration of purpose is never dissipated in any sense good or bad. He has no time to devote to useless triting of any known or puts in as many strikes of faithful work as possible toward the attainment of some definite good.—Orison Swett Marden, A. M., M. P., in "How to Succeed," The property of the put of the p to devote to useless trifling of any kind, but

Whene'er I meet my sailing peers, "ALL'S WELL" I to their hail reply.

-Edith M. Thomas.

THE ALCHEMIST.

"I can

Make music with a broken heart."

-H. Samuel Fritsch in Oct. NOW.

Giuseppi, the garlic-scented, An angel quite unaware, The dross of his tunes reminted In coins that confute despair,

Crept into his lodgings, tired,
And longed for his loved Milan—
While he whom his smile had fired
*Avowed, in his strength: "I Can!"

And hundreds of others wavering,
'Twixt death and the deeds of men,
Were roused from their futile quavering
To strive, by his facile pen!
A. F. GANNON.

SPIRITUAL FINANCIERING. II.—Spiritual Capitalists.

All things that the Father hath are mine.

—St. John xvi, 15.

The words above come to us from the Greatest Master of Spiritual Finance the world has ever known. He was the one man as "rich as all men ought to be"; the one individual with that "adequate command of nature" which all should have.

He claimed unlimited credit with the Great Bank of the Universe, and proved his claim true by huge drafts that were unfailingly "honored" immediately.

Whatever supply was called for, whether food, money or other, always the demand was met abundantly and at once. That his command of nature was adequate, witness the calming of the tempest on the sea; the withering of the fig tree; the making from water, wine of the finest quality; his changing disease to health, and death to life.

That he was as "rich as all men ought to be" is a very patent fact from his power over supply and the law of increase or growth. Note his feeding the multitudes of thousands from miniature quantities of bread and fish.

Occasions calling for monetary supply were met in the same way. Were taxes or "tribute money" necessary for him-

self and disciples? Even the fish of the sea paid tribute to the Glorious Power working through this Man. (Matt. xvii, 24 to 27.)

This Master informed the rest of us that the works he did we should do, and Greater works!

Let's take the hint, and get busy! "Oh, I don't believe I can," you say. You'd better get rid of that belief, for you can. Jesus only restated in other words what was said at the "Beginning": "LET THEM HAVE DOMINION!" Dominion over nature is the right of Man, and therefore your right and mine. You are Master of Supply and don't know it.

In this day, when, in the material world, a billion dollars seems a small matter, and when men of spiritual vision see the Universe teeming with untold wealth, why should you withhold putting your commands upon that Capital with which in Truth you are blest?

"All that the Supreme Banker hath is mine," said Jesus Christ, and he made the same claim for all of us, from the least to the greatest. It was always "My Father and your Father"; my Banker and your Banker.

When he sent the twelve out to teach and to heal, he sent them forth Spiritually Capitalized: masters of material needs through Spiritual Credit. Provide neither silver, nor gold, nor brass in your purses," said this Master of Spiritual Substance.

Then cringe not before the thought of poverty, you masters of Spiritual Supply, nor bow down before the thought of lack, but lay your commands upon your own, as Jesus did, in mighty Faith, knowing in what you have belief, and

your measure shall be filled! Work the works of Power, perform your miracles of Supply; make your mighty drafts on the Bank of Spirit, and prove yourself a Master of Spiritual Finance, as in truth you are!

WILLIAM MORRIS NICHOLS.

RECAPITULATION.

the last essay for the year relusion of this series of pracis in the application of phildaily living, it is well to rethe salient points which the brought forward. Having lessons carefully, you know are based entirely upon the ggestion; and upon the power of the Sub-conscious salient points are:

nition of Power Within; ge of the Law of Suggestion; Power and the Law.

ng puts the student upon his Vhen he comprehends, he will all authority; will put abin his own Soul, and the dier of his own Conscious

ital quality for one to devel--that "anchored trust," that Power all are seeking. That iin each now the power that to bring about any change ed in body or environment. tal point to develop is the hat: - I am an unfolding e realization that the place imself occupying today is in unfoldment-under the ith this knowledge clearly aind he must affirm: "I am ig, an unfolding being!" must realize that he is conr forward in unfoldment. alization there is born withdual a perfect faith in his e control of his own life and foldment

cal that must be true in the its conscious demonstration n life. This simple idea is stal truth, all that occult id the philosophy of any trying to teach.

ill who have read my prefully comprehend these few salient ideas for unfoldment, and that they will result in much good in conscious demonstration.

SAM E. FOULDS.

THE SOUL IMMORTAL.

The wise in heart
Mourn not for those that live, nor those that
die.

Nor I, nor thou, nor any one of these,
Ever was not, nor ever will not be,
For ever and for ever afterwards.
All, that doth live, lives always!

That which is Can never cease to be; that which is not Will not exist. To see this truth of both is theirs who part essence from accident, Substance from shadow.

Learn thou! Life is, spreading life through all;
It cannot anywhere, by any means,

Be anywise diminished, stayed, or changed. Life cannot slay. Life is not slain! Never the spirit was born; the spirit shall

cease to be never; Never was time it was not; end and beginning are dreams!

Birthless and deathless and changeless remaineth the spirit for ever;

Exhaustless, self-sustained! Immortal, indestructible!

Weapons reach not the Life; Flame burns it not, waters cannot o'erwhelm, Nor dry winds wither it. Impenetrable, Unentered, unassailed, unharmed, untouched, Immortal, all-arriving, stable, sure, luvisible, ineffable by word And thought uncompassed, ever all itself,

Thus is the Soul declared!

Life within all living things,
Hides beyond harm; scorn thou to suffer,

then,
For that which cannot suffer. Do thy part!
Live in action!
Seek refuge in thy soul; have there thy

heaven!
—From "The Song Celestial" or "Bhagavad-Gita." Translated by Edwin Arnold.

It is a curious fact, and the abstrusest mystery that darkens our existence, how men should hold such a transcendant gift as thought, in their hands, such a key to infinite pleasure, and show such painful reluctance to use it.—Emerson.

The deeper I drink of the cup of Life the sweeter it grows.

-Julia Ward Howe.

WHAT DO YOU WANT?

What do you want? How many people really know? They will go to a Mental Scientist for help, expecting that some magic charm will give them all they desire—and yet they really do not know what they desire. A lady said to me recently, "I want a friend—nobody likes me." I did not wonder at it. Her voice was harsh, her face set like a marble image. Her handclasp was like holding a dead fish. She chilled the atmosphere.

I could see an atmosphere around her like fog—a real dirty London fog.

I said to her: "What have you to offer? What value can you give for this, the richest gift of all—Friend-ship?"

She looked shocked. "What do you mean, sir, is not friendship free?"

Then I thought of the words of Emerson: "To have a friend you must be a friend." I talked to her very plainly—so much so that she soon retired. This is but one of the many, many self-ish types of people one meets, who continually want to be entertained, at the expense of society, giving nothing in return.

To be a friend, means to be good-natured with yourself; to joke and play, to be in harmony in your thoughts; to light the expression of your face with a smile from the soul. This is being a friend to yourself. This will make you a center or magnet that will draw goodnatured, happy people to you.

Let us change the attitude and instead of saying, "I want", and instead of asking, "What do I want?", let us say: "What can I give? What can I give today, this moment, to make somebody happier?"

What can you say to cheer the way? How much are you prepared to give? Are you content to sit still and let the boys in the trenches keep hell away from you? To selfishly cat and live a life of

case, while others bear your I If you are, the just law of Cc tion shall be meted out to you, will get many things you do n Again I ask, "What will you Measure for measure shall it I unto you.

Go! Forget yourself! Remem other fellow! Wish him well! by him, and you will be well—what you want!

HAROLD F. PALA

TRAINING CARD FOR HAPPI

The Indivelling Mind doeth the wo

- 1. To be pleased, and yet pois-2. To be gay, and yet calm.
- 3. To be delighted, and yet se
- 4. To be exhilarated, and yet
- 5. To be animated, and yet st in.
- 6. To be full of joy and peace.
- 7. To rejoice with my whole he yet express self-control.
- 8. To Radiate:
 - Gladness, Delight, Goo Cheerfulness, Exultation, Rapture, Gayety, Kindly Hr
- 10. To visualize myself as t
 - (a) Have my face animat smiling, and yet peaceful.
 - (b) Have my eyes enraptur pleasure.
 - (c) Have my voice cheer! full of felicity.
 - (d) Have my face clothed smile.
 - (e) Have my carriage firm expressing exultation.
 - (f) Have my step quick an arated, and yet poised.
 - (g) To be apt unconscious burst into song.
 - (h) To have my whole beir serene rapture and feel the up of joy in my soul over t templation of the beautiful

HELENA J. MART

T THOUGHT CAN'T DO.

tave men and women learned gative proves nothing and has because it is nothing.

says: "Omit negative proposie good mind chooses what is id what is advancing the affirmative!" This is sciis saying: Choose that which ver try to do your work with is not.

t as this is, nevertheless it is ings that the masses largely this reason their lives amount, and we hear of disease, faillives and death—all nothings I Life.

common objection to Mental ew Thought, Soul Culture or Science than something like l, it won't set a broken leg! ought won't keep you from Mental Science won't make lionaire!" "Christian Science cure all humanity!" is come reports of failures. er was treated by Christian 1 died!" "I had a friend who treatments of So-and-So him no good!" "My wife be-Mental Science, but doesn't and so on for a thousand these failures are facts, but ? What does your "don't" can't" prove? Only that those : not yet done it.

failure ever prove a thing done? The history of every evement is a history of what are done but is being done progress is but extending the present actual into the realm ble. What is impossible? Who at any dream is? In the sibilities of the Soul, all not only possibilities, but realities. Who dare say they be realities in the objective

Newton's Ideal made from the Divine Idea did not work; but Newton's thought has moved millions of engines. It is recorded that after Fulton's application of steam to a boat, a scientist in England wrote a book proving conclusively that steam could never propel a boat across the Atlantic. The first copies of the book were brought by the first steamer that crossed from Liverpool to New York City.

Impossible is but the word of ignorance, unbelief and failure.

The world cares nothing for him who can't, and cares as little for the opinion of the unbeliever. "What can you do?" is the question asked of every man. What docs and what can Mental Science do? What can NOW do? What can Henry Harrison do are legitimate questions. The answers can only be based upon what we have done.

It is no consequence now whether Mental Science can grow a leg where one has been amputated or not. That question is not up for discussion. That all cults of New Thought do heal is a fact. From these facts, learn how to extend the horizon of doing. The patent office shows a thousand patents that were failures to one success, but the failures only helped on the ultimate success. Every case of mental healing helps on that time when there will be no ampitated limbs and no broken bones.

Wisdom places no limit to the power of any principle, but it also knows that every principle in its application follows nature's law of growth. "Consider the lilies, how they grow!" They do not burst at once from ground to bloom. So the perception of an idea, or possession of a fact, means that endlessly will the idea within the fact unfold through human endeavor.

Tell me not that you have not; I deal with those who possess. Tell me not what you cannot do; I deal with those who can. Tell me not what Thought

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in the mud and scum of things, There alway, alway something sings

-Emerson.

cannot do; I want to know what can be done. Tell me not what has not been done; I must reason upon what has been done. Tell me not of what is not; I must deal with what is. Tell me not of nothings; I can think upon and work only with something.

One of the greatest lessons an exhipition of locomotives from the time of Newton to the present had for me was, All dreams are possible. Newton knew steam was a form of force. He knew it could be applied to locomotion. He placed a huge tea kettle on wheels, put a fire under it, and had the steam come out against a plate before the nozzle. The cart did not move. As well may a man lift himself by his boot-straps. No doubt many then said: "Fool! rae might know that steam will never draw carts!" But the Idea was infinite. Dealing with negatives is dealing with what is not. Think of a merchant advertising: "I have not," "I don't keep." Think of a customer coming in and saying: "I wish that which you have not." Could business be done on that plane? No more can life live upon negations. Neither can civilization so flourish. O, ye who deal in negatives, ye are back numbers! "Go 'way back and sit down!" Ye who live, who would be healthful and happy, obey the motto on the cover of NOW: "Nerve us with incessant affirmatives!" Do not tell us what we can't do, but stimulate us by telling us what we can do. For your own happiness drop all negatives and affirm-I Can!

HENRY HARRISON BROWN.

The love-sense is so imperfectly developed that men and women are bound to make grievous mistakes in their mating.

-Ellen Key.

Put away all sarcasm from your speech. Never complain. Do not prophesy evil. Have a good word for everyone or else keep silent.—Henry Ward Beecher.

BREAD ON THE WATE

A correspondent in Kentucky wrilows:

"Recently I picked up in a second a file of the "New Thought Ma; the year 1907; in the August 1 which I found an article by you Four Steps in Self Healing," thing followed in subsequent numb ticles upon the same subject. These essays were the most sati any I have ever read, but they lef still to be desired. I write to ask have published any book that take fully the line of thought touche these articles.

In the article referred to you should desire health so much that ing to give time, effort, thought a all Love to obtain it." I find siments in regard to love frequent others in New Thought and as me to have the same idea in regard should like your definition."

Bread sown upon the waters r ter many days. Here my art ten years, turns up in an old t Where will it be in one hundr thousand, years? Never have without the thought of the ir. of truth. Notoriety, appreciat has never had any influence work. NOW and ETERNI I live in Eternity 1 there I am One with Truth. man has been helped by my word, so others have been by en word, and millions ha and still will be by my-andreader-unspoken but Thou of Truth sent forth lovingly. Perhaps if I had the word for "love" in the article refer would have understood.

What IS Love? I have oft of it in NOW. In my Tr "Friendship" I give my full tion. The whole Sex Series the idea thus defined.

The Principles briefly stated ticles referred to by my corn are more fully set forth in "Self-Healing." Are still n explained and directions giver tice, in my "Lesson Course i

all the lessons left are in 3" on 2nd adv. page.)

propose to write a book stating what Suggestion is is to be consciously applied he avenues of Life expresto make our conscious life. It is enough here to rehat all methods of healing of applying Suggestion. Be f biblical times, of Mohamieik, Japanese healer, Christs or New Thought leader, e and only and universal Conscious expression. On-Suggestion.

it nothing of the sexual. It x, until the urge of procreossession of it, then the natinstinct mingles with the spiritual demand for proien, if love dominates, we manity; but if the physical he animal—dominates, then dren of the slums, even if n of culture and in a paldenude our minds of the ex, as much as possible, esi speaking of LOVE.

E BURNING BUSH.

ights are ever in my mind, that grieve me when I pray; n not comfort find, s very far away.

dead He spoke to men, it I were living then!

in my garden grows, as incense rare; 1 many a scarlet rose of a Presence there. I lamps, you seem to say not so far away!

re my rose-tree bright id my doubts give way; wilight, gloom, and night, ory, and the day. /alk His feet have trod; bush enshrines my God.

sh enshrines my God.

-James M. Hayes.

e 10 copies of "Dollars Want hey are wonderful and I want is. MRS. W. B. B.

TO A CORRESPONDENT.

"Would like you to give me some personal instructions as to how I should concentrate so as to bring success from my properties which I know and feel are good, only it takes money to put them on a paying basis and I want to get out from under a load of debt." . . . In my books, especially "Dollars Want Me," "Success," and "How to Control Fate." I discuss these questions. still the last word has not been said. Before success can be expected along all lines of life and success in one line not be paid for by loss in others, there must be perfect faith in the righteousness of the desire. The desire must be in line of Universal Good. Here is the law as stated by ancient and modern philosophers: "ACT FROM PRINCI-PLES CAPABLE OF UNIVERSAL APPLICATION 1"

What is seemingly for my good but not for the good of all is not for my good, for there will be a reaction from my selfishness. I may ruin health, reputation, may lose ability, friends, and power. Only Universal Good is safe.

From the Universal Good all may draw Supply and none suffer from lack because each has enough.

The idea is becoming extant through a pseudo-philosophy called by many "New Thought," that all one has to do is to desire and concentrate and one will win. True and false both. One will thus win in his own personal desire and make a seeming success, but will it be Success with a capital? Success is Principle. It will, like health and happiness, be continuous.

"First know you are right, then go ahead!" is the admonition here as in sound business.

"Will it wrong anybody?"

This question answered in the negative, then one may safely go ahead. In this present case, the motive stated is honorable. "OUT OF DEBT!" The only sure principle for a really civilized

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To the receptive soul the River of Life Pauseth not nor is diminished.

-George Eliot.

community is "Value received!"—Cash! All book keeping of accounts, all suits for debts and the creation of a civilization based upon property—"Something I have because you want it," and upon profits—"I have and you must pay me more than it cost me!", is a false civilization. An exchange of equal value for equal value is equity. Equity is Justice. Justice is the only plane upon which there can be peace and good will.

In developing and evolving out of Selfishness we must have property, and at last reach the plane of justice. this Principle, working mostly unconsciously, that has instituted among New Thought teachers and healers the plan of freewill offerings-a correct Principle for a future condition to actualize. Those capable of demonstrating it now are pioneers for the coming centuries. The vast majority of people are yet too deeply immured in the present selfish unfoldment, in my opinion and experience, for free will. Its tendency is for this system to result in conditions of semi-poverty or semi-blackmail. I have never been able to impress the sense of "Value received" upon students and patients so that I have felt that an adequate compensation had been made for my labors. He who would be able, under the Law, to concentrate and win success must be willing to make adequate compensation for what he receives. And compensation is more often required in love, brotherhood, sympathy, tenderness, helpfulness and service than it is in money. Compensation can never be made in the name of that unhuman word-Charity. A condition in which charity is needed is un-natural. It is not natural. It is a condition created by selfishness. To give in that name is insulting to the common humanity of both giver and receiver. Give yourself with your alms and you feed yourself and satisfy the Universal law. Are you willing to recognize the Universal and in your Success take in others to share?

Any ideal less than this is not worthy

of being called Truth and ce not the Ideal of New Thought. thing for nothing" is the cry ance and dilettantism and se "Work must go with the gettin ever anything of real worth is Satisfied of the righteousness desire, put into activity your the Law of Supply; faith in the eousness of the Universe; fair Justice of the Universe; faith self as the Indwelling Power Universe, Do this first by ab all fear." "I will fear no evil; art with me!" Cast the debt "Thou"-the Indwelling, and "All debts are paid! The mrealize this will be placed in a at the right time.'

Debts, which are always of the and never of the now (for now once off the mind, then the but the present can be attended to. Ignoring debts is a form of cition. Affirm of them: "They at the right time!" Then let the tally alone.

Having what you know is ghonest, then see it mentally, pa a dividend. See it. Visualize According to your power of tion will be the actualization. ing to your power of visualiza be your actions toward your of

ly books:—
Build for yourself a perfect
Then Think from that Ideal a
ent reality.

Here is the Law laid down it

Talk from that Ideal as a pres

Act from that Ideal as from a Reality.

In this case:—Build Success Mind. Then always think Success; always act Then you become success in structive world, the world of tion. You will then see the you have created descend into Success.

HENRY HARRISON BE

VALE NATIONAL NEW THOUGHT ALLIANCE.

th NOW expressed its opinion Declaration of Principles" iste Congress of the I. N. T. A. is. In that Declaration New reased any longer to be somenctive. In the St. Louis Decstands for everything in gennothing in particular.

bted to Nautilus for a statene "Basis for the New Plans

I find that the Alliance atnstead of the suicide by rope he hari kari process. It lives, in its working plan ceased to ing definite in way of instrucopens its door to every fad, charlatan that chooses to par New Thought banner. The has always been hampered by teachers who have made reput by teaching any distinctively ight Philosophy, but by atwhat indefinite New Thought they did teach a lot of pseudo-I speculative fads. Many othlesired to see this eliminated. he St. Louis Congress throws of protecetion over such. Here ment of present position:nce must co-ordinate and aid ers and Teachers and students 's and colors of New Thought t must work for them all must in all things stress the ils as embodied in the Staterinciples. It must not exclude idual teachings unless directto the Principles. It must alnd every other teacher to carv SIDE LINES of teaching he wishes, PROVIDED they keept distinctly as Side

dy one way of accounting for of such a hodge-podge by nt body, save that it was passed, as I am informed by letter, without due consideration, when all the delegates were tired and most of them absent from the meeting.

A body that declares in its Statement "the infinite possibilities of man through Constructive thinking," thus to recognize among its teachers those who limit the possibilities of man to karma, stars, numbers, lines on hand, and any other speculative limitation, "PROVIDING" they affirm the statement of Limitlessness-is as near to insanity as an intelligent body can go. The Alliance is now a dead tree. It will cumber the ground. Owing to local conditions it may have a large gathering in Boston next year, but there can be no growth hereafter. It is a close corporation. And necessarily will fall apart for want of cohesion, want of unity of thought, unless it sees its error and shall in its next Congress annul the action of the St. Louis Congress. But no harm is done to Truth. "New Thought' will still be a phrase to conjure with, but vitality has departed. Theosophy, Numerology. Astrology, Palmistry and like phases of supposed truth have no affiliation with the "Limitless possibilities of Man."

As one of the Honorary Presidents, I'll remain as one of the chief mourners if it must die. Or as one of its inspirers if

it shall be purified.

When we speak of a man concentrating on a subject, we mean that he is deaf and blind to all else around him. We have cases on record where momentous or tragic events have been taking place within ear-shot of men who have been so lost in thought as to have been perfectly oblivious. One scholar, outside whose house was being enacted the terrible massacre of St. Bartholomew, was not aware of the fact till the day after.-New Thought Journal, London.

Young man, he a sun glass, concentrating all the rays at one focal point, until the accu-mulated heat and light burn their way through opposition.

-Newell Dwight Hillis.

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Minute a man stops looking for Trouble, happiness looks for him.

-Irving Bachelor.

THE REAL JESUS. A Beautiful Extract.

But there is something in the Jesus of the New Testament that does abide. What is it? It lies not in his wonder-working, not in his "works," not in the doctrines he taught, not in the teaching that you can catalogue. And yet, when we listen to snatches of the record read without comment we are led into the presence of an inexhausted potency. We are touched with a sense of a powerful personality. "Jesus wept," "He looked on Peter," "Suffer the little children to come unto me," There is a "widow's two mites which make a farthing" placed in the contribution box. Here is a greater given than that wealthy man who has put in his gold. "He looked upon the rich young man and loved him." "Neither do I condemn thee," poor woman! "Go and sin no more." "He went about doing good." "Why callest thou me good? There is none good but the Father." "Foxes have holes, the birds of the air have nests, but the son of man hath not where to lay his head." "Behold the man!" said Pilate in the trial hour. Ponder these quotations, picked up hit or miss out of the record, and what do we have? Something which has burned its way through

the Christianity of nineteen centuries; we have that which has humiliated and abashed military conquerors, capitalists and captains of labor in all generations; that which has touched with comfort, power and consolation, the bruised and the broken, the homeless and the discouraged; that which has burst the bonds of bigotry; that which has climbed over the highest fence that ecclesiasticism ever did or could build; that which broken the power of ecclesiastic forms ceremonies; that which has made popes and cardinals and bishops and elders and deacons look small and mean and unnecessary except as they moved along the heavenly lines indicated by the citations we have just read. This Jesus who abides is a great, contagious, pervasive, loving human heart. The Jesus who abides is a brave, independent, peasant thinker. The Jesus who abides is a brave, independent, peasant thinker. The Jesus who abides is a "reformer," a "social uplifter," a "humanitarian leader." I do not like to use these words. They are too small for the thing they represent, but if we persist in using them, who more deserves these high terms? Way up there beyond our Toynbees or Jane Addamses, beyond our reformers, our John Brights, our poets and prophets of the common people, our Walt Whitmans and the rest of them, we must write the name of the Carpenter's Son. He anticipated their independence and went farther than they in his courage in lay-ing hold of the hopeless and in pleading the cause of the unfortunate. Jesus was and is the Master of Men because he in himself a masterful leadership. Approach the story on these in the ground from this standpoint, poor and insignificant and uninte the theological refinements about ity" and the "Savior" and all tha

Draw if thou canst the myst Severing rightly his from th Which is human, which divine "I and my Father are one," he s the tenderness of that prayer he "They all may be one with Thee am one with Thee." All this is true of the Jesus who

All this is true of the Jesus was the hearts of men. He was the lot the helper of man, the friend o and the friend of the wealthy, for on the man with great possessions him, not on account of his posses on account of his humanity.—Frimon by Rev. Jenkins Lloyd Jone ian), of Chicago.

A GOOD LETTER.

A school teacher in Alabama very pleasant letter in which these sentences which are for

I presume that my experience has the same as others in search of have never been afraid to read an whatever I felt might lead to a broader conception of life and I that I am stronger for it. Like bered nautilus, I have outgrown n and have left them behind "by life" I confidently expect to outs when I read the first copy I had tunity of seeing, for it certainly 1 great help and an inspiration to There are isolated men and women there who realize there is but one Truth. That in order to make pro must become receptive to its bear Emerson puts it, "Place themselve midst of the stream of power."

with this knowledge none of us a independent. We need to be con minded of the better way. Beca has helped me so much, I have no in recommending it to those who will appreciate it. (She sends some scribers.) . After receiving ter I re-read Emerson's "Self-Rel the Nth time and although my co underscored and marked in divers found many passages that are to r worth while as any I had marked. You are undoubtedly right as to de

(Continued on page 168.)

OFFICE OF NOW, itreet, San Francisco, Calif.

DECEMBER, 1917. No. 12

NOW

ARRISON BROWN, Editor ON FOULDS, Asst. Editor

ournal of Positive Affirmations. e Science and Art of Soul Cul-

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-C. Fannie Allyn,

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The New Thought work has been greatly stimulated in San Francisco during November by Dr. Harold Palmer, who has been very busy at work for the California Truth Center. He has also helped the Metaphysical Library and Reading Room at the Noon Meetings. These meetings are very popular and very successful. The Editor of NOW was called upon for three addresses in October.

The library is constantly increasing its membership and its usefulness. Several new members have been added to the Committee and we expect early in the year to remove to larger quarters where there will more opportunities for our work.

REMEMBER

We have for Christmas and for New Year's cards, each card bearing a poem by Mr. Brown. They retail 5c each, or three for 10c. They are printed in blue and gold; are an excellent reminder to send to friends at these seasons. With them you can well add the "Healing card," which is a poem with the necessary Affirmations for Self-Healing.

New Year's card has this motto: "Peace! Be still!"

The Christmas card has: "Peace on earth!"

The Healing Card has this quotation: "I come that ye may have life, and have it more abundantly!"

Remember, these three for 10c; any three of each for 10c; postage paid. Order from this office. -4

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Call this God: then call this Soul: And both the only facts for me.

-Browning.

Miss Cutler and her friends of the San Francisco New Thought Center have a Special Department of their "Silent Unity" in behalf of our Soldiers, Sailors and Aviators from 12:30 to 1:30 p. m. All friends everywhere can join m this blessed and loval service.

The Detroit, Mich., New Thought people also have a Soldier service. circular asks: "Is it not the duty of all those who know about this great power of truth and prayer to come together and provide spiritual protection-\$PIR-ITUAL THOUGHT BONDS-for our boys?"

They suggest that "We consciously know and affirm:-

You are enveloped in the love of God. You are covered with the armor of God's Divine Protection.

You are clothed safely round with his minite love and wisdom."

And I would add:

With you goes the Spirit of Victory over all hosts of exil.

Let every Truth student at noon, wherever he is, proclaim:-

The Nation and its defenders are clothed around with infinite Love and Wisdom and are enfolded in the Spirit of Victory.

BOOK NOTICES.

THE HANDBOOK AND MANUAL FOR HEALING AND HELPING OTHERS. By Dr. C. F. Winbigler. Commercial Printing House, Los Angeles, Calif. \$1.25. Postage 10c.

What I said of Dr. Winbigler's previous book I can say of this :- It is based upon the Law of Suggestion. He enforces the Principle by constant reference to Biblical quotations. To those who are not emancipated from that book as Authority, it is very valuable, since it introduces them to the One Principle, which, since it is universal, is also found in these quotations. He gives many Affirmations. I take one at random:-

have sweet peace, the gift of God's love. filling my whole personality and radiating out of my life to others.

He follows each Affirmation with:—"Praymeditate—realize." An excellent book to be placed in hands of church people.

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all her teaching upon the fact tha limitless in possibility, and that he destiny, and may control Fate wh learn himself and use himself as book is breezy and exhilarating, mend it to those who need a spirit SUCCESS THROUGH THOUGH

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By Benjamin Johnson, Marinello Crosse, Wis.

II Mr. Johnson had been my studen carefully read NOW since its initi he could not more clearly have exp Principles for which NOW stands. however, no echo, no plagiarism. upon the same point of view. I knowledge of Mr. Johnson; howev pect that he is familiar with NOW he includes "Brown" among a list ers, and quotes one of Mr. Fould's His style is clear, positive, free fr lative fads, and unproved theories. practical and convincing reasons f writes; also very clear advice as t of Truth as he unfolds it. To se teacher who depends entirely upon authority is a good sign of the tir Law of Suggestion is his line of v gives many Affirmations for practast as people become familiar with Law of Life's expression, we shall I of all, FREE-men, then Well-men men, Happy-men and Successful-me I am to myself and in my express which I think I am-and I am this long as I think it. It behooves e then, to know hose and schat to thin for, himself. These books, and a based upon this Law, teach him tl lowing these teachings, he becon which he affirms because he ultimate to THINK what he affirms is Truth vinced that it is Truth.

Truth is not neutral, though she w Nor Justice, when her eyes are Nor does the cternal God abate

His judgments for neutrality. Ours, then, to speak in all men's na And, if need come, with steel and I -Raymond MacDonald a

I,grateful,take the good I find; The best of now and here.

- Whittier.

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AND THE HORSE! WHICH IS HORSE!

of the proceedings of the ological Society I find this he cart before the horse in of Drs. J. M. A. Maloney E. Sorapure:

il state is consequent upon a the latter is the immediate ecursor of the emotion. Accordseory, fear develops because the is: the heart does not quicken ear; cardia is the cause of the sults from tachycardia, which is fear; we feared because we did apidly and regularly; we did not lly and regularly because we jurried, shallow, rasping respirathe fear. Fear without visceral Absence of visceral iot occur. is absence of emotion. To minichange is to minimize emotion. ng slows the heart's action. The hurried, shallow breathing into teathing, and the reducing of the mitigates or dispels fear. So breathing is controlled and the no considerable fear can exist. on, every thought is externalized

acts which help even mental out which is cause, Mind or e or inert matter? If the oth then body creates life? mme did not agree with these said:—

ink that the theory that the rapid produces fear is susceptible of ather the converse.

Elv said:—

to hear emphasized the value of element in connection with this reatment (i. e., controlled breathlieve, however, that the authors relinquish their contention that equent upon the quickened heart's anything has been shown by the on the sympathetic nervous systhat this theory fails to account ese phenomena, and that we are hecause our hearts heat, nor do heat because we are afraid, but mena are the result of interrelational operating through the sympathonomic nervous system."

ist Dr. sees as clearly as you

and I do when we look into a mill-stone. All I can do is to ask; Which is initial, Fear or heart action? Once started, action and re-action intensify each other. But which is first? Which is cause? Which effect?

POWER OF SUGGESTION.

Columbus, Ind.—As soon as Mrs. Margaret Cox, who lives east of this city, learned that her false teeth had been found under a peach tree, the severe pain in her stomach disappeared.

Mrs. Cox was eating a peach when her teeth disappeared. She became convinced she had swallowed them, summoned help, and was hurried to this city and taken to the office of a physician, who advised her to go to the county hospital. He insisted that he did not think it was possible for her to swallow her teeth.

Mrs. Cox said she ought to know whether or not she did, recalled the exact moment when they went down, and complained of a severe pain in her stomach. Arrangements were made for an operation. The physician advised one of the neighbors to keep searching for the teeth. A neighbor telephoned that the teeth had been found under the tree where Mrs. Cox was eating the peach. She was notified, the pain stopped and she

(Continued from page 165.)

returned home.—Indianapolis News.

being the result of overcoming difficulties. and when one has inspired a pupil with such a desire to find that he will dig for it.—the foundation stones have been laid for the highest education. The "putting on" process is, as you say, "impossible." It is in fact a contradiction of terms. But the world is slow to see it in that light. We know that it has failed, but the question with many of us is. HOW? With the majority of people, thinking as they do, we can but begin to train pupils, so they will become self-reliant and "learn to watch for the gleam of Light from within!" It seems that before children are should be taught to read and write, they taught to observe what Nature has in store for them. Let them learn about birds, trees, flowers, insects, etc., and at the same time train them to do some useful work, insisting that they keep at it, until it is accomplished Their efforts may be bungling, but with children "time is not the essence of the contract." This is also a lesson New Thought students must learn. Begin and stick until you win. Use your powers and be self-reliant. Let the Light within shine out.

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Its AFFIRMATION is—"I and my Father are one!"

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-Lyman Abbott.

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