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# NOW

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## A Journal of Affirmation

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SOUL CULTURE

ART OF LIVING

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Unsolicited Testimonial

April 8, 1915

Dear Mrs. Militz:—I take this occasion to write you a few lines to let you know of a wonderful demonstration which I had through reading your book on "Prosperity".

I have heard you speak a number of times, both here and in Alameda, and I have a dear friend who attends in Alameda and she made me a present of your book for Christmas.

As a foundation for my story will say that I am a correspondent in a wholesale house where there are six other employees. Have been with my firm ten years and receive \$100 per month.

I purchased some property, on which I am paying installments and had several expenses attached to it, and on the 12th of January this year found myself with just \$2 in my purse, which was not a good outlook for the year, considering the payments I had to meet.

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This is something he has never done before, and to no one else in the office. So I feel I have been wonderfully rewarded for my faith in my supply being at hand when needed, as I needed it then. I treasure your book highly, and would not be without it, because it gives me such helpful thoughts, not only as regards Prosperity but other Truth ideas as well.

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From all Life's grapes I press sweet  
wine.  
—Henry Harrison Brown.

# NOW

## A Journal of Affirmation

VOL. XIII.

JULY, 1916

No. 7

### DOMINION.

*"And have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth."*

—Gen. 1:26.

Above the eagle's aerie, on white wings,  
He carols greeting to the greying dawn,  
While his colleague, the lark, beside him sings  
Ecstatic strains, from nature's heart-strings  
drawn.

Into the lair of the leviathan  
He glides, steel-clad and swift, nor knows  
a fear;  
Through jungles where the lion's kith and  
kin  
Held sway, he flings his piercing, steam-  
bred jeer.

From out the tumult of the storm-god's shriek  
He calls for aid, a thousand miles to shore,  
And brothers, hearing, heed his plea and speak  
Brave words to him above the tempest's  
roar.

When cloud-capped mountains proudly bar his  
way  
He tears their entrails out with giant ease;  
He can, by magic, hold King Frost at bay,  
And in the torrid climes make waters  
freeze.

*He shall achieve the substance of each dream  
That makes delirious his every day,  
And night a time wherein to catch a gleam  
Of his estate and status in the clay!*  
A. F. GANNON, for NOW.

\* \* \*

For when I note how nobly natures form  
Under the war's red rain, I deem it true  
That He who made the earthquake and the  
storm  
Perchance made battles, too.

—Dr. Alexander.

\* \* \*

It is evident that the materiality of a body does not stop at a point where we touch it: a body is present wherever its influence is felt; its attractive force, to speak of that only, is exerted on the sun, on the planets and perhaps on the entire universe.—Bergson.

### HEALTH, HAPPINESS AND PROSPERITY.

These three desires cover all the needs of human life. We believe, nay, we go farther, we affirm:—*All these in abundance belong to each individual.* We even go farther and affirm:—*Since each individual is an inlet of the One Mind, each individual is at all times in the great sub-conscious Reality all these.* One needs only to know this to express the Health, Happiness and Prosperity he is.

Perfect unconsciousness of need in any line of desire is the birthright of each person. Of this inheritance each person is at birth unconscious. Most people live their whole life as unconscious of their inheritance as does the man who has inherited an estate, but who, being lost in Alaskan wilds, to the knowledge of the executors, has never realized any but a mere impoverished life.

If we but knew ourselves! If we but knew what we are! If we but realized that "*now* we are sons of God" and therefore heirs of His, and may *now* claim our inheritance of "eternal life," then we would live royally.

No one can dream of want in that life. The only "eternal life" is that spiritual life in which we are that Reality which is but faintly expressing itself through this physical body. Would we but live that spiritual life consciously now! And we can! It is the province of Metaphysical instruction to bring this Spiritual life into conscious expression. NOTE WELL!—The object of NOW stated always on its editorial page, is to bring its readers to affirm—I CAN CONSCIOUSLY LIVE THE IMMORTAL LIFE HERE AND NOW!

**Henceforth I seek not good fortune:  
I am good fortune.**

—Walt Whitman.

Once this consciousness of Spirit is awakened, then there is surety of Supply in all the lines of human desire. "The Lord is my shepherd." But that shepherding is ever spiritual. Not till one reaches spiritual discernment can he affirm this truthfully. Until then it is but a vainless repetition.

"Put yourself in the midst of the stream of power!" says Emerson. That Power is the Infinite. That stream is one's own individual life flowing from the Divine Center, in limitless quantity. "All the Father hath is mine!" I am to claim my inheritance, and to claim and use it now and here.

The seers and teachers of all ages have seen the need of help from human ills. They have ever righteously sought the way out of them. Many have taught the way of Truth but the generation was not sufficiently unfolded into consciousness of the union of the individual with his source; not sufficiently the master of the flesh, to recognize truth when offered. Being encased in matter, living in the senses, men then could not rise in conception of Cause above sense. They looked outside themselves for the help they needed, and thus invoked idols. Idols of wood, stone and gold; and idols of conception; idols of creeds; idols of mental images, called gods. These were only their own mental conceptions of enlarged human powers. The worship of anything without is idolatry. Nothing without man can defile him. Jesus said:—"Things that proceed out of the mouth, come forth from the heart; these defile the man." Since only that which comes from within can defile, it follows that only that which comes from within can heal, strengthen, and bless. All worship, all religion, all reliance on outward power and authority defile the man, and result in disease, unhappiness and want.

Logically the cure is simply stated—**TRUST YOURSELF AND LOOK WITHIN** for all you need!

Jesus, the wisest of prophets, said, "The

kingdom of God is within you!" While men locate it without, they will find always a want because of the limitations they hold over themselves. Like the Prodigal they have asked and taken their "portion" and have gone away and used it all and are "an hungered." They must come to that realization to which the Prodigal came: "In my Father's house is enough!" and then come home to the Father. Must enter the kingdom which is within. There will ever be enough, and enough "to spare" in expression along every line of human desire.

To realize this Unity with the Father, is to assume the authority of the Personal "I." This assumption is to find redemption. Redemption is the entire relief from all care concerning all things material. Redemption is knowing that "The Father" in this inner kingdom knows that one has need of these things. Once this faith is established there will come to all needs, ways and means for material supply.

As lily and bird have faculties which enable them to supply themselves from the infinite magazines, so the human possesses all needed faculties for obtaining, or drawing to it, needed supply.

What is the power in each individual that opens the door to this Supply? What is the "Open sesame" to the Kingdom within? *Faith in Self!* The key to the Self is Thought. "I am that which I think!" Let me think disease, misery and poverty, and that I am. Mental conditions are the real. Material conditions are but the reflection of these mental pictures. I hold a lamp before a mirror and I see a reflected light. When I wish to change the light, I cannot do it by any attempt to change the reflection, but the moment I dim the light, the reflection is dimmed. So is it with all life's expressions. Change the thought; create new mental pictures, and the reflection in environment changes. When? Just as soon as Cause can under conditions produce new effect. Some

**Whene'er I meet my sailing peers,  
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas.

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change in the material expression begins immediately upon change of thought. But—note this well—the *new picture must be held persistently*. No encouragement must be given to the old to return even for a moment. "Get behind me, Satan!" must be sincere. No doubts, no mistrusts, no faltering. The new picture must be a constant thought, just as your thoughts of failure or pain have been. "But I can't!" you may say. "Then I have no more for you. To say "Can't" is to settle the question. No more can be done. To say "Can!" is equally decisive. When you say "I Can!" you can be helped. Help can be only along line of your own decision. You can be helped to help yourself! Most people wish help to keep themselves in weakness, pain and poverty. That is, they wish sympathy with their troubles. Such sympathy makes them worse. "I feel so bad!" And it is desired that the "Friend" (?) shall say, "O, I am so sorry for you!" Then one is glad that "Some one sympathises with me. Some one understands me!" Yes! Seek that kind of help, and down you go still farther into the pit. There you will stay, till some thought of "Can!" finds you.

Remember at all times "The kingdom is within!" From that "Within" you are to draw the Supply of Health, Happiness and Prosperity needed. Here is the Affirmation for use in all conditions of need:

**I AM THE KINGDOM OF GOD. ALL MY SUPPLY COMES FROM THAT KINGDOM. I AM KING OF THAT INNER KINGDOM. I NOW DRAW WHAT I NEED!**

\* \* \*

A minister in the Ohio Valley writes under date of May 25:

"I wish to thank you for the regular visits of your, to me, very suggestive and stimulating publication, as well as for the extra copies of the May number."

\* \* \*

You can't find the rainbows with searching for night.—Herbert Kauffman.

**LOVE'S IMMENSITY**

O, once to feel the whole of man!  
O, once to realize the Great Within!  
O, once to give what I withhold!  
O, once to be, what I might have been!  
Comrades, come! our bosoms thrill  
But at one point! All else is still!

As soul I have ten million points,  
Each a nerve center that can feel!  
O, would some lover overwhelm  
I'd shake like boat from mast to keel!  
Ten million friends may come and then  
I'd only think,—"More might have been!"

Ten millions more may come; I'd thrill  
To every loving touch, and find  
Ten millions more would never sound  
The ultimate of Me, as Mind!  
Each friend who came would only leave  
Behind a sigh! For more I'd grieve.

To love but one? Why! that were death  
To possibilities of love!  
Callous soon I'd be to those  
Who once did my affection prove!  
Love's power within is infinite!  
To have I've but to love aright.

So, comrades, come! In Friendship's name  
More rich your clasp than jewels rare.  
Each one shall open celestial door  
And flood my life from sunshine there!  
Evolution finds its potent urge.  
When soul and soul in friendship merge!  
HENRY HARRISON BROWN.

**FINANCIAL HEALTH.**

**A Series of Six Lessons by William  
Morris Nichols.**

Financial Healing may be described as the coming into that mental condition where it is possible for the Spiritual Vibrations governing material plenty to flow into consciousness, and from thence outward to environment.

On the physical plane of consciousness, we know that a full, unimpeded circulation of pure, rich blood through the veins and arteries means robust health and a strong, vigorous body; on the mental plane we know that the uninterrupted flow of strong, bright, cheerful, and sensible thoughts through the consciousness produces happiness; in like manner, the smooth-flowing of certain

## Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

Spiritual Vibrations through consciousness will bring the material symbols of prosperity to the environment.

What these Vibrations are, and how may one attain to the all important mental condition in which the Vibrations flow freely through one's being will be considered in this and in the following lessons.

### LESSON NO. 1.

Man's the elm, and wealth the vine;  
Staunch and strong the tendrils twine;  
Though the frail ringlets thee deceive,  
None from its stock that vine can reave.  
Fear not, then, thou child infirm,  
There's no god dare wrong a worm;  
Laurel crowns cleave to deserts,  
And power to him who power exerts.  
Hast not thy share? On winged feet,  
Lo! it rushes thee to meet;  
And all that nature made thy own,  
Floating in air or pent in stone,  
Will rive the hills and swim the sea,  
And, like thy shadow, follow thee.

—Ralph Waldo Emerson.

I go out into the sunlight and walk along the street; what is it that goes with me as I move along? What is it that dogs my very steps so that I cannot shake it off? Why, my shadow, of course!

Currency, that material medium of exchange called money, is merely a shadow of which the Real Substance is Vibratory Power of Spirit! That oft-repeated phrase, "Money is power," should be turned squarely about and read, **POWER IS MONEY!**

The money you can see and hold in your hand has no real power *in itself*; it is merely the outward manifestation or negative end of an **INVISIBLE** power which I **AM** and YOU **ARE!**

Can the shadow be separated from the physical shape or substance which casts it? **NO!** Neither can money, the shadow, be separated from the substance which causes it to be.

I **AM** the substance of money, and so are YOU; and as the visible dollar is merely the negative end of this substance or power, I **AM** that also, because the shadow cannot exist apart from the substance which casts it.

But, supposing my purse is empty of visible dollars, doesn't that disprove this logic and argue poverty? No! a thousand times **NO!** Listen:

The light of the sun may be obscured by thick clouds, and the shadow of my physical shape no longer visible as I walk abroad, and yet, I **KNOW** the substance that casts the shadow is there all the time, and the shadow of it will become visible again as soon as the clouds have vanished.

Money, the shadow, may become invisible, and my purse may sag with emptiness, but I **KNOW** that the **SUBSTANCE** of **WEALTH** is not and cannot be destroyed, and, as the Sunlight of Truth which, perhaps, has become obscured by clouds of doubt or ignorance, shall shine again, money, the shadow, will become visible again, and my purse be filled to the brim.

I am careless, and really "take no thought" for the shadow cast by my bodily shape; sometimes it is short, or diminutive and squatty, and then, again, it is immense, according to the relative position of my body towards the light. The shadow is of no particular importance to me; the body is! And so I am care-**LESS**, that is, without care or worry regarding money, the shadow; that shadow may be **LARGE** or small according to the attitude of **MYSELF** towards the Light of Truth; but the changes or fluctuations concern me little or not at all, for I **AM** the Substance of money or wealth, and that fact alone is of importance to me. When I want the shadow of my physical self to be large, I simply change the position of my body to the sunlight. And when I want the money-shadow to be **LARGE**, I readjust **MYSELF**, the Substance, to the Light of Truth, so that the monetary shadow becomes **LARGE**.

When the consciousness is adjusted to the reception of the Vibrations of Universal Prosperity, then these Vibrations flow through and supply the "counting,

**The deeper I drink of the cup of  
Life the sweeter it grows.**

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—*Julia Ward Howe.*

planting man" with all that he may need, and things the symbols of prosperity to his environment.

As these Vibrations flow into your consciousness, they fill you with a CARELESSNESS for dollars and supply! This does not mean the foolishness of the profligate spendthrift, but the Vibrations of ABSOLUTE FEARLESSNESS regarding supply; and you tread the earth like a Prince of Wealth, as indeed YOU ARE! You have no desire to "waste your substance" in any foolish manner, but you spend freely and fearlessly, without a care, for whatever you FEEL will add to your comfort, or advance you along the upward road! You FEEL your supply to be LIMITLESS! You question no more, where your supply is to come from, or how it will come, for you come to KNOW that IT is already with YOU; that YOU are the SUBSTANCE or your own SUPPLY, and you grow to be quite careless as to the "How, When, or Where of it."

You FEEL that YOU are SECURE, and you exclaim, "That which the Father hath given ME," no man can take or keep from me! You no longer place your reliance for your supply upon persons in *particular*, or corporations, or even upon the successful issue of your own "plans." The promises of wealth or position from others no longer elate you, and when others, as it were, "turn you down" you no longer feel any discouragement!

EXTERNAL wealth, position and influence, you hold very lightly in your hand, and this you can afford to do, because they are only shadows, and one simply *plays* with shadows.

Go right on playing with the shadows, as long as you choose but let them no longer deceive you as to their real nature: they are shadows, and shadows only! When you tire of the old shadows make new ones, and when you are wholly weary of this play of making shadows, let them ALL go and give

your attention to the SUBSTANCE from which they take their shapes. Let the shadows go flitting about, growing now short and now long as they will, while you REST in the SUBSTANCE, and in the knowledge that as long as the Substance exists, the Shadows are bound to BE.

Then drop your fears and doubts regarding your monetary, as well as other, supply; they are the clouds and mists which prevent the Shadow or Symbol of Prosperity from forming and becoming visible to your senses.

The Truth is that you, Soul, are rich now beyond all imagination. Rejoice now in that Spiritual Substance, and keep on rejoicing, and IT will become visible and tangible to the sense man in mental and material supply.

\* \* \*

**ETERNAL PROGRESS.**

This body, fashioned of the clay,  
Will turn again unto the dust;  
Yon sun, whose light illumines the day,  
Like ancient shield of brass will rust.

Those hills, which stood since time began,  
Will slumber in the valley's bed;  
Those stars, bespangling heaven's span,  
Like flower petals will drop dead.

But I, e'en I, my Self, my Soul,  
A citizen eternal dwell;  
For me there is a far-off goal  
Staked out beyond both heaven and hell!

And on that goal I'll fix today  
The eager vision of my eye,  
And watch and wait and work and pray  
Till I shall reach it by and by.

H. SAMUEL FRITSCH, for NOW.  
Medina, Ohio.

\* \* \*

The new Religion is thoroughly monotheistic, it's God being the one infinite force; but this one God is not withdrawn or removed, but indwelling and especially dwelling in every creature. God is so absolutely immanent in all things, animate and inanimate, that no mediation is needed between him and the least particle of his creation. In his moral attributes, he is for every man the multiplication to infinity of all the noblest, tenderest, and most potent qualities which man has ever seen or imagined in a human being. In this sense every man makes his own picture of God.—*Dr. C. W. Eliot.*



**I will not dream in vain despair  
The steps of progress wait for me.**

—Whittier.

**LIFE.**

Our life is a sea, majestic to me;—  
Our hopes the billows that roll  
Aspirations grand, up Eternity's sand  
From the ever-living soul;  
And the shelving beach, and the rocks we  
reach,

That turn us from our way,  
Are the petty cares, and the worldly snares,  
That thickly strew the day,

But the shelving sands can stay our hands  
But a moment at a time,  
We shall onward go, as the breakers flow,  
In our upward march sublime.  
To the topmost reach of the snowy beach  
We are gaining every day—  
It is surely ours in coming hours,  
And shall be ours alway.

And our restless soul, as the waves that roll,  
Shall visit every strand;  
And with knowledge gained by self retained,  
It shall bless its native land.  
And the surging wave shall uselessly rave,  
That separates you and me,  
For time and space shall have run their race  
And no more our barriers be.  
—Lita Barney Sayles, in *Woman's Journal*.

**THE REAL 'I' AND THE POTENTIAL 'I'**

I am! But what am I? Certainly I am more than this present consciousness. Once I could not say "I AM!" because I did not know enough! But enough of what? There is but one answer—Enough of myself!

Then "I" and that which I *know* are not identical. *That which knows* is the "Real I." *That which I know* is but the expression of that which says—I AM! and is the conscious self—the "I" that knows itself by my name. Then I must ever keep distinct that which *thinks*—that which is conscious, and that which is thought. I am to distinguish between this I AM that *knows*, when I say, "I AM!" and the I AM: itself. The I AM—the Real "I"—is the Real Something which is called Soul, Spirit, Ego, and Self. It is an expression of that which fills all space and endures through all time—*The Power which is behind all phenomena*—called, in Christian lands, God. Metaphysically we say—Mind.

Scientifically we say—Energy. Philosophically we may term it Spirit. But what do we know of this IT, which is behind all phenomena? which manifests to the consciousness as Thought? This "I" which individualized is my conscious self to it I apply the word "I"! It is not thought, but it is that which *thinks*. When I say "I am Spirit," what do I mean? Of Spirit Emerson says, in "Nature"—"Of that ineffable essence which we call Spirit he that thinks most will say the least. We can foresee God in the coarse and, as it were, distant phenomena of matter, but when we try to define him, both language and thought desert us, and we are left as helpless as fools and savages. That essence refuses to be recorded in propositions."

It is enough then for us to simply affirm—I AM MIND or I AM SPIRIT! and merely state what we each know of ourself through the study of that phenomenon which each of us is.

This I have learned: I can learn only of my Self, and only through expression of the Self. Since God is the Power behind all phenomena, he is the power behind all that I do. He is the Cause and this conscious "I" is the effect.

This "Real I" is perfect. Perfect Health! Perfect Happiness! Perfect Supply! Perfect Peace! In this thought we are to say with Emerson—"I THE IMPERFECT ADORE MY PERFECT!"

The difference between the "Real I" and the "Potential I" is the Real I is perfect and the Potential I is developing this Indwelling Perfection into Consciousness. The "I" which is Henry Harrison is coming to know itself as an evolving expression of the Perfect Indwelling. The awakening of this consciousness of the Present Reality of the Indwelling characterizes the New Thought Movement. It is the Great Fact that characterized Jesus, and differentiated him from all other prophets. "God US!" and "He is within!" were

the thoughts which expressed his consciousness of the Indwelling.

The Indwelling is the Absolute. Thus each person can affirm: "Whatever I am it is God; but, I am only a partial expression of God. God is Infinite, Omnipresent and Absolute, while I am but a partial but ever expanding expression of that Omnipresent and Absolute. But all that I am and all that I do, is of and by the One.

That which I am conscious of as Myself is the unfoldment which the Absolute has attained through its thinking as Henry Harrison. God knows as much more of Himself as he has learned of Himself through my feeling and my thought. Thus each person adds to the God-consciousness his own personal experience. Thus the Race-consciousness expands. For this reason every generation grows wiser. No development of the God-consciousness can ever be lost. The universe is changed by every human experience. The sum total of the human consciousness is the present God-consciousness. Even as the sum total of the unfoldment of the Power behind phenomena is expressed in the evolutionary forms from protoplasm to Man, so the sum total of the human consciousness is represented in the development of Man from pre-cave life to the present. The accumulating expressions of the race will necessarily result in daily increased expression of the latent Cosmic Consciousness.

Realizing this Law of Cumulative Evolution, we can see now, as well as we can in future years, the benefits the race will receive from the present war experiences. The One Mind will have evolved out of the necessity of like experiences, just as it evolved from the mammoth and cave bear when it had developed to an expression in later and more complex and sensitive forms of life.

In this thought we can read the wisdom in Tennyson when he said: "I the heir

of all the ages in the foremost files of time!" He expressed the real Law of Evolution from the Cause side, as Darwin did on the material—the effect side, when he said:—

"Yet I doubt not through the ages one increasing purpose runs,  
And the thoughts of men are widened with the process of the suns."

Note the expressive "Thoughts of men!" In thought the One Mind manifests Its evolution in the consciousness of the race. Whitman saw the same when he so expressively and beautifully said:—  
"I am the acme of things accomplished!  
And I am the encloser of things to be!"

This is the Ideal each person must hold would he or she know the bliss of living.

We are to realize that each day we are but coming into a larger consciousness of that Divine Reality—that Divine Perfection which each of us is in the Sub-conscious. The development of the Sub-consciousness into Consciousness is as much a process of evolution as was the development of the Sub-conscious in the plant into the sub-conscious in the bird. The Law is one. The Sub-conscious Perfection of God has been unfolding all the way until it reached the Self-conscious *as Man*. Man has been on the way from the first union of any two primal units in space millions of eons ago.

Thus is it true that "Before Abraham was I am!" But I was only potentially. I have ever been a potentiality, a possibility, in the One Mind. Even as the present auto and aeroplane were, from the earliest eternity, possibilities in the One Mind. They were not there as actualities but as possibilities under the Laws of Mind.

Perhaps I may help some to understand this fact which has ever puzzled philosophers and divines.

The universe is like a solution. So was the earth before any *thing* had crystallized. All earth was one gaseous mass within which was held in solution all the elements which later crystallized

## I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

as rock, vegetable and animal. The Law of Crystallization is at the base of all forms of expressions. *Things* are but the crystallizations from the One Mind. We are never to forget that the methods of Nature are simple and few. Think again what Tennyson means when he says to the "Flower in the crannied wall":

"Could I know what you are, root in all, and  
all in all,

I should know what God and man is!"

Apply this to the crystallization of ideas. Every particle of the solid world was once held in solution "in the measureless oceans of antiquity." Every atom of iron, gold and all minerals have been deposited from water. The ocean contains in solution every mineral of earth. We realize that salt is there. We cause it to be deposited. Parties have wasted thousands of dollars in endeavors economically to obtain the gold in sea water.

Mineral springs bring to the surface the minerals through which the water flows. Even the star-beams bring the mineral elements of the suns from which they come.

In like manner all possible things, all possible forms, lie in the one Mind. There they are Ideas. From that Mind they crystallize in Man as Ideals. The inventions of Man from bow and arrow to the wireless; from war hoop to drama; from tribal tyranny to democracy; were all once held in solution in that One Mind, ready to crystallize, as stars have crystallized. Under Law these human expressions have come. We term their spiritual birth "Inspiration." Their birth into the sense-world we term "Invention." Invention is a process of reasoning upon and building from Divine Ideas. Ideas are eternal; Ideals human creation from them.

Emerson has understood this fact. In "History" he tells us that all any nation accomplished still lives in the present. Greece lives in all its artistic expression in the art possibilities of the race today.

As in the ocean all elements exist in solution so in Mind exist all possibilities of Divinity. As in mineral spring there are special elements brought to the surface, so in the Human lines of heredity there are special lines of mental possibilities. Each individual inherits all the evolution of the race. Were it not so then the heads of today would be as slight in frontal development and faces lack the jaw, as did those of our ancestors of the caves of Europe. Because India, Egypt, Greece and Rome had thinkers, we have an intellectual sensitiveness which we would not have had had these not been. So each individual being is an expression of the Wholeness of God. Each inherits the results of every thought and action of the race. No matter where or who the thinker, he lived, wrought and died for me. This thought I expressed in a poem printed in March, 1913:

Primeval man aborted brute;

And built his hut and swung his club;

And broke the chains that held him mute;

And from his sticks a fire did rub;

And tamed the whelp and savage cub;

Made his gods from sticks and mud;

Dug the earth for root and grub;

And grew erect in majesty;

For me For me! Alone for me.

In the Sub-conscious, in the "real I," I am his reincarnation, in the possibilities which he started and which but for him I now would lack some of the sense possibilities which were my inheritance. In like manner I am a reincarnation of every person that lived. This means that I am a new, and as Emerson says, "A unique expression," of the One Mind. Each individual, he says, "is a new incarnation of God!" I incarnate not alone Original Mind, in which all is held in possibility, but I also inherit the accumulated results of the race, and all that life which preceded the race. All this is stored up in the One Mind through its evolution in matter.

Thus the "Potential I" has within the "Real I" all the possibilities of the Original Mind, to which is added all that Mind has learned of Itself through the

## To the receptive soul the River of Life Pauseth not nor is diminished.

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—George Eliot.

infinite ages of its expression both in the conscious and the unconscious. This inheritance is the Subconscious I, the "Real I" that feels, thinks and acts. Consciousness of feeling, thinking and acting constitutes my individuality; constitutes Henry Harrison. I am but a conscious center in Infinite Mind. I am, as an individual "I," only consciousness. Thus is it true that anything of which I am not conscious does not exist for me, however much it may exist for others. Upon this fact is based all methods of mental cure, no matter by what name called. This fact has been embodied in the statement of the Law of Suggestion.—"Whatsoever a man thinketh in his heart so is he!"

### "RENDER UNTO CAESAR!"

We do not make our thoughts; they grow in us,

Like grain in wood; the growth is of the skies,  
Which are of nature; nature is of God.  
The world is full of glorious likenesses.

—Bailey.

Truth is our element of life, yet if a man fasten his attention on a single aspect of truth and apply himself to that a long time, the truth become distorted and not itself but falsehood; herein resembling the air, which is our natural element and breath of our nostrils, but if a stream of the same be directed on the body for a time, it causes cold, fever, and even death. How wearisome . . . any possessed mortal whose balance is lost by the exaggeration of any single topic. It is incipient insanity. Every thought is a prison also. I cannot see what you see, because I am caught up by a strong wind and blown so far, in one direction, that I am out of your horizon.—Emerson, in *"Intellect."*

I am led to write upon this theme by the fact that so many New Thought teachers and authors seem, in their words and articles, to have little conception that there is any field outside that in which they are thinking. This to me is a mistake.

But I have a deeper reason—I have patients almost every week who come to me in an unbalanced mental state by over concentration upon some one phase of truth to the neglect of all others.

There lies a letter before me in which the gentleman says:—"I studied so closely and concentrated so much that I lost control of myself. My advisor told me to quit reading anything upon metaphysics and take up other lines." He did so and even stopped NOW.

This unbalanced condition we find in the convert of any system of theology; in the political crank; in the devotee of patent medicine and doctors; in the novel reader; the newspaper gourmand; the bargain hunter; the constant attendant of the movies; the New Thinker who will read nothing else or attend no other meeting except some metaphysical one.

But we find it still more strongly in the unbalanced reasoning, and illogical statements and beliefs, of all those cults and pseudo-sciences that place man under control of some power not-himself, like gods, spirits, stars, karma, lines on hands, numbers, personal magnetism, hypnotism, heredity, environment, pecuniary or economical or marital conditions. Each and all of these are giving up their individuality and control of life to externals, and though they differ in degree, it is in all cases a kind of monomania. Carried to its extreme it leads to insanity. Read carefully the sane and wise words of Emerson with which I begin this essay.

Recently a lady came to me for help. She had studied along certain lines; supposed she understood "Vibration" and had gotten the idea that she was controlled "by vibrations of two persons." They interfered with her work and especially when she would sleep at night. It was becoming so that all the time they were sending "Vibrations" to her. She had been a pupil of those who taught her that people could send "Vibrations" to hold and to influence others. In vain I tried to show her the impossibility of such a condition. Tried to convince her that she had little conception of Vibration. A true conception

# **I am not fighting my fight: I am singing my song.**

—Archie L. Black

would show her that unless there was a receptive condition, a union of key, between transmitters and receivers, be these instrumentalities either telegraphic, wireless, or human, no vibration could be recognized. All the answer was, "O, but there can be. I DO it! I know it!" "Well," said I, "while you think that you are!" Determined to have her way she will probably end in an asylum, where so many go in the belief that they are influenced by something not of the present, not of earth, or not of themselves.

These persons have not learned to render to Caesar his portion. Have devoted themselves too entirely to their study of some one phase of Truth. Instead of realizing that what they hold is only a part and not the whole, they have given to it the attention they should have given to matters of daily concern. The metaphysician should keep posted upon what physical science is doing. All is mind and mind in the scientist and the inventor; the navigator and the astronomer, is as necessary for us to recognize as the Mind in Jesus, Mrs. Eddy, or Emerson.

Above all there is need of instruction in the Law of Suggestion. Be careful what you think. Be universal. Think along universal lines. Know what you mean when you say "Mind, God, Nature, Life, Vibration," etc., etc. Always keep beside your New Thought book and your Bible and metaphysical magazine, some book dealing with the external world; some good novel; some scientific work or travels; some biography. Balance yourself every night by getting hold of some truth belonging to the Caesar-world—the world of Nature; of that manifestation of Mind called Nature.

At the head of my bed always lies a book of poems, some essays of Emerson, some novel, and always, until read, the *Youth's Companion*. Rarely do I read any metaphysics but Emerson at night

time. He is the sanest of all writers and will keep his students balanced. Hear him in "Self Reliance" or in "Over Soul" or in any of his over eighty-five published addresses and essays; in his first book, "Nature"; in "English Traits"; in his "Poems"; or in the ten volumes of his "Journals," and you shall always hear the echo of that wonderful statement with which he opens his essay on "History" in his "First Series":—

**"THERE IS ONE MIND COMMON TO ALL INDIVIDUAL MEN. EACH MAN IS AN INLET TO THE SAME AND ALL OF THE SAME."**

With the consciousness that I am an inlet to *all* of the One Mind, what has any other inlet to do with me? I came from the One Mind! I am doing the work of the One Mind only when I do what I think. And when I am working in the ground; with wood and stone or electricity; selling goods or printing the daily press; sailing the sea, or flying in the air; investigating the lives of plants, or inventing the new auto; writing the sermon or the novel; preparing the meal or comforting the mourner; I, as an Inlet of the One Mind, am doing the work of that Mind. If I neglect the physical I am refusing to render to Caesar that which the One Mind demands in me that it may have a sane and well balanced expression.

It is the purpose of NOW to keep on the "ground floor" and avoid skyrocket flights. To say only what not only myself but others have demonstrated to be not only Metaphysical, but Universal Truth. I will always find my base in the Laws as demonstrated by Science first; Logic next; Reason next; but always do I test these by Experience. *Demonstration is the only proof.*

When I am told that I cannot act of myself because of previous births, I say, "Prove my previous existence!" All you offer me are speculations. Your explanation of phenomena needs explaining, and you pile Pelion on Ossa in ex-



**Minute a man stops looking for  
Trouble,happiness looks for him.**

—Irving Bachelor.

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plaining your explanations, even as commentators comment upon commentators. Tell me stars control me, and I ask evidence that stars have intellect. Can I as an Inlet of the One Mind with Thought as my power, be under the control of any inanimate thing? Rocks and trees may control me if I elect them as my guardians, but not otherwise.

"Thought of others control you?" Is not my thought the same as others in potency? When my mind is full of my thought how can another get in? If my head is empty, blessed is he that fills it for me.

"But telepathy teaches that?" You are mistaken. I know as much about telepathy as any one, and am myself a good operator and receiver, and I know that any claim a person may have toward the control of another through the power of their thought is as false as the old doctrine of total depravity. There is *one control only*, and that is the person's own control of his Subconsciousness through the Law of Suggestion. There is only one way that one person can influence another, and that is the way I am at present influencing you, my reader; the way the preacher, teacher, salesman, and mother influence others. That is by the Law of Suggestion. When I cause you to think as I teach in this editorial, I have only used the Universal Law, and have influenced you in the only way possible for any one to do so. When under the accepted statements which you take from this editorial you affirm: "That is true," you are using the One Law, and directing the Subconscious into lines of your affirmation. When, therefore, I say, "Render to Caesar what belongs to him and to Spirit what belongs to Spirit!" I am doing my best in Truth to influence you to see and live truth. When you see it, as I see it, then you will affirm as I do, and you will so render as I do, a due portion of your attention to the Non-Me, while you at the same time render

to the Me its due share; ever remembering that you are only your thought. Take the Law as your one constant affirmation:—**I AM THAT WHICH I THINK I AM! MY THOUGHT IS CREATIVE!**

The whole of this editorial I find "boiled down" in this poem which I found since I began writing this, in an old newspaper. It will serve as a peroration to what I have said:—

**HIS CAREER.**

"He sought out seers and listened while  
They gravely mapped his horoscope;  
He prayed for Fortune's kindly smile  
And in the stars he put his hope.

He sought out those who claimed to see  
The future written in his palm,  
And, seeing others venture, he  
Sat down and waited and was calm.

He wasted time year after year;  
His hair turned gray, his eyes grew  
dim,  
And thus he missed the fine career  
That effort might have brought to  
him."

—S. E. Kizer.

A friend, student and patient in this city in a pleasant letter has this paragraph which belongs not to me alone but to the needy wherever it may reach them:—

"My health has been good or you would have seen me long ere this. I am pleased to report that I have attained a degree of 'Poise' that I had never hoped to enjoy, and all through practicing the Lessons you taught me. When beset and actually be-deviled by worries, I always call up your smiling face and I can almost hear you say:—'I am the Rock of Ages. The harder the storms beat the more steadfast I stand, and nothing without can disturb the serenity within me!' Thank you a thousand times for that beautiful thought, it has meant so much to me."

**Obstruction is but virtue's foil,  
The stream impeded has a song.**

—Ingersoll.

OFFICE OF NOW,  
**589 Haight Street, San Francisco, Calif.**

Vol. XIII JULY, 1916 No. 7

# NOW

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Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St.

\* \* \*

Infinite Nearness! Tell me not of God

Who dwells afar, apart, in other spheres,—  
My Father's here! He shares my common life,

Inspires my duties and allays my fears;  
And when night falls, like tired child I creep  
Into His arms, Who loveth all, to sleep,—

He is so near, so dear!

—Althea A. Ogden.

\* \* \*

I am sure NOW readers will be glad to welcome A. F. Gannon back again. He comes with a poem which shows his wonderful power to weave modern discovery and invention into beautiful poetic imagery. He has never surpassed the poem on the first page of this issue.

\* \* \*

There is nothing so likely to promote peace as to be well prepared to meet the enemy.

—Washington.

## IMPORTANT ANNOUNCEMENT.

Mr. William Nichols, now of Connecticut, was for several years a member of "NOW" Folk and a student and co-worker with the editor. For several years he occupied himself on his return to his eastern home in sending out mail "Lessons." Those "Lessons" he has offered NOW. Since they are the outgrowth of NOW instructions, I have accepted them and they will appear consecutive from July to December inclusive. No. 1 is in this July NOW. My readers will thus have a rare treat of looking at the same Truth from a new angle. They will receive them at the cost of the subscription price. They were originally paid for at a much higher rate. They are worth much more than the ordinary Lessons material offered the public. Will each of YOU order the magazine for friends, that they may also enjoy them? Will send the numbers from May to December inclusive for this purpose for 50c. Think of this offer, now that prices for all material the printer uses have gone up tremendously, and I have to pay it!! Will you not in this way help me to meet conditions? Remember the 6 numbers containing Mr. Nichols' lessons on "Financial Health" entitled: 1 Money; 2 Clothed with Opulence; 3 Infinite Productiveness; 4 The Reality of Invisible Abundance; 5 Consciousness: The Medium for the Manifestation of Prosperity; 6 Look Within; and May and June NOW for 50c. Foreign subscriptions, 65c.

\* \* \*

My Readers:

Will you send me the names of people who need help and instruction such as I am able to give that I may send them my circulars with copy of NOW? You can do an immense amount of good in thus spreading the knowledge of the possibilities of Mind and its agent Thought.

\* \* \*

Our fellowship is faith that power comes

In large measure when the purposes  
Of man are likest God's and when the bond  
Of fellowship is that of brotherhood.

—George A. Brown.

**Call this God: then call this Soul:  
And both the only facts for me.**

*—Browning.*

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Harold F. Palmer, Vice-Pres.

Eleanor M. Reesberg, Sec.-Treas.

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From the Report of Miss Grace Wilson, Secretary of the I. N. T. A., 208 Loan and Trust Bldg., Washington, I take the following items:—

1000 active members for the 1916 Congress! This is the slogan which we have adopted at General Headquarters. We have just passed the 500 mark and wish to double our membership by the first of September, and will ask the co-operation of all our members and of all who are interested in the New Thought work.

The goal to which we are working is the 1916 Congress which will convene in Chicago, September 17-24, at the Congress Hotel.

Harry Gaze and Charles Wesley Kyle have been teaching in Chicago. Perry Joseph Green will be in Chicago to assist Mrs. Morse in arranging for the September Congress.

Many Conferences have been held during May, by the Vice-Presidents of the various Districts.

A Conference will be held in Chicago and one in Minneapolis during this month.

A New Thought Forum has been opened in Denver at 1437 Glenarm St. This is headquarters for the I. N. T. A. "Every Truth Seeker, whatever his creed, is welcomed to this New Thought forum." (It seems more of a "Liberal" forum than of New Thought. Editor of NOW.)

The first general meeting of the League for the Larger Life, which is the Metaphysical Federation of New York City, was held at the 48th Street Theatre, Sunday, May 21st, and had as its guest the New York-New Jersey Conference of the International New Thought Alliance. Dr. Orison Swett Marden, President of the League, presided. President James Edgerton spoke for the Alliance. Mr. Edgerton reports it was quite the most en-

thusiastic New Thought meeting he has ever attended.

Word has been received at the Headquarters of a large New Thought Society in Brazil, founded in 1907 by Antonio Olivio Rodrigues. A magazine, *O Pensamento*, has a large circulation in all states of Brazil and abroad. This society has a membership of seven thousand, with fifty separate centers.

\* \* \*

The 1916 Congress of the International New Thought Alliance will be held in Chicago September 17-24. The local arrangements for this Congress are in the hands of Mrs. Sarah C. Morse, 1045 East 47th Street, Chicago, Vice-President for the Illinois-Wisconsin District of the Alliance. This Congress will cover a period of seven days and the program for each day will be replete with interest. All of the leading New Thought teachers and speakers will be present and take part in the activities of this Congress. The daily sessions will be open to the public, but only members of the Alliance will be admitted and permitted to take part in the business sessions of the Alliance.

\* \* \*

Mr. James A. Edgerton, President of the I. N. T. A., has sent out a circular entitled "What is New Thought?" If you have it not send stamp to Secretary, 802 Washington Loan and Trust Building, Washington, D. C., and get a copy. Here are a few passages worth careful attention:

The most startling thing about New Thought is that it is not new! It is the oldest thing in the world—the only thing new about it is the form in which it is presented to the world. New Thought is a *new way of thinking* about man, God and about thought itself.

**I, grateful, take the good I find;  
The best of now and here.**

—Whittier.

Thus it is man's tardy recognition of these old, old truths about Thought, that has caused this generation to name this knowledge and its application "New Thought."

The basis of the New Thought belief is that all life is one, and that man is the highest expression of that life, the fountain head, or first cause of which is Universal Energy or Force—God. It believes that man, through recognition of his unity with this force, has power to control absolutely his own fate and create conditions of life and environment to his own desire.

This being true, there is absolutely no place for fear and worry. The New Thought disciple applies this philosophy to every experience of life. The result is a serenity and poise that are conducive to health, happiness and power.

Henry Harrison Brown, since his return in March from his lecture tour in the southern part of the state, has refrained from lectures and lessons, and probably will not take them up before the fall months.

He has, however, been busy in his office. Both he and Mr. Foulds are very busy in their work of advice and healing. Their office hours are from 10 A. M. to 3 P. M. every day except Saturday and Sunday. Remember that NOW office and their office is at 589 Haight St. Three lines of street cars pass it. Take No. 6, or 7 or 17, and get off at Steiner, and you are there. They are glad not only to greet those needing assistance, but to greet friends and acquaintances. Appointments for other hours may be made by 'phone—Market 7534.

\* \* \*

A friend sent "Dollars Want Me" to a mining man and this is the reply which I am allowed to copy from his letter:—"You know how I feel about 'Dollars Want Me'? It is 'a Bear!' I just devour that stuff. It is sure a good 'close-up' of financial independence. The real difference between a thoroughbred and a cur is—faith and right thinking. Thoroughbreds prosper by faith in a Greater Mind than their own. Why shouldn't we be whatever that Mind, Power, Force, or Intelligence may be?"

I am requested by the P. O. Department to give publicity to the following Bulletin. I gladly do so, believing this act of the Government is one righteous step toward a Real Democracy. Others equally democratic in Governmental Departments are sure to come in time. Patience, my Socialistic friends.

**News Bulletin.**

Larger postal savings deposits will now be accepted at the post office. This is made possible by an important amendment to the Postal Savings Act just approved by President Wilson. A postal savings depositor may now have an account amounting to \$1,000 upon which interest will be paid. Formerly \$500 was the maximum amount he could have to his credit. This enlargement of postal savings facilities will be very gratifying to thousands of depositors who have already reached the old \$500 limit and are anxious to entrust more of their savings to Uncle Sam. Another feature of the amendment that will avoid further embarrassment to the public and to postal officials is the doing away with the limit on the amount that could be accepted from a depositor monthly. Under the old law only \$100 could be deposited in a calendar month. The amendment abolishes this restriction. While the Postal Savings System has already proved a signal success as is shown by the fact that more than half-a-million depositors have over eighty million dollars standing to their credit, still it has fallen short of meeting the full demands of the public because of the restrictions which have now been eliminated. Postmaster General Burleson and Third Assistant Postmaster General Dockery have been tireless in their efforts to secure a modification of the limitations and the new liberalizing legislation is particularly gratifying to them.

\* \* \*

**BOOKS RECEIVED.**

PLAN OF CREATION or SWORD OF TRUTH. By Archibald Signorelli. Cloth-bound. 305 pp. Price \$1.00.

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