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# NOW

## A Journal of Affirmation

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SOUL CULTURE

ART OF LIVING

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From all Life's grapes I press sweet  
wine.  
—Henry Harrison Brown.

# NOW

## A Journal of Affirmation

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NOVEMBER, 1916

No. 11

### LOVE ITS OWN REWARD.

Long I watched thee from afar,  
Like flower thy face drew me.  
I felt thee as I feel a star  
When summer's winds are free.  
I asked that I thy mind might know!  
I asked that Love thy face might glow!

Desire at last brought thee to me.  
I found thy mind was learning's throne;  
As beautiful thy thought and free  
As is the rose without its thorn.  
Thou drawest me as moon the tide;  
The peace I sought was at thy side.

I held myself in fear aloof;  
Did not express the love I felt;  
While life within was weaving woof  
Of Joy, on which Affection knelt.  
At last I show the love I feel:—  
Thou turn'st to me a heart of steel.

Then burned within a flame of pain;  
Tortured was I with all remorse;  
I saw my worship was in vain:—  
I'd tied myself to a mummied corse.  
Why should I give where naught was given?  
Hell had I found where I looked for heaven!

I'd poured my all in friendly trust;  
And naught was mine in Love's return.  
I'd lived in thought that thy heart must  
Glow with the fire my altar burned.  
I'd sought return and none was mine.  
I'd laid my gifts at worthless shrine.

Then spake the Voice within! "You love!"  
"I love! I love!" my swift reply;  
Then burst the sunshine from above—  
"I love; what more reward would I?  
To feel, to know my heart can give!  
O this, my friend this is to live!"

HENRY HARRISON BROWN.

\* \* \*

Talk health. The dreary, never changing tale  
Of mortal maladies is worn and stale.  
You cannot charm, nor interest, nor please,  
By harping on that minor chord, disease.  
Say you are well, or all is well with you,  
And God shall hear your words and make  
them true.

—Ella Wheeler Wilcox.

### NOW AND HERE.

There are some men and women against whom the doors seem barred but they are few; the trouble with the vast majority is that they do not understand the meaning of two very inconspicuous words—*here and now*. It is a mistake to look for chances at a distance; for chances, like charity begin at home. They are not even next door, they are in the house. . . . They stop at the doors of many who are not at home because they are abroad looking for chances. The tragedy is far oftener in absence from home when the chance comes than in fruitless search of it.

—Editorial in Outlook.

I do not think any one message of poet or prophet has had greater influence in my life than the two lines of Whittier:

But grateful take the Good I find,  
The best of Now and Here.

And the great value of this little magazine lies in the Suggestion and inspiration which its title, NOW, carries.

Since I first used it on this publication it has become a slogan for the world at large. It is used to a much greater extent than ever before. The army of thinkers are waking up to the fact that NOW IS THE ONLY TIME. NOW IS THE TIME IN WHICH WE LIVE. We lived in the past. We may live in the future but Now is the only time of real living.

The wise man *lives* today. *Thinks* today. *Loves* today. *Acts* today. Today is the only time in which there is consciousness of being. All the past has been that I might *be* today.

All the future is that I *may be* that which passing experiences develop me as Consciousness. Time is, that I may learn to express that which I am as Mind.

All my past exists in me in the unfolded consciousness of the present. I am ALL MY PAST. As a Conscious Individual I am what my past has unfolded from

## Henceforth I seek not good fortune: I am good fortune.

—Walt Whitman.

the sub-conscious Whole into the individual conscious which now I say I AM. I *act* with all my past. I *think* in the present. I think today from the development which experience has evolved in my consciousness of Self.

I use now all that I have gained. That which I have ability to do I have become conscious of through the experiences of the past. The past has become eternal as part of my Self-consciousness. All my activity is shaped by present Self-Consciousness.

Therefore I have nothing to do with the past. I simply must *be*—*NOW*—that which the past has made me, and by thought, and action, *now*, am to develop myself into a larger consciousness of Self, for that *NOW* in which I shall act when this *Now* becomes a past.

I am to realize that now is the only part of eternity in which I can sense, think and act. When I allow myself to repent of the past or to brood over the future, I am losing all the opportunities of living *now*, I am dealing with my dead self, when I think of the past. Am thinking of my unborn self when I plan for the future. Both are, as far as any growth is concerned, death. I AM! When? NOW! I was! When? Yesterday! I shall be! When? Tomorrow. But I *am* NOW!

Why, then, take into consideration any period of time? Why not live in eternity today? Eternity is one infinite *now*.

Failures, ill health, sorrow and all human ills lie in this neglect of the present. Never a *now* that I am not alive. Never a moment of *now* that I have not power to be. Never a moment in all eternity when I shall be any more than I am now. Never a moment in eternity when I can be more than I am now. The only question is: Will I BE *now*, all that I am, or will I dwarf myself by attempting to restore the self I was yesterday, or trying to be that which I wish to be tomorrow.

To BE, I must express to my full capacity *now*. When I am concerned with

*now* I have no time or place for thoughts of past or future.

Emerson well says: "Man postpones or remembers; he does not live in the present, but with reverted eye laments the past, or, heedless of the riches that surround him, stands on tiptoe to foresee the future. He cannot be happy and strong until he, too, lives with nature in the present, above time."

It is well for each person to forget, in his thinking, all the divisions of Eternity and think *now*, for *now*, and for *now* only.

In *Now* are all his opportunities. When he thus makes Time a *Principle*, and no longer thinks of it as a concrete fact, he will realize that he is, in all ways, *Success*, for "Now is the only bird that lays eggs of gold!"

### TO GIVE IS TO LIVE.

Forever the sun is pouring its gold

On a hundred worlds that beg and borrow,  
His warmth he squanders on summits cold.

His wealth on the homes of want and sorrow;

To withhold his largess of precious light  
Is to bury himself in eternal night.

To give is to live.

He is dead whose hand is not open wide

To help the need of a human brother;

He doubles the length of his lifelong ride

Who of his fortune gives to another;

And a thousand million lives are his

Who carries the world in his sympathies.

To deny is to die. —*Exchange.*

\* \* \*

A Gentile went to Hillel, a Jewish Rabbi supposed to have been one of the teachers of Jesus, and said, "Teach me the whole Law while I stand on one foot!" "Agreed!" said Hillel. "Never do to your neighbor what is unpleasant to yourself." Another of Hillel's sayings was: "Judge not thy neighbor till thou art in his place."

—"Life in Palestine," by Carpenter.

\* \* \*

The Editor of *Expression*, the best of all my foreign exchanges, writes this of Mr. Nicholls' Lessons:—"The lessons on Financial Health are really excellent. They must be helpful! My work is such that at present I find little time for reading but I always manage to read the installments of *NOW* about the first thing when they reach me. Each number contains much inspiration and helpful suggestions.

**Whene'er I meet my sailing peers,  
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas.

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**MAN.**

Were not the things that man now finds are  
true

Withall the things that he shall dare and  
do,

As true ten hundred million years ago,

As when man found, and yet will find them  
so?

The Force that cries from sailing ships at  
sea

Came down unchanged throughout eternity;  
And that which drives him on the air and land,  
Awaited always for his brain and hand.

From chaos to the roses scent,

Unnumbered cons were unwisely spent;

For man, a lordly sovereign as WILL,

Proves Nature laggard by a crucible.

Across the interstices 'twixt the stars,

He treads on iridescent spectra bars;

And can compute the flaming wastrel's call,

A thousand years before it will befall.

And yet man seeks *without*, and weakly asks

Insensate Force to crown his sensate tasks!

Let him arise upright in might and say:—

*"As Conscious Law I bid all things obey!"*

A. F. GANNON.

---

**FINANCIAL HEALTH.**

**LESSON NO. 5.**

**Consciousness: The Medium for the Manifestation of Prosperity.**

Our little systems have their day;

They have their day and cease to be;

They are but broken lights of thee,

And thou, O Lord, art more than they!

—Tennyson.

Moonbeams are but broken sun rays.

Material prosperity of whatever degree  
is but the interrupted vibration of Spiritual Power.

When we have learned the right relationship between the sun, the moon and earth, we perceive that the light coming to the earth from the moon does not originate in that body, but has its source in the great central orb of our solar system. The moon merely reflects the glorious light of the sun whose own inherent force enables it to send forth its mighty vibrations of heat and light.

This analogy, however imperfect and incomplete, will serve to show you the

right relation of CONSCIOUSNESS to the Inner and Outer sphere of Being, and help you to attain to a deeper, clearer vision of the true source of all power and prosperity.

What is it that causes the earth to bloom and bear fruit in abundance? Surely, it is not the feeble moonbeams. They possess no power to make the earth blossom and bring forth her harvests. They cannot start the sap flowing in the trees, nor the frogs piping in the ponds in the spring time. What, then, is it? It is the vibration of heat and life from the great self-shining luminary—the SUN! And what is that which causes the earth of our consciousness (for, under this analogy, consciousness may be symbolized by the earth) to become productive of plenty and prosperity.

It is the rays from the sun of Spiritual Being, whose vast vibration of inherent power and wisdom shower themselves continuously upon the consciousness.

The "moonshine" of materiality which so occupies the attention of men and women, the feeble rays from material means and temporal power, which seem so real and appear so strong in themselves, are deceivers. They purport to thrive and exist of themselves, but they do not, and were it not for the ever-shining rays of the Spiritual Sphere they could not be at all.

That consciousness which is under the dominion of the moonlight of materiality, that consciousness which thinks that material plenty can make it rich, prosperous or productive; or, that material abundance can exist apart from Spiritual Power, is laboring under a delusion; it is under the spell of illusion!

"Moonlight" is a delusion (in fact, there is no such thing as "moonlight" for the moon has no light of its own, but merely reflects the sunlight), and wherever its beams may fall they cast a silvery net of glamour and enchantment.

The rising sun, with its flashing, golden rays, destroys this delusion, breaks up the

## Trust thyself! Every heart Vibrates to that iron string.

—Emerson.

enchantment and reveals to the eye the truth of the matter in its pristine nakedness, and the deception has no further power over us.

Material power and prosperity possess this same quality of "charming the senses," and blinding them to the truth, and only by the clear light of spiritual reason can they be disenchanted.

Wherever you may see material plenty and abundance abiding you may be sure that it is the result of spiritual power and intelligence in Action or Vibration. I cannot stop now to prove this statement but it is, nevertheless, *true*. "He that doeth the will shall know of the doctrine," it is said, and if you will accept this statement and open your consciousness to the Vibrations of Spiritual Power, it will prove itself true for you.

Again, consciousness may be likened to the moon-body itself.

The moon reflects the sun's rays, but it absorbs none; therefore, it remains cold and non-productive.

If consciousness does not absorb the rays of Spiritual Power impinging upon it, that, too, will remain non-productive and infertile and the Vibrations from Spirit will glance off with no appreciable effect.

Outward personal prosperity of whatever degree is but the negative side of the Inward Vibratory Spiritual Opulence.

Your consciousness is now perhaps, adjusted to receive the negative rays or material vibrations, while it may be closed towards and offering a hard, resisting surface to the positive side or Spiritual Vibrations. Consciousness must be adjusted to and exposed towards these vibrations for their reception and absorption. They are there, ready, at all times, but you do not perceive them because your consciousness or attention is turned toward the material or negative side of being.

It is your desire to surround yourself with personal prosperity? Then open

your consciousness to the Inner Vibrations of the Spirit of Universal Opulence, absorb them, and let them percolate through your entire being.

Draw near to the fountain of life and power, the sun of Spiritual Power. Send up your love, desire and aspiration to it. You will thus affinitize yourself with It, and It will "descend" and fill your consciousness with its glorious power-filled vibrations, while your consciousness will respond in fertility of ideas, strength and richness, which, in turn, will find externalization upon the plane of the material.

You cannot mistake these vibrations, for they are as real as the vibrations of heat and light from the external sun. These vibrations are power, and they make you feel powerful! They are life, and they make you feel vigorous and energetic! They are intelligence, and they illuminate your mind! They are everything that makes living on this planet worth while.

To seek to put yourself (your consciousness) in conjunction with these vibrations is to "seek the kingdom of Heaven," and to become consciously enrapport with these rays of Spiritual Power is to have found that Kingdom to which all things are added.

When you wish to study a special object, you adjust or focus your eye, and then let it rest upon the object you are to examine. Your eye thus becomes receptive to the vibrations emanating from the object, and if you maintain your focus you will finally get *all* the vibrations and come to know the object thoroughly. In a manner like this you hold your consciousness attentive to the vibrations of the Inward Spiritual Power, the smooth-flowing, rhythmic beat of the Spiritual Life, and come to *feel* the warm, invigorating rays of the great central Sun of Being as it shines into the center of your consciousness.

These vibrations of opulence and prosperity fairly sparkle with life, hope,

## The deeper I drink of the cup of Life the sweeter it grows.

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—Julia Ward Howe.

faith and courage, and fill one with a great aspiration to *do* things. They vitalize desire! They make the heart leap with joy and the mind to sing with gladness! These rays coming from the Sun of Spiritual Being put to flight the darkness of fear and failure, give the will fresh impetus to action, and make the recipient feel rich; they make him feel as though the "earth and the fullness thereof" belonged to him personally!

And this is not all, for, as you keep the Inner Eye and Ear focused for the reception and absorption of the positive rays of the inner opulence, you will unfold to a wider and deeper knowledge of the word wealth, and you will enter into a larger conscious scope of the Infinite Productive Power of the Spirit of Life, until you see that there is no end or limit to it. However, do not stop here, but hold steadfastly yourself adjusted to the reception of the Inward Spiritual Power, and you will find that your environment is keeping pace with your unfoldment and is taking on a more glorious hue. You will find that the purple lily of outward prosperity is beginning to unfold in your life. You will see with wondering eyes that the without is becoming as the *within*, and a bountiful supply of all things is coming to you in the outer world. You will *feel* the power to command abundance, because you know how to demand your own!

These Spiritual Vibrations, these rays of Inward Prosperity, are the emanations from your true or God self, the direct offspring and manifestation of Divine Love and Wisdom, out of whose conjunction springs the word (thought) of Power, which creates or "brings forth" whatsoever it *wills*. These vibrations are real, though invisible to the outer senses. Because you cannot see the sunlight when night has drawn her curtain is no proof that the sun is not shining. Neither because, at a certain period of your unfoldment you do not perceive the

vivifying rays of Spirit, does it signify that they do not exist, and that a little further along you may not perceive them. Become a *faithful* medium for the Vibrations of the Inward Power and Opulence of your own Divinity and you will find the realization of all your splendid ideals of success and prosperity. For, as surely as the great orb of day rises each morning and fills the dark world with his brightness, just so surely will the sun of righteousness arise in your consciousness and flood it with its vivifying rays of Life and Power.

WILLIAM MORRIS NICHOLS.

**Suggestions in Healing**—The mode of suggestion should be varied and adapted to the special suggestibility of the subject. A simple word does not always suffice in impressing the idea upon the mind. It is sometimes necessary to reason, to prove, to convince; in some cases, to affirm decidedly; in others, to insinuate gently; for in the condition of sleep, just as in the waking condition, the moral individuality of each subject persists according to his character, his inclinations, his special impressionability, etc. Hypnosis does not run all subjects into a uniform mould, and make pure and simple automatons out of them, moved solely by the will of the hypnotist. It increases the cerebral docility; it makes the automatic activity preponderate over the will. But the latter persists to a certain degree; the subject thinks, reasons, discusses, accepts more readily than in the waking condition, but does not always accept, especially in the light degrees of sleep. In these cases, we must know the patient's character, his particular psychical condition, in order to make an impression upon him.—*Dr. H. Bernheim.*

\* \* \*

The matter of flooding the city and country with stories of evil, is *all wrong*; it is a destructive element, but without power, unless we give it power. All of this resolves itself into just this: don't give evil power; don't talk about it; don't parade it; don't notice it. Tell it "Get thee behind me, Satan, for there is only one power in the Universe, the Lord, God, (Good) Omnipotent, and Him only will I worship. Where the thought of a community is full of the "Good,"—how can there be any place for the evil in it?—*Marie Evans, in The Four Hundred.*

\* \* \*

There are interests by the sacrifice of which peace may be too dearly purchased. One should never be at peace at the *expense* of the soul.—*E. H. Chapin.*



**I will not dream in vain despair  
The steps of progress wait for me.**

— *Whittier.*

**AFFIRMATIONS.  
DECISION.**

I am Desire.  
Under desire I have wished.  
Under desire I have longed.  
Under desire I have planned.  
Under desire I have imagined.  
Now, under desire, I DECIDE.  
I know what I desire.  
I decide upon that which I desire.  
I decide that whatever I desire I can be.  
I decide that I am Power to materialize my desire.  
I decide that the Indwelling is power to realize desire.  
I decide to trust the Indwelling.  
I decide that this desire shall be reality.  
I am Life that desires.  
I am Power that desires.  
I am my Desire.  
I am the Life that decides.  
I am the Power that decides.  
I am Decision.  
Desire and Decision open the way for Expression.  
As Decision I let Desire become Expression.  
In Expression I find Peace.

**YOUR CENTER.**

Where is your center? Upon what pivot do you revolve? How large is your horizon? What see you beyond the point upon which you stand? Every individual in all the realms of expression is a sphere. Each one has a center and circumference. Nature is a unit. Materially, intellectually and spiritually, each *thing*, like sun and star, revolves on its axis. Man is no exception. In the triune realm of life he is revolving. In his revolutions he also follows nature's method of the upward revolution. The Divine Power, in its Principle of Evolution, gives a spiral motion to the unfoldment of each thing. The nebulae in space, the germ in flower, and the spiritual unfoldment of man follow the one and the same Law, that of the spiral. What, then, is your

center? What is the direction of your spiral? What is the speed of your revolutions?

Once a person shall solve and answer these questions he is on the road to intelligent mastery of his upward career. What is the human Center? Self-consciousness.

What is the Power that determines the speed and the horizon? *Thought!*

How does Thought determine? Through Choice.

Where is Choice made manifest? In the Ideal.

In all other individualities of the One Mind besides Man there is neither self-consciousness nor choice. Each individual, in the other realms of Life, obeys the Absolute as it is made manifest to us in what we term Law. God as Absolute rules, directs and determines through fixed Laws the expression and the evolution. Each individual of every genus and species other than Man is the subject of Law. Man, having become Self-conscious, the Absolute has in him only the power of Self-direction through Choice. Thus each individual man is, whenever he becomes, and as fast as he becomes, conscious of Himself, a Directive Power, a Law unto himself. Wisely says Emerson:

"Into the fifth Himself He flings,

And *Conscious Law is King of kings.*"

The ordinary, absolute, revolution upon the center, which in Man is the I-AM-Consciousness, would keep the individual in the slow evolutionary process according to environment, and the upward spiral would be manifest only in the lapse of ages.

But Man is the completion of Nature's evolutionary process as far as organism is concerned. In Man she has a completed perfect organism, for her purpose of still further unfolding of herself. In Man, Nature has become Self-conscious. Nothing further can be added in the possibility of physical environ-

ment. Environment has done all it could. It has forced individuals of every species to live only through mastering environment. Those which could not master, those who by weakness were *unfit* to live, died off, and now she has reached a climax. Environment could do no more. The animal had ceased to be of use as rungs in the evolutionary ladder. Mind had found at last her opportunity. In the Human organism Nature found herself and said: "I AM!" Had become Self-conscious. Now all future evolution must be along the line of the development of the consciousness of "*What I AM!*"

Thus the I-AM-Consciousness is the Absolute Center; Nature's Center; the God-center of each Thinker. Nature, as Man, *thinks*.

But there must be, in the Thinker, a personal, an individual center. A center where each person differs from every other person. This center of differentiation, of individualization, is the Thought-Center. Is the Creative-center. Is that Center where the Law of Evolution gets its personal impetus; that Center where the "I" exercises control; the Creative Center of Consciousness, where the "I" completes the Affirmation and adds to merely self-consciousness something of which it is conscious. Probably the first sensation it adds is that of hunger. Thus Man *feels* in common with his ancestors along lines of heredity. But, somewhere in the beginnings of Self-consciousness, IT—Nature, God, thinks: I AM HUNGRY. But whatever the first affirmation be, in that consciousness of *knowing* something of what the I AM is, lies the individual center where the individual consciousness directs the future development of the Absolute in its evolution into consciousness of Itself.

This Center we term the Ideal. I am weak; strong; well; happy; miserable; rich; poor, and ten thousand other affirmations. It is impossible for any per-

son to think of himself, or herself, without affirming some condition of themselves. The error lies in thinking of conditions as *things*. All I can affirm of myself is, a condition of consciousness. This Individual-Center-of-Conscious-Affirmation is the Controlling Center of all the expression of the Indwelling Power. What the distributing power station is to the electric system, this individual consciousness of power to affirm is to that infinite system which is Omnipotence.

Understanding this, *you*, my reader, will understand what I mean by asking: "What is *your* Center? Where do you revolve? Is it on Business? Fashion? Society? Amusements? Science? Home? Friendship?" Whatever it is, then the evolutionary process carries you onward in the spiral chosen.

Remember: The Soul unfolds along emotional lines. The individual unfolds along intellectual lines. Therefore, there may be much intellectual attainment with a dwarfed soul. There may be great spiritual unfoldment with little intellectual development. Great intuition with but little reasoning. Great reasoning with little intuition.

The emotional plane is the plane of spiritual expression. Therefore from only the possibilities of deep feeling can great intellect, great executive ability come. When the spiritual nature has found expression through suffering, through sorrow, mental agony, and bloody sweat, then this awakened power may find expression in great and original intellectual expression. Thus is it true that "poets learn in sorrow what they tell in song." Says Oliver Wendel Holmes:

A few can touch the magic string,

And noisy Fame is proud to win them;  
Alas for those who never sing.

But die with all their music in them.  
Pain, sorrow, suffering, loss are the soil of spiritual growth. I think it was this which Jesus saw when, seeing the non-expressive Pharisee, and people of his day, who refused to have emotions, and to take their portions of pain and loss,

## I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

said: "Woe unto you scribes and Pharisees. Hypocrites! Publicans and harlots shall go into the kingdom of heaven before you!" These latter sinned and suffered and grew. The hypocrites stagnated. Upward, in the spiral of unfoldment, each soul must go. Will you choose? Will you direct? Or will you be forced by pain? Your Ideal, your Center, decides. Amid all circumstances you, as Centerstance, are responsible for Life's expression. There is no pain, whatever be the results, to him who chooses Truth's and Love's expression. Such persons accept with joy the results of their choice, be it Socrates with the hemlock, Jesus on the Cross, or John Brown on the scaffold.

Out of what do you form *your* Ideals? If you will not answer I answer for you in the affirmation I recommend for use every morn, noon and evening, and several times between: I BUILD MY IDEALS OF TRUTH, LOVE, RIGHT, JUSTICE, AND POWER! Then you may say of "The Ideal," with Kipling:

"Enough for me in dreams to go  
And touch thy garment's hem!  
Thy feet have been so near to God  
I may not follow them!"

---

### KEEP TO FUNDAMENTALS.

It is always a tendency of both teachers and students to endeavor to be "deep" in their thought. Wish to dive under and find the hidden. This has always been the tendency of the non-scientific. It comes by heredity from the age when there was no knowledge of law and order in the universe. All events were the work directly of God or gods. It was the age of miracles. Mystic, occult, hidden, esoteric, higher, advanced are the words used to juggle with. Let us come back to good common sense. All Truth is simple. All Truth is open. All Truth is equal. All Truth is fundamental. There is no hidden or occult Truth. No

matter how deep, or advanced, the problems of mathematician or astronomer may be, he relies ever upon the four ground rules, and in the last analysis, he relies upon the fact that one and one are two. Upon this fact all problems in mathematics are securely grounded. He who works upon any other principle or who in any extended problem makes the mistake of saying one and one are more than two or leaves a remainder when he takes one from one, will fail in his solution.

Every science rests upon equally simple principles. All invention rests upon simple fact that an ounce of power will give an ounce of work, and no more or less. All mechanics rests upon the simple law of gravity.

Metaphysics rests upon simple foundations. When there is any departure, any attempt to find the occult, the advanced or the higher, there will always be the "not-understood" and what is not clearly understood is error and will work error in the problem.

NOW has always stood for the simple, the plain, the orderly, the open, the legitimate results of Law. Hence is always fundamental. Is always primary, for no matter how far the principle may be applied it is always primary. From this position NOW will never depart. It appeals always to those who wish to KNOW; who wish to understand.

NOW never criticises the method or teachings of others. All teachers and authors are doing the work they must do and in their way. But much that is labeled New Thought is not NOW philosophy. NOW finds much that seems to its editor misleading, because it savors of the belief in the miraculous, the mysterious, the hidden, much that is not in harmony with the twentieth century attitude toward nature. When the reason of today, when the science of today, when the philosophers and thinkers of today are ignored, and the thought of the past and non-scientific centuries is

## To the receptive soul the River of Life Pauseth not nor is diminished.

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—George Eliot.

applied to present life problems, NOW turns from such teachers and books as it would from a teacher who used in mechanics the methods of the year 1,000, or brought an Egyptian plow into our fields, or who solved astronomy with the mythology of the ancient Greeks.

Upon what do you base your reasoning? Is the question one should ask. Upon facts or speculations? If speculations, whose? Of what century? What facts and how did you find them? Are they facts such as we have at the Exposition? Are they facts of science as found in the text-books of this year? Do you rest upon philosophers like Emerson, Carlyle, Spencer, Bergson and men of today? If so, I will listen. If not, please take your mental schemes elsewhere.

Under this idea I put out my magazine and my Lessons. "Fundamentals" are always at the base of my teachings. In the Tract "A Declaration of Spiritual Independence!" I state as clearly as I can what I find is the Law of the Universe upon which to build a philosophy of life.

This article is called out by the symposium of teachers that we have had at Metaphysical Headquarters during the year of 1915. Generally two, and often three, teachers a day gave expositions of their philosophy. Much has been good. Much has been vitiated by reliance upon old Hebrew words, and more by that worst of errors, brought into Anglo-Saxon present day philosophy, from Hindooism. The philosophy and the religion an age and a people need, that age and that people will evolve from all past experiences and will make their addition to the wisdom of the ages. Any attempt to put the twentieth century life and thought into ancient symbols and statements will result in limitations and in mental disease. Mental and spiritual liberty alone gives mental health. Attachment to any authority is mental stagnation. Any tying in the slightest to the ancient philosophy

as authority will as surely disease one in character as being tied to a dead physical body would harm the body of the one so tied.

I feel like calling our New Thought teachers to come home. Come back to your own age and time. Quit all reliance upon any teacher, book, or philosophy except that of the present, the sanest, wisest, richest, sweetest century in all the historic period. This view is beginning to be taken by others, as is evidenced by the fact that so many have sent for extra copies of July, 1915, NOW in which I had an editorial entitled "Foundation Stones." A recent letter starts this train of thought. I think I violate no confidence in printing it as a straw showing that the tendency is now to a more simple teaching, and more scientific method of reaching the goal of health, prosperity and happiness.

Stoughton, Mass.

Dear Friend: Enclosed find twenty cents in stamps. Will you please send two July NOW's. The primary lesson in that number is just what is needed in our Center this fall. One needs to keep close to fundamentals for we cannot get to division before leaving addition. I enjoy the magazine very much and I have been a subscriber for nearly nine years. Yours in the good work.

MRS. E. F. CAPEN,

Ex-President New England Federation of New Thought Centers.

---

### "FEAR NOTHING BUT FEAR!"

From a most excellent article by Bailey Millard, editor of *Orchard and Farm*, in the *S. F. Examiner*: I clip this illumined extract:

The plain lessons of our present-day philosophers, widely circulated through the newspaper and periodical press, have struck home tremendously and have been followed by really big results. You cannot preach in the way these persons have done to millions of people every day and every month of the year without some effect, and, believe me, the effect in their case has been wonderful. As for the helpful little homilies in cloth and paper bindings, any bookseller will tell you that

# I am not fighting my fight: I am singing my song.

—Archie L. Black

they are being bought and read a hundred-fold more than the work of the old essayists ever were. In fact, some publishers say that they are more popular than any fiction and they are certainly more talked about.

What has chiefly constituted the true helpfulness of this literature? Why, against fear, or, as some people call it, worry, it has been a bigger drive than any German assault upon Verdun. True, there have been many other fine lessons learned from these simple latter-day essayists, but their great central thought has been the banishing of fear—the fear that poisons and beclouds the human mind, that makes one uneasy, suspicious, melancholy, and particularly that greatest of all misgivings, "How am I going to keep on making a living?" More than ever before are the American people finding this earth a pleasant planet—a place to be at home in, to work in without foreboding but with faith, and in which, at the end of the day's toil, to lie down and sleep peacefully and trustfully and not to lie awake magnifying little molehills of trouble into mountains of despair.

To me the modern philosophy seems to resolve itself down to the dictum, *Fear nothing but fear.*

## PURITY OF THOUGHT.

When Christ said that publicans and harlots should enter the kingdom of heaven before the Scribes and Pharisees, he spoke no parable, but a plain truth. The Scribes and Pharisees were about as free from thinking thoughts that are usually considered impure as any one of their day. But what about their love life? Perfectly dead, killed out with great learning, with forms, and ceremonies. They could not see God through their love nature, for they had none.

But what about the publicans and the harlots? How could they get into heaven at all? especially how could they get into heaven before the learned and proper people? Those who have mingled much with the children of the earth have often found among those termed "out-casts" a deep love nature that any learned doctor might well envy; for with that love coupled with his learning, he could sway the world. And the rich and conventional woman who pulls her skirts aside lest they be polluted, might well give her right hand to possess the love nature of her despised sister, for that love wrongly directed has been her downfall, but rightly directed will take her in through the gate into the city, where she will go no more out forever. Christ did not say that the pure in heart will or may see God, but that they *shall* see God, for it is a natural sequence that the pure in

love shall see God.

We read that God is too pure to behold evil, yet there are those who consider themselves very pure who are sore afraid of evil and run at the sight of it. Such pure ones will do well to heed the admonition of Emerson to his children: "My children, never be afraid of the dark, for you will never see anything worse than yourselves." Those who imagine that they see dark things in others, see nothing worse than themselves. They see their own reflection. Let us all cultivate the love that seeth no evil, then we shall see God, see God not only in others but in ourselves—"see him face to face."—*Bible Review*.

## NOW ANNOUNCEMENT FOR 1917.

The leading magazines are increasing their subscription price. A circular from publishers of *The World's Work* says: "Never before in the history of this magazine have we paid so much for paper; it has gone up nearly 100 per cent. This, plus the increased cost of ink, etc., increases our expenses and makes an increase in subscription price of the magazine imperative."

NOW will not be increased in price, nor reduced in size, if its friends will rally and increase our subscription list. I can support it by my other work if necessary, but I know that those who love its independent position will never allow me to do this, so I expect a full house of newcomers for 1917. Note this.

NOW enters its Fourteenth Volume next January. Its first number was published for March, 1900. The Great Disaster of 1906 caused its suspension for three years. But it has been printed every month since January, 1910.

It has always stood for the Infinite Possibilities of the Human Soul HERE and NOW. The individual is not limited by external conditions. The Infinite dwells in him. The only limitation is his lack of faith, and knowledge of himself.

Never has there appeared in all these years, in editorial, in selection, or in poem, a line that suggested any limitation, save that of the individual's own lack of right thought. The only noun it



**Minute a man stops looking for  
Trouble, happiness looks for him.**

—Irving Bachelor.

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allows after I AM are those of Power. Its basic affirmation is, *I CAN*. Why? Because, *I am Power*. The Indwelling is Infinite Power.

NOW has seldom published articles from contributors because it must *know* first that those who contribute to its pages see Truth as NOW proclaims it. Until of late years these were not easy to find. Limitations, of some kind, vitiate much metaphysical literature and instruction.

NOW has no contention with any one. Each writes Truth from his point of view. NOW must always be definite. Every reader must know for what it stands.

The Principle ever present on its editorial page: MAN IS SPIRIT, AND MAY LIVE THE IMMORTAL LIFE HERE AND NOW.

All its teachings are based on these Affirmations:

*The Father and I are one!*

*The Indwelling does all the work!*

*The Human Soul is limitless in possibilities!*

*Nothing external to me has any power over me!*

NOW has always taught the One Law of Human Expression: *The Law of Suggestion*.

Now that others have also come to stand in Truth shoulder to shoulder with me, I am glad to have some assistance. During 1917, I have the promised aid of the following, whom all my subscribers will appreciate:

*Samuel Exton Foulds,*

who has been my co-worker for 16 years and who has no superior in the philosophy and practice of the Laws of Suggestion, Telepathy and Psychometry, will contribute each month of 1917 a Lesson in *Suggestion in the Home and in Business and in Health*.

*Miss Helena Martin,*

whom I consider one of the most scientific and practical of teachers and who has probably the largest practice of any

teacher in this section, has promised NOW a number of articles during the year upon *Practical Work in Truth*.

*Dr. Harold Palmer,*

Vice President of the I. N. T. Alliance for California and Arizona, and Field Secretary for the Pacific Coast, has promised a monthly contribution for 1917.

*William Morris Nichols,*

whose Lessons in "Financial Health" during the last four months have attracted much commendation, will send occasional articles during the coming year.

*A. F. Gannon,*

many of whose poems—wonderful poems where he finds poetic beauty and gives it rich setting, in the latest inventions and discoveries, have often graced the pages of NOW, has promised several poems during the year. Mr. Gannon has been a friend of NOW almost from its birth. His poem on "Man," published in NOW for May, 1915, I copy in this number. Note the marvelous manner in which he shows Man's ascendancy over material conditions by WILL. See the fine allusion to the wireless and the aeroplane, and the allusion to synthetic chemistry in last two lines of third stanza.

And I will promise some of my own richest thoughts in editorials, in notes, and poems. I am sure NOW will fill no second place in the metaphysical field in its new volume.

All this can be had for \$1.00 for 1917. For \$1 each new subscriber for 1917 will receive my new book, "The Master's Touch," as a premium.

I expect the subscriptions so to roll in that NOW will have three times at least as many subscribers as it has had any previous year! WHO WILL BE THE FIRST?

\* \* \*

**BOOKS RECEIVED.**

PLAN OF CREATION OR SWORD OF TRUTH.

By Archibald Signorelli (Frank Reed). Chicago: Charles H. Kerr & Company. pp. 305. Price \$1.00. Digitized by Google

**Obstruction is but virtue's foil,  
The stream impeded has a song.**

—Ingersoll.

OFFICE OF NOW,  
589 Haight Street, San Francisco, Calif.

Vol. XIII. NOVEMBER, 1916. No. 11.

## NOW.

HENRY HARRISON BROWN, Editor

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Entered at second class rates at San Francisco, Cal., Post Office, Jan. 14, 1915.

Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St. \* \* \*

Henry Harrison Brown, Editor of NOW, will work the months of November and December under direction of Dr. Harold Palmer, Vice President of The International New Thought Alliance for California and Arizona. He will speak for Centers in Los Angeles, San Diego, Pasadena, Long Beach, Hollywood, and probably in other cities. Arrangements can be made through Dr. Palmer. Address: Universal Temple, Linden Ave., Long Beach, Calif. \* \* \*

Mr. Brown held a very successful Emerson Class at his rooms in October, and gave his only Lectures in the city since his return in March from his tour in Southern California. During October he visited Stockton and Sacramento for some lectures.

## I. N. T. ALLIANCE

A letter from Miss Grace Wilson, Secretary of the International New Thought Alliance, tells me that the old officers were re-elected and that the "Statement" put forth at the Congress in this city in 1915 was restated as the Principle of the Alliance. For this I am glad. Here is my right hand of Fellowship. I hope the Alliance will find its influence vastly increased.

The Movement known as *New Thought* is a mighty one and like all rising tides at first it took along with it all the drift-wood that belongs on no definite plane. Dr. Palmer, who made a call on his way home from the Congress, reports that the faddists met a cold reception there; that the Congress stood for the Principle of Mind and its limitless possibilities; that the personal elements and the "my ax to grind element" that pushed its way to the front the last year has virtually exhausted its force, and the strength now of the Alliance is for a Universal Good, centering in the Statement as enunciated at San Francisco as follows: *The purpose of this Alliance shall be to teach the Infinitude of the Supreme One, the Divinity of Man and his Infinite Possibilities, through the creative power of Constructive Thinking and in obedience to the edicts of the Indwelling Presence which is our source of Inspiration, Power, Health and Prosperity.*

The Headquarters of the International New Thought Alliance remain at 802 Washington Loan and Trust Building, Washington, D. C. Here Miss Grace Wilson, who was so efficient as secretary of our San Francisco Congress Committee and our Headquarters during 1915, is settled down as secretary of the Alliance for 1917. Pres. A. J. Edgerton is efficiently pushing forward the work. It now depends upon the general New Thought public and the organized centers as to what the Alliance shall prove to be. It can be a mighty power. It will

**Call this God: then call this Soul:  
And both the only facts for me.**

*—Browning.*

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if the individual New Thought people do their part. The machinery is now in perfect order. The Power is in the mass. True, effort and dollars they must give. Those who *have* Truth, those who are emancipated and who love Truth beyond cult, statement, leader, personality, will help. This is the testing time. Send your word of encouragement and your dollar as a member and work a few hours a week for the Alliance and so become a mighty enlightening force. **DO IT NOW.**

\* \* \*

I come this evening to thank you in behalf not only of myself, but for all "The Christ Way School," for the mental food and the spiritual uplift that comes to us each month by our much loved visitor, NOW! Your poem "Love's Immensity" is a master-piece. Our Affirmation, sounded in unity and love, is: "Long may the Good Editor of NOW live in the physical expression to teach Truth as he has demonstrated to the world." Yours, in loving service to humanity,

*Rev. Alice Baker, Los Angeles.*

\* \* \*

An old subscriber, from almost the very first volume of NOW, writes under date of July 23 in renewing her subscription:

"NOW is steadily improving. I positively could not do without it. Would like so much to help your subscription list but I have only church-members for neighbors and associates. I wish you every success and sincerely hope you will be able to continue the good work for many years. Mr. Nichols' lessons are fine. I am like the mining man referred to in a late NOW:—"I just devour that stuff!" Remember me to Mr. N. I remember him when he was a member of "NOW" Folk. I'll drop in whenever I can visit the city."

*L. B. H., Calif.*

\* \* \*

A Teacher in Alabama writes: "I think you have given a most excellent analysis of Friendship in its most perfect form between the sexes in your article on Friendship in August NOW."

\* \* \*

I was greatly helped by your literature, but when I purchased your book on "The Lord's Prayer" it was just what I wanted. I received quite a different conception of God.

*MRS. I. G. G., Penn.*

## **THE COSMIC FELLOWSHIP** **Is a Cooperative Healing Body,** **the First Ever Established**

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**"I will have nothing which every other person may not have on equal terms!"**

The LAW under which it works is--  
**"Act from Principles capable of Universal application!"**

Its FACT is that stated by Jesus--  
**"The Kingdom of God is within you!"**

Its AFFIRMATION is--  
**"I and my Father are one!"**

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ALL ILLS THAT AFFLICT IT. IT  
STANDS FOR UNIVERSAL  
BROTHERHOOD IN HEALTH,  
HAPPINESS AND PROSPERITY.**

**I, grateful, take the good I find;  
The best of now and here.**

—Whittier.

## FELLOWSHIP NOTES.

Gratifying reports come from our Unity Efforts. Here is one from Virginia: "It is not two weeks since I received your letter of Instructions. This morning light is beginning to break through the clouds and I can realize more fully and quietly the fact of unity."

—Mrs. W.

From Illinois this: "I am very glad to report that your efforts are bearing fruit. I am better both in mind and body. I have vastly more to live for. The Fellowship is doing wonders for me. I am able to work and have work."

—P.....

One lady in California writes of great improvement and says—"I see now that I have been trying too hard to overcome my faults rather than trying to bring about desired conditions!"

Certainly! When the vessel is empty you do not look at the emptiness but see it full, and place it where it will be full. *Water is!* That thought inspires the action which results in filling. So Life is. Receive it. When the room is dark you do not try to sweep out the darkness. You let in the light. So let in happiness. All undesired conditions are conditions of lack. Open the consciousness to receptivity and the One Mind as Power fills the lack.

A gentleman in Canada writes: "Great improvement in these two weeks!" Why should there not be, once one has entered in Faith into the Current of Power which is opened to him by the united desire of the Fellowship? When he bathes in this flow he will in joy add his share to intensifying the current. Once a member he will always so remain. He so likes the shoulder touch of comrades.

Remember the fees are free offerings. Your sincerity is measured by your willingness to balance the gift received by the offering. The widow's mite out-

## BOOK NOTICES

53 EXPERIMENTS IN NEW THOUGHT. By 49 writers. With a Foreword by Elizabeth Towne. Published by the Elizabeth Towne Company, Holyoke, Mass. Price \$1.10.

I placed this book in the hands of a woman of wide experience. She found so much good in it that she placed it in the hands of a young man who had been for years an invalid. He liked it. This settles it. It is a good book for people to read. It will inspire them to do for themselves what doctors, medicine, and friends cannot do for them. I always realize that experiences of this sort may also have a deleterious effect upon unphilosophical persons who read and do not realize the need of accepting statements as *Truth to be applied* in their lives; that to obtain results they also must in like manner persevere. Too many teachers and books convey the idea of instantaneous healing. It is possible, but it is rare. The thought is not to be encouraged. I find the necessity of persistency in well doing emphasized here. For this reason can also recommend it.

\* \* \*

THE TUTORED SOUL. By Estelle Z. Musclon. Published by Sherman, French & Co., Boston. \$1.25.

This is a novel whose purpose is to show the effects upon an individual soul through reincarnation. Those who accept this dogma as truth will find here a pleasant optimistic story. A young girl with fine aspirations meets with an equally fine man whose object is service. These two characters dominate the story.

\* \* \*

OUR NEW BOOK: "THE MASTER'S TOUCH." is a fine specimen of printer's art. It is ready for delivery and will be sent by mail for 30c, and free to every new subscriber at regular subscription price. When you read it tell us how you like it.

weighed others because it cost her much to give it. Little interest will bring little results. Sincerity will bring great ones.

I have what I regard as the BEST healing circular yet printed, which each member receives in answer to his or her first letter, with such personal directions as the case calls for. A letter will be sent in answer to each received.

STATEMENT OF THE OWNERSHIP,  
MANAGEMENT, CIRCULATION, ETC.  
Required by the Act of Congress of August  
24, 1912, of NOW, published monthly at San  
Francisco, Calif., for Oct. 1, 1916.

State of California,

County of San Francisco. ss.

Before me, a Notary Public in and for the  
State and county aforesaid, personally ap-  
peared Henry Harrison Brown, who, having  
been duly sworn according to law, deposes  
and says that he is the Editor and Publisher  
of the Magazine NOW, and that the follow-  
ing is, to the best of his knowledge and be-  
lief, a true statement of the ownership, man-  
agement (and if a daily paper, the circula-  
tion), etc., of the aforesaid publication for the  
date shown in the above caption, required by  
the Act of August 24, 1912, embodied in sec-  
tion 443, Postal Laws and Regulations, print-  
ed on the reverse of this reverse of this form,  
to wit:

1. That the names and addresses of the pub-  
lisher, editor, managing editor, and business  
managers are:

Name of— Post office address—

Publisher: Henry Harrison Brown, San Fran-  
cisco, Calif.

Editor: Henry Harrison Brown, San Fran-  
cisco, Calif.

Managing Editor: None.

Business Managers: None.

2. That the owners are: (Give names and  
addresses of individual owners, or, if a cor-  
poration, give its name and the names and  
addresses of stockholders owning or holding  
1 per cent or more of the total amount of  
stock.) Henry Harrison Brown.

3. That the known bondholders, mortgagees,  
and other security holders owning or holding  
1 per cent or more of total amount of bonds,  
mortgages, or other securities are: (If there  
are none, so state.) None.

HENRY HARRISON BROWN.

Sworn to and subscribed before me this 19th  
day of September, 1916.

(SEAL)

J. J. KERREGAN, Notary Public.  
(My commission expires Aug. 27, 1918.)

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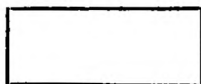
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